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## Efficacy of psychostimulant drugs for amphetamine abuse or dependence (Review)

Pérez-Mañá C, Castells X, Torrens M, Capellà D, Farre M

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**TABLE OF CONTENTS**

ABSTRACT .....	1
PLAIN LANGUAGE SUMMARY .....	2
SUMMARY OF FINDINGS .....	3
BACKGROUND .....	5
OBJECTIVES .....	6
METHODS .....	6
RESULTS .....	8
Figure 1. ....	9
Figure 2. ....	10
Figure 3. ....	11
Figure 4. ....	14
Figure 5. ....	15
Figure 6. ....	16
Figure 7. ....	17
DISCUSSION .....	17
AUTHORS' CONCLUSIONS .....	19
ACKNOWLEDGEMENTS .....	19
REFERENCES .....	20
CHARACTERISTICS OF STUDIES .....	24
DATA AND ANALYSES .....	44
Analysis 1.1. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 1 Amphetamine use (UA). ..	45
Analysis 1.2. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 2 Amphetamine use (hair analysis). ....	45
Analysis 1.3. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 3 Sustained abstinence. ...	45
Analysis 1.4. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 4 Self-reported amphetamine use. ....	46
Analysis 1.5. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 5 Retention in treatment. ..	46
Analysis 1.6. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 6 Amphetamine craving. ...	47
Analysis 1.7. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 7 Dropouts due to any adverse event. ....	47
Analysis 1.8. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 8 Dropouts due to cardiovascular adverse events. ....	48
Analysis 1.9. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 9 Dropouts due to psychiatric adverse events. ....	48
Analysis 2.1. Comparison 2 Subgroup analysis: type of drug, Outcome 1 Amphetamine use (UA). ....	50
Analysis 2.2. Comparison 2 Subgroup analysis: type of drug, Outcome 2 Amphetamine use (hair analysis). ....	51
Analysis 2.3. Comparison 2 Subgroup analysis: type of drug, Outcome 3 Sustained abstinence. ....	51
Analysis 2.4. Comparison 2 Subgroup analysis: type of drug, Outcome 4 Self-reported amphetamine use. ....	52
Analysis 2.5. Comparison 2 Subgroup analysis: type of drug, Outcome 5 Retention in treatment. ....	52
Analysis 2.6. Comparison 2 Subgroup analysis: type of drug, Outcome 6 Amphetamine craving. ....	53
Analysis 2.7. Comparison 2 Subgroup analysis: type of drug, Outcome 7 Dropouts due to any adverse event. ....	54
Analysis 2.8. Comparison 2 Subgroup analysis: type of drug, Outcome 8 Dropouts due to cardiovascular adverse events. ....	54
Analysis 2.9. Comparison 2 Subgroup analysis: type of drug, Outcome 9 Dropouts due to psychiatric adverse events. ....	55
Analysis 3.1. Comparison 3 Subgroup analysis: type of dependence, Outcome 1 Amphetamine use (UA). ....	58
Analysis 3.2. Comparison 3 Subgroup analysis: type of dependence, Outcome 2 Amphetamine use (hair analysis). ....	58
Analysis 3.3. Comparison 3 Subgroup analysis: type of dependence, Outcome 3 Sustained abstinence. ....	58
Analysis 3.4. Comparison 3 Subgroup analysis: type of dependence, Outcome 4 Self-reported amphetamine use. ....	59
Analysis 3.5. Comparison 3 Subgroup analysis: type of dependence, Outcome 5 Retention in treatment. ....	59
Analysis 3.6. Comparison 3 Subgroup analysis: type of dependence, Outcome 6 Amphetamine craving. ....	60
Analysis 3.7. Comparison 3 Subgroup analysis: type of dependence, Outcome 7 Dropouts due to any adverse event. ....	60
Analysis 3.8. Comparison 3 Subgroup analysis: type of dependence, Outcome 8 Dropouts due to cardiovascular adverse events. ....	61

Analysis 3.9. Comparison 3 Subgroup analysis: type of dependence, Outcome 9 Dropouts due to psychiatric adverse events. ..	62
Analysis 4.1. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 1 Amphetamine use (UA). .....	64
Analysis 4.2. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 2 Amphetamine use (hair analysis). .....	64
Analysis 4.3. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 3 Sustained abstinence. ....	64
Analysis 4.4. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 4 Self reported amphetamine use. ....	65
Analysis 4.5. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 5 Retention in treatment. ....	65
Analysis 4.6. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 6 Amphetamine craving. ....	66
Analysis 4.7. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 7 Dropouts due to any adverse event. ....	67
Analysis 4.8. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 8 Dropouts due to cardiovascular adverse events. ....	67
Analysis 4.9. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 9 Dropouts due to psychiatric adverse events. ....	68
Analysis 5.1. Comparison 5 Subgroup analysis: data publication, Outcome 1 Amphetamine use (UA). ....	70
Analysis 5.2. Comparison 5 Subgroup analysis: data publication, Outcome 2 Amphetamine use (hair analysis). ....	70
Analysis 5.3. Comparison 5 Subgroup analysis: data publication, Outcome 3 Sustained abstinence. ....	71
Analysis 5.4. Comparison 5 Subgroup analysis: data publication, Outcome 4 Self reported amphetamine use. ....	71
Analysis 5.5. Comparison 5 Subgroup analysis: data publication, Outcome 5 Retention in treatment. ....	71
Analysis 5.6. Comparison 5 Subgroup analysis: data publication, Outcome 6 Amphetamine craving (at the end of study). ....	72
Analysis 5.7. Comparison 5 Subgroup analysis: data publication, Outcome 7 Dropouts due to any adverse event. ....	73
Analysis 5.8. Comparison 5 Subgroup analysis: data publication, Outcome 8 Dropouts due to cardiovascular adverse events. ..	73
Analysis 5.9. Comparison 5 Subgroup analysis: data publication, Outcome 9 Dropouts due to psychiatric adverse events. ....	74
Analysis 6.1. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 1 Amphetamine use (UA). ....	76
Analysis 6.2. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 2 Amphetamine use (hair analysis). ....	76
Analysis 6.3. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 3 Sustained abstinence. ....	77
Analysis 6.4. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 4 Self reported amphetamine use. ....	77
Analysis 6.5. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 5 Retention in treatment. ....	78
Analysis 6.6. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 6 Amphetamine craving. ....	78
Analysis 6.7. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 7 Dropouts due to any adverse event. ....	79
Analysis 6.8. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 8 Dropouts due to cardiovascular adverse events. ....	79
Analysis 6.9. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 9 Dropouts due to psychiatric adverse events. ....	80
Analysis 7.1. Comparison 7 Sensitivity analysis of the safety measures, Outcome 1 Dropouts due to any adverse event. ....	81
Analysis 7.2. Comparison 7 Sensitivity analysis of the safety measures, Outcome 2 Dropouts due to cardiovascular adverse events. ....	81
Analysis 7.3. Comparison 7 Sensitivity analysis of the safety measures, Outcome 3 Dropouts due to psychiatric adverse events. ....	82
Analysis 8.1. Comparison 8 Post hoc analysis, Outcome 1 Amphetamine use (UA). ....	83
Analysis 8.2. Comparison 8 Post hoc analysis, Outcome 2 Amphetamine use (hair analysis). ....	84
Analysis 8.3. Comparison 8 Post hoc analysis, Outcome 3 Sustained abstinence. ....	84
Analysis 8.4. Comparison 8 Post hoc analysis, Outcome 4 Self reported amphetamine use. ....	85
Analysis 8.5. Comparison 8 Post hoc analysis, Outcome 5 Retention in treatment. ....	85
Analysis 8.6. Comparison 8 Post hoc analysis, Outcome 6 Amphetamine craving. ....	86
Analysis 8.7. Comparison 8 Post hoc analysis, Outcome 7 Dropouts due to any adverse event. ....	86
Analysis 8.8. Comparison 8 Post hoc analysis, Outcome 8 Dropouts due to cardiovascular adverse events. ....	87

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Analysis 8.9. Comparison 8 Post hoc analysis, Outcome 9 Dropouts due to psychiatric adverse events. ....	88
ADDITIONAL TABLES .....	88
APPENDICES .....	90
CONTRIBUTIONS OF AUTHORS .....	93
DECLARATIONS OF INTEREST .....	94
SOURCES OF SUPPORT .....	94
DIFFERENCES BETWEEN PROTOCOL AND REVIEW .....	94
INDEX TERMS .....	94

[Intervention Review]

# Efficacy of psychostimulant drugs for amphetamine abuse or dependence

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## ABSTRACT

### Background

Amphetamine dependence is a public health problem with medical, psychiatric, cognitive, legal and socioeconomic consequences. To date, no pharmacological treatment has been approved for this disorder, and psychotherapy remains the mainstay of treatment. In recent years, psychostimulants have been investigated as a possible replacement therapy.

### Objectives

To evaluate the efficacy and safety of psychostimulant medications for amphetamine abuse or dependence. The influences of type of drug, type of dependence, comorbid disorders, clinical trial risk of bias and publication of data were also studied.

### Search methods

Relevant trials were searched in the following sources: PubMed (January 1966 to 6 June 2012), EMBASE (January 1988 to 6 June 2012), CENTRAL (*The Cochrane Library*, Issue 5 of 12, May 2012), PsycINFO (January 1985 to 6 June 2012) and the Specialised Register of the Cochrane Drug and Alcohol Group (June 2012). We also searched the reference lists of retrieved trials, the list of studies citing the included trials and the main electronic registers of ongoing trials (ClinicalTrials.gov, International Clinical Trials Registry Platform and EU Clinical Trials Register). Finally, we contacted investigators to request information about unpublished trials. Searches included non—English language literature.

### Selection criteria

All randomised, placebo-controlled, parallel-group clinical trials investigating the efficacy or safety of psychostimulants for amphetamine dependence or abuse conducted in an outpatient setting.

### Data collection and analysis

We used standard methodological procedures expected by The Cochrane Collaboration.

## Main results

Eleven studies were included in the review (791 participants). Studied psychostimulants included dexamphetamine, bupropion, methylphenidate and modafinil. No significant differences were found between psychostimulants and placebo for any of the studied efficacy outcomes. Overall retention in studies was low (50.4%). Psychostimulants did not reduce amphetamine use (mean difference (MD) -0.26, 95% confidence interval (CI) -0.85 to 0.33) or amphetamine craving (MD 0.07, 95% CI -0.44 to 0.59) and did not increase sustained abstinence (relative risk (RR) 1.12, 95% CI 0.84 to 1.49). The proportion of adverse events inducing dropout was similar for psychostimulants and placebo (risk difference (RD) 0.01, 95% CI -0.03 to 0.04). The main findings did not change in any subgroup analysis.

## Authors' conclusions

Results of this review do not support the use of psychostimulant medications at the tested doses as a replacement therapy for amphetamine abuse or dependence. Future research could change this conclusion, as the numbers of included studies and participants are limited and information on relevant outcomes, such as efficacy according to the severity of dependence or craving, is still missing.

## PLAIN LANGUAGE SUMMARY

### Efficacy of psychostimulant drugs for amphetamine abuse or dependence

Amphetamine dependence constitutes a public health problem with many consequences and complications. Amphetamine abuse refers to a maladaptive and hazardous pattern of use considered to be less severe than dependence. To date, no pharmacological treatment has been approved for amphetamine abuse or dependence, and psychotherapy remains the best treatment option.

Long-term amphetamine use reduces dopamine levels in the brain. Drugs increasing dopamine and mimicking the effects of amphetamines with lower abuse liability could be used as replacement therapy in amphetamine dependence. Several psychostimulants have been studied recently for this purpose.

In this review, the efficacy and safety of psychostimulants for amphetamine abuse or dependence were studied. We found eleven studies enrolling 791 amphetamine-dependent participants and assessing the effects of four different psychostimulants: dexamphetamine, bupropion, methylphenidate and modafinil. Psychosocial interventions were additionally provided to all participants. The studies were conducted in the USA, Australia or Northern Europe, and study length ranged from 8 to 20 weeks.

Psychostimulants did not reduce amphetamine use or amphetamine craving and also did not increase sustained abstinence in comparison with placebo. Retention in treatment was similar and low with both treatments. Psychostimulants also did not increase the risk of adverse events that were intense enough to induce dropouts.

Research with larger and longer trials is needed to determine whether psychostimulants can be a useful replacement therapy for patients with amphetamine abuse or dependence. The design of future trials should consider the level of dependence at study entry, the potency and the dose of the psychostimulant administered, the length of the trial and the representativeness of included participants.

## SUMMARY OF FINDINGS

### Summary of findings for the main comparison. Psychostimulants for amphetamine abuse or dependence

#### Psychostimulants for amphetamine abuse or dependence

**Patient or population:** Amphetamine abuse or dependence

**Settings:** Outpatients

**Intervention:** Psychostimulants

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Control	Psychostimulants				
<b>Amphetamine use (UA)</b> Negative urinalyses across the study Follow-up: 8-12 weeks	The mean of the proportion of amphetamine-negative UA ranged in the control groups from 0.56 to 33.1	The mean of the proportion of amphetamine-negative UA ranged in the intervention groups from 0.33 to 36.85		473 (7 studies)	⊕⊕⊕⊕ <b>very low</b> 1,2,3,4,5	<b>MD -0.26</b>  (-0.85 to 0.33)
<b>Sustained abstinence</b> Negative urinalyses for at least 3 consecutive weeks Follow-up: mean 8-12 weeks	<b>Study population</b>		<b>RR 1.12</b> (0.84 to 1.49)	559 (6 studies)	⊕⊕⊕⊕ <b>very low</b> 1,2,3,4,5	
	<b>220 per 1000</b>	<b>247 per 1000</b> (185 to 328)				
	<b>Moderate</b>					
	<b>285 per 1000</b>	<b>319 per 1000</b> (239 to 425)				
<b>Retention to treatment</b> Number of participants who competed treatment Follow-up: 8-20 weeks	<b>Study population</b>		<b>RR 1.01</b> (0.9 to 1.14)	791 (11 studies)	⊕⊕⊕⊕ <b>low</b> 2,3,4,5,6	
	<b>489 per 1000</b>	<b>494 per 1000</b> (440 to 557)				
	<b>Moderate</b>					
	<b>378 per 1000</b>	<b>382 per 1000</b> (340 to 431)				

\*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio.

---

GRADE Working Group grades of evidence:

**High quality:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.

---

<sup>1</sup>The outcome is not influenced by lack of blinding, but high attrition in trials has been noted.

<sup>2</sup>No statistical heterogeneity was found.

<sup>3</sup>The studied intervention includes different types of psychostimulants and different doses.

<sup>4</sup>95% CI is wide, and the intervention effect over this outcome can range from no benefit to small effect.

<sup>5</sup>Funnel plot not suggested publication bias. Statistical power is low in using tests to detect publication bias for this comparison in this review.

<sup>6</sup>This comparison includes studies with treatment length ranging from 8 to 20 weeks.



## BACKGROUND

### Description of the condition

Globally, amphetamines rank as the second most used illicit drug after cannabis, followed by cocaine and opiates. Methamphetamine and amphetamine are the most widely consumed synthetic stimulants ([WHO Technical Briefs 2011](#)). The United Nations Office on Drugs and Crime estimated in 2010 a prevalence of 0.3 to 1.2 per cent, or between 14 million and 52.5 million global users of amphetamines (excluding ecstasy). On the other hand, the number of ecstasy-group users is smaller and ranged in 2010 between 10.5 million and 28 million people worldwide (0.2% to 0.6% of all adults aged 15 to 64) ([UNODC 2012](#)).

Amphetamine dependence is a consequence of long-term amphetamine use and is considered a major global health problem. Smoked or injected amphetamines more commonly lead to dependence than does the oral form.

Amphetamine abuse refers to a maladaptive and hazardous pattern of use considered to be less severe than dependence. Amphetamine dependence occurs when an individual uses one or more of the amphetamine substances in a maladaptive way, resulting in at least three of the following symptoms: a need for increased quantities of amphetamines to achieve the desired subjective effect (tolerance); the presence of withdrawal symptoms such as depression, fatigue, insomnia or hypersomnia, increased appetite or agitation; use of amphetamines in larger amounts or for longer duration; a persistent, unsuccessful attempt to control use of the substance; increased amount of time spent using or obtaining amphetamines; giving up important activities in deference to the use of amphetamines; and continued amphetamine use despite related physical, emotional, occupational, legal or relational difficulties ([DSM IV TR](#)).

Dopamine dysfunction has been postulated as the main neurobiological mechanism involved in amphetamine dependence. Although amphetamine use is associated with an increase in dopamine in the nucleus accumbens, in response to long-term amphetamine use a hypo-dopaminergic state has been observed ([Chang 2007](#); [Shearer 2008](#)). Otherwise, cessation and appearance of withdrawal symptoms can be explained by functional dopamine hypoactivity in the striatum ([Koob 2009](#); [Rossetti 1992](#)).

The presence of other comorbidities in amphetamine-dependent patients is not an exception. Amphetamine dependence is associated with depressive, anxiety and psychotic disorders ([Salo 2011](#)), with attention deficit hyperactivity disorder (ADHD) ([Wilens 2004](#)) and with antisocial personality disorder ([Glasner-Edwards 2010](#)). The high rate of comorbidities is expected to increase the difficulty of managing these patients ([Glasner-Edwards 2009](#)). In addition, amphetamine misuse has been associated with sexual risk behaviours and increased risk of human immunodeficiency virus (HIV) ([Colfax 2010](#)).

### Description of the intervention

Amphetamine-type stimulants (ATSs) are a group of drugs comprising synthetic stimulants such as the amphetamine-group substances (like amphetamine and methamphetamine) and the ecstasy-group substances (like 3,4-

methylenedioxymethamphetamine, also called MDMA). In this review, the word "amphetamines" stands for all them.

Amphetamines increase synaptic dopamine (DA), norepinephrine (NE) and serotonin (5-HT) concentrations by inhibiting the presynaptic membrane transporters (DAT, NET and SERT, respectively). Also they can reverse the action of the transporters facilitating neurotransmitter efflux into the synaptic cleft and can displace newly synthesised neurotransmitters from the vesicle stores. Finally, they inhibit monoamine oxidase, the enzyme responsible for the metabolism of the neurotransmitters ([Howell 2008](#); [Robinson 1985](#); [Zahniser 2009](#)). These drugs have in common that they excite the central nervous system (CNS) and speed up body functions. Amphetamines induce euphoria, increase alertness, decrease appetite and fatigue, increase heart rate, blood pressure and breathing rate, constrict blood vessels, dilate pupils and release glucose and lipids into the bloodstream. These substances can be taken orally, snorted, smoked or injected intravenously, and their effects may appear in 30 to 40 minutes and last for 4 to 8 hours.

Methamphetamine is typically characterised as a more potent psychostimulant than non-methylated amphetamine. At comparable doses, higher levels get into the brain because it is more lipophilic ([NIDA 2006](#)). Nevertheless, published data support both drugs as having a similar profile of effects and equivalent abuse potential ([Kirkpatrick 2012 b](#)). Short- and long-term effects of methamphetamine are similar to those produced by cocaine (another potent psychostimulant), but the effects of methamphetamine last longer and can be stronger ([Newton 2005](#)).

No typical profile of an amphetamine user is known, and amphetamines are used for different purposes. Amphetamines can be used by students or drivers to stay awake, by athletes to enhance performance and at parties or clubs (club drugs) to increase sociability ([WHO Technical Briefs 2011](#)).

This review will be focused on the use of psychostimulant drugs as a substitution therapy for amphetamine abuse or dependence. By definition, medications used as maintenance therapy should have similar properties (mechanism of action, behavioural effects) to the abused drug, but with less addictive potential. The objective is to avoid illicit parenteral drug use by providing orally administered legal compounds. The rationale for use of psychostimulants to treat amphetamine dependence is based on previous successful results of replacement therapy for nicotine ([Eisenberg 2008](#)) or opiate dependence ([Amato 2005](#)).

To replace amphetamines for patients with amphetamine abuse or dependence, two different strategies should be considered: first, the use of milder psychostimulants with lower abuse potential, like caffeine, bupropion or modafinil; second, the use of sustained-release formulations of classical psychostimulants like methylphenidate or dexamphetamine. Such formulations allow once- or twice-daily dosing and therefore improve compliance ([Herin 2010](#)). Immediate-release formulations of potent psychostimulants, a priori, are a less desirable option because of their potential for abuse.

### How the intervention might work

Psychostimulants may substitute the use of amphetamines by reducing amphetamine withdrawal ([McGregor 2008](#)) and craving

(Newton 2006), thereby leading to abstinence. Additionally, the use of psychostimulant drugs simultaneously with amphetamines can reduce the euphoriant and reinforcing effects of amphetamines (De la Garza 2010), which also could promote reduction of amphetamine use. Finally, long-term increases in DA in the nucleus accumbens achieved by other psychostimulants different from the abused drug could improve the established dopaminergic dysfunction in amphetamine-dependent patients (Xi 2008).

Previous preclinical and human laboratory studies have shown promising results for psychostimulants (amphetamine substitution, attenuation of amphetamine reinforcing and subjective effects and reduction of amphetamine self-administration). Those results encouraged the performance of several clinical studies with these drugs, most of them carried out in recent years. Several experts on the topic have suggested that doses of psychostimulants used to replace amphetamines in dependent patients should be higher than those used to treat other disorders such as ADHD, obesity or narcolepsy. A possible explanation for this fact could be that chronic stimulant abuse decreases sensitivity to those medications. Additionally, the severity of the dependence may explain the different utility of particular psychostimulants in specific subgroups of patients. Strong psychostimulants may be appropriate for severely dependent patients, while mild psychostimulants could be useful for patients with a less severe disorder (Herin 2010).

### Why it is important to do this review

To date, no pharmacological treatment has been approved for amphetamine abuse or dependence, although different kinds of drugs have been tested (Chen 2010; Karila 2010; Srisurapanont 2001). On the other hand, psychosocial interventions have shown modest results (Knapp 2007; Lee 2008; Shearer 2007), suggesting the need for a medication that could enhance their effectiveness.

Two previous Cochrane reviews (Shoptaw 2009; Srisurapanont 2001) have investigated participants with amphetamine-related disorders—one including all different medications studied to that moment for amphetamine dependence (mainly antidepressants), and the other focused on treatment for amphetamine withdrawal symptoms, with both reviews highlighting the need for continued research in this area.

Indirect dopamine agonists used to treat psychostimulant abuse or dependence showed promising results in a recent systematic review, but conclusions were based mainly on cocaine-dependent participants because the evidence for amphetamine abuse or dependence was limited (Pérez-Mañá 2011).

## OBJECTIVES

To evaluate the efficacy and safety of psychostimulant medications for amphetamine abuse or dependence. The influences of type of drug, type of dependence, comorbid disorders, clinical trial risk of bias and publication of data were also studied.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

All randomised, placebo-controlled, parallel-group clinical trials investigating the efficacy or safety of psychostimulants for amphetamine dependence or abuse conducted in an outpatient setting.

#### Types of participants

Participants with amphetamine abuse or dependence, according to the criteria of the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV TR* or previous versions). Patients with additional comorbidities were also included (and were studied later in subgroup analyses).

#### Types of interventions

##### Experimental intervention

- Any psychostimulant medication alone or in combination with psychosocial interventions. Psychostimulants were any drugs with acute CNS stimulant effects defined as increased CNS activity resulting in fatigue relief, increased locomotor activity and anorexia in healthy participants (Boutrel 2004; King 2005; Kosman 1968). The criteria adopted to classify drugs as psychostimulants were the same as those used in two previous reviews on cocaine dependence. Drugs included had at least one published study showing psychostimulant effects (Castells 2007; Castells 2010). We did not limit the review to those drugs with CNS-stimulating effects that directly target DA neurotransmission; at that time, xanthines were also included. The list of psychostimulants used for the search included classical (strong) psychostimulants, like amphetamine or methylphenidate, and mild psychostimulants, like bupropion, modafinil or caffeine.

Amphetamine withdrawal may last for up to 4 weeks; therefore we decided to exclude studies that lasted less than 4 weeks.

##### Control intervention

- Placebo alone or in combination with psychosocial interventions.

#### Types of outcome measures

##### Primary outcomes

- Efficacy primary outcomes.
  - Amphetamine use (definition 1). Mean (standard deviation (SD)) negative urinalyses (UA) across the study.
  - Amphetamine use (definition 2). Amphetamine concentration in hair analysis.
  - Sustained amphetamine abstinence. Number of participants who achieved sustained amphetamine abstinence.

##### Secondary outcomes

- Efficacy secondary outcomes.
  - Self-reported amphetamine use. The mean (SD) of days of amphetamine use across the study.

- Retention in treatment. Number of participants who completed the treatment.
- Amphetamine craving. Assessed by validated scales such as a visual analog scale (VAS) or the Brief Substance Craving Scale (BSCS) (Drobes 1999; Somoza 1995). The mean (SD) craving score at study end.
- Depressive symptoms severity. Assessed by validated scales such as Hamilton Depression Rating Scale (HDRS or HAM-D) (Hamilton 1960). The mean (SD) depression score at study end.
- Anxiety symptoms severity. Assessed by validated scales such as Hamilton Anxiety Scale (HAM-A) (Hamilton 1959). The mean (SD) anxiety score at study end.
- Overall functioning. Assessed by validated scales such as Clinical Global Impression (CGI) rating scales (Guy 1976). The mean (SD) global impression scale score at study end.
- Safety secondary outcomes.
  - Number of participants who dropped out because of any adverse event (AE).
  - Number of participants who dropped out because of cardiovascular adverse events.
  - Number of participants who dropped out because of psychiatric adverse events.

## Search methods for identification of studies

### Electronic searches

Relevant trials were obtained from the following sources.

- PubMed (January 1966 to 6 June 2012).
- EMBASE (January 1988 to 6 June 2012).
- CENTRAL (*The Cochrane Library*, Issue 5 of 12, May 2012).
- PsycINFO (January 1985 to 6 June 2012).
- Cochrane Drug and Alcohol Group Specialised Register (June 2012).

Databases were searched using a strategy developed by incorporating the filter for identification of RCTs (Higgins 2011) combined with selected MeSH terms and free text terms related to amphetamine dependence. The PubMed search strategy was used with the other databases by inserting appropriate controlled vocabulary as applicable. Access was always performed through Ovid SP.

The search strategy used in the different databases is shown in [Appendix 1](#); [Appendix 2](#); [Appendix 3](#); [Appendix 4](#); and [Appendix 5](#).

We searched for ongoing clinical trials and unpublished studies via Internet searches on the following Websites.

- <http://apps.who.int/trialsearch/>
- <http://clinicaltrials.gov/>
- <https://www.clinicaltrialsregister.eu/>

### Searching other resources

- The reference lists of retrieved studies and relevant review articles were inspected to identify additional studies.
- For each included study, a citation search was performed in ISI Web of Knowledge to identify any later studies that may have cited it.

- Investigators were contacted through requests for information about unpublished trials.

All searches included non English language literature, and studies with English language abstracts were assessed for inclusion.

## Data collection and analysis

### Selection of studies

One review author (CP-M) inspected the search titles and abstracts. The full text of each potentially relevant article to be included in the review was requested, and two review authors assessed the studies independently for inclusion (CP-M, XC). Doubts were discussed with all review authors if no agreement could be reached between the two assessors.

### Data extraction and management

From full papers, concrete information was extracted by two review authors (CP-M, XC), who used a piloted data extraction sheet. Any disagreement was resolved by consensus and, if necessary, was discussed by all review authors. Study authors were contacted by e-mail with requests for missing information on at least two different occasions.

### Assessment of risk of bias in included studies

Two review authors assessed the risk of bias independently (CP-M, XC), and if no agreement could be reached between them, doubts were discussed by all review authors.

The risk of bias assessment for RCTs in this review was performed using the criteria recommended by the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). The recommended approach for assessing risk of bias in studies included in a Cochrane review involves use of a two-part tool to address specific domains, namely, sequence generation (selection bias), allocation concealment (selection bias), blinding of participants and providers (performance bias), blinding of outcome assessor (detection bias), incomplete outcome data (attrition bias), selective outcome reporting (reporting bias) and other sources of bias. The first part of the tool involves describing what was reported to have happened in the study. The second part of the tool involves assigning a judgement related to the risk of bias for that entry, in terms of low, high or unclear risk. To make these judgements, we used the criteria indicated by the *Cochrane Handbook for Systematic Reviews of Interventions* as adapted for the field of addiction. See [Appendix 6](#) for details.

The domains of sequence generation, allocation concealment (avoidance of selection bias), and other sources of bias were addressed by the tool by a single entry for each study.

Blinding of participants, personnel and outcome assessor (avoidance of performance bias and detection bias) was considered separately for objective outcomes (e.g. dropout, use of substance of abuse as measured by urinalysis) and subjective outcomes (e.g. participant self-reported use of substance and side effects).

Incomplete outcome data (avoidance of attrition bias) were considered for all outcomes except dropout from treatment, which very often is the primary outcome measure in trials on addiction.

## Measures of treatment effect

We used Review Manager 5.2 (RevMan) to perform the statistical analysis. We calculated mean difference (MD) using Hedges' method for continuous outcomes and risk ratio (RR) for dichotomous ones. The risk difference (RD) was preferred over RR for outcomes such as dropouts due to any/cardiovascular/psychiatric adverse events if several studies were found to have 0 events for both psychostimulant and placebo groups, to avoid overestimation of treatment effect. Individual study weights were calculated as the inverse of the variance.

Uncertainty of all measures was expressed by means of their 95% confidence intervals (CI).

## Unit of analysis issues

In studies with multiple and correlated interventions (e.g. studies with one control group and multiple experimental ones), the experimental groups were combined into a single group and were included in the meta-analysis as a single pair-wise comparison. This approach was used, for instance, when one study compared two different doses of a single psychostimulant drug against placebo. In this situation, both active intervention arms were combined, and only one comparison psychostimulant versus placebo was included in the meta-analysis. For dichotomous outcomes, both the sample sizes and the numbers of people with events were summed across groups. For continuous outcomes, means and standard deviations were combined using the statistical formulae available in the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011).

## Dealing with missing data

The intention-to-treat (ITT) sample size was used as the denominator for categorical variables such as retention or sustained amphetamine abstinence.

For continuous data, the sample size introduced in RevMan was the sample size used in each article to calculate that mean and SD. In cases of missing SDs, we used other information to determine them, such as confidence intervals, standard errors, *t*-values, *P*-values or *F*-values as reported. If available information was insufficient, the SD was imputed from those available in other studies of the review (Higgins 2011).

## Assessment of heterogeneity

Heterogeneity was analysed by means of the  $I^2$  statistic and the  $\text{Chi}^2$  test for heterogeneity. The cut points were  $I^2 > 50\%$  and *P* of the  $\text{Chi}^2$  test  $< 0.1$ .

## Assessment of reporting biases

Funnel plots (plots of the effect estimate from each study against the standard error) were used to assess the potential for bias related to the size of the trials, which could indicate possible

publication bias. If asymmetry was found, the Egger test (Egger 1997) was conducted.

## Data synthesis

The outcomes of the individual trials were combined through meta-analysis where possible (comparability of interventions and outcomes between trials) with the use of a random-effects model, as some variability was expected in the studies included.

## Subgroup analysis and investigation of heterogeneity

The following subgroup analyses were carried out. The pooled effect and between-study heterogeneity were calculated within each subgroup.

- Type of studied psychostimulant: dextroamphetamine, modafinil, bupropion, etc.
- Type of amphetamine dependence: amphetamine, methamphetamine, MDMA, etc.
- Study length. The influence of study length was planned to be studied by means of bivariate random-effects meta-regression using the restricted maximum likelihood method if at least 10 studies were available (or by stratification in two groups according to the median study length). As most of the studies lasted 12 weeks, this subgroup analysis was not performed.
- Comorbidities as inclusion criteria (ADHD, opioid dependence, alcohol dependence, etc).
- Published versus unpublished data.
- Risk of bias of included studies, assessed by means of the Cochrane risk of bias instrument: high risk versus intermediate or low risk of bias in the domain Incomplete Outcome Data. (High-risk studies were expected according to this domain, as attrition is high in drug dependence trials.)

## Sensitivity analysis

For safety outcomes, when studies with 0 events were identified and RD was used in the main analysis, a sensitivity analysis was carried out using the RR instead of the RD. Effects measured by the RR can be easily interpreted, although bias due to exclusion of studies with 0 events in this case cannot be ruled out.

## RESULTS

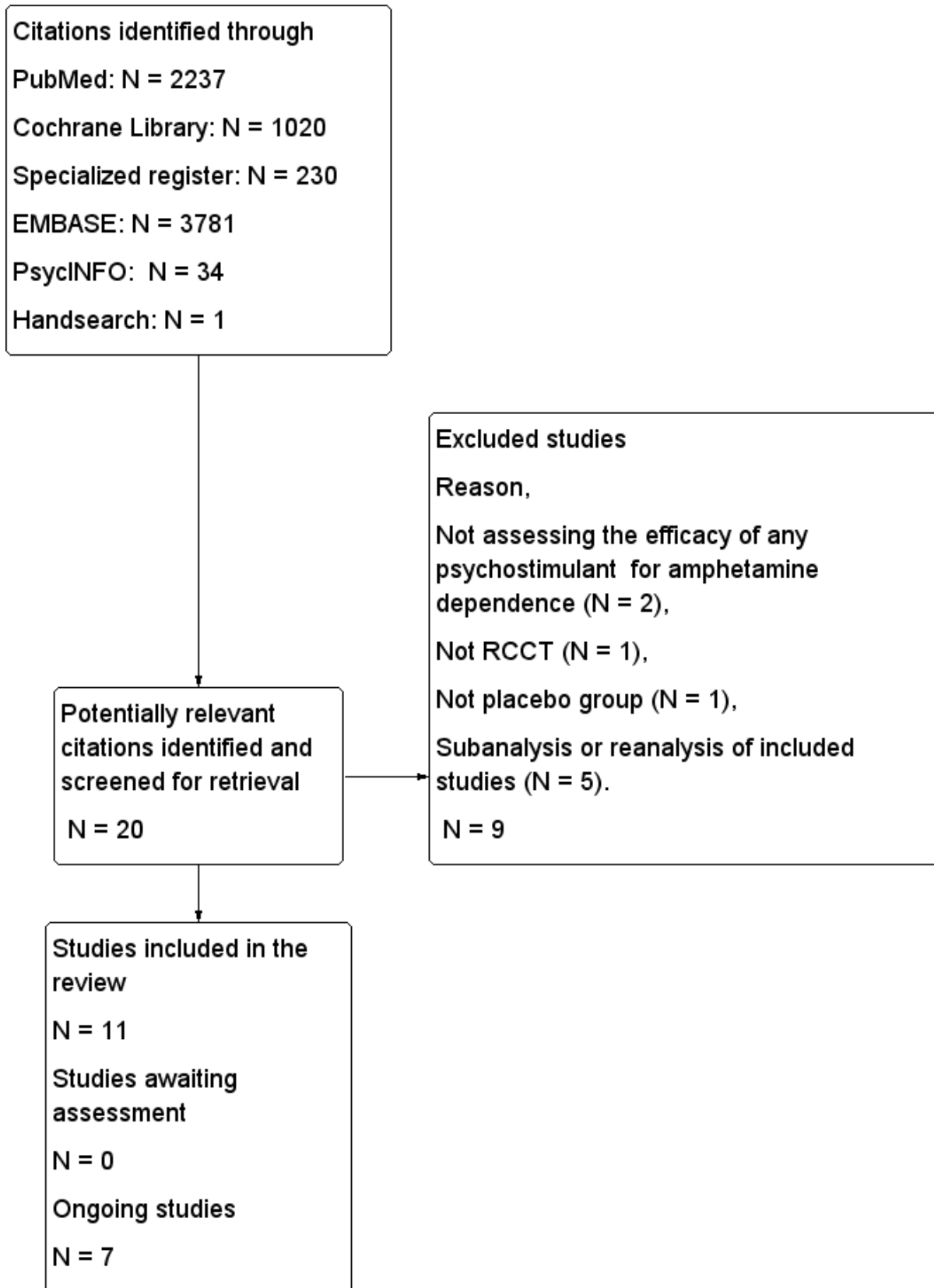
### Description of studies

See [Characteristics of included studies](#); [Characteristics of excluded studies](#); and [Characteristics of ongoing studies](#).

### Results of the search

Despite all the reports obtained from the different databases, most were excluded after review authors read the title or the title and abstract. Twenty were retrieved in full text for more detailed evaluation. Of those 20, 9 studies were excluded and 11 met the inclusion criteria of this review. Seven studies are ongoing. See flow diagram in [Figure 1](#).

**Figure 1. Flow diagram for selection of studies.**



**Included studies**

Eleven studies were included in the review. Studies were conducted by university researchers with only one exception (Galloway 2011), and pharmaceutical industry helped to fund three of them (Heinzerling 2010; Konstenius 2010; Shearer 2009).

**Participants**

A total of 791 participants were enrolled. Almost two-thirds (64.9%) were male and had a mean age of 35.9 years. Nine studies (Anderson 2012; Das 2009; Elkashef 2008 a; Galloway 2011; Heinzerling 2010; Longo 2010; Mancino 2011; Shearer 2009; Shoptaw 2008) enrolled methamphetamine-dependent participants, and two enrolled amphetamine-dependent participants (Konstenius 2010; Tiihonen 2007). Duration of use ranged from 7 to 15.9 years, and 59% of participants used the drug intrapulmonarily (ip). Comorbid ADHD was rather prevalent amongst participants enrolled because this condition was an inclusion criterion in one study (Konstenius 2010). Conversely, other non-nicotine dependencies were infrequent, probably because patients with these comorbid disorders were excluded. Indeed, only two studies enrolled opioid-dependent participants (Das 2009: 1 participant; Shearer 2009: 10 participants), and one included alcohol-dependent participants (Anderson 2012: 7 participants). Participants did not have psychotic disorders, and only one study included participants with major depression (Anderson 2012: 15 participants).

A detailed description of the baseline characteristics of participants included in these studies can be found in Table 1.

**Interventions and settings**

Four psychostimulants have been investigated for the treatment of amphetamine dependence, namely, modafinil, bupropion, dexamphetamine and methylphenidate. The most frequently studied psychostimulant was modafinil (4 studies: Anderson 2012; Heinzerling 2010; Mancino 2011; Shearer 2009) followed by bupropion (3 studies: Das 2009; Elkashef 2008 a; Shoptaw

2008). Both dexamphetamine (Galloway 2011; Longo 2010) and methylphenidate (Konstenius 2010; Tiihonen 2007) were studied in two trials.

Psychosocial interventions were provided in all studies, in addition to the study intervention. Cognitive-behavioural therapy (CBT) was provided in five studies. CBT was the only psychological intervention provided in one study, but it was administered together with contingency management (CM) in three studies and with counselling and motivational enhancement therapy in the other two. The remaining seven studies provided one of the following psychotherapies: counselling, individual motivational psychotherapy, individual skills training program, unstructured psychosocial treatment, cognitive-behavioural intervention or unspecified psychotherapy. Five studies were single site and five multiple site, and in one of them, the number of centres implied was not specified. More than half of the studies (seven studies) were conducted in the USA, two studies were conducted in Australia (Longo 2010; Shearer 2009), one in Sweden (Konstenius 2010) and one in Finland (Tiihonen 2007). Study length ranged from 8 to 20 weeks, and most (seven) studies lasted for 12 weeks.

All studies were conducted in an outpatient setting, as this was an inclusion criterion of the review.

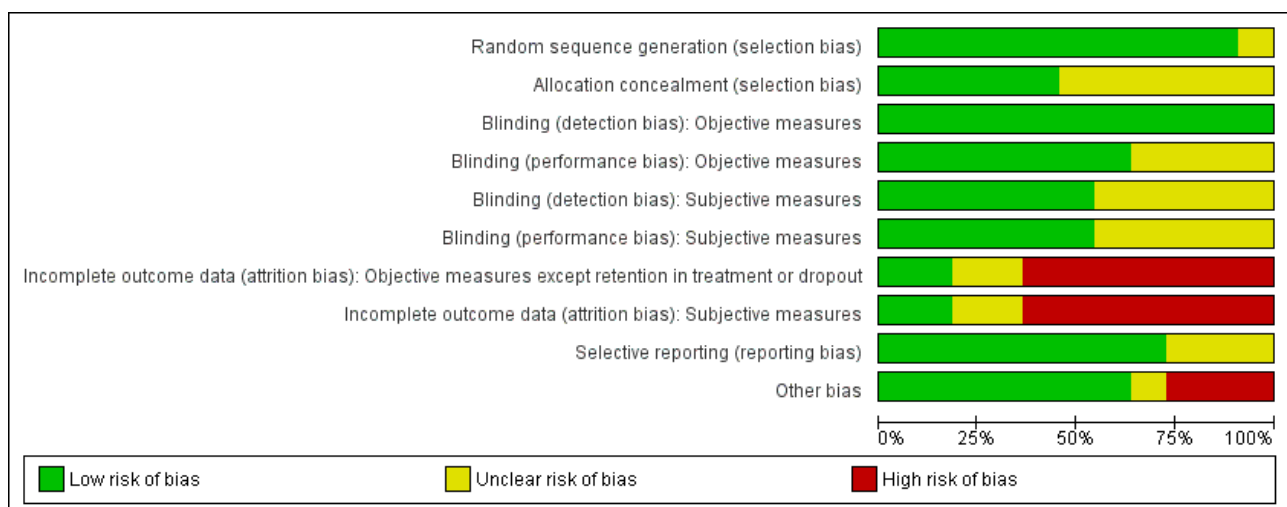
**Excluded studies**

Nine studies were excluded from the review (see Characteristics of excluded studies and Figure 1). Five were re-analyses or sub-analyses of included studies (55.6%). In two, the intervention studied was not a psychostimulant to treat amphetamine dependence. Finally, one study was not a randomised controlled clinical trial (RCCT), and another did not include a placebo group.

**Risk of bias in included studies**

A detailed description of the risk of bias for each study can be found in the corresponding risk of bias tables (Characteristics of included studies). This information is summarised in Figure 2 and Figure 3.

**Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.**



**Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding (detection bias): Objective measures	Blinding (performance bias): Objective measures	Blinding (detection bias): Subjective measures	Blinding (performance bias): Subjective measures	Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout	Incomplete outcome data (attrition bias): Subjective measures	Selective reporting (reporting bias)	Other bias
Anderson 2012	+	+	+	+	+	+	-	-	+	+
Das 2009	+	+	+	+	+	+	+	+	+	?
Elkashaf 2008 a	+	?	+	+	+	+	?	?	?	-
Galloway 2011	+	?	+	?	?	?	+	+	+	+
Heinzerling 2010	+	?	+	+	+	+	-	-	+	+
Konstenius 2010	+	+	+	?	?	?	?	?	+	+
Longo 2010	+	+	+	?	?	?	-	-	?	+
Mancino 2011	+	?	+	+	?	?	-	-	+	-
Shearer 2009	+	+	+	+	+	+	-	-	+	+
Shoptaw 2008	?	?	+	+	+	+	-	-	?	+
Tiihonen 2007	+	?	+	?	?	?	-	-	+	-

**Sequence generation**

All studies were RCTs with parallel design. The method used to generate a random sequence was well described or was obtained through contact with authors in all but one study (Shoptaw 2008).

### Allocation

Concealment of allocation was unclear in half of the studies (Elkashef 2008 a; Galloway 2011; Heinzerling 2010; Mancino 2011; Shoptaw 2008; Tiihonen 2007).

### Blinding

Classical psychostimulants such as dexamphetamine or methylphenidate have powerful behavioural effects that may jeopardise blinding when these drugs are compared with placebo (Martin 1971; Makris 2007), leading to the possibility of both performance and detection bias. Performance bias arises from systematic differences between groups in the care provided. This type of bias can affect any study endpoint. For this reason, all outcomes assessed in this review in studies using those drugs were judged to have an unclear risk of performance bias. Blinding failure can also cause detection bias, which consists of systematic differences between groups in the way study endpoints are measured. Objective outcomes were considered free of detection bias because assessment of these outcomes was considered not to be influenced by blinding failure. In studies with dexamphetamine and methylphenidate, the possibility that blinding failure could affect the assessment of subjective outcomes could not be ruled out; consequently, detection bias was rated "unclear" for subjective outcomes. In studies with bupropion and modafinil (mild psychostimulants), no differences between conditions (intervention and placebo) were reported when participants were asked to guess the medication they received (Das 2009; Shearer 2009). Therefore, we considered that blinding could be maintained in studies testing those medications.

### Incomplete outcome data

To address attrition bias, we collected for each study discontinuation rate, reasons for dropout with each treatment and statistical methods used for data imputation. The treatment discontinuation rate was low (< 20%) in only two studies (Das 2009; Galloway 2011), both of which were considered to have low attrition bias. For the remaining studies, the discontinuation rate was moderate (> 20% to 50%) or high (> 50%), and attrition bias was deemed "unclear" or "high" after the other factors mentioned above were considered.

### Selective reporting

The clinical trial protocol was available for most studies. Information about the design and about outcomes assessed (relevant protocol information) between the trial protocol and the article was identical in most of these studies; therefore, the risk of reporting bias was deemed to be low in all of them. However, in two cases, outcomes in the registered protocol were not the same as in the published report; therefore, the risk of selective reporting bias was considered to be unclear (Elkashef 2008 a; Shoptaw 2008). Another study had an unclear risk because the protocol was not available (Longo 2010).

### Other potential sources of bias

Seven studies were free of other sources of bias. In one study, the risk of bias was deemed unclear because annual income

was different between groups and participants were paid for participation (Das 2009). In one study, ADHD was not balanced between groups (Elkashef 2008 a), another study terminated because of lack of funding (Mancino 2011) and one was an interim analysis of a longer trial with age baseline differences (Tiihonen 2007). For these reasons, the last three were considered to have high risk of bias.

### Effects of interventions

See: [Summary of findings for the main comparison Psychostimulants for amphetamine abuse or dependence](#)

#### Efficacy primary outcomes

##### Amphetamine use assessed by the mean (SD) of the proportion of amphetamine-free UA across the study per participant

(01) Any psychostimulant vs placebo

Seven studies (Anderson 2012; Das 2009; Galloway 2011; Heinzerling 2010; Konstenius 2010; Mancino 2011; Shoptaw 2008), 473 participants: MD -0.26 (95% CI -0.85 to 0.33); this result was not statistically significant, see [Analysis 1.1](#)

##### Amphetamine use assessed by the mean (SD) concentration of amphetamine in hair analysis at the end of the study

(01) Any psychostimulant vs placebo

Only one study (Longo 2010), 22 participants, assessed amphetamine use in hair: MD 0.53, 95% CI -6.02 to 7.08, the result was not statistically significant, see [Analysis 1.2](#)

##### Sustained amphetamine abstinence. Number of participants who achieved at least 3 weeks of sustained abstinence

(01) Any psychostimulant vs placebo

Six studies (Anderson 2012; Das 2009; Elkashef 2008 a; Heinzerling 2010; Konstenius 2010; Shoptaw 2008), 559 participants: RR 1.12 (95% CI 0.84 to 1.49); this result was not statistically significant, see [Analysis 1.3](#)

#### Efficacy secondary outcomes

##### Self-reported amphetamine use assessed by the mean (SD) of days of amphetamine use across the study

(01) Any psychostimulant vs placebo

Three studies (Konstenius 2010; Longo 2010; Shearer 2009), 133 participants: MD -0.81 (95% CI -6.16 to 4.54); this result was not statistically significant. High heterogeneity was found ( $I^2 = 55%$ ); see [Analysis 1.4](#)

##### Retention in treatment. Number of participants who completed treatment

(01) Any psychostimulant vs placebo

This outcome was available from all eleven studies (791 participants): RR 1.01 (95% CI 0.90 to 1.14), the result was not statistically significant; see [Analysis 1.5](#)

### Craving



### (01) Any psychostimulant vs placebo

Two studies ([Heinzerling 2010](#); [Shoptaw 2008](#)), 144 participants: SMD 0.07 (95% CI -0.44 to 0.59), the result was not statistically significant. High heterogeneity was found ( $I^2 = 59%$ ); see [Analysis 1.6](#)

#### Safety secondary outcomes

##### Dropouts due to any adverse event

### (01) Any psychostimulant vs placebo

Ten studies ([Anderson 2012](#); [Das 2009](#); [Galloway 2011](#); [Heinzerling 2010](#); [Konstenius 2010](#); [Longo 2010](#); [Mancino 2011](#); [Shearer 2009](#); [Shoptaw 2008](#); [Tiihonen 2007](#)), 640 participants: RD 0.01 (95% CI -0.03 to 0.04); this result was not statistically significant; see [Analysis 1.7](#)

##### Dropouts due to cardiovascular adverse events

### (01) Any psychostimulant vs placebo

Eight studies ([Das 2009](#); [Heinzerling 2010](#); [Konstenius 2010](#); [Longo 2010](#); [Mancino 2011](#); [Shearer 2009](#); [Shoptaw 2008](#); [Tiihonen 2007](#)), 3700 participants: RD 0.01 (95% CI -0.03 to 0.04); this result was not statistically significant, see [Analysis 1.8](#)

##### Dropouts due to psychiatric adverse events

### (01) Any psychostimulant vs placebo

Seven studies ([Das 2009](#); [Heinzerling 2010](#); [Konstenius 2010](#); [Longo 2010](#); [Mancino 2011](#); [Shoptaw 2008](#); [Tiihonen 2007](#)), 290 participants: RD -0.02 (95% CI -0.06 to 0.02); this result was not statistically significant; see [Analysis 1.9](#)

#### Subgroup analyses

Subgroup analyses are reported only for the main outcome of the review, "Amphetamine use (UA)", although this outcome did not show heterogeneity. Only two primary outcomes had statistical heterogeneity ("self-reported use" and "craving"), but they involved only three and two studies, respectively, limiting the utility of a further analysis of the influence of moderating variables. Still, subgroup analyses of all outcomes were performed, all of which showed no differences between subgroups, for further details see [Analysis 2.2](#); [Analysis 2.3](#); [Analysis 2.4](#); [Analysis 2.5](#); [Analysis 2.6](#); [Analysis 2.7](#); [Analysis 2.8](#); [Analysis 2.9](#); [Analysis 3.2](#); [Analysis 3.3](#); [Analysis 3.4](#); [Analysis 3.5](#); [Analysis 3.6](#); [Analysis 3.7](#); [Analysis 3.8](#); [Analysis 3.9](#); [Analysis 4.2](#); [Analysis 4.3](#); [Analysis 4.4](#); [Analysis 4.5](#); [Analysis 4.6](#); [Analysis 4.7](#); [Analysis 4.8](#); [Analysis 4.9](#); [Analysis 5.2](#); [Analysis 5.3](#); [Analysis 5.4](#); [Analysis 5.5](#); [Analysis 5.6](#); [Analysis 5.7](#); [Analysis 5.8](#); [Analysis 5.9](#); [Analysis 6.2](#); [Analysis 6.3](#); [Analysis 6.4](#); [Analysis 6.5](#); [Analysis 6.6](#); [Analysis 6.7](#); [Analysis 6.8](#); [Analysis 6.9](#)

#### Amphetamine use assessed by the mean (SD) of the proportion of amphetamine-free UA across the study per participant

### (2) Subgroup analysis: type of drug

Bupropion vs placebo, two studies ([Das 2009](#); [Shoptaw 2008](#)), 103 participants: MD -1.52 (95% CI -4.20 to 1.17); this result was not statistically significant

Dexamphetamine vs placebo, one study ([Galloway 2011](#)), 60 participants: MD -0.30 (95% CI -2.66 to 2.06); this result was not statistically significant.

Methylphenidate vs placebo, one study ([Konstenius 2010](#)), 24 participants: MD 1.50 (95% CI -4.24 to 7.24); this result was not statistically significant.

Modafinil vs placebo, three studies ([Anderson 2012](#); [Heinzerling 2010](#); [Mancino 2011](#)), 286 participants: MD -0.21 (95% CI -0.84 to 0.42); this result was not statistically significant.

For all see [Analysis 2.1](#)

### (3) Subgroup analysis: type of dependence

Amphetamine dependence: psychostimulants vs placebo, one study ([Konstenius 2010](#)), 24 participants: MD 1.50 (95% CI -4.24 to 7.24); this result was not statistically significant.

Methamphetamine dependence: psychostimulants vs placebo, six studies ([Anderson 2012](#); [Das 2009](#); [Galloway 2011](#); [Heinzerling 2010](#); [Mancino 2011](#); [Shoptaw 2008](#)), 449 participants: MD -0.28 (95% CI -0.87 to 0.31); this result was not statistically significant. No heterogeneity was found.

For both see [Analysis 3.1](#)

### (4) Subgroup analysis: comorbid ADHD as inclusion criterion

ADHD: psychostimulants vs placebo, one study ([Konstenius 2010](#)), 24 participants: MD 1.50 (95% CI -4.24 to 7.24); this result was not statistically significant.

No ADHD: psychostimulants vs placebo, six studies ([Anderson 2012](#); [Das 2009](#); [Galloway 2011](#); [Heinzerling 2010](#); [Mancino 2011](#); [Shoptaw 2008](#)), 449 participants: MD -0.28 (95% CI -0.87 to 0.31); this result was not statistically significant. No heterogeneity was found.

For both see [Analysis 4.1](#)

### (5) Subgroup analysis: data publication

Published data: psychostimulants vs placebo, three studies ([Galloway 2011](#); [Mancino 2011](#); [Shoptaw 2008](#)), 138 participants: MD 0.22 (95% CI -0.83 to 0.39); this result was not statistically significant.

Unpublished data: psychostimulants vs placebo, four studies ([Anderson 2012](#); [Das 2009](#); [Heinzerling 2010](#); [Konstenius 2010](#)), 335 participants: MD -0.86 (95% CI -3.21 to 1.50); this result was not statistically significant.

For both see [Analysis 5.1](#)

### (6) Subgroup analysis: clinical trial reporting quality (incomplete outcome data)

Low or intermediate risk of bias: psychostimulants vs placebo, three studies ([Das 2009](#); [Galloway 2011](#); [Konstenius 2010](#)), 114 participants: MD -0.79 (95% CI -2.55 to 0.98); this result was not statistically significant.

High risk of bias: psychostimulants vs placebo, one study ([Mancino 2011](#)), 5 participants: MD -0.19, 95% CI -0.82 to 0.43; this result was not statistically significant.

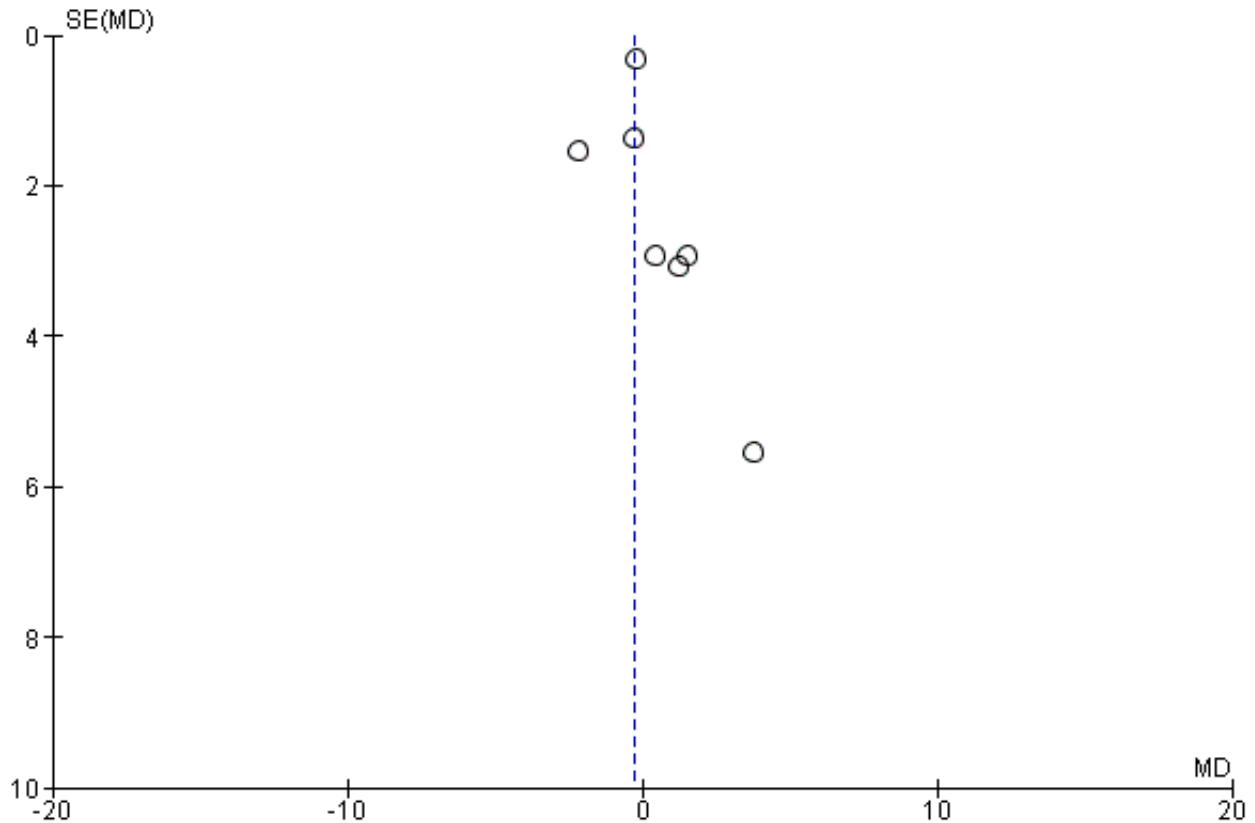
For both see [Analysis 6.1](#)

We planned to determine the influence of study length over treatment outcomes. Nevertheless, we could not finally run this analysis because between-study variability of this co-variable was not large enough. Indeed, most studies (7 out of 11) had the same study length (12 weeks).

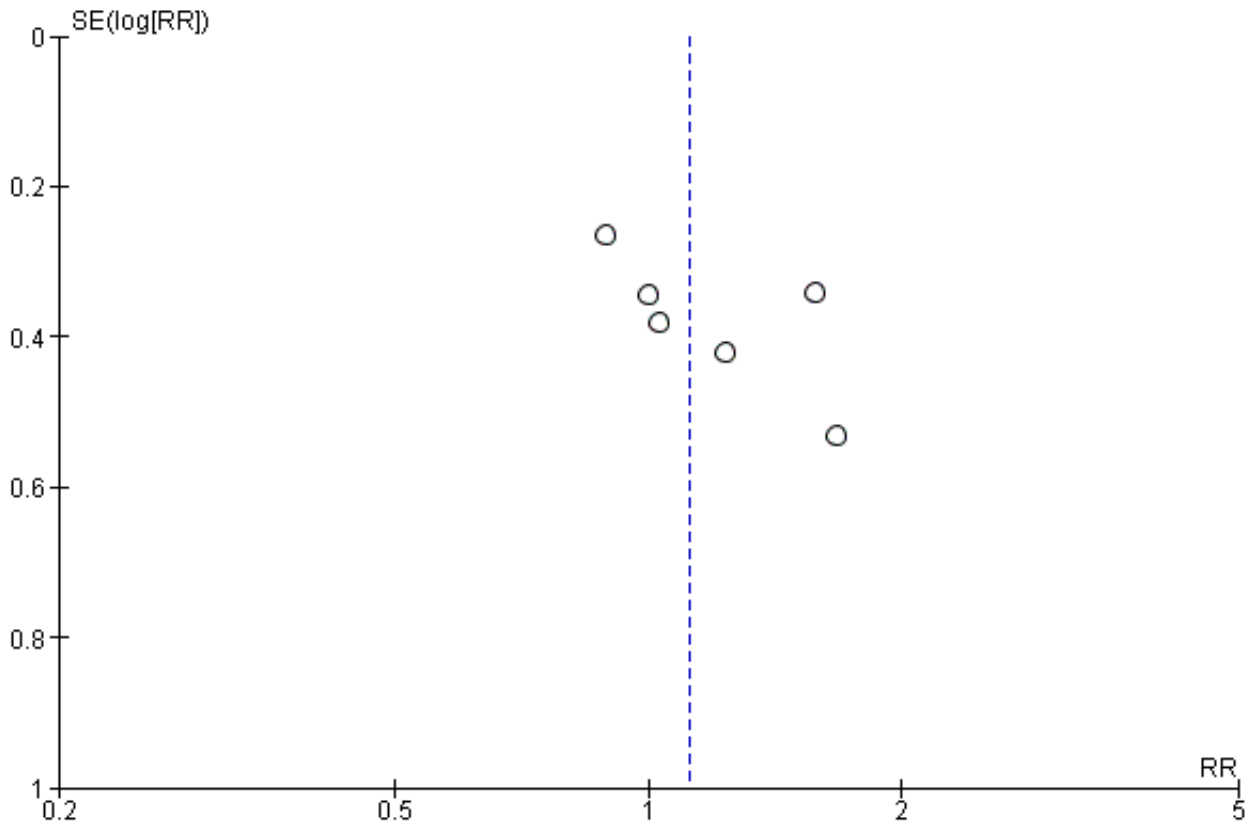
**Reporting bias analyses**

Funnel plots of the efficacy primary outcomes were drawn ([Figure 4](#); [Figure 5](#)), with the exception of amphetamine use as assessed in hair (only one study assessed that). A funnel plot was also performed for one of the most relevant outcomes of this kind of study: "retention in treatment" ([Figure 6](#)). None showed asymmetry suggestive of reporting bias.

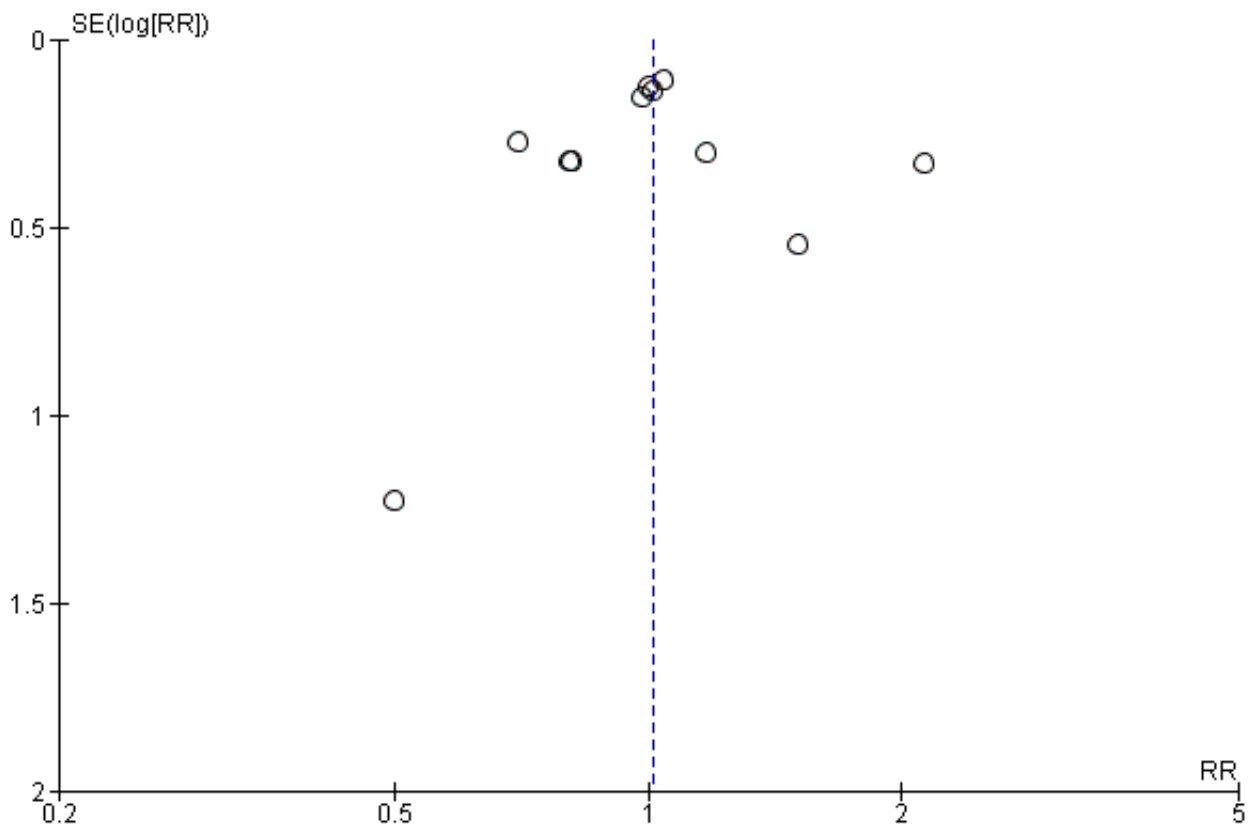
**Figure 4. Funnel plot of comparison: 1 Psychostimulants vs placebo for amphetamine dependence, outcome: 1.1 Amphetamine use (UA).**



**Figure 5. Funnel plot of comparison: 1 Psychostimulants vs placebo for amphetamine dependence, outcome: 1.3 Sustained abstinence.**



**Figure 6. Funnel plot of comparison: 1 Psychostimulants vs placebo for amphetamine dependence, outcome: 1.5 Retention in treatment.**



Reporting bias could also arise as the result of selective outcome reporting. To explore this, a subgroup analysis was performed while taking into account whether or not data were published (or obtained from authors), and, as mentioned previously, the effect of the intervention was similar in both subgroups.

**Sensitivity analyses**

The sensitivity analysis of the outcome "dropouts due to any adverse event" was conducted while excluding three studies with 0 events from the primary analysis (Das 2009; Mancino 2011; Tiihonen 2007). Therefore, seven studies were included (Anderson 2012; Galloway 2011; Heinzerling 2010; Konstenius 2010; Longo 2010; Shearer 2009; Shoptaw 2008), 567 participants: RR 1.18 (95% CI 0.63 to 2.20); this result was not statistically significant, see Analysis 7.1

The sensitivity analysis of the outcome "dropouts due to cardiovascular adverse events" was conducted while excluding five studies with 0 events from the primary analysis (Das 2009; Konstenius 2010; Mancino 2011; Shearer 2009; Tiihonen 2007). Therefore, three studies were included (Heinzerling 2010; Longo 2010; Shoptaw 2008), 193 participants: RR 1.50 (95% CI 0.30 to 7.58); this result was not statistically significant, see Analysis 7.2

The sensitivity analysis of the outcome "dropouts due to psychiatric adverse events" was conducted while excluding three studies with 0 events from the primary analysis (Das 2009; Mancino 2011; Tiihonen 2007). Therefore, four studies were included

(Heinzerling 2010; Konstenius 2010; Longo 2010; Shoptaw 2008), 217 participants: RR 0.62 (95% CI 0.13 to 2.99); this result was not statistically significant, see Analysis 7.3

**Post hoc analysis**

Two studies (Konstenius 2010; Mancino 2011) had a relapse prevention approach, and the remaining studies had a maintenance treatment approach. In Mancino 2011, participants completed 2 weeks of residential phase treatment to achieve initial abstinence before the outpatient phase. In Konstenius 2010, participants were required to stay abstinent 2 weeks before inclusion.

A post hoc analysis was performed by splitting the available trials into two subgroups: maintenance versus relapse prevention treatment. No differences were found between psychostimulants and placebo in any of both subgroups for any outcome, as in the primary analysis. We present only data for the outcome "Amphetamine use (UA)".

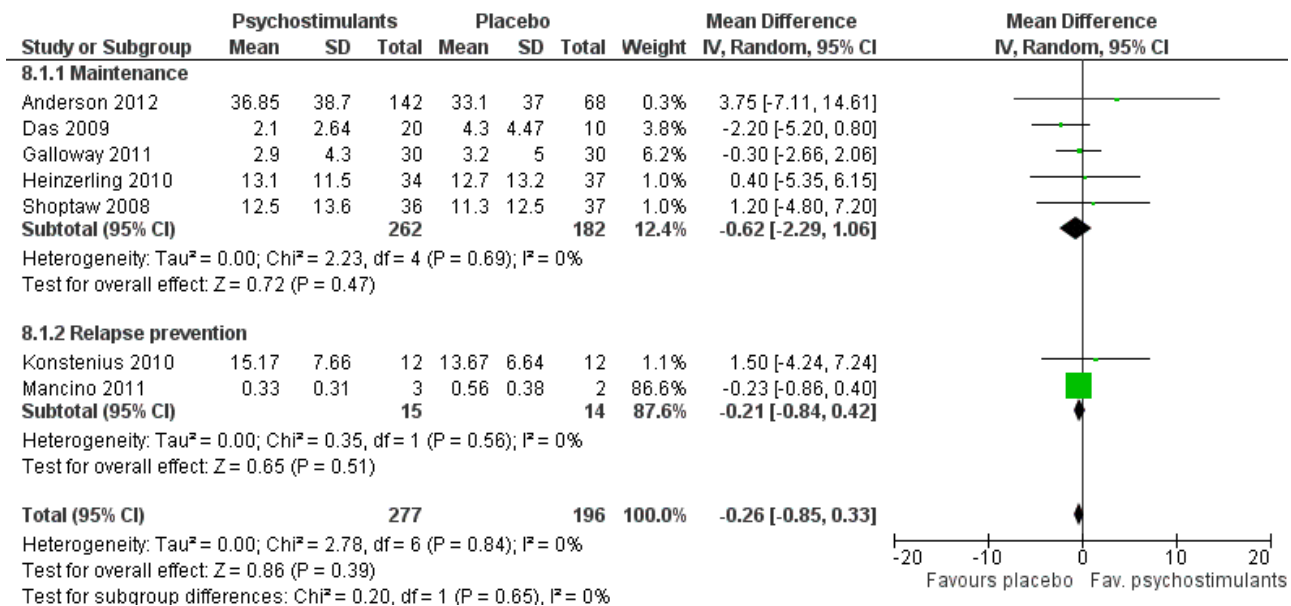
Subcategory 01: maintenance: psychostimulants vs placebo, five studies (Anderson 2012; Das 2009; Galloway 2011; Heinzerling 2010; Shoptaw 2008), 444 participants: MD -0.62 (95% CI -2.29 to 1.06); this result was not statistically significant,

Subcategory 02: relapse prevention: psychostimulants vs placebo, two studies (Konstenius 2010; Mancino 2011), 29 participants: -

MD 0.21, 95% CI -0.84 to 0.42); this result was not statistically significant.

For both see see [Analysis 8.1 Figure 7](#);

**Figure 7. Forest plot of comparison: 8 Post hoc analysis, outcome: 8.1 Amphetamine use (UA).**



**DISCUSSION**

**Summary of main results**

During recent years, several psychostimulants have been tested to treat amphetamine dependence. The objective of this systematic review was to summarise available evidence of the use of psychostimulants in amphetamine abusers or dependents. It was found that psychostimulant maintenance for amphetamine dependence has been infrequently studied, as shown by the fact that only 11 clinical trials (791 participants) investigating four drugs with psychostimulant effect have been carried out. Neither psychostimulants as a group nor any single drug was found to reduce amphetamine use (by means of UA), attain sustained amphetamine abstinence or improve treatment retention. Only two studies individually showed a favourable result for one outcome (Longo 2010: retention improved with dexamphetamine; Shearer 2009: self-reported use improved with modafinil). Data for anxiety symptoms, depressive symptoms and overall functioning could not be meta-analysed because they were not reported in a way that allowed aggregation.

Regarding safety, no statistically significant differences between psychostimulants and placebo were found in the dropout rate due to AEs. This finding suggests that psychostimulants are well tolerated by amphetamine-dependent patients. It must be noted that this safety outcome is rather unspecific because it provides no information on the type of AE that causes treatment discontinuation. However, the way AEs are usually reported in clinical trials shows large between-study heterogeneity, precluding the possibility of pooling together the results of specific types of AEs from different studies. Furthermore, mild and transient side effects that do not cause participants to discontinue treatment are not included in this safety outcome; therefore, our review cannot rule out the possibility that the rate of this type of AE is different between psychostimulants and placebo. It is

interesting to note that no cases of study medication abuse were reported in the included trials; this is one of the main concerns when psychostimulants are used to treat amphetamine-dependent patients.

A series of subgroup analyses was performed and showed that results were consistent across all of them. No differences in efficacy, safety and retention were found between psychostimulants and placebo on any of these analyses. Grouping the included RCCTs into different categories in the subgroup analysis did not result in any difference in the main analysis, probably because no heterogeneity to be explained was previously found. It should be taken into account that in the subgroup analysis performed, we studied the effects of the intervention within the planned subgroups, but we did not compare the effects of the intervention between the different subgroups because this was not the aim of this systematic review.

With the available data at this moment, it seems that although it is effective in treating nicotine and opiate dependence, replacement therapy does not seem to be useful for treating amphetamine dependence. This finding contrasts with those of psychostimulant maintenance for cocaine dependence, for which hopeful results were found on cocaine abstinence, particularly in methadone-maintained dual opioid-cocaine – dependent participants (Castells 2010). The fact that these participants were receiving methadone enabled that study retention was high. Conversely, the retention rate in most studies included in the present review was relatively low; therefore, treatment compliance was also low, and so it was not possible to demonstrate the therapeutic effect of the studied intervention.

It should be kept in mind that the results of this meta-analysis have been obtained with only a few studies with small sample sizes, undertaken to test psychostimulants with different stimulant potencies (strong psychostimulants like dexamphetamine and

methylphenidate and mild psychostimulants like bupropion and modafinil) and restricted ranges of doses.

### Overall completeness and applicability of evidence

The external validity of the review is limited by the inclusion/exclusion criteria of the studies. Studies were conducted in the USA, Australia or Northern Europe. Generalisation of the results to other countries should be made with caution because social, cultural and health system differences can actively affect the overall treatment outcome. Furthermore, most studies included participants dependent upon methamphetamine because amphetamine dependence is rather infrequent. In all studies, participants were dependent on amphetamine-type stimulants (amphetamine or methamphetamine), and no abusers were included. It is likely that the results obtained for methamphetamine-dependent participants can be extrapolated to amphetamine-dependent participants because, as was mentioned previously, these drugs have similar physiological and behavioural effects (Martin 1971).

Regarding MDMA, some important differences arise when it is compared with methamphetamine. MDMA has higher SERT selectivity, but methamphetamine acts mainly in the catecholamine transporters: NET and DAT (Baumann 2012). In physiological and behavioural terms, MDMA displays similarities to methamphetamine (Kirkpatrick 2012 a), but the dependence syndrome for ecstasy may not be of the same nature as for the other amphetamine-type stimulants (Degenhardt 2010). Therefore, in our opinion, the results of this review should not be extrapolated to ecstasy-dependent patients.

Finally, it must be noted that the representativeness of participants included in this systematic review is relatively low, fundamentally because patients with comorbid psychiatric disorders (major depression, psychotic disorders, other drug dependences) were usually excluded from the included trials, but comorbidities were frequent amongst amphetamine-dependent clinical samples (Glasner-Edwards 2010; Salo 2011). In fact, in only one study, other dependencies or psychiatric comorbidities were an inclusion criterion (ADHD: Konstenius 2010). It must be acknowledged that it is unlikely that psychostimulants could be efficacious in treating dual-dependent patients when they have not proved so in selected samples.

### Quality of the evidence

To grade the quality of evidence, a summary of findings table was prepared using the GRADE methodology.

Evidence was classified as very low for the outcomes "amphetamine use (UA)" and "sustained abstinence". Evidence was downgraded in both cases because of risk of bias (mainly for high attrition), imprecision of results obtained and indirectness. The imprecision and therefore the wide 95% CI calculated are consequences of the limited number of included studies and the small sample size in all of them. Furthermore, no included trial reported adequate allocation concealment, so it is unclear whether foreknowledge of the forthcoming allocations was prevented. Finally, attrition was high in most of the studies, and so was the possibility of bias due to incomplete outcome data (high risk or unclear in all but two studies). In our opinion, the high attrition in the included studies further reduces confidence in the

results obtained for amphetamine use. We consider that reasons for missing data in addiction trials are likely to be related to true outcome. Indirectness arises from the fact that we pooled together the results of studies that investigated different drugs and doses. To our knowledge, no study has yet investigated the pharmacodynamic equivalence between psychostimulants; therefore the presence of a dose-response relationship could not be investigated. Classifying evidence as very low denotes that we are highly uncertain about the estimate calculated. Therefore, the publication of any new study could change substantially the results and conclusions of this review.

Evidence was classified as low for "retention in treatment". In this case, evidence was downgraded only as the result of indirectness and inconsistency because no risk of bias due to high attrition was associated with this outcome. Rating the evidence as low indicates that our confidence in the results of our review in terms of this outcome is poor. Thus, future research is likely to change the pooled estimate as calculated.

### Potential biases in the review process

Reporting bias can jeopardise the validity of any meta-analysis. We have tried to limit the influence of reporting bias by screening several data sets and requesting unpublished results from the contact authors. Indeed in this review, a considerable quantity of unpublished data was included after authors of the studies had been contacted (data from 10 of 11 studies). We have also carried out funnel plots for the outcomes "amphetamine use (UA)", "sustained abstinence" and "retention in treatment", and they do not suggest publication bias. Nevertheless, it must be noted that the number of studies included in this review was low, and so it was the sensitivity of the funnel plot that was used to identify the possibility of publication bias.

A subgroup analysis was conducted that took into account whether or not the data used were published. When published and unpublished data were compared, no differences were found, providing additional support for the lack of publication bias.

The fact that all studies were funded by public institutions may explain why studies with negative findings were published.

### Agreements and disagreements with other studies or reviews

Several narrative reviews, including those on psychostimulant medications, are available (Brackins 2011; Elkashef 2008 b; Herin 2010; Karila 2010; Moeller 2008; Shearer 2008), but only one previous systematic review and meta-analysis has been identified (Pérez-Mañá 2011). This previous study assessed the efficacy of indirect dopamine agonists (some of them psychostimulants) in comparison with placebo for cocaine or amphetamine dependence. It showed favourable results only in cocaine-dependent participants. In that moment, only four studies conducted in amphetamine-dependent participants were available (all of them are included in this review). Performing the search three years later has led to the retrieval of seven additional studies. Although the statistical power of this review is greater than in the previous one (Pérez-Mañá 2011) (11 studies vs 4 studies and 791 participants vs 357 participants), similar conclusions have been reached: Evidence in randomised clinical trials still

does not support the use of psychostimulants for amphetamine dependence.

## AUTHORS' CONCLUSIONS

### Implications for practice

Overall, the results of this systematic review do not support the use of psychostimulants to treat amphetamine abuse or dependence. No drug at the tested doses has shown to be efficacious for the treatment of amphetamine dependence.

### Implications for research

Future research should try to include outcomes more predictive of long-term abstinence, such as "end of treatment abstinence" or "sustained abstinence" instead of "overall abstinence across the study" (McCann 2012). It should be mentioned that the outcome sustained abstinence was a preplanned endpoint in only one of the studies included in this review (Shoptaw 2008).

Subgroup analysis of two included studies with bupropion (Elkashef 2008 a; Shoptaw 2008) has shown favourable results in participants with light to moderate consumption of amphetamines before screening or at baseline. The degree of amphetamine consumption at the beginning of the trial (Dean 2009) and the achievement of early abstinence (Brensilver 2012) are good predictors of future response. The potency of the psychostimulant drug is another important factor to consider. It seems reasonable to test stronger psychostimulants in severely addicted participants, while mild psychostimulants could be reserved for those with

lower rates of consumption. It could also be argued that the doses of psychostimulants used in these trials are not high enough to replace the effects of the abused drug in this kind of population (Herin 2010).

It could be desirable to carry out studies with longer follow-up, as it has been suggested that 12-week clinical trials are not long enough to assess treatment efficacy in chronic conditions like addiction (Whinchell 2012). These studies may also provide necessary data about long-term safety.

Finally, the efficacy of psychostimulants in methadone-maintained dual heroin-amphetamine—dependent patients should be investigated because psychostimulant maintenance has shown promising results in dual cocaine-heroin—dependent participants (Castells 2010). To our knowledge, no study has yet investigated this intervention in dual heroin-amphetamine—dependent participants.

In summary, future research should consider carefully the level of dependence at study entry, the potency and dose of the psychostimulant administered, the length of the trial and the representativeness of included participants.

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## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### Anderson 2012

Methods	<p>Double-blind, randomised, placebo-controlled clinical trial</p> <p>Statistical analysis: modified ITT</p>
Participants	<p>n = 210 methamphetamine-dependent outpatients (DSM-IV), 20 with ADHD, 7 alcohol dependents</p> <p>Mean age: 39 years</p> <p>Gender: 124 men</p> <p>Race: African-American: 10, Caucasian: 148, Other: 52</p> <p>Employed: not reported (NR)</p> <p>History: &lt; 18 days of methamphetamine use during last month: 84, &gt; 18 days of methamphetamine use during last month: 126, lifetime methamphetamine use: NR</p> <p>Route of methamphetamine use: NR</p>
Interventions	<p>Three parallel groups:</p> <ol style="list-style-type: none"> <li>1. Modafinil 200 mg qd (fixed posology), N = 72</li> <li>2. Modafinil 400 mg qd (fixed posology), N = 70</li> <li>2. Placebo, N = 68</li> </ol> <p>+ CBT (36 sessions) + HIV counselling + motivational enhancement therapy (1 session)</p> <p>Duration: 12 weeks</p> <p>Multiple site (USA)</p>
Outcomes	<p>Amphetamine use assessed with three-times-weekly UA</p> <p>Sustained abstinence (defined as at least 3 weeks of continuous abstinence)</p> <p>Retention in treatment</p> <p>Craving</p> <p>Depressive symptoms assessed by means of HAM-D</p> <p>Overall functioning assessed by means of CGI</p> <p>Dropouts due to adverse events</p>
Notes	<p>Author's affiliation: university and other public institutions</p> <p>Funding: public</p> <p>Assessment of compliance: self-report, pill count, modafinil and metabolite in urine</p>

#### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Adaptive urn randomisation used

**Anderson 2012** (Continued)

Allocation concealment (selection bias)	Low risk	Central allocation. Using telephone. Pharmacy controlled
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance. Blinding can be achieved when the study medication with mild behavioural effects (modafinil) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition in all study groups (globally 53%). Missing outcome data balanced in numbers across intervention groups. Reasons for dropping out not reported. Analysis performed without imputation methods
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition in all study groups (globally 53%). Missing outcome data balanced in numbers across intervention groups. Reasons for dropping out not reported. Analysis performed without imputation methods
Selective reporting (reporting bias)	Low risk	The study protocol is available and the study report includes all outcomes
Other bias	Low risk	The study appears to be free of other sources of bias

**Das 2009**

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT
Participants	n = 30 methamphetamine-dependent outpatients (SCID) who have sex with men. 1 opioid dependent  Mean age: 36.5 years  Gender: 30 men  Race: African-American: 3, Caucasian: 16, Other: 11  Employed: 10  History: days of methamphetamine use during last month: NR, lifetime methamphetamine use: NR  Route of methamphetamine use: 26 ip, 14 in, 15 iv, 7 oral, 7 rectal
Interventions	Two parallel groups:  1. Bupropion XL 300 mg qd. (fixed posology), N = 20  2. Placebo, N = 10

**Das 2009** (Continued)

+ Counseling (12 sessions)

Duration: 12 weeks

Single site (USA)

Outcomes	Amphetamine use assessed with one-time-weekly UA Sustained abstinence (defined as at least 3 weeks of continuous abstinence) Retention in treatment Depressive symptoms assessed by means of Center for Epidemiologic Studies Depression Rating Scale (CES-D) Dropouts due to adverse events
Notes	Author's affiliation: university and other public institutions Funding: public Assessment of compliance: MEMS caps and self-report

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"Randomization code"
Allocation concealment (selection bias)	Low risk	Pharmacy staff and biostatistician who prepared allocation did not have contact with study participants
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcomes assessed by means of objective measures are unlikely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance. Blinding can be achieved when the study medication with mild behavioural effects (bupropion) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	Low risk	Very low attrition in both study groups. Missing outcome data balanced in numbers across intervention groups. Missing data have been imputed using appropriate methods (worst case scenario)
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	Low risk	Very low attrition in both study groups. Missing outcome data balanced in numbers across intervention groups. Data analysed with and without imputation methods
Selective reporting (reporting bias)	Low risk	The study protocol is available, and the study report includes all outcomes

**Das 2009** (Continued)

Other bias	Unclear risk	Different numbers of partners. Different annual income between groups, and participants are paid for participation
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**Elkashef 2008 a**

Methods	Double-blind, randomised, placebo-controlled clinical trial Statistical analysis: nearly ITT
Participants	n = 151 methamphetamine-dependent outpatients (DSM-IV). 20 with ADHD Mean age: 36 years Gender: 101 men Race: African-American: 4, Caucasian: 112, Other: 35 Employed: NR History: days of methamphetamine use during last month: NR, lifetime methamphetamine use: 10.2 years Route of methamphetamine use: 98 ip, 25 in, 28 iv, 0 oral, 0 rectal
Interventions	Two parallel groups: 1. Bupropion 300 mg tid. (fixed posology), N = 79 2. Placebo, N = 72 + CBT (1 session per week) + CM + groupal CBT (3 sessions per week) Duration: 12 weeks Multiple site (USA)
Outcomes	Amphetamine use assessed with one-time-weekly UA Sustained abstinence (defined as at least 3 weeks of continuous abstinence) Self-reported amphetamine use Retention in treatment Craving assessed by means of BSCS Depressive symptoms assessed by means of HAM-D Addiction Severity Index
Notes	Author's affiliation: university and other public institutions Funding: public Assessment of compliance: weekly tablet count

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Elkashef 2008 a** (Continued)

Random sequence generation (selection bias)	Low risk	Adaptive urn randomisation was used to balance groups
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance, and blinding can be achieved when the study medication with mild behavioural effects (bupropion) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	Unclear risk	Moderate attrition in both study groups (globally 48%). Missing outcome data balanced in numbers across intervention groups but reasons not reported. Missing data have not been imputed
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	Unclear risk	Moderate attrition in both study groups (globally 48%). Missing outcome data balanced in numbers across intervention groups but reasons not reported. Missing data have not been imputed
Selective reporting (reporting bias)	Unclear risk	Some reported outcomes are not included in Clinicaltrials.gov
Other bias	High risk	ADHD was not balanced between groups (8% bupropion vs 19% placebo)

**Galloway 2011**

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT
Participants	n = 60 methamphetamine-dependent outpatients (DSM-IV-TR), 9 with ADHD  Mean age: 37.3 years  Gender: 34 men  Race: African-American: NR, Caucasian: 41, Other: NR  Employed: NR  History: days of methamphetamine use during past month: 17.1, lifetime methamphetamine use: NR  Route of methamphetamine use: 44 ip as primary route
Interventions	Two parallel groups:



**Galloway 2011** (Continued)

1. Dexamphetamine 60 mg qd (fixed posology), N = 30

2. Placebo, N = 30

+ individual motivational psychotherapy (9 sessions)

Duration: 8 weeks

Single site (USA)

Outcomes	Amphetamine use assessed with two-times-weekly UA Self-reported amphetamine use Retention in treatment Craving Dropouts due to adverse events
Notes	Author's affiliation: public but not university Funding: public Assessment of compliance: unused capsules count

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	An urn randomisation method was used
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement. Method of concealment is not described
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken; this could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Blinding (detection bias): Subjective measures Subjective measures	Unclear risk	Study medication and matched placebo have identical appearance, but it is unclear that blinding can be achieved when the study medication with powerful behavioural effects (dexamphetamine) is compared with placebo
Blinding (performance bias): Subjective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken; this could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	Low risk	Low attrition in both study groups (globally 15%). Missing outcome data balanced in numbers across intervention groups, similar reasons for missing data across groups. No imputation methods used
Incomplete outcome data (attrition bias): Subjective measures	Low risk	Low attrition in both study groups (globally 15%). Missing outcome data balanced in numbers across intervention groups, similar reasons for missing data across groups. No imputation methods used

**Galloway 2011** (Continued)

## Subjective measures

Selective reporting (reporting bias)	Low risk	More outcomes present in Clinicaltrials.gov than in the published report. But typical outcomes for those studies are reported
Other bias	Low risk	The study appears to be free of other sources of bias

**Heinzerling 2010**

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT
Participants	n = 71 methamphetamine-dependent outpatients (DSM-IV-TR)  Mean age: 38.4 years  Gender: 50 men  Race: African-American: 4, Caucasian: 36, Other: 29  Employed: 54  History: days of methamphetamine use during past month: 9.3 days, lifetime methamphetamine use: 14.5 years  Route of methamphetamine use: 49 ip, 17 in, 4 iv, 1 oral
Interventions	Two parallel groups:  1. Modafinil 400 mg qd (fixed posology), N = 34  2. Placebo, N = 37  + CBT + CM (12 sessions)  Duration: 12 weeks  Multiple site (USA)
Outcomes	Amphetamine use assessed with three-times-weekly UA  Sustained abstinence (defined as at least 3 weeks of continuous abstinence)  Retention in treatment  Depressive symptoms assessed by means of BDI-II  Craving  Dropouts due to adverse events
Notes	Author's affiliation: university  Co-funding: public and private  Assessment of compliance: pill count and self-report

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Heinzerling 2010** (Continued)

Random sequence generation (selection bias)	Low risk	An urn randomisation procedure used
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance, and blinding can be achieved when the study medication with mild behavioural effects (modafinil) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition in both study groups (globally 62%). Missing outcome data balanced in numbers across intervention groups. Reasons for missing data partially described. No imputation methods used
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition in both study groups (globally 62%). Missing outcome data balanced in numbers across intervention groups. Reasons for missing data partially described. No imputation methods used
Selective reporting (reporting bias)	Low risk	More outcomes present in Clinicaltrials.gov than in the published report. But typical outcomes for those studies are reported
Other bias	Low risk	The study appears to be free of other sources of bias

**Konstenius 2010**

Methods	Double-blind, randomised, placebo-controlled clinical trial. Relapse prevention trial  Statistical analysis: ITT
Participants	n = 24 amphetamine-dependent outpatients (DSM-IV) with ADHD, abstinent for a minimum of 2 weeks  Mean age: 37.4 years  Gender: 18 men  Race: African-American: NR, Caucasian: NR, Other: NR  Employed: 5  History: days of methamphetamine use during past month: NR, lifetime methamphetamine use: 13.9 years  Route of methamphetamine use: NR
Interventions	Two parallel groups:

**Efficacy of psychostimulant drugs for amphetamine abuse or dependence (Review)**

**Konstenius 2010** (Continued)

1. Methylphenidate 18 to 72 mg qd (flexible posology), N = 12

2. Placebo, N = 12

+ individual skills training program (12 sessions)

Duration: 12 weeks

Single site (Sweden)

Outcomes	Amphetamine use assessed with two-times-weekly UA Sustained abstinence (defined as at least 3 weeks of continuous abstinence) Retention in treatment Craving Depressive symptoms assessed by means of BDI-II Anxiety symptoms assessed by BAI Dropouts due to adverse events
Notes	Author's affiliation: university Co-funding: public and private Assessment of compliance: pill count

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Ranzomisation performed with Trombul software
Allocation concealment (selection bias)	Low risk	Randomisation done by an independent pharmacist. Randomisation list was kept at the pharmacy until the end of the trial and was collected and opened thereafter
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Blinding (detection bias): Subjective measures Subjective measures	Unclear risk	It is unclear whether blinding can be achieved when the study medication with powerful behavioural effects (methylphenidate) is compared with placebo
Blinding (performance bias): Subjective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout	Unclear risk	Moderate attrition in both study groups (globally 29%). Missing outcome data not balanced in numbers across intervention groups. Reasons for missing data across groups not reported. Imputation by worst case scenario

### Konstenius 2010 (Continued)

#### Objective outcomes

Incomplete outcome data (attrition bias): Subjective measures Subjective measures	Unclear risk	Moderate attrition in both study groups (globally 29%). Missing outcome data not balanced in numbers across intervention groups. Reasons for missing data across groups not reported. Imputation methods not reported
Selective reporting (reporting bias)	Low risk	The report includes expected outcomes (current controlled trials)
Other bias	Low risk	The study appears to be free of other sources of bias

### Longo 2010

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT
Participants	n = 49 methamphetamine-dependent outpatients (DSM-IV)  Mean age: 31.9 years  Gender: 30 men  Race: NR  Employed: 24  History: NR  Route of methamphetamine use: 42 iv
Interventions	Two parallel groups:  1. Dexamphetamine mean of 80 mg qd (flexible posology), N = 23  2. Placebo, N = 26  + CBT (4 sessions)  Duration: 12 weeks maintenance and 4 weeks dose reduction  Single site (Australia)
Outcomes	Amphetamine use assessed with hair samples (baseline, month 3, follow-up)  Self-reported amphetamine use  Retention in treatment  Dropouts due to adverse events
Notes	Author's affiliation: university  Funding: public  Assessment of compliance: dispensing under pharmacist supervision

#### **Risk of bias**

**Longo 2010** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	A computer randomisation list was used to select random permuted blocks
Allocation concealment (selection bias)	Low risk	Randomisation performed by pharmacy assistant not involved in dosing or dispensing the medication
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Blinding (detection bias): Subjective measures Subjective measures	Unclear risk	It is unclear whether blinding can be achieved when the study medication with powerful behavioural effects (dexamphetamine) is compared with placebo
Blinding (performance bias): Subjective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition (globally 53%). Attrition was higher in the placebo group. Reasons for missing data reported and similar; nevertheless some participants dropped out because they believed they were on placebo. No imputation methods used
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition (globally 53%). Attrition was higher in the placebo group. Reasons for missing data reported and similar; nevertheless some participants dropped out because they believed they were on placebo. No imputation methods used
Selective reporting (reporting bias)	Unclear risk	Protocol not available in a register. Lack of typical outcomes like drug use assessed by means of UA
Other bias	Low risk	The study appears to be free of other sources of bias

**Mancino 2011**

Methods	Double-blind, randomised, placebo-controlled clinical trial. Relapse prevention trial  Statistical analysis: not ITT, not PP
Participants	n = 9 methamphetamine-dependent outpatients (DSM-IV)  Mean age: 32.5 years  Gender: 5 men  Race: NR  Employed: NR  History: NR

**Mancino 2011** (Continued)

Route of methamphetamine use: NR

Interventions	Two parallel groups: 1. Modafinil 400 mg qd, N = 6 2. Placebo, N = 3 + Psychotherapy not specified (weekly) Duration: 8 weeks Single site (USA)
Outcomes	Amphetamine use assessed with three-times-weekly UA Withdrawal symptoms Retention in treatment Dropouts due to adverse events
Notes	Author's affiliation: university Funding: NR Assessment of compliance: NR

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Urn randomisation
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Unclear risk	Blinding theoretically can be achieved when a study medication with mild behavioural effects (modafinil) is compared with placebo. Nevertheless, information on whether medications used were identical in appearance is insufficient
Blinding (performance bias): Subjective measures	Unclear risk	Information is insufficient to permit judgement
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition (globally 78%). Reasons for missing data across groups not reported. Imputation methods not reported
Incomplete outcome data (attrition bias): Subjective measures	High risk	High attrition (globally 78%). Reasons for missing data across groups not reported. Imputation methods not reported

**Mancino 2011** (Continued)  
Subjective measures

Selective reporting (reporting bias)	Low risk	The study protocol is available, and the study publication includes all outcomes. Information obtained from Clinicaltrials.gov
Other bias	High risk	Terminated because of lack of funding. The article is not published in a journal (no peer review process is involved for data included in the register)

**Shearer 2009**

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT	
Participants	n = 80 methamphetamine-dependent outpatients (DSM-IV) who used amphetamines 2 to 3 days per week or more often. 10 with opioid dependence  Mean age: 36 years  Gender: 50 men  Race: NR  Employed: 42  History: days of methamphetamine use during past month: 19.5, lifetime methamphetamine use: 7 years  Route of methamphetamine use: NR ip, NR in, 50 iv, NR oral, NR rectal	
Interventions	Two parallel groups:  1. Modafinil 200 mg qd (fixed posology), N = 38  2. Placebo, N = 42  + cognitive-behavioural intervention (4 sessions)  Duration: 10 weeks  Multiple-site trial (Australia)	
Outcomes	Amphetamine use assessed with one-time-weekly UA  Self-reported amphetamine use  Retention in treatment  Dropouts due to adverse events	
Notes	Author's affiliation: university and other public institutions  Co-funding: public and private  Assessment of compliance: MEMS bottles and modafinilic acid in urine	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Shearer 2009** (Continued)

Random sequence generation (selection bias)	Low risk	Random number tables, in blocks
Allocation concealment (selection bias)	Low risk	Central allocation, pharmacy controlled
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance, and blinding can be achieved when the study medication with mild behavioural effects (modafinil) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition in both study groups (globally 68%). Reasons for missing data across groups reported and similar. Imputation by worst case scenario and last observation carried forward. No imputation for missing data due to treatment dropout
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition in both study groups (globally 68%). Reasons for missing data across groups reported and similar. Imputation by worst case scenario and last observation carried forward. No imputation for missing data due to treatment dropout
Selective reporting (reporting bias)	Low risk	The report includes expected outcomes (cited in Clinicaltrials.gov)
Other bias	Low risk	The study is apparently free of other sources of bias

**Shoptaw 2008**

Methods	Double-blind, randomised, placebo-controlled clinical trial  Statistical analysis: ITT
Participants	n = 73 methamphetamine-dependent outpatients (DSM-IV TR)  Mean age: 34.6 years  Gender: 47 men  Race: African-American: 2, Caucasian: 41, Other: 30  Employed: 57  History: days of methamphetamine use during past month: 15.7 days, lifetime methamphetamine use: 9.6 years  Route of methamphetamine use: 47 ip, 16 in, 9 iv, 1 oral, 0 rectal
Interventions	Two parallel groups:

**Shoptaw 2008** (Continued)

1. Bupropion SR 150 mg bid (fixed posology), N = 36

2. Placebo, N = 37

+ CBT + CM ( 12 sessions)

Duration: 12 weeks

Multisite trial (USA)

Outcomes	Amphetamine use assessed with three-times-weekly UA Sustained abstinence (defined as at least 3 weeks of continuous abstinence) Retention in treatment Depressive symptoms assessed by means of BDI Dropouts due to adverse events
Notes	Author's affiliation: university Funding: public Assessment of compliance: weekly pill counts, reports of medication taking

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Insufficient information to permit judgement
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Blinding (detection bias): Subjective measures Subjective measures	Low risk	Study medication and matched placebo have identical appearance, and blinding can be achieved when the study medication with mild behavioural effects (modafinil) is compared with placebo
Blinding (performance bias): Subjective measures	Low risk	Given that the studied intervention has mild behavioural effects, it is unlikely that blinding was broken
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition in both study groups (globally 66%). Missing outcome data balanced in numbers across intervention groups, similar reasons for missing data across groups. No imputation methods used
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition in both study groups (globally 66%).  Missing outcome data balanced in numbers across intervention groups, similar reasons for missing data across groups. No imputation methods used

**Shoptaw 2008** (Continued)

Selective reporting (reporting bias)	Unclear risk	Fewer outcomes present in Clinicaltrials.gov than in the published report
Other bias	Low risk	The study appears to be free of other sources of bias

**Tiihonen 2007**

Methods	Double-blind, randomised, placebo-controlled clinical trial Stastitcal analysis: ITT	
Participants	n = 53 amphetamine-dependent outpatients (DSM-IV) Mean age: 35.63 years Gender: 24 men Race: African-American: 0, Caucasian: 34, Other: 0 Employed: NR History: days of methamphetamine use during past month: NR, lifetime methamphetamine use: 15.9 Route of methamphetamine use: 0 ip, 0 in, 34 iv, 0 oral, 0 rectal	
Interventions	Three parallel groups: 1. Methylphenidate OROS 54 mg qd (fixed posology), N = 17 2. Aripiprazole 15 mg qd, N = 19 3. Placebo, N = 17 + unstructured psychosocial treatment Duration: 20 weeks Number of centres: NR (Finland)	
Outcomes	Amphetamine use assessed with two-times-weekly UA Retention in treatment Dropouts due to adverse events	
Notes	Author's affiliation: university and other public institutions Funding: public Assessment of compliance: NR	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomised using a randomised plan generator in blocks of six participants
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement

**Tiihonen 2007** *(Continued)*

Blinding (detection bias): Objective measures Objective measures	Low risk	Outcome or outcome measurement was not likely to be influenced by lack of blinding
Blinding (performance bias): Objective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Blinding (detection bias): Subjective measures Subjective measures	Unclear risk	Study medication and matched placebo have identical appearance, but it is unclear whether blinding can be achieved when the study medication with powerful behavioural effects (methylphenidate) is compared with placebo
Blinding (performance bias): Subjective measures	Unclear risk	Given that the studied intervention has powerful behavioural effects, it is likely that blinding was broken, which could have yielded to the provision of additional interventions, depending on the treatment the participant was receiving
Incomplete outcome data (attrition bias): Objective measures except retention in treatment or dropout Objective outcomes	High risk	High attrition in both study groups (globally 71%). Missing outcome data balanced in numbers across intervention groups. Reasons for missing data across groups not reported. Imputation by worst case scenario
Incomplete outcome data (attrition bias): Subjective measures Subjective measures	High risk	High attrition in both study groups (globally 71%).  Reasons for missing data across groups not reported. No imputation methods used
Selective reporting (reporting bias)	Low risk	The report includes expected outcomes (cited in Current Controlled Trials)
Other bias	High risk	Interim analysis of a longer trial. Age baseline differences between groups

**Characteristics of excluded studies** *[ordered by study ID]*

Study	Reason for exclusion
<a href="#">Brensilver 2013</a>	Subanalysis of an included study ( <a href="#">Shoptaw 2008</a> )
<a href="#">Christian 2007</a>	Not a randomised clinical trial
<a href="#">Dean 2009</a>	Subanalysis of an included study ( <a href="#">Shoptaw 2008</a> )
<a href="#">Hartz 2001</a>	Not assessing the efficacy of any psychostimulant for amphetamine dependence
<a href="#">Marinelli-Casey 2008</a>	Not assessing the efficacy of any psychostimulant for amphetamine dependence
<a href="#">McCann 2012</a>	Re-analysis of an included study ( <a href="#">Elkashef 2008 a</a> )
<a href="#">Shearer 2001</a>	No placebo group
<a href="#">Shearer 2010</a>	Subanalysis of an included study ( <a href="#">Shearer 2009</a> )
<a href="#">Whinchell 2012</a>	Re-analysis of an included study ( <a href="#">Elkashef 2008 a</a> )

**Characteristics of ongoing studies** [ordered by study ID]

**Akhondzadeh L**

Trial name or title	Slow-release methylphenidate in the treatment of methamphetamine dependence
Methods	Randomised, double-blind, placebo-controlled study; 12-week trial; phase II to III
Participants	Methamphetamine-dependent outpatients (DSM-IV-TR)
Interventions	1. Sustained-released methylphenidate 54 mg/d 2. Placebo
Outcomes	Amphetamine use Craving Addiction Severity Index
Starting date	March 2012
Contact information	Shahin Akhondzadeh s.akhond@sina.tums.ac.ir
Notes	

**Franck J**

Trial name or title	Clinical trial of sustained-release methylphenidate for attention deficit hyperactivity disorder (ADHD) in adult criminal offenders with amphetamine addiction
Methods	Single-centre double-blind randomised placebo-controlled with parallel groups: 24 weeks' duration
Participants	Prison inmates with ADHD and amphetamine addiction (DSM-IV)
Interventions	1. Sustained-release methylphenidate 18 to 180 mg qd 2. Placebo + Relapse prevention
Outcomes	Amphetamine and other drug use Relapse to crime ADHD symptoms Psychiatric symptoms Craving Self-reported drug use Plasma concentration of methylphenidate

**Franck J** (Continued)

Starting date	April 2007
Contact information	Johan Frank johan.franck@ki.se
Notes	

**Galloway GP a**

Trial name or title	A dose-ranging study of modafinil for methamphetamine dependence
Methods	Randomised, double-blind, dose-ranging study; 4-week trial, phase II
Participants	Methamphetamine-dependent participants
Interventions	1. Modafinil 100-mg, 400-mg or 600-mg tablets qd 2. Placebo
Outcomes	Amphetamine use
Starting date	December 2009
Contact information	Gantt Galloway Gantt@cpmcricri.org
Notes	

**Galloway GP b**

Trial name or title	A randomised, placebo-controlled trial of modafinil for methamphetamine dependence
Methods	Randomised, double-blind, 4-week trial, phase II
Participants	Methamphetamine-dependent outpatients
Interventions	1. Modafinil 600-mg capsule 2. Placebo + Motivational enhancement therapy
Outcomes	Amphetamine use
Starting date	October 2011
Contact information	Kathleen Garrison garrisk@cpmcricri.org
Notes	

### Gorgon L

Trial name or title	Phase II, double-blind, placebo-controlled trial of bupropion for methamphetamine dependence
Methods	Double-blind, placebo-controlled, parallel-assignment, phase II
Participants	Methamphetamine-dependent participants (DSM-IV), at least one positive urine specimen after the start of screening
Interventions	1. Bupropion 150 mg for the first 3 days. Increased to 150 mg bid until taper 2. Placebo
Outcomes	Abstinence at the end Sustained abstinence
Starting date	May 2008
Contact information	Liza Gorgon lgorgon@nih.gov
Notes	

### Heinzerling K

Trial name or title	Study of medical treatment for methamphetamine addiction
Methods	Randomised, double-blind, 12-week trial, phase II
Participants	Methamphetamine-dependent participants (DSM-IV)
Interventions	1. Bupropion 300 mg qd 2. Placebo + CBT
Outcomes	Clinical phenotype of frequency of baseline MA use in 30 days preceding the baseline period using self-report and results of thrice-weekly urine drug screens for MA metabolites during baseline
Starting date	January 2009
Contact information	Keith Heinzerling Kheinzerling@mednet.ucla.edu
Notes	

### Ling W

Trial name or title	Methylphenidate to treat methamphetamine dependence
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**Ling W** (Continued)

Methods	Randomised, double-blind, parallel-assignment, 4-year trial, phase II
Participants	Methamphetamine-dependent participants (DSM-IV-TR)
Interventions	1. Methylphenidate 18 mg/d during week 1; 36 mg/d during week 2; 54 mg/d during remainder of study 2. Placebo + CBT
Outcomes	Amphetamine use Retention in treatment
Starting date	October 2010
Contact information	Jasmin Hernandez jashernandez@ucla.edu Maureen Hillhouse hillhous@ucla.edu
Notes	

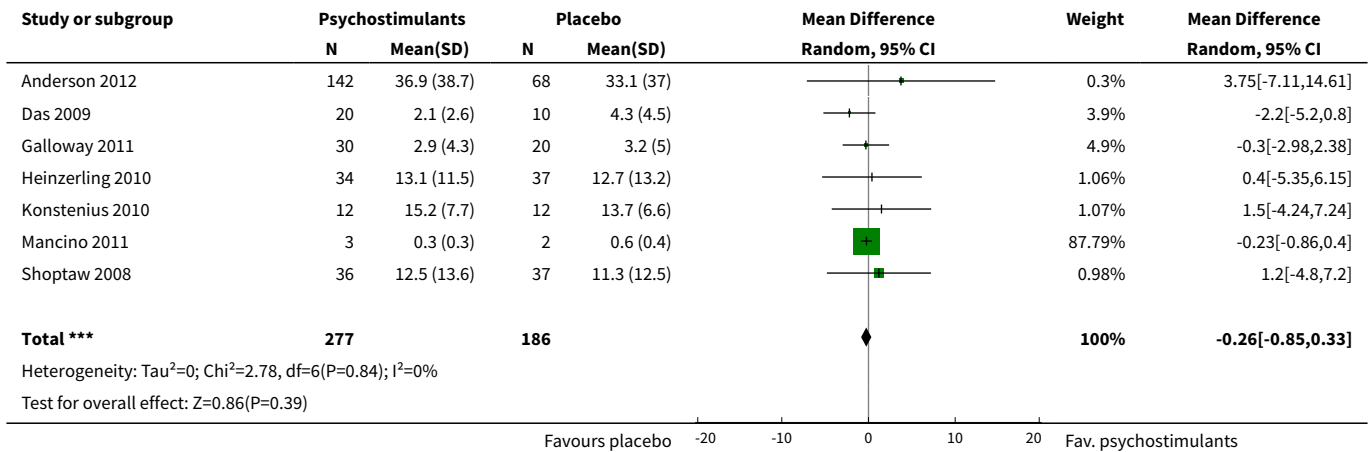
**DATA AND ANALYSES**
**Comparison 1. Psychostimulants vs placebo for amphetamine dependence**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Amphetamine use (UA)	7	463	Mean Difference (IV, Random, 95% CI)	-0.26 [-0.85, 0.33]
2 Amphetamine use (hair analysis)	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
3 Sustained abstinence	6	559	Risk Ratio (M-H, Random, 95% CI)	1.12 [0.84, 1.49]
4 Self-reported amphetamine use	3	133	Mean Difference (IV, Random, 95% CI)	-0.81 [-6.16, 4.54]
5 Retention in treatment	11	791	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.90, 1.14]
6 Amphetamine craving	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
7 Dropouts due to any adverse event	10	640	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]

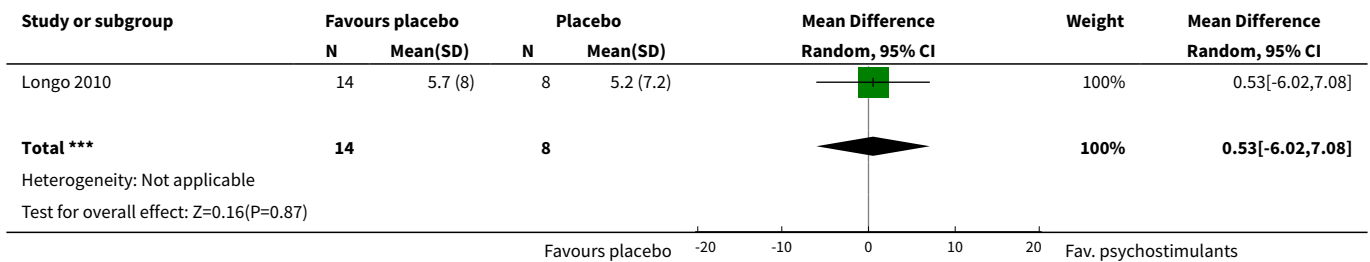


Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
8 Dropouts due to cardiovascular adverse events	8	370	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
9 Dropouts due to psychiatric adverse events	7	290	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]

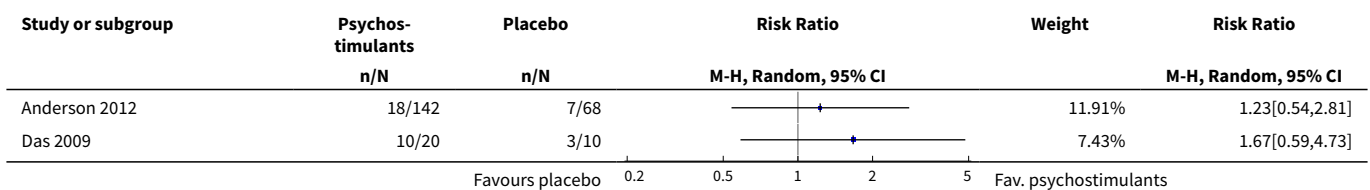
**Analysis 1.1. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 1 Amphetamine use (UA).**

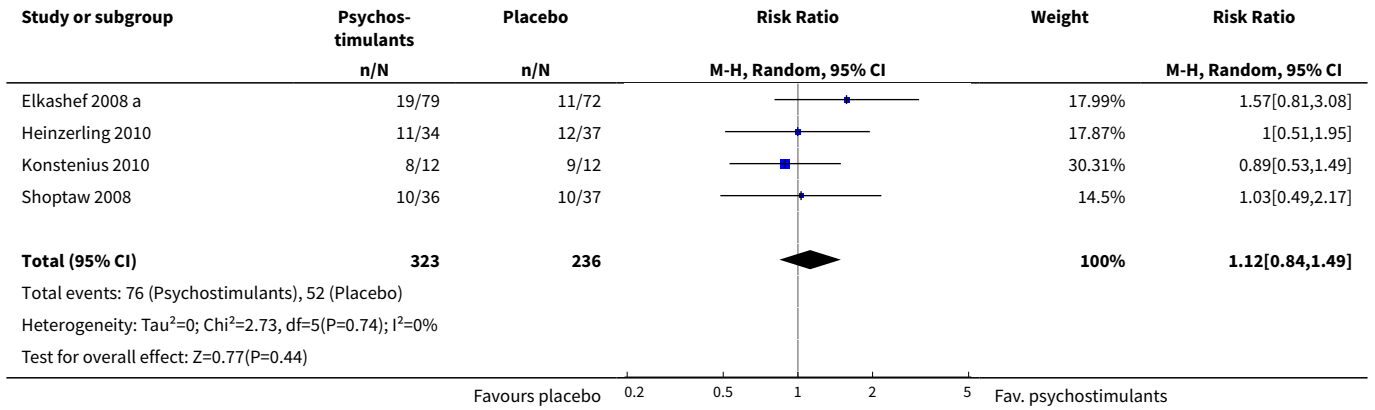


**Analysis 1.2. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 2 Amphetamine use (hair analysis).**

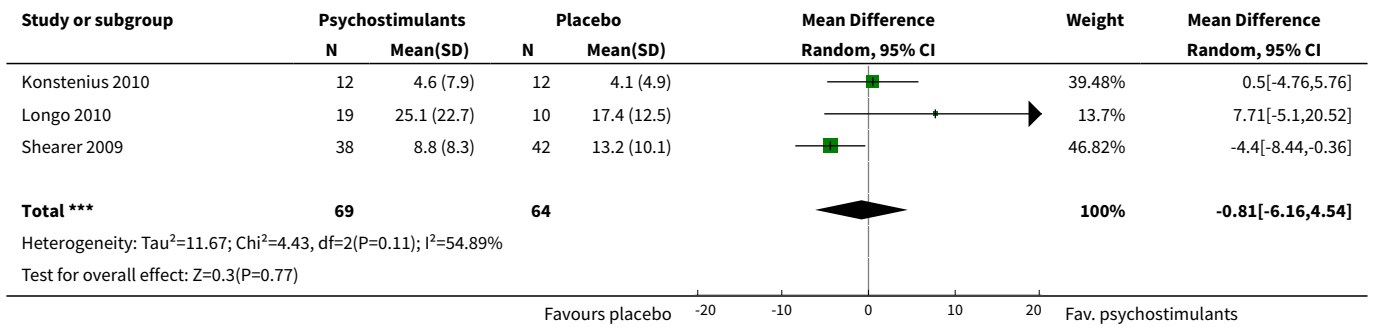


**Analysis 1.3. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 3 Sustained abstinence.**

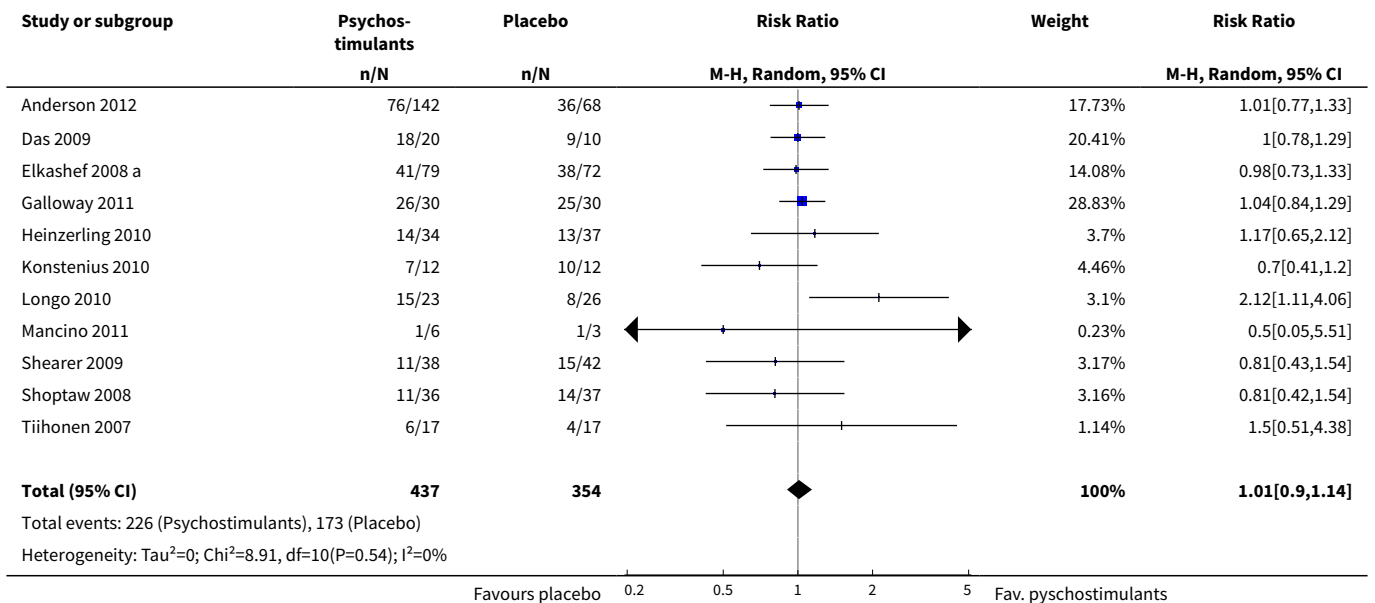


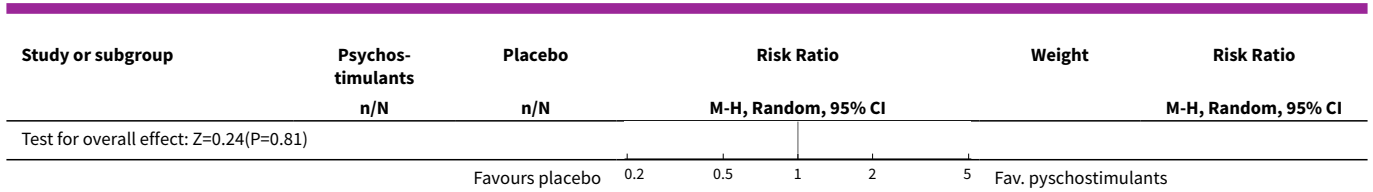


**Analysis 1.4. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 4 Self-reported amphetamine use.**

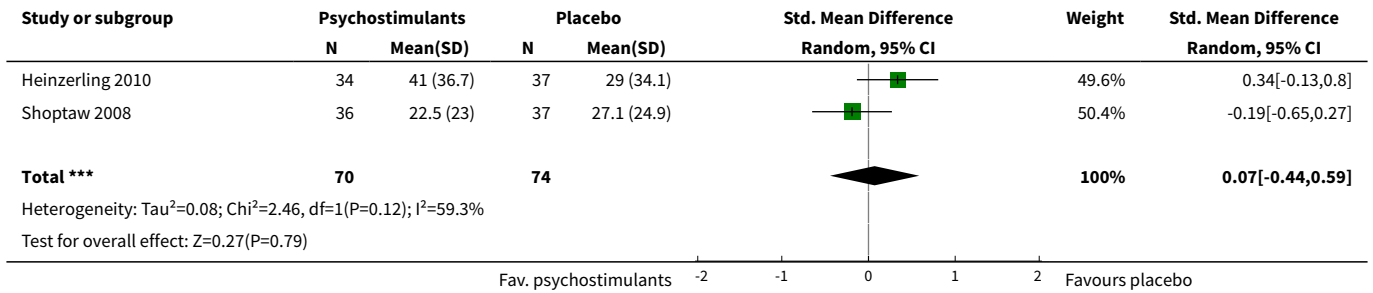


**Analysis 1.5. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 5 Retention in treatment.**

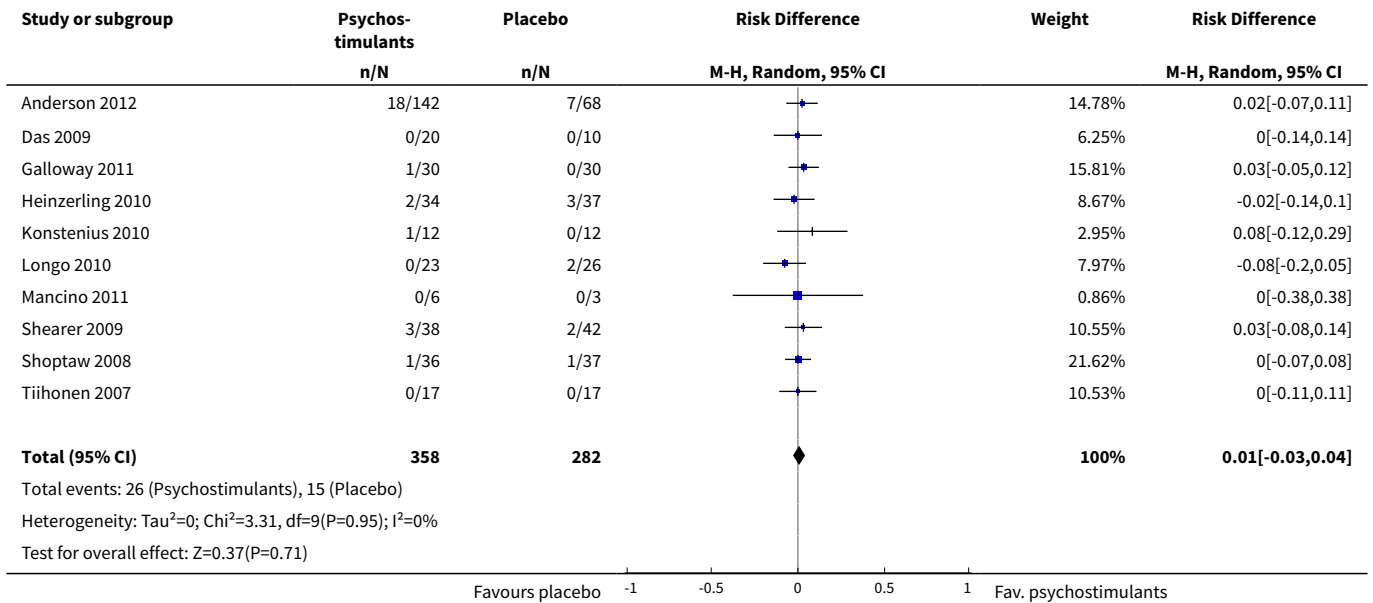




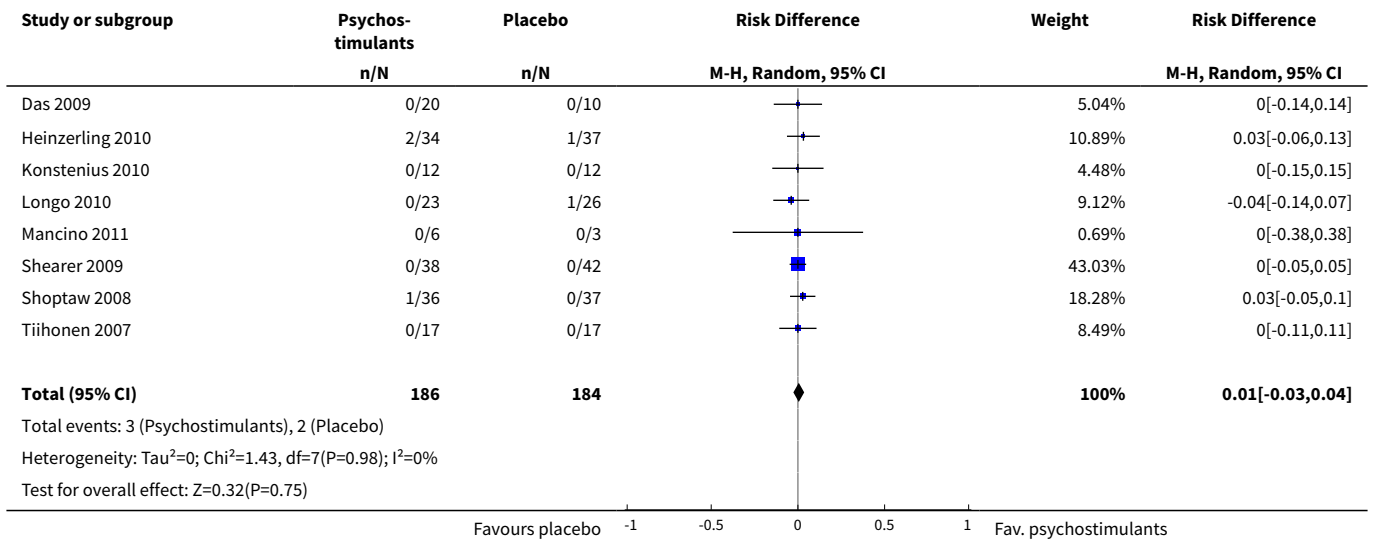
**Analysis 1.6. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 6 Amphetamine craving.**



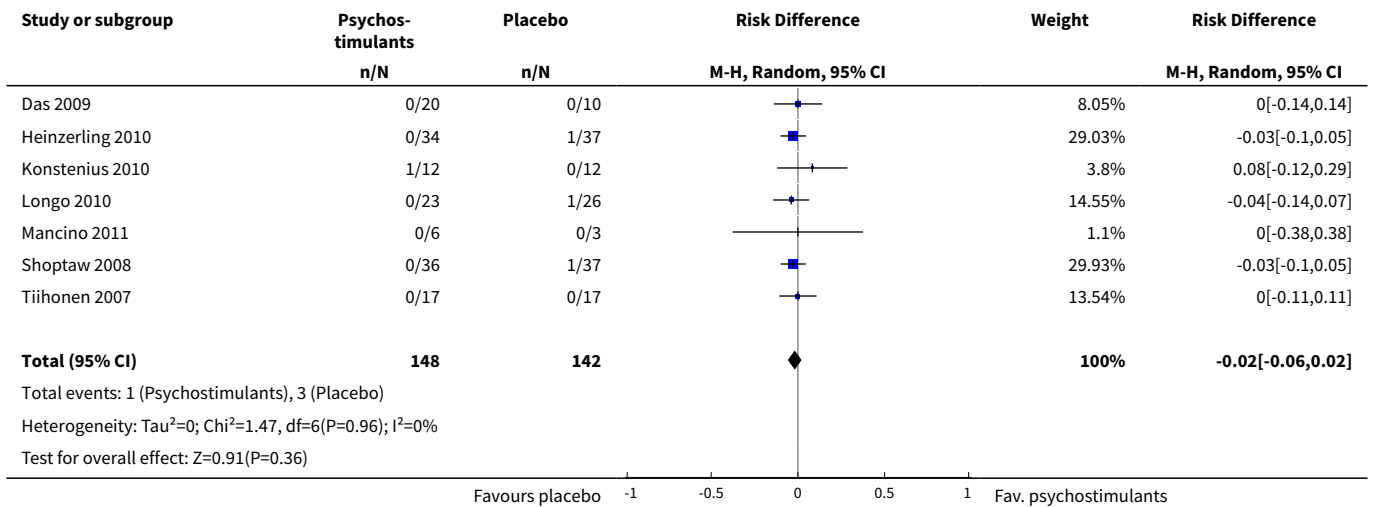
**Analysis 1.7. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 7 Dropouts due to any adverse event.**



**Analysis 1.8. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 8 Dropouts due to cardiovascular adverse events.**



**Analysis 1.9. Comparison 1 Psychostimulants vs placebo for amphetamine dependence, Outcome 9 Dropouts due to psychiatric adverse events.**



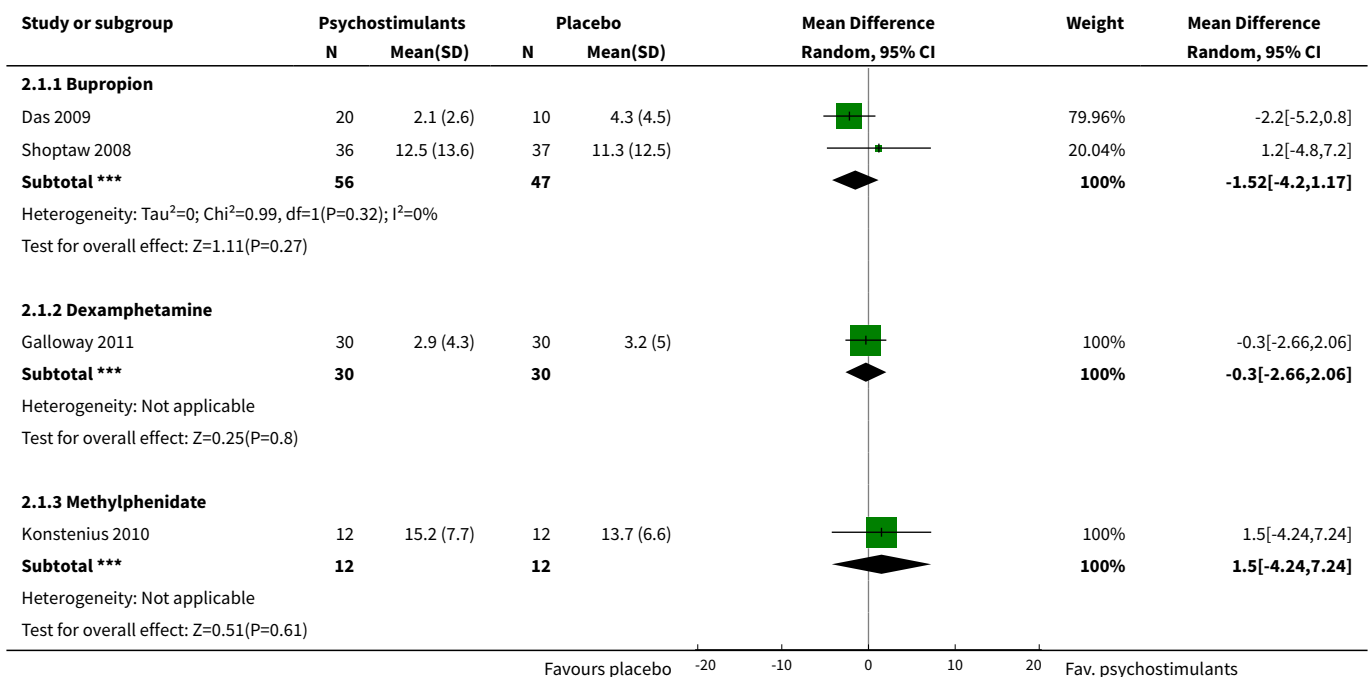
**Comparison 2. Subgroup analysis: type of drug**

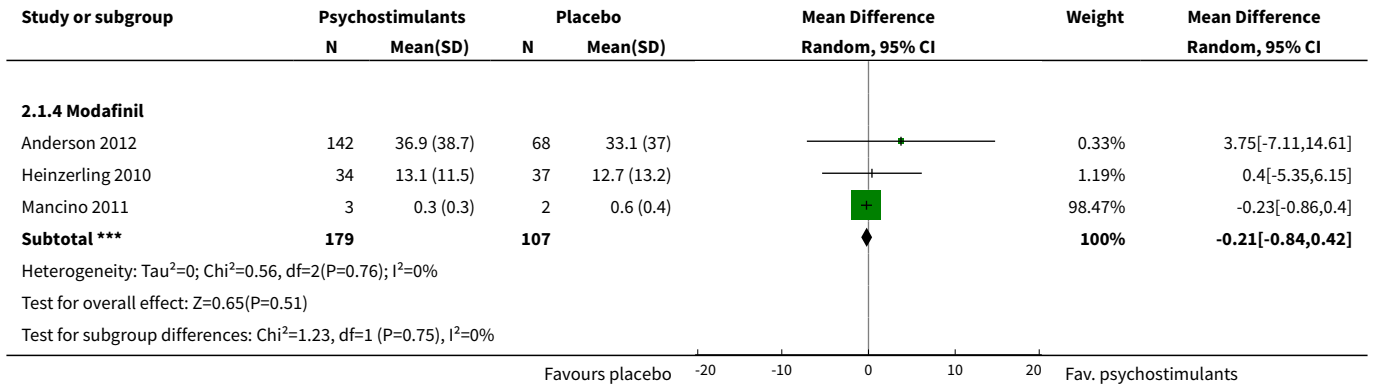
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Amphetamine use (UA)	7		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 Bupropion	2	103	Mean Difference (IV, Random, 95% CI)	-1.52 [-4.20, 1.17]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 Dexamphetamine	1	60	Mean Difference (IV, Random, 95% CI)	-0.30 [-2.66, 2.06]
1.3 Methylphenidate	1	24	Mean Difference (IV, Random, 95% CI)	1.5 [-4.24, 7.24]
1.4 Modafinil	3	286	Mean Difference (IV, Random, 95% CI)	-0.21 [-0.84, 0.42]
<b>2 Amphetamine use (hair analysis)</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 Dexamphetamine	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
<b>3 Sustained abstinence</b>	6		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Bupropion	3	254	Risk Ratio (M-H, Random, 95% CI)	1.36 [0.87, 2.14]
3.2 Modafinil	2	281	Risk Ratio (M-H, Random, 95% CI)	1.09 [0.64, 1.83]
3.3 Methylphenidate	1	24	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.53, 1.49]
<b>4 Self-reported amphetamine use</b>	3		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 Methylphenidate	1	24	Mean Difference (IV, Random, 95% CI)	0.5 [-4.76, 5.76]
4.2 Modafinil	1	80	Mean Difference (IV, Random, 95% CI)	-4.40 [-8.44, -0.36]
4.3 Dexamphetamine	1	29	Mean Difference (IV, Random, 95% CI)	7.71 [-5.10, 20.52]
<b>5 Retention in treatment</b>	11		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 Bupropion	3	254	Risk Ratio (M-H, Random, 95% CI)	0.98 [0.81, 1.18]
5.2 Dexamphetamine	2	109	Risk Ratio (M-H, Random, 95% CI)	1.42 [0.61, 3.29]
5.3 Methylphenidate	2	58	Risk Ratio (M-H, Random, 95% CI)	0.90 [0.42, 1.94]
5.4 Modafinil	4	370	Risk Ratio (M-H, Random, 95% CI)	1.00 [0.79, 1.26]
<b>6 Amphetamine craving</b>	2		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
6.1 Bupropion	1	73	Std. Mean Difference (IV, Random, 95% CI)	-0.19 [-0.65, 0.27]
6.2 Modafinil	1	71	Std. Mean Difference (IV, Random, 95% CI)	0.34 [-0.13, 0.80]
<b>7 Dropouts due to any adverse event</b>	10		Risk Difference (M-H, Random, 95% CI)	Subtotals only
7.1 Bupropion	2	103	Risk Difference (M-H, Random, 95% CI)	0.00 [-0.07, 0.07]
7.2 Dexamphetamine	2	109	Risk Difference (M-H, Random, 95% CI)	-0.01 [-0.12, 0.10]

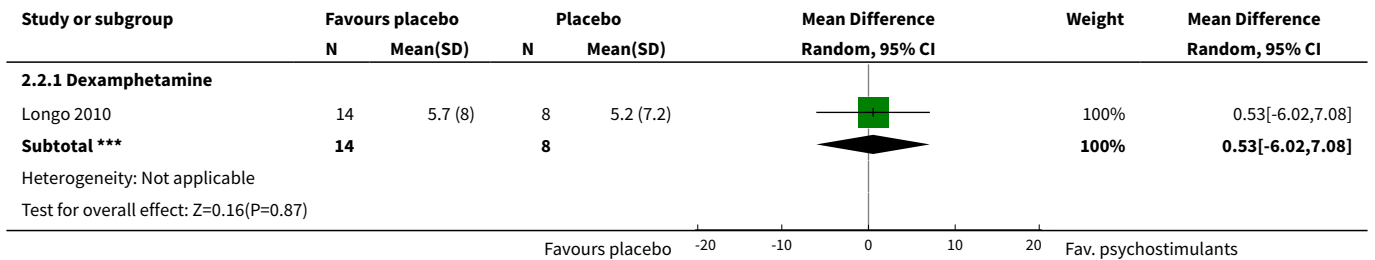
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
7.3 Methylphenidate	2	58	Risk Difference (M-H, Random, 95% CI)	0.02 [-0.08, 0.11]
7.4 Modafinil	4	370	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.04, 0.07]
8 Dropouts due to cardiovascular adverse events	8		Risk Difference (M-H, Random, 95% CI)	Subtotals only
8.1 Bupropion	2	103	Risk Difference (M-H, Random, 95% CI)	0.02 [-0.04, 0.09]
8.2 Dexamphetamine	1	49	Risk Difference (M-H, Random, 95% CI)	-0.04 [-0.14, 0.07]
8.3 Methylphenidate	2	58	Risk Difference (M-H, Random, 95% CI)	0.0 [-0.09, 0.09]
8.4 Modafinil	3	160	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.04, 0.05]
9 Dropouts due to psychiatric adverse events	7		Risk Difference (M-H, Random, 95% CI)	Subtotals only
9.1 Bupropion	2	103	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.09, 0.04]
9.2 Dexamphetamine	1	49	Risk Difference (M-H, Random, 95% CI)	-0.04 [-0.14, 0.07]
9.3 Methylphenidate	2	58	Risk Difference (M-H, Random, 95% CI)	0.02 [-0.08, 0.11]
9.4 Modafinil	2	80	Risk Difference (M-H, Random, 95% CI)	-0.03 [-0.10, 0.05]

**Analysis 2.1. Comparison 2 Subgroup analysis: type of drug, Outcome 1 Amphetamine use (UA).**

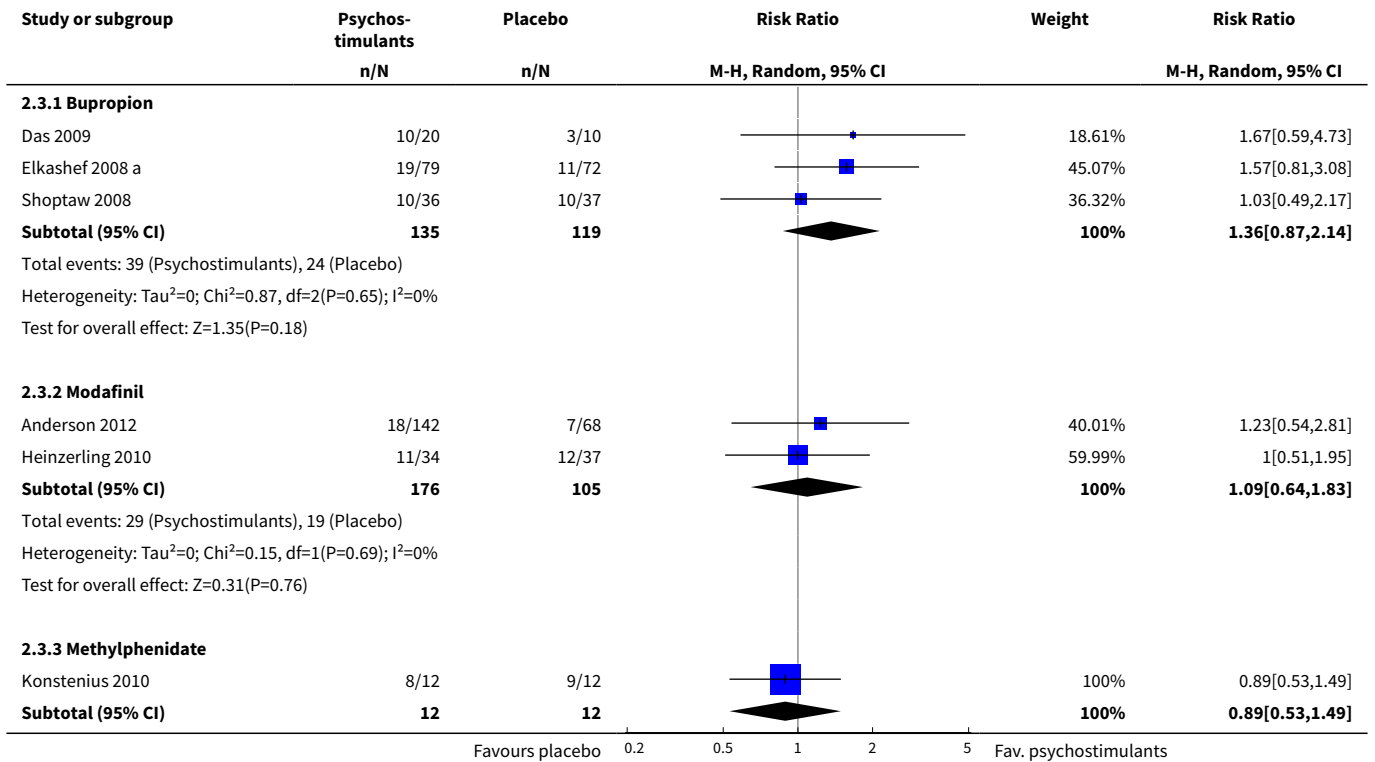


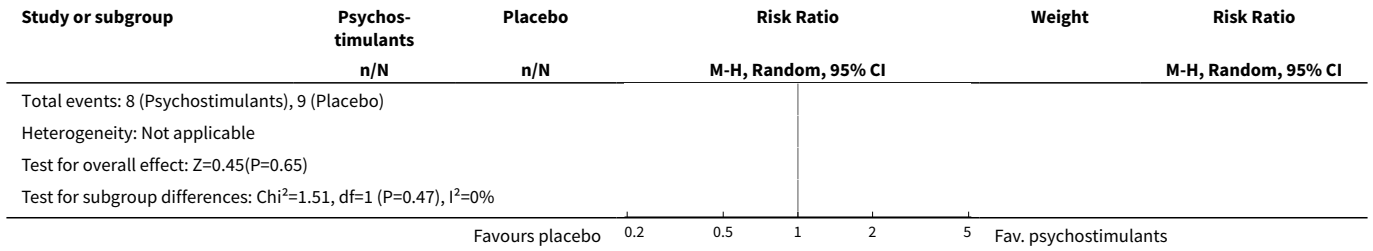


**Analysis 2.2. Comparison 2 Subgroup analysis: type of drug, Outcome 2 Amphetamine use (hair analysis).**

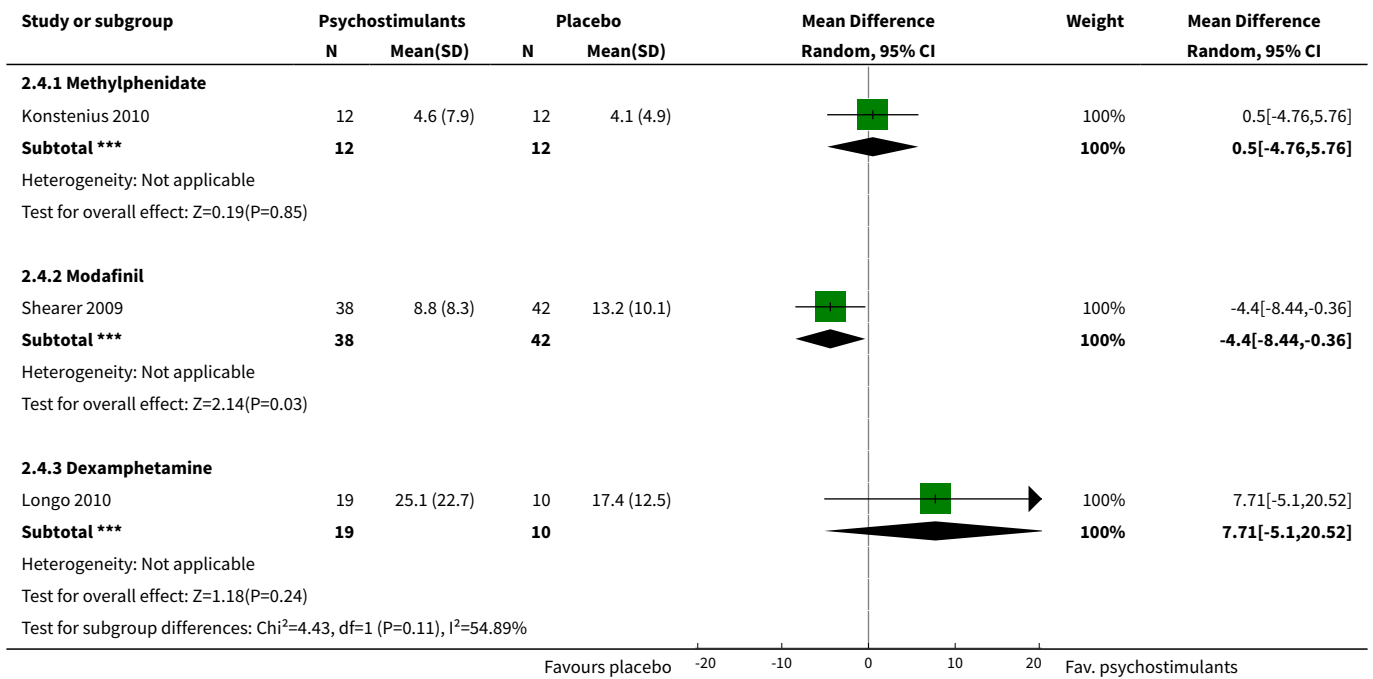


**Analysis 2.3. Comparison 2 Subgroup analysis: type of drug, Outcome 3 Sustained abstinence.**

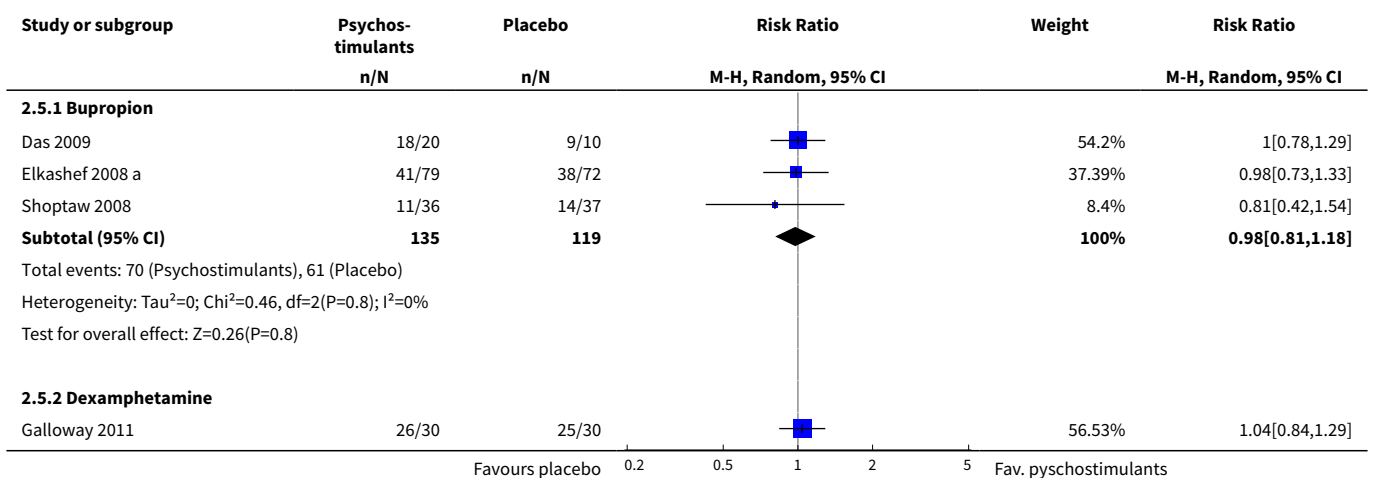




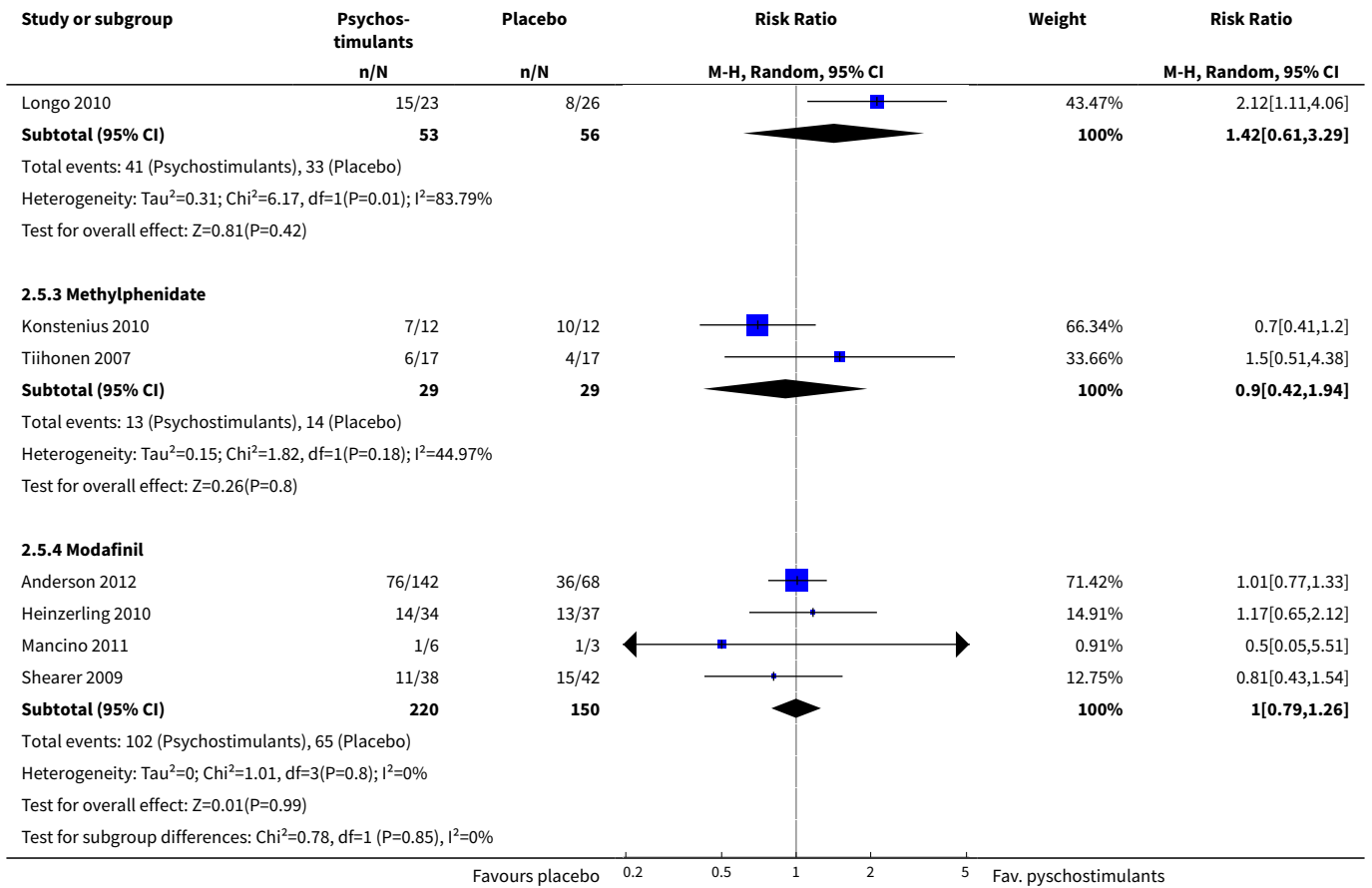
**Analysis 2.4. Comparison 2 Subgroup analysis: type of drug, Outcome 4 Self-reported amphetamine use.**



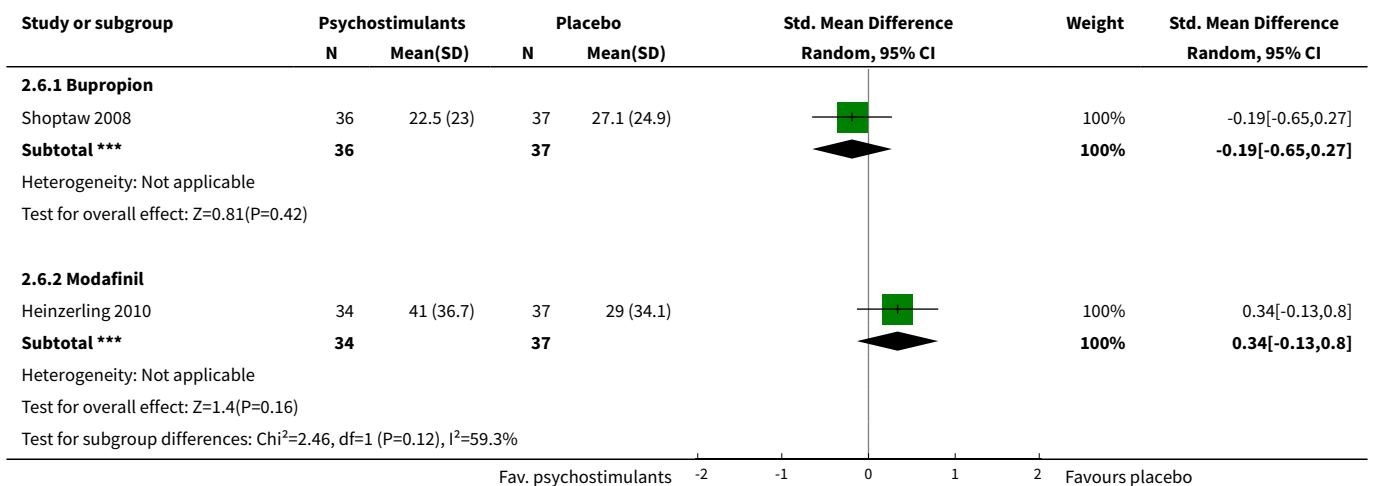
**Analysis 2.5. Comparison 2 Subgroup analysis: type of drug, Outcome 5 Retention in treatment.**



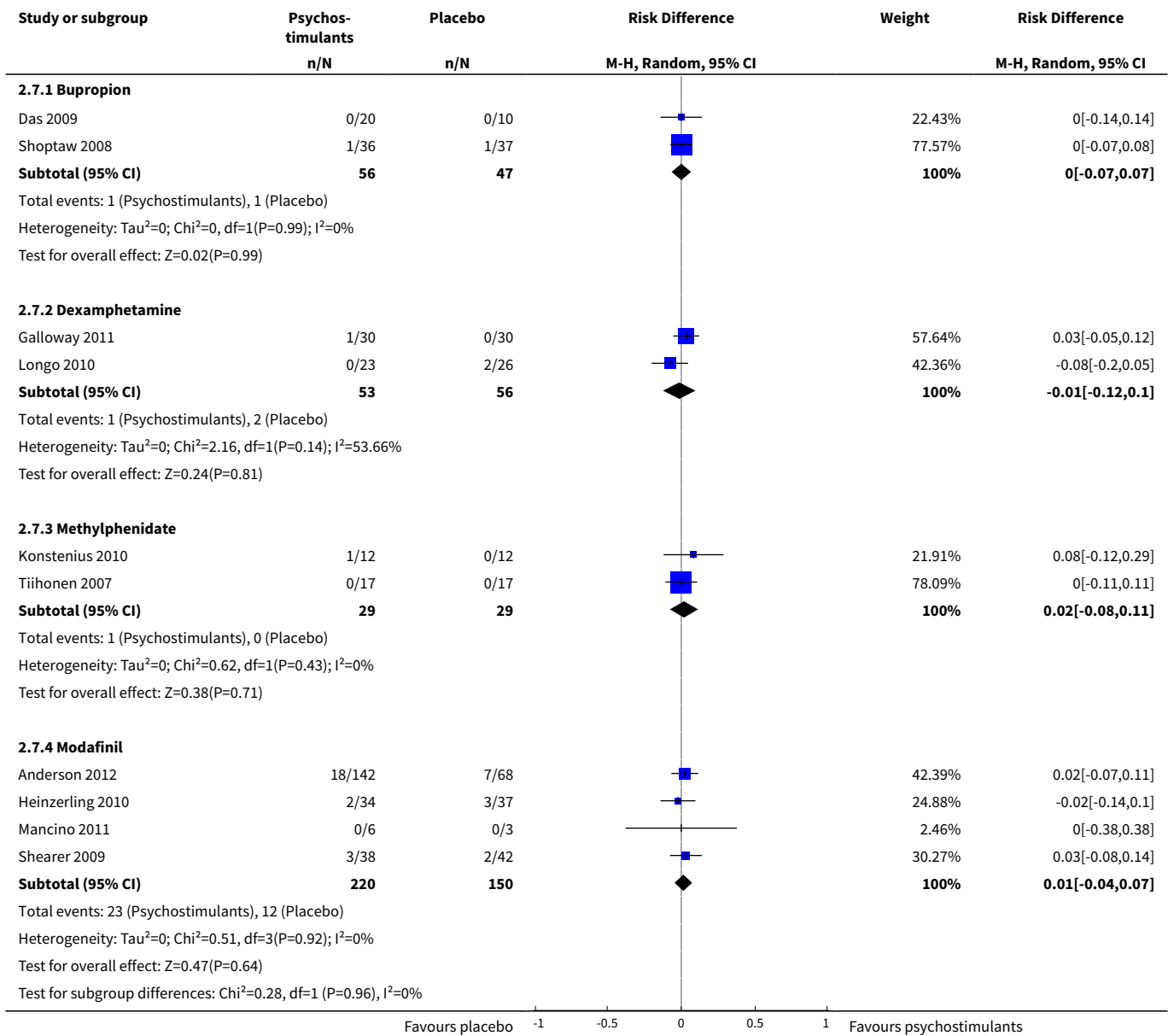




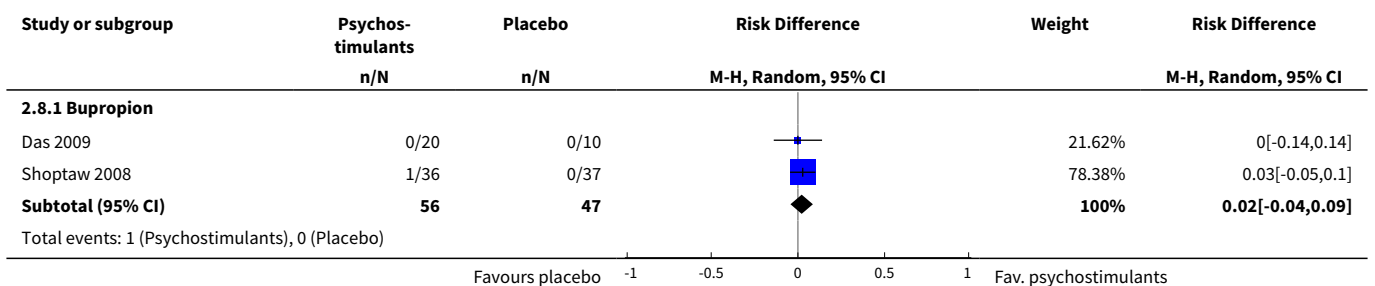
**Analysis 2.6. Comparison 2 Subgroup analysis: type of drug, Outcome 6 Amphetamine craving.**

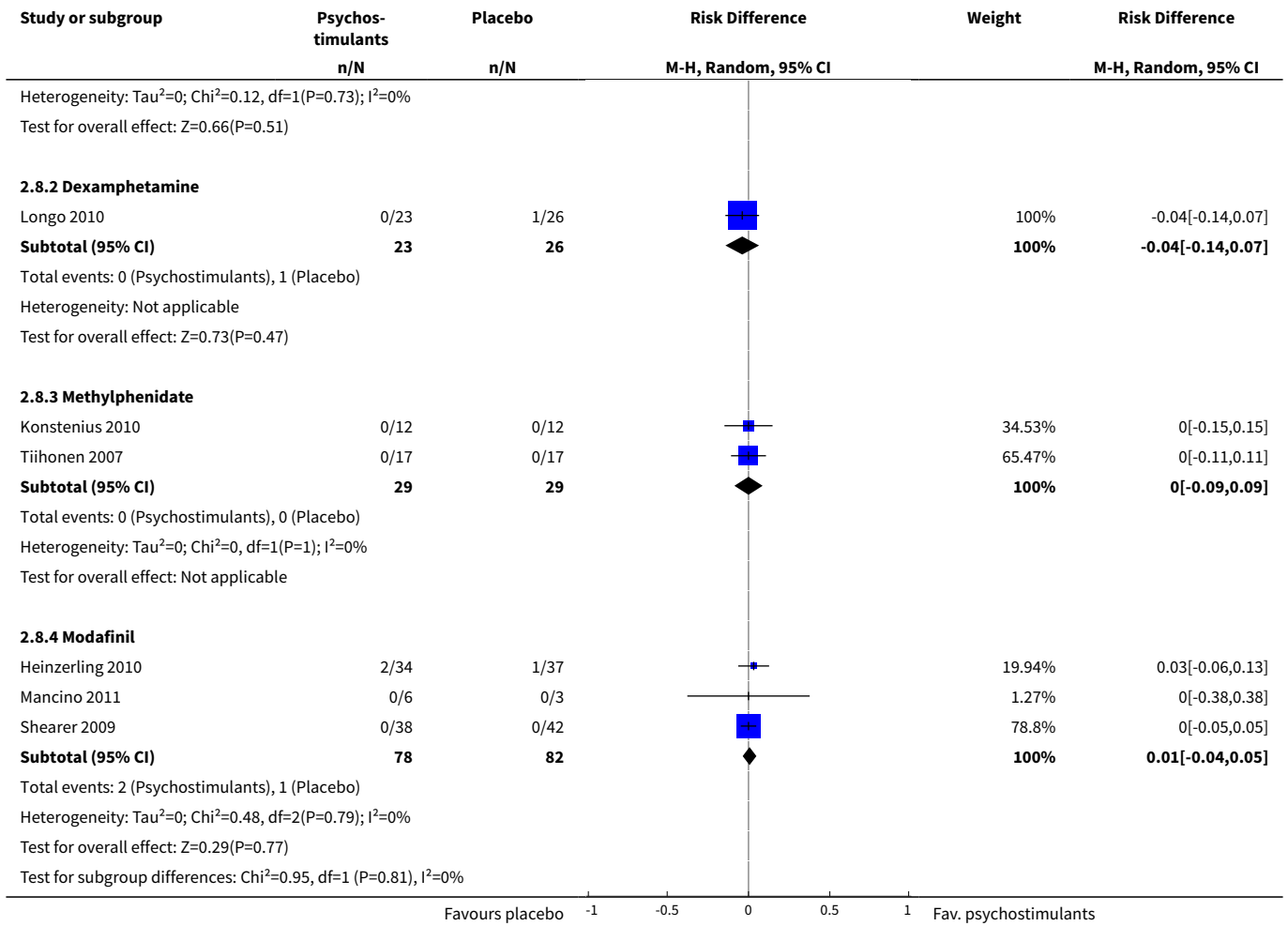


**Analysis 2.7. Comparison 2 Subgroup analysis: type of drug, Outcome 7 Dropouts due to any adverse event.**

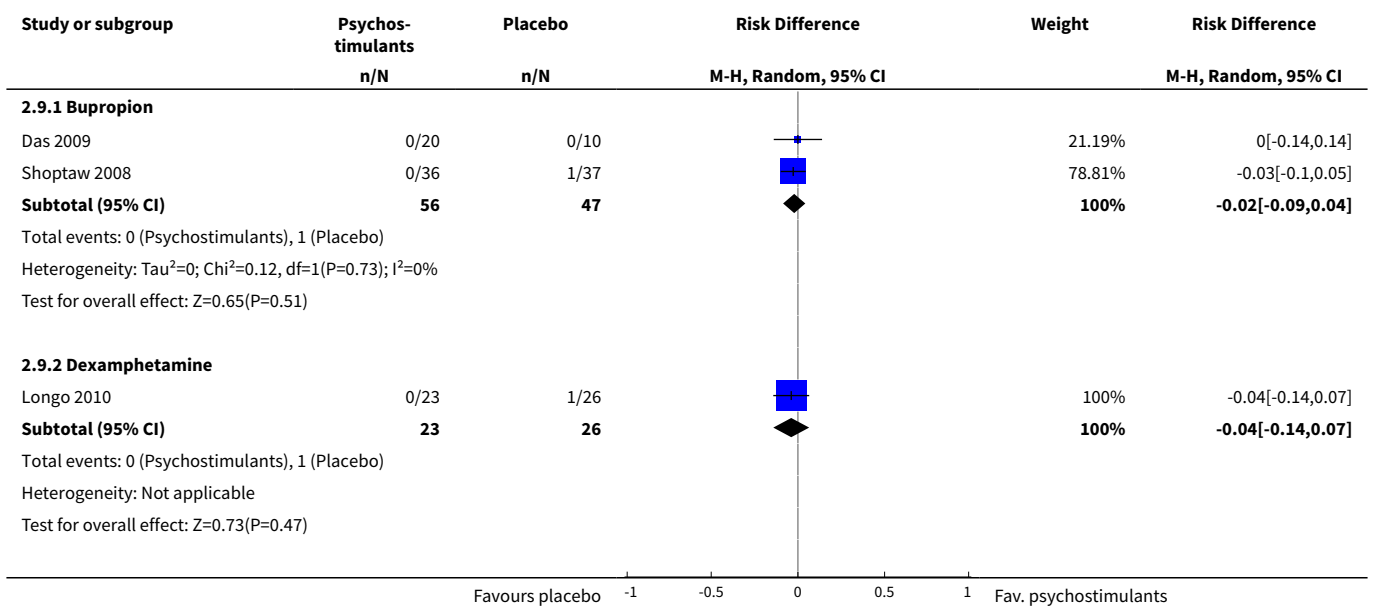


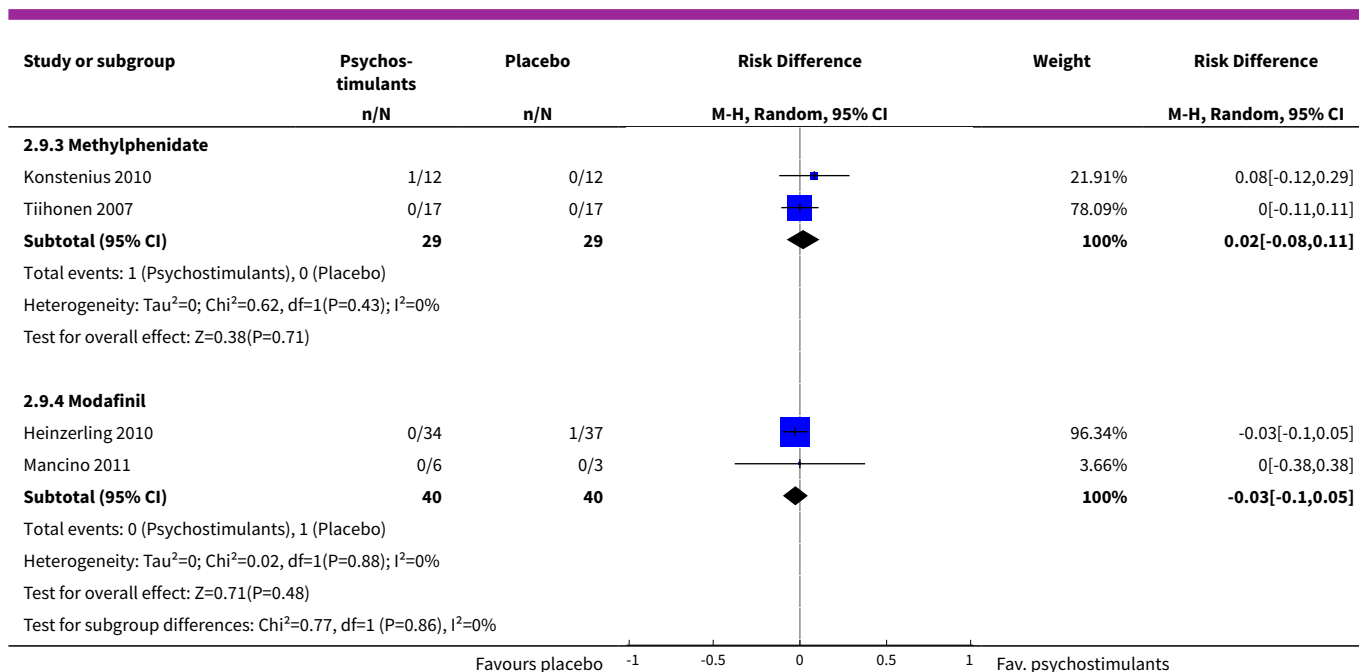
**Analysis 2.8. Comparison 2 Subgroup analysis: type of drug, Outcome 8 Dropouts due to cardiovascular adverse events.**





**Analysis 2.9. Comparison 2 Subgroup analysis: type of drug, Outcome 9 Dropouts due to psychiatric adverse events.**



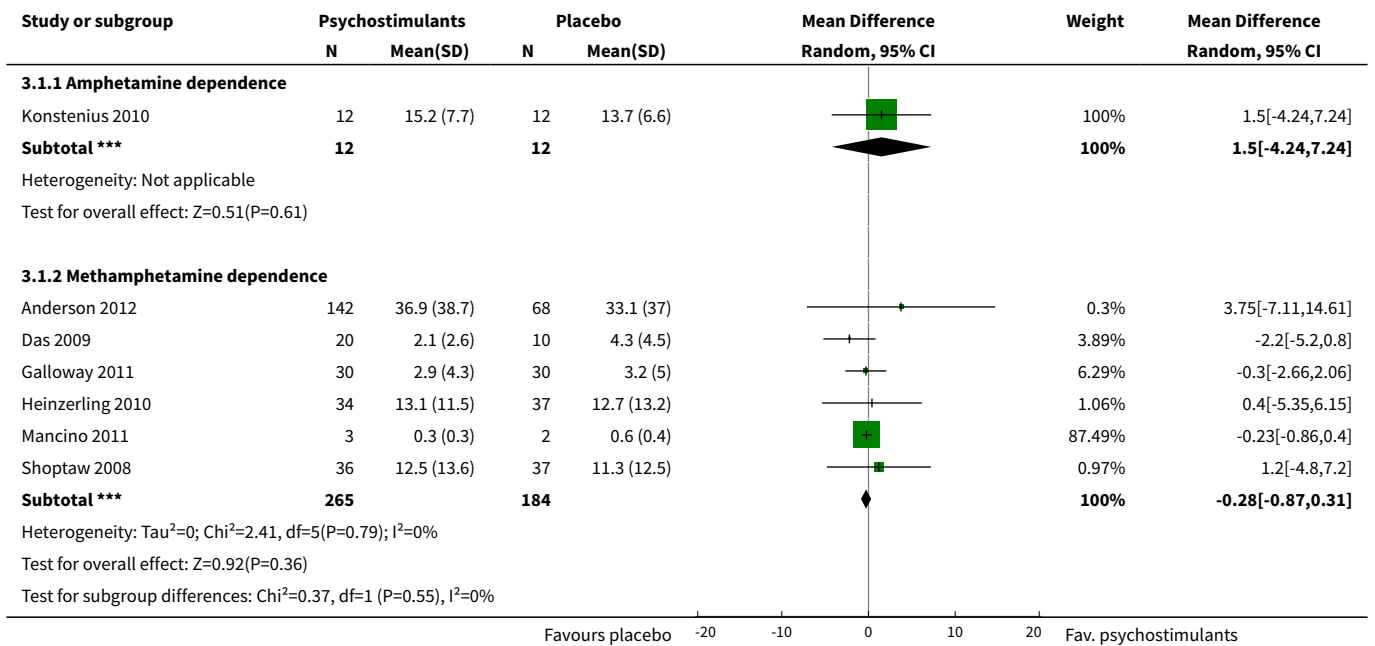


### Comparison 3. Subgroup analysis: type of dependence

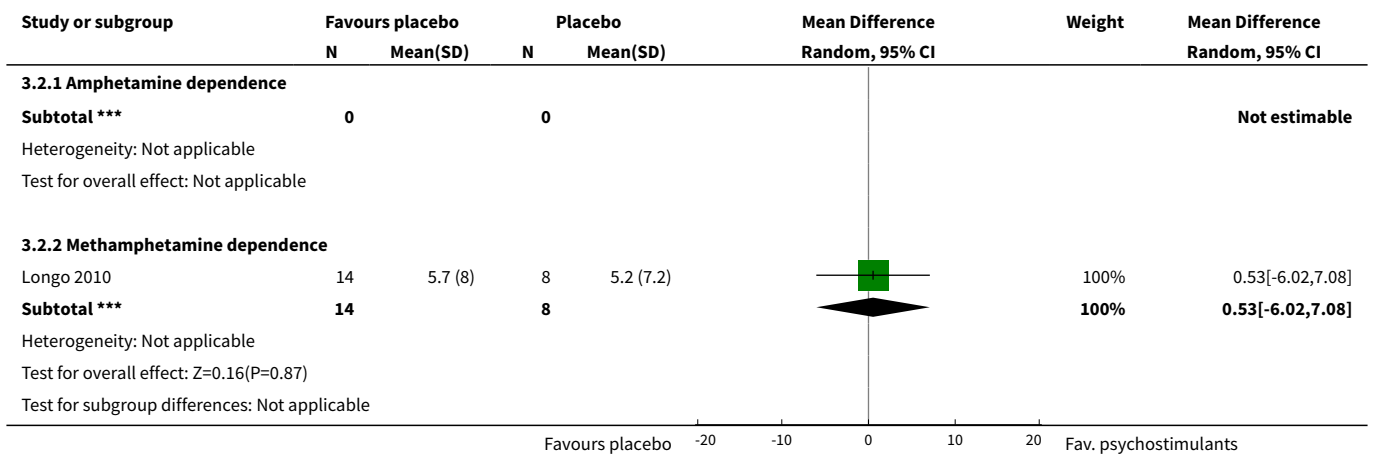
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Amphetamine use (UA)</b>	7		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 Amphetamine dependence	1	24	Mean Difference (IV, Random, 95% CI)	1.5 [-4.24, 7.24]
1.2 Methamphetamine dependence	6	449	Mean Difference (IV, Random, 95% CI)	-0.28 [-0.87, 0.31]
<b>2 Amphetamine use (hair analysis)</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 Amphetamine dependence	0	0	Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
2.2 Methamphetamine dependence	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
<b>3 Sustained abstinence</b>	6		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Amphetamine dependence	1	24	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.53, 1.49]
3.2 Methamphetamine dependence	5	535	Risk Ratio (M-H, Random, 95% CI)	1.24 [0.88, 1.74]
<b>4 Self-reported amphetamine use</b>	3		Mean Difference (IV, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.1 Amphetamine dependence	1	24	Mean Difference (IV, Random, 95% CI)	0.5 [-4.76, 5.76]
4.2 Methamphetamine dependence	2	109	Mean Difference (IV, Random, 95% CI)	0.07 [-11.39, 11.52]
<b>5 Retention in treatment</b>	<b>11</b>		<b>Risk Ratio (M-H, Random, 95% CI)</b>	<b>Subtotals only</b>
5.1 Amphetamine dependence	2	58	Risk Ratio (M-H, Random, 95% CI)	0.90 [0.42, 1.94]
5.2 Methamphetamine dependence	9	733	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.91, 1.16]
<b>6 Amphetamine craving</b>	<b>2</b>		<b>Std. Mean Difference (IV, Random, 95% CI)</b>	<b>Subtotals only</b>
6.1 Amphetamine dependence	0	0	Std. Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
6.2 Methamphetamine dependence	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
<b>7 Dropouts due to any adverse event</b>	<b>10</b>		<b>Risk Difference (M-H, Random, 95% CI)</b>	<b>Subtotals only</b>
7.1 Amphetamine dependence	2	58	Risk Difference (M-H, Random, 95% CI)	0.02 [-0.08, 0.11]
7.2 Methamphetamine dependence	8	582	Risk Difference (M-H, Random, 95% CI)	0.00 [-0.03, 0.04]
<b>8 Dropouts due to cardiovascular adverse events</b>	<b>8</b>		<b>Risk Difference (M-H, Random, 95% CI)</b>	<b>Subtotals only</b>
8.1 Amphetamine dependence	2	58	Risk Difference (M-H, Random, 95% CI)	0.0 [-0.09, 0.09]
8.2 Methamphetamine dependence	6	312	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
<b>9 Dropouts due to psychiatric adverse events</b>	<b>7</b>		<b>Risk Difference (M-H, Random, 95% CI)</b>	<b>Subtotals only</b>
9.1 Amphetamine dependence	7	290	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]
9.2 Methamphetamine dependence	5	232	Risk Difference (M-H, Random, 95% CI)	-0.03 [-0.07, 0.02]

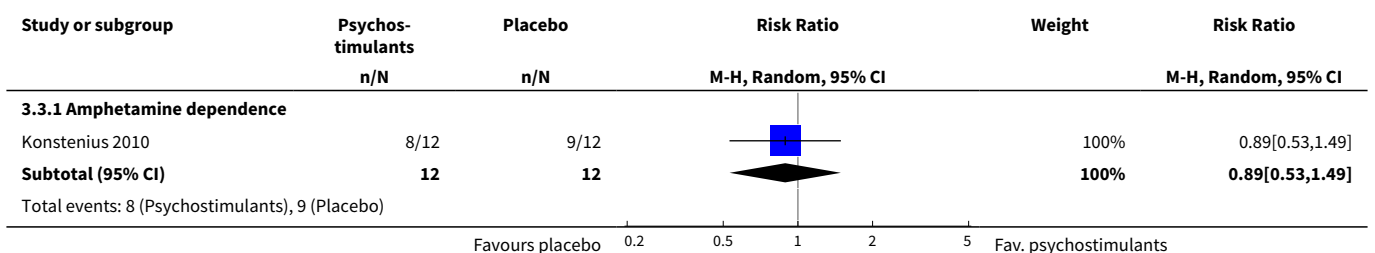
**Analysis 3.1. Comparison 3 Subgroup analysis: type of dependence, Outcome 1 Amphetamine use (UA).**

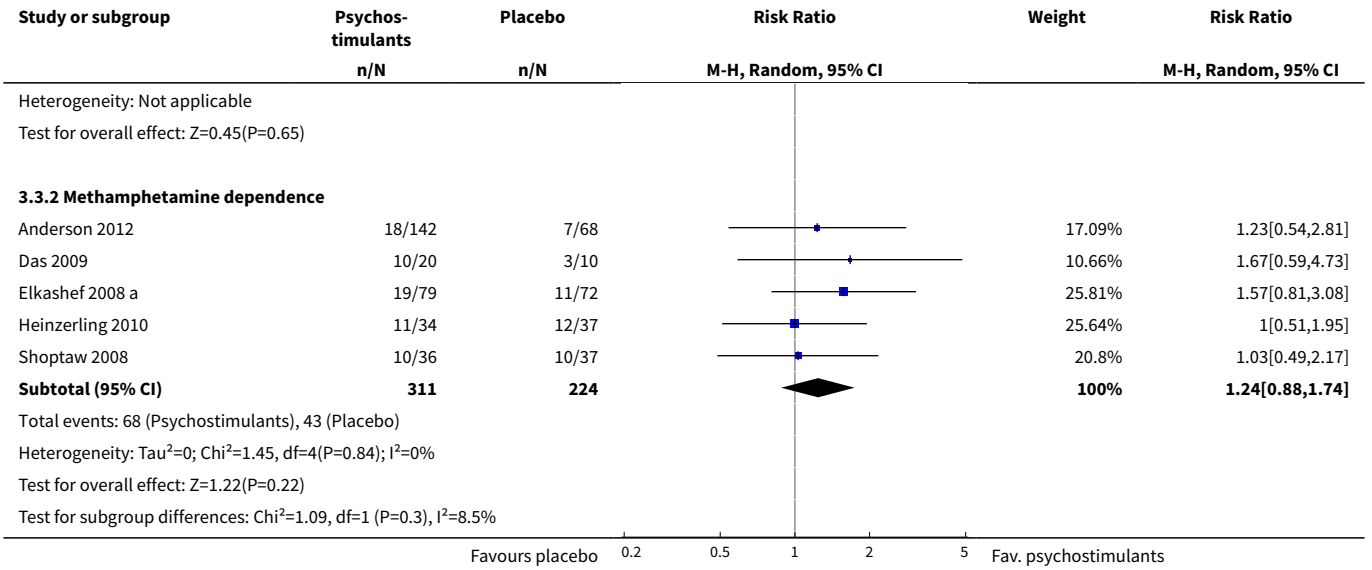


**Analysis 3.2. Comparison 3 Subgroup analysis: type of dependence, Outcome 2 Amphetamine use (hair analysis).**

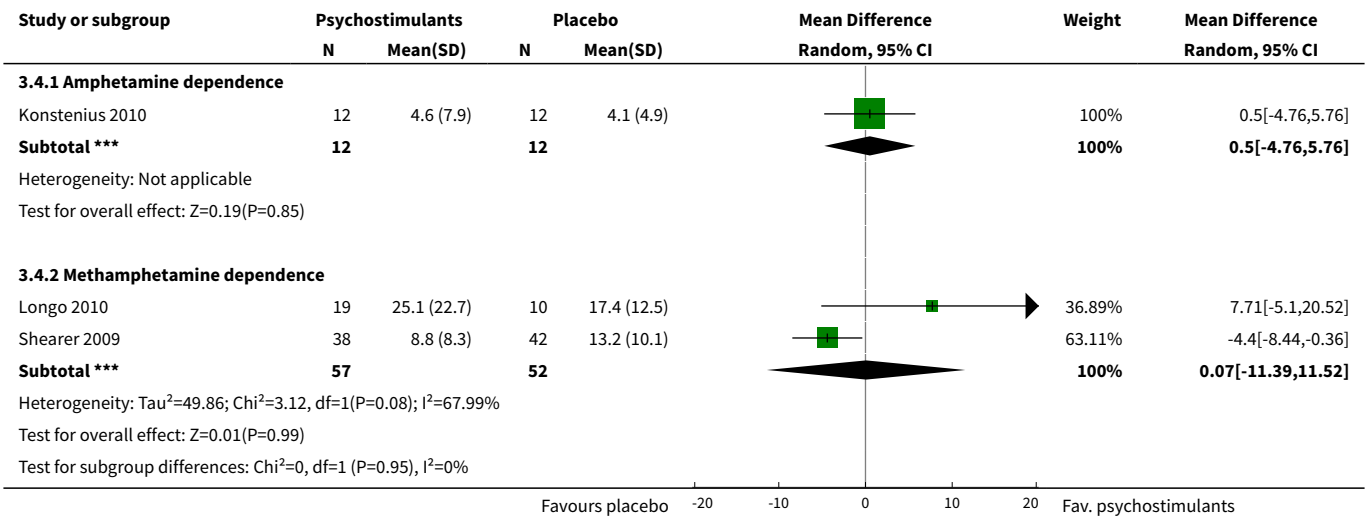


**Analysis 3.3. Comparison 3 Subgroup analysis: type of dependence, Outcome 3 Sustained abstinence.**

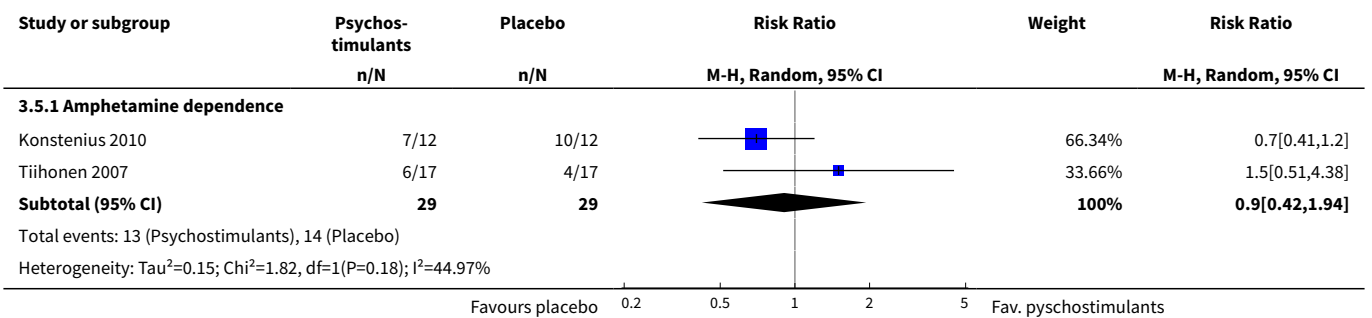


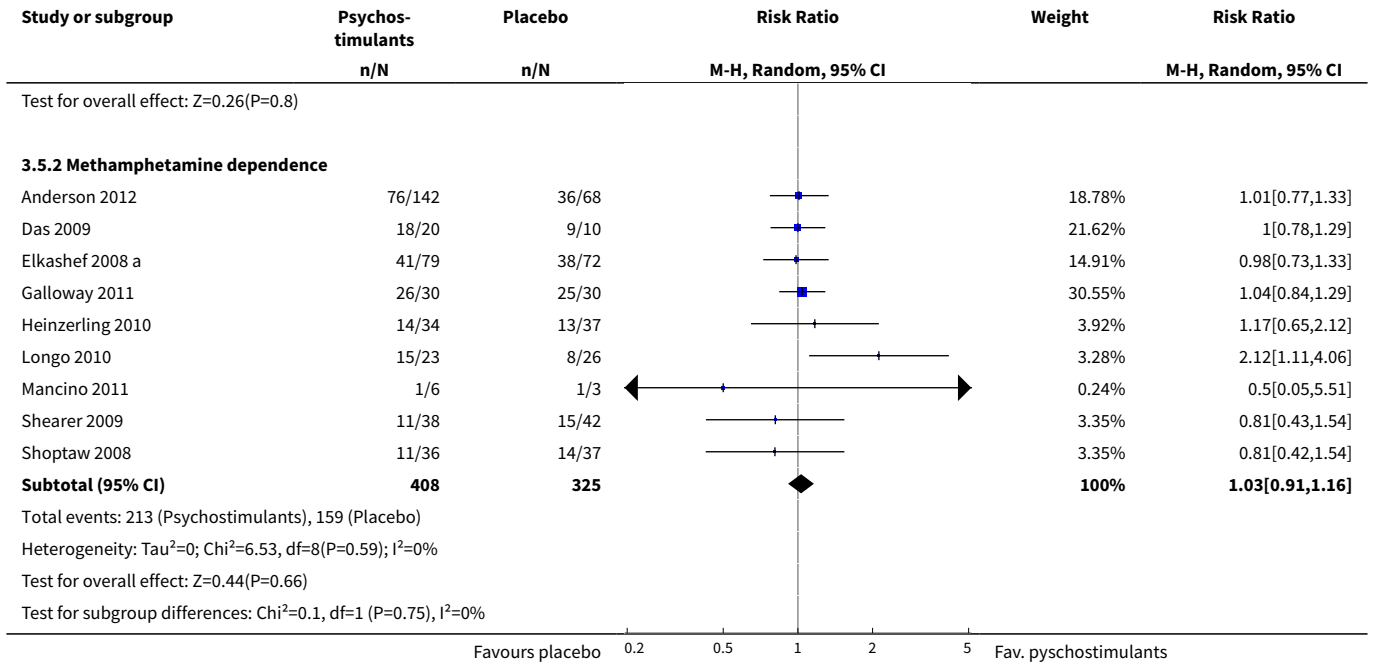


**Analysis 3.4. Comparison 3 Subgroup analysis: type of dependence, Outcome 4 Self-reported amphetamine use.**

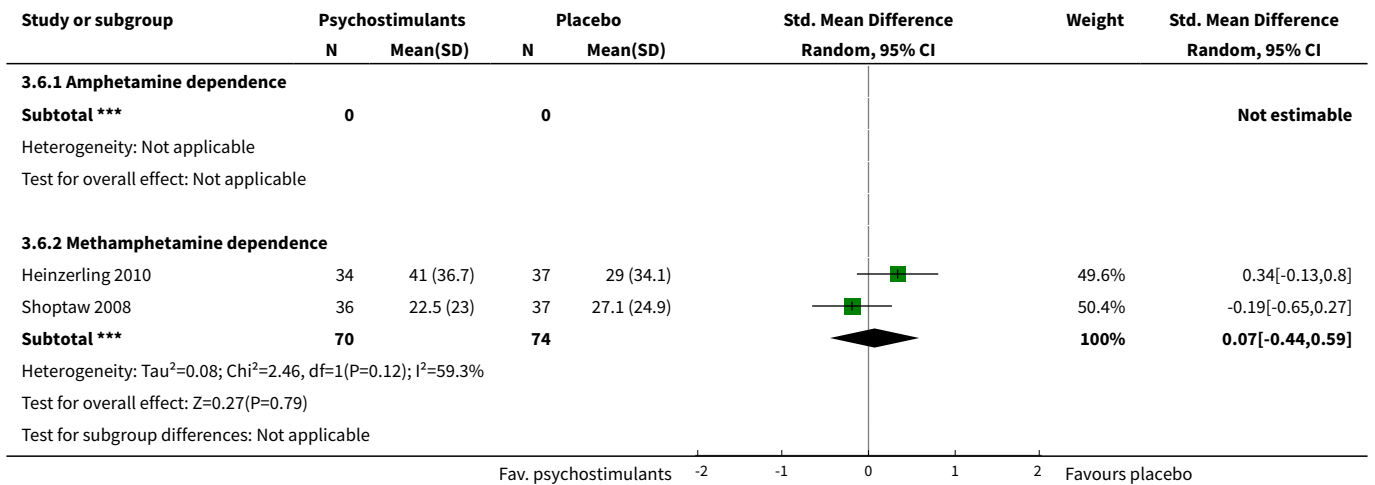


**Analysis 3.5. Comparison 3 Subgroup analysis: type of dependence, Outcome 5 Retention in treatment.**

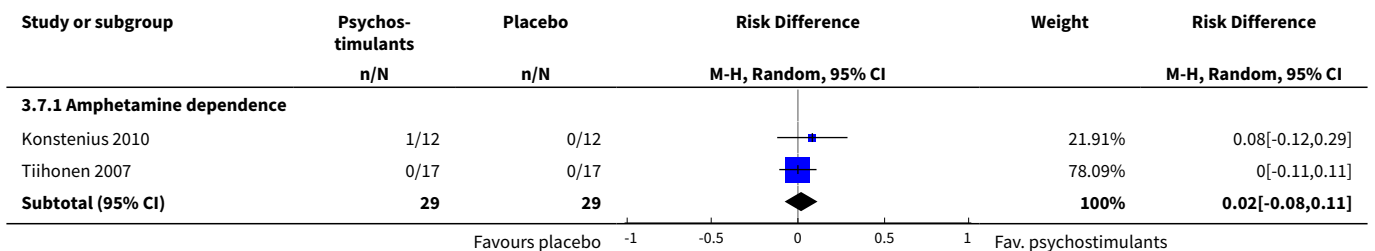




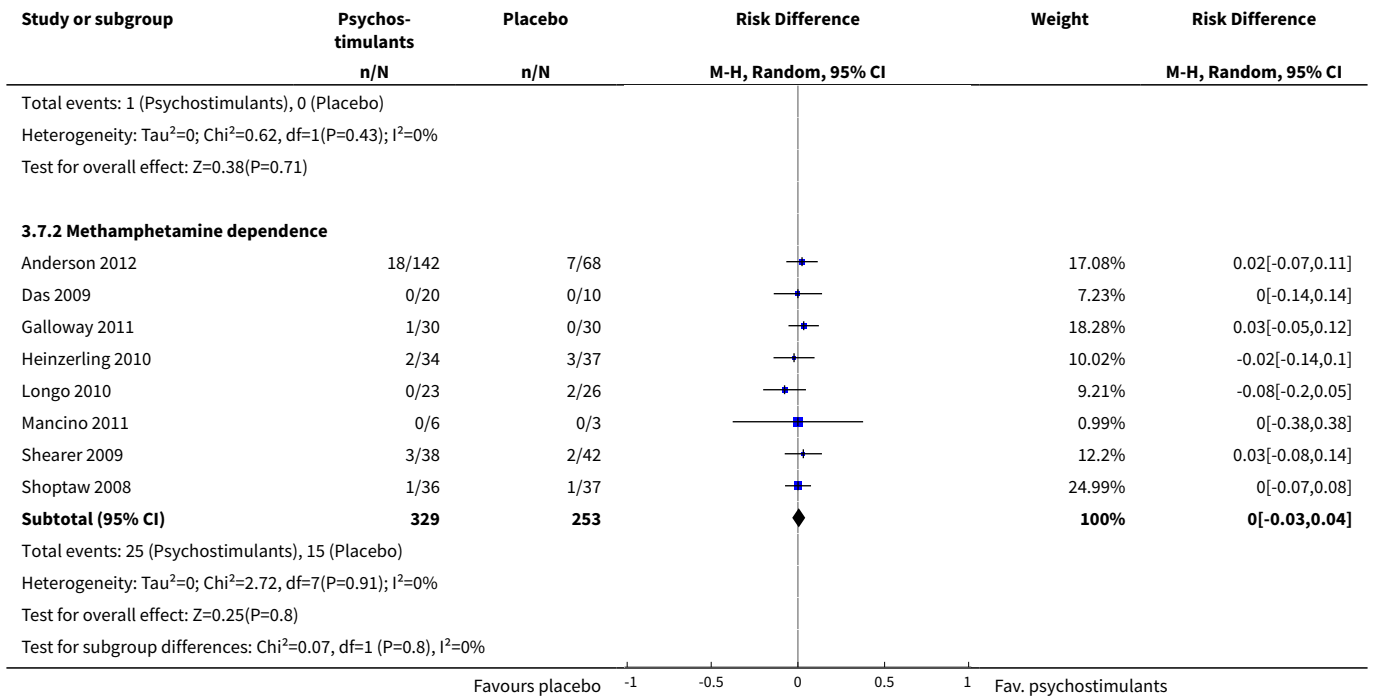
**Analysis 3.6. Comparison 3 Subgroup analysis: type of dependence, Outcome 6 Amphetamine craving.**



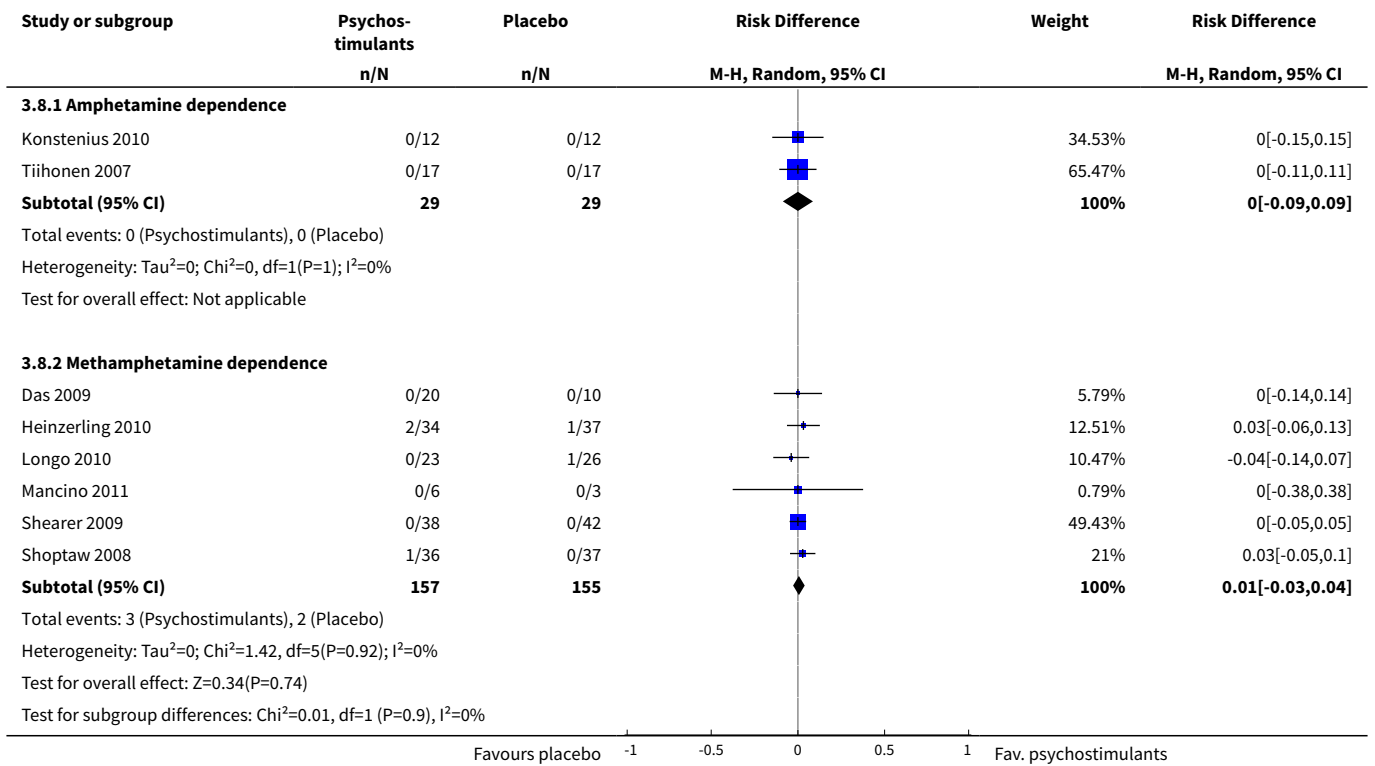
**Analysis 3.7. Comparison 3 Subgroup analysis: type of dependence, Outcome 7 Dropouts due to any adverse event.**



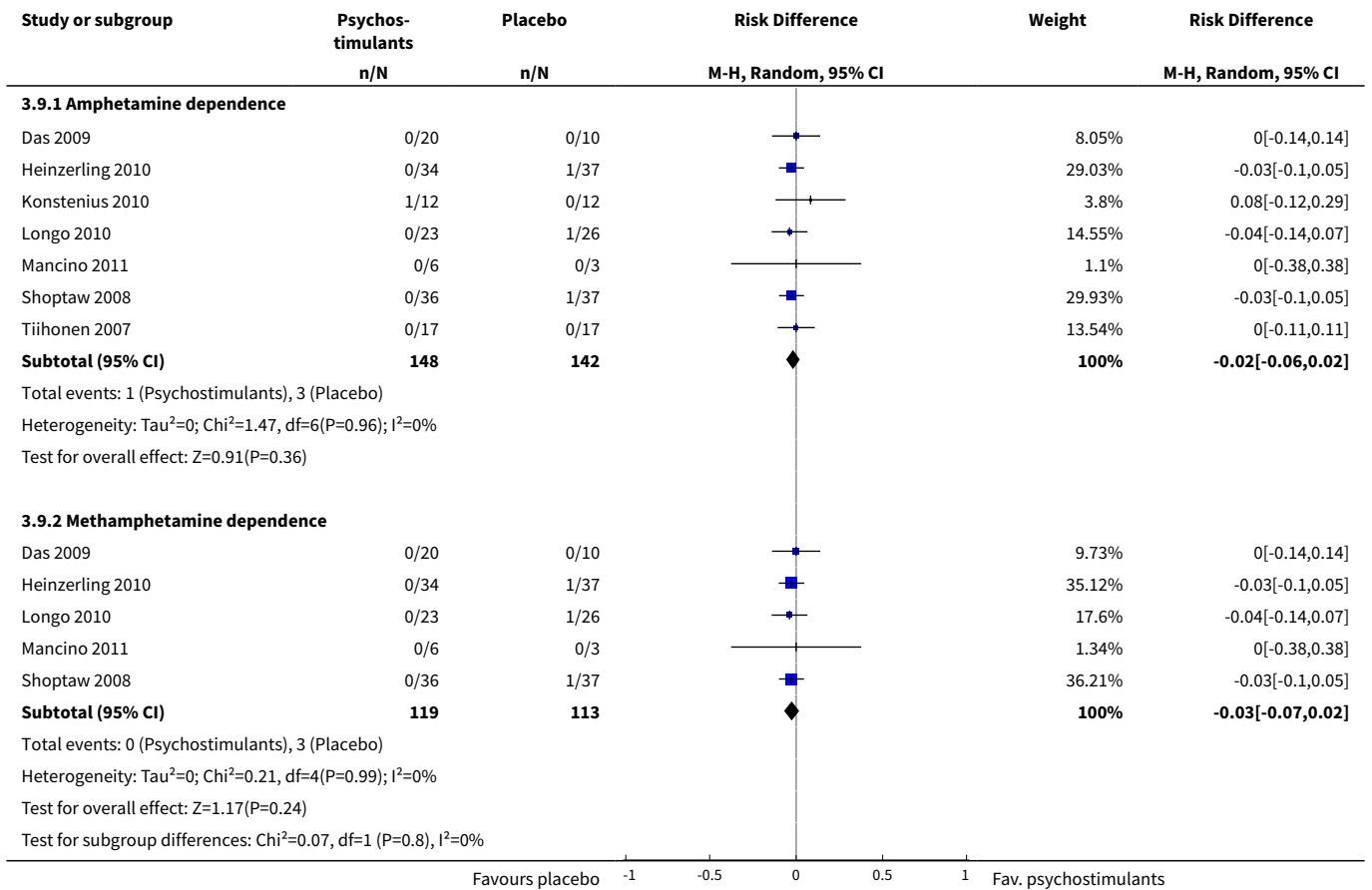




**Analysis 3.8. Comparison 3 Subgroup analysis: type of dependence, Outcome 8 Dropouts due to cardiovascular adverse events.**



**Analysis 3.9. Comparison 3 Subgroup analysis: type of dependence, Outcome 9 Dropouts due to psychiatric adverse events.**

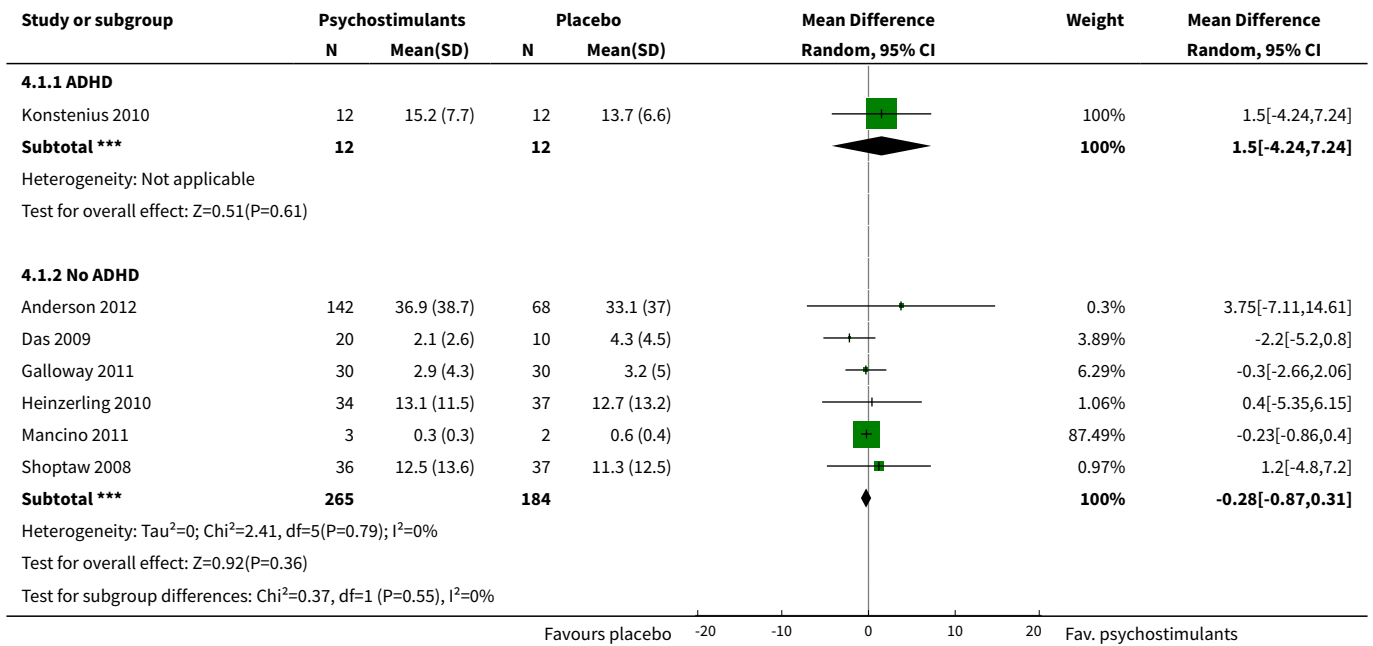


**Comparison 4. Subgroup analysis: comorbid ADHD as inclusion criterion**

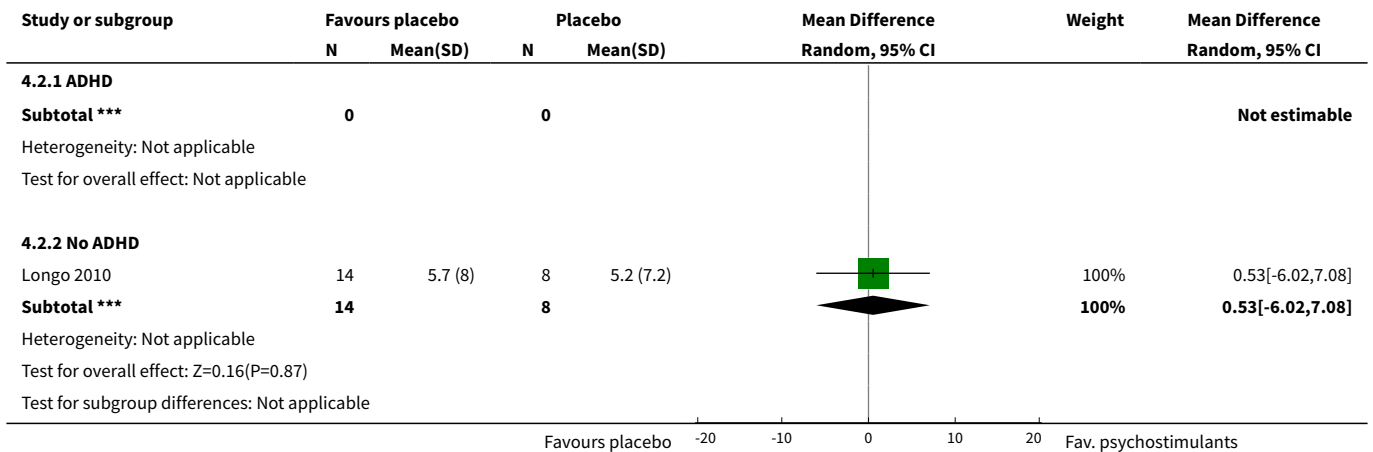
Outcome or sub-group title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Amphetamine use (UA)</b>	7		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 ADHD	1	24	Mean Difference (IV, Random, 95% CI)	1.5 [-4.24, 7.24]
1.2 No ADHD	6	449	Mean Difference (IV, Random, 95% CI)	-0.28 [-0.87, 0.31]
<b>2 Amphetamine use (hair analysis)</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 ADHD	0	0	Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
2.2 No ADHD	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
<b>3 Sustained abstinence</b>	6		Risk Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or sub-group title	No. of studies	No. of participants	Statistical method	Effect size
3.1 ADHD	1	24	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.53, 1.49]
3.2 No ADHD	5	535	Risk Ratio (M-H, Random, 95% CI)	1.24 [0.88, 1.74]
<b>4 Self reported amphetamine use</b>	3		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 ADHD	1	24	Mean Difference (IV, Random, 95% CI)	0.5 [-4.76, 5.76]
4.2 No ADHD	2	109	Mean Difference (IV, Random, 95% CI)	0.07 [-11.39, 11.52]
<b>5 Retention in treatment</b>	11		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 ADHD	1	24	Risk Ratio (M-H, Random, 95% CI)	0.7 [0.41, 1.20]
5.2 No ADHD	10	767	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.92, 1.16]
<b>6 Amphetamine craving</b>	2		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
6.1 ADHD	0	0	Std. Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
6.2 No ADHD	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
<b>7 Dropouts due to any adverse event</b>	10		Risk Difference (M-H, Random, 95% CI)	Subtotals only
7.1 ADHD	1	24	Risk Difference (M-H, Random, 95% CI)	0.08 [-0.12, 0.29]
7.2 No ADHD	9	616	Risk Difference (M-H, Random, 95% CI)	0.00 [-0.03, 0.04]
<b>8 Dropouts due to cardiovascular adverse events</b>	8		Risk Difference (M-H, Random, 95% CI)	Subtotals only
8.1 ADHD	1	24	Risk Difference (M-H, Random, 95% CI)	0.0 [-0.15, 0.15]
8.2 No ADHD	7	346	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
<b>9 Dropouts due to psychiatric adverse events</b>	7		Risk Difference (M-H, Random, 95% CI)	Subtotals only
9.1 ADHD	1	24	Risk Difference (M-H, Random, 95% CI)	0.08 [-0.12, 0.29]
9.2 No ADHD	6	266	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]

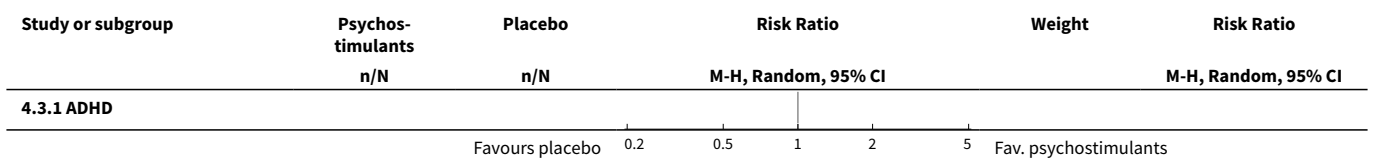
**Analysis 4.1. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 1 Amphetamine use (UA).**

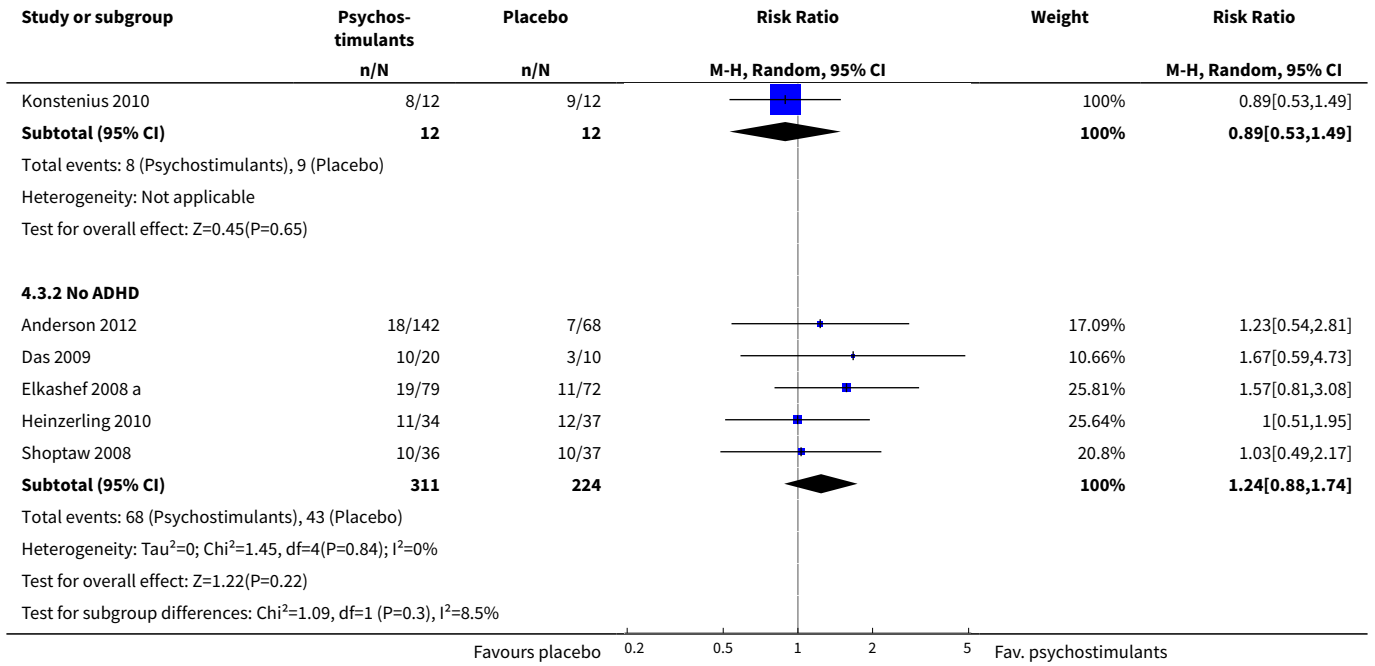


**Analysis 4.2. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 2 Amphetamine use (hair analysis).**

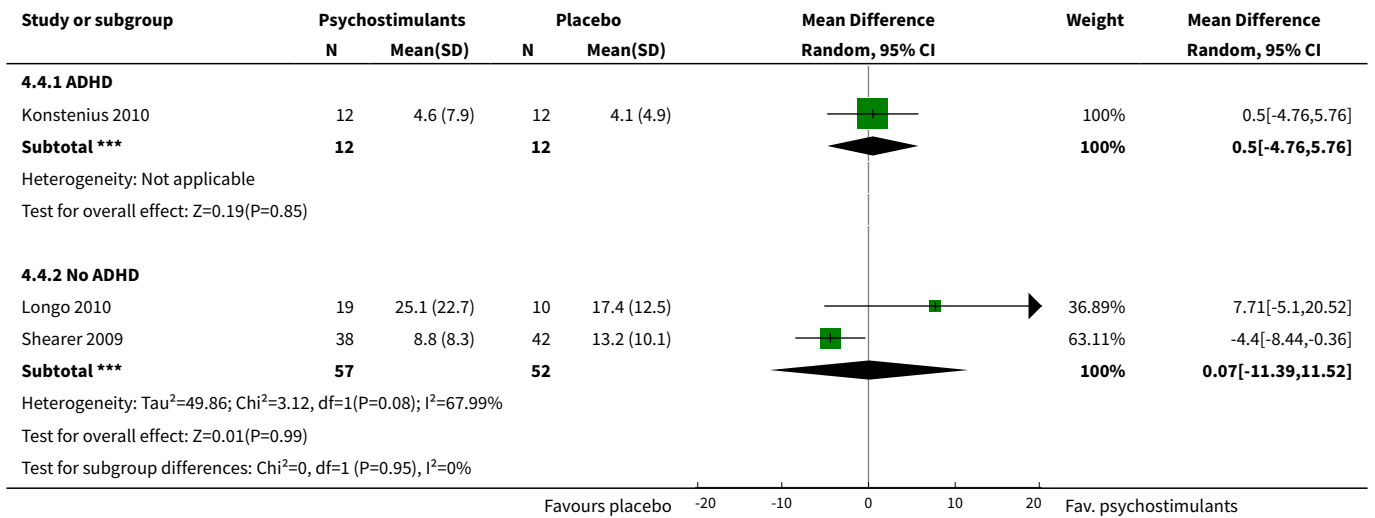


**Analysis 4.3. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 3 Sustained abstinence.**

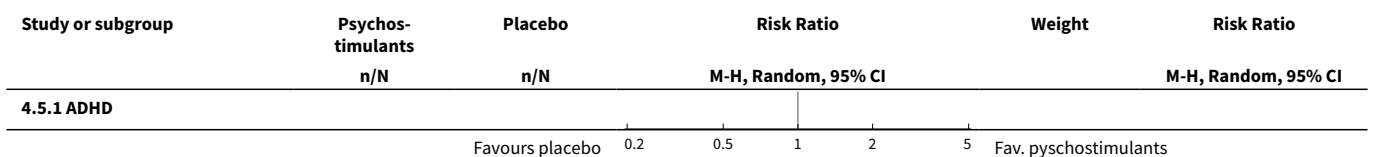


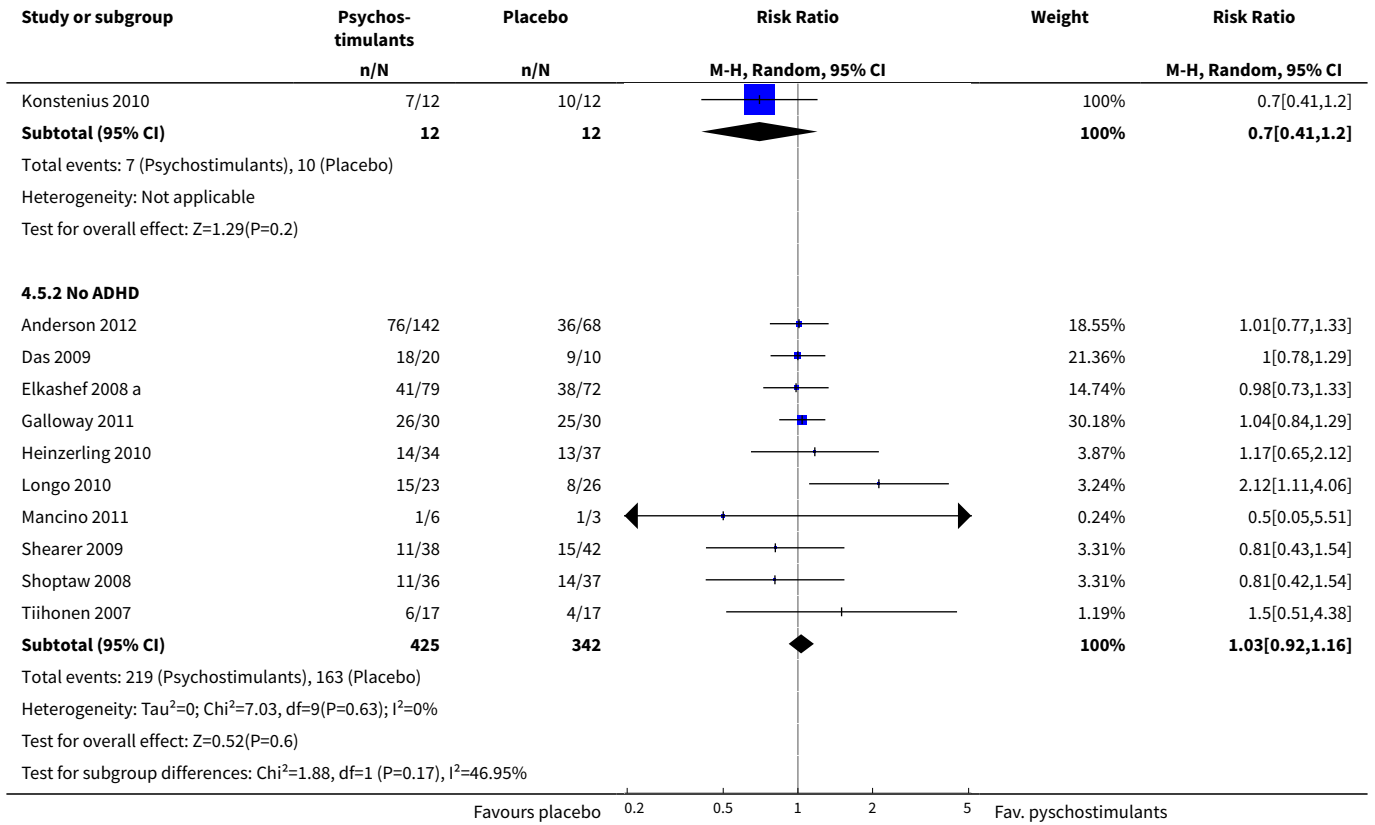


**Analysis 4.4. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 4 Self reported amphetamine use.**

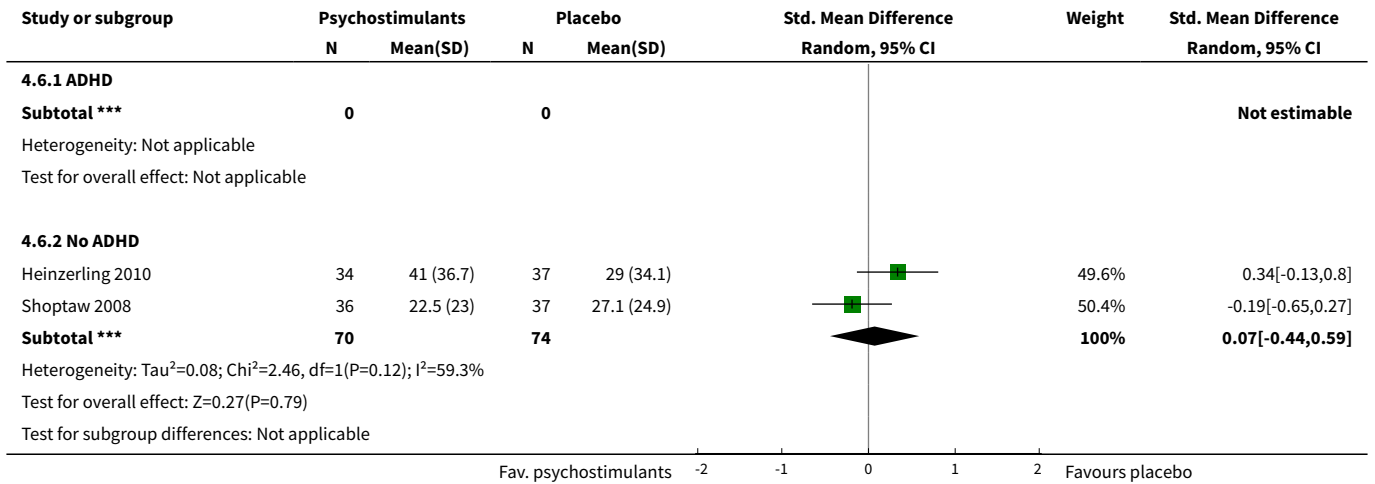


**Analysis 4.5. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 5 Retention in treatment.**

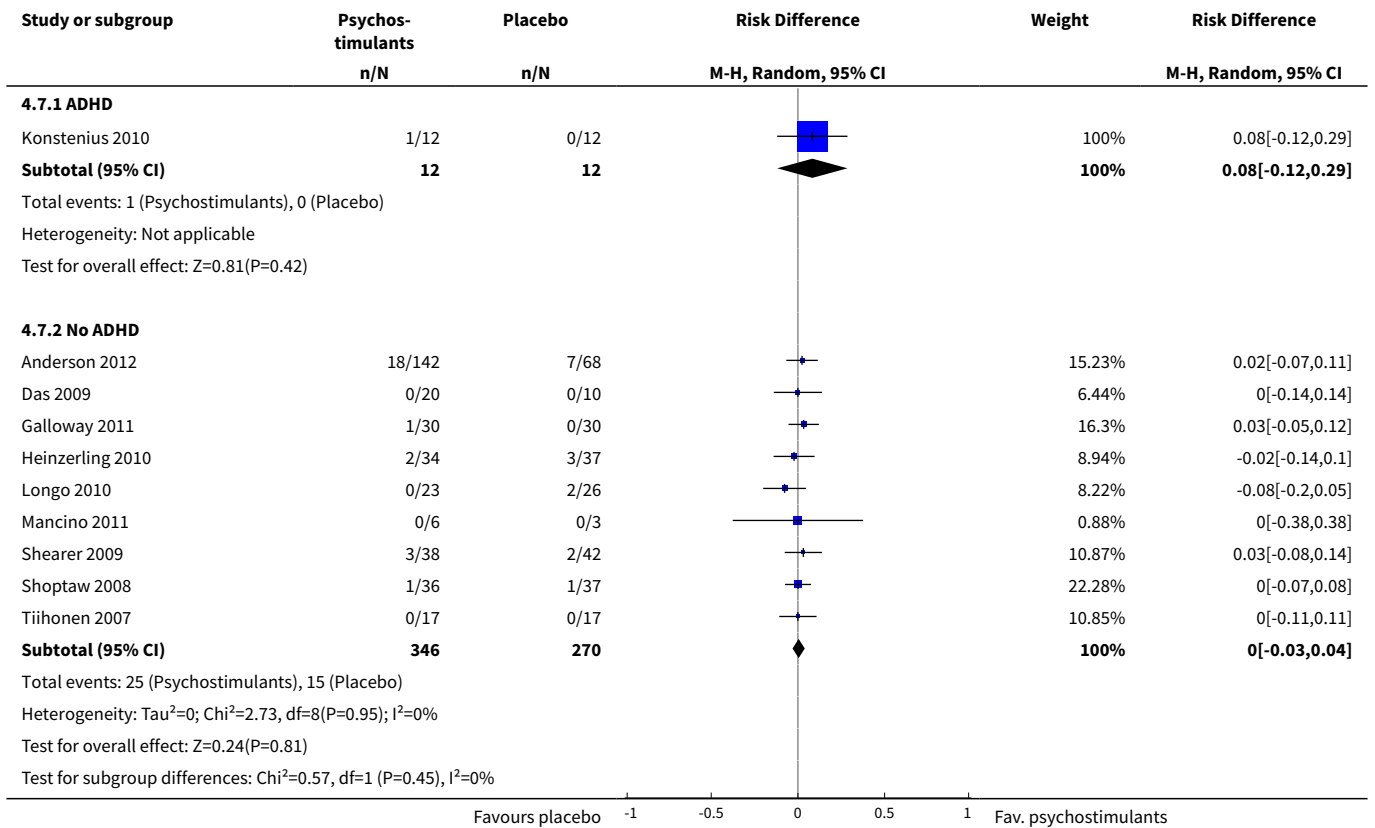




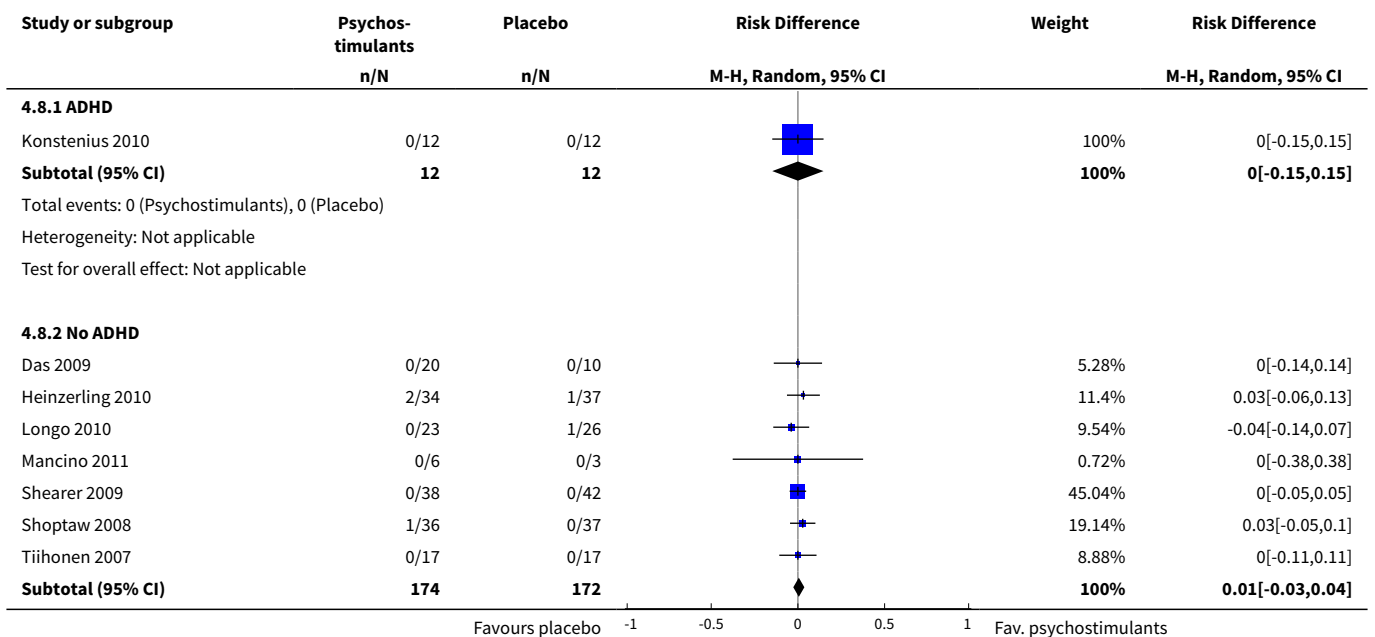
**Analysis 4.6. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 6 Amphetamine craving.**

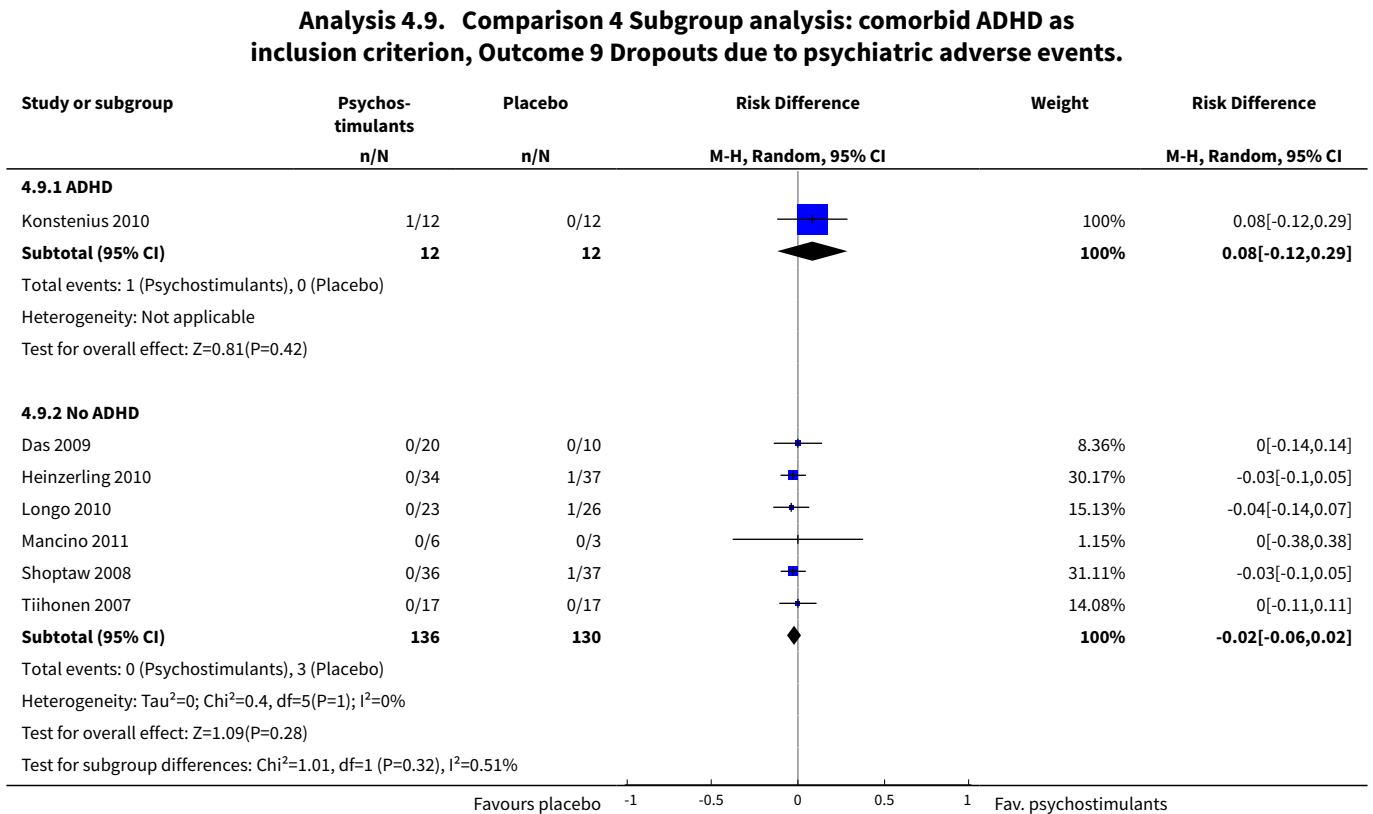
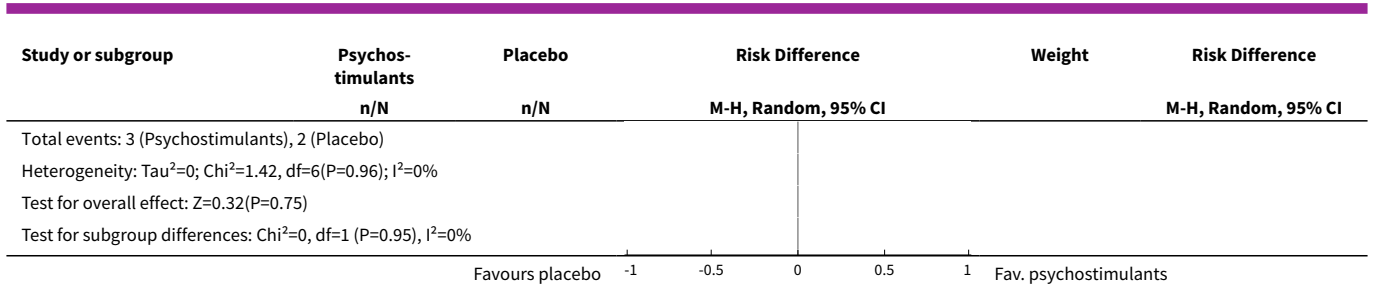


**Analysis 4.7. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 7 Dropouts due to any adverse event.**



**Analysis 4.8. Comparison 4 Subgroup analysis: comorbid ADHD as inclusion criterion, Outcome 8 Dropouts due to cardiovascular adverse events.**





**Comparison 5. Subgroup analysis: data publication**

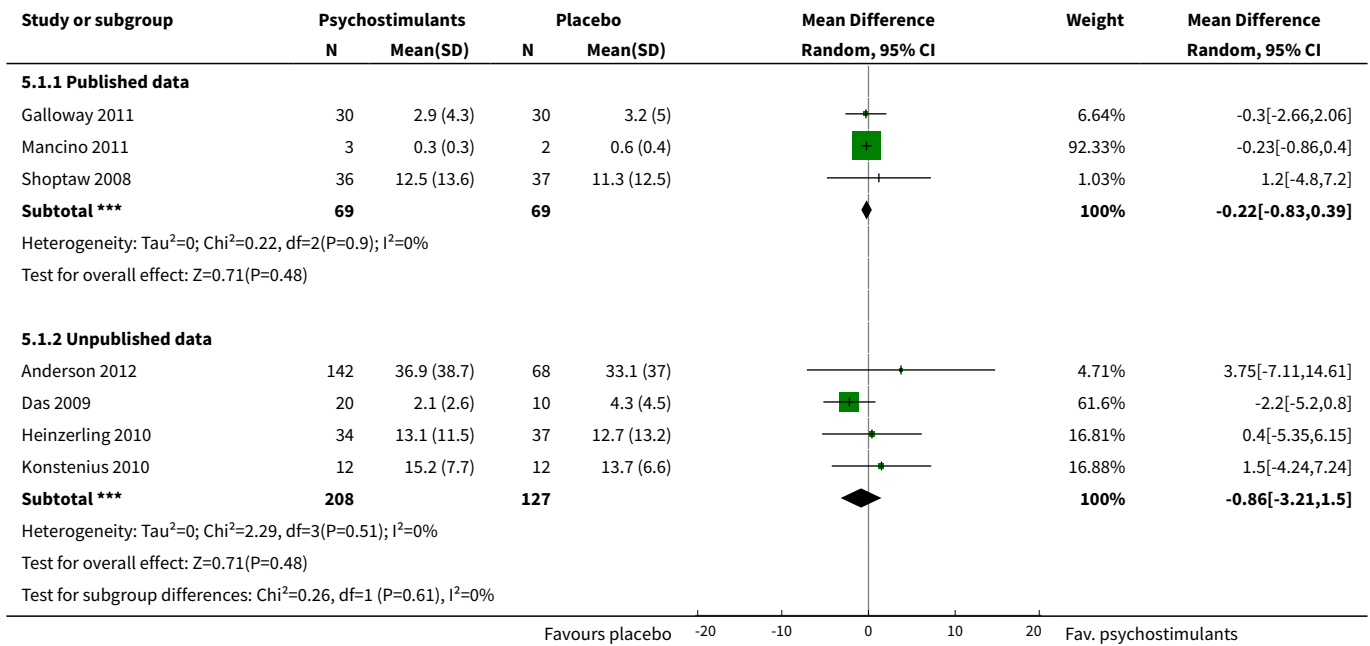
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Amphetamine use (UA)</a>	7		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 Published data	3	138	Mean Difference (IV, Random, 95% CI)	-0.22 [-0.83, 0.39]
1.2 Unpublished data	4	335	Mean Difference (IV, Random, 95% CI)	-0.86 [-3.21, 1.50]
<a href="#">2 Amphetamine use (hair analysis)</a>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 Published data	0	0	Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]



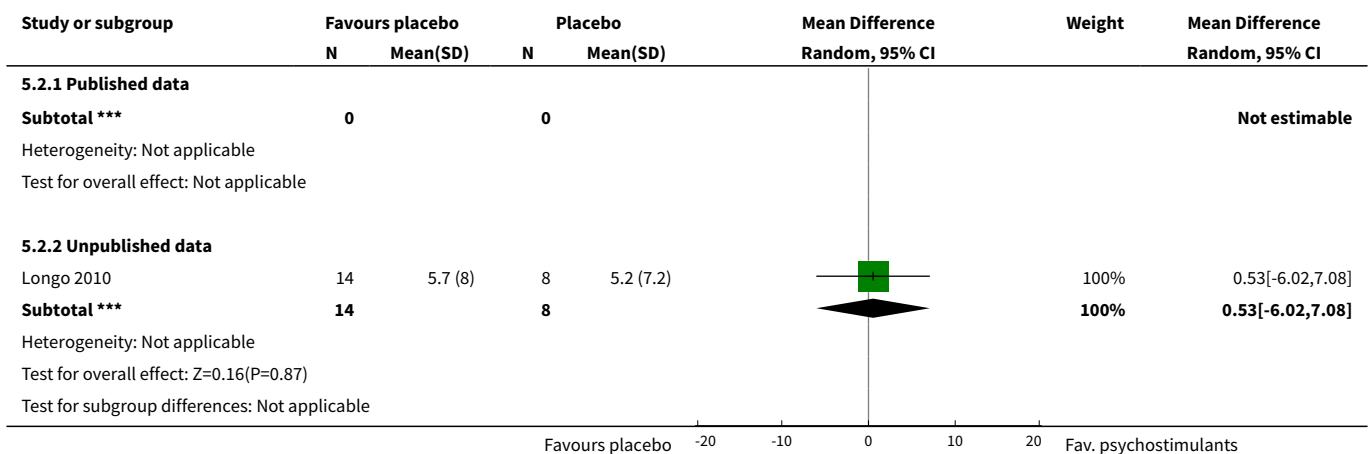
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.2 Unpublished data	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
<b>3 Sustained abstinence</b>	6		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Published data	1	73	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.49, 2.17]
3.2 Unpublished data	5	486	Risk Ratio (M-H, Random, 95% CI)	1.13 [0.83, 1.54]
<b>4 Self reported amphetamine use</b>	3		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 Published data	2	104	Mean Difference (IV, Random, 95% CI)	-2.25 [-7.02, 2.51]
4.2 Unpublished data	1	29	Mean Difference (IV, Random, 95% CI)	7.71 [-5.10, 20.52]
<b>5 Retention in treatment</b>	11	791	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.90, 1.14]
5.1 Published data	11	791	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.90, 1.14]
5.2 Unpublished data	0	0	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
<b>6 Amphetamine craving (at the end of study)</b>	2		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
6.1 Published data	0	0	Std. Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
6.2 Unpublished data	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
<b>7 Dropouts due to any adverse event</b>	10		Risk Difference (M-H, Random, 95% CI)	Subtotals only
7.1 Published data	5	292	Risk Difference (M-H, Random, 95% CI)	0.00 [-0.04, 0.05]
7.2 Unpublished data	5	348	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.05, 0.07]
<b>8 Dropouts due to cardiovascular adverse events</b>	8		Risk Difference (M-H, Random, 95% CI)	Subtotals only
8.1 Published data	2	103	Risk Difference (M-H, Random, 95% CI)	0.02 [-0.04, 0.09]
8.2 Unpublished data	6	267	Risk Difference (M-H, Random, 95% CI)	-0.00 [-0.04, 0.04]
<b>9 Dropouts due to psychiatric adverse events</b>	7		Risk Difference (M-H, Random, 95% CI)	Subtotals only
9.1 Published data	3	152	Risk Difference (M-H, Random, 95% CI)	-0.03 [-0.08, 0.03]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
9.2 Unpublished data	4	138	Risk Difference (M-H, Random, 95% CI)	-0.01 [-0.07, 0.05]

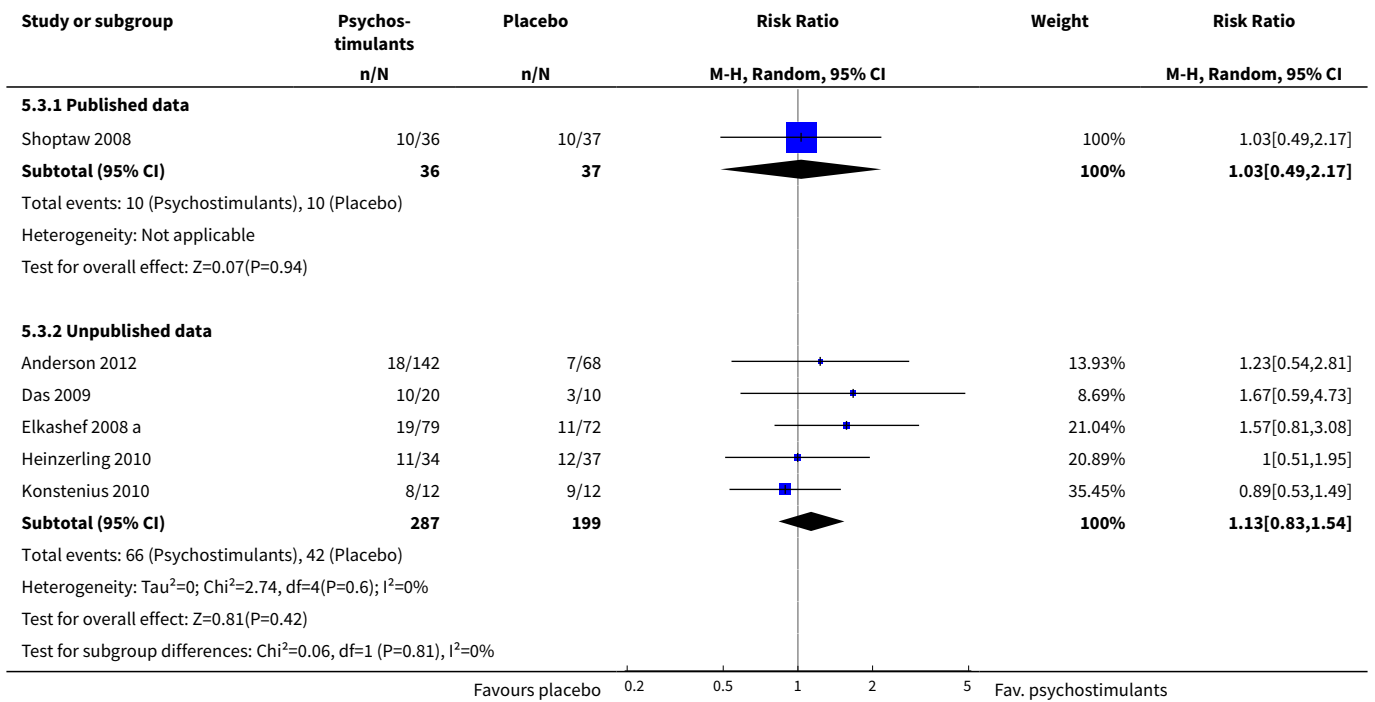
**Analysis 5.1. Comparison 5 Subgroup analysis: data publication, Outcome 1 Amphetamine use (UA).**



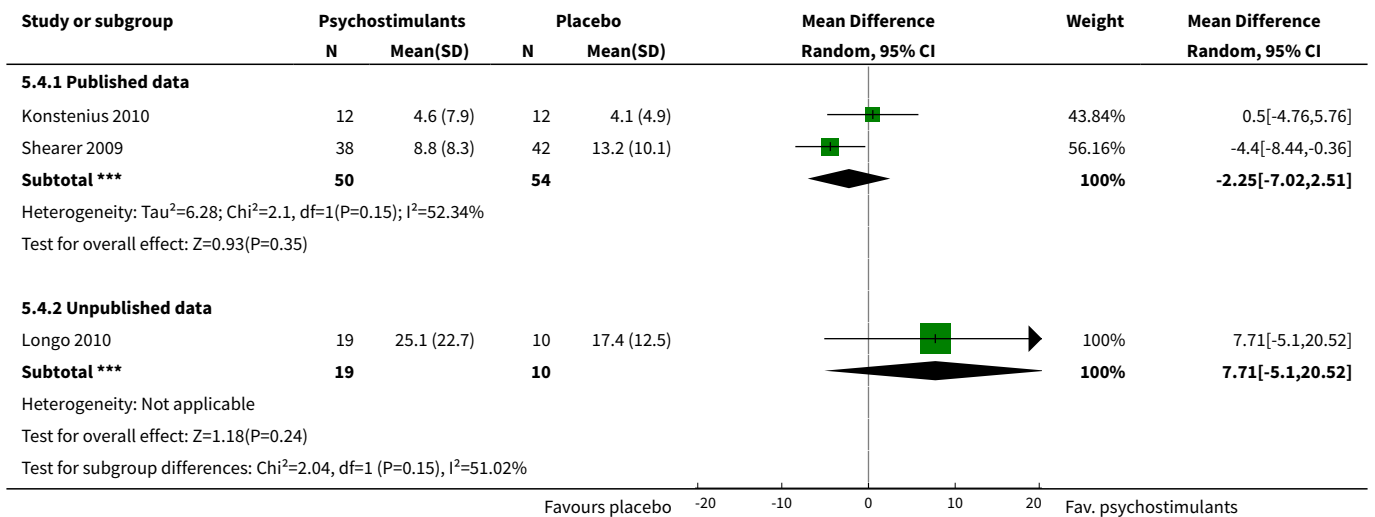
**Analysis 5.2. Comparison 5 Subgroup analysis: data publication, Outcome 2 Amphetamine use (hair analysis).**



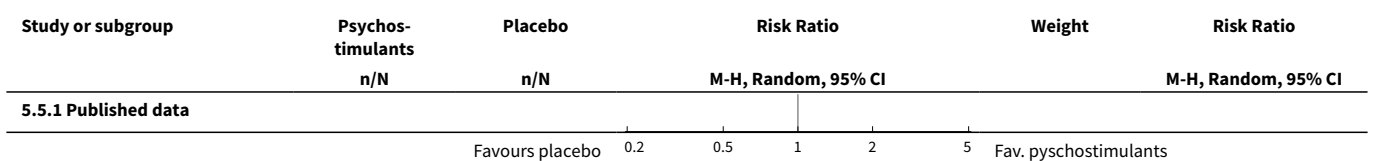
**Analysis 5.3. Comparison 5 Subgroup analysis: data publication, Outcome 3 Sustained abstinence.**

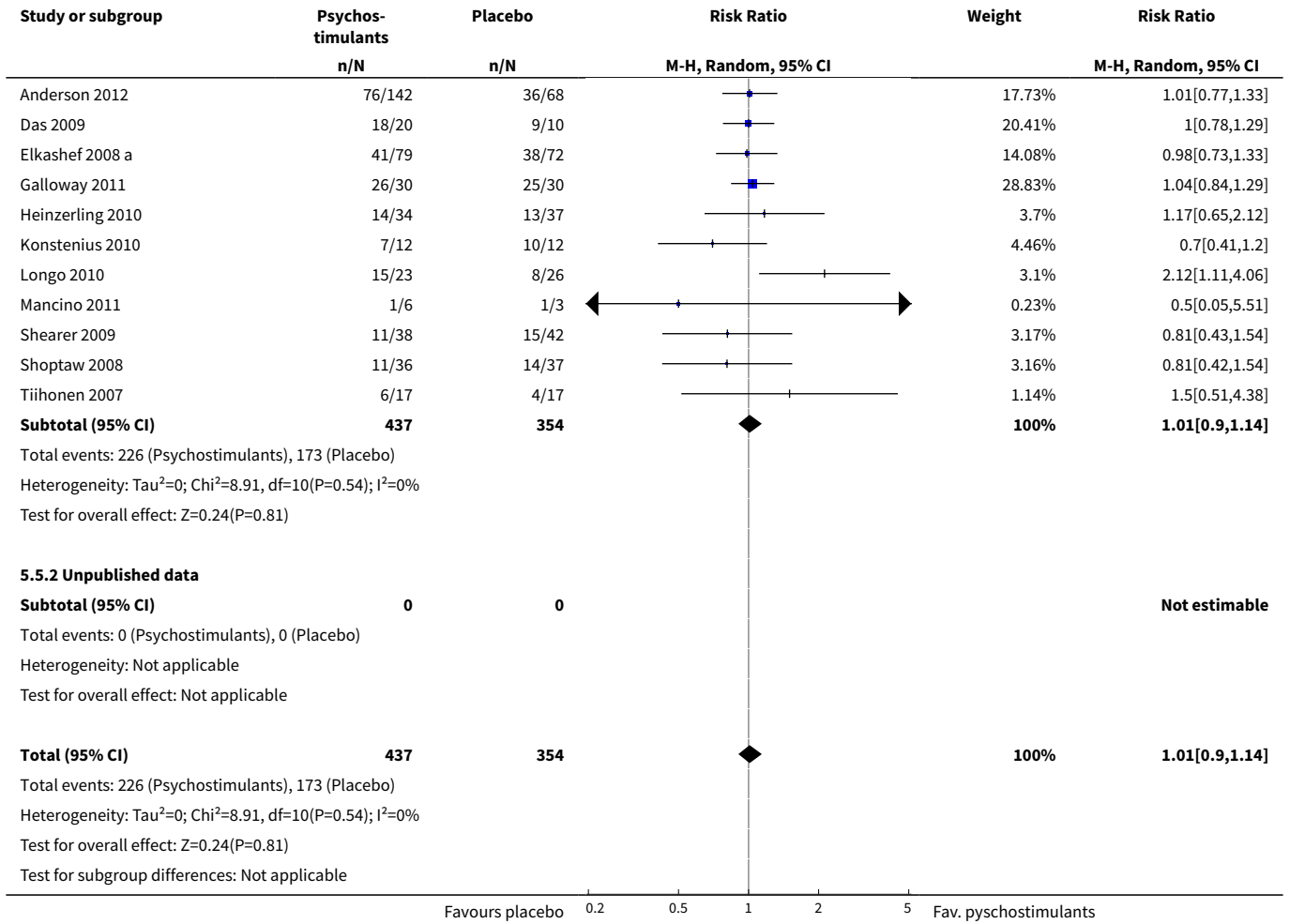


**Analysis 5.4. Comparison 5 Subgroup analysis: data publication, Outcome 4 Self reported amphetamine use.**

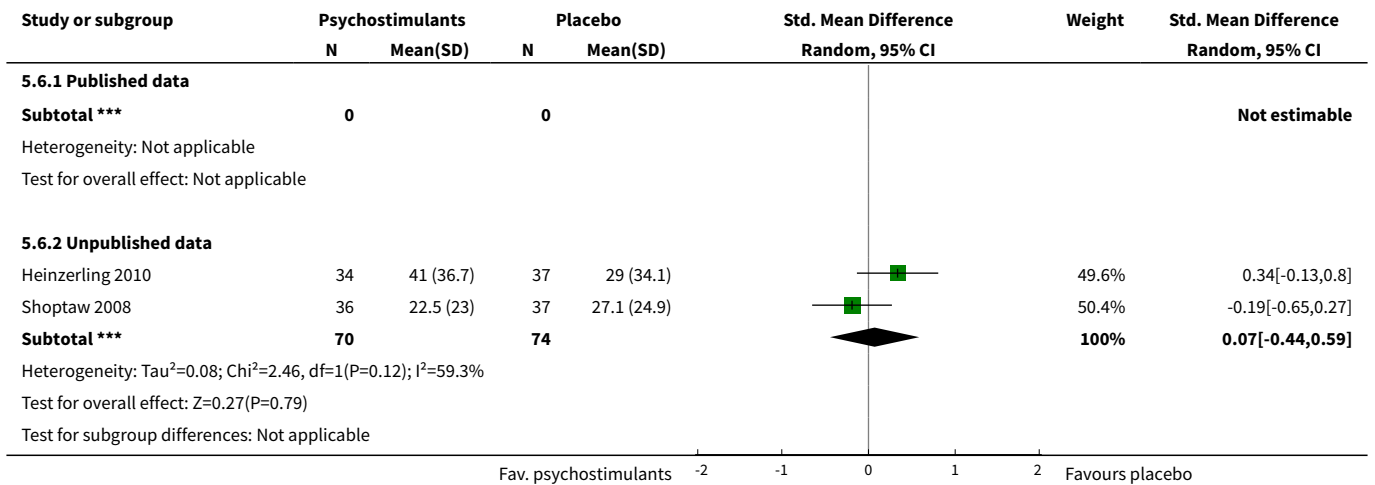


**Analysis 5.5. Comparison 5 Subgroup analysis: data publication, Outcome 5 Retention in treatment.**

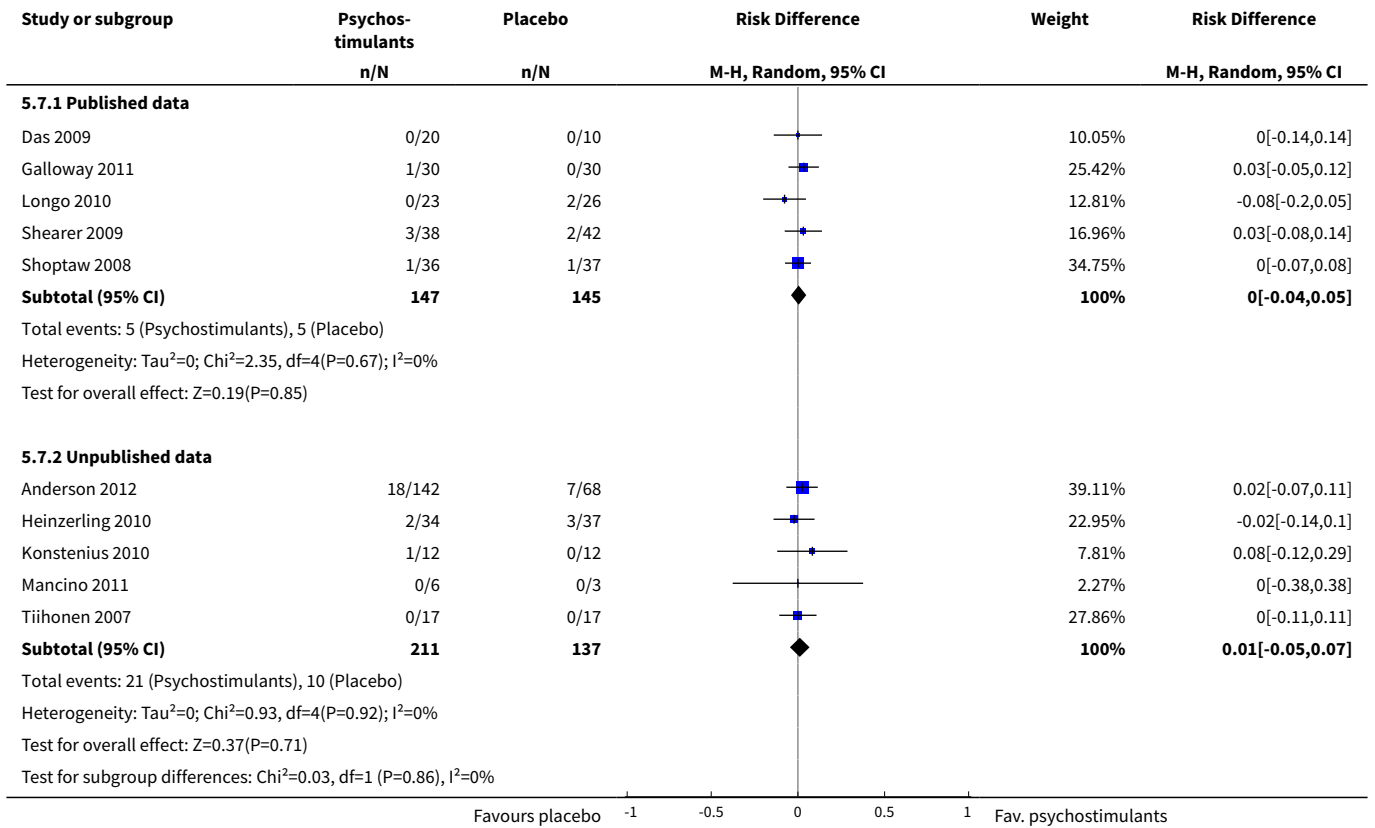




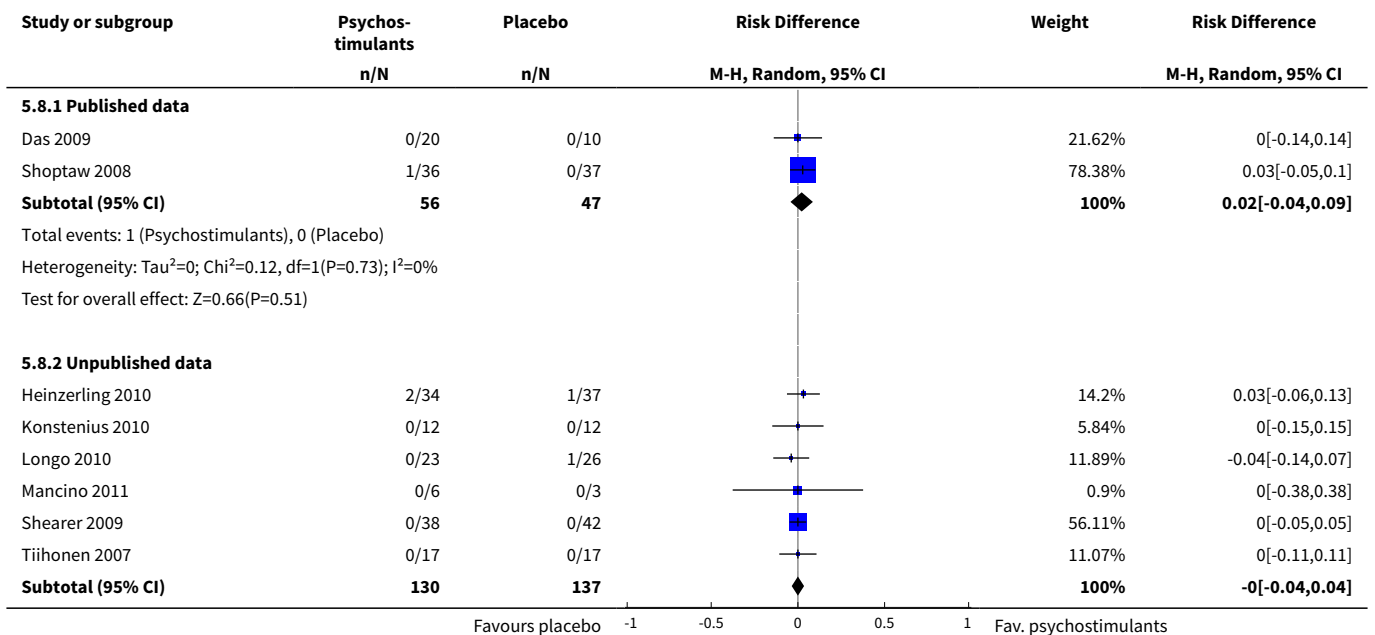
**Analysis 5.6. Comparison 5 Subgroup analysis: data publication, Outcome 6 Amphetamine craving (at the end of study).**

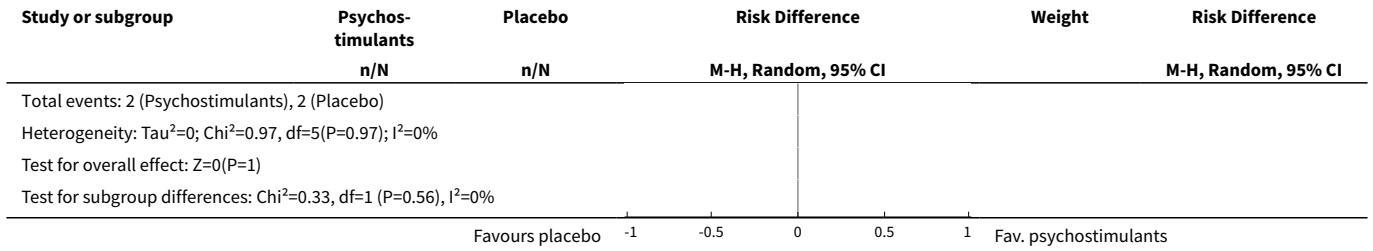


**Analysis 5.7. Comparison 5 Subgroup analysis: data publication, Outcome 7 Dropouts due to any adverse event.**

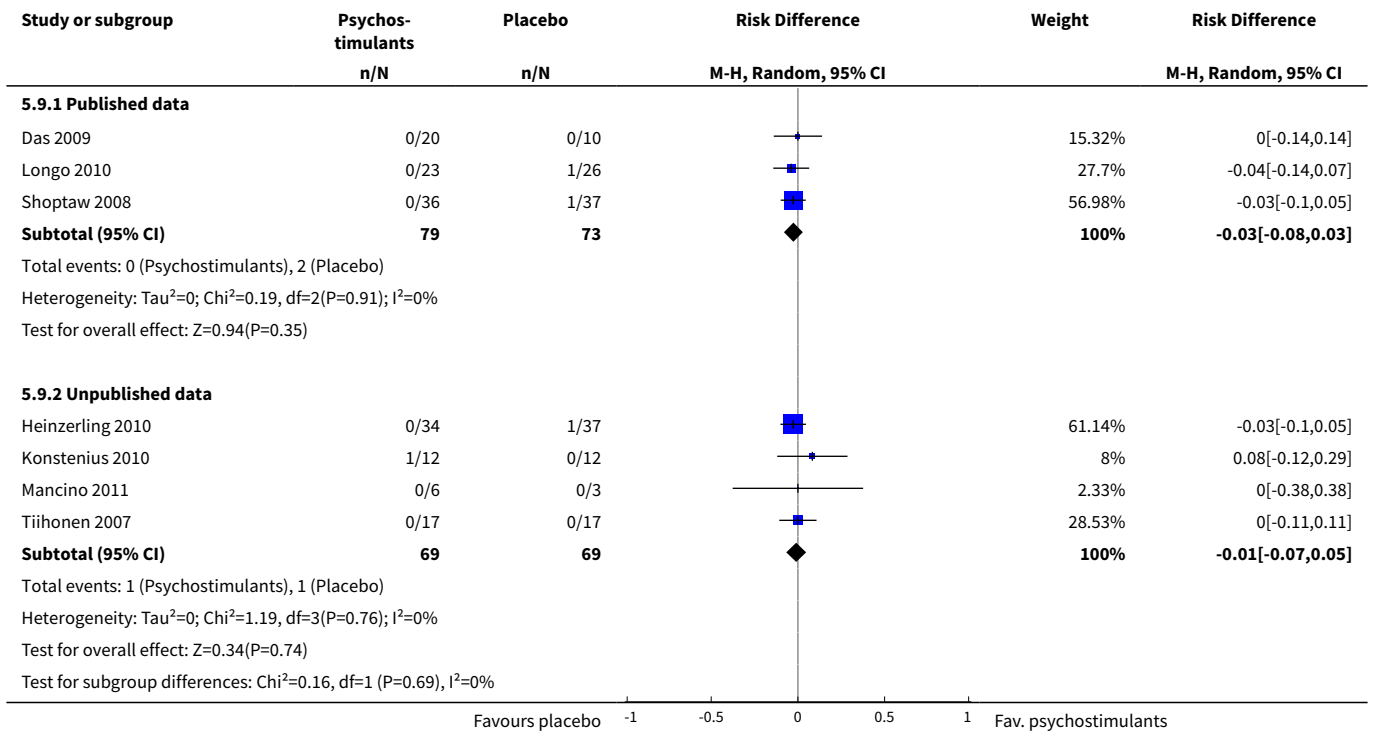


**Analysis 5.8. Comparison 5 Subgroup analysis: data publication, Outcome 8 Dropouts due to cardiovascular adverse events.**





**Analysis 5.9. Comparison 5 Subgroup analysis: data publication, Outcome 9 Dropouts due to psychiatric adverse events.**



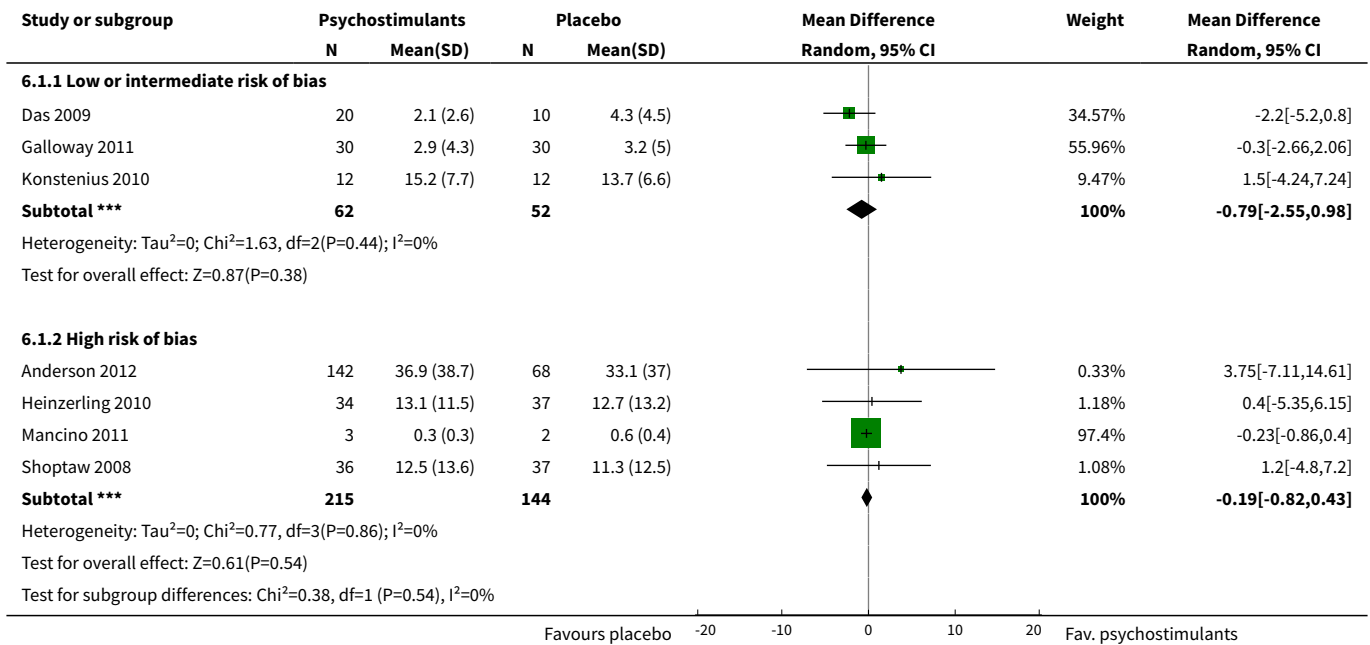
**Comparison 6. Subgroup analysis: clinical trial reporting quality (incomplete outcome data)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Amphetamine use (UA)</b>	7		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 Low or intermediate risk of bias	3	114	Mean Difference (IV, Random, 95% CI)	-0.79 [-2.55, 0.98]
1.2 High risk of bias	4	359	Mean Difference (IV, Random, 95% CI)	-0.19 [-0.82, 0.43]

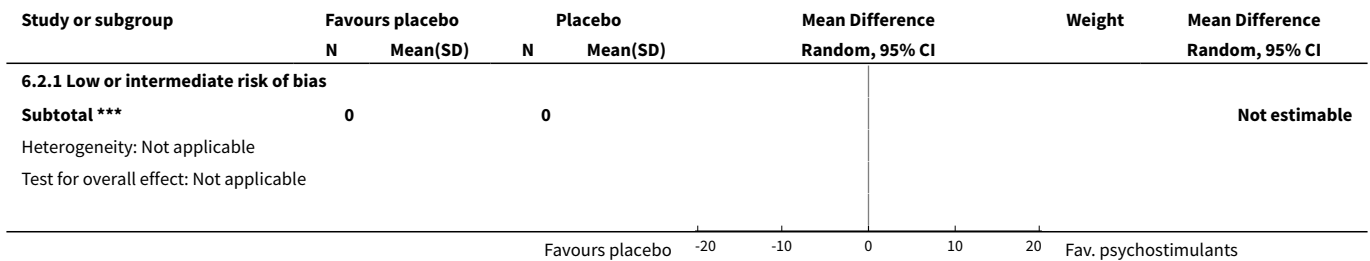
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>2 Amphetamine use (hair analysis)</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 Low or intermediate risk of bias	0	0	Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
2.2 High risk of bias	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
<b>3 Sustained abstinence</b>	6		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Low or intermediate risk of bias	3	205	Risk Ratio (M-H, Random, 95% CI)	1.21 [0.75, 1.94]
3.2 High risk of bias	3	354	Risk Ratio (M-H, Random, 95% CI)	1.07 [0.70, 1.63]
<b>4 Self reported amphetamine use</b>	3		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 Low or intermediate risk of bias	1	24	Mean Difference (IV, Random, 95% CI)	0.5 [-4.76, 5.76]
4.2 High risk of bias	2	109	Mean Difference (IV, Random, 95% CI)	0.07 [-11.39, 11.52]
<b>5 Retention in treatment</b>	11		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 Low or intermediate risk of bias	6	372	Risk Ratio (M-H, Random, 95% CI)	0.99 [0.86, 1.13]
5.2 High risk of bias	5	419	Risk Ratio (M-H, Random, 95% CI)	1.12 [0.83, 1.53]
<b>6 Amphetamine craving</b>	2		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
6.1 Low or intermediate risk of bias	0	0	Std. Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
6.2 High risk of bias	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
<b>7 Dropouts due to any adverse event</b>	10		Risk Difference (M-H, Random, 95% CI)	Subtotals only
7.1 Low or intermediate risk of bias	3	114	Risk Difference (M-H, Random, 95% CI)	0.03 [-0.04, 0.10]
7.2 High risk of bias	7	526	Risk Difference (M-H, Random, 95% CI)	-0.00 [-0.04, 0.04]
<b>8 Dropouts due to cardiovascular adverse events</b>	8		Risk Difference (M-H, Random, 95% CI)	Subtotals only
8.1 Low or intermediate risk of bias	2	54	Risk Difference (M-H, Random, 95% CI)	0.0 [-0.10, 0.10]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
8.2 High risk of bias	6	316	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
9 Dropouts due to psychiatric adverse events	7	290	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]
9.1 Low or intermediate risk of bias	2	54	Risk Difference (M-H, Random, 95% CI)	0.03 [-0.09, 0.14]
9.2 High risk of bias	5	236	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.07, 0.02]

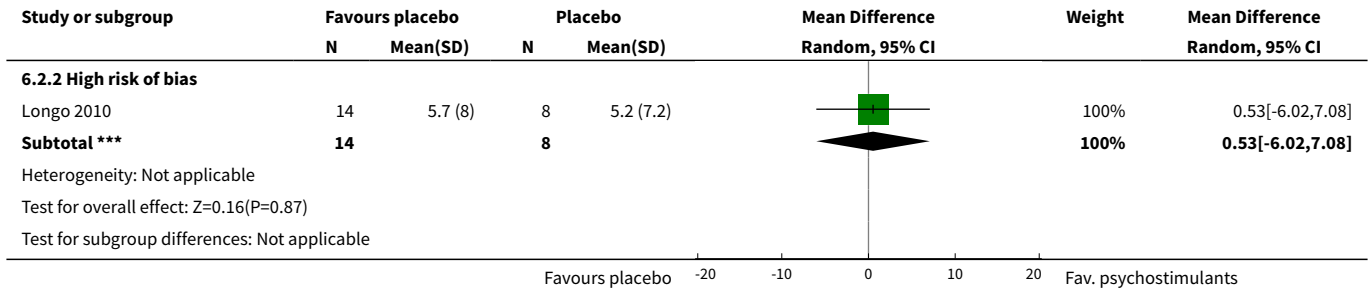
**Analysis 6.1. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 1 Amphetamine use (UA).**



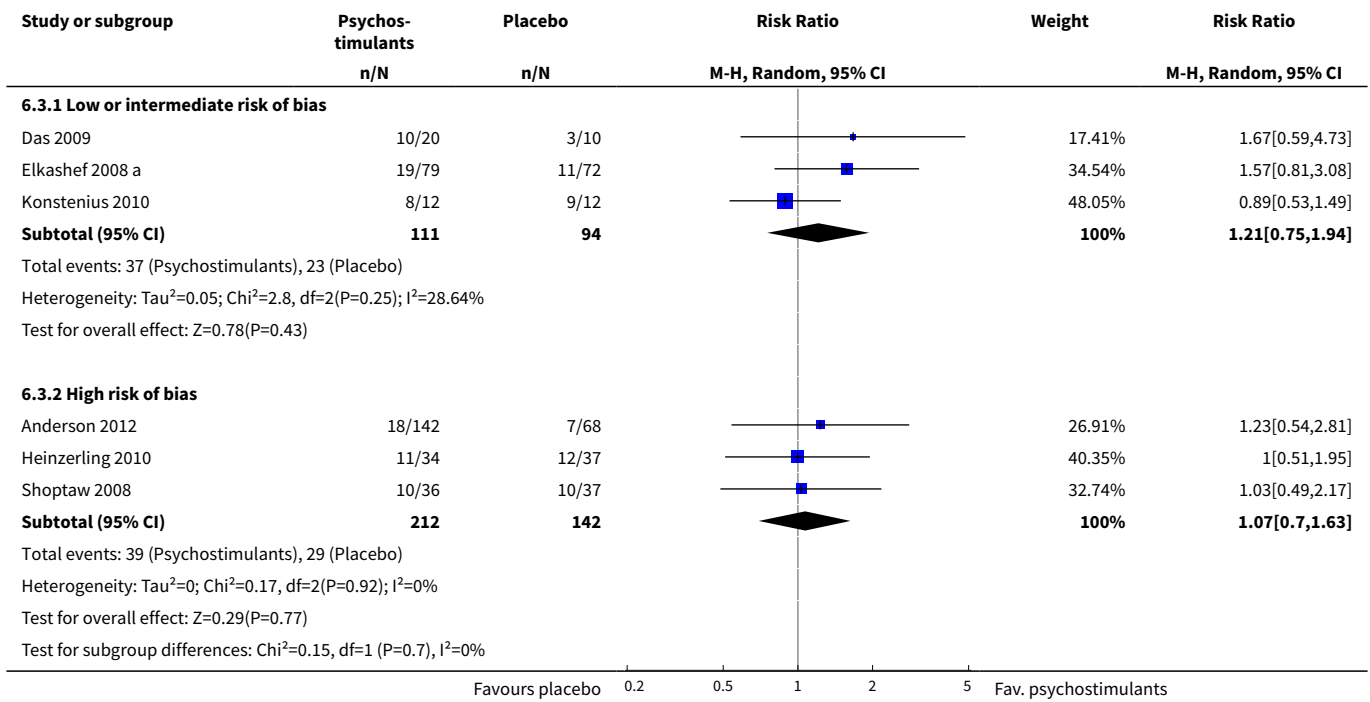
**Analysis 6.2. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 2 Amphetamine use (hair analysis).**



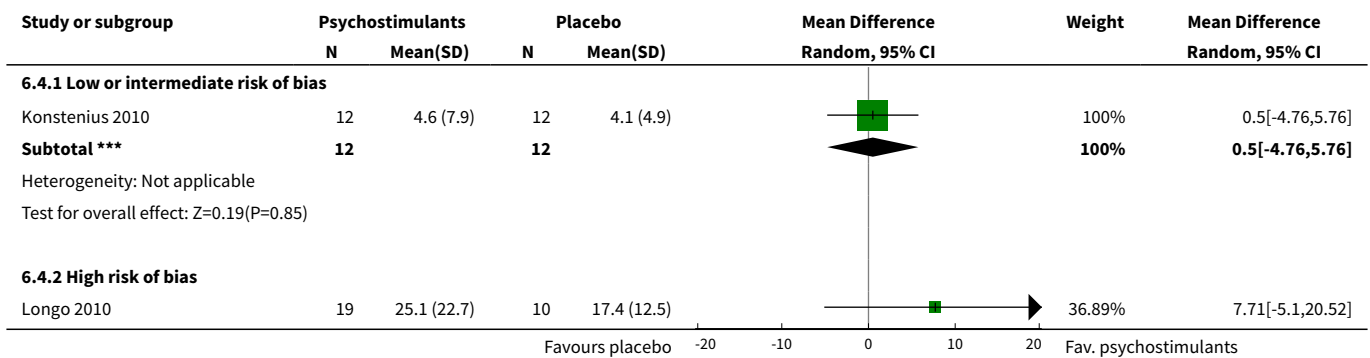


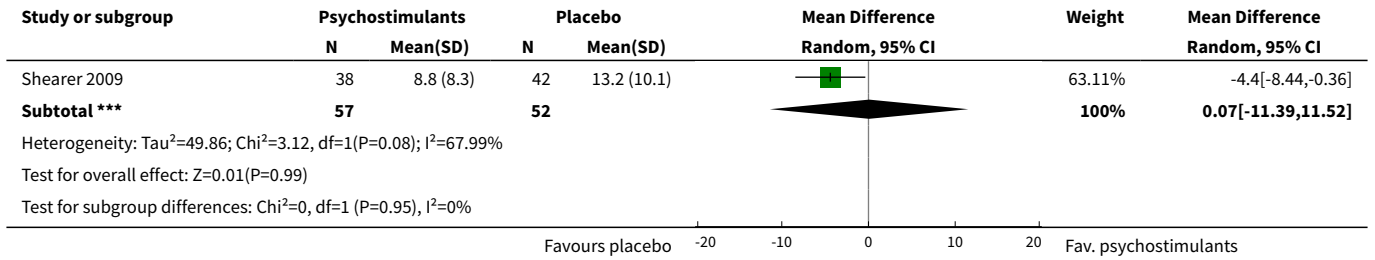


**Analysis 6.3. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 3 Sustained abstinence.**

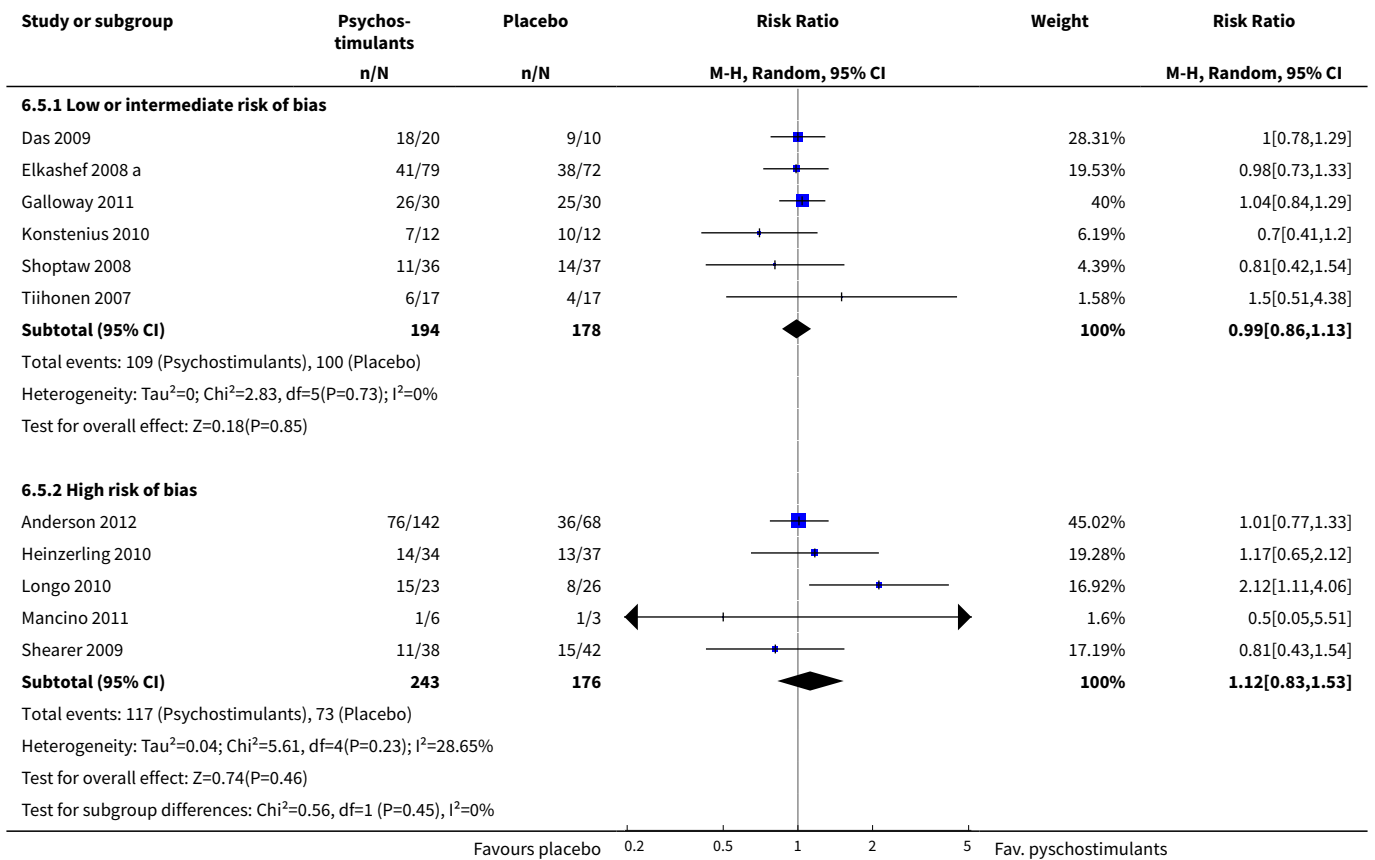


**Analysis 6.4. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 4 Self reported amphetamine use.**

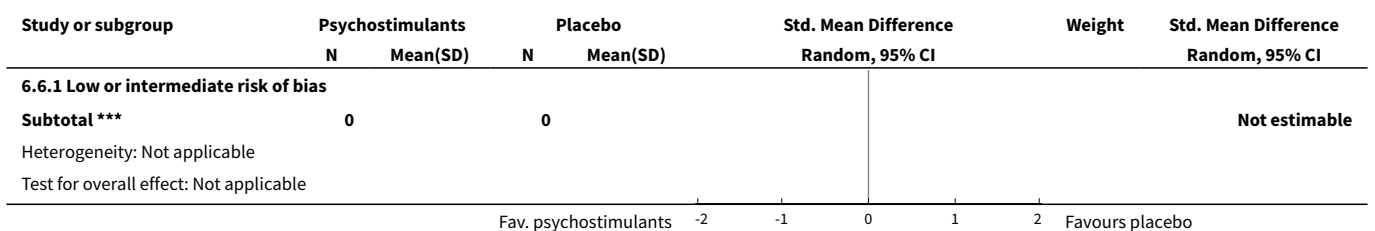


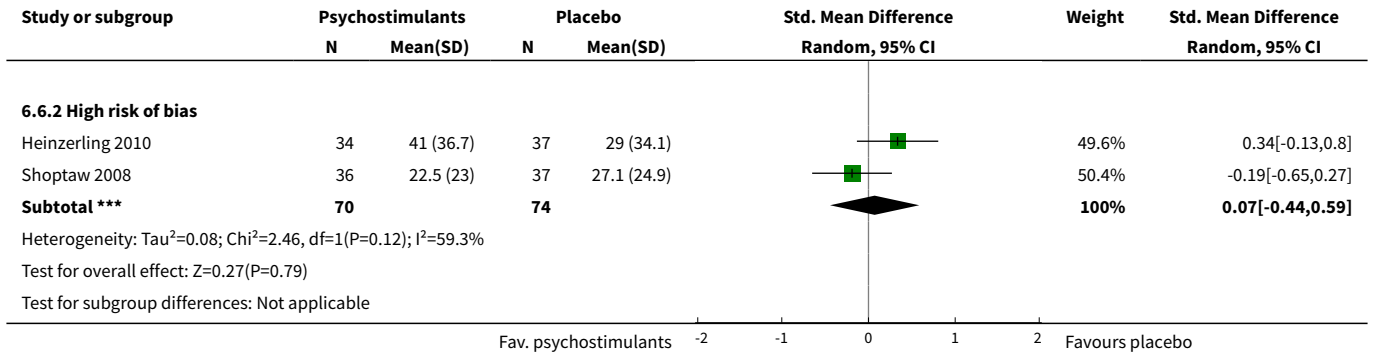


**Analysis 6.5. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 5 Retention in treatment.**

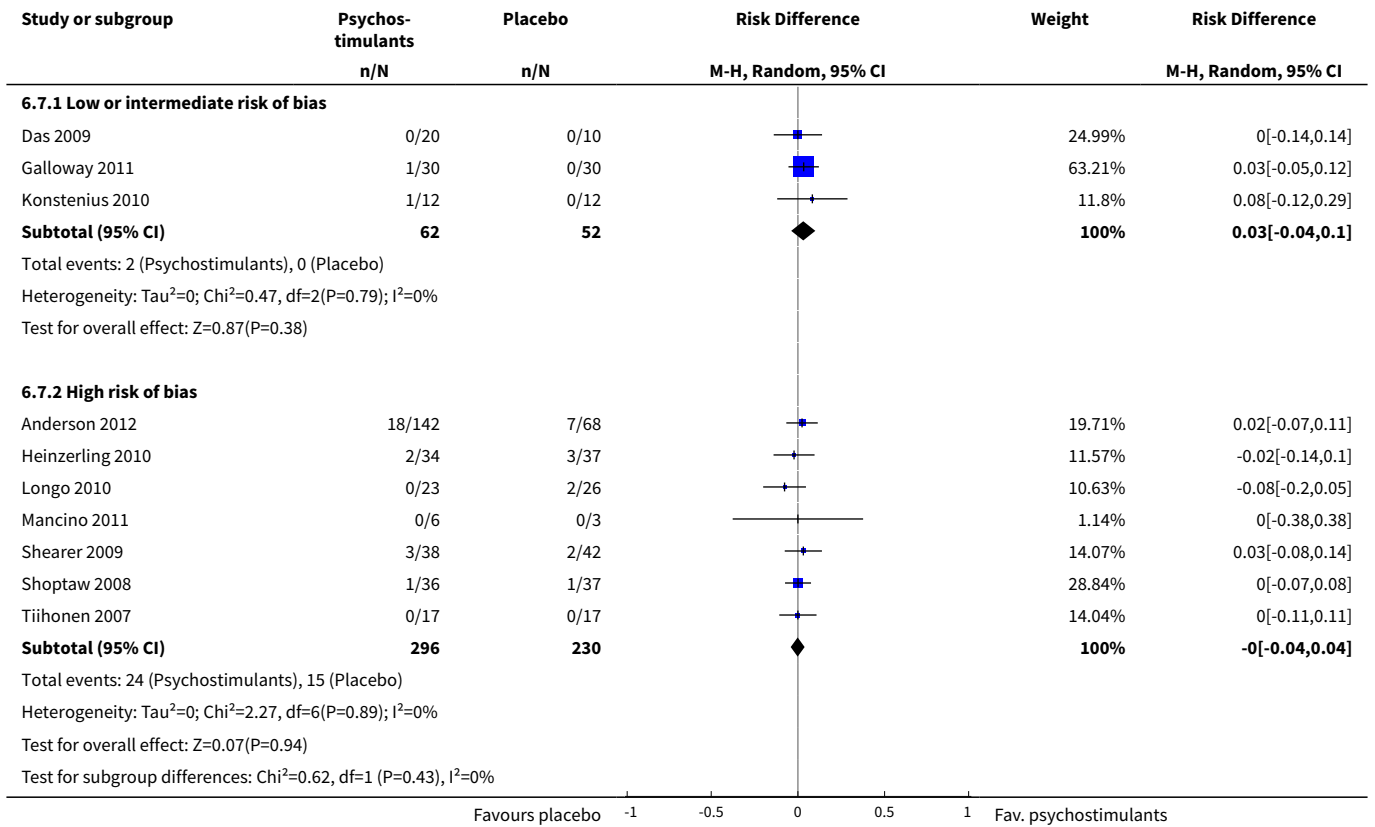


**Analysis 6.6. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 6 Amphetamine craving.**

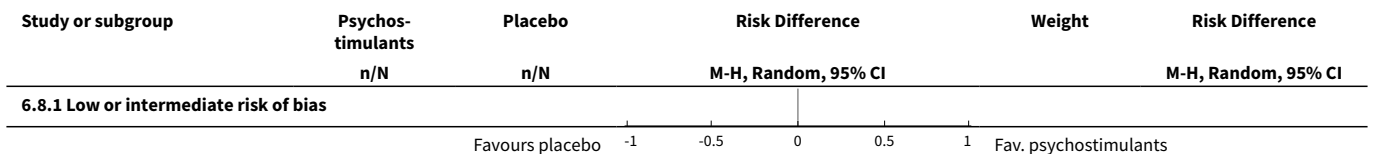


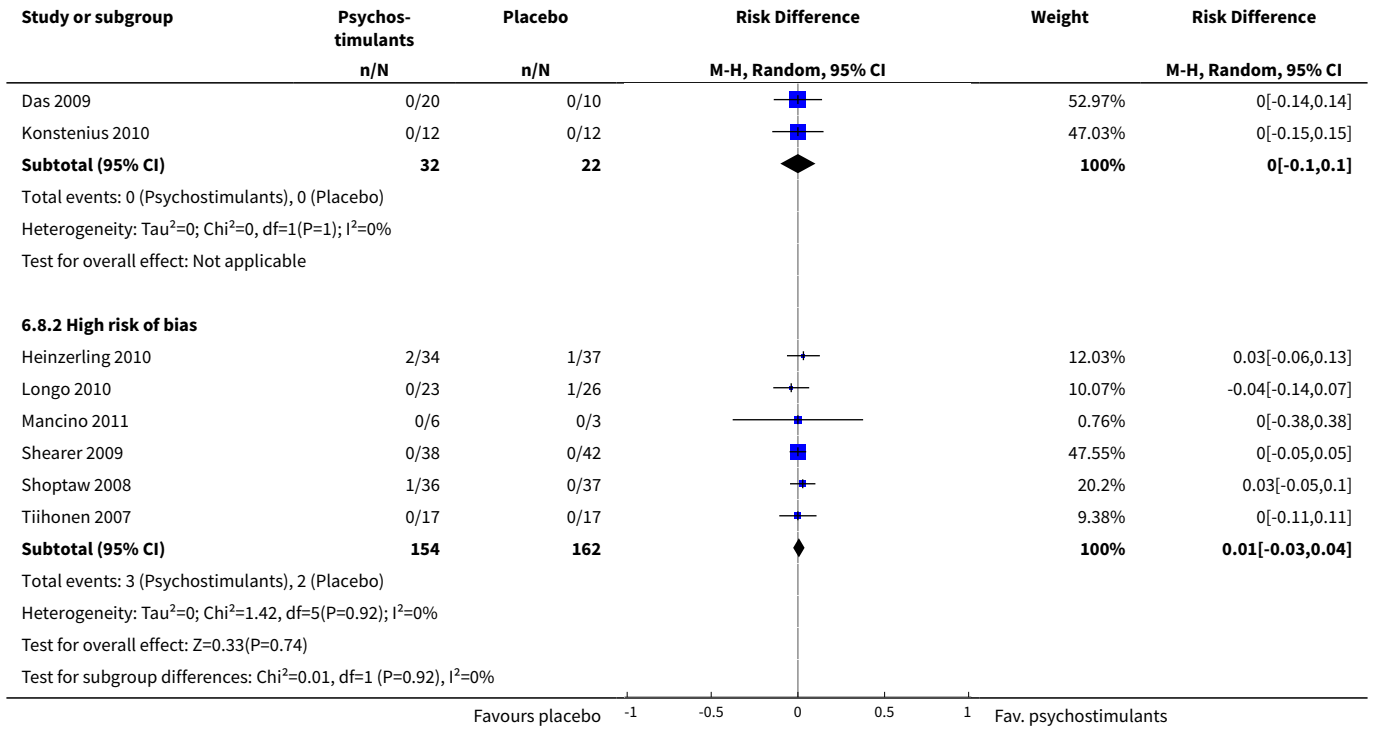


**Analysis 6.7. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 7 Dropouts due to any adverse event.**

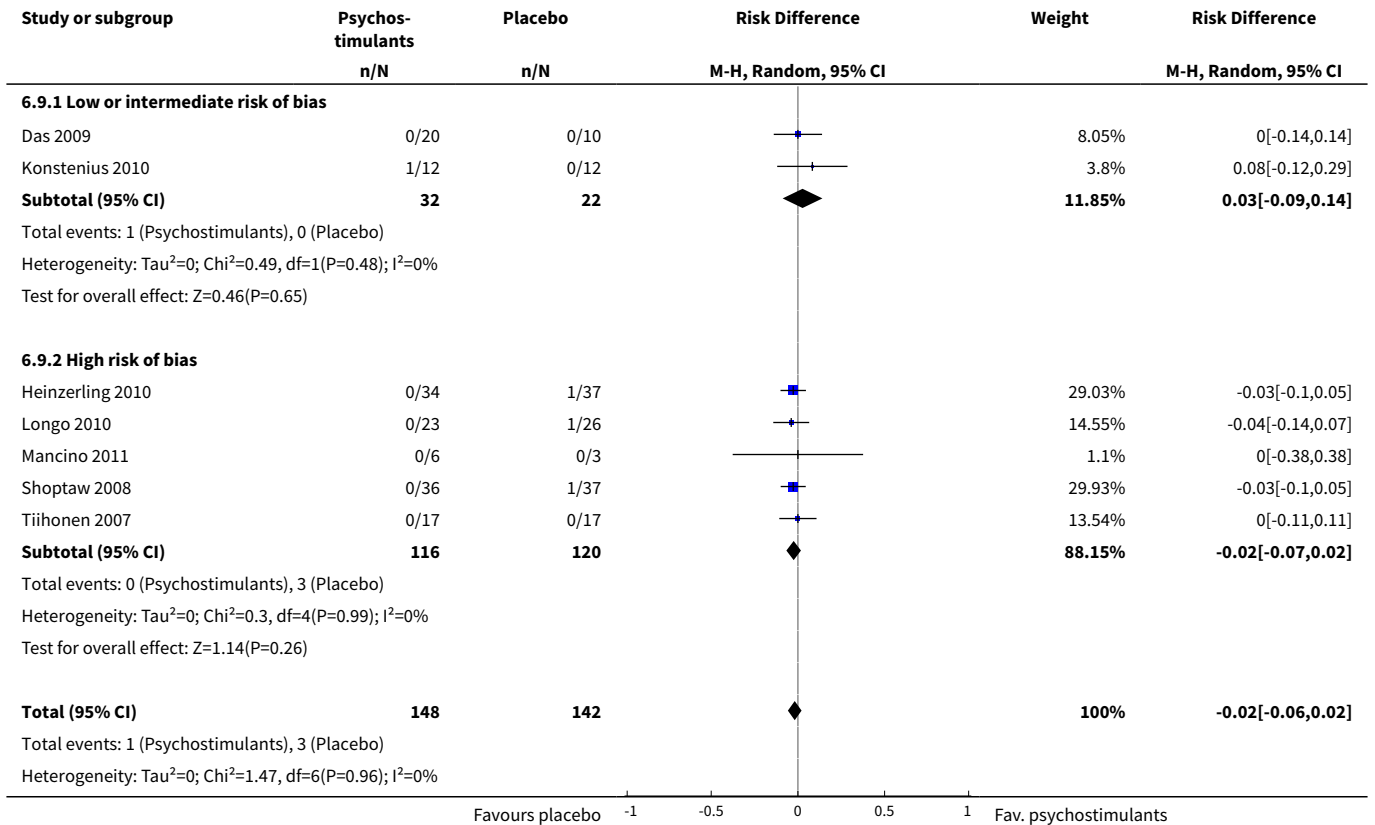


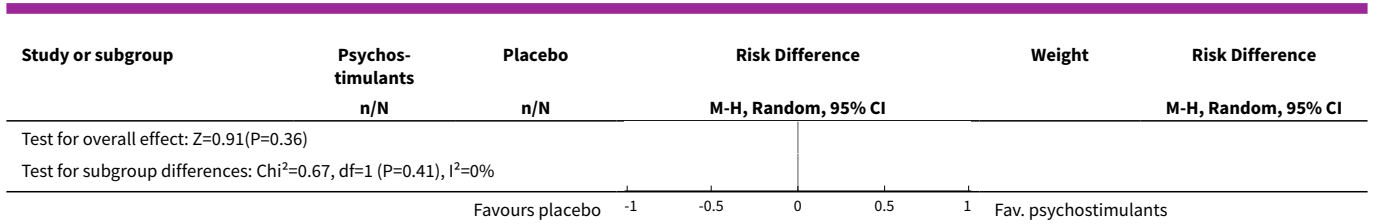
**Analysis 6.8. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 8 Dropouts due to cardiovascular adverse events.**





**Analysis 6.9. Comparison 6 Subgroup analysis: clinical trial reporting quality (incomplete outcome data), Outcome 9 Dropouts due to psychiatric adverse events.**

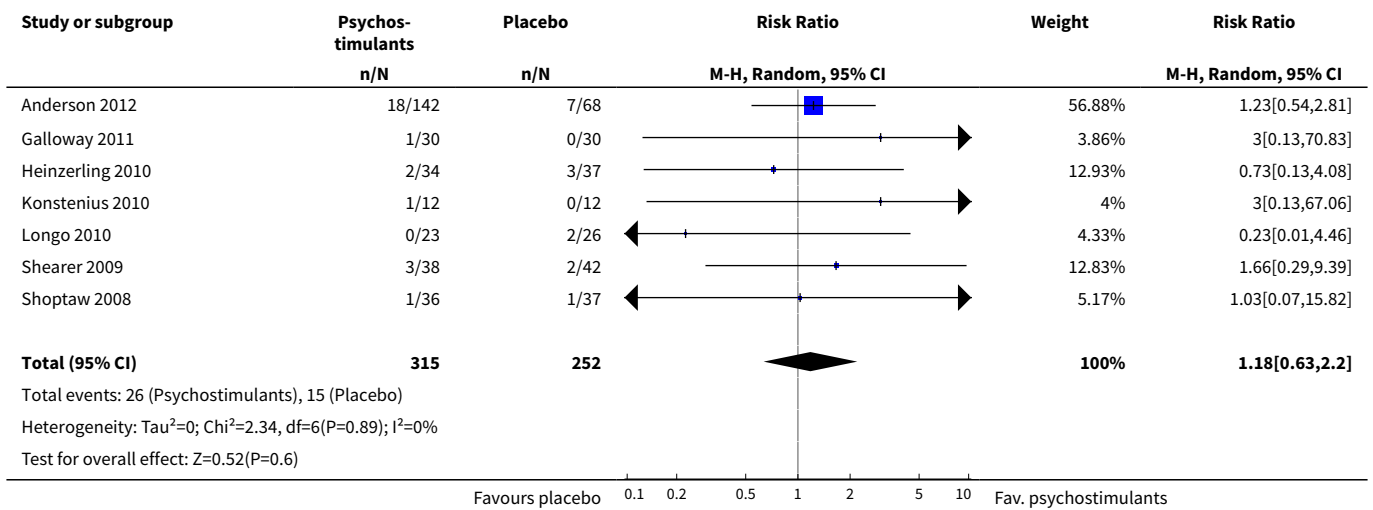




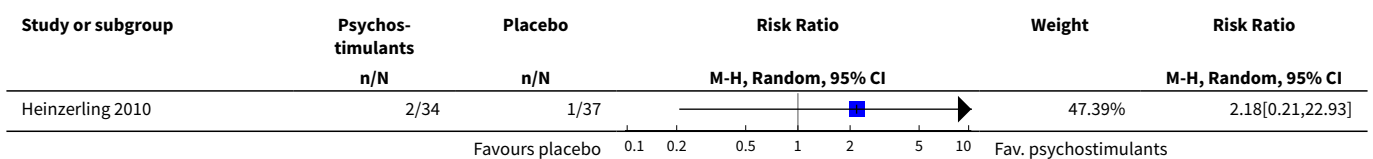
**Comparison 7. Sensitivity analysis of the safety measures**

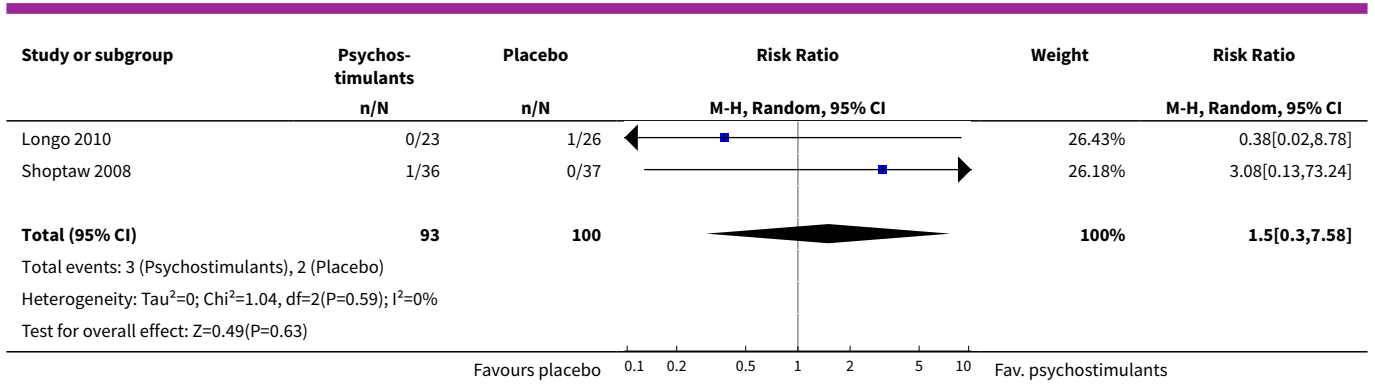
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Dropouts due to any adverse event	7	567	Risk Ratio (M-H, Random, 95% CI)	1.18 [0.63, 2.20]
2 Dropouts due to cardiovascular adverse events	3	193	Risk Ratio (M-H, Random, 95% CI)	1.50 [0.30, 7.58]
3 Dropouts due to psychiatric adverse events	4	217	Risk Ratio (M-H, Random, 95% CI)	0.62 [0.13, 2.99]

**Analysis 7.1. Comparison 7 Sensitivity analysis of the safety measures, Outcome 1 Dropouts due to any adverse event.**

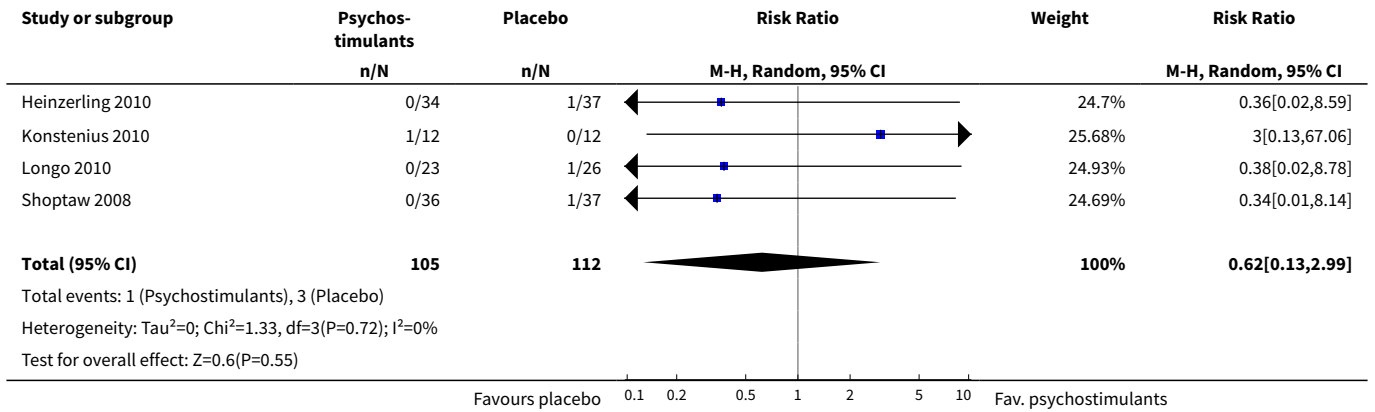


**Analysis 7.2. Comparison 7 Sensitivity analysis of the safety measures, Outcome 2 Dropouts due to cardiovascular adverse events.**





**Analysis 7.3. Comparison 7 Sensitivity analysis of the safety measures, Outcome 3 Dropouts due to psychiatric adverse events.**

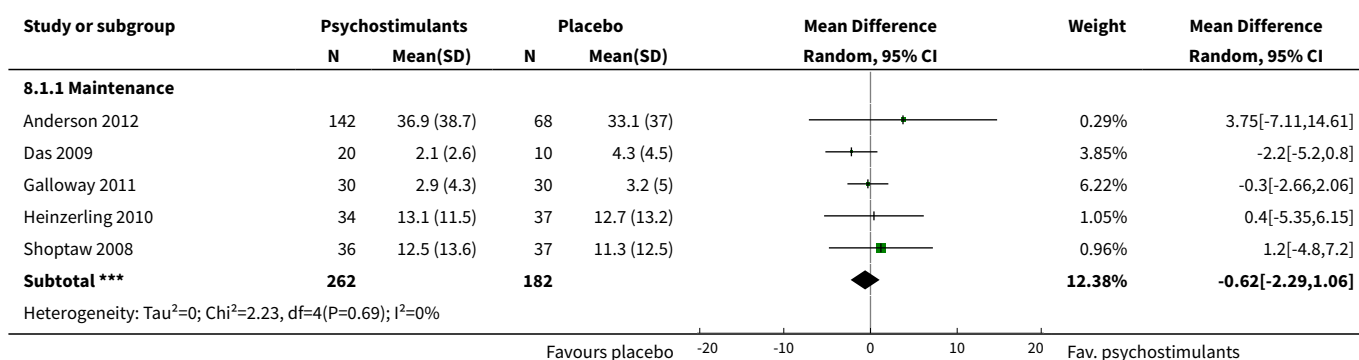


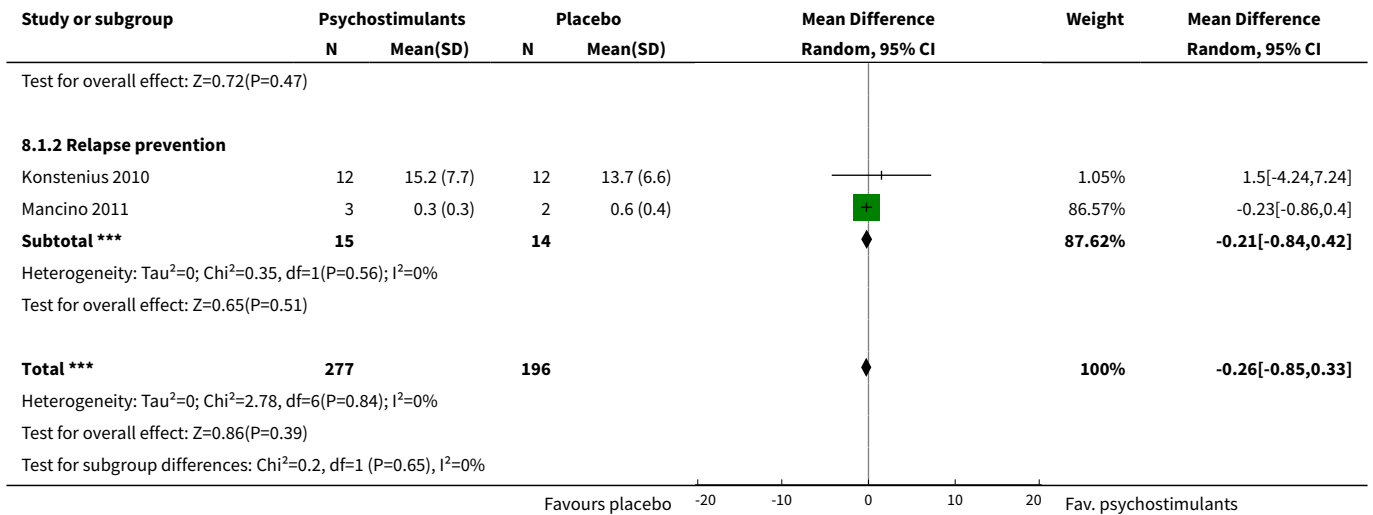
**Comparison 8. Post hoc analysis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Amphetamine use (UA)	7	473	Mean Difference (IV, Random, 95% CI)	-0.26 [-0.85, 0.33]
1.1 Maintenance	5	444	Mean Difference (IV, Random, 95% CI)	-0.62 [-2.29, 1.06]
1.2 Relapse prevention	2	29	Mean Difference (IV, Random, 95% CI)	-0.21 [-0.84, 0.42]
2 Amphetamine use (hair analysis)	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
2.1 Maintenance	1	22	Mean Difference (IV, Random, 95% CI)	0.53 [-6.02, 7.08]
3 Sustained abstinence	6	559	Risk Ratio (M-H, Random, 95% CI)	1.12 [0.84, 1.49]
3.1 Maintenance	5	535	Risk Ratio (M-H, Random, 95% CI)	1.24 [0.88, 1.74]
3.2 Relapse prevention	1	24	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.53, 1.49]

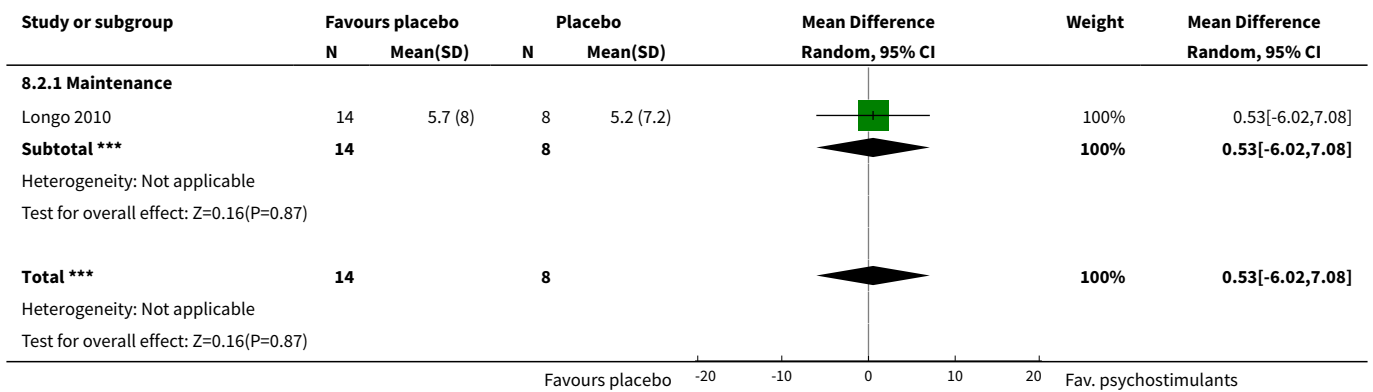
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4 Self reported amphetamine use	3	133	Mean Difference (IV, Random, 95% CI)	-0.81 [-6.16, 4.54]
4.1 Maintenance	3	133	Mean Difference (IV, Random, 95% CI)	-0.81 [-6.16, 4.54]
5 Retention in treatment	11	791	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.90, 1.14]
5.1 Maintenance	9	758	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.92, 1.16]
5.2 Relapse prevention	2	33	Risk Ratio (M-H, Random, 95% CI)	0.69 [0.41, 1.17]
6 Amphetamine craving	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
6.1 Maintenance	2	144	Std. Mean Difference (IV, Random, 95% CI)	0.07 [-0.44, 0.59]
7 Dropouts due to any adverse event	10	640	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
7.1 Maintenance	8	607	Risk Difference (M-H, Random, 95% CI)	0.00 [-0.03, 0.04]
7.2 Relapse prevention	2	33	Risk Difference (M-H, Random, 95% CI)	0.06 [-0.11, 0.24]
8 Dropouts due to cardiovascular adverse events	8	370	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
8.1 Maintenance	6	337	Risk Difference (M-H, Random, 95% CI)	0.01 [-0.03, 0.04]
8.2 Relapse prevention	2	33	Risk Difference (M-H, Random, 95% CI)	0.0 [-0.14, 0.14]
9 Dropouts due to psychiatric adverse events	7	290	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]
9.1 Maintenance	5	257	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.02]
9.2 Relapse prevention	2	33	Risk Difference (M-H, Random, 95% CI)	0.06 [-0.11, 0.24]

**Analysis 8.1. Comparison 8 Post hoc analysis, Outcome 1 Amphetamine use (UA).**

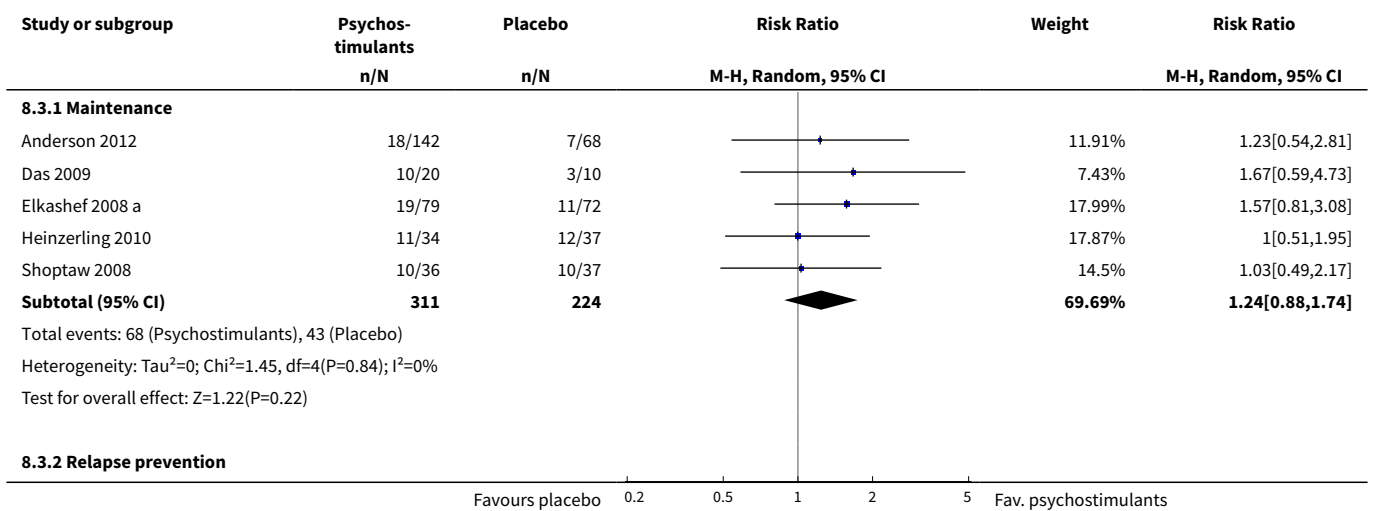




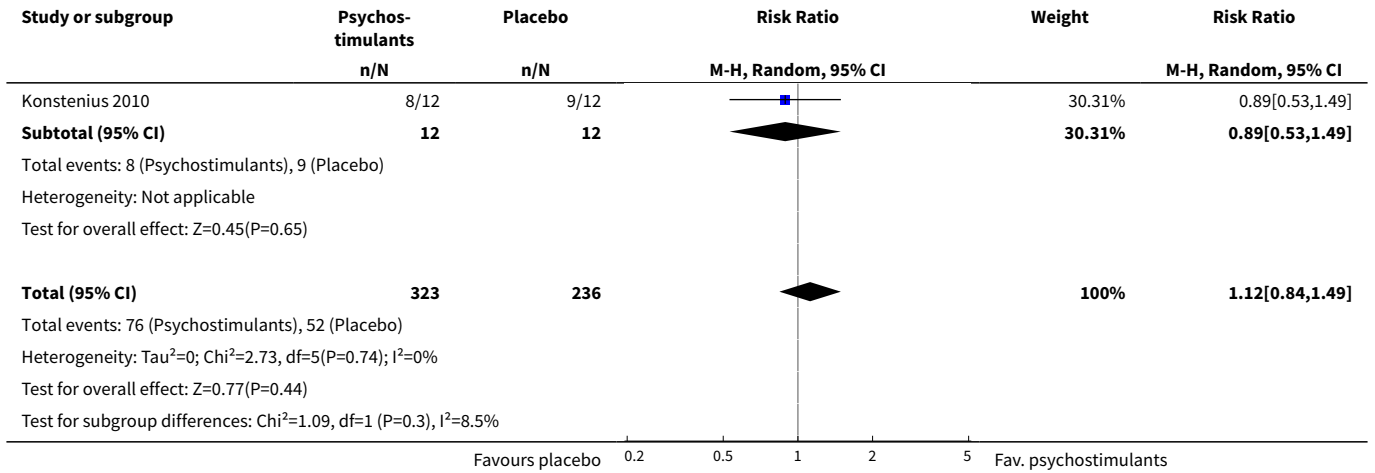
**Analysis 8.2. Comparison 8 Post hoc analysis, Outcome 2 Amphetamine use (hair analysis).**



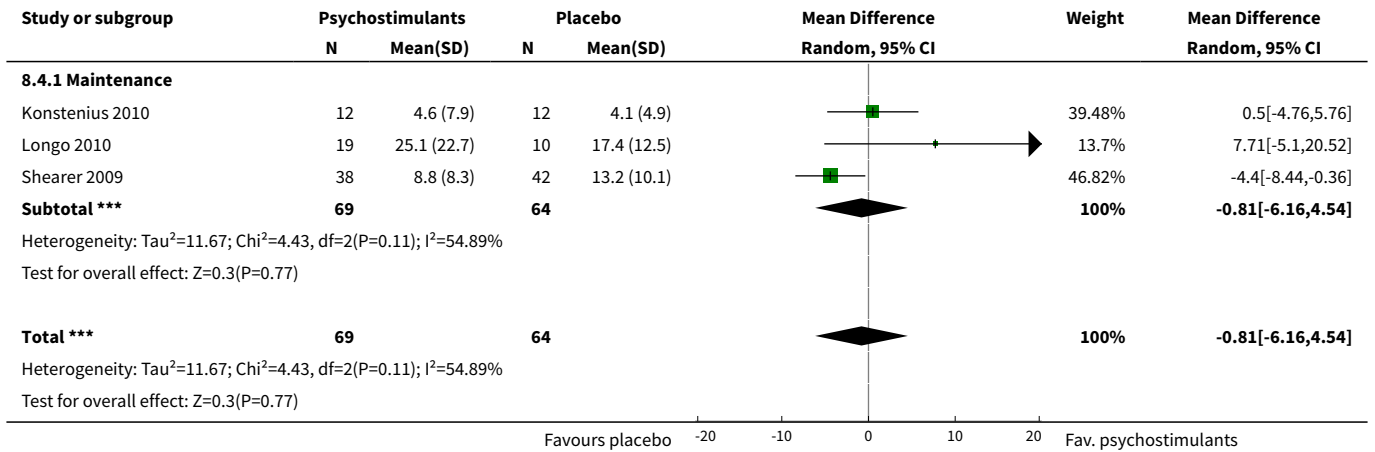
**Analysis 8.3. Comparison 8 Post hoc analysis, Outcome 3 Sustained abstinence.**



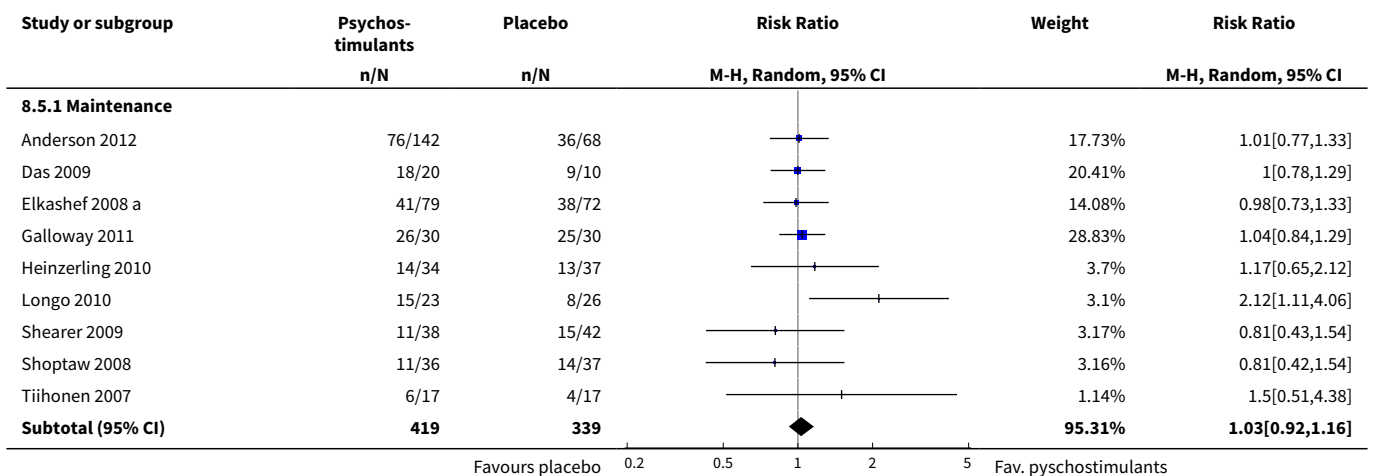


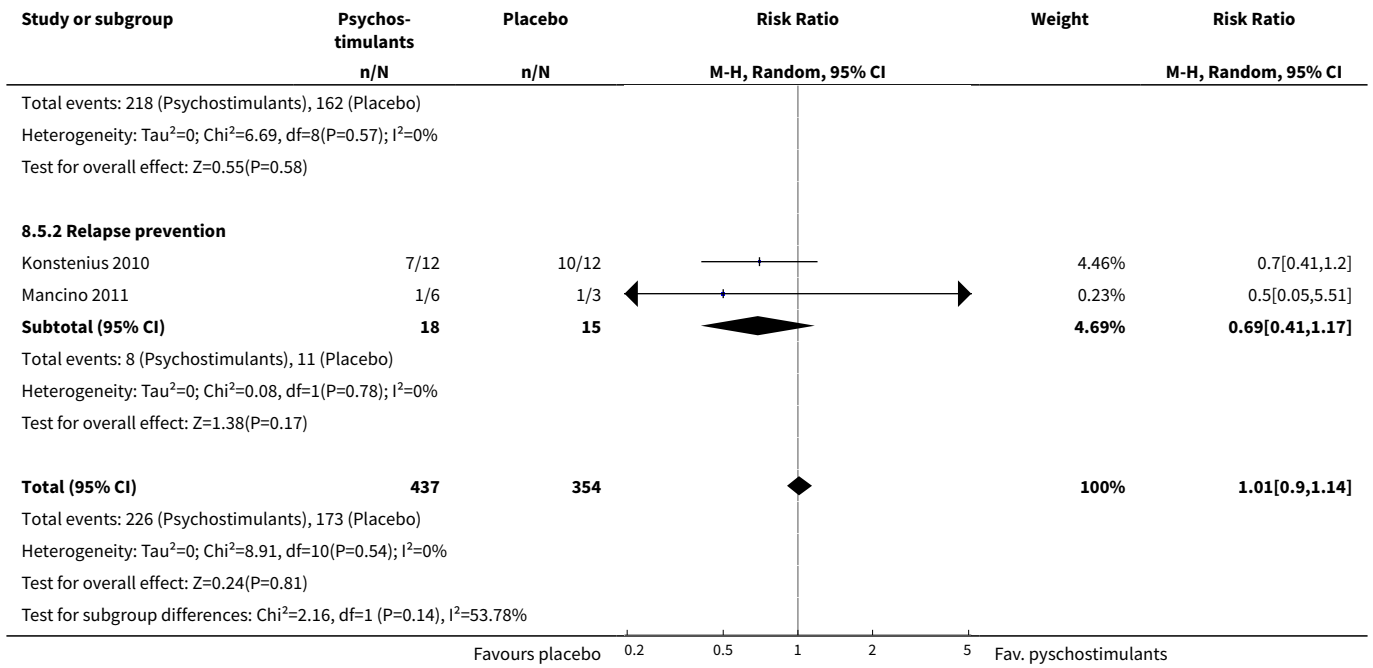


**Analysis 8.4. Comparison 8 Post hoc analysis, Outcome 4 Self reported amphetamine use.**

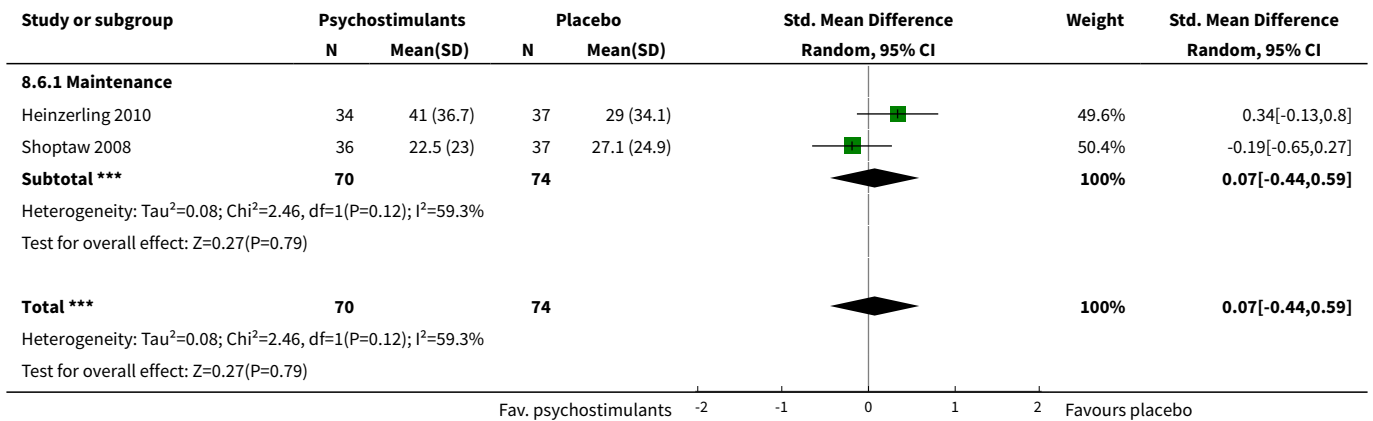


**Analysis 8.5. Comparison 8 Post hoc analysis, Outcome 5 Retention in treatment.**

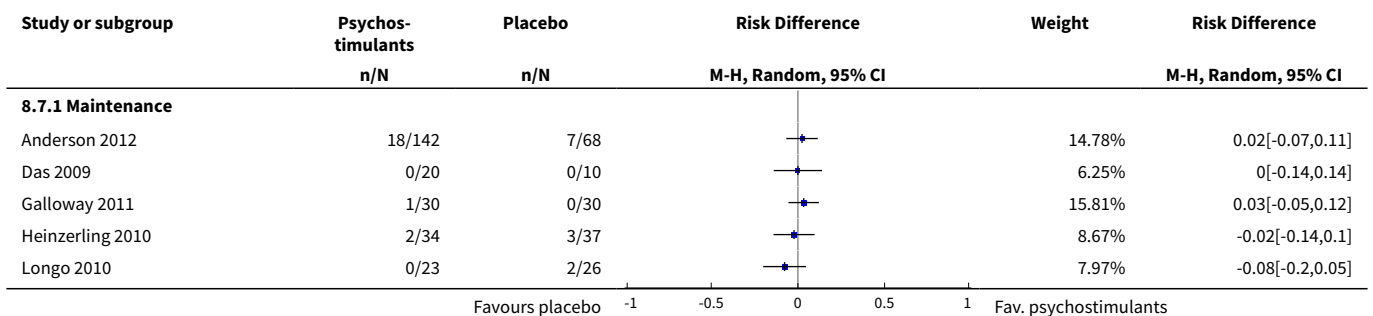


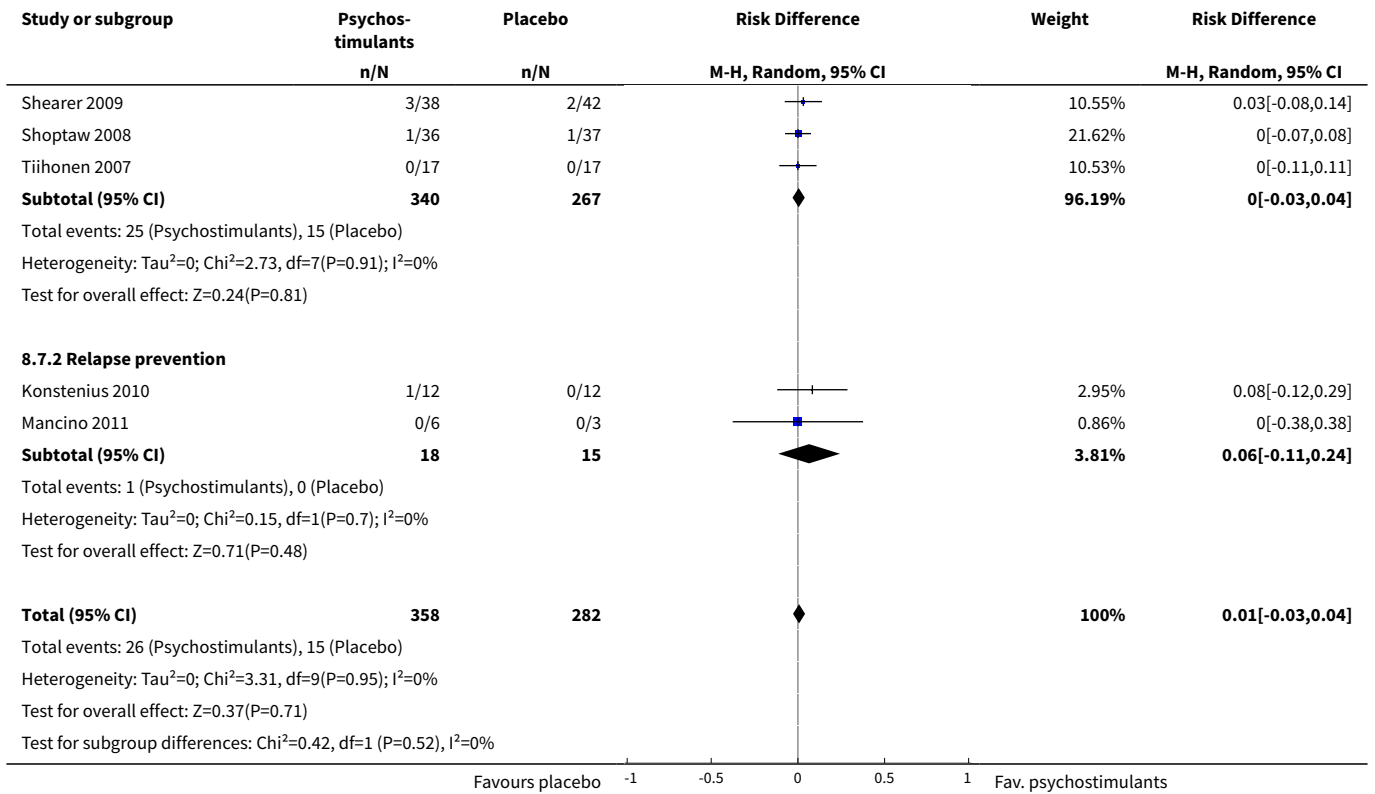


**Analysis 8.6. Comparison 8 Post hoc analysis, Outcome 6 Amphetamine craving.**

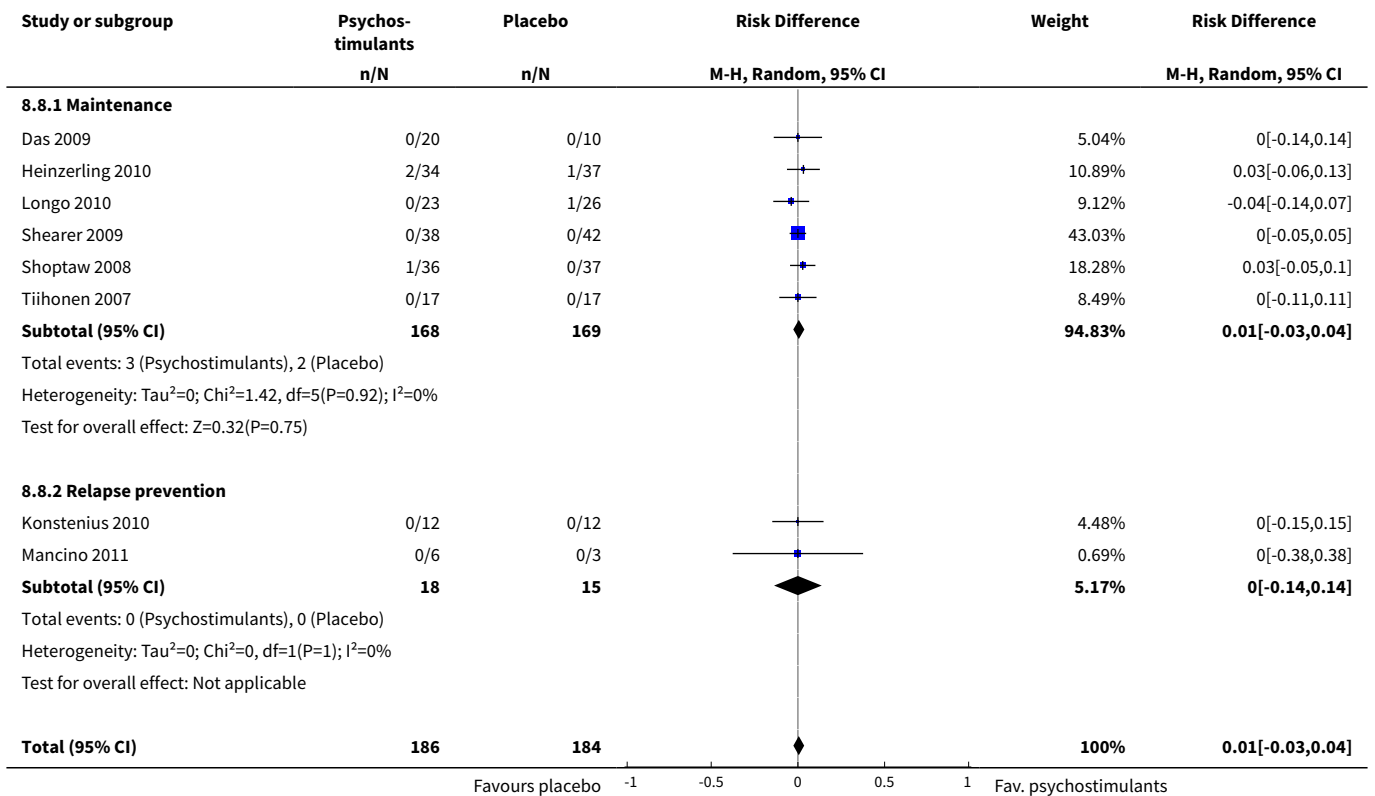


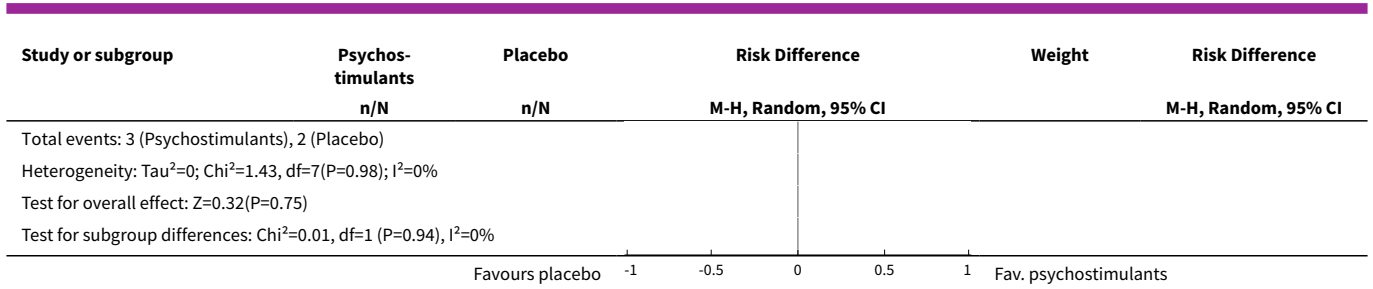
**Analysis 8.7. Comparison 8 Post hoc analysis, Outcome 7 Dropouts due to any adverse event.**



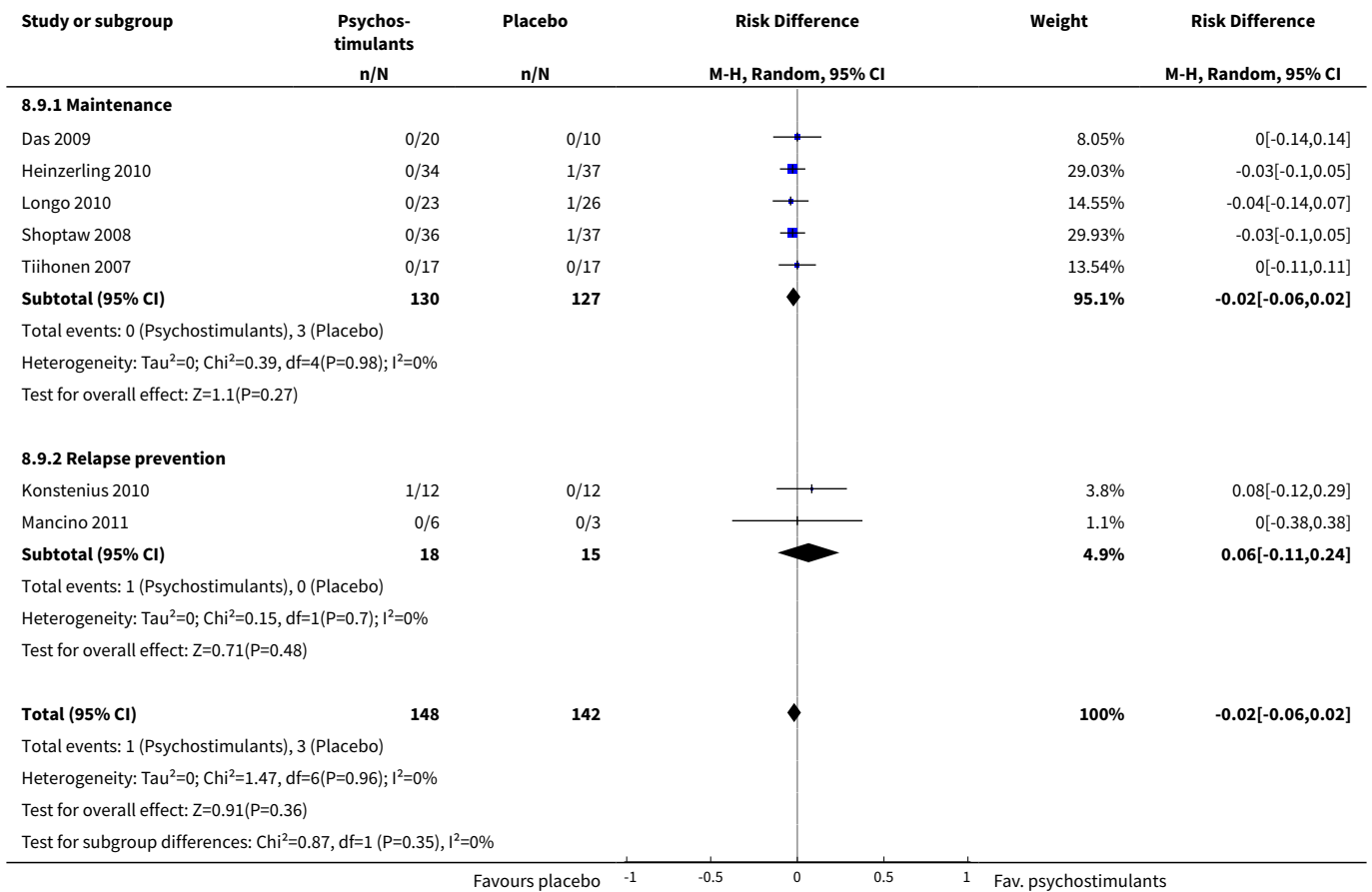


**Analysis 8.8. Comparison 8 Post hoc analysis, Outcome 8 Dropouts due to cardiovascular adverse events.**





**Analysis 8.9. Comparison 8 Post hoc analysis, Outcome 9 Dropouts due to psychiatric adverse events.**



**ADDITIONAL TABLES**

**Table 1. Baseline characteristics of the participants included in the RCT of the meta-analysis**

<b>Sample size</b>	791
n	
<b>Gender</b>	64.9
% male	

**Table 1. Baseline characteristics of the participants included in the RCT of the meta-analysis** (Continued)

<b>Age</b>	35.9
Mean age (years)	
<b>Race</b>	70.5
% Caucasian	3.8
% African-American	25.7
% Other	
<b>Employment status</b>	58.7
% currently employed	
<b>Type of dependence</b>	92.7
% methamphetamine dependence	7.3
% amphetamine dependence	
<b>Mean days of use/month</b>	9.3-19.5
Range	
<b>Mean length of amphetamine use (years)</b>	7-15.9
Range of mean lifetime amphetamine use	
<b>Route of use</b>	59.0
% ip	22.8
% iv	17.6
% in	0.6
% oral	
<b>Comorbidities</b>	72.9
% nicotine dependent	13.9
% ADHD	1.6
% opioid dependent	1.1
% alcohol dependent	0.8
% major depression	0
% psychotic disorders	

Abbreviations: ADHD = attention deficit hyperactivity disorder, ip = intrapulmonary, iv = intravenous, in = intranasal. Baseline participant characteristics are presented for those trials reporting this information. Gender, age and type of dependence were available for all studies, whereas opioid dependence and alcohol dependence from 9 studies, psychotic disorders and major depression from 8, employment status from 7, lifetime amphetamine use and ADHD from 6, race from 5 studies and nicotine dependence days of amphetamine use in a month and route of amphetamine use in 4.

## APPENDICES

### Appendix 1. PUBMED search strategy

1. Substance-Related Disorders [MeSH]
2. (abstinen\*[tiab] OR dependen\*[tiab] OR addict\*[tiab] OR withdraw\*[tiab] OR misus\*[tiab] OR use\*[tiab] OR abus\*[tiab])
3. (#1) OR #2
4. Amphetamines[MeSH]
5. (amphetamine[tw] OR amfetamine[tw] OR methamphetamine[tw] OR MDMA[tw] OR ecstasy[tw] OR dextroamphetamine[tw])
6. (#4) OR #5
7. randomized controlled trial [pt]
8. controlled clinical trial [pt]
9. randomized [tiab]
10. placebo [tiab]
11. drug therapy [sh]
12. randomly [tiab]
13. trial [tiab]
14. groups [tiab]
15. ((((((#7) OR #8) OR #9) OR #10) OR #11) OR #12) OR #13) OR #14
16. animals [mh] NOT humans [mh]
17. (#15) NOT #16
18. ((#3) AND #6) AND #17

### Appendix 2. EMBASE search strategy

1. 'drug dependence'/exp
2. 'drug abuse'/exp
3. 'withdrawal syndrome'/exp
4. dependen\*:ab,ti OR addict\*:ab,ti OR overdos\*:ab,ti OR abstin\*:ab,ti OR abstain:ab,ti OR withdraw\*:ab,ti OR abus\*:ab,ti OR use\*:ab,ti OR misus\*:ab,ti
5. #1 OR #2 OR #3 OR #4
6. 'amphetamine derivative'/exp
7. amphetamine:ab,ti OR amfetamine:ab,ti OR methamphetamine:ab,ti OR mdma:ab,ti OR ecstasy:ab,ti OR dextroamphetamine:ab,ti
8. #6 OR #7
9. 'crossover procedure'/exp
10. 'double blind procedure'/exp
11. 'single blind procedure'/exp
12. 'controlled clinical trial'/exp
13. 'clinical trial'/exp

14. placebo:ab,ti OR 'double blind':ab,ti OR 'single blind':ab,ti OR assign\*:ab,ti OR allocat\*:ab,ti OR volunteer\*:ab,ti
15. random\*:ab,ti OR factorial\*:ab,ti OR crossover:ab,ti OR(cross:ab,ti AND over:ab,ti)
16. 'randomized controlled trial'/exp
17. #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16
18. #5 AND #8 AND #17
19. #5 AND #8 AND #17 AND [embase]/lim

### Appendix 3. CENTRAL search strategy

1. MeSH descriptor Substance-Related Disorders explode all trees
2. (abstinen\* OR dependen\* OR addict\* OR withdraw\* OR misus\* OR use\* OR abus\*):ti,ab,kw
3. (#1 OR #2)
4. MeSH descriptor Amphetamines explode all trees
5. (amphetamine OR amfetamine OR methamphetamine OR MDMA OR ecstasy OR dextroamphetamine) :ti,ab,kw
6. (#4 OR #5) 7. (#3 AND #6)

### Appendix 4. Specialized register search strategy

(amphetamine\* OR amfetamine OR methamphetamine OR MDMA OR ecstasy OR dextroamphetamine)

### Appendix 5. PsycINFO search strategy

(\*amphetamine OR \*amfetamine) AND (abuse\* OR dependen\* OR misuse or addict\*) AND random\*

### Appendix 6. Criteria for risk of bias in RCTs

Item	Judgment	Description
1. Random sequence generation (selection bias)	Low risk	The investigators describe a random component in the sequence generation process such as random number table; computer random number generator; coin tossing; shuffling cards or envelopes; throwing dice; drawing of lots; and minimization
	High risk	The investigators describe a non-random component in the sequence generation process such as odd or even date of birth; date (or day) of admission; hospital or clinic record number; alternation; judgement of the clinician; results of a laboratory test or a series of tests; and availability of the intervention
	Unclear risk	Insufficient information about the sequence generation process to permit judgement of low or high risk
2. Allocation concealment (selection bias)	Low risk	Investigators enrolling participants could not foresee assignment because one of the following, or an equivalent method, was used to conceal allocation: central allocation (including telephone, Web-based, and pharmacy-controlled, randomisation); sequentially numbered drug containers of identical appearance; and sequentially numbered, opaque, sealed envelopes
	High risk	Investigators enrolling participants could possibly foresee assignments because one of the following methods was used: open random allocation schedule (e.g. a list of random numbers); assignment envelopes without appropriate safeguards (e.g. if envelopes were unsealed or nonopaque or were not se-

(Continued)

		quentially numbered); alternation or rotation; date of birth; case record number; and any other explicitly unconcealed procedure
	Unclear risk	Insufficient information to permit judgement of low or high risk. This is usually the case if the method of concealment is not described or is not described in sufficient detail to allow a definite judgement
3. Blinding of participants and providers (performance bias).  Objective outcomes	Low risk	No blinding or incomplete blinding, but the review authors judge that the outcome is not likely to be influenced by lack of blinding  Blinding of participants and key study personnel ensured, and unlikely that the blinding could have been broken
4. Blinding of participants and providers (performance bias).  Subjective outcomes	Low risk	Blinding of participants and providers and unlikely that the blinding could have been broken
	High risk	No blinding or incomplete blinding, and the outcome is likely to be influenced by lack of blinding  Blinding of key study participants and personnel attempted, but likely that the blinding could have been broken, and the outcome is likely to be influenced by lack of blinding
	Unclear risk	Insufficient information to permit judgement of low or high risk
5. Blinding of outcome assessor (detection bias).  Objective outcomes	Low risk	No blinding of outcome assessment, but the review authors judge that the outcome measurement is not likely to be influenced by lack of blinding  Blinding of outcome assessment ensured, and unlikely that the blinding could have been broken
6. Blinding of outcome assessor (detection bias).  Subjective outcomes	Low risk	No blinding of outcome assessment, but the review authors judge that the outcome measurement is not likely to be influenced by lack of blinding  Blinding of outcome assessment ensured, and unlikely that the blinding could have been broken
	High risk	No blinding of outcome assessment, and the outcome measurement is likely to be influenced by lack of blinding  Blinding of outcome assessment, but likely that the blinding could have been broken, and the outcome measurement is likely to be influenced by lack of blinding
	Unclear risk	Insufficient information to permit judgement of low or high risk
7. Incomplete outcome data (attrition bias).  For all outcomes except retention in treatment or dropout	Low risk	No missing outcome data  Reasons for missing outcome data unlikely to be related to true outcome (for survival data, censoring unlikely to be introducing bias)  Missing outcome data balanced in numbers across intervention groups, with similar reasons for missing data across groups  For dichotomous outcome data, the proportion of missing outcomes compared with observed event risk not enough to have a clinically relevant impact on the intervention effect estimate



(Continued)

		<p>For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes not enough to have a clinically relevant impact on observed effect size</p> <p>Missing data have been imputed using appropriate methods</p> <p>All randomly assigned participants are reported/analysed in the group to which they were allocated by randomisation irrespective of non-compliance and co-interventions (intention to treat)</p>
	High risk	<p>Reason for missing outcome data likely to be related to true outcome, with either imbalance in numbers or reasons for missing data across intervention groups</p> <p>For dichotomous outcome data, the proportion of missing outcomes compared with observed event risk enough to induce clinically relevant bias in intervention effect estimate</p> <p>For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes enough to induce clinically relevant bias in observed effect size</p> <p>'As-treated' analysis done with substantial departure of the intervention received from that assigned at randomisation</p>
	Unclear risk	<p>Insufficient information to permit judgement of low or high risk (e.g. number randomised not stated; no reasons for missing data provided; number of dropouts not reported for each group)</p>
8. Selective reporting (reporting bias)	Low risk	<p>The study protocol is available, and all of the study's prespecified (primary and secondary) outcomes that are of interest in the review have been reported in the prespecified way</p> <p>The study protocol is not available, but it is clear that published reports include all expected outcomes, including those that were prespecified (convincing text of this nature may be uncommon)</p>
	High risk	<p>Not all of the study's prespecified primary outcomes have been reported</p> <p>One or more primary outcomes are reported using measurements, analysis methods or subsets of the data (e.g. subscales) that were not prespecified</p> <p>One or more reported primary outcomes were not prespecified (unless clear justification for their reporting is provided, such as an unexpected adverse effect)</p> <p>One or more outcomes of interest in the review are reported incompletely, so that they cannot be entered into a meta-analysis</p> <p>The study report fails to include results for a key outcome that would be expected to have been reported for such a study</p>
	Unclear risk	<p>Insufficient information to permit judgement of low or high risk</p>

## CONTRIBUTIONS OF AUTHORS

All authors have contributed to the protocol design. CP-M and XC wrote the different sections of the protocol.

CP-M and XC assessed the studies for inclusion, extracted the data and assessed the risk of bias of included studies. CP-M wrote the different sections of the review, and all review authors' comments and suggestions were incorporated into the final document.

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## DECLARATIONS OF INTEREST

None.

## SOURCES OF SUPPORT

### Internal sources

- The authors received no funding for this project, Not specified.

### External sources

- The authors received no funding for this project, Not specified.

## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

Epidemiological data on consumption of amphetamines were updated in this review.

The subgroup analysis taking into account study length was not performed. A post hoc subgroup analysis was conducted. It analysed the effects of psychostimulants in participants who were already abstinent (relapse prevention trials) separately from the effects of psychostimulants administered to participants who were actively using amphetamines.

MD was used instead of SMD for continuous outcomes. Although different techniques were used to assess whether a urine sample was positive or negative for amphetamines, we changed standardised mean difference (SMD) to mean difference (MD), and heterogeneity did not increase. MD was finally selected because it can be interpreted more easily.

## INDEX TERMS

### Medical Subject Headings (MeSH)

Amphetamine-Related Disorders [\*drug therapy]; Benzhydryl Compounds [therapeutic use]; Bupropion [therapeutic use]; Central Nervous System Stimulants [adverse effects] [\*therapeutic use]; Dextroamphetamine [therapeutic use]; Methylphenidate [therapeutic use]; Modafinil; Randomized Controlled Trials as Topic

### MeSH check words

Humans