

# Mother–child closeness and adolescent structural neural networks: a prospective longitudinal study of low-income families

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## Abstract

Mother–child closeness, a mutually trusting and affectionate bond, is an important factor in shaping positive youth development. However, little is known about the neural pathways through which mother–child closeness is related to brain organization. Utilizing a longitudinal sample primarily from low-income families ( $N = 181$ ; 76% African American youth and 54% female), this study investigated the associations between mother–child closeness at ages 9 and 15 years and structural connectivity organization (network integration, robustness, and segregation) at age 15 years. The assessment of mother–child closeness included perspectives from both mother and child. The results revealed that greater mother–child closeness is linked with increased global efficiency and transitivity, but not with modularity. Specifically, both the mother's and child's reports of closeness at age 15 years predicted network metrics, but report at age 9 years did not. Our findings suggest that mother–child closeness is associated with neural white matter organization, as adolescents who experienced greater mother–child closeness displayed topological properties indicative of more integrated and robust structural networks.

**Keywords:** maternal closeness; positive parenting; adolescent brain development; structural connectivity organizations

## Introduction

Adolescence is marked by significant neurodevelopmental growth, shaped by influences from surrounding social contexts (Dahl 2004). Within developmental neuroscience, there is growing interest in identifying promotive social factors, such as positive parenting and close relationship with others, that are linked to neural correlates of positive youth outcomes (Telzer et al. 2018, Farber et al. 2022). This line of research aims to complement our understanding of the neural mechanisms of early-life stress by identifying potential routes for positive youth development (Belsky and De Haan 2011). While the social landscapes of youth evolve from early childhood, close relationships with primary caregivers, often mothers, continue to play a pivotal role in

positive youth development (Youngblade et al. 2007, Telzer et al. 2018). Despite the prominence of the mother–child relationship in development, little research has examined links between this relationship and brain development.

Mother–child closeness, influenced by both parent and child attributes including positive parenting practices, signifies a relationship characterized by trusting interactions between mutually affectionate dyads (Collins and Laursen 2004, McWayne et al. 2017). This strong dyadic relationship has been observed across families of diverse racial–ethnic and socioeconomic backgrounds, particularly among those under-represented in research on positive parenting, such as families of color, single-parent households, and low-income families (Aronowitz and Morrison-Beedy 2004,

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Brody et al. 2005, King et al. 2018). Furthermore, studies across diverse groups of children and adolescents show that greater mother–child closeness relates to higher prosocial behavior and lower depression and risk-taking behaviors (Ackard et al. 2006, Day and Padilla-Walker 2009, Ge et al. 2009, Fagan 2022, Lawrence 2022, Jones et al. 2023). Therefore, further examination is warranted to elucidate the neural processes through which quality mother–child dyadic relationships “get under the skin” and shape developmental trajectories.

Research using animal models has long suggested a possible pathway where parent–child relationship may influence a child’s brain development (Knop et al. 2017). Furthermore, these findings offer possible insights into how mother–child relationships specifically could be associated with distinct neural patterns in youth. For example, implications from the studies on the influences of the postnatal environment on rodents’ brain development indicate that a high level of mother–child closeness during childhood and adolescence may be a significant social context for optimal human brain development (Pryce and Feldon 2003). Previous work has shown that maternal bonding of dams with their pups, through behaviors such as licking and nursing, leads to significant alterations in the offspring rodents’ neurobiological systems related to stress responses (Weaver et al. 2004, Moriceau and Sullivan 2006).

A few studies have investigated the neural outcomes of the mother–child dyadic relationship in humans. For instance, one study found that adolescents who reported more positive relationships with their parents showed a greater decrease in ventral striatum activation during risk-taking tasks in functional magnetic resonance imaging (fMRI) scans from the baseline to a follow-up (Qu et al. 2015). Another showed that a high level of secure attachment between the mother and the child during adolescence was associated with increased activation in brain regions commonly associated with cognitive, affective, and reward processing in adulthood (Lin et al. 2024). Lastly, a study on brain structure found that youth who experienced high levels of maternal warmth and cooperation showed faster maturation in the left and right orbitofrontal cortices, which are associated with adaptive emotion and behavior regulation abilities (Whittle et al. 2014). Building upon these earlier studies, additional work is necessary to examine the contribution of mother–child closeness to indices of overall brain development.

The network organization of structural brain connectivity is an important aspect of adolescent brain development. Brain maturation involves enhanced communication between neural regions, with the myelination process playing a pivotal role (Ladouceur et al. 2012). Studies examining white matter structures have predominantly focused on examining white matter volume, density, and connectivity, which are reported to generally increase from childhood to young adulthood, albeit with some region-specific variations (Schmithorst and Yuan 2010, Goetschius et al. 2020, Hardi et al. 2022). Moreover, studies have expanded our methodology of estimating structural connectivity using diffusion neuroimaging data using network approaches that can evaluate the characteristics of whole-brain connectomes (Yeh et al. 2021).

Application of graph analytic methods to extract network organization metrics has provided insight into the spatial characteristics of structural networks, revealing a comprehensive map of information-processing pathways related to the integration, robustness, and segregation of neural connectivity within the brain (Bullmore and Sporns 2009, Menon 2011). Three commonly assessed topological properties of network analyses

include global network efficiency, transitivity, and modularity. Global network efficiency quantifies how quickly information can travel from one end of the network to the other, where greater efficiency signifies faster information transfer within the network. Transitivity indicates the degree of complexity with which the nodes of the networks cluster together, where greater transitivity suggests network robustness. Finally, modularity represents to what extent a network distinctively subdivides into separate modules or segregated networks, where greater modularity indicates a more segregated network (Bullmore and Sporns 2009, Menon 2011).

Previous studies utilizing network metrics have shown that white matter organization is sensitive to parenting (a process that influences and is influenced by the parent–child relationship), although these studies have primarily focused on the effects of harsh parenting. For example, two studies found that a high degree of negative maternal behaviors was associated with reduced modularity among young children (age 8 years), and a history of maltreatment by caregivers was linked to reduced global efficiency among young adults (ages 18–25 years) (Ohashi et al. 2017, Richmond et al. 2021). Based on existing evidence, mother–child closeness may also shape structural network organization, potentially revealing a diverging pattern to that observed with harsh parenting. While harsh parenting may be stressful and shape brain development to adapt to a stressful and uncertain environment, nurturing from a mother with whom the child identifies as having a close and supportive relationship may provide a buffer against other stressors and help scaffold positive and supportive relationships, which can, in turn, promote positive brain development. Thus, greater mother–child closeness may be linked to more efficient, clustered, and segregated brain networks.

An important factor to consider when investigating the neural processes linked to mother–child closeness is that both the mother and child play pivotal roles in creating a dyadic bond. Thus, using reports from both parties provides a more comprehensive evaluation than relying on a single informant. In addition, the quality of the mother–child relationship may vary from preadolescence to adolescence due to shifts in time spent together, increased autonomy, and potential conflicts (De Goede et al. 2009, Fang et al. 2021). However, as adolescents develop better perspective-taking skills, they may gain a deeper understanding and appreciation of their parents, which could improve relationship quality (Collins and Laursen 2004, De Goede et al. 2009, Hou et al. 2020). Therefore, delineating the neural processes linked to mother–child closeness can benefit from considering reports from both members of the mother–child dyad, as well as differential level of closeness across developmental periods.

Expanding on prior work that examined the neural correlates of positive parenting and quality of mother–child relationships (Whittle et al. 2014, Qu et al. 2015, Lin et al. 2024), a related, though distinct construct, the present investigation sought to delineate how the mother’s and child’s appraisal of their closeness contributes to the youth neural development. Specifically, given that no study has examined how mother–child closeness is associated with structural connectivity organization, the current investigation examined the whole-brain structural network organization to complement prior studies focusing on specific regions. This understanding may enhance our knowledge of normative and positive parenting effects on brain development, which remains relatively understudied and warrants further research (Farber et al. 2022). The present study investigated associations

**Table 1.** Demographic characteristics of the study participants (N = 181).

	n (%) or M (s.d., min–max)
Child's gender (female)	99 (54.7)
Child's race/ethnicity	
African American	137 (77.8)
European American	20 (11.4)
Hispanic/Latinx	12 (6.8)
Other	7 (4.0)
Maternal education status	
≤High school	76 (42.0)
Average household income	2.86 (1.22, 1–5)
Maternal marital status (no)	140 (77.3)
Maternal age at birth	25.66 (6.21, 17–43)
Maternal depression	
Age 9 years	35 (19.3)
Age 15 years	45 (24.9)
Pubertal scores	3.26 (0.58, 1.33–4)
Mother–child closeness	
Child's appraisal (age 9 years)	2.35 (0.69, 0.5–3)
Mother's appraisal (age 9 years)	2.72 (0.55, 0–3)
Child's appraisal (age 15 years)	2.10 (0.72, 0–3)
Mother's appraisal (age 15 years)	2.53 (0.73, 0–3)

between mother–child closeness at ages 9 and 15 years with characteristics of structural network organization (global efficiency, transitivity, and modularity) at age 15 years. We also examined whether mother or child report had stronger associations with the white matter network metrics. We hypothesized that greater mother–child closeness at ages 9 and 15 years would be related to more efficient, clustered, and segregated structural organization in adolescence. In addition, we hypothesized that both the mother's and child's evaluation of closeness would equally contribute to the youth network metrics.

## Methods

### Sample

Participants were recruited from the Future of Families and Child Wellbeing Study (FFCWS; N = 4898), a population-based longitudinal study of children born in 20 large US cities between 1998 and 2000 (Reichman et al. 2001). The FFCWS is oversampled (3:1) for nonmarital births and low-income families. When the children reached ages 15–17 years, they were invited to participate in the Study of Adolescent Neurodevelopment (SAND), a follow-up study examining the impact of the environment on adolescent brain development (Hein et al. 2018). A cohort of 237 families from Detroit, MI, Toledo, OH, and Chicago, IL, participated in the study. Given the demographics of these cities, most families in the SAND subsample identified as African American (76%), with 54.4% identifying as female. The University of Michigan Institutional Review Board approved the study, and all families provided written consent to participate. In the current study, we restricted our longitudinal dataset to individuals with usable neuroimaging data, culminating in a final sample size of 181 (Supplementary 1). Refer to Table 1 for demographic details.

### Measures

Mother–child closeness was assessed through mother and child self-reports collected at ages 9 and 15 years. The assessment of closeness was based on the Caregiver–Child Relationship construct created by FFCWS. This construct utilized a modified brief version of the Family Functioning and Adolescent sections from

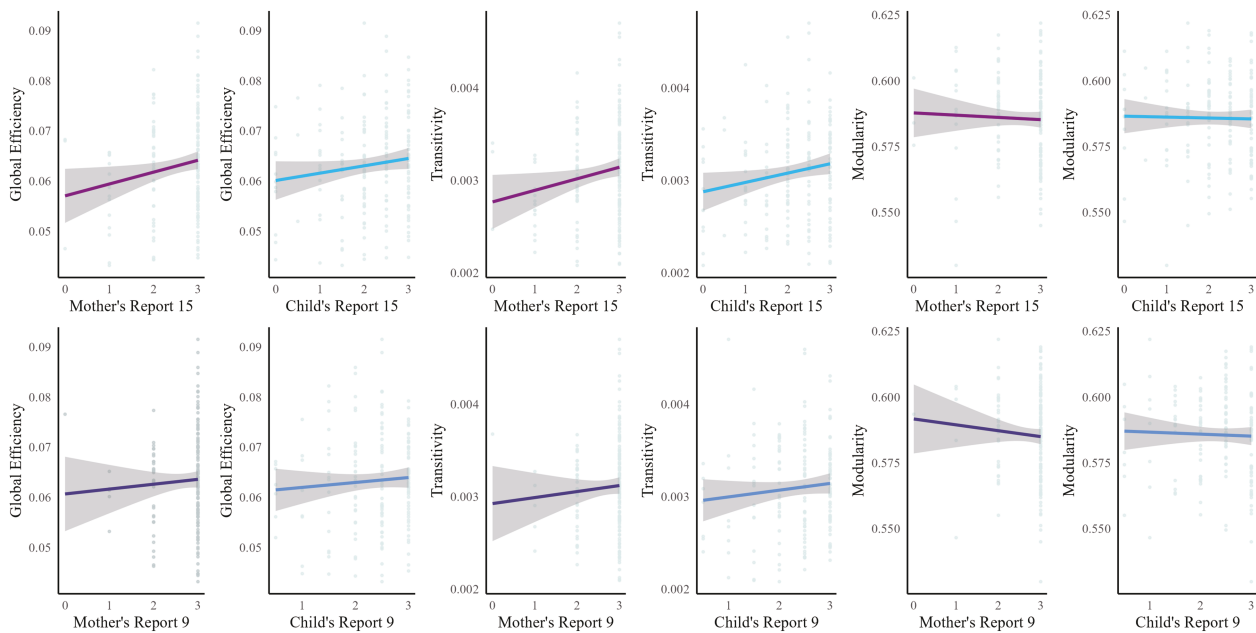
the National Survey of Children's Health (National Survey of Children's Health 2003). We used items that were consistently asked across two time points. This survey encompassed the following questions: "How close do you feel to your mom/child?" and "How well do you and your mom share ideas or talk about things that matter?" These items have been shown to be strong indicators of the quality of a dyadic relationship (Blumberg et al. 2005, Bandy and Moore 2008, De Luca et al. 2018) and have been used in other datasets with nationally representative samples (King et al. 2018). The child's report of mother–child closeness was created using two items, and the mother's report was created using one item. All three items (two child-reported and one mother-reported) were rated on a four-point Likert scale, with the scales reverse-coded so that a higher score denoted stronger closeness ("0 = not very close" to "3 = extremely close"). Given that there were two items for children and one for the mother, we used a scaled score to ensure both that the mother and child's responses were equally weighted. In total, four scores were created: child's and mother's reports of mother–child closeness at ages 9 and 15 years.

Covariates were added to our analyses to account for possible demographic influences: household income [average poverty threshold at ages 9 and 15 years determined by the US Census Bureau average income-to-needs ratio (United States Census Bureau 2020)], maternal age, maternal educational status ("0 = less than high school/ high school", "1 = more than high school"), maternal depression at age 9 and 15 years ("0 = no depression", "1 = depression"), children's race (European American, African American, Hispanic/Latinx, and Other; dummy coded) and gender ("0 = male", "1 = female"), and pubertal development at age 15 years (self-report on the Pubertal Development Scale (Petersen et al. 1988)) to account for robust biological changes occurring during adolescence and its implication on structural brain development (Herting and Sowell 2017, Roberts et al. 2020). We used race as a social construct variable reflecting differential experiences of exposure to structural racism-related adversity (Shonkoff et al. 2021). We adjusted for maternal depression as it is documented to have an effect on the mother–child relationship (Lovejoy et al. 2000). We additionally adjusted for marital status ("0 = non-married", "1 = married") to account for the original sampling strategy (Reichman et al. 2001).

### Neuroimaging measures

#### Data acquisition and preprocessing

Magnetic resonance imaging (MRI) scans were obtained using a 3-T GE Discovery MR750 scanner with an eight-channel head coil at the University of Michigan Functional MRI Laboratory. Participants were provided with detailed instructions to minimize head movement, and head paddings were used. T1-weighted gradient echo images were acquired with the following parameters: TR (repetition time) = 12 ms, TE (echo time) = 5 ms, TI (inversion time) = 500 ms, flip angle = 15°, field of view = 26 cm, slice thickness = 1.44 mm, 256 × 192 matrix, and 110 slices. Subsequently, diffusion MRI (dMRI) data were collected using a spin-echo echo-planar imaging (EPI) diffusion sequence with a repetition time of 7250 ms, minimum echo time, 128 × 128 acquisition matrix, a field of view of 22 cm, 3-mm no-gap thick slices with 40 slices acquired using alternating increasing order, a b-value of 1000 s/mm<sup>2</sup>, 64 nonlinear directions b-value of 1000 s/mm<sup>2</sup>, and 64 nonlinear diffusion directions. An initial visual inspection of the dMRI images was performed to ensure quality. Slices with an average intensity below 4 standard deviations were marked as outliers and replaced using predicted models (Andersson et al. 2016). Participants were



**Figure 1.** The association between mother–child closeness and the topological properties of the structural neural network architecture was investigated.

excluded if >5% of slices were replaced, and the images of 10 participants with the highest number of replaced slices underwent further visual scrutiny.

### Structural connectivity organization estimation

The dMRI data were then processed to estimate structural connectivity using the MRtrix pipeline, which utilizes a novel tensor-fitting method called the constrained spherical deconvolution (Tournier et al. 2004, 2007, Farquharson et al. 2013), which performs especially well in connectivity estimation in regions of crossing fibers (Tournier et al. 2012). A probabilistic tractography approach was employed to generate 10 million streamlines, which were subsequently used to estimate structural connectivity between the AAL2 atlas (Rolls et al. 2015) to create a  $94 \times 94$  connectome matrix, representing the count of streamlines or structural connectivity between distinct brain regions. Graph analysis was then applied to the resulting weighted, undirected, and unthresholded connectome matrixes using the Brain Connectivity Toolbox (Rubinov and Sporns 2010) in MATLAB. Three graph network metrics were computed: global network efficiency (how efficient information travels from one end of the network to the other; greater efficiency signifies faster information transfer), transitivity (the presence of triangles in the network; greater transitivity suggests increased network clustering/robustness), and modularity (to what extent network distinctively subdivides into separate modules; greater modularity represents more segregated networks).

### Statistical analysis

We conducted path models to examine the associations between mother–child closeness and whole-brain structural connectivity metrics (global efficiency, transitivity, and modularity). Each model used the mother’s and child’s reports of closeness at ages 9 and 15 years as predictor variables (4 in total). Then, we conducted the Z-test to examine whether mother or child perceptions matter

most to network metrics. In addition, we evaluated the unique variance predicted by each reporter’s response while controlling for the response from the other developmental period. We created one path model with the child’s reports of mother–child closeness at ages 9 and 15 years as separate predictor variables and another path model with the mother’s reports of mother–child closeness at ages 9 and 15 years as separate predictor variables. All analyses were conducted using R to perform path analyses (R Core Team 2021), and the full information maximum likelihood estimation method was used to account for missing data (Kline, 2023). All models controlled for covariates.

## Results

The descriptive findings from the zero-order correlations (Supplementary 2) suggest that there is some discordance between the mother’s and child’s reports. There were positive associations between mother–child closeness and the topological properties of two network metrics. Specifically, the mother’s report of greater mother–child closeness at age 15 years and the child’s report of greater mother–child closeness at age 15 years were associated with greater global network efficiency (mother:  $\beta = 0.196$ ,  $P = .009$ ; child:  $\beta = 0.147$ ,  $P = .043$ ) and greater transitivity (mother:  $\beta = 0.186$ ,  $P = .013$ ; child:  $\beta = 0.20$ ,  $P = .005$ ) but not modularity (mother:  $\beta = -0.035$ ,  $P = .659$ ; child:  $\beta = -0.023$ ,  $P = .759$ ) (Table 3, Fig. 1). No significant difference was observed when statistically comparing the outcomes based on reporters (Z-test) (global efficiency:  $z = 0.43$ ,  $P = .66$ ; transitivity:  $z = 0.48$ ,  $P = .95$ ). There was no significant association between reports at age 9 years and topological properties of network metrics (Table 2, Fig. 1). See Fig. 2 for a visual representation of the differential patterns of structural networks between individuals with varying global efficiency and transitivity. Lastly, analyses examining appraisals of mother–child closeness separately by reporter across two developmental periods in one path model indicated that reports from age 15 years had significant associations with the network metrics, even after

**Table 2.** Results of path analyses with individual reports from mothers and children at two developmental time points (ages 9 and 15 years).

	<b>b</b>	$\beta$	<b>SE</b>	<b>z</b>	<b>P</b>
Global efficiency					
Mother's closeness report (age 15 years)	0.026	0.196	0.010	2.603	.009
Pubertal score	-0.033	-0.195	0.015	-2.201	.028
Maternal age	-0.001	-0.060	0.001	-0.782	.434
Maternal marital status	-0.048	-0.204	0.019	-2.519	.012
Household income	-0.003	-0.043	0.007	-0.498	.619
Maternal education	-0.001	-0.004	0.015	-0.054	.957
Child's gender	0.025	0.125	0.018	1.371	.170
Race/ethnicity (White)	-0.036	-0.115	0.024	-1.520	.128
Race/ethnicity (Hispanic/Latinx)	-0.002	-0.006	0.029	-0.076	.939
Race/ethnicity (Other)	-0.043	-0.085	0.037	-1.145	.252
Maternal depression (9)	-0.011	-0.049	0.017	-0.652	.514
Maternal depression (15)	-0.005	-0.020	0.019	-0.250	.803
Transitivity					
Mother's closeness report age 15 years	0.135	0.186	0.054	2.491	.013
Pubertal score	-0.193	-0.211	0.081	-2.373	.018
Maternal age	-0.005	-0.064	0.007	-0.827	.408
Maternal marital status	-0.268	-0.210	0.104	-2.589	.010
Household income	-0.027	-0.062	0.037	-0.713	.476
Maternal education	0.072	0.068	0.082	0.885	.376
Child's gender	0.211	0.200	0.097	2.183	.029
Race/ethnicity (White)	-0.124	-0.075	0.125	-0.986	.324
Race/ethnicity (Hispanic/Latinx)	0.072	0.034	0.152	0.471	.637
Race/ethnicity (Other)	-0.144	-0.053	0.199	-0.724	.469
Maternal depression (9)	-0.095	-0.078	0.093	-1.030	.303
Maternal depression (15)	0.034	0.026	0.102	0.333	.739
Modularity					
Mother's closeness report (age 15 years)	-0.008	-0.035	0.018	-0.442	.659
Pubertal score	0.012	0.043	0.026	0.462	.644
Maternal age	0.000	0.000	0.002	0.003	.998
Maternal marital status	0.043	0.109	0.035	1.248	.212
Household income	0.002	0.014	0.012	0.151	.880
Maternal education	0.019	0.058	0.026	0.728	.466
Child's gender	-0.025	-0.075	0.031	-0.786	.432
Race/ethnicity (White)	0.046	0.089	0.041	1.121	.262
Race/ethnicity (Hispanic/Latinx)	-0.042	-0.064	0.050	-0.835	.404
Race/ethnicity (Other)	0.134	0.160	0.065	2.062	.039
Maternal depression (9)	0.037	0.099	0.030	1.252	.211
Maternal depression (15)	-0.030	-0.073	0.033	-0.904	.366
Global efficiency					
Child's closeness report (age 15 years)	0.017	0.147	0.008	2.022	.043
Pubertal score	-0.032	-0.188	0.015	-2.111	.035
Maternal age	-0.001	-0.046	0.001	-0.596	.551
Maternal marital status	-0.051	-0.216	0.019	-2.641	.008
Household income	-0.004	-0.048	0.007	-0.554	.580
Maternal education	-0.003	-0.014	0.015	-0.185	.853
Child's gender	0.027	0.139	0.018	1.517	.129
Race/ethnicity (White)	-0.031	-0.099	0.024	-1.299	.194
Race/ethnicity (Hispanic/Latinx)	-0.004	-0.011	0.029	-0.152	.879
Race/ethnicity (Other)	-0.039	-0.078	0.037	-1.050	.294
Maternal depression (9)	-0.019	-0.082	0.017	-1.096	.273
Maternal depression (15)	-0.004	-0.017	0.020	-0.208	.835
Transitivity					
Child's closeness report (age 15 years)	0.123	0.200	0.044	2.778	.005
Pubertal score	-0.193	-0.211	0.081	-2.383	.017
Maternal age	-0.005	-0.057	0.007	-0.746	.456
Maternal marital status	-0.288	-0.226	0.103	-2.781	.005
Household income	-0.025	-0.059	0.037	-0.683	.495
Maternal education	0.067	0.063	0.081	0.824	.410
Child's gender	0.232	0.219	0.097	2.400	.016
Race/ethnicity (White)	-0.089	-0.054	0.125	-0.715	.474

(continued)



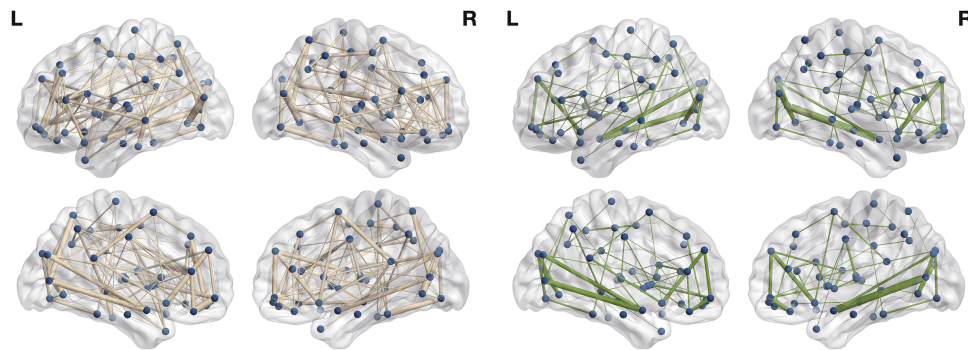
Table 2. (Continued)

	<b>b</b>	$\beta$	<b>SE</b>	<b>z</b>	<b>P</b>
Race/ethnicity (Hispanic/Latinx)	0.065	0.031	0.151	0.432	.666
Race/ethnicity (Other)	-0.136	-0.051	0.197	-0.691	.489
Maternal depression (9)	-0.132	-0.108	0.091	-1.453	.146
Maternal depression (15)	0.050	0.038	0.103	0.484	.628
Modularity					
Child's closeness report (age 15 years)	-0.004	-0.023	0.014	-0.306	.759
Pubertal score	0.012	0.041	0.026	0.447	.655
Maternal age	0.000	-0.004	0.002	-0.048	.962
Maternal marital status	0.045	0.112	0.035	1.284	.199
Household income	0.002	0.015	0.012	0.164	.870
Maternal education	0.020	0.060	0.026	0.756	.450
Child's gender	-0.025	-0.077	0.031	-0.812	.417
Race/ethnicity (White)	0.045	0.088	0.041	1.101	.271
Race/ethnicity (Hispanic/Latinx)	-0.040	-0.062	0.050	-0.803	.422
Race/ethnicity (Other)	0.132	0.157	0.065	2.031	.042
Maternal depression (9)	0.040	0.105	0.029	1.342	.180
Maternal depression (15)	-0.029	-0.072	0.033	-0.893	.372
Global efficiency					
Mother's closeness report (age 9 years)	0.011	0.059	0.015	0.732	.464
Pubertal score	-0.030	-0.175	0.015	-1.956	.050
Maternal age	-0.001	-0.036	0.001	-0.460	.646
Maternal marital status	-0.049	-0.205	0.020	-2.491	.013
Household income	-0.005	-0.060	0.007	-0.686	.493
Maternal education	-0.004	-0.018	0.015	-0.233	.816
Child's gender	0.025	0.127	0.018	1.370	.171
Race/ethnicity (White)	-0.036	-0.115	0.024	-1.499	.134
Race/ethnicity (Hispanic/Latinx)	-0.005	-0.012	0.029	-0.156	.876
Race/ethnicity (Other)	-0.038	-0.077	0.038	-1.016	.309
Maternal depression (9)	-0.019	-0.084	0.017	-1.108	.268
Maternal depression (15)	-0.006	-0.025	0.020	-0.304	.761
Transitivity					
Mother's closeness report (age 9 years)	0.082	0.085	0.076	1.083	.279
Pubertal score	-0.177	-0.194	0.082	-2.159	.031
Maternal age	-0.004	-0.043	0.007	-0.558	.577
Maternal marital status	-0.271	-0.212	0.105	-2.574	.010
Household income	-0.032	-0.074	0.038	-0.844	.399
Maternal education	0.062	0.058	0.083	0.747	.455
Child's gender	0.214	0.202	0.098	2.184	.029
Race/ethnicity (White)	-0.124	-0.075	0.127	-0.980	.327
Race/ethnicity (Hispanic/Latinx)	0.067	0.032	0.155	0.432	.666
Race/ethnicity (Other)	-0.132	-0.049	0.201	-0.657	.511
Maternal depression (9)	-0.135	-0.111	0.092	-1.461	.144
Maternal depression (15)	0.037	0.028	0.106	0.351	.726
Modularity					
Mother's closeness report (age 9 years)	-0.031	-0.103	0.023	-1.325	.185
Pubertal score	0.012	0.043	0.026	0.471	.637
Maternal age	0.000	0.005	0.002	0.062	.950
Maternal marital status	0.044	0.110	0.034	1.266	.205
Household income	0.001	0.006	0.012	0.061	.951
Maternal education	0.016	0.049	0.026	0.619	.536
Child's gender	-0.025	-0.077	0.031	-0.812	.417
Race/ethnicity (White)	0.047	0.091	0.041	1.147	.252
Race/ethnicity (Hispanic/Latinx)	-0.048	-0.075	0.050	-0.966	.334
Race/ethnicity (Other)	0.141	0.168	0.065	2.167	.030
Maternal depression (9)	0.040	0.105	0.029	1.349	.177
Maternal depression (15)	-0.039	-0.097	0.033	-1.183	.237
Global efficiency					
Child's closeness report (age 9 years)	0.002	0.013	0.011	0.011	.171
Pubertal score	-0.030	-0.174	0.015	-0.015	-1.931
Maternal age	-0.001	-0.032	0.001	0.001	-.406
Maternal marital status	-0.048	-0.203	0.020	0.020	-2.442
Household income	-0.005	-0.066	0.007	0.007	-.753
Maternal education	-0.005	-0.024	0.015	0.015	-.307

(continued)

**Table 2.** (Continued)

	<b>b</b>	$\beta$	<b>SE</b>	<b>z</b>	<b>P</b>
Child's gender	0.025	0.125	0.018	0.018	1.343
Race/ethnicity (White)	-0.035	-0.112	0.024	0.024	-1.450
Race/ethnicity (Hispanic/Latinx)	-0.007	-0.018	0.029	0.029	-.243
Race/ethnicity (Other)	-0.034	-0.068	0.038	0.038	-.897
Maternal depression (9)	-0.019	-0.085	0.017	0.017	-1.124
Maternal depression (15)	-0.010	-0.040	0.020	0.020	-.491
<b>Transitivity</b>					
Child's closeness report (age 9 years)	0.044	0.057	0.059	0.745	.456
Pubertal score	-0.178	-0.194	0.082	-2.156	.031
Maternal age	-0.004	-0.044	0.007	-0.556	.578
Maternal marital status	-0.260	-0.204	0.106	-2.449	.014
Household income	-0.034	-0.079	0.038	-0.901	.368
Maternal education	0.058	0.054	0.083	0.696	.486
Child's gender	0.208	0.197	0.098	2.115	.034
Race/ethnicity (White)	-0.112	-0.068	0.127	-0.880	.379
Race/ethnicity (Hispanic/Latinx)	0.052	0.025	0.154	0.337	.736
Race/ethnicity (Other)	-0.088	-0.033	0.202	-0.438	.662
Maternal depression (9)	-0.140	-0.115	0.093	-1.509	.131
Maternal depression (15)	0.012	0.009	0.103	0.120	.904
<b>Modularity</b>					
Child's closeness report (age 9 years)	0.005	0.021	0.019	0.273	.785
Pubertal score	0.011	0.037	0.026	0.407	.684
Maternal age	0.000	-0.009	0.002	-0.112	.911
Maternal marital status	0.045	0.113	0.035	1.291	.197
Household income	0.003	0.020	0.012	0.217	.828
Maternal education	0.021	0.064	0.026	0.805	.421
Child's gender	-0.025	-0.077	0.031	-0.810	.418
Race/ethnicity (White)	0.046	0.089	0.041	1.115	.265
Race/ethnicity (Hispanic/Latinx)	-0.040	-0.061	0.050	-0.798	.425
Race/ethnicity (Other)	0.133	0.158	0.065	2.030	.042
Maternal depression (9)	0.040	0.105	0.030	1.341	.180
Maternal depression (15)	-0.029	-0.070	0.033	-0.875	.381



**Figure 2.** Visual representation of the white matter connectome at age 15 years. The left side represents individuals with greater mother–child closeness, characterized by high global efficiency and transitivity, while the right side represents those with less mother–child closeness, characterized by low global efficiency and transitivity. The circles represent nodes located in different brain regions, including frontal lateral, frontal medial, orbitofrontal, temporal, limbic, subcortical, parietal, and occipital. The lines represent the edges, which denote structural connectivity between brain regions.

controlling for reports from age 9 years. The mother's report at age 15 years remained positively associated with global efficiency ( $\beta=0.201, P=.015$ ) and transitivity ( $\beta=0.177, P=.031$ ) (Table 3). This pattern was consistently observed for the child's report at age 15 years as well ( $\beta=0.149, P=.043; \beta=0.196, P=.007$ ) (Table 3). Thus, greater mother–child closeness at age 15 years is significantly associated with greater global network efficiency and transitivity, independent of the influence of mother–child closeness at age 9 years.

## Discussion

Our study examined the associations between mother–child closeness and structural brain network organization using a sample from a population-based study, primarily consisting of low-income, African American families. Specifically, this paper aimed to investigate how mother–child closeness, as assessed by both mother and child during childhood (age 9 years) and adolescence (age 15 years), may be meaningfully associated with

**Table 3.** Results of path analyses with mother's and child's reports from two time points in a single model.

	<b>b</b>	$\beta$	<b>SE</b>	<b>z</b>	<b>P</b>
Global efficiency					
Mother's closeness report (age 15 years)	0.027	0.201	0.011	2.427	.015
Mother's closeness report (age 9 years)	-0.002	-0.010	0.015	-0.116	.908
Pubertal score	-0.033	-0.195	0.015	-2.203	.028
Maternal age	-0.001	-0.060	0.001	-0.783	.434
Maternal marital status	-0.048	-0.203	0.019	-2.516	.012
Household income	-0.004	-0.044	0.007	-0.513	.608
Maternal education	-0.001	-0.005	0.015	-0.070	.944
Child's gender	0.025	0.125	0.018	1.380	.168
Race/ethnicity (White)	-0.035	-0.114	0.023	-1.508	.132
Race/ethnicity (Hispanic/Latinx)	-0.002	-0.006	0.029	-0.081	.936
Race/ethnicity (Other)	-0.042	-0.085	0.037	-1.136	.256
Maternal depression (9)	-0.011	-0.049	0.017	-0.644	.520
Maternal depression (15)	-0.005	-0.020	0.020	-0.249	.803
Transitivity					
Mother's closeness report (age 15 years)	0.129	0.177	0.060	2.153	.031
Mother's closeness report (age 9 years)	0.021	0.022	0.081	0.263	.793
Pubertal score	-0.193	-0.211	0.081	-2.369	.018
Maternal age	-0.006	-0.065	0.007	-0.840	.401
Maternal marital status	-0.269	-0.211	0.104	-2.596	.009
Household income	-0.026	-0.060	0.037	-0.698	.485
Maternal education	0.074	0.069	0.082	0.895	.371
Child's gender	0.212	0.201	0.097	2.197	.028
Race/ethnicity (White)	-0.122	-0.074	0.125	-0.977	.328
Race/ethnicity (Hispanic/Latinx)	0.079	0.038	0.154	0.512	.609
Race/ethnicity (Other)	-0.148	-0.055	0.199	-0.744	.457
Maternal depression (9)	-0.097	-0.080	0.093	-1.047	.295
Maternal depression (15)	0.042	0.032	0.104	0.400	.689
Modularity					
Mother's closeness report (age 15 years)	0.012	0.042	0.019	0.131	.896
Mother's closeness report (age 9 years)	0.000	0.005	0.025	-1.415	.157
Pubertal score	0.044	0.111	0.026	0.455	.649
Maternal age	0.001	0.005	0.002	0.065	.948
Maternal marital status	0.016	0.049	0.034	1.284	.199
Household income	-0.025	-0.076	0.012	0.051	.960
Maternal education	0.046	0.090	0.026	0.613	.540
Child's gender	-0.051	-0.078	0.031	-0.800	.424
Race/ethnicity (White)	0.141	0.168	0.041	1.131	.258
Race/ethnicity (Hispanic/Latinx)	0.040	0.105	0.050	-1.013	.311
Race/ethnicity (Other)	-0.039	-0.097	0.065	2.175	.030
Maternal depression (9)	0.012	0.042	0.030	1.336	.182
Maternal depression (15)	0.000	0.005	0.033	-1.186	.236
Global efficiency					
Child's closeness report (age 15 years)	0.017	0.149	0.008	2.021	.043
Child's closeness report (age 9 years)	-0.001	-0.010	0.011	-0.134	.893
Pubertal score	-0.032	-0.187	0.015	-2.100	.036
Maternal age	-0.001	-0.044	0.001	-0.573	.567
Maternal marital status	-0.052	-0.218	0.020	-2.639	.008
Household income	-0.004	-0.049	0.007	-0.559	.576
Maternal education	-0.003	-0.015	0.015	-0.194	.846
Child's gender	0.028	0.141	0.018	1.527	.127
Race/ethnicity (White)	-0.031	-0.099	0.024	-1.298	.194
Race/ethnicity (Hispanic/Latinx)	-0.004	-0.011	0.029	-0.154	.878
Race/ethnicity (Other)	-0.039	-0.078	0.038	-1.044	.297
Maternal depression (9)	-0.019	-0.082	0.017	-1.089	.276
Maternal depression (15)	-0.004	-0.017	0.020	-0.210	.834
Transitivity					
Child's closeness report (age 15 years)	0.121	0.196	0.045	2.689	.007
Child's closeness report (age 9 years)	0.019	0.025	0.059	0.325	.745
Pubertal score	-0.194	-0.212	0.081	-2.393	.017
Maternal age	-0.005	-0.060	0.007	-0.783	.434
Maternal marital status	-0.283	-0.222	0.104	-2.715	.007
Household income	-0.025	-0.057	0.037	-0.660	.509
Maternal education	0.070	0.066	0.082	0.856	.392

(continued)



**Table 3.** (Continued)

	<b>b</b>	$\beta$	<b>SE</b>	<b>z</b>	<b>P</b>
Child's gender	0.230	0.217	0.097	2.375	.018
Race/ethnicity (White)	−0.085	−0.051	0.125	−0.682	.495
Race/ethnicity (Hispanic/Latinx)	0.068	0.033	0.151	0.452	.651
Race/ethnicity (Other)	−0.125	−0.046	0.198	−0.630	.529
Maternal depression (9)	−0.134	−0.110	0.091	−1.471	.141
Maternal depression (15)	0.050	0.039	0.103	0.491	.624
Modularity					
Child's closeness report (age 15 years)	−0.005	−0.028	0.015	−0.371	.710
Child's closeness report (age 9 years)	0.006	0.026	0.019	0.326	.744
Pubertal score	0.011	0.040	0.026	0.435	.664
Maternal age	0.000	−0.008	0.002	−0.096	.923
Maternal marital status	0.047	0.120	0.035	1.355	.175
Household income	0.002	0.016	0.012	0.177	.859
Maternal education	0.021	0.063	0.027	0.785	.433
Child's gender	−0.027	−0.081	0.031	−0.845	.398
Race/ethnicity (White)	0.046	0.088	0.041	1.100	.271
Race/ethnicity (Hispanic/Latinx)	−0.040	−0.062	0.050	−0.804	.421
Race/ethnicity (Other)	0.133	0.158	0.066	2.022	.043
Maternal depression (9)	0.039	0.103	0.030	1.322	.186
Maternal depression (15)	−0.029	−0.072	0.033	−0.889	.374

structural network metrics. Overall, greater mother–child closeness was associated with increased global neural network efficiency and transitivity in the structural organization of the adolescent brain. Both mother's and child's appraisals of closeness at age 15 years, but not at age 9 years, consistently showed significant positive associations with global efficiency and transitivity, but not modularity. This structural organizational pattern facilitates faster information flow (global network efficiency), which may enhance interconnectedness among brain regions, while also providing greater robustness against potential disruptions (transitivity) (Bullmore and Sporns 2009, Farahani et al. 2019).

The observed age-specific (age 15 years) pattern of increased global efficiency and increased transitivity may reflect brain maturation, indicative of a developmental trajectory toward enhanced structural connectivity that often correlates with cognitive and emotional development (Huang et al. 2015, Vértes and Bullmore 2015, Khundrakpam et al. 2016). For example, preliminary studies on white matter tracts, as well as more recent research on white matter organization, have observed that children and adolescents exhibit a more integrated structural organization as cognitive functioning, intelligence, and academic attainment improve (Nagy et al. 2004, Schmithorst et al. 2005, Bathelt et al. 2019). Thus, mother–child closeness, a salient influence within their social environment, may contribute to distinct organizational patterns within the structural networks, thereby leading to maturation.

Both the mother's and the child's reports of closeness at age 15 years independently showed significant positive associations with global efficiency and transitivity, but not modularity. Furthermore, the association between mother–child closeness and these two topological properties of network metrics at age 15 years remained significant for both reports, even after accounting for mother–child closeness at age 9 years. This suggests that regardless of the mother–child closeness at age 9 years, mother–child closeness at age 15 years is an influential social context for adolescent structural organization and that change over time (e.g. from ages 9 to 15 years) may be particularly important. Our findings highlight the salient role of youth experiencing close relationships

with their mother during adolescence, often characterized by receiving maternal love, care, and support in relationships (Collins and Laursen 2004, McWayne et al. 2017) in their brain development (Telzer et al. 2018).

Furthermore, at age 15 years, both the mother's and the child's reports were equivalently associated with the network metrics, emphasizing their similar importance in relation to structural networks. This is particularly interesting since these reports were only moderately correlated ( $r = 0.17$  at age 9 years,  $r = 0.47$  at age 15 years). Thus, even if youth and parents are disagreeing about levels, each unique perspective still seems to be associated with structural organization. Leveraging our findings from the multi-informant approach, the current study suggests that the child's experience of the high level of closeness with their mother and the mother's experience of closeness with their child during adolescence are equally crucial for the more efficient and clustered white matter organization. Previous literature underscores that both the mother and the child actively contribute to cultivating their closeness, as emotional bonds and shared experiences often co-occur between the dyad (Hou et al. 2020). Consequently, a child who feels close to their mother is likely to have a mother who feels close to the child. Our work supports previous findings that positive mother–child relationships are a crucial contextual factor in brain development (Butterfield, et al., 2021, Whittle et al. 2014, Qu et al. 2015) and extends this literature by suggesting that information on the dyad's relationship quality, whether obtained from the mother or the child, may yield similar results.

The study's focus on the role of mother–child closeness in adolescent brain development aligns with the increasing interest in elucidating neural mechanisms linked to normative development occurring within positive social contexts and complementing existing work on the role of early-life adversity in brain development (Belsky and De Haan 2011, Farber et al. 2022). Thus, leveraging reports of mother–child closeness to investigate adolescent brain development contributes to the ongoing conversation around the importance of examining the mechanisms underlying positive youth development, especially among adolescents of color, who have been primarily studied in research on social

determinants of maladaptive development (Gaylord-Harden et al. 2018, Green et al. 2022). This approach is crucial as it enhances our understanding of normative developmental trajectories, especially for those who are often studied within the framework of marginalization and increased developmental risks, with limited representation in research on positive youth development (Gaylord-Harden et al. 2018).

The study's results should be interpreted with several limitations and recommendations for future research in mind. The sample size ( $n = 181$ ) was relatively modest; thus, replication with a larger sample is needed. Our measurement of mother-child closeness was very brief. The data used in this study were part of a larger population-based longitudinal study, which only had a limited set of items on parental relationship quality with their children. Follow-up study with more elaborated data on mother-child relationships from both parties is recommended. Our data on mother-child closeness were collected at only two time points, and imaging data were available from just one time point. This limitation restricts our ability to draw comprehensive conclusions about brain development. Research indicates that developmental patterns of the brain observed in cross-sectional studies or those with only two time points may differ from those seen in studies with at least three time points (Keresztes et al. 2022). Thus, extending the longitudinal data by following participants into adulthood and including additional time points could offer a more nuanced understanding of changes in structural organization related to mother-child closeness within the context of normative brain development.

For the future direction, linking our findings to neural mechanisms through which mother-child closeness may influence the onset of psychopathology and behavioral outcomes in adulthood could further deepen our understanding of the human brain. However, it is important to note that increasing evidence suggests that there may not be one-to-one associations between brain structures and psychological or behavioral outcomes, as individuals exhibit diverse patterns in their brain systems (Gratton et al. 2022, Monk and Hardi 2023). Lastly, ongoing research is needed to elucidate how white matter development relates to socioenvironmental influences across different developmental periods, given that the field has observed inconsistent findings regarding the association between various socioenvironmental contexts and structural brain development (Hanson et al. 2013, Keding et al. 2021, Richmond et al. 2022, Hardi et al. 2023).

## Conclusion

The present study suggests that mother-child closeness, characterized by trusting interactions between mutually affectionate dyads, may be an important contextual contributor to adolescence brain development. We observed neural correlates associated with mother-child closeness, specifically noting more efficient and clustered brain structural networks via white matter organization. Our work contributes to ongoing efforts to delineate the neural mechanisms associated with normative and positive youth development, with a focus on under-represented populations in this field (Gaylord-Harden et al. 2018, Farber et al. 2022). Lastly, while our study examined neural correlates related to a familial-level contextual factor, it is crucial to recognize that efforts to investigate the influence of social context on brain development, especially for youth of color, must extend beyond family-level factors. Addressing systemic barriers that hinder positive caregiver-child relationships, such as poverty-related stressors perpetuated by racialized policies, is essential

to complement research on neural correlates of family-level factors and enhance our understanding of positive youth development, particularly among youth of color (McLoyd 1990, Murry et al. 2022).

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## Supplementary data

Supplementary data is available at SCAN online.

## Conflicts of interest

None declared.

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## Data availability

The data underlying this article are publicly available.

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