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Activity and structural dynamics of human ABCA1 in a lipid membrane

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Abstract

The human ATP-binding cassette (ABC) transporter ABCA1 plays a critical role in lipid homeostasis as it extracts sterols and phospholipids from the plasma membrane for excretion to the extracellular apolipoprotein A-I and subsequent formation of high-density lipoprotein (HDL) particles. Deleterious mutations of ABCA1 lead to sterol accumulation and are associated with atherosclerosis, poor cardiovascular outcomes, cancer, and Alzheimer's disease. The mechanism by which ABCA1 drives lipid movement is poorly understood, and a unified platform to produce active ABCA1 protein for both functional and structural studies has been missing. In this work, we established a stable expression system for both a human cell-based sterol export assay and protein purification for in vitro biochemical and structural studies. ABCA1 produced in this system was active in sterol export and displayed enhanced ATPase activity after reconstitution into a lipid bilayer. Our single-particle cryo-EM study of ABCA1 in nanodiscs showed protein induced membrane curvature, revealed multiple distinct conformations, and generated a structure of nanodisc-embedded ABCA1 at 4.0-Å resolution representing a previously unknown conformation. Comparison of different ABCA1 structures and molecular dynamics simulations demonstrate both concerted domain movements and conformational variations within each domain. Taken together, our platform for producing and characterizing ABCA1 in a lipid membrane enabled us to gain important mechanistic and structural insights and paves the way for investigating modulators that target the functions of ABCA1.

Supporting Information

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Conflict of interest

The authors declare that they have no conflicts of interest with the contents of this article. Correspondence and requests for materials should be addressed to ML (liaomf@sustech.edu.cn).

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Keywords

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> The eukaryotic Plasma Membrane (PM) houses thousands of Membrane Proteins (MPs), which perform countless necessary functions for cellular survival and proliferation $¹$.</sup> Importantly, these MPs reside within the context and environment of the PM and require the surrounding lipid bilayer to maintain their native, functionally active conformations. ATP-Binding Cassette (ABC) transporters are canonical MPs that mediate the passage of various substances across the lipid bilayer 2.3 . They do so by coupling the movement of substrates through the transmembrane domain (TMD; *i.e.*, lipids, drugs, sterols) to the binding and hydrolysis of adenosine triphosphate (ATP) ^{4–6}. ATP binds at the interface of two cytosolic nucleotide binding domains (NBDs); closure of NBDs propagates structural alterations to the TMDs which change conformation to mediate the passage of the substrate across the bilayer. The allosteric linkage between the TMDs and NBDs requires interfacial helices and likely depends on native TMD-lipid interactions⁷.

One particularly challenging class of substrates for passage across the PM are the components which comprise the lipid bilayer itself. The eukaryotic plasma membrane is composed of a variety of structural lipids, including those with phosphatidyl-choline (PC), phosphatidyl-ethanolamine (PE), and phosphatidyl-serine (PS), among others ⁸. Maintenance of this asymmetric PM is required for cell survival, and phospholipid trafficking deficiencies are a hallmark of several cancers ⁹. In addition to phospholipids, the PM of human cells contains approximately 30% cholesterol – cholesterol trafficking is particularly critical as this sterol affects the local bilayer rigidity and phospholipid/MP packing ⁸. For cholesterol shuttling between cells and tissues, it must first be extracted from the PM: sterol removal from lipid membranes requires overcoming the immense energetic barrier of pulling this highly insoluble moiety from the hydrophobic core of the bilayer 10 . However, this process occurs readily within the human body, as the flux of cholesterol throughout tissues is quite high (*i.e.*, 10 mg/day/kg) – aberrant cholesterol efflux and metabolism are associated with poor atherosclerotic health, along with cancer $11-13$. The mechanistic pathway for the removal of cholesterol from the PM for subsequent secretion from the body is termed the reverse cholesterol transport (RCT) pathway in which the ABC transporter ABCA1 plays a central role ¹⁴.

After the initial discovery of the *abca1* gene, ABCA1 protein expression was quickly found to be inversely correlated with cellular cholesterol levels 6,15,16. It has been well established through cell-biology based characterization that ABCA1 mediates the efflux of cholesterol and phospholipids with PC headgroups from the membrane to the extracellular acceptor protein, apolipoprotein A-I (apoA-I) $16-27$. Together with apoA-I, sterols and phospholipids form nascent high-density lipoprotein (nHDL). ABCA1 and apoA-I are vital in the RCT as they mediate sterol efflux from macrophages, which is essential for clearance of cardiovascular plaques; therefore ABCA1 function is directly linked to atherosclerosis $28,29$. Genetic mutations to the *abca1* gene are naturally occurring and are associated with

Tangier's Disease, which results in impaired cholesterol clearance ^{30,31}. ABCA1 function has further been implicated in neurodegenerative disorders, such as Alzheimer's Disease $32.$ ABCA1 has long been suggested as a potential drug target $30,31,33$. Thus, elucidating how the ABCA1 TMD drives lipid export and how this process can be pharmacologically regulated is of immense biomedical importance.

The overall domain architecture of ABCA1 was elucidated by a previously reported cryo-EM structure of ABCA1 in detergent 34. While native MPs reside within the complex PM, detergents are a common lipid mimetic utilized for solubilization and biochemical characterization of MPs 35. Detergents are known to affect the biochemical activity of MPs, which seems particularly true for detergent-solubilized ABC transporters as a variety of deleterious effects on ATP-hydrolysis activities have been reported in the literature 34– 36,37,41,42. In line with this notion, the ABCA1 protein in the detergent digitonin used for previous structural studies exhibited minimal ATP hydrolysis activity 34 . In addition to the TMDs and NBDs which are present in all ABC transporters, ABCA1 contains a strikingly large extra-cellular domain (ECD) which interacts with apoA-I 19,21,22,34 . The ECD contains approximately 850 amino acid residues and its pinnacle reaches 100 Å above the membrane plane. Naturally occurring mutations in the ABCA1 ECD have shown impaired apoA-I-dependent cholesterol efflux 24,37 . However, the exact function of the ECD and how this activity is coupled to the TMDs and NBDs to coordinate lipid movement from the membrane bilayer to apoA-I are unknown.

One notable limitation in previous ABCA1 investigations is that various studies have used protein from distinct sources and in different membrane environments, thus preventing reliable correlation of the multiple activities and dynamic conformations of ABCA1. To overcome this technical hurdle, we have established an inducible ABCA1 expression system and a unified workflow of characterizing ABCA1 in nanodiscs containing a defined lipid system. Taking advantage of this platform, we utilized a combination of cell-based, biochemical, structural, and computational approaches to gain mechanistic insights into ABCA1 functions.

ABCA1 stably expressed in Human Embryonic Kidney (HEK) cells is active in sterol transport

Previous studies of human ABCA1 have been performed in various membrane mimetics and environments ³⁵. While the *in vivo* function of ABCA1 has been extensively investigated in a variety of physiologically relevant cell types, including J774 macrophages and human skin fibroblasts 21,38,39, one previously reported structural investigation of ABCA1 utilized protein purified from *Spodoptera frugiperda* (Sf9) insect cells ³⁴. Insect cells are unable to synthesize cholesterol ⁴⁰, a key transport substrate for ABCA1³⁴. ABCA1 extracted from Sf9 cells was subsequently reconstituted in the digitonin detergent which has deleterious effects on the ATP hydrolysis function of ABCA1 34. Therefore, a missing link exists between the in vivo and biochemical characterization of functional ABCA1 and the structural information on biologically relevant protein conformations.

Such limitations highlight the necessity to establish a consistent protein production strategy for both functional assays and structure determination. To this end, we utilized the Sleeping Beauty transposon system to engineer a stable line of HEK cells with inducible expression of ABCA1 41 (Supplementary Fig. 1A). Notably, this expression platform is dual function: controlled expression of ABCA1 can be used for cell-based sterol transport activity measurements, and purification of overexpressed ABCA1 permits for in vitro activity quantification and cryo-EM studies in lipid nanodiscs with distinct lipid compositions.

We first assessed the sterol efflux activity of ABCA1 as follows – cells were initially incubated with the fluorescent cholesterol analog, dehydroergosterol (DHE), followed by the addition of lipid-poor apoA-I to the culture medium 42 . DHE efflux from the cells to apoA-I was subsequently measured. Our results show that DHE export from the PM was dependent on both apoA-I and ABCA1 (Supplementary Fig. 2A–C). As a comparison with the wild-type (WT) ABCA1, we included the well-studied C1477R mutant, which has diminished efflux capacity due to a deleterious ECD mutation 20,24. In our assays (Fig. 1A), the C1477R mutant showed minimal sterol efflux activity, which is consistent with previously reported cell- and liposome-based cholesterol efflux assay $43,44$. Thus, our inducible expression system enables interrogation of the sterol efflux activity of WT and mutants of ABCA1 under various conditions.

ABCA1 exhibits enhanced ATPase activity in nanodiscs with POPC or POPG containing lipids

All ABC transporters demonstrate two fundamental activities: substrate translocation and ATP hydrolysis. For ABCA1, the former has been extensively characterized using various cell-based assays and *in vivo* studies 5 , whereas the latter has not been well-characterized due to the technical challenges of obtaining homogeneous ABCA1 in lipid membranes for accurate ATPase activity quantitation. Previous studies have used liposome reconstituted ABCA1 to characterize its ATPase activity 44.While a proteoliposome system allows for studying transporter activities in membranes with various lipid compositions, this measurement is complicated by an unpredictable amount of inside-in ABC transporters with their NBDs inside the liposomes and inaccessible to the exogenously added ATP. Further, membrane proteins in liposomes are not readily amenable for structural determination. In comparison, ABC transporter proteins reconstituted into nanodiscs 45 have their NBDs accessible for ATP binding and hydrolysis and are also feasible targets for high-resolution cryo-EM structure determination 46,47 .

For in vitro biochemical and structural studies, ABCA1 stably expressed in HEK cells was purified in Dodecyl-β-Maltoside (DDM) with cholesteryl hemisuccinate (CHS) and subsequently reconstituted into nanodiscs (Supplementary Fig. 1B–D). The resulting nanodisc-embedded ABCA1 demonstrated ATP concentration-dependent activity of ATP hydrolysis (Supplementary Fig. 3A); these experiments are performed in the absence of apoA-I. Importantly, the lipid composition of nanodiscs may be systematically varied to assess the effect of membrane environment on ABCA1 activity. To determine the effect of lipid composition for ABCA1 function, several lipids and lipid mixtures were tested in the

nanodisc reconstitution. ABCA1 embedded in the nanodiscs containing pure 1-palmitoyl-2 oleoyl-sn-glycero-3-phospho-(1′-rac-glycerol) (POPG) or 1-palmitoyl-2-oleoyl-glycero-3 phosphocholine (POPC) demonstrated the highest ATPase activity (Supplementary Fig. 3B). These observations agree with previously reported ATPase activities of ABCA1 in liposomes 44. Notably, the highest activity of ABCA1 in nanodiscs is over 15- and 5-fold greater than the activity of ABCA1 in digitonin and DDM-CHS, respectively (Fig. 1B).

Cryo-EM structure of ABCA1 in lipid nanodiscs

The enhanced ATPase activity of ABCA1 in the above nanodiscs suggests that the conformational transition cycle of ABCA1 is distinct from that in detergent. To understand the impact of membrane environment on ABCA1 at the structural level, we determined the cryo-EM structure of nanodisc-embedded ABCA1 at an overall resolution of 4.0 Å (Fig. 2A–C, Supplementary Fig. 4, Supplementary Table 1). In this cryo-EM map, the TMDs inside the nanodiscs exhibit the best resolution, while the ECD apex (residues 140–250) displays the lowest resolution (Fig. 2D), suggesting heterogeneous conformations or high mobility around the tip of the ECD.

Combining cryo-EM with nanodisc technology provides a unique opportunity of studying membrane remodeling by MPs. Our cryo-EM map reveals that, instead of being planar, the membrane surrounding ABCA1 is curved particularly on the front side (Fig. 2B and Supplementary Fig. 5). Membrane curvature increases lipid packing defects, which can be recognized and bound by amphipathic peptides 48. ApoA-I is composed of regularly repeating amphipathic helices, and the membrane curvature induced by ABCA1 may play a mechanistic role in ABCA1-apoA-I interaction. Consistent with this notion, apoA-I was suggested to insert into bilayer defects adjacent to ABCA1 to extract lipids and sterols ^{27,49}.

Structural variation of ABCA1 in different membrane environments

Our cryo-EM structure of ABCA1 in nanodiscs allows us to investigate the influence of different membrane environments on the conformation of ABCA1. The structure of nanodisc-embedded ABCA1 exhibits a similar overall architecture as the previously determined digitonin-reconstituted ABCA1 (PDB ID: 5XJY), albeit with notable differences particularly in the TMDs and ECD ³⁴. These changes also lead to different volumes of internal cavities within the protein (Supplementary Fig. 6). Slight differences are also observed in the ECD, while minimal conformational changes occur in the NBDs which are in an open conformation.

The 12 TM helices of ABCA1 constitute two distinct TMDs forming a V-shaped opening towards the extracellular leaflet (Fig. 3A). While the TM helices in TMD1 from both structures superimpose well, those in TMD2 display larger lateral shifts (Fig. 3B and Supplementary Fig. 6C). Relative to the TMD2 in detergent, the TMD2 in nanodiscs moves towards the center and the back side of ABCA1, decreasing the distance between TMs 11 and 8 (in TMD2) and TM5 (in TMD1) and creating a larger space at the front side of the TMDs. While no clear lipid densities were observed at the TMD interface in the cryo-EM map of nanodisc-embedded ABCA1, the observed TM helix rearrangements in the

membrane environment likely have functional repercussions for the translocation of lipid substrates.

Compared to TMD2, the ECD displays an even greater variation between the two ABCA1 structures. Relative to ABCA1 in detergent, the ECD of nanodisc-embedded ABCA1 rotates downward and towards the side of TMD2 (Fig. 4A). Notably, helices α8 (residues 278–288) and α9 (residues 299–309) shift towards helices α18 (residues 485–504) and helix α-10 (residues 352–364) in our cryo-EM structure, thus slightly closing the opening of the pocket in the ECD base of ABCA1. Taken together, the characteristic movements of TMD2 and the ECD of ABCA1 upon reconstitution into lipid bilayer environment suggest the structural plasticity of these domains and conformational coupling between the TMDs and ECD.

Cryo-EM analysis reveals multiple conformations of ABCA1 in lipid bilayers

In addition to the above-mentioned cryo-EM structure of nanodisc-embedded ABCA1, our 3D classification of particle images generated another cryo-EM map that represents a distinct conformation (Supplementary Fig. 4C). This is referred to as the minor conformation, as it contains slightly fewer particles and exhibits lower resolution. The cryo-EM map of ABCA1 in the minor conformation shows poorly resolved TMD1 with the TM5 helix completely missing, whereas the other structural elements are more readily traceable (Fig. 3C). Superimposition of the cryo-EM maps of the two conformations demonstrates the greatest conformational changes in the regions of the ECD-Apex, TMD2, NBDs and Regulatory Domains (RDs). A morph between these two cryo-EM maps shows that the TMD2 and NBDs/RDs rotate about an axis roughly perpendicular to the membrane plane and the ECD-Apex tilts towards the TMD2; in comparison, the ECD-Base and TMD1 exhibit smaller changes (Supplementary Movie 1). After rigid-body fitting into the cryo-EM map of ABCA1 in the minor conformation, our structural model of ABCA1 in the major conformation demonstrates clear differences in the regions of ECD-Apex and TMD2 (Fig. 3C and Supplementary Fig. 4G). In contrast, rigid-body fitting of the structure of ABCA1 in digitonin (PDB: 5XJY) over the minor conformation led to almost perfect superimposition (Supplementary Fig. 4G). Thus, ABCA1 in a lipid bilayer environment populates multiple distinct conformations, one of which was stabilized by the digitonin detergent. Such structural plasticity of ABCA1 within the cell membrane is likely essential for its functions and may underpin its higher ATPase activity in lipid bilayers (Fig. 1B).

The ECD is highly dynamic and contains a large lipid-binding pocket

To further interrogate the conformational dynamics of ABCA1 in a membrane environment, we completed all-atom molecular dynamics (MD) simulations of ABCA1 embedded in a lipid bilayer (Fig. 2E and Supplementary Fig. 7A–C). Consistent with the observed lower local resolution of the ECD apex in our cryo-EM map (Fig. 2D), this region demonstrates remarkable mobility with backbone α-C root mean square displacement (RMSD) values greater than 20 \AA at times, which is much greater than the mobility in all other domains of ABCA1 (Fig. 2E). These analyses indicate a high level of conformational flexibility of the ECD, particularly near its tip, which is likely relevant to the lipid transport function of ABCA1. Consistent with this notion, many disease mutations in ABCA1 are in the ECD

(Supplementary Fig. 8) and the ECD has been suggested to undergo large conformational changes upon ATP binding at the NBDs 50 .

The ECD base contains a large hydrophobic pocket with an inner volume of 5316 \AA ³ (Fig. 4B). Within this hydrophobic pocket, we observe three non-proteinaceous densities that are likely contributed by cholesterol and phospholipids (Fig. 4C). In close contact with these potential lipid densities are several hydrophobic residues with clear side chain densities, such as Trp278 (α 8) and Phe501 (α 18). Conceivably, the aromatic side chains of these residues form ring stacking interactions with the bound cholesterol molecules. These observations provide additional evidence that the lipids extracted from the PM may be shielded from the aqueous extracellular environment within the ECD for subsequent trafficking to apoA-I 43 . While the large hydrophobic pocket in the ECD base was previously described as a "tunnel" or static pathway for lipid passage, it may function more as a dynamic lipid container 34. The structural variations of the ECD as observed in our MD simulations likely reflect the flexible conformation of the ECD hydrophobic pocket and its changing lipid affinity to bind and release substrates. This aligns with the recent report that the ABCA1 ECD acts as a reservoir for lipids extracted from the outer leaflet of the PM by ABCA1⁵¹. Consistent with this notion, the observed structural rearrangements in the ECD result in significant volume changes for the ECD cavity (Supplementary Fig. 7G). Furthermore, the stored lipids may exit the pocket through the opening lined by the helices α8, α18 and α10 (Fig. 4A), if a hydrophobic acceptor such as apoA-I is accessible from outside the pocket.

Comparison with ABCA4 suggests a missing element for ABCA1 lipid transport

ABCA1 and ABCA4 are highly homologous, sharing >50% amino acid identity, even though ABCA4 performs a distinctive lipid import function by moving retinoid from the lumenal leaflet to the cytoplasmic leaflet of disk membranes in the eye ⁵². Three previously determined ABCA4 structures in the ATP-free state display similar protein conformations and contain substrate lipid densities, revealing the structural basis of substrate recognition and transport 53–55. To obtain more insight into the interaction of ABCA1 with its substrate lipids, our ABCA1 structure was superimposed with a structure of ABCA4 ⁵³ (Supplementary Fig. 9A). While the TMDs of ABCA1 and ABCA4 both form a general V-shaped opening towards the ECD, the TMDs in ABCA4 shift drastically towards the front side and the center, closing the space between the TMDs to sandwich several lipids at the levels of both membrane leaflets (Supplementary Fig. 9C, D). Together, this suggests that the wide-open conformation of the TMDs as observed in our ABCA1 structure represents a substrate-free state before capturing a lipid or sterol substrate.

In the ABCA4 structure, the retinoid lipid substrate is present at the level of the outer membrane leaflet, interacting with not only TMDs but also the "S loop" between the ECD helices α9 and α10 (Supplementary Fig. 9B). This scenario of using a hydrophobic loop to extract specific lipid substrates is reminiscent of bacterial LolCDE, an ABC transporter that uses the elongated "shoulder loop" to recognize and lift triacylated proteins above the

membrane surface ⁵⁶. Among the four residues of ABCA4 in the center of the S loop that mediate lipid interactions, three are conserved in ABCA1: Trp339, Tyr340 and Tyr345 (Supplementary Fig. 9E). Thus, the S loop of ABCA1 likely also plays an important role in lipid transport. Intriguingly, the S loop is completely absent from the cryo-EM maps of ABCA1 in detergent and in nanodiscs. Considering the wide open TMDs and lack of ABCA1 lipid densities at the level of the outer membrane leaflet, the lipid substrates originally bound to ABCA1 were likely removed during protein purification with detergents, leading to destabilization of the S loop and wide opening of the TMDs. Interestingly, electrostatic interactions involving the ABCA1 S-loop were recently shown to play a role in phospholipid extraction to the ECD⁵¹.

Comparison with ABCA7 suggests commonalities between ABCA

transporter mechanisms

The recently resolved structures of nanodisc-embedded ABCA757 allow for an additional comparison of the novel structure of nanodisc-embedded ABCA1 (Supplementary Fig. 10). Overall, the TM cavity of ABCA1 is relatively closed compared to the ABCA7 conformation which likely restricts phospholipid binding at the cytosolic leaflet of ABCA1. When aligned on TMD2, ABCA1 exhibits concerted movement of the TMD1, NBDs, and the ECD relative to ABCA7, highlighting the connectivity between each structural unit of ABCA1. One notable commonality between ABCA1 and ABCA7 may be the deformations of the surrounding membrane, particularly in the outer leaflet of the PM. The mirrored importance of the local lipid environment for ABCA7 suggests this may be a common theme for function of ABCA family transporters.

Based on the results from our work and previous functional and structural studies, we propose a "lipid container" model for ABCA1-driven lipid transport and nHDL formation (Supplementary Fig. 11). The key of this proposed model is the large ECD hydrophobic pocket functioning as a dynamic lipid container which can both accept lipids extracted from the PM and release lipids in the extracellular space. In this model, the functional cycle of ABCA1 is divided into three states: pre-substrate loading, substrate loading, and substrate expulsion. In the pre-substrate loading state, ABCA1 has relaxed and wide-open TMDs, and the large hydrophobic pocket in the ECD contains lipids loaded from previous functional cycles. In the substrate loading state, cholesterol and phospholipids interact with the TMDs and S loop, closing the TMDs and causing the bound lipids to be elevated to the interface between the ECD and the TMDs *(i.e.*, the level of the outer membrane surface), and local membrane deformations occur to promote apoA-I association with ABCA1. In the substrate expulsion state, ATP binding to the NBDs induces closure of the NBDs and TMDs to squeeze the bound lipids into the ECD hydrophobic pocket, which can push the excess lipids out of the pocket from the side to interact with ApoA-I and form nHDL. ATP hydrolysis leads to the opening of the NBDs and TMDs, and ABCA1 returns to the pre-substrate loading state. According to this model, all currently available ABCA1 structures without ATP binding are in the pre-substrate loading state. The structural basis of lipid recognition and transport by ABCA1 awaits future studies. While our model focuses on the aspect of lipid extraction, it is noteworthy that ABCA1 has been implicated in many

other functions, such as phospholipid flipping 44, lateral reorganization of cholesterol rafts ⁵⁸, phosphatidylinositol 4,5-bisphosphate flipping 59, and apoA-I independent sterol efflux 20,37,60. Future work is also required to relate each of these effects to the conformational states of ABCA1.

Our findings highlight the importance of the membrane environment for ABCA1 activity and structure. Besides the first determined digitonin-reconstituted ABCA1 structure³⁴, additional cryo-EM structures of nucleotide-free ABCA1 have recently been resolved in digitonin and in a lipid nanodisc, along with a catalytically inactive mutant bound to ATP in digitonin ⁶¹. In contrast to our results, after nanodisc reconstitution, their protein exhibited similar or lower ATPase activities than detergent samples, and the conformation of ABCA1 in nanodiscs containing mostly PS shows little difference from those in digitonin from both cryo-EM studies^{34,61}. It is unclear whether their similar ABCA1 conformations in nanodiscs and in digitonin are a result of the particular lipid composition of nanodiscs, different protein preparation parameters, or addition of the detergent Fos-choline-8 to their nanodisc sample prior to freezing cryo-EM grids⁶¹. The biological relevance of local lipid environment is significant as it may modulate MP structure and function 62 . For ABC transporters specifically, the chemical properties of the phospholipid headgroups may affect the allosteric connections between the TMD and NBD and therefore impact ATP hydrolysis and efflux activities.

Additionally, we observe distinctive nanodisc curvature in the cryo-EM analyses and modulations in the bilayer adjacent to ABCA1 in MD simulations (Supplementary Figs. 5 and 7). Amphipathic helices, like those characteristic of apoA-I, have been shown to selectively insert into defects within membrane bilayers ^{63,64}. Following an association with the lipid bilayer interface, apoA-I may further disrupt the lipid bilayer, promoting conformational changes to both the ABCA1 TMDs and ECD – the mobile ECD may undergo further conformational changes to accommodate apoA-I binding and sterol efflux ¹⁹. This ECD conformational change is likely associated with allosteric rearrangement of the NBDs as this type of interaction has been previously reported ²². Taken together, these data suggest that ABCA1 may collaborate with the surrounding lipid bilayer in a functionally relevant manner, similar to the mechanism recently proposed for the homologous $ABCA7^{57}$. These findings are consistent with previously proposed models in which ABCA1 forms large complexes, and perhaps large bilayer defects, to recruit apoA-I for lipid and sterol exchange ⁶⁵.

Our establishment of an inducible expression system for multifaceted investigations of ABC transporters in cell-based assays and parallel biochemical and structural studies provides invaluable tools for future characterizations of ABCA1 and its variants, as well as for understanding the functional and conformational impacts of small molecules and antibodies on ABCA1 in various membrane environments.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Data Availability

The atomic model for the major ABCA1 conformation has been deposited in the PDB with the accession code 7TDT. EM maps for the major and minor ABCA1 conformations have been deposited in the EMDB with the accession codes: 25838 and 27079 respectively. The authors declare that all other data supporting the findings of this study are available within the paper and its supplementary information files; source data are provided with this paper.

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Figure 1. ABCA1 stably expressed in HEK cells is functionally active.

A) Cell-based efflux activity of ABCA1 for the cholesterol analog, dehydroergosterol (DHE) is shown for wild-type (WT) ABCA1 and the well-characterized ECD mutant: C1477R. Modulating the ECD conformation (*i.e.*, C1477R) reduces the measured sterol efflux of ABCA1. Data represent the average of three biological replicate experiments and error bars indicate the standard deviation; individual data points are shown. The probability associated with a Student's paired t-test with a two-tailed distribution for comparison of these data is < 0.025. Briefly, DHE efflux was monitored in HEK Expi293F cells stably expressing WT-NGFP-ABCA1 or C1477R with the addition of exogeneous His-apoA-I. **B**) ATPase activity of ABCA1 was measured in two detergents: digitonin and Dodecyl-β-Maltoside with cholesteryl hemisuccinate (DDM-CHS), along with nanodiscs prepared with 1-palmitoyl-2 oleoyl-sn-glycero-3-phospho-(1'-rac-glycerol) (POPG) lipid and the membrane scaffold protein (MSP) E3D1. Data represent the average of three biological replicate experiments and error bars indicate the standard deviation; individual data points are indicated. The probability associated with a Student's paired t-test with a two-tailed distribution for data demarcated by a single asterisk (*) is < 0.0025. The probability associated with a Student's paired t-test with a two-tailed distribution for data demarcated by a double asterisk (**) is < 0.0005. Briefly, WT-ABCA1 was purified from HEK Expi293F cells and isolated through affinity chromatography in the respective detergents or reconstituted into nanodiscs containing POPG lipids and the Membrane Scaffold Protein (MSP) E3D1 after cleavage of the N-terminal GFP. ATP hydrolysis was quantified by colorimetric assay of phosphate release.

Figure 2. Cryo-EM structure and conformational dynamics of ABCA1 in a lipid bilayer. A) The domain architecture and secondary structure of ABCA1 are indicated with the NBDs, TMDs, ECD base, and ECD apex shown in green, cyan, orange, and red, respectively. The boundaries of the inner membrane are indicated by gray lines. **B**) Side view of cryo-EM map of nanodisc-embedded ABCA1 low-pass filtered at 4.0-Å resolution, with different regions denoted and colored as in A and nanodisc shown as an outline (left). Cross-sectional side view of the same map low-pass filtered at 6.0-Å resolution, to highlight the nanodisc and membrane curvature (right). **C**) Two side views of the structural model of ABCA1, colored as in A. **D**) Local resolution of the cryo-EM map of nanodisc-embedded ABCA1. **E**) All-atom MD simulations of ABCA1 in a lipid bilayer reveal conformational changes. Backbone α-carbon root mean square displacement (RMSD) values are shown for different regions of ABCA1 and colored as in A. Briefly, two datasets collected on nanodisc-embedded ABCA1 were collected for combined processing and 3D reconstruction. All-atom MD simulations were completed on membrane embedded ABCA1 as described in the Supplemental Information.

Figure 3. Conformation of the TMDs of nanodisc-embedded ABCA1.

A) Two side views of the TMDs (TMD1 in blue and TMD2 in cyan) with the transmembrane helices indicated by numbers and the other helices denoted. Left panel is the same view as in Fig. 1B and C (left). **B**) Top-down view of the TMDs. The lateral shifts of individual helices in TMD2 relative to their positions in the previously resolved ABCA1 digitonin conformation (PDB ID: 5XJY, orange) are indicated by dashed arrows. These two ABCA1 structures are aligned using TMD1. **C**) Side views of the cryo-EM map of nanodisc-embedded ABCA1 in the minor conformation and rigid-body fitting of the

structural model of nanodisc-embedded ABCA1 in the major conformation (rainbow). The ECD-Apex and TM11 show clear discrepancies and TM5 is missing from the cryo-EM map, as indicated. **D**) Front and back side views of the superimposition between the cryo-EM maps of nanodisc-embedded ABCA1 in the major (blue) and minor (gray) conformations. Both maps are low-pass filtered to 4.4-Å resolution, sharpened with -100 Å^2 b-factor, and displayed at 7σ contour level. The transitions from the minor to the major conformation in the ECD-Apex and TMD2-NBDs-RDs regions are indicated by blue dashed arrows.

Figure 4. Conformational dynamics of the ECD and its large hydrophobic pocket.

A) Structural model of the ECD in the nanodisc-embedded ABCA1, viewed and colored as Fig. 1C (left) and superimposed with the ECD of ABCA1 in digitonin (PDB ID: 5XJY) (yellow wire). These two structures are aligned using their NBDs and RDs. The movements of TMD2, ECD base, and ECD apex of nanodisc-embedded ABCA1 relative to the ABCA1 in digitonin are indicated by dashed arrows. The important helices to form the hydrophobic pocket in the ECD base are denoted. **B**) Cross section of the boxed region in A, shown in hydrophobic surface representation. **C**) Cross section of the boxed region in A, showing superimposition of the structural model of nanodisc-embedded ABCA1 with its cryo-EM map displayed at two different contour levels. Three non-proteinaceous densities are indicated in dashed ovals. Trp278 and Phe501 are in close contact with the non-proteinaceous densities and are denoted.