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Key Points:

- Cumulative exposures to environmental risks and benefits have distinct spatial patterns compared to individual environmental factors
- Materially and socially deprived groups and visible minorities face greater exposures across risk-benefit environmental combinations
- From 2006 to 2016, the performance of individual environmental factors improved, but South Asian residents experienced larger inequities

Supporting Information:

Supporting Information may be found in the online version of this article.

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Inequitable Spatial and Temporal Patterns in the Distribution of Multiple Environmental Risks and Benefits in Metro Vancouver

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Abstract The urban environment impacts residents' health and well-being in many ways. Environmental benefits and risks may be interactively and inequitably distributed across different populations in cities, and these patterns may change over time. Here, we assess the spatial distribution of environmental risks and benefits in pairs, considering synergies and trade-offs, in an illustrative metropolitan area (Metro Vancouver) in Canada in the years 2006 and 2016. We classify census dissemination areas as sweet, sour, risky, or medium spots based on relative exposures for six environmental combinations: Walkability and NO₂; heat stress and NO₂; vegetation coverage and NO₂; vegetation coverage and heat stress; walkability and accessibility to natural recreational areas; and heat stress and accessibility to natural recreational areas. We evaluate whether different population groups are disproportionately exposed to lower environmental quality based on linear regressions and other metrics. We find that while performance for individual environmental variables improved over the decade, considering their combinations, sweet spots became sweeter and sour spots became sourer. Residents with high material and social deprivation and visible minorities were disproportionately exposed to lower environmental quality in both years for most of the environmental combinations. Further, we find that these inequities were not improving over time for all groups: for instance, South Asian residents in the region faced higher disproportionate burdens or diminished access to benefits in 2016, as compared to 2006. Given these findings, we suggest considerations of cumulative exposure in prioritizing areas for intervention, targeting the sour and risky spots persistently experienced by overburdened populations.

Plain Language Summary City environments impact people's health in many ways. However, not everyone in a city experiences the same benefits (e.g., green spaces and walkable communities) or risks (e.g., air pollution and heat stress). In this study, we categorized areas into sweet spots (high benefits and low risks), sour spots (high risks and low benefits), risky spots (high benefits magnify high risks), and medium spots (high benefits balance high risks/both at medium states) based on five environmental factors, including NO₂, green space, accessibility to parks and waterbodies, walkability, and heat stress. Then, we looked at how environmental benefits and risks were distributed in Metro Vancouver in 2006 and 2016. We found that areas that were sweet across many combinations got even better, while risky and sour spots got worse. People with high material and social deprivation and visible minorities were more likely to live in risky and sour spots. This pattern did not improve over time, and for some groups, like South Asian residents, it got worse from 2006 to 2016. Our findings suggest that to reduce environmental inequities in cities, efforts should focus on improving conditions in areas with high risks and low benefits that affect overburdened populations the most.

1. Introduction

Over 50% of the world's population lives in urban areas. In some countries, such as Canada, this share is even higher, at close to 74% (Statistics Canada, 2022; The World Bank, 2023). Urban environments can impact human health and well-being in many ways, including through the prevalence of cardiovascular and respiratory diseases and the exacerbation of mental health challenges (Brulle & Pellow, 2006; Hankey & Marshall, 2017; James et al., 2017). Indeed, environmental risk factors caused 23.3% and 22.7% of total human mortality in 2004 and 2015 (Brusseau et al., 2019).

Urban environmental quality consists of a complex, interconnected mixture of factors. Some factors are healthpromoting, like high walkability and green spaces, while others present health risks, like air pollution and heat stress. Moreover, these different contributors do not impact human health and well-being independently but are instead interconnected with potential synergies and trade-offs (Morello-Frosch et al., 2011; Nieuwenhuijsen, 2016). These interactions have the potential to either mitigate or amplify both adverse and beneficial health outcomes. For example, climate change has increased the frequency of extreme heat and wildfire smoke events, posing combined health risks. Co-exposure to extreme heat and PM_{2.5} significantly increases cardiovascular and respiratory mortality risks (30% and 40%), according to a study in California (Rahman et al., 2022). Other examples of the interactive effects that environmental factors can have on human health and well-being are summarized in Table 2. Given these interactions, assessments of environmental quality that account for multiple environmental factors and their synergies and trade-offs can better capture the cumulative health impacts and then better support urban environmental planning and management (Z. Davis et al., 2022; Stossel et al., 2015).

The United Nations General Assembly and the Government of Canada have recognized that everyone has a right to a clean, healthy and sustainable environment with an emphasis on avoiding disproportionate adverse impacts on populations that may experience heightened vulnerability due to structural social, economic, and political factors or biological susceptibility (Environment and Climate Change Canada, 2023; UN. General Assembly, 2022). The cumulative impact of exposure to multiple environmental factors as well as social stressors (e.g., discrimination, social exclusion) and structural inequities can contribute to health disparities (Campbell, 2020; Morello-Frosch et al., 2011). Researchers, regulators, and communities have consistently identified these cumulative impacts as a critical knowledge and environmental management gap (Gary et al., 2023; Racz & Rish, 2022; Su et al., 2009). Scholars and practitioners have highlighted different dimensions of environmental justice (EJ), including (but not limited to) distributive justice, procedural justice, and recognitional justice (Agyeman et al., 2016). Distributive justice, the focus of this study, is concerned with the fair distribution of environmental benefits and burdens; the analysis of distributive environmental injustice and its potential drivers can provide evidence for environmental decision-making and support other types of EJ (Walker, 2010).

In Canada, populations that have been identified as potentially being disproportionately exposed to environmental risks (or limited in access to benefits), or experiencing higher vulnerability to resulting health impacts due to structural marginalization and biological susceptibility include Indigenous Peoples, Black Canadians and other People of Color, recent immigrants, migrant workers, those experiencing social and material depravation, children and older adults, and those with chronic health conditions—as well as intersections of these different identities (Giang et al., 2022; Pan-Canadian Public Health Network, 2018; Waldron, 2022). For example, neighbourhoods with high walkability and active transportation plus low air pollution almost exclusively have high-income residents, both in Metro Vancouver and Minneapolis in the U.S (Hankey et al., 2017; Marshall et al., 2009). This is similar for greenness and NO_2 concentration, where in Toronto, Montreal, and Vancouver in Canada, postal codes with both high greenness and low NO_2 concentration generally have lower material deprivation (Doiron et al., 2020). These studies also highlight the distinct patterns that emerge when considering multiple environmental factors in tandem, an important area for future study.

Environmental quality and the demographic distribution within urban areas are not static but evolve over time, potentially influenced by urban planning decisions such as the siting of industrial facilities, changes in land use, and zoning. These factors may thus be crucial drivers of the observed disproportionate distributional patterns of environmental quality (Estien et al., 2024; Lane et al., 2022; Mohai & Saha, 2015). For instance, research shows a historical discriminatory practice in the U.S., redlining, drives environmental quality disparities and residential segregation that results in EJ issues that persist today (Estien et al., 2024; Lane et al., 2022). Longitudinal analysis for distributional patterns of environmental quality could capture ongoing injustices and support exploring the drivers of the patterns.

In order to address the aforementioned gaps, this study aims to, for an illustrative metropolitan area (Metro Vancouver): (a) Characterize the spatial patterns of two-dimensional environmental quality, considering combinations of 5 environmental factors (NO₂ Concentration and heat stress as environmental burdens, and walkability, vegetation coverage, and accessibility to a park or water body as environmental benefits); (b) identify if there are disproportionate burdens in cumulative exposure to the two-dimensional environmental quality for structurally marginalized and biologically susceptible populations, and (c) describe changes in environmental quality in identifying patterns between 2006 and 2016. Although the focus of this study is descriptive, in identifying patterns in space and time, it aims to support identifying potential drivers and priorities for action.

2. Methods and Data

2.1. Study Area and Resolution

This study focuses on urban areas (for more details on the definition of the urban area, please see Text S1 in Supporting Information S1) in the Metro Vancouver Regional District (MVRD), located in the Pacific coastal region of Southwestern Canada. Metro Vancouver consists of 21 municipalities, one electoral area, and one Treaty First Nation, and its residents reside on the shared territories of many Indigenous Peoples, including 10 First Nations: $\dot{q}ic\dot{s}\dot{y}$ (Katzie), $\dot{q}^w \alpha :\dot{n}\dot{\lambda} \dot{s}\dot{n}$ (Kwantlen), $k^w ik^w \dot{s}\dot{\lambda}$ am (Kwikwetlem), máthxwi (Matsqui), x^wmə $\theta k^w \dot{s}\dot{y}$ am (Musqueam), qiqéyt (Qayqayt), Semiahmoo, Skwxwú7mesh Úxwumixw (Squamish), scəw a θ an məsteyəx^w (Tsawwassen), and səlilwətał (Tsleil-Waututh). It is one of the largest metropolitan areas in Canada, with a population of 2.6 million, according to the 2021 Canada Census (Statistics Canada, 2023). Metro Vancouver has high demographic diversity, for example, a significant population (54.4% of the total population) of visible minorities (in Canada, a census designation for non-white and non-Indigenous individuals) (Statistics Canada, 2023), with a clustered geospatial distribution.

Previous EJ studies have identified inequitable distributions of environmental burdens and benefits in Metro Vancouver (Frank et al., 2010; Henderson et al., 2022; Sax et al., 2022; Stieb et al., 2023), however, mostly focusing on single factors instead of cumulative exposures. Jurisdictions and health authorities in the region have identified environmental priority areas for continued improvement. For example, in both 2006 and 2016, annual NO₂ concentrations in Metro Vancouver exceed WHO guideline levels (World Health Organization, 2021); and even though annual PM_{2.5} concentrations approach WHO air quality guideline levels (see Section 3.1), recent research suggests that there is no safe level of PM_{2.5} exposure for human health (Hoffmann et al., 2021). Air quality is also increasingly impacted by wildfires exacerbated by climate change (Yao et al., 2020). Metro Vancouver Regional District has published multiple phased regional growth strategies that involve goals like increasing community walkability and land use mix, improving air quality, and enhancing greenways and parks (Metro Vancouver, 2011). Policy suggestions for MVRD and regional growth (Craig, 2021). Metro Vancouver therefore presents a useful illustrative case for exploring longitudinal environmental assessment and injustice characterization for our research objectives in cumulative exposures (Craig, 2021; Hoffmann et al., 2021; Statistics Canada, 2023; Yao et al., 2020).

Our study assesses changes over a 10-year period by comparing two census years: 2006 and 2016. The resolution of this study for environmental quality assessment and distributional equity assessment is the Dissemination area (DA), which is the finest geographical unit for publicly available demographic data in Canada for Census data. Finer-level environmental data are aggregated or converted to the DA level to match the demographic data. The aggregation method is the average of the finer-resolution data in each DA, which is a proxy for the population weighting due to the approximately fixed population of around 19 households in each postal code and 400 to 700 population in each DA (Giang & Castellani, 2020). The numbers and boundaries of DA are slightly different in the two census years (maps for the study area are available in Figure S1 in Supporting Information S1). However, these differences do not impact the distributional equity assessment and comparison between years because the assessment metrics (i.e., linear regression coefficients and descriptive statistics) are calculated from demographic and environmental data are only based on the DAs that exist for both years. This study assesses changes over time based on these two discrete time points; however, we note that the changes between 2006 and 2016 may not be monotonic.

2.2. Environmental Data

We focus on environmental factors for which there is evidence of significant impacts on human health and wellbeing and for which there are publicly available data sources at fine spatial resolution for both study years. They include air pollution, walkability, vegetation coverage, accessibility to a park or water body, and heat stress. Table 1 summarizes the original sources of each data set, how they were accessed, and spatial and temporal resolution.

Air pollution. There is a large body of research indicates that long and short-term exposures to air pollutants such as nitrogen dioxide (NO_2), ground-level annual fine particulate matter ($PM_{2.5}$), ground-level ozone (O_3), and

	Variables	Metrics	Unit	Spatial resolution	Years of data	Sources
Air Pollution	PM _{2.5}	Ground-level 3-year annual average PM _{2.5} concentration (from the NASA MODIS, MISR, and SeaWIFS instruments with the GEOS-Chem chemical transport model, calibrated to ground-based observations using GWR)	µg/m³	Postal Code	Average of 2005, 2006, and 2007; average of 2015,2016, and 2017	Canadian Urban Environmental Health Research Consortium (CANUE) ^a
	Ozone	Ground-level 3-year annual average O ₃ concentration (from CHRONOS model and GEM-MACH model)	bp	Postal Code	Average of 2005, 2006, and 2007; average of 2013,2014, and 20132015	CANUE ^{b, c. d. e}
	SO ₂	Ground-level 3-year annual average SO ₂ concentration level (from Ozone Monitoring Instrument (OMI) satellite data using SO ₂ profiles from GEM- MACH model)	dqq	Postal Code	Average of 2005,2006, and 2007; average of 2013,2014 and 20132015	CANUE ^{a, f, g}
	NO2	Annual average 3-year NO ₂ concentration (from land use regression model using 2006 national air pollution surveillance (NAPS) monitoring data)	qdd	Postal Code	Average of 2004,2005,2006; average of 2014,2015,2016	CANUE ^{h. i}
Other Environmental Variables	Walkability	Canada Active Living Environment Index (Can-ALE Index), including intersection density and dwelling density for 2006 and intersection density, dwelling density, and points of interest for 2016)	N/A	Postal Code	2006 and 2016	CANUE
	Heat Stress	The average daily maximum apparent temperature/Humidex in July calculated from dew point and surface temperature	Celsius degree°C	1 km*1 km grid	2006 and 2016	Google Earth Engine (GEE): Daymet data set for surface temperature ^k and ERA5 Daily Aggregates for dew points ¹
	Accessibility to recreational areas	Linear distance from a postal code to the nearest national, provincial, territorial, municipal, public and private level parks and recreation areas, regional parks, or water bodies (however, we do not have information on whether each water body is publicly accessible)	Meters (m)	Postal Code	2009 and 2014 for data from Canmap; 2006 and 2016 for data from Metro Vancouver	DMTI Spatial Inc. CanMap - Park, Natural Recreational areas, and Water Bodies Boundry ^{m,} ^{n. o} ; Metro Vancouver - Regional Park Boundry ^p and Historical Timeline ^q
	Vegetation Coverage	Annual mean value of NDVI (Normalized Difference Vegetation Index) from the USGS Landsat 5 and Landsat 8 satellites accessed from GEE	NA	Postal Code	2006 and 2016	CANUE ^{1, s, t, u, v}
Note. Years of data account for interant & Ménard (2014). ¹ Climate Change Sei Farth Fnorine Exolo	are chosen based on data availa uual variability. ^a Hammer et al. ((Environment and Climate Chang vvice (C3S) (2017). ^m DMTI Spa rer (2017b). ⁸ Goosle Earth Eno	<i>Note</i> . Years of data are chosen based on data availability for 2006 and 2016 to match demographic data. The concentrations of air pollutants are 3-year annual averages around the two census years to account for interannual variability. ^a Hammer et al. (2020). ^b Environment and Climate Change Canada (2017a). ^c Environment and Climate Change Canada (2017b). ^d Robichaud et al. (2016). ^e Robichaud & Medichaud et al. (2016). ^a MeLinden et al. (2014). ^b Hystad et al. (2011). ⁱ Weichenthal et al. (2017b). ^d Robichaud et al. (2022). ¹ Copenicus & Méanat (2014). ^f Environment and Climate Change Canada (2017b). ^j Ross et al. (2017). ^j Ross et al. (2021). ¹ Copenicus Canade Science (C38) (2017). ^m DMTI Spatial Inc. (2014). ^o DMTI Spatial Inc. (2015). ^p Metro Metro Vancouver (2021a). ^q Metro Metro Vancouver (2021a). ^q Metro Metro Vancouver (2021b). ^c Google Death Environ. <i>Control</i> . ^b Corola. <i>Control</i> . ^v FICGS <i>Control</i> . ^v FICGS <i>Control</i> .	data. The concentration a (2017a). ^c Environme stad et al. (2011). ¹ We IT Spatial Inc, (2015). ¹ Secs (2017b). ¹ TECS.	ns of air pollutants <i>z</i> nt and Climate Char ichenthal et al. (201 ² Metro Metro Vance	re 3-year annual averages i rge Canada (2017b). ^d Robic 7). ^J Ross et al., 2018. ^k Thor Duver (2021a). ^q Metro Metr	tround the two census haud et al. (2016). ^e Rol nton et al. (2022). ¹ Cop o Vancouver (2021b). ¹

Table 1



No.	Environmental combinations	Sour/1	Risky/2	Medium/3	Sweet/4	Synergies or trade-offs in health effects
-	Walkability and NO ₂ Class 1 and Class 1	Class 1 and Class 1	Class 4 and Class 1 Other Class combina	Other Class combinations	Class 4 and Class 4	High walkability can magnify the health risks brought by high air pollutant concentration due to increased exposure during physical activities ^{a, b, c}
0	Heat Stress and NO ₂ Class 1 and Class 1/ Class 1 and Class 2/Class 2 and Class 1 Class 2 and Class 1	Class 1 and Class 1/ Class 1 and Class 2/Class 2 and Class 1	NA	Other Class combinations	Class 4 and Class 4	Co-exposure to heat stress and air pollution could lead to larger adverse health effects ^d
3	Vegetation Coverage Class 1 and Class 1 and NO ₂ and NO ₂	Class 1 and Class 1	NA	Other Class combinations	Class 4 and Class 4/Class 3 and Class 4/Class 4 and Class 3	Larger coverage of vegetation can mitigate the impacts of air pollution ^e
4	Vegetation Coverage Class 1 and Class 1 and Heat Stress	Class 1 and Class 1	NA	Other Class combinations	Class 4 and Class 4/Class 3 and Class 4/Class 4 and Class 3	Larger coverage of vegetation can mitigate the impacts of heat stress, for example, providing shading and cooling effects ^{6} ^g
S	Walkability and Accessibility to a Park or Waterbody	Class 1 and Class 1/ Class 1 and Class 2/Class 2 and Class 1	NA	Other Class combinations	Class 4 and Class 4/Class 3 and Class 4/Class 4 and Class 3	Low walkability can limit people's accessibility to a park or water body; high walkability can support higher access to a park or water body ^{h, i}
9	Heat Stress and Accessibility to a Park or Waterbody	Class 1 and Class 1/ Class 1 and Class 2/Class 2 and Class 1	ΝΑ	Other Class combinations	Class 4 and Class 4	The adverse effects of heat stress would be increased when people have very limited access to a park or water $body^j$

sulfur dioxide (SO₂), have adverse health effects and can increase the risk of respiratory disease and all-cause and respiratory mortality (World Health Organization, 2021). In this study, we focus on NO₂ as an illustrative air pollution exposure. NO₂ is one of the major components of traffic-related air pollution (TRAP), which has been linked to air pollution exposure disparities in past studies (Clark et al., 2017; Guo et al., 2020), including in Canada (Pinault et al., 2016). However, we note that NO₂ exposure does not represent all kinds of exposure to air pollution, as other air pollutants, including O₃, SO₂, and PM_{2.5}, can have distinct sources, chemistry, and transport mechanisms. We briefly discuss spatial and temporal patterns for these other pollutants in 3.1 but focus analysis on NO₂.

Walkability. To capture walkability, we use the Active Living Environment Index (ALE index), which measures the degree to which the built environment in a neighborhood supports the active mobility of residents (Ross et al., 2018). Active mobility is linked to multiple health benefits, such as lower incidences of type 2 diabetes, high body mass index, and cardiovascular diseases (Mueller et al., 2015). However, a high level of walkability can increase residents' exposure to air pollution and lead to adverse health effects (Hankey et al., 2012; Howell et al., 2019; James et al., 2017; Marshall et al., 2009).

Vegetation coverage. Vegetation coverage is measured by the Normalized Difference Vegetation Index (NDVI), which ranges from -1 to 1 (-1 represents water surface and 1 represents dense vegetation). Increasing vegetation coverage can positively impact human health directly or indirectly, for example, by decreasing all-cause mortality and reducing the association between air pollution and mortality (Brochu et al., 2022; Crouse et al., 2019).

Heat stress exposure. We use the average daily maximum apparent temperature in July 2006 and 2016 to operationalize heat stress. Apparent temperature (Humidex) reflects human perceived temperature, which is the most direct indicator of human heat exposure and heat-related mortality (Ho et al., 2016; Zhang et al., 2014). Apparent temperature takes relative humidity into consideration; it is calculated from the dew point and air temperature extracted as raster data from Google Earth Engine (GEE) using the Humidex equation (Ho et al., 2016). High levels of humidity increase health risks when air temperature is greater than skin temperature by limiting evaporative cooling (R. E. Davis et al., 2016). Apparent temperature has been robustly correlated to heat-related mortality (Zhang et al., 2014). However, there are other dimensions that could be concerned when measuring heat stress which are not captured in this metric; for example, the multi-day duration of heat events (Gasparrini & Armstrong, 2011).

Accessibility to a natural recreational area. The accessibility to a park or water body is calculated from the Euclidean distance of the boundary of the nearest public park (including natural recreational areas, see Table 1) or a water body to a postal code. In addition to vegetation coverage, parks and water bodies can provide mental health and well-being benefits and other benefits brought by physical recreational activities, which may not be substituted by simple functional vegetation like street trees or lawns (Gascon et al., 2015; Nguyen et al., 2021; White et al., 2020). Alternatively, there are other metrics in the literature, like considering the actual road distance and the transportation availability (Maroko et al., 2009; Park et al., 2021).

2.3. Demographic Data

Socio-demographic data are extracted at the DA level from 2006 to 2016 Canadian Census data, accessed through the Canadian Census analyzer (Canadian Census Analyser at CHASS, 2021). Based on previous EJ research, we consider the following census variables that have been linked to increased biological susceptibility or structural vulnerability to environmental health risks in Canada (Giang et al., 2022; Pan-Canadian Public Health Network, 2018; Waldron, 2022): racialization and ethnicity ("Visible Minority"), Indigenous identity ("Aboriginal Identity"), educational attainment, recent immigrant status (arrival within 5 years before the Census year), low-income status (based on the low-income cut-off, LICO), age (population of 0–14 and 65+), and employment status. Statistics Canada classifies Canadians' racialization and ethnicity by dividing the total population into "visible minorities" (South Asian, Chinese, Black, Filipino, Latin American, Arab, Southeast Asian, West Asian, Korean, Japanese, visible minorities not included elsewhere (visible minority n.i.e), and multiple visible minorities), Indigenous, and White. We also include composite social and material deprivation indices at the DA level for both years from the Institut national de santé publique du Québec (INSPQ), that bring together multiple socio-economic indicators (Gamache et al., 2019). For example, a sub-indicator for social deprivation is living alone; a sub-indicator for material deprivation is access to adequate housing (Silva et al., 2024). More details on demographic variables are included in Text S2 in Supporting Information S1.

2.4. Environmental Quality Assessment Method

To capture the interactions between environmental variables, we conduct a two-dimensional environmental assessment to identify the environmental "sweet," "sour," "risky," and "medium" spots in urban areas in Metro Vancouver, which are referred to as sweet and sour spots analysis in the following content (Doiron et al., 2020). "Sweet spots" refer to the DAs in which both environmental variables have favorable performance in terms of impacts on human health: for example, low air pollutant concentration and high walkability. "Sour spots" indicate environments that are unfavorable in terms of both variables: for example, high air pollutant concentration and low walkability. We define 'risky spots' as scenarios where the positive impact of one environmental variable on human health is not only offset by the adverse effects of another but may potentially magnify those adverse effects. For example, areas characterized by high air pollution yet high walkability fall under this category. In such instances, the health risks associated with air pollution could undermine the benefits derived from walkability (Frank et al., 2010; Howell et al., 2019; Marshall et al., 2009). "Medium spots" are the DAs that are not identified as sweet, sour, or risky spots, representing a category of DA with moderate environmental performance. For example, for the combinations other than walkability and NO₂, the DAs where one variable has high performance while the other has low performance but there is no antagonistic interaction or two variables both have middle-level performance. See Figure S2 in Supporting Information S1 for an illustrative figure for the classification of sweet, sour, and risky spots. Sweet and sour spot analysis is a powerful tool for characterizing the cumulative exposure to two to three variables in the environment considering their interactions (Doiron et al., 2020). Furthermore, it can inform decision-making to prioritize neighborhoods for intervention. Table 2 shows the 6 main environmental combinations explored in this study, alongside the rationales for selecting these specific combinations. It also details the criteria for identifying sweet, sour, and risky spots within each combination.

We apply two methods, even breaks and population quartiles, to determine the performance of each variable into four classes. The four classes rank from 1 to 4, indicating the most unfavorable to most favorable performance of each environmental variable. The even breaks method aims to equally divide the DAs into four classes based on the minimum and maximum values of each environmental variable. The other method is to divide the DAs based on the population quartiles of each environmental variable. While determining classes from even breaks captures the favorable and unfavorable environmental performance based on absolute values, the population quartile method can ensure each class contains the same number of DAs even when the distribution of the variable is highly skewed with extreme values. We present findings from the quartile method in the Results section, discuss differences between the methods in Text S3 in Supporting Information S1, and present findings from the even breaks method from Figure S29 to Figure S30 in Supporting Information S1.

As shown in Table 2, sweet, sour, risky, and medium spots are defined based on how a DA performs for two environmental variables with considerations of the synergies and trade-offs between them. For example, high walkability can support people's access to nearby parks or water bodies (Lafortezza et al., 2009); as a result, the health benefits are magnified. Therefore, we define the combination of walkability and access to a park or water body as a sweet spot even if one of the variables is in class 3.

2.5. Measures of Relative Environmental Distributional Inequity

Based on previous definitions (Anguelovski, 2016; Brulle & Pellow, 2006; Giang et al., 2022; Maguire & Sheriff, 2011), here we characterize distributional environmental injustice, interchangeably used with environmental inequity or inequitable exposure, as when historically and systemically marginalized populations, and/or those that may experience social risk factors for health in the Canadian context, experience disparities in exposure/access that may be health-harming. We note that due to the relative metric used in this study, estimates of distributional inequity are within the context of Metro Vancouver for the years 2006 and 2016 only. Relative metrics can identify populations that face higher risks in a specific region. We also discuss findings with respect to absolute environmental quality and exposure levels and relevant health and well-being benchmarks, where available.

We quantify distributional inequity for each demographic group in two ways: (a). Comparison of descriptive statistics; (b). Simple linear regression analysis. In terms of descriptive statistics, we define inequitable exposure as higher percentages of structurally marginalized or biologically susceptible populations in the sour and risky spots than in medium and sweet spots, shown in violin and box plots. The percentages of each population in sweet,

sour, risky, and medium spots are summarized statistically via median, interquartile range (IQR), maximum and minimum (excluding outliers), mean, and probability density.

We perform simple linear regression using the Ordinary Least Squares method to quantitatively explore the linear relationship between the environmental spots category (coded as integer) and demographic distribution (percentage of the demographic variable in each DA). This approach yields a simple summary metric (linear regression coefficient) that facilitates comparison across a large number of environmental combinations and demographic groups and captures distribution across the four different spot types. Sweet spots, medium, risky, and sour spots are coded with 4, 3, 2, and 1, respectively, to numerically represent their ordinal categories, representing performance from favorable to unfavorable to health and well-being. It is important to note that the interval between each integer does not represent the same magnitude of difference in health impacts. For the purpose of comparing the relative inequity level across demographic groups and environmental combinations, the integers from 1 to 4 are used for the simple linear regression for all environmental combinations even if there is no risky spot for some combinations. We also do a version of regression analysis that eliminates risky spots as a sensitivity analysis, and the results are largely robust, particularly in terms of identifying inequity and comparing the relative inequity level across groups for each year (focusing on the combinations without risky spots). Differences are discussed in more detail in Figures S31, S32 and Text S4 in Supporting Information S1.

As summarized in Table S8 in Supporting Information S1, here, we define a pattern of distributional inequity as when the percentage of a structurally or biologically vulnerable demographic group in a DA is negatively correlated with environmental quality (by sweet-and-sour spot category), resulting in a negative regression coefficient. The absolute value of the regression coefficient represents the magnitude of the slope, indicating the relative level of distributional inequity. Given our definition of distributional inequity--areas with more vulnerable populations tending to be sour or risky spots--the regression coefficients are only meant to represent the relative magnitude and direction of the linear relationship, rather than modeling the physical relationships between them for other areas or suggesting any causal relationships. We discuss other possible regression methods and expand on the implications of this approach in the Discussion section.

We also quantitatively evaluate whether patterns of environmental inequity change between the two study years, 2006 and 2016, by comparing the magnitude and direction of the slope of the linear fit for the same environmental category and demographic combination in two years, with criteria summarized in Table 3.

3. Results

3.1. Environmental Quality Characterization

The selected environmental variables show distinct patterns in terms of the range of absolute values and spatial distribution in the study region. Some variables have significant spatial heterogeneity, including NO₂, accessibility to natural recreational areas, vegetation coverage, and walkability. For example, the area with the lowest annual NO₂ concentration in 2016 was below the WHO annual air quality guideline level (4 ppb compared to 5.32 ppb), while the area with the highest annual concentration was close to six times the guideline level (World Health Organization, 2021). The shortest average Euclidean distance from a postal code to the nearest boundary of a park or a water body is 0 m while the longest distance is over 2 km. NDVI ranges from 0.03 (indicating sparse vegetation) to 0.64 (indicating dense vegetation). Other variables have lower absolute ranges. For example, the difference in apparent temperature was around 3°C in both years with a minimum temperature of 24°C in 2016 and 25.3 °C in 2006. The WHO guideline for $PM_{2.5}$ is 5 μ g/m³, and the lowest annual concentrations of $PM_{2.5}$ in both years were around this level $(5.74 \,\mu\text{g/m}^3 \text{ and } 4.04 \,\mu\text{g/m}^3)$. The highest concentrations were not significantly different as well (8.17 μ g/m³ and 7.11 μ g/m³, lower than the highest suggested interim target, 10 μ g/m³) (World Health Organization, 2021). Similarly, annual O_3 and SO_2 concentrations both had more limited ranges and annual SO₂ concentrations in both years were lower than current Metro Vancouver's ambient air quality objective (5 ppb) (Doerksen et al., 2020). For more details, see Tables S1–S4 in Supporting Information S1 for descriptive statistics of environmental and demographic variables, Tables S5 and S6 in Supporting Information S1 for population-weighted average of environmental variables in different demographic groups, and Figures S3-S10 in Supporting Information S1 for spatial distribution maps for environmental variables in the year 2006.

The ranges of environmental variables in each combination are shown in Table S7 in Supporting Information S1. For example, for the combination of vegetation coverage and NO_2 concentration in the year 2006, the average



Table 3

Criteria Used to Identify Changing Environmental Justice Patterns Between 2006 and 2016 Based on the Regression Coefficient

		Environmental inequ	ity pattern in each year
		2006	2016
Environmental inequity changing patterns	Improved	Inequity identified	Not significant/Not identified
		Inequity was identified for bo coefficient increased ↑ for groups	th years - the regression marginalized and vulnerable
	Worsen	Not significant/Not identified	Inequity identified
		Inequity identified for both ye decreased ↓ for marginalize	ears—the regression coefficient zed and vulnerable groups
	NA	No inequity identified/Not sig	nificant in both year

 NO_2 concentration is 11.61 ppb in sweet spots and 28.73 ppb in sour spots. The average NDVI is 0.49 in the sweet spots and 0.17 in the sour spots. Compared to the WHO annual AQG for NO_2 (5.32 ppb), although the average performance of sweet spots also does not meet the guideline, the sour spots have a much higher concentration level. In 2016, the average NO_2 concentration is 8.5 ppb in sweet spots and 23.28 ppb in sour spots. Both the differences between sweet and sour spots and absolute values improved; this pattern applies to most of the combinations.

Table S9 in Supporting Information S1 shows the proportions of sweet, sour, risky, and medium spots for each environmental combinations. For some environmental combinations, such as walkability and accessibility to a park or waterbody, as well as heat stress and NO_2 , a large number of DAs show unfavorable performance (i.e., fall in the lowest population quartile) for both factors. As a result, close to a quarter of DAs are classified as sour spots (around 24% and 22%, respectively, for the two combinations for both years). Similarly, many DAs showing favorable performance for two factors at the same time would yield a high number of sweet spots. However, it is noteworthy that, with the exception of combinations involving vegetation coverage, the count of sweet spots is significantly lower than that of sour spots for both years. This suggests that DAs with favorable environmental conditions, when considering two factors, are less prevalent.

Between 2006 and 2016, all variables, except vegetation coverage, improved in population-weighted average performance, and most environmental combinations have better performance and a decreasing proportion of sour spots in 2016. However, some environmental combinations have an increasing proportion of sour spots: for instance, a 2.18% increase in vegetation coverage and heat stress. A decrease in both sweet spots and sour spots indicates more DAs are categorized as medium performance in 2016, like heat stress and NO₂. In general, environmental quality improved in 2016 compared to what we observed in 2006 and increased environmental benefits (e.g., walkability) in both sweet and sour spots.

When we consider different environmental combinations, they demonstrate distinct spatial patterns; for example, some (e.g., vegetation coverage and NO_2 as well as vegetation coverage and heat stress) have a large number of sweet spots that are widely spread while others (e.g., walkability and NO_2) yield only sour and risky spots. At the same time, these impacts are not evenly distributed across Metro Vancouver. Figure 1 shows an illustrative example, focusing on NO_2 concentration and walkability. NO_2 is a traffic-related air pollutant, and its spatial patterns are largely driven by major roads with high traffic volume. As a result, the risky spots with high walkability and high NO_2 concentrations are clustered along major arterials in the City of Vancouver and other municipalities centers. Although sweet spots emerged in 2016, the spatial patterns did not change substantially. These risky spots may go unnoticed if we only focus on the distribution of walkable communities; although they have high performance on walkability, these areas could have unexpected risks to human health when NO_2 exposure is considered, highlighting the need to consider cumulative exposure patterns. Other environmental combinations are shown in Figures S11–S15 in Supporting Information S1.

Looking across all environmental combinations, we identify some regions of Metro Vancouver with high proportions of sweet or sour spots. Figure 2 shows the aggregate performance of each DA for the 6 environmental combinations, as the number of sweet spots and sour spots for that DA. The spatial patterns in 2006 and 2016 are



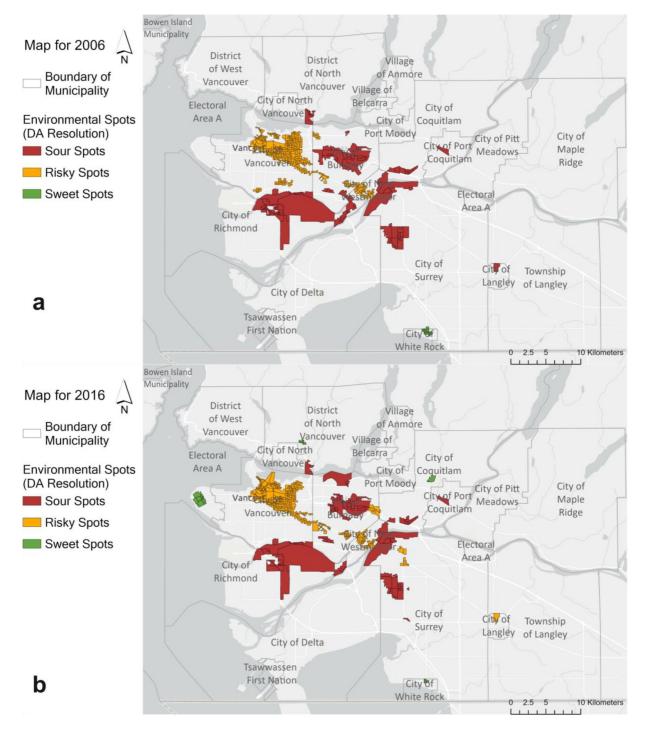


Figure 1. Spatial Distribution of NO₂ and Walkability in 2006 (Figure. a) and 2016 (Figure. b). DAs in Red are Sour Spots, DAs in Orange are Risky Spots, and DAs in Green are Sweet Spots.

highly similar. Across both years, the eastern and northern parts of Metro Vancouver, including the cities of Vancouver, West Vancouver and North Vancouver, have a significant proportion of sweet spots. In contrast, the majority of DAs in other municipalities are identified as sour or medium spots for many combinations. The most noticeable differences between the 2 years include the decreasing counts of sweet spots and increasing counts of sour spots in the southern part of Metro Vancouver (e.g., the city of Richmond and city of Surrey), which are areas with high proportions of visible minorities.



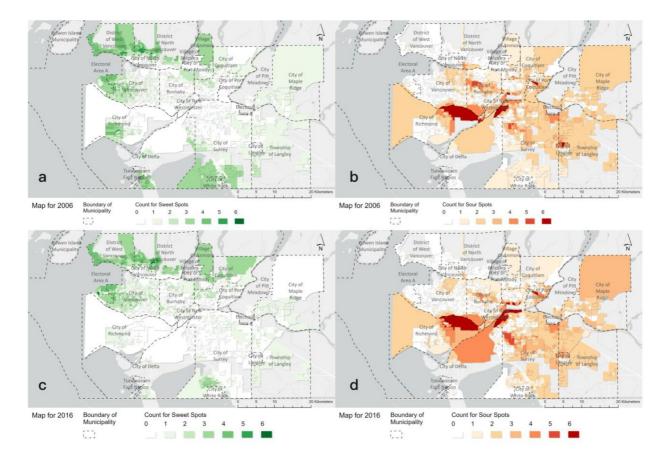


Figure 2. Sweet and sour heat maps for 2006 and 2016 indicating the total number that each Dissemination area recognized as sweet or sour spots in 6 environmental combinations. Sweet spot heat map for 2006 (Figure. a), sour spot heat map for 2006 (Figure. b), sweet spot heat map for 2016 (Figure. c), and sour spot map for 2016 (Figure. d).

3.2. Distributional Environmental Inequity Quantification

Figure 3 summarizes how the residential locations of different demographic groups are distributed across sweet, sour, risky, and medium spots through violin and box plots, using composite material deprivation as an illustrative example (for other demographic groups, see, from Figure S16 to Figure S26 in Supporting Information S1). As shown in Figure 3, for most combinations, the mean deprivation index in sour and risky spots is higher than in sweet spots in both years, indicating inequitable distributions of environmental risks and benefits. As an example, the mean material deprivation index in sour, risky, medium, and sweet spots for walkability and NO₂ in 2006 are 59.58, 52.14, 42.05, and 24.92, respectively. Similarly, for vegetation coverage and heat stress, the mean material deprivation index in sour, medium, and sweet spots are 49.52, 48.78, and 25.80 in the year 2006. Although there is no large difference between the sour and medium spots, there is a dramatic drop in the material deprivation index in the sweet spots, highlighting the inequitable distribution of environmental benefits and risks.

To summarize these linear relationships quantitatively, we use simple linear regression and capture each relationship through the regression coefficient. Figure 4 summarizes the results of the simple linear regression analysis using heat maps (see Figure S28 in Supporting Information S1 for an example regression plot). The most significant disproportionalities, measured through the regression coefficient, are for visible minorities and social and material deprivation. We find negative, but smaller magnitude, regression coefficients for most other vulnerable groups, with the exception of senior populations and children. LICO and South Asian are the two subgroups that experience the most significant disproportionality in environmental burdens and benefits. The inequity experienced by South Asian residents is also reflected in the population-weighted means for the single environmental variables (see Tables S5 and S6 in Supporting Information S1). For both 2006 and 2016, the population-weighted means for walkability are the lowest (0.86 compared to 3.33 in 2016) and the distance to a park or water body are the longest (449.5 m compared to 316.44 m in 2016).



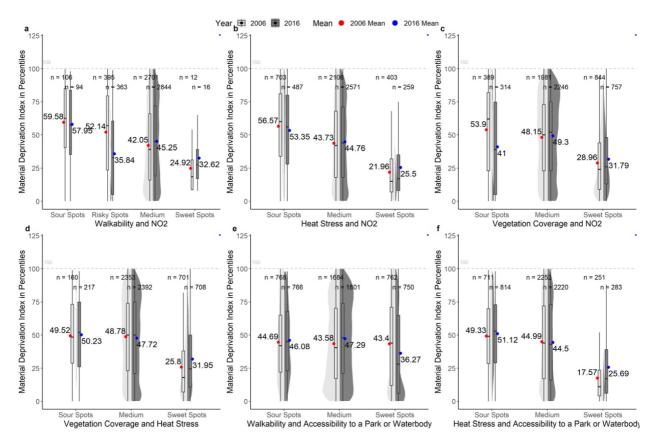


Figure 3. Statistical Summary of Material Deprivation in Different Environmental Spots. The mean values of material deprivation index in different environmental spots are labeled in blue for 2006 and in red for 2016. The numbers of DAs in each category are labeled at the top of the box plots; for example, n = 106 indicates there are 106 DAs classified as sour spots for the combination of walkability and NO₂ in the year 2006. Note: The *X*-axis for walkability and NO₂ is different from other environmental combinations, given the existence of risky spots.

For each demographic group, we also find variability in whether we identify disproportionality (negative regression coefficient) and the level of disproportionality (absolute value of the regression coefficient) across environmental combinations. Only one demographic group have negative regression coefficients for all environmental combinations—the population without certificates, diploma, or degree, as the indicator of educational level, in 2006. Some vulnerable populations, like populations over 65 years old and children from 0 to 14 years old, do not have or have limited disproportionate exposure to sour and risky spots for most combinations. However, there are also key findings for individual environmental factors; for example, we observed a lower proportion of children in sweet spots and a higher proportion in sour spots for combinations including walkability and accessibility to a park or water body, which are some of the key environmental benefits to children's health and well-being.

At the same time, we see patterns in environmental combinations. Most groups are not disproportionately exposed to sour spots for heat stress and accessibility to a park of water body, and walkability and accessibility to a park and water body. Compared to 2006, distributional inequity for walkability and NO₂ is alleviated for most groups. For example, for total visible minorities and material deprivation, we observed large shifts from coefficients of -11.09 and -9.15, respectively, to -3.41 and 0.86, for walkability and NO₂, resulting from increases in the percentage of these two groups in sweet spots and decreasing percentage in risky spots.

Based on the changes in regression coefficients (i.e., changes in the direction and magnitude) between the years 2006 and 2016, we identify the changing distributional patterns for each demographic group in Figure 5. Disproportionate exposure to sour and risky spots is not alleviated for all groups. For materially-deprived populations, regression coefficients are less negative in 2016 than 2006 for 4 out of 6 environmental combinations, and change signs for walkability and NO₂. In contrast, for socially-deprived populations, 2 out of 6 regression coefficients are more negative in 2016 compared to 2006. Recent immigrants usually represent a higher



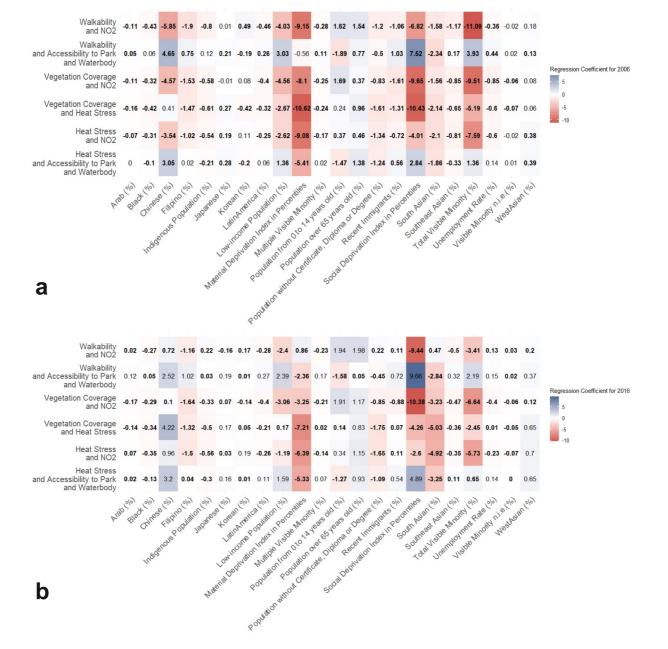


Figure 4. Heat Map for Regression Coefficients among Demographic Groups and Environmental Combinations in 2006 (a) and 2016 (b) (Quartile Method). We define inequity as a negative linear relationship between the marginalized demographic group percentage and the environmental category, indicated by a negative regression coefficient in red. Blue indicates no inequity identified for the given marginalized groups resulting from the positive linear relationship between demographic percentage and environmental category. Numbers in bold indicate that the coefficients are statistically significant; numbers that are not in bold (regular font) suggest no statistically significant inequity was identified, indicated by regression coefficient with a p-value exceeding 0.05.

percentage of population in sour or risky spots in 2006 (e.g., for vegetation coverage and heat stress, 7.87% in sour spots compared to 4.78% in sweet spots; for walkability and NO₂, 7.32% in sour spots and 8.13% in risky spots compared to 2.21% in sweet spots); however, they tend to have a lower percentage in sour or risky spots and a higher percentage in sweet spots in 2016 (for vegetation coverage and heat stress, 4.93% in sour spots compared to 4.97 in sweet spots; for walkability and NO₂, 5.26% in sour spots and 5.81% in risky spots compared to 6.93% in sweet spots). As a result, regression coefficients turn from negative to positive for 3 out of 6 environmental combinations, and the coefficient is less negative for one combination. Visible minorities experienced reduced inequities in exposure over time, but patterns vary among racialized and ethnic groups. Using Chinese and South

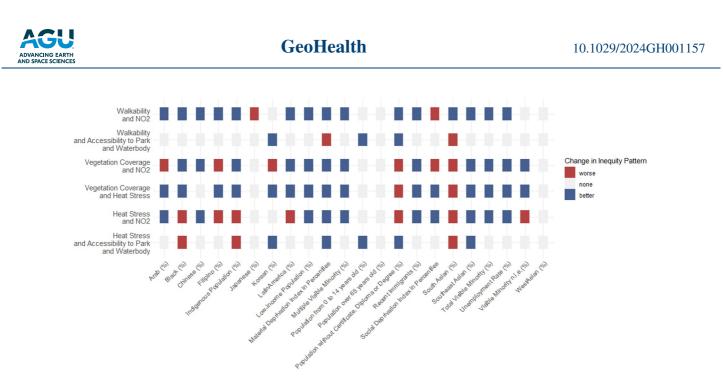


Figure 5. Changes in Distributional Environmental Inequity Patterns between the Years 2006 and 2016. Blue indicates decreased disproportionality for vulnerable groups, and red indicates increased disproportionality. Gray represents no changes identified from this method.

Asian populations as examples, Chinese residents experienced alleviation (regression coefficients change from negative to positive or not statistically significantly positive) in many environmental combinations (3 out of 6), while South Asian residents faced greater inequities (more negative coefficients) in most combinations (5 out of 6).

4. Discussion

This study uses a two-dimensional characterization method, sweet and sour spot analysis, to explore exposure to environmental quality across a wide range of demographic groups, and its changes between 2006 and 2016. We find that environmental quality in Metro Vancouver generally improved between 2006 and 2016; however, the environmental benefits and burdens were inequitably distributed, and this inequitable distribution did not improve for all demographic groups. Given the availability of census data, this study considers two discrete time points to assess change over time (with some consideration of interannual variability); as a result, there may be variations through the decade that are not captured in these results. Further, we note that although sweet spots and sour spots are identified as areas with favorable and unfavorable environmental conditions, respectively, these labels are relative assessments based on the local maximum and minimum environmental performance of environmental variables within this region.

For both 2006 and 2016, sweet spots for most environmental combinations were rare. This result is consistent with previous studies that focused on green space, NO_2 , and walkability in Metro Vancouver and two other major cities in Canada, one in 2016 and one in early 2000, suggesting that the rarity of sweet spots is consistent across a wide range of environmental variables and time periods (Doiron et al., 2020; Marshall et al., 2009). The number of sour spots was also generally low, but higher than sweet spots in most combinations. In addition, there are few DAs classified as sweet in terms of all environmental combinations (0.03% in 2006 and 0.18% in 2016). DAs where all combinations are sour or risky are limited as well but slightly higher (0.3% in 2006 and 0.4% in 2016). The small percentages of both sweet and sour spots suggest that there are distinct spatial patterns across the environmental variables, resulting in limited spatial overlaps for both variables at favourable or unfavourable performance. This finding highlights the importance of considering cumulative exposures in environmental assessment and management compared to single-variable-based ones.

In contrast with the small number of sweet spots in other combinations, we find a relatively large percentage of sweet spots in the combinations with vegetation coverage (e.g., vegetation coverage and NO_2 : 26.2%; vegetation coverage and heat stress: 21.8%, in 2006). This finding may indicate that favourable performance of vegetation coverage can reduce the adverse impacts of other variables and enhance the living experiences of residents in the

environment. On the other hand, we identify a significant proportion of risky spots (around 13% in 2006 and 11% in 2016) for the walkability and NO₂ combination, highlighting that residents in a large number of DAs are facing high level of NO₂ exposure during their daily active transportation. Environmental policies and planning decisions can, therefore, take advantage of the interactions between environmental factors to yield cumulative health benefits or be aware of any potential trade-offs in health outcomes.

The spatial distributions of the environmental spots changed between 2006 and 2016; we observe similar spatial patterns but identify variations in magnitude and locations. We observe different kinds of changes in each environmental combination, including newly emerged sweet or sour spots and flipping over between sour and sweet spots. Figure 2 shows the sweet and sour heatmap considering all environmental combinations; areas identified as sweet across many combinations in 2006 were sweet for more combinations in 2016, with a similar finding for sour spots. In short: the sweet spots were sweeter and the sour spots were sourer. This pattern could contribute to larger disparities in environmental exposures and could be hard to identify from commonly applied evaluation metrics like weighted mean. In urban planning literature, previous studies that focused on urban green infrastructure planning (green spaces with emphasized ecological benefits) highlight failures to meet equityrelated goals (Grabowski et al., 2023; Hoover et al., 2023) and failure to prioritize neighborhoods with the most need, potentially exacerbating existing inequity (Mahmoudi et al., 2020). There are also, however, improvements in environmental quality that are likely related to urban planning decisions and environmental-related policies. Using walkability and NO₂ as an example again, we find areas with high NO₂ concentration are clustered around major roads in both years (as NO_2 is one of the key components of TRAP); at the same time, many of these areas have high community walkability, including more roads, footpaths, and diverse facilities, potentially reducing benefits of active mobility for residents. Fortunately, NO₂ concentration decreased in all these areas in 2016, possibly as a result of "stricter vehicle emission standards, inspection and maintenance programs" implemented by Metro Vancouver (Brauer et al., 2013; Doerksen et al., 2020).

We observe variability between groups for different environmental combinations across the 2 years. In general, material and social deprivation, total visible minorities, and South Asian residents are the groups that experience inequitable residential exposures in both years in the most combinations. A complex interplay of factors could contribute to these inequitable residential exposures. Using materially-deprived populations and South Asian residents as examples, two groups that experienced inequitable exposure to almost all environmental combinations in both years (See Figure 4), the literature suggests that residential segregation-an outcome from multiple factors like "economic changes, institutionalized discriminatory practices in the housing market, or preferences of residents to cluster together"- could be one of the core drivers of inequitable environmental exposures, in combination with the planning and policy drivers outlined above (Kruize et al., 2014). A typical example of urban planning policy driving environmental inequity from residential segregation would be redlining policies adopted by the U.S. in the 1930s. Although it was abolished in 1968, the legacy impacts are still significant for the inequitable distribution of multiple environmental factors (Estien et al., 2024). In our study, we do find highly clustered residential spatial patterns, especially for visible minorities like Chinese and South Asians. When considering changes over time, many of the vulnerable groups that were identified as experiencing inequity in 2006 had improvement in 2016, such as materially deprived and Chinese residents, which is supported by both the ratio of percentage population in sweet to sour and the regression coefficients; however, some groups did not experience better situations, for example, South Asian residents. In addition to environmental planning decisions and policies that fail to benefit areas with vulnerable populations and unfavorable environments, another explanation from the literature is that urban planning could contribute to green gentrification, where the enhancement of environmental amenities leads to the displacement of originally less privileged and marginalized populations (Anguelovski, 2016).

In summary, the environment in Metro Vancouver is relatively favourable and it improved between 2006 and 2016. Still, distributional inequity exists in terms of these overlapping environmental burdens and benefits and deepened over time for some structurally marginalized groups. Based on these findings, this study provides several policy implications. Firstly, environmental interventions could take advantage of the favourable interactions between environmental factors; for instance, the regulating functions of urban vegetation on heat stress and air pollution mean that policies for urban green space can yield multiple benefits. However, the implementation of green space also requires careful design, to avoid any adverse impacts on local air quality due to ventilation changes (Diener & Mudu, 2021). On the other hand, NO₂ levels should be a concern, especially for areas with high levels of walkability and other active transportation. Second, interventions should prioritize

populations based on their vulnerability and susceptibility to environmental exposures and the combined effects of multiple exposures, aiming for environmental health equity (Kruize et al., 2014). For example, some groups, like populations experiencing material deprivation, are more vulnerable to the health effects of air pollution and heat stress because of their lower access to air conditioning and air filtration (Fann et al., 2016; Gamble et al., 2016; Henderson et al., 2022; Kovats & Hajat, 2008; Rahman et al., 2022). Integrating the above knowledge and our results that indicate inequity for materially-deprived residents, we suggest prioritized intervention for heat stress and air pollution for specific "sour spots" in Metro Vancouver, taking advantage of strategies that bring together technological innovation, housing quality and security, and public health and urban planning (Yoon et al., 2024). Finally, policy and interventions should consider drivers of environmental inequity, from both environmental and social perspectives. Drivers of these changes and existing patterns are complex, and not fully captured by top-down quantitative metrics used here, and require further interdisciplinary research. Some examples include urban planning, environmental policy, and economic factors like housing affordability (Kruize et al., 2014). We suggest that longitudinal case studies on the changing patterns of inequity will support exploring the drivers from multiple dimensions.

We identify opportunities to address limitations in this study in future research. Firstly, there are many environmental factors that show significant impacts on human physical and mental health and well-being and are related to social injustice that are not included in this research due to lack of data availability. Additionally, there are many alternatives for the metrics that we used to operationalize environmental factors, for example, heat stress and accessibility to a park or water body, as discussed in the Methods section. Thirdly, this study uses the regression coefficients from simple linear regression as a summary metric for relative distributional inequity across groups. More regression models are available for other purposes. For example, given that the environmental category used in this study is ordinal data, ordinal logit regression is another choice to measure inequity. The modelled log odds can be interpreted as "a one-unit increase in demographic percentage leads to a decrease/ increase in the probability of a more favourable category." However, this would yield 2 to 3 log odds from each regression given the number of categories, and the results could be challenging to summarize, visualize, and compare across a wide range of groups and environmental combinations and between years. Lastly, we specifically highlight that this regression analysis does not suggest any causal relationship; a statistically significant linear relationship does not imply that differences in environmental categories cause changes in demographic percentage, or vice versa. While the methodological framework can be applied to other cases, the identified patterns of distributional inequity are specific to Metro Vancouver for the years 2006 and 2016.

5. Conclusions

The characterization of environmental sweet, risky, and sour spots across different combinations highlights areas needing the most attention and reveals distributional inequities based on dual exposure to burdens and lack of benefits. In this study, we assess cumulative exposure patterns by considering the spatial distributions of two environmental factors at a time, and we identify the distinct patterns that could be missing in single-factor exposure assessment. Building on past sweet and sour spot analyses (Doiron et al., 2020; Hankey et al., 2017), we expand the exposure assessment to five environmental factors and identify changes over a decade. This longitudinal quantitative method allows us to explore exacerbated disparities in cumulative exposures, aligning with previous findings that environmental improvements from urban planning decisions may reproduce inequity by targeting the 'wrong' areas (instead of those that truly need improvements) (Mahmoudi et al., 2020). While we find general improvement in environmental quality, we identify disproportionate cumulative exposures for marginalized and vulnerable groups in both 2006 and 2016, with limited or no sign of improvement for groups like the South Asian population. In conclusion, we echo calls for increasing attention to cumulative exposure to risks and access to benefits across a wide range of environmental factors in EJ research and related policy and decision-making. Further, we argue that understanding the changing spatial patterns of environmental quality, demographic distribution, and injustice through time can contribute to the exploration of the drivers of these patterns, including historical and ongoing urban planning and policy decisions, ultimately supporting more equitable interventions.

Conflict of Interest

The authors declare no conflicts of interest relevant to this study.



Data Availability Statement

The data sources of environmental and demographic variables are detailed in the Method section. The tables that integrate raw environmental and demographic data for the years 2006 and 2016 and the code to conduct all analyses in RStudio described in the Methods section are available on Zenodo Repository (Ren & Giang, 2024) (10.5281/zenodo.12670163). All the maps in this study, including Figures 1, and 2, and Figures S1, S3–S15, and S27 in Supporting Information S1, were developed using ArcGIS Pro.

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