

# Deficits in speech perception predict language learning impairment

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Specific language impairment (SLI) is one of the most common childhood disorders, affecting 7% of children. These children experience difficulties in understanding and producing spoken language despite normal intelligence, normal hearing, and normal opportunities to learn language. The causes of SLI are still hotly debated, ranging from nonlinguistic deficits in auditory perception to high-level deficits in grammar. Here, we show that children with SLI have poorer-than-normal consonant identification when measured in ecologically valid conditions of stationary or fluctuating masking noise. The deficits persisted even in comparison with a younger group of normally developing children who were matched for language skills. This finding points to a fundamental deficit. Information transmission of all phonetic features (voicing, place, and manner) was impaired, although the deficits were strongest for voicing (e.g., difference between/b/and/p/). Children with SLI experienced perfectly normal “release from masking” (better identification in fluctuating than in stationary noise), which indicates a central deficit in feature extraction rather than deficits in low-level, temporal, and spectral auditory capacities. We further showed that speech identification in noise predicted language impairment to a great extent within the group of children with SLI and across all participants. Previous research might have underestimated this important link, possibly because speech perception has typically been investigated in optimal listening conditions using non-speech material. The present study suggests that children with SLI learn language deviantly because they inefficiently extract and manipulate speech features, in particular, voicing. This result offers new directions for the fast diagnosis and remediation of SLI.

phonetic deficit | auditory deficit | speech intelligibility | masking noise | specific language impairment

Many children experience unexpected difficulties in understanding and producing spoken language despite normal intelligence, normal hearing, normal opportunities to learn language, and in the absence of any obvious neurological problems (for review, see ref. 1). This disorder is typically called specific language impairment (SLI). In the past years, research on SLI has experienced a growth of interest partially because it has become clear that more children than initially thought show language learning difficulties. Indeed, recent epidemiological studies estimate the incidence of SLI to be  $\approx 7.4\%$  in a population of monolingual English-speaking kindergarten children (2). Children with SLI exhibit deficits in several aspects of language, including phonology, morphology, and syntax (1, 3). One of the hallmarks of SLI is a deficit in the use of function morphemes (e.g., *the*, *a*, and *is*) and other grammatical morphology (e.g., plural *-s*, past tense *-ed*). Children with SLI also are at high risk for subsequent literacy problems (4).

The causes of SLI are still hotly debated. Current theories of SLI fall into two categories: those that attribute SLI to a specifically linguistic deficit and those that attribute SLI to general processing limitations (for a review, see ref. 5). Linguistic deficit theories typically assume that children with SLI have

difficulty acquiring linguistic mechanisms, such as past tense rules or the grammatical principle of inflection (6, 7). Children with SLI are thought to be “stuck” at an early stage of grammatical development. Such a delay could actually reflect a general maturational delay of language and other cognitive systems (8, 9).

In contrast, general processing deficit theories assume that it is not the specific nature of the material that is important but rather how it is processed in the brain. Nonlinguistic deficits in either perception or memory are thought to be responsible for language disorder (10–12). The most prominent theory of this kind, also called the fast temporal-processing deficit hypothesis, maintains that SLI is a consequence of a deficit in processing brief and/or rapidly changing auditory information and/or in remembering the temporal order of auditory information (13–16). For example, Tallal and Piercy (13) found that some children with SLI have difficulty reporting the order of pairs of high- and low-frequency sounds when these sounds are brief in duration and presented rapidly. Such a deficit may underlie difficulties in perceiving grammatical forms (e.g., *the* or *is*), which are generally brief and unstressed (17).

The auditory deficit account has been criticized because many children with SLI perform normally on a variety of auditory tasks (18) and because auditory deficits do not predict much of the variance within the group of language-impaired children (19). Also, a number of studies have shown that auditory deficits are not restricted to rapid auditory processing (20). To the contrary, many “slow” tasks, such as 4-Hz amplitude modulation or 2-Hz frequency modulation detection, seem to be difficult for children with developmental language learning disorders (21–25). Given that speech intelligibility depends heavily on the integrity of its low-frequency amplitude modulations (e.g., ref 26), a slow temporal-processing deficit might offer a viable explanation of speech perception deficits in SLI.

The goal of the present study was to investigate the acoustic/phonetic nature of potential speech perception deficits in children with SLI. Our aim was to increase the power of detecting speech perception deficits in SLI by shifting the focus of attention from purely nonlinguistic auditory tasks to speech identification of phonetic categories in ecologically valid listening conditions. In the present study, we used a psychophysical technique testing for consonant identification in the presence of masking noise. This technique parallels the standard tone-detection-in-noise tasks that have proved extremely successful in the study of SLI (9, 27). Speech identification of vowel-consonant-vowel (VCV) stimuli (e.g., /aba/, /aga/, and /ada/)

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Abbreviations: SLI, specific language impairment; A-match, age-matched; L-match, language-matched; VCV, vowel-consonant-vowel; AM, amplitude-modulated; IQ, intelligence quotient.

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**Table 1. Characteristics of children with SLI and of A-match and L-match controls**

Group	Age (range), yr	IQ-P (range)	Comp.	Working mem.	Vocab.	Phonol.
SLI	10.4 (8.3–12.5)	99.4 (85–110)	84.7	28.0	50.6	77.3
L-match	8.6 (7.9–9.6)	102.1 (85–129)	87.8	32.0	58.8	92.0
A-match	10.6 (8.6–12.5)	97.0 (83–110)	95.6	56.0	72.4	99.3
Statistical tests						
L-match	$P < 0.01$	ns	ns	ns	ns	$P < 0.08$
A-match	ns	ns	$P < 0.0001$	$P < 0.01$	$P < 0.0001$	$P < 0.001$

Values for comprehension (Comp.) indicate the percent correct on the ECOSSE picture/word comprehension test (36). Values for working memory (mem.) and vocabulary (Vocab.) indicate percent correct on the L2MA language battery (37). Phonology (Phonol.) values indicate percent correct on a word repetition test taken from the L2MA language battery (37). IQ-P, performance IQ (35); ns, not significant.

was measured in optimal conditions (silence) and in conditions of masking noise.

Two features of the present experimental design must be highlighted: First, previous studies investigated phonetic categorization performance only for a limited number of phonetic contrasts (28, 29). In contrast, in the present study, identification performance was studied for all of the 16 consonantal categories of French. This technique allowed us to investigate more systematically the reception of speech consonant/phonetic features, such as voicing, manner, and place of articulation. Secondly, two types of masking noise were used: temporally fluctuating noise and stationary noise. In conditions of temporally fluctuating noise, unimpaired listeners experience “release from masking,” that is, better speech identification in fluctuating noise than in stationary noise (30). This effect indicates that the normal auditory system is capable of taking advantage of relatively short temporal minima in the fluctuating background to detect speech cues, a capacity often called “listening in the valleys.” Clearly, this capacity requires a certain degree of temporal and spectral resolution (e.g., ref. 31). Temporal resolution is required to follow the background fluctuations to extract speech cues during the background valleys, whereas spectral resolution is required to access parts of the speech spectrum that are not (or less) masked by the background noise. Temporal fine structure cues (amplitude fluctuations faster than  $\approx 500$  Hz) also play a role in the perceptual segregation of speech from background noise (32). Indeed, listeners with sensorineural hearing loss after cochlear damage show degraded spectral resolution and poor fine-structure coding. Not surprisingly, such listeners typically show reduced or abolished masking release (31, 33, 34).

In summary, in Exp. 1, we tested speech identification and the transmission of phonetic features in quiet and noisy conditions. The comparison of performance in fluctuating noise and stationary noise conditions allowed us to test whether children with SLI showed abnormal masking release. Two control groups were tested: one that was matched in terms of chronological age and nonverbal ability and another that was matched in terms of language ability (i.e., younger, typically developing children). The purpose of this second group was to control for the possibility that the ability to do a speech perception task under taxing conditions might be influenced by top-down knowledge of language. If so, potential speech perception deficits could be a consequence rather than a cause of poor language. In contrast, if speech perception deficits persist in the L-match comparison, then they are likely to be the cause rather than the consequence of SLI.

### Experiment 1

**Methods. Participants.** Ten children (seven boys) with SLI were recruited from the neuropediatric service of the La Timone Hospital in Marseille, France. The children were diagnosed as language-impaired by a multidisciplinary team. Diagnosis in-

cluded a medical assessment (hearing and vision) and neuropsychological and psycholinguistic testing. All children had a nonverbal intelligence quotient (IQ)  $>85$  on the French version of Wechsler Intelligence Scale for Children (35). They had audiometric thresholds of  $<20$  dB hearing level between 0.25 and 8 kHz and no history of hearing difficulty. None of the children had suffered from otitis media, and none of them showed evidence of seizure or brain lesions. Language comprehension and syntactic knowledge were tested with L’ECOSSE (Épreuve de Compréhension Syntaxico-Sémantique), a standardized sentence/picture matching test (36). All other tests were taken from L2MA, a standardized test of spoken language ability (37): Verbal memory was assessed with backward and forward number repetition, vocabulary was assessed with picture naming, and phonology was assessed with word repetition and phonetic fluency measures. Impaired children in this study were at least 2 SD below the age-appropriate mean on at least four subtests. The characteristics of the participants and a summary of the language test results are found in Table 1.

Two control groups with 10 children each were recruited from a local school in Marseille. The first group, the age-matched (A-match) controls, were selected such that the normally developing children had the same chronological age and nonverbal cognitive ability (performance IQ) as children with SLI (see Table 1). The second group, the language-matched (L-match) controls, were selected such that the normally developing children had the same overall language ability. These children were, on average,  $\approx 2$  years younger than children with SLI.

**Stimuli.** One set of 48 unprocessed VCV stimuli was recorded. These speech stimuli consisted of three exemplars of 16 possible /aCa/ utterances ( $C = /p,t,k,b,d,g,f,s,f,m,n,r,l,v,z,ʒ/$ ) read by a French female speaker in a quiet environment. Each signal was digitized by a 16-bit analog/digital converter at a 44.1-kHz sampling frequency. VCV identification was assessed in silence or noise. In the latter condition, a gated speech-shaped noise masker (i.e., a noise with the long-term power spectrum of running speech) was added to each utterance (and refreshed in each trial of a given session). This speech-shaped noise was either (i) steady (i.e., unmodulated) or (ii) modulated with a sine-wave modulator. The expression describing the sine-wave modulator,  $m(t)$ , was

$$m(t) = [1 + m \sin(2\pi f_m t + \phi)]n(t), \quad [1]$$

where  $n(t)$  represents the speech-shaped noise. Modulation depth,  $m$ , was fixed at 1 (i.e., 100%); modulation frequency,  $f_m$ , was fixed at 32 Hz. The starting phase of the first-order modulation,  $\phi$ , was randomized between  $0^\circ$  and  $360^\circ$  on each trial.

In each experimental condition, the noise masker was added to each speech utterance at a 0 dB (rms) signal-to-noise ratio. This signal-to-noise ratio was determined in a preliminary experiment so as to yield a consonant identification performance of  $\approx 50\%$  correct when the speech-shaped noise was steady in





speech cues. This finding is important because it suggests that the sensory and cognitive processes known to be involved in masking release, such as auditory grouping based on stimulus spectral and fine-structure cues (32), perceptual restoration (42), and informational masking (43), are functional in children with SLI. This pattern of results again contrasts with data from hearing-impaired patients who tend to show reduced or abolished masking release.

## Experiment 2

The goal of Exp. 2 was twofold. First, we wanted to provide a replication of our main findings (i.e., speech perception deficits in noise in the presence of intact masking release) with a new group of participants and more intensive psychophysical testing. Second, we wanted to test whether rapid noise fluctuations would result in stronger speech perception deficits than slow fluctuations. Indeed, the fast temporal-processing deficit hypothesis (13) would predict larger deficits under conditions of high-frequency noise modulations (e.g., 128 Hz) than under conditions of low-frequency noise modulations (e.g., 4 Hz). These larger deficits would exist because a rapid processing deficit would prevent the auditory system from taking advantage of the short temporal minima in rapidly fluctuating background noise. In other words, to restore the speech signal in conditions of fluctuating noise, the auditory system needs to go as “fast” as the noise to detect speech cues in the noise valleys. Thus, in case of a rapid-processing deficit, “glimpsing” in noise valleys should be more difficult when modulation frequency is high. Conversely, the “slow” temporal processing deficit hypothesis (e.g., ref. 25) would predict larger deficits under conditions of slow noise modulations (4 Hz) than under conditions of fast noise modulations (128 Hz). In summary, Exp. 2 tested for speech perception deficits in optimal listening conditions and in four masking conditions: stationary, 4-Hz, 32-Hz, and 128-Hz noise.

**Methods. Participants.** Ten children (7 boys) with SLI were again recruited from the neuropediatric service of the La Timone Hospital in Marseille, France. The average age was 10.8 years (age range 8.6–12.6 years). Selection procedure was identical to Exp. 1. In particular, all children had a nonverbal IQ of >85 and audiometric thresholds at <20 dB hearing level between 0.25 and 8 kHz. Ten A-match controls were recruited from a local school (mean age, 10.8 years; age range, 8.6–12.9 years). Given that Exp. 1 confirmed the reliability of our results with regard to a L-match group, in the present experiment, we selected only 10 controls that were matched with regard to chronological age (mean age, 10.8 years; age range, 8.6–12.9 years). The controls had normal vision and audition and no history of language or reading disability. Because of time constraints, no language tests were administered for the controls apart from word repetition (phonology) and phonological decoding (nonword reading).

**Stimuli and procedure.** Stimuli were identical to Exp. 1. To increase the power of the experiment, we made the following changes: First, we reduced the signal-to-noise ratio from 0 to -15 dB (rms). Second, we increased the number of data points by repeating the 48 VCV stimuli four times per condition (196 data points). In the fluctuating noise condition, we added two conditions with a  $f_m$  of 4 Hz and 128 Hz.

**Results. Identification performance.** Table 3 presents identification performance across all experimental conditions. No significant speech perception deficit was obtained in silence. In contrast, reliable deficits were obtained for all of the speech-in-noise conditions.

To address the issue of whether the speech perception deficit varied as a function of noise modulation frequency, we submitted the data to a  $2 \times 3$  ANOVA with group (SLI vs. controls) and masking condition (4, 32, and 128 Hz) as factors. The ANOVA

**Table 3. Speech identification performance (% correct) of children with SLI and of A-match controls in silence, stationary (Stat.) noise, and AM noise**

Group	Silence	Stat. noise	Frequency modulation of AM noise		
			4 Hz	32 Hz	128 Hz
SLI	92.8	37.4	65.2	58.4	41.7
Controls	99.8	49.2	76.9	73.2	56.6
Diff.	7.0	11.8	11.7	14.8	14.9
t test	$P < 0.07$	$P < 0.0001$	$P < 0.0001$	$P < 0.0001$	$P < 0.0001$

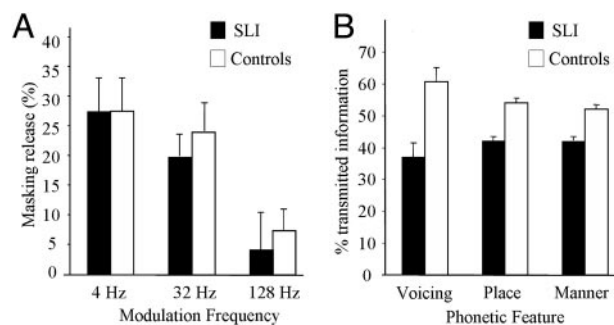
Diff. indicates the difference between SLI and controls.

showed significant main effects of group ( $\Delta F = 22.9$ ,  $P < 0.0001$ ) and masking condition ( $\Delta F = 212.0$ ,  $P < 0.0001$ ). The interaction between these effects was not significant ( $\Delta F < 1$ ), suggesting that the speech perception deficit of children with SLI was similar across the three different types of masking conditions.

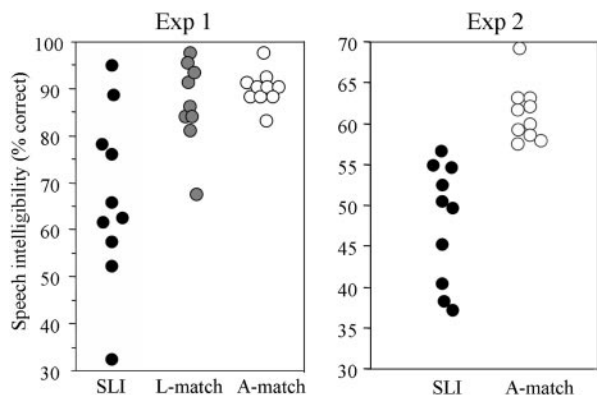
**Masking release.** A clear masking release effect was observed. As in Exp. 1, performance was substantially better in fluctuating noise than in stationary noise. The amount of masking release (i.e., performance in fluctuating noise minus performance in stationary noise) across the three modulation frequencies is presented in Fig. 2A.

Statistical analyses confirmed that the size of the masking release varied as a function of frequency: Masking release was best for 4 Hz and worst for 128 Hz ( $\Delta F = 136.6$ ,  $P < 0.0001$ ). More importantly, children with SLI and controls obtained literally identical masking release effects, with maximum release ( $\approx 28\%$ ) at the lowest modulation frequency (4 Hz). The interaction between the effects of masking release and group were not significant ( $\Delta F < 1$ ). This result replicates our previous finding that children with SLI show intact masking release.

**Phonetic feature transmission.** The specific reception of the three speech features was analyzed in a  $2 \times 3 \times 3$  ANOVA with group (SLI vs. controls), phonetic feature (voicing vs. place vs. manner), and condition (4, 32, and 128 Hz) as factors. The results showed poorer performance for children with SLI than for controls ( $\Delta F = 23.7$ ,  $P < 0.001$ ), indicating that the reception of speech features was generally impaired in children with SLI. More importantly, the data exhibited a significant interaction between group and phonetic feature ( $\Delta F = 4.1$ ,  $P < 0.05$ ), reflecting the fact that the deficit for voicing (24%) was stronger than the deficit for place (12%) or manner (10%). These data are presented in Fig. 2B. The triple interaction also reached significance ( $\Delta F = 3.2$ ,  $P < 0.05$ ) because the deficits of voicing and place were strongest in the 32-Hz condition, whereas the deficit of manner was strongest in the 4-Hz condition. Note, however,



**Fig. 2. Masking release (A) and the reception of phonetic features (B) for children with SLI and for controls. Masking release is the difference between performance in fluctuating noise and stationary noise. Error bars indicate SEM.**



**Fig. 3.** Scatter plots showing speech-perception-in-noise performance (% correct) under conditions of noise (stationary noise and 32-Hz AM noise) in Exps. 1 and 2.

that in each condition, the strongest deficit was always obtained for voicing.

**Discussion.** Exp. 2 replicated the main findings of Exp. 1, that is, the existence of a weak speech perception deficit in silence but a robust deficit in noise. The speech perception deficit was equally strong across the different masking conditions (4, 32, and 128 Hz). This finding does not directly support the fast or slow temporal-processing deficit hypothesis (13, 25), which would have predicted a variation of the deficit as a function of modulation frequency. Moreover, as in Exp. 1, masking release was intact in all conditions, which rules out low-level spectral or temporal processing deficits.

#### Experiments 1 and 2: Individual Performance and Regression Analyses

Two important issues still need to be addressed: (i) How general the deficit is, and (ii) whether it actually predicts the language deficit. Indeed, it has been previously argued that only a subgroup of children with SLI might have sensory deficits (18, 44) and that the severity of the auditory deficit does not appear to predict the severity of the language impairment (19).

To address the first issue in our data, we analyzed individual scatter plots for children with SLI and controls (Fig. 3). Because both experiments used stationary and 32-Hz amplitude-modulated (AM) noise, we pooled the data from Exps. 1 and 2 across these two conditions. In Exp. 1, seven of 10 children with SLI were at least 1 SD below the mean of the L-match controls,

and eight of 10 were at least 1 SD below the mean of the A-match controls. In Exp. 2, nine of 10 children with SLI were at least 1 SD below the mean of the A-match controls. Clearly, the present speech-perception-in-noise deficits should be considered as very general.

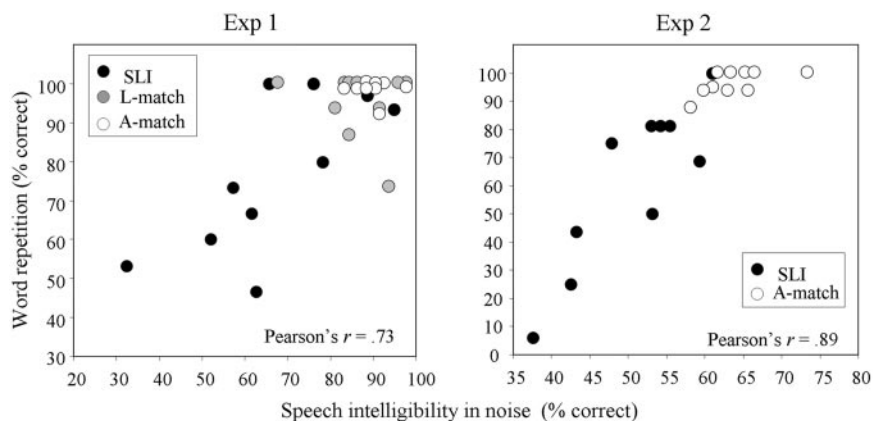
To address the issue of predictive power, we calculated Pearson correlations between speech intelligibility in noise and language performance on the word repetition subtest of the L2MA battery (37). This analysis revealed a highly significant correlation between speech intelligibility in noise and word repetition (Exp. 1:  $r = 0.74$ ,  $P < 0.0001$ ; Exp. 2:  $r = 0.89$ ,  $P < 0.0001$ ). Note that the size of the correlations persisted when only children with SLI were entered into the regression model (Exp. 1:  $r = 0.73$ ,  $P < 0.0001$ ; Exp. 2:  $r = 0.86$ ,  $P < 0.001$ ). These results are presented in Fig. 4.

Given that we used a nonword reading test in Exp. 2, we were also able to check whether the speech intelligibility deficits still predicted the phonological deficit when no spoken input was involved, which the results showed was the case. Speech intelligibility in noise still predicted the phonological deficit in nonword reading ( $r = 0.83$ ,  $P < 0.0001$ ).

#### General Discussion

The main findings of the present study can be summarized as follows. Under optimal listening conditions (silence), children with SLI showed only subtle speech perception deficits. However, under conditions of stationary noise and fluctuating noise, children with SLI showed substantial speech perception deficits. Note that conditions of fluctuating noise are not artificial; they are actually very representative of the kind of listening conditions that children will encounter in their daily life (in schools, for example). Thus, the present results raise the possibility that children with language learning disabilities have very serious problems with noise exclusion, which will certainly have tremendous consequences for normal phonological development. A similar proposal has recently been made with regard to visual (magnocellular) deficits that seem frequently associated with dyslexia (45). The authors showed that dyslexic children do not have visual (magnocellular) processing problems *per se* but rather problems of noise exclusion that become apparent in visual tasks using noisy displays. Noise exclusion could therefore be a very general problem responsible for poor phonological development of children with language learning problems and dyslexia.

The fact that most previous studies and clinical tests investigated speech perception in optimal listening conditions might also explain why they often failed to find robust deficits (39). We thus suggest that clinical testing in the future must involve speech-perception-



**Fig. 4.** Correlation between speech intelligibility in noise and performance on a word repetition test for children with SLI and for controls.

