

## Loop-Mediated Isothermal Amplification Method for Rapid Detection of the Periodontopathic Bacteria *Porphyromonas gingivalis*, *Tannerella forsythia*, and *Treponema denticola*

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**Loop-mediated isothermal amplification (LAMP), a novel nucleic acid amplification method, was developed for the rapid detection of the major periodontal pathogens *Porphyromonas gingivalis*, *Tannerella forsythia*, and *Treponema denticola*. The LAMP method amplifies DNA with high specificity, efficiency, and rapidity under isothermal conditions using a set of four specially designed primers and a DNA polymerase with strand displacement activity. In this study, we initially designed the primers for LAMP assays to detect these bacteria and evaluated the specificity and sensitivity of these assays. The specificities of the primers for these bacteria were examined using various oral bacteria and various reaction times. The lower detection limits of the 60-min LAMP reaction without loop primers were 1 µg/tube for *P. gingivalis*, 10 fg/tube for *T. forsythia*, and 1 ng/tube for *T. denticola*. Addition of the loop primers for each bacterium improved the detection specificities and sensitivities by several magnitudes. Furthermore, LAMP assays were applied to the rapid detection of these periodontal pathogens in clinical specimens, and the results were compared with those of conventional PCR detection. The results of the LAMP assays corresponded to those of conventional PCR assays. These results indicate that the LAMP assay is an extremely rapid, highly sensitive, specific method. This method is very useful for the rapid detection of periodontopathic bacteria and the diagnosis of periodontal disease.**

Periodontitis is an infectious disease caused by periodontopathic bacteria that bring about destructive changes leading to the loss of bone and connective tissue attachment (40, 46). Two periodontopathic bacteria, *Porphyromonas gingivalis* and *Tannerella forsythia* formerly *Bacteroides forsythus* and *Tannerella forsythensis* (24, 34), which are black-pigmented, gram-negative anaerobic rods, have been strongly implicated as major pathogens in the etiology of this disease (13, 39, 51). *T. forsythia* is frequently isolated together with *P. gingivalis*, indicating an ecological relationship between these organisms (41). *Treponema denticola*, which is a helical oral spirochete, has also been implicated as a major pathogen in periodontitis (15). A previous study found a strong correlation between mixed infections by *P. gingivalis*, *T. forsythia*, and *T. denticola* and adult periodontitis (18, 38). In addition, these organisms are strongly implicated in the development of oral malodor (20, 31, 32).

Genetic analyses of infectious diseases have been developed to obtain detailed genetic information on the virulence and antibiotic resistance of microbes (8). Of the various methods used to diagnose infectious disease (3, 6, 19, 37), molecular-based methods are often used (13, 44); of these, the PCR is one of the most widely used techniques (4, 42, 45). PCR-based detection of bacteria is sensitive and specific, and some PCR-derived methods, such as nested PCR (7, 9) and PCR-restriction fragment length polymorphism (36), have been developed.

However, PCR-based detection methods require equipment such as thermal cyclers and several operations.

Recently, Eiken Chemical Co., Ltd., developed loop-mediated isothermal amplification (LAMP), which constitutes a novel nucleic acid amplification method (28, 29). The LAMP reaction requires a DNA polymerase with strand displacement activity and a set of four specially designed primers, termed inner and outer primers. First, a stem-loop DNA structure, in which the sequences of both DNA ends are derived from the inner primer, is constructed (28, 29). Subsequently, self-primed DNA synthesis rapidly occurs at the 3' terminus of the stem-loop DNA structure, and one inner primer hybridizes to the loop on the product in the LAMP cycle and initiates strand displacement DNA synthesis, yielding the original stem-loop DNA and new stem-loop DNA with a stem twice as long as the original was. The final products are stem-loop DNA of the target DNA. LAMP is a novel approach for nucleic acid amplification with high specificity, selectivity, and rapidity. The primary characteristic of the LAMP method is its ability to amplify nucleic acids under isothermal conditions at temperatures between 60 and 65°C (28, 29). Importantly, this method does not require denaturation of a DNA template (28). The second characteristic of this method is that it has high specificity. The LAMP reaction requires a DNA polymerase with strand displacement activity and a set of four specially designed primers to improve specificity. Furthermore, the amplification efficiency of the LAMP method is extremely high because there is no time loss for thermal change, since the reaction is isothermal.

Therefore, the LAMP assay has emerged as a powerful tool to facilitate genetic testing for the rapid diagnosis of infectious

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diseases (10, 11, 17, 26, 27, 33, 49). In this study, we developed and evaluated a LAMP method for the rapid detection of three major periodontopathic bacteria. This is the first report of a LAMP assay for oral bacteria.

**MATERIALS AND METHODS**

**Bacterial strains and culture conditions.** The bacterial strains used in this study are listed in Table 1. The *P. gingivalis* strains and *T. forsythia* were grown in GAM (Nissui Medical Co., Tokyo, Japan) broth supplemented with 5 µg of hemin per ml, 1.0 µg of menadion per ml, 1.0% L-cysteine, and 15 µg N-acetylmuramic acid per ml (for *T. forsythia*) at 37°C under anaerobic conditions, as reported previously (2, 50). *T. denticola* and other oral spirochete strains were cultured in TYGVS medium at 37°C under anaerobic conditions, as described previously (15). The purities of the bacterial cultures used are confirmed as follows: *P. gingivalis* and *T. forsythia* were inoculated on blood agar plates (containing 2% agar), and single colonies were picked and inoculated into GAM broth supplemented with 0.2 mg/ml gentamicin. *T. denticola* were inoculated in TYGVS medium, and the culture was mixed with TYGVS medium containing 0.8% agar. After incubation, individual colonies were isolated with a capillary pipette and reinoculated into TYGVS medium. All bacteria were confirmed by microscopy.

**DNA techniques.** Routine molecular biology techniques were performed as described by Sambrook et al. (35). Chromosomal DNA was isolated from the bacteria listed in Table 1 with an IsoQuick Nucleic Acid Extraction kit (ORCA Research, Inc., Bothell, WA) or a PureGene DNA Isolation kit (Gentra Systems, Minneapolis, Minn.).

**Primer design for LAMP.** The oligonucleotide primers used in this study are listed in Table 2. The LAMP method requires a set of four specially designed primers (F3, B3, the forward inner primer [FIP], and backward inner primer [BIP]) that recognize a total of six distinct sequences (F1, F2, F3, B1, B2, and B3) in the target DNA (Fig. 1). The two inner primers, FIP and BIP, contain two distinct sequences corresponding to the sense and antisense sequences of the DNA, one for priming in the first stage and the other for self priming in later stages. FIP consists of complementary sequence F1 (F1c) and direct sequence F2 (F2). BIP consists of complementary sequence B1 (B1c) and direct sequence B2 (B2). The two outer primers, F3 and B3c (the sequence complementary to B3), are located outside the F2-B2 region. To increase amplification efficacy, two loop primers, the forward loop primer (LF) and backward loop primer (LB), were designed using Primer Explorer software, version 2.0 (Fujitsu Co., Ltd., Tokyo, Japan) as shown in Fig. 1. The primers for *P. gingivalis*, *T. forsythia*, and *T. denticola* were designed from the *pepO*, *cct*, and *opdB* genes, respectively, and encode *P. gingivalis* endopeptidase (1, 5), the putative cytotoxic toxin of *T. forsythia* (2), and a trypsin-like peptidase of *T. denticola* (12). The specificities of the designed primers were initially confirmed using BLAST on the National Center for Biotechnology Information server (<http://www.ncbi.nlm.nih.gov/>) and then confirmed by LAMP (Table 1).

**LAMP.** The LAMP reaction was carried out in a 25-µl volume containing 1.6 µM each FIP and BIP, 0.2 µM each F3 and B3, 0.8 µM each LF and LB, 1.4 mM each deoxynucleoside triphosphate, 0.8 M betaine (Sigma, St. Louis, Mo.), 20 mM Tris-HCl (pH 8.8), 10 mM KCl, 10 mM (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>, 8 mM MgSO<sub>4</sub>, 0.2% Tween 20, 8 U of the *Bst* DNA polymerase large fragment (New England Biolabs, Beverly, MA), and 5 µl of target DNA. The mixture was incubated at 65°C using a conventional heating block and was heated at >80°C for 2 min to terminate the reaction.

**Detection of the LAMP products.** LAMP amplicons in the reaction mixture were detected directly by the naked eye on addition of 1.0 µl of 1/10-diluted original SYBR Green I (Molecular Probes, Inc., Eugene, OR) to the mixture and observation of the solution color. The solution turned green in the presence of a LAMP amplicon, while it remained orange with no amplification. Otherwise, the turbidity derived from the white precipitate of magnesium pyrophosphate in the mixture was detected by the naked eye (25). Furthermore, the amplified products were subjected to agarose gel electrophoresis. The LAMP products were digested with the appropriate restriction enzymes (NcoI for *P. gingivalis* amplicons, SnaBI for *T. forsythia* amplicons, and AluI for *T. denticola* amplicons) and electrophoresed in 2% agarose gels (Fig. 3). The sensitivities of the LAMP assays were confirmed using serially diluted chromosomal DNA.

**Preparation of subgingival plaque.** Human subgingival plaque was prepared as follows. Subgingival plaque samples were obtained by inserting a sterile endodontic paperpoint into the subgingival site for 10 s. The paperpoint was transferred into 200 µl of phosphate-buffered saline and centrifuged at 12,000 × g for

TABLE 1. Strains and amplification results

Strain	Amplification with the LAMP primers for:		
	<i>P. gingivalis</i>	<i>T. forsythia</i>	<i>T. denticola</i>
<i>Porphyromonas gingivalis</i> W83	+	-	-
<i>Porphyromonas gingivalis</i> W50	+	-	-
<i>Porphyromonas gingivalis</i> 381	+	-	-
<i>Tannerella forsythia</i> ATCC 43037	-	+	-
<i>Treponema denticola</i> ATCC 35404	-	-	+
<i>Treponema denticola</i> ATCC 35405	-	-	+
<i>Treponema medium</i> ATCC 700293	-	-	-
<i>Treponema vincentii</i> ATCC 35580	-	-	-
<i>Treponema socranskii</i> subsp. <i>paredis</i> ATCC 35535	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> ATCC 29522	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> ATCC 29524	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> ATCC 43718	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> ATCC 43719	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> OMZ534	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> OMZ541	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> OMZ546	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> SUNYaB67	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> SUNYaB75	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> NCTC9709	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> NCTC9710	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> TN-1	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> Y4	-	-	-
<i>Actinobacillus actinomycetemcomitans</i> JP2	-	-	-
<i>Prevotella intermedia</i> ATCC 25611	-	-	-
<i>Prevotella melaninogenica</i> ATCC 25845	-	-	-
<i>Prevotella nigrescens</i> ATCC 25261	-	-	-
<i>Prevotella denticola</i> ATCC 33185	-	-	-
<i>Prevotella loescheii</i> ATCC 15930	-	-	-
<i>Prevotella corporis</i> ATCC 33547	-	-	-
<i>Prevotella bivia</i> ATCC 29303	-	-	-
<i>Prevotella pallens</i> ATCC 700821	-	-	-
<i>Prevotella oralis</i> ATCC 33322	-	-	-
<i>Prevotella veroralis</i> ATCC 33779	-	-	-
<i>Fusobacterium nucleatum</i> ATCC 10953	-	-	-
<i>Haemophilus aphrophilus</i> NCTC5980	-	-	-
<i>Streptococcus mutans</i> Xc	-	-	-
<i>Streptococcus mutans</i> OMZ175	-	-	-
<i>Streptococcus mutans</i> MT703R	-	-	-
<i>Streptococcus mutans</i> MT8148	-	-	-
<i>Streptococcus sobrinus</i> OU8	-	-	-
<i>Streptococcus sobrinus</i> OMZ176	-	-	-
<i>Streptococcus sobrinus</i> 6715	-	-	-
<i>Streptococcus sobrinus</i> AHT-K	-	-	-
<i>Streptococcus sobrinus</i> MT8145	-	-	-
<i>Streptococcus mitis</i> 903	-	-	-
<i>Streptococcus sanguinis</i> ATCC 10556	-	-	-
<i>Streptococcus sanguinis</i> OMZ9	-	-	-
<i>Streptococcus sanguinis</i> 556	-	-	-
<i>Streptococcus gordonii</i> DL1	-	-	-
<i>Streptococcus oralis</i> ATCC 10557	-	-	-
<i>Streptococcus salivarius</i> HT9R	-	-	-
<i>Escherichia coli</i> DH5α	-	-	-

TABLE 2. Oligonucleotide primers for LAMP

Primer	Type	Sequence <sup>a</sup>	Amplicon size (bp)	Target	Source (Strain)
<i>Porphyromonas gingivalis</i>					
Pg-F3	F3	5'-GGC AGT AAT CGG CGC ATT-3'	225	<i>pepO</i>	381
Pg-B3	B3	5'-TCG TGC AGG ATG TCG AAT G-3'			
Pg-FIP	FIP	5'-ACT GAG GTC GAT GGC CGG TAG CTG CAA TGG CAA TAA GGG T-3'			
Pg-BIP	BIP	5'-CCG CAG GAC GAC TTT TAT CGC TAG CCG TAG CGA CTA TAA GCA-3'			
Pg-LF	LF	5'-GCT TCC TGT CAG TAT CGT TAG TCT G-3'			
Pg-LB	LB	5'-ACT GCA ACG GCA ATT GGA TG-3'			
<i>Tannerella forsythia</i>					
Tf-F3	F3	5'-GCA ACC AAG ATT GCC AGA GA-3'	219	<i>cct</i>	ATCC 43037
Tf-B3	B3	5'-AAC AGC GAC TGC AAC GAA-3'			
Tf-FIP	FIP	5'-GGC ACC ACA CAG GAA CGA GTT AGG GAA TTG CCA AGG ATG TCA-3'			
Tf-BIP	BIP	5'-GGG TAA GCC AAC GGT AGA GAC CGG AAT CTG CAT TCA CAC-3'			
Tf-LF	LF	5'-ACG TAGTTG CCG GTG TCA-3'			
Tf-LB	LB	5'-TCA GTT CCG CCA AGT CAA TG-3'			
<i>Treponema denticola</i>					
Td-F3	F3	5'-AAA GGC TTT GGG CGA CAG-3'	240	<i>opdB</i>	ATCC 35405
Td-B3	B3	5'-TCC CGT CCT CAT ACC ACT TT-3'			
Td-FIP	FIP	5'-GGT GAG GAC CCG TCC TTT ACC ACG GAG TGA AGG TGC CTA TG-3'			
Td-BIP	BIP	5'-GCT CCG ATG CGT TTT TCA GTC CGC CCC TGA TTT GAG CAA CA-3'			
Td-LF	LF	5'-AAC CTT TTT TGT AAA CGG CAG C-3'			
Td-LB	LB	5'-GAG TGT TTA CAG CCT TGT AGA GAG G-3'			

<sup>a</sup> Accession numbers: AB010440 for *Porphyromonas gingivalis pepO* gene; AY368075 for *Tannerella forsythia cct* gene; and AF355459 for *Treponema denticola opdB* gene.

5 min. The cells were resuspended in 100  $\mu$ l of cell lysis buffer and boiled at 100°C for 5 min, and the supernatant served as the template (42).

## RESULTS

**Specificity of LAMP for periodontal bacteria.** The specificities of the LAMP assay for detecting *P. gingivalis*, *T. forsythia*, and *T. denticola* were confirmed by checking the reactivity with various oral bacteria DNA samples (Table 1). For this purpose, the LAMP reaction was performed at 65°C for 60 min without the loop primer. The primers used in this assay did not react with the other bacterial DNA. Initially, the LAMP products

were subjected to agarose gel electrophoresis, and a characteristic ladder of multiple bands was seen (Fig. 3). This ladder pattern is characteristic of the LAMP amplification and indicates that stem-loop DNA with inverted repeats of the target sequence was produced. LAMP amplified extremely large amounts of target DNA and produced magnesium pyrophosphate as a by-product. The magnesium pyrophosphate production was confirmed as white turbidity (data not shown). Furthermore, the existence of an amplicon in the LAMP reaction mixture was confirmed using SYBR Green I. A mixture containing an amplicon turned green in the presence of SYBR

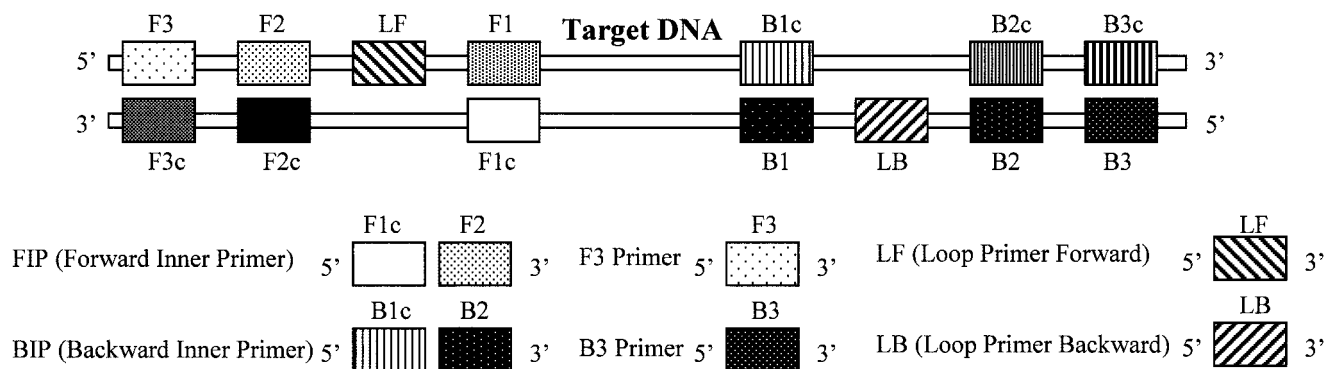


FIG. 1. Double-stranded target DNA and the design of the LAMP primers. The LAMP inner (FIP and BIP), outer (F3 and B3), and loop (LF and LB) primer pairs are shown.

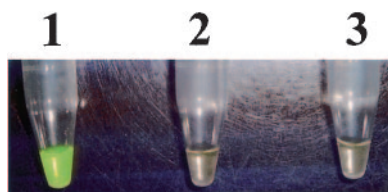


FIG. 2. Visual inspection of LAMP products detected using SYBR Green I. The *P. gingivalis* primers were used for this assay. Tubes: 1, *P. gingivalis* positive; 2, *P. gingivalis* negative (*T. forsythia* and *T. denticola* positive); 3, no DNA (water only).

Green I (Fig. 2), allowing the confirmation of LAMP products by the naked eye. The specificity of the amplification was confirmed by restriction endonuclease digestion with NcoI (for the *P. gingivalis* amplicon), SnaBI (for the *T. forsythia* amplicon), and AluI (for the *T. denticola* amplicon). Each amplicon digested with restriction endonuclease was subjected to agarose gel electrophoresis (Fig. 3).

**Sensitivity of LAMP.** The sensitivity of this assay for each periodontopathic bacteria was evaluated. A serial dilution of the chromosomal DNA of each periodontopathic bacteria was used to evaluate the lower detection limit. Using chromosomal DNA, the *P. gingivalis* primer set without the loop primer set had a detection limit of 1 µg/tube for a 60-min reaction (Table 3). By contrast, the *P. gingivalis* primer set with the pair of loop primers was faster; the detection limit was 1 µg/tube for chromosomal DNA in a 30-min reaction (Table 3). Similarly, the detection limits of the *T. forsythia* primer set were 10 fg/tube

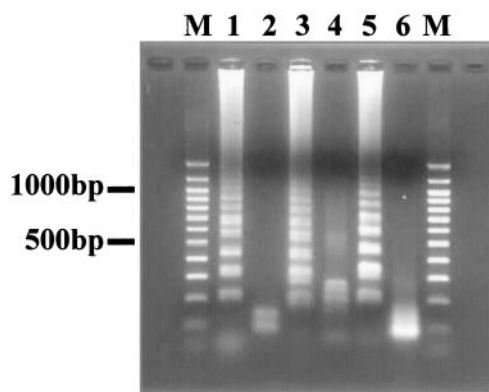


FIG. 3. Restriction analysis of LAMP products. Lanes: M, 100-bp DNA ladder (Promega); 1, amplified products of *P. gingivalis pepO*; 2, *P. gingivalis pepO* digested with NcoI; 3, amplified products of *T. forsythia cct*; 4, *T. forsythia cct* digested with SnaBI; 5, amplified products of *T. denticola opdB*; 6, *T. denticola opdB* digested with AluI.

for a 40-min reaction (without the loop primers) and 10 fg/tube for a 20-min reaction (with the loop primers) and those of the *T. denticola* primer set were 100 ng/tube for a 50-min reaction (without the loop primers) and 10 µg/tube for a 20-min reaction (with the loop primers) (Table 3).

**LAMP-based rapid detection of the periodontopathic bacteria in subgingival plaque.** We initially confirmed the inhibitory effects of the oral specimens on LAMP. The presence of LAMP inhibitors in subgingival plaque was assessed using ly-

TABLE 3. Detection sensitivities of LAMP

Primer set (min)	Detection of genomic DNA (fg/tube) with <sup>a</sup> :																			
	No loop primers										Loop primers									
	0	10 <sup>1</sup>	10 <sup>2</sup>	10 <sup>3</sup>	10 <sup>4</sup>	10 <sup>5</sup>	10 <sup>6</sup>	10 <sup>7</sup>	10 <sup>8</sup>	10 <sup>9</sup>	0	10 <sup>1</sup>	10 <sup>2</sup>	10 <sup>3</sup>	10 <sup>4</sup>	10 <sup>5</sup>	10 <sup>6</sup>	10 <sup>7</sup>	10 <sup>8</sup>	10 <sup>9</sup>
<i>P. gingivalis</i>																				
0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
30	-	-	-	-	-	-	-	-	-	-	-	-	-	±	±	±	±	±	±	±
40	-	-	-	-	-	-	-	-	-	-	-	-	+	+	+	+	+	+	+	+
50	-	-	-	-	-	-	-	-	-	±	-	+	+	+	+	+	+	+	+	+
60	-	-	-	-	-	±	±	±	±	+	+	-	+	+	+	+	+	+	+	+
<i>T. forsythia</i>																				
0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	-	-	-	-	-	-	-	-	-	-	-	+	+	+	+	+	+	+	+	+
30	-	±	±	±	±	±	±	±	±	±	-	+	+	+	+	+	+	+	+	+
40	-	+	+	+	+	+	+	+	+	+	-	+	+	+	+	+	+	+	+	+
50	-	+	+	+	+	+	+	+	+	+	-	+	+	+	+	+	+	+	+	+
60	-	+	+	+	+	+	+	+	+	+	-	+	+	+	+	+	+	+	+	+
<i>T. denticola</i>																				
0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	±	+
30	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	+	+	+	+
40	-	-	-	-	-	-	-	-	-	±	-	-	-	-	+	+	+	+	+	+
50	-	-	-	-	-	-	-	+	+	+	-	-	-	+	+	+	+	+	+	+
60	-	-	-	-	-	+	+	+	+	+	-	-	+	+	+	+	+	+	+	+

<sup>a</sup> +, clearly visible; ±, visible but not clear; -, not visible.

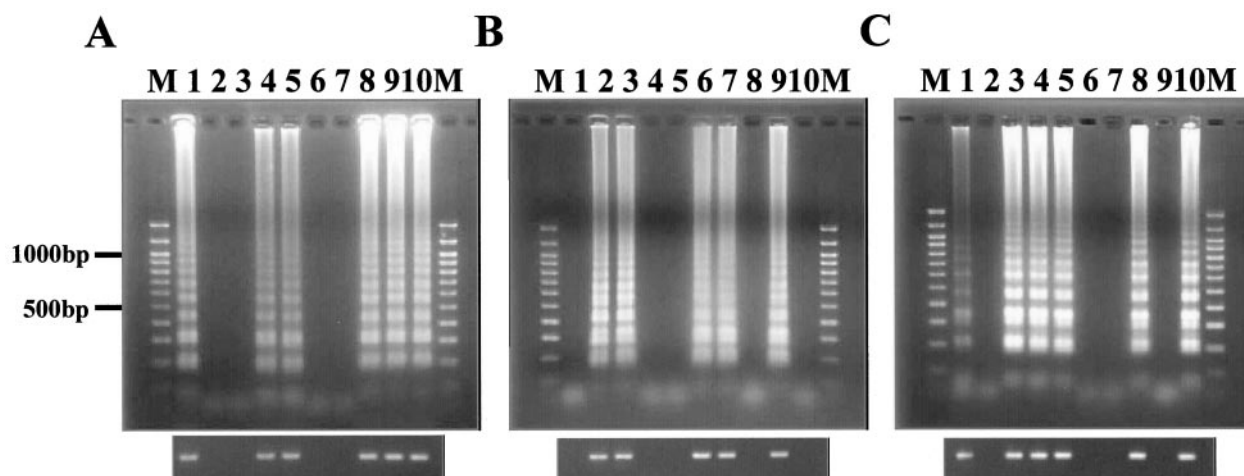


FIG. 4. Electrophoretic analysis of LAMP products in subgingival plaque. Detection of *P. gingivalis* (A), *T. forsythia* (B), and *T. denticola* (C). Lanes 1 to 10 correspond to patient numbers 1 to 10 in Table 4; lane M, 100-bp DNA ladder (Promega). The lower figures are electrophoretic data from the PCR analysis.

sates spiked with *P. gingivalis*-, *T. forsythia*-, and *T. denticola*-negative saliva (1  $\mu$ l per mixture) and dental plaque (ca. 1  $\mu$ g [wet weight] per mixture, mimicking subgingival plaque) and showed negligible inhibition (data not shown). Therefore, we applied the assays to the rapid detection of *P. gingivalis*, *T. forsythia*, and *T. denticola* in subgingival plaque from 10 individuals (Fig. 4 and Table 4). As shown in Fig. 4 and Table 4, various detection patterns were observed.

## DISCUSSION

Nucleic acid amplification is one of the most valuable methods for research in the life sciences; the new technique has particularly benefited amplicon-oriented sciences, including studies concerned with the diagnosis of infectious diseases, genetic disorders, and genetic traits in clinical medicine (29). Of the nucleic acid amplification methods, PCR-based amplification methods are widely used for the diagnosis of various diseases. Periodontitis is a common infectious disease, and a PCR-based diagnosis system for periodontitis has been developed (4, 42, 45). Despite their simplicity and accuracy, PCR-based diagnosis methods are not widely used in private clinics as routine diagnostic tools, due to the need for a thermal cycler. By contrast, the LAMP method needs only a conventional heating block. An accurate and rapid diagnosis system for periodontitis is essential for periodontal treatment. Several recent reports have demonstrated the usefulness of the LAMP method (10, 11, 17, 26, 27, 33, 49). Therefore, we focused on the LAMP method for the rapid detection of periodontopathic bacteria. The principle of LAMP involves autocycling strand displacement DNA synthesis using a DNA polymerase with high strand displacement activity and a set of two specially designed inner and two outer primers. This novel nucleic acid amplification method was developed by Notomi et al. (28, 29). This report is the first application of the LAMP method for the diagnosis of oral disease.

Previously, Kasuga et al. reported that mixed infection with *P. gingivalis*, *T. forsythia*, and *T. denticola* in periodontal sites is

strongly correlated with the severity of adult periodontitis (18). Furthermore, they suggested that the detection of these organisms provides essential information on the severity of periodontitis. There has been a recent focus on periodontal bacteria and periodontitis, due to the latter's relationship with cardiovascular disease (14, 22, 23) and atherosclerosis (16, 30). Our technique could be useful for evaluating periodontal conditions in relation to these general health conditions. Therefore, we focused on the LAMP method for the rapid detection of these three organisms. Initially, we evaluated the specificities of the LAMP assays for these organisms. LAMP is highly specific for the target sequence. This is attributed to recognition of the target sequence by six independent sequences in the initial stage and by four independent sequences during the later stages of the reaction (29). We confirmed the specificities of the bacteria-specific primers using various oral bacteria (Table 1). This is very important in the detection of oral bacteria because over 500 species or phylotypes have been detected in subgingival plaque (20, 21).

To develop a rapid detection system for bacteria, the assay sensitivity is also essential. LAMP amplifies DNA with high efficiency under isothermal conditions without a significant influence of the copresence of nontarget DNA (29). This characteristic is also suited to the detection of oral bacteria. In this study, we evaluated the detection limits of these assays using serially diluted chromosomal DNA. The lower detection limits with loop primers in a 60-min reaction are 10 fg/tube for *P. gingivalis* and *T. forsythia* and 100 fg/tube for *T. denticola*. These sensitivities are consistent with previous studies (10, 11).

Using this assay system, we detected these periodontal bacteria in subgingival plaque from 10 individuals (Table 4). In this experiment, various detection patterns were observed, and we confirmed that LAMP-based detection is applicable to oral specimens. Furthermore, we show the clinical characteristics of the patients and summarize the detection of the three periodontopathic bacteria listed in Table 4. We were unable to identify any relationship between the clinical characteristics and the detection of these bacteria from this result. A com-

TABLE 4. Patient characteristics and result of LAMP<sup>a</sup> with loop primer detected in subgingival plaque samples

Patient no.	Age (yr)	Gender <sup>b</sup>	Pocket probing depth (mm)	BOP <sup>c</sup>	Detection of:		
					<i>P. gingivalis</i>	<i>T. forsythia</i>	<i>T. denticola</i>
1	41	M	3	—	+	—	+
2	35	M	4	+	—	+	—
3	38	F	6	—	—	+	+
4	63	F	3	—	+	—	+
5	58	M	8	+	+	—	+
6	43	F	2	—	—	+	—
7	24	M	4	+	—	+	—
8	61	M	3	—	+	—	+
9	41	F	4	+	+	+	—
10	41	M	4	—	+	—	+

<sup>a</sup> A result from a 40-min reaction is shown.

<sup>b</sup> F, female; M, male.

<sup>c</sup> BOP, bleeding on probing.

parison of the relationship between the clinical characteristics and the symbiotic relationship of these bacteria could be the subject of a follow-up study.

We reported a novel rapid detection system for pathogenic bacteria in periodontitis. This novel method constitutes an extremely rapid qualitative system. We showed that LAMP is suitable for rapid screening of oral bacteria and chairside diagnosis. Quantitative analysis of infectious disease pathogens is essential for accurate, detailed diagnosis (43, 47, 48). LAMP technology possesses the potential for quantitative analysis (25). For a quantitative determination of the amount of DNA in a clinical specimen, a kinetic analysis of the time-related changes in turbidity due to the precipitation of magnesium pyrophosphate is possible (25). The development of an extremely rapid quantitative genetic detection system for periodontal pathogen using the LAMP method is now under way.

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