

Cell Populations in Human Breast Cancers are Molecularly and Biologically Distinct with Age

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1 **Cell Populations in Human Breast Cancers are Molecularly and Biologically**
2 **Distinct with Age**

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41

42 **Abstract**

43 Aging is associated with increased breast cancer risk and outcomes are worse for the oldest and
44 youngest patients, regardless of subtype. It is not known how cells in the breast tumor
45 microenvironment are impacted by age and how they might contribute to age-related disease
46 pathology. Here, we discover age-associated differences in cell states and interactions in human
47 estrogen receptor-positive (ER+) and triple-negative breast cancers (TNBC) using new
48 computational analyses of existing single-cell gene expression data. Age-specific program
49 enrichment (ASPEN) analysis reveals age-related changes, including increased tumor cell
50 epithelial-mesenchymal transition, cancer-associated fibroblast inflammatory responses, and T
51 cell stress responses and apoptosis in TNBC. ER+ breast cancer is dominated by increased
52 cancer cell estrogen receptor 1 (*ESR1*) and luminal cell activity, reduced immune cell metabolism,
53 and decreased vascular and extracellular matrix (ECM) remodeling with age. Cell interactome
54 analysis reveals candidate signaling pathways that drive many of these cell states. This work lays
55 a foundation for discovery of age-adapted therapeutic interventions for breast cancer.

56
57 **Main text**

58 Breast cancer is the second most commonly diagnosed cancer worldwide^{1,2}. Relative to patients
59 55-64 years of age, both younger (<45) and older (>65) patients with early-stage disease have
60 worse breast cancer-related outcomes, regardless of subtype, and older women fare the worst^{3,4}.
61 It is not known why breast cancer mortality rates are higher for the youngest and oldest women
62 and the reasons are likely complex. Confounding our understanding is the fact that older women,
63 despite accounting for the vast majority of breast cancer cases, are underrepresented in clinical
64 trials^{5,6}. Inclusion of women under the age of 40 in clinical trials is also rare due to the fact that
65 they represent only ~7% of all breast cancer cases⁷. These deficits raise the question of whether
66 trial results reflect real world outcomes.

67
68 Age at diagnosis affects prognosis differently based on molecular subtype⁸⁻¹⁰. Young women are
69 more likely to develop more aggressive subtypes of breast cancer, such as triple-negative breast
70 cancer (TNBC). Furthermore, young age is considered an independent risk factor for TNBC
71 recurrence and death^{7,11,12}. The incidence of all breast cancer subtypes increases with age, with
72 hormone receptor-positive (HR+) disease increasing the most dramatically and thus representing
73 the most prevalent subtype among older women¹³. These facts suggest there are age-related
74 factors that underlie breast cancer initiation and progression.

75

76 Current breast cancer treatments are often tailored to the needs of different age populations due
77 to tolerability, comorbidities, and variable toxicity^{14–17}; however, very little is known about the
78 relationship between age and treatment efficacy. We may therefore be missing opportunities for
79 care and treatment of different breast cancer patient populations.

80
81 Results from prior studies, including our own, show that the breast cancer landscape is
82 molecularly distinct with age^{17,18}. Various prognostic “aging” signatures have been developed^{19–}
83 ²²; however, these signatures were derived from bulk data and are subtype agnostic. We reasoned
84 that a deeper understanding of the age-associated molecular and biological programs defining
85 breast cancer at cell-type resolution that also considers the well-documented biological and
86 prognostic differences observed across breast cancer subtypes could provide a foundation for
87 developing age-specific treatments, which may be necessary to improve outcomes for all patients.

88
89 In this Analysis, we develop a comprehensive computational framework for understanding cell-
90 specific age-associated changes in gene expression and intercellular interactions within the tumor
91 microenvironment of TNBC and estrogen receptor-positive (ER+) breast cancers. Our results
92 establish that age is a strong driver of microenvironment heterogeneity, and that tumor-associated
93 epithelial, immune, and stromal cell types are biologically distinct with age in a breast cancer
94 subtype-dependent manner. Collectively, our results offer new insights into age-related functional
95 programs, suggesting that breast cancer therapies could be improved by tailoring them to age-
96 related molecular features.

97
98 **Results**
99 **Age-related gene expression and functional gene set enrichment in TNBC and ER+ breast**
100 **cancer**

101 To characterize the age-related molecular landscape of breast cancer, we analyzed bulk gene
102 expression in age-stratified tumors from patients with TNBC and ER+/HER2- (ER+) subtypes. We
103 used the Molecular Taxonomy of Breast Cancer International Consortium (METABRIC) bulk gene
104 expression database to identify differentially expressed genes (DEGs) between patients <45
105 years (“younger”) and >65 years (“older”) at diagnosis with stage I-III disease (Supplementary
106 Table 1).

107
108 For TNBC, 38 DEGs were significantly enriched in tumors from younger patients and 20 in tumors
109 from older patients when assessing the genes with the highest overall variance across the entire

110 TNBC cohort (Fig. 1a, Supplementary Table 2). Gene set enrichment analysis (GSEA) of these
111 highest variance genes yielded pathways associated with immune processes, nearly all of which
112 were enriched in the older patients; these included antigen presentation and processing
113 (particularly via MHC-II), inflammation response, and interferon gamma (IFN γ) signaling (Fig. 1b
114 Supplementary Fig. 1a, Supplementary Table 3). In the younger TNBC cohort, gene sets involved
115 in cell cycle and oncogenic signaling pathways were significantly enriched (Fig. 1b).

116
117 In the ER+ tumors, assessing the genes with highest overall variance across all ER+ patients
118 yielded 135 DEGs that were significantly enriched in the older group and 139 in the younger group
119 (Fig. 1c, Supplementary Table 2). In agreement with a prior report¹⁷, *ESR1* (encoding the estrogen
120 receptor 1) was highly enriched in the older cohort (Fig. 1c). GSEA showed that all the
121 differentially enriched pathways in ER+ were enriched in the younger cohort and included gene
122 sets related to breast biology, breast cancer molecular subtype, and mitogenic stimuli (Fig. 1d,
123 Supplementary Fig. 1b, Supplementary Table 3). Unlike TNBC, ER+ breast cancers did not
124 display age-stratified immune responses, apart from tumor necrosis factor alpha (TNF α)
125 signaling, which was enriched in the younger cohort (Fig. 1d, Supplementary Table 3).

126
127 These results revealed age-stratified molecular landscapes that are distinct between TNBC and
128 ER+ breast cancer. Nevertheless, these bulk transcriptomic analyses did not capture the cell-
129 specific context required for obtaining actionable insights.

130

131 **Development of a single-cell Age-Specific Program ENrichment (ASPEN) analysis method**

132 To leverage the resolution afforded by single-cell genomics for deeper insights into age-related
133 breast cancer transcriptomes, we developed a single-cell RNA-seq data analysis platform, termed
134 Age-Specific Program ENrichment (ASPEN), that identifies gene sets (e.g., MSigDB Pathways)
135 that correlate with age across individual cell populations. ASPEN incorporates two parallel
136 methods (Fig. 2). First, for each annotated cell type, expressed genes are ranked by their strength
137 of correlation with age and then GSEA is performed (Fig. 2a). Second, a signature scoring
138 algorithm is used to generate a gene set score per cell type per donor followed by correlation of
139 the average signature score per cell type to age²³ (Fig. 2b). Those two measures are visualized
140 with a bubble plot in which the bubble fill color represents the GSEA normalized enrichment score
141 (NES), and the bubble size represents the strength of signature correlation (Fig. 2c). Overall, this
142 method is optimized to highlight the strongest age-associated differences in gene expression
143 programs for individual cell types.

144

145 **Cell-specific Age-Related Programs (ARPs) show global enrichment in TNBC and**
146 **reduction in ER+**

147 In order to elucidate cell-specific gene expression programs that correlate with age in breast
148 cancer, we used the single-cell and spatially resolved human breast cancer atlas²⁴. The dataset
149 includes 10 TNBC samples (n=42,512 total cells, average age 55.3 years, age range 35-73) and
150 11 ER+ samples (n=38,241 total cells, average age 60.9 years, age range 42-88). There were
151 insufficient numbers of cells from HER2+ samples across the age spectrum for these analyses.

152

153 We first examined the abundance of the 8 major cell populations identified in the atlas with age
154 (“celltype_major”: cancer epithelium, normal epithelium, cancer-associated fibroblasts (CAFs),
155 myeloid cells, T cells, B cells, endothelium, and perivascular-like (PVL) cells), and their
156 composition based on 29 annotated functional cell subpopulations also noted in the atlas (i.e.,
157 “celltype_minor” as a proportion of its respective “celltype_major”)²⁴. In TNBC, the proportion of
158 myeloid cells increased ($R^2 = 0.67$, $p = 0.034$) and CAFs decreased ($R^2 = -0.66$, $p = 0.037$) with
159 age (data not shown), and an age-related decrease in CD4+ T cells as a percentage of all T cells
160 approached significance ($R^2 = -0.62$, $p = 0.054$; Supplementary Fig. 2a, b). In the ER+ tumors,
161 the abundance of major populations did not change with age (data not shown), yet the proportion
162 of inflammatory CAFs (iCAFs) ($R^2 = -0.71$, $p=0.014$), and differentiated PVL cells ($R^2 = -0.59$,
163 $p=0.055$) had negative relationships with age. Positive correlations with myofibroblast-like CAFs
164 (myCAFs) ($R^2 = 0.71$, $p=0.014$) and immature PVL cells ($R^2 = 0.63$, $p=0.039$) were also identified
165 (Supplementary Fig. 3a, b). We also noticed a trend toward increased luminal A and decreased
166 luminal B cell abundance in the ER+ tumors with age, consistent with prior reports of luminal A
167 predominance in older ER+ breast cancer patients^{13,25}

168

169 We then applied ASPEN to identify age-related programs (ARPs), defined as gene expression
170 sets (e.g. Hallmark pathways from MsigDB) that correlate with age. Global analysis of normalized
171 enrichment scores (NES) from each of the 29 minor cell populations revealed that most ARPs
172 increased with age in TNBC and decreased with age in ER+ breast cancer (Supplementary Fig.
173 4), consistent with results from the METABRIC analysis (Fig. 1b, d). Enrichment patterns were
174 unique to each breast cancer subtype (Figure 3), a finding that was conserved when we applied
175 ASPEN to the 49 most granular annotated cell subtypes (“celltype_subset”, Supplementary Fig.
176 5)²⁴. Details of the ASPEN results for each breast cancer subtype follow in subsequent sections.

177

178 To evaluate senescence as a potential driver of age-associated gene expression changes, we
179 applied ASPEN to published senescence signatures. While some signatures were enriched in
180 older patients (e.g. CAFs in TNBC), senescence ARPs were not observed in other cell populations
181 and notably mostly absent from ER+ breast cancer (Supplementary Fig. 6). These initial
182 observations indicated that although the proportions of most tumor-associated cell types did not
183 change significantly with age, their respective transcriptional programs did.

184

185 **Cell-specific enrichments of epithelial-mesenchymal transition, immune responses, and** 186 **stress responses with age in TNBC**

187 We inspected some of the ARPs to gain deeper insights into cell-specific cellular activity within
188 the tumor microenvironment (TME) with age.

189

190 In TNBC, epithelial-mesenchymal transition (EMT) in cancer epithelial cell subpopulations
191 represented the strongest overall enrichment with increased age (Fig. 3a, Supplementary Table
192 4). EMT is a cellular program that confers enhanced tumor-initiating capacity, invasion, and
193 metastatic potential^{26,27}. In the basal cancer cells, which are a dominant cancer epithelial cell type
194 in these tumors (Supplemental Fig. 2a), enrichment of EMT was concurrent with increased
195 immune response, K-Ras signaling, cellular stress responses, and angiogenesis, and decreased
196 oxidative phosphorylation, myc targets, and E2F targets with age (Fig. 3a-e).

197

198 In agreement with enrichment of immune pathways with increased age from the METABRIC
199 analysis (Fig. 1b), immune function and inflammation were positively correlated with age in
200 several cell populations, including CD4+ T cells, CD8+ T cells, iCAFs and myCAFs (Fig. 3b,
201 Supplementary Table 4). Of the immune programs, the strongest ARPs (i.e., those with the
202 highest NES) occurred in both subsets of CAFs, whereby interferon (IFN α and IFN γ) response
203 pathways were increased with age (Fig. 3b, Supplementary Table 4). CD4+ and CD8+ T cells
204 displayed elevated stress responses and apoptosis with age (Fig. 3d). Despite the increased
205 numbers of myeloid cells with age, monocyte/macrophage populations displayed no ARPs (Fig.
206 3a-e).

207

208 These results established ARPs for specific cell types in TNBC. The age-associated changes in
209 some cell types (T cells, CAFs) were reflected in altered gene expression, whereas other cell
210 types (myeloid) predominantly show altered abundance. With increasing age, TNBC is dominated

211 by cancer cells with an EMT phenotype and an inflamed microenvironment in which T cells and
212 CAFs display responses to cellular stress and immune stimuli.

213

214 **Cell-specific reductions in metabolism, myc targets, and interferon responses with age in**
215 **ER+ breast cancer**

216 Unlike TNBC, and consistent with the METABRIC analysis (Fig. 1c, d), the majority of ARPs in
217 ER+ breast tumors were enriched in the younger cohort (Fig. 3, Supplementary Figs. 4, 5). The
218 only significant ARPs in the epithelial subpopulations were high interferon responses and myc
219 targets in the youngest donors (Fig. 3a, b, Supplementary Table 4). There were no estrogen
220 response ARPs in the tumor epithelial cells (Fig. 3a) despite the shift toward luminal A and high
221 *ESR1* expression observed in the older METABRIC cohort (Fig. 1c and Supplementary Fig. 3).

222

223 Unlike TNBC, metabolic processes were significantly enriched in the youngest ER+ donors,
224 particularly in the vasculature, plasmablasts, CD4+ and CD8+ T cells (Fig. 3c, Supplementary
225 Table 4). In other words, these cell populations were less metabolically active in the older ER+
226 cohort.

227

228 Unlike the myeloid compartment of TNBC, which exhibited no ARPs, the myeloid cells in ER+
229 tumors appeared to be programmed differently with age. Specifically, TNF α signaling significantly
230 correlated with increasing age, while interferon responses decreased with age (Fig. 3b,
231 Supplementary Table 4). Monocytes/macrophages were also significantly less metabolically
232 active with age (Fig. 3c). These results suggested type I inflammatory responses in the younger
233 cohort and a tumor-promoting inflammatory phenotype²⁸ in the older cohort in ER+ tumors.

234

235 ASPEN revealed significant differences in T cell populations with age in the ER+ tumors, which
236 were similar for CD4+ and CD8+ T cells. Specifically, TNF α and interleukin-2 (IL2) signaling
237 increased while IFN α responses, myc targets, and, as already mentioned, metabolism, decreased
238 with age (Fig. 3 a-c). These findings were consistent when evaluating the specific cell
239 subpopulations ("celltype_subset"; Supplementary Fig. 5).

240

241 Collectively, the cell-specific ARPs in ER+ tumors indicated enrichment of tumor-supportive
242 inflammatory activity in myeloid cells, reductions in metabolically active endothelium, and
243 attenuated interferon responses in cancer cells with age. The ARPs in CD4+ and CD8+ T cells
244 suggested quiescence, exhaustion, and metabolic dysfunction with increasing age.

245

246 **Age-differential cellular interactomes in TNBC and ER+**

247 Having identified key cell-specific age-related transcriptional programs, we investigated whether
248 cell-cell interactions differ with age by employing CellChat. CellChat integrates the expression of
249 ligands, receptors, cofactors, multimeric receptor-ligand complexes, soluble agonists and
250 antagonists, and stimulatory and inhibitory membrane-bound coreceptors as well as abundance
251 of each cell type to infer the likelihood of a specific ligand-receptor pair interaction between
252 specific cells²⁹. For these analyses, we stratified the single-cell data²⁴ by age (≤ 55 and > 55) for
253 both breast cancer subtypes.

254

255 In TNBC, the older cohort exhibited a 1.85-fold increase in total cell-cell interactions and a 1.48-
256 fold increase in interaction strength (Fig. 4a, b; Supplementary Table 6). Both younger and older
257 TNBC cohorts showed strong interactions between cancer epithelial cells and T cells, and among
258 T cells themselves (Fig. 4a, b). Age impacted the TNBC interactome whereby the older cohort
259 was dominated by bidirectional myeloid:T cell communication and the younger cohort was
260 enriched for CAF interactions with T cells and cancer epithelium (Fig. 4c; Supplementary Table
261 6). These results align with METABRIC and ASPEN analyses, which highlighted immune related
262 ARPs (Figs. 1a, b, 3b).

263

264 In ER+ breast cancer, the older cohort had a 1.16-fold increase in total interactions but a 1.06-
265 fold decrease in interaction strength (Fig. 4d, e; Supplementary Table 6). Both age groups
266 displayed strong CAFs:cancer epithelial interactions (Fig. 4d, e). Interactions between cancer
267 epithelial cells and both myeloid and T cells dominated the older cohort, while interactions within
268 the vascular compartment (endothelium and PVLs; Fig. 4f) were enriched in the younger cohort,
269 consistent with increased metabolic activity observed earlier (Fig. 3c).

270

271 To refine our understanding of which cells accounted for the most significant age-related
272 differences, we examined the 29 minor cell subpopulations. This revealed numerous age-stratified
273 interactions, and we describe only the most predominant of those.

274

275 In TNBC, cancer basal cells enriched their communication with macrophages, CD4+, and CD8+
276 T cells (Fig. 4g, h). Despite the rise in CAF-specific ARPs with age (Fig. 3), CAF interactions were
277 stronger in younger TNBC patients, particularly through myCAF and iCAF signaling to CD4+ and
278 CD8+ T cells (Fig. 4g, h, Supplementary Table 6). Macrophages exhibited the most significant

279 age-related interaction changes, marked by homotypic interactions and increased communication
280 with cancer basal cells, monocytes, CD4+ T cells, and CD8+ T cells (Fig. 4g, h), despite their lack
281 of ARPs (Fig. 3).

282

283 In TNBC, increased macrophage:T cell interactions with age, along with signals of enhanced
284 MHC-II presentation from the METABRIC bulk analysis (Fig. 1b), led us to examine cell-specific
285 MHC class II expression. While professional antigen-presenting cells (APCs) accounted for most
286 MHC-II (HLA) gene expression, age-biased expression was driven by CAFs, vascular cells, and
287 cancer cells in the older patients (Supplementary Fig. 7a), suggesting IFN γ ³⁰ exposure and
288 aligning with enriched interferon response genes in these cells (Fig. 3b).

289

290 In ER+ breast cancer, ACKR1+ endothelial cells had 15-fold increased homotypic interactions
291 and significantly more interactions with various cell populations in the younger cohort (Fig. 4i, j,
292 Supplementary Table 6), aligning with their enhanced protein secretion, and metabolic activity
293 ARPs in younger patients (Fig. 3b). ACKR1 modulates innate immunity by trafficking
294 chemokines³¹; hence, their enhanced interferon response ARPs suggests stronger immune
295 modulation in the younger cohort. In addition to their increased abundance in the younger cohort
296 (Supplementary Fig. 3a), iCAFs were a dominant signaling source in the younger cohort, whereas
297 myCAFs were increased in abundance (Supplementary Fig. 3a) and had stronger interactions
298 with luminal A cells with age (Fig. 4i, j). Cancer luminal A cells exhibited the most dramatic age-
299 related interaction changes, with significant increases in autocrine and immune cell interactions
300 with age (Fig. 4i, j, Supplementary Table 6).

301

302 The significant activity of the cancer epithelium in ER+ breast cancer, along with elevated *ESR1*
303 with age in METABRIC (Fig. 1c), prompted us to examine cell-specific *ESR1* expression. *ESR1*
304 was significantly higher in luminal A and luminal B cancer cells in older patients (Supplementary
305 Fig. 7b), although, as mentioned earlier, estrogen response gene sets did not correlate with age
306 in these cells (Fig. 3a).

307

308 Collectively, these results revealed distinct intercellular interactions that occur in an age-biased
309 manner in TNBC and ER+ breast cancer. Although our study is not powered to analyze the spatial
310 transcriptomic data from these tumors by age, prior analysis²⁴ confirms the co-localization of the
311 cell types we identified through these analyses.

312

313 **Identifying age-stratified signaling networks in TNBC and ER+**

314 We next explored the molecular basis for age-biased cell-cell interactions in TNBC and ER+
315 breast cancer. Evaluating the 3,234 annotated ligand-receptor pairs in the CellChat database
316 across each of the 29 minor cell types for each breast cancer subtype risked producing an
317 overwhelming number of signaling nodes. Therefore, we developed regression-based selection
318 criteria to identify subsets of cells on which to focus and the most prominent signaling interactions
319 between them (see Methods).

320

321 Specific ligand-receptor pairs are categorized into general “signaling pathways”²⁹ and we use the
322 term “signaling interaction” to denote signaling pathways predicted to be activated between
323 specific cell types and “signaling node” to refer to the specific ligand-receptor pair(s) activated
324 between cells. Results for each breast cancer subtype are described in the following sections.

325

326 **Age-associated signaling network in TNBC**

327 The selection criteria yielded 7 cell types for TNBC: iCAF, myCAF, basal cancer cells,
328 macrophages, monocytes, CD4+, and CD8+ T cells (7×7=49 possible source/target cell
329 combinations). We used the CellChat *rankNet* function to calculate scaled interaction weights
330 across these 49 combinations, yielding 650 signaling interactions comprising 71 different
331 signaling pathways (Supplementary Fig. 8). 483 (74%) of these had higher probability values in
332 the older cohort, 307 signaling interactions were exclusive to the older cohort, and 48 were
333 exclusive to the younger cohort (Supplementary Fig. 8). Nine signaling pathways, supported by
334 43 ligand-receptor pairs, were identified as the most dominant across all selected cells in one or
335 both age cohorts (Supplementary Table 7).

336

337 The monocyte/macrophage-derived galectin 9 (Gal9, *LGALS9*) signaling interaction showed the
338 greatest difference between TNBC age groups, being elevated in older patients (Fig. 5a). Gal9
339 signaling via prolyl 4-hydroxylase beta (*P4HB*) is linked to EMT promotion and age-related
340 cancers³². Signaling nodes between CAF- and monocyte/macrophage-derived Gal9 and P4HB
341 on cancer basal cells were exclusive to the older cohort (Fig. 5a, b; Supplementary Fig. 8). Gal9-
342 CD44 signaling increased with age, which promotes regulatory T cell (Treg) function and CD8+ T
343 cell death³³. CAF- and monocyte/macrophage-derived Gal9 signaling to CD4+ and CD8+ T cells
344 was higher in the older cohort (Fig. 5a, b). This result aligns with ASPEN analysis that showed
345 increased T cell apoptosis with age (Fig. 3d).

346

347 Given that the interaction between macrophages and T cells represented one of the strongest
348 cell:cell interactions in older patients (Fig. 4c), we manually curated the specific signaling nodes
349 for these cell types for further investigation. We observed additional immunosuppressive factors
350 (e.g., PGE2 and MIF) expressed by myeloid cells in the older cohort (Fig. 5b, Supplementary Fig.
351 8d, e, Supplementary Table 7).

352

353 Plasminogen activator, urokinase (*PLAU*) and cyclophilin A (*PPIA*), which promote EMT in tumor
354 cells and fibrosis in CAFs³⁴⁻³⁶, were enriched in signaling nodes between myCAFs:cancer cells
355 and monocyte/macrophages:cancer cells in the older cohort (Fig. 5a, b), supporting the EMT
356 ARPs previously observed (Fig. 3). In this cohort, CD55 expressed by CAFs, basal cancer cells,
357 and monocyte/macrophages was predicted to interact with CD97 (*ADGRE5*) on CD4+ T cells,
358 which promotes Treg development³⁷. Immune-suppressive signaling nodes^{38,39} between the class
359 I molecule, HLA-F, on both CAFs and cancer basal cells with the inhibitory receptor, leukocyte
360 immunoglobulin like receptor B1 (*LILRB1*), on monocyte/macrophages were also noted in older
361 TNBC patients.

362

363 Three signaling interactions were prominent CAFs in the older cohort, involving the nodes THY-
364 1 cell surface antigen (CD90, *THY1*), lysophosphatidic acid receptor 1 (*LPAR1*), and
365 thrombospondins 1 and 2 (*THBS1*, *THBS2*) (Fig. 5a, b). LPAR1 signaling via CD97 (*ADGRE5*)
366 promotes fibrosis and chemoresistance in TNBC⁴⁰. THY1-positive CAFs, annotated as iCAFs in
367 the atlas²⁴ are known to suppress T-cell function⁴¹, promote Treg recruitment⁴² and were
368 associated with poor outcome in glioblastoma⁴³. Elevated THBS1 signaling, particularly via
369 syndecan-1 (*SDC1*), which was observed in CAFs in the older cohort (Fig. 5a, b), aids cancer cell
370 motility⁴⁴ and is associated⁴⁵ with reduced survival in breast cancer⁴⁵.

371

372 Expression of the CD8+ T cell receptor, concomitant with HLA genes associated with MHC-I on
373 cancer basal cells, was higher in the older cohort (Fig. 5a, b), although peptide presentation could
374 not be deciphered. Nevertheless, immunosuppressive signaling interactions were also elevated;
375 for example, immunosuppressive prostaglandin E2 (PGE2), macrophage inhibitory factor (MIF),
376 and midkine (MK) were elevated between cancer basal cells and CD4 and CD8 T cells in the
377 older cohort (Fig. 5b, Supplementary Fig. 8c).

378

379 Confirming immune modulatory ARPs in CAFs and cancer cells (Fig. 3b), type 2 interferon (IFN-
380 γ) signaling from CD8+ T cells to iCAFs, myCAFs, and cancer basal cells was exclusive to the

381 older cohort (Fig. 5b, Supplementary Fig. 8f). Exploring the potential source(s) of enriched antigen
382 processing and presentation via MHC-II in the older cohorts from the METABRIC and ASPEN
383 analyses, signaling nodes related to MHC-II presentation by cancer basal cells, myCAF, and iCAF
384 to monocytes and macrophages were elevated in the older cohort (Fig. 5b, Supplementary Fig.
385 8a-e), confirming our earlier observation of various class II molecules on “non-professional”
386 antigen presenting cells (Supplementary Fig. 7a).

387
388 Only a few of the signaling interactions were exclusive to or higher in the younger TNBC cohort.
389 For example, a signaling node between monocyte/macrophage-derived Gal9 and the checkpoint
390 protein TIM3 (*HAVCR2*) on CD8+ T cells, which suppresses antitumor immunity⁴⁶ and induces
391 CD8+ T cell death⁴⁷, was elevated in the younger cohort (Fig. 5a, b). Macrophage-derived
392 osteopontin (secreted phosphoprotein 1, *SPP1*) signaling to various cells exclusively in the
393 younger cohort (Fig. 5b, Supplementary Fig. 8d) is consistent with promotion of breast cancer
394 progression and chemoresistance⁴⁸⁻⁵¹. Enriched fibronectin 1 (*FN1*) engagement of integrins
395 $\alpha4/\beta7$ on CD8+ T cells suggested regulation of T cell migration and T cell receptor activity in the
396 younger cohort (Fig. 5a, b). Finally, we noted that CAF signaling to lymphocytes (CD8+ and CD4+)
397 and myeloid cells (monocytes and macrophages) via MIF occurred exclusively in the younger
398 cohort (Fig. 5b, Supplementary Fig. 8a, b). Hence, while certain signaling pathways, such as Gal9
399 and MIF, were activated broadly across the TME in the older cohort, they also played a role in
400 specific cell-cell interactions in the younger cohort.

401
402 **Age-associated signaling network in ER+ breast cancer**
403 For ER+ breast cancer, the selection criteria revealed 8 cell types: iCAF, myCAF, cancer luminal
404 A, macrophages, ACKR1+ endothelial cells, differentiated PVLs, CD4+ T cells, and CD8+ T cells
405 ($8 \times 8 = 64$ possible source/target cell combinations). Across these 64 combinations, *rankNet*
406 analysis yielded 745 signaling interactions comprising 84 signaling pathways (Supplementary Fig.
407 9). Of those interactions, 411 (55%) were more prevalent in the younger cohort, while 334 were
408 more prevalent in the older cohort. The younger cohort had 166 unique interactions while 186
409 were unique to the older cohort (Supplementary Fig. 9). Hence, unlike TNBC, in which the balance
410 of the strongest age-dependent signaling interactions tipped in favor of the older cohort,
411 interactions were more evenly balanced between older and younger cohorts in the ER+ breast
412 cancers.

413

414 Adhesion proteins and extracellular matrix (ECM) engagement comprised the vast majority of the
415 strongest signaling interactions across selected cell types in both age cohorts and included the
416 non-collagenous glycoprotein family members, laminins, fibronectin (*FN1*), and thrombospondins
417 (*THBS*) signaling through various heterodimeric integrin receptors (Fig. 6a, Supplementary Fig.
418 10, Supplementary Table 7). ECM engagement within the TME modulates cell proliferation,
419 differentiation, adhesion, and migration, serves as a sink for cytokines, promotes angiogenesis
420 and inflammation, and governs malignant progression⁵². These various adhesion signaling nodes
421 appeared to be both age-dependent and cell type-specific. For example, nearly all adhesion/ECM
422 signaling nodes involving either cancer luminal A cells, differentiated PVLs, or macrophages were
423 enriched in the older cohort, while those involving iCAFs, myCAFs, and ACKR1+ endothelial cells
424 were mostly enriched in the younger cohort (Fig. 6a). T cells showed no engagement of these
425 particular adhesion molecules (Supplementary Fig. 10), perhaps owing to the fact that ER+ breast
426 cancer is often devoid of tumor-infiltrating lymphocytes⁵³.

427

428 Periostin (*POSTN*) signaling represented the strongest, statistically significant signaling pathway
429 ($p < 0.02$, frequency = 12) and was highly enriched between CAFs and vascular cells (endothelium
430 and PVLs) in the older cohort (Fig. 6b, Supplementary Table 7, Supplementary Fig. 9). Periostin
431 is a matricellular protein that mediates fibrosis, angiogenesis and chemoresistance in cancer⁵⁴.

432

433 We also observed age-biased expression and predicted interactions featuring various laminin
434 subunits, which are the major non-collagenous components of the basement membrane⁵². For
435 example, the cancer basal cells exclusively used the beta-2 subunit (*LAMB2*) in the older cohort
436 (Fig. 6a). Moreover, ACKR1+ endothelial cells preferentially used the laminin subunit alpha-4
437 (*LAMA4*) to engage other cells in the older cohort, while using various other laminins to engage
438 those same cells in the younger cohort (Fig. 6a). There also seemed to be aged-biased usage of
439 integrin subunits, particularly the use of alpha-3/beta-1 by differentiated PVL cells in the older
440 cohort (Fig. 6a).

441

442 Like TNBC, MIF signaling between cancer luminal A cells and CD4+ or CD8+ T cells via CD74
443 complexes was elevated in the older cohort (Fig. 6a, b, Supplementary Fig. 9). Tumor cell-derived
444 MIF promotes expansion of Tregs (consistent with the IL-2 ARP we observed in CD4+ T cells via
445 ASPEN; Fig. 3b) and inhibits CD8+ T cell activation⁵⁵. We also note that osteopontin (*SPP1*)-
446 expressing macrophages, which promote disease progression, communicated exclusively in the

447 older cohort (Supplementary Fig. 9), in agreement with the METABRIC analysis, which revealed
448 significantly higher expression of *SPP1* in the older cohort (Fig. 1c).

449

450 Notch signaling to cancer luminal A cells was enriched in the younger cohort, specifically from
451 PVL cells and myCAFs (Fig. 6b, Supplementary Fig. 9, Supplementary Table 7). Notch plays a
452 critical role in maintaining luminal progenitor cell fate in the breast⁵⁶, thus in agreement with the
453 luminal and stem cell pathways observed in the younger METABRIC cohort (Fig. 1d).
454 Overexpression of notch receptors and ligands is correlated with TNBC progression and
455 therapeutic resistance, but is less well described in ER+ breast cancer⁵⁶.

456

457 **Age-related landscape of TNBC and ER+ breast cancer**

458 Through detailed, manual integration of key cell-specific results from each dataset, we built a
459 comprehensive age-related landscape of TNBC (Fig. 7a) and ER+ breast cancer (Fig. 7b).

460

461 In the older TNBC cohort, myeloid cells and CAFs interact with cancer basal cells through
462 LGALS9/P4HB, PPIA/BSG, and PLAU/PLAUR ligand/receptor pairs to promote EMT and cell
463 motility, as confirmed by the age-related increase in EMT ARPs. The mesenchymal-like cancer
464 cells in turn impact the TME by: 1. presenting antigen to T cells, which aligns with the enrichment
465 of inflammatory response and memory T cell ARPs; 2. promoting Treg development; 3. inducing
466 CD8+ T cell death, consistent with apoptosis ARPs; and 4. generating an immune suppressive
467 phenotype in monocyte/macrophages (Fig. 7a). Tumor cells in the older cohort also engage with
468 CAFs to promote fibrosis and ECM remodeling, which is required for mesenchymal-like tumor
469 cells to detach, leading to enhanced motility, invasion, metastasis, and chemoresistance²⁶. CAFs
470 were also observed to play a dominant role in modulating immune responses, as indicated by
471 their inflammatory ARPs and signaling nodes that suppress T cell function and recruit Tregs. The
472 increased MHC-II presentation by many cells within the older TME, consistent with METABRIC
473 analysis, suggests exposure to IFN γ ³⁰, which is supported by the observed enrichment of
474 interferon response ARPs, especially in CAFs. Given the dual role of IFN- γ in promoting anti-
475 tumor immunity and mediating immune evasion^{57,58}, interferon signaling in CAFs warrants further
476 investigation, particularly in the context of aging.

477

478 The absence of ARPs in monocyte/macrophages in TNBC aligns with our finding that these cells
479 promote pro-tumorigenic and immunosuppressive phenotypes in both older and younger cohorts,
480 but via different signaling nodes (Fig. 7a). In the younger TNBC cohorts, we observed basal

481 cancer cells that were not enriched for EMT ARPs and CAFs with decreased inflammatory
482 signaling compared to the older cohorts. Interactome analysis suggested these phenotypes were
483 driven by macrophage polarization factors (Fig. 7a) that are linked to enhanced TNBC progression
484 and metastasis⁵⁹. The immunosuppressive profile of macrophages was shaped by different
485 factors in younger and older TNBC cohorts (such as *SPP1* in younger), indicating that targeting
486 immune suppressive macrophages may require age-stratified strategies.

487

488 In ER+ breast cancer, cell-specific ARPs indicated increased myeloid inflammatory activity, less
489 metabolically active endothelium, attenuated cancer cell interferon responses, and CD4+/CD8+
490 T cell quiescence and metabolic dysfunction with age (Fig. 7b). These processes, including cell
491 migration, vascular permeability, and immune trafficking, are influenced by ECM structure and
492 alignment⁶⁰. Signaling nodes in both age groups involved adhesion and ECM interactions, with
493 different nodes active between cohorts, suggesting age-biased tissue remodeling as a key driver
494 of these cell-specific ARPs in ER+ breast cancer (Fig. 7b).

495

496 In the younger ER+ breast cancers, increased ECM and vascular remodeling occurred via
497 interactions between CAFs, endothelial ACKR1 cells, and differentiated PVL cells. The fact that
498 ACKR1+ endothelial cells, which are involved in chemokine trafficking in innate immunity, were
499 the most metabolically active cells in the younger ER+ cohort, together with their enriched
500 signaling nodes with PVLs, suggests an important immunomodulatory role within the younger
501 ER+ tumor microenvironment (Fig 7b).

502

503 The older ER+ breast cancers were enriched with myCAF. When taken together with their ARPs
504 and active signaling nodes using ligands, such as periostin, the results suggest CAFs as drivers
505 of increased desmoplasia, chemoresistance, and promotion of cancer cell invasion with age in
506 ER+ breast cancer.

507

508 Though ER+ tumors are characterized as immunologically “cold”⁵³, age-related differences in
509 immunogenicity were noted. Older tumors showed increased MIF activity, potentially attenuating
510 eradication by cytotoxic T lymphocytes, as observed in lymphoma⁶¹. Furthermore, higher CD47
511 signaling in older T cells, as observed in melanoma models⁶², suggests reduced T cell cytotoxicity.
512 Increased TNF α signaling in older tumors might also contribute to reduced immunogenicity
513 through heightened inflammation.

514

515 **Discussion**

516 We provide the first age-resolved human breast cancer landscape by defining transcriptomes,
517 interactomes, and signaling pathway activity for TNBC and ER+ breast cancer at cell type-specific
518 resolution. Our approach combined age-stratified differential gene expression analysis on bulk
519 RNA-seq data, a new pipeline for identifying age-correlated gene sets from single-cell RNA-seq
520 data (ASPEN), and cell interaction analysis to explore age-biased signaling in the TME. This
521 integrated approach revealed molecular and cellular profiles that differentiate tumors from older
522 and younger breast cancer patients in a subtype-dependent manner with important biological and
523 clinical implications.

524

525 The approach uncovered novel insights not revealed by bulk transcriptional profiling. For example,
526 while it is well accepted that systemic inflammation increases with age, the specific contribution
527 of age-related inflammation in the TME of breast cancer remains unclear. We found distinct
528 differences in inflammatory drivers between TNBC and ER+ breast cancer. In ER+, the strongest
529 age-related inflammatory processes rested with myeloid cells, while in TNBC, inflammatory
530 processes were primarily observed in CAFs. Moreover, in TNBC, SPP1-expressing macrophage
531 communication was exclusive to younger patients, while in ER+ breast cancer, it was exclusive
532 to older patients. Hence, inflammatory processes exhibited not only age-dependent but also
533 subtype-dependent phenotypes.

534

535 The results underscore the risks of generalizing aging effects, reinforcing that aging varies not
536 only across tissues and cancers⁶³, but also within specific cancer subtypes. For example,
537 increased EMT with age has been observed in pan-cancer bulk analyses⁶⁴, and here, we noted
538 EMT in specific cancer cells in the older TNBC cohort but not in ER+ breast cancer. One likely
539 explanation is that EMT capacity and other age-related differences that we observed between
540 subtypes are due to differences in tumor cell of origin and how they age. However, the differences
541 in stromal and immune populations between subtypes suggest that their variations are influenced
542 by aging in the context of subtype, not just aging alone.

543

544 The differences in immune responses between age and subtype are striking and warrant further
545 investigation into the immune-modulatory role of various cells and their potential therapeutic
546 implications with age. It is not clear why immunotherapies have limited efficacy in TNBC. The
547 significant enrichment of immunosuppressive pathways in the older TNBC cohort suggests it may
548 be easier to overcome immunosuppression in younger women than in older women. The

549 groundwork we lay here - e.g., the strong immunomodulatory impact of CAFs - suggest novel
550 ways to investigate intrinsic and acquired therapeutic resistance. In ER+ breast cancer, clinical
551 data suggest that younger women benefit more than older women from addition of chemotherapy
552 to endocrine therapy^{65,66}, possibly due to higher immune responses in younger patients¹⁷, as we
553 also observed here. This may indicate a subset of younger ER+ patients who could benefit from
554 immunotherapy, despite its limited efficacy in this subtype⁵³.

555

556 Tissue remodeling emerged as a key differentiator between age-related TNBC and ER+ breast
557 cancer. This distinction holds potential for the design of subtype-specific therapies tailored to age-
558 related profiles. For example, laminin-binding integrins, which govern cell morphology, polarity,
559 differentiation, and migration, showed age-biased subunit variations in ER+ breast cancer,
560 offering therapeutic targets. Additionally, age-related vascular remodeling, which influences
561 immune infiltration and drug accessibility, represents another potential therapeutic avenue,
562 guided by age-associated factors.

563

564 Areas of concordance between the two datasets strengthen the reliability of our results, while
565 further validation in additional datasets and experimental models is warranted. Our study provides
566 a robust foundation for such future efforts, offering a valuable resource for generating hypotheses,
567 supporting orthogonal experimentation, and inspiring deeper investigations into age-associated
568 changes in the TME that affect progression and drug response. The sample size limitation and
569 lack of patient-specific outcomes in the single-cell RNA-seq cohort will be resolved as larger
570 single-cell atlases become public in the future. Furthermore, since menopause is an important
571 part of aging, it is reasonable to assume that some of our observations, particularly in ER+ breast
572 cancers, are driven by the menopausal status of the donors. Future investigation into datasets
573 that include well-annotated menopausal status might distinguish age-related differences driven
574 by menopause from those driven by other aging processes. Importantly, our study provides a
575 framework that can be applied to other datasets, not only in breast cancer, but any tumor type
576 with single-cell RNA-seq data from young and older donors.

577

578 Our study demonstrates that the breast cancer TME differs profoundly with age in a subtype-
579 specific manner. These findings establish a new framework and suggest that efforts to gain
580 deeper insights into breast cancer pathology and design improved therapies should take age into
581 consideration in a subtype-specific manner. Ultimately, integrating cell type-resolved methods to

582 study the biology of TNBC and ER+ breast cancer across age groups is likely to result in tailored
583 therapies that target specific tumor vulnerabilities and improve patient outcomes.

584

585 **Online methods**

586 **Differentially expressed genes in younger and older breast cancer patients**

587 Gene expression from donors from the METABRIC bulk RNA expression database with an age,
588 three-gene disease subtype, and tumor stage were grouped into ER+ or TNBC and by age as
589 <45 years and >65 years. For each of these 4 groups, donors were subsetted to include those
590 whose tumors were Stage I - Stage III at diagnosis. Median age for the >65 TNBC group was
591 70.6 years (n= 63). The <45 TNBC group had a median age of 39.77 years (n = 50). Median age
592 for the >65 ER+ group was 72.81 years (n= 386). The <45 ER+ group had a median age of 41.14
593 years (n = 86).

594

595 Log₂-normalized METABRIC gene expression data and associated metadata were downloaded
596 from cBioPortal. For each breast cancer subtype, genes (n = 24,174 total genes), were first
597 subsetted to the top 675 genes that had the highest variance by ranking genes by standard
598 deviation. The data were then transformed by exponentiating by base 2. The limma R package
599 was used alongside voom normalization to identify differentially expressed genes between donors
600 <45 years and >65 years in the TNBC and ER+ cohorts. We set the FDR significance threshold
601 for both cohorts to 0.05. All 675 genes were then plotted in a volcano plot with log₂ Fold Change
602 on the x-axis, and -log₁₀ FDR on the y-axis.

603

604 The total list of 675 genes was ranked by log₂FC, starting with highest positive (most enriched in
605 >65) and ending with lowest negative (most enriched in <45), and then GSEA was performed
606 using the fgsea package on the C2, C5, and Hallmark pathway gene sets (MSigDB). Pathways
607 with FDR < 0.05 for TNBC and ER+ were then visualized.

608

609 **ASPEN: Hallmark pathway correlation with age at cell type resolution using single-cell** 610 **RNA sequencing data**

611 We developed ASPEN (**A**ge-**S**pecific activation **P**rogram **E**nrichment) to assess correlation
612 between gene set (pathway) expression and age at cell type resolution. Single-cell RNA-seq
613 counts matrices, barcodes, feature data, and metadata for 10 TNBC and 11 ER+ primary breast
614 tumors were downloaded from GEO (GSE176078), and additional cohort metadata (including age
615 annotations) were downloaded from the accompanying manuscript's supplementary data²⁴.

616 Following standard pipelines in Seurat v4, a Seurat object was made for each of the 21 samples
617 and the 10 TNBC donors' objects and 11 ER+ donors' objects were merged into a single TNBC
618 object and a single ER+ object. From there, the data were log-normalized and parallel adaptations
619 of traditional gene set enrichment analyses (GSEA) were performed to assess correlation
620 between donor age and Hallmark Pathway enrichment per cell type. The middle-granularity cell
621 type annotations provided by the authors of the dataset were used (29 total cell types,
622 celltype_minor).

623

624 For the first arm of ASPEN, average gene expression per cell type was correlated to donor age
625 and GSEA was performed on the genes in the Seurat object ranked by correlation coefficient from
626 most correlated to most anti-correlated. The TNBC or ER+ merged objects were re-subsetted by
627 donor. Within each of the 10 (TNBC) or 11 (ER+) objects, average gene expression for each of
628 the 29 cell types was calculated on a per gene basis. Some donors had a cell count of 0 for
629 specific cell types; these donors were excluded from the next analysis steps. If more than half of
630 the donors had a given cell type, the average expression values for each gene for that cell type
631 were then correlated to donor age (a total of 24 unique cell types for TNBC and 25 unique cell
632 types for ER+). Each gene per cell type was then ranked from highest correlation coefficient (most
633 correlated) to lowest (most anti-correlated). To avoid erroneous results due to arbitrary gene
634 ranking, the genes with a correlation coefficient of 0 were omitted, and the remaining ranked
635 genes were used to perform GSEA for the Hallmark pathways. GSEA was performed using the
636 fgsea and gage R packages; this portion of the script was adapted from a publicly available GSEA
637 script developed by Dr. Brian Gudenias (<https://bioinformaticsbreakdown.com/how-to-gsea/>).
638 Gene set .gmt files were accessed from the GSEA website. For a given cell type/pathway
639 combination to be considered a statistically significant enrichment, an adjusted p-value <0.05 in
640 both package analyses was required. The statistically significant cell type/pathway combinations
641 were then visualized as bubble color and depth in a bubble plot.

642

643 For the second arm of ASPEN analysis, enrichment for each cell within the dataset was first
644 performed and then the numeric metric of enrichment was correlated to donor age. For this
645 analysis, the TNBC or ER+ merged objects were re-subsetted by donor and the *AddModuleScore*
646 command within Seurat v4 was used to assign a signature score to each cell for gene expression
647 concordance with the 50 Hallmark pathways. These gene sets were accessed in R using the
648 msigdb R package. Once every cell per donor had a signature score, the average signature score
649 per cell type was calculated and the resulting average signature score per cell type per donor was

650 correlated to donor age. The magnitude of these correlation coefficients was then visualized as
651 bubble size in a bubble plot.

652

653 **Cell-cell interaction analysis**

654 For the analysis of cell-cell interactions, we used CellChat (version 2.1.2)²⁹. The single-cell human
655 breast cancer atlas data was divided into four groups according to subtype and patient age at
656 diagnosis (Supplementary Table 5). We created four CellChat objects and associated datasets,
657 one for ≤ 55 TNBC donors, one for > 55 TNBC donors, one for ≤ 55 ER+ donors, and one for > 55
658 ER+ donors, from the single-cell RNA-seq data. To consider the proportion of cells in each group
659 when calculating the cell-cell interaction probability, the *population.size* argument in the
660 *computeCommunProb* function was set to *TRUE*. In addition, we used *liftCellChat* when the cell
661 type populations were different between young and old CellChat objects by subtype, as was the
662 case in ER+ ≤ 55 where there were no Naive B cells. Then, for each subtype, we merged the
663 CellChat objects to run a comparison analysis between young and aged groups. The analysis
664 allowed us to determine the number and strength of interactions between cell types in the different
665 cohorts and to visualize them using different tools, such as circle plots (*netVisual_circle* and
666 *netVisual_diffInteraction*), scatter plots (*netAnalysis_signalingRole_scatter*), bar charts (*rankNet*),
667 or bubble plots (*netVisual_bubble*). Circle plots show overall interaction probabilities between cell
668 types of interest, either per group or differentially between groups. The scatter plots show changes
669 in both incoming and outgoing interaction strengths for each cell type individually, where
670 interaction strength represents the sum of incoming and outgoing probabilities for all cell-cell
671 interactions. The bar charts describe statistically significant, pathway-specific differences
672 between a given source and target cell group and determine statistical significance between
673 donors ≤ 55 and > 55 . The bubble plot calculates the communication probability of each ligand-
674 receptor interaction between source and target cells in each age cohort for a given pathway or
675 pathways. Fold change differences above 1.2 or below -1.2 were of interest.

676

677 **Regression-based criteria for curating cells and signaling nodes**

678 Cell types of focus were chosen based on source and/or target signal strengths greater than the
679 sum of the average source/target interaction strengths of the younger and older cohorts (> 0.037
680 for TNBC and > 0.023 for ER+ breast cancer, Supplementary Table 6). The criteria yielded 7 cell
681 types for TNBC: iCAF, myCAF, basal cancer cells, macrophages, monocytes, CD4+, and CD8+
682 T cells. For ER+ breast cancer, these criteria revealed 8 cell types: iCAF, myCAF, cancer luminal
683 A, macrophages, ACKR1+ endothelial cells, differentiated PVLs, CD4+ T cells, and CD8+ T cells.

684 We excluded three cell types despite meeting the criteria: 1) TNBC cancer HER2 cells because
685 only one patient sample contained appreciable numbers of cancer HER2 cells (Supplementary
686 Fig. 2a); 2) TNBC cycling cancer epithelial cells because we did not know their intrinsic molecular
687 subtype; and 3) ER+ breast cancer luminal B cells because the luminal A cells had a 6.7-fold
688 higher interactome enrichment with age (Supplementary Table 6).

689

690 We then applied the *rankNet* function to these 7 or 8 cell types as both source cells and target
691 cells (49 total interactions for TNBC and 64 total interactions for ER+) to identify signaling
692 pathways through which these cell types were interacting. The *rankNet* function utilizes inferred
693 communication probabilities between a given source cell and a target cell for 229 different
694 signaling pathway categories (totaling 3,234 ligand-receptor pairs) and yields the scaled
695 communication weight for every inferred signaling pathway. The probabilities of specific ligand-
696 receptor interactions (“signaling nodes”) for each signaling pathway category identified in the
697 *rankNet* analysis were extracted for further investigation.

698

699 To select the most relevant pathways for downstream analysis, we then performed a univariate
700 logistic regression model with the *glm* function of the stats R package. The logistic regression for
701 each pathway assessed how well it was associated with the older cohort, with each source-target
702 combination for both the young and older cohorts serving as a data point. To integrate the data
703 and identify key signaling pathways, we nominated signaling pathways that were ubiquitous
704 across the TME as they were age-differential ($p < 0.05$) and appeared at least 15 times across
705 the total signaling network by *rankNet* analysis. We first averaged the probabilities of interaction
706 for each ligand-receptor pair in each pathway, source cell, and target cell interaction for the >55
707 or <55 age groups. These average communication probabilities were used as input to the *glm*
708 function, where each pathway was the test variable and age group was the response variable.
709 We then selected pathways that had a p-value <0.05 and appeared at least 15 times in the 49 or
710 64 interactions analyzed using *rankNet*. We used the *netVisual_bubble* function a second time to
711 compare the up-regulated and down-regulated ligand-receptor pairs between age groups in both
712 molecular subtypes, setting a p-value threshold <0.01 to highlight the ligand-receptor pair
713 interactions with the highest confidence. For these, we identified signaling interactions that were
714 either exclusive to one age group or exhibited fold change differences above 1.2 or below -1.2
715 between age groups.

716

717 In some cases where indicated, we nominated additional select signaling nodes by manual
718 curation of significant rankNet interaction pathways that are: 1. known to modulate cell states and
719 phenotypes that we observed in the METABRIC dataset or ASPEN analyses, 2. evidence-based
720 age-related factors, or 3. highly age-biased but restricted to specific cell:cell interactions (i.e.,
721 unable to meet our selection criteria of >15 interactions).

722

723 **Data availability**

724 METABRIC gene expression data was accessed through cBioPortal. The single-cell RNA
725 sequencing data used in this study is publicly available and was accessed through GEO
726 Accession number GSE176078.

727

728 **Code availability**

729 All analysis scripts are available at https://github.com/adrienneparsons/BC_singlecell_age.

730

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741

742 **Author contributions**

743 AP., PvG, and SSM designed the study; AP designed methodology, AP and ESC performed
744 analysis; MS, BBK, AS, RAF, EAM, PvG, and SSM provided input; AP, PvG., and SSM wrote the
745 manuscript. PvG and SSM acquired funding. All authors edited the manuscript.

746

747 **Competing interests**

748 The authors declare no competing interests.

749

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Figure 1

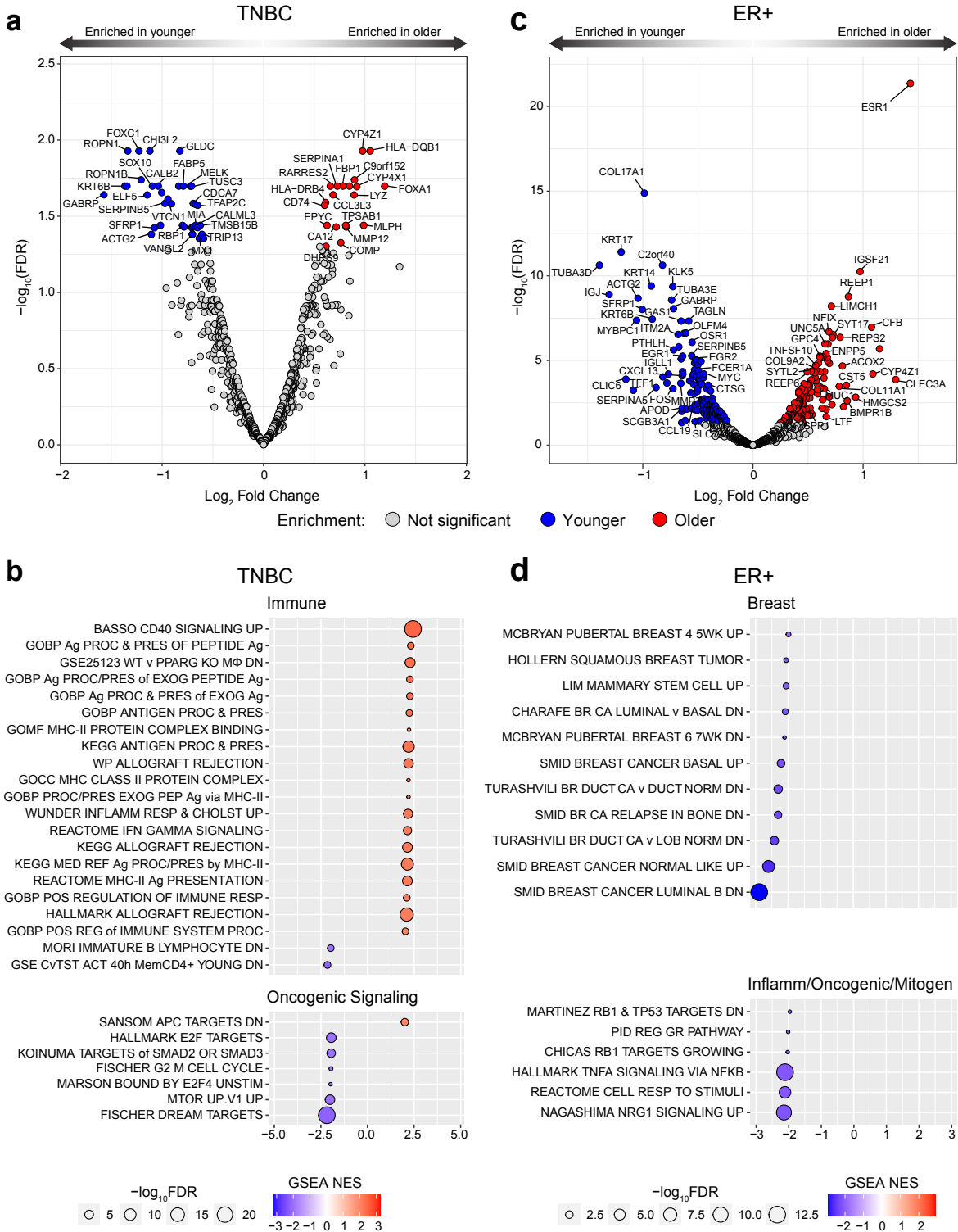


Figure 1 | Age-related differentially expressed genes and functional gene set enrichments in TNBC and ER+ breast cancer. **a, c,** Volcano plots showing log₂fold change for high variance genes (by standard deviation) in tumors from patients with TNBC (**a**) and ER+ breast cancer (**c**), comparing the age groups < 45 years and > 65 years from METABRIC. Plots show log₂fold change difference on the x-axis and -log₁₀FDR on the y-axis. Red colored dots represent genes enriched in the >65 age group; blue colored dots are genes enriched in the <45 age group; false discovery rate <0.05 (-log₁₀FDR > 0.1.301). n=50 TNBC <45; n=63 TNBC >65; n=86 ER+ <45; n=386 ER+ >65. **b, d,** Results of age-stratified gene set enrichment analysis (GSEA) of highly variable genes ranked by log₂fold difference from **a** and **c** in TNBC (**b**) and ER+ breast cancer (**d**). Pathways are grouped by biological similarity. Red fill color indicates enrichment in the > 65 age group; blue indicates enrichment in the < 45 age group. Circle size is proportional to relative -log₁₀(FDR) for the enrichment, and color depth represents magnitude of normalized enrichment score (NES), according to indicated scales.

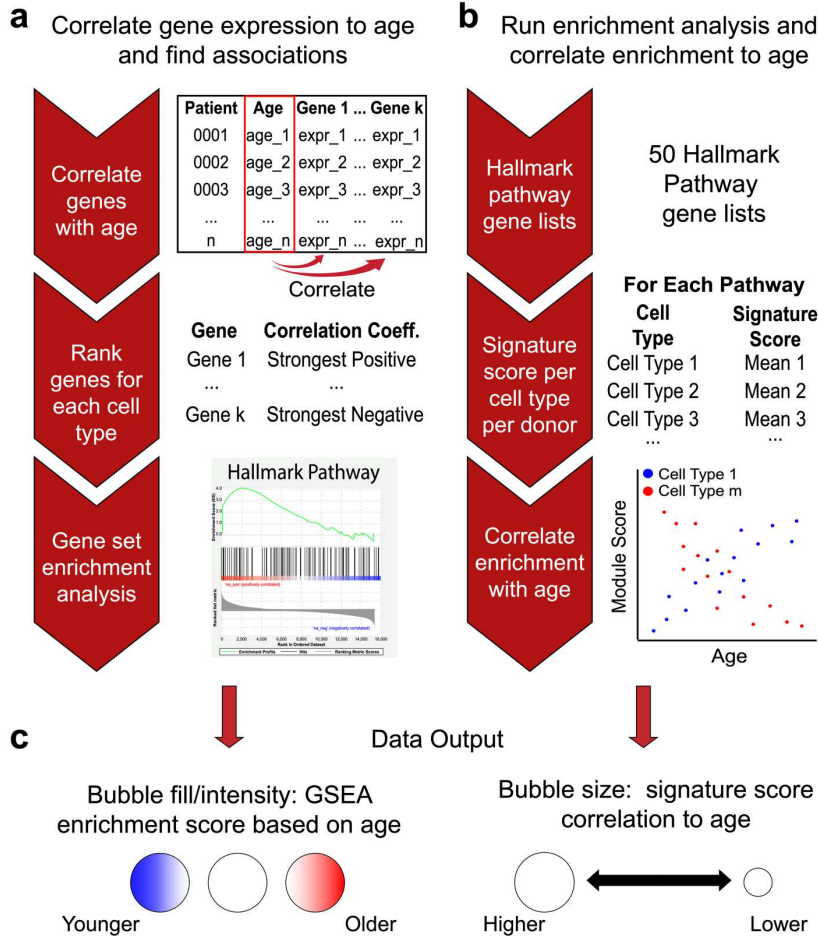
Figure 2**ASPEN workflow**

Figure 2 | Development of a single-cell Age-Specific Program Enrichment (ASPEN) analysis pipeline. ASPEN relies on adaptations of gene set enrichment analysis (GSEA) in parallel assessments to correlate gene expression-based enrichment of functional pathways to age. **a**, The average gene expression per cell type is matched to donor age and a correlation coefficient for each gene is calculated. The genes with nonzero coefficients are then ranked by their correlation coefficients, and GSEA is performed using select gene sets of choice. **b** Concurrently, the gene sets are used to assign a signature score to every cell in the single-cell dataset using Seurat v4 commands. Following scoring, the mean signature score for each gene set is calculated per cell type per donor. These mean values are then correlated to donor age. **c**, The resulting normalized enrichment scores (NES) from **a** are then plotted as data point color for each cell type/pathway combination, with red indicating statistically significant enrichment in older donors, blue indicating statistically significant enrichment in younger donors, and white indicating a failure to achieve statistical significance. Depth of color is related to magnitude of enrichment. Irrespective of correlation direction (coefficient < 0 or coefficient > 0) in **b**, the magnitude of the correlation of signature score to age is visualized as the size of the data point for each cell type/pathway combination, with point size being proportional to the magnitude of correlation (larger circle = more strongly correlated or anti-correlated).

Figure 3

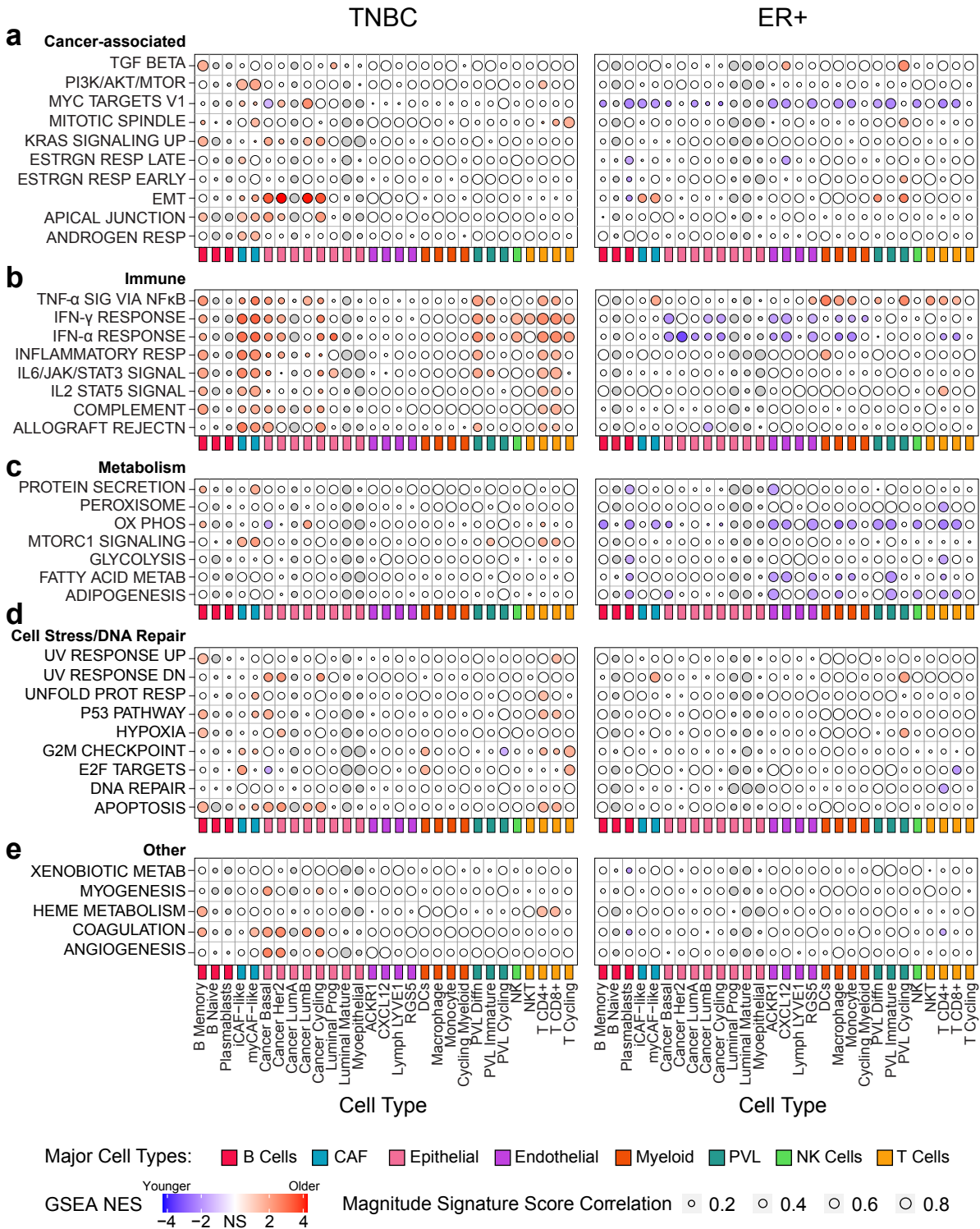


Figure 3 | Cell-specific age-related programs (ARPs) in TNBC and ER+ breast cancer. Results from ASPEN analysis of the breast cancer single-cell RNA-seq atlas dataset²⁴ and Hallmark gene sets (Human MSigDB) yielding cell-specific age-related programs (ARPs) in TNBC (left) ER+ breast cancer (right).²⁴ The 29 minor cell types (color coded by indicated major cell type groups) are represented on x-axes and indicated Hallmark pathways on y-axes. ARPs were manually grouped into biologically similar processes, including cancer-associated (a), immune-related (b), metabolism (c), cell stress/DNA repair (d), and others (e). A given cell type must have been present in >50% of donors for that cell type to be correlated to donor age; otherwise, it was excluded from analysis. Donors with a cell count of 0 for a given cell type were excluded from analysis of that cell type. Bubble color indicates normalized enrichment score (NES) of age-associated GSEA analysis (Fig. 2a), with deeper color indicating greater enrichment. Red indicates statistically significant enrichment (adjusted $p < 0.05$) in older donors; blue indicates statistically significant enrichment (adjusted $p < 0.05$) in younger donors; white indicates a failure to achieve statistical

significance; gray indicates cell types that were not assessed because they were present in < 50% of the donors. Bubble size indicates magnitude of enrichment score correlation to age (Fig. 2b); larger bubbles indicate stronger correlation or anti-correlation. NS = not significant, TNF = tumor necrosis factor, SIG = signaling, IFN = Interferon, RESP = response, SIGNAL = Signaling, REJECTN = rejection, OX PHOS = oxidative phosphorylation, METAB = metabolism, TGF = transforming growth factor, ESTRGN = estrogen, EMT = epithelial to mesenchymal transition, DN = down, UNFOLD PROT RESP = Unfolded Protein Response, CAF = cancer associated fibroblast, PVL = perivascular-like cells.

Figure 4

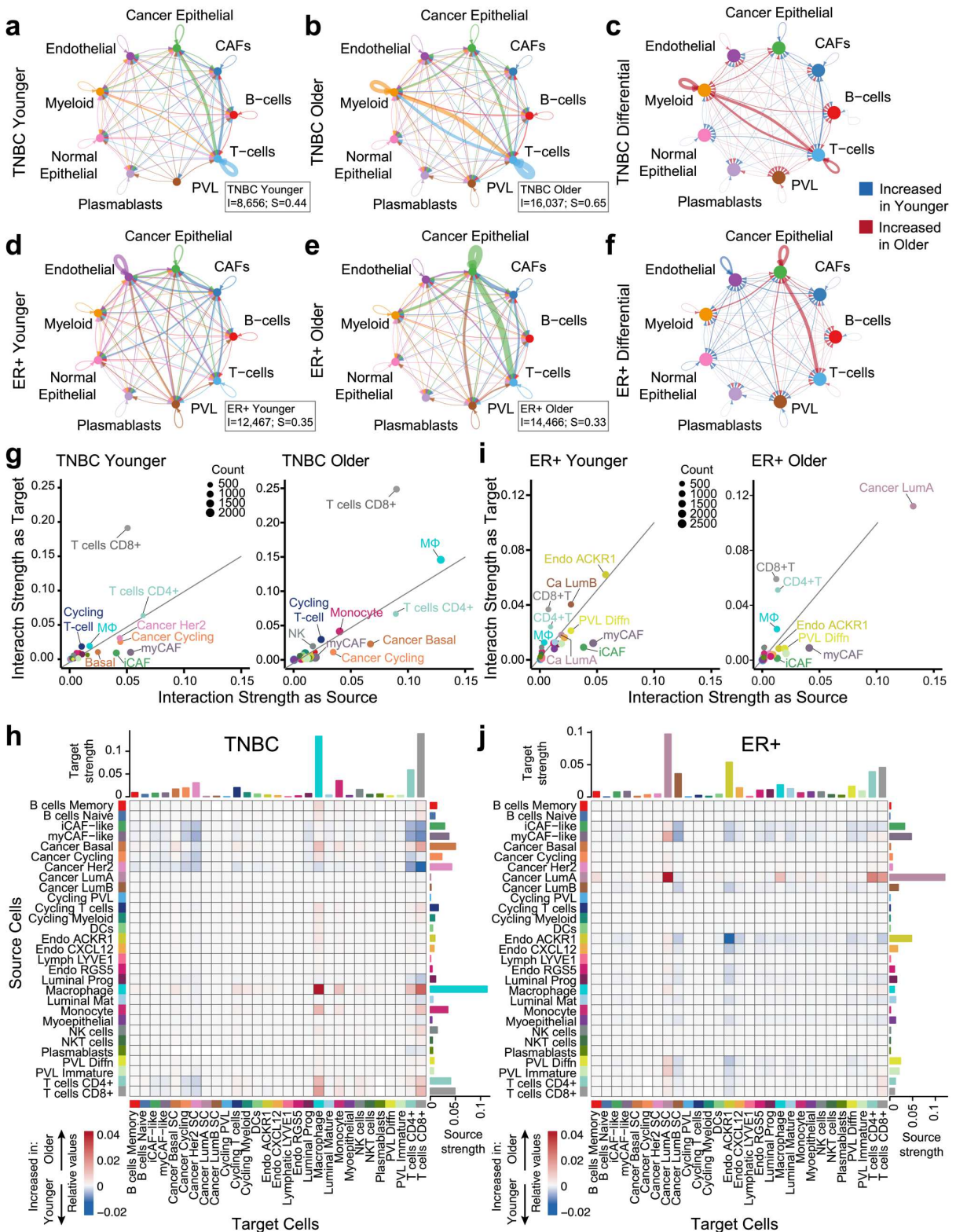


Figure 4 | Age-related cell-cell interactions in TNBC and ER+ breast cancer. a-f, Circle plot visualizations of the predicted homotypic and heterotypic interaction strength between major cell types in TNBC (a-c) and ER+ breast cancer (d-e) tumors from the single-cell RNA-seq atlas²⁴ using CellChat v2 analysis. Circle plots are shown for patients ≤55 (younger, a, d), patients >55 (older, b, e), and the differential between age groups (c, f) for each subtype. TNBC ≤55 years (n=6, N=20,591 cells), TNBC >55 years (n=4, N=20,203 cells), ER+ ≤55 years (n=6, N=21,735 cells), ER+ >55 years (n=5, N=15,344 cells). Indicated cell types are represented by colored nodes; edge colors in a, b, d, e correspond to the source cell type; edge colors in c, f indicate stronger interaction strength in the older cohort (red) or the younger cohort (blue).

Line thicknesses are proportional to the strength of interaction between given cells. Boxed insets in **a, b, d, e** indicate total number of interactions (I) and total interaction strength (S) for each cohort. **g, i**, Scatter plots representing the interaction strengths of each of the 29 minor cell types as a signaling source (x axes) and target (y axes) for indicated age cohorts in TNBC (**g**) and ER+ breast cancer (**i**). Dot sizes represent the number of interactions (count) for each cell type. **h, j**, Heat maps representing differential interaction strengths between each indicated target cell (x axes) and source cell (y axes) for TNBC (**h**) and ER+ breast cancer (**j**). Color scale is based on the differential interaction strength; shades of red indicate stronger interaction in the older cohort; shades of blue are stronger in the younger cohort. Bar plots at top of heat maps correspond to the absolute sum of differential incoming interaction strength for each cell type; bar plots at right of the heat maps correspond to the absolute sum of outgoing interaction strength for each cell type. Cell type color annotations are consistent throughout **g-j**.

Figure 5

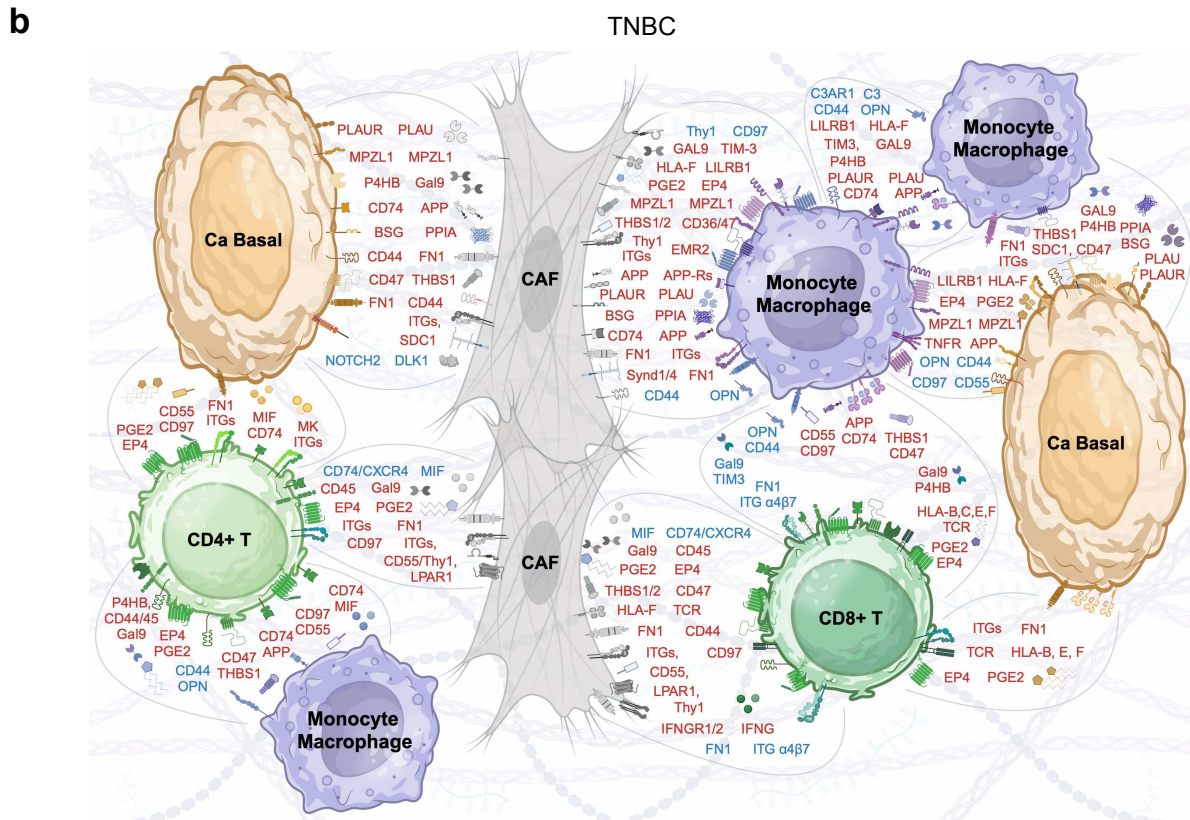
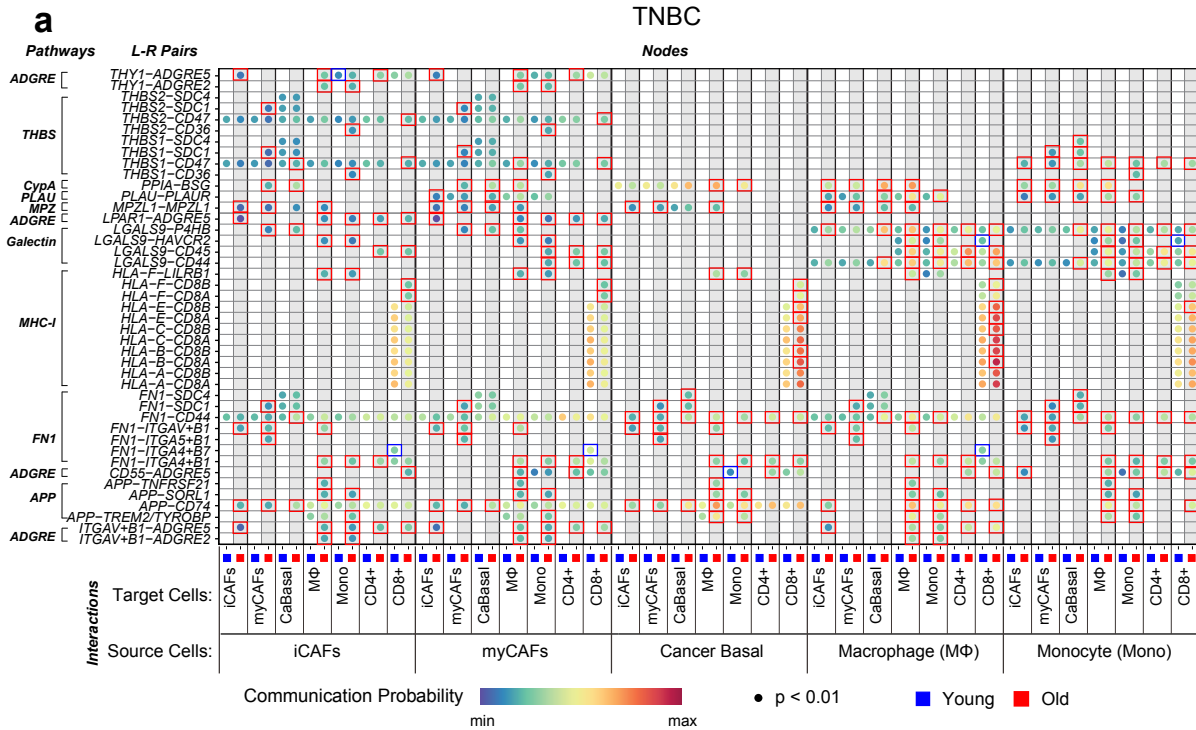


Figure 5 | Age-associated signaling network in TNBC. a, Bubble plots representing the communication probability for each indicated ligand-receptor pair between indicated source:target cells for each age cohort (See Methods, Supplementary Table 7, and Supplementary Fig. 8). Rows depict the ligand-receptor pairs and signaling pathways; columns depict specific source-target cell interactions for the ≤ 55 cohort (blue) or > 55 cohort (red). Communication probabilities are represented by a color scale, with minimum values colored deep blue, increasing values depicted as green, then yellow, then orange, and maximum values as deep red. Each bubble represents a signaling node predicted to be active with FDR value < 0.01 through CellChat probability calculations²⁹. Colored boxes around bubbles indicate signaling nodes that had probabilities detected at $p < 0.05$ in at least one age group and the difference in that probability was at least 1.2-fold greater in either the younger (blue boxes) or older (red boxes) cohort. **b**, Schematic representation of the signaling nodes in **a** and additional signaling nodes of interest following manual curation of specific cell-cell interactions (Supplementary Fig. 8, Supplementary Table 7). For clarity of representation, data were combined for monocytes/macrophages and iCAFs/myCAFs. Blue text indicates enrichment in the ≤ 55 age group; red text indicates enrichment in the > 55 age group.

Supplementary Files

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