

## INVITED REVIEW

# MAGEL2 (patho-)physiology and Schaaf–Yang syndrome

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Email: christian.schaaf@med.uni-heidelberg.de**Abstract**

Schaaf–Yang syndrome (SYS) is a complex neurodevelopmental disorder characterized by autism spectrum disorder, joint contractures, and profound hypothalamic dysfunction. SYS is caused by variants in *MAGEL2*, a gene within the Prader–Willi syndrome (PWS) locus on chromosome 15. In this review, we consolidate decades of research on *MAGEL2* to elucidate its physiological functions. Moreover, we synthesize current knowledge on SYS, suggesting that while *MAGEL2* loss-of-function seems to underlie several SYS and PWS phenotypes, additional pathomechanisms probably contribute to the distinct and severe phenotype observed in SYS. In addition, we highlight recent therapeutic advances and identify promising avenues for future investigation.

*MAGEL2* exerts pleiotropic functions in the human body, particularly because of its role in the hypothalamus, a brain region at the centre of organismal homeostasis that is critical for both individual and species success.<sup>1</sup> The *MAGEL2* gene is part of the maternally imprinted set of Prader–Willi syndrome (PWS) genes on chromosome 15.<sup>2</sup> Pathogenic variants in *MAGEL2* cause Schaaf–Yang syndrome (SYS), a neurodevelopmental disorder with a high prevalence of autism spectrum disorder (ASD, about 75%–85%),<sup>3</sup> joint contractures, and an overall more severe phenotype than PWS, profoundly disrupting the lives of patients, their primary caregivers, and families.<sup>4–7</sup>

In this review, we comprehensively summarize current scientific knowledge about the role of *MAGEL2* in both physiology and pathophysiology to dissect the complex phenotype of SYS (Figure 1). We simultaneously provide more clarity on the contribution of *MAGEL2* loss-of-function in PWS.

Leveraging insights from a translational research perspective, we emphasize that loss of *MAGEL2* function alone cannot explain SYS phenotypes, highlight therapeutic advances, and propose directions for future research efforts towards improving the lives of individuals with lived experience as well as those of their families.

## SYS

To date, more than 250 individuals with SYS have been identified.<sup>3</sup> The true prevalence may be greater because (1) many adults with disability have not undergone advanced genetic testing<sup>3</sup> and (2) variants in imprinted genes can be missed during trio-exome sequencing.<sup>8,9</sup> Approximately 1 in 3500 hospitalized neonates has SYS if the data from the China Neonatal Genomes Project cohort are representative.<sup>10</sup> A study among Korean individuals subjected to whole-exome sequencing because of developmental delay or intellectual disability found that 0.9% had SYS, revealing a significant contribution of SYS to developmental delay/intellectual disability phenotypes.<sup>11</sup> Although formal diagnostic criteria have been proposed,<sup>9</sup> SYS is generally diagnosed through molecular genetic testing and the identification of a heterozygous pathogenic variant in the paternally derived copy of *MAGEL2*. Approximately 50% of patients inherit their mutation from a clinically unaffected father (who himself carries the variant on his maternal allele), while the remainder are de novo. The penetrance is considered to be 100%.<sup>3</sup> The vast majority of mutations described so far are truncating or nonsense mutations, although some patients carry missense variants, which may not necessarily be

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**Abbreviations:** AMPA,  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazole propionic acid; ASD, autism spectrum disorder; AVP, arginine vasopressin; Bdnf, brain-derived neurotrophic factor gene; mTOR, mammalian target of rapamycin; MUST, *MAGEL2*-USP7-TRIM27 protein complex; POMC, proopiomelanocortin; PWS, Prader–Willi syndrome; SYS, Schaaf–Yang syndrome; WASH, Wiskott–Aldrich syndrome protein and SCAR homologue.

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SYS-causing.<sup>12</sup> Considering the female-protective model for neurodevelopmental disorders, the high penetrance of ASD even of female individuals with SYS is striking, and exploring SYS prevalence, phenotype, and severity based on sex should provide additional insight.<sup>13</sup>

## Phenotypes are highly variable in SYS

The phenotype of SYS (Figure 1) is highly variable among patients, but also over the course of their lives. In the prenatal period, the main findings include polyhydramnios and decreased fetal movements; however, the disease is unlikely to be identified during routine prenatal testing.<sup>14–20</sup> Infants present with generalized muscular hypotonia, respiratory distress with episodes of sleep apnoea, feeding difficulties with failure to thrive, and joint contractures.<sup>3,20</sup> The presence of joint contractures, and sometimes severe arthrogryposis multiplex congenita, which results from reduced or absent fetal movement, is the earliest distinctive feature of SYS.<sup>6,21,22</sup> In children and adolescents, mild to profound developmental delay, intellectual disability, seizures, ASD, and other cognitive or behavioural anomalies (e.g. impulsivity, compulsivity, manipulative behaviour, automutilation, heightened anxiety) become apparent.<sup>3,5</sup> Musculoskeletal problems that arise in addition to those already surfacing in infancy include scoliosis, kyphosis, and short stature, which may be disguised initially owing to the early onset of puberty in SYS.<sup>3,21</sup> Patients with SYS usually have gross hypothalamic dysfunction which is probably a result of *MAGEL2* loss-of-function and manifests as several endocrinopathies (e.g. hypopituitarism, growth hormone deficiency, low gonadotropins with hypogonadism, etc.), temperature instability, and disrupted circadian rhythms (e.g. disturbed sleep cycle and daytime fatigue).<sup>3,15,23</sup> Non-specific facial dysmorphisms and ocular anomalies (e.g. nystagmus<sup>12,24,25</sup>) are noted alongside gastrointestinal problems (e.g. chronic constipation, gastroesophageal reflux disease).<sup>16,26,27</sup> Hyperphagia, food-seeking behaviour, and obesity are hallmark features of PWS, but are present in only a minority of young patients with SYS.<sup>16,26,27</sup> In contrast to young patients, most adult patients do manifest these symptoms.<sup>15</sup> Some symptoms (e.g. hypotonia, feeding problems) become less prevalent and challenging in adult patients.<sup>5</sup> The life expectancy in SYS is reduced because of a greater risk of fatal complications, mostly during infancy and childhood, and *Magel2*-null mice exhibit reduced embryonic viability.<sup>3,28</sup> A mortality rate of 17% in the SYS subcohort was reported in the China Neonatal Genomes Project project<sup>10</sup> with almost all deceased patients carrying paternally inherited variants.<sup>29</sup> Reports demonstrate that survival into adulthood is possible and, at the time of writing, the oldest patient with SYS in our registry is 41 years old (Christian P Schaaf, personal communication).<sup>3</sup>

## Distinct genotype–phenotype correlations

Phenotypes in SYS are highly variable, even among patients with the same genotype.<sup>12,16,30</sup> Genotype–phenotype

### What this paper adds

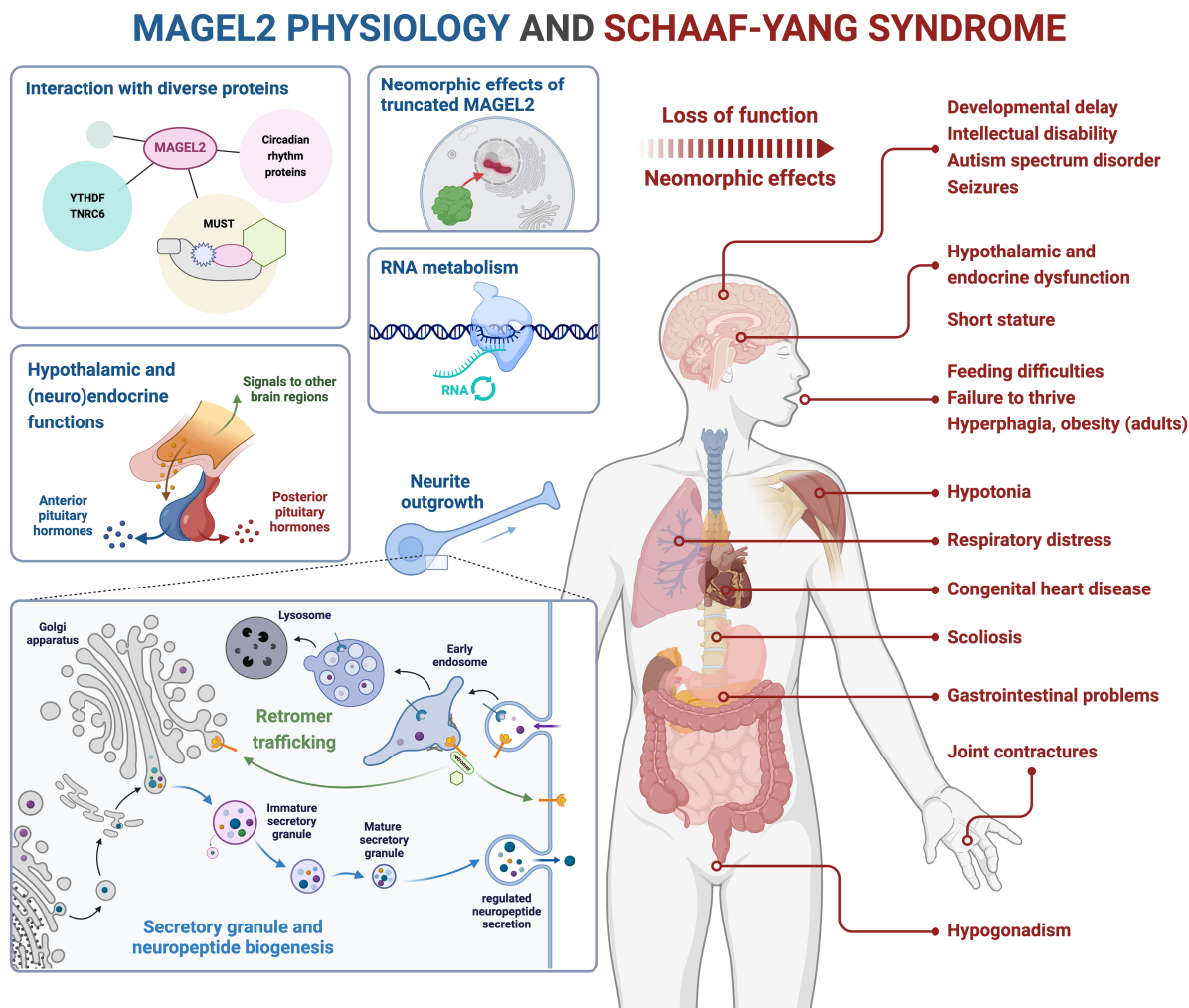
- Loss of function of *MAGEL2* contributes to Schaaf–Yang syndrome phenotypes but does not fully explain them.
- RNA interference or proteolysis-based therapies to reduce the truncated protein are identified as a research priority.

correlations do exist, however, and it is conceivable that, depending on the precise location of frameshift or nonsense mutations, the variants would result in different truncated protein products, providing a potential foundation for the observed phenotypic differences.<sup>6</sup>

Approximately 42% of all patients with SYS carry variants within the mutational hotspot located at nucleotides c.1990 to 1996.<sup>9,16,20</sup> Mutations in this area are almost exclusively responsible for early deaths of infants with SYS.<sup>29</sup> The region contains a sequence of seven cytosines<sup>16</sup> which probably presents a challenge to the DNA polymerase resulting in polymerase slippage and insertion (c.1996dupC) or deletion (c.1996delC) of a cytosine.<sup>29</sup> Although both mutations cause frameshifts in the same region, they result in dramatically different phenotypes, possibly because of the differences in amino acid sequence.<sup>12</sup> The c.1996delC variant causes severe arthrogryposis multiplex congenita and death in utero or shortly after birth.<sup>10,22</sup> Interestingly, this variant is predicted to result in a protein lacking the MAGE homology domain but with an additional change in the PAT1 domain, resulting in a novel DNA Pol3 gamma domain.<sup>6,12,20</sup> The most common SYS mutation, c.1996dupC, is associated with an infant mortality rate of about 24% due to respiratory failure.<sup>10,31</sup> Generally, this variant is associated with more severe phenotypes compared with all other pathogenic mutations except c.1996delC. Individuals with c.1996dupC have a higher prevalence of musculoskeletal problems, but also more profound levels of developmental delay/intellectual disability. For instance, the mean IQ of those with a c.1996dupC mutation was reported to be 14.2 compared with 53.2 in those with other variants.<sup>6,12,20</sup> Recently, an additional mutational hotspot at c.1912 was proposed.<sup>10</sup> Dissecting genotype–phenotype correlations further by taking into account the expected differences at the protein level, as well as sex-specific variation, would provide additional insights to enhance clinicians' ability to effectively counsel patients.

## MAGEL2 IN HEALTH AND DISEASE

*MAGEL2* belongs to a family of closely related *MAGE* genes, whose protein products harbour the functional MAGE homology domain. The MAGE homology domain contains dynamic tandem winged-helix motifs, is flexible, and is encoded by different sequences in different *MAGE*s to allow each *MAGE* protein to interact with distinct partners and



**FIGURE 1** *MAGEL2* physiology and SYS. *MAGEL2* engages in diverse protein complexes and interactions to facilitate a range of processes spanning RNA metabolism, retromer trafficking, secretory granule and neuropeptide biogenesis, neurite outgrowth, and the fine-tuning of hypothalamic and (neuro)endocrine activities. In addition to loss-of-function mechanisms, the emergence of neomorphic effects from truncated *MAGEL2*, which is encoded by typical SYS variants, probably contributes to the complex SYS phenotype. Abbreviations: MUST, *MAGEL2*-USP7-TRIM27 protein complex; SYS, Schaaf-Yang syndrome.

confer specific functions. MAGEs are regulators of E3 RING ubiquitin ligases, which label substrates with ubiquitin chains to regulate processes such as proteasomal decay. MAGE proteins enhance the activity of E3 RING ligases, alter substrate specificity, and influence the subcellular localization of the ligase. Many MAGEs, including *MAGEL2*, are involved in neurogenesis and brain function.<sup>32</sup> *MAGEL2* specifically is suggested to have evolved as a mammalian-specific regulator of hypothalamic neuroendocrine function, fine-tuning the hypothalamic regulation of physiological homeostasis and behaviour to adapt to environmental cues.<sup>1</sup>

### Gene expression, epigenetics, and RNA metabolism

The critical role of *MAGEL2* in neurodevelopment is emphasized by its predominant expression in the developing brain in humans and mice, with the timing of expression

coinciding with neurogenesis.<sup>33</sup> *MAGEL2* is most highly expressed in the developing hypothalamus and pituitary at approximately 6 to 8 weeks gestational age.<sup>25</sup> High levels of hypothalamic expression are more deeply characterized in mice, which showed intense *Magel2* expression at E12.5 in the ventral thalamus, anterior hypothalamus, supraoptic nucleus, paraventricular nucleus, and presumptive suprachiasmatic nucleus areas.<sup>34</sup> Interestingly, this is parallel to the timing of parvo- and magnocellular neuronal precursor generation in the developing paraventricular nucleus and supraoptic nucleus.<sup>35</sup> In the suprachiasmatic nucleus, *Magel2* is expressed in a circadian fashion with peaks during the subjective day.<sup>36,37</sup> During adulthood, *MAGEL2* expression is still highest in the hypothalamus, but mouse data show that *Magel2* expression is generally lower in adult brain tissue than in the developing brain.<sup>33,38</sup> While predominantly present in the brain, *MAGEL2* is expressed in other fetal tissues (e.g. kidney, liver, and lung) as well as in the placenta, possibly as part of peripheral nervous system

structures.<sup>33,38</sup> Moreover, *MAGEL2* is expressed in various cells of mesodermal origin, such as stem cells, chondrocytes, muscle cells, and pancreatic islets, and may contribute to the formation of muscle, bone, and fat.<sup>39,40</sup> Additionally, *Magel2* is present in another tissue of mesenchymal origin, the cortex of the adrenal gland, which produces glucocorticoids, mineralocorticoids, and androgens.<sup>39,41</sup>

*MAGEL2* is maternally imprinted and, thus, expressed from the paternal allele.<sup>3</sup> Imprinting is an epigenetic phenomenon that is canonically regulated by DNA methylation. Although imprinted genes represent only a small subset of the mammalian genome, many of them have major effects on development and placental biology.<sup>42,43</sup> A group of paternally expressed genes including *MAGEL2* are mainly expressed in both the placenta and hypothalamus and believed to have evolved owing to parent–infant co-adaptation.<sup>44</sup> At early developmental stages, imprinting variance of porcine *Magel2* has been reported with temporal and spatial variation in expression.<sup>16</sup> Compared with rats harbouring mutations in the paternal allele only, those with homozygous *Magel2* mutations in both alleles, including the supposedly silent maternal allele, exhibited significant differences, which supports the hypothesis that switches between biallelic and monoallelic *Magel2* expression occur during embryonic development.<sup>45</sup> For genetic counselling, it should be noted that if a SYS-causing mutation is present in a family, several generations can remain phenotypically unaffected, as long as the mutation resides on the maternal allele.<sup>16</sup> To help families understand genetic risks, the father of a patient should always be tested for the *MAGEL2* variant found in his offspring. Approximately half of the SYS variants identified so far are inherited from a carrier father, while the other half are found to be de novo. This has important implications for future family planning. The chance of recurrence for future children to inherit the paternal *MAGEL2* variant is 50% if the father has been identified as a carrier. If the father is not a carrier, it is expected to be under 3% because of the possibility of germline mosaicism. In cases where the father does not carry the *MAGEL2* variant identified in the proband, subsequent testing should be performed, using methylation-sensitive methods to confirm that the variant is indeed located on the paternal allele of the index.

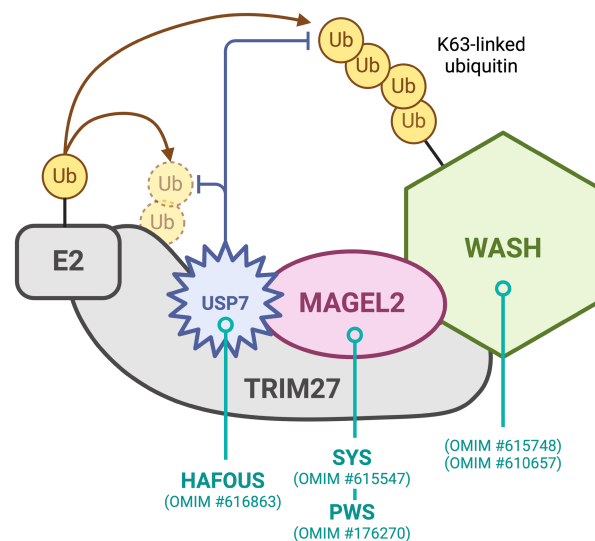
*MAGEL2* expression may be regulated by NF1.<sup>46</sup> Additional transcriptional regulators of *Magel2* have been identified in mice, most notably the oestrogen diethylstilbestrol, aristaless-related homeobox (*Arx*), and the chromodomain helicase DNA-binding 5 chromatin remodeller (*Chd5*).<sup>47,48,50</sup> *Chd5*-null mice exhibit autism-like phenotypes, potentially caused by downstream *Magel2* dysfunction.<sup>49</sup>

*MAGEL2* itself may influence gene expression, even though transcriptomic analyses of neuronal tissue derived from patients with SYS, which has the greatest *MAGEL2* expression, have not yet been published. In one patient with SYS, differentially methylated regions were found, predominantly in genes involved in macromolecule biosynthesis.<sup>50</sup>

Apart from the influence of *MAGEL2* mutations at the epigenetic level, the amino (N)-terminal portion of *MAGEL2* is probably involved in RNA metabolism through the regulation of messenger RNAs (mRNAs) modified by m<sup>6</sup>A methylation. In particular, YTHDF2, an m<sup>6</sup>A ‘reader’ regulating 5′ UTR methylation and translation initiation under stress, was identified as proximal to the N-terminus of *MAGEL2* (Figure 1).<sup>51,52</sup>

## MAGEL2 is part of regulatory complexes

Human *MAGEL2* consists of 1249 amino acids.<sup>53</sup> Like other MAGE family members, it participates in at least one multi-subunit protein complex, specifically referred to as the *MAGEL2*-*USP7*-*TRIM27* (*MUST*) complex (Figure 2).<sup>1,54–56</sup> The *MUST* complex contains: (1) *MAGEL2*, an E3 ubiquitin ligase enhancer;<sup>57</sup> (2) *TRIM27*, an E3 RING ubiquitin ligase; and (3) *USP7*, a deubiquitinating enzyme. The *MUST* complex specifically functions as a regulator of the retromer-dependent recycling pathway.<sup>55</sup> Retromer recycling is an essential cellular process that facilitates the trafficking of membrane proteins from endosomes to the plasma membrane or *trans*-Golgi network, thus preventing lysosomal degradation (Figure 1).<sup>58,59</sup> The *MUST* complex proteins jointly control the K63-linked ubiquitination of the Wiskott–Aldrich syndrome protein and SCAR homologue (*WASH*) K220 regulatory complex, which results in its activation, thus allowing *WASH* to promote actin nucleation on endosomes



**FIGURE 2** *MUST* complex. *MAGEL2* acts as an E3 ubiquitin ligase enhancer and interacts with the E3 RING ubiquitin ligase *TRIM27*, and the deubiquitinating enzyme *USP7*, which buffers ubiquitination levels of substrates such as the *WASH* complex.<sup>32,55</sup> *WASH* ubiquitination by the *MUST* complex has been shown to be involved in retromer recycling.<sup>56</sup> The figure highlights several neurodevelopmental disorders linked to variants in genes encoding *MUST* proteins or their interaction partners. Abbreviations: *MUST*, *MAGEL2*-*USP7*-*TRIM27*; OMIM, Online Mendelian Inheritance in Man; PWS, Prader–Willi syndrome; SYS, Schaaf–Yang syndrome; Ub, ubiquitin; *WASH*, Wiskott–Aldrich syndrome protein and SCAR homologue.

that is necessary for retromer functionality. USP7 buffers WASH ubiquitination levels, and MAGEL2 influences cargo selection among other functions (Figure 2).<sup>32,55,56</sup>

The role of the MUST complex in retromer trafficking is tissue-specific. To illustrate, retromer dysfunction has been reported in neurons derived from dental-pulp stem cells of patients with PWS, who lack *MAGEL2* entirely, and from a patient with SYS, while undifferentiated dental-pulp stem cells were unaffected.<sup>60</sup> The critical role of retromer dysfunction in SYS pathology is emphasized by the fact that mutations in *USP7* lead to a neurodevelopmental disorder (OMIM 616863) with phenotypes that partly overlap with those of SYS,<sup>27,55,61</sup> and mutations in *WASH* protein-coding genes are associated with intellectual disability<sup>62,63</sup> (Figure 2). *MAGEL2* has also been shown to interact with SUMO E3 ligases such as PIAS1, although the implications remain to be investigated.<sup>64</sup>

### MAGEL2 is involved in diverse cellular processes

Among the cargos of *MAGEL2*-regulated retromer trafficking are components of the regulated secretory pathway such as proteins involved in hormone processing and secretory granule maturation.<sup>60</sup> The regulated secretion pathway is essential in secretory cells and requires the retrograde movement of lipids and proteins from immature secretory granules. In particular, *MAGEL2*-regulated *WASH* is required for regulated secretion in the hypothalamus (Figure 1).<sup>1,60,65,66</sup> *MAGEL2* deficiency in mice and cells derived from patients with PWS leads to decreased secretory granule and neuropeptide production, resulting in decreased levels of oxytocin, arginine vasopressin (AVP), somatostatin, and thyrotropin-releasing hormone as well as decreased growth hormone, and luteinizing hormone.<sup>60</sup> In *Magel2*<sup>tm1.1Mus</sup> mice, the intermediate form of several neuropeptides (oxytocin, AVP, and orexin-A) accumulates, while mature neuropeptide production is impaired.<sup>67</sup> Overall, *MAGEL2* functions as a tissue-specific regulator of the core secretory machinery with loss-of-function leading to reduced secretory granule numbers, reduced bioactive hormone levels, and processing defects.<sup>1</sup>

Furthermore, *MAGEL2* may be involved in the mammalian target of rapamycin (mTOR) and autophagy pathways. mTOR is a serine/threonine kinase that acts downstream of growth factor signalling to modulate cellular homeostasis.<sup>68</sup> *Magel2* could be required for normal levels of autophagy in both muscle tissue and the brain, with muscular atrophy being a result of increased autophagy.<sup>39,69</sup> mTORC1 is up-regulated and autophagy is decreased in the brains of *Magel2*-null mice, neurons derived from induced pluripotent stem cells of patients with SYS, and fibroblasts, although this last result was not recapitulated in a later study. *HOTAIR*, a regulator of mTOR, was found to be increased in those SYS fibroblasts.<sup>70,71</sup> Rapamycin shows therapeutic potential<sup>70,72</sup> but, to our knowledge, results have not been confirmed in follow-up studies.

## MAGEL2 function is critical for brain and body homeostasis

### Brain, cognition, and behaviour

*Magel2* deficiency leads to disruptions of neuronal activity with changes in the synaptic excitation/inhibition balance suppressing the activity of neurons in the hypothalamus and hippocampus of mice.<sup>73–75</sup> This is probably because of the selective loss of postsynaptic  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazole propionic acid- (AMPA-) dependent currents, a particularly interesting finding given the involvement of the retromer complex in AMPA receptor trafficking.<sup>73,76</sup> If similar mechanisms occur in the hypothalamus, it is conceivable that AMPA receptors may not be properly trafficked to the plasma membrane, explaining the loss of excitatory response. In addition, loss of *Magel2* seems to delay the developmental excitatory-to-inhibitory GABA ( $\gamma$ -aminobutyric acid) shift, in which oxytocin plays a prominent role.<sup>74,77,78</sup> *Magel2* promotes neurite outgrowth (Figure 1) and both mutant mouse neurons and those derived from induced pluripotent stem cells of patients with SYS show impaired axonal outgrowth or dendrite formation, accompanied by alterations in the retinoid signalling pathway.<sup>70,75,79–81</sup> *Magel2* is required for normal neurochemical balance as well, and *Magel2*-null mice exhibit reduced serotonin, dopamine, and noradrenaline concentrations.<sup>82,83</sup> Recently, neuroinflammatory signals have also been reported in *Magel2*-null mice and brains from patients with PWS.<sup>84,85</sup>

Some of the alterations described above may contribute to developmental delay/intellectual disability in patients but also to other symptoms, including endocrine disturbances. Electroencephalogram patterns in infants with SYS can be reflective of a moderate depression of brain function, and other irregular activity, which, if present, generally normalizes within the first 2 years of life.<sup>24,86,87</sup> Patients with SYS present with varying levels of intellectual disability (mean Full-scale ratio IQ: 27.0) although higher intelligence measures are reported in adult patients than young people with SYS. A sizeable portion of patients with SYS fail to reach developmental milestones at any age. Adult patients generally live in specialized institutions or at home with family but can often work in protected environments. It is, however, promising that patients have not shown regressions in skills after acquiring them.<sup>6,7,15</sup> Mouse models of *Magel2*-deficiency recapitulate learning deficits.<sup>88</sup>

The first behavioural concerns of parents are abnormal crying at birth, and difficulties categorizing their child's emotional expressions.<sup>7</sup> SYS adults may have a significantly greater risk for psychiatric disorders.<sup>15</sup> Among those, ASD is strikingly prevalent. Reports range from 50% prevalence<sup>9</sup> to 78%<sup>6</sup> or even 89%<sup>7</sup> in formally tested cohorts. *Magel2*-deficient mice concordantly display behavioural abnormalities including a deficit in preference for social novelty, deficits in social memory, parenting behaviour, and separation-induced vocalizations.<sup>74,89–91</sup> Impaired prosocial

behaviour has also been reported in a novel rat model carrying a truncating mutation reflective of the SYS genotype.<sup>45</sup> Patients with SYS additionally exhibit significant deficits in adaptive-functioning and can present with obsessive thoughts, stubbornness, and a paradoxical combination of heightened anxiety and reduced awareness of danger.<sup>7,15</sup> Increased anxiety may be recapitulated in mice, while another study reported modest reductions in anxiety.<sup>82,89</sup>

## (Neuro)endocrinology

As the key region of neuroendocrine function, the hypothalamus, where *MAGEL2* is highly expressed, is at the centre of organismal homeostasis and adaptation to the environment. In *MAGEL2*-related disorders such as PWS and SYS, this adaptive functionality seems to be disrupted.<sup>1,38</sup> In this section we focus on the involvement of *MAGEL2* in (neuro)endocrinology and subsequently return to nonendocrine hypothalamic (dys-)function. As part of the hypothalamic–pituitary axis, the hypothalamus produces releasing hormones to control the pituitary gland which in turn releases hormones to control other glands or tissues.<sup>92</sup> Pituitary hypoplasia has been reported,<sup>93,94</sup> and the endocrine system is clearly disrupted in patients with SYS, which is plausible considering the role of *MAGEL2* in secretory granule and neuropeptide biogenesis.

Pituitary hormones can be separated into posterior pituitary (neurohypophysis) and anterior pituitary (adenohypophysis) hormones. Oxytocin and AVP, the two posterior pituitary hormones, are evolutionarily conserved mediators in the regulation of complex social cognition and behaviour. They are synthesized mostly in magnocellular neurons of the supraoptic nucleus and paraventricular nucleus, with axons projecting to the posterior pituitary where peptides are stored in secretory granules before being released into the blood stream.<sup>1,95</sup> Oxytocin also acts on the brain as a neuro-modulator.<sup>96</sup> Oxytocin system function and oxytocin levels during prenatal development and around birth influence food intake, cognition, and behaviours related to autism, probably by stimulating and coordinating the maturation of neuronal networks.<sup>96–98</sup> Early alterations may therefore disturb oxytocin system maturation and have short- and long-term pathological consequences that manifest as ASD, among other symptoms.<sup>99</sup>

Patients with PWS, who lack the entire paternal *MAGEL2* allele, exhibit altered oxytocin system anatomy and peptide levels, affecting physiological functions, social behaviours, and food intake.<sup>1,100–104</sup> Different *Magel2*-null mouse lines have either reduced<sup>105</sup> or increased<sup>88</sup> oxytocin neuron numbers. Given the role of *MAGEL2* in neuropeptide production, prohormone processing defects can be expected and are reported in neonatal *Magel2*-null mice that present deficits in mature oxytocin levels accompanied by the accumulation of intermediate forms. Adult mutants, however, seem to harbour an increase in mature oxytocin levels.<sup>67,88</sup> Therefore, secretion may be impaired, which could

be investigated with novel biological sensors for oxytocin release.<sup>106</sup> Neuromodulatory effects of oxytocin are mediated through oxytocin receptors whose expression varies depending on the brain region, sex, developmental age, and environment. Early-life experience has long-term effects on the expression of oxytocin receptors.<sup>107,108</sup> *Magel2*-null mouse models show widespread downregulation of oxytocin receptors in neonates and in the adult nucleus accumbens, while other regions, such as the central amygdala, show increased oxytocin receptor expression in adult animals.<sup>74,105,107</sup>

Oxytocin and AVP share a role in social fear and aggression through inhibitory synaptic transmission in the lateral septum, which harbours somatostatin neurons. This neuronal population is dysregulated in *Magel2*-null mice, resulting in disrupted social fear extinction and discriminative social exploration.<sup>109,110</sup> Besides affecting social behaviours, AVP regulates the tonicity of body fluids, and AVP deficiency is known to result in diabetes insipidus, which has been reported in patients with SYS.<sup>1,30,93,111</sup>

Hypothalamic steering hormones (thyrotropin-releasing hormone, growth hormone-releasing hormone, gonadotropin-releasing hormone, corticotropin-releasing hormone) control anterior pituitary hormone levels. Hypothyroidism, partly of central origin, has been described in patients with SYS, and mice concordantly show decreased hypothalamic levels of thyrotropin-releasing hormone and lower circulating T4.<sup>12,15,26,60,86,93,94,112</sup> Several hallmark features of SYS, including short stature, hypoglycaemia, low bone mineral density, and body composition shifts from lean to fat mass, can be explained by the reduced growth hormone levels reported in patients.<sup>25,26,86,93,94,113</sup> Notably, mTOR is also a positive regulator of lipid synthesis, and fibroblasts from patients with SYS form more lipid droplets.<sup>70</sup> Since fetal growth is independent of pituitary growth hormone,<sup>114</sup> rapid growth retardation in patients with SYS onsets after birth.<sup>115</sup> *Magel2*-null mice, and to some extent *Magel2*<sup>Pmut</sup> rats, mimic alterations in hormone levels, body composition, growth restriction, and compromised bone health.<sup>28,39,45,112,116</sup> Deficiency in growth hormone in these mice has been suggested to be of hypothalamic origin, implying growth hormone-releasing hormone disruption.<sup>112</sup> Hypogonadism, another common feature of SYS, may be explained by deficiencies in gonadotropin-releasing hormone or luteinizing hormone/follicle-stimulating hormone. Low levels of luteinizing hormone and follicle-stimulating hormone have been reported in patients, but it is unclear whether hypogonadism is of primary or secondary aetiology; in PWS, both possibilities have been suggested.<sup>15,26,93,117</sup> *Magel2*-deficient mice exhibit impaired fertility with low levels of gonadotropin-releasing hormone and luteinizing hormone, irregular oestrous cycles in females, and decreased testosterone levels in males.<sup>60,118</sup> Finally, corticotropin-releasing hormone stimulates release of adrenocorticotrophic hormone, which in turn regulates the adrenal cortex. While adrenal insufficiency has been mentioned in patients with SYS, reports remain scarce, which is surprising given the additional information on local *MAGEL2* expression.<sup>25,39</sup>

The neurotransmitter dopamine plays its own role in inhibiting the release of prolactin from the anterior pituitary, while also being involved in behaviours such as motor function, sexual behaviour, and feeding.<sup>83</sup> Dopaminergic pathways mainly originate from the mediobasal hypothalamus, substantia nigra, and ventral tegmental area.<sup>119</sup> Interestingly, hyperprolactinaemia has been reported in patients with SYS,<sup>25,120</sup> and dopamine levels are reduced in brain tissue of *Magel2*-null mice.<sup>82,83</sup> Dopaminergic dysfunction probably contributes to other aspects of SYS as well. Dopaminergic neurons within the paraventricular nucleus and periventricular nucleus, which are reduced in *Magel2*-null mice, influence the release of pituitary hormones in addition to somatostatin, namely oxytocin, AVP, growth hormone, and thyroid-stimulating hormone.<sup>83,121,122</sup> In humans, dopamine is particularly important in reward-related behaviour, including overeating and hedonic feeding. The reward pathway or mesolimbic dopaminergic system consists of neurons in the ventral tegmental area that project to the nucleus accumbens, and are regulated by hormones such as leptin, insulin (both inhibitory), and ghrelin (activating).<sup>83,123</sup> Consequently, *Magel2* is required for normal responses to changes in the caloric content of food.<sup>83</sup>

In summary, loss of *MAGEL2* function leads to gross neuroendocrine dysfunction, contributing to a broad range of SYS symptoms. Pathophysiological mechanisms probably include impaired secretory granule and neuropeptide biogenesis as well as electrophysiological changes in secretory neurons.

## Metabolism, thermoregulation, and circadian rhythm

Albeit not a common feature in young patients with SYS, hyperphagia, food-seeking behaviour, and obesity are highly prevalent in adult patients.<sup>15</sup> In patients with SYS, *Magel2*-null mice, and *Magel2*<sup>Pmut</sup> rats, body composition shifts towards greater fat mass.<sup>26,28,45</sup> In PWS, where these pathologies have been studied extensively, three pathomechanistic theories have emerged: (1) a deficit to generate satiety signals, (2) dysfunctional hypothalamic centres of energy homeostasis, and (3) abnormally high activation of reward pathways by food-related stimuli.<sup>28,124,125</sup>

The arcuate nucleus of the hypothalamus comprises two neuronal subpopulations that regulate food intake and body weight.<sup>1,126,127</sup> Neuropeptide Y and agouti-related peptide neurons jointly stimulate food intake and reduce energy expenditure, while proopiomelanocortin (POMC) neurons have opposite effects.<sup>126,128</sup> POMC neurons are stimulated in the 'fed state' by circulating hormones such as leptin and insulin to promote the processing of POMC to the mature hormone  $\alpha$ -melanocyte-stimulating hormone, which acts on melanocortin-4 receptor-positive neurons in the paraventricular nucleus to reduce food intake. In the 'starved state', agouti-related peptide/neuropeptide Y neurons are activated by decreased leptin and insulin levels and increased ghrelin levels.<sup>129</sup> Agouti-related peptide neuron function seems uncorrupted upon

*Magel2* loss.<sup>130</sup> On the other hand, *Magel2*-null mice have fewer POMC neurons with fewer  $\alpha$ -melanocyte-stimulating hormone projections to the paraventricular nucleus, and the remaining POMC neurons are unresponsive to leptin, leading to defective anorexigenic responses.<sup>80,128,131</sup> *MAGEL2* has been shown to regulate the recycling of leptin receptors and therefore leptin receptor cell-surface abundance in complex with Necdin, RNF31, and USP8. Thus, loss of *MAGEL2* could well account for leptin resistance and increased susceptibility to obesity in mice and humans. This evidence also suggests the existence of an additional complex, similar to MUST.<sup>1,28,54,126,132,133</sup> Fasting levels of the orexigenic hormone ghrelin are even more strongly elevated in patients with SYS than in patients with PWS who are often morbidly obese. In general, it is curious that hyperphagia and obesity seem to be less prevalent and appear later in life in SYS. A few potential explanations have been discussed, particularly that severe intellectual disability in SYS may prevent patients from expressing their hunger.<sup>10,12,18,30,94,113,134</sup> This notion is corroborated by findings that overeating is observed only in adults with SYS who have higher degrees of independence and less frequently in individuals with c.1996dupC mutations which are associated with more severe intellectual disability.<sup>6,15</sup>

Functional *MAGEL2* is crucial in glucose metabolism as well, as evidenced by frequent reports of hypoglycaemic episodes in patients with SYS, which can often be treated with diazoxide.<sup>10,12,18,30,94,113,134</sup> Hypoglycaemia can be secondary to hormone deficiency, adrenal insufficiency, or hyperinsulinism.<sup>113</sup> Both growth hormone deficiency and hyperinsulinism have been shown in patients and could jointly impair the counterregulatory response to hypoglycaemia. Although *MAGEL2* is expressed in the pancreas, its role in insulin metabolism is unclear.<sup>113</sup> *Magel2*-null mice mimic increased insulin levels.<sup>6,12,15,17,135,136</sup> Evidence additionally points to dysfunctional glucose sensing mechanisms in the hypothalamus.<sup>112</sup> Gastrointestinal abnormalities include frequent chronic constipation and other complications, some of which may be connected to muscular hypotonia.<sup>6,12,15,17,135,136</sup>

Thermoregulation, another hypothalamic function, may be impaired in patients with SYS who show temperature instability with excessive cold or sweating, sometimes leading to an initial diagnosis of Crisponi/cold-induced sweating syndrome.<sup>6,137</sup> Dysregulated thyroid function may also contribute to this phenotype. Beyond its circadian expression pattern, *MAGEL2* directly influences the generation of circadian rhythms in the suprachiasmatic nucleus, where dorsomedial AVP neurons express *Magel2*, at least in mice.<sup>138</sup> *Magel2* has been shown to modulate the activity of circadian rhythm proteins. It induces the redistribution of Clock towards the cytoplasm, in contrast to the nucleus-directed effect of Bmal1, interacts with Bmal1 and Per2, and probably promotes negative feedback regulation of the cellular circadian cycle.<sup>139</sup> In addition, as part of the MUST complex, *MAGEL2* fine-tunes CRY1 levels.<sup>140</sup> Loss of *MAGEL2* function could explain the disturbed sleep cycles in patients and the blunted circadian rhythm in *Magel2*-knockout mice.

## Musculoskeletal and cardiovascular health

Alterations across multiple *MAGEL2*-dependent pathways, most of which have already been mentioned, could combine to create a 'perfect storm' that causes a high incidence of musculoskeletal pathologies.<sup>39</sup> Hypotonia, as an almost universal and prominent early phenotype, probably contributes to several clinical manifestations, most importantly feeding difficulties, respiratory dysfunction, and joint contractures.<sup>6</sup> *Magel2*-null mice exhibit reduced muscle strength, and signs of muscular atrophy.<sup>39</sup> The definite origin of hypotonia remains elusive. Newborn mice recapitulate impaired feeding with weak sucking, and other results support a key role for *Magel2* in the initiation of feeding behaviour. The latter is probably dissociated from muscular functions and instead linked to oxytocin deficiency, which is required for modulating the sensory-motor reflexes necessary for sucking.<sup>67,141</sup> Respiratory dysfunction is another common, and sometimes lethal, SYS symptom. Both young and adult patients have been reported to have sleep apnoea, with data pointing to both central and peripheral aetiologies.<sup>6,15,23,30</sup> Mouse models do not recapitulate severe respiratory deficiency, but show *Magel2* expression in the diaphragm, abdominal wall muscles, and fetal lung, while the novel rat model exhibits counterintuitive respiratory changes by showing reduced apnoea counts.<sup>33,39,45</sup> Joint contractures up to arthrogryposis multiplex congenita are considered the result of fetal akinesia or hypokinesia, and possibly linked to hypotonia.<sup>22</sup> Scoliosis is a common problem in humans with neuromuscular dysfunctions,<sup>142</sup> and has been reported both in patients with SYS and in *Magel2*-null mice.<sup>15,25,26,39</sup>

To close our investigation of *MAGEL2* loss-of-function, we present congenital heart disease as a currently underappreciated feature of SYS. Several studies have shown alterations, particularly atrial septal defects,<sup>10,12,20,30,143</sup> pulmonary hypertension,<sup>24,143</sup> and patent foramen ovale.<sup>20,24,143</sup> Indeed, most reports of cardiovascular disease are from young children. Interestingly, *Magel2*<sup>Pmut</sup> rats display alterations in cardiac structure and function.<sup>45</sup> Investigations into cardiovascular pathologies may be of particular interest and should also consider the connections between oxytocin and the heart.<sup>144</sup>

We conclude that *MAGEL2* loss-of-function probably contributes to a broad range of SYS phenotypes through disruptions in typical brain development, neuroendocrine functioning, metabolism, homeostatic mechanisms, and the musculoskeletal system. Numerous pathomechanistic pathways await clarification. Currently, the role of *MAGEL2* in regulatory complexes such as MUST stands out, while its involvement in RNA metabolism remains underexplored in advanced models.

## SYS beyond *MAGEL2* loss-of-function

Up to this point, our review has focused on dissecting SYS phenotypes according to *MAGEL2* loss-of-function. This is,

as we will argue, a distorted and incomplete picture. Patients with PWS lack the entire copy of paternal *MAGEL2*, but have both overlapping *and* distinct and, importantly, less severe phenotypes than patients with SYS.<sup>16</sup> Other deletion cases leading to loss of paternal *MAGEL2* while retaining other PWS genes do not recapitulate SYS severity, either.<sup>145,146</sup> It has been suggested that complete deletion of paternal *MAGEL2* promotes leaky expression of the unaffected maternal allele.<sup>16</sup> There is evidence supporting this theory.<sup>147</sup> However, if leaky expression were to explain the reduced severity of complete *MAGEL2* loss, the almost complete lack of SYS cases with missense mutations would be astounding. Since the promoter remains intact, these types of mutation are not predicted to cause leaky expression and should, thus, have similar severity as frameshift or nonsense cases.<sup>147</sup> These insights suggest an additional pathomechanism in SYS, apart from loss-of-function. Since *MAGEL2* is a single-exon gene,<sup>16</sup> mRNA transcripts containing premature stop codons should not be subject to nonsense-mediated decay, thus leading to the presence of a truncated protein product.<sup>12,16,148,149</sup> Previously, dominant negative effects of truncated *MAGEL2* have been suggested,<sup>16</sup> which are unlikely, given the lack of proof that *MAGEL2* forms multimers,<sup>150</sup> and the probable absence of wild-type protein. However, a harmful gain-of-function or neomorphic effect of truncated *MAGEL2* could be a feasible explanation, both for the severity of SYS compared with other *MAGEL2*-deficiencies, and for the varying phenotypes among patients with different predicted truncations.<sup>12,16,29</sup>

To our knowledge, the presence of a truncated *MAGEL2* protein has never been investigated in tissue from patients. It can, however, be detected in rats with a truncating *Magel2* mutation, making the model superior for SYS research compared with knockouts.<sup>45</sup> Apart from the rat, a mouse model with a truncating mutation in *Magel2* has been created but shows phenotypes similar to or less severe than those of *Magel2*-null mice.<sup>151</sup> This also raises the possibility that the exact position and resulting protein product determine the neomorphic aspect of SYS pathophysiology, which is in line with genotype-phenotype observations. In another mouse model overexpressing the N-terminal region of *Magel2* only, offspring died during the fetal or neonatal period.<sup>151</sup> Recent studies have shown that truncated *MAGEL2* proteins tend to localize to the nucleus, which is in contrast to a mainly cytoplasmic localization of wild-type *MAGEL2*. This mislocalization is more pronounced in protein products resulting from variants associated with greater clinical severity, particularly c.1996delC. Truncated proteins may acquire new functions within the nucleus, or form aggregates that disrupt normal gene expression and other nuclear processes (Figure 1).<sup>71,152</sup>

## THERAPEUTIC ADVANCES FOR SYS

A cure for SYS does not yet exist.<sup>3</sup> Some symptomatic treatments are available and generally effective but do



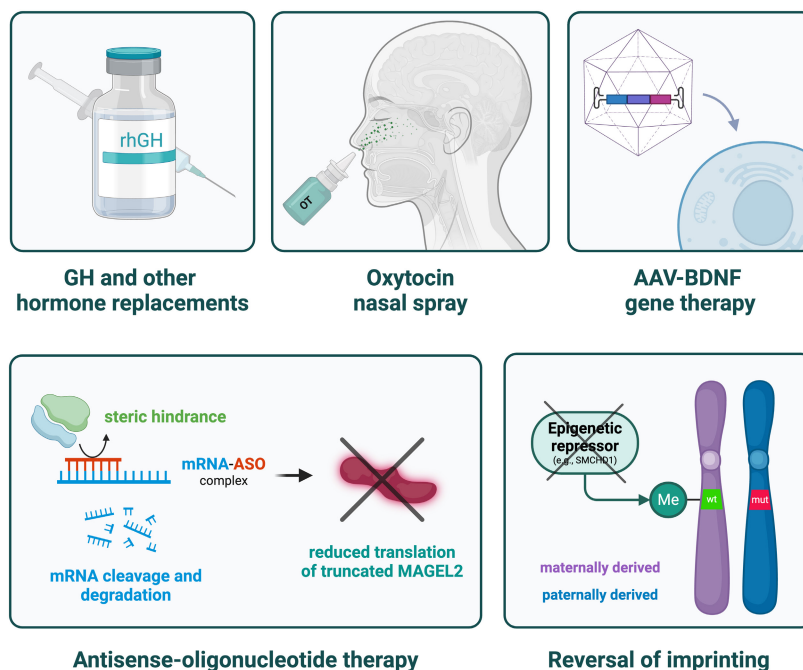
not ease the overall impact of SYS, leaving caregivers unsatisfied.<sup>5</sup> Recommendations for the clinical management of SYS have been reviewed elsewhere.<sup>3,71</sup> Therapies provided to patients include speech therapy, psychotherapy and psychiatric treatment, physical therapy, gastrointestinal medications and gastric- or nasogastric-tube feeding, tonsillectomy or adenoidectomy, and continuous positive airway pressure.<sup>5</sup> Hormone replacement therapies target the pathomechanistic chain further upstream. Patients with SYS receiving recombinant human growth hormone, which is already approved by the US Food and Drug Administration for PWS, show significant improvements in height and body mass index. Parents also reported increased muscle strength and endurance, as well as improved cognitive and social skills. Recombinant human growth hormone should be considered as a therapeutic and investigated in prospective clinical trials.<sup>115,153</sup>

The oxytocin system is implicated in ASD pathophysiology, and oxytocin has attracted considerable attention as a potential therapeutic for ASD and PWS with clinical trials yielding mixed results.<sup>154–157</sup> In *Magel2*-knockout mice, oxytocin has been shown to improve feeding, assure normal oxytocin system anatomy, prevent deficits in social behaviour, learning, and memory, normalize therosensory responses, and restore neurite outgrowth.<sup>67,74,75,88,96,158</sup> Early alterations in oxytocinergic function can have long-term consequences on development. Similarly, oxytocin treatment during development can permanently rescue some hallmark SYS symptoms in mice and social impairments in ASD models.<sup>75,99,107,155</sup> Oxytocin is probably required in critical

time windows, which must be considered for therapies.<sup>99,157</sup> Notably, oxytocin is not per se a prosocial drug and should be most effective when combined with behavioural therapy.<sup>96,155</sup> The SYS community places high hopes on oxytocin, and clinical trials are being considered.

Interestingly, neonatal oxytocin increases hippocampal expression of brain-derived neurotrophic factor (*Bdnf*), another therapeutic target.<sup>159</sup> BDNF is required for the development, maturation, and maintenance of neurons. It is also a critical regulator that functions downstream of the hypothalamic feeding circuits (leptin–POMC–melanocortin-4 receptor pathway), thereby influencing energy homeostasis and behaviour.<sup>84,160–164</sup> Several neurodevelopmental disorders are associated with *BDNF* loss.<sup>84,160,165</sup> Adeno-associated virus-*Bdnf* gene therapy successfully improved body composition, energy expenditure, glucose metabolism, and behaviour in *Magel2*-null mice while reversing neuroinflammation. A clear advantage of gene therapy is its action through an autoregulatory vector tied to central–peripheral feedback systems that reflect the body's physiological needs.<sup>162</sup> Melanocortin-4 receptor agonists, such as setmelanotide, act within the same pathway, mimicking POMC activity. Treatment with setmelanotide is effective in reducing food intake and increasing energy expenditure in *Magel2*-null mice, but translation into the clinic has proved difficult.<sup>128,162,166,167</sup>

Given the current knowledge about potentially severe neomorphic effects of truncated MAGEL2, a viable treatment strategy could leverage recent advances in therapeutics that interfere with protein production at the RNA level (e.g. antisense oligonucleotides<sup>168</sup>), or reduce protein levels



**FIGURE 3** Therapeutic strategies for SYS. This figure summarizes some promising therapeutic advances with potential efficacy in addressing SYS, transcending symptomatic management. Notably, antisense oligonucleotides directed at truncated MAGEL2 could specifically address potential neomorphic effects. Abbreviations: AAV-*BDNF*, adeno-associated virus-*BDNF* gene; ASO, antisense oligonucleotide; GH, growth hormone; Me, methylation signal; mRNA, messenger RNA; mut, mutation; OT, oxytocin; rhGH, recombinant human growth hormone; SYS, Schaaf-Yang syndrome; WT, wild type.

directly (e.g. PROTACS<sup>169</sup>). Thereby, the truncated protein load could be reduced, which may already offer substantial benefits. The imprinted nature of *MAGEL2* offers a unique opportunity, since a functional copy of the gene is usually available on the silenced maternal allele. Genetic regions can be unsilenced, as studies targeting PWS genes have shown.<sup>170,171</sup> Another study is currently underway,<sup>172</sup> and it is tempting to speculate that combining an antisense oligonucleotide treatment to reduce truncated *MAGEL2* with a therapeutic that reactivates the maternal copy of *MAGEL2* should be close to a causal cure for SYS. Promising therapeutic strategies are summarized in [Figure 3](#).

## CONCLUSION

We have outlined the role of *MAGEL2* in key processes at the DNA, RNA, protein, cellular, and systemic levels. *MAGEL2* loss-of-function explains a broad range of symptoms in SYS and PWS, but incompletely accounts for the severity observed in SYS. We have reviewed available therapies as well as those in development, and proposed novel therapeutic avenues. Substantial effort should be directed towards the generation of a compound (e.g. antisense oligonucleotides or PROTAC) to reduce the amount of truncated *MAGEL2* while further assessing the context-dependent potential of other therapeutics already on the market.

Additional challenges remain to be overcome. Several findings need to be recapitulated in pathologically relevant model systems. Moreover, many therapeutics may need to surmount the blood–brain barrier to exert their effects on the central nervous system. Compounds such as oxytocin are probably not able to do that after a certain point in development.<sup>74,154</sup> Apart from drug delivery, an even greater challenge could be timing. If our current understanding of SYS as a neurodevelopmental disorder is correct, treatments may only be effective in critical periods when the formation of neural circuitry is still malleable.<sup>99,157</sup> Early intervention is probably favourable, but trials will need to investigate the ideal timepoints for starting SYS therapy, as well as the strategy-dependent benefits of later treatment.

This work shows how concerted efforts among affected families and basic, translational, and clinical scientists can shape an increasingly comprehensive picture of a complex disease. The research presented herein serves dual objectives: it improves the understanding of human physiology and disease mechanisms, and it lays the groundwork for targeted therapies and, eventually, a cure for SYS.

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