

Politicians, power, and the people's health: US elections and state health outcomes, 2012–2024

Nancy Krieger^{1,*}, Soroush Moallef^{1,2}, Jarvis T. Chen¹, Ruchita Balasubramanian^{3,4}, Tori L. Cowger², Rita Hamad¹, Alecia J. McGregor⁵, William P. Hanage^{3,4}, Loni Philip Tabb⁶, Mary T. Bassett^{1,2}

¹Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health, Boston, MA 02115, United States ²FXB Center for Health and Human Rights, Harvard University, Boston, MA 02115, United States

³Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, MA 02115, United States

⁴Center for Communicable Disease Dynamics, Harvard T.H. Chan School of Public Health, Boston, MA 02115, United States

⁵Department of Health Policy and Management, Harvard T.H. Chan School of Public Health, Boston, MA 02115, United States

⁶Department of Biostatistics, Dornsife School of Public Health, Drexel University, Philadelphia, PA 19104, United States

*Corresponding author: Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health, Boston, MA 02115, United States. Email: nkrieger@hsph.harvard.edu

Abstract

Our descriptive study examined current associations (2022–2024) between US state-level health outcomes and 4 US state-level political metrics: 2 rarely used in public health research (political ideology of elected representatives based on voting records; trifectas, where 1 party controls the executive and legislative branches) and 2 more commonly used (state policies enacted; voter political lean). The 8 health outcomes spanned the life course: infant mortality, premature mortality (death at age <65), health insurance (adults aged 35–64), vaccination for children and persons aged \geq 65 (flu; COVID-19 booster), maternity care deserts, and food insecurity. For the first 3 outcomes, we also examined trends in associations (2012–2024). For all political metrics, higher state-level political conservatism was associated with worse health outcomes, especially for the metrics for political ideology and state trifectas. For example, in 2016, the premature mortality rate in states with Republican vs Democratic trifectas was higher by 55.4 deaths per 100 000 person-years (95% CI: 7.7, 103.1), and the slope of the rate of increase to 2021 was also higher, by 27.0 deaths per 100 000 person-years (95% CI: 24.4, 29.7). These results suggest elections, political ideology, and concentrations of political power matter for population health.

Lay summary

Our descriptive study examined current associations (2022–2024) between 4 different types of state-level political measures and 8 different statelevel health outcomes. The political measures included 2 rarely used in public health research (political ideology of elected representatives based on voting records; trifectas, where 1 party controls the executive and legislative branches) and 2 more commonly used (state policies enacted; voter political lean). The health outcomes spanned the life course: infant mortality, premature mortality (death at age <65), health insurance (adults aged 35–64), vaccination for children and persons aged ≥65 (flu; COVID-19 booster), maternity care deserts, and food insecurity. For the first 3 outcomes, we also examined trends in associations (2012–2024). Overall, higher state-level political conservatism was associated with worse health outcomes, especially for the measures of political ideology and state trifecta. For example, in 2016, the premature mortality rate in states with Republican vs Democratic trifectas was higher by 55.4 deaths per 100 000 person-years (95% CI: 7.7, 103.1). Their slope of the rate of increase to 2021 was also higher, by 27.0 deaths per 100 000 person-years (95% CI: 24.4, 29.7). These results suggest elections, political ideology, and concentrations of political power matter for population health.

Key words: childhood vaccination; COVID-19 boosters; electoral politics; health insurance; infant mortality; food insecurity; maternity care deserts; political polarization; political conservatism; political determinants of health; political liberalism; poverty; premature mortality; state policies; state trifecta.

Introduction

Elections are crucial to democratic governance, with results shaping political priorities, policies, programs, resources, and—often underappreciated—population health.¹⁻¹⁰ At issue is who is elected, with what political agendas, both individually and as tied to political party affiliations and governing coalitions. Such statements might seem to be truisms, but US population health research engaged with issues of governance and health has primarily focused on policies proposed or enacted⁸⁻¹³—and also more recently, voter political lean (as

spurred by the impact of political polarization on responses to and the harms of the COVID-19 pandemic)¹⁴⁻²³—and not on who enacts the policies and their power to do so.^{1-7,21-25} Consequently, limited US empirical evidence documents links between political ideologies, political power, and population patterns of health and health inequities.^{1-8,22-25}

How and why politics affects population health, including the magnitude of health inequities, is at core an interdisciplinary query.^{1-8,22-25} In our descriptive social epidemiologic study, we draw on political science and political sociology scholarship to address gaps in political metrics used in US

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public health research,^{1-8,21,22} while also foregrounding critical epidemiologic concerns, not typically addressed in social science literature, regarding etiologic period (ie, the time it takes for an exposure to become biologically embodied and manifested as a health outcome) and the need to analyze risk in relation to both baseline rates and changes in rates over time.^{3,24,26}

Our a priori hypothesis is that more conservative political ideologies-that is, politics that prioritize the private sector and cultural traditionalism over government programs, policies, and regulations that prioritize social equity and collective goods^{1-11,25,27}—are associated both with poorer current public health outcomes and worse trends in population health improvements over time. Numerous pathways are postulated to link political ideologies to population health outcomes and health inequities, variously involving the power of the state to shape living, working, and economic conditions and the rights needed to attain equity in these conditions; access to and quality of health care; and protection of the biophysical resources and environs necessary to thrive.^{1-11,24-27} Also crucial is who holds what power to implement the specified political ideology, as shaped by laws affecting who can vote, voter turnout and voter suppression, demarcation of political district boundaries (including gerrymandering), political donations, and who is declared to be an election winner.^{1-5,22,28} A lack of public health research addressing political ideology and concentrations of political power is thus worrisome.

Our observational cross-sectional state-level analysis accordingly seeks to expand knowledge about the social patterning of population health in relation to a range of political metrics, taking advantage of heterogeneities in state political profiles and health status across US states and over time, spanning 4 US presidential elections (2012-2024) during a time of increasing political polarization.^{1,4,5} With regard to exposures, we include not only the 2 more commonly used measures employed in public health research pertaining to state policies and voter political lean^{6,8,10-23} but also 2 measures commonly used in political science and political sociology research but rarely used in public health studies, regarding elected representatives' political ideology (based on their voting records) and the concentration of party political power via state trifectas (ie, 1 party controls both the executive and legislative branches of government).^{1-3,22,23} We consider the associations of these political metrics with 8 health outcomes, chosen because they (1) span the life course, (2) are important public health indicators, and (3) are quickly temporally responsive to changes in societal conditions (ie, have a short etiologic period).^{3,24,26,29,30} In Table 1, we summarize the theoretical rationale for each study variable. By considering the patterns of relationships observed, we aimed to generate both questions and information about relationships between political ideology, power, and population health that can be useful to health and policy researchers, health professionals, policymakers, elected officials, civil society groups, and the broader electorate.

Data and methods

Study design

Our repeated cross-sectional, descriptive, population-based study included US state-level data, by year, for all 50 US states plus the District of Columbia (DC). Due to unavailable data for both health outcomes as well as most of the political metrics, we did not include US territories.^{52,53}

Variables

Our study included 3 types of annual state-level variables chosen with the theoretical justifications provided in Table 1: (1) political metrics, (2) health outcomes, and (3) socioeconomic covariates. Details on how to access these data and how to construct the variables used are presented in Table S1 and Textbox S1, respectively.

State-level political metrics: political ideology, power, policies, and voter political lean Political ideology: DW-Nominate (2012–2024)

We used data on the first dimension of the DW-Nominate scale, which measures political ideology based on roll-call votes (especially regarding the economy and government regulation) of every member of US Congress, using data spanning from the 112th through the 118th Congress.³¹ Given the variable number of US House representatives by US state (current median: 6; average: 8.7; range: 1–52) and also 2 US senators per state,⁵⁴ we generated annual state-level measures of DW-Nominate political polarization, based on tercile cut points for the full study period (2012–2024), using the Index of Concentration at the Extremes (ICE).⁵⁵⁻⁵⁹ We scored the ICE to range from -1 (most conservative) to 1 (most liberal).

Political party concentrations of power (2012–2024)

For each time period under consideration (as demarcated in Table S2), we assessed each state's annual trifecta status (ie, state governor and legislature controlled by the same political party)³² and categorized states in relation to whether they were (1) consistently a Republican trifecta, (2) consistently a Democratic trifecta, or (3) "mixed" (neither consistently a Republican or Democratic trifecta).

State liberalism index (2012-2020)

This metric, developed by Caughey and Warshaw, assigns scores derived from "a dynamic latent-variable model" based initially on "data on 148 [social and economic] policies collected over eight decades (1936–2014)" and extended to $2020^{27,37}$ (see detailed description in Textbox S1). Of note, this index captures domains of policy relevant to structural racism.^{3,24-26,59} We coded this metric as ranging from -1 (most conservative) to 1 (most liberal).

Voter political lean (2022)

The Cook Partisan Voting Index (PVI) uses people's votes to quantify "how partisan a district or state is compared to the nation as a whole."⁶⁰ This variable is available at the state level only for 2022, and its range was from R+25 to D+43,⁶¹ which we coded as ranging from -25 (most Republican) to 43 (most Democratic).

State-level public health outcomes: critical temporally-responsive indicators spanning the life course

Infant mortality rates (2012-2024)

We obtained the annual infant mortality rate data (deaths per 1000 live births)⁶²⁻⁶⁴ from CDC WONDER⁶⁵ for January 1, 2012, to May 31, 2024.

Table 1. Theoretical justification for the US state-level variables; political metrics, health outcomes, and socioeconomic covar	Table 1.	e 1. Theoretical justification for	he US state-level variables:	political metrics.	health outcomes.	and socioeconomic covaria
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State-level variable	Theoretical justification	Additional considerations
Political metrics	 Political ideology of elected representatives. Elected officials campaign to win positions of power and legislate based on their political ideology. Political ideologies, while complex, in the United States typically are categorized as ranging from conservative to liberal, in relation to both social and economic positions. Political ideologies can affect population health and health inequities via their material impacts on people's living and working conditions and on their economic, social, political, civil, and cultural rights. Political party concentration of power. Political parties provide the resources and organizational means for politicians with a similar political ideology to enact their legislative agenda. Achieving political party concentration of power, in order to have a sufficient number of votes to pass legislation and override any vetoes, is a core objective. The likelihood of particular policies to impact population health depends, in part, on the power of political enactment of elected officials' political ideologies and the government agencies they control and whose budgets they set. These policies, enacted over time, singly and together, shape the conditions of life for people and ecosystems within their state (and sometimes neighboring states, as per the case of environmental pollution), thereby affecting people's health. 	 Politicians' legislative voting records (ie, roll-call votes) provide public data on their political positions and can reflect their willingness to use state power to implement their political ideology. In the United States, members of Congress (US House and Senate) legislate to shape federal policy, including its impact on states and resources for constituents in their states. A political ideology score based on roll-call votes of US members of Congress is available (DW-Nominate) and is used in numerous social science studies, but rarely in population health studies.^{23,31} In the US political system, political party concentration of power can be measured in relation to whether a single party controls the executive and legislative branches of government. At the US state level, this involves control of 3 seats of power (also referred to as a "trifecta"): governor (executive) and each component of their bicameral legislatures (eg, House and Senate), with the 1 exception of Nebraska (which has a unicameral legislature).³² Trifecta data are used in numerous social science studies, but rarely in population health and social science studies increasingly are investigating impacts of policy "bundles," which reflect a shared underlying political ideology and base of support.^{2,10,27,34-36} Some indices of state policies focus on multiple policies in a specific policies, some include decades of policy data to create dynamic measures of state policy data to create dynamic measures of state policy data to create dynamic
	4. Voter political lean. Voters' political ideologies can affect which political parties and politicians they vote for and hence which state policies are or are not enacted. The partisan identification of voters is the basis for measuring voter political lean, which typically is measured as the percentage difference between the vote for a particular party in a particular area (eg, state or political district) vs in the national vote. Voter political lean is often interpreted as being a measure of voter political ideology. One impact of voter political lean on health is via the politicians (and other elected officials) who are elected vs defeated, as well as the ballot initiatives passed vs defeated; others may be via pathways involving interpersonal relationships between members of the electorate.	Voter political lean is a metric increasingly used in public health research since 2020, in research focused on COVID-19 pandemic and political polarization. ¹⁴⁻²³ Key caveats are that voter political lean (1) is based solely on who votes, noting that only 66% and 46% of US eligible voters respectively, voted in the 2020 presidential election and the 2022 midterm elections, ³⁸ and persons least likely to vote are concentrated among politically, socially, and economically marginalized sectors of society who also are at higher risk of poor health ^{1-3,38,39} ; (2) does not reflect views of persons legally not permitted to vote (eg, ex-felons, noncitizens, young people aged <18); and (3) ignores gerrymandering (ie, legislators' manipulation of district boundaries to give unfair advantage to population groups deemed likely to elect them), which deliberately diminishes the votes of those targeted adversely by gerrymandering and affects which policies are enacted. ^{5,28,40,41}
Health outcomes	Guiding selection of 8 chosen health outcomes is that they (1) span the life course, enabling detection of associations with political metrics across all age groups; (2) are quickly responsive to contemporaneous exposures (ie, have a short etiologic period); and (3) are important public health indicators, with all except 1 (vaccination for the newly emergent disease COVID-19) designated as either "leading health indicators" or "objectives" in 1 or both of the US Department of Health and Human Services agenda-setting national initiatives <i>Healthy People 2020</i> and <i>Healthy People 2030</i> . ^{29,30}	All health outcomes but one were based on state-level data for the entire population; the exception was the state-representative survey data on percentage of adults without health insurance. The specific outcomes selected involve both health status and access to health care. They comprised infant mortality, premature mortality (death before age 65), lack of health insurance among working-age adults (ages 35–64), childhood immunization, flu vaccination among adults aged ≥ 65 , food insecurity, and maternity care deserts.
Socioeconomic covariates	We opted to adjust for state poverty rates as a potential confounder, since (1) poverty is associated with the selected exposures and health outcomes and poverty rates vary by state and (2) poverty rates (unlike other socioeconomic metrics, such as educational level or wealth) are rapidly responsive to changes in fiscal policies. ⁴²⁻⁴⁸	We focused on poverty rates among children (<18 years) and adults aged ≥ 65 because numerous US safety net programs focus on these age groups and use the Federal Poverty Level to determine eligibility. ⁴²⁻⁵¹ We recognize that adjusting for poverty may result in attenuated estimates of association, since it may be on the causal pathway between state policies and health outcomes.

Social epidemiologic, political science, and political sociology theories inform the justifications for the variables selected; for supporting scholarship, see citations 1-8, 21-28. Descriptions of the specific variables used are presented in the Data and methods section, and details on how to access these data and how to construct the variables used are provided in Table S1 and Textbox S1, respectively.

Premature mortality rates (2012-2024)

We generated data on premature mortality (death before age 65 years^{34,66-70}) using annual age-specific mortality data from CDC WONDER⁶⁵ for January 1, 2012, through May 31, 2024, and age-standardized the rates (deaths per 100 000 person-years) via direct standardization using the Year 2000 Standard Million.⁷¹

Health insurance (2012-2022)

We accessed annual 1-year state-level estimates for the percentage of adults aged 35 to 64 years lacking health insurance using US Census American Community Survey data for January 1, 2012, through December 31, 2022.⁷² This age group is ineligible for programs directed to children or adults aged ≥ 65 years,^{68,73} and is the sole age bracket for working-age adults consistently available for 2012–2022.⁷²

Childhood immunization (2022)

We obtained state-level data on the percentage of children aged 24 months who had completed the series of 7 recommended shots.⁷⁴⁻⁷⁷ The data are from the Centers for Disease Control and Prevention's (CDC's) ChildVaxView website⁷⁵ for the time period January 1, 2022, through December 31, 2022.

Older-adult flu vaccination (2022)

We obtained state-level data on the percentage of US adults aged ≥ 65 years who reported receiving a seasonal flu vaccine⁷⁸⁻⁸⁰ during the past 12 months (January 1–December 31, 2022).⁸¹

Older-adult COVID-19 booster uptake (2023-2024)

We obtained state-level data from CDC's CovidVaxView on the percentage of adults aged ≥ 65 years who received a 2023–2024 COVID-19 vaccine dose⁸² between September 24, 2023, and May 25, 2024, among those already vaccinated with ≥ 1 dose.⁸³

Food insecurity (2020-2022)

We obtained US Department of Agriculture state-level data⁸⁴ on food insecurity⁸⁵⁻⁸⁸ for 2020–2022 (3-year estimate).⁸⁹

Maternity care deserts (2021-2022)

We obtained data on the percentage of women aged 15–44 years in each state living in counties categorized as maternity care deserts⁹⁰⁻⁹² from America Health Rankings for 2021–2022 (2-year estimates).⁹³

State-level socioeconomic covariates: child and senior poverty rates

We included data on poverty among children (aged <18 years) and adults aged \geq 65 years (2012–2022), given poverty's welldocumented contributions to health inequities, ⁴²⁻⁴⁴ its rapid responsiveness (including as compared with educational levels and wealth) to fiscal policy changes, ⁴⁵⁻⁴⁸ and the numerous US safety programs using the Federal Poverty Level to determine eligibility. ^{43,49-51} We used state-level data, spanning January 1, 2012, through December 31, 2022, based on American Community Survey estimates. ^{72,94-96}

Statistical analysis

We first tabulated the distribution of each of the state-level political, health, and poverty metrics across 4 time periods demarcated by the past 3 and current presidential election years (2012, 2016, 2020, and 2024; see Table S2), and mapped each state's value for the current period (2022–2024) (Figure 1). All analyses used the observed data, given no missing data for any variables; analyses using DW-Nominate and state trifecta data, however, excluded DC, since they are not applicable to DC's governance structure. Correlations among the study variables are provided in Figure S1.

We then used linear regression to quantify the current (2022–2024) cross-sectional standardized associations^{97,98} (which allow for comparison of estimates for metrics with different scales^{97,98}) between the state-level political exposures and health outcomes, overall and adjusted for the poverty variables (Table 2, Table S3). Sensitivity analyses weighted for state population size^{99,100} (Table S4). Supplemental analyses stratified by racialized groups for infant mortality and premature mortality rates, the only outcomes for which data were publicly available by these social groups (Table S5); none of the health outcomes were available stratified by any socio-economic metrics.

For the trend analyses (2012–2024), we first plotted the annual data for each health outcome stratified by states grouped by level of political conservatism (Figure 2). Next, we conducted joinpoint analyses,¹⁰¹⁻¹⁰³ using these same state groupings, to identify key inflection points in the temporal trends (Table 3). We then fit spline regression models, which used state-level random effects to account for possible unobserved heterogeneity between states and also adjusted for poverty, to (1) test for the significance of these joinpoints, (2) estimate the slope between the identified joinpoints, and (3) estimate the absolute difference in health outcomes, comparing the bottom and middle categories to the top category for each political metric, for each presidential election year.

We conducted all statistical analyses other than the joinpoint analyses¹⁰⁴ in R (version 4.3.3; R Project for Statistical Computing, Vienna, Austria)¹⁰⁵; information on how to access the analytic code is provided in Table S1.

Ethics approval

No institutional review board approval was required, because the study involved secondary analysis of publicly available deidentified data (Harvard Longwood Campus IRB decision tool, July 20, 2024).

Results

State political and health profiles

Current values for the state-level political metrics, health outcomes, and poverty metrics are mapped in Figure 1, which displays the geographic patterning of these measures. In these maps, higher values are shown in darker colors, adverse health outcomes are shown in grayscale (for which a higher value is a worse outcome), and beneficial health outcomes use a purple scale (for which a higher value is a better outcome). Detailed data on the distribution of these variables are provided in Table S2 for both the current period (2022–2024) and over time (2012–2024). Similar patterns of state heterogeneity are evident for all of these variables in each time period (Figure 1, Table S2).

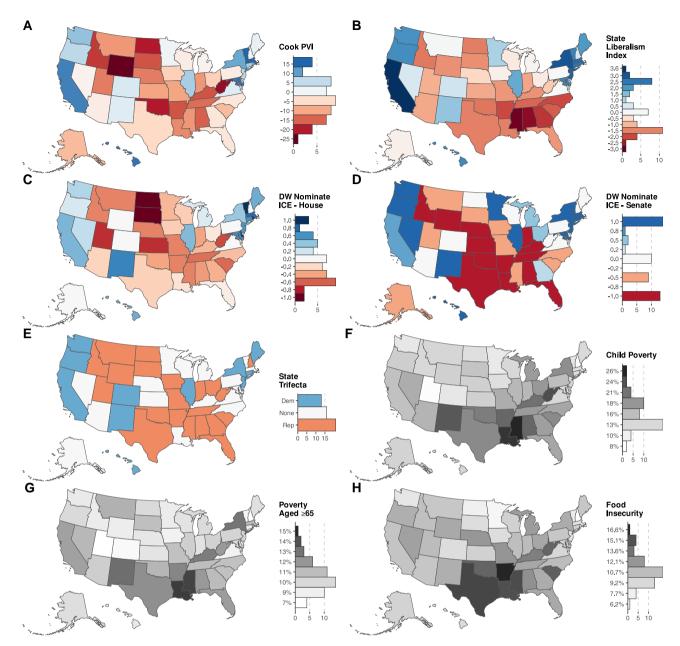


Figure 1. Maps of current state-level data for the political exposures, health outcomes, and covariates (2022–2024): political metrics (A-E), poverty (F-G), and health outcomes (H-O). Darker colors denote higher values. Adverse health outcomes are shown in grayscale (darker color, worse health outcome); beneficial outcomes use a purple color scale (darker color, better health outcome). Abbreviations: Cook PVI, Cook Partisan Voting Index; ICE, Index of Concentration at the Extremes.

Current cross-sectional analyses

Table 2 presents the standardized regression coefficients (ie, for change in the health outcome associated with 1-SD change in the political exposure variable) for the current period (2022–2024), adjusted for the poverty metrics. Table S3 presents the unadjusted and adjusted results. For all outcomes and all political metrics, higher exposure to state conservatism was associated with poorer health outcomes, even after adjusting for poverty, which attenuated estimates (Table 2, Table S3). Sensitivity analyses weighted for state population size yielded similar results (Table S4).

Considering first the outcomes for which higher values indicate worse health (infant mortality, premature mortality, percentage uninsured, maternity care desert, and food insecurity), states with lower political conservatism had lower values (ie, better health outcomes) than states with higher political conservatism, as indicated by the negative estimates shown in Table 2. The largest standardized regression estimates were observed for the political ideology and the state trifecta metrics, as follows—(1) infant mortality: Democratic vs Republican trifecta (-0.94 infant deaths per 1000 live births; 95% CI: -1.57, -0.30); (2) premature mortality: US House DW-Nominate ICE score (-8.87 deaths per 100 000 personyears; 95% CI: -17.53, -0.20); (3) percentage uninsured: Democratic vs Republican trifecta (-2.76%; 95% CI: -4.90%, -0.61%); (4) maternity care desert: Democratic vs Republican trifecta (-6.21%; 95% CI: -9.31%, -3.11%); and (5) household food insecurity: US Senate DW-Nominate ICE score (-0.56%; 95% CI: -0.90%, -0.21%). In supplemental analyses for infant and premature mortality, the

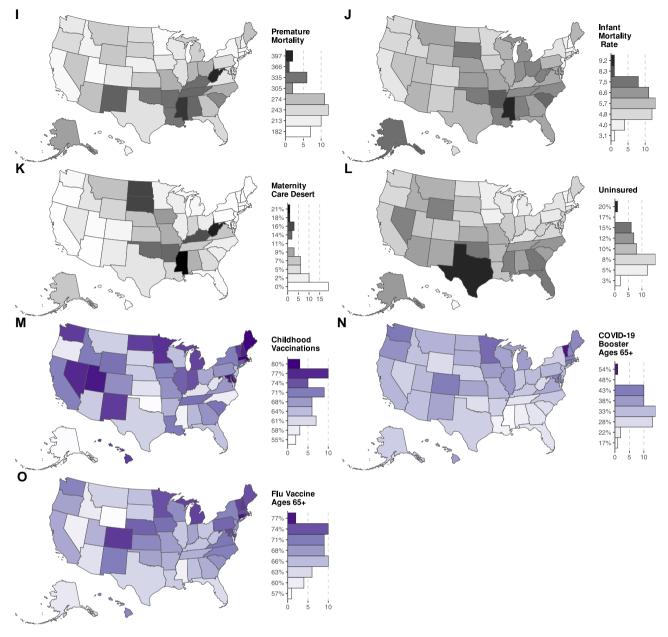


Figure 1. Continued

same patterns held for the White non-Hispanic population; however, among the Black non-Hispanic and Hispanic populations, the associations were not significant (with wide 95% CIs indicating low precision of estimates due to smaller population size; see Table S5).

Next, considering the health outcomes where a higher value is a better outcome (ie, the 3 outcomes pertaining to percentage vaccinated), positive estimates indicated better outcomes in states with lower political conservatism (Table 2). The largest standardized regression coefficients again occurred for the metrics for political ideology and state trifecta, as follows—(1) childhood vaccination: US House DW-Nominate ICE score (+2.78%; 95% CI: 1.06%, 4.49%); (2) flu vaccination among adults aged \geq 65: Democratic vs Republican trifecta (+4.35%; 95% CI: 1.36%, 7.34%); and (3) COVID-19 booster among adults aged \geq 65: Democratic vs Republican trifecta (+5.95%; 95% CI: 2.77%, 9.13%). Hence, for all health outcomes, the strongest associations with health among the political metrics was observed for the 2 metrics least commonly used in population health research, pertaining to political ideology of elected officials and state concentrations of political power.

Trend analyses

Figure 2 displays temporal trends, by year (for 2012–2024), in state-level health outcomes (and 95% CIs) stratified by states grouped by their level of political conservatism. For virtually all outcomes, the extreme groups (eg, comparing the top and bottom tercile, or Republican vs Democratic trifecta) and their 95% CIs do not overlap, with states in the most conservative stratum consistently having worse health than those in the most liberal stratum. Figure S2 shows these results by state within each tercile or trifecta grouping.

Table 3 presents data stratified by the political metrics and adjusted for the poverty variables, for (1) the slope for the

Variable: health outcomes		Pol	litical exposure:	standa	rdized effect esti-	mate (95% CI) and F	value	Political exposure: standardized effect estimate (95% CI) and P value (for different from 0)	(0		
	Cook PVI	Ρ	State	Ρ	-	State trifecta	rifecta		US House		US Senate	
			liberalism index		D vs R	Р	Mixed vs R	Ρ	DW-Nominate	Ρ	DW-nominate	Ρ
Infant mortality: deaths per 1000 live births	-0.32 (-0.62, -0.02)	*	-0.56 (-0.84, -0.29)	* * *	-0.94 (-1.57, -0.30)	*	-0.24 (-0.83, 0.35)	* * *	-0.43 (-0.68, -0.18)	* * *	-0.46(-0.72, -0.21)	* *
Premature mortality rate (age-standardized death -10.53 (-20.21, -0.84) rate for persons under age 65 per 100 000	-10.53 (-20.21, -0.84)	*	-12.42 (-22.18,265)	*	-25.49 (-46.62,	*	-13.00 (-32.46, $(-32.46, -32.46)$	* * *	-8.87 (-17.53, -0.20)	*	-10.83 (-19.65, -2.02)	*
Persons) Percentage adults without health insurance (ages 35–64)	-1.54 (-2.51, -0.58)	☆ ☆	-1.96(-2.89, -1.02)	* * *	-2.76(-4.90, -0.61)	*	-2.33 -2.33 -0.36)	*	-1.05 (-1.94, -0.16)	*	-1.53(-2.41, -0.66)	* *
Childhood immunization: % children aged 24 months who have received full set of vaccines	2.35 (0.38, 4.32)	*	2.60 (0.60, 4.61)	*	3.06 (–1.56, 7.67)	* * *	-0.07 -0.07 (-4.32, 4.18)	* * *	**** 2.78 (1.06, 4.49)	*	2.70 (0.95, 4.46)	*
Flu vaccinations: % adults aged ≥65 vaccinated	2.85 (1.60, 4.09)	* *	2.44 (1.08, 3 81)	* *	4.35 (1.36, 7 34)	*	3.23 (0.47, 5 98)	*	1.71 (0.48, 2.95)	* *	1.86 (0.59, 3.13)	*
COVID-19 vaccination: % adults aged ≥65 vaccinated who received hooster	3.72 (2.39, 5.05)	* * *	3.73 (2.35, 5 12)	* * *	5.95 (2.77, 9.13)	* * *	4.03 (1.10, 6 96)	*	2.62 (1.35, 3.88)	* * *	3.26 (1.99, 4.52)	* * *
Food insecurity: % of households	-0.39 (-0.79, 0.01)	☆ ☆ ☆	-0.37(-0.78, 0.05)	☆ ☆ ☆	-0.68(-1.58, 0.23)	* * *	-0.68 (-1.51, 0.15)	* * *	-0.22 (-0.59, 0.15)	* * *	-0.56 (-0.90, -0.21)	*
Maternity care deserts: % of female population aged 15–44 living in counties designated as a maternity care desert	-4.75 (-4.87, -2.43)	* * *	-2.93 (-4.36, -1.51)	* * *	-6.21 (-9.31, -3.11)	* * *	-3.43 (-6.29, -0.57)	*	-3.17 (-4.29, -2.05)	* * *	-2.24 (-3.58, -0.89)	* *
For the current analyses, we include the most recent data available, as follows: for DW-Nominate, 2022–2024; for Cook PVI, 2022; for state liberalism index, 2020; for state trifecta, 2022–2024; for infant mortality rates, 2022–2024; for % of adults without health insurance, 2022; for childhood immunization, 2022; for flu vaccinations among adults ≥ 65 , 2022; for COVID-19 vaccinations among adults ≥ 65 , 2023; for flo for interventions among contexpective (2022-2024; for COVID-19) vaccinations among contexpective (2022-2024; for Republicant vaccinations among contexpective (2022-2022; for child and elderly poverty, 2022. <i>P</i> values: *.01 to <.01; ***<.001; ***>.05. Absterviations: Cook PVI, Cook Partisan Voing Index, Democratic, R. Republicant	lata available, as follows: for .2–2024; for % of adults wir insecurity, 2020–2022; for r xx: D, Democratic; R, Revub	DW-N hout he naterni lican.	Jominate, 2022–21 ealth insurance, 20 ty care deserts, 20	024; fo: 022; fo: 021–202	r Cook PVI, 2022 r childhood immu 22; for child and ϵ	t, for st unizatic derly j	ate liberalism in m, 2022; for flu poverty, 2022. I	dex, 20 vaccin ^{>} values	20; for state trifecta ations among adults : *.01 to <.05; **.0(, 2022- s ≥65, 2 01 to <	for DW-Nominate, 2022–2024; for Gook PVI, 2022; for state liberalism index, 2020; for state trifecta, 2022–2024; for infant mortality without health insurance, 2022; for childhood immunization, 2022; for flu vaccinations among adults 265, 2022; for COVID-19 on maternity care deserts, 2021–2022; for child and elderly poverty, 2022. <i>P</i> values: *.01 to <.05; **.001 to <.01; ***<.001; ***>.05.	

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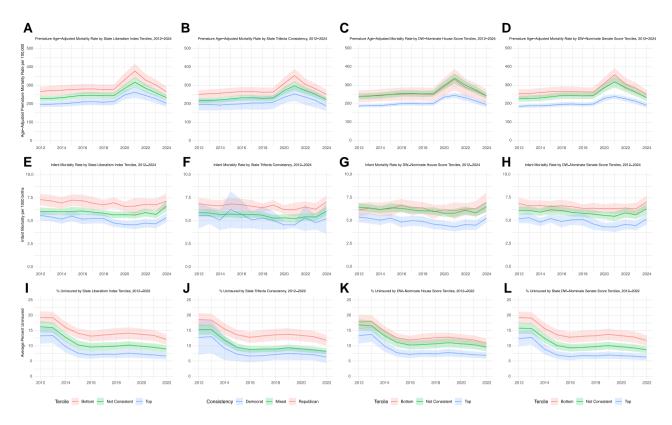


Figure 2. Trends in state-level health outcomes by stratified by state-level political metrics (state liberalism; state trifecta; DW-Nominate House; DW-Nominate Senate), for the 50 US states and the District of Columbia (2012–2024): premature mortality (A-D), infant mortality (E-H), and percent uninsured (I-L).

rate of change of the state-level health outcomes and the temporal inflection points and (2) the rate differences across the political metrics in each presidential election year. Differences in baseline values and in trends, comparing states in the most conservative vs liberal strata for each political metric, were most apparent for premature mortality and for percentage of persons lacking health insurance; no consistent patterns were evident for infant mortality.

For premature mortality, the sharp rise in premature mortality in 2018-2021 was greatest in the states in the most conservative political strata for all 4 political metrics, with this steep rise compounding already higher baseline rates (Table 3). Contrasts in these slopes, comparing states in the most conservative vs most liberal strata, were similar across political metrics for age-standardized deaths per 100 000 person-years—(1) for state liberalism index: 29.0 (95% CI: 25.6, 32.4) vs 17.6 (95% CI: 14.9, 20.3); (2) for state trifecta: 27.0 (95% CI: 24.4, 29.7) vs 17.7 (95% CI: 12.8, 22.7); (3) for US House DW-Nominate Index: 24.0 (95% CI: 20.3, 27.6) vs 15.6 (95% CI: 12.7, 18.6); and (4) for US Senate DW-Nominate Index: 27.5 (95% CI: 24.7, 30.3) vs 14.8 (95% CI: 11.4, 18.1). These slopes built on the 2016 absolute age-standardized rate difference (per 100 000 person-years), between the more conservative vs more liberal states, as follows-(1) for state liberalism index: 78.6 (95% CI: 51.1, 106.2); (2) for state trifecta: 55.4 (95% CI: 7.7, 103.1); (3) for US House DW-Nominate Index: 48.3 (95% CI: 9.8, 86.7); and (4) for US Senate DW-Nominate Index: 60.7 (95% CI: 24.3, 97.0). These absolute gaps persisted in 2024 for (1) state liberalism index: 102.0 (95% CI: 72.2, 131.8); (2) state trifecta: 52.8 (95% CI: 3.7, 101.9); (3) US House DW-Nominate Index: 43.1 (95% CI:

3.5, 82.7); and (4) US Senate DW-Nominate Index: 51.4 (95% CI: 14.1, 88.8).

For the percentage of persons lacking health insurance (adults aged 35–64 years), for all political metrics, the point estimate for the slope for the rate of decline after 2015 was consistently smaller in states in the more conservative vs liberal strata (albeit with overlapping 95% CIs). Moreover, the percentage of those without health insurance was consistently higher in the states in the more conservative vs more liberal strata in every presidential election year. The highest absolute difference occurred in 2020 for state trifecta (7.2%; 95% CI: 2.5%, 11.8%).

Discussion

Our descriptive analyses document that US states with more conservative political metrics had worse health profiles in 2022–2024 compared with those with more liberal political metrics. These relationships held across all 4 political metrics and a range of health outcomes spanning the life course, with the selected outcomes chosen because they are quickly responsive to contemporaneous exposures. From 2012 to 2024, moreover, burdens of both premature mortality and the percentage of adults aged 35-64 years lacking health insurance were consistently higher in more conservative vs more liberal states in every presidential election year, and the sharp post-2018 rise of premature mortality rates extending through 2021 started at higher levels and was greater in the more conservative vs more liberal states. Moreover, for most, but not all, analyses, we observed stronger associations for the 2 political metrics not typically used in public health studies:

$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	Health outcome	Politi	Political metric	Baseline health outcome (2012), vi (95% CI)	Baseline health outcome (2012), value (95% CI)	Inflection pc	ints (year, 9	Inflection points (year, 95 % CI) and slope (95 % CI)	pe (95% CI)	_	on of absolut al election ye rate differe	Comparison of absolute rate differences during presidential election years, adjusted for poverty, rate difference (95% CI)	nces during for poverty,
				Inter	val 1	Interv	⁄al 2	Interv		2012	2016	2020	2024
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				Estimate	Slope	Inflection	Slope	Inflection	Slope				
$ \begin{array}{llllllllllllllllllllllllllllllllllll$	-	:	-			hum		mod					
$ \begin{array}{cccc} \mbox{model} m$	Premature mortality rate	State liberalism	Most liberal:	135.9	2.8 (1.3,	2018	17.6(14.	2021 (2021,	-19.4	[referent]	[referent]	[referent]	[referent]
	(age-stanuaruizeu ueatu rate for nersons <65 vear-		consistently in top tercile	(107.4,	4. +	(2012) 2018)	(0.07 ,6	(7707	(-22.0, -16.3)				
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	per 100 000 persons)		Not consistently in	172.3	2.9 (1. 6,	2018	21.8	2021 (2021,	-26.2	36.4 (11.9,		104.0	29.1
$ \begin{array}{cccccc} \mbost bottom irectle \\ \mbost bottom irectle \\ \mbost consistently \\ \mbos$	/ J J		either top or	(146.4.	4.2)	(2015.	(19.4.	2022)	(-28.8.	61.0)		(79.9.	(-15.7,
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			bottom tercile	198.2)		2018)	24.2)		-23.5)			(128.1)	73.9)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			Most conservative:	175.9	12.5	2018	29.0	2021 (2021,	-29.5	40.0 (12.0,		120.8	102.0
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			consistently in	(142. 9,	(11.4,	(2015,	(25.6,	2022)	(-32.9,	(68.1)		(91.9,	(72.2,
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			bottom tercile	208.8)	13.6)	2018)	32.4)		-26.2)			149.8)	131.8)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$		State trifecta	Consistently	173.7	1.5	2018	17.7	2021 (2021,	-19.8	[referent]	[referent]	[referent]	[referent]
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			Democratic	(126.3,	(-1.1,	(2016,	(12.8,	2021)	(-25.6,				
Mixed 195.6 2.2 (1.1, 2018) 21.9 2.021 (2021, -22.7) $-2.2.7$ $2.4.9$ $9.55 (3.4, -1.4.7)$ (168.3, 3.4) (2015, (199, 2022)) $-2.3.9$ (5.77) 6.77 $9.53 (5.4, -2.0.1, 144.7)$ (168.3, 3.4) (2015, (2021, -29.9) $55.8 (7.7, 55.4 (7.7, 73.8 (26.0, -2.6.9))$ 103.1) 103.1) 121.6 Republican (195.0, (-0.1, 2015, (12.7, 2012)) $2.9.9$ $55.4 (7.7, 73.8 (26.0, -2.6.0))$ 114.7 Most liberal: 161.3 1.5 2018 $2.9.7$ $2021 (2021, -2.9.9)$ $55.8 (7.7, 55.4 (7.7, 73.8 (26.0, -2.6.0))$ recide 193.9) 3.5 2018 15.6 $2021 (2021, -2.6.9)$ 103.1 121.6 recide 193.9) 3.5 2018 18.6 $2021 (2021, -2.6.9)$ 73.3 93.6 93.3				221.1)	4.1)	2018)	22.7)		-14.0)				
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			Mixed	195.6	2.2(1.1)	2018	21.9	2021 (2021,	-22.7	21.9	24.9	99.5 (54.4,	30.1
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				(168.3,	3.4)	(2015,	(19.9,	2022)	(-24.9,	(-23.8,	(-20.1,	144.7)	(-53.3,
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				222.9)		2018)	23.9)		-20.5)	67.7)	(69.8)		113.5)
Republican (196.0, (-0.1, (2015, (244, 2022)) (-32.9, 103.1)) 103.1) 103.1) 1121.6) Republican (196.0, (-0.1, (2015, (244, 2022)) (-26.9)) 2.5.9) 103.1) 103.1) 121.6) Republican 16.6 (referent] 16.5 2018) 29.7 -26.9 103.1) 121.6) Recise 193.9) 3.5) 2018) 18.6) -26.9 9.6 20.8 9.3.3 Nor consistently in top (128.8, (-0.5, 2015) (12.7, 2002) -26.9 9.9) 78.5) 9.93.3, Nor consistently in 213.0 1.9 (0.8, 2018) 28.0) 2022) $-3.0.8$ 9.0.9) 78.5) 9.3.3, bottom tercile 240.7 2018 24.0 2021 (2021, -26.0) 7.1.4, 7.3. 9.3.1 (24.5, -26.0) Most tiberative: 213.2 2.4 (0.8, 2018) 28.0) 27.60 51.8 (12.7, 48.3 (9.8, 6.3.1 (24.5, -26.0) Most tiberative: 213.2 2.0.1 (2021, -26.0) 2.1.0.3 2.2.1.9 101.7) wottom tercile 2018 2.4.0			Consistently	229.5	1.4	2018	27.0	2021 (2021,	-29.9	55.8 (7.7,	55.4 (7.7,	73.8 (26.0,	52.8 (3.7,
Most liberal: 263.0 2.9 2018 $2.9.7$ -26.9 recide consistently in top 161.3 1.5 2018 15.6 $2021(2021, -16.6)$ [referent] [referent] retricic 13.3 3.5 2018 15.6 $2021(2021, -28.6)$ $51.6(223, 49.6(20.8, 122.2)$ Not consistently in 213.0 $1.9(0.8, 2018)$ 28.0 $2021(2021, -28.6)$ 80.9 78.5 $93.3.3$ bottom tercile 240.7 2018 28.0 $2021(2021, -26.4)$ 80.9 78.5 161.2 bottom tercile 240.7 2018 24.0 $2021(2021, -26.4)$ 80.9 86.7 101.7 bottom tercile 213.2 24.0 $2021(2021, -26.6)$ $2021(2021, -26.6)$ 101.7 bottom tercile 251.8 2018 27.6 $31.41.8$ $2021(2021, -25.6)$ 101.7 bottom tercile 251.8 2018 24.0 $20221(2021, -25.6)$ 101.7 bottom tercile 251.8 <			Republican	(196.0,	(-0.1,	(2015,	(24.4,	2022)	(-32.9,	103.1)	103.1)	121.6)	101.9)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				263.0)	2.9)	2018)	29.7)		-26.9)				
te consistently in top (128.8, $(-0.5, 2015)$, (12.7, 2022) (-20.0, -13.1) Not consistently in (128.8, $(-0.5, 2018)$, 18.6) (-20.1, 2021, 2021, 2028, 51.6 (22.3, 49.6 (20.8, 122.2, 16.12)) Not consistently in (135.2, 3.0) (2015, (24.0, 2022) (-30.2, 91.0) (78.5) (93.3, 161.2) bottom tercile 240.7) (174.5, 4.0) (2015, (220.3, 2022) (-30.2, 91.0) (86.7) (101.7) (-26.0) (174.5, 4.0) (2015, (2013, 2022) (-30.2, 91.0) (86.7) (101.7) (174.5, 4.0) (2015, (21.3, 2022) (-30.2, 91.0) (86.7) (101.7) (-19.2, 16.0) (175.6, 3.4) (2015, (11.4, 2022) (-19.2, -26.0) (11.4, 2022) (-19.2, 0.10) (125.6, 3.4) (2015, (11.4, 2022) (-19.2, -21.9) (11.6) (17.5, 3.4) (2015, (11.4, 2022) (-19.2) (-19.2, 0.10) (125.6, 3.4) (2015, (21.9, 2021) (2021, -25.9) (38.3 (5.2, 40.5 (8.0, 110.8) (17.7) (17.12, 3.8) (2015, (21.9, 2022) (-28.2, 71.4) 7.31) (78.1, 0.5) (19.7, (-0.5, 2018) (2021, (2021, -25.9) (38.3 (5.2, 40.5 (8.0, 110.8) (17.12, 3.8) (2015, (21.9, 2022) (-28.2, 71.4) 7.31) (78.1, 0.5) (001 tercile 258.7) (0.10.8) (2015, (21.9, 2022) (-23.2, 71.4) 7.31) (78.1, 0.5) (001 tercile 258.7) (0.10.8) (97.0) (120.5) (-23.5, 101.8) (97.0) (120.5) (-28.2, 71.4) (78.1, 0.4) (0.4) (0.2, 2015, (21.9, 2022) (-23.2, 71.4) (77.9, 60.7 (24.3, 84.1 (47.6, -23.6) (0.10.8) (0.10.8) (0.10.8) (0.10.8) (0.10.8) (0.10.5) (0.2011 (2021) (-2.8.2, 71.4) (0.10.8) (0.70.5) (-23.5, 101.8) (0.10.8) (0.70.5) (-23.5, 101.8) (0.1, 0.4) (0.2, 2022) (0.3 (0.1,) (11.3) (0.1, 0.4) (0.4) (0.2, 2022) (0.3 (0.1,) (11.6) (17.6, 2.6) (0.7 (24.3, 84.1 (47.6,) (11.3) (0.1, 0.4) (0.4) (0.2, 2022) (0.3 (0.1,) (11.6) (0.1, 2022) (0.3 (0.1,) (11.6) (17.6) (0.7 (24.3, 84.1 (47.6,) (11.8) (0.1, 0.4) (0.4) (0.2, 2022) (0.3 (0.1,		US House:	Most liberal:	161.3	1.5	2018	15.6	2021 (2021,	-16.6	[referent]	[referent]	[referent]	[referent]
tercile193.93.5201818.6-13.1Not consistently in213.01.9 (0.8,2015(24.0,2022)-13.1Not consistently in213.01.9 (0.8,201826.02021 (2021,-236.651.6 (22.3,95.6 (20.8,122.2either top or(185.2,3.0)(2015,(24.0,2022)(-30.8,80.9)78.5(93.3,161.2)Most conservative:213.22.4 (0.8,201828.0)2021 (2021,-26.651.8 (12.7,48.3 (9.8,63.11 (24.5,Most conservative:213.22.4 (0.8,2018240.72022)(-30.2,91.0)86.7101.7)Most construction174.5,4.0)(2015,(20.3,2022)(-19.2,-11.3)101.7)bottom tercile251.8)2.0182.0182.021 (2021,-15.311.0)86.7101.7)Most liberal:160.42.1 (0.3,2015,(11.4,2.022)(-19.2,101.7)ker consistently in195.1)20182.012(2012,-25.938.3 (5.2,40.5 (8.0,11.73Not consistently in195.1)2015,(21.9,2022)-21.92022-25.938.3 (5.2,40.5 (8.0,11.8)ker cile195.1)2015,(21.9,2022)-11.338.3 (5.2,40.5 (8.0,11.8)Not consistently in198.62.16(15,2.19,2.021 (2021,-25.938.3 (5.2,40.5 (8.0,11.8) <td></td> <td>DW-Nominate</td> <td>consistently in top</td> <td>(128.8,</td> <td>(-0.5,</td> <td>(2015,</td> <td>(12.7,</td> <td>2022)</td> <td>(-20.0,</td> <td></td> <td></td> <td></td> <td></td>		DW-Nominate	consistently in top	(128.8,	(-0.5,	(2015,	(12.7,	2022)	(-20.0,				
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cither top or $(185.2, 3.0)$ $(2015, (24.0, 2022)$ $(-30.8, 80.9)$ 78.5 $(93.3, 161.2)$ bottom tercile 240.7 2018 28.0 -26.4 80.9 78.5 $(93.3, 161.2)$ Most conservative: 213.2 2.4 2018 220.3 2022 $(-30.2, 91.0)$ 86.7 101.7 Most consistently in $(174.5, 4.0)$ 2018 27.6 21.02 -26.0 $51.8(12.7, 48.3, 9.8, 6.3.1(24.5, -2018))$ 161.2 Most liberal: $(174.5, 4.0)$ 2018 27.6 2022 $(-30.2, -21.9)$ 100.7 101.7 Most liberal: 166.4 $2.1(0.3, 2018)$ 14.8 $2021(2021, -21.9)$ -15.3 101.7 Most liberal: 155.1 2.018 14.8 $2021(2021, -21.9)$ -11.3 111.3 Recile 219.1 111.4 2022 $(-19.2, -11.3)$ 101.8 Not consistently in top $(125.6, 3.4)$ 2018 18.1 $2021(2021, -25.2)$ $(-19.2, -11.3)$ Not consistently in top 1171.2 3.8 $(21.9, 2012)$ 21.9 21.4 Not constructive 225.2 1.0 2018 27.5 $2021(2021, -23.6)$ 71.4 Not constructive 225.2 1.0 2018 27.5 $2021(2021, -23.6)$ 70.5 $84.1(47.6, -23.6)$ Not consistently in 199.7 0.4 0.2 2.9 0.3 0.2 0.3 0.2 Not constructive 225.2 1.0 2018 27.5 $2021(2021, -$			Not consistently in	213.0	1.9(0.8)	2018	26.0	2021 (2021,	-28.6	51.6 (22.3,	49.6 (20.8,	122.2	43.5 (-7.3,
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			either top or	(185.2,	3.0)	(2015,	(24.0,	2022)	(-30.8,	80.9)	78.5)	(93.3,	94.4)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			bottom tercile	240.7)		2018)	28.0)		-26.4)			161.2)	
consistently in $(1/4.5, 4.0)$ $(2015, (20.3, 2022)$ $(-30.2, -30.2, -31.0)$ 86.7 101.7 bottom tercile 251.8 2018 27.6 -21.9 -21.9 86.7 101.7 Most liberal: 160.4 $2.1(0.3, 2018)$ 27.6 -21.9 -21.9 86.7 101.7 teconsistently in top $(125.6, 3.4)$ 2015 $(11.4, 2022)$ -19.2 -15.3 [referent]recile 195.1 2018 18.1 2022 $(-19.2, -11.3)$ -11.3 Not consistently in 198.6 $2.6(1.5, 2018)$ 18.1 $2021(2021, -25.9)$ $38.3(5.2, 40.5(8.0, 110.8)$ Not consistently in 198.6 $2.6(1.5, 2018)$ 201 2022 $(-23.6, -23.6)$ $14.3.5$ Not consistently in $(191.7, (-0.5, 2018)$ 27.5 $2021(2021, -23.6)$ -23.6 97.0 120.5 Most conservative: 255.2 1.0 2018 27.5 $2021(2021, -23.6)$ -23.6 97.0 Most conservative: 258.7 2.5 2018 30.3 -27.2 -27.2 -27.2 Most constrently in 191.7 -0.5 2018 30.3 -27.2 -27.2 Most constrently in top 5.4 $0.4(0.2, 2022)$ -21.2 -27.2 -27.2 Most constrently in top 5.4 $0.4(0.2, 2022)$ -27.2 -27.2 Not consistently in top 5.4 $0.4(0.2, 2022)$ -27.2 -27.2 Not consistently in top 5.4 $0.4(0.2, 2$			Most conservative:	213.2	2.4 (0.8,	2018	24.0	2021 (2021,	-26.0	51.8 (12.7,	$48.3 (9.8, \frac{1}{2}, \frac{1}{2})$	63.1(24.5,	$43.1(3.5, \frac{1}{2})$
$ \begin{array}{llllllllllllllllllllllllllllllllllll$			consistently in	(1/4.5, 0)	4.0)	(2015,	(20.3,	(7707	(-30.2,	(0.1%	86./)	(/.101	82.7)
Most interal:100.7 $2.1(0.3)$ 2016 14.6 $2021(2021)$ -13.3 [reterent][reterent][reterent]tercile195.11195.112015 (11.4) 2022 (-19.2) (-19.2) netricle195.11195.112018 11.4 2022 (-19.2) (-19.2) No tconsistently in198.6 $2.6(1.5)$ 2.018 24.0 $2021(2021)$ -25.9 $38.3(5.2)$ $40.5(8.0)$ 110.8 No tconsistently in198.6 $2.6(1.5)$ 2015 (21.9) 2022 (-28.2) 71.4 73.1 (78.4) Not constraive 225.2 1.0 2018 27.5 $2021(2021)$ -23.6 101.8 97.0 143.5 Most conservative 255.2 2.012 2.015 24.7 2022 (-33.5) 101.8 97.0 120.5 Most conservative 258.7 2.5 2018 30.3 -27.2 101.8 97.0 120.5 Most liberal: $4.6(3.9)$ $0.4(0.2)$ 2013 0.4 -27.2 $0.3(0.1)$ -27.2 Most liberal: 5.4 0.5 $0.3(0.1)$ -10.5 2014 0.4		11C C	Montoin tercile	(0.1.07)	C U / F C	2010) 2010	(0./7	1001 1000	-21.9)	[*****J***]	[[******]	[ton form]
$ \begin{array}{ccccc} \text{consistently in top} & (12.5.3) & (2013) & (11.7.4) & 2022) & (-12.5.4) & (-$		DW Mominate	IVIOSU IIDETAI:	100.4	2.1 (U.),	2010	14.0	2021 (2021,	- 10.0	Irelefent	Interent	Interesting	reletent
Lettue totic consistently in193.1.1 198.62.018 2.0182.010 2.0182.021 2.0222.021 2.25.92.03.8.3 (5.2, 40.5 (8.0, 110.8) 73.1)Not consistently in198.62.6 (1.5, 2.018)2.0152.022) $(-28.2, 71.4)$ 73.1) $(78.1, 143.5)$ Not constrative:225.01.02018)25.00 $-2.3.6$ 14.1)73.1) $(78.1, 143.5)$ Most conservative:225.21.02018)27.520221 $(-2.8, 2, 71.4)$ 73.1) $(78.1, 143.5)$ Most conservative:225.21.02018)27.52021 (2021, -30.4) $64.8 (27.9, 60.7 (24.3, 84.1 (47.6, 147.6))$ Most conservative:258.7)2.5)2018)30.3) -27.2 101.8) 97.0)120.5)Most liberal:4.6 (3.9, 0.4 (0.2, 2.5))2014, 0.4)0.4)0.4) -27.2 $0.3 (0.1, -1.6)$ Consistently in top5.4)0.5)(2014, 0.4)0.4) -27.2 $0.3 (0.1, -1.6)$		inder	consistentity in top	105 1)	(+.0	(2010)	(11.4, 10.1)	(7707	(-17.4, 11 2)				
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		Vanin	uctone Not consistently in	1986	26115	2010/	10.1) 24 ()	2021 (2021	6 52-	383 (52	405/80	110.8	37 2
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			either ton or	(171.2	3.8)	2015	21.9	2022)	(-28.2	71.4)	73.1)	(78.1	(-20.5
Most conservative: 225.2 1.0 2018 27.5 $2021 (2021, -30.4)$ $64.8 (27.9, 60.7 (24.3, 84.1 (47.6, -0.5))$ consistently in $(191.7, (-0.5, (2015, (24.7, 2022))$ $(-33.5, 101.8)$ $97.0)$ $120.5)$ bottom tercile 258.7 2.5 2018 30.3 -27.2 -27.2 Most liberal: $4.6 (3.9, 0.4 (0.2, 2022))$ $0.3 (0.1, -1)$ -27.2 $1cerent$ $[referent]$ consistently in top 5.4 0.5 0.014 0.4 0.4			bottom tercile	226.0)	10.00	2018)	26.0)		-23.6)			143.5)	95.0)
$ \begin{array}{ccccc} \mbox{consistently in} & (191.7, & (-0.5, & (2015, & (24.7, & 2022) & (-33.5, & 101.8) & 97.0) & 120.5) \\ \mbox{bottom tercile} & 258.7) & 2.5) & 2018) & 30.3) & -27.2) \\ \mbox{Most liberal:} & 4.6 & (3.9, & 0.4 & (0.2, & 2022 & 0.3 & (0.1, & - & - & - & - & [referent] & [referent] & [referent] & consistently in top & 5.4) & 0.5) & (2014, & 0.4) \\ \end{array} $			Most conservative:	225.2	1.0	2018	27.5	2021 (2021.	-30.4	64.8 (27.9.	60.7 (24.3.	84.1 (47.6.	51.4 (14.1.
bottom tercile 258.7) 2.5) 2018) 30.3) -27.2) Most liberal: $4.6(3.9, 0.4(0.2, 2022 0.3(0.1, [referent] [referent] [referent] consistently in top 5.4) 0.5) (2014, 0.4)$			consistently in	(191.7,	(-0.5,	(2015,	(24.7,	2022)	(-33.5,	101.8)	97.0)	120.5)	88.8)
Most liberal: 4.6 (3.9, 0.4 (0.2, 2022 0.3 (0.1,			bottom tercile	258.7)	2.5)	2018)	30.3)		-27.2)				
index consistently in top 5.4) 0.5) (2014,	Infant mortality: deaths per	· State liberalism	Most liberal:	4.6 (3.9,	0.4(0.2,	2022	0.3 (0.1,			[referent]	[referent]	[referent]	[referent]
	1000 live births	index	consistently in top	5.4)	0.5)	(2014,	0.4)						

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			outcome (2012), value (95% CI)	112), value CI)					_	presidential election years, adjusted for poverty. rate difference (95% CI)	presidential election years, adjusted for poverty, rate difference (95% CI)	for poverty,)
			Interval 1	al 1	Interval 2	al 2	Interval 3	ral 3	2012	2016	2020	2024
			Estimate	Slope	Inflection point	Slope	Inflection point	Slope				
		Not consistently in either top or horrow tercile	5.2 (4.4, 5.9)	-0.0 (-0.1,	2022 (2015, 2022)	$\begin{array}{c} 0.4 \ (0.2, \ 0.5) \end{array}$	I	1	0.5 (-0.0, 1.1)	$\begin{array}{c} 0.8 \ (0.2, \ 1.3) \end{array}$	1.0 (0.4, 1.5)	1.6 (0.9, 2.3)
		Most conservative: consistently in horrom rercile	6.1 (5.2, 7.0)	-0.0 -0.1,	2021 2021 (2014, 2022)	$\begin{array}{c} 0.1 \ (0.0, 0.2) \\ 0.2) \end{array}$	I	I	1.5 (0.8, 2.1)	1.6 (1.0, 2.2)	1.7 (1.1, 2.3)	1.6 (-0.5, 3.8)
	State trifecta	Consistently Democratic	5.1 (3.9, 6.3)	-0.1	2022 (2014,	0.2 (-0.2, 0.5)	I	I	[referent]	[referent]	[referent]	[referent]
		Mixed	5.2 (4.4, 6.0)	-0.1	2021 2021 (2017,	$\begin{array}{c} 0.2 \\ 0.2 \\ 0.3 \end{array}$	I	I	0.1 (-0.9, 1.2)	0.2 (-0.8, 1.2)	0.3 (-0.7, 1.3)	0.6 (-0.5, 1.7)
		Consistently Republican	5.9 (4.9, 7.0)	0.0 (-0.1,	2022) 2016 (2014,	-0.1 (-0.2,	2020 (2019, 2022)	0.1 (0.0, 0.2)	0.9 (-0.3, 2.0)	1.3 (0.2, 2.3)	1.2 (0.1, 2.2)	1.4 (0.3, 2.6)
	US House: DW-Nominate	Most liberal: consistently in top	4.3 (3.5, 5.2)	(-0.1)	2017) 2022 (2014,	$\begin{array}{c} -0.0) \\ 0.3 & (0.1, \\ 0.5) \end{array}$	I	I	[referent]	[referent]	[referent]	[referent]
	IIIdex	Not consistently in either top or	5.3 (4.5, 6.1)	-0.1 (-0.1, 0.1)	2022) 2021 (2014,	$\begin{array}{c} 0.1 \ (0.1, \ 0.2) \\ 0.2) \end{array}$	Ι	Ι	1.0 (0.4, 1.6)	1.1 (0.5, 1.7)	1.2 (-0.7, 3.2)	1.1 (0.4, 1.8)
		Most conservative: consistently in	4.9 (3.9, 5.9)	0.1(0.0, 0.2)	2015, 2015, 2017,	-0.1 (-0.2,	2021 (2019, 2022)	0.3 (0.1, 0.4)	0.6 (-0.3, 1.4)	1.5 (0.7, 2.3)	1.4 (0.6, 2.2)	1.7 (0.8, 2.6)
	US Senate: DW-Nominate	bottom tercile Most liberal: consistently in top	4.7 (3.8, 5.6)	-0.1 (-0.1, 0.2)	2017) 2022 (2014,	$\begin{array}{c} -0.0) \\ 0.3 & (0.0, 0.5) \\ 0.5 \end{array}$	I	I	[referent]	[referent]	[referent]	[referent]
	IIIdeX	Not consistently in either top or horrow fearing	5.5 (4.7, 6.4)	-0.0 -0.1 (-0.1, 0.0)	2022) 2021 (2014,	$\begin{array}{c} 0.2 \ (0.1, 0.3) \\ 0.3 \end{array}$	Ι	Ι	0.8 (0.1, 1.5)	0.9 (0.2, 1.6)	1.0 (-0.6, 2.6)	$1.1\ (0.3, 1.9)$
		Most conservative: consistently in	6.0 (5.0, 7.0)	-0.0 (-0.1, 0.1)	2015) 2016 2014,	-0.1 (-0.2,	2020 (2018, 2022)	$\begin{array}{c} 0.1 \ (0.0, \ 0.2) \end{array}$	1.2 (0.4, 2.1)	1.5 (0.7, 2.3)	1.5 (0.7, 2.3)	1.6 (0.8, 2.5)
Percentage lacking health insurance (adults aged	State liberalism index	Most liberal: consistently in top	11.8 (9.4, 14.3)	(-2.0)	2017) 2015 2014,	(-0.0) (-0.1, 0.0)	Ι	Ι	[referent]	[referent]	[referent]	[referent]
(+0-00		Not consistently in either top or	$14.6\ (12.4,\ 16.9)$	-2.1 (-2.3, -2	2016) 2015 (2014,	$(-0.1)^{(0.2)}$	Ι	Ι	2.8 (0.7, 4.8)	2.2 (0.1, 4.2)	1.6 (-1.2, 4.3)	2.0 (-0.5, 4.6)
		Most conservative: consistently in bottom tercile	17.2 (14.3, 20.1)	-1.9 -1.9 (-2.2, -1.6)	2017) 2015 (2014, 2020)	$\begin{array}{c} 0.1 \\ 0.0 \\ (-0.1, 0.1) \end{array}$	I	I	5.4 (3.0, 7.7)	5.7 (3.3, 8.1)	6.0 (2.8, 9.1)	5.4 (3.0, 7.8)

Table 3. Continued

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Table

$\begin{array}{ c c c c c c c c c c c c c c c c c c c$			outcome (2012), value (95% CI)	12), value CI)		2	• •	-	presidenti	al election yes rate differen	comparison of absolute fate unreference during presidential election years, adjusted for poverty, rate difference (95% CI)	for poverty,
Image in the section is the point point point between the point po			Interva	11	Interva	al 2	Interv	al 3	2012	2016	2020	2024
a Consistently 108 (7.3, -2.0) 2015 0.1 - I referent] Ireferent] 1 Democratic 14.4) -2.4 , 2016 0.3 0.1 - - Ireferent] Ireferent] 1 Democratic 14.4) -2.4 , 2014, (-0.1, -1.5) 2016 0.3 - - 5.4) 5.1 5.1 Mixed 15.2) -2.3 , 2014, (-0.1, - -2.1 2015 0.0 - $ 5.4$) 5.1 </th <th></th> <th></th> <th>Estimate</th> <th>Slope</th> <th>Inflection</th> <th>Slope</th> <th>Inflection</th> <th>Slope</th> <th></th> <th></th> <th></th> <th></th>			Estimate	Slope	Inflection	Slope	Inflection	Slope				
a Consistently $10.8 (7.3)$ -2.0 2015 0.1 $-$ Teferent Ireferent Ireferent Democratic 14.4) (-2.4) (2014) (-0.1) $ [referent]$ Ireferent Mixed 15.2) (-2.3) (2014) (-0.1) $ 5.4$ 5.1 Mixed 15.2) (-2.3) (2014) (-0.1) 5.4 5.1 5.1 Consistently $15.6 (12.8)$ -1.7 2019 0.0 $ 4.7 (1.2, -$ Most libral $11.8 (9.1, -1.7)$ 2014 $(-0.1, -1.7)$ 2014 $(-0.1, -1.7)$ 8.2 9.5 9.5 Most libral 14.5 -2.11 2014 $(-0.1, -1.7)$ 2014 $(-0.1, -1.7)$ 2014 $(-0.1, -1.7)$ $2.4 (0.1, -1.7)$ minate consistently in top 14.5 -2.11 2014 $(-0.1, -1.7)$ $2.4 (0.1, -1.7)$ $2.4 (0.1, -1.7)$ Most librari					point		point					
$ \begin{array}{llllllllllllllllllllllllllllllllllll$	State trifecta	Consistently	10.8 (7.3,	-2.0	2015	0.1	ļ	Ι	[referent]	[referent]	[referent]	[referent]
$ \begin{array}{llllllllllllllllllllllllllllllllllll$		Democratic	14.4)	(-2.4,	(2014,	(-0.1,						
Mixed 130 (10.7, -2.1, 2015, 0.0) - 2.1 (-1.2, 1.7 (-1.6, 5.4), 5.1) Republican 15.2) (-2.3, 2014, 0.01) 0.1 - - 2.1 (-1.2, 1.7 (-1.6, 5.4), 5.1) Republican 15.3) (-1.9, (2014, 0.01), 0.1) - - - 5.4) 5.1) Republican 18.3) -1.7 2015 0.0 - - - 5.4) 5.1) Most liberal: 11.8 (9.1, -1.7 2015 0.01 - - 4.7 (1.2, 5.9 (2.4, 9.2) Most liberal: 11.8 (9.1, -2.1, 2015 0.01 - - 2.4 (0.1, 6.1) Not consistently in top 14.5) -2.1, 2015 0.0 - 2.7 2.4 (0.1, 6.1) Not consistently in top 16.9) (-2.2) 2014 (-0.0) - 2.7 2.4 (0.1, 6.1) Not consistently in top 16.9) (-2.3) 2014 (-0.0) 0.0 - 2.7 2.4 (0.1, 6.1) Not consistently in top 14.5 - 2.2.2 2.014				-1.5)	2016)	0.3)						
15.2) $(-23, 2014, -0.1, -0.1, -1.7)$ $(2014, -0.1, -0.1, -1.7)$ (54) 5.1) Consistently 15.6 (12.8, -1.7) 2017) 0.1) -1.7 $592.4, -9.5$) Republican 18.3) (-1.4) 2019 0.2) -1.4 5.013 0.2) Most liberal: 11.8 (9.1, -1.7) 2019 0.2) -1.4 2019 0.2) Most liberal: 11.8 (9.1, -1.7) 2016 0.2) -1.4 2016 0.2) Not consistently in top 14.5) $(-2.1, -2.1, -2.1)$ 2016 0.2) -1.4 2016 0.2) Not consistently in top 16.9) $(-2.2, -2.0)$ 2014 $(-0.1, -2.7)$ $24(0.1, -2.7)$ Most constrative: 15.2 (12.0, -2.2) 2014 $(-0.0, -2.0)$ 2.1 2.1 2.1 2.1 Most constrative: 15.2 (12.0, -2.2) 2014 $(-0.0, -2.0)$ 2.1 2.1 2.1 2.1 2.1 2.1 2.1 2.1 2.1 2.1		Mixed	13.0 (10.7,	-2.1	2015	0.0			2.1 (-1.2,	1.7 (-1.6,	1.3 (-3.0,	1.6(-2.6,
Consistently $15.6(12.8, -1.7)$ 2017 0.1 $-4.7(12, 5.9(2.4, 9.5))$ Republican 18.3 -1.9 2014 -0.1 8.2 9.5 Most liberal: 18.3 -1.4 2014 -0.1 8.2 9.5 Most liberal: $11.8(9.1, -1.7)$ 2014 0.2 0.1 8.2 9.5 Most liberal: $11.8(9.1, -1.7)$ 2015 0.2 0.1 8.2 9.5 Not consistently in top 14.5 -1.4 2014 $(-0.1, -1.1)$ 2014 $(-0.1, -1.1)$ Not consistently in $14.5(12.1, -2.1)$ 2014 $(-0.0, -0.0)$ -7.7 $2.4(0.1, -2.4, -0.0)$ Most consistently in 16.9 $(-2.2, 2014, -0.0)$ 0.2 $-4.7(1.6, 4.6(1.5, -7.6))$ Most constrently in top 14.2 -2.3 2014 $(-0.0, -2.0)$ 2014 -0.0 Most constrently in top 14.2 -2.3 2014 -0.0 -7.8 7.6 Most consistently in top			15.2)	(-2.3,	(2014,	(-0.1,			5.4)	5.1)	5.7)	5.7)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				-1.9)	2017)	0.1)						
Republican 18.3) $(-1.9, -1.7, -2.014)$ $(-0.1, -0.1, -1.7, -2.015)$ 0.2 9.5 minate consistently in top 14.5 $2.214, -1.7, -2.015$ 0.1 $ -$		Consistently	15.6 (12.8,	-1.7	2015	0.0			4.7 (1.2,	5.9 (2.4,	7.2 (2.5,	5.7 (2.1,
$ \begin{array}{llllllllllllllllllllllllllllllllllll$		Republican	18.3)	(-1.9,	(2014,	(-0.1,			8.2)	9.5)	11.8)	9.4)
$ \begin{array}{llllllllllllllllllllllllllllllllllll$				-1.4)	2019	0.2)						
$ \begin{array}{llllllllllllllllllllllllllllllllllll$	US House:	Most liberal:	11.8 (9.1,	-1.7	2015	0.1	l		[referent]	[referent]	[referent]	[referent]
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political ideology of elected officials and state trifectas. Together, the observed patterns of association indicate that elections, political ideology, and concentrations of political power matter for population health.

Before interpreting study results, it is important to consider the study's limitations. First, as noted above, our state-level study is a correlational, not causal, analysis; other state-level factors could be associated with the political metrics and confound the observed associations. Second, adjusting for poverty may result in attenuated estimates of association, since poverty arguably could be on the causal pathway between the political metrics and the health outcomes; supporting this view, adjusting for poverty attenuated estimates of the associations between the political metrics and health outcomes (Table S3). Third, we were unable to analyze the health outcomes stratified by poverty, education, or other socioeconomic metrics due to lack of publicly accessible, state-level health data for these metrics; similar data limitations precluded stratifying analyses by racialized groups, except for infant and premature mortality (Table S5). Due to our focus on outcomes with short etiologic periods, we did not test for lagged associations, even as current and past political exposures might jointly affect state health profiles. Of note, the bulk of premature deaths during the study time period were due to external causes (which have short etiologic periods) and, since 2020, COVID-19, not chronic diseases.^{106,10}

Our findings are consistent with the recent wave of public health and social science research, since 2020, on the health impacts of political polarization and partisanship on government and individual responses to the COVID-19 pandemic on COVID-19 outcomes and overall mortality rates.^{14-23,108} In these studies, more voter support for conservative or rightleaning politics typically was associated with worse health.¹⁴⁻²³ Other studies have found that governors' conservative opposition to public health regulations was associated with worse COVID-19 outcomes,^{14,108-110} with the party affiliations of state governors associated with the timing and content of state's COVID-19 policies regarding population mobility, evictions, and masking^{109,110}; people's response to these policies and to their governor's recommendations¹⁴; and COVID-19 mortality.¹⁰⁸ Only 1 study additionally used the political ideology and trifecta metrics we used, and found that these metrics and also voter political lean were associated with COVID-19 mortality rates and that stress on hospital intensive care unit capacity was most strongly associated with Republican trifectas and US Senator political ideology scores.²³ The only other population health study to our knowledge including data on state trifectas found that they were associated with the types of obesity-related health policies enacted between 2009 and 2015.³³ Together, this body of research lends support to the hypothesis that who is elected, the power they wield, and their incumbency matters for population health.

Our repeated cross-sectional trend analyses likewise support the hypothesis that political context shapes population health. For example, in the case of the percentage of adults aged 35–64 years who lack health insurance, the finding that the key inflection point in 2015 had tighter CIs for the more liberal vs more conservative states, along with the persistence of higher proportions of uninsurance in every presidential election year in the more conservative vs more liberal states, is consistent with (1) the 2013–2014 policy changes regarding Medicaid expansion and the subsequent state dynamics of adoption of Medicaid expansion¹¹¹ and (2) research documenting links between conservative ideology, racial resentment, and views about state support for Medicaid (and also the Supplemental Nutrition Assistance Program [SNAP]).¹¹² The results for the higher and greater acceleration in premature mortality during the first years of the COVID-19 pandemic in more conservative vs more liberal states are also consistent with prior US research on political conservatism and COVID-19 policies and mortality, and likely reflect the political as well as epidemiological dynamics of the onset of the COVID-19 pandemic.^{4,10,14-23} Use of joinpoint analysis¹⁰¹⁻¹⁰⁴ notably allowed for considering not only possible temporal "shocks" (eg, as tied to election years) but also rates of change in relation to baseline rates, which both matter for appraising population health burdens and trends.^{24,26,113}

The observed relationship between greater state conservatism and poorer state health profiles could reflect causal pathways (see Table 1) and also diverse biases-for example, shared common causes, ^{114,115} selection bias, ¹¹⁵(p. 396) and con-ditioning on a shared effect. ^{114(p. 463)} For example, individuals could move to states that they view as having politics-and politicians—more compatible with their political views.^{2,4} Two lines of evidence suggest that such moves would not lead to worse health in conservative states. First, people who change their state of residence typically are more affluent than those who do not move^{116,117} and thus likely to have better health.^{118,119} Second, if people move to states to obtain more social welfare benefits (eg, because they have worse health or lack health insurance^{118,119}), this would presumably imply moving to more liberal states.^{2-5,9,10} Moreover, the existence of a shared common cause, such as states' past histories of structural racialized, economic, and political inequality (eg, past histories of Jim Crow)-whereby such history leads to both contemporary greater conservatism and poorer health among states' residents-would bolster the hypothesis that conservatism adversely affects population health.^{3,5,7-10,24-26,34,112,113} Future research could thus reasonably pursue investigating the causal basis of the descriptive associations we report.

Conclusion

In summary, our descriptive population-based study provides timely and novel insights into patterns of associations, for the time period 2012-2024, between diverse measures of statelevel conservatism and a wide range of temporally-responsive US state-level population health outcomes. We also provide suggestive evidence that 2 key political metrics rarely used in public health research often are most strongly associated with population health: political ideology of elected officials and state trifectas. In our view, these results comprise the "bodily evidence that links the 'body natural' to the 'body politic^{,24(p.10)} and can usefully inform future research questions and also health professionals, policymakers, elected officials, civil society groups, and the broader electorate. Especially relevant in an election year, our results suggest that current levels and trajectories of health outcomes are sensitive to political contexts, which are themselves changeable by elections.¹⁻¹⁰ Our results likewise suggest that analyses concerned with political determinants of health are likely incomplete if they focus solely on voter political lean or state policies enacted, without also including data on the politicians, their votes, and partisan concentrations of power.

We close by acknowledging the context in which we have conducted our analyses, which underscores the relevance of our descriptive findings. We commenced work on this study in the spring of 2024, amidst the campaigning for the November 2024 US presidential, congressional, and state and local elections. Mindful of the study's relevance to these elections,¹²⁰ we wrote this final paragraph in the aftermath of the US elections, which has resulted in a Republican trifecta at the national level, and at the state level there are now 23 Republican trifectas (same as before the election), 15 Democratic trifectas (down 2, compared with before the election), and 12 divided state governments (up 2, compared with before the election).¹²¹ Data on the Cook PVI metric for voter political lean have yet to be calculated, although preliminary results indicate that, among the 30 states whose electoral votes went to the Republican ticket, the margin of Republican victory ranged from 0.9% (Wisconsin) to 45.8% (Wyoming) of the vote, and among the 19 states whose electoral votes went to the Democratic ticket, the margin of Democratic victory ranged from 2.7% (New Hampshire) to 31.8% (Vermont); the margin for DC (with no electoral votes) equaled 85.8%.¹²¹ If indeed political conservativism is causally associated with worse health outcomes and reduced access to health care, the election results may foretell (1) worsening health profiles in states with high or rising conservatism and (2) potential challenges to maintaining or improving the better health outcomes in more liberal states, given the national Republican trifecta.¹²²⁻¹²⁵ What actually transpires, however, will, of course, depend on the actions of elected officials, judges, government agencies, civil society organizations, and social movements, at the national, state, and local levels.^{1-3,5-11,24,122-125} A sobering question to consider is: If state health profiles worsen, who will be blamed, by whom?

Supplementary material

Supplementary material is available at *Health Affairs Scholar* online.

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Conflicts of interest

Please see ICMJE form(s) for author conflicts of interest. These have been provided as supplementary materials.

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