DOI: 10.1002/ags3.12856

ORIGINAL ARTICLE

Revised: 23 July 2024

WILEY

Comparison of surgical outcomes and postoperative nutritional parameters between subtotal and proximal gastrectomy in patients with proximal early gastric cancer

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Abstract

Aim: In this study, we evaluated the difference in short-term outcomes and postoperative nutritional status between subtotal gastrectomy (sTG) and proximal gastrectomy (PG) to determine the optimal surgical treatment for early gastric cancer in the upper third of the stomach.

Methods: Patients who underwent laparoscopic or robotic sTG or PG at the Shizuoka Cancer Center in Shizuoka between January 2014 and December 2020 were enrolled in this retrospective study. Patient characteristics, surgical outcomes, endoscopic findings, and postoperative nutritional changes, including blood tests, body weight, psoas muscle, and subcutaneous and visceral adipose tissue, were measured and compared between the two groups.

Results: A total of 110 patients were enrolled, including 42 in the sTG group and 68 in the PG group. Albumin and hemoglobin levels were comparable between the two groups. Changes in body weight and psoas mass index measured over 36 months postoperatively were favorable in the sTG group compared with the PG group (p = 0.005 and p = 0.002, respectively). There were no significant differences in subcutaneous or visceral adipose tissue between the two groups (p = 0.331 and 0.845, respectively).

Conclusion: sTG is the preferred function-preserving gastrectomy procedure for early gastric cancer in the upper third of the stomach because it is associated with less postoperative body weight loss and psoas mass index loss.

KEYWORDS

gastric cancer, laparoscopic surgery, proximal gastrectomy, robotic surgery, subtotal gastrectomy

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1 | INTRODUCTION

Gastric cancer is the fifth leading cause of cancer worldwide.¹ In Japan, with the increased availability of screening examinations, the proportion of early gastric cancer (EGC), including that in the upper third of the stomach, has increased in recent years.² Total gastrectomy (TG) used to be the standard treatment for EGC of the upper third of the stomach; however, function-preserving gastrectomy (FPG) has recently been introduced to maintain long-term nutritional status and quality of life following surgery without affecting oncological outcomes.^{3,4}

For FPG, subtotal gastrectomy (sTG), in which the upper part of the stomach is preserved, and proximal gastrectomy (PG), in which the upper part of the stomach is resected, are now routinely performed.⁵ For EGC, laparoscopic gastrectomy is considered the standard treatment in Japan. Accordingly, laparoscopic subtotal gastrectomy (LsTG) and laparoscopic proximal gastrectomy (LPG) are common procedures. Furthermore, with the rapid spread of robotic gastrectomy, robotic sTG (RsTG) and robotic PG (RPG) are becoming more routine; however, there is little data comparing LsTG with LPG. It has been reported that survival is improved with LPG compared with LsTG.⁶ There are few reports comparing PG and sTG with respect to short-term outcomes and postoperative nutritional status. Kano et al. found that the postoperative nutritional status of sTG and PG were comparable.⁷ Because the longterm nutritional status following these procedures may depend on the different lesions and resected stomach size in sTG and PG. the long-term complications may also vary between these procedures. There is a lack of evidence comparing short-term outcomes and postoperative nutritional status between sTG and PG, which makes it difficult to select the optimal procedure for EGC for the upper third of the stomach.

The goal of this study was to determine the difference in shortterm outcomes and postoperative nutritional status between sTG and PG to improve the selection of the optimal surgical treatment for EGC in the upper third of the stomach.

2 | PATIENTS AND METHODS

2.1 | Patients

Between January 2014 and December 2020, in the division of gastric surgery at the Shizuoka Cancer Center, patients who underwent laparoscopic or robot-assisted gastrectomy for clinical T1N0M0 gastric cancer in the upper third were enrolled. Cases involving surgical resection after endoscopic submucosal resection (ESD) were also included. Patients with esophageal invasion, concomitant surgery for multiple cancers, and intraoperative conversion to open surgery, were excluded. The clinicopathological diagnosis was based on the 8th edition of the Tumor-Node-Metastasis classification by the American Joint Committee on Cancer. The histological classification was based on the Lauren classification.⁸

2.2 | Selection of surgical procedure

FPG for EGC in the upper third includes sTG and PG. Both procedures are performed for cT1NOMO gastric cancer located in the upper third of the stomach. The selection of sTG or PG was made based on the tumor location and size. sTG was the first choice when the proximal tumor margin was >3 cm from the esophagogastric junction. If this condition was not met, PG was performed. The approach was either laparoscopic or robotic based on the surgeon's preference or availability of equipment. The da Vinci Si and Xi Surgical System (INTUITIVE Surgical Inc, Sunnyvale, LA, USA) was used for robotic surgery.

2.3 | Surgical procedure

2.3.1 | LsTG and RsTG

The definition of sTG is as previously reported.⁹ The difference from conventional distal gastrectomy is the distance from EGJ to the resected line, which is defined as sTG if it is <3 cm. LsTG was performed with a five-port inverted trapezoidal arrangement and laparoscopic coagulation shears were used as the energetic device. After lymph node dissection of the greater curvature, the duodenum was transected using a linear stapler, and the suprapyloric and suprapancreatic lymph nodes were dissected. We usually performed a D1+ lymph node dissection for sTG, although D2 lymph node dissection was performed in patients at high risk of lymph node metastasis following ESD.¹⁰ As previously reported, intraoperative endoscopic observation is routinely performed to ensure a secure oral resection margin.¹¹ The stomach was transected according to the marking clips that were placed the day before surgery and guided by intraoperative endoscopy. The proximal section of the resected specimen was submitted for frozen-section analysis to confirm the histologically as cancer-negative. In cases of resection after ESD with a negative horizontal margin, the frozen-section analysis was not done. Roux-en-Y reconstruction was performed via the antecolic route.⁹ A side-to-side jejunojejunostomy was created extracorporeally, and the gastrojejunostomy was performed intracorporeally at 30 cm to the jejunojejunostomy using a linear stapler and an overlap technique. The closure of Petersen's defect and the mesenterial defect was performed with nonabsorbable running sutures. For RsTG, the port was placed horizontally at the level of the umbilicus and the operation was performed in the same way as LsTG.

2.3.2 | LPG and RPG

LPG was performed with the same port placement as LsTG, and the gastric body was transected intracorporeally with a linear stapler. After D1+ lymph node dissection, the abdominal

esophagus was transected with a linear stapler. Intraoperative frozen-section analysis of the distal margin was submitted for all patients except those undergoing ESD with negative horizontal margins. The reconstruction methods were selected according to the size of the remnant stomach. If more than two-thirds of the remnant stomach remained, the double-flap technique was performed.^{12,13} A H-shaped seromuscular flap $(2.5 \times 3.5 \text{ cm}^2)$ was created on the anterior wall of the remnant stomach, and a hand-sewn esophagogastrostomy was performed laparoscopically. Finally, the seromuscular flap was sutured to provide an antireflux mechanism. If the remnant stomach was less than one-half or present in patients with severe hiatal hernia, the double tract was selected.¹⁴ Esophagoieiunostomy was performed with an overlap technique using a linear stapler, and the entry hole was closed by hand-sewn running sutures. Jejunogastrostomy was performed with a linear stapler at 8-10 cm anal from the esophagojejunostomy, and further jejunojejunostomy was performed at 20-30 cm anal from the jejunogastrostomy. For RPG, the operation was performed in the same way as LPG. For both procedures, a single drainage tube was placed in the suprapancreatic area.

2.4 | Evaluation of outcome

Patient background and surgical outcomes were assessed using prospectively registered medical records. Early postoperative complications occurring within 30 days after surgery were defined as grade II or above based on the Clavien–Dindo classification.¹⁵ Endoscopic observation 1 year after surgery was done to evaluate reflux esophagitis of grade B or above based on the Los Angeles classification¹⁶ and gastric stasis was defined as food residue of grade 2 or above based on the residue gastritis, bile classification.¹⁷ The case for anastomotic stenosis requiring endoscopic dilation within 1 year after surgery was recorded as anastomotic stenosis.

Indicators of nutritional status, albumin, hemoglobin levels, and body weight, were evaluated preoperatively, and at 6, 12, 24, and 36 months following surgery. Body composition based on computed tomography was acquired preoperatively, and at 12, 24, and 36 months following surgery. The SYNAPSE VINCENT Volume Analyzer (Fujifilm Medical Co., Japan) was used to analyze body composition. The psoas muscle was quantified by a Hounsfield unit threshold of -29 to 150 at the levels of the third lumbar vertebrae (L3),¹⁸ and the subcutaneous adipose tissues (SAT) and visceral adipose tissues (VAT) were quantified by Hounsfield unit thresholds of -190 to -30 and -150 to -50 at the level of the umbilicus.¹⁹ Tissue boundaries were manually modified as needed. Tissue cross-sectional area (cm²) was automatically calculated, and subsequently standardized according to stature (m²). The psoas muscle index (PMI) (cm^2/m^2) , the SAT index (SATI) (cm^2/m^2) , and the VAT index (VATI) (cm²/m²) were used to define the data. Postoperative changes in BW, PMI, SATI, and VATI were evaluated for each patient.

2.5 | Statistical analysis

To evaluate postoperative changes, the percent loss was determined. The percentage of BW loss (%BW loss) was calculated as follows:

% BW loss = (BW after surgery – preoperative BW) / preoperative BW × 100.

The %PMI loss, %SATI loss, and %VATI loss were all defined in the same way as the %BW loss. Descriptive statistics were expressed as the median with interquartile range (IQR) for continuous variables and percentages for categorical variables. Comparisons between the study groups were done using the Mann-Whitney test and Fischer's exact test for continuous variables and categorical variables. A repeated measures analysis of variance was used to compare the longitudinal changes of the serological indices as well as %BW loss, %PMI loss, %SATI loss, and %VATI loss between the sTG and PG groups. All statistical analyses were done using EZR²⁰ and *p*-values of <0.05 were considered statistically significant.

3 | RESULTS

3.1 | Patient characteristics

A total of 158 patients were included in this study. Of these, TG was performed on 44 patients, including four patients with planned sTG and two patients with planned PG, but changed to TG were excluded Abecause of a positive resection margin. Of 114 patients, excluding patients who underwent TG, a patient who had concurrent surgery for another cancer (n=1), patients switching to open surgery because of tumor progression (n=2), and patients with esophageal invasion (n=1) were also excluded. As a result, 42 patients who underwent sTG and 68 patients who underwent PG were analyzed (Figure 1).

The clinicopathological characteristics of the patients in each group are shown in Table 1. There were no significant differences in age, sex, BMI, tumor size, tumor circumference, and proportion of preoperative ESD between the two groups. There was a significantly higher percentage of patients with concurrent multiple gastric cancers in the sTG group. There were no significant differences in other background parameters, including pathological findings between the two groups. Four sTG cases were pStage II or higher, and three received postoperative adjuvant therapy.

3.2 | Surgical outcomes and postoperative complications

The surgical outcomes for each group are listed in Table 2. All patients in the PG group underwent D1+ lymph node dissection, whereas approximately 14% of the patients received D2 lymph node dissection in the sTG group. The duration of the surgery was significantly shorter and intraoperative blood loss was significantly less in the sTG group compared with that in the PG group. In the sTG group,

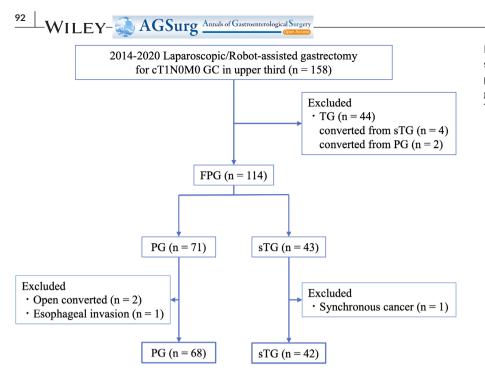


FIGURE 1 Patient flow diagram for the study. GC, gastric cancer; FPG, functionpreserving gastrectomy; PG, proximal gastrectomy; sTG, subtotal gastrectomy; TG, total gastrectomy.

all cases underwent RY reconstruction, whereas in the PG group, 23 (33.8%) and 45 (66.2%) cases underwent the double-flap technique (DFT) and double-tract reconstruction (DT), respectively. The choice of reconstruction method in the PG group was determined by the surgeon. DFT reconstruction and DT reconstruction were performed in patients with a relatively larger and smaller remnant stomach, respectively. There was no significant difference in postoperative complications between the two groups.

A comparison of endoscopic findings 1 year after operation is listed in Table 3. There were no significant differences between the groups regarding the occurrence of reflex esophagitis or gastric stasis; however, postoperative anastomotic stenosis was observed in approximately 15% of the patients in the PG group and the incidence was significantly higher compared with that in the sTG group.

3.3 | Postoperative nutritional outcomes

Figure 2 shows the postoperative albumin and Hb levels. Postoperative albumin levels were significantly higher in the PG group (Figure 2A; p=0.047), whereas there was no significant difference in hemoglobin levels between the two groups (Figure 2B; p=0.960).

Figure 3 shows the changes in %BW, %PMI, %SATI, and %VATI postoperatively over 3 years. The patients in the sTG group had a significantly lower %BW compared with that in the PG group (Figure 3A; -9.9% vs. -12.5% at 6 months, -9.9% vs. -12.2% at 12 months, -9.7% vs. -12.1% at 24 months, -8.8% vs. -12.3% at 36 months, p=0.005). Changes in %PMI in the sTG group were significantly smaller compared with that in the PG group (Figure 3B; -2.9% vs. -6.4% at 12 months, -2.3% vs. -9.6% at 24 months, 4.3% vs. -7.1% at 36 months, p=0.002). Notably, the %PMI loss at 3 years was 4.3% higher in the sTG group compared with preoperative

levels. Changes in %SATI and %VATI did not differ between the two groups (Figure 3C; p = 0.331) (Figure 3D; p = 0.845).

As a secondary analysis, we assessed changes in nutritional status in the PG group (n=68) with or without postoperative anastomotic stenosis (Figure S1). In the PG group, postoperative anastomotic stenosis was observed in 10 patients; of these, three underwent DT reconstruction. Anastomotic stenosis was observed during esophagojejunostomy and jejunogastrostomy in two and one patient. There was no significant difference in %BW loss between patients with and without anastomotic stenosis (Figure S1A: p=0.965). A decreasing trend was observed in %PMI loss in the group with anastomotic stenosis; however, this did not reach statistical significance (Figure S1B; p = 0.259). In addition, Figure S2 shows the postoperative nutritional outcomes of the PG group based on the reconstruction method. A comparison between the DFT and DT reconstructions showed no significant differences in %BW loss (Figure S2A; p=0.473), %PMI loss (Figure S2B; p=0.930), %SATI loss (Figure S2C; *p*=0.085), and %VATI loss (Figure S2D; *p*=0.406).

4 | DISCUSSION

In this retrospective study, we assessed changes in postoperative nutritional status following sTG and PG for EGC in the upper stomach. Two important findings were obtained in this study. First, sTG and PG did not differ in short-term postoperative complications; however, PG has a high risk of anastomotic stenosis 1 year after operation. Second, there is an advantage of postoperative nutritional status of %BW and %PMI in the sTG group over the PG group at 3 years postoperation.

There were limitations to the selection of surgical procedures in this retrospective study. Some cases of EGC in the upper region of the stomach, resulting from the circumferential involvement of the wall, were technically challenging for sTG. Thus, some of these cases were

TABLE 1Patient characteristics.

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|-----------|------------------------------|-------------|------|
| | sTG (n=42) | PG (n = 68) | p-va |
| | | | |

| | | / | | P |
|--------------------------|---------------|------------------|---------------------|-------|
| Age (years) | Median (IQR) | 68.5 (63.3–76.8) | 70.5 (60.8–75) | 0.798 |
| Sex | Male/Female | 33/9 | 60/8 | 0.186 |
| BMI (kg/m ²) | Median (IQR) | 22.8 (20.3-24.7) | 23.2 ± 3.0 | 0.358 |
| Clinical tumor depth | 1a | 8 (19.0%) | 13 (19.1%) | 0.954 |
| | 1b | 34 (81.0%) | 55 (80.9%) | |
| Tumor size (mm) | Median (IQR) | 28 (20-36) | 28 (19-40) | 0.938 |
| Circumference | Less | 16 (38.1%) | 28 (41.1%) | 0.893 |
| | Ant | 5 (11.9%) | 7 (10.3%) | |
| | Post | 12 (28.6%) | 22 (32.3%) | |
| | Gre | 9 (21.4%) | 10 (14.7%) | |
| | Circ | 0 (0%) | 1 (1.5%) | |
| ESD before surgery | | 18 (42.8%) | 34 (50.0%) | 0.856 |
| Multiple lesions | | 7 (16.7%) | 3 (4.4%) | 0.041 |
| Histological type | Intestinal | 16 (38.1%) | 21 (30.9%) | 0.139 |
| | Diffuse | 14 (33.3%) | 13 (19.1%) | |
| | Mixed | 11 (26.2%) | 29 (42.6%) | |
| | Indeterminate | 1 (2.4%) | 5 (7.4%) | |
| Preoperative Hb (g/dL) | Median (IQR) | 13.8 (12.5–15.0) | 13.8 (12.6–14.5) | 0.794 |
| Preoperative Alb (g/dL) | Median (IQR) | 4.2 (3.9-4.4) | 4.3 (4.0-4.5) | 0.134 |
| Preoperative PNI | Median (IQR) | 50.4 (46.7-52.6) | 51.6 (47.3-54.5) | 0.272 |
| Oral margin (mm) | Median (IQR) | 10 (8-22.5) | 17 (8.8–28.5) | 0.139 |
| Pathological T | 1a | 10 (23.8%) | 9 (13.2%) | 0.153 |
| | 1b | 26 (61.9%) | 54 (79.4%) | |
| | 2 | 4 (9.5%) | 3 (4.4%) | |
| | 3 | 1 (2.4%) | 2 (2.9%) | |
| Pathological stage (AJCC | IA | 33 (78.6%) | 58 (85.3%) | 0.291 |
| 8th) | IB | 5 (11.9%) | 8 (11.8%) | |
| | IIA | 1 (2.4%) | 2 (2.9%) | |
| | IIB | 2 (4.7%) | 0 (0%) | |
| | 111 | 1 (2.4%) | 0 (0%) | |
| | | | | |

Abbreviations: AJCC, American Joint Commission on Cancer; Alb, albumin; BMI, body mass index; ESD, endoscopic submucosal resection; Hb; hemoglobin; IQR, interquartile range; PG, proximal gastrectomy; PNI, prognostic nutritional index; sTG, subtotal gastrectomy.

included in the PG group for analysis. Therefore, the surgical indications for sTG and PG were not strictly the same. sTG has previously been shown to reduce the deterioration of postoperative quality of life and weight loss compared with TG.^{11,21} In contrast, PG showed better results compared with TG in terms of postoperative nutritional status, including the frequency of postoperative complications and weight changes.²² TG is a risk factor for loss of skeletal muscle mass, compared with the other gastrectomy procedures.²³ Skeletal muscle wasting was associated with a poorer QOL²⁴ and poor compliance during adjuvant chemotherapy and is a risk factor for survival.²⁵ Therefore, avoiding TG if possible and undergoing sTG or PG is the best option for patients with EGC in the upper third of the stomach.

It remains unclear whether sTG or PG is the superior procedure. A previous study comparing LsTG and LPG found that LPG was superior with respect to Hb levels; however, postoperative BW, serum albumin, and PNI were comparable.⁷ In the present study, esophagogastrostomy with DFT was used for reconstruction after PG, which caused differences in iron absorption kinetics because the acid secretory area is preserved in PG. The reconstruction method allows all food to pass through the remnant stomach. In a study including DT reconstruction, postoperative serum albumin, and PNI values in LsTG were superior compared with that in LPG; however, postoperative weight change was comparable between the two procedures.¹¹ In the present study, reconstruction methods included both DFT and DT. DFT was shown to be superior to DT in reducing postoperative BW loss²⁶; however, the subgroup analysis showed no difference in postoperative nutritional status by the reconstruction method in the present study. We concluded that there

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p-value

| | | sTG (n = 42) | PG (n = 68) | p-value |
|-----------------------------|------------------|-----------------------|-------------------|---------|
| Approach | Laparoscopic | 25 (59.5%) | 38 (55.9%) | 0.843 |
| | Robot-assisted | 17 (40.5%) | 30 (44.1%) | |
| LN dissection | D1+ | 36 (85.7%) | 68 (100%) | 0.002 |
| | D2 | 6 (14.3%) | 0 (0%) | |
| Reconstruction | RY | 42 (100%) | - | - |
| | DF | - | 23 (33.8%) | |
| | DT | - | 45 (66.2%) | |
| Operative time (min) | Median (IQR) | 309 (259.5- 374.3) | 345.5 (302.3-404) | 0.013 |
| Blood loss (mL) | Median (IQR) | 10.0 (5-37.5) | 28.5 (1-88) | 0.002 |
| Hospital stays (day) | Median (IQR) | 11 (10–13) | 11 (10–13) | 0.711 |
| 30 days mortality | | 0 (0%) | 0 (0%) | - |
| Postoperative complications | | | | |
| All complications | \geq CD Grade2 | 6 (14.3%) | 16 (23.5%) | 0.328 |
| Anastomotic leakage | \geq CD Grade2 | 1 (2.4%) | 3 (4.4%) | 1.000 |
| Abdominal abscess | ≧CD Grade2 | 3 (7.1%) | 5 (7.4%) | 1.000 |
| Pancreatic fistula | ≧CD Grade2 | 1 (2.4%) | 1 (1.5%) | 1.000 |
| SSI | ≧CD Grade2 | 0 (0%) | 2 (2.9%) | 0.524 |
| Postoperative bleeding | ≧CD Grade2 | 0 (0%) | 2 (2.9%) | 0.524 |

TABLE 2 Surgical outcomes.

Abbreviations: IQR, interquartile range; LN, lymph node; PG, proximal gastrectomy; SSI, surgical site infection; sTG, subtotal gastrectomy.

| | | sTG (n = 42) | PG (n = 68) | p-value |
|----------------------|--------------|--------------|-------------|---------|
| Reflux esophagitis | ≧LA Grade B | 0 (0%) | 0 (0%) | - |
| Gastric stasis | ≧RGB score 2 | 4 (9.5%) | 10 (14.7%) | 0.730 |
| Gastric ulcer | | 0 (0%) | 2 (2.9%) | 0.518 |
| Anastomotic stenosis | ≧CD Grade 2 | 0 (0%) | 10 (14.7%) | 0.006 |

TABLE 3 Endoscopically findings at 1 year after operation.

Abbreviations: CD, Clavien–Dindo classification; LA, Los Angeles classification; PG, proximal gastrectomy; RGB, food residual, gastritis, and bile reflux; sTG, subtotal gastrectomy.

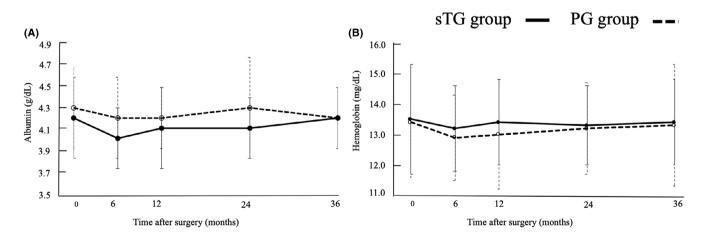


FIGURE 2 Comparison of nutritional status between subtotal gastrectomy and proximal gastrectomy: (A) albumin and (b) hemoglobin. PG, proximal gastrectomy; sTG, subtotal gastrectomy.

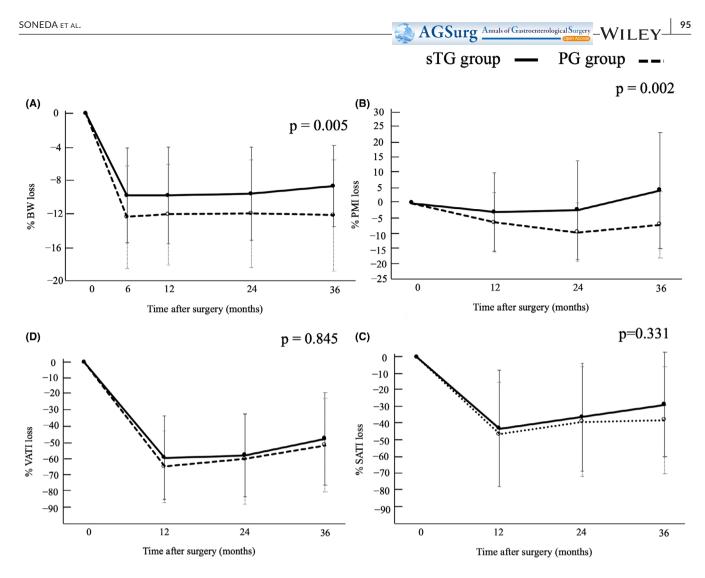


FIGURE 3 Comparison of longitudinal changes of body composition between sTG and PG subtotal gastrectomy and proximal gastrectomy: (A) body weight, (B) psoas mass index, (C) subcutaneous adipose tissue index, and (D) visceral adipose tissue index. PG, proximal gastrectomy; sTG, subtotal gastrectomy.

is no difference in postoperative nutritional index regardless of the reconstruction method used. In addition, the sTG group included four cases of advanced cancer based on postoperative pathological diagnosis. Postoperative adjuvant chemotherapy was administered to three of four patients, considered while evaluating the postoperative nutritional status. However, the average rate of weight loss (-7.9%) and the rate of change in PMI (+2.4%) at 3 years postoperation did not significantly deviate from the overall sTG group (-8.8%, +4.3%), indicating that the effect of adjuvant chemotherapy was minimal and negligible.

In addition to laparoscopic surgery, robot-assisted surgery was also included in this analysis as a method in the present study. The role of robotic surgery on postoperative nutritional status has not yet been reported. To our knowledge, this is the first study comparing the postoperative nutritional status of sTG and PG in minimally invasive surgery, including robot-assisted surgery. There appears to be no difference between laparoscopic and robotic surgical approaches in terms of short-term outcomes and postoperative nutritional status. The results of this study, which showed that sTG reduced BW and PMI loss compared with PG at 3 years postoperatively, may provide a basis for making surgical decisions for the treatment of EGC in the upper third of the stomach. The PGSAS-NEXT Study²⁷ demonstrated that proximal gastrectomy is superior to TG concerning postoperative symptoms and quality of life (QOL) in patients with proximal gastric cancer. To prevent the deterioration of symptoms and QOL postgastrectomy, avoiding TG is necessary; however, for upper gastric cancer, further studies are needed to determine how the preservation of the stomach can result in improved QOL.

The results of the present study revealed a difference in postoperative BW changes between sTG and PG, suggesting that the main reason for this difference is not because of body fat mass, but rather the suppression of skeletal muscle loss. The reason for the difference in skeletal muscle between sTG and PG was initially believed to be the shortcoming of PG in maintaining dietary intake because of the higher rate of postoperative anastomotic stenosis. However, the subgroup analysis of the PG group showed no difference in postoperative BW loss or PMI loss between patients 96 WILEY- AGSurg Annals of Gastroenterological Surgery

with and without anastomotic stenosis. This suggests that the influence of anastomotic stenosis was not substantial. Early postoperative weight loss is primarily the result of skeletal muscle mass loss,²⁸ and a strong correlation has been found between the rate of lean body weight loss and the rate of weight loss.²⁹ The body weight loss after gastrectomy was attributed to a variety of factors, including anatomical changes resulting from reconstruction, decreased food intake due to decreased gastric retention, or a combination of these factors may have contributed to the results of the present study. In addition, the postgastrectomy decrease in ghrelin, a peptide hormone responsible for pleiotropic functions including appetite stimulation, is also considered to be a major cause. Ghrelin-producing cells have been identified immunohistochemically in the fundic gland of the stomach.³⁰ A persistent decline of serum ghrelin and BW was frequently observed after TG.³¹ The biggest difference between the sTG and PG procedures is the preservation of the fundus. In sTG, ghrelin secretion was preserved postoperatively by preserving the fundus, which may have resulted in preventing decreased appetite, suppression of protein catabolism associated with growth hormone secretion, suppression of weight loss, and muscle mass loss. There are no reports describe the differences in postoperative ghrelin secretion between PG and sTG and their relationship with food intake. This relationship will potentially be examined in future studies.

A detailed evaluation of the distance between the proximal tumor margins and the esophagogastric junction must be made when selecting a surgical procedure, and preoperative negative biopsy and simulation of the dissection line are essential.

The present study has several limitations. First, this is a singlecenter, retrospective study, and the number of cases analyzed was not large. Second, this study did not evaluate the relationship between the size of the remnant stomach and postoperative nutritional indicators. Ri et al. indicated that the size of the remnant stomach is crucial for maintaining SMI in PG cases undergoing DFT reconstruction.³² Similarly, the size of the remnant stomach influences the comparison between sTG and PG. Third, the assessment of patient QOL survey to assess postoperative nutritional status was subjective. In conclusion, sTG is considered a desirable FPG for EGC in the upper third of the stomach, with less postoperative weight loss and PMI loss.

AUTHOR CONTRIBUTIONS

W. Soneda: Conceptualization (lead); writing-original draft (lead); formal analysis (lead); writing-review and editing (equal). M. Terashima: Conceptualization (lead); writing-original draft (lead); formal analysis (lead); writing-review and editing (equal). Y. Koseki, K. Furukawa, K. Fujiya, Y. Tanizawa, H. Takeuchi, and E. Bando: Provision of study materials and patients (equal); writing-review and editing (equal). All authors approved the final version of the manuscript.

ACKNOWLEDGMENTS

The authors gratefully acknowledge the cooperation of every participant in this study.

FUNDING INFORMATION

No external funding was received for this study.

CONFLICT OF INTEREST STATEMENT

Author M. T. has received personal fees from Taiho Pharmaceutical, Chugai Pharmaceutical, Ono Pharmaceutical, Bristol Myers Squib Japan, Yakult Honsha, Takeda Pharmaceutical, Eli Lilly Japan, Pfizer Japan, Daiichi Sankyo, Johnson and Johnson, Medtronic Japan, Intuitive Japan, and Olympus outside of the submitted work. Author E. B. has received personal fees from Daiichi Sankyo, Johnson and Johnson, Medtronic Japan, Intuitive Japan outside of the submitted work. Author H. T. is an editorial board member of Annals of Gastroenterological Surgery. Authors declare no conflicts of interest for this article.

ETHICS STATEMENT

Approval of the research protocol: All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional research committee and with the Declaration of Helsinki (Fortaleza, Brazil, October 2013).

Informed Consent: Informed consent or an appropriate substitute was obtained

Registry and the Registration No. of the study/trial: The ethics committees of SCC (Shizuoka, Japan) reviewed and approved this study (approval number: J2023-96).

Animal Studies: N/A.

PATIENT CONSENT STATEMENT

Informed consent was obtained from all the participants.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

How to cite this article: Soneda W, Terashima M, Koseki Y, Furukawa K, Fujiya K, Tanizawa Y, et al. Comparison of surgical outcomes and postoperative nutritional parameters between subtotal and proximal gastrectomy in patients with proximal early gastric cancer. Ann Gastroenterol Surg. 2025;9:89–97. https://doi.org/10.1002/ags3.12856