Endoscopic submucosal dissection combined with mini-probe endoscopic ultrasonography to remove a fishbone in the muscularis propria





▶ Fig.1 Imaging and investigations. a Enhanced computed tomography scan revealed a 3-cm high-density strip penetrating the gastric antrum and extending into the pancreatic head. b Gastroscopy found a small ulcer at the lesser curvature of the antrum. c, d Endoscopic ultrasound revealed the foreign body (yellow arrow) embedded in the muscularis layer near the ulcer and penetrating the pancreas.

Fishbones are a common gastric foreign body. Once they penetrate the gastric wall, endoscopic removal with forceps often fails. If the foreign body is located within the submucosa, dissecting along the submucosal layer aids in lesion identification and removal [1,2]. However, when the foreign body has penetrated more deeply into the muscularis propria or beyond, a linear endoscopic ultrasound (EUS) or laparoscopic approach may be required [3,4]. We present a method combining endoscopic submucosal dissection (ESD) with mini-probe EUS for deep foreign body retrieval.

A 71-year-old woman with a 2-month history of abdominal discomfort underwent computed tomography imaging, which revealed a 3-cm high-density foreign body penetrating the gastric antrum and extending into the pancreatic head. Gastroscopy identified an ulcer on the lesser curvature of the antrum, suspected of being the puncture site. EUS localized the foreign body embedded in the muscularis propria adjacent to the ulcer in the anterior wall (**► Fig. 1**).

Submucosal injection and incision with a HookKnife (KD-620LR; Olympus, Tokyo, Japan) allowed for submucosal exploration, during which the adherent area around the ulcer was incised under clip traction. The muscularis propria was exposed but the foreign body was not immediately visible. Re-localization with the mini-probe guided a targeted incision, enabling complete removal of the foreign body (**> Fig. 2**). The injured muscle layer



Video 1 Endoscopic submucosal dissection combined with mini-probe endoscopic ultrasound to remove a fishbone hidden in the muscularis propria.

was closed with clips (> Video 1). The patient was administrated omeprazole and cefoxitin. She was successfully discharged on the third postoperative day. The primary challenge in removing a foreign body embedded in the gastric wall lies in accurately locating the lesion and determining the precise incision site. When the foreign body is situated in the submucosa, ESD can create a submucosal tunnel to locate the fishbone. However, for cases involving deeper penetration, the use of mini-probe EUS aids in pinpointing the incision site, thereby avoiding unnecessary full-thickness resection and minimizing secondary injury.

Endoscopy_UCTN_Code_TTT_1AO_2AG_3AD

Funding Information

National Key Research and Development Program of China http://dx.doi.org/10.13039/ 501100012166 2022YFC3602101, 2022YFC3602105



▶ Fig. 2 a Endoscopic submucosal dissection exposed the muscularis layer, but the foreign body was not visible. b, c Following careful incision under ultrasound guidance, the foreign body was successfully retrieved.

Conflict of Interest

The authors declare that they have no conflict of interest.

The authors

Bin-Yang Luo¹, Zhu Wang¹

Department of Gastroenterology and 1 Hepatology, West China Hospital, Sichuan University, Chengdu, China

Corresponding author

Zhu Wang, MD

Department of Gastroenterology and Hepatology, West China Hospital, Sichuan University, 37 Guoxue Lane, 610041 Chengdu, Sichuan, China wangzhu@wchscu.cn

References

- [1] Li J, Huan X, Bo-Yu M et al. Endoscopic removal of an embedded fishbone in the gastric antrum. | Gastrointestin Liver Dis 2023; 32: 139. doi:10.15403/jgld-4940
- Chen S, Ying S, Xian C et al. Removal of an [2] embedded gastric fishbone by traction-assisted endoscopic full-thickness resection. Endoscopy 2024; 56: E232-E233. doi:10.1055/a-2268-5934
- [3] Paida K, Gupta S. Ultrasound-guided removal of embedded fishbone. Endoscopy 2024; 56: E398-E399. doi:10.1055/a-2307-5672
- [4] Lin J, Tao H, Wang Z et al. Augmented reality navigation facilitates laparoscopic removal of foreign body in the pancreas that cause chronic complications. Surg Endosc 2022; 36: 6326-6330

Bibliography

Endoscopy 2024; 56: E937-E938 DOI 10.1055/a-2436-1482 ISSN 0013-726X © 2024. The Author(s).

This is an open access article published by Thieme under the terms of the Creative Commons Attribution License, permitting unrestricted use, distribution, and reproduction so long as the original work is properly cited. (https://creativecommons.org/licenses/by/4.0/) Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany



ENDOSCOPY E-VIDEOS https://eref.thieme.de/e-videos



E-Videos is an open access online section of the journal Endoscopy, reporting on interesting cases and new techniques in gastroenterological endoscopy. All papers include a high-quality video and are published with a Creative Commons CC-BY license. Endoscopy E-Videos gualify for HINARI discounts and waivers and eligibility is automatically checked during the submission process. We grant 100% waivers to articles whose corresponding authors are based in Group A countries and 50% waivers to those who are based in Group B countries as classified by Research4Life (see: https:// www.research4life.org/access/eligibility/).

This section has its own submission website at https://mc.manuscriptcentral.com/e-videos