# Acceleration of Renal Gluconeogenesis by Ketone Bodies and Fatty Acids

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1. Acetoacetate or short-chain fatty acids (acetate, butyrate, propionate, n-hexanoate, n-octanoate) accelerate the rate of glucose formation from lactate, fumarate and other precursors in slices of kidney cortex (rat, rabbit, sheep). The cause of this acceleration has been investigated. 2. There are two different mechanisms of acceleration. At low concentrations of glucogenic precursors the acceleration is mainly due to a 'sparing' action. The substances which accelerate are oxidizable and serve as fuel of respiration in place of the glucogenic precursor. This is indicated by the fact that the ratio lactate used/glucose formed falls in the presence of the accelerators and approaches the value 2. 3. At high concentrations of lactate the acceleration appears to be mainly due to the activation of pyruvate carboxylase by acetyl-coenzyme A. The evidence in support of this is summarized. The results indicate that the activation of pyruvate carboxylase' by acyl-coenzyme A discovered by Utter & Keech (1963) in purified enzyme preparations also occurs in crude tissue homogenates and can play a part in the control of oxaloacetate synthesis and gluconeogenesis.

Krebs, Hems & Gascoyne (1963a) reported that acetoacetate,  $\beta$ -hydroxybutyrate and short-chain fatty acids, though themselves only slightly if at all gluconeogenic, can greatly increase the rate of glucose formation from lactate and certain other glucogenic precursors. To explain this effect it was suggested that the stimulating effect of acetoacetate and fatty acids may be due to a 'sparing' action: since acetoacetate and fatty acids are readily oxidized in kidney cortex they may spare potential glucose precursors which otherwise would serve as a fuel of respiration. Experiments are reported in this paper which indicate that apart from the sparing action there may be a second mechanism responsible for the increased gluconeogenesis in the presence of acetoacetate and related substances. This is the activation by acyl-coenzyme A of pyruvate carboxylase [pyruvate-CO2 ligase (ADP); EC 6.4.1.1] discovered on purified enzyme preparations by Utter & Keech (1963). Some of the work described in the paper has already been briefly reported (Krebs, 1964).

#### EXPERIMENTAL

All experiments were carried out on washed slices of kidney cortex incubated at 40°. The general procedure was as described by Krebs, Bennett, de Gasquet, Gascoyne & Yoshida (1963b) except that the medium of incubation in

most experiments was the phosphate-buffered saline of Krebs & de Gasquet (1964). This was used because it allowed the uptake of  $O_2$  to be measured, with alkali but no filter paper in the centre wells of the manometer cups. The filter paper was omitted to maintain a somewhat higher steady-state pressure of CO<sub>2</sub>, which is a reactant in gluconeogenesis.

Wistar rats, maintained (unless stated otherwise) on a low-carbohydrate diet, consisting of three parts of casein and one part of margarine, and supplemented with minerals and vitamins, were used when relatively small numbers of slices (30-50mg. wet wt. in 4ml. of medium) were needed. When larger quantities were required, sheep kidneys obtained from a slaughterhouse were used. The kidneys were removed from the animal as quickly as possible after death and transported to the laboratory in ice. To have sufficient material for various analyses about 800mg. (wet wt.) of tissue was suspended in 20ml. of medium in large conical Warburg manometer flasks of about 160ml. capacity. The gas space contained  $O_2$ . The temperature was 40°. Acidic substrates were added as solutions of sodium salts.

At the end of the incubation period the flasks were removed from the bath as quickly as possible and the tissue was taken out of the suspension, and when required for analysis it was lightly blotted and cooled to  $-70^{\circ}$ . The frozen tissue was homogenized in 2ml. of  $3\%$  HClO<sub>4</sub> in a glass homogenizer. It was then centrifuged and the sediment was washed with small quantities of 3% HC104. The combined supernatant and washings were brought to pH6-0 with 30% KOH. The total volume at this stage was about 4ml.

Glucose was determined by the glucose oxidase method as previously described. Lactate was determined according to Hohorst (1963), acetoacetate and  $\text{D}-\beta$ -hydroxybutyrate according to Williamson, Mellanby & Krebs (1962), and acetyl-CoA according to the procedure of Wieland & Weiss (1963), which is based on reaction systems first described by Ochoa (1955). Crotonate was determined spectrophotometrically at  $235 \,\mathrm{m}\mu$  after extraction with ether and solution of the extract in 90% (w/v)  $H_2SO_4$  (see Law & Slepecky, 1961).

Metabolic rates are expressed on either a fresh- or dryweight basis. The dry weightwas ascertained, as in previous work, by drying slices after incubation. In the course of the present work it became known that kidney slices may lose, during incubation, about 20% of their original dry weight.

### RESULTS

Effects of acetate on gluconeogenesis from lactate in rat-kidney-cortex 8lice8. Krebs, Hems & Gascoyne (1963) showed that acetoacetate,  $\beta$ -hydroxybutyrate, butyrate and hexanoate increased the formation of glucose in kidney cortex in the presence of lactate. Acetate, as shown in Table 1, has similar effects. When added alone, though increasing the oxygen uptake, it had no major effect on the glucose formation; slight increase occurred in some experiments. It had very large effects in the presence of lactate on both the oxygen consumption and the formation of glucose, especially at low lactate concentrations. Glucose formation was more than

doubled under some conditions. Acetate also affected the ratio lactate used/extra glucose formed, lowering the values from between 3-5 and 7-6 to near 2-0. A value <sup>2</sup> indicates that almost all the lactate used served to form glucose. In the absence of acetate some of the lactate removed probably served as a substrate of respiration.

Effects of crotonate. The effects of crotonate were similar to those of acetate. It is especially noteworthy that the increase in the oxygen consumption was small when crotonate was added alone and in the absence of lactate there was no definite effect on the formation of glucose. With lactate there were marked increases in the oxygen consumption and glucose formation on addition of crotonate (Table 2).

Effects of hexanoate and octanoate. Again similar results were obtained when hexanoate was added in low concentrations (Table 3, Expts. <sup>1</sup> and 4). The stimulation of the oxygen uptake by both fatty acids was much greater in the presence of lactate, and with hexanoate this effect was again accompanied by an increased rate of glucose formation. At the higher concentrations of octanoate (5mM) gluconeogenesis was inhibited, possibly because of inhibition of oxidative phosphorylation, and at <sup>1</sup> mM-octanoate the stimulation of gluconeogenesis was slight. It was marked at 0-5mM-octanoate.

Expt. no.	Substrates added	Period of incubation (min.)	$O2$ used $(\mu \text{moles/g.})$ $\mathbf{dry}\ \mathbf{wt.}$	Glucose found $(\mu \text{moles/g.})$ dry wt.)	L-Lactate removed $(\mu \text{moles/g.})$ $\text{dry wt.}$	Ratio: lactate removed extra glucose found
ı	None	90	1170	26		
	Acetate (5mm)		1920	24		
	Lactate $(1.25 \text{mm})$		1700	90	279	4.36
	Lactate $(1.25 \text{mm})$ ; acetate(5mm)		2430	194	316	1.88
	Lactate $(2.5 \text{mm})$		1880	115	439	4.9
	Lactate $(2.5 \text{mm})$ ; acetate(5mm)		2560	269	479	1.97
	Lactate (5mm)		2180	199	607	3.52
	Lactate $(5 \text{mm})$ ; acetate(5mm)		2710	302	569	2.05
$\boldsymbol{2}$	None	90	1060	24		
	Acetate (5mm)		1460	31		
	Lactate $(1.25 \text{mm})$		1610	74	225	4.50
	Lactate $(1.25 \text{mm})$ ; acetate(5mm)		2720	224	320	1.60
3	None	60	640	17		
	Acetate (5mm)		890	20		
	Lactate (10mm)		1150	88	540	7.60
	Lactate $(10 \text{mm})$ ; acetate (5mm)		1480	165	350	$2-36$

Table 1. Effect of acetate on gluconeogenesis from  $L$ -lactate in rat kidney cortex

For conditions of incubation see the text.

### Table 2. Effect of crotonate on gluconeogenesis from  $L$ -lactate in rat kidney cortex

For conditions of incubation see the text.

Expt. no.	Substrates added	Period of incubation (min.)	$O2$ used $(\mu \text{moles/g.})$ $\mathbf{dry}\ \mathbf{wt.}$	Glucose found $(\mu \text{moles/g.})$ $\mathbf{dry}\ \mathbf{wt.}$	L-Lactate removed $(\mu \text{moles/g. dry wt.})$
1	None	90	1210	22	
	$C_{\text{rotonate}}(5 \text{mm})$		1335	26	
	Lactate $(1.25 \text{mm})$		2570	105	462
	Lactate $(1.25 \text{mm})$ ; crotonate $(5 \text{ mm})$		2875	185	413
2	None	60	920	24	
	$C_{\text{rotonate}}(5 \text{mm})$		1000	21	
	Lactate $(10 \text{mm})$		1310	93	
	Lactate $(10 \text{mm})$ ; crotonate $(5 \text{ mm})$		1680	166	

Table 3. Effects of hexanoate and octanoate on gluconeogenesis in the presence of L-lactate in rat kidney cortex

For general conditions see the text. The period of incubation was 60 min.



Effects of propionate. Propionate alone is glucogenic in kidney cortex but only at bicarbonate and carbon dioxide concentrations approaching the physiological range. Addition of propionate to rat-kidney-cortex slices suspended in phosphatebuffered saline increased glucose formation very little, in general by about  $5\,\mu\text{moles/g.}$  dry wt./hr. In bicarbonate-buffered saline the corresponding values were found to be  $30-40 \mu$  moles. This effect of carbon dioxide is presumably due to its participation in propionate metabolism, being required as a reactant in the formation of methylmalonyl-CoA from propionyl-CoA. It may therefore be expected that some propionyl-CoA accumulates at low pressures of carbon dioxide. Addition of propionate in the presence of lactate in fact caused large increases in the yields of glucose (Table 4).

Effects of acetoacetate on the formation of glucose from fumarate,  $\alpha$ -oxoglutarate and glutamate in rat kidney cortex. Krebs et al. (1963a) have already shown that at 2.5mm-fumarate acetoacetate increased the rate of gluconeogenesis but that there was no effect at lOmM-fumarate. This stimulating effect at low fumarate concentration is confirmed

## Table 4. Effect of propionate on gluconeogenesis from L-lactate in rat kidney cortex

Rats were fed on the standard diet (see Krebs et al. 1963b). The period of incubation in phosphate-buffered saline was 120 min. For further details see the text.



### Table 5. Effect of acetoacetate on gluconeogenesis from fumarate, L-malate,  $\alpha$ -oxoglutarate and L-glutamate in rat kidney cortex

For conditions of incubation see text.



in Table 5 and is also demonstrated for malate. In  $contrast, glucose formation from  $\alpha$ -oxoglutarate and$ glutamate is slightly inhibited by acetoacetate. The inhibition is presumably connected with the fact that gluconeogenesis from these precursors requires a substantial oxygen consumption to convert the substrates into oxaloacetate. The ready oxidation of acetoacetate in kidney cortex may compete with the oxidation of  $\alpha$ -oxoglutarate and glutamate.

Effect of acetoacetate in sheep kidney. The 'acetoacetate effect' was also found in sheep kidney cortex (Table 6). Acetoacetate raised the level of glucose formation by about  $80\%$ , and caused a slight increase in the oxygen uptake, but it decreased the rate of lactate removal. When lactate was the sole added substrate the formation of glucose accounted for about two-thirds of the lactate removal. Thus some lactate was used for other reactions, probably as a fuel of respiration. When acetoacetate was present the ratio lactate removed/glucose found was about  $1.8$ , i.e. under these conditions lactate was exclusively used as a precursor of glucose and about  $10\%$  of the glucose formed was derived from endogenous sources. The results show that acetoacetate replaces lactate as the fuel of respiration. These results, it should be emphasized, refer to experiments in which the concentration of lactate was relatively low  $(2.5 \text{mm})$ .

Concentrations of acetyl-coenzyme  $A$  in slices of sheep kidney cortex. If the stimulating effect on gluconeogenesis of various precursors of acetyl-CoA was due to an activation of pyruvate carboxylase by acetyl-CoA, the steady-state concentration of the latter in the tissue should increase in the presence of the precursors. To test this about 0 8g. (wet wt.) of sheep-kidney slices was incubated under varying conditions (see Table 7). In all experiments both acetoacetate and acetate increased glucose formation in the presence of low concentrations of lactate, and as in rat kidney they caused a slight increase in glucose formation when

Table 6. Time-course of glucose formation in slices of sheep kidney cortex and relationship between glucose formation, L-lactate removal and uptake of oxygen

The concentration of added lactate was 2-5mM and of added acetoacetate 5mM. Slices were incubated in phosphate-buffered saline.



Table 7. Effect of acetoacetate and acetate on glucose formation and acetyl-coenzyme A concentration in slices of sheep kidney cortex incubated in the presence of L-lactate

About 800 mg. (wet wt.) of slices was incubated in 20 ml. of phosphate-buffered saline with  $O_2$  in the gas space.



added as the sole substrate. The increased rates of gluconeogenesis were accompanied by a rise in the concentration of acetyl-CoA, which in some cases exceeded 100%. Without acetoacetate or acetate the acetyl-CoA concentration in the slices was between about 0-024 and 0\*057mm. Acetoacetate or acetate raised them to between about 0.053 and 0.11 mm. As the  $K_m$  for pyruvate carboxylase and acetyl-CoA is 0.019mm (Keech & Utter, 1963), the increase in the concentrations of acetyl-CoA is within the range where the activating effect on the enzyme is to be expected. These findings are in agreement with the assumption (but do not prove it) that the carboxylation of pyruvate is one of the rate-limiting steps of glucose formation and that the rate of this reaction depends on the concentration of acetyl-CoA.

Effect of acetoacetate and concentration8 of acetyl-coenzyme A in rabbit kidney cortex. Similar results were obtained with rabbit kidney cortex (Table 8). In this tissue the stimulating effect of acetoacetate on the formation of glucose was rather larger than in rat and sheep kidney (between 140 and 430%). These increases were accompanied by raised concentrations of acetyl-CoA in the tissues, especially in Expt. 2. The increase was slight in Expt. 3. In the absence of acetoacetate the rate of glucose synthesis was much lower than in the rat and sheep kidney. This may be connected with the circumstance that the need for gluconeogenesis in the rabbit, as a herbivore and non-ruminant, may be smaller than in the rat and the sheep.

 $Evidence$  on mechanism of action of ketone bodies and fatty acid8. Many of the stimulating effects of ketone bodies and fatty acids on glucose formation from lactate can be explained either by a sparing action or by a stimulating effect on pyruvate carboxylase. Two further series of experiments were carried out to obtain evidence on

the question to what extent the activation of pyruvate carboxylase may be responsible for the stimulating effect. The first series consisted of experiments at high lactate concentrations when the supply of lactate may have been taken to be in excess of possible needs and when therefore a sparing action was unlikely to be relevant. Increasing the concentration of lactate above 10mM did not increase the rate of glucose formation in the absence of added acetoacetate (Table 9), but at the highest lactate concentrations (20mM) the added acetoacetate still stimulated glucose formation, the absolute increase being about the same as at low<br>lactate concentrations (Expt. 2). The same lactate concentrations  $(Expt. 2)$ . results were obtained with propionate (Table 4) and acetate and crotonate (Table 10). It is relevant to the interpretation of these observations that in similar experiments with pyruvate no acceleration occurred at high pyruvate concentrations.

The second series of experiments was based on the consideration that the sparing effect would show definable stoicheiometric relations between the amounts of lactate spared for glucose formation and the amounts of stimulating agent used: the amounts of lactate spared should be equivalent, in terms of oxygen needed for combustion, to the amounts of sparing material burnt. On the other hand if the stimulating effect is due to an activation of an enzyme, the stimulating agent should act catalytically, like the enzyme it activates, and the amount of the agent required should be expected to be smaller than the amounts of extra glucose formed. The volume of medium was kept  $low(2ml.)$ to combine maximum concentrations with a minimum total amount of added substrates. The experiments were on the whole inconclusive and are therefore not reported in detail. In some experiments acetoacetate and crotonate gave catalytic effects when 10mg. (dry wt.) rat kidney cortex was



About 750 mg. (wet wt.) of slices was incubated in 20 ml. of phosphate-buffered saline for 90 min. at  $40^{\circ}$ . Initial substrate concentrations were 5 mm. Values given are  $\mu$ moles/g. wet wt.





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Table 10. Acceleration of the formation of glucose by acetate and crotonate at high L-lactate concentrations Rat-kidney-cortex slices were incubated for the times specified. The animals had been kept on a low-carbohydrate diet.

Incubation medium	Period of incubation (min.)	Substrate added	$O2$ used $(\mu \text{moles}/g)$ . dry wt.)	Glucose found $(\mu \text{moles/g.})$ $\mathbf{drv}$ wt.)
Bicarbonate-buffered saline	90	None		21
		Lactate $(20 \,\mathrm{mm})$		248
		Lactate $(20 \text{mm})$ ; acetate(20mm)		372
Phosphate-buffered saline	60	Lactate $(20 \,\mathrm{mm})$	1790	212
		Lactate $(20 \text{mm})$ ; acetate(20mm)	2240	313
Phosphate-buffered saline	60	$C_{\text{rotonate}}(5 \text{mm})$	1060	33
		Crotonate (10mm)	1010	31
		Lactate $(20 \text{mm})$	1780	245
		Lactate $(20 \,\mathrm{mm})$ ; $crotonate(5 \text{mm})$	2240	352
		Lactate $(20 \,\mathrm{mm})$ ; crotonate $(2.5 \text{mm})$	1940	340

incubated for 2hr. in 2ml. of phosphate-buffered medium with  $40 \mu$ moles of lactate and  $0.4 \mu$ mole of acetoacetate or crotonate, but the effects were not regularly found. A catalytic effect would be expected if the formation of acyl-CoA and the combination of the latter with pyruvate carboxylase were the only reactions of acyl-CoA occurring in the test system. But this is not the case. As all acyl-CoA compounds are highly reactive, an increase in their tissue concentration is merely a reflection of a change in the steady state. It is therefore not altogether surprising that the test proved inconclusive. Catalytic quantities of substrate are used up too quickly to build up a raised steady-state concentration of acyl-CoA. To achieve this, an excess of substrate must be present.

### DISCUSSION

Sparing action versus activation of pyruvate carboxylase. Two mechanisms could account for the acceleration of gluconeogenesis by ketone bodies and fatty acids, namely a 'sparing' effect in which the added fatty acid serves as a fuel of respiration and spares glucogenic substrates for gluconeogenesis or an activation of pyruvate carboxylase by acyl-CoA. The occurrence of the sparing effect is shown by the fact that less lactate is used and more glucose formed, and that the ratio lactate used/glucose formed is decreased and approaches the value 2 when substrates other than lactate are available as fuel of respiration.

There are, however, many observations which are difficult to reconcile with the view that a sparing effect is the only mechanism of acceleration and which support the assumption that the activation

of pyruvate carboxylase is another major factor in stimulating gluconeogenesis:

(1) The effect occurs at high lactate concentrations when the excess of substrate, together with abundance of lactate dehydrogenase, should be sufficient to supply an excess of pyruvate for both gluconeogenesis and cell respiration; in other words the acceleration occurs in a situation when there is no case for a sparing action.

(2) The effect is absent at high concentrations of fumarate or other dicarboxylic acids where pyruvate carboxylase cannot be rate-limiting. It is also absent with pyruvate which alone can saturate the tissue with acetyl-CoA.

(3) Those substances (acetate, propionate, crotonate) the coenzyme derivatives of which activate the purified pyruvate carboxylase, according to Keech & Utter (1963), also stimulate gluconeogenesis from lactate. Propionate and crotonate are as effective as acetate although the rates of oxidation of propionate and crotonate are much lower than those of the other accelerating substrates.

(4) The postulated rise in the concentration of acetyl-CoA in the tissue has been demonstrated, and it is of the order of magnitude and in the range of concentrations where, according to the  $K_{\mathbf{m}}$ , an activating effect is to be expected.

(5) In many experiments, far from sparing the total utilization of lactate, acetate increased the overall lactate utilization, expecially at low lactate concentrations (see Table 1). At the higher lactate concentrations (10 or 20mM) the measurement of lactate removal is inaccurate because too small a proportion of the lactate present is used. The increased rate of gluconeogenesis from lactate and the diversion of lactate from combustion to gluconeogenesis indicate that acetate and related substances accelerate the carboxylation of pyruvate at the expense of the conversion of pyruvate into acetyl-CoA. A raised concentration of acetyl-CoA can account for both the acceleration of pyruvate carboxylase and the inhibition of pyruvate dehydrogenase (Garland & Randle, 1964).

The relevance of the results of the present work to the analysis of the control of gluconeogenesis has been discussed elsewhere (Krebs, 1964).

 $Oxygen$  consumption and gluconeogenesis. A stimulation of gluconeogenesis is expected to raise the rate of respiration on account of the ATP requirements of gluconeogenesis. Since the formation of <sup>1</sup> molecule of glucose requires 6 molecules of ATP the expected extra oxygen uptake is at least <sup>1</sup> molecule/molecule of glucose formed. In fact the increases caused by acetoacetate, acetate and related substrate were considerably greater, which suggests that the addition of these substances sets other energy-consuming reactions in motion. The nature of these remains to be explored.

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