

## Differences in Attachment of *Salmonella enterica* Serovars and *Escherichia coli* O157:H7 to Alfalfa Sprouts

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Numerous *Salmonella enterica* and *Escherichia coli* O157:H7 outbreaks have been associated with contaminated sprouts. We examined how *S. enterica* serovars, *E. coli* serotypes, and nonpathogenic bacteria isolated from alfalfa sprouts grow on and adhere to alfalfa sprouts. Growth on and adherence to sprouts were not significantly different among different serovars of *S. enterica*, but all *S. enterica* serovars grew on and adhered to alfalfa sprouts significantly better than *E. coli* O157:H7. *E. coli* O157:H7 was essentially rinsed from alfalfa sprouts with repeated washing steps, while 1 to 2 log CFU of *S. enterica* remained attached per sprout. *S. enterica* Newport adhered to 3-day-old sprouts as well as *Pantoea agglomerans* and 10-fold more than *Pseudomonas putida* and *Rahnella aquatilis*, whereas the growth rates of all four strains throughout seed sprouting were similar. *S. enterica* Newport and plant-associated bacteria adhered 10- to 1,000-fold more than *E. coli* O157:H7; however, three of four other *E. coli* serotypes, isolated from cabbage roots exposed to sewage water following a spill, adhered to sprouts better than *E. coli* O157:H7 and as well as the *Pseudomonas* and *Rahnella* strains. Therefore, attachment to alfalfa sprouts among *E. coli* serotypes is variable, and nonpathogenic strains of *E. coli* to be used as surrogates for the study of pathogenic *E. coli* may be difficult to identify and should be selected carefully, with knowledge of the biology being examined.

Numerous food-borne diseases caused by *Salmonella enterica* and *Escherichia coli* serovar O157:H7 have been associated with contaminated alfalfa, clover, and bean sprouts (3, 13, 15, 17–19, 24, 27). For food production, seeds are grown into sprouts at ambient temperature in trays or rotating drums and are watered regularly during sprouting. The constant moisture, nutrients released by the sprouting seeds, and warm temperatures are conducive to the growth of human bacterial pathogens such as *S. enterica* and *E. coli* O157:H7 (1, 4, 5, 8, 11, 22).

Numerous studies have reported the growth of *S. enterica* and *E. coli* O157:H7 on sprouting seeds. We recently demonstrated that *S. enterica* strains grow to significantly higher levels on sprouting alfalfa seeds than *E. coli* O157:H7 when irrigation water is regularly refreshed (5). Our results suggested that *S. enterica* might reach higher numbers of bacteria on alfalfa sprouts in part because it adheres better to alfalfa sprouts and thus is not washed from the sprouts when the sprouts are irrigated. In this study, we have compared the adherence to alfalfa sprouts of the human pathogens *S. enterica* and *E. coli* and the plant-associated bacteria *Rahnella aquatilis* (10), *Pseudomonas putida* (7), and *Pantoea agglomerans* (10). We also have compared how these human pathogens and plant-associated bacteria colonize sprouting alfalfa seeds.

### MATERIALS AND METHODS

**Bacterial strains, plasmids, and growth media.** Strains used in this study are listed in Table 1. *S. enterica* serovar Newport 96E01153C-TX and *E. coli* F4546 are clinical isolates from sprout-related outbreaks and were chosen as represen-

tative strains for the majority of experiments. The plant-associated bacteria *R. aquatilis*, *P. putida*, and *P. agglomerans* were isolated from commercially produced sprouts obtained directly from sprouting facilities prior to packaging. Bacteria were grown in, or plated on, Luria-Bertani (LB) or sorbitol-MacConkey medium. All media were obtained from Difco/BBL (Sparks, Md.). Antibiotics were obtained from Sigma (St. Louis, Mo.) and, when required, were incorporated into the medium at the following concentrations: kanamycin, 40 mg/liter; ampicillin, 100 mg/liter. Plasmid pKT-kan, in which a 131-bp *npII* promoter fragment from Tn5 was fused to the green fluorescent protein gene (*gfp*) of plasmid pPROBE-KT, is a stable, broad-host-range vector that confers kanamycin resistance and green fluorescent protein expression (14). Plasmid pKT-kan was transformed into all strains listed in Table 1.

**Alfalfa seed sprouting.** Seeds for sprouting were obtained from International Specialty Supply (Cookeville, Tenn.), treated by continuous stirring in 3% (wt/vol) calcium hypochlorite (Fisher Scientific, Springfield, N.J.) at a ratio of 1 g of seeds to 5 ml of calcium hypochlorite for 15 min, and rinsed three times with sterile water. Approximately 50 seeds (approximately 0.1 g) were placed in a sterile 100- by 15-mm polystyrene petri plate (Fisher Scientific) with 20 ml of water and incubated at 25°C on a rotating shaker at 40 rpm. The water in which the seeds were sprouted was replaced daily with 20 ml of fresh sterile water.

**Attachment assay.** Ten 3- to 5-day-old alfalfa sprouts, germinated as described above, were placed in 50-ml polystyrene tubes (Fisher Scientific). Bacteria from an 18-h culture grown on LB plates were diluted in sterile water, and 20 ml of various inocula were added to the sprouts. The inoculum levels were determined by plating 100  $\mu$ l of each on LB plates containing kanamycin for strains with pKT-kan. The plates were incubated at 37°C overnight, and colonies were counted. Tubes of inoculated sprouts were shaken horizontally at 40 rpm in a Multitron orbital shaking incubator (ATR, Laurel, Md.) at 25°C for 4 h.

To determine the numbers of CFU per rinse and CFU per sprout, the inoculum was decanted to a sterile test tube and sprouts were rinsed by adding 10 ml of sterile water, gently shaking the polystyrene tube for 30 s, and decanting the liquid into a sterile test tube. Sprouts were rinsed three times, and individuals were placed in 500  $\mu$ l of 1 $\times$  phosphate-buffered saline (pH 7.4) and homogenized with a pestle connected to an electric drill (Black and Decker, Hampstead, Md.) or a MINIMITE cordless tool (Dremel, Racine, Wis.). The homogenate (500  $\mu$ l) and rinse solutions (100  $\mu$ l) were plated onto LB agar containing kanamycin and incubated at 37°C for 24 h, and colonies were enumerated. Five samples were examined per inoculum level for each experiment, and all experiments were repeated at least three times.

**Growth assay.** Alfalfa seeds were surface disinfested as described above, and the irrigation water was removed from the petri plates after 1 h and replaced with

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TABLE 1. Bacterial strains used in this study

Species, serovar, and/or serotype	Strain (USDA/ARS/PSM no.)	Description <sup>a</sup>	Reference(s) or source
<i>S. enterica</i> serovar Baildon	99A 23 (2247)	D2, clinical isolate, outbreak associated with tomatoes	S. Abbott, Microbial Diseases Laboratory, California Health Services
<i>S. enterica</i> serovar Cubana	98A 9878 (1957)	G2, clinical isolate, outbreak associated with alfalfa sprouts	15
<i>S. enterica</i> serovar Havana	98A 4399 (1958)	G2, clinical isolate, outbreak associated with alfalfa sprouts	15
<i>S. enterica</i> serovar Mbandaka	99A1670 (1955)	C1, alfalfa seed isolate	California Health Services
<i>S. enterica</i> serovar Newport	96E01152C-TX (1655)	C2, alfalfa sprouts isolate	12, 27
	2000-8384 (2362)	NVSL, Arizona, cattle isolate	Kathy Ferris
	2000-6412 (2363)	NVSL, Colorado, cattle isolate	Kathy Ferris
	2000-8892 (2364)	NVSL, Iowa, cattle isolate	Kathy Ferris
	2000-6458 (2366)	NVSL, Kansas, cattle isolate	Kathy Ferris
	2000-7535 (2365)	NVSL, Indiana, cattle isolate	Kathy Ferris
<i>S. enterica</i> serovar Poona	00A 3563 (2350)	G1, clinical isolate, outbreak associated with cantaloupe	California Health Services
<i>S. enterica</i> serovar Schwarzengrund	96 E01152C-TX (1654)	B, alfalfa seed isolate, associated with an <i>S. enterica</i> serovar Newport outbreak, 1995-1996 <sup>b</sup>	12, 27
<i>E. coli</i> O157:H7	F4546 (2850)	Clinical isolate, outbreak associated with sprouts, 1997	6
	96A 13466 (1239)	Clinical isolate, outbreak associated with apple cider	California Health Services
	C7927	Clinical isolate, outbreak associated with apple cider	26
	H2439	Clinical isolate, outbreak associated with apple cider	Timothy Barrett, Centers for Disease Control and Prevention
	86-24	Clinical isolate, outbreak associated with ground beef	9
	EDL933 (1272)	4F, meat isolate	16, 20
<i>E. coli</i> O13(w):H?	MW416 (2370)	Cabbage root isolate	28
<i>E. coli</i> O150:H?	MW418 (2372)	Cabbage root isolate	28
<i>E. coli</i> O137:H41	MW421 (2375)	Cabbage root isolate	28
<i>E. coli</i> O?:H8,23,41	MW424 (2378)	Cabbage root isolate	28
<i>Pantoea agglomerans</i>	SPS2F1	Alfalfa sprout isolate	A. O. Charkowski et al., unpublished data
<i>Pseudomonas putida</i>	BM19	Alfalfa sprout isolate	A. O. Charkowski et al., unpublished data
<i>Rahnella aquatilis</i>	SPS2F10	Alfalfa sprout isolate	A. O. Charkowski et al., unpublished data

<sup>a</sup> NVSL, National Veterinary Services Laboratory.

<sup>b</sup> Three *S. enterica* serovars were isolated from this seed lot, but only *S. enterica* serovar Newport was isolated from human patients.

20 ml of a solution of 10<sup>6</sup> CFU of bacteria per ml suspended in sterile water. The inoculum was removed from the petri plates after approximately 3 to 4 h and replaced with 20 ml of sterile water. Seeds were incubated at 25°C on a rotating shaker for 3 to 4 days, and the irrigation water was replaced daily with fresh sterile water. Sprout samples were taken daily after changing the water, and the number of CFU per sprout was determined as described above. The homogenates were plated onto LB agar containing kanamycin or onto sorbitol-MacConkey agar (for *E. coli* without pKT-kan). Three samples were examined per time point for each experiment, and all experiments were repeated at least three times.

**Statistics.** Statistical analysis of the data was done with SAS PROC MIXED (version 8.2; SAS Institute Inc., Cary, N.C.) to allow estimation of different variances among strains or groups of strains when heterogeneity was significant (likelihood ratio test;  $P < 0.05$ ). Linear models were fitted on log of average CFU versus log of inoculum, allowing both slopes and intercepts to vary among strains. When slopes did not differ (F test;  $P < 0.05$ ), the model was reduced to one having a common slope. Strain comparisons were made, either among slopes or among response averages, with probability levels adjusted by the method of Tukey, Dunnett, or Bonferroni, depending on the type and number of comparisons being estimated.

## RESULTS

***S. enterica* attaches as well as plant-associated bacteria and significantly better than *E. coli* to alfalfa sprouts.** All of the strains used in this study were transformed with pKT-kan, a plasmid that confers kanamycin resistance and *gfp* expression. Alfalfa sprouts were inoculated with *S. enterica* serovar New-

port(pKT-kan) 96E01153C-TX or *E. coli* F4546(pKT-kan) and incubated for 4 h at 25°C, and the number of bacteria attached to sprouts was determined. For all inoculum levels tested, higher populations of *S. enterica* serovar Newport(pKT-kan) than of *E. coli* F4546(pKT-kan) were recovered from rinsed alfalfa sprouts (Fig. 1) ( $P < 0.01$ ). Moreover, we observed that *S. enterica* serovar Newport attached to sprouts in a linear manner over the four log units of inoculum tested ( $r^2 = 0.82$ ) (Fig. 1). Attachment assays were conducted with *S. enterica* serovar Newport 96E01153C-TX and *E. coli* F4546 to determine if the plasmid pKT-kan affected attachment on alfalfa sprouts. There was no significant difference in the total number of bacteria on sprouts for *S. enterica* serovar Newport and *E. coli* F4546 with or without the plasmid (data not shown).

To examine whether the inability of *E. coli* F4546(pKT-kan) to attach to sprouts was unique to this particular strain, alfalfa sprouts were inoculated with five additional strains of *E. coli* O157:H7 (see Table 1 for strain details). For all inoculum levels tested, there was no significant difference in the number of CFU of bacteria attached to sprouts among the five different *E. coli* O157:H7 strains tested (F4546, 96A 13466, C7927, H2439, 86-24, and EDL 933) (Fig. 2) ( $P = 0.89$ ). Moreover, five different strains of *S. enterica* Newport were tested (2000-8384, 2000-6412, 2000-8892, 2000-7535, and 2000-6458), and

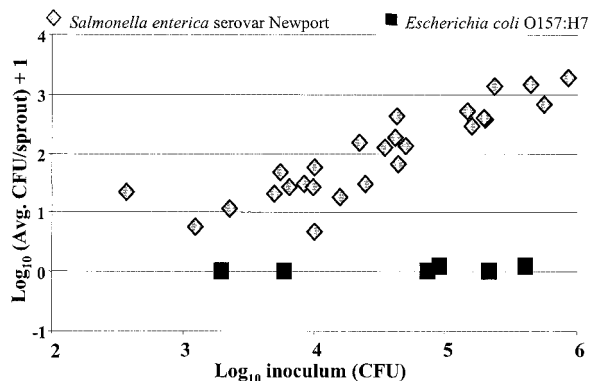


FIG. 1. Recovery (CFU per sprout) of *S. enterica* serovar Newport 96E01153C-TX and *E. coli* F4546 from 3-day-old alfalfa sprouts following 4-h adhesion assays. The experiment was repeated at least three times for each strain. Each experiment had multiple inoculation levels, and five sprout samples were taken for each level.

there was no significant difference in the number of bacteria attached to alfalfa sprouts ( $P = 0.86$ ) (data not shown). In addition, alfalfa sprouts were inoculated with six other *S. enterica* serovars, including Baildon, Cubana, Havana, Mbandaka, Poona, and Schwarzengrund, and there was no significant difference in the number of CFU attached to sprouts among the six different serovars of *S. enterica* (Fig. 2) ( $P = 0.28$ ). However, comparison among experiments with similar inocula revealed differences in the populations of bacteria which are removed in the rinse solutions between *S. enterica* and *E. coli* O157:H7 but not among the serovars of *S. enterica*

or strains of *E. coli* O157:H7. Furthermore, most *E. coli* O157:H7 cells were removed from the sprouts by the second 10-ml rinse (Fig. 2).

To determine whether the inability to attach to alfalfa sprouts was unique to *E. coli* O157:H7, alfalfa sprouts were inoculated with four additional serotypes of *E. coli* isolated from plant tissue (see Table 1 for strain details) and the number of bacteria attached to sprouts was determined. For all inoculum levels tested, the number of CFU recovered from the sprouts of *E. coli* serotypes O?:H8,23,41, O13:H?, and O150 was significantly higher ( $P < 0.01$ ) than for *E. coli* O157:H7 (strain F4546) (Fig. 3). For low inoculum levels ( $10^3$  to  $10^4$  CFU), *E. coli* O137:H41 and O157:H7 attached in a similar manner; however, at higher inoculum levels ( $10^5$  to  $10^6$  CFU), *E. coli* O137:H41 attached at significantly higher levels ( $P < 0.01$ ) than O157:H7.

In order to compare *S. enterica* attachment to bacteria that are commonly associated with plants, alfalfa sprouts were also inoculated with three bacterial strains that had been isolated from alfalfa sprouts and transformed with pKT-kan: *P. putida* (pKT-kan), *P. agglomerans*(pKT-kan), or *R. aquatilis*(pKT-kan). The number of *P. agglomerans*(pKT-kan) bacteria attached to sprouts was higher than that of either *P. putida* (pKT-kan) or *R. aquatilis*(pKT-kan) ( $P = 0.005$ ), both of which attached similarly ( $P = 0.69$ ) (Fig. 4). At every inoculum level tested, significantly higher numbers of *S. enterica* serovar Newport(pKT-kan) 96E01153C-TX than of *P. putida*(pKT-kan) and *R. aquatilis*(pKT-kan) attached to alfalfa sprouts (Fig. 4) ( $P < 0.05$ ). However, there was no significant difference between the number of CFU of *S. enterica* serovar Newport(pKT-

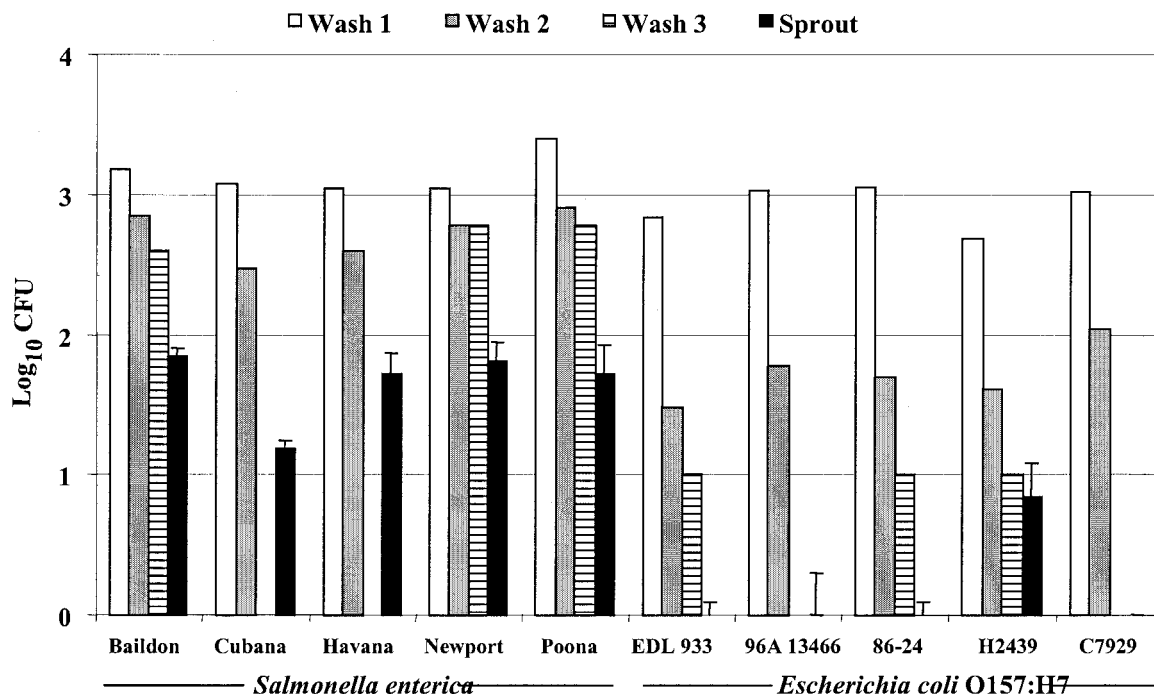


FIG. 2. Recovery (CFU per sprout and CFU per rinse) of *S. enterica* serovars Baildon, Cubana, Havana, Newport 96E01153C-TX, and Poona and *E. coli* EDL933, 1239, 86-24, H2439, and C7927 from 3-day-old alfalfa sprouts following 4-h adhesion assays. Data represent those from a typical experiment with an inoculation level of  $10^3$  CFU, with three sprout samples taken for each strain. Error bars indicate standard deviations. The experiment was repeated at least three times for each strain.

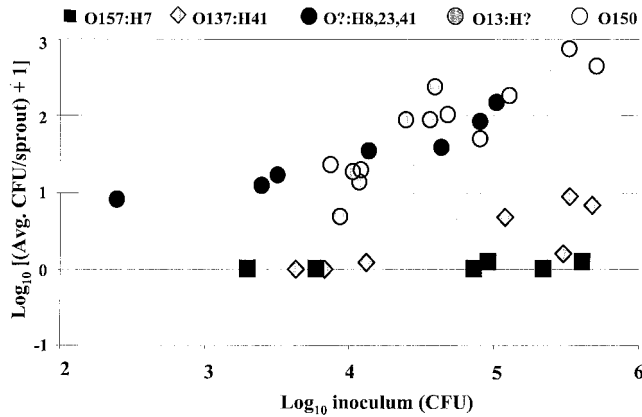


FIG. 3. Recovery (CFU per sprout) of *E. coli* F4546, MW421, MW424, MW416, and MW418 from 3-day-old alfalfa sprouts following 4-h adhesion assays. The experiment was repeated at least three times for each strain. Each experiment had multiple inoculation levels, and five sprout samples were taken for each level.

kan) 96E01153C-TX and *P. agglomerans*(pKT-kan) ( $P = 0.62$ ). Moreover, the numbers of attached *E. coli* serotype O?: H8,23,41, O13:H?, and O150 bacteria were similar to those of *P. putida*(pKT-kan) and *R. aquatilis*(pKT-kan) at all inocula tested (Fig. 5) ( $P < 0.01$ ).

**Growth of plant-associated bacteria, *S. enterica*, and serotypes of *E. coli* on alfalfa sprouts.** Alfalfa seeds were inoculated with each strain of plant-associated bacteria or *E. coli* and sprouted for 3 days, and samples were tested daily to determine if growth on alfalfa sprouts was correlated with the observed attachment differences. There was no significant difference in growth among plant-associated bacteria, *P. putida* (BM19), *P. agglomerans* (SPS2F1), and *R. aquatilis* (SPS2F10). Growth of the plant-associated bacteria was similar to that of *S. enterica* serovar Newport 96E01153C-TX (Fig. 6). *E. coli* O157:H7 was reduced in growth compared to the other *E. coli*

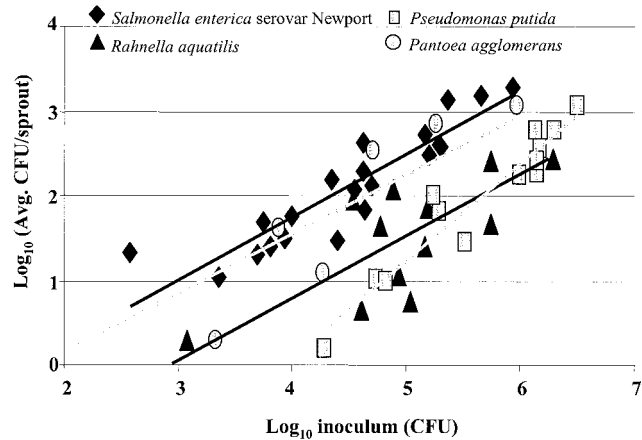


FIG. 4. Recovery (CFU per sprout) of *S. enterica* serovar Newport 96E01153C-TX, *P. putida*, *P. agglomerans*, and *R. aquatilis* from 3-day-old alfalfa sprouts following 4-h adhesion assays. The experiment was repeated at least three times for each strain. Each experiment had multiple inoculation levels, and five sprout samples were taken for each level.

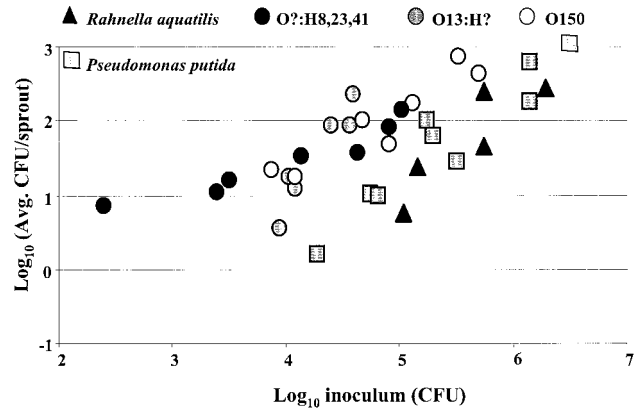


FIG. 5. Recovery (CFU per sprout) of *P. putida*, *P. agglomerans*, *R. aquatilis*, and *E. coli* MW421, MW424, MW416, and MW418 from 3-day-old alfalfa sprouts following 4-h adhesion assays. The experiment was repeated at least three times for each strain. Each experiment had multiple inoculation levels, and five sprout samples were taken for each level.

serotypes tested (Fig. 7), but its growth was similar to that in earlier experiments (5).

**DISCUSSION**

In a naturally contaminated alfalfa seed lot epidemiologically linked to a food-borne disease outbreak, it was estimated that approximately 1 most probable number of *S. enterica* in 100 g of seed (approximately 1 in 40,000 seeds) actually harbored the pathogen (12). However, as the seeds are germinated, the *S. enterica* spread through the irrigation water to contaminate the entire batch of sprouts. This hypothesis is supported by multiple reports of human pathogen contamination of sprouts without isolation of the pathogens from seed but with epidemiological data to implicate the seed (3, 13, 15, 19, 27). These reports are substantiated by laboratory observation of *S. enterica* recovered from previously sterile irrigation water used to irrigate contaminated seed. In fact, testing of irrigation water is the recommended method for testing

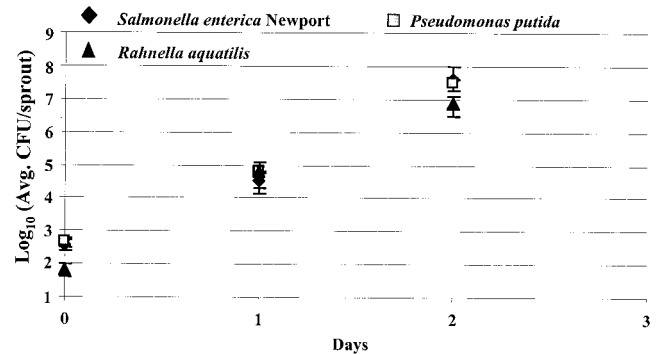


FIG. 6. Recovery (CFU per sample) of *S. enterica* serovar Newport 96E01153C-TX, *P. putida*, and *R. aquatilis* from sprouting alfalfa following a 4-h inoculation period and growth over 2 days. Data represent those from a typical experiment. The experiment was repeated at least three times, and three sprout samples were taken for each strain. Error bars indicate standard deviations.



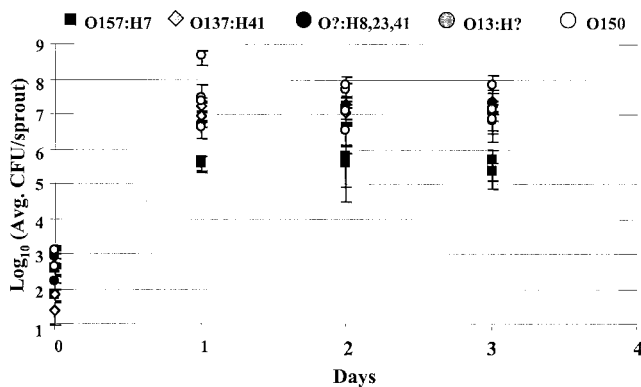


FIG. 7. Recovery (CFU per sample) of *E. coli* F4546, MW421, MW424, MW416, and MW418 from sprouting alfalfa following a 4-h inoculation period and growth over 3 days. Data represent those from a typical experiment. The experiment was repeated at least three times, and three sprout samples were taken for each strain. Error bars indicate standard deviations.

sprouts for human pathogens. Our attachment assays were designed to explore the ability of human pathogens, which spread among sprouting seeds via water contaminated by a small number of contaminated seeds, to adhere to previously uncontaminated sprouts and not be removed by rinsing steps. We have demonstrated that *S. enterica*, some *E. coli* serotypes, and plant-associated bacteria colonize and adhere to alfalfa sprouts and that there are differences in their ability to attach. The number of bacteria attached to the sprouts increased with the inoculum for all of the bacterial strains tested except the *E. coli* O157:H7 strains. The 4-h attachment assay does not differentiate between bacterial attachment to plant tissue or other bacterial cells; however, from a food safety perspective, the result on human health is inconsequential.

Fewer than 10 CFU of *E. coli* O157:H7 per sprout were associated with individual alfalfa sprouts regardless of the inoculum level, suggesting that *E. coli* O157:H7 strains are not able to attach to alfalfa sprouts as well as *S. enterica* serovars and plant-associated bacteria. Moreover, our data demonstrate the removal of most *E. coli* O157:H7 cells from association with sprouts following gentle rinsing. Previously, we demonstrated that *S. enterica* serovars grew on alfalfa sprouts significantly better than *E. coli* O157:H7 with frequent irrigation (5). These results suggest that *S. enterica* has an advantage over *E. coli* O157:H7 for attachment to sprouting seeds and 3-day-old sprouts, and this result could partially explain why the majority of sprout-associated outbreaks have been caused by *S. enterica* (2). One distinct difference between *S. enterica* and *E. coli* O157:H7 is the ability to produce aggregative fimbriae (curli). Both genera have curli genes; however, single-base-pair *csqD* promoter mutations leave  $\geq 95\%$  of *E. coli* O157:H7 without curli (25). Curli may play a role in the attachment of *S. enterica* to sprouts, as curli are induced in an environment similar to a plant surface, low temperature, and low osmolarity (21).

In the 4-h attachment assay, *S. enterica* attached to 3-day-old sprouts as well as a *P. agglomerans* strain did and 10-fold more than *P. putida* and *R. aquatilis* strains did, whereas the growth rates of all four strains throughout seed sprouting were similar.

These results demonstrate that bacterial attachment to 3-day-old sprouts is not predictive of the ability to colonize sprouts and suggest that additional attachment mechanisms are used when bacteria grow in the presence of sprouting seeds over several days. Earlier reports of *S. enterica* serovar Typhimurium attachment to lettuce leaves at numbers similar to those for *Pseudomonas fluorescens*, a common plant epiphyte (23), may have been hindered in their ability to distinguish the effects of bacterial growth from initial attachment. Our 4-h attachment assay aimed to model the ability of *S. enterica* released from contaminated seed into irrigation water to attach to 3-day-old sprouts. Our data revealed no significant difference in the abilities of *S. enterica* Newport strains or *S. enterica* serovars isolated from different hosts, animal or plant, to attach to alfalfa sprouts. Furthermore, the linear relationship between inoculum levels and populations attached to sprouts suggests that *S. enterica* utilizes both attachment sites on the sprout and attachment to bound bacterial cells, therefore establishing an infinite number of colonization sites for itself.

Although *E. coli* O157:H7 was severely limited in its ability to adhere to sprouts, three of four other *E. coli* serotypes isolated recently from cabbage roots attached to sprouts as well as the *P. putida* and *R. aquatilis* strains. These results confirm that there are biological differences among *E. coli* serotypes and are consistent with results of attachment studies with lettuce seedlings (28). Therefore, these studies demonstrate that nonpathogenic strains of *E. coli* to be used as surrogates for the study of pathogenic *E. coli* may be difficult to identify and should be selected carefully, with knowledge of the biology being examined.

Although these results show that *E. coli* O157:H7 can be easily rinsed from 3-day-old alfalfa sprouts, they do not suggest a diminished risk of human infection by *E. coli* O157:H7 in association with alfalfa sprouts. Earlier work (5) clearly shows that small populations of *E. coli* O157:H7 (i.e.,  $10^0$  to  $10^1$  CFU) can grow to high populations over several days, depending on environmental conditions that are likely to occur between production and consumption. With regard to the sprout producer, our data may suggest that generous washing could rinse most *E. coli* O157:H7 cells from contaminated sprouts; however, if the seed contamination was high, again small populations could persist or multiply in transport or storage and therefore continue to be a risk for human infection. Therefore, this work highlights differences among the biologies of *S. enterica*, *E. coli*, and plant-associated bacteria in association with alfalfa sprouts; nevertheless, the risk of human infection remains.

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