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Bacteroides thetaiotaomicron **enhances H2S production in** *Bilophila wadsworthia*

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ABSTRACT

Sulfate- and sulfite-reducing bacteria (SRB) are a group of strict anaerobes found within the human gut. *Bilophila wadsworthia*, a sulfite-reducing bacterium which produces hydrogen sulfide (H2S) from taurine and isethionate respiration, is a common member of the healthy commensal human gut microbiota but has been implicated in several disease states including inflammatory bowel disease and colorectal cancer. *Bacteroides thetaiotaomicron*, one of the most prominent gut bacteria, has sulfatases which release sulfate, serving as a potential substrate for sulfate-reducing bacteria. Here, we showed that when *B. thetaiotaomicron* and *B. wadsworthia* were in co-culture, there was a significant increase in *B. thetaiotaomicron's* growth and in H₂S production by *B. wadsworthia*. Differential gene expression analysis revealed increased expression of *B. wadsworthia*'s *dsrMKJOP* complex in co-culture, which delivers electrons for sulfite reduction to H2S. This was accompanied by a decreased expression of genes associated with taurine, sulfolactate, and thiosulfate respiration, indicating that *B. thetaiotaomicron* may provide an alternative source of sulfite to *B. wadsworthia*. We hypothesized adenosine 5'-phosphosulfate (APS) to be this intermediate. Indeed, *B. wadsworthia* was able to grow using APS or sulfite as electron acceptors. Endometabolomic and transcriptomic analyses revealed decreased production of indole by *B. thetaiotaomicron* in co-culture with *B. wadsworthia* due to enhanced tryptophan utilization by *B. wadsworthia*. The results of this microbe−microbe interaction could have significant proinflammatory effects in the human gut environment.

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Introduction

Sulfate- and sulfite-reducing bacteria (SRB) comprise a group of strict anaerobes and are found within the colonic mucosa as part of the commensal gut microbiota in at least 50% of humans 1,2 1,2 1,2 . SRB utilize inorganic sulfate (SO_4^2) or sulfite (SO_3^2) as a terminal electron acceptor during energy metabolism, a process which occurs concomitantly with oxidation of molecular hydrogen or organic compounds. Hydrogen sulfide (H_2S) is the final product of dissimilatory sulfate reduction by $SRB³$ and can freely diffuse across cell membranes.⁴ H_2S is recognized as a hazardous product as it is both corrosive and toxic to many organs even at low concentrations.[5](#page-15-4) Classical sulfate-reducing bacteria reduce sulfate to sulfite via sulfate adenylyltransferase (Sat) and adenylylsulfate reductase $(AprAB)^6$ (Figure S1). Sulfite then enters the dissimilatory sulfite reduction pathway. *Bilophila wadsworthia* is a Gram-negative member of the SRB, first

identified in 1989 from gangrenous and perforated appendicitis samples.[7](#page-15-6) Unlike other SRB, *B. wadsworthia* cannot utilize sulfate,^{[7](#page-15-6)-9} and instead degrades organosulfate compounds such as taurine, isethionate, and sulfoquinovase, generating H_2S as a by-product.^{[10,](#page-15-8)[11](#page-15-9)} In contrast, the majority of living organisms have the assimilatory sulfate reduction pathway.^{[12](#page-15-10)} This involves the reduction of sulfate to APS via sulfate adenylyltransferase (Sat), which is then converted to phosphoadenosine phosphosulfate (PAPS) via adenylylsulfate kinase/APS kinase. PAPS is then reduced to sulfite by phosphoadenosine phosphosulfate (PAPS) reductase, and the sulfite is then converted to H_2S by assimilatory sulfite reductase¹² (Figure S1).

B. wadsworthia is present in the feces of 50–60% of healthy individuals, 13 and can also be isolated from buccal and vaginal samples.[14](#page-15-12) *B. wadsworthia* is considered to be virulent, as it is the third most

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common anaerobic isolate from appendicitis samples and appears to be clinically important in a variety of anaerobic infections.[15](#page-15-13) Furthermore, it exhibits endotoxic activity, 16 and is adherent to human embryonic intestinal cells *in vitro*. [17](#page-15-15) Association studies in humans have linked *B. wadsworthia* enrichment in the gut with many diseases including colorectal cancer,^{[18](#page-15-16)} multiple sclerosis,¹⁹ Parkinson's disease,²⁰ dementia,^{[21](#page-15-19)} nonalcoholic steatohepatitis, 22 intrahepatic cholestasis in pregnancy, 23 diabetic kidney disease, 24 and schizophrenia.[25](#page-16-3) Additionally, it was demonstrated that a human stool-derived *B. wadsworthia* strain was able to induce systemic inflammation in specific-pathogen-free mice.[26](#page-16-4) Given *B. wadsworthia*'s status as a potential pathobiont in the human gut, it is important to investigate the factors that influence its abundance and function.

Bacteroides thetaiotaomicron is a Gram-negative obligate anaerobe within the Bacteroidaceae family.²⁷ Originally isolated from the feces of a healthy adult[,27](#page-16-5) *B. thetaiotaomicron* is highly abundant constituting $1-6\%$ of the total bacteria²⁸ with a 46% prevalence²⁹ and is a key commensal member of the human gut microbiota. *B. thetaiotaomicron* plays a major role in the human gut, including modulation of the host mucosal immune system,³⁰ and utilization of a wide range of polysaccharides.³¹ Some of these polysaccharides can be host-derived and include glycosaminoglycans such as chondroitin sulfate, mucin, hyaluronate, and heparan sulfate. 32 The degradation of polysaccharides yields simple sugars for fermentation, resulting in the production of beneficial short-chain organic acids including acetate, lactate, succinate, and propionate^{[33](#page-16-11)}; *B. thetaiotaomicron* has also been shown to support the growth of butyrateproducing *Anaerostipes caccae in vitro*. [34](#page-16-12) Shortchain fatty acids (SCFAs) are a valuable source of energy for human colonocytes and aid in maintaining healthy barrier function.[35](#page-16-13) *B. thetaiotaomicron* encodes 28 sulfatases which can cleave sulfated residues of the host glycosaminoglycans to yield free sulfate in the mouse $gut.^{36}$ By increasing the availability of free sulfate *in vivo*, *B. thetaiotaomicron* sulfatase activity could permit increased sulfate reduction and H_2S production by SRB.³⁷ Indeed, *B. thetaiotaomicron* and *Desulfovibrio piger*, a SRB,

can co-colonize the gut, with *B. thetaiotaomicron* providing free sulfate to *D. piger* and promoting H_2S production both *in vitro* and *in vivo*². Additionally, *B. thetaiotaomicron* generates hydrogen during polysaccharide fermentation and molecular hydrogen, which is used by hydrogenotrophs, including SRB, as an electron donor.^{[38,](#page-16-16)[39](#page-16-17)} Given these established interactions with other SRBs, we aimed to further investigate the dynamics between *B. thetaiotaomicron* and *B. wadsworthia*. Here, we used transcriptomics and metabolomics to explore the mechanisms underpinning the interaction of *B. wadsworthia* and *B. thetaiotaomicron* during anaerobic co-culture.

Results and discussion

Co-culture of **B. wadsworthia** *and* **B. thetaiotaomicron** *boosts H2S production*

B. wadsworthia (QI0013) and three *B. thetaiotaomicron* strains (QI0072, DSM 108160 and DSM 108161) were grown anaerobically in monocultures and co-cultures on synthetic (BPM, see methods) media supplemented with 10 mM taurine at a 1:1 ratio (10^6 colony) forming units (CFU)/mL inoculation density). At 8 hours post-inoculation, a significant increase in H_2S concentration was observed when *B. wadsworthia* was in pairwise coculture with the *B. thetaiotaomicron* strains compared to *B. wadsworthia* monoculture ([Figure 1\(a\)\)](#page-2-0) while *B. wadsworthia* abundance remained unaffected by the co-cultures ([Figure 1\(b\)\)](#page-2-0). The elevated H_2S levels were attributed to a significantly increased H_2S production per *B. wadsworthia* cell when in coculture with each of the three *B. thetaiotaomicron* strains [\(Figure 1\(c\)](#page-2-0)). Interestingly, the interaction also appeared to benefit *B. thetaiotaomicron*, as all three strains grew to significantly higher abundance when in co-culture with *B. wadsworthia* ([Figure 1\(d\)](#page-2-0)).

To gain further insights into the potential mechanism that increases H_2S production in *B. wadsworthia*, we selected *B. thetaiotaomicron* strain QI0072 ([Figure 1\(e-f\)\)](#page-2-0) and used transcriptomic and metabolomic analysis of the mono and

Figure 1. Co-culture of *B. wadsworthia* (Bw) QI0013 and *B. thetaiotaomicron* (Bt). a) H2S concentrations (µM) at 8 h of *B. wadsworthia* in monoculture or in co-culture with *B. thetaiotaomicron* QI0072, DSM 108160, and DSM 108161. b) Cell counts of *B. wadsworthia* at 8 h post-inoculation measured via qPCR. c) H2S concentration (µM) per 106 *B. wadsworthia* cells at 8 h. d) Cell counts of *B. thetaiotaomicron* at 8 h post-inoculation measured via qPCR. Each point represents a culture replicate (*n* = 7). In the negative control bacterial cells were not added. e-f) the cell numbers were tracked over time for the co-culture of *B wadsworthia* QI0013 and *B. thetaiotaomicron* QI0072. Horizontal lines represent average, and error bars represent SD. Results of unpaired t-tests are shown where **= $p \le 0.01$, ***= $p \le$ 0.001, ****= $p \le 0.0001$.

co-cultures at 8 h to investigate their activity. The most impacted pathways are discussed below.

Respiration of sulfite via hydrogen or lactate by **B. wadsworthia** *was increased in co-culture*

In the co-culture, four genes associated with sulfur metabolism leading to H_2S production in *B. wadsworthia* were overexpressed ([Figure 2\(a\)](#page-3-0), Table S1). These genes are part of the dissimilatory sulfite reductase protein complex (*dsrMKJOP*), including *dsrM* (WCP94_001671), *dsrK* (WCP94_001670), *dsrO* (WCP94_001668), and *dsrP* (WCP94_001667) (Table S1). When *B. wadsworthia* respires taurine, sulfite $\left(\mathrm{SO}_3^{-2\text{-}}\right)$ generated enters the dissimilatory sulfite reduction pathway and is further reduced by DsrAB to produce H2S (Figure S1). Expression of *dsrMKJOP* can be increased under H_2 -rich growth conditions in D. vulgaris^{[40](#page-16-18)}; the observed up-regulation in coculture may suggest a higher bioavailability of H_2 to *B. wadsworthia*. *B. thetaiotaomicron* can generate hydrogen (H_2) during polysaccharide fermentation^{[41](#page-16-19)}; therefore, *B. wadsworthia* could utilize this directly as an electron donor during dissimilatory sulfite reduction.^{[38,](#page-16-16)42} The increased expression of *dsrMKOP* in co-culture alludes to sulfite utilization as an electron acceptor, potentially leading to increased H_2S production.

In addition to hydrogen, lactate can be utilized as an electron donor for the respiration of sulfite^{[10,](#page-15-8)[43](#page-16-21),44} ([Figure 3\)](#page-4-0). Interestingly, two genes encoding lactate permeases were overexpressed in co-culture (WCP94_002306, WCP94_000357) in *B. wadsworthia* (Table S1), suggesting enhanced utilization of lactate. The presence of different electron donors might contribute to the increased expression of *dsrMKJOP* in *B. wadsworthia* under co-culture conditions, leading to a higher H_2S production as a by-product. Taken together, the transcriptomic data revealed an increased capacity for uptake and utilization of hydrogen and

Figure 2. Differentially expressed genes (DEGs) of *B. wadsworthia* and *B. thetaiotaomicron* in co-culture versus monoculture. a) DEGs in *B. wadsworthia*. b) DEGs in *B. thetaiotaomicron*. Bar charts show numbers of DEGs increased (green) and decreased (red) in expression in co-culture relative to the respective monoculture in each functional gene class as annotated in BV-BRC.

lactate in *B. wadsworthia* in co-culture with *B. thetaiotaomicron*; both compounds are key electron donors for dissimilatory sulfite reduction. This is in line with increased H_2S concentration by *B. wadsworthia* in co-culture ([Figure 1\(a\)](#page-2-0)).

Surprisingly, the gene cluster associated with taurine metabolism exhibited reduced expression

in the co-culture, despite the observed increase in $H₂S$ concentration. This gene cluster includes taurine pyruvate dehydrogenase (*tpa*, WCP94_00949), alanine dehydrogenase (*ald*, WCP94_00950) and sulfoacetaldehyde reductase (*sarD*, WCP94_00947)¹⁰ (Figure S1, [Figure 3,](#page-4-0) Table S1). It has been shown that expression of these enzymes is elevated in *B. wadsworthia* cells grown in taurine,

Figure 3. Model of cross-feeding interaction between *B. wadsworthia* and *B. thetaiotaomicron*. Enzymes are shown in colors corresponding to transcriptomic data: green showed increased gene expression in co-culture; red showed decreased expression in coculture; gray showed no change in expression between co-culture and monoculture. The blue star represents a putative enzyme where functionality is unproven. The dotted line represents a putative cross-feeding mechanism. Dashed lines represent electron transfer.

but not in isethionate-grown cells.¹⁰ Isethionate sulfite-lyase *islA* and isethionate sulfite-lyase activating protein *islB* were not among the differentially expressed genes, but acetaldehyde dehydrogenase (*adhE*, WCP94_001941), which encodes an enzyme able to convert acetaldehyde (a product of isethionate degradation) to acetyl coA was decreased in expression in co-culture (Table S1). The downregulation of *tpa* and *sarD*, combined with the increased expression of *dsrMKJOP* suggests that *B. wadsworthia* can also utilize the respiration pathway from sulfite or a precursor molecule in the presence of *B. thetaiotaomicron* ([Figure 3](#page-4-0)). Sulfite could be produced through different metabolic pathways in *B. wadsworthia*: i) from sulfolactate, via the activity of a sulfo-lyase (WCP94_000771- 772) which converts sulfolactate to sulfite and

pyruvate; this enzyme showed decreased expression in co-culture; or ii) through the inner membrane protein YgaP (WCP94_002882), a rhodanesedomain-containing protein that generates sulfite from thiosulfate, and which also showed decreased expression in co-culture (Table S1). Therefore, it is likely that in co-culture with *B. thetaiotaomicron*, *B. wadsworthia* utilizes an alternative source of sulfite [\(Figure 3](#page-4-0)).

Modulation of sulfur metabolism in **B. wadsworthia** *and* **B. thetaiotaomicron** *co-culture*

As taurine utilization by *B. wadsworthia* as a sulfite source in co-culture appeared to be decreased, alongside an increased expression of genes associated with the dissimilatory sulfite reductase pathway and elevated H_2S concentration, we investigated other possible sources of sulfite for *B. wadsworthia* in the co-culture. Increased expression of sulfate permease (WCP94_001830) and sulfatase (WCP94_001848) genes was observed in *B. wadsworthia* in co-culture (Table S1), suggesting an increased bioavailability of sulfate; however, whether these transporters are promiscuous for other compounds such as sulfite is unknown.

Given that *B. wadsworthia* cannot utilize sulfate, it was previously assumed that the genes for sulfate utilization were absent from the genome.^{[7,](#page-15-6)[8,](#page-15-20)[45](#page-17-0)} The *B. wadsworthia* QI0013 genome does not contain genes encoding the Sat enzyme necessary for sulfate reduction. However, our analysis revealed that *B. wadsworthia* QI0013 encodes two gene clusters of the alpha and beta subunits of the adenylylsulfate reductase (WCP94_000309-310 and WCP94_000741-742) (Table S2, Figure S1). Despite low amino acid sequence similarity to AprAB proteins from *Desulfovibrio* strains (Figure S2, Table S3), we identified conserved protein domains, including FAD-dependent oxidoreductase 2 and succinate dehydrogenase/fumarate reductase flavoprotein, supporting the annotation of AprAB (Table S4). Furthermore, we found that the putative AprAB genes were widely distributed in publicly available *B. wadsworthia* genomes (Table S5). This suggests a potential role for *B. wadsworthia* in APS reduction via adenylylsulfate reductase. The putative proteins encoded by these genes could facilitate the conversion of APS to sulfite, offering an alternative precursor molecule for the dissimilatory sulfite reduction pathway. Interestingly, the *B. thetaiotaomicron* QI0072 genome encodes some enzymes involved in assimilatory sulfite reduction, including sulfate adenylyltransferase (Sat) (QI0072_1554, QI0072_1555) and adenylylsulfate kinase/APS kinase (QI0072_1556) (Table S2), which would catalyze the conversion of sulfate to both APS and PAPS. However, *B. thetaiotaomicron* QI0072 does not encode the enzymes for further utilization of PAPS and APS. *B. wadsworthia* QI0013 expresses both phosphoadenosine phosphosulfate (PAPS) reductase (WCP94_00194), which reduces PAPS to sulfite, in addition to the putative AprAB which reduces APS to sulfite (Table S2).

We hypothesize that *B. thetaiotaomicron* QI0072 produces sulfate from sulfated saccharides via sulfatases,^{[46](#page-17-1)} an activity which has been previously described to support the growth of *D. piger* via cross-feeding, and then reduces the sulfate to APS and/or PAPS. In *B. thetaiotaomicron*, genes encoding sulfate adenylyltransferase subunits 1 and 2 and adenylylsulfate kinase were consistently expressed at similar levels in both co-culture and monoculture (Table S2), suggesting the production of APS and PAPS. *B. thetaiotaomicron*-derived APS and PAPS could then be utilized directly by *B. wadsworthia*, where either AprAB or PAPS reductase yield sulfite, which then enters the dissimilatory sulfate reduction pathway ([Figure 3](#page-4-0)). In this way, *B. thetaiotaomicron* may provide *B. wadsworthia* with an alternative source of sulfite, which may be energetically favorable over taurine degradation, or utilized when taurine or other organosulfur compounds are depleted. Indeed, we observed a decreased expression of genes associated with sulfite generation via taurine, thiosulfate, and sulfolactate under co-culture conditions, with the phenotypic observation of increased H_2S concentration ([Figure 1](#page-2-0)). The adenylylsulfate reductase and PAPS reductase genes were expressed in *B. wadsworthia* in both co-culture and monoculture, without significant differences in expression levels (Table S2).

Next, we investigated if *B. wadsworthia* would grow using sulfite or APS as electron acceptors instead of taurine. *B. wadsworthia* was able to show a significantly higher growth in media supplemented with 4 mM sulfite, 10 mM APS, or 10 mM taurine, compared to only anaerobe basal broth (ABB) [\(Figure 4\)](#page-6-0).

Next, we tested the capacity of *B. thetaiotaomicron* to promote the sulfidogenic activity of other *B. wadsworthia* strains i.e *B. wadsworthia* QI0012, QI0014, and QI0015 strains. Co-culture with *B. thetaiotaomicron* resulted in significantly increased H2S concentration in all *B. wadsworthia* strains tested compared to their respective monocultures [\(Figure 5](#page-7-0) [\(a\)\)](#page-7-0), suggesting that the sulfidogenic potential of *B. thetaiotaomicron* is not strain specific. Indeed, QI0014 did not produce detectable H₂S in monoculture at 8 h, whereas $195.3 \pm 18.60 \mu M$ was produced

Figure 4. Growth (OD₆₀₀) of *B. wadsworthia* in ABB media supplemented with 10 mM adenosine 5'-phosphosulfate (APS), 4 mM sulfite or 10 mM taurine. Growth was compared to *B. wadsworthia* grown in ABB media. Each box plot represents the median and interquartile range of the distribution of seven culture replicate. Results of mixed linear model analyses are shown where $* = p \le 0.01$, $** = p \le 0.001$.

in co-culture with *B. thetaiotaomicron* ([Figure 5\(a\)](#page-7-0)). Interestingly, qPCR analysis of *B. wadsworthia* cell abundance revealed differences between strains with QI0012 and QI0013 showing slight increases in abundance in co-culture with *B. thetaiotaomicron* although this effect was not significant with QI0013 ([Figure 5\(b\)](#page-7-0)), as shown previously for this strain ([Figure 1](#page-2-0)). A decreased abundance was observed in co-culture of *B. wadsworthia* QI0014 and QI0015 strains with *B. thetaiotaomicron* [\(Figure 5\(b\)](#page-7-0)). Upon standardizing H2S concentrations relative to *B. wadsworthia* cell numbers, it was observed that *B. thetaiotaomicron* consistently enhanced H₂S production across the various *B. wadsworthia* strains. Nonetheless, the specific mechanisms behind this increase may differ among strains [\(Figure 5\(d\)](#page-7-0)).

The increased H₂S levels in QI0012 and QI0013 co-cultures are attributable to a combination of higher *B. wadsworthia* abundance and elevated H₂S production per cell. In contrast, the rise in H₂S observed with QI0014 and QI0015 is predominantly due to a substantial increase in H2S production per *B. wadsworthia* cell ([Figure 5\(c\)](#page-7-0)). Additionally, *B. thetaiotaomicron* exhibited a slight increase in abundance in all co-cultures compared to its monoculture [\(Figure 5\(d\)\)](#page-7-0). Overall, *B. thetaiotaomicron* showed an ability to increase H2S production in all four *B. wadsworthia* strains that were tested.

H2S-utilizing amino acid biosynthetic pathways were reduced in expression in **B. thetaiotaomicron**

Based on our genome analyses, *B. thetaiotaomicron* QI0072 does not encode known genes for H_2S production, but it does have the capacity to utilize H_2S during the biosynthesis of amino acids including cysteine and homocysteine. *B. thetaiotaomicron* QI0072 overexpressed 12 genes and under-expressed nine genes in co-culture associated with amino acid metabolism, compared to monoculture [\(Figure 2](#page-3-0) [\(b\)](#page-3-0)). Interestingly, this strain under-expressed O-acetylserine sulfhydrolase (QI0072_3844) in co-culture (Table S6); this enzyme catalyses the conversion of O3-acetyl-L-serine and H_2S to L-cysteine and acetate, utilizing pyridoxal-5'- phosphate (vitamin B6) as a co-factor.^{[47](#page-17-2)} This is relevant as this indicates that although *B. thetaiotaomicron* can utilize *B. wadsworthia*-

Figure 5. Pairwise co-culture of *B*. *thetaiotaomicron* (Bt) QI0072 with four *B. wadsworthia* (Bw) strains (QI0012, QI0013, QI0014, QI0015). a) H₂S concentrations (μM) at 8 h. b) qPCR-determined *B. wadsworthia* cell counts at 8 h. c) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. d) qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. Each point represents a culture replicate (*n* = 3). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at α = 0.05. Results show $* = p \le 0.05$, $** = p \le 0.01$, $** = p \le 0.001$, $** + p \le 0.0001$, ns = not significant ($p > 0.05$).

derived H_2S , the gene encoding this enzyme is heavily decreased in expression in co-culture with *B. wadsworthia*. Similarly, two genes involved in H2S-utilizing homocysteine biosynthesis were also differentially expressed; one gene encoding O-acetylhomoserine sulfhydrylase (EC 2.5.1.49) was notably decreased in expression in co-culture (QI0072_3143, −5.12 logFC), whereas another gene encoding this enzyme was increased in expression in co-culture (QI0072_2658, 1.24 logFC) (Table S6). This enzyme catalyses the conversion of O-acylhomoserine and H_2S to homocysteine.^{48[,49](#page-17-4)} Overall, decreased homocysteine and cysteine biosynthesis by *B. thetaiotaomicron* in co-culture with *B. wadsworthia* results in lower H₂S utilization by *B. thetaiotaomicron*.

Alterations to the endometabolome in **B. wadsworthia** *and* **B. thetaiotaomicron** *co-culture*

The endometabolome of the *B. wadsworthia* and *B. thetaiotaomicron* co-culture was analyzed at 8 hours post-inoculation, alongside monocultures. The *B. thetaiotaomicron* monoculture metabolite abundance clustered distinctly from the *B. wadsworthia* monoculture and co-culture conditions based on partial least squares discriminant analysis (PLS-DA) (Figure S3a). The heatmap displaying the top 50 differentially abundant metabolites showed clear differences between the conditions, most notably when the *B. thetaiotaomicron* monoculture is compared to the co-culture conditions

Figure 6. Comparisons of the endometabolome of *B. wadsworthia* and *B. thetaiotaomicron* in co-culture (Bw + Bt) with monocultures (Bw, Bt). a) the top compounds ranked based on the variable importance in projection (VIP) scores. The colored boxes on the right indicate the relative concentrations of the corresponding metabolite in each group. b) specific metabolites of interest manually curated from the compound list detected via untargeted LC-MS. c) relative intracellular concentrations of compounds related to tryptophan metabolism in *B. thetaiotaomicron* (Bt) in monoculture and co-culture with *B. wadsworthia* (Bw + Bt). Concentration is standardized to *B. thetaiotaomicron* cell counts. Each point represents a culture replicate. Box and whisker plots show line at mean, box at 25th −75th percentile, whiskers to minimum and maximum.

(Figure S3b). The variable importance in projection (VIP) scores showed that the top 15 compounds contributing to differences between conditions were relatively high in abundance in the *B. thetaiotaomicron* monoculture and in relatively low abundance in the co-culture ([Figure 6\(a\)\)](#page-8-0). This suggests that these compounds are produced by *B. thetaiotaomicron* and either not produced by *B. thetaiotaomicron* in co-culture with *B. wadsworthia* or consumed by *B. wadsworthia*. The highest-scoring compound was Ala-Val, followed by the ester phenethyl acetate, sphinganine and nicotinic compound 1-Methylnicotinamide ([Figure 6\(a\)](#page-8-0)). Kynurenic acid also had a significantly lower abundance in co-culture compared to *B. thetaiotaomicron* monoculture [\(Figure 6](#page-8-0) [\(a,b\)\)](#page-8-0), suggesting a reduction in tryptophan metabolism via this pathway. Kynurenic acid is a product of tryptophan degradation in mammals, 50 however, *Escherichia coli* has been demonstrated to produce kynurenic acid from L-kynurenine in the rat small intestine 51 and the human gut microbiota may also produce this compound, since kynurenic acid concentration is high in the distal colon relative to other body sites. 52 Sphinganine can be produced by *Bacteroides* strains in the gut and has the potential to control the levels of bioactive lipids in the liver, 53 underscoring its potential role in host−microbial interactions.

The transcriptomic data identified branched-chain amino acids (BCAAs) as significant metabolites of interest, showcasing differential expression in Liv system genes responsible for ABC transporters specific to BCAAs in *B. wadsworthia* [\(Figure 2\(a\),](#page-3-0) supplementary Table S1). This may signify a modified bioavailability of leucine, isoleucine, and valine for *B. wadsworthia* in the co-culture environment. Indeed, valine and isoleucine were detected in the endometabolome in all culture conditions, in addition to dipeptides of leucine including threonylleucine, prolylleucine, N-leucyl-leucine and leucylleucine [\(Figure 6\(b\)](#page-8-0)). In all cases, relative abundance was high in *B. thetaiotaomicron* monoculture, lower in *B. wadsworthia* monoculture and the lowest abundance was in the co-culture condition [\(Figure 6\(b\)](#page-8-0)). Taken together, this suggests lower bioavailability of BCAAs in the endometabolome of *B. wadsworthia* and *B. thetaiotaomicron* in co-culture at 8 h

compared to monocultures. While further research is needed, this interplay may have potential implications for human health, as increased concentrations of aromatic and BCAAs by the gut microbiome have been associated with markers of insulin resistance and type 2 diabetes mellitus.^{[54](#page-17-9)}

Impact on tryptophan metabolism between **B. thetaiotaomicron** *and* **B. wadsworthia:** *insights from combined metabolomic and transcriptomic analyses*

The endometabolome revealed differences in the relative concentrations of tryptophan, indole, and indole-3-acetamide between *B. thetaiotaomicron* and *B. wadsworthia* monocultures and their coculture; the abundance of these metabolites was higher in the *B. thetaiotaomicron* monoculture compared to the other culture conditions ([Figure 6\(b,c\)\)](#page-8-0). Bacterially produced indole has been shown to modulate intestinal inflammation in animals, and inhibit quorum sensing and virulence factor production. 55 Indole-producing members of the human gut microbiota include *E. coli*, *Proteus vulgaris*, *Paracolobactrum coliforme*, *Achromobacter liquefaciens*, and *Bacteroides spp*. [56](#page-17-11) These strains can degrade tryptophan to indole, pyruvate and ammonia via the enzyme tryptophanase (TnaA), the activity of which is induced by tryptophan⁵⁷ and inhibited by glucose.⁵⁶ tryptophan⁵⁷ and inhibited by Interestingly, indole production from tryptophan is commonly observed in *B. thetaiotaomicron*, [58](#page-17-13) and *B. thetaiotaomicron*-derived indole has been shown to inhibit virulence in enteropathogenic *E. coli* (EPEC) and *Vibrio cholerae* by inhibiting T3SS expression[.58](#page-17-13) Given that *B. wadsworthia* cannot produce indole,⁵⁹ it is likely that indole and its by-products are derived from *B. thetaiotaomicron*. In co-culture, the relative abundance of these metabolites decreased compared to the *B. thetaiotaomicron* monoculture [\(Figure 6\(b\)\)](#page-8-0). To confirm that this effect was not due to the concentrations being standardized to the total cell count, the indole and tryptophan relative abundances were determined in the *B. thetaiotaomicron* monoculture and co-culture, normalized to 10⁹ *B. thetaiotaomicron* cells only as determined by qPCR. This showed a decreased relative abundance of indole and tryptophan in the

endometabolome of the co-culture compared to *B. thetaiotaomicron* monoculture [\(Figure 6\(c\)\)](#page-8-0). This suggests that *B. wadsworthia* may either utilize indole derived from *B. thetaiotaomicron* or directly use tryptophan, thereby limiting the availability of tryptophan for *B. thetaiotaomicron*. Transcriptomic data supported this observation, showing increased expression of a tryptophan-specific transport protein (WCP94_002980) and tryptophanyl-tRNA synthetase gene (WCP94_002967) in *B. wadsworthia* during coculture, indicating enhanced tryptophan uptake and incorporation into new proteins (Table S1). These combined metabolomic and transcriptomic findings suggest that, under co-culture conditions, *B. wadsworthia* intensifies its tryptophan uptake and protein incorporation, potentially diminishing tryptophan availability for *B. thetaiotaomicron*'s indole and kynurenic acid production. These observations underscore a dynamic interplay between the two bacteria in the utilization of tryptophan and its downstream metabolites in the co-culture environment.

Conclusions

The increased H2S production by *B. wadsworthia* when co-cultured with *B. thetaiotaomicron* could have implications for human gut health. Both H2S and *B. wadsworthia* have been implicated in gut inflammation and pathogenesis, making it crucial to understand the change in H₂S production. Our coculture experiments demonstrated enhanced growth of *B. thetaiotaomicron*, indicating a potentially beneficial syntrophic relationship. Transcriptomic analysis of *B. wadsworthia* revealed reduced expression of genes involved in sulfite production from taurine, thiosulfate, and sulfolactate, suggesting an alternative sulfite source in the co-culture. Our integrated transcriptomic and genomic data indicate a putative cross-feeding mechanism, with *B. thetaiotaomicron* potentially providing APS to *B. wadsworthia* for sulfite production; we next demonstrated that *B. wadsworthia* can grow to high densities using APS as an electron acceptor, substantiating this proposed cross-feeding interaction. Gene expression data suggested an increased uptake of lactate in *B. wadsworthia*, which could be used as an electron donor in dissimilatory sulfite reduction. Beyond

sulfur metabolism, we observed alterations in tryptophan metabolism in co-culture. *B. wadsworthia*'s increased expression of genes associated with tryptophan uptake suggests a competition for tryptophan, potentially impacting *B. thetaiotaomicron*'s indole production. Reduced indole production by *B. thetaiotaomicron* in co-culture aligns with increased tryptophan utilization by *B. wadsworthia*, hinting at potential implications for gut health and inflammation. $60,61$ $60,61$ In conclusion, the increased H2S production by *B. wadsworthia* in co-culture, coupled with the reduced H_2S utilization by *B. thetaiotaomicron*, underscores a complex microbial interaction. This proposed APS-mediated crossfeeding mechanism opens avenues for further exploration into sulfate metabolism in the human gut. The overall shift toward decreased indole and increased H_2S production in co-culture suggests potential pro-inflammatory effects in the human gut environment, warranting further investigation.

It is important to note that the presence of *B. wadsworthia* or of microbially-derived colonic H2S is not always detrimental; indeed, it has been shown that *B. wadsworthia*-derived H₂S may enhance colonization resistance against pathogens.⁶² It seems likely that an optimum H_2S concentration range exists at which adaptive benefits may be provided to the host, likely in the µM range, whereas $H₂S$ in the mM range could be pro-inflammatory.⁶³ In our study, we observed significantly increased H₂S production in the mM range *in vitro* when *B. wadsworthia* was in the presence of *B. thetaiotaomicron* but further work is needed to confirm the biological consequence of these findings *in vivo*. Interestingly, a study investigating *B. wadsworthia* colonization in a germ-free mouse model in the context of a high-fat diet, either with or without a simplified humanized microbial consortium (SIHUMI) which included *B. thetaiotaomicron* DSM 2079, observed the highest H_2S concentrations in the SIHUMI + *B. wadsworthia* group at day 2 of colonization, peaking at ~4 mM before declining over time.⁶⁴ This may reflect the sulfidogenic interaction between these strains *in vivo*; nonetheless, further exploration of the *in vivo* interaction between these strains is required.

Materials and methods

B. thetaiotaomicron *and* **B. wadsworthia** *isolation and growth*

B. thetaiotaomicron QI0072 was isolated from a fecal sample donated by a healthy adult between 50–80 years old recruited via the COMBAT study (ClinicalTrials.gov Identifier: NCT03679533). An initial enrichment was obtained in anaerobic anaerobe basal broth (ABB) liquid broth media (Oxoid, Thermo Fisher Scientific) supplemented with 10 mM taurine, and the isolate was purified on Brain Heart Infusion agar (BHI, Oxoid) prepared according to the manufacturer's instructions then supplemented with 0.5% v/v vitamin K solution in ethanol (10 μ L/L), resazurin (1 mg/L), hemin (5 mg/L) and L-cysteine hydrochloride (0.5 g/L) (further referred as BHI+C) with 1.5% (w/v) agar. Additional chemicals were from Merck. *B. wadsworthia* strains QI0012, QI0013, QI0014 and QI0015 were isolated from stool samples from healthy human donors recruited via the QIB Colon Model study (ClinicalTrials.gov Identifier: NCT02653001) using anaerobic ABB supplemented with 10 mM taurine as described by Sayavedra *et al*. [64](#page-17-19) *B. thetaiotaomicron* strains DSM 108160 and 108161 were sourced from the DSMZ culture collection and grown in BHI + supplements (BHI +S). Before autoclaving, BHI+S was prepared by adding hemin (10 mg/L) and yeast extract $(5 g/L)$ to BHI broth. Cell pellets were cryopreserved at −80°C using Protect Select Anaerobe Cryopreservation tubes (Technical Service Consultants, UK).

Bacterial co-culture experiments

BHI, de Man, Rogosa and Sharpe (MRS, Oxoid) and ABB liquid broth media were prepared according to the manufacturer's instructions. Where required, solid media was made by the addition of 1.5% (w/v) agar to the media before autoclaving. All media and culture vessels were maintained under anaerobic conditions using an anaerobic cabinet (Don Whitley, UK) with materials prereduced before use for at least 18 hours in an atmosphere of 5% $CO₂$, 10% $H₂$ in N₂ at 37°C. For coculture experiments, *B. thetaiotaomicron* was grown on BHI+C, and *B. wadsworthia* was grown on ABB supplemented with 10 mM taurine. After overnight incubation, the second passage cultures were diluted to $\sim 10^8$ CFU/mL using estimated cell count per optical density at 600 nm (OD_{600}) factor. OD600 was quantified using a SPECTROstar Nano instrument (BMG Labtech). Co-culture experiments used anaerobic synthetic media containing a mix of 1:1:1 (v/v) of BHI+C, MRS and Postgate C, supplemented with 10 mM taurine (further referred to as BPM media). Postgate C contained per liter of distilled water: sodium lactate (6 g), sodium sulfate (4.5 g), ammonium chloride (1 g), yeast extract (1 g) potassium dihydrogen phosphate (0.5 g), sodium citrate tri basic (0.3 g), magnesium sulfate 7-hydrate (0.06 g), iron sulfate 7-hydrate (4 mg), calcium chloride (0.04 g), L-cysteine hydrochloride (0.5 g), and resazurin (0.8 mg). 65

Co-cultures were prepared by inoculating $\sim 10^6$ CFU/mL anaerobic BPM. The CFU used for inoculum were confirmed by plating on ABB supplemented with 10 mM taurine for *B. wadsworthia*, and BHI+C media for *B. thetaiotaomicron*. Experimental conditions included negative control (no inoculum), monocultures and co-culture with final culture volumes of 10 mL. All cultures were performed in at least triplicate. Sub-samples were taken at 0, 2, 4, 6 and 8 h post-inoculation.

Growth of **B. wadsworthia** *with different electron acceptors*

The growth of *B. wadsworthia* under various conditions was assessed by monitoring its OD_{600} after 48 hours of incubation on ABB media enriched with different electron acceptors at a 1:100 dilution. These included 4 mM sodium sulfite, 10 mM adenosine 5′-phosphosulfate (APS) sodium salt (Merck, UK), and 10 mM taurine, alongside a control containing ABB only. We used at least seven technical replicates. Differences in growth were tested using a linear model with the glmmTMB package.

Colourimetric determination of H2S concentration

Determination of H_2S concentration in samples was performed using the methylene blue assay modified from Cline.⁶⁶ Briefly, 500 µL of bacterial cultures were taken and immediately fixed 1:1 with 5% zinc acetate and stored at −20°C. For calibration, zinc sulfide solutions were prepared in media diluted 1:200 within concentration range 0–40 µM. For analysis, fixed samples were diluted 1:100 in water to a final volume of 1 mL, producing a final sample dilution of 1:200. 80 µL of diamine reagent (250 mL 6 M HCl, 1 g N,N-dimethyl-1,4-phenylendiamine sulfate, 1.5 g FeCl₃.6 H₂0) was added to all samples and standards which were then stored in the dark to allow methylene blue color development. After 30 min, the samples were centrifuged at 13,000 \times g for 5 min to pellet biomass. 300 µL of supernatant was taken for spectrophotometric absorbance measurement at 670 nm. H_2S concentration in µM was determined using the calibration curve as a standard. Statistical significance between culture conditions was established using unpaired t-test pair-wise comparisons and displayed graphically using GraphPad Prism 7 (GraphPad Software, Boston, USA). Results of unpaired t tests are shown, where $* = p \le 0.05$, ** = $p \le 0.01$, *** = $p \le 0.001$, **** = $p \le 0.0001$, ns $=$ not significant ($p > 0.05$).

Absolute quantification of bacterial cells via qPCR

For quantification of bacterial cells in experimental cultures, DNA extraction was performed using the Maxwell® RSC Blood DNA kit (Promega) according to the manufacturer's protocol. Prior to extraction, 200 µL samples were boiled at 90°C for 10 min and 150 µL was transferred to a sterile microcentrifuge tube containing 30 µL of proteinase K solution and 300μ L lysis buffer. Each sample was vortexed for 10 s and incubated at 56°C for 20 min. Quantification of *B. wadsworthia* and *B. thetaiotaomicron* was performed via qPCR using KiCqStart® SYBR® Green qPCR ReadyMix™ with ROX (Sigma-Aldrich) on a StepOnePlus™ Real-Time PCR System (Thermo Fisher Scientific). Absolute quantification of gene copy numbers was performed by comparing samples to calibration standards prepared with known gene copy numbers in the range of $10-1 \times 10^9$ copies. The number of gene copies per cell was used to calculate the absolute cell counts per mL of culture. All samples and standards were assayed in triplicate. The reaction conditions and primers used are shown in [Table 1](#page-12-0). Statistical significance between culture conditions was established using unpaired t-test pair-wise comparisons and displayed graphically using GraphPad Prism 7.

Transcriptomic sequencing and analysis

5 mL of cultures were taken at 8 h post-inoculation and cells were immediately pelleted at $15,000 \times$ g for 2 min. The supernatant was removed, cell pellets were snap frozen on dry ice, and stored at −80°C. RNA was extracted using the RNeasy® Mini Kit (Qiagen, Germany) according to manufacturer's protocol with on-column DNase digestion. RNA concentration was determined via Qubit RNA High Sensitivity kit (Thermo Fisher Scientific, Massachusetts, USA) and Qubit 3.0 fluorometer (Life Technologies, Massachusetts, USA). Total RNA was sequenced at Azenta Genewiz. rRNA was depleted using NEBNext rRNA depletion kits for human/mouse/rat and bacteria species (E6310 and E7850). Samples were sequenced using an Illumina NovaSeq 6000 instrument with $2 \times$ 150bp configuration using a sequencing depth of 20 M paired-end reads per sample.

For differential expression analysis, raw data were analyzed as previously described.⁶⁹ Briefly, reads were cleaned to remove sequencing adapters and residual ribosomal RNA sequences using

Table 1. Primers and reaction conditions used for absolute quantification of *B. wadsworthia* and *B. thetaiotaomicron* via qPCR.

Target bacterium	Primer name	Product size (bp)	Primer sequence (5' to 3') $(W = A + T)$	Primer conc. (nM)	Reaction conditions	Ref
B. wadsworthia	TPA-F	150	CAACGTCCCCACCATCAAGTTCTCTG	100	95°C 2 min, 40 cycles of 95°C 15 s, 62°C	
	TPA-R		TGAATTCGCGGAAGGAGCGAGAGGTC	100	30 s.	
B. thetaiotao-	F Bacter 11	131	CCTWCGATGGATAGGGGTT	200	95°C 10 min, 40 cycles of 95°C 30 s, 60°C	-68
micron	R Bacter 08		CACGCTACTTGGCTGGTTCAG	200	min.	

BBDuk (v 38.06, Bushnell B. - [sourceforge.net/pro](http://sourceforge.net/projects/bbmap/) [jects/bbmap/](http://sourceforge.net/projects/bbmap/)). Cleaned reads were mapped to the QI0013 and QI0072 reference genomes using BBSplit (v 38.06). The number of transcripts per gene was estimated using featureCounts $(v.2.0)$.⁷⁰ Reference genomes were annotated with the BV-BRC comprehensive genome analysis tool. 71 Differentially expressed genes were identified using edgeR with TMM normalization^{[72](#page-18-4)} using the Trinity RNASeq package,[73](#page-18-5) with a *p* value cutoff of 0.01 and a log2FC of 1 equating to a 2-fold change in gene expression. In the case of specific genes of interest where there was no functional annotation, InterProScan[74](#page-18-6) was used to assign predicted protein functions based on domains where possible using the predicted amino acid sequence. Additionally, Pathway Tools $v23.0^{75}$ $v23.0^{75}$ $v23.0^{75}$ was used for preliminary pathway enrichment analysis and pathway predictions using the reference genomes.

Endometabolome analysis via LC-MS

5 mL of cultures were taken at 8 h postinoculation and cells were immediately pelleted at $4,000 \times g$ for 10 min. All supernatant was removed, and cell pellets were snap-frozen on dry ice. All LC-MS analysis was performed by Creative Proteomics, New York, USA. Prior to analysis, bacterial pellets were thawed and 240 µL methanol added for metabolite extraction. Samples were vortexed for 60 s, sonicated for 30 min at 4°C and stored at −20°C for 1 h. Samples were pelleted at $12,000 \times g$ for 15 min at 4°C. Finally, 200 μL of supernatant and 5 μL of DL-o-Chlorophenylalanine (0.2 mg/mL) was transferred to a vial for LC-MS analysis. QC samples were prepared by pooling all the samples in triplicate. All samples were injected in triplicate. Separation was performed by ACQUITY UPLC (Waters) combined with Q Exactive MS (Thermo) and screened with ESI-MS. The LC system was comprised of ACQUITY UPLC HSS T3 $(100 \times 2.1 \text{ mm} \times 1.8 \text{ }\mu\text{m})$ with ACQUITY UPLC (Waters). The mobile phase was composed of solvent A (0.05% formic acid water) and solvent B (acetonitrile) with a gradient elution (0–- 1 min, 5% B; 1–12.5 min, 5%-95% B; 12.5–13.5 min, 95% B; 13.5–13.6 min, 95%-5% B; 13.6–16 min, 5% B). The flow rate of the mobile

phase was 0.3 mL/min. The column temperature was maintained at 40°C, and the sample manager temperature set at 4°C. Mass spectrometry parameters in ESI+ and ESI- mode were as follows: ESI+: Heater Temp 300°C; Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.0 KV; Capillary Temp, 350°C; S-Lens RF Level, 30%. ESI-: Heater Temp 300°C, Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.2 KV; Capillary Temp, 350°C; S-Lens RF Level, 60%.

Metabolites were identified using Compound Discoverer 3.0 (Thermo Fisher Scientific). Progenesis QI v 2.1 (Waters) was used for manual screening of the identified compounds, in order to minimize false positive identification results. Data was normalized using the Total Ion Count (TIC) method where the peak area of each metabolite was divided by the SUM of all metabolites area and then multiplied by one million.

To remove compounds with high analytical variability, compounds with RSD_{QC} >20% were discarded.[76](#page-18-8) Endometabolomic data was standardized by calculating the concentration (μM) per 10⁹ bacterial cells present as measured via qPCR, in order to account for cell density differences in monocultures and co-cultures[.77](#page-18-9) Compounds at low concentrations across all samples ($\langle 2 \mu M \rho$ er 10⁹ cells) were removed. In positive ion mode, 65% of the identified metabolites remained after quality control (320 left from 490), and in negative mode 70% remained (267 left from 377). Given the higher peak intensity and number of reported compounds, positive mode was used for further analysis. The metabolomic data was autoscaled and analyzed using Metaboanalyst $5.0⁷⁸$ to obtain the PLS-DA for the global profile changes and Variable Importance in Projection (VIP) compounds that contribute highly to inter-condition differences, and the heatmaps showing feature clustering and inter-condition differences in relative abundance of compounds.

DNA extraction from isolates for whole genome sequencing

For whole genome sequencing, 1 mL of overnight culture was taken and centrifuged at

13,000 g for 2 min. Pellets were stored at −20°C until extraction. For extraction of high molecular weight DNA, Fire Monkey High Molecular Weight DNA (HMW-DNA) extraction kit was used according to manufacturer's protocol (Revolugen, UK). The additional overnight elution step recommended by the manufacturer was used to maximize DNA yield. DNA was quantified using Qubit High Sensitivity DNA Quantification Kit (Thermo Scientific, UK) and Qubit 3.0 fluorometer.

Whole genome sequencing

For whole genome sequencing of *B. thetaiotaomicron*, a hybrid approach using both short- and long-read sequencing was performed in-house at Quadram Institute Bioscience. For short-read sequencing, genomic DNA was normalized to 5 ng/µL with EB buffer (10 mM Tris-HCl) and sequencing was performed using an Illumina NextSeq 500 system with $2 \times$ 150bp paired-end reads. Libraries were prepared using Bead Linked Transposomes (BLT) (Illumina) and P7 and P5 Illumina 9 bp barcodes. Paired-end sequencing reads were received as fastq files. For long-read sequencing, a minION was used (Oxford Nanopore Technologies, Oxford, UK).

For genome assembly, short reads were cleaned using BBDuk (v 38.79) to trim the reads and remove sequencing adaptors. Long reads were trimmed using Porechop (v $0.2.3$)^{[79](#page-18-11)} and a hybrid assembly was reconstructed using Unicycler (v $0.4.9$.⁸⁰ The completeness and contamination of the assembly was checked using CheckM (v 1.0.18).[81](#page-18-13) Genomes were annotated using Prokka (v 1.14.6) and BV-BRC.^{[71](#page-18-3)[,82](#page-18-14)}

Sequence comparison of sulfur metabolism genes

For genes of interest, amino acid sequences were obtained from *B. wadsworthia* (QI0013) and *B. thetaiotaomicron* strain 1 (QI0072) genomes in addition to those from reference genomes *D. desulfuricans* subsp. *desulfuricans* DSM 642, *D. gigas* DSM 1382 and *D. alaskensis* G20 via BV- $BRC⁷¹$ InterProScan⁷⁴ was used to assign predicted protein function based on domains. Protein−protein comparison was performed using blastp on NCBI-BLAST using default settings.[83](#page-18-15) Amino acid alignments were performed using Clustal omega v1.2.2 in Geneious prime v 2022.1.1 (Biomatters Ltd) and visualized with GeneDoc v 2.7.000 (National Resource for Biomedical Supercomputing).

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Disclosure statement

No potential conflict of interest was reported by the author(s).

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Authors' contributions

JD, LS and AN conceived and designed the project. JD and LS designed the experiments. JD performed experiments and analyzed the data. LS supervised transcriptomic analyses. JD and LS wrote the manuscript with contributions from all coauthors.

Data availability statement

Transcriptomic sequencing data was submitted to NCBI under PRJNA1115121. The genome of *Bilophila wadsworthia* QI0013 is available under project PRJNA1085689. The genome of *Bacteroides thetaiotaomicron* was submitted under project PRJNA1151643.

Ethics statement

The colon model study was approved by the Quadram Institute Bioscience Human Research Governance Committee (IFR01/2015), and London–Westminster Research Ethics Committee (15/LO/2169). The COMBAT study was approved by the University of East Anglia's Faculty of Medicine and Health Sciences Ethical Review Committee (Reference: 201819–039) and the Health Research Authority (IRAS number: 237251). The colon model study was registered under the ClinicalTrials.gov Identifier NCT02653001 and the COMBAT was registered under the NCT03679533.

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