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Does gut microbiota dysbiosis impact the metabolic alterations of hydrogen sulfide and lanthionine in patients with chronic kidney disease?

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Abstract

Background Chronic Kidney Disease (CKD) is characterized by a methionine-related metabolic disorder involving reduced plasma levels of hydrogen sulfide (H₂S) and increased lanthionine. The gut microbiota influences methionine metabolism, potentially impacting sulfur metabolite dysfunctions in CKD. We evaluated whether gut microbiota dysbiosis contributes to H₂S and lanthionine metabolic alterations in CKD.

Methods The gut microbiota of 88 CKD patients (non-dialysis, hemodialysis, and transplant patients) and 26 healthy controls were profiled using 16 S-amplicon sequencing. H₂S and lanthionine concentrations were measured in serum and fecal samples using the methylene blue method and LC-MS/MS, respectively.

Results The CKD population exhibited a tenfold increase in serum lanthionine associated with kidney dysfunction. Despite lanthionine retention, hemodialysis and transplant patients had significantly lower serum H₂S than healthy controls. Fecal H₂S levels were not altered or related to bloodstream H₂S concentrations. Conversely, fecal lanthionine was significantly increased in CKD compared to healthy controls and associated with kidney dysfunction. Microbiota composition varied among CKD groups and healthy controls, with the greatest dissimilarity observed between hemodialysis and transplant patients. Changes relative to the healthy group included uneven *Ruminococcus gnavus* distribution (higher in transplant patients and lower in non-dialysis CKD patients), reduced abundance of the short-chain fatty acid-producing bacteria *Alistipes indistinctus* and *Coprococcus eutactus* among transplant patients, and depleted *Streptococcus salivarius* in non-dialysis CKD patients. A higher abundance of *Methanobrevibacter smithii*, *Christensenella minuta*, and *Negativibacillus massiliensis* differentiated hemodialysis patients from controls. No correlation was found between differentially abundant species and the metabolic profile that could account for the H₂S and lanthionine alterations observed.

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Conclusions The metabolic deregulation of H₂S and lanthionine observed in the study was not associated with alterations in the gut microbiota composition in CKD patients. Further research on microbial sulfur pathways may provide a better understanding of the role of gut microbiota in maintaining H₂S and lanthionine homeostasis.

Keywords Chronic kidney disease, Hemodialysis, Kidney transplant, Gut microbiota, Dysbiosis, Hydrogen sulfide (H₂S), Lanthionine

Background

Chronic Kidney Disease (CKD) has emerged as one of the leading causes of mortality worldwide, affecting over 10% of the general population [1]. CKD is characterized by a progressive decline in kidney function, resulting in the accumulation of uremic retention molecules in the bloodstream. Uremia eventually leads to a complex systemic metabolic disorder, altered signaling events throughout the body, and gut microbiota dysbiosis [2, 3].

Metabolic alterations in methionine-derived sulfur compounds include hyperhomocysteinemia and reduced plasma hydrogen sulfide (H₂S), which are linked to higher cardiovascular risk in CKD patients. H₂S is a gasotransmitter with anti-inflammatory and antioxidant properties involved in blood pressure regulation [4]. It is endogenously produced by the transsulfuration enzymes cystathionine-β-synthase (CBS) and cystathionine-γ-lyase (CSE) with the generation of the non-proteogenic amino acid lanthionine as a metabolic byproduct [4, 5]. Contrary to H₂S, lanthionine is increased in the circulation of patients with end-stage kidney disease and has been proposed as a novel uremic toxin that likely contributes to hyperhomocysteinemia and impaired H₂S biosynthesis [6, 7]. Lanthionine retention may also be linked to adverse cardiovascular outcomes as it can induce heart tissue fibrosis and promote vascular calcification [8, 9]. While the downregulation of CBS and CSE in blood mononuclear cells has been implicated as a cause of H₂S and lanthionine alterations in kidney dysfunction, it remains unclear whether additional factors contribute to this metabolic deregulation in CKD [5, 7, 10, 11].

A previous study comparing H₂S plasma levels from conventional and germ-free mice observed free H₂S and bound sulfane sulfur concentrations markedly lower in the absence of intestinal microbiota, suggesting that the circulating H₂S partially originates from microbial metabolic activity [12]. Gut bacteria produce about 50% of intestinal H₂S from dietary and endogenous compounds such as cysteine and inorganic sulfate through cysteine desulfhydrase activity and dissimilatory sulfate reduction, respectively [13, 14]. Recently, 142 bacterial genera were identified to harbor genes for microbial sulfur metabolism, with the majority involved in organic metabolic pathways [15]. Lanthionine is also produced by bacterial activity as part of the posttranslational modifications of antibiotics [16, 17] and as a structural component of the peptidoglycan cell wall of *Fusobacterium*

species, in particular *Fusobacterium nucleatum*, *Fusobacterium necrophorum*, *Fusobacterium russi*, and *Fusobacterium gonidiaformans* [18, 19]. Due to gut dysbiosis, several H₂S- and lanthionine-producing bacteria are altered in CKD. This dysbiosis is generally characterized by an increased abundance of *Desulfovibrio*, *Enterobacter*, *Escherichia/Shigella*, *Flavonifractor*, *Fusobacterium*, *Ruminococcus*, *Streptococcus*, while a decreased abundance of *Coprococcus*, *Eubacterium*, *Faecalibacterium*, *Prevotella*, and *Roseburia* [20–25]. Given these bacteria' sulfidogenic capacity, we evaluated whether gut microbiota dysbiosis contributes to metabolic alterations of H₂S and lanthionine in CKD patients.

Methods

Study cohort

Eighty-eight CKD patients stratified as non-dialysis (CKD, *n*=24), hemodialysis (HD, *n*=22), and transplant patients (Tx, *n*=42), as well as 26 healthy controls (HC), were enrolled at the University Hospital Luigi Vanvitelli, Italy. The following exclusion criteria were considered: active infection based on elevated C-Reactive protein (CRP>10 mg/dL), inflammatory bowel disease, malignancy, the occurrence of cardiovascular event(s) in the past three months, poorly controlled diabetes, vascular access complications for hemodialysis patients, use of antibiotics and probiotics in the past three months, pregnancy, and age under 18 years. Each participant provided a fecal and blood sample during their outpatient visit or hospital admission. Feces were collected from a single bowel movement, delivered on ice within 24 h upon collection, aliquoted, and stored at -80°C until further analyses.

Blood was withdrawn by venipuncture using BD Vacutainer SST II Advance Tubes. The serum was immediately collected through centrifugation (3000 x g for 10 min) and stored at -80°C until further use. Blood samples from hemodialysis patients were drawn before the mid-week dialysis session.

Transplant patients had end-stage kidney disease (ESKD) prior to kidney transplantation, and their samples were collected after 1–20 years of graft function and the initiation of immunosuppressive therapy. Demographic and clinical parameters were retrieved from the subjects' medical records. Additionally, each participant completed a questionnaire covering lifestyle, bowel habits, and weekly dietary intake over the six months

preceding the sample collection. In particular, participants selected the food items they regularly consumed over the six months preceding the sample collection from a list of items typically found in Italian diets. These items were categorized into food groups: eggs, fish and seafood, lean meats, lean poultry, fruits, nuts and seeds, coffee and tea, and alcoholic beverages. This metadata was pseudonymously stored in a database for subsequent statistical analyses.

Lanthionine quantification: liquid chromatography with tandem mass spectrometry (LC-MS/MS)

Serum concentrations of lanthionine were quantified as outlined previously [6, 26]. Two cycles of protein precipitation were applied to 100 mg of feces to determine fecal concentrations. Samples were treated with 300 μ L of methanol (Sigma-Aldrich, USA). The mixture was incubated at -20°C for 30 min, followed by sonication for 1 min at 20°C , and incubated on ice for 2 min. The mixture was then centrifuged at 13,000 \times g for 10 min. The supernatants from both extraction cycles were combined to ensure maximum lanthionine recovery. One μ L of the serum and fecal supernatants was transferred into the HPLC autosampler and analyzed in an LC-MS/MS assay. Samples were run in duplicate using a 6420 triple Q system with an HPLC 1100 series binary pump (Agilent, Germany). Sample separation was performed with Kinetex 5 μ m 100 A C18 analytical column (Phenomenex, USA). The mobile phase was generated by mixing eluent A (2% acetonitrile, 0.1% formic acid) and eluent B (95% acetonitrile and 0.1% formic acid) with a 0.200 mL/min flow rate. The chromatographic gradient started at 5–95% eluent A in 8 min and then increased to 100% for 2 min. Tandem mass spectrometry was performed using a turbo ion spray source operated in positive mode and set to multiple reaction monitoring (MRM) mode. A standard solution of 500 pg/ μ L of lanthionine was used to optimize the MRM transition, and the optimal conditions for detection were determined via Agilent MassHunter Optimizer software. Lanthionine concentrations were calculated against a standard calibration curve, constructed by plotting peak areas against concentration with a linear trend from 0.5 to 150 pg/ μ L, $r^2=0.99$. Fecal concentrations were normalized by dry weight after vacuum drying a 100 mg-aliquot of each sample (Thermo Savant SC110A SpeedVac, Thermo Fisher Scientific).

Hydrogen sulfide (H_2S) quantification

Serum H_2S was quantified using the methylene blue method as previously described [6]. For fecal H_2S quantification, 100 mg of stool was homogenized into 400 μ L of 1X PBS and vortexed thoroughly for 10 min [27]. The homogenates were treated with ZnAc (1%), N, N-dimethyl-p-phenylenediamine (20 mM in HCl 7.2 M),

and FeCl_3 (30 mM in HCl 1.2 M). After a 20-minute incubation, samples were deproteinized with 700 μ L 10% trichloroacetic acid, briefly vortexed, and centrifuged at 13 000 \times g for 20 min. Supernatants were measured in duplicates at 670 nm (Thermo SpectronicBiomate 3 UV/VIS Spectrophotometer), and H_2S concentrations were calculated against a standard curve obtained with $\text{Na}_2\text{S}\cdot 9\text{H}_2\text{O}$ as an H_2S donor (Sigma-Aldrich, USA). Fecal concentrations were normalized by dry weight after vacuum drying a 100 mg aliquot of each sample (Thermo Savant SC110A SpeedVac, Thermo Fisher Scientific).

Fecal DNA extraction and 16 S-amplicon sequencing

DNA was extracted from frozen fecal samples (250 mg) using RNeasy Power Microbiome Kit (QIAGEN, no. 26000-50) following the manufacturer's instructions and excluding DNA removal steps [28]. A heating step at 90°C for 10 min was added after vortexing/bead beating to increase the DNA yield [29]. The V3-V4 region of 16 S rRNA genes was sequenced according to Illumina 16 S metagenomics standardized workflow (16 S Metagenomics Sequencing Library Preparation, Part # 15044223 Rev. B). sequencing was performed using the Illumina MiSeq platform, 2×300 paired ends, and 600 cycles with the Reagent Kit v3 (no. MS-102-3003, Illumina, USA).

Microbial load: cell count by flow cytometry

The microbial load was determined from frozen fecal samples (200 mg) and used to normalize microbial abundance as previously described [30] (Table S1). Samples were diluted 100,000 times in physiological solution (0.9% NaCl, B. Braun), then filtered using a sterile syringe filter (pore size five μ m Millex SV, Merck KGaA) to remove debris. Next, 1 mL of each microbial cell suspension was stained with one μ L SYBR Green I (1:100 dilution in dimethylsulfoxide; shaded 15 min incubation at 37°C ; 10,000 concentrated, Thermo Fisher Scientific). Samples were measured in triplicates using a FACSCanto II Flow Cytometer (BD Biosciences), and the fluorescence events were monitored using the FITC-A and RITC-A optical detectors. Flow rate at 60 μ L/min, an acquisition period of 30 s, and a threshold value of 1000 on channel FITC-A were set using the BD FACSDiva Software. A non-stained sample was measured to identify microbial fluorescence events from the sample background. Background events were used to gate the microbial cell counts in FlowJo v10.8.1.

Bioinformatics and statistical analyses

Demultiplexed paired-end reads were denoised using DADA2 pipeline v1.26.0 in R v4.2.2. Raw reads were filtered, normalized by microbial load, and downsized to an even sampling depth as previously described [30]. Amplicon Sequence Variants (ASVs) underwent nucleotide

Blast using the NCBI Blast software 2.13.0 and the NCBI 16 S Microbial Database (accessed in December 2022). The ASVs were finally merged into 166 species. Matrices of microbial abundance and metabolite concentrations were normalized, then standardized using QuantileTransformer (output_distribution = "normal" option) and StandardScaler methods from Scikit-learn package v1.3.0 [31]. Alpha diversity measures, including Richness and Shannon Index, were calculated at the species level using Scikit-learn v1.3.0. Beta diversity was computed using the Bray-Curtis dissimilarity measure and represented with Principal Coordinate Analysis (PCoA). Multivariate tests ANOSIM and PERMANOVA were used to assess significance in sample clustering and obtained using 999 permutations as implemented in Scikit-learn v1.3.0. The supervised algorithm of Partial Least Square Discriminant Analysis (PLS-DA) was implemented and visualized with a Variable Importance Plot (VIP) to identify the most discriminant species among CKD patients and healthy groups. The potential contribution of metadata variables to inter-individual microbiota community variation was determined by single distance-based redundancy analysis on species-level Bray-Curtis dissimilarity with the adonis2 function as implemented in the R vegan package v2.6.4 [32]. Variables with $FDR \leq 0.05$ were considered significant covariates (Table S2).

Network analyses were performed as previously described [33], and network communities were identified using the Louvain community detection algorithm [34]. The functional profile was predicted using PICRUSt2 [35]. Kruskal-Wallis and Mann-Whitney tests assessed the significance of multiple and pairwise comparisons for microbiota analysis, respectively. Metabolite distributions were analyzed in R v4.2.2 using Kruskal-Wallis and Dunn's tests for multiple and pairwise comparisons, respectively. A p -value ≤ 0.05 was considered significant for the analyses. The association between microbial abundance and metabolite concentrations was assessed through multivariate Pearson's correlation (Python v3.8.13) with 10% two-stage Benjamini-Hochberg correction.

Results

The baseline characteristics of the study cohort are outlined in Table 1. CKD patients and healthy controls were matched for gender and body mass index. CKD patient groups exhibited similar age, gender distribution, body mass index, and blood levels of sodium, glucose, and CRP while showing significant variability in other biochemical parameters commonly affected by CKD, including creatinine, urea, hemoglobin, transferrin, albumin, and electrolytes. The prevalent comorbidities included diabetes, hypertension, and cardiovascular diseases. Treatment primarily comprised xanthine oxidase inhibitors,

proton-pump inhibitors, vitamin D, statins, and beta-blockers, with the most common immunosuppressants among transplant recipients being prednisone, mycophenolate mofetil, and tacrolimus.

Increased levels of circulating and fecal lanthionine are related to kidney dysfunction

Serum lanthionine concentrations were increased tenfold in the CKD population compared to healthy controls. The undergoing treatment influenced lanthionine retention, with non-dialysis CKD patients exhibiting the highest levels, followed by hemodialysis and transplant patients (Fig. 1A, Table S3). The significant positive correlation with markers of kidney function, including creatinine, urea, and uric acid blood levels (Fig S1), along with the negative correlation with eGFR (Fig. 1C), indicated that lanthionine accumulation in the bloodstream of CKD patients is influenced by kidney dysfunction. Fecal concentrations were also significantly increased in each patient group compared to healthy controls (Fig. 1B, Table S3). This increase was negatively associated with eGFR (Fig. 1D) and positively correlated with blood levels of CKD markers, such as creatinine, urea, and uric acid (Fig S1). Moreover, fecal levels were mildly correlated with serum lanthionine across the entire cohort, though this correlation was not significant when focusing solely on the CKD population (Fig S1).

H₂S is decreased in the circulation of patients receiving kidney replacement therapy, while the fecal content is unaltered

Circulating levels of H₂S were significantly reduced in hemodialysis and transplant patients compared to healthy controls (Fig. 2A, Table S3) and inversely associated with both circulating and intestinal levels of lanthionine (Fig S1). No differences in fecal levels of H₂S were observed between CKD patients and healthy controls (Fig. 2B, Table S3), nor were fecal and serum concentrations of H₂S associated (Fig S1).

Gut microbiota dysbiosis in CKD

Alpha diversity measures were not significantly different among patient groups or compared to healthy controls (Fig. 3A, Table S4). However, hemodialysis and transplant patients had lower microbial load than healthy controls, indicating a decrease in the overall bacterial abundance of these patients (Fig S2). Beta diversity analysis revealed differences in microbial composition between patients and healthy controls (PERMANOVA, $p=1.8e-02$). Such differences were not detected by ANOSIM, which showed higher dissimilarity among samples within the same group than between samples from different patient groups ($p=8.6e-02$) (Fig. 3B).

Table 1 Cohort baselines

	CKD (n=24)	HD (n=22)	Tx (n=42)	HC (n=26)	p-value
General					
Age (mean (SD))	62.71 (16.64)	57.59 (12.91)	53.17 (13.03)	46.62 (18.20)	0.002 ^a
Gender=M (%)	14 (58.3)	13 (59.1)	22 (52.4)	14 (53.8)	0.944
Health parameters					
BMI (kg/m ²) (median [IQR])	28.03 [25.59, 32.72]	25.76 [22.18, 28.30]	25.06 [22.61, 28.30]	24.95 [22.31, 27.56]	0.109
eGFR (mean (SD))	29.63 (15.62)	13.42 (7.36)	52.01 (22.11)	83.44 (13.48)	< 0.001
Blood parameters					
Creatinine (mg/dL) (median [IQR])	2.35 [1.53, 3.12]	4.74 [3.15, 6.69]	1.19 [1.02, 1.79]	0.90 [0.80, 0.98]	< 0.001
Urea (mg/dL) (median [IQR])	89.50 [55.25, 124.50]	49.50 [30.75, 87.00]	57.00 [41.25, 84.75]	36.00 [31.50, 43.50]	< 0.001
Uric acid (mg/dL) (mean (SD))	6.50 (1.98)	5.90 (1.28)	5.82 (1.27)	5.00 (0.94)	0.007 ^b
Albumin (g/dL) (median [IQR])	3.70 [3.52, 3.88]	3.90 [3.65, 3.95]	4.20 [4.10, 4.40]	4.20 [3.88, 4.60]	< 0.001
Na (mEq/L) (median [IQR])	139.00 [135.25, 140.75]	138.50 [136.00, 140.00]	140.00 [139.00, 141.00]	140.00 [140.00, 140.25]	0.062
K (mEq/L) (median [IQR])	4.60 [4.20, 4.90]	5.00 [4.50, 5.18]	4.50 [4.03, 4.68]	4.05 [4.00, 4.50]	0.002 ^c
Ca (mg/dL) (mean (SD))	9.09 (0.80)	8.95 (1.00)	9.79 (0.53)	9.18 (0.49)	< 0.001
P (mg/dL) (median [IQR])	3.60 [3.30, 4.25]	6.30 [5.43, 7.20]	3.10 [2.80, 3.50]	3.40 [3.05, 3.65]	< 0.001
Glucose (mg/dL) (median [IQR])	81.00 [75.00, 86.00]	88.00 [79.00, 98.00]	81.50 [74.00, 93.50]	87.50 [80.50, 92.50]	0.139
CRP (mg/dL) (median [IQR])	0.23 [0.07, 0.50]	0.45 [0.37, 0.53]	0.25 [0.12, 0.38]	0.30 [0.12, 0.40]	0.078
CKD stage (%)					
CKD1	0 (0.0)	0 (0.0)	2 (4.8)	0 (0.0)	
CKD2	0 (0.0)	0 (0.0)	10 (23.8)	0 (0.0)	
CKD3	11 (45.8)	0 (0.0)	21 (50.0)	0 (0.0)	
CKD4	8 (33.3)	0 (0.0)	7 (16.7)	0 (0.0)	
CKD5	5 (20.8)	22 (100.0)	2 (4.8)	0 (0.0)	
Prevalent comorbidities					
Diabetes=Yes (%)	6 (25.0)	5 (22.7)	6 (14.3)	0 (0.0)	0.056
Hypertension=Yes (%)	8 (33.3)	1 (4.5)	0 (0.0)	4 (15.4)	< 0.001
Cardiovascular disease=Yes (%)	4 (16.7)	2 (9.1)	5 (11.9)	0 (0.0)	0.223
Main drug therapy					
Xanthine oxidase inhibitor=Yes (%)	14 (58.3)	10 (45.5)	18 (42.9)	0 (0.0)	< 0.001
Proton pump inhibitor=Yes (%)	12 (50.0)	10 (45.5)	15 (35.7)	0 (0.0)	< 0.001
Vitamin B=Yes (%)	1 (4.2)	7 (31.8)	13 (31.0)	1 (3.8)	0.004
Vitamin D=Yes (%)	15 (62.5)	7 (31.8)	27 (64.3)	1 (3.8)	< 0.001
Statins=Yes (%)	7 (29.2)	4 (18.2)	19 (45.2)	0 (0.0)	< 0.001
Beta-blockers=Yes (%)	7 (29.2)	2 (9.1)	9 (21.4)	0 (0.0)	0.020
Insulin=Yes (%)	6 (25.0)	5 (22.7)	6 (14.3)	0 (0.0)	0.056
Main immunosuppressants					
Prednisone=Yes (%)	0 (0.0)	0 (0.0)	34 (81.0)	0 (0.0)	< 0.001
MMF=Yes (%)	0 (0.0)	0 (0.0)	26 (61.9)	0 (0.0)	< 0.001
TAC=Yes (%)	0 (0.0)	0 (0.0)	27 (64.3)	0 (0.0)	< 0.001

^aCKD vs. HC (Games-Howell test, $p=0.011$); ^bCKD vs. HC ($p=0.02$), Tx vs. HC ($p=0.03$); ^cCKD vs. HC ($p=0.04$), HD vs. HC ($p=0.05$)

CKD: non-dialysis Chronic Kidney Disease; HD: Hemodialysis; Tx: Kidney transplant; HC: Healthy Controls; BMI: Body Mass Index; CRP: C-Reactive Protein; eGFR: estimated Glomerular Filtration Rate; MMF: Mycophenolate mofetil; TAC: Tacrolimus

The differential analysis revealed distinct microbial compositions between CKD patients and healthy individuals, regardless of treatment. Specifically, nine bacterial species were unique to the CKD population: *Acidaminococcus intestini*, *Anaerotruncus rubiinfantis*, *Clostridium perfringens*, *Megasphaera massiliensis*, *Streptococcus anginosus*, *Streptococcus koreensis*, *Streptococcus lutei*, *Streptococcus vestibularis*, and *Variimorphobacter saccharofermentans* (Table S5). Fourteen species were differentially abundant among the groups studied. Compared to healthy individuals, CKD patients showed

uneven distributions of *Ruminococcus gnavus*, which was higher in transplant patients and lower in non-dialysis CKD patients. Additionally, transplant patients exhibited a depletion in short-chain fatty acid (SCFA) bacteria, such as *Alistipes indistinctus* and *Coprococcus eutactus*, whereas hemodialysis patients had a higher abundance of *Methanobrevibacter smithii*, *Christensenella minuta*, and *Negativibacillus massiliensis* (Fig. 4, Table S5).

Non-dialysis CKD patients had a decreased abundance of *Streptococcus salivarius* compared to healthy controls, hemodialysis, and transplant patients. They also

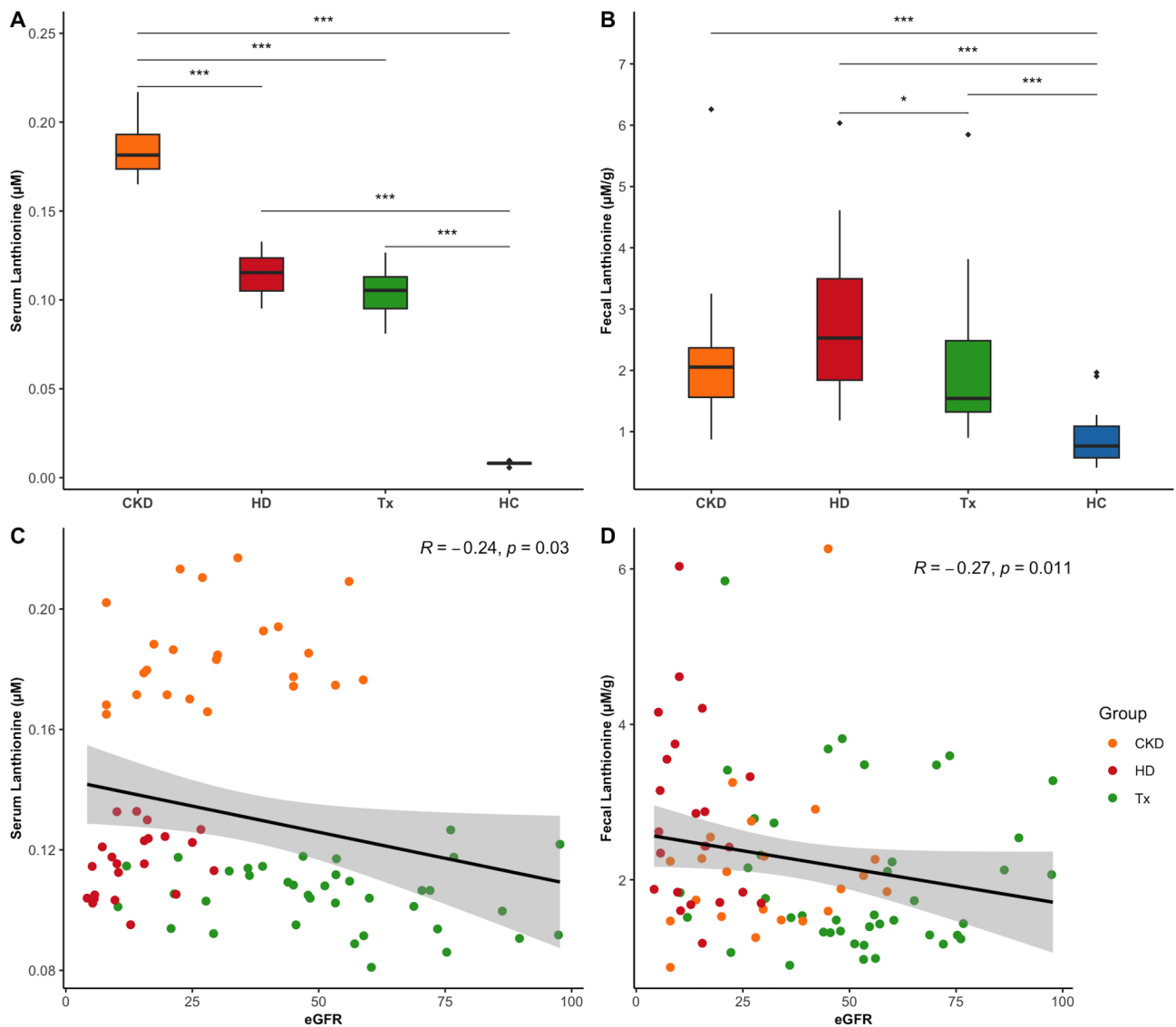


Fig. 1 Distribution of serum and fecal lanthionine levels in CKD patients and healthy controls, and their correlation with kidney function. **(A)** Serum lanthionine levels (Kruskal-Wallis, $p < 2.2 \times 10^{-16}$); **(B)** Fecal lanthionine levels (Kruskal-Wallis, $p = 3.3 \times 10^{-11}$); **(C)** Spearman's correlation between serum lanthionine levels and eGFR; **(D)** Spearman's correlation between fecal lanthionine levels and eGFR. Dunn's post hoc test was applied for pairwise group comparisons ($***p \leq 0.001$, $*p \leq 0.05$ after Benjamini-Hochberg correction). CKD (non-dialysis Chronic Kidney Disease), HD (Hemodialysis), Tx (Kidney Transplant), HC (Healthy Controls), and eGFR (estimated Glomerular Filtration Rate).

exhibited significantly lower levels of *R. gnavus* and *N. massiliensis*, along with depleted *Dialister succinatiphilus* and enriched *M. smithii*, *A. indistinctus*, and *Caldicoprobacter guelmensis* compared to transplant patients. Additionally, *R. gnavus* and *C. minuta* were significantly less abundant in non-dialysis CKD patients compared to hemodialysis patients (Fig. 4, Table S5).

The microbial communities of hemodialysis and transplant patients showed the highest dissimilarity, with ten species differentially abundant between them. Hemodialysis patients had higher levels of *M. smithii*, *C. minuta*, *A. indistinctus*, *C. eutactus*, *Dorea formicigenerans*, *N. massiliensis*, *C. guelmensis*, and *Anaerofilum pentosovorans*,

while *Blautia wexlerae* was more abundant in transplant patients (Fig. 4, Table S5). Notably, most differences in microbial abundance among the treatment groups were not observed after 5% FDR correction, except for the abundance of *R. gnavus* significantly higher in transplant patients than in non-dialysis CKD patients (Table S5).

PLS-DA identified seven differentially abundant species as discriminant markers for the patient groups, including *R. gnavus* and *S. salivarius* as markers for transplant patients, *C. guelmensis* for non-dialysis CKD, and *M. smithii* as a marker for hemodialysis patients (Fig. 5). The covariate analysis showed that differences in dietary habits and sustained immunosuppressive therapy

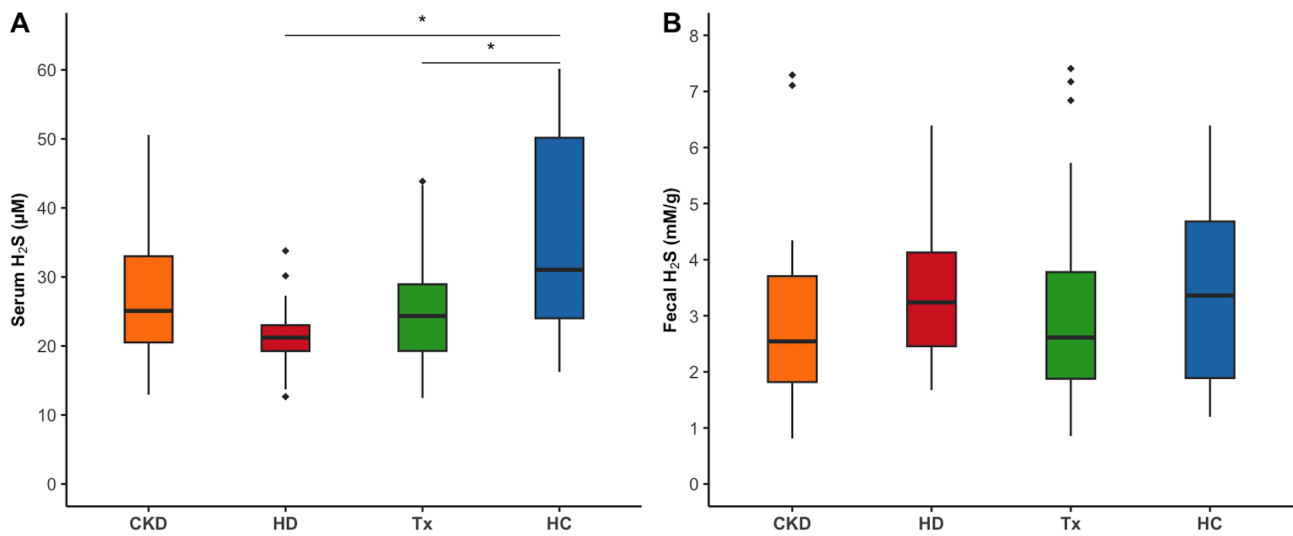


Fig. 2 Distribution of serum and fecal H₂S levels in CKD patients and healthy controls. **(A)** Serum H₂S ($p=0.002$); **(B)** Fecal H₂S ($p=0.37$). Dunn's post hoc test was applied for pairwise comparisons (* $p \leq 0.05$ after Benjamini-Hochberg correction). CKD: non-dialysis Chronic Kidney Disease, HD: Hemodialysis, Tx: Kidney transplant, HC: Healthy Controls.

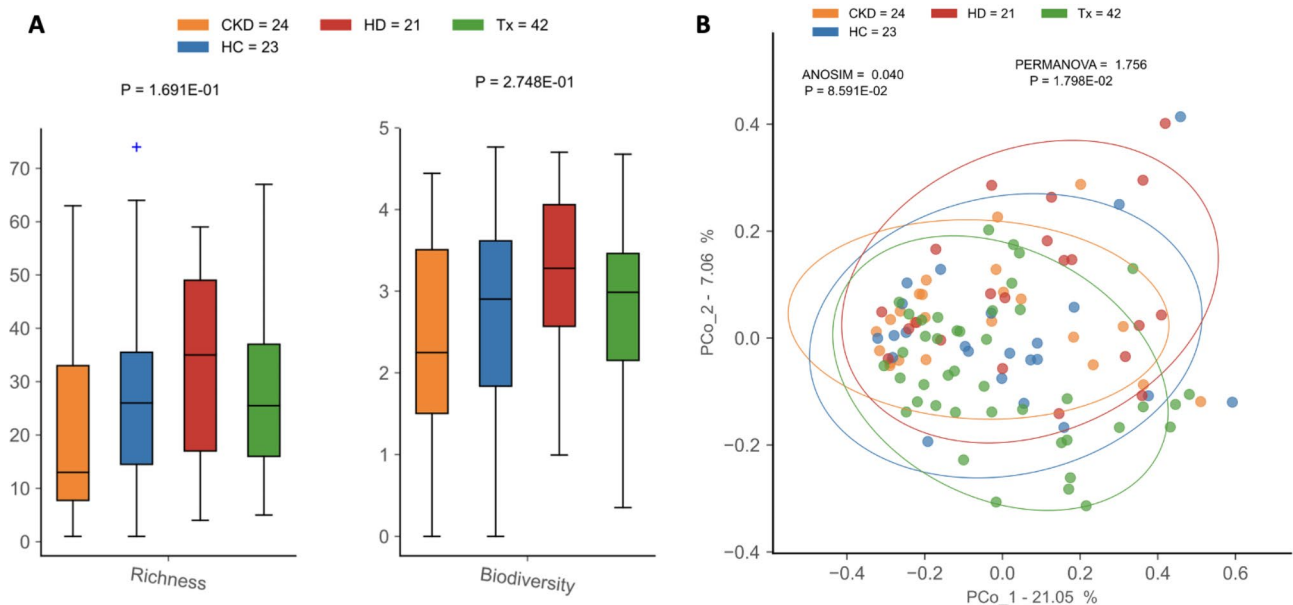


Fig. 3 Diversity analysis of gut microbiota in CKD patients and healthy controls. **(A)** Alpha (within-sample) diversity and **(B)** beta (between-sample) diversity of CKD: non-dialysis Chronic Kidney Disease, HD: Hemodialysis, Tx: Kidney transplant patients, and HC: Healthy Controls.

explained about 3% of the observed variations in the microbial populations among the study participants (Fig S4, Table S2).

We conducted a network analysis to uncover microbial communities associated with different CKD groups (Fig. 6). Nine communities were retrieved; communities 1, 2, and 3 harbored most species with higher prevalence in transplant patients (17/25, 68%), including *R. gnavus* and *S. salivarius*, previously identified as markers for this group. Hemodialysis-related species were most prevalent in communities 4 and 5 (36/66, 55%), while healthy

control-related species, such as *A. indistinctus*, were mainly found in community 7 (9/12, 75%) (Fig. 6B). Considering the network analysis, *A. indistinctus* is not a reliable biomarker for non-dialysis CKD patients, given its higher prevalence in the healthy group. Similarly, *D. succinatiphilus* was identified as a transplant-related species in the network analysis, highlighting it as a non-reliable marker for hemodialysis patients as previously identified through PLS-DA (Fig. 6A).

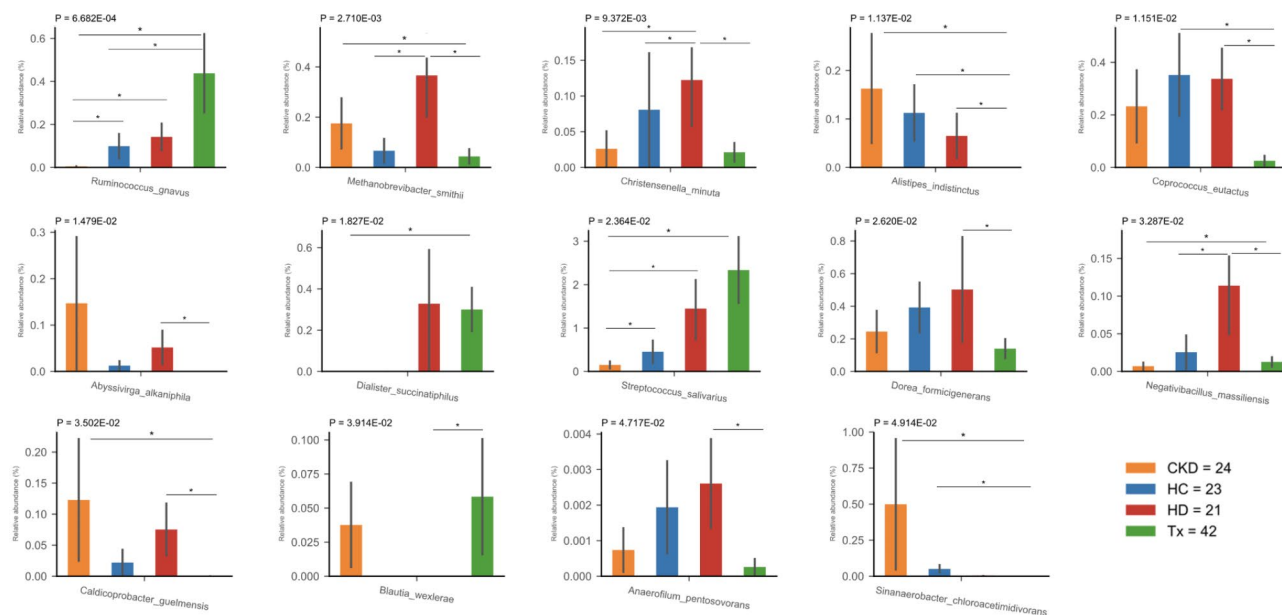


Fig. 4 Differential abundance analysis among CKD patients and healthy controls. Multiple comparison analyses depicted significant differences in the abundance of 14 species across the study groups. Species abundance was normalized by microbial load. Each abundance barplot shows the p-value from the Kruskal-Wallis test and Mann-Whitney U pairwise comparison (non-FDR, * $p \leq 0.05$).

Gut bacteria associated with circulating and intestinal levels of lanthionine and H₂S in CKD

Multivariate Pearson correlation revealed 33 bacterial species significantly correlated with metabolite concentrations and organized into three clusters by Hierarchical Clustering Analysis (HCA) (Fig. 7A). The red cluster mainly consisted of potential beneficial species as they were positively associated with serum and fecal levels of H₂S. This cluster included previously identified healthy control-related species in the network analysis, such as *A. indistinctus*, *Fusicatenibacter saccharivorans*, and *Coprococcus comes*. Nine bacterial species remained correlated with the metabolites' concentrations after FDR, including *Acetanaerobacterium elongatum* and *F. saccharivorans*, positively associated with serum levels of H₂S and *Bacteroides caccae* and *Lachnospira pectinoschiza*, positively related to fecal levels of lanthionine (Fig. 7B).

Bacterial sulfur pathways are not altered in the cohort

To identify altered metabolic pathways in CKD patients, we performed a PLS-DA analysis and VIP visualization based on KEGG pathways predicted by PICRUSt2. The analysis revealed five pathways with differences in metabolic activity among patient groups. Sulfide-related pathways, such as L-methionine biosynthesis and sulfolglycolysis, were not altered between CKD patients or compared to healthy controls (Fig. 8).

Discussion

We assessed whether changes in gut microbial composition contributed to the metabolic disorder of H₂S and lanthionine in CKD. The circulating metabolic profile showed increased lanthionine levels associated with decreased H₂S compared to healthy individuals. Interestingly, hemodialysis patients had lower lanthionine levels than non-dialysis CKD patients despite a worse kidney function, indicating partial lanthionine removal during hemodialysis. Previous research also reported a significant increase of lanthionine by two orders of magnitude in hemodialysis patients compared to healthy individuals and a 50% reduction in lanthionine after a single dialysis session [6]. In contrast, a later study reported higher serum lanthionine levels in hemodialysis patients than in non-dialysis CKD patients. This discrepancy in findings may be attributed to the patients' different mix of dialysis modalities (hemodialysis and hemodiafiltration) or filter material composition [36].

Lower plasma H₂S has also been reported in uremic conditions associated with reduced expression of CBS and CSE in blood mononuclear cells, increased uremic toxicity, and cardiovascular risk [5, 6, 10]. The accumulation of retention solutes may be partially responsible for the reduced levels of H₂S. For instance, indoxyl-sulfate was found to be negatively associated with plasma H₂S in CKD patients [5], and lanthionine was observed to inhibit H₂S generation by interfering with CBS activity in hepatocarcinoma and endothelial cells at concentrations comparable to those found in uremia [6, 37].

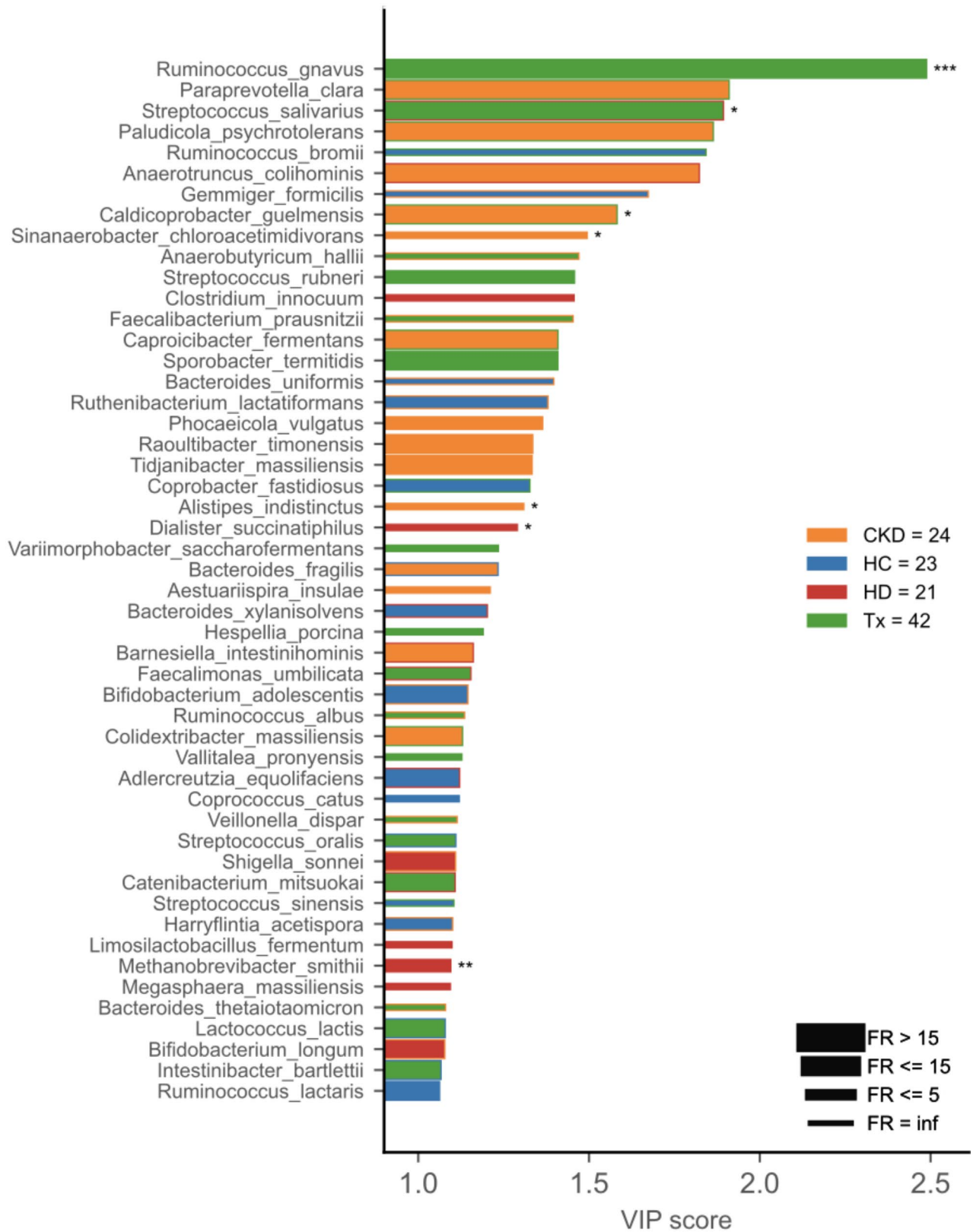


Fig. 5 Variable Importance Plot (VIP) shows (i) discriminant species after PLS-DA in descending order of VIP score (bar length); (ii) the cohort group with the highest (central bar color) and the lowest (edge bar color) species abundance; (iii) fold ratio (FR) of the highest vs. the lowest species abundance (bar thickness), and (iv) significant difference after Mann–Whitney U test (non-FDR, *** $p \leq 0.001$, ** $p \leq 0.01$, * $p \leq 0.05$).

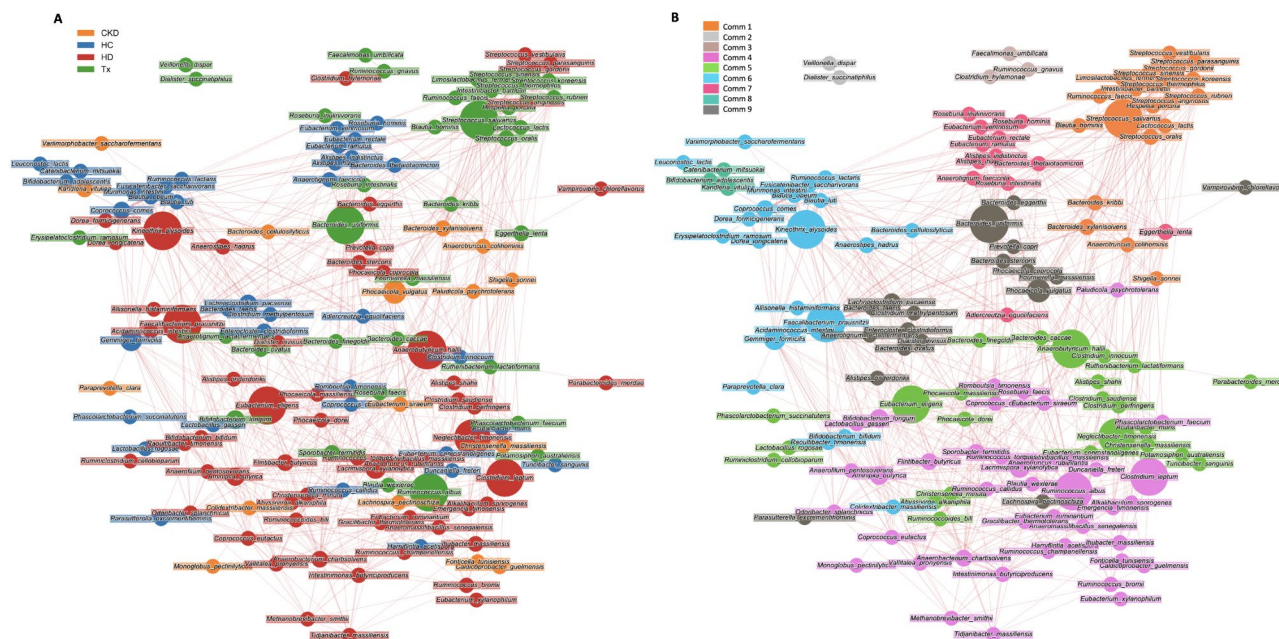


Fig. 6 Network analysis shows clusters of microbial species and positive or negative correlations of their abundances. **(A)** Nodes (representing species) were colored according to the patient group in which species had the highest mean abundance. **(B)** Nodes were colored according to the detected communities using the Louvain algorithm. Node size is directly proportional to the centrality of the species within the overall network. Edge thickness is inversely proportional to the Pearson p -value (10% Benjamini–Hochberg two-stages FDR), and it is colored according to the positive (red) or negative (blue) Pearson's coefficient. CKD: non-dialysis Chronic Kidney Disease, HD: Hemodialysis, Tx: Kidney transplant), HC: Healthy Controls, Comm: community.

The intestinal bioavailability of H_2S was not affected or correlated with the bloodstream profile in CKD, suggesting that H_2S synthesis by gut bacteria and endogenous metabolism remains relatively stable and does not directly impact circulating H_2S in these patients. Our inferred functional analysis revealed no alterations in bacterial pathways involved in sulfide biosynthesis, further supporting the likelihood of unaltered H_2S production by gut bacteria.

Analyzing the gut microbial composition revealed significant differences between CKD patients and healthy controls. *R. gnavus* showed an uneven distribution compared to healthy controls, with higher levels in transplant patients and lower levels in non-dialysis CKD patients. Additionally, transplant patients exhibited a depletion of SCFA-producing bacteria, including *A. indistinctus* and *C. eutactus*. Previous studies have similarly reported a decreased abundance of *C. eutactus* and *Alistipes*, along with other SCFA-producing bacteria, such as *Roseburia* spp. and *Faecalibacterium prausnitzii*, in transplant patients [38–40]. The lower abundance of these bacteria has been linked to increased inflammatory markers (e.g., CRP) in ESKD, suggesting that the depletion of SCFA-producing bacteria likely contributes to CKD-associated inflammation [21].

We also observed enriched abundances of various species in hemodialysis patients compared to healthy individuals, including *C. minuta* and *M. smithii*. In line

with our results, previous studies have observed an enriched abundance of *Christensenellaceae* and its genus *Christensenellaceae_R_7_group* in hemodialysis patients compared to age, gender, and BMI-matched controls without impaired kidney function (eGFR ≥ 60) [41]. Previous research has proposed that decreased levels of *C. eutactus* and *M. smithii* may indicate CKD progression [42]. Our study found a significant reduction in *C. eutactus* in transplant patients compared to healthy controls, suggesting that such a decrease might serve as a biomarker for CKD progression in transplant patients. However, our findings regarding *M. smithii* deviated from the previous study [38]. Our cohort showed a significant increase in *M. smithii* in ESKD patients undergoing maintenance hemodialysis compared to healthy individuals. The enriched *M. smithii* abundance could contribute to the high prevalence of constipation events frequently reported among these patients, given its association with reduced frequency of bowel movements [43, 44].

The confounder effect of immunosuppressive therapy was reflected in the taxonomic profile of transplant patients, as the enriched abundance of *R. gnavus* and depleted *A. indistinctus* correlated with the use of prednisone, tacrolimus, and mycophenolate mofetil (Fig. S3). *R. gnavus* has been associated with both negative and positive health outcomes. It has been associated with inflammatory bowel disease, colorectal cancer, and metabolic diseases, as well as found enriched in ESKD

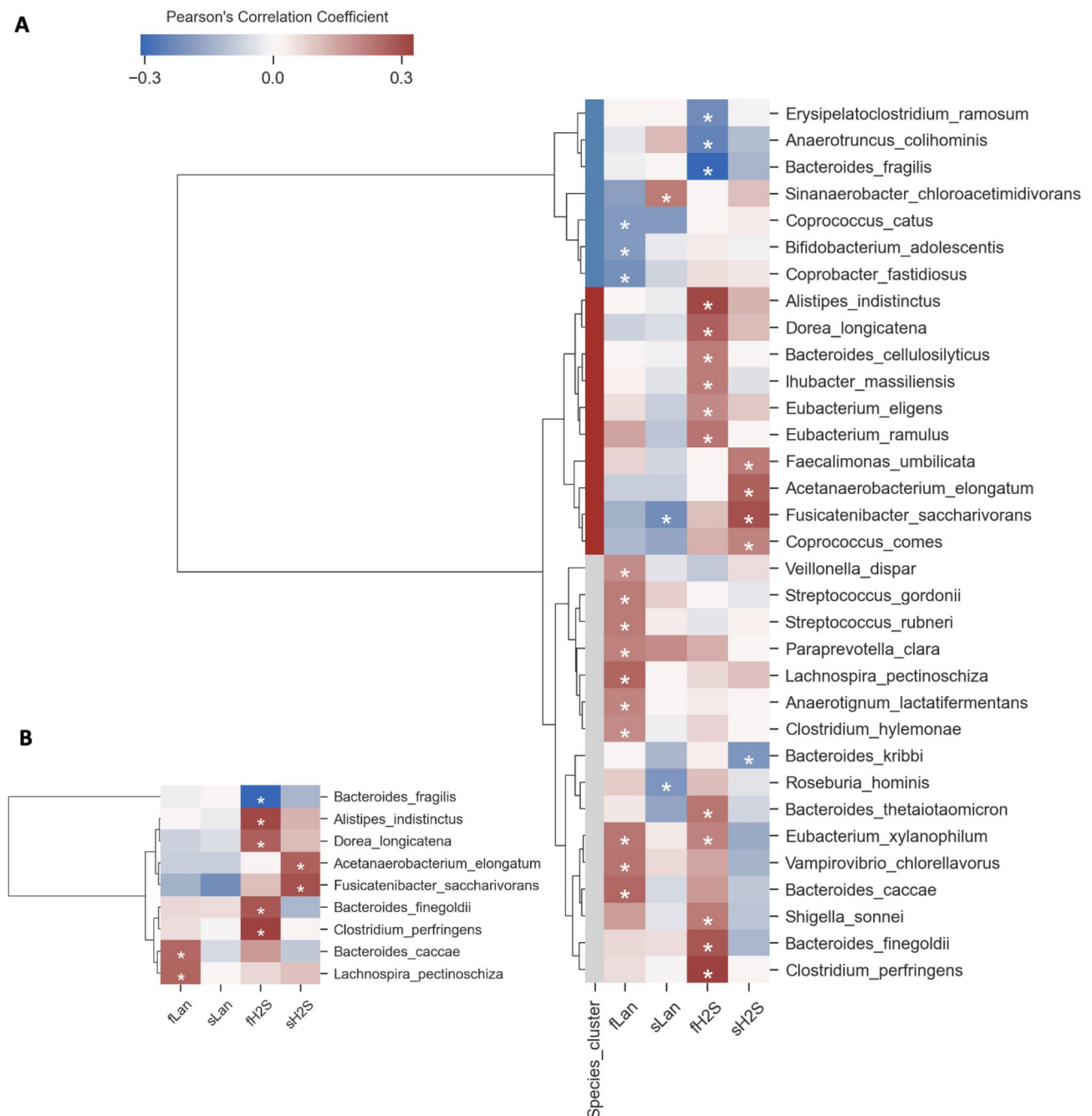


Fig. 7 Correlogram of bacterial species and sulfur metabolites shows positive or negative Pearson's correlation on normalized and standardized abundances and metabolite concentrations. Only species having at least one significant correlation with sulfur metabolites were reported. **(A)** A p-value ≤ 0.05 with no FDR correction was considered significant to highlight all significant correlations. Hierarchical Clustering Analysis (HCA) (metric = "Bray-Curtis", method = "complete linkage") was applied to identify clusters of correlated species shown as blue, red, and light gray. **(B)** Significant correlations after 10% two-stage Benjamini-Hochberg correction of p-values. fl_{an}: fecal lanthionine, sl_{an}: serum lanthionine, fh₂S: fecal H₂S, sh₂S: serum H₂S.

patients and proposed as a CKD biomarker [23, 25, 45]. However, certain strains of *R. gnavus* enhance the expression of the antimicrobial peptide Reg3g involved in gut homeostasis, decrease colitis inflammation, and SCFA production. Ultimately, the role of *R. gnavus* in health and disease is host-dependent and strain-specific, highlighting the importance of studying microbial signatures

at the strain level. Variability in microbial abundance is apparent across different taxonomic levels. For instance, while previous studies have shown a decrease in the overall abundance of the genus *Ruminococcus* in transplant patients [38], our study revealed an increased abundance of *R. gnavus* as a biomarker for transplant patients. This

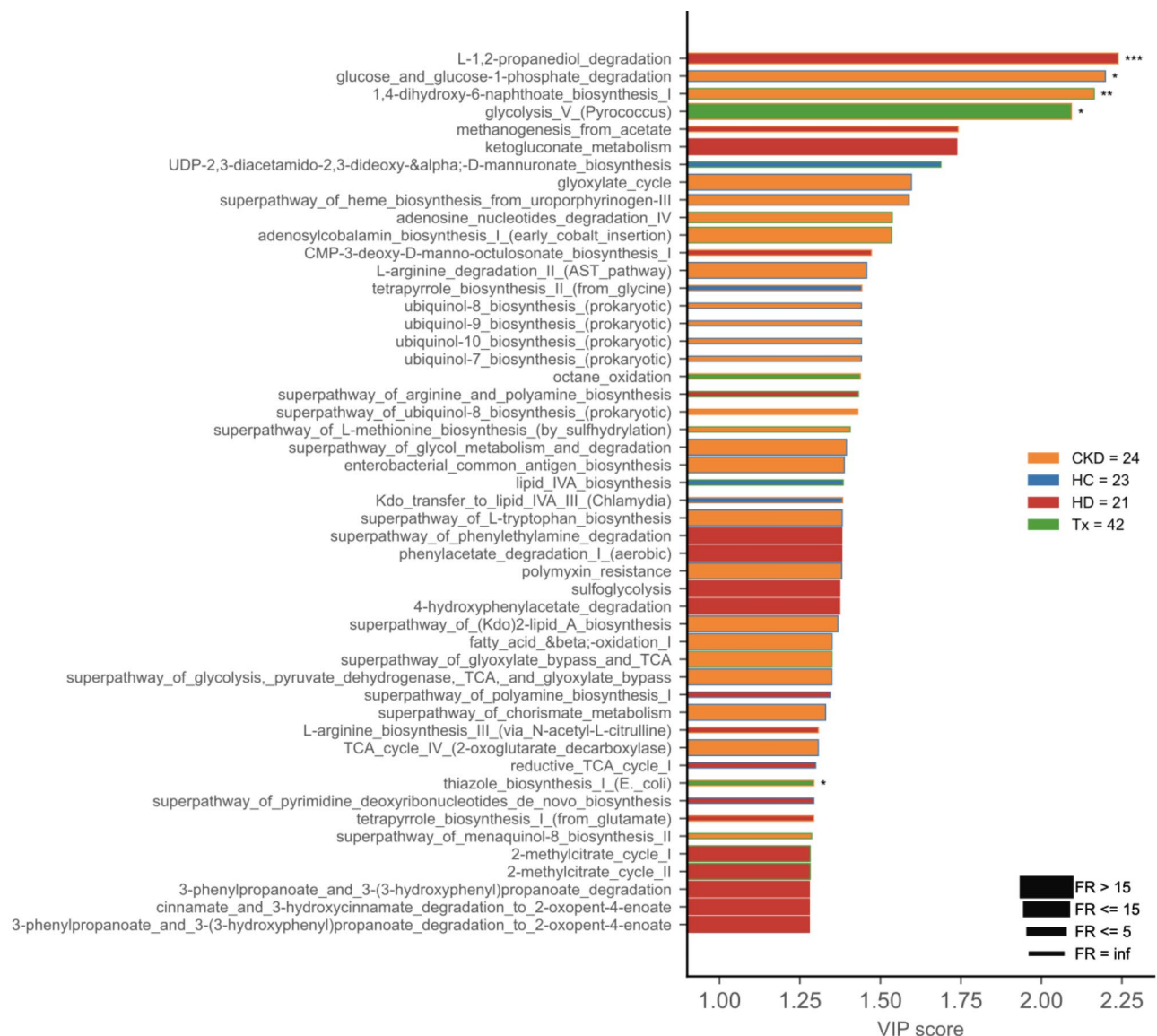


Fig. 8 Microbial functional profile predicted with PICRUST2. Variable Importance Plot (VIP) shows (i) discriminant metabolic pathways after PLS-DA in descending order of VIP score (bar length); (ii) the cohort group with the highest (central bar color) and the lowest (edge bar color) activity of a pathway; (iii) fold ratio (FR) of the highest vs. the lowest activity of a pathway (bar thickness), and (iv) significant difference after Mann–Whitney U test (non-FDR, *** $p \leq 0.001$, ** $p \leq 0.01$, * $p \leq 0.05$). CKD: non-dialysis Chronic Kidney Disease, HD: Hemodialysis, Tx: Kidney transplant, HC: Healthy Controls.

indicates that genus-level abundance does not always accurately reflect specific species' abundance.

Among the differentially abundant species identified, *M. smithii*, *C. minuta*, *A. indistinctus*, *D. succinatiphilus*, and *A. pentosovorans* are producers of H_2S , while *R. gnavus*, *C. eutactus*, *S. salivarius*, and *D. formicigenerans* are producers of both H_2S and lanthionine [15, 46, 47]. These species characterized the dysbiotic microbial profile of the studied cohort, and its association with the deranged sulfur metabolic profile would suggest a potential contribution of microbial dysbiosis to the observed metabolic deregulation. However, none of the sulfidogenic bacteria were significantly associated with H_2S and lanthionine

concentrations, implying that factors other than gut microbiota dysbiosis (e.g., uremic toxicity) are the source of these metabolic alterations. We should acknowledge that 16 S amplicon sequencing does not directly provide information about functional repertoires associated with H_2S /lanthionine metabolic deregulation. Therefore, the possibility of a functional association that may exist but was not captured at the compositional level cannot be completely ruled out. Further research assessing sulfur pathways of the gut microbiota, along with in vitro and in vivo studies, may provide a deeper understanding of this relationship.

Additional limitations of our study include the confounding effects of varying dietary habits and the administration of immunosuppressants among transplant patients, which influenced the observed microbial variation. Furthermore, genetic information was unavailable and, therefore, not assessed as a potential confounder of the gut microbiota. The mean ages between the non-dialysis CKD patients and control groups were not matched, potentially introducing variability in the results. However, it is worth noting that age was not identified as a significant covariate of microbial variability in this population (Table S2). Additionally, we did not measure H₂S and lanthionine concentrations in the urine, thus limiting the evidence for the association between altered sulfur metabolism and kidney dysfunction.

Conclusions

Our study aimed to elucidate the impact of gut microbiota dysbiosis on the metabolic alterations of H₂S and lanthionine levels in CKD patients. We found that decreased H₂S and increased lanthionine levels in the bloodstream characterized the dysregulation of these methionine-derived sulfur compounds. The accumulation of lanthionine was associated with kidney dysfunction and uremic toxicity, supporting its emerging role as a novel uremic toxin. Significant alterations in microbial composition were observed among CKD patients and compared to healthy controls. Despite identifying dysbiosis in several sulfidogenic bacteria within the gut microbiota, we did not find a link between these microbial changes and the disrupted metabolism of H₂S and lanthionine. Instead, our findings suggest that impaired kidney function and associated uremic toxicity may be the primary drivers of the observed sulfur metabolic disorder in CKD patients. These results highlight the importance of investigating the metabolism of these compounds at a functional level within the sulfur pathways of the gut microbiome to gain deeper insights into their roles in maintaining H₂S and lanthionine homeostasis.

Abbreviations

CKD	Chronic Kidney Disease
H ₂ S	Hydrogen Sulfide
CBS	Cystathionine-β-synthase
CSE	Cystathionine-γ-lyase
HD	Hemodialysis
Tx	Transplant recipients
HC	Healthy Controls
CRP	C-Reactive Protein
LC-MS/MS	Liquid Chromatography with Tandem Mass Spectrometry
MRM	Multiple Reaction Monitoring
ASVs	Amplicon Sequence Variants
PCoA	Principal Coordinate Analysis
ANOSIM	Analysis of Similarities
PERMANOVA	Permutational Multivariate Analysis of Variance
PLS-DA	Partial Least Square Discriminant Analysis
VIP	Variable Importance Plot
FDR	False Discovery Rate

PICRUSt2	Phylogenetic Investigation of Communities by Reconstruction of Unobserved States
eGFR	estimated Glomerular Filtration Rate
HCA	Hierarchical Clustering Analysis
KEGG	Kyoto Encyclopedia of Genes and Genomes
SCFA	Short-Chain Fatty Acid
ESKD	End-Stage Kidney Disease

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12866-024-03590-0>.

Supplementary Material 1

Supplementary Material 2

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Author contributions

Y.G.M: concept/design, patients' enrollment, sample and data collection, sulfur compounds quantification, 16 S amplicon sequencing, bioinformatics and statistical analyses, interpretation, writing original manuscript, manuscript edition, visualization; E.A and A.W: 16 S amplicon sequencing and visualization; V.I: bioinformatics and statistical analyses, interpretation, and visualization; C.Ferravante and G.F: bioinformatics analysis and visualization; M.S and A.A: lanthionine quantification and visualization; M.B, D.I, F.T, and A.F.P: concept/design, analysis, interpretation, manuscript edition, visualization, and supervision. All authors read and approved the final manuscript.

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Data availability

Sequence data that support the findings of this study have been deposited in the European Nucleotide Archive (<https://www.ebi.ac.uk/ena/browser/home>) with the primary accession code PRJEB67373. The manuscript and supplementary information files provide all relevant data generated or analyzed during this study.

Declarations

Ethics approval and consent to participate

All participants provided written informed consent before participating in the study, and the experimental protocol was approved by the University Hospital Luigi Vanvitelli's Ethics Committee on January 17, 2020 (Protocol Number AOU 27966/19) under the title "System omics to unravel the gut-kidney axis in Chronic Kidney Disease". The research followed the Helsinki Declaration as revised in 2013.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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