# Metabolic Effects of the Major Component of Bovine Growth Hormone

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(Received 10 December 1970)

Bovine growth hormone, subjected to DEAE-cellulose chromatography, yielded one major and several minor components. The various chromatographic fractions of bovine growth hormone were compared with the parent material for their ability to promote hormone effects in vivo and in vitro. The major component of bovine growth hormone was homogeneous by acrylamide-gel electrophoresis, rechromatography and sedimentation equilibrium. Its amino acid composition was similar to that of the parent hormone. The major component possessed all the qualitative activities present in the original heterogeneous material, including promotion of acute hypoglycaemia and hypolipaemia. In. studies in vitro in adipose-tissue segments the major component of the hormone increased entry of glucose and its oxidation to  $CO<sub>2</sub>$ , conversion of glucose into glyceride glycerol, release of glycerol and incorporation of histidine into adiposetissue protein. Other chromatographic fractions of bovine growth hormone were not homogeneous and possessed some but not all of the metabolic activities attributed to the hormone preparations or its major component. Thus, the metabolic effects obtained with bovine growth-hormone preparations in vivo and in vitro can be obtained with the major homogeneous component of the hormone. This observation precludes the possibility that the metabolic effects obtained with bovine growth-hormone preparations are due to the combined actions of a number of components found therein.

Bovine growth-hormone preparations that are generally used for metabolic studies are heterogeneous on zone electrophoresis (Barrett, Friesen & Astwood, 1962; Ferguson & Wallace, 1963; Free & Sonenberg, 1966) and may be contaminated to a minor extent with other pituitary hormones. It may well have been that some of the metabolic effects observed with these hormone preparations were due to contaminants (Jungas & Ball, 1960; Leboeuf & Cahill, 1961; Christophe, 1963; Hamid, Rubinstein, Ferguson & Beck, 1965; Landau, Bartsch & Williams, 1966). Others (Goodman, 1965; Fain, Kovacev & Scow, 1965) have attributed several commonly observed metabolic effects of bovine growth hormone to the hormone present in heterogeneous preparations.

Recent successes in separating a homogeneous fraction from a bovine growth-hormone preparation (Free & Sonenberg, 1966; Sonenberg, Kikutani, Free, Nadler & Dellacha, 1968) provided the opportunity to determine whether the metabolic effects observed both in vivo (Swislocki & Szego, 1965; Swislocki, 1968a) and in vitro (Hamid et al.

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1965; Goodman, 1965; Fain et al. 1965; Swislocki, 1968b, 1970) were due to a single species of protein. Our results obtained with a homogeneous bovine growth hormone demonstrate that the metabolic effects of the hormone are not due to the combined action of the several components present in most bovine growth-hormone preparations but reside in <sup>a</sup> single species of protein. A preliminary account of this work has been presented (Swislocki & Sonenberg, 1969).

# EXPERIMENTAL

Fractionation of bovine growth hormone. Bovine growth hormone was prepared by the methods of Dellacha & Sonenberg (1964) and Wallis & Dixon (1966) by ionexchange chromatography on DEAE-cellulose (Cellex-D) obtained from Calbiochem, Los Angeles, Calif., U.S.A. All other reagents employed were of analytical grade. DEAE-cellulose was equilibrated with  $0.01 \text{ m-NH}_{4}$ HCO<sub>3</sub> buffer, pH 8.4, by repeated suspensions and decantations. Bovine growth hormone in  $0.01 \text{ m-NH}_4\text{HCO}_3$  was applied to the column  $(2.5 \text{ cm} \times 20 \text{ cm})$  and developed first with starting buffer. Stepwise elution was performed with  $NH<sub>4</sub>HCO<sub>3</sub>$  solutions as indicated in Fig. 1. A flow rate of 25 ml/h was maintained. Protein concentration in lOml samples of eluate was measured by u.v. absorption at 275nm. The pooled fractions were freeze-dried directly.

Amino acid analyses. Protein samples were hydrolysed in  $6M$ -HCl at  $110^{\circ}$ C under reduced pressure for 24 and 72h. Samples of hydrolysates were analysed on an amino acid analyser by the technique of Spackman, Stein & Moore (1958). Corrections have been applied for amino acids destroyed by extrapolation to zero time.

Determination of molecular weight. The molecular weight of the major component was determined by sedimentation equilibrium (Yphantis, 1964) at  $4-10^{\circ}\text{C}$  in a Spinco model E ultracentrifuge equipped with u.v. optics and an automatic scanner. Three simultaneous determinations were made in an Yphantis six-hole centrepiece in which three holes contain the solution and the other three the respective solvent. Molecular weights were calculated as described by Sonenberg et al. (1968).

Disc electrophoresis. Analytical electrophoresis on polyacrylamide gel was performed by the disc-electrophoretic method of Ornstein (1964) and Davis (1964). Electrophoresis was performed at pH9.5 in 7.5% (w/v) polyacrylamide gel. Protein components were stained with 0.5% Amidoschwarz in 7%  $(v/v)$  acetic acid.

Bioassay. Growth-hormone activity of the original bovine growth-hormone preparation, as well as of the fractions derived therefrom, was determined in hypophysectomized rats by the method of Marx, Simpson & Evans (1942), in which the weight gain for 10 days was recorded. Animals received either the international standard or the bovine growth-hormone fractions at a daily dose of 2.5 or  $10\mu$ g per rat respectively.

Metabolic studies. Male CD hypophysectomized rats (150-170g) were obtained from Charles River Breeding Farms, Wilmington, Mass., U.S.A., and used 6-9 days after surgery. Rats were maintained on laboratory chow and starved for 24h before the experiment. For studies in vivo rats were bled under sodium pentobarbital anaesthesia (4mg/1OOg body weight) (Swislocki & Szego, 1965; Swislocki, 1968a). Plasma free fatty acids were determined by- the method of Dole (1956) and glucose by glucose oxidase with the Glucostat reagent obtained from Worthington Biochemical Corp., Freehold, N.J., U.S.A.

Studies in vitro were carried out on fat-pad segments that were distributed so that in all experiments one portion of the tissue from each rat always served as the control. Glycerol was determined by the method of Wieland (1963) and distribution of label in neutral lipid derived from [14C]glucose by the method of Rodbell (1964). Incubation procedures and radioactivity-counting methods have been described previously (Swislocki, 1968b, 1969, 1970). Statistical evaluation of the metabolic results was performed as indicated in the text either with the Fisher t-test or with the method of paired analysis (Snedecor, 1948).

## RESULTS

Fractionation of bovine growth hormone. As Fig. <sup>1</sup> shows, chromatography of bovine growth hormone on DEAE-cellulose by stepwise elution with ammonium hydrogen carbonate at pH8.4 yielded a number of peaks, with most of the material



Fig. 1. Chromatography of bovine growth hormone on DEAE-cellulose with discontinuous increases in the concentration of eluting solutions of NH<sub>4</sub>HCO<sub>3</sub>. Pooled fractions were freeze-dried directly. Shaded regions correspond to fractions 11, 21 and 35. Fraction numbers are indicated by the numerals at the top of the figure. Arrows indicate different concentrations of  $NH<sub>4</sub>HCO<sub>3</sub>$ . Tube size was 10 ml.



Fig. 2. Disc electrophoresis of parent bovine growth hormone (BGH) and fractions 11, 21 and 35 derived therefrom by DEAE-cellulose chromatography. Migration is from bottom to top, i.e. cathode to anode.

being eluted in the first peak. A large number of these fractions were investigated by polyacrylamide-gel electrophoresis for the distribution of several components of bovine growth hormone; fractions 11, 21 and 35 (shaded as shown in the elution pattern) were selected and were examined for growth-promoting activity and their metabolic effectiveness in vivo and in vitro.

Fig. 2 shows the polyacrylamide gels after electrophoresis at pH9.5 of several fractions of bovine growth hormone. Parent bovine growth hormone Table 1. Amino acid composition of fraction 11, the major component of bovine growth hormone, and the parent bovine growth hormone

The values were calculated for mol.wt. 20200. The composition of bovine growth hormone is from Sonenberg et al. (1968).

Amino acid	<b>Fraction 11</b>	Bovine growth hormone				
Lys	11.0	10.1				
His	3.3	2.9				
Arg	13.1	11.4				
Asp	14.2	14.6				
Thr	10.6	10.9				
Ser	11.0	11.3				
Glu	22.1	21.1				
Pro	6.5	5.9				
Gly	10.0	9.2				
Ala	13.0	13.1				
$rac{1}{2}Cys$	4.8	4.4				
Val	7.1	6.2				
Met	3.4	4.2				
Пe	7.0	6.3				
Leu	24.2	23.5				
Tyr	5.4	5.8				
Phe	11.7	11.2				

Composition (mol of amino acid/mol)



Fig. 3. Plot of the log of concentration  $(E_{280})$  against square of the distance  $(x)$  from the centre of rotation derived from sedimentation equilibrium at 20000rev./min of the major component of bovine growth hormone (0.1 mg/ml) in bicarbonate buffer, pH 9.5.

contained one major band, one minor band and traces of other more rapidly migrating bands. Fraction 11, obtained from the leading edge of the first eluted peak (Fig. 1), is identical with the component <sup>1</sup> described in an earlier report from this laboratory (Free & Sonenberg, 1966). Fraction <sup>21</sup> contains components 2 and 3. Fraction 35 contains components 3, 4 and 5, as well as a number of bands not observed in native bovine growth hormone, where their presence in minute amounts was too low to be detected. Their appearance in the higher-numbered fractions is due to their concentration after chromatography.

The major components eluted with 0.05, 0.07

and 0.15m-ammonium hydrogen carbonate (fractions 11, 21 and 35, respectively) contained similar growth-promoting activities,  $1.56 \pm 0.55$ ,  $1.44 \pm 0.40$ and  $1.07 \pm 0.19$  international units/mg respectively, on the basis of weight gain and parallel slopes. The peaks eluted with higher concentrations of ammonium hydrogen carbonate contained little or no growth-promoting activity.

The amino acid composition of fraction 11, the major component of bovine growth hormone, is presented in Table 1. It is not significantly different in amino acid composition from the parent material. Fig. 3 shows that the major component of bovine growth hormone (fraction 11) is homogeneous as determined by sedimentation equilibrium. The calculated molecular weight is 20 200, which is in agreement with the value of 21000 reported for the parent bovine growth hormone (Sonenberg et al. 1968).

Metabolic effects. (a) In vitro. The several fractions of bovine growth hormone were evaluated for their ability to stimulate metabolic activity in rat adipose tissue in vitro (Table 2). They elicited similar qualitative effects on uptake and oxidation of glucose, and release of glycerol, as did the parent bovine growth hormone. All the fractions tested, like the parent hormone, stimulated conversion of glucose into total neutral lipid, with most of the label being incorporated into the glyceride glycerol moiety and not into fatty acid (Table 3).

Fraction 11 of bovine growth hormone increased linearly release of glycerol by fat-pads of hypophysectomized rats (Fig. 4). The amount of glycerol released is not different from control amounts at <sup>1</sup> h but rises to concentrations of statistical significance at 2 and 3h. This 1h time-lag coincides with the elevated plasma free fatty acid response to bovine growth hormone in vivo (Swislocki & Szego, 1965), and is indicative of the secondary nature of the hyperlipaemic response to bovine growth hormone.

Fraction 11 is also able to effect incorporation of [14C]histidine into protein of adipose tissue (Swislocki, 1968b). The lowest concentration tested  $(0.05 \,\mu\text{g/ml of medium})$  was effective in stimulating protein synthesis (Table 4). The specific radioactivity of protein due to incorporation of  $[14C]$ . histidine was increased by 25% over control values.

As Fig. 5 shows, increasing concentrations of fraction 11 elicit increasing metabolic responses by adipose tissue. Oxidation of glucose and its conversion into lipid and glyceride glycerol, as well as release of glycerol, were stimulated to a statistically significant degree by  $0.1 \mu$ g of fraction 11. At  $1\,\mu$ g/ml uptake of glucose likewise became significant. The responsiveness of the tissue seems to

# Table 2. Effect of various fractions of bovine growth hormone on uptake of  $[^{14}C]$ glucose and its oxidation to carbon dioxide and release of glycerol by segments of epididymal adipose tissue

Portions of epididymal fat-pad were incubated in <sup>1</sup> ml. of Krebs-Ringer bicarbonate buffer containing <sup>1</sup> mg of [<sup>14</sup>C]glucose/ml. Initial specific radioactivity of the glucose in the medium was 0.2  $\mu$ Ci/ml. The bovine growth-hormone fractions were added at  $25 \mu g/25 \mu l$  of saline per flask. Saline alone was added to the flasks of the control group. Flasks were gassed with  $O_2 + CO_2$  (95:5), capped and shaken for 3 h at 37°C in a Dubnoff incubator. Each value ± s.E.M. was obtained from <sup>a</sup> minimum of six determinations. P values were calculated by the Fisher t-test.

Additions	Dose $(\mu g/ml)$	Uptake of $\lceil$ <sup>14</sup> C]glucose		Oxidation to $14CO2$		Glycerol released	
		(c.p.m./mg of tissue)	$\boldsymbol{P}$	(c.p.m./mg of tissue)	$\boldsymbol{P}$	$(\mu \text{mol/g of})$ tissue)	$\boldsymbol{P}$
None		$308 + 67$		$19.7 + 2.5$		$1.3 + 0.28$	
Bovine growth hormone	5	$525 + 79$	< 0.05	$75.8 + 9.8$	${<}0.001$	$6.2 + 1.03$	< 0.001
Bovine growth hormone	25	$585 + 78$	${<}0.02$	$106.0 + 12.8$	$0.001$	$8.4 + 1.44$	${<}0.001$
None		$264 + 23$		$24.4 + 1.7$		$1.5 + 0.18$	
<b>Fraction 11</b>	25	$383 + 29$	< 0.02	$75.5 + 12.7$	< 0.01	$4.0 + 0.20$	$0.001$
<b>Fraction 21</b>	25	$470 + 31$	${<}0.01$	$127.2 + 14.0$	${<}0.001$	$7.2 + 1.26$	$0.001$
None		$106 + 26$		$32.6 + 5.7$		$1.9 + 0.28$	
<b>Fraction 35</b>	25	$375 + 35$	< 0.01	$150.7 + 34.3$	${<}0.01$	$8.9 + 1.00$	$0.001$

Table 3. Effect of various fractions of bovine growth hormone on the incorporation of  $[^{14}C]$ glucose into lipid of epididymal adipose tissue





be limiting at a dose of  $5 \mu$ g of the major component, since increasing the dose to  $25 \mu$ g did not markedly enhance the magnitude of the various responses.

(b) In vivo. As described earlier (Swislocki & Szego, 1965; Swislocki, 1968a) we observed that 1mg of bovine growth hormone elicits dramatic decreases in plasma glucose and free fatty acid concentrations 30min after treatment of either hypophysectomized or pancreatectomized-hypophysectomized rats that had been starved for 24h. Since these reports have been variously subjected to the criticism that the acute insulin-like response of bovine growth hormone could be due to contaminants present in bovine growth hormone it was

decided to test the ability of the hormone fractions to effect both hypoglyeaemia and hypolipaemia at 30min. As Table 5 shows, when plasma glucose and free fatty acids were determined under similar experimental conditions of treatment and sampling, fraction <sup>11</sup> was the only fraction tested that had both the qualitative and quantitative activity in vivo that was present in bovine growth hormone. Fraction 21 possessed only hypoglycaemic activity, as the decrease in free fatty acid concentration was not statistically significant. Fraction 35, as well as subsequent fractions not shown here, were ineffective in evoking a decline in either plasma glucose or free fatty acids.

Fraction 11, which at pH9.5 is the component of bovine growth hormone migrating most slowly to the anode, represents the major species of protein in both the bovine growth hormone (Dellacha & Sonenberg, 1964) used in this study and in an NIH bovine growth-hormone preparation (Free



are indicated on the figure. N.S., not significant. Moreover the original rats. Fig. 4. Effects of the major component of bovine growth hormone on release of glycerol by adipose tissue of hypophysectomized rats. Portions (90-100 mg) of epididymal fat-pad were incubated in beakers in 2 ml of Krebs-Ringer bicarbonate buffer containing 2 mg of glucose. Fraction 11  $(25 \mu g)$ , the major component of bovine growth hormone, was dissolved and added to each of six samples in  $25 \mu l$  of the buffer. Buffer alone was added to control flasks. The samples were gassed with  $O_2 + CO_2$  (95:5) throughout the incubation period. Samples of the media were taken at indicated intervals for determination of glycerol.  $\bullet$ , Flasks to which the major component of bovine growth hormone was added; O, controls. Points indicate mean+ S.E.M.  $P$  values were calculated by the Fisher  $t$ -test, and

DISCUSSION & Sonenberg, 1966). It is the only fraction of those tested that promotes both hypolipaemia and hypoglycaemia in vivo under conditions where such effects are observed with the original material. In addition, in vitro, like the parent hormone preparation, it enhances the entry of glucose into fatpads and its oxidation to  $CO<sub>2</sub>$ , incorporation of glucose label into glyceride glycerol of tissue lipid, release of glycerol by adipose-tissue segments, and incorporation of histidine into adiposetissue protein.

As demonstrated above, the major component of bovine growth hormone is effective in promoting several metabolic effects in adipose tissue of hypophysectomized rats at concentrations of 0.05-  $25\,\mu\text{g/ml}$ . These amounts of hormone are in the range of effectiveness of commonly available bovine<br>growth-hormone preparations. However, our results differ in part from those reported earlier in which heterogeneous growth-hormone preparations were used. Fain et al. (1965) were unable to demonstrate N.S.  $\langle 0.05 \rangle$   $\langle 0.001 \rangle$  an effect of bovine growth hormone  $(1 \mu g/ml)$  on release of glycerol during a 4h incubation of ,' adipocytes isolated from normal rats unless  $\frac{1}{2}$  dexamethasone (0.016 $\mu$ g/ml) was also present in  $\frac{1}{2}$  3 the incubation medium. In the presence of dexathe incubation medium. In the presence of dexa-Time (h) methasone bovine growth hormone stimulated lipolysis after a lag period of 2h (Fain et al. 1965). In our hands, the major component of bovine growth hormone at  $1 \mu$ g/ml, acting alone, stimulated lipolysis at 3h. The effect of the major component of bovine growth hormone became manifest only after a 1 h lag period. Our experimental design differed in part from that of Fain et al. (1965) in that in the present study tissues of hypophysectomized rats were used to evaluate the homogeneous major com-<br>ponent of bovine growth hormone as purified herein,<br>whereas in their experiments, a heterogeneous bovine growth-hormone preparation (NIH-GH-B3) was examined for its metabolic effects in adipocytes

Table 4. Effect of the major component of bovine growth hormone on incorporation of histidine into adiposetissue protein

Portions of epididymal fat-pad were incubated in <sup>2</sup> ml of Krebs-Ringer bicarbonate buffer containing <sup>1</sup> mg of glucose and  $[2^{-14}C]$ histidine  $(0.1 \mu C i/ml$  of incubation medium). Flasks were gassed with  $O<sub>2</sub>+CO<sub>2</sub>$  (95:5), capped and shaken for 3 h at 37°C in a Dubnoff incubator. Each value was obtained from six determinations. P values were calculated by Snedecor's (1948) method of paired analysis.





Fig. 5. log (dose)-response relationship of the major component of bovine growth hormone on several parameters of bovine growth-hormone action in vitro. Results are reported as a percentage of the control value set at 100 for each experiment.  $\bigcirc$ ,  $\bullet$  and  $\bigtriangleup$  represent results of different experiments. The effects of  $1 \,\mu$ g of the major component were evaluated in two separate experiments. In each experiment six samples of adipose tissue from different rats were used. Incubation conditions are as described in the legends to Tables 2 and 4. P values were calculated by the method of paired analysis (Snedecor, 1948).

# Table 5. Effect of various fractions of bovine growth hormone on plasma glucose and free fatty acid8

Male hypophysectomized rats (six per group) were injected intraperitoneally at zero time with <sup>1</sup> mg of bovine growth hormone/ml ofsaline (pH 9.9) and ofvarious fractions of bovine growth hormone, and bled 30min thereafter (Swislocki & Szego, 1965). The control animals received the saline alone. P values were calculated by the Fisher t-test. All fractions were compared with saline-treated controls. Results are given as mean $\pm$ s.E.M.



Goodman (1965) demonstrated metabolic effects in vitro of  $0.01 \mu g$  of hormone under incubation conditions where gelatin was added to the incubation medium to prevent adsorption of the hormone to the glass of the incubation vessels. Moreover, his studies were carried out on rat adipose tissue obtained from hypophysectomized rats that were fed, up to the time of the experiment, on a highcarbohydrate 'fat-free' diet rich in sucrose, to sensitize the tissues to bovine growth hormone. Under these conditions bovine growth hormone increased incorporation of glucose carbon into fatty acids; no results were given on distribution of label in glyceride glycerol (Goodman, 1965). In our experiments on adipose tissue obtained from hypophysectomized rats fed on a laboratory-chow diet, which was withdrawn 24h before the experiment, the major component of bovine growth hormone was effective at  $0.05-0.1 \mu g$ . In our hands glucose label is predominantly incorporated into glyceride glycerol and not into fatty acid (Table 3). We have observed a similar disposition of glucose carbon by adipose tissue incubated with bovine growth hormone modified by limited proteolysis (Swislocki, 1969). Thus, the different nutritional status of the donor hypophysectomized rats used in Goodman's (1965) laboratory and ours may be the basis for the qualitative differences in distribution of glucose carbon in glyceride glycerol and fatty acid.

Our observations confirm and extend the findings of Manchester & Wallis (1963) who resolved bovine growth hormone into fractions of different growthpromoting potency that possessed activity in vitro. As reported here all fractions tested had activity in vitro but only one, the major component, was able to elicit the acute metabolic responses in vivo that are associated with bovine growth-hormone action (Swislocki & Szego, 1965; Swislocki, 1968a). even though all fractions contained growthpromoting activity.

The inability of fractions 21 and 35 to effect concomitant declines to values of statistical significance in plasma free fatty acid and glucose concentrations may be due, at least in part, to the dose used and time of sampling. We have previously demonstrated that the manifestation of the acute hypoglyeaemic and hypolipaemic effects of bovine growth hormone in hypophysectomized rats is dependent not only on the relative dose of hormone but also on the method of preparation of the hormone and the time after treatment at which plasma samples are taken (Swislocki, 1968a). The different sensitivities of the hypoglycaemic and hypolipaemic responses to these fractions may be attributed to thyrotrophin and prolactin, which as contaminants in the parent material may be hyperglyeaemic or hyperlipaemic themselves. Prolactin has been demonstrated in fraction 35 by immuno-

electrophoresis and immunodiffusion (Sundaram & Sonenberg, 1969). Thyrotrophin can be eluted at high salt concentrations (Sonenberg *et al.* 1968) (see the Experimental section). These contaminants may have been present in the original material in concentrations too low to be inhibitory. However, after chromatography and concentration the amount of contaminating material may have been sufficiently increased to mask partially the effects of bovine growth hormone in vivo. Thyrotrophin increases plasma free fatty acid concentrations (Rudman, Brown & Malkin, 1963), whereas bovine growth hormone has the opposite effects at the early time-interval studied (Swislocki & Szego, 1965; Swislocki, 1968a). The effectiveness of fractions 21 and 35 in vitro on glucose metabolism is apparent, since various contaminants found in bovine growthhormone preparations themselves promote the entry of glucose into adipose tissue. Thus, whereas thyrotrophin and prolactin appear to antagonize the action of bovine growth hormone in vivo, they will augment or mimic its effect on glucose metabolism

in vitro.

It appears that the spectrum of acute metabolic effects observed in vivo after administration of bovine growth hormone to rats or its addition to rat tissue resides in a single species of protein as determined by rechromatography (Free & Sonenberg, 1966), polyacrylamide-gel electrophoresis and sedimentation equilibrium. The major component of bovine growth hormone, fraction 11 of the present study, which corresponds to component <sup>1</sup> of Free & Sonenberg (1966), was devoid of the faster electrophoretic components of bovine growth hormone. The latter were found in increasing amoumts in fractions 21 and 35, and in subsequent fractions. Component <sup>2</sup> (Free & Sonenberg, 1966) was located in fractions 21 and 35 and, although it differs from component <sup>1</sup> only in numbers of amide groups, displays the same growthpromoting activity. Whether these components are different growth hormones of different metabolic activity remains to be seen. A correlation has been found between the number of amide groups and biological activity for a number of proteins (Robinson, McKerrow & Cary, 1970).

Excellent technical support was provided by Miss Joan Tierney, Miss Diane Feldman and Miss Margaret Priddle. The work was aided in part by Grant CA-08748 from the National Cancer Institute, U.S. Public Health Service, and by Grant P-437 from the American Cancer Society.

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