Cystic Fibrosis Sputum Supports Growth and Cues Key Aspects of *Pseudomonas aeruginosa* Physiology

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The opportunistic human pathogen *Pseudomonas aeruginosa* **causes persistent airway infections in patients with cystic fibrosis (CF). To establish these chronic infections,** *P. aeruginosa* **must grow and proliferate within the highly viscous sputum in the lungs of CF patients. In this study, we used Affymetrix GeneChip microarrays to investigate the physiology of** *P. aeruginosa* **grown using CF sputum as the sole source of carbon and energy. Our results indicate that CF sputum readily supports high-density** *P. aeruginosa* **growth. Furthermore, multiple signals, which reduce swimming motility and prematurely activate the** *Pseudomonas* **quinolone signal cell-to-cell signaling cascade in** *P. aeruginosa***, are present in CF sputum.** *P. aeruginosa* **factors critical for lysis of the common CF lung inhabitant** *Staphylococcus aureus* **were also induced in CF sputum and increased the competitiveness of** *P. aeruginosa* **during polymicrobial growth in CF sputum.**

Pseudomonas aeruginosa is a ubiquitous gram-negative bacterium isolated readily from water and soil environments. *P. aeruginosa* also causes human infections, particularly in patients with compromised systemic immunity or impaired mucosal defenses. These infections can be devastating, because *P. aeruginosa* is inherently resistant to many antibiotics and it produces an array of virulence factors, including proteases, lipases, exotoxins, and a number of secondary metabolites (45). In some settings, *P. aeruginosa* causes persistent infections, provoking chronic inflammation that steadily destroys host tissues (21, 26, 37).

One of the most notorious chronic infections caused by *P. aeruginosa* occurs in the lungs of patients with cystic fibrosis (CF). CF patients manifest a host defense defect localized to the conducting airways of the lung that results in chronic colonization by several bacterial species (21, 26, 37). *P. aeruginosa* is thought to cause the most clinically important CF airway infections, as *P. aeruginosa* colonization heralds the onset of chronic pulmonary symptoms and declining lung function (21).

CF *P. aeruginosa* infections have several remarkable characteristics. In most cases, *P. aeruginosa* airway colonization occurs after other bacteria, such as *Staphylococcus aureus*, have infected the patient's airway (13, 21). Once *P. aeruginosa* infection develops, it often displaces other bacteria and becomes the predominant bacterium in the CF lung (14, 21). *P. aeruginosa* also routinely reaches very high densities within the respiratory secretions (10^8 to 10^{10} CFU/ml) (21). In addition, CF *P. aeruginosa* infections are thought to involve coordinated bacterial activities facilitated by cell-to-cell communication. These include the formation of multicellular biofilm communities and density-dependent gene regulation (3, 5, 6, 9, 44).

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While controversy about the initial steps in the infection pathogenesis remains, consensus is emerging that once chronic *P. aeruginosa* colonization is established, a large proportion of the infecting bacteria grow within airway sputum (21, 33). Sputum is a complex mixture of airway mucus, inflammatory substances that are induced by infection, and bacteria and bacterial products. The inflammatory components include massive numbers of polymorphonuclear leukocytes as well as antibodies, antimicrobial peptides, dead host cells, and serum components that enter the airway due to vascular leak and pulmonary hemorrhage (21). In addition to providing a physical substrate for bacterial growth, the sputum very likely serves as the nutritional source for the infecting organisms (21, 33).

Many bacterial functions, including virulence determinants central to disease pathogenesis, are known to be influenced by specific nutrients. For example, the production of a biosurfactant by *P. aeruginosa* is modulated by the particular carbon and nitrogen sources available (11, 29). This surfactant facilitates surface motility and hydrocarbon assimilation. Similarly, induction of the type III secretion system, a key virulence factor, can be regulated by the level of calcium present (54). Many other functions, including biofilm formation, secretion of exoproducts, and the ability to kill predators such as nematodes, are also influenced by the nutrients present in a given environment (15, 24, 34, 47, 50).

The strong influence of nutritional conditions on bacterial functioning led us to hypothesize that growth in sputum from CF patients could profoundly impact *P. aeruginosa* physiology. To test this, we used Affymetrix GeneChips to globally evaluate gene expression of *P. aeruginosa* during growth using CF sputum as the sole source of carbon and energy. We found that CF sputum obtained from several different patients supported *P. aeruginosa* growth to high population densities. Transcriptome analysis revealed that gene expression was markedly affected by growth in CF sputum and suggested that amino acids within sputum were the likely source of carbon for the bacteria. The expression analysis led us to other key aspects of *P. aeruginosa* physiology that were affected by growth in sputum. These include swimming motility, quorum sensing by the *Pseudomonas* quinolone signal (PQS) system, and the production of bactericidal factors that enhance the competitiveness of *P. aeruginosa* during growth with *S. aureus*. Thus, CF sputum is an excellent growth medium, and the physiological changes it induces in *P. aeruginosa* could impact the pathogenesis of CF infections.

MATERIALS AND METHODS

Bacterial strains and growth media. *P. aeruginosa* strain UCBPP-PA14 (39) and *S. aureus* strain MN8 (42) were used in these studies. *P. aeruginosa* was grown in morpholinepropanesulfonic acid (MOPS)-buffered medium (50 mM MOPS [pH 7.2], 93 mM NH₄Cl, 43 mM NaCl, 3.7 mM KH₂PO₄, 1 mM MgSO₄, and 3.5 μ M FeSO₄ · 7H₂O). Twenty mM glucose, 6.3 mM glucose, 13 mM succinate, or 0.11% (wt/vol) Casamino Acids were added as the sole carbon and energy source. *P. aeruginosa* reaches equal maximum population densities when grown in 6.3 mM glucose, 13 mM succinate, and 0.11% Casamino Acids. For routine growth, *P. aeruginosa* was grown in tryptic soy broth. For in vitro growth of *S. aureus* or *P. aeruginosa*/*S. aureus* binary cultures, brain heart infusion broth was used. For differential isolation of *P. aeruginosa* and *S. aureus* in coculture, *Pseudomonas* isolation agar (PIA) and Baird Parker agar (Remel) were used, respectively. *Escherichia coli* pKDT17 and *E. coli* pECP61.5 were used for quantitation of 3OC12-HSL and C4-HSL, respectively, as outlined previously (52).

Sputum sampling and medium preparation. Sputum samples from CF and non-CF patients were obtained by expectoration into sterile collection tubes. Only sputum samples containing total bacterial titers of $\leq 10^8$ CFU of *P. aeruginosa*/ml and devoid of antibiotics were used in this study. Sputum samples were frozen on dry ice immediately after collection and were stored at -80° C until processing. Frozen sputum was thawed, transferred to a 250-ml flask, and lyophilized overnight (VirTis). Fifty ml of CF sputum corresponded to approximately 2 g dry weight. Powdered sputum was stored at -20° C under desiccating conditions.

Prior to medium preparation, powdered sputum was weighed and sterilized in a HybriLinker HL-2000 (UVP) for 10 to 20 min. Sputum was then resuspended in MOPS minimal medium to 10% sputum (vol/vol) and homogenized by sonication with a tip sonicator (Branson Ultrasonics). Samples were sonicated up to 5 times at 40 to 50% output for 30 s, depending on the consistency of the medium. This medium will be referred to below as MOPS-sputum medium. In some cases, MOPS-sputum medium was centrifuged at $16,000 \times g$ for 5 min to remove any insoluble material and then filtered through a 0.45-µm-pore-size filter. Mucus isolated from primary lung epithelia (55) and UV-sterilized bovine mucin (Worthington Biochem) resuspended in MOPS medium were used as a control in some cases.

Growth of *P. aeruginosa* **in CF sputum.** *P. aeruginosa* was grown with shaking (250 rpm) in MOPS-sputum or MOPS-glucose medium at 37°C. Washed cells from exponentially growing cultures in MOPS minimal medium with glucose (optical density at 600 nm $[OD_{600}]$ of 0.4 to 0.6) were the source of the inoculum, and all cultures were diluted to a starting OD_{600} of 0.001. Cell density was monitored using serial dilution/plate counts and/or optical density at 600 nm. For optical density measurements of MOPS-sputum medium-grown *P. aeruginosa*, uninoculated MOPS-sputum medium was used as a blank.

Global expression profiling. *P. aeruginosa* growing in MOPS-glucose or MOPS-sputum medium were harvested at an OD_{600} of 0.1 to 0.2 and mixed 1:1 with the RNA stabilizing agent RNAlater (Ambion). RNA was isolated using RNeasy mini-columns (QIAGEN) and prepared for hybridization to Affymetrix GeneChip microarrays as previously described (43). DNA contamination of RNA samples was assessed by PCR amplification of the *P. aeruginosa rplU* gene with the primers rplU-for (5'-CGCAGTGATTGTTACCGGTG-3') and rplUrev (5-AGGCCTGAATGCCGGTGATC-3). Washing, staining, and scanning of the GeneChips was performed by the University of Iowa DNA core facility using an Affymetrix fluidics station. GeneChips were performed in duplicate or triplicate for each condition tested, and data were analyzed using Microarray Suite software.

Semiquantitative RT-PCR. Semiquantitative reverse transcription (RT)-PCR was performed using Superscript II reverse transcriptase as outlined by the manufacturer (Invitrogen). One hundred ng of *P. aeruginosa* RNA served as the template for cDNA synthesis using 250 ng of the random primer (NS) ₅. Five ng

FIG. 1. Growth of *P. aeruginosa* in MOPS medium containing 20 mM glucose (\bullet), 6.3 mM glucose (\circ), or 10% CF sputum (\blacksquare) as the sole source of carbon and energy. Bacteria were grown with shaking (250 rpm) at 37 \degree C and sampled during exponential growth (10 \degree CFU of *P. aeruginosa*/ml) for Affymetrix GeneChip analysis. Representative growth curves are shown.

of the resulting purified cDNA was used as template in the subsequent PCR. PCR (25-µl reaction volume) was performed with the Expand Long Template PCR system (Roche) with the following conditions: 95°C for 2 min; and 30 cycles of 95 \degree C for 45 s, 60 \degree C for 45 s, and 68 \degree C for 1 min. For visualization, 5 μ l of the resulting PCR was subjected to agarose gel electrophoresis and stained with ethidium bromide.

TEM. Negative staining of *P. aeruginosa* for transmission electron microscopy (TEM) was performed as described elsewhere using phosphotungstic acid (23). Bacteria were harvested from liquid suspension using a wide-bore pipette tip (3 mm) to minimize flagellar shearing.

PQS extraction and quantitation. PQS was extracted from exponentially growing (OD₆₀₀ of 0.1 or of 0.4 to 0.6) *P. aeruginosa* in MOPS-glucose, MOPSsputum, MOPS-succinate, or MOPS-succinate medium containing amino acids using acidified ethyl acetate as outlined previously (16, 35). Uninoculated MOPS-sputum medium was also extracted as a control. Ethyl acetate extracts were evaporated under a continuous stream of N_2 and resuspended in 50 μ l of acetonitrile/acidified ethyl acetate (1:1 ratio). PQS in these extracts (20 to 40 μ l) was analyzed using thin-layer chromatography (TLC) and visualized under UV light as described previously (16, 35). Although several solvent systems have been used to evaluate PQS production, it is important to point out that the solvent system used in this study has been shown to separate PQS from other quinolones/ quinolines within the culture supernatant (4, 35). Quantitation of PQS on TLC plates was performed using spot densitometry with a Fluorchem 8900 gel imager (Alpha Innotech) with synthetic PQS as a standard.

RESULTS

P. aeruginosa **growth in CF sputum.** The first step in understanding the physiology of *P. aeruginosa* during growth in CF sputum was development of an in vitro CF sputum medium. To accomplish this, we used sterile lyophilized CF sputum as the sole source of carbon and energy in a standard MOPS buffer. Similar growth kinetics were observed for *P. aeruginosa* grown using sputum from 10 different CF patients, and a representative growth curve is shown in Fig. 1. *P. aeruginosa* grows aerobically using CF sputum as a sole source of carbon and energy with a mean doubling time of approximately 40 min (Fig. 1). Maximum *P. aeruginosa* growth yields in 10% CF sputum medium are 1×10^9 bacteria/ml. At this concentration of CF sputum, *P. aeruginosa* growth is limited by the amount of metabolizable carbon, since the addition of glucose to CF sputum

medium increased *P. aeruginosa* growth yields (data not shown).

Transcriptome analysis of CF sputum-grown *P. aeruginosa***.** We used Affymetrix GeneChips to examine *P. aeruginosa* gene expression during growth in 10% CF sputum. Glucose-grown *P. aeruginosa* were used as the control for these experiments. All cultures were sampled for GeneChip analysis at an $OD₆₀₀$ of 0.1 to 0.2, and the maximum doubling times in glucose and CF sputum were similar (50 min for glucose; 40 min for CF sputum). For sputum GeneChip experiments, *P. aeruginosa* was grown using sputum samples from two different CF patients, and the data were averaged to eliminate patient-specific factors. On average, 70% of the gene-specific tiles present on the Affymetrix GeneChip hybridized at levels sufficient for statistical analysis; thus, we were able to compare expression profiles of approximately 4,000 genes. A total of 147 genes (approximately 3% of all *P. aeruginosa* genes) were differentially regulated at least fivefold during growth of *P. aeruginosa* in CF sputum compared to glucose-grown bacteria (Table 1). Of these genes, the majority were up-regulated (113 genes), while a smaller number were repressed (34 genes).

P. aeruginosa **metabolism in CF sputum.** To chronically colonize the CF lung, *P. aeruginosa* must be able to proliferate within the thick respiratory sputum of the CF lung. The composition of CF sputum is complex, and it is clear that CF sputum supports growth of large numbers of *P. aeruginosa* in vivo (21, 33). The growth substrate(s) within the CF lung is not known, but high concentrations of proteins and amino acids have been found in CF sputum (2, 33, 48). Since glucose-grown bacteria served as the control comparison in the GeneChip experiments and glucose metabolism is well understood in *P. aeruginosa* (7, 19, 22, 36, 41), we hypothesized that our array data would provide information regarding carbon metabolism in CF sputum. Eleven genes involved in branch chain and aromatic amino acid catabolism were highly up-regulated during growth in CF sputum (Table 1), and genes involved in biosynthesis of these amino acids were repressed. Genes involved in transport and metabolism of glucose were also repressed during growth in CF sputum (Table 1).

Flagellar motility in CF sputum. A recent study reported that *P. aeruginosa* is nonmotile during growth in the presence of dialyzed CF sputum (53). This loss of motility was attributed to repression of *fliC*, which encodes the major flagellar filament component and is required for flagellum biosynthesis. Analyses of our array results confirmed the repression of *fliC* during growth in CF sputum (Table 1), and microscopic examination revealed that 95% of *P. aeruginosa* growing in filtered and nonfiltered CF sputum media are nonmotile. An examination of negatively stained CF sputum-grown *P. aeruginosa* using transmission electron microscopy revealed that approximately 40% of these bacteria did not possess flagella. Also as previously shown, loss of motility is not specific to CF sputum, as non-CF sputum also inhibited motility (reference 53 and Table 2).

To determine if motility was repressed by airway mucins or other components of sputum, we grew *P. aeruginosa* in medium made from mucus collected from primary cultures of lung epithelial cells grown at the air-liquid interface. Epithelium cultures grown in this manner differentiate and secrete mucus on their apical surface, and these secretions should be devoid

of substances induced by inflammation as well as material contributed by submucosal glands. Neither mucus collected from primary cells nor bovine submaxillary mucin blocked motility of *P. aeruginosa* (Table 2). Normal motility also was observed after sputum was heated to 95°C for 10 min prior to growth of *P. aeruginosa* (Table 2). Taken together, these data suggest that some heat-labile factor in sputum, other than mucus, is responsible for inhibition of motility.

Quorum sensing in CF sputum. *P. aeruginosa* uses cell-tocell communication (quorum sensing) to control the expression of 5 to 10% of its genes, many of which are involved in virulence (43, 51). Quorum sensing in *P. aeruginosa* is complex, involving the use of at least three signal molecules, the most recently discovered of which being 2-heptyl-3-hydroxy-4-quinolone (designated the *Pseudomonas* quinolone signal [PQS]) (35). The biosynthesis of PQS likely involves several gene products (Fig. 2) including proteins involved in the biosynthesis of aromatic amino acids and synthesis of the precursor quinoline 4-hydroxy-2-heptylquinoline (HHQ) (10). HHQ is hypothesized to be the immediate precursor of PQS as well as several other quinolones/quinolines, many of which have significant antimicrobial activity (10). Our transcriptome analysis of CF sputum-grown *P. aeruginosa* revealed that genes involved in quinolone/quinoline biosynthesis are induced during growth in CF sputum (Table 1). Genes involved in the biosynthesis of anthranilate (*phnAB*) and the conversion of anthranilate to HHQ (*pqsA-E*) exhibited the highest induction (14- to 30-fold). PA2587 which is hypothesized to perform the final step in PQS synthesis reproducibly showed a twofold induction. Induction of these genes had a significant impact on PQS production, resulting in approximately fivefold higher levels of PQS in the culture supernatants of CF sputum medium-grown bacteria (Fig. 3).

PQS induction is not due to acyl-HSLs endogenous to CF sputum. Regulation of the *pqsA-E* genes is complex and is mediated by the ratio of the two primary acyl-homoserine lactone (acyl-HSL) quorum sensing molecules, butyryl-homoserine lactone (C4-HSL) and 3-oxo-dodecanoyl-homoserine lactone (3OC12-HSL) (30). All of the CF sputum samples used in this study contained *P. aeruginosa*; thus, it is possible that acyl-HSLs produced by the resident bacteria within the CF sputum may account for the increase in PQS production observed during growth in CF sputum medium. To examine this possibility, we extracted and quantitated the levels of C4-HSL and 3OC12-HSL in CF sputum medium. Our results indicate that only low levels of C4-HSL $(<10 \text{ nM})$ and 3OC12-HSL (3) nM) are present in CF sputum medium.

Although only low levels of acyl-HSLs are present in CF sputum medium, it is possible that these concentrations of signaling molecules are sufficient for PQS induction. To examine this possibility, we extracted CF sputum medium with acidified ethyl acetate to remove all known *P. aeruginosa* quorumsensing molecules (PQS and acyl-HSLs). This extract, which contains any acyl-HSLs present in CF sputum medium, was dried and reconstituted in MOPS-glucose medium, and the PQS production by *P. aeruginosa* in this medium was then compared to MOPS-glucose medium (no extract added) and CF sputum medium. No difference in PQS production was observed after growth of *P. aeruginosa* in MOPS-glucose medium and MOPS-glucose medium plus CF sputum extract (Fig.

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TABLE 1. *P. aeruginosa* genes differentially regulated during growth in CF sputum

Continued on following page

Function and $ORFa$	$Gene^a$	Category or class ^a	Fold regulation ^b
PA4065		Hypothetical protein	10
PA4066		Hypothetical protein	8
PA4131		Probable iron-sulfur protein	τ
PA4170		Hypothetical protein	36
PA4171		Probable protease	8
PA4218		Probable transporter	23
PA4219		Hypothetical protein	66
PA4220		Hypothetical protein	104
PA4221	fptA	Fe(III)-pyochelin outer membrane receptor precursor	44
PA4222		Probable ATP-binding component of ABC transporter	88
PA4223		Probable ATP-binding component of ABC transporter	41
PA4224	pchG	Pyochelin biosynthetic protein PchG	96
PA4225	pchF	Pyochelin synthetase	59
PA4226	pchE	Dihydroaeruginoic acid synthetase	75
PA4228	pchD	Pyochelin biosynthesis protein PchD	81
PA4229	pchC	Pyochelin biosynthetic protein PchC	80
PA4230	pchB	Salicylate biosynthesis protein PchB	139
PA4231	pchA	Salicylate biosynthesis isochorismate synthase	121
PA4471		Hypothetical protein	5
PA4498		Probable metallopeptidase	5
PA4514		Probable outer membrane receptor for iron transport	-10
PA4570		Hypothetical protein	5
PA4633		Probable chemotaxis transducer	-5
PA4770	lldP	L-Lactate permease	35
PA4771	lldD	L-Lactate dehydrogenase	9
PA4772		Probable ferredoxin	9
PA4811	fdnH	Nitrate-inducible formate dehydrogenase, β subunit	6
PA4834		Hypothetical protein	80
PA4835		Hypothetical protein	45
PA4836		Hypothetical protein	57
PA4837		Probable outer membrane protein precursor	43
PA4838		Hypothetical protein	8
PA4929		Hypothetical protein	-6
PA5303		Conserved hypothetical protein	21
PA5532		Hypothetical protein	8
PA5534		Hypothetical protein	42
PA5535		Conserved hypothetical protein	43
PA5536		Conserved hypothetical protein	74
PA5538	amiA	N-acetylmuramoyl-L-alanine amidase	38
PA5539		Hypothetical protein	27
PA5540		Hypothetical protein	28
PA5541		Probable dihydroorotase	40
tRNA-Arg		Noncoding RNA gene	16

TABLE 1—*Continued*

^a From *P. aeruginosa* genome website, http://www.pseudomonas.com.
^{*b*} Regulation (*n*-fold) of genes differentially expressed during *P. aeruginosa* growth in 10% CF sputum compared to growth in glucose; a positive n

Involved in synthesis of glutamate and degradation of glutamate and glutamine.

^d Involved in synthesis of tyrosine and degradation of phenylalanine.

3), indicating that the addition of CF sputum extract (i.e., acyl-HSL molecules in CF sputum) to MOPS-glucose medium had no effect on PQS production. This lack of PQS induction is not likely due to catabolite repression by glucose, since the addition of glucose to CF sputum medium had no effect on the increased PQS production normally observed (data not shown).

Induction of PQS during growth with amino acids. Because quorum sensing signaling molecules within CF sputum do not induce PQS, we next evaluated the impact of various carbon sources on the expression of *pqsA* to *pqsE* and production of PQS. RT-PCR was used to evaluate *pqsA* mRNA levels for *P. aeruginosa* grown using different carbon sources. The *pqsA* gene is the first gene in the *pqsABCDE* operon and serves as a marker gene for expression of this operon in these experi-

^a Carbon and energy source supplied for growth in a MOPS minimal base. b^b +, >90% of *P. aeruginosa* examined exhibited swimming motility; $-$, <1% exhibited swimming motility by phase contrast microscopy.

FIG. 2. Proposed pathway for aromatic amino acid and quinolone/ quinoline biosynthesis in *P. aeruginosa*. Dual arrowheads indicate multiple steps. Genes encoding proteins critical for quinolone/quinoline production are shown in boldface type.

ments. As predicted by the microarray results, higher levels of *pqsA* mRNA were present in CF sputum-grown *P. aeruginosa* than glucose-grown bacteria (Fig. 4A). Replacing glucose with succinate had no detectable effect on *pqsA* transcription. Since CF sputum contains high amounts of amino acids, we next evaluated the impact of amino acids on *pqsA* expression. Growth with Casamino Acids or in the complex medium tryptic soy broth (which contains high concentrations of amino acids) increased expression of *pqsA* relative to glucose- and succinate-grown *P. aeruginosa* but not to the level observed for CF sputum-grown bacteria (Fig. 4A).

Since *pqsA* expression is increased during growth using Casamino Acids and precursors of aromatic amino acid biosynthesis are necessary for PQS production (Fig. 2), we hypothesized that the increased production of PQS observed in CF sputum is a result of the presence of aromatic amino acids in CF sputum. To test this hypothesis, we evaluated production of PQS for *P. aeruginosa* grown in MOPS succinate medium, MOPS succinate containing the nonaromatic amino acid serine (as a control), MOPS succinate containing the aromatic amino acid tryptophan, and MOPS succinate containing a combination of three aromatic amino acids (tryptophan, tyrosine, and phenylalanine) (Fig. 4B). The addition of tryptophan or a combination of aromatic amino acids significantly increased

FIG. 3. Increased production of PQS during growth in CF sputum. TLC was used to monitor PQS production by *P. aeruginosa* grown with CF sputum, glucose, or glucose containing a CF sputum ethyl acetate extract (see Materials and Methods). Growth in glucose containing an ethyl acetate extract of CF sputum medium was used to test if CF sputum medium contained sufficient *P. aeruginosa* quorum sensing signals to induce PQS production. Synthetic PQS (150 ng) was included as a reference. Sampling occurred during late exponential phase (approximately 6×10^8 CFU of *P. aeruginosa*/ml), and similar results were obtained for mid-exponential phase bacteria. Spot densitometry of triplicate experiments revealed that CF sputum-grown *P. aeruginosa* produced 4.9 ± 0.56 times more PQS than glucose-grown bacteria.

FIG. 4. Induction of *pqsA* and increased production of PQS during growth with amino acids. (A) Semiquantitative RT-PCR was used to examine *pqsA* transcript levels during growth with glucose, succinate, Casamino Acids, tryptic soy broth, or CF sputum. Bacteria were grown to identical densities, and the constitutively expressed *clpX* gene was used as the control. (B) *P. aeruginosa* was grown in MOPS succinate (as the control); MOPS succinate with 1 mM serine (Ser); MOPS succinate with 1 mM tryptophan (Trp); and MOPS succinate with Trp, phenylalanine (Phe), and tyrosine (Tyr) $(0.33 \mu M$ each). PQS was extracted and quantitated as outlined in Materials and Methods. Data are expressed as increases (*n*-fold) in PQS production during growth with amino acids compared to growth in succinate alone (PQS produced in MOPS succinate with amino acids/PQS produced in MOPS succinate). Bacteria were sampled at identical densities in late exponential phase.

production of PQS by *P. aeruginosa*; however, the addition of serine had little effect on PQS production. The observed increase in PQS production during growth in the presence of aromatic amino acids was not a result of increased growth yields, as *P. aeruginosa* grown with serine reached identical densities (data not shown).

Induction of PQS-controlled genes in CF sputum. PQS controls the expression of many genes in *P. aeruginosa*, including genes encoding proteins involved in the production of hydrogen cyanide and pyocyanin (12, 16). Proteins important for the production of hydrogen cyanide and pyocyanin are encoded in part by the *hcnABC* and *phzABCDE* genes, respectively. Since PQS controls expression of these genes, we hypothesized that their transcription would be increased during growth in CF sputum. This was not apparent from the microarray data, since many of these genes did not hybridize at levels sufficient for statistical analysis. To test this hypothesis, we used RT-PCR to evaluate the levels of *hcnB* and *phzE* mRNA in CF sputum and glucose-grown *P. aeruginosa*. As expected, these transcripts were present in higher levels in CF sputum-grown bacteria

FIG. 5. Induction of PQS-controlled genes during growth in CF sputum. Semiquantitative RT-PCR using RNA harvested from *P. aeruginosa* grown with glucose or CF sputum as the sole source of carbon and energy. Genes encoding proteins important for quinoline production (*pqsA*) and production of the PQS-controlled virulence factors pyocyanin (*phzE2*) and hydrogen cyanide (*hcnA*) were tested. For visualization, $5 \mu l$ of the resulting PCR was separated by agarose gel electrophoresis and stained with ethidium bromide. The constitutively expressed *clpX* gene was used as the control.

than in glucose-grown bacteria (Fig. 5), indicating that the downstream targets of PQS signaling are induced during growth in CF sputum.

Dual species cultivation in CF sputum. The CF lung is normally colonized by a consortium of bacteria, including *P. aeruginosa* and *S. aureus* (21, 25). *S. aureus* is often the initial colonizer of the CF lung and is later displaced as the primary CF lung inhabitant by *P. aeruginosa* (8). The mechanism of displacement is unknown but has been hypothesized to be due in part to lysis of *S. aureus* by *P. aeruginosa* (27). *P. aeruginosa* produces several factors that mediate lysis of *S. aureus* (1, 18, 27, 28), many of which were induced during growth in CF sputum (Table 1 and Fig. 5). The induction of staphylolytic factors during growth in CF sputum leads to the hypothesis that *P. aeruginosa*-dependent lysis of *S. aureus* would occur earlier in growth during coculture in CF sputum than in normal laboratory medium. Coculture experiments revealed that within 5 h of binary growth in CF sputum, *S. aureus* numbers level off and then decrease (Fig. 6). This is in contrast to the timing of lysis observed with laboratory medium, where detectable lysis was not evident until 12 h (Fig. 6). The earlier lysis did not occur because the transition to stationary phase was advanced in CF sputum medium-grown *P. aeruginosa* (Fig. 6); in fact, lysis in CF sputum is detectable during exponential growth. It should be noted that *P. aeruginosa* and *S. aureus* have similar doubling times and maximum growth yields in MOPS-sputum medium (data not shown).

DISCUSSION

The goal of this study was to evaluate the physiology of *P. aeruginosa* during growth using CF sputum as the sole source of carbon and energy. Growth of *P. aeruginosa* was examined using CF sputum obtained from 13 different patients, with 10 of these samples supporting growth kinetics similar to those

FIG. 6. Lysis of *S. aureus* by *P. aeruginosa* during planktonic growth in brain heart infusion (A) and MOPS-CF sputum (B) media. *P. aeruginosa* and *S. aureus* were inoculated to equal densities in test tubes and grown with shaking (250 rpm) at 37°C. Bacterial numbers were determined by differential plating (see Materials and Methods). For all time points, standard deviations were less than 10% of the mean. *P. aeruginosa* and *S. aureus* have similar growth rates and maximum cell densities in these media (data not shown).

shown in Fig. 1. These results indicate that the concentrations of metabolizable carbon in the CF sputum samples obtained from these 10 patients are similar. This is an important observation and increases the practicality of these studies, since samples provided by multiple CF patients may be used. The remarkable similarity in *P. aeruginosa* growth observed with these 10 CF sputum samples may be explained, in part, by our omission of CF sputum samples containing $\geq 10^8$ CFU of *P*. *aeruginosa*/ml of sputum. The reason for poor growth in the other three CF sputum samples is unknown, but it may be a result of the presence of residual antibiotics within the sputum samples. Although we used *P. aeruginosa* PA14 in these studies, growth of the laboratory strain PAO1 and of a CF isolate of *P. aeruginosa* in CF sputum were similar (data not shown).

Our transcriptome results indicate that amino acids are a likely growth substrate for *P. aeruginosa* in CF sputum, because

genes involved in catabolism of branch chain and aromatic amino acids were induced during growth in CF sputum. This is not surprising, since high levels (15 to 20 mM) of total amino acids have been observed with CF sputum (2, 48), and amino acids have been shown to be a substrate for *P. aeruginosa* in respiratory secretions (33). The origin of these amino acids is unclear. A significant fraction of CF sputum is protein (33), and *P. aeruginosa* produces several extracellular proteases which may liberate amino acids from resident proteins (49). These enzymes could originate from resident *P. aeruginosa* within the CF sputum before processing or from the bacterial inoculum. However, it is clear that *P. aeruginosa* is not capable of catabolizing all of the carbon within CF sputum, because *P. aeruginosa* grows to higher densities in sterilized CF sputum medium which has been stored at 37°C for 7 to 14 days prior to inoculation (data not shown). Whether this increase in metabolizable carbon is due to resident enzymes within CF sputum (either bacterial or host derived) or chemical hydrolysis which act to liberate carbon is unknown but indicates that not all carbon in CF sputum is available for *P. aeruginosa* growth in our system.

As previously described, *P. aeruginosa* growing in CF sputum is nonmotile (53). This loss of motility is not specific to CF sputum and does not require the presence of bacteria within sputum since sputum collected from non-CF patients also caused a loss in motility (Table 2). However, motility was not affected by growth on bovine mucin or mucus collected from in vitro-grown human primary lung epithelial cells (55), suggesting that the factor(s) important for loss of motility may be specific to in vivo-collected sputum. In vivo-collected CF sputum is likely very different from in vitro-grown primary lung cell mucus, particularly in regard to the presence of host immunity factors; therefore, it is difficult to speculate on the identity of this signal. Environmental parameters, including subinhibitory concentrations of macrolide antibiotics and antibodies to *P. aeruginosa* flagellin, have been shown to affect motility (31, 32). These factors are unlikely to affect motility in CF sputum, since the non-CF sputum samples did not contain *P. aeruginosa* or antibiotics. These data implicate a novel factor affecting motility in sputum, and the observation that this factor is heat labile suggests a proteinaceous component.

It has been proposed that the loss of motility in *P. aeruginosa* is due to repression of the *fliC* gene (encoding flagellin) in CF sputum-grown bacteria (53). We also observed repression of *fliC* during growth in CF sputum (Table 1); however, although over 95% of CF sputum-grown *P. aeruginosa* cells observed by phase microscopy were nonmotile, approximately 60% have an intact flagellum, as seen upon examination by TEM. The existence of intact flagellum on many of these nonmotile bacteria and the observation that loss of motility by *P. aeruginosa* occurs very quickly (within 30 min) upon addition of CF sputum suggest that repression of *fliC* may not be solely responsible for the loss of motility.

P. aeruginosa uses quorum sensing to control the expression of a large number of genes, many of which are important for virulence (43, 51). PQS is the most recently described signaling molecule included in the *P. aeruginosa* quorum sensing cascade and has been implicated as important in CF disease. Increased production of PQS is observed in early *P. aeruginosa* colonizers of the CF lung, and PQS has been purified from CF sputum (4,

17). The observation that PQS is induced during growth in CF sputum medium has several implications for CF disease. PQS controls the expression of genes encoding proteins critical for production of the virulence factors hydrogen cyanide and pyocyanin. These factors have been shown to be important for *P. aeruginosa* pathogenesis in several virulence models (15, 38, 39, 46). Increased expression of virulence factors during growth in CF sputum may be beneficial to *P. aeruginosa* by liberating nutrients via host cell lysis and by increasing competitiveness in multispecies environments.

Although the *las* and *rhl* quorum sensing systems control expression of PQS, our results indicate that quorum sensing signals produced by the resident bacteria within CF sputum do not induce expression of PQS in MOPS-sputum medium. This is not surprising, given that we are using 10% CF sputum and only low levels of quorum sensing molecules are present in CF sputum medium. The PQS-inducing signal(s) in CF sputum medium are also distinct from the signal(s) inhibiting motility, because boiling CF sputum did not alter PQS levels (data not shown). Instead, our data indicate that the induction of PQS during growth within CF sputum is due, in part, to the high concentrations of amino acids in CF sputum (2, 48), specifically, aromatic amino acids. The mechanism of PQS induction by aromatic amino acids may be a result of substrate competition. The biosynthetic pathways for PQS and aromatic amino acids share the precursor molecules chorismate and anthranilate (Fig. 2), which suggests that the presence of aromatic amino acids may reduce competition for these substrates, allowing for increased biosynthesis of PQS. This increase in PQS synthesis is not a general response to all amino acids, since addition of a nonaromatic amino acid had little effect on PQS biosynthesis (Fig. 4B). This hypothesis is predicated on understanding the regulatory mechanisms of amino acid biosynthesis in *P. aeruginosa* and amino acid transport. Further work utilizing mutants in aromatic amino acid transport and biosynthesis is necessary to test this hypothesis, but it is clear from these data that aromatic amino acids influence PQS levels.

Aromatic amino acids may not be the only signal regulating PQS levels in CF sputum, since growth with amino acids does not increase PQS to levels observed during growth in CF sputum. Whether these signals are also in non-CF sputum is also unclear, since growth yields in non-CF sputum were insufficient for comparisons of PQS levels. However, it is likely that increased PQS biosynthesis in response to amino acids will be important in clinical and nonclinical environments.

Interspecies interactions likely shape community structure during infection, particularly in chronic infections, such as CF. The observation that *P. aeruginosa* induces several distinct staphylolytic factors and preemptively lyses *S. aureus* during growth in CF sputum indicates that growth in CF sputum may impact community structure. In many cases, it is likely that *P. aeruginosa* will encounter an established bacterial community (often including *S. aureus*) upon entering the CF lung; thus, *P. aeruginosa* must be able to survive and compete in this environment. While it is likely that being a successful competitor in the CF lung involves several factors, the induction of multiple bactericidal factors during growth in CF sputum may increase the competitiveness of *P. aeruginosa* with the resident CF lung microflora. Although we evaluated interactions between *P. aeruginosa* and *S. aureus*, *P. aeruginosa* is capable of lysing

many gram-positive bacteria, including other common inhabitants of the CF lung (e.g., *Streptococcus pneumoniae*). Whether lysis of resident bacteria is critical for *P. aeruginosa* colonization of the CF lung is unknown; however, it is clear that CF sputum significantly impacts polymicrobial interactions.

This overview of *P. aeruginosa* growth in CF sputum indicates that CF sputum contains multiple factors which influence motility and cell-to-cell communication in *P. aeruginosa*. It is important to understand how *P. aeruginosa* grows in the CF lung, and our CF sputum medium provides an in vitro model to study growth and metabolism. Factors critical for pathogenesis, including the formation of antibiotic-resistant biofilms, are regulated by the growth substrate (20, 40); thus, elucidation of the nutrient conditions in the CF lung will provide a better understanding of CF pathogenesis. This study indicates that the growth environment is critical for understanding *P. aeruginosa* cell-to-cell signaling and pathogenesis and illustrates the importance of using appropriate in vivo growth substrates to evaluate *P. aeruginosa* pathogenesis.

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