

# Ferroptosis in ischemic stroke: Animal models and mechanisms

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## ABSTRACT

Stroke is a major cause of death and disability worldwide, with the majority of cases resulting from ischemic events due to arterial occlusion. Current therapeutic approaches focus on rapid reperfusion through intravenous thrombolysis and intravascular thrombectomy. Although these interventions can mitigate long-term disability, reperfusion itself may induce neuronal injury. The exact mechanisms underlying neuronal damage following cerebral ischemia have yet to be reported. Recent research suggests that ferroptosis may play a significant role in post-ischemic neuronal death, which can be targeted to prevent neuronal loss. This review explores the three essential hallmarks of ferroptosis: the presence of redox-active iron, the peroxidation of polyunsaturated fatty acid-containing phospholipids, and the loss of lipid peroxide repair capacity. The involvement of ferroptosis in neuronal injury following ischemic stroke is also explored, along with an overview of ferroptosis-associated changes in different ischemic stroke animal models. Furthermore, recent therapeutic interventions targeting the ferroptosis pathway, as well as the opportunities, difficulties, and future directions of ferroptosis-targeted therapies in ischemic stroke, are discussed.

**Keywords:** Ischemic stroke; Ferroptosis; Animal models; Iron deposition; Lipid peroxidation

## INTRODUCTION

Stroke is the second leading cause of death and third leading cause of disability among adults worldwide (Campbell & Khatri, 2020), affecting approximately 15 million people each year (GBD 2019 Stroke Collaborators, 2021). Strokes are classified as ischemic or hemorrhagic, with ischemic stroke

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resulting from the obstruction of cerebral blood vessels, restricting blood flow to the brain. Ischemic stroke accounts for approximately 71% of all strokes globally (Campbell et al., 2019). Given the restrictions of obtaining brain tissue from ischemic stroke patients, various experimental models, including cell lines, tissue cultures, and animal models, have been developed to study ischemic neuronal injury. These models allow differentiation based on the size of the ischemic region (focal or global), duration of ischemic event (transient or permanent), degree of blood flow decline, and extent of oxygen and glucose deficiency (Lipton, 1999). In addition, the complex architecture of the cerebral vasculature leads to differences in the incidence and severity of ischemic events across brain regions, influencing susceptibility to ischemic stroke (Tuo et al., 2022b). Clarifying the pathological mechanisms underlying ischemic stroke is essential for developing preventative strategies and identifying effective therapeutic targets.

Ferroptosis is a distinct form of regulated cell death, mediated by iron-dependent lipid peroxidation and characterized by the accumulation of toxic lipid reactive oxygen species (ROS) (Fearnhead et al., 2017). Unlike the three main types of programmed cell death, namely apoptosis, necroptosis, and pyroptosis, no specific regulatory genes or proteins have been identified for ferroptosis. Additionally, it does not involve the formation of proactive signaling complexes such as apoptosomes, necrosomes, or inflammasomes, which are critical for the initiation of apoptosis, necroptosis, and pyroptosis, respectively (Berndt et al., 2024). The discovery of ferroptosis emerged from research conducted by the Stockwell laboratory in 2012, where small molecule compounds erastin and RSL3 were identified during anti-cancer drug screening. Notably, the

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morphological features of cell death induced by these compounds were distinct from any previously recognized form of cell death. Furthermore, it was observed that the lethality of erastin and RSL3 could be inhibited by iron chelators, indicating that their effects were contingent upon iron availability. Consequently, this mode of cell death was defined as ferroptosis, with subsequent investigations identifying lipid peroxide accumulation as a critical executor of this process (Dixon et al., 2012). The initiation and execution of ferroptosis are intricately linked to iron metabolism, lipid metabolism, and lipid peroxidation. Ferroptosis has also been implicated in various diseases, particularly neurological disorders (Luoqian et al., 2022; Tang et al., 2023; Tuo et al., 2022a; Yan et al., 2021). Thus, ferroptosis represents a highly adaptable form of cell death, regulated by many functional metabolites and proteins (Dixon & Pratt, 2023).

Lipids and their intermediates are important components of brain structure and function. Lipid abundance in the brain is second only to adipose tissue, accounting for 50% of dry weight (Yoon et al., 2022). However, unlike adipose tissue, the brain primarily utilizes acylated lipids for the synthesis of phospholipids, which are integral components of cellular membranes (Manni et al., 2018). Given the high oxygen and energy demands of the brain, it is extremely sensitive to ischemic and hypoxic conditions (Lee et al., 2000; Li et al., 2023; Yan et al., 2020). Experimental models of cerebral ischemia have demonstrated a marked increase in iron accumulation within brain tissue (Tuo et al., 2017), along with elevated levels of arachidonic acid (AA) released from phospholipids and disrupted lipid metabolism (Tuo et al., 2022a). These models have also revealed a decline in lipid peroxidation repair ability, largely due to excessive consumption of glutathione peroxidase 4 (GPx4), a critical antioxidant enzyme (Tuo et al., 2021a). Ultimately, the convergence of these factors—elevated iron levels, lipid dysregulation, and impaired lipid peroxide detoxification—may trigger ferroptosis in neurons following ischemic stroke (Figure 1).

Ferroptosis-specific inhibitors, such as ferrostatin-1 and liproxstatin-1, have exhibited efficacy in reversing neuronal damage in animal models of ischemic stroke (Fang et al., 2021; Li et al., 2021, 2024; Liang et al., 2022; Liu et al., 2023; Tuo et al., 2017; Yang et al., 2021). Furthermore, inhibition of acyl-CoA synthetase long-chain family member 4 (ACSL4), a key enzyme in lipid metabolism, has been shown to improve neurological outcomes in mouse models of ischemic stroke (Chen et al., 2021b; Cui et al., 2021; Tuo et al., 2022a). Selenium-containing compounds have been reported to reduce cerebral infarct volume by enhancing GPx4 expression and inhibiting ferroptosis (Alim et al., 2019; Tuo et al., 2021a). These findings suggest that ferroptosis may be a critical signaling pathway driving neuronal death following ischemic stroke.

This review aims to provide a comprehensive summary of the role and molecular mechanisms of ferroptosis in ischemic neuronal injury, evaluate the changes in ferroptosis observed in different ischemic stroke models, and discuss recent therapeutic interventions targeting ferroptosis. The insights gathered may pave the way for novel approaches to understanding the pathological mechanisms of ischemic stroke and developing targeted pharmacological treatments.

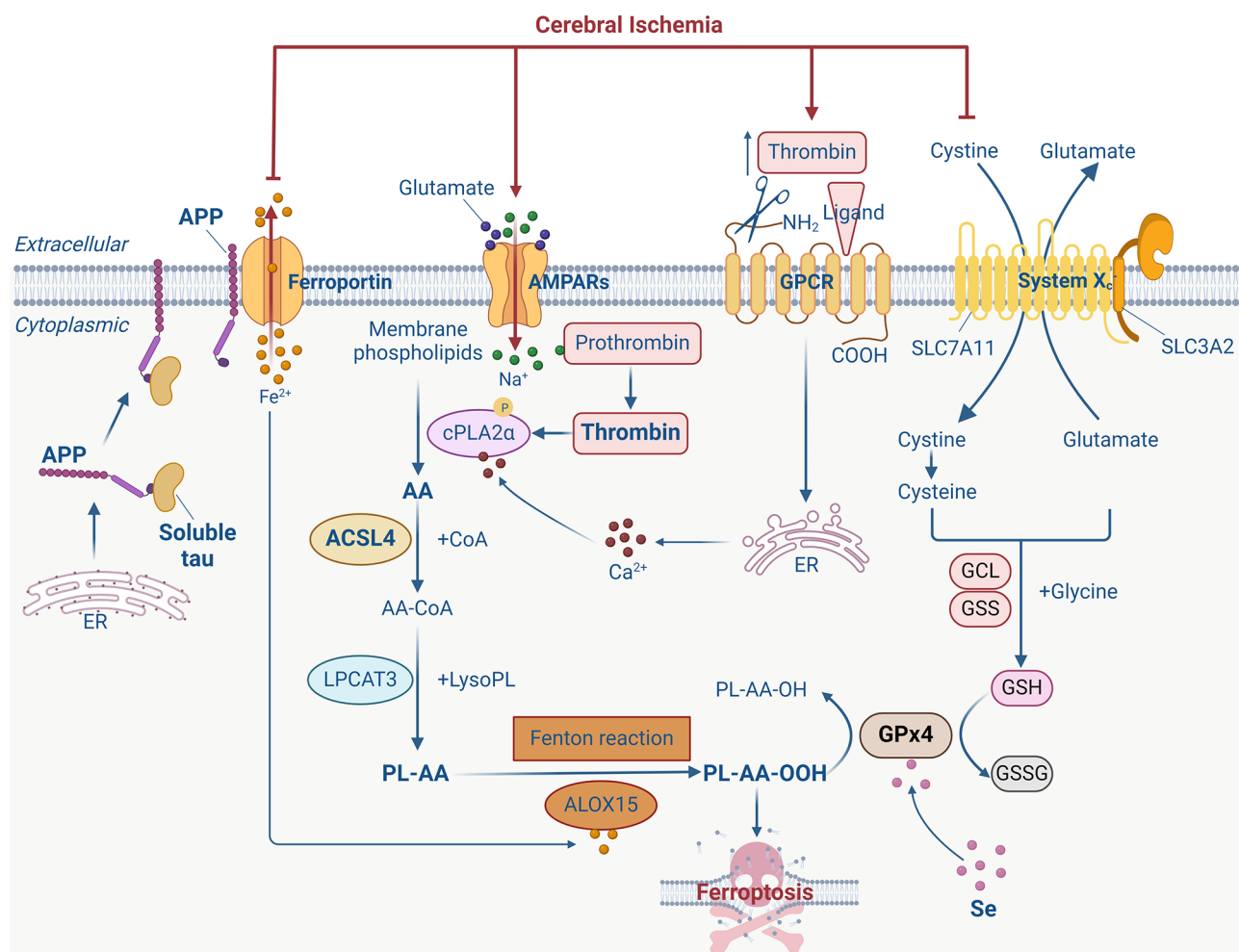
## MOLECULAR MECHANISMS OF FERROPTOSIS AND ITS ROLE IN ISCHEMIC STROKE

### Iron deposition

Iron plays a central role in ferroptosis, particularly through its involvement in lipid peroxidation. Free iron or iron-containing lipoxygenase (LOX) is responsible for oxidizing polyunsaturated fatty acid-containing phospholipids (PL-PUFAs), leading to the generation of lipid ROS and further inducing lipid peroxidation (Figure 2). This process is pivotal in ferroptotic cell death (Jiao et al., 2022; Yan et al., 2021, 2024). Thus, the availability of sufficient free iron and PL-PUFAs within cells is an essential prerequisite for the initiation of ferroptosis, and both iron transport mechanisms and intracellular iron storage can affect ferroptosis sensitivity.

Clinical research has demonstrated that elevated levels of ferritin, the protein responsible for iron storage, in plasma and cerebrospinal fluid are associated with early neurological deterioration following ischemic stroke. Increased systemic iron storage exacerbates stroke progression, leading to poorer clinical outcomes (Carbonell & Rama, 2007; Dávalos et al., 2000; Millan et al., 2007). T<sub>2</sub>-weighted magnetic resonance imaging (MRI) studies have also revealed increased iron deposition in the basal ganglia, thalami, and white matter of children following severe ischemic-anoxic events (Dietrich & Bradley, 1988). This accumulation may result from disruptions in axonal iron transportation after anoxic-ischemic injury, causing iron uptake in regions such as the basal ganglia and white matter. Furthermore, iron deposition may increase under direct damage from iron-catalyzed lipid peroxidation degradation products (Dietrich & Bradley, 1988). Animal experiments support these findings, indicating that cerebral ischemia alters brain iron metabolism, leading to iron deposition, lipid peroxidation, and neuronal death in ischemic regions (Kondo et al., 1995, 1997; Li et al., 2009; Oubidar et al., 1994; Park et al., 2011; Tuo et al., 2017). Ferritin, serving as a source of iron after ischemic injury (Guo et al., 2023), significantly increases in parallel with iron deposition after focal cerebral ischemia/reperfusion, with a strong correlation observed, especially in necrotic tissue areas (Chi et al., 2000). Various therapeutic interventions targeting iron metabolism have shown promise in animal models of ischemic stroke, including iron chelators and transport facilitators, shown to reduce neuronal injury and improve neurological function (Oubidar et al., 1994; Park et al., 2011; Prass et al., 2002; Ryan et al., 2018; Tuo et al., 2017). In summary, iron plays a critical role in driving neuronal damage in ischemic stroke, highlighting its potential as a key target for therapeutic intervention.

The microtubule-associated protein tau is a critical factor in the pathology of neurodegenerative disorders, such as Alzheimer's disease (AD) and various tauopathies (Ballatore et al., 2007; Chen et al., 2023; Ding et al., 2021, 2024; Kwapong et al., 2024; Lei & Ayton, 2023; Wu et al., 2023). Recent studies have indicated that tau also plays an important role in peripheral tissues, regulating insulin secretion by inhibiting microtubule dissociation in pancreatic  $\beta$ -islet cells (Mangiafico et al., 2023). Furthermore, tau is implicated in the transport of amyloid precursor protein (APP) to the neuronal surface, where APP interacts with ferroportin (Fpn) to facilitate the export of ferrous iron (Fe<sup>2+</sup>) from neurons (Duce et al., 2010). A deficiency in tau disrupts this interaction, resulting in impaired Fe<sup>2+</sup> transport and increased iron accumulation (Lei



**Figure 1 Possible ferroptosis signaling pathway after cerebral ischemia**

After cerebral ischemia, energy deficiency leads to impaired clearance of excitatory neurotransmitters in synaptic gaps, increasing the concentration of neurotransmitters such as glutamate, stimulating AMPA receptor activation, and mediating  $\text{Na}^+$  influx. The increase in intracellular  $\text{Na}^+$  leads to the conversion of prothrombin into active thrombin, thereby inducing the phosphorylation and activation of calcium-dependent cytosolic phospholipase A2 $\alpha$  (cPLA2 $\alpha$ ). In addition, prothrombin in the blood may enter the brain through blood-brain barrier (BBB) disruption and be converted into thrombin, mediating cPLA2 $\alpha$  activation by increasing cytoplasmic free  $\text{Ca}^{2+}$ . cPLA2 $\alpha$  can cleave arachidonic acid (AA) at the sn-2 position of glycerophospholipids in the cell membrane. Subsequently, AA is converted to AA-CoA under catalysis of acyl-CoA synthetase long-chain family member 4 (ACSL4) and immediately incorporated into membrane phospholipids by lysophosphatidylcholine acyltransferase 3 (LPCAT3) to form AA-containing phospholipids (PL-AA). Under the catalysis of arachidonate 15-lipoxygenase (ALOX15) and Fenton reaction, PL-AA undergoes oxidation to produce biologically active lipid peroxides, which ultimately participate in ferroptosis. Glutathione peroxidase 4 (GPx4) can reduce lipid hydroperoxides (L-OOH) to lipid alcohols (L-OH). High concentrations of extracellular glutamate inhibit cysteine uptake, thereby limiting the biosynthesis of glutathione (GSH). GPx4 is inactivated due to a lack of necessary substrates, further leading to the accumulation of toxic lipid peroxides and ferroptosis. In addition, the decrease in soluble tau protein after cerebral ischemia inhibits the transport of amyloid precursor protein (APP) to the surface of neuronal membranes, blocking the interaction between APP and ferroportin (Fpn), and prevents the neuronal transfer of  $\text{Fe}^{2+}$ , leading to toxic intracellular accumulation of  $\text{Fe}^{2+}$  and ultimately ferroptosis. (Created with BioRender.com). GCL: glutamate-cysteine ligase. GSS: glutathione synthetase. GSSG: Oxidized glutathione. GPCR: G protein-coupled receptor. ER: Endoplasmic reticulum.

et al., 2012). In the context of transient focal cerebral ischemia, soluble tau protein levels are significantly decreased, contributing to iron accumulation and subsequent ferroptotic neuronal death (Tuo et al., 2017).

Hepcidin, a peptide hormone, plays a crucial role in regulating iron homeostasis (Ganz, 2011). Animal studies have shown that hepcidin expression increases markedly in the ischemic cortex, hippocampus, and striatum following cerebral ischemia. Hepcidin knockout models have demonstrated that the absence of this hormone prevents the increase in L-ferritin and decrease in Fpn typically observed after cerebral ischemia/reperfusion, suggesting that hepcidin may be a key regulator of post-ischemic iron deposition (Ding

et al., 2011). Mitochondrial ferritin (FtMt), a critical mitochondrial iron storage protein, plays a vital role in maintaining iron homeostasis and redox balance (Wang et al., 2022; Wu et al., 2019). Experimental evidence suggests that FtMt levels are up-regulated in ischemic brain regions, potentially serving a protective function. Mice lacking FtMt experience more severe brain damage and neurological deficits after ischemic injury, as FtMt deletion promotes the hepcidin-mediated reduction of Fpn, resulting in elevated levels of both total and chelatable iron. Conversely, FtMt overexpression has been shown to attenuate brain damage and neurological deficits after cerebral ischemia/reperfusion (Wang et al., 2021). These findings suggest that FtMt may

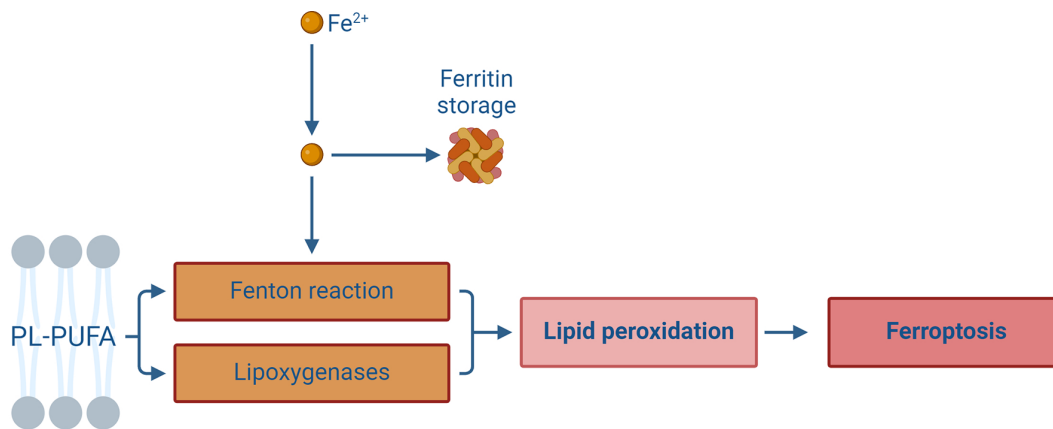
also be a major regulator of iron deposition after cerebral ischemia. These observations provide further insights into how iron accumulates during cerebral ischemia/reperfusion injury.

### Oxidation of AA-containing phospholipids

As the most abundant and widely distributed  $\omega$ -6 polyunsaturated fatty acid in the human body, AA is predominantly found within cell membrane phospholipids, including phosphatidylethanolamine (PE), phosphatidylcholine (PC), and phosphatidylinositol (PI), which are essential for preserving membrane structure and function (Tallima & El Ridi, 2018). However, the structural nature of AA, notably the presence of four cis-double bonds, renders it highly susceptible to oxidative degradation, leading to the loss of normal physiological functions (Tuo et al., 2022b). AA also plays a key role in the deacylation-reacylation cycle of membrane phospholipids and is primarily released by calcium-dependent cytosolic phospholipase A2 $\alpha$  (cPLA2 $\alpha$ ), which cleaves glycerophospholipids at the sn-2 position (Tuo et al., 2022b). Free AA can be transformed into arachidonoyl-CoA (AA-CoA) via ACSL4 and subsequently re-acylated into membrane phospholipids through the action of

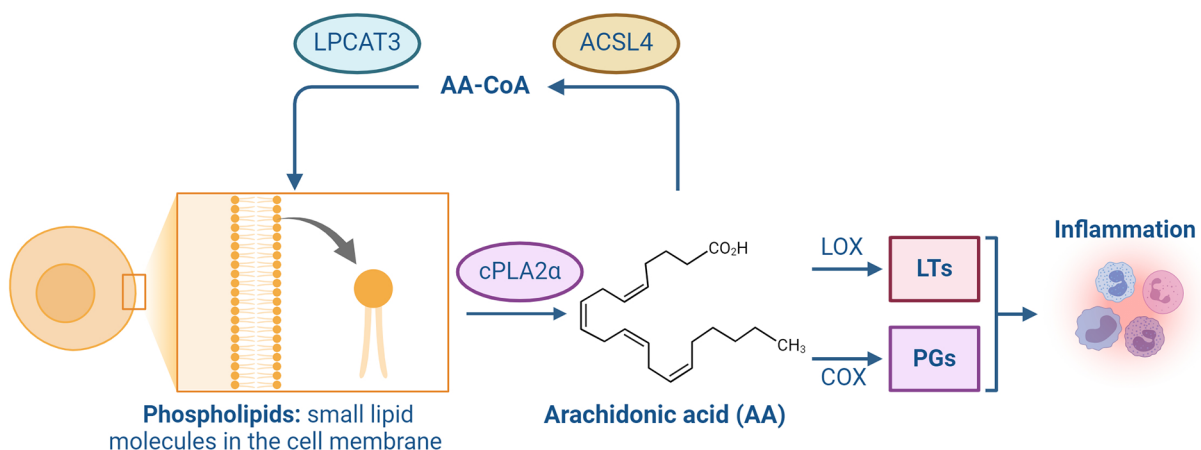
lysophosphatidylcholine acyltransferase 3 (LPCAT3) (Stockwell et al., 2017). In quiescent cells, the reacylation process predominates, with most intracellular AA remaining esterified within membrane phospholipids. However, in activated cells, cPLA2 $\alpha$ -mediated deacylation predominates, leading to a significant release of free AA and the synthesis of biologically active eicosanoids through the LOX and cyclooxygenase (COX) pathways (Bermúdez et al., 2021; Buczynski et al., 2009; Funk, 2001), which participate in inflammatory responses (Figure 3).

In activated cells, the majority of AA released by cPLA2 $\alpha$  during phospholipid cleavage is rapidly re-acylated into membrane phospholipids, with only a small fraction utilized for eicosanoid synthesis (Pérez-Chacón et al., 2009). Multiple studies have shown that the incorporation of AA into phospholipids significantly increases under stress conditions (Balsinde et al., 1992; Fonteh & Chilton, 1992; Nieto et al., 1991; Reinhold et al., 1989; Tou, 1989), suggesting that this process replenishes intracellular AA levels (Pérez-Chacón et al., 2009). Notably, genetic deletion of ACSL4 and LPCAT3—key enzymes responsible for esterifying AA into



**Figure 2 Redox-active iron participates in the lipid peroxidation process**

In addition to being stored in the form of ferritin, intracellular free iron can also catalyze the oxidation reaction of polyunsaturated fatty acid-containing phospholipids (PL-PUFAs) via the Fenton reaction and lipoygenase activation, thereby producing a large number of lipid peroxides and further participating in the execution of ferroptosis. (Created with BioRender.com)



**Figure 3 AA participates in the deacylation/reacylation cycle of membrane phospholipids**

cPLA2 $\alpha$  cleaves glycerophospholipid molecules at the sn-2 position to produce AA. Free AA can be converted to AA-CoA through ACSL4 and immediately re-acylated into membrane phospholipids through LPCAT3. Conversely, bioactive eicosanoids such as leukotrienes (LTs) and prostaglandins (PGs) are synthesized through the lipoygenase (LOX) and cyclooxygenase (COX) pathways, which participate in the inflammatory response. (Created with BioRender.com). ACSL4: acyl-CoA synthetase long-chain family member 4. LPCAT3: lysophosphatidylcholine acyltransferase 3. AA-CoA: arachidonoyl-CoA.

membrane phospholipids—can effectively prevent ferroptosis, highlighting the importance of PL-PUFAs in the occurrence of this form of cell death (Dixon et al., 2015; Doll et al., 2017; Kagan et al., 2017; Yuan et al., 2016). This also indicates that free PUFAs do not directly promote ferroptosis but must be esterified into membrane phospholipids to participate in this lethal process. Unlike saturated and monounsaturated fatty acids, PUFAs contain bis-allylic hydrogen atoms that are highly sensitive to oxidation by free radicals or enzymatic activity (Gardner, 1989; Gaschler & Stockwell, 2017). Upon cellular stimulation, PL-PUFA molecules can adopt non-bilayer arrangements (Van Den Brink-Van Der Laan et al., 2004), exposing these bis-allylic hydrogen atoms and facilitating oxidation by free radicals or enzymes.

As a non-heme iron-containing dioxygenase, LOX catalyzes the oxidation of PL-PUFAs to produce biologically active lipid peroxides, which ultimately participate in the execution of ferroptosis (Yang & Stockwell, 2016). It has been proposed that LOX isoforms should be uniformly named based on their encoding genes, such as 12/15-lipoxygenase (12/15-LOX) orthologs from different species standardized under the name arachidonate 15-lipoxygenase (ALOX15) (Singh & Rao, 2019). In human ischemic stroke patients, immunofluorescence analysis of autopsy brain tissues has revealed a significant up-regulation of 12/15-LOX expression in ischemic regions (Jung et al., 2015). Additionally, *in vitro* and *in vivo* studies have indicated that both the expression and activity of ALOX15 are significantly elevated, accompanied by increased lipid peroxide formation in neurons subjected to oxygen-glucose deprivation (OGD) and in animal models of ischemic brain injury (Cui et al., 2010; Han et al., 2015; Jung et al., 2015; Van Leyen et al., 2006). Inhibiting ALOX15 has been shown to reduce lipid peroxide levels, improve neurological symptoms, and reduce infarct volume in ischemic stroke animal models (Tuo et al., 2017; Van Leyen et al., 2006; Yigitkanli et al., 2013). Knockout of *ALOX15* shows similar protective effects, while ALOX15 inhibitors exert no further synergistic effects in *ALOX15* knockout models (Van Leyen et al., 2006). In summary, ALOX15-mediated lipid peroxidation may be a key link in triggering ischemic brain injury.

The phospholipase A2 (PLA2) superfamily currently includes six major families of isoenzymes: secretory PLA2 (sPLA2), cytosolic PLA2 (cPLA2), Ca<sup>2+</sup>-independent PLA2 (iPLA2), lipoprotein-associated PLA2 (Lp-PLA2), lysosomal PLA2 (LPLA2), and adipose tissue-specific PLA2 (AdPLA2) (Khan & Ilies, 2023). cPLA2 $\alpha$ , a Ca<sup>2+</sup>-sensitive member of the PLA2 family of enzymes, regulates membrane phospholipid metabolism by controlling the generation of free AA (Dennis, 1994). In animal models of ischemic stroke, both cPLA2 $\alpha$  expression and activity are significantly increased in ischemic brain tissue, and inhibition of cPLA2 $\alpha$  can significantly reduce infarct volume after cerebral ischemia (Adibhatla & Hatcher, 2003; Phillis & O'Regan, 2003; Ugidos et al., 2017; Zhang et al., 2012). iPLA2 $\beta$  (encoded by *PLA2G6*) can cleave the acyl tails from the glycerol backbone of lipids and release oxidized fatty acids from phospholipids (Sun et al., 2021). Even in GPx4-deficient cells, iPLA2 $\beta$ -mediated detoxification of lipid peroxides is sufficient to inhibit p53-driven ferroptosis under ROS-induced stress (Chen et al., 2021a). This suggests that iPLA2 $\beta$  acts as a major ferroptosis suppressor in a GPx4-independent manner. Research has shown that selenoprotein I (SELENOI) can prevent ferroptosis by maintaining ether lipid homeostasis (Huang et al., 2024). SELENOI deficiency can

also lead to a significant decrease in ether-linked phosphatidylethanolamine (ePE) and a significant increase in ether-linked phosphatidylcholine (ePC). Imbalance between ePE and ePC leads to the up-regulation of *PLA2G2A* (Encoding sPLA2), *PLA2G5* (Encoding sPLA2), and *ALOX15*, resulting in excessive lipid peroxidation. Knockout of *PLA2G2A*, *PLA2G5*, or *ALOX15* can reverse the ferroptosis phenotype, indicating that they are downstream effectors of SELENOI (Huang et al., 2024). In mouse ischemic stroke models, *PLA2G2E* (encoding sPLA2) expression in the infarct penumbra area is significantly increased, while *PLA2G2E* knockout significantly aggravates cerebral ischemia/reperfusion injury (Nakamura et al., 2023). At the same time, as observed via immunohistochemical staining, *PLA2G2E* is expressed in surviving neurons around the infarct area of ischemic stroke patients but not in neurons of normal brain areas (Nakamura et al., 2023). This suggests that *PLA2G2E* may be the basis of brain self-repair after ischemic stroke. Research has shown that Lp-PLA2 can control intracellular phospholipid metabolism and help combat ferroptosis. Darapladib, an inhibitor of Lp-PLA2, can synergistically induce ferroptosis in the presence of a GPx4 inhibitor (Oh et al., 2023). Clinical studies have also shown that higher levels of Lp-PLA2 during the acute period of ischemic stroke are associated with an increased short-term risk of recurrent vascular events in stroke patients (Lin et al., 2015), as well as a markedly increased risk of death within one year (Han et al., 2017).

Thrombin is a Na<sup>+</sup>-activated serine protease that typically exists as its inactive form of prothrombin in tissues (Krishnaswamy, 2013). Prothrombin in plasma can enter the brain and be converted into thrombin due to blood-brain barrier (BBB) disruption (Ye et al., 2021). Thrombin facilitates the activation of cPLA2 $\alpha$  by promoting intracellular free Ca<sup>2+</sup> or inducing cPLA2 $\alpha$  phosphorylation, thereby enhancing the release of AA (Gluck et al., 2008; Kramer et al., 1993, 1996; Sergeeva et al., 2002). In animal models, thrombin levels are significantly elevated in ischemic brain regions where vascular disruption is severe, compared to non-ischemic areas without vascular disruption. Immunohistochemical analysis has shown that approximately 65% of neurons in ischemic areas co-express thrombin, indicating its association with neuronal damage. Furthermore, intra-arterial infusion of thrombin during ischemia has been shown to exacerbate brain injury (Chen et al., 2012). One hour after the onset of cerebral ischemia in rats, thrombin expression is significantly up-regulated in the affected brain tissue (Tuo et al., 2022a). Notably, intracerebroventricular administration of hirudin, a specific thrombin inhibitor, before global cerebral ischemia significantly increases neuronal survival in the hippocampal CA1 region of gerbils (Striggow et al., 2000). Additionally, both thrombin inhibitors and silencing of the thrombin receptor PAR-1 have been shown to protect neuronal activity after OGD, improve neurological symptoms, and reduce infarct volume in ischemic stroke models (Chen et al., 2012; Denorme et al., 2016; Lyden et al., 2014; Mao et al., 2010; Rajput et al., 2014; Tuo et al., 2022a). Collectively, this evidence highlights the critical role of thrombin in mediating neuronal damage following cerebral ischemia.

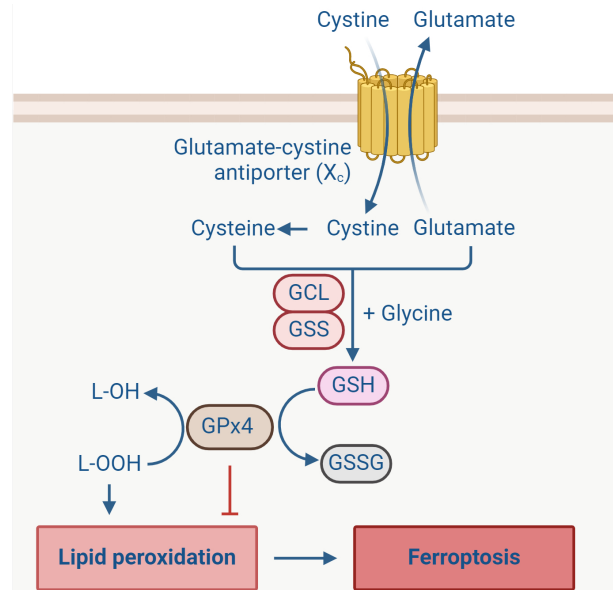
Proteomic and lipid metabolomic analyses have revealed a substantial increase in thrombin levels in ischemic brain tissue during the early stages of ischemic stroke in model mice. This elevation triggers cPLA2 $\alpha$  activation, leading to an increase in

the generation of free AA, which then participates in neuronal ferroptosis through ACSL4-mediated membrane phospholipid remodeling (Tuo et al., 2022a; Xu et al., 2024). These studies offer insights into the molecular mechanism by which thrombin drives neuronal injury after ischemic stroke and suggest that the thrombin-ACSL4 axis may be a key therapeutic target to ameliorate ferroptotic neuronal injury during ischemic stroke. Dabigatran and argatroban, two thrombin inhibitors, have advanced to phase III (NCT03961334) and phase IV (NCT03740958) clinical trials, respectively. Their clinical application is based on the inhibition of thrombin activity, preventing the conversion of fibrinogen to fibrin via thrombin-mediated proteolytic cleavage. This effectively disrupts the coagulation cascade, reducing blood clot formation during ischemia. However, in animal models of middle cerebral artery occlusion (MCAO), where mechanical blockage induces ischemia without directly engaging the coagulation system (Tuo et al., 2021b), dabigatran still provides neuroprotection against ischemia/reperfusion injuries, suggesting that inhibition of thrombin-mediated ferroptosis may also be therapeutically beneficial.

#### Loss of lipid peroxide repair capacity mediated by GPx4

The catalytic oxidation of PL-PUFAs by free iron or iron-containing LOX is highly toxic and typically kept under strict control to prevent cellular damage. GPx4, a crucial selenoenzyme, plays a pivotal role in mitigating this toxicity by reducing lipid hydroperoxides (L-OOH) to lipid alcohols (L-OH) in lipid bilayers (Bayir et al., 2020; Yan et al., 2021). As a necessary selenoprotein for normal mammalian development, deletion of GPx4 is embryonically lethal (Friedmann Angeli et al., 2014; Seiler et al., 2008). Selenium, as well as selenium-containing compounds, can inhibit ferroptosis by up-regulating GPx4 activity or expression (Alim et al., 2019; Ingold et al., 2018; Tuo et al., 2021a). In addition, glutathione (GSH), also known as  $\gamma$ -L-glutamyl-L-cysteinylglycine, serves as a substrate for GPx4 in its lipid peroxide reduction reaction, thereby regulating GPx4 activity (Jiang et al., 2021). As an essential intracellular antioxidant, reduced GSH plays a vital role in lipid peroxide repair (Stockwell et al., 2017; Wu et al., 2018). GSH is synthesized through a two-step, ATP-dependent process involving the glutamate-cysteine ligase (GCL) and glutathione synthetase (GSS) enzymes, utilizing glutamate, cysteine, and glycine as precursors (Figure 4). During the reduction of L-OOH to L-OH, GPx4 converts reduced GSH into its oxidized form (GSSG) (Bayir et al., 2020; Yang & Stockwell, 2016). The availability of cysteine, a key component for GSH synthesis, directly limits the rate of GSH production. Consequently, cysteine deprivation can impair GSH synthesis, leading to a further decrease in GPx4 activity and lipid peroxide accumulation, ultimately resulting in ferroptosis (Fujii et al., 2020; Sun et al., 2018; Yu & Long, 2016). The intracellular level of cysteine is largely dependent on the import of extracellular cysteine, the oxidized form of cysteine, via the Xc<sup>-</sup> glutamate-cysteine antiporter system, composed of the light chain subunit SLC7A11 and heavy chain subunit SLC3A2 (Jiang et al., 2021).

In ischemic brain tissue, the expression levels of SLC7A11 and GPx4 are significantly diminished compared to those observed in sham-operated rats, indicating a disruption in antioxidant defense mechanisms (Lan et al., 2020). The selenocysteine-containing Tat-linked SelP peptide (Tat SelPep) can reduce infarct volume following acute ischemic



**Figure 4 GPx4 counteracts lipid peroxidation**

Extracellular cystine is transferred into the cell through the action of the cell membrane glutamate-cysteine antiporter system Xc<sup>-</sup>, then converted to cysteine. Synthesis of reduced glutathione (GSH) from glutamate, cysteine, and glycine is catalyzed by GCL and GSS. GPx4 converts reduced GSH into oxidized glutathione (GSSG), while reducing lipid hydroperoxides (L-OOH) to lipid alcohols (L-OH), preventing the accumulation of lipid peroxides and inhibiting ferroptosis. (Created with BioRender.com). GCL: glutamate-cysteine ligase. GSS: glutathione synthetase. GPx4: glutathione peroxidase 4.

stroke by up-regulating GPx4 expression through the activation of transcription factors TFAP2c and Sp1 (Alim et al., 2019). Similarly, in mouse models of ischemic stroke, GPx4 expression is markedly decreased in affected brain tissue, while selenium-containing compounds such as methylselenocysteine or selenocystamine offer neuroprotection by enhancing GPx4 expression or activity, thereby minimizing neuronal damage (Tuo et al., 2021a). GSH levels are also significantly reduced in ischemic brain tissue, with L-2-oxothiazolidine-4-carboxylic acid (OTC), a precursor of cysteine, found to reduce neuronal damage by restoring depleted GSH levels after cerebral ischemia (Liu et al., 2020). In summary, the loss of lipid peroxide repair capacity mediated by GPx4 is a key factor triggering neuronal ferroptosis after ischemic stroke.

#### ALTERATIONS IN FERROPTOSIS IN ISCHEMIC STROKE ANIMAL MODELS

Animal models are valuable tools for exploring the molecular mechanisms, behavioral functions, and therapeutic strategies to diseases. Cerebral ischemia occurs when the brain experiences a reduced or interrupted blood supply, leading to a state of cerebral ischemia and hypoxia (Walter, 2022). This condition can manifest as either acute or chronic cerebral ischemia. Acute cerebral ischemia, which is the focus of this discussion, can be divided into focal and global cerebral ischemia. Focal ischemia is characterized by the occlusion of the internal carotid arterial branch (usually the middle cerebral artery) that supplies blood to the brain, resulting in localized blood flow interruption to the brain region supplied by the affected artery. In contrast, global cerebral ischemia involves

the obstruction of blood flow to the entire brain, typically caused by the occlusion of multiple major blood vessels, leading to a complete cessation of cerebral circulation (Traystman, 2003). These distinct ischemic models present unique alterations in key ferroptosis regulators (Figure 5), which vary depending on the type and severity of ischemia. The complexity of ischemic stroke etiology arises from multiple influencing factors, including the size of the affected ischemic area, duration of ischemic events, degree of blood flow decline, and level of oxygen and glucose deficiency. Each of these variables can significantly impact the activation of ferroptotic pathways. While existing animal models of ischemic stroke offer valuable insights, they come with inherent limitations (Table 1), and none can fully replicate the clinical progression and complexity of human ischemic stroke. Consequently, it is essential for researchers to select the most appropriate animal models based on their specific experimental purposes.

### Focal cerebral ischemia

Acute focal cerebral ischemia models can be constructed using various techniques, with the most common being intraluminal monofilament occlusion and homologous blood clot embolization.

**Intraluminal monofilament MCAO:** This widely used animal model involves the insertion of a silicon-coated monofilament into the common carotid artery (CCA) and advancing it through the internal carotid artery (ICA) to block the middle cerebral artery (MCA) at the Circle of Willis (Engel et al., 2011). The duration of cerebral ischemia can be precisely controlled by adjusting the residence time of the monofilament in the ICA, usually between 30–120 minutes. Reperfusion is achieved by removing the monofilament, while leaving it in place for 24 hours without reperfusion represents permanent cerebral ischemia.

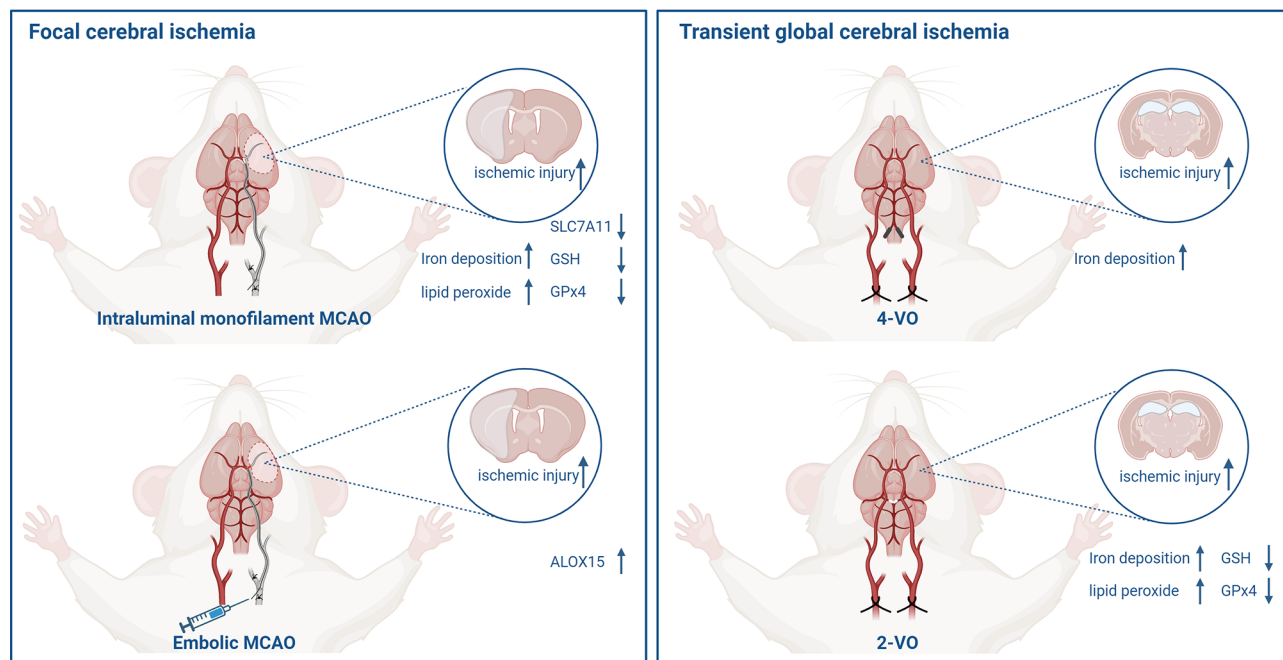
Studies have shown that cerebral ischemia/reperfusion

leads to iron deposition and lipid peroxide accumulation in the brain, while iron chelators and ferroptosis-specific inhibitors (ferrostatin-1 or liproxstatin-1) can significantly improve neurological deficits and reduce infarct volume in intraluminal monofilament MCAO model mice (Tuo et al., 2017, 2022b). However, ferroptosis-specific inhibitors cannot effectively reverse ischemic brain injury in mice with permanent MCAO (Tuo et al., 2022b), indicating that reperfusion may be necessary for initiating ferroptosis in neurons.

In intraluminal monofilament MCAO mice and rats, SLC7A11 and GPx4 levels in ischemic brain tissue significantly decrease after reperfusion compared with the non-ischemic side (Lan et al., 2020; Tuo et al., 2021a). Furthermore, up-regulating GPx4 expression or activity has been shown to significantly reduce infarct volume (Alim et al., 2019; Tuo et al., 2021a). In addition, as a reactive substrate of GPx4, depletion of GSH in ischemic brain tissue can be mitigated by OTC, a cysteine precursor, reducing neuronal damage (Liu et al., 2020).

The intraluminal monofilament MCAO model is ideal for studying the molecular mechanisms of ferroptosis in ischemic stroke. Its advantages include high reproducibility, precise control of ischemia/reperfusion time, and focal brain injury similar to that seen in human ischemic stroke, without requiring craniotomy (Menziés et al., 1992). However, it does not fully replicate the thrombotic processes in human strokes and is unsuitable for studying anticoagulant mechanisms or thrombolysis effects on brain tissue.

**Embolic MCAO:** Thrombolytic therapy using recombinant tissue-type plasminogen activator (r-tPA) remains the primary treatment for acute ischemic stroke. However, its effectiveness is constrained by a narrow therapeutic window and an increased risk of hemorrhagic transformation (Hacke et al., 2008). Therefore, the development of more accurate stroke models is essential for studying new thrombolytic



**Figure 5 Alterations in key factors of ferroptosis in different ischemic stroke animal models**

Focal cerebral ischemia models constructed by intraluminal monofilament or homologous blood clots (left). Transient global cerebral ischemia models constructed by 4-VO and 2-VO, respectively (right). (Created with BioRender.com). MCAO: middle cerebral artery occlusion. 4-VO: four-vessel occlusion. 2-VO: two-vessel occlusion. GSH: glutathione. GPx4: glutathione peroxidase 4. ALOX15: arachidonate 15-lipoxygenase.

**Table 1 Characteristics of ischemic stroke models**

Model	Advantages	Limitations	Animals
Focal ischemic stroke			
Intraluminal filament MCAO	Easy manipulation; controllable reperfusion; ischemic penumbra	Not suitable for thrombolysis	Rats, mice
Embolic MCAO	Investigate thrombolytic processes	Poor reproducibility; spontaneous recirculation	Rats, rabbits
Global ischemic stroke			
4-VO	Not strain-dependent; high reproducibility	Two-stage surgical procedure; permanent occlusion of vertebral arteries; high mortality	Rats
2-VO	One-stage surgical procedure; controllable recirculation; lower mortality	Strain-dependent	Gerbils

MCAO: Middle cerebral artery occlusion. 4-VO: Four-vessel occlusion. 2-VO: Two-vessel occlusion.

agents and exploring advanced treatment strategies for ischemic stroke. Although the intraluminal monofilament MCAO model is widely used to investigate neuronal injury mechanisms, it cannot fully replicate clinical conditions and is unsuitable for thrombolytic studies (Jin et al., 2014). The embolic MCAO model, which employs homologous blood clots, better simulates the pathophysiology of human ischemic stroke, making it suitable for preclinical studies of thrombolysis.

The embolic MCAO model involves advancing a PE-50 catheter from the external carotid artery (ECA) into the ICA until it reaches the origin of the MCA, where a homologous blood clot is delivered (Jin et al., 2014). This model has been used to assess neuroprotective agents, such as the ALOX15-specific inhibitor ML351, shown to significantly reduce the risk of hemorrhagic transformation while preserving the thrombolytic efficacy of r-tPA and improving neurological deficits in embolic MCAO rats (Cheng et al., 2021). The seleno-organic antioxidant ebselen has also been shown to mimic GPx activity (Kil et al., 2017; Yamaguchi et al., 1998). Notably, studies have demonstrated that the combination of ebselen and r-tPA provides synergistic neuroprotection in embolic MCAO model rabbits (Lapchak & Zivin, 2003).

In brief, embolic MCAO is an ideal model for evaluating the neuroprotective effects of ferroptosis-targeting interventions in ischemic stroke. It closely mimics the human ischemic stroke process and allows for the study of therapeutic interventions combined with thrombolytic agents, providing a more realistic basis for preclinical drug efficacy evaluations. However, one limitation of this model is its inability to precisely control the duration of ischemia, resulting in variability in the extent of injury, which can complicate comparisons of neuroprotective drug efficacy.

**Additional focal cerebral ischemia models:** Apart from the aforementioned focal cerebral ischemia models, two other commonly employed models for studying ischemic stroke include the distal MCAO (dMCAO) model and the photothrombotic stroke model. The dMCAO model, first described by Robinson et al. (1975) in their study on the effects of experimental cerebral infarction on catecholamines and behavior in rats, can induce either permanent or transient MCAO. Permanent MCAO is typically achieved through electrocauterization of the artery, while transient MCAO is achieved through the application of ligatures or microclips, which can later be removed for reperfusion (Buchan et al., 1992). This model allows for accurate observation of successful occlusion and provides flexibility in inducing either transient or permanent ischemia. A recent study applied the dMCAO mouse model, established by electrocoagulation, to explore the potential neuroprotective effects of rosmarinic acid (RosA) encapsulated in nanoliposomes (RosA-LIP) on

ischemic stroke, which inhibited ferroptosis by improving mitochondrial abnormalities, increasing GPx4 levels, and reducing ACSL4/LPCAT3/LOX-dependent lipid peroxidation (Jia et al., 2024). However, the invasive nature of this model, which requires direct brain tissue manipulation and exposure, makes it less reflective of human disease, as it can induce intracranial inflammation, alter intracranial pressure, and compromise BBB function (Sokolowski et al., 2023).

The photothrombotic stroke model involves transcranial illumination of the brain following systemic administration of the photosensitive dye Rose Bengal, which results in localized coagulation of the irradiated brain tissue (Watson et al., 1985). This model offers several advantages, including precisely targeting predefined ischemic areas with stereotactic accuracy, making it ideal for focusing on specific cortical regions. Studies using this model have shown significant increases in free iron levels in the ischemic core and penumbra compared to the non-ischemic side, with ischemic injury being markedly reduced by the intraperitoneal administration of a lipid-soluble iron chelator, 2,2'-bipyridyl, within an hour of stroke onset (Millerot-Serruot et al., 2008). However, photothrombotic injury differs from human ischemic stroke as it typically involves more blood vessels in the illuminated regions, in contrast to human ischemia, in which blood flow is typically interrupted in a single terminal artery. Moreover, photocoagulation also leads to severe vascular damage and early vasogenic edema, features that are not typically observed in human ischemic stroke (Labat-Gest & Tomasi, 2013). These studies suggest that both the dMCAO and photothrombotic stroke models can be used to study the mechanisms of neurological damage caused by ferroptosis in ischemic stroke. However, due to inherent limitations in their construction, these models deviate from the underlying pathophysiology of clinical ischemic stroke, which may affect the translatability of findings to human disease.

#### Transient global cerebral ischemia

The transient global cerebral ischemia model is frequently used to study the occurrence of cerebral ischemic injury during cardiac arrest and resuscitation. The two primary methods for constructing this model are four-vessel occlusion (4-VO) and two-vessel occlusion (2-VO) (Tuo et al., 2021b). The 4-VO model is constructed by permanently blocking bilateral vertebral arteries through electrocoagulation, followed by transient occlusion of the bilateral common carotid arteries (BCCA) with arterial clips (Kim et al., 2023). Research has demonstrated that 5 minutes of 4-VO can induce substantial neuronal death in the hippocampal CA1 region (Wang et al., 2003), accompanied by iron deposition (Kondo et al., 1995). However, the complexity of this approach—requiring exposure and permanent occlusion of the bilateral vertebral arteries via



electrocoagulation—demands a highly skilled experimental operator, limiting its broader promotion and application in research settings.

The 2-VO model, also known as bilateral common carotid artery occlusion (BCCAO), is a more feasible alternative. It is primarily used in Mongolian gerbils, which lack a complete cerebral Circle of Willis, making them particularly susceptible to global cerebral ischemia when their BCCA is occluded (Martínez et al., 2012). However, this method requires careful control, as occlusion duration must not exceed 20 minutes to avoid high mortality rates in the experimental animals (Lee et al., 2019). Research using the 2-VO method has revealed significant changes in key indicators of ferroptosis, including enhanced iron deposition, reduced GSH levels, down-regulated GPx4 expression, and increased lipid peroxide accumulation in the ischemic hippocampal region, while drug interventions have been shown to up-regulate GPx4 or reduce lipid peroxides (Guan et al., 2019; Gupta & Sharma, 2006). However, this model is limited by its reliance on Mongolian gerbils, which lack a complete Circle of Willis, making them difficult to source in large quantities for experimental use.

## TARGETING FERROPTOSIS IN ISCHEMIC STROKE TREATMENT

The neuroprotective potential of ferroptosis-specific inhibitors in experimental ischemic stroke models has been widely studied (Fang et al., 2021; Li et al., 2021, 2024; Liang et al., 2022; Liu et al., 2023; Tuo et al., 2017; Yang et al., 2021), leading to a renewed focus on iron as an therapeutic target. Notably, the phase II clinical trial “Thrombolysis and Deferoxamine in Middle Cerebral Artery Occlusion (TANDEM-1)” (ClinicalTrials.gov Identifier: NCT00777140) was conducted to evaluate the safety, tolerability, and therapeutic efficacy of the iron chelator deferoxamine mesylate (DFO) in ischemic stroke patients. In 2021, the study reported no significant difference in adverse effects between the placebo and DFO-treated groups, suggesting that DFO is safe for clinical use. Additionally, a higher proportion of DFO-treated patients showed improved outcomes based on the National Institutes of Health Stroke Scale (NIHSS) evaluation at day 90

of treatment (Millán et al., 2021). Despite these promising findings, direct chelation of iron can interfere with normal function of the body, potentially triggering undesirable side effects. An alternative strategy involves the regulation of iron homeostasis, which may offer a safer therapeutic option. Animal studies have demonstrated that proteins involved in iron regulation, such as ceruloplasmin or APP, can alleviate brain injury in ischemic stroke model mice, providing protection comparable to iron chelation without the associated risks (Tuo et al., 2017).

ALOX15 plays a critical role in catalyzing the oxidation of PL-PUFAs, generating biologically active lipid peroxides that participate in the execution of ferroptosis. Conversely, GPx4 acts as a key protective enzyme, effectively mitigating the toxic effects of PL-PUFA oxidation and inhibiting ferroptosis (Ingold et al., 2018). Consequently, targeting ALOX15 to block the production of toxic substances that induce ferroptosis or enhancing GPx4 expression or activity to accelerate lipid peroxide metabolism represent promising therapeutic strategies for the development of ferroptosis-targeting drugs (Table 2). Currently, the intraluminal monofilament MCAO model is most often employed in ischemic stroke research involving ferroptosis-targeting drugs, with no reported application of the embolic MCAO model. Notably, in the 2-VO method, carvacrol—a natural monoterpene phenol—has been shown to protect hippocampal neurons from ischemia/reperfusion injury in gerbils by up-regulating GPx4 expression (Guan et al., 2019). However, further studies are needed to determine whether these strategies can be advanced to clinical trials.

## DISCUSSION

The development of effective treatments for ischemic stroke remains a major challenge in both clinical and research settings. Despite considerable efforts from basic and clinical researchers to develop novel therapeutic agents, few drugs, apart from r-tPA, have demonstrated clear efficacy in clinical practice. However, recent advancements in understanding the mechanisms of cell death forms have provided new insights into neuronal death after ischemic stroke, especially through

**Table 2 Summary of ferroptosis-stimulating agents with therapeutic potential in ischemic stroke animal models**

Compound	Mechanism of action	Pharmacological activity	Ischemic stroke animal model	Reference
Liproxstatin-1	Inhibiting lipid peroxidation	Reduced infarct volume and improved behavioral outcomes	Intraluminal filament MCAO (mice)	Li et al., 2021; Tuo et al., 2017
Ferrostatin-1	Inhibiting lipid peroxidation	Reduced infarct volume and improved behavioral outcomes	Intraluminal filament MCAO (mice, rats)	Fang et al., 2021; Li et al., 2024; Liang et al., 2022; Liu et al., 2023; Tuo et al., 2017; Yang et al., 2021
Ceruloplasmin	Regulating iron homeostasis	Inhibiting loss of neurons in ischemic brain areas, reducing infarct volume, and improving behavioral outcomes	Intraluminal filament MCAO (mice)	Tuo et al., 2017
ML351	Inhibiting ALOX15	Reduced infarct volume and improved behavioral outcomes	Intraluminal filament MCAO (mice)	Liu et al., 2017; Tuo et al., 2017
OTC	Increasing GSH levels	Reduced infarct volume and improved behavioral outcomes	Intraluminal filament MCAO (mice)	Liu et al., 2020
Tat SelPep	Driving GPx4 expression	Reduced infarct volume	Intraluminal filament MCAO (mice)	Alim et al., 2019
Selenocystamine/ Methylselenocysteine	Increasing GPx4 expression and activity	Reduced infarct volume and improved behavioral outcomes	Intraluminal filament MCAO (mice)	Tuo et al., 2021a
Carvacrol	Increasing GPx4 expression	Reduced neuronal death in hippocampus CA1 region and ameliorated cognitive impairment	2-VO model (gerbils)	Guan et al., 2019

ALOX15: Arachidonate 15-lipoxygenase. OTC: L-2-oxothiazolidine-4-carboxylic acid. Tat SelPep: Tat-linked SelP Peptide. GSH: Glutathione. GPx4: Glutathione peroxidase 4.

the concept of ferroptosis. This emerging cell death pathway offers a promising new direction to combat ischemic stroke. The brain, with its rich phospholipid content and substantial energy and oxygen demands, is especially vulnerable to disruptions in phospholipid metabolism during ischemia and hypoxia. These conditions can lead to the accumulation of lipid peroxides, which drives ferroptotic cell death. The brain also contains extremely complex signaling pathways, requiring the involvement of multiple pathways to effectively respond to abnormal stimuli. However, the majority of studies have not yet investigated the interactions between different cell death pathways.

There are inherent connections between various cell death signaling pathways, which become particularly relevant in the context of ischemic stroke. Recent studies have found that receptor-interacting serine/threonine-protein kinase 1 (RIPK1) plays a crucial role in mediating both cell apoptosis and necroptosis following ischemic events (Naito et al., 2020). RIPK1 mediates apoptosis when sufficient ATP is available but shifts toward mediating necroptosis under ATP deficient conditions (Degterev et al., 2019). Ferroptosis has also emerged as an autophagy-dependent form of cell death, where knockout or knockdown of autophagy-related genes *Atg5* and *Atg7* can limit erastin-induced ferroptosis by reducing intracellular iron levels and lipid peroxidation (Zhou et al., 2020). Recent findings also suggest that neuronal cells first undergo ferroptosis and necroptosis, followed by further apoptosis after cerebral ischemia/reperfusion (Du et al., 2024). Interestingly, ferroptosis-specific inhibitors can prevent the occurrence of necroptosis, while necroptosis-specific inhibitors also inhibit the expression of proteins involved in the activation of ferroptosis. Iron appears to act as a key mediator between these pathways, as iron chelators can inhibit both ferroptosis and necroptosis in neuronal cells during cerebral ischemia/reperfusion. Excessive iron disrupts redox homeostasis, leading to necroptosis activation and increased sensitivity to ferroptosis. Furthermore, cerebral ischemia can significantly reduce Fpn expression in ischemic brain tissue (Ding et al., 2011). Fpn knockout mice exhibit hallmark characteristics of ferroptosis in the hippocampus, including mitochondrial shrinkage in hippocampal neurons, accumulation of lipid peroxides, reduced expression of GPx4, and increased mRNA levels of ferroptosis-related genes *PTGS2* and *IREB2* (Bao et al., 2021). Overexpression of Fpn not only effectively reduces the protein levels of cleaved caspase 3 and apoptosis signaling, but also significantly inhibits the expression of ferroptosis-related genes *PTGS2* and *IREB2* (Bao et al., 2020). This suggests that Fpn may be a key factor mediating the interaction between neuronal ferroptosis and apoptosis during cerebral ischemia/reperfusion. Given these complex interactions, it is essential to conduct further in-depth research on the similarities, differences, and connections between different forms of cell death, to further explore more effective and easily convertible intervention targets, and to enhance our understanding of the molecular mechanisms of neuronal injury after ischemic stroke.

The function of the mitochondrial respiratory chain is critically reliant on oxygen and glucose. During cerebral ischemia, the deprivation of these key resources in brain tissue results in mitochondrial dysfunction, which, in turn, triggers various forms of cell death, including apoptosis, necroptosis, pyroptosis, autophagy, and ferroptosis (Bock &

Tait, 2020). Mitochondrial shrinkage and increased membrane density are specific morphological features of ferroptosis (Dixon et al., 2012), highlighting mitochondria as a potential focal point for identifying key intervention targets.

Animal models serve as an indispensable bridge between basic research and clinical drug development (Fluri et al., 2015). Both focal and global cerebral ischemia models exhibit similar neuropathologies observed in ischemic stroke patients (Bacigaluppi et al., 2010), providing valuable platforms for mechanistic and therapeutic investigations of ferroptosis in ischemic stroke. However, ischemic stroke in humans is a highly heterogeneous condition with complex pathophysiological processes (Kuriakose & Xiao, 2020), and as reviewed here, no single animal model can fully replicate the clinical progression and variability of human ischemic stroke. As a result, researchers must carefully select appropriate animal models that align with the specific objectives of their studies. In addition, the majority of current research is conducted on young animals without any comorbidities, which contrasts with the typical human ischemic stroke population—elderly people often burdened with various cerebrovascular risk factors (Candelario-Jalil & Paul, 2021). Therefore, selecting the most suitable ischemic stroke model and optimizing the research design of preclinical trials may increase the translational potential of drug candidates.

In the present era, advancements in intravenous thrombolysis and thrombectomy have significantly improved the success rates of reperusing ischemic brain tissue, presenting new opportunities for neuroprotective agents to prevent reperfusion injuries. Multiple clinical trials have shown that neuroprotective agents with antioxidant properties, such as edaravone (ClinicalTrials.gov Identifier: NCT02430350) and butylphthalide (ClinicalTrials.gov Identifier: NCT03539445), combined with reperfusion therapy, can effectively ameliorate deleterious consequences post-reperfusion, including reperfusion injury and BBB disruption. Patients receiving these combined treatments have shown marked improvements in functional outcomes following acute ischemic stroke (Lochhead et al., 2024; Savitz et al., 2019; Wang et al., 2023; Xu et al., 2021). Theoretically, antioxidants have the capacity to inhibit phospholipid peroxidation and may function as potential ferroptosis inhibitors. However, whether these antioxidants exert neuroprotective effects by blocking ferroptosis needs further experimental verification. Nevertheless, the promising potential of ferroptosis inhibition as a therapeutic strategy for ischemic stroke should be further investigated clinically.

## COMPETING INTERESTS

The authors declare that they have no competing interests.

## AUTHORS' CONTRIBUTIONS

Q.Z.T. wrote the first draft of the manuscript. P.L. and Q.Z.T. contributed to the conception, design, and revision of the manuscript. All authors read and approved the final version of the manuscript.

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