The Mechanism of Thyrotrophin Action in Relation to Lipid Metabolism in Thyroid Tissue

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1. The effects of thyrotrophin in vitro on the incorporation of $[14C]$ -glucose, -glycerol, -palmitate and -oleate into the lipids of thyroid tissue were exanmined. 2. Thyrotrophin increased the incorporation of these 14C-labelled precursors into phosphatidylinositol specifically. 3. Thyrotrophin also increased the proportion of 14C radioactivity from labelled glucose, glycerol, palmitate and oleate incorporated into the 1,2-diglycerides. 4. The addition of thyrotrophin to thyroid slices for 10min., after 2hr. of prelabelling with [14C]glycerol, also increased the proportion of 14C radioactivity incorporated into the 1,2-diglyceride fraction. 5. After incubation of thyroid tissue with [1-14C]palmitate, thyrotrophin caused a two- to three-fold increase in the specific radioactivity of palmitate isolated from phosphatidylinositol and 1,2-diglycerides. In contrast, the specific radioactivity of palmitate isolated from the choline and ethanolamine phosphoglycerides, 1,3-diglycerides and triglycerides was not increased by thyrotrophin.

A variety of endocrine glands, when stimulated in vitro, exhibit characteristic increases in phospholipid metabolism. This has been demonstrated in thyroid (Freinkel, 1957; Scott, Jay & Freinkel, 1966), adrenal (Hokin, Hokin, Benfey & Hokin, 1958), anterior pituitary (Hokin, Saffran, Schally & Zimmerman, 1958), pancreas (Hokin & Hokin, 1956) and other non-endocrine tissues, e.g. polymorphonuclear leucocytes (Karnovsky, 1962), rat superior cervical ganglia (Larrabee, Klingman & Leicht, 1963) and avian salt gland (Hokin & Hokin, 1964). Further, this stimulation appears to be specific for the acidic phospholipids, particularly phosphatidylinositol. In an attempt to obtain further information on the interrelationships between phosphatidylinositol and other lipids, thyroid tissue was incubated with 14C-labelled precursors, namely glucose, glycerol and free fatty acids, and the pattern of labelling was studied, both in the presence and absence of TSH.* The results indicate that the selective stimulation of phospholipid metabolism by TSH is also probably associated with a change in the equilibrium between the diglyceride and triglyceride fractions. A preliminary report of part of these findings has already been published (Freinkel & Scott, 1964).

* Abbreviation: TSH, thyrotrophin.

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MATERIALS AND METHODS

Incubation of thyroid tissue. Dog and sheep thyroid glands were quickly removed from mature animals, sliced and incubated in Krebs-Ringer bicarbonate buffer containing 1mm-phosphate buffer, pH7.4, in an atmosphere of O_2+CO_2 (95:5), by using general techniques described by Freinkel (1957) and Scott et al. (1966). The TSH [obtained from the National Institute of Health, Bethesda, Md., U.S.A. (Bovine NIH-TSH-B₂; Ovine NIH-TSH-S₂)] was dissolved in Krebs-Ringer bicarbonate buffer containing 0-2% gelatin and used at a final concentration of 0-1 U.S.P. unit/ml. of medium. Timed exposure of the tissue to TSH (i.e. acute effects) was carried out as described by Scott et al. (1966). Where the tissue was incubated with '4C-labelled fatty acid, the Krebs-Ringer bicarbonate buffer containing albumin-fatty acid complex was prepared by using the procedures for preparation of complex B described by Kessler, Demeny & Sobotka (1967).

Lipid extraction and fractionation. After incubation, the tissue was immediately frozen by using liquid N_2 or solid C02. The frozen material was homogenized in lOml. of chloroform-methanol $(2:1, v/v)$ and filtered through fine glass wool. The filtrate was washed once with water (2.Oml.) and thrice more with theoretical 'Folch' upperphase Ca2+ (Folch, Lees & Sloane-Stanley, 1957). Neutral lipids were separated from phospholipids by silicic acid (Mallinkrodt) column (10cm. x 2cm.) chromatography; neutral lipids were eluted with chloroform (50-60ml.) and phospholipids with methanol (50-60ml.). Samples of each

fraction were assayed for radioactivity as described by Scott et al. (1966) with an automatic liquid-scintillation counter (Packard Instrument Co. Inc., La Grange, Ill., U.S.A.).

Fractionation of neutral lipid8. Individual neutral lipids were initially separated on thin-layer plates (silica gel G, $250\,\mu$ thickness; E. Merck A.-G., Darmstadt, Germany) developed with the solvent system light petroleum (b.p. 40- 60°)-diethyl ether-acetic acid (90:10:1, by vol.). However, a more effective resolution between the 1,2- and 1,3 diglycerides was obtained by using larger plates $(40 \text{ cm.} \times$ 20cm.) and these were developed in two solvent systems run in the same direction [solvent I: di-isopropyl etheracetic acid (45:2, v/v) for 45 min.; solvent II: light petroleum $(b.p. 60-80^{\circ})$ -diethyl ether-acetic acid $(90:10:1, \text{ by } \text{vol.})$ for 90min.]. Individual neutral lipids were localized by radioautography and aspirated from the plate by using the device of Goldrick & Hirsch (1963). The gel, containing the radioactive glyceride, was either counted directly in scintillation vials (Scott et al. 1966) or the lipid was eluted by shaking the silica gel with ethanol-chloroform-water (10:3:2, by vol.) for subsequent fatty acid or glycerol analysis.

Fractionation of phospholipids. After incubation of the tissue with [14C]glucose or [14C]glycerol, the individual phospholipids were separated chromatographically after mild alkaline degradation (Dawson, Hemington & Davenport, 1962). The resulting water-soluble glycerylphosphoryl derivatives were localized by radioautography and radioactivity was determined as described by Scott et al. (1966). After incubation of the tissue with [14C]palmitic acid or [14C]oleic acid, the individual phosphoglycerides were separated into lipid classes by thin-layer chromatography. Silica gel G plates $(500\,\mu\,$ thickness) were developed in chloroform-methanol-water-acetic acid (65 :50:4:1, by vol.) and the lipid fractions were located by radioautography. The gel containing the phospholipid was either aspirated directly into counting vials for radioactive assay (Scott et al. 1966) or, alternatively, the lipid was eluted by shaking the gel with ethanol-chloroform-water $(10:3:2,$ by vol.) for determination of the specific radioactivity of the component fatty acids.

Ga8-liquid chromatography. The various lipid classes (separated by thin-layer chromatography) were saponified and fatty acids extracted by using the procedures described by Scott, Setchell & Bassett (1967). Methyl esters of the fatty acids were prepared by the method of Schlenk & Gellerman (1960) and were separated on a 5ft. column $(x \text{+} \text{in. internal diam.})$ of diethylene glycol succinate (17%, w/w) on 80-100-mesh Chromosorb W with a gas chromatograph (Aerograph 200 series; Wilkins Instrument and Research Inc., Walnut Creek, Calif, U.S.A.). The chromatograph was fitted with a stream splitter, which allowed approx. 50% of the effluent gas containing the 14C-labelled fatty acid to pass directly into the flame detector, while the residual gas was diverted away and the radioactive methyl ester was collected into anthracene as described by Karmen, Giuffrida & Bowman (1962). Methyl [1-14C]palmitate of known specific radioactivity was used to calculate the specific radioactivity of the isolated fatty acids.

Other analytical techniques. Phosphorus was determined by the method of Fiske & Subbarow (1925). Glycerol was determined in lipid extracts as described by Hanahan & Olley (1958).

Radioactive chemical8. [U-14C]Glucose and [1,3-14C] glycerol were obtained from the New England Nuclear Corp., Boston, Mass., U.S.A. [1-14C]Palmitate and [1-14C] oleate were obtained from The Radiochemical Centre, Amersham, Bucks.

Statistical analyses. The binomial distribution with $P=0.5$ was used to assess whether TSH had an effect in a significant proportion of the experiments. Probability values were obtained from the Tables of Binomial Probability Distribution, National Bureau of Standards Applied Mathematic Series 6 (1950).

Table 1. Effect of TSH on the incorporation of ¹⁴C from [U⁻¹⁴C]glucose into the phospholipids of dog thyroid slice

Thyroid slices (100-200mg.) were incubated in Krebs-Ringer bicarbonate buffer containing glucose (5μ c, 2mg./ml.) at 38° in an atmosphere of O_2+CO_2 (95:5). TSH (0.1 U.S.P. unit/ml.) or Krebs-Ringer bicarbonate buffer containing gelatin was added to each vessel at the commencement of incubation. Phospholipid 14C radioactivity is that present in the glycerol part of the molecule. In all Tables radioactivity is expressed as 14C counts/ min./g. of tissue, based on initial wet weight. Abbreviations: PC, phosphatidylcholine; PE, phosphatidylethanolamine; PI, phosphatidylinositol; PS, phosphatidylserine.

Table 2. Effect of TSH on the incorporation of ¹⁴C from [U-¹⁴C]glucose into the neutral lipids of dog thyroid tissue

Details of tissue incubations are described in Table 1. Abbreviations: MG, monoglycerides; DG, diglycerides (1,2+1,3 forms); TG, triglycerides. Residual radioactivity [i.e. 100-(TG+DG+MG)] represents 14C in cholesterol, cholesterol esters and free fatty acids, unless the components are mentioned. In Expts. 2 and 4 oleic acid (1 μ mole/ml.) was added.

	Incuba- tion time	TSH absent					TSH present				
Expt.		Neutral-lipid $14C$ radio- activity (counts)	Distribution of $14C$ (%)			TG/DG	Neutral-lipid ¹⁴ C radio- activity (counts/	Distribution of $14C$ (%)			TG/DG
no.	(hr.)	min./g.)	МG	DG	TG	ratio	min./g.)	MG	$_{\rm DG}$	TG	ratio
	3	4325	$5-1$	$15-7$	72.5	4.6	6918	3.5	16.3	72.5	4.4
$\boldsymbol{2}$	3	24729	0.7	4.7	92.7	19.7	24219	0.8	$6-6$	91.8	$13-9$
3	3	4242	2·1	14·1	81.3	5.8	5283	$3-1$	17.8	77.2	4.3
$\overline{\mathbf{4}}$	3	9335	0.5	7.1	91.6	12.9	11584	0.6	8.5	$90 - 6$	$10-7$
5	$\boldsymbol{2}$	3877	0.8	$11-6$	84.9	7.3	3926	0.8	$13-8$	$80-3$	5.8
6	$\boldsymbol{2}$	2177	2.3	24.2	61.8	2.6	1865	$3-1$	31.9	$55 - 2$	$1-7$

Table 3. Effect of TSH on the incorporation of $[1,3.14C]$ glycerol into the lipids of dog thyroid slices

Thyroid slices were incubated for 2hr. in Krebs-Ringer bicarbonate buffer containing glycerol (5μ c, 46μ g./ml. of medium). TSH (0 ¹ U.S.P. unit/ml.) was added at the commencement of incubation. Residual radioactivity is present in other phospholipids. Abbreviations are as defined in Tables ¹ and 2.

RESULTS

Effect of TSH on the incorporation of 14C from [U-14C]glucose into the lipids of thyroid slices. Absolute quantities of individual phospholipids and neutral lipid moieties in the thyroid of the sheep (Freinkel, 1957, 1958, 1964) and dog (Scott et $a\overline{l}$. 1966) have been previously reported. The incorporation of 14C from [U-14C]glucose into the glycerol portion of the total phospholipids was usually increased by the addition of TSH (Table 1, $P=0.07$). However, the most striking change occurred in the distribution of 14C radioactivity in the individual phospholipids, where TSH invariably increased the proportion of the label in phosphatidylinositol. To offset this, there were corresponding decreases in the proportions of radioactivity in the other phospholipids, but this was not confined to any particular component. Phosphatidylcholine always contained most of the 14C incorporated from [14C]glucose (Table 1).

The addition of TSH increased the incorporation of 14C from [U-14C]glucose into the total neutral lipid in only three out of six experiments. However, the hormone invariably increased the proportion of radioactivity in the diglyceride fraction (Table 2, $P = 0.02$). The triglyceride/diglyceride ratio was decreased by adding TSH (Table 2, $P=0.01$). In Expts. 2 and 4 (Table 2) oleic acid (1 μ mole/ml.) was added and this substantially increased the incorporation of 14C from [14C]glucose into the neutral lipids, particularly triglyceride, but the effect of TSH in lowering the triglyceride/diglyceride ratio was still observed (Table 2). TSH had no consistent effect on the proportion of radioactivity in the monoglyceride fraction.

Effect of TSH on the incorporation of $[1,3.14C]$. glycerol into lipid8 of thyroid 81ice8. After incubation

Table 4. Effect of 'acute' exposure to TSH on the distribution of [14C]glycerol incorporated into the neutral lipids of thyroid slices

Thyroid slices (dog 100-150mg., sheep 400-500mg.) were incubated for 2hr. in Krebs-Ringer bicarbonate buffer containing glycerol (5μ c, 46μ g./ml. of medium). After 2hr. TSH (0.1 U.S.P. unit/ml.) or Krebs-Ringer bicarbonate buffer containing gelatin was added and the tissues were incubated for a further 10min., except in Expt. 9 where the vessels were incubated for a further 60min. Individual neutral lipids were separated by thinlayer chromatography. Residual radioactivity $[100 - (DG+TG)]$ was present in the other neutral glycerides. Abbreviations are as defined in Table 2.

of dog thyroid slices with [14C]glycerol, the proportions of 14C radioactivity in the individual phospholipids were basically similar to those observed with [U-14C]glucose, with phosphatidylcholine accounting for most of the radioactivity (Table 3). Addition of TSH substantially increased the proportion of 14C in phosphatidylinositol, without affecting the amount of [14C]glycerol incorporated into the total phosphoglycerides (Table 3). Moreover, TSH also dramatically increased the proportion of 14C radioactivity in the diglyceride fraction, with a corresponding decrease in the triglycerides. Thus the hormone decreased the triglyceride/diglyceride ratio in a manner analogous to that observed when thyroid tissue was incubated with [U-14C]glucose. This effect of the hormone was in no way associated with labelling in the fatty acids, because saponification of the glycerides revealed that less than 0.5% of the [14C]glycerol incorporated was in the fatty acid fraction.

Effects of 'acute' exposure to TSH on the distribution of [14C]glycerol incorporated into thyroidal neutral lipids. After 2hr. incubation with $[1,3.14C_2]$. glycerol, a brief exposure of the tissue to TSH resulted in an increase in the proportion of 14C radioactivity in the. diglyceride fraction and a decrease in the triglycerides; this led to a decrease in the triglyceride/diglyceride ratio (Table 4). Further analysis with sheep thyroid tissue suggests that the increase in the proportion of radioactivity

was principally in the 1,2-diglyceride fraction, because no consistent increase was observed in the 1,3-diglyceride fraction (Table 4). The ratio of the proportion of 14C in the triglycerides and 1,2-diglycerides was lowered by TSH (Table 4, $P = 0.03$), whereas the ratio of the proportion in the triglycerides and 1,3-diglycerides was not consistently decreased. Addition of TSH (for 60min. after prelabelling with [14C]glycerol) increased the specific radioactivity of the glycerol in the 1,2 diglycerides (Expt. 9, Table 4; control 594 versus treated 1176 counts/min./ μ g. of glycerol), whereas there was a slight decrease in the specific radioactivity of the glycerol in the 1,3-diglycerides (control 286 versus treated 238 counts/min./ μ g. of glycerol) and triglycerides (control 656 versus treated $473 \text{counts/min.}/\mu\text{g. of glycerol}$.

Effect of TSH on the incorporation of 14C-labelled fatty acids into the lipids of sheep thyroid slices. During incubation of sheep thyroid slices in Krebs-Ringer bicarbonate buffer (without glucose) containing albumin-free fatty acid complexes, TSH increased the incorporation of both [1-14C] palmitate and [1-14C]oleate into the total phospholipids (Table 5, $P = 0.05$); this finding confirmed the observation by Freinkel (1964). Further fractionation of the phospholipids by thin-layer chromatography revealed that there was at least a twofold increase in the proportion of radioactivity in phosphatidylinositol, with corresponding decreases

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in the proportion of the radioactivity present in the other phosphoglyceride fractions, particularly the choline phospholipids. However, in both the control and hormone-treated tissues the choline phosphoglyceride fraction accounted for more than 50% of the 14C radioactivity incorporated (Table 5).

TSH had very little effect on the incorporation of either [14C]oleate or [14C]palmitate into the total neutral lipids (Table $6, P > 0.1$). On the other hand, further analysis revealed that the proportion of 14C radioactivity in the diglyceride fraction, in particular the 1,2-diglyceride form, was consistently increased by the hormone (Table 6, $P= 0.05$). In Expt. 1 (Table 6) the proportion of 14C radioactivity in the triglyceride fraction from the treated slices was abnormally high (perhaps owing to contamination from the free fatty acid fraction), but, despite this, the ratio of the proportion of 14C in the triglyceride and diglyceride was still decreased by hormonal treatment. Most of the 14C radioactivity in the neutral lipid fraction was present as free fatty acids, but its relative proportion was not consistently affected by hormonal supplementation (Table 6). The proportion of 14C radioactivity in the monoglyceride fraction, which only accounted for less than 1% of the total, was not consistently affected by TSH.

 $Effect of TSH on the specific radio activity of palmitic$ acid isolated from sheep thyroidal lipids. TSH had no effect on the specific radioactivity of the palmitic acid in the choline or ethanolamine phospho-

Table 7. Effect of TSH on the specific radioactivity of the palmitic acid fraction isolated from thyroidal lipids after incubation with $[1.14C]$ palmitic acid

After incubation of thyroid slices (as described in Table 5), the individual lipids were separated by thin-layer chromatography. The lipids were eluted from the gel and saponified to isolate the fatty acid fraction. Individual fatty acid methyl esters were separated by and specific radioactivities obtained as described in the text.

glycerides, but it did cause a threefold increase in the specific radioactivity of palmitic acid isolated from the phosphatidylinositol fraction (Table 7). Similarly, in the neutral glycerides, the hormone caused a threefold increase in the specific radioactivity of the palmitic acid in the 1,2-diglyceride fraction, but there was a decrease in its specific radioactivity in the 1,3-diglyceride and triglyceride fractions (Table 7). TSH increased the specific radioactivity of the palmitic acid isolated from the free fatty acid fraction, but the proportional increase was substantially smaller than that observed in the 1,2-diglycerides and phosphatidylinositol. In the control thyroid slices, the specific radioactivity of the palmitic acid in the 1,2-diglyceride fraction was slightly less than that observed in the phospholipids, but was much higher than the specific radioactivity of palmitic acid isolated from the triglycerides (Table 7). In the hormone-treated tissue, the specific radioactivity of palmitic acid in the 1,2-diglyceride was considerably greater than that isolated from the choline or ethanolamine phosphoglycerides, but was still below the specific radioactivity of palmitic acid in phosphatidylinositol.

DISCUSSION

The present results clearly demonstrate that TSH increases the incorporation of $[14C]$ -glucose, -glycerol, -oleate and -palmitate into phosphatidylinositol selectively in thyroid slices. This specific response is similar to that reported for the effect of TSH on the incorporation of [32P]orthophosphate into thyroidal phospholipids (Freinkel, 1957; Scott et al. 1966), or $[14C]$ inositol into thyroidal monophosphoinositide (Freinkel, 1960). Moreover, the hormonal stimulation of phosphatidylinositol metabolism is similar to that observed in many endocrine (Hokin $\&$ Hokin, 1963a) and nonendocrine tissues (Karnovsky, 1962) when functional activation is induced. Despite the recent speculations on the possible physiological functions of phosphatidylinositol (see Scott et al. 1966; Hokin & Huebner, 1967), it still remains an enigma as to why the turnover of that particular phosphatide is selectively stimulated.

However, perhaps of equal interest is the capacity of TSH to increase the proportion of $14C$ radioactivity from labelled glucose, glycerol or fatty 650 698 $4 \text{ ho } 1.9 \text{ dipl}=0.6$ 5 cm 7 h is timelarly 523 508 the 1,2-diglyceride form. This stimulation tends to create a new dynamic equilibrium between the diglyceride and triglyceride fractions, and the net result is probably an increase in the turnover of diglycerides, which are active precursors for phos-474 1540 pholipid biosynthesis (Kennedy, 1961). Further, it is puzzling why the specific radioactivity of the palmitic acid isolated from the choline and ethanol1,2-Diglyceride \Rightarrow Phosphatidic acid

CDP-choline CDP-diglyceride
CDP-cthanolamine Inositol CDP-ethanolamine Choline phosphoglyceride+ Phophatidylinositol ethanolamine phosphoglyceride

Scheme 1.

amine phosphoglyceride fraction is not increased by TSH (after incubation with [14C]palmitate), when there is a threefold increase in the specific radioactivity of palmitic acid in the diglyceride fraction. From the accepted sequences of phosphoglyceride synthesis (Scheme 1) one would expect TSH to increase the specific radioactivity of palmitic acid in the choline and ethanolamine phospholipids. On the other hand, the increase in speeific radioactivity of palmitic acid isolated from phosphatidylinositol is of the same order of magnitude as that observed in the 1,2-diglycerides. This may imply that phosphatidic acid is a common precursor for both diglyceride and phosphatidylinositol. Alternatively, it may also suggest that the 1,2-diglyceride is converted into phosphatidic acid [the reaction is catalysed by diglyceride kinase, which is present in many tissues, including erythrocyte membranes (Hokin & Hokin, 1963b) and pancreas (Prottey & Hawthorne, 1967)], which is then converted into phosphatidylinositol via the CDP-diglyceride intermediate. However, it is not feasible at this stage to eliminate completely the possibility that the increased diglyceride labelling could result from the hydrolysis of phosphatidylinositol by the action of phosphoinositide inositol phosphohydrolyase, as this pathway does exist in thyroid tissue (T. W. Scott, R. M. C. Dawson & N. Freinkel, unpublished work). Since the specific radioactivity of palmitic acid isolated fromphosphatidylinositol is above that of the palmitic acid in the 1,2-diglyceride fraction, such a suggestion is not unreasonable. However extreme caution must be exercised in interpreting these results, because the direct acylation of lysophosphoglycerides (Lands, 1960; Keenan & Hokin, 1964) could also increase the specific radioactivity of the fatty acid isolated.

Irrespective of whether the increase in the proportion of labelling in the 1,2-diglyceride fraction is a result of increased synthesis or breakdown of glycerides, the question still remains why there is not an increase in the choline and ethanolamine phosphoglycerides. One possibility is that the specific radioactivity of palmitic acid isolated from the total choline and ethanolamine phosphoglycerides may not be representative of its specific radioactivity in an ethanolamine or choline phospholipid with a specific fatty acid composition. In fact, Rowe (1960) and Collins (1963) have shown that kephalin and lecithin fractions with different fatty acid composition turn over at different rates. Alternatively, there may be a fraction of the 1,2-diglycerides (not in equilibrium with the remaining diglyceride pool) that is located specifically in a lipoprotein membrane that is directly associated with the rapid cytostructural changes induced by TSH (Wetzel, Spicer & Wollman, 1965; Seljelid, 1967). These workers have shown that administration of TSH into rats causes a specific migration of lysosomes towards the apex of the follicular cell. Further, rapid membrane activity, with the formation of pseudopodia-like processes, occurs along the apical surface of the cell (Wetzel et al. 1965; Seljelid, 1967). It is tempting to speculate that the increased proportion of labelling in the phosphatidylinositol and 1,2-diglyceride fractions that is observed within as little as 10min. after the introduction of TSH may be confined to such immediate cytostructural realignments in selected regions.

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