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Long-term survival with donor CD19 CAR-T cell treatment for relapsed patients after allogeneic hematopietic stem cell transplantation

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Abstract

Chimeric Antigen Receptor T (CAR-T) cell therapy has significantly advanced in treating B-cell acute lymphoblastic leukemia (B-ALL) and has shown efficacy in managing relapsed B-ALL after allogeneic hematopoietic stem cell transplantation (allo-HSCT). Donor-derived CAR-T cell offer both high efficacy and rapid response. Although promising results exist, current research lacks definitive evidence of long-term survival benefits for patients treated with donor-derived CAR-T therapy. We report the long-term survival of 32 patients with post-transplant relapsed B-ALL treated with donor-derived CD19 CAR-T cell, achieving either complete Remission (CR) or CR with incomplete peripheral blood recovery (CRi). The median follow-up was 42 months, with 2-year overall survival (OS) and event-free survival (EFS) rates of 56.25% and 50.0%, respectively. The 5-year OS and EFS rates were 53.13% and 46.88%, with no new long-term adverse events observed. These findings demonstrate good long-term safety, supporting donor-derived CAR-T cell as a recommended treatment option for relapsed B-ALL patients post-transplantation.

Trial registration: https://www.chictr.org.cn/showproj.html?proj=14315. Registration number: ChiCTR-OOC-16008447.

Keywords Donor-derived CD19 CAR-T, Allo-HSCT, Relapsed, Long-term survival

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To the editor:

Significant advances have been made in the treatment of B-cell acute lymphoblastic leukemia (B-ALL) with chimeric antigen receptor (CAR) T-cell therapy [1–4]. Using allogeneic (donor)-derived CAR-T cell carries a risk of severe graft-versus-host disease (GVHD), potentially leading to fatal outcomes. However, donorderived CAR-T cell poses minimal GVHD risk and is a viable option for treating relapsed B-ALL after allogeneic hematopoietic stem cell transplantation (allo-HSCT) [5,

Table 1 Characteristics of evaluated patients (*N*=32), *MSD-HSCT* matched sibling donor hematopoietic stem cell transplantation, *HID-HSCT* haploidentical hematopoietic stem cell transplantation, *MRD* minimal residual disease, *Ph* philadelphia chromosome, *GVHD* graft-versus-host disease, *CRS* Cytokine Release Syndrome, *CRES* CAR-T cell relevant encephalopathy syndrome, *FA* fludarabine, *CTX* cyclophosphamide

	Donor CD19 CAR-T
Age(year, median, range)	24(4–60)
Sex(%)	
Male	22(68.7)
Female	10(31.3)
HSCT(%)	
MSD-HSCT	15(46.9)
HID-HSCT	17(53.1)
Bone marrow blasts pre infusion	
0.01%-(MRD-positive)	11(34.4)
5–50%	14(43.8)
>50%	7(21.8)
Karyotype or genetic abnormalities(%)	
normal	15(46.9)
Ph	8(25.0)
others	9(28.1)
Co-stimulatory molecular(%)	
CD28	14(43.8)
41-BB	18(56.2)
Transplant conditioning regimen(%)	
FA/CTX	24(75.0)
others	8(25.0)
CAR-T cell Dose (×10 ⁶ /Kg, median, range)	1.79(0.04-12.0)
< 1	2(6.2)
1–2	21(65.6)
>2	9(28.2)
GVHD(%)	
YES	2(6.3)
NO	30(93.7)
CRS(%)	
NO	4(12.5)
grade 1–2	22(68.8)
grade 3–4	6(18.7)
CRES(%)	
NO	27(84.4)
grade 1–2	2(6.3)
grade 3–4	3(9.3)

6]. Most patients who achieve complete remission (CR) after autologous CAR-T cell therapy experience relapse, making bridge transplantation a crucial intervention. Although a second transplantation offers benefits, it is linked with high treatment-related mortality and low survival rates. Its necessity remains uncertain for relapsed CD19-positive B-ALL patients who achieved CR after receiving donor-derived CD19 CAR-T cell post-allo-HSCT. In our previous report, relapsed CD19-positive B-ALL patients received donor-derived CD19 CAR-T cell after allo-HSCT and achieved CR without requiring a second transplantation. These patients showed a high probability of achieving one-year overall survival (OS) and event-free survival (EFS) [7, 8]. In this study, we updated the long-term survival outcomes for the patients who achieved CR after donor CAR-T cell treatment without the second transplantation.

A total of 32 relapsed patients with CD19-positive B-ALL after allo-HSCT who received donor-derived CD19 CAR-T cell and achieved CR were included in the study. Patient baseline characteristics are summarized in Table 1. The study period ranged from October 2015 to March 2019, with the last follow-up on April 1, 2024. The cohort consisted of 19 male and 13 female patients, with a median age of 24 years (range, 4 to 60). The median follow-up period was 42 months (range, 1 to 91). For safety analysis, we did not observe any new long-term toxicities. The duration of EFS was calculated from the time of CR, no response, relapse or death, whichever occurred first, was regarded as the event. The OS was calculated from the time of CR until death. The 2-year OS and EFS were 56.25% and 50.0%, respectively. The 5-year OS and EFS were 53.13% and 46.88%, respectively (Fig. 1).

These results surpass those of relapse patients who underwent a second transplantation or donor lymphocyte infusion without receiving CAR-T cell therapy. The favorable long-term survival demonstrated by donorderived CD19 CAR-T cell indicates that this treatment is effective for relapsed patients following allo-HSCT. While our long-term data provides valuable insights into the efficacy of donor-derived CAR-T cell therapy after allo-HSCT, the potential benefits of a second transplantation in this setting may still require further validation through multicenter, prospective, and randomized controlled trials. Relapse occurred in the majority of patients during the initial years following CAR-T cell therapy, particularly within the first six months, despite the use of healthy T cells as carriers [9]. Therefore, it is critical to develop early detection methods for preventing or identifying the cause of relapse following CAR-T cell therapy [10, 11].

The administration of donor-derived CD19 CAR-T cell in relapsed CD19-positive B-ALL patients postallo-HSCT has shown promising long-term survival

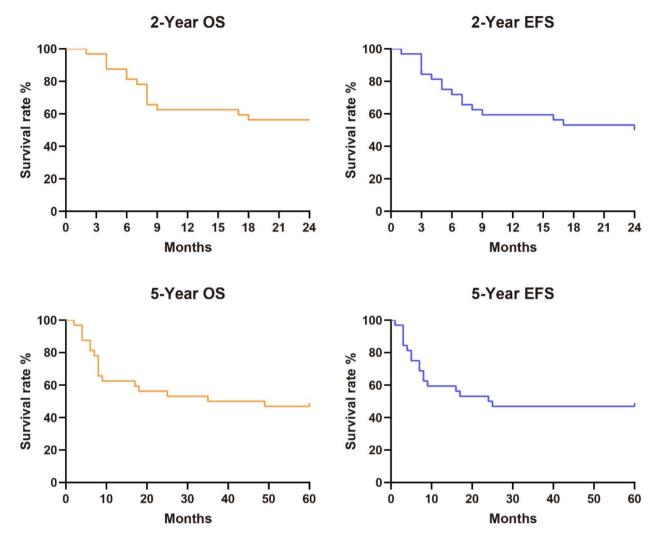


Fig. 1 Long-term survival after CD19 donor-derived CAR-T cell treatment of relapsed B-ALL patients after allogeneic hematopoietic stem cell transplant achieved complete remission without a second transplantation. (A) The 2-year OS. (B) The 2-year EFS. (C) The 5-year OS. (D) The 5-year EFS. Notes: EFS: Event-free survival, OS: Overall survival

outcomes. The study highlights the potential of donorderived CAR-T cell as a safer and more effective treatment option compared to traditional second transplantation or donor lymphocyte infusion. However, the necessity and efficacy of a second transplantation for achieving CR in relapsed patients remain uncertain and warrant further investigation through robust clinical trials.

Abbreviations

CAR-T	Chimeric antigen receptor T
B-ALL	B-cell acute lymphoblastic leukemia
Allo-HSCT	Allogeneic hematopoietic stem cell transplantation
GVHD	Graft versus host disease
CR	Complete remission
OS	Overall survival
EFS	Event-free survival
CD	Cluster of differentiation

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Author contributions

CZ and XW contributed in making the table, figure and writing the draft manuscript. HY, YW, ZY, JZ, TY, AL, ZW, YM, LG, LG PK and JL contributed in collecting clinical data. EJ and XZ designed and revised the manuscript. All authors read and approved the final manuscript.

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Data availability

No datasets were generated or analysed during the current study.

Declarations

Competing interests

The authors declare no competing interests.

Ethics approval

Studies involving human participants were reviewed and approved by the Ethics Committee of Xinqiao Hospital of Army Medical University.

Patient consent statement

All patients provided written informed consent.

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