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# **Photoacoustics**



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# Enhancing signal-to-noise ratio in real-time LED-based photoacoustic imaging: A comparative study of CNN-based deep learning architectures

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#### ARTICLE INFO

# ABSTRACT

*Keywords:* LED based photoacoustic imaging Deep-learning Convolutional neural networks U-Net architectures Signal-to-noise ratio

Recent advances in Light Emitting Diode (LED) technology have enabled a more affordable high frame rate photoacoustic imaging (PA) alternative to traditional laser-based PA systems that are costly and have slow pulse repetition rate. However, a major disadvantage with LEDs is the low energy outputs that do not produce high signal-to-noise ratio (SNR) PA images. There have been recent advancements in integrating deep learning methodologies aimed to address the challenge of improving SNR in LED-PA images, yet comprehensive evaluations across varied datasets and architectures are lacking. In this study, we systematically assess the efficacy of various Encoder-Decoder-based CNN architectures for enhancing SNR in real-time LED-based PA imaging. Through experimentation with *in vitro* phantoms, *ex vivo* mouse organs, and *in vivo* tumors, we compare basic convolutional autoencoder and U-Net architectures, explore hierarchical depth variations within U-Net, and evaluate advanced variants of U-Net. Our findings reveal that while U-Net architectures generally exhibit comparable performance, the Dense U-Net model shows promise in denoising different noise distributions in the PA image. Notably, hierarchical depth variations did not significantly impact performance, emphasizing the efficacy of the standard U-Net architecture for practical applications. Moreover, the study underscores the importance of evaluating robustness to diverse noise distributions, with Dense U-Net and R2 U-Net demonstrating resilience to Gaussian, salt and pepper, Poisson, and Speckle noise types. These insights inform the selection of appropriate deep learning architectures based on application requirements and resource constraints, contributing to advancements in PA imaging technology.

# **1. Introduction**

Photoacoustic (PA) imaging, stemming from the pioneering work of Bell [\[1\],](#page-12-0) is a non-invasive and label-free technique that capitalizes on the synergy between laser and ultrasound technologies, offering high-resolution visualization of biological tissues with excellent optical contrast. PA imaging holds immense promise for clinical applications, such as in cancer theranostics  $[2-5]$ , owing to its capability to probe functional and physiological functions in the body at considerable tissue depth [\[5](#page-12-0)–8]. Conventionally, PA imaging employs nanosecond pulse laser systems irradiating tissues at specific wavelengths tailored to tissue optical properties [\[9,10\]](#page-12-0). However, the traditional reliance on these costly lasers, such as the Nd-YAG pumped optical parametric oscillator lasers, has posed challenges regarding mobility and cost-effectiveness. Recent strides have been made towards mitigating these limitations with pulsed laser diode [\[11,12\]](#page-12-0) or light emitting diode (LED)-based illumination systems [\[13,14\].](#page-12-0) Specifically, in LED-based systems,

despite their advantages in terms of cost-effectiveness and portability, LED arrays face constraints ( $\sim$ 400  $\mu$ *J*) in delivering high fluence outputs comparable to lasers (~40–100 *mJ*), necessitating compensatory strategies such as high frame averaging [\[15\]](#page-12-0). Moreover, the high number of averages needed leads to prolonged acquisition times, impeding real-time imaging crucial for understanding dynamic biological processes *in vivo*.

Recent advances in PA imaging have witnessed a convergence with deep learning methodologies. For example, numerous significant investigations, including recent reviews  $[16-19]$ , in the realm of deep learning applied to laser-based systems have addressed the challenge of under-sampled data sparsity arising from a restricted number of detectors. While various studies have showcased their findings using numerically simulated data and *in vitro* phantoms [\[20](#page-12-0)–26], only a few have ventured into testing their deep-learning models on *in vivo* preclinical or clinical data. Moreover, in instances where *in vivo* data were utilized, both the training and testing datasets were drawn from similar

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in-class samples (e.g., training and testing conducted on similar phantoms or *in vivo* vasculature datasets) [27–[32\]](#page-13-0). This methodology ultimately imposes constraints on the generalizability of the deep networks. Furthermore, it is important to highlight that while most existing studies focus on laser-based PA systems, which are known for their high signal-to-noise ratio (SNR), LED-based PA imaging systems are often underrated due to their lower SNR, despite offering the advantage of a higher image acquisition speed. In our previous work, we demonstrated that SNR in LED-PA imaging can be enhanced with Encoder-Decoder-based Convolutional Neural Network (CNN), specifically U-Net architecture. The network improved the quality of low number of frame average (LA) images by transforming them to a distribution similar to that of high number of frame average (HA) images. The performance was evaluated using no-reference image quality metrics, including SNR, Peak SNR (PSNR), and Contrast-to-Noise Ratio. We also tested the architecture with out-of-class samples (Training data captured from *in vitro* phantoms, and test data consisted of *in vivo* mouse tumor samples) in our previous study  $[33]$ . However, the spatial resolution of this vanilla U-Net's outcomes was not satisfactory, and it made the images blurry and also struggled to remove Salt & Pepper (S&P) noise.

In the U-Net-based models, the encoder part extracts feature from the input image by progressively reducing its spatial dimensions while increasing the number of feature maps. This process captures essential patterns and structures in the image, which are crucial for distinguishing noise from actual image content. The encoder captures broad contextual information from the input image, which helps in distinguishing between noise and meaningful signal (Fig. S1, Contextual feature extraction) [34–[37\].](#page-13-0) The decoder part reconstructs the denoised image from the encoded features by progressively increasing the spatial dimensions to produce a clean image that retains the important features extracted by the encoder while removing the noise  $(Fig. S1, Detail reconstruction)$ [34–[37\]](#page-13-0). The skip connections, also known as feature map concatenations (Fig. S1), help preserve spatial information lost during downsampling and make it easier for the decoder to reconstruct detailed and accurate images [\[38,39\]](#page-13-0). The decoder, especially with the help of skip connections, focuses on integrating local details back into the image. This combination of global context and local details enables effective denoising, as the model can suppress noise while preserving important structures. The Encoder-Decoder architectures learn hierarchical representations of the input data, allowing the model to understand and process the image at multiple levels of abstraction [\[40\]](#page-13-0) (Fig. S1, Multi-scale feature extraction). This capability is particularly useful for denoising, as noise can manifest at different scales and complexities. Advanced versions of the encoder-decoder-based architecture are needed to overcome the limitations of the original architecture, such as insufficient feature representation, poor gradient flow in deep networks, and lack of robustness to diverse noise types [\[41\]](#page-13-0). These limitations or gaps in application can be overcome by incorporating enhancements like deeper architectures, dense connections, and attention mechanisms etc. that are efficient and scalable for various image processing tasks [\[41,42\].](#page-13-0) These architectures can be tailored and fine-tuned for different types of imaging conditions and noise distributions and thus were adapted to work with medical images, natural scenes, and other domains by training on relevant datasets [42–[47\].](#page-13-0)

There is another class of deep learning model, known as Generative Adversarial Network (GAN) [48–[50\],](#page-13-0) which can produce highly realistic images. However, it can also inadvertently introduce artifacts resembling real structures  $[51-53]$ , such as the spurious features like additional vessel-like patterns in PA imaging. These spurious features arise because the generator overlearns certain features in an attempt to fool the discriminator, leading to structures that resemble real vessels but are not present in the original image. Moreover, GANs, including Pix2Pix, sometimes suffer from mode collapse, where the generator produces limited variations of patterns, instead of accurately capturing the diversity of the dataset [\[54](#page-13-0)–56]. This limitation often causes the generator

to replicate structures across different areas of an image, leading to artifacts that might look like duplicated anatomical features, such as vessel-like shapes appearing in regions without actual vessels. Since Pix2Pix relies heavily on the quality and diversity of paired training data, any noise or bias in the dataset can lead to incorrect generalizations. For LED-based PA imaging, where signals are often faint and susceptible to noise, the Pix2Pix GAN could misinterpret noise or faint signals, resulting in spurious outputs. Also, the discriminator in Pix2Pix is typically trained to classify between real and fake images at a global level and may not enforce pixel-perfect accuracy. This lack of fine-grained supervision can cause spurious artifacts to pass as realistic data, as long as the overall image appears plausible to the discriminator. Given these factors, careful validation is required when using Pix2Pix or GAN networks for tasks where pixel accuracy and the absence of spurious features are essential, making simpler models like U-Net and its variants more reliable for denoising tasks where spatial fidelity is crucial.

To date, no comprehensive study has compared various encoderdecoder-based deep learning architectures on a unified test platform to evaluate their effectiveness in enhancing the SNR on LED-based PA images. Here, we first compared basic convolutional autoencoder and U-Net architectures, discerning the impact of skip connections on image quality metrics. Subsequently, we investigated the influence of hierarchical depth variations within the U-Net framework on SNR enhancement. Next, we conducted a comparative analysis between the basic U-Net model and several advanced versions of U-Net. We also investigated whether introducing deeper layers or incorporating Attention, Dense, Residual, and Recurrent modules lead to any significant SNR enhancements for LED-based PA imaging. Lastly, the deep learning models trained with one type of noise distribution (obtained from LED-based PA system) were tested with datasets corrupted by different noise distribution types, namely Gaussian, Salt and pepper (S&P), Poisson and Speckle, to demonstrate noise type invariance of our networks. Overall, our study underscores the significance of impartial comparison of different encoder decoder-based deep learning architectures and emphasizes that simpler models, despite reduced denoising efficiency, are more practical to use due to their reduced computational complexity.

# **2. Methodology**

# *2.1. Imaging platform*

We captured all the imaging data using AcousticX LED-based PA system (Cyberdyne Inc, Japan). We used a linear array transducer with center frequency of 7 MHz and a  $-6$  dB bandwidth of 80 %, comprising 128 elements. The illumination source consisted of LEDs emitting at a wavelength of 850 nm, delivering 30 nanoseconds pulse width with a pulse repetition frequency (PRF) of 4 kHz. The gain settings remained consistent throughout the experiment, ranging from 60 to 67 dB depending on whether *in vitro* or *in vivo* samples were examined. For mouse biology models and metal phantoms, the dynamic range was adjusted to 19 dB and 19–25 dB, respectively. High-frame rate acquisitions occurred at 30 Hz, with data averaging over 128 image frames (referred to as LA), while low frame rate acquisitions were conducted at a rate of 0.15 Hz, resulting in images generated from 25,600 frames (referred to as HA).

#### *2.2. Deep learning coding platform*

We performed all the computational tasks in our in-house processing computer built with GeForce RTX 3060 12 GB GPU, Intel(R) Core(TM) i7–11700 @ 2.5 GHz 8-Core processor, 64 GB CPU RAM. The deep learning codes are written in Python 3.9 (Spyder 5.5.1), leveraging the Keras 2.10.0 and TensorFlow 2.10.0 libraries for model implementation, training, and testing. For calculating the time complexity of a model, we used a custom callback function that captures the training time shown <span id="page-2-0"></span>by *model.fit()* for each epoch. We considered either 10 or 30 as the epoch values (mentioned in Table 1) based on the corresponding loss values. Subsequent processing of the acquired beamformed images and implementing the analysis of image quality metrics involved custom-coded MATLAB (R2024a).

#### *2.3. Datasets*

Training data: Metal frames, wires of various shapes, and graphite rods were utilized in two distinct setups, employing low and high frame averaging for our training inputs and labels, respectively. Images captured by the LED Acoustic-X system were cropped accordingly and resized to  $256 \times 256$  pixels. A total of 3200 snapshots of the objects were gathered at different spatial positions and depths. The dynamic range spanned from 19 to 25 dB, with the gain set at 64 dB.

Test data: Our test dataset is out-of-class data and comprised a diverse array of samples, including metal phantoms assumed to be inclass data distribution, *ex vivo* biological organs, and *in vivo* tumors in mice classified as out-of-class distributed data. *Ex vivo* organ imaging entailed capturing cross-sectional frames of the heart, lung, kidney, and liver tissue from mice. In the *in vivo* experiments, nude mice were subcutaneously injected with AsPC-1 human pancreatic cancer cells suspended in a mixture of Matrigel (BD Bioscience) and phosphate-buffered saline (1:1 v/v) as previously reported in  $[33]$ . Over a period of 55–60 days post-inoculation, the tumors were allowed to grow to a size of approximately 300–400  $\text{mm}^3,$  exhibiting a heterogeneous microenvironment comprising both vascular and avascular regions.

Prior to imaging, the mice were anesthetized with 2 % isoflurane and positioned on a specially designed platform submerged in a water bath, with their heads elevated above the water level for safety. The isoflurane concentration was then reduced to 1–1.5 % during the imaging procedure to maintain anesthesia. A total of 8 mice were included in the study. The mice had subcutaneous tumors of diameter 9–15 mm. Approximately 9–10 frames were captured at intervals of 1–2 mm for each tumor. The experimental protocols adhered to the guidelines set by The Institutional Animal Care and Use Committee of Tufts University.

Noise distribution details: To ensure noise distribution type invariance of our U-Net architectures, we distorted the ground truth (high number of frame average PA images) with the following types of noise:

• *Gaussian white noise* [\[57,58\]](#page-13-0) constitutes an additive noise characterized by a probability density function (PDF) that adheres to a normal distribution with a variance which we assumed to be of 0.01–0.08 [59–[61\].](#page-13-0) Mathematically, the PDF can be represented as: ̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅̅ √

 $P(g) =$  $\frac{1}{2\pi\sigma^2}$  •  $e^{\frac{-g^2}{2\sigma^2}}$ , where *g* is the gray value, mean is 0, and σ is the variance.





- *S&P noise* [\[62,63\]](#page-13-0) is another sporadic impulse noise, and we considered its distribution with a density of either 5 % or 10 % for pixel destruction [\[64\].](#page-13-0)
- *Speckle noise* [\[65\]](#page-13-0) is a type of multiplicative noise with uniform distribution having zero mean and 0.05 or 0.1 as variance [59–[61\]](#page-13-0).
- *Poisson noise* [\[66\]](#page-13-0) distribution depends on the input data type where the PDF for this noise type is given by  $P(N) = \exp(-\langle N \rangle) \frac{\langle N \rangle^N}{N!}$ , where *N* denotes the number of photons and  $\langle N \rangle$  is the expectation of *N* [59–[61\]](#page-13-0). For practical implementation, the process depends on the input pixel values are interpreted as means of Poisson distribution with a scale-up factor of 1e12 if the datatype is double, 1e6 if the datatype is single precision, and uint8 or uint16 datatype values are directly used without scaling.

#### *2.4. Deep learning architectures*

Convolutional Auto-Encoder (Conv-AE):

We investigated a Conv-AE [\[67\]](#page-13-0) architecture comprising four downsampling (Maxpooling layer) and for corresponding up-sampling layers (Conv2D-Transpose) each incorporating two stacks of conv2D filters. The filter stacks initiate with 64 filters and increase by a factor of 2 with each subsequent layer [\(Fig.](#page-3-0)  $1(a)$ ).

### Vanilla U-Net (UN):

We explored a U-Net architecture [\[68\],](#page-13-0) consisting of an encoder-decoder structure with skip connections, for our investigation. The encoder portion comprises successive layers of Maxpooling, each equipped with two stacks of conv2D filters starting from 64, with the number doubling in subsequent layers. Conversely, the decoder section involves upscaling operations to reconstruct the input image resolution ([Fig.](#page-3-0) 1(b)). In this study, we considered 1, 2 and 4 hierarchical layers of UN.

 $U-Net++ (UN++)$ :

We opted for a U-Net++ architecture  $[69]$ , a variant of the traditional U-Net model, renowned for its enhanced feature extraction capabilities through a more intricate skip connection scheme. Similar to the standard U-Net, the UN++ architecture comprises encoder and decoder sections, but with additional skip connections at multiple depths within each side of the network. The encoder portion incorporates successive layers of Maxpooling, with each layer containing two stacks of conv2D filters starting from 64, progressively increasing in number. Conversely, the decoder section utilizes upscaling operations to reconstruct the input image resolution while leveraging the skip connections for feature fusion ([Fig.](#page-3-0) 1(c)).

Dense U-Net (Dense-UN):

In our study, we utilized a Dense UN architecture [\[28\]](#page-13-0), which integrates Dense-Net blocks [\[70\]](#page-13-0) into each hierarchical layer of the U-Net model. This novel architecture enhances feature propagation and reuse by establishing dense connections between layers within the network. Each layer in the encoder and decoder sections incorporates Dense-Net blocks, facilitating the direct flow of information from one layer to the next. Similar to the standard U-Net, the encoder section employs successive layers of Maxpooling, with each layer containing two stacks of conv2D filters starting from 64 and progressively increasing. Conversely, the decoder section utilizes upscaling operations to reconstruct the input image resolution while leveraging the dense connections for feature fusion [\(Fig.](#page-3-0)  $1(d)$ ).

Res U-Net (Res-UN) [\[71\]](#page-13-0):

We integrated Res-Net blocks [\[72\]](#page-13-0) into each hierarchical layer of the U-Net model. This architecture incorporates residual connections within the network, facilitating the propagation of gradients and alleviating the vanishing gradient problem during training. Each layer in both the encoder and decoder sections contains Res-Net blocks, enabling the direct flow of information across layers. The encoder section employs successive layers of Maxpooling, with each layer containing two stacks of conv2D filters starting from 64 and progressively increasing.

<span id="page-3-0"></span>

**Fig. 1.** Different CNN-based deep learning architectures - Convolution block: conv - BN - ReLU - conv - BN - ReLU - Dropout (if enabled); Residual block: conv - BN - ReLU - conv - BN - shortcut - BN – shortcut + BN – ReLU; Dense block: Convolution block1 - concatenate(Input, Convolution block1) - Convolution block2 concatenate(Input, Convolution block1, 2) - Convolution block3 - concatenate(Input, Convolution block1, 2, 3) - Convolution block4 - concatenate(Input, Convolution block1, 2, 3, 4); Where, Conv: Convolution; BN: Batch Normalization; ReLU*:* Activation.

Conversely, the decoder section employs upscaling operations to reconstruct the input image resolution while leveraging the residual connections for feature fusion (Fig. 1(e)).

Attention U-Net (Att-UN):

We incorporated Attention blocks [\[73,74\]](#page-13-0) before each concatenation layer in the Upconvolution pathway of the U-Net model which is known as Attention U-Net [\[75\]](#page-13-0). This architecture enables the network to dynamically focus on informative regions of the feature maps. The Attention blocks facilitate the learning of spatial dependencies between feature maps, allowing the network to selectively emphasize relevant features while suppressing irrelevant ones. We used four downsampling and their corresponding upsampling hierarchical layers for our study (Fig. 1(f)).

#### Attention Res U-Net (Att Res-UN):

Combining both the architectural constructs of Residual and Attention mechanism (Fig. 1(g)), we implemented a four-layered encoderdecoder-based U-Net model, named as Attention Res-U-Net [\[76\].](#page-13-0) Residual connections within each convolutional block of both the encoder and decoder enhance gradient flow, feature propagation, and training speed by allowing the gradient to bypass certain layers, facilitating the training of deeper models, and enabling the network to learn more complex features. Attention mechanisms, specifically attention gates, are integrated into the skip connections to dynamically focus on the most relevant parts of the input image, suppressing irrelevant features and highlighting salient ones.

#### R2 U-Net (R2-UN):

We considered Recurrent Residual (R2) blocks at each layer of the U-Net model, known as R2-UN [\[77\]](#page-13-0). This architecture (Fig. 1(h)) combines the benefits of recurrent and residual connections to enhance the model's ability to capture temporal dependencies and preserve spatial information throughout the network. The R2 blocks introduce recurrent connections within each layer, allowing the network to iteratively refine feature representations by incorporating information from previous time steps. Additionally, residual connections are employed to facilitate the flow of gradients during training, mitigating the vanishing gradient problem and enabling more efficient optimization.

Double U-Net (Double UN):

We also considered a Double U-Net architecture [\[78\]](#page-13-0), which involves connecting two U-Net models, each comprising two hierarchical U-Net networks. The Double U-Net architecture consists of two interconnected pathways, with each pathway comprising an encoder-decoder structure resembling a standard U-Net (Fig. 1(i)). The first pathway serves as the primary U-Net, responsible for extracting high-level features and generating initial predictions. Simultaneously, the second pathway, acting as the secondary U-Net, refines the predictions made by the primary pathway by incorporating additional contextual information and fine-grained details from intermediate feature maps. To optimize the network's performance, we employed the Adam solver [\[79\]](#page-13-0) with an initial learning rate set to  $1\mathrm{e}^{-4}$ , coupled with Mean Squared Error (MSE) loss function [\[80\]](#page-13-0) for all the networks.

In our application to denoise PA images and improve SNR, it is important to facilitate superior feature learning and preservation of fine image details. As both denoising and segmentation rely on accurate feature extraction, we leveraged observations from a recent demonstration of various U-Net architectures to segment Optical Coherence Tomography images [\[42\]](#page-13-0). Though the U-Net variants mentioned above have demonstrated comparable (no statistically significant differences) performance in segmenting, we believe the architectural features provided by the advanced U-Nets will outperform the UN architecture, particularly in improving SNR of images corrupted with various distributions and levels of noise. Amongst the various U-Net architectures, Dense-UN and R2-UN might outperform other U-Net variants in denoising due to their advanced architectural features that enhance feature learning and detail preservation [81–[84\].](#page-13-0) Dense-UN utilizes DenseNet blocks in both the encoder and decoder, allowing each layer to receive input from all preceding layers within the same block [\[83,84\]](#page-13-0). This continuous flow of information promotes efficient feature reuse, ensuring that fine details are preserved and preventing information degradation that can lead to blurring. The dense connections also improve gradient flow, which helps the network learn effectively, even in deeper layers, leading to more precise reconstructions [85–[87\]](#page-13-0). On the other hand, R2-UN incorporates recurrent residual connections that iteratively refine feature representations [\[88](#page-13-0)–90]. This recurrent mechanism allows the network to repeatedly enhance its output, reducing blurring and smudging. The residual connections help retain essential input information while focusing on learning the differences between the input and the target, which helps maintain sharp features. Together, these features might make Dense-UN and R2-UN more robust to noise, improving their ability to generalize across different datasets and resulting in superior denoising performance compared to other U-Net variants.

# *2.5. Image quality metrics*

To check the quality of the deep learning model-generated outcomes, we used two full reference image quality metrics which are generally believed to be critical parameters in the assessment.

PSNR: PSNR is a full reference quality metric [\[91,92\]](#page-13-0) measured in dB scale which is a ratio signal and *MSE* into account and is expressed in logarithmic terms because signals sometimes might have a dynamic wide range. *PSNR* is defined as )

*PSNR* =  $20 \cdot \log_{10} \left( \frac{MAX_I}{\sqrt{MSE}} \right)$ , where  $MAX_I$  is the maximum possible

pixel value of image *I*.

SSIM: Structural similarity index (*SSIM*) [\[93,94\]](#page-13-0) is another full reference image quality metric ranging between 0 and 1 which measures the amount of distortion in a reconstructed image compared to the ground truth. *SSIM* is defined as

 $\textit{SSIM}(A, B) = \frac{(2\mu_A\mu_B + c_1)(2\sigma_{AB} + c_2)}{(\mu_A^2 + \mu_B^2 + c_1)(\sigma_A^2 + \sigma_B^2 + c_2)}, \text{ where } \mu_A \text{ is the sample mean of }$  $A$ ,  $\sigma_A^2$  is the variance of  $A$ ,  $\sigma_{AB}$  covariance of  $A$  &  $B$ , and  $c_1$  ( $\left[k_1L\right]^2$ ) and  $c_2$ 

( $\left[\bm{k_2} \bm{L}\right]^2$ ) are determined based on  $\bm{k_1}$  and  $\bm{k_2}$  which are set as 0.01 and 0.03, respectively, and *L* is the dynamic range.

# **3. Results and Discussions**

### *3.1. Computational complexity*

[Table](#page-2-0) 1 provides insights into the complexity and computational efficiency of various neural network architectures based on their number of parameters, training time per epoch (300 as the steps per epoch), test time and total epochs. The computational time was calculated using TensorFlow Core's *fit()* function (model.fit(data\_set\_details, steps\_per\_epoch=300,epochs=10,call-

backs=model\_checkpoint)). We used data generator [\(tf.data.Dat](http://tf.data.Dataset) [aset](http://tf.data.Dataset)) to load our training data in batches. The parameter '*steps\_per\_epoch'* informed the model how many batches it should process before considering one epoch complete. Our models consider one epoch to be completed after processing 11 (3200/300) batches. Among the architectures evaluated, the Convolutional AE exhibits a moderate parameter count (27,891,584) and a shorter running time (21  $\pm$  1 seconds) compared to the UN architecture with 4 layers that exhibits a moderate number of parameters (31,025,024) and a relatively short running time per epoch  $(27 \pm 2$  seconds). In comparison, the  $UN++$  architecture, despite having a slightly higher parameter count (36,158,083), demonstrates a comparable running time (30  $\pm$  1 seconds). Conversely, the Dense-UN architecture, with a higher parameter count (38,961,027), requires a significantly longer running time per epoch (48  $\pm$  2 seconds), indicating increased computational complexity. Similarly, the Res-UN and Att-UN architectures show variations in parameter count and running time, with the former having slightly fewer parameters (33,158,351) and a shorter running time (33  $\pm$  2 seconds) compared to the latter (37,334,803 parameters, 37  $±$  1 seconds). The Att Res-UN architecture exhibits a higher parameter count (39,090,515) and a longer running time (48  $\pm$  3 seconds) than both the Res-UN and Att-UN models. In contrast, the R2-UN architecture stands out with a significantly larger parameter count (176,175,362) and substantially longer running time  $(130 \pm 3$  seconds), indicating significantly higher computational demands. The Double UN architecture, composed of two layers each, demonstrates relatively low parameter count (3760,899) and a moderate running time (25  $\pm$  1 seconds). Regarding training time performance, we found that among UN-4 layer, R2-UN, and Dense-UN, the UN-4 layer is the quickest to train, completing in 27  $\pm$  2 seconds. Dense-UN requires 48  $\pm$  2 seconds, while R2-UN takes the longest training time at  $130 \pm 3$  seconds. We have also included the test times (per image) for all networks in [Table](#page-2-0) 1. The test times were calculated using TensorFlow Core's *predict*\_*generator*() function (model.predict\_generator(test dataset, number of data, verbose=1)). The results show that there is negligible difference in running time (test) among these networks. From these results, we can infer that the deep learning networks are capable of real-time denoising.

# *3.2. Importance of skip connection and layer depth in encode-decoder architectures*

We conducted a comparison between Conv-AE and U-Net, both comprising 4 hierarchical layers, focusing on the significance of skip connections, as illustrated in [Fig.](#page-5-0) 2. Our evaluation involved testing both deep learning architectures using *in vitro* phantoms, *ex vivo* mouse organs, and *in vivo* subcutaneous mouse tumors, as depicted in the respective columns in the left part of [Fig.](#page-5-0) 2. First three rows and the last row of the [Fig.](#page-5-0) displayed outcomes for LA [\(Fig.](#page-5-0) 2(a-c)), HA (Fig. 2(d-f)), Conv-AE ([Fig.](#page-5-0) 2(g-i)), and UN with 4 layers ([Fig.](#page-5-0) 2(p-r)), respectively. Specifically, the first column showcased a sample of a graphite rod embedded in a gelatin block representing *in vitro* phantoms, the second column displayed a cross-section of a mouse liver representing *ex vivo* organs, and the third column depicted a sample cross-section of *in vivo* subcutaneous mouse tumors. Our next focus was on examining the importance of hierarchical depth concerning downsampling in the UN

<span id="page-5-0"></span>

**Fig. 2.** (a-r) Comparative analysis of Conv-AE and U-Net architectures with emphasis on skip connections and depth, evaluated across *in vitro* phantoms (First column), ex vivo mouse organs (2nd column), and in vivo subcutaneous mouse tumors (last column). (s-u) Ultrasound images of in vitro, ex vivo and in vivo objects. (vx) The corresponding co-registered US+PA images include HA PA images in the foreground with US image in the background shown in gray scale. Additionally, box plots illustrate (y) PSNR and (z) SSIM comparisons across architectures and test scenarios (1st column – *In vitro samples*, 2nd column – *Ex vivo tissue*, and last column – *In vivo tumor tissue*). (\*: p *<* 0.05).

architecture. We analyzed UN models with a depth of 1 layer, 2 layers, and 4 layers, displaying their respective results in Fig. 2(j-l), (m-o), and (p-r). We utilized the same three test datasets to evaluate the network depths. We presented the respective ultrasound (US) images in Fig. 2(su) and the co-registered US and PA images to demonstrate alignment of US morphology with the PA functional information. Fig.  $2(y)$  and  $(z)$ depict box plots illustrating the PSNR and SSIM comparisons, respectively, among Conv-AE, and three UNs with varying hierarchical layers across three test scenarios: *in vitro*, *ex vivo*, and *in vivo*.

The architecture of UN closely resembles that of the Convolutional Autoencoder, with the key distinction of including the skip residual connections from encoder to decoder pathways at each layer. Therefore, when assessing the denoising capabilities of both networks across various test image distributions, the superior performance of UN in terms of PSNR and SSIM (Fig. 2) underscores the importance of these skip connections. Skip connections enable the direct flow of information from the encoder to the decoder layers. This might have helped in preserving fine-grained spatial details that might otherwise get lost during the downsampling process. The skip connections also facilitated feature reuse, enabling the model to leverage both low-level and high-level features for better performance. These shortcut residual connections also helped alleviate the probable vanishing gradient problem in the Conv-AE network by providing additional paths for gradients to flow backward through the network [\[95,96\]](#page-14-0). The residual connections also helped the network handle variations in the input data more effectively and allowed the network to access both abstract features and detailed features simultaneously. Our findings (Fig. 2 last three rows on the left side) regarding the importance of hierarchical depth in the UN architecture with 1, 2, and 4 layers indicate that increasing the hierarchical depth of the UN did not yield significant improvements in performance. Despite the additional layers, the higher-depth UN variants did not exhibit a considerable enhancement in image quality metrics, as illustrated by the PSNR and SSIM comparisons depicted in Fig.  $2(y)$  and (z). Noise in images is typically a local phenomenon. Hence, effective denoising was achieved by capturing and reconstructing local features, which did not necessarily require very deep networks. Note that the standard UN consistently performed well across all the test scenarios. However, considering that the inference time for all network depths was not significantly different (in the order of  $\sim 0.05 \pm 0.01$ *s* for all of them), the standard UN emerges as a practical and effective solution. Additionally, we also trained the UNs with different depth layers using smaller number of datasets (200, 500, and 1000) whose quantitative outcomes are shown in supplementary Fig. S2 and table ST1. We found no statistically significant difference among the networks' performance with respect to the two image quality metrics. One of the plausible reasons for such high performances of the networks even with smaller number of datasets might be the advantage of over-parameterized architectures where the training and test loss both reduce for the second time after the initial increment of test error, traditionally known as bias-variance trade-off [97–[102\].](#page-14-0) These results underscore the importance of carefully evaluating the hierarchical depth of neural network architectures to ensure optimal performance and efficiency in real-world applications. While depth can enhance the performance of U-Nets for tasks requiring complex feature hierarchies and high-level abstractions, it does not significantly impact the effectiveness of denoising tasks because denoising relies on capturing and reconstructing local, low-level features, which might sometimes be achieved with shallower architectures.

# *3.3. Evaluation of different deep learning architectures*

In this segment, we examined all the U-Net variations on *in vitro* phantoms. Fig. 3 illustrates the performance evaluation of these

architectures in the first and third rows, while the zoomed-in view of the spatial reconstruction, highlighted by the green box, is presented in the second and fourth rows. As an example, we showcase the outcomes for a cross-section of the gelatin-embedded graphite rod phantom. In the zoomed-in section of Fig. 3(b), the white arrow highlights that the signal is preserved by the UN, Dense-UN, Res-UN, and R2-UN models while others were not able to do so. However, it is also evident that there is a degree of smudging or blurring around the yellow-dashed elliptical area in the results produced by all these networks, except for the Dense-UN and R2-UN models which reduce this degradation effect.

In the case of *ex vivo* mouse organs, [Fig.](#page-7-0) 4(a-k) in the left half illustrates the comparative performance of all U-Net variants in the first and third rows. The second and fourth rows feature a zoomed-in view of the spatial reconstruction within the green boxed region for clearer observation. We opted to display a cross-section of a mouse liver for illustration purposes. On the right side, [Fig.](#page-7-0) 4(l-u) presents identical scenario as Fig. 3 and [Fig.](#page-7-0) 4(a-k), with the distinction that the test data pertains to a cross-section of an *in vivo* mouse subcutaneous tumor. For each type of test dataset, box plots were created to evaluate the performance of various U-Net variants focusing on the two metrics: PSNR and SSIM. These box plots, presented in [Fig.](#page-8-0) 5(a) and (b) respectively, provide a visual representation of the distribution of PSNR and SSIM values for each model across different datasets. For the *ex vivo* organ, Res-UN was noted to over-saturate the outcome ([Fig.](#page-7-0) 4g) as it amplified specific features and intensities. Conversely, for other outputs (Fig. 3g, and [Fig.](#page-7-0) 4r), the network managed to balance the feature intensities appropriately, preventing the oversaturation.



**Fig. 3.** Showcasing SNR improvement for various U-Net variations on *in vitro* gelatin-embedded graphite rod phantom. First and third rows depict denoised images of the phantom by corresponding architectures; Second and fourth rows offer a zoomed-in view of spatial reconstruction, enclosed by the green box.

<span id="page-7-0"></span>

Normalized PA amplitude (a.u.)

**Fig. 4.** (a-k) Depicting SNR improvement for various U-Net variations on *ex vivo* gelatin-embedded mouse liver. First and third rows depict denoised images of the phantom by corresponding architectures; Second and fourth rows offer a zoomed-in view of spatial reconstruction, enclosed by the green box. (l-u) Snapshot of SNR improvement for various U-Net variations on *in vivo* mouse subcutaneous tumor. First and third rows depict denoised images of the phantom by corresponding architectures; Second and fourth rows offer a zoomed-in view of spatial reconstruction, enclosed by the green box.

The results [\(Fig.](#page-8-0) 5, Fig. S3 and Table ST2) revealed that Dense-UN exhibited superior performance (better preservation of spatial structure and resolution) among all network variants, closely followed by R2- UN and UN-4 layers. Table ST2 represents the quantitative performance of different deep learning architectures summarizing the mean and standard deviation of PSNR and SSIM values for all types of test datasets. Similar data is also represented as percentage improvement of the image quality metrics of the U-Net variants' outcomes relative to LA images in Fig. S3. The differences in the metric values between various U-Net architectures are not statistically significant for both percentage change and absolute quantitative values of PSNR and SSIM. Notably, the improvement in SSIM was more pronounced compared to the improvement in PSNR, with the scale of SSIM enhancement being more substantial. Interestingly, the increase in network complexity did not result in significant performance improvements, suggesting diminishing returns with higher complexity. Moreover, the introduction of an Attention module in UN-4 layers did not lead to substantial performance gains but inevitably increased network complexity. Adding more skip connections or Attention mechanisms to a U-Net does not automatically guarantee better denoising performance. Issues such as overloading the decoder with redundant information, diluting high-level contextual features, and potential reinforcement of noise due to the addition of extra skip connections can all contribute to the lack of improvement [\[103,104\].](#page-14-0) On the other hand, noise confounding attention and task specificity of the Attention process might inherently limit its denoising capability [\[105\]](#page-14-0). More skip connections might also cause the model to prioritize low-level features (such as textures and edges) over high-level contextual features, which are crucial for effective denoising [\[106\].](#page-14-0) This can result in suboptimal denoising where the model focuses too much on reconstructing fine details and textures that might include noise, rather than leveraging broader context to remove noise. While attention mechanisms are powerful for tasks like segmentation or classification, they might not be inherently well-suited for denoising tasks.

Notably, R2-UN demonstrated slightly better results than UN, and Dense-UN performed better denoising than R2-UN, re-highlighting the significance of skip connections in improving denoising performance. The incorporation of R2 blocks enabled the network to leverage both short-term and long-term temporal dependencies in the input data,

enhancing its ability to model complex relationships and patterns. By integrating R2 blocks into the UN architecture, our objective was to exploit their synergistic effects to improve feature learning and representation, thereby enhancing the model's performance in tasks such as image denoising and reconstruction. By capturing contextual dependencies, R2-UN achieved better performance in denoising, where understanding the context around each pixel was important. Residual connections also promoted feature reuse, making it easier for the network to learn and utilize complex patterns without requiring an excessively deep architecture. Overall, the combination of residual and recurrent layers enhances the network's robustness to noise and variations in the input data, improving its generalization capabilities across different datasets. For the Dense-UN architecture, each layer in the encoder and decoder sections incorporates Dense-Net blocks, facilitating the direct flow of information from one layer to the immediate next. This enabled efficient feature reuse and enhanced gradient flow throughout the network by ensuring that each layer receives the feature maps from all preceding layers within the same dense block. By concatenating feature maps from all previous layers, Dense-UN ensures that information flowed effectively throughout the network and this continuous flow of information helped the network maintain a comprehensive understanding of the input data. Each layer in Dense-UN had direct access to the gradients and features from all preceding layers, allowing it to learn a diverse set of features. The dense connections also had a regularizing effect, which helped prevent overfitting. This enhanced the network's ability to generalize well to new, unseen data. Hence, Dense-UN resulted in somewhat best outcomes (if not statistically significant) with enhanced feature reuse, improved gradient flow, parameter efficiency, and strong generalization.

Additionally, we observed for a few scenarios [\(Fig.](#page-8-0) 5, *in vitro* and *ex vivo*) that the standard deviation of Dense-UN is higher compared to many other networks. The higher standard deviation in PSNR values for Dense UN, despite its higher mean, could be attributed to the network's sensitivity to certain image features or noise characteristics that cause greater variability in reconstruction quality across different samples [\[36,](#page-13-0) [107\]](#page-13-0). PSNR, which measures the ratio between the maximum possible power of a signal and the power of corrupting noise, is highly sensitive to even small differences in pixel intensity, especially in areas with high

<span id="page-8-0"></span>

Fig. 5. Statistical evaluation of SNR improvement and structural preservation for reconstructed images by various U-Net variations on in vitro, ex vivo, and in vivo test dataset. Comparing image quality metrics (a-c) PSNR (e-g) SSIM for different network's performance. All the comparisons are done with respect to the 4-layered UN's performance. (\*: p *<* 0.05). Non-significant statistics are not represented in the graphs. Tabulated values are shown in Table ST2.

contrast or sharp edges. Dense-UN's complex architecture, which involves dense connections and deeper layers, may lead to better overall denoising performance (hence the higher mean PSNR) but also introduces variability in how it handles noise distribution characteristics or image structures, leading to a higher standard deviation. In contrast, SSIM measures structural similarity by focusing on changes in structural information, luminance, and contrast, making it more robust to small pixel-level variations that might significantly impact PSNR. Dense-UN's ability to effectively preserve and reconstruct the overall structure of images likely results in both higher mean SSIM values and lower or similar standard deviations. The network's architecture is likely more consistent in maintaining structural integrity across different images, leading to less variability in SSIM compared to PSNR.

Another aspect to be noted on the Dense-UN and R2-UN architectures is their ability to avoid blurring of the PA images. In the case of Dense-UN architecture, due to the dense connection's feature reuse property, low-level features can be directly passed through the network, enhancing fine detail preservation, and learning of diverse features without unnecessary redundancy  $[85-87]$  $[85-87]$ . By continuously passing fine-grained details throughout the network, Dense-UN reduces the risk of information degradation that could lead to blurring. The dense connections help ensure that the decoder has access to detailed, high-resolution features that are crucial for reconstructing sharp images. Also, the improvement of gradient flow during training mitigated vanishing gradients ensuring the deeper layers in the network to learn effectively. The better training dynamics contributed to a more precise reconstruction of image details, thus reducing smudging in the Dense-UN images. In the case of R2-UN architecture, the incorporation of recurrent residual connections refined feature representations iteratively, improving the network's ability to correctly capture fine details [88–[90\]](#page-13-0). The recurrent mechanism allows the network to reconsider and enhance its output multiple times, reducing the likelihood of blurring and smudging. The residual connections in R2-UN helped in retaining the original input's information while focusing on learning the residuals (differences) between the input and the target. By focusing on the residuals, R2-UN maintained sharp features and preventing the loss of details that can lead to smudging or blurring.

# *3.4. Noise invariancy test for top performing deep learning networks*

We assessed the robustness of the top-performing network to various types of noise distributions, including Gaussian, S&P, among others. Our

comparative analysis included the UN, Dense-UN, and R2-UN deep learning frameworks. As depicted in the first column of Fig. 6, the top row presents an image corrupted with Gaussian white noise (variance = 0.01), while the second row displays an image corrupted with S&P noise (5 %-pixel destruction). The B-scan PA images shown in Fig. 6 are specifically from a subcutaneous mouse tumor. Subsequent columns illustrate respective outcomes generated by the UN, Dense-UN, and R2-UN architectures. The last row of Fig. 6 presents comprehensive PSNR and SSIM comparison for images reconstructed by the networks when subjected to Gaussian (Fig. 6i and k) and S&P (Fig. 6j and l) noise corruption. The results revealed that while the UN efficiently removed Gaussian white noise, it struggled to address S&P noise types effectively. In contrast, Dense-UN and R2-UN exhibited robustness in denoising both types of noise. Dense-UN tends to overfit less, which improves its generalization to unseen noise patterns. The integration of more residual and recurrent connections within the convolution blocks of R2-UN might have enhanced the model's resilience and versatility in handling multiple noise distributions. Its ability to integrate contextual information across iterations helped in understanding the structure of noise and signal. Overall, dense connections in Dense-UN ensure rich feature reuse and multi-scale information capture, while R2 layers in R2- UN enable iterative refinement and better gradient flow. These characteristics collectively contributed to their strong denoising capabilities and invariance to different types of noise.

Tables 2 and 3 summarize the performance of our networks on four different types of noise distributions with varying noise parameters based on the two image quality metrics. Specifically, removal of

#### **Table 2**

PSNR metric values for UN-4 layer, Dense-UN and R2-UN networks concerning different noise distribution types with certain parameters – Gaussian, S&P, Speckle and Poisson.

<b>Noise</b> type	Noise Details	UN-4 layer	Dense-UN	$R2$ -UN
Gaussian	$\sigma^2 = 0.01$	$29.59 \pm 2.203$	$32.12 \pm 0.991$	$31.43 \pm 1.171$
	$\sigma^2=0.02$	29.37±0.875	$31.94 + 1.179$	$31.08 + 1.108$
	$\sigma^2 = 0.04$	$28.54 \pm 1.737$	$30.95 \pm 1.695$	$30.59 \pm 1.402$
	$\sigma^2=0.08$	$27.41 + 2.199$	$30.48 + 2.333$	$29.41 + 2.095$
S&P	Pixel	$29.53 + 2.091$	$32.08 \pm 1.59$	$30.73 \pm 1.753$
	destruction			
	$= 5\%$			
	Pixel	$27.54 + 1.71$	$31.79 \pm 1.116$	$30.45 + 1.335$
	destruction			
	$= 10 %$			
Speckle	$\sigma^2=0.05$	$31.45 + 1.349$	$32.38 \pm 0.894$	$31.26 + 1.892$
	$\sigma^2=0.1$	$30.47 \pm 1.91$	$32.07 \pm 1.829$	$30.61 \pm 1.489$
Poisson	$P(N) = \exp(-\frac{1}{2}$	$30.97 \pm 1.081$	$32.34 \pm 1.461$	$31.35 + 1.346$
	$\langle N \rangle \frac{\langle N \rangle^N}{}$			

Gaussian, S&P, Speckle and Poisson noise is reported. In agreement with the images in Fig. 6, the results in the Tables 2, 3, and Fig. S4 clearly demonstrated that the three DL networks—UN-4 layer, Dense-UN, and R2-UN—exhibited robustness across most noise distributions. However, all three networks showed a notable exception in their performance with S&P noise. Specifically, the UN-4 layer network struggled significantly when exposed to S&P noise (mean SSIM value is significantly less for



Fig. 6. Evaluation of noise invariancy for top-performing deep learning networks: (a) and (e): showcase images corrupted with Gaussian white noise (variance = 0.01) and S&P noise, derived from a subcutaneous mouse tumor cross-section. The outcomes produced by (b) and (f): UN, (c) and (g): Dense-UN, and (d) and (h): R2- UN architectures demonstrate their robustness to various noise distributions. Last row: PSNR comparison for the networks' reconstructed images whose input was corrupted by (i) Gaussian and (j) S&P noise. SSIM for networks' outcomes whose input was adulterated by (k) Gaussian and (l) S&P noise. (#: p *<* 0.001, ns: Not Significant).

#### **Table 3**

SSIM metric values for UN-4 layer, Dense-UN and R2-UN networks concerning different noise distribution types with certain parameters – Gaussian, S&P, Speckle and Poisson.

<b>Noise</b> type	Noise Details	UN-4 layer	Dense-UN	$R2$ -UN
Gaussian	$\sigma^2 = 0.01$	$0.76 \pm 0.035$	$0.83 \pm 0.019$	$0.80 + 0.015$
	$\sigma^2 = 0.02$	$0.75 + 0.036$	$0.82 + 0.034$	$0.78 + 0.039$
	$\sigma^2 = 0.04$	$0.72 + 0.026$	$0.80 + 0.028$	$0.76 + 0.035$
	$\sigma^2 = 0.08$	$0.69 + 0.028$	$0.79 \pm 0.029$	$0.74 + 0.033$
S&P	Pixel destruction	$0.60 + 0.020$	$0.81 + 0.018$	$0.80 + 0.021$
	$= 5\%$			
	Pixel destruction	$0.51 + 0.039$	$0.80 + 0.03$	$0.77 + 0.037$
	$= 10\%$			
Speckle	$\sigma^2 = 0.05$	$0.77 + 0.033$	$0.84 + 0.03$	$0.80 + 0.031$
	$\sigma^2=0.1$	$0.74 \pm 0.033$	$0.83 + 0.027$	$0.78 \pm 0.036$
Poisson	$P(N) = \exp(-\frac{1}{2}$	$0.76 + 0.015$	$0.83 + 0.023$	$0.78 + 0.035$
	$\langle N \rangle \frac{\langle N \rangle^N}{}$			

UN-4 layer in Table 3 and Fig. S4), involving 5 %- and 10 %-pixel corruption, where a considerable portion of the image pixels were randomly altered. This led to a marked degradation in the network's ability to recover the original image, highlighting its vulnerability to this type of noise. In contrast, the Dense-UN and R2-UN networks displayed robust performance across all tested noise distributions, including the challenging S&P noise scenarios.

We further evaluated our best performing networks (UN-4 layer, Dense-UN, and R2-UN) ability to denoise images obtained with frame averages less than 128 frames. The lowest frame average data available on Acoustic-X LED system is 128 frames with 4 kHz PRF setting. To obtain lower frame averages, we lowered the PRF to 1 kHz to achieve 32- and 64-frame averages. [Fig.](#page-11-0) 7 illustrates the outcomes of the networks on PA images obtained using three phantoms - tree branches, lead pieces, and metal screws. All the three networks had statistically significant higher PSNR and SSIM values compared to the 64-frame average inputs. Specifically in the 32-frame averaging images, residual noise in the outputs caused lower SSIM values, leading to non-significant SSIM improvements for UN-4 layer and R2-UN compared to the inputs ([Fig.](#page-11-0) 7d, e, f, and Table ST3). Overall, Dense-UN still achieved significantly higher SSIM values and outperformed the other two models in the 32- and 64-frame average cases [\(Fig.](#page-11-0) 7d, e, f, and Table ST3). As frame averaging increased, image quality improvements plateaued, with all networks converging to similar performance, consistent with our previous findings.

Assessing the performance of deep learning networks under various noise conditions is crucial for evaluating their robustness in real-world scenarios, where imaging may be constrained to different (and sometimes unknown beforehand) noise sources. Understanding a model's ability to generalize across diverse noise distributions provides valuable insights into its applicability and informs decisions regarding its deployment and potential enhancements. By evaluating how well a model performs in unseen, real-world situations, researchers, and practitioners can make informed choices about the suitability of the model for real-life applications and identify areas for further refinement. This understanding of a deep learning model's robustness to different noise distributions is essential for ensuring the effectiveness and reliability in real-world settings. Higher PSNR values across all datasets indicates that the networks, particularly Dense-UN, are capable of learning to denoise effectively, even in scenarios where the noise level exceeds that present in the training data. However, the SSIM performance was more variable, especially for the 32-frame averaging case, where the increased noise led to reduced structural similarity in the outputs. While both UN-4 layer and R2-UN failed to show significant SSIM improvements in this condition, Dense-UN maintained a statistically higher SSIM, likely due to its superior ability to preserve fine structural details. This advantage can be attributed to Dense-UN's dense

connections, which facilitate better feature propagation and reuse, allowing the network to retain more contextual information about the image structure despite higher noise levels. Additionally, Dense-UN's richer representation of features makes it more robust to varying noise levels, as it can model both local and global patterns in the noisy data. R2-UN, with its recurrent connections, adds some advantage in handling repetitive structures, but it doesn't provide the same level of feature diversity as Dense-UN. The dense connections allow Dense-UN to learn a more diverse set of features across different scales and levels of abstraction. This makes it more adaptable to different levels of noise and variations in noise distribution, giving it a higher capacity to generalize under conditions that deviate significantly from the training data. The quality improvement performance converging across models suggests that once the noise level becomes sufficiently low, the advantages of more complex architectures like Dense-UN are less pronounced, as all models can adequately handle the remaining noise.

In addition to U-Net architectures, complex architectures such as GANs and Diffusion models are powerful and have been used in various image processing applications [\[49,50,108](#page-13-0)–116]. However, they can inadvertently introduce artifacts, such as spurious vessel-like patterns in PA imaging. These artifacts mainly arise because the GAN generator often emphasizes learned features to fool the discriminator, potentially creating patterns unrelated to the actual content. Issues like mode collapse and reliance on training data quality can further amplify this effect, leading to repetitive or incorrect structures in the output, particularly in noisy or low-signal environments like LED-based PA imaging [\[55,56,117\].](#page-13-0) Moreover, the specific requirements needed for enhancing SNR in LED-PA imaging, such as training stability, interpretability, task specificity, data requirements and computational complexity, also make U-Net variants more appropriate choice and we discuss each of these aspects in detail as below:

*Training Stability and Interpretability:* U-Net has been widely recognized as one of the most effective and interpretable architectures for various biomedical imaging tasks, including segmentation, denoising, and enhancement [\[118\].](#page-14-0) Advanced and complex GAN-based architectures face challenges associated with training, particularly in achieving a stable balance between the generator and discriminator [\[119\].](#page-14-0) This might lead to issues like mode collapse or unstable convergence, which require careful tuning and more computational resources. Diffusion models also involve complex stochastic processes that can make it harder to interpret and predict, especially in a clinical context where understanding the model's decisions is crucial. In contrast, U-Net is more straightforward architecture to implement and train, providing a more stable and reliable approach [\[120](#page-14-0)–126].

*Specificity to the Task:* U-Net based architectures are well-suited for capturing fine-grained details at multiple scales [\[127](#page-14-0)–130], which is essential in tasks like LED-PA imaging where preserving spatial resolution and structural information is crucial and particularly well-suited for our SNR improvement task. While GANs excel in generating realistic images, they may introduce artifacts or lose detail in high-precision tasks where exactness is more important than realism [131–[133\]](#page-14-0).

*Data Requirements and Computational Efficiency*: The advanced learning networks such as GAN or Diffusion models generally require large amounts of data to train effectively [\[134](#page-14-0)–138], require more resources for both training and inference [\[139](#page-14-0)–143] to produce high-quality results compared to the U-Net variants. In the context of LED-PA imaging, data availability is limited, making U-Net architectures a more practical choice. For example, we demonstrated that even with low number of training samples, all variants of U-Net provided satisfactory PSNR and SSIM (Fig. S2), which is due to its efficient use of convolutional layers and skip connections that retained the detailed information.

Our findings revealed consistent denoising performance even with a reduced number of datasets (Table ST1). This could potentially be due to overparameterization, and our future work will involve understanding the underlying mechanisms, particularly the potential impact of over-

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**Fig. 7.** Noise invariance testing of deep learning networks across varying noise levels and frame averaging - Noise-level invariance was evaluated using three phantom datasets: (a)tree branches, (b) lead pieces, and (c) metal screws. (d, e, f) Across all frame averaging cases, deep learning networks (UN-4 layer, R2-UN, and Dense-UN) demonstrated significantly higher PSNR values than their corresponding inputs. For 32-frame averaging, the residual noise in outputs led to nonsignificant SSIM improvements for UN-4 layer and R2-UN, but Dense-UN achieved significantly higher SSIM values. As frame averaging increased, image quality improvements plateaued, and the networks converged to similar performance observed in (f).

parameterization and the role of data augmentation techniques. Additionally, our future studies will also involve a comprehensive evaluation of U-Net, Dense-UN, and R2-UN networks' robustness to noise, incorporating theoretical frameworks and rigorous statistical methods. We will create advanced synthetic noise models tailored specifically to LEDbased PA imaging, using these models to simulate noise-augmented training data which will lead to more robust networks capable of handling various real-world noise conditions. To enhance the performance of the networks, we also aim to refine their architectures by integrating attention mechanisms or recurrent blocks with Dense networks, potentially combining the strengths of these approaches for superior denoising capabilities. With recent advances in Vision Transformers and hybrid CNN-Transformer models [\[144](#page-14-0)–148], exploring these architectures in PA imaging could provide new insights

into handling complex spatial dependencies and improving noise reduction in challenging low-SNR settings. Furthermore, a detailed exploration of the interpretability and explainability of these networks is essential. This would involve a mathematical analysis of how individual architectural components impact denoising performance, providing insights into the specific contributions of different network features. To make denoising models more transparent, future research will also focus on explainability techniques such as Grad-CAM or saliency mapping to identify which features and structures are prioritized by the model [149–[152\]](#page-14-0). This would provide insights into how models differentiate between noise and meaningful signal. Finally, our future work will involve evaluating the platform independence nature of the networks on data obtained from photoacoustic imaging systems with various configurations (laser based, laser diode based, microscopy and tomography

#### <span id="page-12-0"></span>systems etc.).

In summary, our findings underscore the importance of selecting the appropriate deep learning architecture based on specific application requirements, training time, performance and resource constraints. Our analysis indicates a trade-off between these parameters simpler models are more computationally efficient, but advanced models like Dense-UN and R2-UN offer potentially better performance at the cost of higher complexity. While Dense-UN may be preferable for high-end resourcerich system environments, UN still remains a viable option for resourceconstrained environments, delivering satisfactory denoising performance comparable to the state-of-the-art models. This study provides insights for optimizing model selection in practical settings, assessing both performance and resource considerations.

#### **4. Conclusion**

A comprehensive comparative study presented here provides a foundation for choosing robust architectures that deliver consistent performance, aiding in the clinical translation of PA imaging to point-ofcare or bedside applications where reliability and speed are essential. We evaluated various Encoder-Decoder-based CNN architectures systematically to enhance the SNR in real-time LED-based PA imaging. First, we analyzed the computational complexity of all the models. Then we compared the basic convolutional autoencoder and U-Net architectures, discerning the impact of skip connections on image quality metrics. Next, we investigated the influence of hierarchical depth variations within the U-Net framework on SNR enhancement. Subsequently, we conducted a comparative analysis between the UN model and several advanced iterations of U-Net. We also conducted an evaluation of topperforming networks' resilience to various noise type distributions (Gaussian, S&P, Poisson, and Speckle). Our experimental evaluations encompassed *in vitro* phantoms, *ex vivo* mouse organs, and *in vivo* subcutaneous mouse tumors. Our findings indicate that skip connections play a crucial role in preserving fine-grained spatial details and facilitating feature reuse, as demonstrated by the superior performance of UN compared to Convolutional Autoencoder in terms of PSNR and SSIM. Increasing the depth of the UN did not lead to significant improvements in performance. The performance is also invariant to the number of training samples as the noise is typically a local phenomenon, suggesting that the standard UN may be the optimal choice for practical applications due to its consistent performance across all test scenarios. Furthermore, our exploration of various U-Net architectures demonstrated that Dense-UN showcased superior performance based on the two image quality metrics – PSNR and SSIM (even though statistically not significant) compared to all other network variants, with R2-UN and UN following closely. Nevertheless, the upscaling of network complexity did not yield substantial enhancements in performance, suggesting diminishing returns as complexity increased. Finally, our research delved into assessing the resilience of the top-performing networks against various noise distributions. We found that Dense-UN and R2-UN demonstrated resilience in effectively reducing Gaussian, S&P, Poisson, and Speckle noise types, while UN encountered difficulties with S&P noise. These outcomes emphasize the significance of carefully choosing the appropriate deep learning architecture, tailored to specific application needs and resource constraints. Dense-UN might be preferred for well-resourced systems, whereas UN remains a feasible choice for environments with limited resources, offering satisfactory denoising performance akin to the state-of-the-art models. In essence, our investigation offers valuable insights for optimizing model selection in practical scenarios, considering both performance and resource constraints.

# **CRediT authorship contribution statement**

**Srivalleesha Mallidi:** Writing – review & editing, Writing – original draft, Visualization, Supervision, Resources, Project administration,

Methodology, Funding acquisition, Conceptualization. **Avijit Paul:** Writing – review  $\&$  editing, Writing – original draft, Visualization, Validation, Methodology, Investigation, Formal analysis, Data curation, Conceptualization.

# **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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#### **Appendix A. Supporting information**

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.pacs.2024.100674](https://doi.org/10.1016/j.pacs.2024.100674).

### **Data availability**

Data will be made available on request.

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