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# Diet affects reproductive development and microbiota composition in honey bees

Anjali Zumkhawala-Cook<sup>1,2</sup>, Patrick Gallagher<sup>1</sup> and Kasie Raymann<sup>1\*</sup>

## Abstract

**Background** Gut microbes are important to the health and fitness of many animals. Many factors have been shown to affect gut microbial communities including diet, lifestyle, and age. Most animals have very complex physiologies, lifestyles, and microbiomes, making it virtually impossible to disentangle what factors have the largest impact on microbiota composition. Honeybees are an excellent model to study host-microbe interactions due to their relatively simple gut microbiota, experimental tractability, and eusociality. Worker honey bees have distinct gut microbiota from their queen mothers despite being close genetic relatives and living in the same environment. Queens and workers differ in numerous ways including development, physiology, pheromone production, diet, and behavior. In the prolonged absence of a queen or Queen Mandibular Pheromones (QMP), some but not all workers will develop ovaries and become “queen-like”. Using this inducible developmental change, we aimed to determine if diet and/or reproductive development impacts the gut microbiota of honey bee workers.

**Results** Microbiota-depleted newly emerged workers were inoculated with a mixture of queen and worker gut homogenates and reared under four conditions varying in diet and pheromone exposure. Three weeks post-emergence, workers were evaluated for ovary development and their gut microbiota communities were characterized. The proportion of workers with developed ovaries was increased in the absence of QMP but also when fed a queen diet (royal jelly). Overall, we found that diet, rather than reproductive development or pheromone exposure, led to more “queen-like” microbiota in workers. However, we revealed that diet alone cannot explain the microbiota composition of workers.

**Conclusion** The hypothesis that reproductive development explains microbiota differences between queens and workers was rejected. We found evidence that diet is one of the main drivers of differences between the gut microbial community compositions of queens and workers but cannot fully explain the distinct microbiota of queens. Thus, we predict that behavioral and other physiological differences dictate microbiota composition in workers and queens. Our findings not only contribute to our understanding of the factors affecting the honey bee microbiota, which is important for bee health, but also illustrate the versatility and benefits of utilizing honeybees as a model system to study host-microbe interactions.

**Keywords** Honey bees (*Apis mellifera*), Gut microbiota, Queen Mandibular Pheromone (QMP), Royal jelly, Ovary development, Diet, Queen-worker dimorphism, Caste differentiation

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## Introduction

Gut microbes provide a multitude of functions for their hosts, including metabolizing nutrients, removing toxins, modulating immune function, stimulating growth and development, and protecting against pathogens [1]. A disrupted or altered gut microbiota can have impacts on host health, therefore, determining what and how different factors impact microbial community structure and function has been a major goal of microbiome studies [2–5]. Differences in diet, geography, age, genetics, physiology, and lifestyle can result in substantial variation in microbiota composition across individuals from the same species [6–8]. Intraspecific variation across microbial communities makes it difficult to understand the significance of changes in microbiota structure and hinders our ability to define a “healthy” microbiome [7, 9]. Moreover, in hosts with complex physiologies, lifestyles, and microbiomes, such as mammals, it is virtually impossible to disentangle how and to what extent different host and environmental factors impact the microbiota, mostly due to numerous confounding variables. Thus, simpler, more tractable model systems are needed to address fundamental questions about host-associated microbial communities [8, 10, 11].

Honey bees (*Apis mellifera*) constitute an excellent model system for studying host-microbe dynamics because their gut microbiota is relatively simple but displays many parallels to the microbiota of mammals [11–14]. The honey bee worker gut microbiota consists of five core bacterial genera: *Lactobacillus*, *Bombilactobacillus*, *Gilliamella*, *Snodgrassella*, and *Bifidobacterium* [12, 15–18]. In addition, three other non-core bacteria (*Frischella*, *Bartonella*, and *Commensalibacter*) are often detected in workers [12]. Together, these eight bacterial genera account for >90% of the diversity within the honey bee gut microbiota [12]. Honey bees acquire their characteristic gut microbiota after emerging from their pupal state via contact with nestmates and hive material [19, 20]. Although the composition of the core microbiota is stable across honey bee workers, differences among individuals can be seen in the relative frequency of the core species and the presence and abundance of atypical (transient or opportunistic) bacteria [12, 15, 21]. Moreover, there is a high degree of strain-level variation within individuals and across bee gut microbial communities, which has been shown to correspond to differences in functional capabilities [22–28]. Additionally, the honey bee gut microbiota has been associated with many components of health, including metabolism, pathogen resistance, and immunity [15, 23, 28–39].

Female workers make up the majority of the honey bee colony population (>90%) followed by a small male drone population (0 to 10%, depending on the season), and a singular queen which is the sole reproductive female in

the colony [40]. Despite being immediate relatives that are exposed to the same environment, the gut microbiota of queens is very distinct from workers [41, 42]. The queen gut microbiota is variable across individuals but is typically dominated by only four bacteria, *Lactobacillus* spp., *Bombella apis*, *Apilactobacillus kunkeei*, and *Commensalibacter* sp., of which only *Lactobacillus* is consistently present in all worker guts [43–46]. The root of this difference is unclear but could be due to biological or dietary differences between honey bee queens and workers. A diploid honey bee egg has the potential to develop into a queen or a worker depending on the diet they are provided during development. Larvae that will develop into queens are fed royal jelly, a protein-rich secretion produced by the hypopharyngeal glands of nurse bees, during development and throughout their entire life [40, 47]. Larvae destined to become workers are fed royal jelly for ~3.5 days, after which their main source of protein becomes worker jelly [48, 49]. Following emergence, the main protein source of workers is bee bread and pollen [40, 47]. Queens are also much larger than workers, lack worker morphological characteristics (e.g., notched mandibles, hypopharyngeal and wax glands, barbed stingers, and pollen baskets), differentially express genes, particularly vitellogenin (vg) and the major royal jelly protein 1 (mrjp1), and have fully developed reproductive organs (ovaries with ovarioles and a spermatheca) [50–52]. Additionally, queens secrete Queen Mandibular Pheromones (QMP) which suppress the development of ovaries, egg production, and other queen-like morphological and physiological characteristics in workers [53, 54]. However, in the prolonged absence of QMP, some adult workers will develop ovaries, become “queen-like” in both morphology and physiology, and have the ability to lay haploid (unfertilized) drone eggs [55, 56]. A recent study has also shown that even in the presence of QMP, workers can develop ovaries if they are provided a royal jelly diet [57].

We hypothesized that workers with developed ovaries would possess gut microbial communities that more closely resemble the queen gut microbiota (i.e., be dominated by *Lactobacillus* spp., *Bombella apis*, *Apilactobacillus kunkeei*, and *Commensalibacter* sp). To test our hypothesis, we inoculated microbiota-depleted newly emerged workers (NEWs) with a cocktail of queen and worker microbes and then provided them with either royal jelly or pollen as a sole protein source, both in the presence or absence of QMP. After approximately three and a half weeks, we evaluated ovary development and sampled the guts of individual worker bees to characterize their gut microbial communities. We confirmed that workers not exposed to QMP and/or fed a royal jelly diet had increased ovary activation. However, reproductive organ development appeared to have no effect on

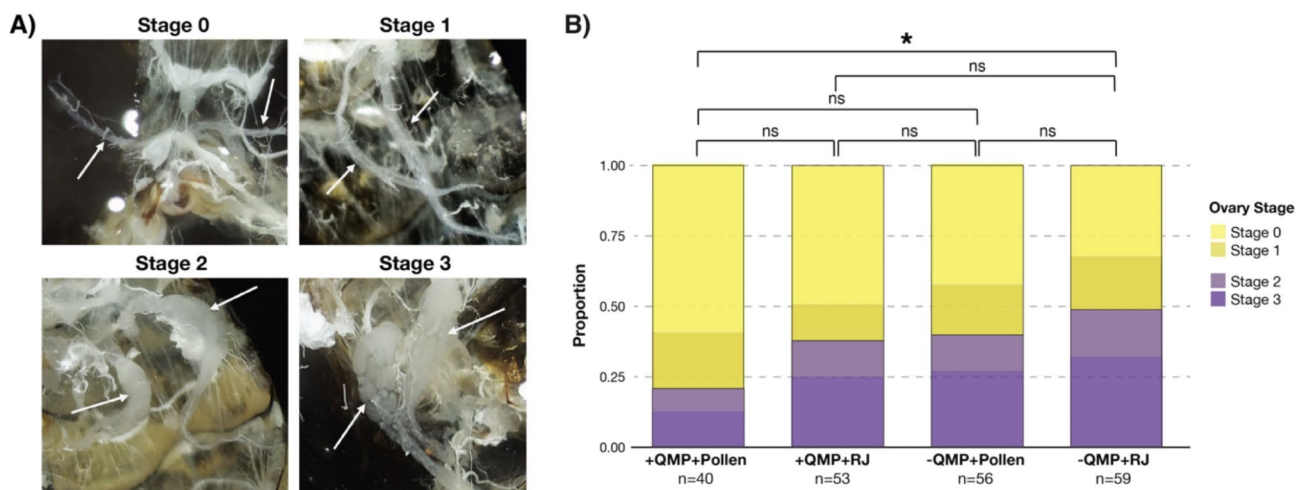
microbiota composition. Instead, we found that a royal jelly diet led to increased abundance of queen-associated microbes but cannot fully explain the differences between the queen and worker gut microbial communities. Our findings not only shed light on the factors that drive microbial community structure in honey bees but also emphasize the benefit of using the honey bee as a model system to disentangle how different factors impact host-associated microbial communities.

## Results

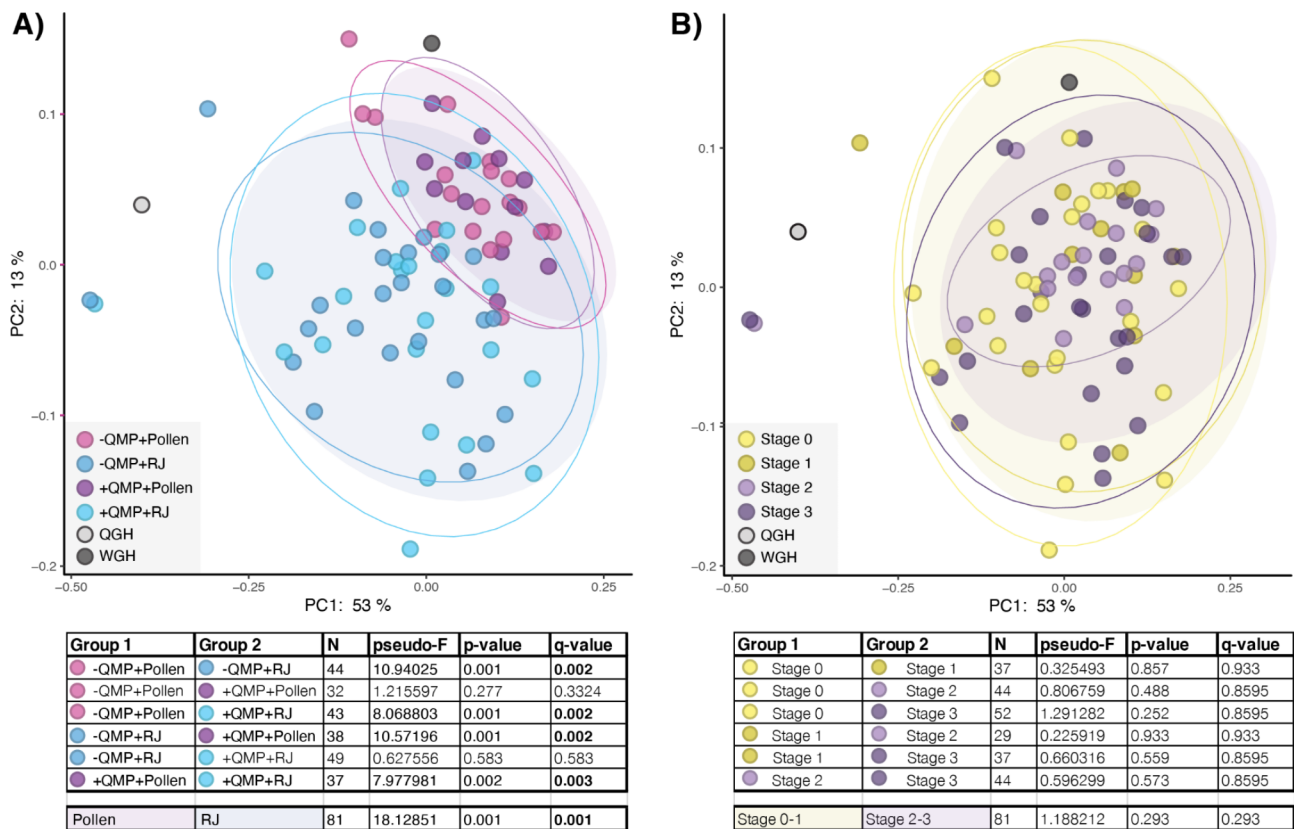
To determine whether diet, exposure to QMP, or reproductive (ovary) development explains the variation between the gut microbiota of queens and workers, late-stage worker pupae were aseptically removed from a brood frame and reared under sterile conditions in the lab. Upon emergence, approximately 240 microbiota-depleted newly emerged workers (NEWs) were inoculated with a mixture of queen and worker gut homogenates. After inoculation, NEWs were split into four experimental groups: (1) QMP with a royal jelly diet (+QMP+RJ), (2) QMP with a pollen diet (+QMP+Pollen), (3) no QMP and a royal jelly diet (-QMP+RJ), and (4) no QMP and a pollen diet (-QMP+Pollen). Approximately three and a half weeks after the start of the experiment, bees were dissected, their guts were aseptically removed, and the level of ovary activation for each bee was determined based on a scale of 0–3 [58, 59], with Stage 0 indicating no ovary development and Stage 3 representing highly developed ovaries (Fig. 1A). All worker honey bees possess ovary organs but they are typically undeveloped

and nonfunctional [60]. Thus, we considered workers to have developed ovaries if they were ranked Stage 2 or 3 (Fig. 1A). Only 20% of the +QMP+Pollen exposed workers exhibited developed ovaries, whereas 49% of workers that were not exposed to QMP and given a royal jelly diet (-QMP+RJ) presented developed ovaries (Fig. 1B;  $P=0.009$ , Chi-Squared Test). Consistent with previous studies [57, 61], we found that ovary development occurred more frequently in the absence of QMP (39–49%), but in the presence of QMP, a royal jelly diet (+QMP+RJ) also led to increased ovary development in workers (38% of workers; Fig. 1B). Variation in ovary development was observed across replicate cup cages within each experimental group, with the exception of the -QMP+RJ group in which all replicates had ~50% of workers with developed (Stage 2–3) ovaries (Figure S1), indicating that ovary activation more consistently occurs in royal jelly fed workers in the absence of QMP.

We compared the microbiota composition of workers from each experimental group and each ovary developmental stage. We found no significant difference between workers that were fed the same diet and reared in the presence or absence of QMP ( $Q>0.3$ , Pairwise PERMANOVA). However, workers fed pollen possessed significantly different microbiota compositions than workers fed royal jelly, regardless of QMP exposure (Fig. 2A;  $Q<0.003$ , Pairwise PERMANOVA). No differences in microbiota composition were observed based on ovary developmental stage (Fig. 2B;  $Q>0.8$ , Pairwise PERMANOVA). These findings indicate that diet plays a much larger role in shaping microbiota composition in



**Fig. 1** Ovary development in worker bees. **(A)** Microscope photographs demonstrating the four ovary developmental stages (0–3) of workers. Arrows point to the location of the ovaries on the photographs. Ovaries classified as stage 0 were indistinguishable from typical queen-right worker morphology and exhibited no visible thickening or oocyte development. Stage 1 ovaries demonstrated visible thickening but no constriction of oocyte development. Stage 2 ovaries were characterized by both visible thickening and constriction around at least one developed oocyte. Ovaries with multiple maturing eggs and across several ovarioles were categorized as 3. **(B)** Proportion of workers assigned to each ovary developmental stage from the four experimental groups. For statistical testing Stages 0–1 were considered to have undeveloped ovaries and Stages 2–3 were considered to have developed ovaries ( $*=P<0.005$ , Chi-Squared Test)



**Fig. 2** Beta diversity in the gut microbiota of experimentally reared workers. Principle Coordinate Analysis using weighted Unifrac comparing workers from (A) our four experimental groups and (B) workers at different ovary developmental stages. Significance was tested using PERMANOVA with 999 permutations followed by Benjamini–Hochberg FDR correction. Ellipses represent the 95% confidence intervals

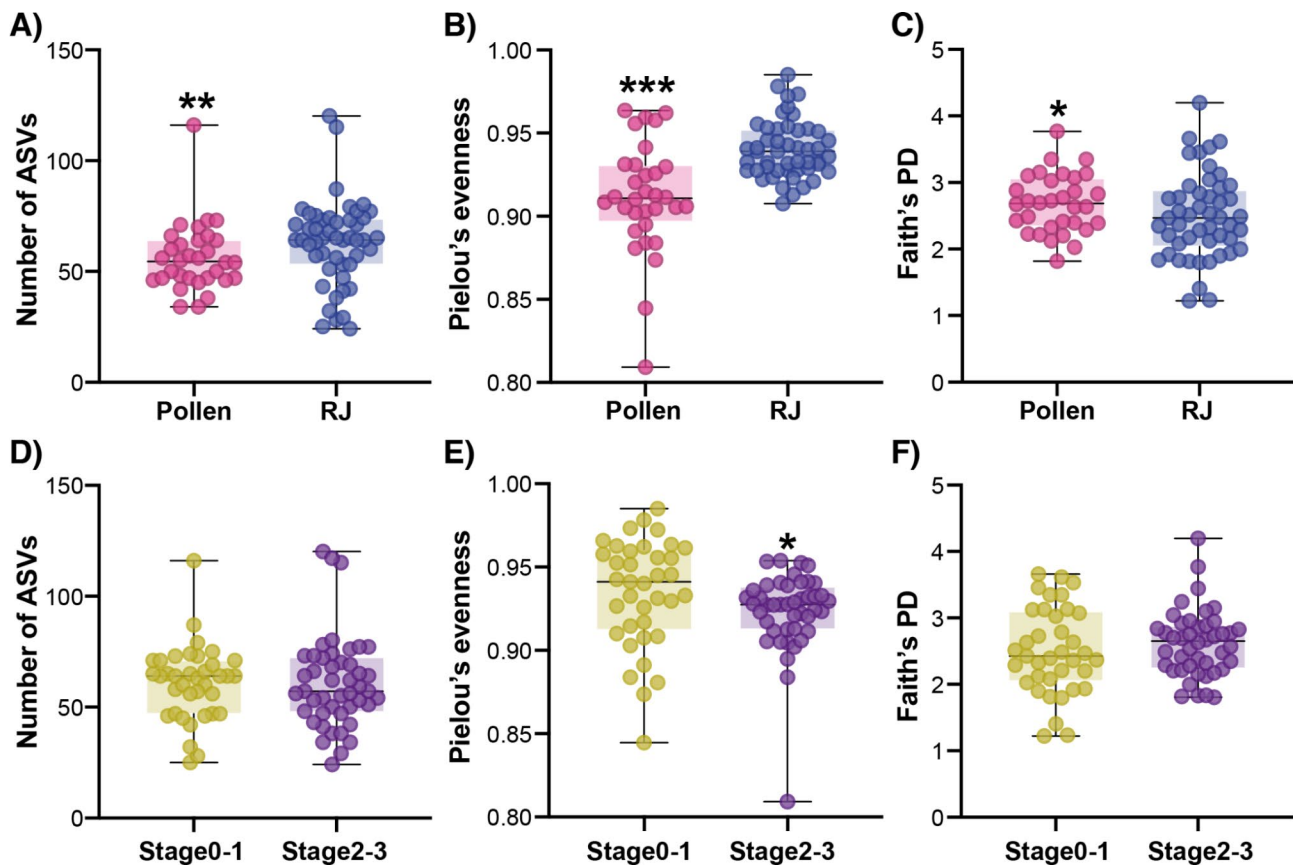
workers than reproductive development or exposure to QMP.

Alpha diversity also differed depending on diet, with pollen-fed workers having less rich (Fig. 3A;  $P=0.009$ , Mann Whitney Test) and less even (Fig. 3B;  $P<0.0001$ , Mann Whitney Test) but more phylogenetically diverse (Fig. 3C;  $P=0.04$ , Mann Whitney Test) microbial communities than workers fed royal jelly. Very few differences in microbiota alpha diversity were observed based on ovary development stage (Fig. 3D–F); only evenness differed between workers with undeveloped (Stages 0–1) and developed (Stages 2–3) ovaries (Fig. 3E;  $P=0.01$ , Mann Whitney Test). These results provide further evidence that diet—rather than ovary activation or QMP—impacts the microbiota composition of workers.

To evaluate taxonomic differences across experimental groups, we analyzed the relative abundance of each taxon within individual bees (Fig. 4A, Dataset S1). Again, we found that gut microbiota composition was more similar across bees that were fed the same diet, regardless of their ovary developmental stage or exposure to QMP (Fig. 4A). Workers fed pollen possessed all of the core taxa of the worker gut microbiota, i.e., *Lactobacillus*, *Bombilactobacillus*, *Bifidobacterium*, *Snodgrassella*, and

*Gilliamella*, and had a high diversity of *Lactobacillus* species (Fig. 4A). Conversely, nearly all workers that were fed royal jelly lacked *Bifidobacterium* and *Bombilactobacillus* and were mainly dominated by a single *Lactobacillus* species, *L. apis* (Fig. 4A). Virtually all the royal jelly-fed workers also contained a high abundance of two queen-associated bacteria, *Commensalibacter* sp. and *Bombella apis*, which were very rarely found in workers that were fed a pollen diet (Fig. 4A) and are not consistently observed in conventional honey bee worker guts [46].

All NEWs in this study were inoculated with a mixture of queen (QGH) and worker (WGH) gut homogenates, which was created from two randomly sampled conventional workers and two randomly sampled conventional queens. Thus, we also compared the bacterial taxa present in the WGH and QGH to the average relative abundance of the bacterial taxa identified in the guts of workers from each of our four experimental groups (Fig. 4B, Dataset S1). Although the workers in our study did not directly mirror the microbiota composition of the QGH or WGH used to inoculate them, we found that workers that were fed royal jelly possessed a higher abundance of queen-associated microbes whereas workers that were given pollen displayed gut microbiota more



**Fig. 3** Alpha diversity in the worker gut microbiota compared across diets (A–C) and ovary developmental stages (D–F). Richness was measured based on the number of ASVs (A and D). Pielou's evenness index was used to calculate microbiota evenness (B and E) and phylogenetic diversity was measured using Faith's PD (C and F). Significance was tested using the Mann-Whitney test. \* =  $P < 0.05$ , \*\* =  $P < 0.005$ , \*\*\* =  $P < 0.0005$

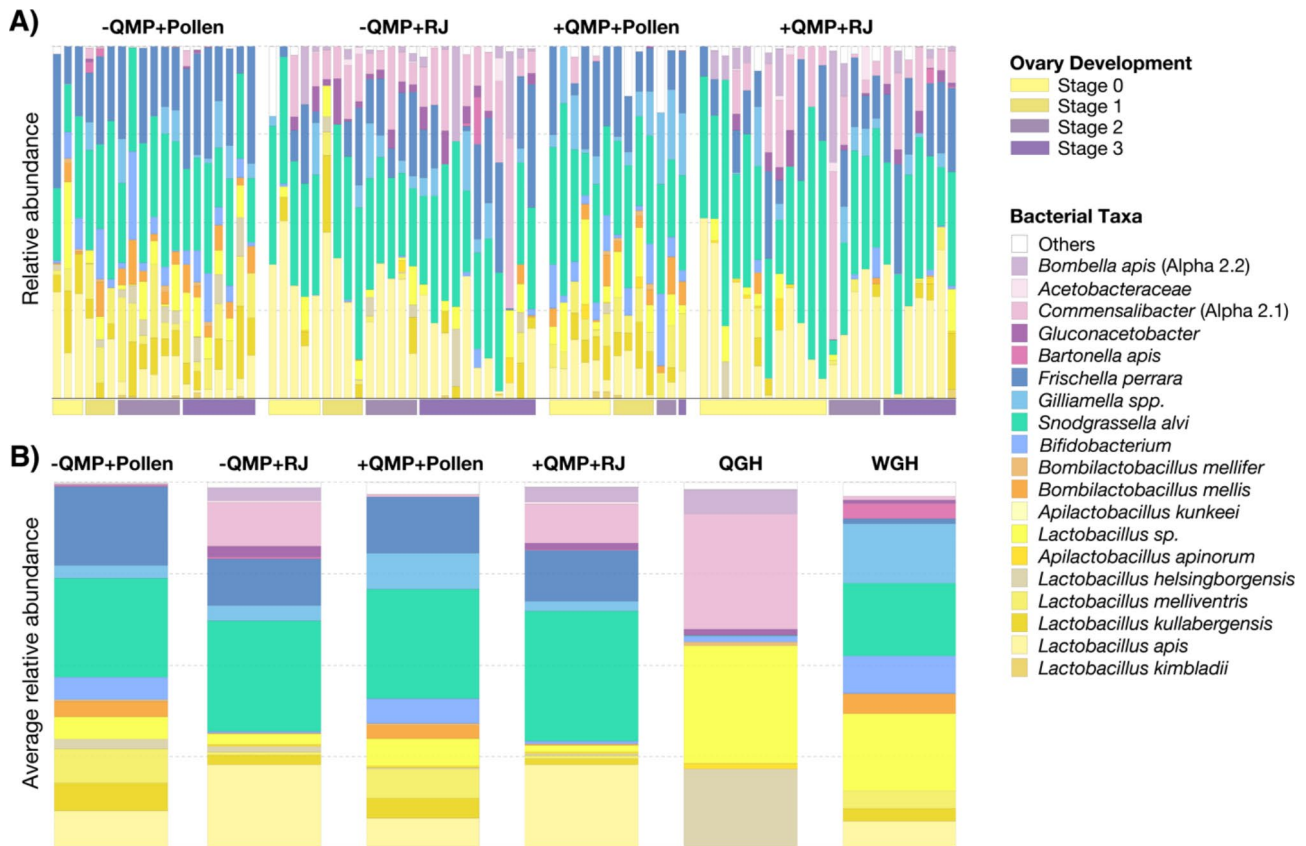
similar to conventional worker honey bees (Fig. 4B). However, royal jelly fed workers still retained most of the core worker gut bacteria. Taken together, our results suggest that diet plays a significant role in driving microbiota composition in queen and worker honey bees but cannot fully explain the differences between queen and worker gut communities.

## Discussion

Physiological changes, such as organ development during insect metamorphosis have been correlated with different microbial communities in insects [62], suggesting a potential relationship between reproductive physiology and gut microbiota in honey bees. Diet can also have major impacts on the gut microbiota of many animals, including honey bees [21, 63–66]. Female honey bee workers have undeveloped nonfunctional ovaries and eat pollen as their main protein source. Conversely, honey bee queens have developed ovaries and are fed royal jelly as their sole protein source. Queens also secrete pheromones (QMP) that suppress ovary activation and regulate the development and behavior of workers [53, 54]. In many animals, microbes have been demonstrated to

play a role in pheromone production [67–69], but it is unclear if pheromones impact gut microbial communities. The main goal of this study was to investigate if ovary development could explain the naturally occurring differences in microbiota composition between queens and workers [41, 42]. Consistent with a recent study [57], we found that workers not exposed to QMP and/or fed a diet of royal jelly exhibited increased ovary development when compared to workers kept in the presence of QMP and fed a pollen diet. Because not all workers within each experimental group developed ovaries, even in the absence of QMP, we were also able to investigate if diet or QMP exposure (regardless of ovary activation) affects worker microbiota composition. We found no evidence that ovary development or QMP impacts the gut microbiota of worker honey bees. Notably, we revealed that diet, in part, explains the differences between queen and worker microbiota composition, as workers fed a royal jelly diet displayed more “queen-like” gut microbial communities than workers fed pollen.

Although workers fed royal jelly possessed a higher abundance of queen-associated microbes, they still maintained many of the characteristic gut microbes of



**Fig. 4** Taxonomic classification of bacteria present in honey bee guts. **(A)** Relative abundance of each bacterial taxon within individual worker bees from each of the four experimental groups (-QMP + Pollen, -QMP + RJ, +QMP + Pollen, +QMP + RJ). Vertical bars represent the relative abundance of the bacterial taxa and horizontal bars along the bottom of the graph indicate the ovary development stage (0–3) of the workers. **(B)** Average relative abundance of bacterial taxa in the workers from each experimental group compared to the queen (QGH) and worker (WGH) gut homogenates that were used to inoculate all experimental bees in our study. See Dataset S1 for raw relative abundance data

conventional workers, e.g., *Snodgrassella*, *Gilliamella* and *Frischella*, which are typically not present in queens [41, 43, 45, 46, 70]. This finding suggests that another factor, aside from diet, ovary development, or exposure to QMP, dictates bacterial community composition in workers. Many other physiological, developmental, and morphological differences exist between workers and queens [71]. For example, workers have notched mandibles, hypopharyngeal and wax glands, barbed stingers, and pollen baskets and they produce several pheromones and chemicals that queens do not produce or secrete at different levels (e.g., alarm pheromone, Nasonov pheromone, 2-heptanone, ethyl oleate) [50–52, 54]. Unlike queens, workers undergo a caste transition from nurse to forager which is accompanied by changes in gene expression, physiology, chemical production, and behavior [50–52, 72, 73]. Age and caste are generally coupled in workers, with younger bees being nurses and older bees being foragers [40, 74]. However, worker caste transitioning can occur independent of age, depending on colony needs, and the transition is reversible [75]. In fact, a recent study showed that age-controlled NEWs kept in the lab often

existed in both caste states (nurses and foragers), which corresponded to differences in cuticular hydrocarbons (CHCs), body and gut weight, and hypopharyngeal gland size [76], demonstrating the extreme plasticity of honey bee workers even when kept in a controlled lab setting. Moreover, queens have a shorter developmental period than workers and are exclusively fed royal jelly as a protein source during development and throughout their lives [40]. Thus, there are numerous differences between workers and queens that were not specifically investigated in our study, which could contribute to shaping their microbiota composition.

Social interactions and behaviors may also explain the higher microbiota diversity in workers when compared to queens. Honey bee workers take care of all hive maintenance which includes building, cleaning, repairing, and guarding the hive, foraging for food and water, and feeding and caring for all developing larvae (workers, drones, and queens), adult queens, and drones [40, 71]. Queens do not feed themselves and are fed royal jelly directly from the hypopharyngeal glands of workers [71]. Workers also constantly groom and clean the queen, but she

does not reciprocate these behaviors [77]. It is well-established that workers acquire their microbes via interactions with other workers and hive material and through consuming pollen [16, 19, 20]. Although coprophagy has never been reported to occur in honey bees, exposure to fecal particles could occur when workers groom and clean one another or through contaminated food and hive materials [19, 78]. As queens do not clean or groom workers or participate in hive maintenance, we predict that queens have less exposure to worker-associated microbes and mainly acquire their microbes from workers during feeding. In fact, queen-associated gut microbes, such as *Bombella apis*, *Apilactobacillus kumkei* and *Commensalibacter* sp., have been found in the worker mouth parts, hypopharyngeal glands, and royal jelly [41, 45, 46, 70, 79], but are rarely present in the guts of workers [79–83]. Early colonization and niche occupancy by these bacterial taxa in the queen gut could prevent colonization by worker-associated microbes that queens are undoubtedly exposed to but potentially later and to a lesser degree.

In this study we exposed microbiota-depleted NEWs to a cocktail of both worker and queen gut homogenates, predicting that different conditions (e.g., diet, QMP, and/or ovary activation) would select for a queen versus worker microbiota composition. However, even though workers fed royal jelly as their sole protein source had more “queen-like” gut microbial communities, they still harbored most of the typical worker-associated microbes [41, 44–46, 70]. Thus, we hypothesize that workers are exposed to a larger diversity of microbes than queens due to their exclusive role in maintaining the hive (e.g., building, cleaning, grooming, feeding, foraging, and storing) and that the unique low diversity microbiota of queens is only partially due to diet. This hypothesis could be tested in future studies by rearing microbiota-depleted queens in the lab and exposing them to both worker and queen microbes. Overall, our results indicate that diet plays a role in governing the differences between worker and queen gut microbiota but does not explain why workers possess more diverse and conserved gut microbial communities.

## Conclusions

Due to the complexity of most animal microbiomes and the inability to control for confounding physiological and environmental variables, we still have a poor understanding of the factors driving the composition of gut microbiota. Using the honey bee, a tractable model system for host-microbiome studies, we investigated how differences in reproductive status, diet, and pheromones affect gut microbiota composition and structure. We demonstrated that diet plays a significant role in driving the naturally observed differences between the gut

microbial community compositions of honey bee queens and workers, whereas ovary activation and/or exposure to queen pheromones appeared to have no effect on the microbiota. Our results also suggest that although diet can have a major impact on the microbiota, it is not the only factor governing microbial community composition in honey bees. We predict that exposure to microbes via social interactions and behavioral traits plays a major role in dictating microbiota composition. Diet, social interactions, and behavior are all factors that have been shown to affect the microbiota composition of many animals, including humans [84–87]. Thus, our findings not only further our understanding of the honey bee microbiome, which is important for bee health [13, 15, 29], but they also reinforce the significance of using the honey bee as a model system to address fundamental questions about host-microbe interactions.

## Methods

### Experimental design

Approximately 240 microbiota-depleted newly emerged workers (NEWs) were obtained by extracting 16–17-day-old pupae from a brood frame and incubating them at 35 °C and 80% RH in sterile rearing containers until emergence. Upon emergence, NEWs were immobilized at 4 °C and randomly placed into 16 different 50 mL conical tubes (~15 bees per tube). Two “healthy” mated queens were provided to us from the North Carolina State University (NCSU) Queen and Disease Clinic, which were used to create a queen gut homogenate (QGH). Because we were only able to obtain two queens for this study and we wanted to have equal representation of queen and worker guts, we sampled two worker bees from a single colony from our apiary at NCSU to create a worker gut homogenate (WGH). In brief, the guts of the queens and workers were aseptically extracted and homogenized to create a single queen gut homogenate QGH and a single worker gut homogenate WGH (total volume for each ~200 µL). 50 µL of the QGH and 50 µL of the WGH were then combined and diluted 1:100 in 0.5 M filter-sterilized sucrose syrup and immediately fed to the microbiota-depleted NEWs. The remaining gut WGH (150 µL) and QGH (150 µL) were suspended in 20% glycerol and preserved at -80 °C for future use. The conical tubes containing 15 bees were then inoculated with 150 µL of the QGH/WGH sucrose solution via the immersion method [30, 88] and subsequently placed into cup cages [89]. All cup cages were supplied with a 10 mL tube feeder containing filter-sterilized 0.5 M sucrose syrup and half of the cup cages were supplied with USDA certified organic royal jelly (+RJ) and the other half with irradiated pollen (+Pollen). The organic royal jelly used (Greenbow® Royal Jelly) was tested for microbial contamination via plating on Luria-Bertani (LB) agar, De Man–Rogosa–Sharpe

agar (MRS) agar, Columbia agar with 5% sheep blood, and Brain Heart Infusion (BHI) agar with 5% sheep blood and incubated at 37 °C in an aerobic incubator and also in a 5% CO<sub>2</sub> incubator. No microbial growth was seen on any of the plates after five days. Synthetic queen mandibular pheromone (QMP), manufactured by TempQueen, was cut into thirds and one piece was placed into the respective treatment cages (+QMP+RJ and +QMP+Pollen). Cages containing QMP were kept in a separate incubator. All bees were kept in incubators at 35 °C and 80% RH throughout the experiment. Cages were censused regularly during which dead bees were removed and recorded. We found no significant differences in probability of survival across experimental groups (Figure S2). Ten days after the start of the experiment, 150 µl of the same queen/worker gut homogenate suspended in sterile sucrose (1:100) was pipetted onto a cotton ball placed in each cup cage. Food and sugar syrup were replenished as needed.

#### Dissections and ovary activation assignments

After a period of ~3.5 weeks, surviving workers were immobilized at 4 °C and then randomly distributed into numbered 1.5 mL tubes with the experimental group of the bee being unknown to the dissector (blinded dissection). Bees were pinned to a dissection plate dorsal side up and their abdomens were cut directly under the thorax and then laterally along each side. The abdomen was then pulled open, pinned, and the gut was carefully removed, placed in 500 µl of 100% molecular-grade ethanol, and stored at 4 °C for further analysis. Ovaries were visually assessed for development using a dissection microscope and were graded on a four-point scale (0–3) adapted from [58, 59]. Ovaries classified as stage 0 were indistinguishable from typical queen-right worker morphology and exhibited no visible thickening or oocyte development. Stage 1 ovaries demonstrated visible thickening but no constriction of oocyte development. Stage 2 ovaries were characterized by both visible thickening and constriction around at least one developed oocyte. Ovaries with multiple maturing eggs and across several ovarioles were categorized as 3. Ovaries scored 0–1 were deemed undeveloped, and those graded 2–3 were considered developed. Ovaries scored 0–1 were deemed undeveloped, and those graded 2–3 were considered developed. We ranked ovary development in 53+QMP+RJ, 40+QMP+Pollen, 59 -QMP+RJ, and 55 -QMP+Pollen workers.

#### DNA extractions and amplicon sequencing

We then extracted DNA from 22 to 25 individual gut tissue samples from each experimental group as well as the queen (QGH) and worker (WGH) gut homogenates used to inoculate the NEWs. Dissected guts were

homogenized and a phenol-chloroform DNA extraction with bead cleaning was performed on each sample individually; this protocol as described in [19]. Following DNA extraction, PCR amplification of the V4 region of the 16 S rRNA gene was performed using the universal primers 515 F and 806R with Illumina-specific adapters: Hyb515F\_rRNA: 5'-TCGTCGGCAGCGTCAGATGTG-TATAAGAGACAGGTGYCAGCMGCCGCGGTA -3' and Hyb806R\_rRNA: 5'-GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGGACTACHVGGGTWTC-TAAT-3'. The PCR cycling conditions were: 98 °C for 30s followed by 30 cycles of 98 °C (10s), 58 °C (30s), 72 °C (30s), with a final extension at 72 °C for 7 m and a hold at 4 °C. The PCR amplicons were cleaned using the Axygen AxyPrep Mag PCR Clean-up Kit at 0.8x bead concentration. Samples were then indexed with the Illumina Nextera XT Index kit v2 set A. The PCR cycling conditions for indexing were 98 °C for 2 m followed by 15 cycles of 98 °C (10s), 55 °C (30s), 72 °C (30s), with a final extension at 72 °C for 7 m and a hold at 4 °C. The indexed PCR products were cleaned again with the Axygen AxyPrep Mag PCR Clean-up Kit at 0.8x bead concentration and then quantified using a Qubit3.0 (Life Technologies) with the Qubit dsDNA HS Assay kit. Our negative controls did not contain enough DNA to quantify and thus were excluded from the sequencing run. All samples were pooled into equal concentrations and sequenced on an Illumina iSeq 100 (2×150 bp). A 30% PhiX spike-in was included in the final sample pool to increase the diversity on the run. See Dataset S2 for sample metadata.

#### 16 S sequencing analysis

Forward and reverse raw sequencing reads were merged using FLASH v1.2.10 [90] before being imported into Qiime2 v2023.7 [91]. The DADA2 [92] pipeline in Qiime2 v2023.7 was used to denoise paired reads (qiime dada2 denoise-single). After denoising, the data was filtered to remove reads assigned to Mitochondria, Chloroplast, or Unassigned; additionally reads at less than 1% frequency were removed. All downstream analysis was performed on Qiime2 at a sequencing depth of 4000; this sequencing depth allowed us to retain the most samples while still maintaining enough reads to capture the diversity present in the dataset. After filtering and rarefaction, a total of 82 samples were retained for our analysis: 24+QMP+RJ, 13+QMP+Pollen, 19 -QMP+Pollen, 25 -QMP+RJ, 1 QGH, and 1 WGH.

The Qiime2 script “qiime diversity core-metrics-phylogenetic” was used to perform all alpha and beta diversity analyses. Taxonomy was assigned to the sequences using “qiime feature-classifier classify-sklearn” using a classifier trained on the SILVA 16 S v138 [93] reference database. GraphPad Prism v10.2.1 was used to plot alpha diversity results and test for significance (Mann-Whitney Tests).



Beta diversity analyses were performed in Qiime2 based on weighted UniFrac [94, 95] and tested using a PERMANOVA (999 permutations) with Benjamini-Hochberg FDR correction. PCoA plots with 95% confidence intervals (stats\_ellipse) were made using Qiime2R [96].

### Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s42523-024-00350-3>.

Supplementary Material 1

Supplementary Material 2

Supplementary Material 3

### Acknowledgements

We would like to thank Dr. Bradley Metz for providing us with queens (from the NCSU Queen Clinic), training on ovary identification and classification, lending us dissection tools, and giving feedback on our experimental design and results. We would like to thank Dr. David Tarpy for obtaining funding for the NCSU BeeMORE REEU program, allowing us to use his dissection microscope, and providing feedback on our results. We would also like to thank Caroline Stott and Dr. Meng-Jia Lau for assisting with beekeeping, bee maintenance, and experimental blinding and Dr. Louis-Marie Bobay for reading and providing feedback on the manuscript.

### Author contributions

AZ-C performed the experiments, collected the data, and analyzed the results. PG helped with experiments, data collection, and data analysis. KR designed and funded the study and helped perform experiments, collect data, and analyze the results. AZ-C, PG, and KR wrote and edited the manuscript. All authors read and approved the final manuscript.

### Funding

This work was funded by the National Science Foundation under grant DEB-2344788 to KR, the United States Department of Agriculture (USDA), the National Institute of Food and Agriculture (NIFA), Agriculture and Food Research Initiative (AFRI) under grant 2022-67013-42296 to KR. AZC was supported by the BeeMORE program funded by USDA-NIFA Education and Workforce Development grant 2021-67037-34626.

### Data availability

The raw sequencing files generated and analyzed during the current study are available on the NCBI SRA repository under BioProject PRJNA1157463. All other data generated or analyzed during this study are included in this published article and its supplementary information files.

### Declarations

#### Ethics approval and consent to participate

Not applicable.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare no competing interests.

Received: 8 September 2024 / Accepted: 23 October 2024

Published online: 05 November 2024

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