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Assessment of azithromycin-induced toxicity in *Caenorhabditis elegans*: Effects on morphology, behavior, and lipid metabolism

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ABSTRACT

Antibiotics are indispensable in modern healthcare, playing a critical role in mitigating bacterial infections. Azithromycin is used to fight upper respiratory tract infections, however has potential toxic effects that remain inadequately understood. In our present study, azithromycin exposure to *Caenorhabditis elegans* led to significant physiological and behavioral change, with pronounced effects observed at the studied concentration. The study employs an N2 wild-type strain to examine key physiological and behavioral parameters within the worm. *C. elegans* were exposed to two concentrations of azithromycin (0.0038 and 0.00038 mg/ml) from the embryonic stage to the L4 stage for 48 hours. The study assessed key endpoints including body length, thrashing behavior, brood size, embryonic viability, lipid accumulation via Nile red staining, pharyngeal pumping rate, and response to 1-Nonanol (which assesses neurotransmitter function). Results showed that at 0.0038 mg/ml, azithromycin significantly reduced body length, increased progeny production, altered lipid deposition, delayed response to 1- Nonanol, and decreased feeding rates. Even at the lowest concentration (0.00038 mg/ml), changes in body length and lipid accumulation were observed. These findings suggest that the toxicity of azithromycin in *C. elegans* is dose-dependent and varies with exposure duration and developmental stage. Further research is needed to elucidate the molecular mechanisms underlying these toxic effects, particularly at environmentally relevant concentrations of azithromycin.

1. Introduction

Ecotoxicologists worldwide are working hard to evaluate the toxicological risk of pharmaceuticals on aquatic organisms and humans. It is projected that antibiotic consumption in 2030 maybe 200 % more than the 42 billion specified daily doses that were projected in 2015 [\[61\]](#page-8-0). Antibiotics often undergo incomplete metabolism after administration, with a substantial amount of portion being excreted in their original form in a stool or urine, which eventually enters into the sewage systems and gets integrated into the aquatic ecosystem [\[18\].](#page-7-0) Moreover, several antibiotics still lack adequate ecotoxicological evidence [\[87\]](#page-8-0) including azithromycin, measured at comparatively high concentrations in aquatic environments. Azithromycin is a broad-spectrum antibiotic used heavily in veterinary and human medicine and is renowned for its antimicrobial prowess. However, mounting concern surrounds its

potential adverse effects, and toxicity profiles, including organismal-level toxicity which remain insufficiently elucidated (M.-Q. [\[97\]](#page-8-0)). The rapid emergence of antimicrobial resistance poses a substantial global health threat, necessitating continuous scrutiny of antibiotic efficacy and safety, particularly regarding their toxicity to untargeted organisms [\[20\].](#page-7-0)

Azithromycin (AZM) has significant implications in both clinical and environmental contexts especially for vulnerable populations like diabetic patients and untargeted organisms. In diabetic patients, azithromycin (AZM) can induce prolonged QT intervals and result in fatal arrhythmias [\[70\].](#page-8-0) Forensically, in suicide missions, azithromycin (AZM) when combined with other drugs like insulin results in severe hypoglycemia and organ failure hence leading to death [\[57\]](#page-7-0). The persistence of azithromycin in the environment matrices can pose neurotoxic effects risk to non-target organisms, potentially disrupting their nervous system

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[\[59\]](#page-7-0). Untargeted or non-targeted organisms like fish, invertebrates and plants that are unintentionally exposed to pollutants such as antibiotics, chemicals, or pesticides in the environment and suffer unintended effects due to this exposure [\[32\].](#page-7-0) Potential environmental toxicities of antibacterial agents, such as sulfonamides, macrolides, and fluoroquinolones, hampered snails, water fleas, duckweed, cyanobacteria, and photo bacteria from growing, moving, and surviving [\(\[41\];](#page-7-0) N. S. [\[81\]](#page-8-0)). Antibiotics cause deformity and change in immunological responses and impede development in Walleye and Carp [\[26,91\].](#page-7-0) Different studies have demonstrated the ecotoxicity of different pharmaceuticals including antibiotics exhibit pseudo-persistence in the aquatic envi-ronment due to their slow degradation and long half-life [\(\[33\]](#page-7-0); L. [\[49\]](#page-7-0)).

Antibiotic concentrations in surface water are not strictly regulated by environmental agencies globally, but instead, their ecological risk assessment data suggest its limits based on ecotoxicity data [\[5,90\]](#page-6-0). A study conducted in Ukraine reported 0.03 mg/ml of azithromycin in surface water [\[92\]](#page-8-0). We have conducted monitoring studies in Sabarmati River, Gujarat, India, and identified a maximum concentration of 0.00038 mg/ml of azithromycin (Unpublished study). Another study conducted by [\[72\]](#page-8-0) on wastewater going to the rivers in Portugal around 1.5773 µg/l of azithromycin was detected. In another study, macrolides were detected at 1.931 μ g/l [\[59\]](#page-7-0) in surface water, and 25 μ g/l of azithromycin was detected in a wastewater treatment plant [\[76\]](#page-8-0). In some regions, concentrations of antibiotics have been observed in the $(0.1 - 1)$ µg/L range, with no or minimum risk to aquatic organisms, particularly to primary producers like algae and other organisms in the high trophic levels in the ecosystem [\[52,77\]](#page-7-0). Researchers have explored the predicted no-effect concentration of azithromycin was 0.09 µg/l in fish, 120 µg/l in *Daphnia magna,* and 0.019 µg/l in algae [\[6,86\]](#page-6-0). Using immobilization assay, it was found that 48 hours of exposure to azithromycin in invertebrates including crustaceans, and *Daphnia magna* displayed the EC**50** of 120,000 µg/l for acute toxicity [\[12,27\]](#page-6-0). Chronic toxicity for 7-day exposure showed 4.4 µg/l had no observed effects on invertebrate reproduction and other physiological patterns [\[66\]](#page-8-0).

Azithromycin is extensively used to treat respiratory infections, but its potentially toxic effects in the environment on living organisms are insufficiently studied and reported. The study aims to address this gap by understanding azithromycin's potentially toxic effects on nontargeted organisms as its environmental presence grows. Using the *C. elegans* model, this research examines how azithromycin impacts physiology and behavior of the animal across environmentally relevant concentrations. In the current study, *C.elegans* was subjected to azithromycin at concentrations relevant to environmental conditions. The study explored the potential impacts of azithromycin on feeding & locomotion habits, body morphology, reproductive processes, lipids deposition, and response towards the 1-Nononal compound. Several benefits have led to widespread usage of *C.elegans* as a model organism, including its short life cycle, ease of maintenance, suitability for use in a laboratory setting, and a well-characterized genome [\[88\].](#page-8-0) Utilizing *C. elegans* for toxicity screening provides high-throughput capabilities, facilitating sophisticated assessment of behavioral toxicity and insights into antibiotic neurotoxic, reproductive, and genotoxic effects, along with the underlying mechanisms driving these changes.

2. Materials and methods

2.1. Chemicals and reagents

Azithromycin (AZM, (CAS:21187–98–4) was purchased from Sigma Aldrich, USA. The antibiotics were dissolved in pure dimethyl sulfoxide (DMSO) (Merck Millipore, Mumbai India) followed by dilution with a specified solvent, 1 % DMSO was used in the total solution as previously described (S. [\[50\]\)](#page-7-0). Sodium chloride, magnesium sulfate, cholesterol, peptone, agar, potassium dihydrogen phosphate, uracil, dextrose, sodium hydroxide, sodium hypochlorite solution, sodium azide, and sodium hydrogen phosphate, were procured from SRL Pvt. Ltd. Merck

Millipore, Mumbai India and all of the chemicals were of analytical grade with 99 % purity. The stock concentration of azithromycin was 0.38 mg/ml and was maintained in the dark at 4◦C before usage.

2.2. C. elegans and E.coli culture

The nematode strains were sourced from the *Caenorhabditis elegans* Genetics Center at the University of Minnesota, USA. N2 strains of *C. elegans* were grown on nematode growth media, with *E. coli* OP50 serving as the nematode's food source, and incubated at 22◦C. Adult gravid worms were subjected to sodium hypochlorite treatment to acquire age-synchronized embryos, which were then cultured on a new NGM plate seeded with OP50. To make 100 ml of *E.coli* 100 ml MEM was inoculated with 1 ml of *E.coli* stock culture and incubated overnight at 37◦C at 180 rpm. After incubation, the OP50 culture was kept at 4◦C in 50 ml falcon tubes as described by [\[36\]](#page-7-0).

2.3. Exposure conditions to azithromycin

The final working concentration used was 0.0038 mg/ml and 0.00038 mg/ml of azithromycin. The subsequent antibiotic was mixed with OP50 and seeded with the Nematode Growth Media (NGM) plates. With continuous exposure, the embryos were suspended on the antibiotic-seeded plates and exposed for 48 hours up to the L-4 stage.

2.4. Body morphology alteration

The NGM plates were seeded with OP50 bacteria and varying concentrations of azithromycin to investigate the dose response of these antibiotics in *C. elegans.* The plates were then incubated at 22◦C for 12 hours. The following day, each group was inoculated with 200 µL of embryos, covered with parafilm, and kept at 22◦C for 48 hours. Subsequently, L4 stage worms were collected and thoroughly washed with M-9 buffer to eliminate bacteria and debris. To immobilize the worms, 20 µL of sodium azide was added to each group. Then, 20 µL of nematodes were transferred onto slides and covered with a cover slip. Using a fluorescence microscope at 10x magnification, 15 images of worms from each group were captured.The body length of these 15 nematodes in each group was then analyzed using Image J software with freehand line tools (Z. [\[95\]\)](#page-8-0).

2.5. Thrashing assay

The embryos were placed on NGM plates seeded with azithromycin OP50 and DMSO, and incubated for 48 hours. After collecting L-4 stage worms and thoroughly cleaning them with M-9 buffer, 20 µl of the worms which included between (20− 30) worms were added to the NGM plates without any food and given a brief period to move freely and acclimatize to their new environment. Next, we took a 30-second video using Leica software with the aid of a stereo zoom microscope (Leica EZ4D) for each group, during which we counted the number of thrashes in 10 seconds and examined at least 20 worms per group as explained elsewhere by [\[23\].](#page-7-0)

2.6. Body bending behavior

The embryos were placed on NGM plates seeded with azithromycin, OP50, and DMSO, and incubated for 48 hours. After collecting L-4 stage worms and thoroughly cleaning them with M-9 buffer, 5 μ l of them containing (5− 11) worms were added to the freshly unseeded NGM plates and given enough time to acclimatize with their new environment. We took a 30-second video using Leica software with the aid of a stereo zoom microscope (Leica EZ4D) for each group, during which we counted the number of body bending in 10 seconds and examined at least 20 worms per group as explained by [\[60\]](#page-7-0).

2.7. 1-Nonanol assay

The effects of azithromycin and a control group on NGM plates were examined for evidence of antibiotic-induced neurotransmitter impairment. 1-Nnonal is used to test dopamine signaling in *C.elegans* by triggering avoidance behavior, changes in this response indicate a potential neurotoxic effect. In this investigation, we soaked the worm picker in 200 µl of 1-Nonanol. The worm picker was then positioned close to the snout of a moving active worm under a stereo microscope, and we timed how long it took the worm to get away from the 1-Nonanol chemical, at least 20 worms were used from each group as detailed by [\[80\].](#page-8-0)

2.8. Pharyngeal pumping

Pharyngeal pumping serves as a method for measuring the food intake by worms and was performed as explained by [\[42\]](#page-7-0). Briefly L-4 stage worms, after being rinsed with M-9 buffer, were placed into microcentrifuge tubes. 20 µl of nematode solution was added to freshly seeded plates. Nematodes were allowed 30 minutes to adjust to their new environment, during which they moved freely and began feeding. Pharyngeal pumping activity was recorded for 10 seconds at an 8x magnification using a stereo zoom microscope. The feeding behavior of a minimum of 20 worms in each group was recorded.

2.9. Lipid content estimation

Nile red staining was employed to assess the lipid levels in N2 wildtype worms subjected to treatment with azithromycin. To prepare the Nile red solution, 0.5 mg of the dye was dissolved in 1 ml of acetone and stored at −20°C in darkness. The working solution was created by mixing 3 µL of the dye with 750 µL of OP50 for control samples and then adjusting the final volume with compounds. The next day embryos were seeded in the plates, after 48 hours, L4 worms from each group were collected, thoroughly washed to remove bacteria, and treated with 20 µl of sodium azide. Subsequently, 20 µl of the worms were placed on a slide and covered with a coverslip. Nematode images were captured using fluorescence microscopy with a rhodamine filter at 20x magnification. Image J software was utilized to analyze at least 15 images per group, enabling quantification of lipid content in *C.elegans* based on the fluorescence intensity of Nile red as explained elsewhere by [\[83\]](#page-8-0).

2.10. Brood size & reproductive age

Ten L4-stage age-synchronized worms were moved to freshly prepared plates from each experimental group. After 24 hours, the number of embryos and L1-stage progenies was counted following the careful transfer of worms to newly prepared plates, ensuring no embryos or L-1 worms were transferred. Worms were transferred every 24 hours until they ceased producing embryos, and an average brood size was calculated. To assess the reproductive age in *C.elegans* treated with azithromycin, the group's average time for the worms to cease producing eggs was recorded as described by [\[43\]](#page-7-0).

2.11. Embryonic viability

Following the transfer of L-4 stage worms to newly seeded plates, the progenies counting was conducted the following day. These plates were then left undisturbed for 24 hours to ensure sufficient time for all embryos on the plate to hatch. The number of unhatched embryos and live progenies was noted, and the experiment proceeded similarly for all groups until no embryos were laid by the worms. Subsequently, the embryonic viability in each group was calculated according to [\[44\]](#page-7-0)**.**

2.12. Statistical analysis

The statistical significance of the obtained data was assessed using a

Student t-test through GraphPad Prism 5, with a significance level set at (P*<*0.05), (P*<*0.005), P*<*0.0001), and (P*<*0.0005). The non-parametric independent student t-test was implemented and the P-values adjustment was adopted for post-multiple comparisons. All experiments included a minimum of two separate experimental trials, the result data were represented graphically with error bars indicating the minimum standard error of the mean.

3. Results

3.1. Body morphology alteration

The impact of azithromycin on the development and growth of *C. elegans* is displayed in [Fig. 1](#page-3-0)**(a-b)**. It was found that at the highest concentration of azithromycin, the body length of *C.elegans* was reduced and the nematode could not reach its full body length at the L-4 stage when compared to the control groups. In another case, there was a delay of a nematode to transform from one stage to another at the highest concentration of azithromycin as seen in [Fig. 1](#page-3-0)**c.**

3.2. Thrashing & body bending behavior influenced by azithromycin in C. elegans

At the highest concentration of 0.0038 mg/ml, azithromycin significantly slowed down the head thrashing and body bending capability of *C.elegans* as seen in [Fig. 2a](#page-3-0) and refer to video-1. *C.elegans* exhibited a significant decrease in head thrashing body and bending frequencies at the highest concentration when compared to the control group, while there was no significant difference in body bending frequencies at the lowest concentration. This suggests that the azithromycin impact on locomotion behavior in *C.elegans* is dose-dependent.

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3.3. 1-Nonanol response influenced by azithromycin in C. elegans

The scenario depicted in [Fig. 3](#page-4-0) above demonstrates a notable impact on *C.elegans* chemoreceptors and neurotransmission. Upon exposure to the chemical 1-Nonanol, the nematodes exhibited a delayed response in moving away from the chemical stimuli.

3.4. Feeding behavior of C. elegans when treated with azithromycin

The pharyngeal pumping was significantly decreased in nematodes at both the highest and lowest concentration of azithromycin as depicted in [Fig. 4](#page-4-0) and by referring to supplementary **video-2**. This might have been characterized by nematode-reduced capacity for food intake and may have resulted from azithromycin-induced neuromuscular disturbance and mitochondrial dysfunction.

3.5. The impact of azithromycin on lipid deposition in C. elegans

As depicted in [Fig. 5](#page-5-0)**(a-b)** above**,** it was found that azithromycin influenced the increase in lipid content at both the highest and lowest concentrations respectively (0.0038–0.00038) mg/ml.

3.6. The impact of azithromycin on reproductive health in C. elegans

It is apparent that at a concentration of 0.0038 mg/ml, azithromycin stimulated the reproductive potential in *C.elegans* as seen in the number of progenies is higher compared to the lowest concentration. As displayed in [Fig. 6](#page-5-0)**(a-b)** the reproductive days increased in the treatment group at the highest concentration but declined at the lowest concentration of azithromycin. In another case, azithromycin significantly stimulated the embryonic viability in *C. elegans* at the highest concentration but was non-significant at the lowest concentration of

Fig. 1. (a-b) shows the highest concentration of azithromycin shortened the body length of *C.elegans* and (Fig. 1c) shows how the maximal dose of azithromycin impacted the growth and developmental progression in *C. elegans* as quantified by non-parametric independent t-test. Error bars indicate the standard error of the mean, (****p*<*0.0005) and ns-non significant.

Fig. 2. (a-b) shows that azithromycin affected the head thrashing and body bending behavior of *C. elegans* as quantified by a non-parametric independent t-test. Error bars indicate the standard error of the mean), (***p*<*0.0005), (****p*<*0.0001), and ns-non significant.

0.00038 mg/ml as portrayed in [Fig. 6](#page-5-0)**c.**

4. Discussion

Azithromycin, a broad-spectrum macrolide, is one of the most

frequently prescribed antibiotics due to its high stability in acidic conditions, longer serum half-life, and its ability to achieve higher concentrations in animal tissues compared to erythromycin, to which it is structurally related. These properties contribute to its environmental persistence, making it a significant environmental risk [\[2\]](#page-6-0).

Fig. 3. above shows the response of *C.elegans* towards the 1-Nonanol compound as quantified by a non-parametric independent t-test. Error bars indicate the standard error of the mean), (*p*<*0.05), and ns-non significant.

Fig. 4. above shows that at both high and low doses, azithromycin inhibited the feeding behavior of *C. elegans* as quantified by a non-parametric independent t-test. Error bars indicate the standard error of the mean, ***p*<*0.0001, ****p*<*0.0005, and ns-non significant.

Azithromycin gained significant attention during the COVID-19 pandemic and is often used in combination with drugs like hydroxychloroquine [\[24\].](#page-7-0) Its widespread during the pandemic led to increased environmental discharge and subsequent risk to the aquatic system [\[9,](#page-7-0) [40\].](#page-7-0) Despite the absence of specific regulations on surface water levels for antibiotics, azithromycin is included in the European Water Framework Directive's "watch list" due to its toxicity, persistence, and bio-accumulative potential [\[17\]](#page-7-0).

In the current study, the resulting reduction of pharyngeal pumping in *C.elegans* by azithromycin might be due to the disruption of gut microbiota and energy depletion causing mitochondrial dysfunction and induction of neuromuscular toxicity $[8]$. However with other antibiotics like sulfamethoxazole, (S. [\[51\]\)](#page-7-0) have discovered that *C.elegans* showed a rise in pharyngeal pumping, which was not the case when *C.elegans* were subjected to azithromycin. Furthermore, [\[10\]](#page-6-0) obtained similar results when Zebrafish were subjected to azithromycin leading to a reduced food intake and vascular irregularities. These findings may provide an early indication of the potential adverse effects of azithromycin in humans, especially its impact on gastrointestinal motility [\[11\]](#page-6-0) and neuromuscular functioning. Azithromycin may have adverse effects in humans such as gastrointestinal symptoms including nausea, vomiting, abdominal pain, and diarrhea [\[45\].](#page-7-0) These symptoms are directly related to azithromycin's influence on the enteric nervous system and smooth muscle functioning. Ruszkiewicz et al., [\[73\]](#page-8-0)**.** Moreover neuromuscular disorders like myasthenia gravis [\[78\]](#page-8-0), muscle weakness and fatigue are insinuated by azithromycin through neuromuscular exacerbation has been reported [\[67\].](#page-8-0)

Furthermore, due to poor food intake, the body morphology and overall growth of *C.elegans* were affected and led to the retardation of growth. It is reported that azithromycin severely impairs mitochondrial DNA and enzymes like DNA gyrase and topoisomerase IV which are crucial for DNA replication and compromise the process of cell division and cellular processes that are essential for growth and development [\[71\]](#page-8-0). Erythromycin has been shown in earlier studies to affect body width and length, with a modest inhibition of body length observed at 1.0 μg/L (Z. $[47]$). In other studies, azithromycin exposed to anuran amphibian larvae resulted in a declined body size and shape due to the loss of the ability to feed the animals becoming weak, and thin and inducing liver toxicity in Zebrafish [\[13,63\]](#page-6-0). Azithromycin may block the cellular processes in humans particularly actively dividing cells, which are crucial for growth and development in children, pregnant women, and patients with healing tissues (Z. [\[39\]](#page-7-0)). Furthermore, azithromycin impairs protein synthesis and slows down growth and development [\[28,](#page-7-0) [53\],](#page-7-0) especially in growing children. It has been reported that the impact on gastrointestinal function leads to poor nutrient absorption, which relates to poor growth, and weight loss which triggers inflammations in the gastrointestinal and results in conditions like colitis [\[62\].](#page-8-0) This may further impairment of nutrient absorption and tissue repair [\[84\]](#page-8-0). During pregnancy, the risk of developmental toxicity from azithromycin may lead to congenital anomalies like low birth weight or even miscarriage [\[4\].](#page-6-0)

Body bending is the crawling behavior of worms in which *c.elegans* bends its head region across the central line of the body and forms an alternate longitudinal crest behind the pharynx followed by a longitudinal trough which completes 1 body bend [\[65\]](#page-8-0). *C.elegans* has 302 neurons, 6393 synapses, and several neurotransmitters like acetylcholine, dopamine, serotonin, GABA, tyramine, and octopamine [\[30\].](#page-7-0) Out of these neurotransmitters, acetylcholine helps in muscle contraction and helps in locomotion [\[74\]](#page-8-0). The highest concentrations of azithromycin might have induced acetylcholinesterase inhibitory activity thus leading to low body bending frequencies in *C.elegans.* The observed decrease in response to 1-nonanol compound, head thrashing and body bending behavior frequencies in *C.elegans* at the highest concentrations of azithromycin. This may suggest a neurotoxic or motor impairment, which can be loosely related to how certain drugs impact human motor functioning.

Moreover, the thrashing activity and response towards chemical stimuli in *C.elegans* were altered probably due to the reduction in food intake the animals became weak and thin. Locomotion activities slowed down and their response toward the 1-Nononal compound was prolonged [\[64,79\]](#page-8-0). Due to hampering the functionality of ATP-dependent channels and pumps led to compromised muscle contraction. Azithromycin causes damage to the G-protein coupled receptors, membrane proteins, and ion channels disrupting cyclic AMP (cAMP) and calcium signaling pathways, crucial for the execution of sensory perception and avoidance behavior [\[89\]](#page-8-0). Pharmaceutical compound screening by using *C.elegans* [\[22,68\]](#page-7-0), pointed out that antibiotics affected the locomotion behavior and impaired chemosensory receptors. Chicks and Quills were treated with 7305 mg/kg and 11.169 mg/kg respectively of azithromycin and there was a notable decrease in their movement due to the effects of their neurobehavior and motor measure [\[1\].](#page-6-0) Azithromycin has the potential to cause muscle toxicity like rhabdomyolysis [\[21\]](#page-7-0) which relates to serious muscle pain, weakness, and kidney failure [\[35\]](#page-7-0). Neurological side effects like dizziness, confusion, and impaired motor function have been observed in elderly patients [\[56\].](#page-7-0) Compromised

Fig. 5. (a-b) shows that azithromycin influenced the increase of lipid deposition in N2 *C. elegans* at both low and high dosages as quantified by a non-parametric independent t-test. Error bars indicate the standard error of the mean, (***p*<*0.0001), (****p*<*0.0005), and ns-non significant.

Fig. 6. (a) shows that azithromycin stimulated the increase of brood size in *C. elegans* at its highest concentration, Fig. 6(b) shows that reproductive age was shortened at the lowest concentration, and Fig. 6c above shows that there was no significant difference in embryonic viability at the lowest concentration of azithromycin in *C.elegans* as quantified by non-parametric independent t-test. Error bars indicate the standard error of the mean and ns-non significant.

reflexes and coordination can block daily functioning and accelerate accident risks to vulnerable populations [\[25\].](#page-7-0) A pediatric patient administered 500 mg/d of azithromycin developed agitation and choreoathetosis movements on the third day of administration [\[19\]](#page-7-0). Chemosensory side effects of antibiotics result from disruption of transduction pathways, biochemical targets, and enzymes [\[75\]](#page-8-0). Adverse effects like anorexia have been observed during azithromycin administration which induces taste and smell disorders [\[34\].](#page-7-0)

Along with the behavioral changes, lipid metabolism was altered

when *C.elegans* were exposed to azithromycin. Stresses from reactive oxygen species thus activated mitogen-activated kinase pathways may contribute to the upregulation of fatty acid synthase and acetyl-CoA carboxylase genes which are involved in lipogenesis [\[7\].](#page-6-0) Reduced β-Oxidation of fatty acids by antibiotics promoted fatty storage in *C. elegans* [\[3\].](#page-6-0) Furthermore, the impairment of the Electron Transport Chain (ETC) and decrease in ATP production compromised the availability of NADH and FADH2 hence poor fatty acid oxidation and led to the suppression of anabolic processes [\[58\]](#page-7-0). Antibiotics were found to encourage obesity in *C.elegans* (Z. [\[94\]](#page-8-0)). Moreover, sulfonamides in *Daphnia magna* revealed inhibition of lipase and acetylcholinesterase enzyme activities crucial in lipid metabolism (Y. [\[98\]](#page-8-0)), this led to the accumulation of fats, increased body size, and elevated levels of triglycerides in the organism (Z. [\[48\]\)](#page-7-0). Azithromycin can disrupt lipid metabolism in humans which can result in dyslipidemia ((L. [\[38\]](#page-7-0))). Characterized by abnormal blood lipid levels that can increase the risk of cardiac failure [\[85\].](#page-8-0) Furthermore, it could elevate cholesterol and fat accumulation, leading to obesity (J. [\[93\]\)](#page-8-0). Disruption in lipid metabolism can alter energy balance leading to weight gain and obesity and increasing the risk of atherosclerosis [\[29\]](#page-7-0). Impaired lipid signaling and insulin sensitivity can contribute to metabolic syndrome, hypertension, and type 2 diabetes [\[96\].](#page-8-0)

Perhaps balanced lipid metabolism is essential for reproductive health in *C.elegans* by providing essential energy for oocyte development and embryogenesis. Excessive lipid accumulation may disrupt insulin/ Insulin-like Growth factor (IGF-1) signaling and activated protein kinase (AMPK) leading to accelerated reproductive aging and impaired oocyte quality [\[69\]](#page-8-0). Antibiotics decreased the brood size, number of fertilized eggs in the uterus, and reduced the number of total germline cells, and ovulation rate in *C. elegans* [\[99\]](#page-8-0)*.* Macrolides registered high toxicity by causing progressive impairment in reproduction and induced a high mortality rate in *Daphnia magna* and microalgae over multiple generations [14,55]. Contrary erythromycin significantly inhibited reproduction across multiple generations and consistently suppressed fatty acid synthase, and the same effects were observed in *D.melanogaster* (Z. [\[48,54\]\)](#page-7-0). In humans, azithromycin could interfere with the hormonal system and potentially lead to fertility issues, menstrual irregularities, and pregnancy complications (Y. [\[46\]](#page-7-0)). Hormonal imbalances may cause conditions like polycystic ovary syndrome, affecting hormone levels and fertility $([31]; S. [82])$ $([31]; S. [82])$ $([31]; S. [82])$ $([31]; S. [82])$. This can lead to developmental issues in embryos and increase the risk of birth defects [16]. Clinically, azithromycin's effects on reproductive organs may lead to conditions such as testicular and ovarian dysfunction and reduced sperm quality (F. Y. S. [\[37\]\)](#page-7-0). Azithromycin should be administered with precaution during pregnancy because azithromycin can result in teratogenic effects on a developing fetus [15].

5. Conclusion

This study reveals that azithromycin exhibits dose-dependent, exposure duration, and developmental stage to induce toxicological effects on *C.elegans* by affecting feeding, growth, locomotion, lipid metabolism, and reproduction. This toxicity underscores the forensic significance of azithromycin whereby clinical toxicologists, ecotoxicologists, and environmental protection pioneers may use this data to assess ecological contamination, investigate cases of human poisoning, influence regulation and legal actions related to public health and environmental safety by establishing standardized protocols limiting antibiotic levels in the environment. Additional research into the genetic and proteomic toxicological impacts of antibiotics at their relevant environmental concentration is highly recommended. Also, there is a critical need for studies that assess the toxicity of antibiotics in combination with other aquatic pollutants like heavy metals along with the wise and safe use of this drug.

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CRediT authorship contribution statement

Rakhi Agarwal: Visualization, Supervision, Resources, Project administration, Conceptualization. **Elisa Kalugendo:** Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Aamir Nazir:** Writing – review & editing, Validation, Supervision, Resources,

Data curation, Conceptualization.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper

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Data availability

Data will be made available on request.

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