

Choline Derivatives Involved in Osmotolerance of *Penicillium fellutanum*†

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***Penicillium fellutanum* is osmotolerant and xerotolerant when cultured in a low-phosphate medium containing 3 M NaCl. Glycerol and erythritol accumulated in cultures with NaCl concentrations up to 2 M; glycerol was the only detectable polyol in cultures containing 3 M NaCl. In cultures with 3 M NaCl, the intracellular levels of glycine betaine and choline-*O*-sulfate were 22- and 2.6-fold greater (70 and 46 mM), respectively, than those of cultures without added NaCl. The levels of glycine betaine and glycerol decreased in mycelia transferred from a medium containing 3 M NaCl into a fresh medium without added NaCl. NaCl at 3 M inhibited mycelial mass accumulation; this inhibition was partially corrected by supplementation of cultures with glycine betaine (2 mM) or choline-*O*-sulfate (10 mM). The presence of exogenous choline chloride (2 mM) in plate cultures protected the cells from stress from 3 M NaCl. The data suggest that glycine betaine and choline-*O*-sulfate are secondary osmoprotectants which are effective at the point that the cell is incapable of synthesizing more glycerol.**

Cellular adaptation to extreme environmental conditions, such as high-saline environments, is a fundamental biological process needed for survival and growth of organisms (14, 25, 43). Osmotic stress is caused by large concentrations of either salts or nonionic solutes in the surrounding medium; this results in dehydration of cells (7, 30, 46, 50). Salinity is a major limiting factor in agricultural productivity (30) and is of concern in the food and medicinal industries (8, 17, 24, 28, 40, 42, 43, 48).

Fungi, including yeasts, are well known for their ability to adapt to environments of high osmolarity by intracellular accumulation of species of neutral, low-molecular-weight compounds which maintain positive turgor pressure (7, 11, 12). Fungal cells synthesize polyols even without osmotic stress and respond to osmotic stress by accumulation of predominantly polyols (7, 21). These compatible solutes can accumulate up to molar concentrations without greatly interfering with the normal functions of intracellular enzymes; these solutes may protect enzymes and other cellular components from high salt concentrations (4, 41, 49, 50).

The known osmoreponsive compatible solutes used by fungi are mainly polyhydroxy alcohols, trehalose, and K⁺. Glycerol is the predominant osmoprotectant (1, 3, 5, 7, 16, 19, 26, 31). *Penicillium* and *Aspergillus* species tested accumulate glycerol as a major, and erythritol as a minor, osmoregulatory solute (2, 16, 22, 23).

We reported that glycine betaine (GB) and choline-*O*-sulfate (COS) accumulate inside *Penicillium fellutanum* cultured in a low-phosphate medium (39). Phosphocholine of extracellular peptidophosphogalactomannan (pP_xGM [where *x* is the number of phosphodiester residues]) is a precursor of these

two intracellular choline derivatives. Experiments were performed to determine if these intracellular choline derivatives are involved in adaptation to osmotic stress in *P. fellutanum*. This paper reports that intracellular GB, COS, and exogenous choline are involved in osmoprotection of *P. fellutanum* under low-phosphate and high-osmolarity conditions.

MATERIALS AND METHODS

Chemicals and strain. Sodium (trimethylsilane)-1-propanesulfonate (TSP) was obtained from Wilmad Glass Co., Buena, N.J. L-[methyl-¹³C]methionine and deuterium oxide (D₂O) were purchased from Sigma, St. Louis, Mo. All other chemicals were reagent grade and were obtained from commercial sources. *P. fellutanum* (formerly *Penicillium charlesii* G. Smith [NRRL 1887]), was a gift from Kenneth Raper, Department of Bacteriology, University of Wisconsin, Madison.

Medium and growth conditions. Conidiospore suspensions were prepared as described previously (39), stored at 4°C, and used for routine inoculation. For ¹³C nuclear magnetic resonance (NMR) analysis of intracellular solutes, cultures were grown in 200 ml of low-phosphate standard growth (LPSG) medium containing 2 mM phosphate in 500-ml notched wide-mouth Erlenmeyer flasks at 22°C under constant light and shaking at 40 rpm on a New Brunswick model G-10 shaker. L-[methyl-¹³C]methionine (50 mg) was added to each culture flask 30 h after inoculation. L-[methyl-¹³C]methionine was dissolved in double-distilled water (ddH₂O) and passed through a sterile 0.22-μm-pore-size membrane filter (Millipore). The composition of LPSG medium is described elsewhere (47).

For salt stress experiments in liquid cultures, stated concentrations of sterile, solid NaCl were added directly to the cultures 60 h after inoculation, unless noted otherwise.

Preparation of extracts of mycelium. Mycelium was separated from the culture medium by filtration in vacuo on either a C- or M-type sintered glass filter, followed by washing with ddH₂O containing the same salt concentration as that of the parent culture to avoid any possible loss of intracellular solutes during washing of harvested mycelium. Throughout this study, 80% ethanol extraction was performed as described previously (39).

¹³C NMR analysis of intracellular solute pools. To increase the sensitivity of the methyl amine-containing intracellular solutes to ¹³C NMR spectroscopy, cultures were enriched with 99 atom% L-[methyl-¹³C]methionine. ¹³C from L-[methyl-¹³C]methionine incorporated in vivo into methyl groups of intracellular choline derivatives was determined by proton-decoupled ¹³C NMR analysis with an NT-300 spectrometer with a 7-T Oxford magnet operating in the pulsed Fourier transform mode. For quantification of intracellular solutes by ¹³C NMR spectrometry, cultures were grown without added L-[methyl-¹³C]methionine. *P. fellutanum* was grown in 200 ml of LPSG medium that contained 20 mM NaCl. Sterile, solid NaCl (0.5, 1.0, 2.0, or 3.0 M) was added directly to each 200 ml of culture 72 h after inoculation. The mycelium was harvested on day 8. Four milliliters of each extract of mycelium was subjected to ¹³C NMR analysis with the addition of 0.5 ml of D₂O and 0.51% of sodium TSP as an internal reference. Proton-decoupled ¹³C NMR spectra were recorded at 75 MHz as described

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previously (39). Data acquisition parameters were as follows: spectral width, 10,000 Hz; pulse width, 28 μ s; acquisition time, 409.6 ms; spectrometer frequency, 75.457 MHz; number of acquisitions, 1,000; temperature, 10°C.

Osmotic downshift. To monitor the fate of intracellular solutes produced in the presence of 3 M NaCl in LPSG medium, the mycelium was initially cultured with L-[methyl- 13 C]methionine as described above. The mycelium was harvested on day 8 and transferred aseptically to a fresh LPSG medium without added NaCl and L-[methyl- 13 C]methionine. As a control, mycelium was transferred separately to a fresh medium containing 3 M NaCl. Each mycelium was harvested 3 days after transfer and extracted with 80% ethanol, and the water-soluble portions of extracts were analyzed by 13 C NMR spectrometry.

Identification of COS and GB. Identification of intracellular GB and COS was performed by proton-decoupled 13 C NMR spectrometry as described previously (39).

Identification of intracellular polyols. The identification of polyhydroxy alcohols in the intracellular solute pools was performed by 13 C NMR analysis and confirmed by paper chromatography. Ten microliters of each cell extract obtained from the cultures treated with NaCl (final concentration, 0.5, 1.0, 2.0, or 3.0 M) was spotted onto Whatman no. 3 paper. Lanes containing 10 μ l of glycerol and erythritol (100 mM each) served as references. The chromatogram was developed in a descending manner with *n*-butanol-pyridine-*dd*H₂O (6:4:3, vol/vol/vol) for 11 h at room temperature. The chromatogram was then visualized after treatment with an aqueous solution of 2 ml of 40% AgNO₃ in 80 ml of acetone. After air drying, the chromatogram was treated with 0.2 M Na₂S₂O₃ and then air dried in a hood.

Salt stress and influence of exogenous GB chloride, COS, or choline chloride. *P. fellutanum* was cultured initially in LPSG medium (40 ml per flask). Either GB chloride (final concentration, 2 mM) or COS (final concentration, 10 mM) was added to the cultures 30 min before the addition of NaCl (3 M) at 60 h. GB chloride and COS were dissolved in ddH₂O and added to the culture through a sterile 0.22- μ m-pore-size membrane filter (Millipore). Growth was determined by measuring the mycelial dry weight (39). At selected intervals, the mycelium was recovered by filtration in vacuo on preweighed Whatman no. 1 paper filters supported by sintered glass and then dried at 100°C for 10 h.

The effect of exogenously added choline was examined by measuring the radial growth of the colonies on the surface of plates of C-source-limiting LPSG medium supplemented with 3 M NaCl. Choline chloride was dissolved in ddH₂O and filter sterilized as described above and added (final concentration, 2 mM) to the agar medium before it became solidified. To decrease the accumulation of polyols and stimulate the accumulation of other osmoregulatory compatible solutes such as choline derivatives, only 1/10 of the C source (glucose) was used for these culture plates. The spore suspension was inoculated as a single spot with a diameter of 2.7 cm on the surface of agar plates containing 2 mM choline chloride. The diameter of the circular colonies was measured daily for 29 days.

Measurement of intracellular choline derivatives. The amounts of intracellular GB and COS were determined by 13 C NMR spectrometry with sodium TSP as a reference (39). For this purpose, the cultures were not enriched with L-[methyl- 13 C]methionine. The intensities of 13 C-methyl signals of 13 C NMR spectra of the mycelium extracts were integrated by using Felix for Windows 1.02 software (Molecular Simulations Inc.), and the integrated values were compared with that of sodium TSP.

RESULTS

Effect of osmotic upshock and downshift on intracellular choline derivatives in *P. fellutanum*. Cultures of *P. fellutanum* were enriched with L-[methyl- 13 C]methionine and NaCl at concentrations ranging from 0.5 to 3.0 M as described in Materials and Methods. The control contained no added NaCl. No major differences in the patterns and intensities of 13 C NMR signals identified as *COS1* and *GB1* (39) were observed between cultures derived from mycelium intracellular pools in control medium lacking added NaCl (Fig. 1A) and those containing added 0.5 M (Fig. 1B) or 1.0 M (Fig. 1C) NaCl. [The signal at 56.76 ppm (designated *COS1*) represents -N⁺-(13 CH₃)₃ of COS, and that at 56.23 ppm (designated *GB1*) represents -N⁺-(13 CH₃)₃ of GB. The two signals upfield at 54.99 and 48.82 ppm were not of concern because they did not change intensity with increasing concentrations of NaCl.] The most prominent intracellular N-methyl solutes in *P. fellutanum*, grown for 8 days in LPSG medium with 3 M NaCl, were COS and GB (Fig. 1E). These results suggest that the level of GB is especially sensitive to high osmolarity.

The levels of GB which accumulated under high-osmolarity conditions (Fig. 2A) significantly decreased when the salt stress was removed (Fig. 2B); however, the GB level remained ap-

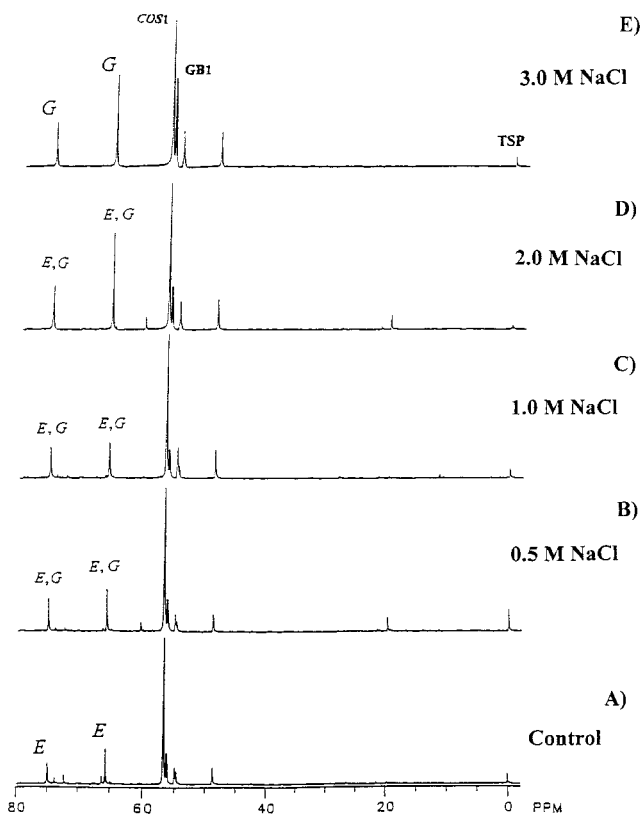


FIG. 1. Influence of NaCl concentration on intracellular solutes in *P. fellutanum*. Proton-decoupled 13 C NMR spectra (proceeding from the bottom to the top) were recorded with the mycelial extracts obtained from cultures grown without added NaCl at a concentration of 0.5 (B), 1.0 (C), 2.0 (D), or 3.0 (E) M. For simplicity, only the region from 40 to 80 ppm is shown. Peak symbols are described in the text. Chemical shifts for carbons in COS and GB were previously assigned (39).

proximately constant when similar 8-day cultures with 3 M NaCl were transferred to a fresh LPSG medium containing 3 M NaCl (Fig. 2C).

The GB quantity increased 22-fold (33 mg/g [dry weight] of mycelium) in LPSG medium supplemented to contain 3 M NaCl compared with that of unsupplemented controls (1.5 mg/g [dry weight] of mycelium) (Table 1). The data in Table 1 show that osmotic stress with 3 M NaCl in low-phosphate culture medium further increases the concentration of the solute GB in mycelium.

The level of intracellular COS increased from 9.3 mg/g (dry weight) in unsupplemented LPSG medium to 25.0 mg/g (dry weight) in supplemented medium, which represents a 2.7-fold increase (Table 1). These values translate into combined concentrations of COS and GB in unsupplemented and supplemented mycelium of 80 and 464 μ mol/g (dry weight), respectively.

Glycerol and erythritol as major osmoreponsive polyols in *P. fellutanum*. The two signals (designated *G* and *E* in Fig. 1) are those of primary (chemical shift, 65.47 ppm) and secondary (74.95 ppm) alcohol carbons of glycerol and erythritol. Glycerol and erythritol were identified by 13 C NMR spectroscopy and paper chromatography; the chemical shifts of these two signals exactly matched those of C-1 and C-3 (CH₂OH) and C-2 (CHOH) of commercial glycerol and C-1 and C-4 (CH₂OH) and C-2 and C-3 (CHOH) of commercial erythritol.

The mycelium grown without added NaCl, the control, con-

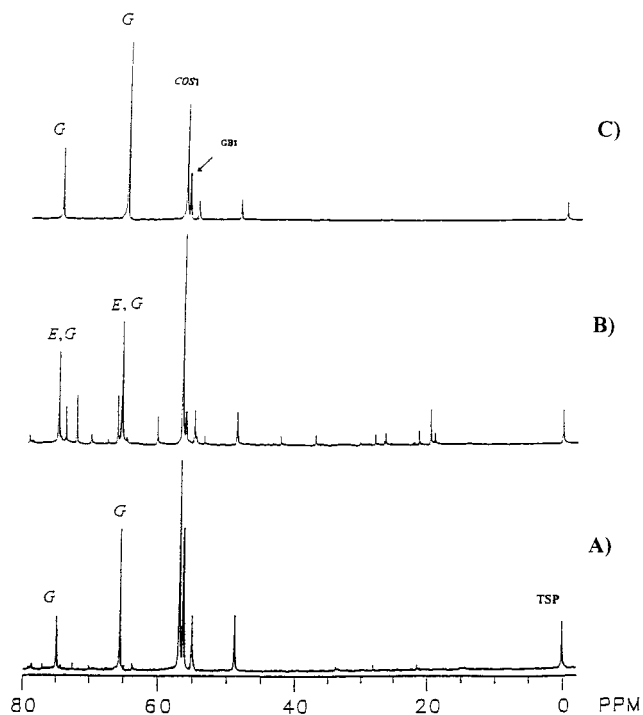


FIG. 2. Influence of osmotic downshift on the levels of intracellular solutes. The mycelium grown for 8 days in LPSG medium containing 3 M NaCl and supplemented with L-[methyl-¹³C]methionine (A) were harvested and transferred aseptically to either a fresh LPSG medium without added NaCl (B) or with 3 M NaCl as a control (C). The transferred mycelia were harvested 3 days after transfer, and the extracts were analyzed with ¹³C NMR spectroscopy; 0.75% sodium TSP was used as a reference (chemical shift, 0.00). Peak symbols are described in the text, as are the acquisition parameters.

tained mainly erythritol and a negligible amount of glycerol as observed from the ratio of the intensity of the signal at 65.47 to that of the signal at 74.95 ppm (Fig. 1A); paper chromatography (Fig. 3, lane 3) also showed erythritol as the major polyol in the mycelium grown without added NaCl. As the concentration of NaCl was increased to 3 M (Fig. 1A to E), the ratio of signal intensities at 65.47 and 74.95 ppm significantly in-

TABLE 1. Influence of 3 M NaCl on accumulation of GB and COS in *P. fellutanum*

LPSG medium supplement	Solute (mg/g [dry wt]) ^a		Mycelium growth (g/200 ml) ^b
	COS	GB	
None	9.3 (17) ^c	1.5 (3.0)	3.5 ± 0.35
NaCl ^d	25.0 (46)	33.1 (70)	1.8 ± 0.01

^a The quantity of each solute is provided as milligrams of COS or GB per gram (dry weight) of mycelium. The quantity of each solute was determined by integrating methyl carbon signals on ¹³C NMR spectra by using Felix for Windows 1.02 software (Molecular Simulations Inc.). Sodium TSP (0.51%) was used as a reference, and the data were acquired without nuclear overhauser effect enhancement.

^b Cultures were grown for 8 days in 200 ml each of LPSG medium in three separate flasks with 3 M NaCl and without added NaCl as a control. Growth was determined by measuring mycelium dry weight and by determining the means of the results of triplicate experiments ± standard deviations in grams (dry weight) per 200 ml of culture medium.

^c Values in parentheses represent the calculated millimolar concentration of the indicated solute. An approximate cell composition of 20% dry weight–80% water was assumed.

^d Sterile, solid NaCl (35.06 g) was added to 200 ml of culture.

Lane: 1 2 3 4 5 6 7
NaCl (M): Gly Ery ctl* 0.5 1.0 2.0 3.0

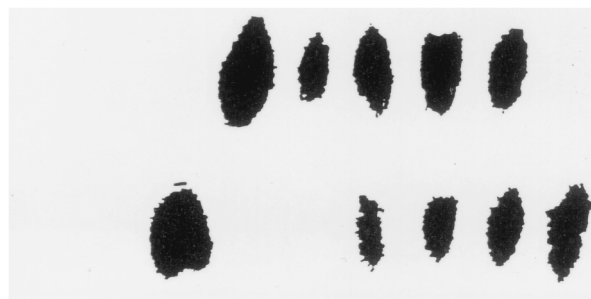


FIG. 3. Paper chromatographic separation and identification of glycerol and erythritol. The extracts were obtained from the mycelium grown in LPSG medium without added NaCl as a control (lane 3) or containing a final molar concentration of added NaCl of 0.5 (lane 4), 1.0 (lane 5), 2.0 (lane 6), or 3.0 (lane 7). Ten microliters of an appropriate cell extract was applied to lanes 3 to 7 on Whatman no. 3 paper. Ten microliters of 20 mM glycerol (lane 1) and 20 mM erythritol (lane 2) were used as reference solutes.

creased, indicating that the level of glycerol gradually increased. The paper chromatogram (Fig. 3) showed that in mycelium grown in LPSG medium without added NaCl (Fig. 3, lane 3), i.e., the control, or supplemented with 0.5, 1.0, or 2.0 M NaCl (lanes 4 to 6, respectively), the level of erythritol increased with increasing concentrations of NaCl (up to 2 M) in the culture medium. The level of glycerol also increased with increasing concentrations of NaCl (lanes 3 to 7), although the mycelium grown with 0.5, 1, or 2 M NaCl (lanes 4 to 6, respectively) contained slightly more erythritol than glycerol. In contrast, in the mycelium from cultures grown with 3 M NaCl, glycerol was the major polyol detected (Fig. 1E); there was no significant spot equivalent to erythritol on the chromatogram (Fig. 3, lane 7). Both glycerol and erythritol were major polyols in mycelium cultured with 2 M NaCl (Fig. 1D and Fig. 3, lane 6).

The level of glycerol previously accumulated in the mycelium grown with 3 M NaCl (Fig. 2A) significantly decreased, with a concomitant increase in erythritol level upon removal of salt stress (Fig. 2B). This suggests an osmoreponsive role of glycerol. In contrast, as shown in Fig. 2C, in the control mycelium, which was transferred to fresh medium also containing 3 M NaCl, the level of glycerol further increased, while levels of COS and GB did not change much compared to those in the parent mycelium (before transfer) (Fig. 2A).

Osmoprotection of mycelium by exogenous GB, COS, or choline. To provide evidence of the ability of exogenous GB chloride or COS to protect the mycelium against osmotic stress, *P. fellutanum* was cultured in LPSG medium containing 3 M NaCl and with, or without, added GB chloride (2 mM) or COS (10 mM) (Table 2). Addition of 3 M NaCl to the cultures 60 h after inoculation caused a 33% decrease in mycelium dry weight within 12 h (on day 3); the dry weights of the cultures supplemented with either GB chloride (2 mM) or COS (10 mM) were unchanged or increased 25%, respectively. The dry weights of the mycelium in cultures with either GB or COS added were greater than those of control cultures at days 4, 6, and 8. After the initial stage of repressed growth, during the initial stage of salt stress, a parallel increase in dry weight occurred.

Enhanced osmotolerance by exogenously added choline

TABLE 2. Effect of exogenous GB or COS on growth^a of *P. fellutanum* stressed with 3 M NaCl

Day	Mycelium growth (mg [dry wt])		
	Control	GB ^b	COS ^b
1	9		
2	30		
2.5 ^d	60		
3	40	60 (50) ^c	75 (88)
4	70	90 (29)	— ^e
6	110	110 (27)	120 (9)
8	140	200 (43)	180 (29)

^a *P. fellutanum* was grown with or without added GB (2 mM) or COS (10 mM) in LPSG medium supplemented with 3 M NaCl. The growth was assessed by measuring the mycelium dry weight and determining the mean values of the results for duplicate samples. Dry weight was determined as described previously (39). The difference in dry weight between duplicate samples was less than 10%.

^b GB and COS were dissolved in ddH₂O separately and filtered through a 0.22- μ m-pore-size membrane.

^c Values in parentheses represent percentage increases as related to milligrams (dry weight) of mycelium in cultures with added GB or COS compared with that of control set at 100% on same day.

^d Time of addition of sterile solid NaCl; the final concentration of NaCl was 3 M. GB and COS were added 30 min before the addition of NaCl.

^e —, not measured.

chloride (2 mM) was also observed in the mycelium grown on low-glucose LPSG agar plates containing 3 M NaCl (Fig. 4). In this experiment, the LPSG agar medium was modified to contain 10-fold-less C source (glucose) than that of the standard LPSG medium; a decrease in the synthesis of glycerol and erythritol was observed by using ¹³C NMR spectroscopy (data not shown). The control plate without added choline showed only a faint smear of cells about 0.7 cm in diameter (Fig. 4A); spores, or the mycelium after germination, appeared lysed during 29 days of incubation under low-phosphate, C-source-limiting, and 3 M NaCl-stressed conditions. Although there was no hyphal growth, the colony on the plate containing 2 mM choline chloride had a diameter of about the same size (2.7 cm) as that of the inoculum and a dense and slimy appearance (Fig. 4B). The spores on the plates containing 2 mM choline germinated and survived the harsh environmental conditions better than those spores inoculated onto the control plates, which were not supplemented with choline chloride. These experiments demonstrated that exogenous GB, COS, and cho-

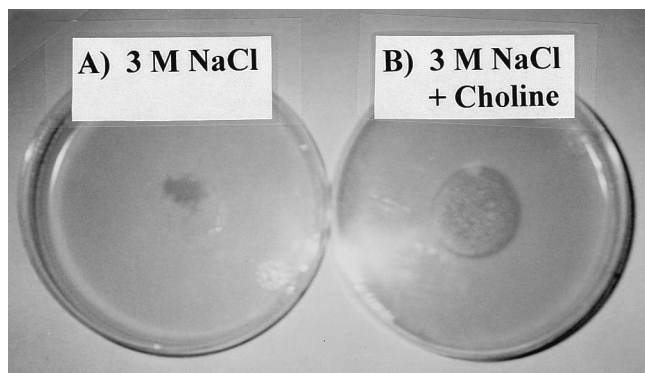


FIG. 4. Osmoprotection of *P. fellutanum* by exogenous choline. A spore suspension of *P. fellutanum* was inoculated as a single circular spot with a diameter of 2.7 cm on the center of the surface of C-source-limiting LPSG agar plates containing 3 M NaCl and without (A) or with (B) 2 mM choline chloride. The set of plates shown represents one of three replicate sets. The picture was taken on day 29 following inoculation.

line enhanced the tolerance of *P. fellutanum* toward the osmotic potential of 3 M NaCl.

DISCUSSION

Osmoregulatory compatible solutes have been identified and quantified by ¹³C NMR spectroscopy in bacteria (10, 32, 34), marine mollusc (36, 38), and fungi, including yeasts (6, 7, 10, 37, 44, 45). Polyhydroxy alcohols, such as glycerol, arabinitol, and erythritol, are the most predominant compatible solutes in fungi (7). The presence of GB and COS as osmoprotectants has not been reported for genera of *Penicillium* or *Aspergillus*.

It has been shown that *P. fellutanum* mycelium cultured in a medium containing 20 mM phosphate contained no detectable GB and 1.5-fold less COS than mycelium cultured in medium containing 2 mM phosphate (39). In contrast, modification of the high-phosphate medium with 3 M NaCl resulted in a large increase in glycerol in the mycelium but no significant increase in levels of COS and GB (data not shown).

The results of the current investigation suggest that intracellular GB and COS, as well as glycerol and erythritol, are important osmoregulators in *P. fellutanum* grown under low-phosphate and high-osmolarity conditions. GB, COS, and erythritol were found in the mycelium grown in low-phosphate medium with no NaCl supplementation. As the concentration of NaCl in the LPSG medium was increased from 2 to 3 M, GB and COS combined concentrations increased from approximately 20 mM to greater than 100 mM, assuming that 80% of the cell mass was water (Table 1). These data suggest that GB and COS are compatible solutes in *P. fellutanum*.

Nonspecific phosphocholine:phosphocholine hydrolase in LPSG cultures of *P. fellutanum* catalyzes the release of phosphocholine from its diester attachment as a component of extracellular pP_xGM (39, 47). Thus, the choline moiety from released phosphocholine is the precursor of GB and COS that accumulates inside the mycelium as GB and COS (39). Utilization of GB and COS as osmoprotectants may thus be confined to those mycelia cultured in low-phosphate and high-osmolarity media and may be dependent on the presence of significant activity of extracellular pP_xGM phosphocholine:phosphocholine hydrolase, which provides excess choline for its immediate needs compared with that for phosphate. This suggests a relationship between phosphate concentration and osmotic stress regulons in *P. fellutanum*. In recent reports, interesting connections are beginning to be revealed between the phosphate and osmotic stress regulons in bacteria (27). Whether the extracellular phosphocholine-containing polysaccharide pP_xGM is actively involved in osmoprotection of this fungus and this process is governed by both phosphate and osmotic stress regulons remain open.

Furthermore, the data also suggest that the relative abundance of the C source (glucose) in fresh medium also influences which osmoprotectants are formed. For instance, the use of fresh LPSG medium containing 3 M NaCl, which contains 277 mM glucose, provided carbon for synthesis of additional glycerol (Fig. 2C). Thus, an additional quantity of glycerol precursor eliminated the need for GB and/or COS under continuing 3 M NaCl stress, and no further accumulation of GB and COS occurred.

The increase in the level of GB was about 10-fold greater than that of COS upon addition of 3 M NaCl to the LPSG culture medium (Table 1). This suggests that *P. fellutanum* preferentially uses GB rather than COS for protection against high osmotic stress. COS is known as a storage form of sulfate in *Penicillium* and *Aspergillus* spp. (33); this may account for the high level (17 mM) in cultures in LPSG medium lacking

added NaCl. Although the total GB concentration in mycelium grown in LPSG medium that contained 3 M NaCl was nearly twice that of COS, accumulation of COS undoubtedly depends on the presence of adequate sulfate in the culture medium (unpublished data).

It is generally observed that *Penicillium* species survive in environments containing high concentrations of carbohydrates, protein degradation products, and salts. The data presented here show that *P. fellutanum* survives and grows at a reduced rate in an environment containing 3 M NaCl. Day-8 cultures have a limiting concentration of glucose; this limits the quantity of glycerol that it can generate for its osmoprotection. Products of proteolytic digestion will provide, in *P. fellutanum*, carbon skeletons for biosynthesis of choline, a precursor of GB and COS, in a natural environment with a limiting concentration of carbohydrate; however, the possibility that GB and COS are derived mostly from phosphocholine diester of pP_xGM synthesized by N-methyl transfer to phosphoethanolamine phosphodiester of pPGM has not been eliminated. It has been shown that methyl groups derived from L-[methyl-¹³C]methionine (39) or from [C₂-¹³C]glycine become incorporated into both COS and GB. Amino acids, betaines, and choline derivatives are known major osmoprotectants in bacteria (9, 13, 15, 18, 27, 29, 35), algae (8), plants (46), and animals (51). COS is an osmoregulator in marine algae, a few bacteria, some marine fungi, and halophytic plants (8, 20, 46). In *Penicillium* and *Aspergillus* species, choline and sulfate are stored as COS (33); however, the role of COS as an osmoprotectant in these species has not been reported.

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