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# **Abstract**

For surface electromyography (sEMG) based human–machine interaction systems, accurately recognizing the users' gesture intent is crucial. However, due to the existence of subject-specifc components in sEMG signals, subjectspecifc models may deteriorate when applied to new users. In this study, we hypothesize that in addition to subjectspecifc components, sEMG signals also contain pattern-specifc components, which is independent of individuals and solely related to gesture patterns. Based on this hypothesis, we disentangled these two components from sEMG signals with an auto-encoder and applied the pattern-specifc components to establish a general gesture recognition model in cross-subject scenarios. Furthermore, we compared the characteristics of the pattern-specifc information contained in three categories of EMG measures: signal waveform, time-domain features, and frequency-domain features. Our hypothesis was validated on an open source database. Ultimately, the combination of time- and frequencydomain features achieved the best performance in gesture classifcation tasks, with a maximum accuracy of 84.3%. For individual feature, frequency-domain features performed the best and were proved most suitable for separating the two components. Additionally, we intuitively visualized the heatmaps of pattern-specifc components based on the topological position of electrode arrays and explored their physiological interpretability by examining the correspondence between the heatmaps and muscle activation areas.

**Keywords** Surface electromyography, Gesture recognition, Feature projection, Auto-encode

# **Introduction**

With the widespread adoption of electronic devices, human–machine interaction (HMI) systems have been extensively involved in our daily lives [\[1](#page-12-0)[–3](#page-12-1)]. Gesture is one of the most natural interaction approaches for

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humans. Therefore, HMI systems  $[4]$  using gesture as the input commands have attracted signifcant attention from researchers. The human-machine interface, serving as the medium connecting humans and machines, plays an important role in HMI systems. With the in-depth exploration on gesture recognition systems, surface electromyography (sEMG) signal as a physiological interface has been widely used for the intuitive control of HMI systems [\[5](#page-12-3)], since it has a high signal-to-noise ratio and can be easily collected from the skin surface. As a result, sEMG-based gesture recognition systems, characterized by their anti-noise robustness and daily wearability, hold broad commercial prospects. Currently, sEMG-based wearable devices, such as prosthetic hand  $[6, 7]$  $[6, 7]$  $[6, 7]$  and wrist



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band [\[8](#page-12-6), [9\]](#page-12-7), have been used in clinical rehabilitation and daily activities.

To accurately control the devices according to the gesture commands, the system is required to establish a model to recognize the user's intents with high accuracy using sEMG. In practical use, most existing sEMGbased HMI systems oblige users to perform personalized calibration of the recognition model before use. However, the calibration process signifcantly reduces user's convenience and experience. Accordingly, the advanced systems are required to train a generalized model that can accommodate to all users using sEMG. However, afected by the diference of muscle contraction habits and physiological characteristics, sEMG presents diferent patterns across individuals, which could interfere with the decision-making of the motion intent recognition model [[10\]](#page-12-8). We refer to the components varying from person to person as the subject-specifc components of sEMG. The existence of this component brings significant challenges to establish such a generalized model suitable for all users. Fortunately, due to the similarity of human neurophysiological structures, the sEMG patterns of different individuals have many similar components when they perform the same gesture  $[11]$  $[11]$ . The common components are termed as pattern-specifc components associated with a specific gesture. They reflect the common muscle contraction pattern in a wide population and are independent of individual characteristics, thus providing possibility to establish a generalized gesture recognition model based on sEMG.

To improve the performance of the model for new users, we need to increase the weights of pattern-specifc components in model decision and reduce the infuence of subject-specific components. The latest studies  $[12,$  $[12,$ [13\]](#page-12-11) addressed this issue using the approach of transfer learning. The algorithm aims to construct a feature space to extract sEMG features with the smallest diference across subjects and the largest distance across gestures. Although transfer learning methods can efectively improve the performance of the cross-subject model, it requires a small amount of calibration data from the new user and additional model re-calibration step [[14,](#page-12-12) [15](#page-12-13)], which still increase the user burden in practical use.

By contrast, our latest study [\[16\]](#page-12-14) has frstly noticed that the subject-specifc and pattern-specifc components are orthogonal in sEMG. Accordingly, the two components can be disentangled from sEMG signals for with a multi-branch autoencoder (AE) and a decoder. After disentanglement, we can establish a generalized gesture recognition model using only the pattern-specifc components. When any new user employs a HMI system with this model, the model can recognize their gesture intention by simply extracting pattern-specifc components from their sEMG signals, without requiring any model re-calibration or any additional data from the new user. However, in that study [[16\]](#page-12-14), we only utilized common amplitude features in time-domain, including root mean square (RMS), wave length (WL), zero crossing (ZC), and slope sign change (SSC), lacking in-depth exploration of other sEMG measures. Besides, although this study proved the diferences of the pattern-related components between diferent gestures and the similarities between diferent subjects, it did not provide insights into the disentangled components from a neurophysiological perspective. For better application of the disentangled components in HMI systems, a deeper understanding of its characteristics is necessary.

In our study, we explored the infuence of diferent measures and their combinations besides of amplitude features. Specifcally, we further compared the hand gesture recognition task accuracy of training the disentanglement model by original signal waveform, time-frequency features and other commonly used time-domain features. The validation was carried out on the pattern recognition dataset from Hyser [\[17](#page-12-15)], an open-access dataset available at the website (https://doi.org/10.13026/ ym7v-bh53). The codes will be open sourced immediately once accepted. The novelty of the work are summarized as follows:  $(1)$  The disentanglement model is innovatively proposed inspired by a classical generative adversarial network (GAN). The GAN-based model can exact a more robust pattern-specifc component against the individual difference of sEMG signals. (2) This study preliminarily investigated the similarities and diferences between different patterns disentangled from diferent measures. The results provided physiological interpretability for the pattern-specifc components in terms of the neuromuscular activation patterns of human body, promoting its application in HMI systems based on sEMG.

## **Materials**

We validated our hypothesis with the pattern recognition subset of the open access high-density sEMG dataset Hyser [[17\]](#page-12-15), accessible at the website (https:// doi.org/10.13026/ym7v-bh53). We selected the data of 10 gestures from the subset for this study. Here, a brief introduction is provided for the subject information and data acquisition in the following subsections.

#### **Subjects**

The experiment included 20 participants, consisting of 8 women and 12 men, aged between 22 and 34 years old, all intact and right-handed. Each participant received detailed information about the procedures and provided their signed informed consent before the experiment. The experiment was supervised and approved by the

ethics committee of Fudan University (approval number: BE2035).

#### **Data acquisition**

Figure [1](#page-2-0) illustrates the electrode setup during the data acquisition. The high-density sEMG signals with 256-channels were collected using four  $8 \times 8$  electrode arrays positioned on the forearm, with two arrays each on the flexor and the extensor muscles. The configuration of each electrode array includes  $8 \times 8$  gelled electrodes spaced 10 mm apart (center-to-center). Each electrode is an ellipse with 5-mm major axis and 2.8-mm minor axis. A right leg drive electrode and a reference electrode were



placed on the head of the ulna and the olecranon respectively. The Quattrocento system (OT Bioelettronica in Torino, Italy) sampled the data at a frequency of 2048 Hz with a 150-fold amplifcation gain and a 16-bit resolution.

The experiment was conducted in a quite room. During data acquisition, subjects sat in a comfortable position in front of a computer screen, performing the required gestures following the instructions shown on it. In the whole experiment, 34 gestures were involved. For each gesture, the subject was required to perform two repeated trials, with each trial comprised of three 1-s dynamic tasks (from relaxing state to the required gesture followed with returning to relaxing state) and one 4-s maintenance task (from relaxing state to the required gesture followed with maintenance at that gesture). To avoid muscle fatigue, a 2-s inter-task resting period and a 5-s inter-trial resting period were provided. Subjects repeated the experiment on two separate days with an interval of 3 to 25 days, averaging around  $8.5 \pm 6$  days. When performing a wrong task or missing a task, they were asked to inform the experiment assistant. These tasks would be removed from the final dataset. On average,  $2.30 \pm 2.71$  dynamic tasks and  $0.85 \pm 1.05$  maintenance tasks in each experiment were removed from the fnal dataset.

## **Gesture selection**

In this study, 10 gestures (illustrated in Fig. [2\)](#page-2-1) were selected for validation, namely (1) wrist fexion, (2) wrist extension, (3) wrist radial, (4) wrist ulnar, (5) wrist pronation, (6) wrist supination, (7) hand close, (8) hand open, (9) thumb and index fngers pinch, (10) thumb and middle fngers pinch. We selected these gestures because they are most commonly used in daily life and easily **Fig. 1** Electrode setup in experiment **completed for the subjects.** 

<span id="page-2-0"></span>

<span id="page-2-1"></span>**Fig. 2** The selected 10 gestures in this study

In practical scenarios, users are more inclined to completing a gesture at a comfortable speed (usually within 1 s) instead of maintaining the gesture for a period of time. Therefore, we only used dynamic tasks for further analysis in this study.

## **Methods**

## **Signal preprocessing**

We decimated the sampling rate of raw EMG signal into 1024 Hz. Then, the raw signals were filtered with a 10–500 Hz band-pass flter. Sequentially, a series of notch flters at 50 Hz and its harmonics up to 400 Hz were applied to attenuate the power-line interference. After fltering, we segmented the sEMG signals according to the trigger recorded during the acquisition. Each segment contains 1024 data points (1024 Hz  $\times$  1 s). Considering that most of the subjects have a certain reaction time before performing the gesture, we selected the last 0.5 s of each data segment as one sample.

### **EMG measures**

The information carried in sEMG signals can be reflected from many views, such as waveform, time-domain features and frequency-domain features. To compare the similarities and diferences between the pattern-specifc components disentangled from distinct types of feature information, we selected diferent sEMG measures as the input of the network  $[18]$  $[18]$ , including raw signal, sEMG envelope, short-time Fourier transformation (STFT), root mean square (RMS), wave length (WL), zero crossing (ZC), and slope sign change (SSC). For these measures, raw signal and sEMG envelope refect the waveform characteristics of sEMG signals, STFT contains frequency-domain information in sEMG, and the last four measures represent the time-domain features of sEMG. In the following subsections, these measures are introduced in detail.

For clearer explanation, each sample is denoted as  $\{x_i^j\}$  $i<sub>i</sub><sup>j</sup> \in \mathbb{R}^d$ . Specifically, *x* denotes to the sEMG features with dimension of *d*, which can be varied across diferent sEMG measures. Since the sEMG signals used in this study have 256 channels, each sample can be referred as a  $d \times 256$  matrix.  $i \in \{1, N_s\}$  and  $j \in \{1, N_p\}$  denote the indexes of subject identity and gesture respectively, where  $N_s = 20$  and  $N_p = 10$  since we have 20 subjects and 10 gestures.

### *Raw signal*

To control the size of data for model training due to the memory size of GPU, we decimated the segmented data three times. Accordingly, the size of raw signal measure for each sample is  $171 \times 256$  ( $d = 171$ ).

#### *sEMG envelope*

For the sEMG envelope, we smoothed the signal to reduce the signifcant vibration in the raw signal. In detail, we calculated the root mean square (RMS) of each sample with a window length of 31.25 ms and a step length of 1.95 ms. Accordingly, the size of sEMG envelope measure for each sample is  $240 \times 256$  $(d = 240)$ .

## *Frequency‑domain features*

We selected short-time Fourier transformation (STFT) [[19\]](#page-12-17) as the frequency-domain feature of sEMG signal because it can preserve time-series information as well. Specifcally, the window length of STFT was set as 125 ms and the overlap was zero, generating 4 windows for each 0.5-s sample. To reduce memory occupation, we downsampled the spectrum by four times. Accordingly, the size of frequency-domain measure for each sample is 256 (4 windows  $\times$  64 elements per window)  $\times$  256  $(d=256)$ .

## *Time‑domain features*

For time-domain feature extraction, we selected four representative time-domain features of sEMG [\[20\]](#page-12-18), namely root mean square (RMS), wave length (WL), zero crossing  $(ZC)$ , and slope sign change  $(SSC)$ . The entire sample in each channel was used to calculate the value of each feature. The vectors of four time-domain features were concatenated into one matrix. Accordingly, the size of time-domain measure for each sample is  $4 \times 256 (d = 4)$ .

## **Combination of diferent EMG measures**

The frequency-domain and time-domain features of sEMG carry two types of information in two representative but distinct perspectives, both of them performing well in gesture recognition tasks. Therefore, we assumed that the combination of the two measures may provide a more complete description for the characteristics of sEMG signals to achieve a better disentanglement effect.

Therefore, we also investigated the performance of the combination of diferent EMG measures. However, considering the disentanglement model used in this study (see Fig. [3](#page-4-0), and more details can be found in the next section), there are multiple options for combining diferent features at diferent positions in the network:

## *Combining before encoder*

In this case, the STFT and all time-domain features were combined into a  $d \times 16 \times 16$  array ( $d = 260$ ), and then



<span id="page-4-0"></span>**Fig. 3** The framework of proposed model

served as the model input. In other words, they shared the same encoders and decoder during training.

## *Combining before decoder*

In this case, the STFT and all time-domain features were separately input into the encoder and then combined before the decoder. It means that they had independent encoders for disentanglement and shared a decoder for reconstruction.

## *Combining before classifer*

In this case, the STFT and all time-domain features have independent encoders and decoder from each other. Their pattern-specific components were combined after the model training and then used for gesture recognition.

### **Disentanglement network model**

To enable the disentanglement model to learn the spatial information of array electrodes, we remapped the data into  $16 \times 16$  according to the electrode topological position during acquisition. Accordingly, the sEMG measures were fed into the disentanglement model in the shape of  $d \times 16 \times 16$ .

In our original study which frstly proposed the sEMG disentanglement model, a multiple encoders and one decoder model structure was proposed to separate the subject-specifc and pattern-specifc components [\[16](#page-12-14)].

In this study, the disentanglement model is innovatively proposed inspired by a classical generative adversarial network (GAN) [\[21](#page-12-19)], combined with the original structure. The modification can further enhance the robustness of the model against the individual diference of sEMG signals. The generator is constructed based on a multi-encoder and single-decoder architecture [\[22](#page-12-20), [23](#page-12-21)], and the discriminator is composed of a series of fully connected layers. The whole architecture of the network is illustrated in Fig. [3.](#page-4-0) The two encoders,  $E_p$  and  $E_s$ , share the same architecture based on convolutional neural networks (CNN), but are trained independently. They respectively serve to disentangle the pattern-specifc and subject-specifc components from the the sEMG measures. Accordingly, the decoder takes the responsibility to reconstruct the original inputs with the two components disentangled by the encoders. For better reconstruction of the generator, the task of the discriminator *Dis* is to distinguish between real samples and reconstructed samples.

The detailed network parameters of the model are listed in Table [1.](#page-5-0) In the table, Conv, IN, LRLU, UpS, RP and DO denote Convolution, Instance Normalization, Leaky ReLU, Upsample, Refection Pad and Dropout layers, respectively. k, s and p respectively denote the kernel, stride and padding size of the Convolution Layer. In/Out denotes the input/output channel number of the

<span id="page-5-0"></span>**Table 1** The detailed parameters of the proposed network

| Module        | Layers                            | k | s             | р              | In/Out      |
|---------------|-----------------------------------|---|---------------|----------------|-------------|
| Encoder       | $Conv + IN + IRU$                 | 3 | $\mathcal{L}$ | $\overline{1}$ | d/512       |
|               | $Conv + IN + IRU$                 | Β | $\mathcal{L}$ | $\overline{1}$ | 512/256     |
|               | $Conv + IN + IRU$                 | Β | $\mathcal{L}$ | $\overline{1}$ | 256/128     |
| Decoder       | $UpS + RP + Conv + DO + LRLU$     |   | $3 \quad 1$   | $\overline{1}$ | 256/128     |
|               | $UpS + RP + Conv + DO + LRLU$     | 3 | $1\quad1$     |                | 128/64      |
|               | $UpS + RP + Conv + DO + LRLU$ 3 1 |   |               | $\overline{1}$ | 64/d        |
| Discriminator | $ $ inear $+$ $ $ R $ $ U         |   |               |                | $d*256/512$ |
|               | $ $ inear $+$ $ $ R $ $ U         |   |               |                | 512/256     |
|               | $ $ inear $+$ $ $ RI $ $          |   |               |                | 256/1       |

Convolution Layer. The slope of Leaky ReLU and the probability of Dropout are both 0.2.

#### **Model training**

The training loss is composed of the generator loss and the discriminator loss, respectively denoted by  $\mathcal{L}_G$ and  $\mathcal{L}_D$ . In the generator loss  $\mathcal{L}_G$ , four main parts are involved, namely triplet loss on subject  $\mathcal{L}_{trip\_s}$ , triplet loss on gesture pattern  $\mathcal{L}_{trip}$  p, self reconstruction loss  $\mathcal{L}_{recon}$ and cross reconstruction loss  $\mathcal{L}_{cross\;recon}$ . During training, the generator and the discriminator are updated by  $\mathcal{L}_G$ and  $\mathcal{L}_D$  in turn independently.

The triplet losses of subject identity can minimize the distance between samples from the same subject in the latent space, and maximize that between samples from the diferent subjects. It can be described as following formulas:

$$
\mathcal{L}_{trip\_s} = \mathbb{E}[\|E_s(x_{i,j}) - E_s(x_{i,l})\| - \|E_s(x_{i,j}) - E_s(x_{m,k})\| + \alpha]_+
$$
\n(1)

Accordingly, the triplet losses of gesture pattern can cluster the samples of the same gesture in the latent space as close as possible, and scatter those of diferent gestures as far away as possible. It can be described as following formulas:

$$
\mathcal{L}_{trip\_p} = \mathbb{E}[\|E_p(x_{i,j}) - E_p(x_{l,j})\| - \|E_p(x_{i,j}) - E_p(x_{m,k})\| + \alpha\}_+ \tag{2}
$$

To ensure that the disentangled components can reconstruct the original signal, we add two reconstruction loss terms to the entire training loss, namely  $\mathcal{L}_{recon}$  and  $\mathcal{L}_{\text{corss}\text{recon}}$ . The former encourages the subject-specific and pattern-specifc components extracted from the real sample to be reconstructed as close to itself as possible. The latter utilizes the subject-specific and pattern-specifc components from two diferent samples to reconstruct a real sample, enhancing the independence between the two components. They are respectively formulated as:

$$
\mathcal{L}_{recon} = \mathbb{E}[\|D(E_p(x_{i,j}), E_s(x_{i,j})) - x_{i,j}\|]
$$
\n(3)

$$
\mathcal{L}_{cross\_recon} = \mathbb{E}[\|D(E_s(x_{i,l}), E_p(x_{m,j})) - x_{i,j}\|] \tag{4}
$$

Eventually, we obtain the total loss of the generator by summing the above four terms:

$$
\mathcal{L}_G = \mathcal{L}_{recon} + \mathcal{L}_{cross\_recon} + \lambda_1 \mathcal{L}_{trip\_p} + \lambda_2 \mathcal{L}_{trip\_s}
$$
\n(5)

To balance the contribution of diferent parts in training, we multiply  $L_{trip\_p}$  and  $L_{trip\_s}$  by two balance weights, respectively termed as  $\lambda_1$  and  $\lambda_2$ . Considering that the subject-specifc and pattern-specifc components are of equal importance in this study,  $\lambda_1$  and  $\lambda_2$  are both set to 0.5.

To distinguish real samples and reconstructed samples, we use  $x_n$  and  $y_n \in 0$ , 1 to denote the sample and its label, where the sample is real if  $y_n = 1$  and is reconstructed if else.  $n \in \{1, N_s\}$  denotes the index of the sample, where N denotes the number of all samples. Therefore, the loss of the discriminator can be described as:

$$
\mathcal{L}_D = -[y_n \cdot \log(Dis(x_n)) + (1 - y_n) \cdot \log(1 - Dis(x_n))]
$$
 (6)

#### **Validation protocols**

For the validation, we used diferent sEMG measures as the model input. Considering that the proposed model is a generic model oriented to cross-subject scenarios, we trained the model on data from 15 of the 20 subjects, and tested it on data from the rest. Accordingly, a fve-fold cross-validation was conducted on the 20 subjects.

Since the fnal purpose of this study is to identify the user's gesture, we employed the recognition accuracy to evaluate the efectiveness of the extracted patternspecifc components. Additionally, to get a more concrete understanding of the pattern-specifc components extracted from diferent types of inputs, we visualized them in the form of 2-D heatmap based on the topological position of electrode arrays. In this way, we further compared the similarities and diferences of pattern-specifc components from diferent sEMG measures and different hand gestures.

#### *Gesture recognition accuracy*

For gesture recognition accuracy, we directly input the components extracted by the pattern-specifc encoder into three typical classifers, namely Support Vector Machine with linear kernel (SVM), K-Nearest Neighbor (KNN) and Random Forest (RF). The classification accuracy of 10 gestures were recorded. These three classifiers

<span id="page-6-0"></span>**Table 2** Gesture recognition accuracy of diferent sEMG measures

| Input                |             | <b>KNN</b> (%)   | <b>SVM (%)</b>  | RF (%) |
|----------------------|-------------|--|---|--------|
| Waveform             | Raw         | $52.15 + 12.37$  | $52.61 + 11.57$ $50.96 + 12.57$                       |        |
|                      |             | Envelope $67.52 \pm 13.27$ $66.94 \pm 14.15$ $66.10 \pm 14.69$ |   |        |
| Frequency-<br>Domain | <b>STFT</b> |  | $78.33 + 11.35$ $79.41 + 10.13$ $77.52 + 10.55$       |        |
| Time-Domain          | <b>SSC</b>  |  | $62.44 \pm 15.49$ $62.42 \pm 16.27$ $61.96 \pm 15.04$ |        |
|                      | <b>RMS</b>  | $7432 + 1323$  | $74.41 \pm 13.08$ $73.02 \pm 13.77$                   |        |
|                      | WI          |  | $76.36 + 15.53$ $76.23 + 14.82$ $75.01 + 15.86$       |        |
|                      | 7C          |  | $57.25 + 14.96$ $58.45 + 13.68$ $57.31 + 15.04$       |        |
|                      | AI I        |  | $81.84 + 12.06$ $82.51 + 11.82$ $81.20 + 11.99$       |        |

<span id="page-6-1"></span>**Table 3** Gesture recognition accuracy of combining frequencydomain and time-domain measures at diferent layers



are chosen for that they do not perform additional nonlinear transformations on the extracted components, thus making the recognition accuracy more dependent on the quality of pattern-specifc components, instead of the classifers.

#### *Gesture pattern visualization*

For gesture pattern visualization, we reconstructed the pattern-specific components into  $d \times 16 \times 16$ , then plotted its  $16 \times 16$  heatmap according to the average value of all feature dimensions. For reconstruction, the pattern-specifc components matrix was concatenated with an all-zero matrix shaped like the subject-specifc components, and then processed by the decoder. The output can be considered as the sEMG features with only pattern-related information, arranged in a way consistent with the topological position of electrode arrays. Therefore, we can fnd the muscle groups capturing the model attention with the highlighted areas of the heatmap. In this way, we can further explore the relationship between the model attention area and the muscle activation pattern, providing neurophysiological interpretation for the pattern-specifc components extracted by the model.

## **Correlation coefficient**

To further quantify the correlation of diferent gesture patterns after decoding, we calculated the correlation coefficients between the reconstructed heatmaps of one gesture and that of the others in pair. According to the gesture recognition accuracy (shown in Tables [2](#page-6-0) and [3](#page-6-1)), we selected three best-performing EMG measures for result presentation (Fig. [4](#page-6-2)).

## **Ablation experiment**

To evaluate the impact of GAN on the performance of the disentanglement model, we conducted an ablation experiment, training and testing the model without GAN. In the ablation experiment, the loss function of the model only have one item  $\mathcal{L}_G$ .

#### **Statistical analysis**

We conducted the Shapiro-Wilk test on the accuracies of all measures. The results showed that the accuracy values did not follow Gaussian distribution. Therefore, we employed non-parametric tests for statistical analysis. Specifcally, the Wilcoxon signed-rank test was selected



<span id="page-6-2"></span>Fig. 4 Correlation coefficient between gestures for different EMG measures. Each row/column in the figure corresponds to the number of each gesture, with the last row/column representing the mean correlation coefficient of that row/column

as the statistical method for comparisons in this study. A significant difference of  $p < 0.05$  was used in this study.

## **Results**

## **Gesture recognition accuracy**

Table [2](#page-6-0) presents the gesture recognition accuracy of the pattern-specifc components extracted from diferent measures. Three representative linear classifiers were employed for performance comparison. As illustrated in Table [2,](#page-6-0) the pattern-specifc components disentangled from raw sEMG signals showed the poorest performance in gesture recognition. In contrast, sEMG envelope has improved the classifcation accuracy by 14.95% on average. The combination of four classical time-domain features reached the highest classifcation accuracy of 82.51%, outstanding in the gesture classifcation task (with  $p < 0.05$  for almost all single time-domain or waveform measures). STFT, as a frequency-domain feature, achieved a maximum accuracy of 79.41% when using signal sEMG measure, only 3% lower than the four timedomain feature combination. This results indicated that STFT and the combination of time-domain features are two equivalent measures with none signifcant diference  $(p > 0.05)$ . Furthermore, for each time-domain features, the performance of RMS and WL was much higher than

that of SSC and ZC ( $p < 0.05$ ), exhibiting distinct variability across features.

Table [3](#page-6-1) shows the gesture recognition accuracy of combining STFT and the four time-domain measures at diferent layers of the model. On average, the patternspecifc components extracted by diferent encoders independently and combined before input into the classifers achieved the best performance. However, there was no signifcant diference between the recognition accuracies with different combination layers ( $p > 0.05$ ). In the case of concatenating time-domain and frequencydomain features as EMG measure, the recognition accuracy was between using only frequency-domain feature and only time-domain features. Additionally, the recognition accuracies for the three types of sEMG measures did not show significant difference ( $p > 0.05$ ).

#### **Gesture pattern visualization**

Fig. [5](#page-7-0) shows the reconstructed  $16 \times 16$  heatmap of the pattern-specifc components extracted from diferent sEMG measures. To compare the characteristics of the pattern-specifc components across subjects, we presented the heatmap of two representative subjects. In general, the heatmap of the pattern-specifc components presents similarities between diferent users and diferences between diferent gestures.



<span id="page-7-0"></span>**Fig. 5** The reconstructed heatmap of disentangled pattern-specifc components for 10 gestures from two representative subjects. T-D is the abbreviation for time-domain



<span id="page-8-0"></span>ن<br>نه

More specifcally, the heatmap reconstructed by diferent EMG measures presented diferent characteristics. For raw signal, the contrast between diferent areas of the heatmap across gestures is relatively low. In contrast, the heatmaps from frequency domain and time-domain features show signifcant diferences between diferent gestures. Moreover, their highlighted areas are more compactly clustered.

For the selected time-domain features, those directly refecting amplitude information, such as RMS and WL, exhibited similar patterns. By contrast, their patterns difered signifcantly from those of features that do not directly refect amplitude information, such as ZC and SSC.

## **Correlation coefficient**

Fig.  $4$  illustrates the correlation coefficient between the heatmaps of 10 gestures, reconstructed by pattern-specifc components, in pairs. A smaller correlation coeffcient value indicates that the sEMG feature pattern generated by one gesture is less similar with that by other gestures, making that gesture easier to be recognized. Overall, when concatenating STFT and time-domain features as EMG measure, the correlation coefficient values between gestures were the smallest. For using STFT only, the values were comparable. However, when using only time-domain features, the average correlation coefficient value increased distinctly from 0.25 to 0.43.

#### **Comparison between models with and without GAN**

To evaluate the impact of GAN on the proposed model, we compared the heatmaps and recognition accuracy of the pattern-specifc components disentangled by models with and without GAN. Considering that the only STFT, the combination of four time-domain features, and the combination time-domain features and STFT (combined before encoder) performed signifcantly better than other measures ( $p < 0.05$ ), we selected the three types of measures for further comparison in this ablation experiment. As shown in Fig. [6](#page-10-0), the highlighted areas in the heatmaps of pattern-specifc components extracted by the model with GAN are more concentrated than that without GAN. Additionally, with the inclusion of GAN, the pattern-specifc diferences between diferent gestures are more pronounced, which helps the classifer better recognize diferent patterns. Accordingly, Table [4](#page-8-0) shows the recognition accuracies of pattern-specifc components extracted by models with and without GAN. The recognition accuracy of the model with GAN is signifcantly higher than that without GAN for STFT and the combination time-domain features and STFT ( $p < 0.05$ ), which is consistent with the results shown in the heatmaps.

## **Discussion**

Previous research found that sEMG-based cross-subject gesture recognition models are still effective when applied to new users, although the accuracy moderately decreases [[10\]](#page-12-8). Based on this conclusion, we innovatively hypothesize that two disentangled components exist in EMG signals, namely pattern-specifc and subjectspecifc components. On one hand, the pattern-specifc components indicate that diferent users produce a large amount of similar EMG signals when performing the same gesture tasks, which explains why cross-subject models can work when applied to a new user. Previous neurophysiological studies using high-density EMG have also confrmed this conclusion, showing that a wide range of populations generate similar spatial features of EMG signals when performing the same gesture tasks [[24,](#page-12-22) [25\]](#page-12-23). On the other hand, the subject-specifc components represent the variations in EMG signals produced by diferent users due to diferences in individual neuromuscular structures, personal exertion habits, and signal acquisition environments (such as noise levels or electrode placement), even when performing the same gesture tasks. This provides the reason why the precision of cross-user models decreases when applied to new users.

Therefore, our hypothesis that EMG signals contain pattern-specifc and subject-specifc components is well established. Further exploration reveals that these two components are orthogonal to each other. The encoderdecoder-based architecture in deep learning is extremely suitable for decoupling two orthogonal components. Accordingly, the overall network architecture is naturally proposed based on these two components. The encoder that encodes the pattern-specifc components to cluster EMG signal samples generated by diferent users performing the same gesture as closely as possible, while preserving samples generated by diferent gestures as far apart as possible. Conversely, the encoder that encodes the subject-specifc components to cluster EMG signal samples generated by the same user performing diferent gestures as closely as possible, while preserving samples from diferent users performing gestures as far apart as possible. Additionally, the decoder ensures that the two disentangled components can be reconstructed back into the original EMG measures, further guaranteeing the correctness of the disentangled information. In the disentanglement model used in this study, we further integrated GAN into the entire model. The presence of the adversarial network forces the reconstructed EMG measures closer to the original EMG measures, improving the gesture recognition accuracy of the model.

In this study, we compared the efects of three diferent categories of EMG measures on the disentanglement efect. For each single measure, we found that the



<span id="page-10-0"></span>**Fig. 6** The reconstructed heatmap of disentangled pattern-specifc components for 10 gestures extracted by models with and without GAN. T-D is the abbreviation for time-domain. Note that each heatmap is the average of that from 20 subjects

frequency domain measure STFT had the best performance, followed by time-domain measures, and waveform information the worst. First, the poor performance of the original waveform may be due to the excessive details in the original waveform, making it difficult to fully reconstruct such detailed signals with the sample size of only 20 subjects. Additionally, since the sEMG is a colored Gaussian process, their waveforms exhibit a certain randomness at the macro level, further increasing the difficulty of disentanglement. Therefore, the entire model training may be underftting. Smoothing the signals by extracting the EMG envelope can signifcantly improve the disentanglement efect, yet it is still not ideal. Second, STFT yielded the highest recognition accuracy. The inspiration for establishing the disentanglement model in this work originates from style transfer learning [[26](#page-12-24)] in the feld of computer vision. In the image recognition task, the same content or object but with diferent painting styles in images still needs to be identically recognized [[27,](#page-12-25) [28\]](#page-12-26). Similarly, the pattern-specifc and subject-specifc components in EMG can be regarded respectively as "content" and "style" in EMG. In the feld of computer vision, recent studies have found that content and style components in frequency domain information are much easier to be orthogonalized [[29](#page-12-27)]. By comparing different EMG measures, we found that neurophysiological signals show similar conclusions as images. Thirdly, the overall performance of time-domain measures was slightly lower than STFT, but the performance of gesture recognition had a large gap across diferent measures. We found that RMS and WL, which directly represent sEMG amplitude feature, performed the best. These two measures are also the most commonly used and intuitive EMG feature metrics. By contrast, SSC and ZC, which cannot directly refect the feature of sEMG amplitude, did not perform well. However, when all time-domain measures were combined together as the model inputs, the performance of the disentanglement model signifcantly improved, indicating that SSC and ZC can complement the information for common amplitude measures, although they provide limited information individually.

Interestingly, concatenating time-domain and frequency-domain information did not signifcantly improve performance, except that when concatenated

them before the classifier using SVM. This might be because the sample size of STFT frequency domain features is much larger than that of time-domain features, leading to a feature extraction bias mostly depending on STFT measures. The time-domain features may have little impact on the fnal gesture recognition accuracy, supplementing limited information. In addition, combining the two measures before the encoder or decoder shares the same network for feature extraction, which further causes the features extracted from the frequency and time-domain measures to be more similar. However, when concatenating them before the classifer, the independent encoders and decoders ensure relatively sufficient extraction of both time-domain and frequencydomain information, thus contributing to a considerable improvement in the performance when using SVM as the classifer.

This study aims to use the disentanglement model to extract pattern-specifc components to improve crosssubject gesture recognition accuracy. This requires the model to ensure that the EMG feature heatmaps generated by diferent gestures are as distinct as possible, while the heatmap for each gesture is as clustered as possible. By visualizing the heatmaps generated with diferent sEMG measures, we found that STFT strikes a balance between these two aspects, achieving the highest recognition accuracy when using one single feaure. Although time-domain features diferentiate well between diferent gestures on the heatmap, the heatmaps of many gestures (e.g., gesture No. 5, 6, 7, and 8) using one time-domain feature covers a large area, which nearly occupies the entire space. This resulted in high correlation coefficients between these gestures and other gestures, making them difficult to be distinguished and thus leading to a decline in accuracy. When combining all the timedomain features, this issue was substantially relieved through observing the heatmaps shown in Fig. [5.](#page-7-0) In addition, the heatmap region of feature extraction using disentanglement model is very close to the activation area of muscle contraction when performing the same hand gestures [[24](#page-12-22), [25\]](#page-12-23). However, the heatmaps generated by diferent gestures using the original waveform are very similar, yielding the poor recognition performance. The classifers used in this study were the simplest (e.g., KNN, SVM, and RF), as the primary focus was to investigate the efectiveness of the disentanglement model in extracting features of the pattern-specifc and subject-specifc components. Under the same database and classifer conditions, the classifcation accuracy has greatly improved compared to our previous studies, which only extracted common handcrafted features or used CNN networks for feature extraction  $[10]$  $[10]$ . Therefore, exploring the use of

more complex classifers to further improve gesture recognition accuracy is beyond the scope of this study.

In our study, we explored the efectiveness of diferent sEMG measures in extracting pattern-recognition components through a disentanglement model. We have concluded that time-frequency domain features, such as STFT, outperform traditional amplitude features for gesture recognition tasks. It is noteworthy that in certain EMG applications, such as prosthetic control [[30\]](#page-12-28), proportional control is more commonly used than gesture recognition. In proportional control, regulating the amplitude of prosthetic movement is essential. Traditional amplitude features have intrinsic advantages, as they are linearly related to prosthetic amplitude, where time-frequency domain features lack this linear correlation. Therefore, when applying the disentanglement model proposed in this study to proportional control, combining diferent sEMG measures as control inputs is important. For example, pattern-specifc components of traditional amplitude features can be directly used to control the amplitude of prosthetic movement. In contrast, the frequency domain features are not simply linearly correlated with muscle contraction levels, making them difficult to be directly applied in proportional control. However, neural networks or highly nonlinear disentanglement decoders may be able to efectively extract the information embedded in the frequency domain features. For instance, Fig. [5](#page-7-0) shows that time-frequency domain features provide better physiological interpretability, with disentangled features closely associated with muscle activations. Accordingly, time-frequency domain features can potentially serve as a reference for channel selection, assisting proportional control by selecting channels with higher muscle activity and lower noise levels, thereby improving the accuracy of proportional control. Future research should further investigate how to leverage diferent sEMG measures in combination with the disentanglement model to enhance the precision of proportional control.

#### **Author contributions**

Conceptualization, J.F. and C.D.; methodology, J.F. and Y.Y.; software, J.F. and Y.Y.; validation, all authors; formal analysis, Y.Y. and J.L.; investigation, Y.Y. and J.L.; resources, B.H., J.F. and C.D.; data acquisition, J.F. and C.D.; writing-original draft preparation, Y.Y. and C.D.; writing-review and editing, all authors; visualization, all authors; supervision, B.H. and J.F.; project administration, B.H. and X.L.; funding acquisition, X.L. All authors have read and agreed to the published version of the manuscript.

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#### **Availability of data and materials**

No datasets were generated or analysed during the current study.

## **Declarations**

#### **Ethics approval and consent to participate**

The experiment was supervised and approved by the ethics committee of Fudan University (approval number: BE2035). Each participant received detailed information about the procedures and provided their signed informed consent before the experiment.

### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

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