

The Role of Complement Activation in IgM M-Protein–Associated Neuropathies

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Abstract

Background and Objectives

Polyneuropathy associated with an immunoglobulin M (IgM) monoclonal gammopathy is characterized by slowly progressive, predominantly distal sensorimotor deficits, sensory ataxia, and electrophysiologic features of demyelination. IgM antibodies against myelin-associated glycoprotein (MAG) are present in serum from most patients. Nerve damage most likely results from the concerted action of binding of anti-MAG antibodies to nerves, followed by complement activation. The interaction of anti-MAG antibodies with complement activation and their relation to clinical characteristics have not been studied in detail. We studied the correlation among anti-MAG antibody titers, complement activation, and IgM-associated polyneuropathy disease severity.

Methods

We used serum samples from 101 patients with IgM-associated polyneuropathy to assess IgM anti-MAG titers by ELISA and antibody-mediated complement deposition using both an ELISA-based system and a cell-based system of primate peripheral nerve slides. We studied correlations of complement activation with anti-MAG ELISA titers and clinical characteristics.

Results

IgM anti-MAG titers varied from negative to strongly positive. Complement deposition in the ELISA-based system correlated significantly with anti-MAG antibody titer (Spearman rho 0.80; $p < 0.0001$) despite large variability between serum samples with comparable anti-MAG titers. This variability was even larger in the cell-based assay, which also showed complement deposition in IgM anti-MAG negative patients, indicating the presence of autoantibodies directed against epitopes other than MAG in a subset of patients with IgM-associated polyneuropathy. Clinical characteristics did not correlate with anti-MAG titers or complement activation.

Discussion

Anti-MAG antibody titers correlate with the level of complement activation in both ELISA and cell-based systems. However, clinical characteristics of IgM-associated polyneuropathy do not or only weakly correlate with titers or the level of complement deposition. The lack of clear correlations between complement activation and clinical characteristics does, at this stage, not support the use of complement inhibitors in the treatment of IgM-associated polyneuropathy.

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Glossary

BTU = Bühlmann titer units; HC = healthy control; HNK-1 = human natural killer 1; IFA = immunofluorescence assay; IgM = immunoglobulin M; INCAT = inflammatory neuropathy cause and treatment; LLN = lower limits of normal; MAC = membrane attack complex; MAG = myelin-associated glycoprotein; MGV = mean gray value; MMN = multifocal motor neuropathy; MRC = Medical Research Council; PBS = phosphate-buffered saline; RCT = randomized controlled trial; RT = room temperature; SGPG = sulfated glucuronyl paragloboside; UMCU = University Medical Center Utrecht; VB = veronal buffer.

Introduction

Polyneuropathy associated with immunoglobulin M (IgM) monoclonal gammopathy¹ is characterized by slowly progressive, predominantly distal sensorimotor deficits, sensory ataxia, and (postural) tremor²⁻⁵ and can lead to substantial disability.^{3,6} Lack of efficacious treatment strategies that do not pose a considerable burden to patients represents a clear unmet medical need.^{1,3,7,8} The IgM monoclonal protein (M protein) in patients with an associated polyneuropathy usually targets a specific component of the peripheral nerve.

In most of the patients,⁹ the M protein targets the myelin-associated glycoprotein (MAG).¹⁰ The antigenic region of MAG, the human natural killer 1 (HNK-1) carbohydrate epitope,^{11,12} is shared with other components of the myelin sheath such as myelin protein zero (P0),¹³ peripheral myelin protein 22,¹⁴ sulfated glucuronyl paragloboside (SGPG),¹⁵ and sulfated glucuronyl lactosaminyl paragloboside.^{15,16}

MAG is situated in the periaxonal Schwann cell membranes and on opposing myelin membranes in noncompact myelin compartments such as the Schmidt-Lanterman incisures and the paranodal loops¹⁷ and binds to ligands on the axolemma, thus anchoring the myelin sheath to the axon. There is a large body of evidence to support the pathogenic role of anti-MAG antibodies in IgM-associated polyneuropathy. When bound to an antigen, IgM can trigger activation of the complement system, because of its multiple C1q binding sites.¹⁸ Activation of the complement cascade ultimately results in direct and indirect tissue damage through deposition of the complement membrane attack complex (MAC) and the cell-activating and chemotactic properties of complement components.¹⁹ Although systemic biomarkers of complement activation in patients with IgM anti-MAG polyneuropathy are not increased compared with healthy controls (HCs),²⁰ IgM depositions in nerves from these patients colocalize with MAG;^{21,22} complement factors C1q, C3, C5, and C5-C9 (i.e., MAC);^{21,23-26} and pathologic changes.^{26,27} These changes include widening of myelin lamellae, demyelination, axonal atrophy, and decreased neurofilament spacing.²⁶ Human monoclonal IgM anti-MAG serum induced similar morphological changes in passive transfer studies in experimental animals.^{28,29} Some studies found a correlation between the amount of IgM and

complement deposition and the extent of myelin morphological changes.^{24,26,27}

Strategies that reduce anti-MAG titers are successful in a subgroup of patients.^{8,30} The anti-MAG titer before start of treatment with rituximab correlated with treatment response, i.e., responders had higher baseline anti-MAG titers,³⁰ while patients with low baseline anti-MAG titers (even those with high anti-SGPG titers) did not respond to rituximab. This suggests that anti-MAG and not anti-SGPG antibodies determine treatment response. This is further illustrated by a recent meta-analysis that concluded that anti-MAG titers might predict response to treatment.³¹

In a randomized controlled trial (RCT) with rituximab, responding patients had both a higher anti-MAG titer and more sensory impairments,³⁰ suggesting a correlation between anti-MAG titer and sensory deficits, while other studies failed to find a clear correlation between anti-MAG titer and disease severity.^{3,32} The anti-MAG titer and/or the currently used clinical scales may not be sensitive enough to detect small changes and to analyze correlations between the titer and outcome. One other possible explanation is that anti-MAG titers do not properly reflect proinflammatory properties of antibodies, such as complement activation. In the light of recent developments in the treatment of polyneuropathies with complement inhibitors,¹⁹ the exploration of complement inhibitors as novel treatment options for IgM-associated polyneuropathies is warranted. Our objectives were, therefore, to study anti-MAG titers in relation to their complement-activating properties as assessed by 2 *in vitro* systems (one ELISA-based and the other cell-based) and clinical deficits in a large cohort of patients with IgM-associated polyneuropathy.

Methods

Patients and Controls

We enrolled 101 patients who previously gave their consent for participation in the Dutch arm of the international cohort study on IgM-associated polyneuropathy (IMAGiNe).³³ We used previously documented clinical characteristics and retrieved serum samples that had been stored at the biobank of the University Medical Center Utrecht (UMCU) between August 2016 and March 2020. The number of patients with

IgM M protein-associated polyneuropathy during this period determined the sample size. We obtained additional serum samples from HCs through the in-house healthy donor facility of the UMCU. Serum samples of both HCs and patients were heat-inactivated for 30 minutes at 56°C and stored in aliquots at -80°C until used. After thawing, samples were stored at 4°C.

Standard Protocol Approvals, Registrations, and Patient Consents

Written informed consent was obtained from all study participants before inclusion, and this study was approved by the Medical Ethics Assessment Committee of the UMCU (protocol number 16-177).

Clinical Data

Age at onset was defined as the age at which a patient first noticed symptoms of IgM-associated polyneuropathy. Muscle strength was assessed with the Rasch-transformed Medical Research Council (MRC) sum score of 15 muscles, with a maximum total score of 90.³⁴ Sensation was assessed with the modified inflammatory neuropathy cause and treatment (INCAT) sensory sum score, with a maximum sum score of 66.³⁵ Ataxia was assessed using a face/content validity pre-selected list of items originating from the Modified International Cooperative Ataxia Rating Scale and Scale for the Assessment and Rating of Ataxia, with a maximum sum score of 94.^{36,37} Disability was assessed with the Rasch-built Overall Disability Scale (iRODS) for immune-mediated peripheral neuropathies, with a maximum centile sum score of 100.³⁸ Walking ability was assessed with the 10-meter walk test. In case of sum scores, we only used data of patients without missing data.

Nerve conduction studies were performed in 94 of 101 patients using a standardized local protocol. Measured values were available for 93 patients. We used the European Federation of Neurological Societies/Peripheral Nerve Society guideline on management of paraproteinemic demyelinating neuropathies to determine the presence of (distal) demyelinating features.² We compared measured compound motor action potentials and sensory nerve action potentials with lower limits of normal (LLN) and used the percentage of action potentials below LLN as a measure of axonal damage. We stratified patients for axonal damage into tertiles (0–33%, 34%–66%, and 67%–100% of action potential amplitudes below the lower limit of normal).

IgM Anti-MAG Titer Determination

We measured anti-MAG titers using the Bühlmann ELISA (Bühlmann Laboratories AG) according to the manufacturer's instructions. We assessed the optical density (OD) of ELISA plate wells at 450 nm (OD_{450}) using a SpectraMax M3 (Molecular Devices) and used these values to calculate Bühlmann titer units (BTU) using calibrators included in the ELISA kit. We stratified patients for IgM anti-MAG positivity as follows: <1:1,000 negative; 1:1,000–1:10,000 weak positive; 1:10,000–1:70,000 positive; >70,000 strong positive.

IgM Anti-MAG-Mediated Complement Fixation by ELISA

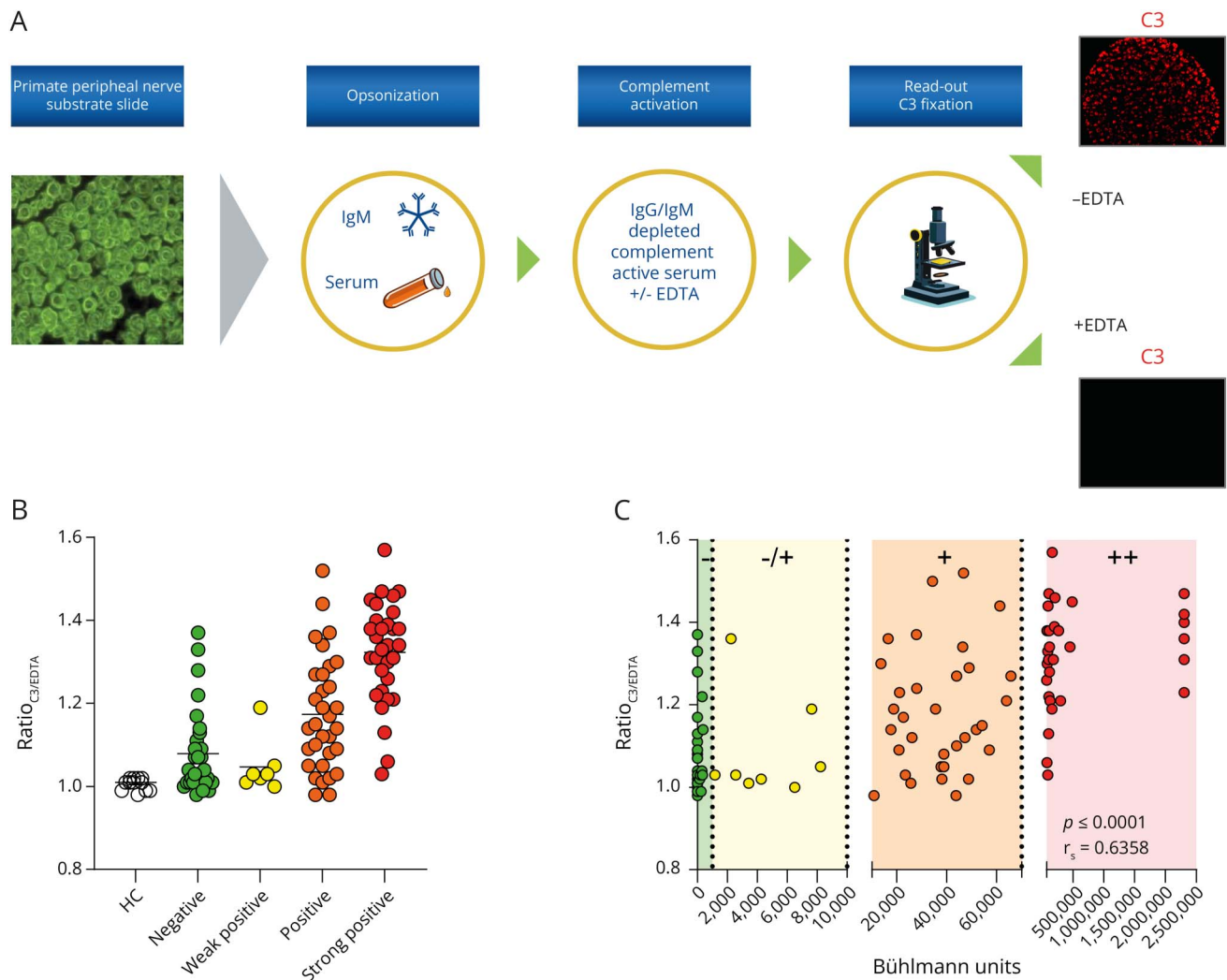
To investigate complement activation, we adapted the Bühlmann ELISA by adding IgG/IgM-depleted serum as a source of complement after the opsonization step with patient serum samples. For each opsonization sample, a negative EDTA control was included to correct for background complement activation and complement activation was depicted as the ratio between the OD_{C3} and the OD_{EDTA} as $ratio_{C3/EDTA}$.

We prediluted heat-inactivated anti-MAG patient serum samples 1:10,000 in incubation buffer and incubated the samples for 1 hour at room temperature (RT). We washed microtiter plates precoated with MAG (4 times using 300 μ L of cold wash buffer) and performed all subsequent washing steps using the same procedure. Next, we added 100 μ L of prediluted patient serum samples to the plate and incubated the plate for 1 hour at RT while shaking (350 rpm). We used IgM/IgG-depleted complement-active serum (Pel-Freez Biologicals) as the source of complement. As an additional negative control, we supplemented the serum with a final concentration of 10 mM EDTA (Lonza). After washing, we added 100 μ L of this serum (i.e., complement source), 80 times diluted in veronal buffer (VB, Lonza) with 0.1% Tween20 (Riedel de Haen), to the plate and incubated the plate for 30 minutes at 37°C. Next, we washed the samples and incubated them with 100 μ L of biotin-labeled polyclonal anti-C3, C3c (MyBioSource), diluted 1:32,000 in incubation buffer for 30 minutes at 37°C, followed by a washing step and incubation with 100 μ L of streptavidin-POD (Roche), and diluted 1:1,000 in incubation buffer, for 30 minutes at RT while shaking (350 rpm). Finally, we washed and incubated the samples with 100 μ L of the 3,3',5,5'-tetramethylbenzidine substrate (Invitrogen) for 2 minutes. This reaction was stopped using 100 μ L of HCl (ThermoFischer). We measured OD_{450} using a SpectraMax M3. To correct for patient-to-patient background activation, complement activation is expressed as the ratio between OD_{450} of C3 fixation and the OD_{450} of the respective negative EDTA control.

Ex Vivo Model to Study IgM Anti-MAG-Mediated Complement Activation

To investigate complement activation in a biologically more relevant model, we assessed C3 fixation using primate peripheral nerve slides. Again, for each patient sample, a negative EDTA control was analyzed in parallel (Figure 1A shows a graphical representation of the experimental procedure). In short, we adapted the ImmuGlo Anti-Myelin Associated Antibody immunofluorescence assay (IFA) kit (Immco Diagnostics) by introducing a serum incubation step (i.e., the addition of a complement source) after the opsonization with heat-inactivated serum of a patient with IgM-associated polyneuropathy. Primate peripheral nerve slides were adapted to RT for at least 10 minutes. Next, we added 50 μ L of the heat-inactivated patient serum sample (100 times diluted in the buffered diluent) to the slide for 30 minutes of incubation at RT. Subsequently, we added

Figure 1 Cell-Based Assay to Study IgM Anti-MAG-Mediated Complement Activation



50 μ L of 15% IgM/IgG-depleted complement-activate serum (diluted in VB), either or not preincubated for 15 minutes at RT with 10 mM EDTA, to the slides for 30 minutes at RT. Next, we added 50 μ L of goat anti-human C3 (MyBioSource, 1:2,000 diluted in assay buffer) and Cholera Toxin Subunit B Alexa FluorTM 488 as counterstain (ThermoFischer, 1:500 diluted in assay buffer) to the slide for 30 minutes at RT. Finally, slides were incubated with 50 μ L of streptavidin-allophycocyanin (eBiosciences, 1:1,000 diluted in assay buffer) for 30 minutes at RT. After staining, slides were mounted on a coverslip using 3 drops of the evenly spaced mounting medium. We performed all incubation steps in a humidity chamber, and after each of the abovementioned steps, slides were washed in phosphate-buffered saline (PBS) for 10 minutes by submerging in a Coplin jar. We then blotted the slides against tissue paper to remove excess PBS. We analyzed the slides using a Zeiss Z1 microscope with Colibri LEDs with the following settings: $\times 20$ magnification, ~ 1.75 V, 10 ms transmitted light differential interference contrast, 25% LED, 100 ms for the

allophycocyanin channel. Results were measured by taking 5 pictures throughout the nerve area. For image quantification and normalization, we calculated the mean gray value (MGV) of the C3 (red) channel using ImageJ FIJI analysis software. To correct for patient-to-patient background activation, we measured an EDTA control after opsonization with the respective IgM anti-MAG patient serum. Complement activation is expressed as the ratio between the MGV of C3 fixation and the MGV of the respective negative EDTA control.

Statistical Analysis

We used GraphPad Prism 9 for data analysis and visualization of experimental data. We used R version 4.2.2 for data analysis of clinical data. For descriptive statistics, we used medians with range and interquartile range because outcomes were not normally distributed. In cases where the specific outcome is not observed in every patient, percentages are presented as the ratio of the outcome data that is available. We compared continuous data between groups with the Mann-Whitney U

test. Correlations between continuous data were analyzed using a Spearman rank correlation test. We confined analyses with compound outcome measures (INCAT sensory sum score, MRC distal sum score, and the ataxia score), to patients without missing data. Because of the exploratory character of the analysis, we did not correct p values for multiple testing.

Data Availability

Anonymized data not published within this article will be shared on request from qualified investigators and completion of data and material transfer agreements.

Results

Patient Characteristics and IgM Anti-MAG Antibody Titers

Because the IMAGiNe cohort consists of patients who fulfill the international criteria for IgM monoclonal gammopathy-associated peripheral neuropathy, with or without anti-MAG antibodies,³³ we first sought to determine IgM anti-MAG antibody titers in 101 IMAGiNe patient serum samples. Titers were obtained using the Bühlmann anti-MAG ELISA and expressed as BTU. A total of 31 of 101 patients presented with BTU <1,000 (green) and were designated IgM anti-MAG negative. 7 patients were found to be weakly positive (yellow, between 1,000 and 10,000 BTU), 32 patients were positive (orange, between 10,000 and 70,000 BTU), and 31 patients were strongly positive (red, >70,000 BTU). Figure 2A presents a graphical representation of the titer units and patient distribution. All values > 70,000 were extrapolated from the calibration curve and capped at a max of 2,303,333 BTU. Clinical characteristics are summarized in Table 1.

Complement Activation in Relation to IgM Anti-MAG Antibody Titers

We found a clear increase in complement activation when patients were stratified according to IgM anti-MAG titer

positivity. No increase in the ratio_{C3/EDTA} was detected for the IgM anti-MAG-negative patients using the anti-MAG ELISA setup while the strongest increase was observed for the strong positive IgM anti-MAG titer group (Figure 2B). Overall, we observed a strong correlation between anti-MAG units and complement activation ($r_s = 0.8007$, $p < 0.0001$ Figure 2C).

In the cell-based method, we observed no increase in complement activation after opsonization with HC serum samples. Both negative and weakly positive IgM anti-MAG patients showed an increase in the mean ratio_{C3/EDTA} compared with 12 HC serum samples. Of interest, despite being IgM anti-MAG negative, a strong increase in complement activation was observed for selected patients, indicating that autoantibodies directed against other antigens than MAG could contribute to overall complement activation (Figure 1B). Using this cell-based method, we found even more pronounced variability in complement activation within anti-MAG titer groups, in comparison with the ELISA-based detection method. Consequently, the correlation (Spearman rank correlation test) between IgM anti-MAG titers and complement activation was weaker for the cell-based assay ($r_s = 0.6579$, $p < 0.0001$) than for the ELISA-based system ($r_s = 0.8007$, $p < 0.0001$) (Figure 1C).

Correlations Between Anti-MAG Titer and Clinical Characteristics

We analyzed whether anti-MAG Bühlmann ELISA titers correlated with clinical characteristics. Only the ataxia sum score showed a weak level of correlation with anti-MAG titers, although this was no longer significant when taking into account the level of axonal damage (Table 2).

Correlations Between Complement Deposition and Clinical Characteristics

Because of the large variation in complement-activating properties of patients with IgM anti-MAG polyneuropathy

Figure 2 ELISA-Based Essay to Study IgM Anti-MAG-Mediated Complement Activation

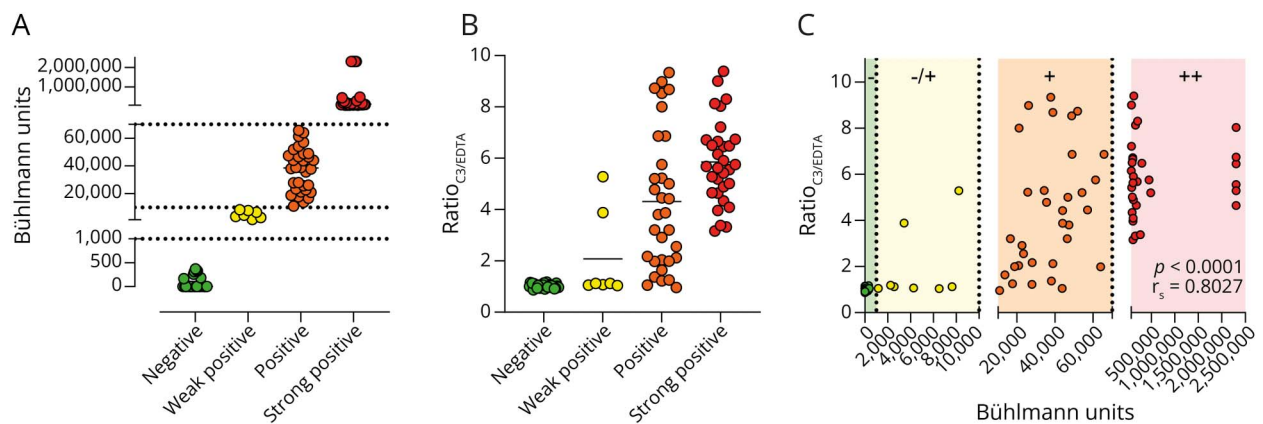


Table 1 Patient Characteristics

	Patients (n = 101)
Age at onset (y)	58 (101; 36–85; 17)
Age at inclusion (y)	69 (101; 44–86; 10)
Disease duration at inclusion (y)	4 (100; 0–25; 7.25)
Sex, male	76 (75.2)
Anti-MAG antibodies (titer $\geq 10,000$ BTU)	63 (62.4)
Anti-ganglioside antibodies (GM1, GM2, GQ1b or GD1a)	8 (8.2)
M-protein level ≥ 1 g/L	32 (32.7)
IgM kappa/IgM lambda	64 (75.3)/13 (15.3)
IgM kappa + IgM lambda	8 (9.4)
Nerve conduction studies available	93 (92.1)
Demyelination (nerve conduction studies)	63 (67.0)
Previous IVIG treatment	27 (26.7)
Previous rituximab treatment	55 (54.5)
Previous cytostatic treatment (e.g., cyclophosphamide)	17 (16.8)
Tremor	55 (60.4)
Ataxia sum score	18 (85; 0–63; 20)
Rasch-transformed MRC sum score	84 (101; 34–90; 8)
INCAT-modified sensory sum score	14 (73; 0–42; 10)
iRODS centile sum score	69 (91; 27–100; 23)
10-meter walk test	7.8 (91; 4.4–21.0; 3,3)

Abbreviations: BTU = Bühlmann titer units; CMAP = compound motor action potential; INCAT = inflammatory neuropathy cause and treatment; IVIG = IV immunoglobulin; LLN = lower limit of normal; MAG = myelin-associated glycoprotein; MRC = Medical Research Council; SNAP = sensory nerve action potential.

Data are median (n; minimum-maximum; interquartile range) or number (%).

with similar anti-MAG ELISA titers, we evaluated correlations of complement deposition with clinical characteristics (Table 3). There were no significant correlations. A sub-analysis with only distal musculature did not alter the correlation between complement deposition and muscle strength.

We did not find correlations between complement deposition and clinical outcomes of the 40 patients with anti-MAG antibodies (titer $\geq 10,000$ BTU) and nerve conduction studies that showed predominantly distal demyelination, the presence of postural tremor, or the response to treatment with IVIg or rituximab (Table 3). The levels of axonal damage in anti-MAG patients did not influence these correlations.

The group of 13 patients without anti-MAG antibodies (BTU $< 10,000$ BTU) but with complement deposition (IFA

Table 2 Correlations Between Anti-MAG ELISA Titer and Outcome Measures

	Correlation with anti-MAG ELISA titer
INCAT sensory sum score (n = 101)	NS ($r_s = 0.18, p = 0.13$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = 0.04, p = 0.80$)
iRODS centile sum score	NS ($r_s = -0.06, p = 0.58$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.18, p = 0.17$)
Ataxia sum score	$r_s = 0.22, p = 0.04$
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	$r_s = 0.34, p = 0.02$
MRC sum score (Rasch-transformed)	NS ($r_s = -0.12, p = 0.22$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.16, p = 0.21$)
10-meter walk test	NS ($r_s = 0.15, p = 0.17$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.05, p = 0.70$)

Abbreviations: BTU = Bühlmann titer units; MAG = myelin-associated glycoprotein; NS = not significant.

Analyses were performed with Spearman rank correlation tests.

C3/EDTA ratio ≥ 1.1) did not differ in clinical outcomes from the group of 9 patients with anti-MAG antibodies (BTU $\geq 10,000$ BTU) but without complement deposition (IFA C3/EDTA ratio < 1.1), as summarized in Table 4.

Discussion

In this study, we further investigated the immunopathogenesis of IgM-associated polyneuropathy, in particular the relation between MAG antibody titers and complement deposition using 2 in vitro assays in a large patient cohort. Moreover, we explored the correlation between these immunologic tests and clinical characteristics. Our findings demonstrate that anti-MAG titers and complement activation correlate in both in vitro systems, but with large variability among patients with similar antibody titers. This variability was greater in the cell-based compared with the ELISA-based system, which may reflect the higher biological complexity of the cell-based system, including the expression of antigens other than MAG, but relevant in IgM-associated polyneuropathy. Other antigens sharing the HNK-1 epitope with MAG, such as SGPG, may serve as targets for complement-activating antibodies in patients without detectable MAG antibodies but with high complement activation.

The colocalization of MAG, IgM, and complement in peripheral nerves of patients with IgM-associated polyneuropathy, along

Table 3 Correlations Between C3/EDTA Ratio (IFA and ELISA) and Outcome Measures

Outcome	Correlation with C3/EDTA ratio (IFA)	Correlation with C3/EDTA ratio (ELISA)
INCAT sensory sum score (n = 101)	NS ($r_s = 0.04, p = 0.71$)	NS ($r_s = 0.12, p = 0.29$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.03, p = 0.81$)	NS ($r_s = 0.01, p = 0.95$)
Anti-MAG titer $< 10,000$ BTU (n = 38)	NS ($r_s = -0.15, p = 0.48$)	NS ($r_s = 0.07, p = 0.72$)
Anti-MAG titer $\geq 10,000$ BTU and distal demyelination (n = 40)	NS ($r_s = -0.04, p = 0.82$)	NS ($r_s = 0.07, p = 0.70$)
Anti-MAG titer $\geq 10,000$ BTU and tremor (n = 31)	NS ($r_s = -0.18, p = 0.41$)	NS ($r_s = -0.02, p = 0.91$)
Anti-MAG titer $\geq 10,000$ BTU and no tremor (n = 25)	NS ($r_s = -0.10, p = 0.69$)	NS ($r_s = -0.22, p = 0.37$)
Anti-MAG titer $\geq 10,000$ BTU and response after IVIG (n = 7)	NS ($r_s = -0.43, p = 0.42$)	NS ($r_s = -0.71, p = 0.14$)
Anti-MAG titer $\geq 10,000$ BTU and no response after IVIG (n = 12)	NS ($r_s = -0.08, p = 0.83$)	NS ($r_s = -0.09, p = 0.81$)
Anti-MAG titer $\geq 10,000$ BTU and response after rituximab (n = 16)	NS ($r_s = 0.39, p = 0.24$)	NS ($r_s = -0.01, p = 0.98$)
Anti-MAG titer $\geq 10,000$ BTU and no response after rituximab (n = 24)	NS ($r_s = -0.03, p = 0.92$)	NS ($r_s = -0.18, p = 0.50$)
iRODS centile sum score	NS ($r_s = -0.02, p = 0.84$)	NS ($r_s = -0.01, p = 0.89$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.06, p = 0.68$)	NS ($r_s = -0.08, p = 0.56$)
Anti-MAG titer $< 10,000$ BTU (n = 38)	NS ($r_s = -0.16, p = 0.36$)	NS ($r_s = 0.07, p = 0.68$)
Anti-MAG titer $\geq 10,000$ BTU and distal demyelination (n = 40)	NS ($r_s = -0.08, p = 0.65$)	NS ($r_s = -0.01, p = 0.94$)
Anti-MAG titer $\geq 10,000$ BTU and tremor (n = 31)	NS ($r_s = -0.15, p = 0.44$)	NS ($r_s = 0.16, p = 0.40$)
Anti-MAG titer $\geq 10,000$ BTU and no tremor (n = 25)	NS ($r_s = 0.20, p = 0.38$)	NS ($r_s = -0.26, p = 0.25$)
Anti-MAG titer $\geq 10,000$ BTU and response after IVIG (n = 7)	NS ($r_s = -0.11, p = 0.81$)	NS ($r_s = 0.24, p = 0.61$)
Anti-MAG titer $\geq 10,000$ BTU and no response after IVIG (n = 12)	NS ($r_s = -0.19, p = 0.56$)	NS ($r_s = 0.14, p = 0.67$)
Anti-MAG titer $\geq 10,000$ BTU and response after rituximab (n = 16)	NS ($r_s = 0.01, p = 0.97$)	NS ($r_s = -0.06, p = 0.83$)
Anti-MAG titer $\geq 10,000$ BTU and no response after rituximab (n = 24)	NS ($r_s = -0.02, p = 0.91$)	NS ($r_s = -0.01, p = 0.97$)
Ataxia sum score	NS ($r_s = 0.10, p = 0.35$)	NS ($r_s = 0.20, p = 0.07$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = 0.15, p = 0.28$)	NS ($r_s = 0.21, p = 0.14$)
Anti-MAG titer $< 10,000$ BTU (n = 38)	NS ($r_s = 0.07, p = 0.69$)	NS ($r_s = 0.21, p = 0.14$)
Anti-MAG titer $\geq 10,000$ BTU and distal demyelination (n = 40)	NS ($r_s = 0.13, p = 0.47$)	NS ($r_s = 0.27, p = 0.12$)
Anti-MAG titer $\geq 10,000$ BTU and tremor (n = 31)	NS ($r_s = 0.14, p = 0.49$)	NS ($r_s = 0.07, p = 0.73$)
Anti-MAG titer $\geq 10,000$ BTU and no tremor (n = 25)	NS ($r_s = -0.15, p = 0.54$)	NS ($r_s = 0.20, p = 0.39$)
Anti-MAG titer $\geq 10,000$ BTU and response after IVIG (n = 7)	NS ($r_s = -0.16, p = 0.76$)	NS ($r_s = -0.38, p = 0.46$)
Anti-MAG titer $\geq 10,000$ BTU and no response after IVIG (n = 12)	NS ($r_s = 0.54, p = 0.13$)	NS ($r_s = -0.07, p = 0.88$)
Anti-MAG titer $\geq 10,000$ BTU and response after rituximab (n = 16)	NS ($r_s = 0.01, p = 0.97$)	NS ($r_s = 0.62, p = 0.03$)
Anti-MAG titer $\geq 10,000$ BTU and no response after rituximab (n = 24)	NS ($r_s = 0.42, p = 0.07$)	NS ($r_s = -0.17, p = 0.49$)
MRC sum score (Rasch-transformed)	NS ($r_s = -0.09, p = 0.36$)	NS ($r_s = -0.05, p = 0.60$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.14, p = 0.26$)	NS ($r_s = -0.08, p = 0.55$)
Anti-MAG titer $< 10,000$ BTU (n = 38)	NS ($r_s = -0.05, p = 0.76$)	NS ($r_s = 0.10, p = 0.53$)
Anti-MAG titer $\geq 10,000$ BTU and distal demyelination (n = 40)	NS ($r_s = -0.14, p = 0.41$)	NS ($r_s = -0.15, p = 0.35$)
Anti-MAG titer $\geq 10,000$ BTU and tremor (n = 31)	NS ($r_s = -0.25, p = 0.17$)	NS ($r_s = 0.11, p = 0.56$)
Anti-MAG titer $\geq 10,000$ BTU and no tremor (n = 25)	NS ($r_s = 0.12, p = 0.58$)	NS ($r_s = -0.17, p = 0.42$)
Anti-MAG titer $\geq 10,000$ BTU and response after IVIG (n = 7)	NS ($r_s = -0.13, p = 0.78$)	NS ($r_s = 0.56, p = 0.19$)

Continued

Table 3 Correlations Between C3/EDTA Ratio (IFA and ELISA) and Outcome Measures (continued)

Outcome	Correlation with C3/EDTA ratio (IFA)	Correlation with C3/EDTA ratio (ELISA)
Anti-MAG titer $\geq 10,000$ BTU and no response after IVIG (n = 12)	NS ($r_s = 0.02, p = 0.96$)	NS ($r_s = -0.30, p = 0.34$)
Anti-MAG titer $\geq 10,000$ BTU and response after rituximab (n = 16)	NS ($r_s = -0.36, p = 0.17$)	NS ($r_s = -0.39, p = 0.13$)
Anti-MAG titer $\geq 10,000$ BTU and no response after rituximab (n = 24)	NS ($r_s = 0.04, p = 0.85$)	NS ($r_s = -0.02, p = 0.93$)
10-meter walk test	NS ($r_s = 0.04, p = 0.69$)	NS ($r_s = 0.14, p = 0.17$)
Anti-MAG titer $\geq 10,000$ BTU (n = 63)	NS ($r_s = -0.05, p = 0.70$)	NS ($r_s = 0.05, p = 0.69$)
Anti-MAG titer $< 10,000$ BTU (n = 38)	NS ($r_s = 0.02, p = 0.92$)	NS ($r_s = 0.24, p = 0.18$)
Anti-MAG titer $\geq 10,000$ BTU and distal demyelination (n = 40)	NS ($r_s = 0.00, p = 0.99$)	NS ($r_s = 0.00, p = 0.99$)
Anti-MAG titer $\geq 10,000$ BTU and tremor (n = 31)	NS ($r_s = -0.11, p = 0.57$)	NS ($r_s = 0.03, p = 0.89$)
Anti-MAG titer $\geq 10,000$ BTU and no tremor (n = 25)	NS ($r_s = -0.14, p = 0.19$)	NS ($r_s = 0.01, p = 0.98$)
Anti-MAG titer $\geq 10,000$ BTU and response after IVIG (n = 7)	NS ($r_s = 0.06, p = 0.89$)	NS ($r_s = -0.09, p = 0.85$)
Anti-MAG titer $\geq 10,000$ BTU and no response after IVIG (n = 12)	NS ($r_s = 0.48, p = 0.16$)	NS ($r_s = 0.28, p = 0.43$)
Anti-MAG titer $\geq 10,000$ BTU and response after rituximab (n = 16)	NS ($r_s = 0.30, p = 0.26$)	NS ($r_s = 0.33, p = 0.21$)
Anti-MAG titer $\geq 10,000$ BTU and no response after rituximab (n = 24)	NS ($r_s = -0.18, p = 0.44$)	NS ($r_s = -0.08, p = 0.75$)

Abbreviations: BTU = Bühlmann titer units; IFA = immunofluorescence assay; MAG = myelin-associated glycoprotein; NS = not significant. Analyses were performed with Spearman rank correlation tests.

with the association of antibody-complement deposits and the extent of morphological changes, strongly suggests a pathogenesis where antibody-complement interaction is involved. Consequently, complement-activating properties of anti-MAG IgM, rather than the titer level, may be most important in the pathology of IgM-associated polyneuropathy. However, unlike in multifocal motor neuropathy (MMN), where IgM anti-GM1 titers and their complement-activating properties correlate with patient weakness,^{39,40} we found no correlations between complement activation and clinical characteristics in IgM-associated polyneuropathy. This suggests that complement activation may not directly influence clinical characteristics in IgM-associated polyneuropathy. The lack of convincing long-term effects from IV immunoglobulin treatment in IgM anti-MAG polyneuropathy,⁴¹ which inhibits complement,⁴² compared with its effectiveness in MMN,⁴³ further supports

this hypothesis. The absence of correlations between complement activation and clinical characteristics may also be attributed to other factors: the cross-sectional study design, the variable presence of concomitant axonal damage, or the potential insensitivity of currently used clinical scales for IgM-associated polyneuropathy.

The anti-MAG titer may correlate with the level of sensory impairment in a prospective controlled study,³⁰ although this correlation was not observed in another study.³² Correlations between anti-MAG and other clinical characteristics seem to be absent,³² with no clear association between titer level and disease severity in retrospective studies.^{3,4} In our study, we also found no significant correlations between anti-MAG titer levels and clinical characteristics, with the possible exception of the ataxia sum score. One possible explanation for these

Table 4 Mann-Whitney *U* Test Between Anti-MAG_{neg}/IFA_{C3/EDTA} ≥ 1.1 (n = 13) and Anti-MAG_{pos}/IFA_{C3/EDTA} < 1.1 (n = 9)

Outcome	Mann-Whitney <i>U</i> test between anti-MAG _{neg} /IFA _{C3/EDTA} ≥ 1.1 and anti-MAG _{pos} /IFA _{C3/EDTA} < 1.1
INCAT sensory sum score	$p = 0.86$
iRODS centile sum score	$p = 0.99$
Ataxia sum score	$p = 0.49$
MRC sum score (Rasch-transformed)	$p = 0.92$
10-meter walk test	$p = 0.50$

Abbreviations: IFA = immunofluorescence assay; INCAT = inflammatory neuropathy cause and treatment; MAG = myelin-associated glycoprotein; MRC = Medical Research Council.

conflicting results is that current anti-MAG ELISAs may identify a range of antibodies predominated by ones that do not contribute to IgM-associated polyneuropathy pathogenesis. Antibodies specifically targeting the HNK-1 epitope might be more relevant because HNK-1 antibody titers have shown correlations with multiple clinical characteristics in a study with a small patient sample.³² This suggests that a more sensitive antibody marker than anti-MAG is needed to distinguish relevant patient subgroups. Given the strong correlation between complement activation and anti-MAG titer and the absence of correlations between anti-MAG titer and clinical characteristics in our study, the lack of correlation between complement activation and clinical characteristics might also stem from the uncertain correlation between anti-MAG titer and clinical characteristics. Therefore, a follow-up study investigating correlations between anti-HNK1 and other epitopes such as anti-SGPG is needed to determine whether similar results with a lack of correlation are observed with these antibodies.

Our results do not support the application of anticomplement treatments in IgM-associated polyneuropathies. Although the lack of correlations might stem from inadequate sensitivity of clinical scales, RCTs with rituximab^{30,44} did demonstrate a treatment effect on some clinical scales. While B-cell targeting therapies have demonstrated effectiveness in a subset of IgM anti-MAG patients, there is no information on the potential effectiveness of complement inhibitors in IgM-associated polyneuropathies. Provided with the immunologic evidence of complement involvement, this knowledge gap should be bridged by prospective treatment data. A clinical trial comparing the efficacy of rituximab and complement inhibition in decreasing IgM anti-MAG related disability would probably help to fill this gap.

We acknowledge that this study has limitations, primarily its cross-sectional rather than longitudinal design combined with a wide variation in disease duration (median of 4 years, ranging up to 25 years). However, this is an inherent challenge in studying rare diseases. Although subgroup analyses with different levels of axonal damage had no influence on the correlations, electrophysiologic data were limited with only cross-sectional data availability and heterogeneous durations between nerve conduction studies and serum sampling. The progressive nerve damage and associated concomitant axonal loss could complicate or even preclude the detection of meaningful correlations. The strengths of this study include its relatively large sample size, systematic and extensive patient characterization, and detailed immunologic analyses.

Anti-MAG antibody titers correlate with the level of complement deposition in 2 in vitro systems, but with large variability among patients. We found no significant correlations between complement deposition and outcome measures. We also found no significant correlations between anti-MAG titer

and outcome measures. Our results do not support the application of complement inhibitors in the treatment of IgM-associated polyneuropathy. With immunologic evidence of complement involvement, clinical applications of complement inhibitors should be investigated prospectively, ideally with trial designs to compare efficacy with B-cell targeting therapies.

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Continued

Appendix 1 (continued)

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Appendix 2 Coinvestigators

Coinvestigators are listed at [Neurology.org/NN](https://www.neurology.org/NN).

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