

The antiinflammatory effect of laminar flow: The role of PPAR γ , epoxyeicosatrienoic acids, and soluble epoxide hydrolase

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We previously reported that laminar flow activates peroxisome proliferator-activated receptor γ (PPAR γ) in vascular endothelial cells in a ligand-dependent manner that involves phospholipase A2 and cytochrome P450 epoxygenases. In this study, we investigated whether epoxyeicosatrienoic acids (EETs), the catalytic products of cytochrome P450 epoxygenases, are PPAR γ ligands. Competition and direct binding assays revealed that EETs bind to the ligand-binding domain of PPAR γ with K_d in the μ M range. In the presence of adamantyl-ureido-dodecanoic acid (AUDA), a soluble epoxide hydrolase (sEH)-specific inhibitor, EETs increased PPAR γ transcription activity in endothelial cells and 3T3-L1 preadipocytes. Inclusion of AUDA in the perfusing media enhanced, but overexpression of sEH reduced, the laminar flow-induced PPAR γ activity. Furthermore, laminar flow augmented cellular levels of EETs but decreased sEH at the levels of mRNA, protein, and activity. Blocking PPAR γ by GW9662 abolished the EET/AUDA-mediated antiinflammatory effect, which indicates that PPAR γ is an effector of EETs.

endothelial cells | shear stress

Atherosclerosis preferentially localizes in branches and curved regions of the arterial tree, where the blood flow is disturbed. In contrast, the straight parts of vessels exposed to nondisturbed laminar flow have few lesions (1). The focal distribution of atherosclerotic lesions has been proposed to be related to the proinflammatory effect of disturbed flow imposed on the endothelium vs. the antiinflammatory effect of laminar flow. *In vitro* studies using flow channels with cultured endothelial cells (ECs) revealed that disturbed flow induces a number of molecules involved in inflammation, including chemoattractants, adhesion molecules, and cytokines (2, 3). However, prolonged exposure to laminar flow suppresses the cytokine-stimulated or oxidized low-density lipoprotein (LDL)-stimulated inflammatory response in ECs (4).

Recent studies showed that the nuclear receptor peroxisome proliferator-activated receptor γ (PPAR γ) is involved in antiinflammatory effects in the artery wall (5, 6). The activation of PPAR γ in cultured ECs suppresses the NF- κ B-mediated expression of molecules such as vascular cell adhesion molecule 1, intercellular adhesion molecule 1, and endothelin 1 that are involved in the inflammatory response (7, 8). Troglitazone, a synthetic PPAR γ ligand, attenuates the formation of lesions in both apolipoprotein E- and low-density lipoprotein receptor-deficient mice (7, 9), due in part to the reduction of monocytes/macrophages homing to the plaques.

We previously demonstrated that laminar flow activates PPAR γ in a ligand-dependent manner, which exerts an antiinflammatory effect in ECs. Furthermore, we showed that such induction of PPAR γ ligands involves phospholipase A2 and cytochrome P450 epoxygenases (CYPs) (10). Epoxyeicosatrienoic acids (EETs), the main products of arachidonic acid catalyzed by CYPs, have been reported to dilate coronary arteries by hyperpolarizing vascular smooth muscles (11) and to exert antiinflammatory effects in ECs (12). The cellular levels of

EETs depend not only on their production by CYPs but also on hydrolysis to dihydroxyeicosatrienoic acids (DHETs) by soluble epoxide hydrolase (sEH). Thus, inhibiting the expression of sEH to prevent EET hydrolysis has been used to increase EETs *in vivo* (13). For example, either ablation of the sEH gene in mice or administration of sEH inhibitors to angiotensin II-infused rats greatly increased the level of EETs and decreased the systolic blood pressure in these animal models (13, 14).

Because of the involvement of CYPs in laminar flow-activated PPAR γ , we hypothesized that flow-increased EETs can bind PPAR γ , thus providing an antiinflammatory effect for ECs. Results of our flow channel experiments show that laminar flow activates a system of sEH, EETs, and PPAR γ that contributes to a major antiinflammatory effect in ECs.

Materials and Methods

Cell Cultures. Bovine aortic ECs (BAECs) were cultured in DMEM supplemented with 10% FBS and 1 mM sodium pyruvate. Human umbilical vein ECs (HUVECs) isolated from umbilical cords were cultured in M199 medium supplemented with 20 mM Hepes (pH 7.4), 5% FBS, 5 ng/ml recombinant human fibroblast growth factor, and 90 μ g/ml heparin. HUVEC cultures were within passage 5. 3T3-L1 preadipocytes were cultured in DMEM supplied with 10% FBS. All cultures were supplemented with 100 units/ml penicillin and 100 μ g/ml streptomycin. All reagents for cell culture were purchased from GIBCO/BRL except FBS and recombinant human fibroblast growth factor, which were obtained from HyClone and Sigma, respectively.

Plasmids and Transient Transfection. PPAR-responsive element (PPRE) \times 3-TK-Luc, MH100 \times 4-TK-Luc, and GAL-mPPAR γ -LBD (15) were transiently transfected into ECs by the use of Lipofectamine (Invitrogen). CMV-*Renilla*-Luc was cotransfected as a transfection control. After various treatments, ECs were lysed, and the cell lysates were collected for luciferase activity assays. The results were normalized to those of *Renilla* luciferase.

Ligand-Binding Assays. For competition assays, [³H]rosiglitazone (American Radiolabeled Chemicals, St. Louis) at 50 Ci/mmol (1

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Abbreviations: AUDA, adamantyl-ureido-dodecanoic acid; EC, endothelial cell; BAEC, bovine aortic EC; CYP, cytochrome P450 epoxygenase; DHET, dihydroxyeicosatrienoic acid; EET, epoxyeicosatrienoic acid; HUVEC, human umbilical vein EC; LBD, ligand-binding domain; PPAR γ , peroxisome proliferator-activated receptor γ ; sEH, soluble epoxide hydrolase.

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Ci = 37 GBq), together with 5,6-, 8,9-, 11,12-, or 14,15-EETs (Cayman Chemical, Ann Arbor, MI) were incubated with the recombinant protein of the PPAR γ -ligand-binding domain (i.e., GST-mPPAR γ -LBD) in a buffer containing 10 mM Tris-HCl (pH 8.0), 50 mM KCl, 10 mM DTT, and 200 ng/ μ l ovalbumin (15). To determine K_d , the various [3 H]EETs at 0.94 Ci/mmol (16) were incubated with GST-mPPAR γ -LBD in the same buffer without ovalbumin. After being incubated at 25°C for 30 min and chilled on ice for 15 min, the free and bound ligands were separated by Sephadex G-25 (Sigma) columns in a buffer containing 15% glycerol, 25 mM Tris-HCl (pH 7.8), 0.05% Triton X-100, 0.5 mM EDTA, and 75 mM KCl. The bound ligands were then determined by liquid scintillation counting.

Flow Experiments. A parallel plate flow system (17) was used to impose a laminar shear stress of 12 dyne/cm 2 (1 dyne = 10 μ N) by perfusing the culture media through a confluent monolayer of ECs seeded on glass slides. The flow system was kept at 37°C and ventilated with 95% humidified air with 5% CO $_2$.

Quantitative Real-Time RT-PCR. Total RNA was isolated from cells with TRIzol reagent (Invitrogen). One microgram of the isolated RNA was converted into cDNA by reverse transcriptase (Promega) with oligo(dT) as the primer. The obtained cDNAs were then used as the templates for quantitative RT-PCR with the use of the Brilliant SYBR Green QPCR Master Mix (Stratagene). The nucleotide sequences of the primers were as follows: fatty acid-binding protein 4, 5'-TACTGGGCCAGGAATTTGAC-3' and 5'-AATGCGAAGCTTCAGTCCAGG-3'; adipocyte P2, 5'-TGGAAGCTTGTCTCCAGTGA-3' and 5'-TCGACTTTCCATCCCACTTC-3'; sEH, 5'-GAATGGTCAAACCTGAACCTCA-3' and 5'-CTCGGGAAATCCATGGCAGA-3'; β -actin, 5'-TGACCGGGTCACCCACACTGT-

GCCCATCTA-3' and 5'-CTAGAAGCATTTCGCGGTGGACGATGGAGGG-3'.

sEH Activity Assays. The enzyme activity of sEH was assayed as described in ref. 18. Briefly, cells were scraped and homogenized in 0.25 M sucrose, and the cytosolic supernatants were obtained by centrifugation. Fifty micrograms of the samples in 100 μ l were then incubated in 0.1 M Na $_2$ HPO $_4$ (pH 7.4) at 37°C for 1 min, and *trans*-[3 H]stilbene oxide was added to a final concentration of 50 μ M. After incubation at 37°C for another 10 min, the reactions were terminated by extracting the mixtures with 2 vol of *n*-dodecane. The hydrolyzed product of *trans*-[3 H]stilbene oxide in the aqueous phase was determined by liquid scintillation counting.

Measurement of EETs. The cellular content of EETs was analyzed as described in refs. 19 and 20. Briefly, total lipids were extracted three times with CHCl $_3$ /MeOH/H $_2$ O (2:1:1 vol/vol) and dried under nitrogen. The extracted lipids were then incubated in 1 M NaOH at 25°C for 2 h, extracted with ethyl acetate, dried under nitrogen, and dissolved in 25 μ l of MeOH/water (75:25) containing internal standards. Oxy lipids in extracts were separated by reverse-phase HPLC on an XTerra MS C $_{18}$ column [30 \times 2.1 mm i.d., 3.5 μ m (Waters, Milford, MA)]. EETs were quantified by using a Quattro Ultima tandem quadrupole mass spectrometer (Micromass, Manchester, U.K.) with negative mode electrospray ionization and multiple reaction monitoring.

Immunoblotting Analysis. To assess the cellular level of sEH and I κ B α , cell lysates were resolved by 10% SDS/PAGE and transferred to a nitrocellulose membrane. The sEH and I κ B α proteins were detected with the use of rabbit anti-sEH (21) and anti-I κ B α polyclonal antibody, respectively (Pharmingen). The bound primary antibody was then recognized by a goat

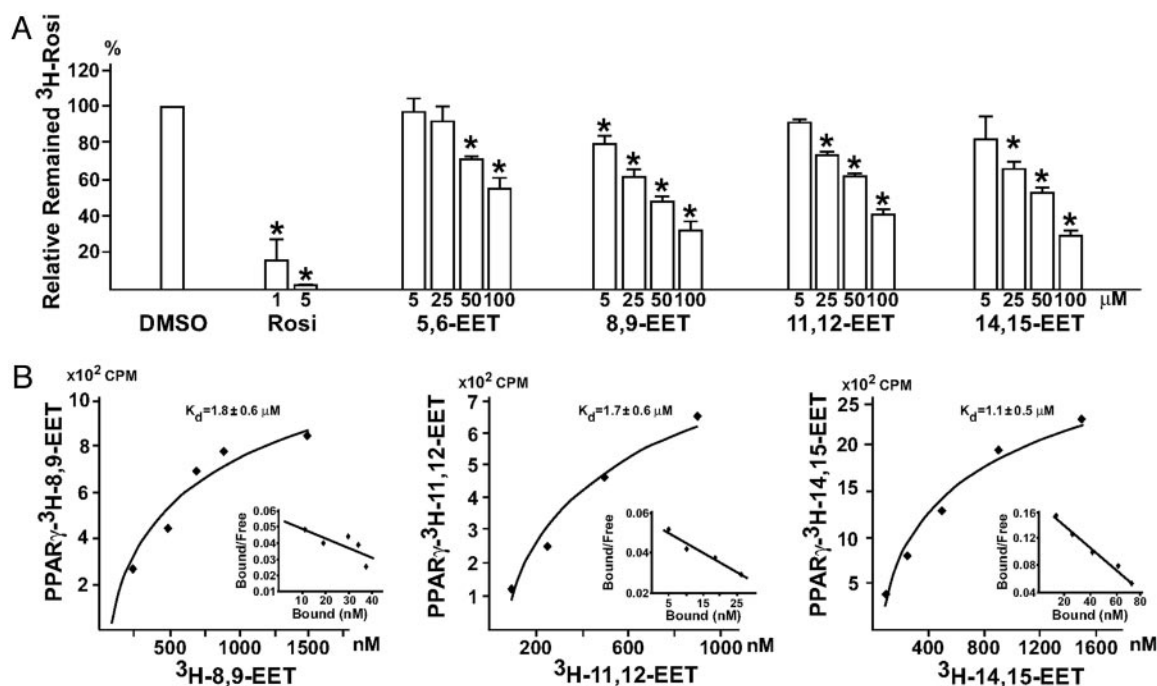


Fig. 1. EETs are PPAR γ ligands. (A) One microgram of GST-PPAR γ -LBD fusion protein was incubated with 100 nM [3 H]rosiglitazone (Rosi) in a total volume of 50 μ l in the presence of vehicle (DMSO), unlabeled rosiglitazone, or various EETs at the indicated concentrations. (B) For each data point, 1 μ g of GST-PPAR γ -LBD was incubated with various amounts of [3 H]EETs in a total volume of 50 μ l. The free and bound ligands in A and B were separated on a Sephadex G-25 column, and the amount of bound [3 H]rosiglitazone or [3 H]EETs was then determined by liquid scintillation counting. The results in A are presented as mean \pm SD from three sets of experiments. *, $P < 0.05$ compared with DMSO controls. The plot of the binding curve in B represents three independent experiments, and Scatchard analysis was performed by replotting the data shown in *insets*. K_d was presented as mean \pm SD of Scatchard analysis results from three independent experiments.

anti-rabbit IgG-horseradish peroxidase conjugate (Santa Cruz Biotechnology) and visualized by the ECL detection system (Amersham Pharmacia).

Statistical Analyses. The data were analyzed by two-tailed Student's *t* test. *P* < 0.05 was considered statistically significant.

Results

EETs Are PPAR γ Ligands. Given that CYPs are involved in the activation of PPAR γ by laminar flow (10) and EETs are formed by these CYPs, we first investigated whether any of the four EET isoforms (i.e., 5,6-, 8,9-, 11,12-, and 14,15-EET) could bind to the ligand binding domain of PPAR γ . A competition binding assay was performed to assess the replacement of mPPAR γ -LBD-bound [³H]rosiglitazone with various EETs. As shown in Fig. 1A, nonlabeled rosiglitazone, serving as a control, at 1 and 5 μ M greatly reduced the binding of [³H]rosiglitazone to mPPAR γ -LBD. At higher concentrations, EETs could replace the binding of [³H]rosiglitazone to mPPAR γ -LBD. To determine the *K_d* of various EETs, we used their ³H-labeled counterparts for Scatchard analysis. Fig. 1B shows the *K_d* for 8,9-, 11,12- and 14,15-EET as 1.8 \pm 0.6, 1.7 \pm 0.6, and 1.1 \pm 0.5 μ M, respectively. The *K_d* of 5,6-EET was not determined because of the lack of labeled substrate.

To determine whether the binding of EETs to PPAR γ is associated with its activation, we transiently transfected BAECs with a mammalian two-hybrid system that includes the GAL4 reporter construct (i.e., MH100 \times 4-TK-Luc) and an expression plasmid encoding GAL-mPPAR γ -LBD, a fusion protein in which the DNA binding domain of GAL4 is fused to mPPAR γ -LBD (15). Compared with DMSO controls, cells incubated with the four EET isoforms showed only marginally increased luciferase activity (Fig. 2A). However, if the transfected cells were incubated with adamantyl-ureido-dodecanoic acid (AUDA), an sEH-specific inhibitor (19), luciferase activity was increased by 2.5 \pm 0.2, 2.7 \pm 0.4, 1.9 \pm 0.1, and 2.0 \pm 0.3 times for 5,6-, 8,9-, 11,12-, and 14,15-EET, respectively. As shown in Fig. 2B, treating HUVECs with EETs and AUDA also increased the mRNA level of fatty acid-binding protein 4, a PPAR γ -targeted gene (22). A similar induction of adipocyte P2, the mouse homologue of fatty acid-binding protein 4, was found in 3T3-L1 preadipocytes treated with EETs and AUDA. These results suggest that exogenous EET activates PPAR γ , with the ensuing activation of the PPAR γ -targeted genes in ECs if the expression of endogenous sEH is inhibited. DHETs, the hydrolyzed products of EETs, attenuated \approx 50% induction of GAL-mPPAR γ -LBD by rosiglitazone, whereas GW9662, a synthetic antagonist of PPAR γ , abolished the induction by rosiglitazone (Fig. 2C). This result suggests that DHETs may act as the natural antagonists on PPAR γ .

sEH Is Involved in the Activation of PPAR γ by Laminar Flow. The inhibition of sEH expression has been reported to increase EET levels in hypertensive rat models (13). We applied laminar flow to ECs in the presence of AUDA to investigate whether suppressing sEH expression could further activate PPAR γ . As shown in Fig. 3A, the inclusion of AUDA in the perfusing media doubled the laminar flow-induced GAL-mPPAR γ -LBD activity. Similarly, AUDA also augmented the flow-induced luciferase reporter activity driven by three copies of PPAR-responsive element (PPRE; i.e., PPRE \times 3-TK-Luc in Fig. 3A). However, 1-cyclohexyl-3-ethyl urea, an AUDA analogue that is not an sEH inhibitor, had no effect on flow-induced GAL-mPPAR γ -LBD and PPRE \times 3-TK-Luc activity. Given the positive effect of sEH inhibition on the induction of PPAR γ -LBD and PPRE, we examined the consequences of elevated sEH expression in ECs exposed to flow. As shown in Fig. 3B, the

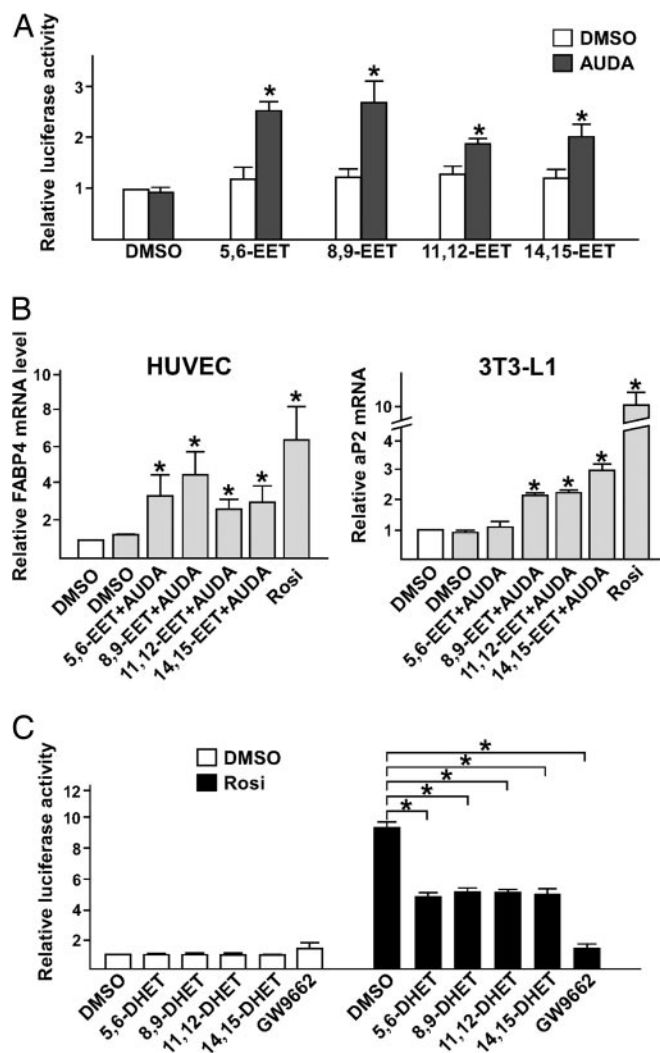


Fig. 2. EETs, together with AUDA, activate the PPAR γ -regulated transcription. (A) BAECs in 12-well plates were cotransfected with MH100 \times 4-TK-Luc (0.25 μ g), GAL-mPPAR γ -LBD (0.25 μ g), and CMV-*Renilla*-Luc (0.05 μ g). The transfected cells were then incubated with EETs (1 μ M) in the presence or absence of AUDA (1 μ M), and the media were replaced every 2 h. After 8 h, cells were lysed for luciferase activity assays. The results represent the relative luciferase activity defined as the normalized luciferase activity of various experiments in reference to that of DMSO controls. (B) Total RNAs were isolated from HUVECs or 3T3-L1 cells incubated with EETs (1 μ M) in the presence of AUDA (1 μ M) for 12 h. The levels of fatty acid-binding protein 4 mRNA in HUVECs or adipocyte P2 mRNA in 3T3-L1 cells were determined by quantitative RT-PCR in which β -actin was an internal control. The relative mRNA level is defined as the levels in cells treated with various EETs in reference to that of DMSO set as 1. (C) BAECs in 12-well plates were cotransfected with MH100 \times 4-TK-Luc, GAL-mPPAR γ -LBD, and CMV-*Renilla*-Luc. The transfected cells were then incubated with DHETs or GW9662 (5 μ M) in the presence or absence of rosiglitazone (1 μ M) for 8 h and lysed for luciferase activity assays. The results represent the relative luciferase activity defined as the normalized luciferase activity of various experiments in reference to that of DMSO controls as 1. *, *P* < 0.05.

overexpression of sEH attenuated the induction of GAL-mPPAR γ -LBD and PPRE \times 3-TK-Luc by laminar flow.

Laminar Flow Augments the Levels of EETs but Down-Regulates sEH in ECs. The cellular levels of EETs are determined by the balance between production and degradation, which are catalyzed by CYPs and sEH, respectively. Because phospholipase A2 is activated by flow (23) and CYPs are involved in the flow

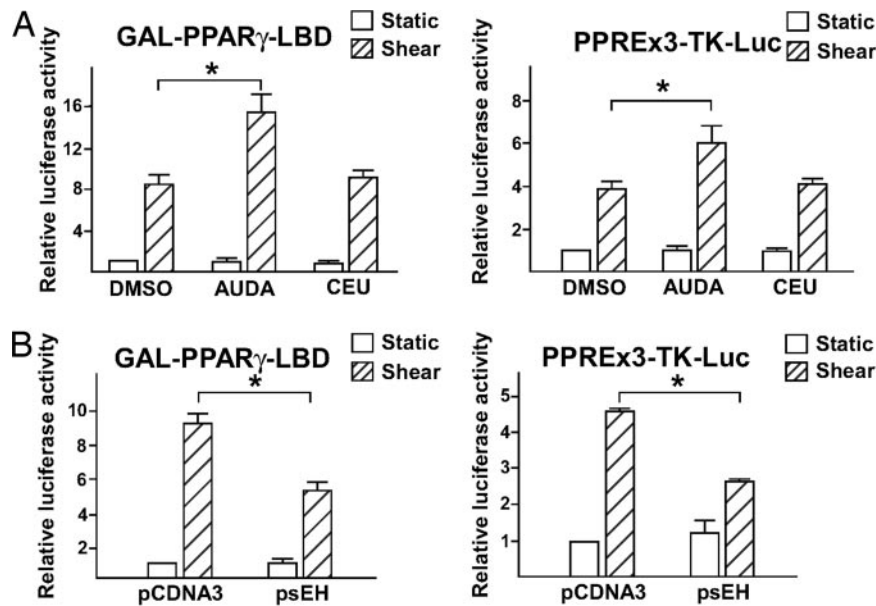


Fig. 3. Inhibition of sEH in ECs enhances the response of PPAR γ to laminar flow. (A) BAECs transfected with GAL-mPPAR γ -LBD and MH100 \times 4-Luc or PPRE \times 3-TK-Luc were kept as static controls or subjected to laminar flow for 8 h in the presence or absence of AUDA (1 μ M), an sEH-specific inhibitor, or 1-cyclohexyl-3-ethyl urea (CEU, 1 μ M), an AUDA analogue that does not inhibit sEH. (B) BAECs on glass slides were cotransfected with pCDNA3 (0.3 μ g) or an expression plasmid encoding sEH (psEH, 0.3 μ g) with GAL-mPPAR γ -LBD (0.3 μ g) and MH100 \times 4-Luc (0.3 μ g) or PPRE \times 3-TK-Luc (0.6 μ g). The transfected cells were then kept as static controls or subjected to laminar flow for 8 h. Cells in both A and B were then lysed for luciferase activity assays. The bars represent the relative luciferase activity defined as the normalized luciferase activity of various experiments in reference to that of DMSO-treated static cells in A or pCDNA3-transfected cells under static conditions in B. *, $P < 0.05$.

activation of PPAR γ (10), we investigated whether laminar flow increases the level of EETs in ECs. As shown in Fig. 4A, the cellular levels of 8,9-, 11,12-, and 14,15-EET were increased in BAECs exposed to laminar flow for 15 min or 1 or 6 h compared with static controls (31 ± 9 , 26 ± 8 , and 28 ± 8 vs. 5 ± 2 ; 77 ± 26 , 36 ± 13 , and 41 ± 19 vs. 12 ± 4 ; 63 ± 7 , 20 ± 6 , and 20 ± 5 vs. 13 ± 1 pmol/g, respectively). We were unable to determine the level of 5,6-EET because of the lack of valid methods. The condition media collected from each time point in the flow experiments (15 min, 1 h, and 6 h) induced GAL-mPPAR γ -LBD 2.9 ± 0.2 -, 3.4 ± 0.3 -, and 3.5 ± 0.6 -fold, respectively, compared with the static media (Fig. 4B).

Because laminar flow increased the level of EETs in ECs, we examined whether sEH could be down-regulated or deactivated as well. As revealed by quantitative RT-PCR and immunoblotting, the mRNA and protein levels of sEH were decreased in ECs by laminar flow in a time-dependent manner (Fig. 4C and D). Consistent with the decreased transcription and translation of sEH, the enzyme activity of sEH in ECs decreased after exposure to laminar flow (Fig. 4E). Taken together, these results show that laminar flow increases the level of cellular EETs not only by enhanced generation but also by attenuated degradation.

PPAR γ Is Involved in the Antiinflammatory Effect of EETs. Both PPAR γ and EETs have been reported to exert their antiinflammatory effect by inhibiting NF- κ B-mediated transcription (8, 12). Thus, we used TNF- α -induced I κ B α degradation (lane 2 in Fig. 5A) as an inflammatory response to investigate whether PPAR γ mediates the antiinflammatory effect of EETs. The inclusion of 5,6-, 8,9-, 11,12-, or 14,15-EET, together with AUDA, in culture media prevented the TNF- α -induced I κ B α degradation (Fig. 5A, lanes 4–7). However, treating cells with various EETs in the absence of AUDA for 8 h had little effect (data not shown), which indicates the rapid degradation of EETs by sEH in ECs. GW9662, an antagonist of PPAR γ , attenuated the antiinflammatory effect of EETs by preventing I κ B α deg-

radation (Fig 5B, lane 2 vs. lanes 7–10). These results suggest that the antiinflammatory effect of EETs is mediated, at least in part, by PPAR γ .

Discussion

Laminar flow is atheroprotective, in part because of its antiinflammatory effect. Flow-channel experiments showed that laminar flow inhibits the NF- κ B-mediated expression of vascular cell adhesion molecule 1 and intercellular adhesion molecule 1 in ECs (4). *In vivo*, NF- κ B activation and vascular cell adhesion molecule 1 expression are enhanced in the endothelium in regions prone to atherosclerosis in low-density lipoprotein receptor-null mice fed an atherogenic diet (24, 25). We previously demonstrated that laminar flow activates PPAR γ in ECs in a ligand-dependent manner and exhibits an antiinflammatory effect (10). In the current study, aimed at elucidating the molecular mechanisms underlying such activation, we found that EETs are PPAR γ ligands, which contributes to the antiinflammatory effect of EETs; that laminar flow down-regulates sEH; and that increased levels of EETs lead to an antiinflammatory effect.

A variety of eicosanoids derived from arachidonic acid have been found to be ligands of PPAR γ . These compounds include the products generated by cyclooxygenases [i.e., 15-deoxy- $\Delta^{12,14}$ -prostaglandin J₂ (15d-PGJ₂)] and lipoxygenases [i.e., 9- and 13-hydroxy-(S)-10,12-octadecadienoic acid]. Laminar flow has been shown to induce the expression of cyclooxygenases (COX) 2 and lipocalin-type prostaglandin D₂ synthase in ECs, resulting in increased 15d-PGJ₂ production (26). Such induction of 15d-PGJ₂ may contribute to the activation of PPAR γ by flow. However, our previous study demonstrated that inhibition of CYP450 but not COXs or lipoxygenases attenuates the flow activation of PPAR γ (10). These results suggest that metabolic products of CYP450 rather than those of COXs are likely physiological ligands for PPAR γ in response to laminar flow. Data in Figs. 1 and 2 reveal that EETs generated by CYPs,

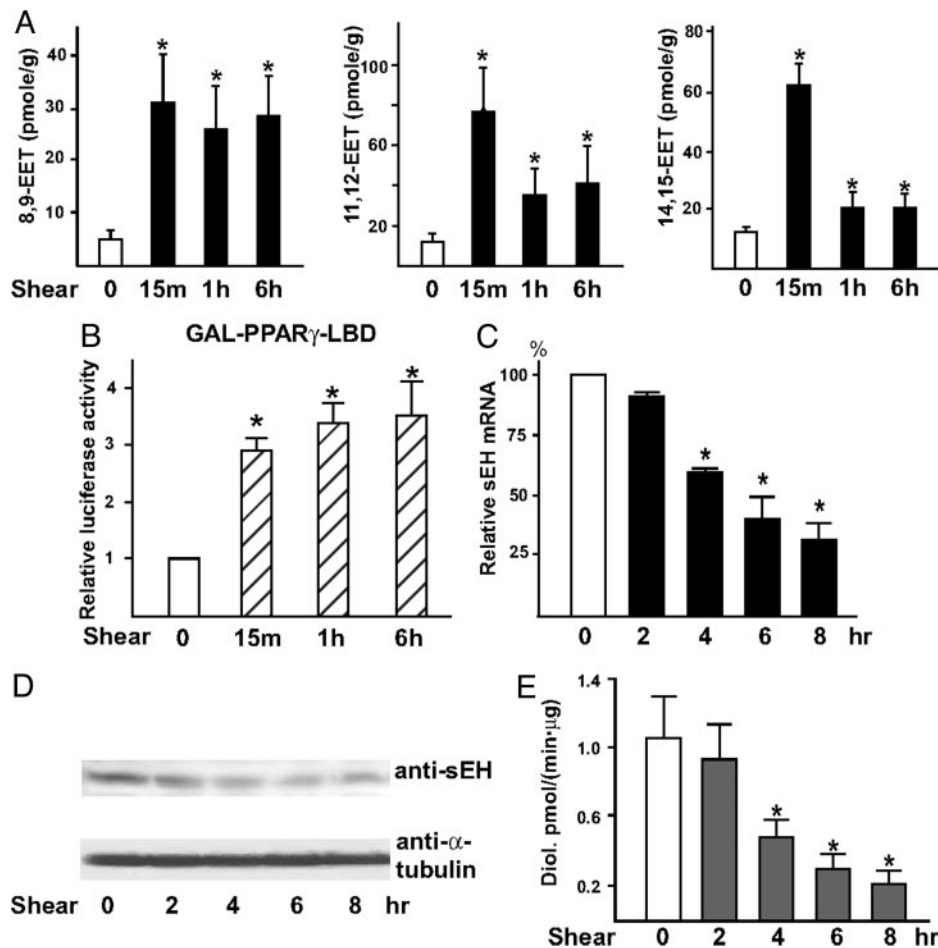


Fig. 4. Lamellar flow increases EETs and down-regulates sEH in ECs. BAECs in *A*, *D*, and *E* and HUVECs in *C* were kept as static controls or subjected to a laminar flow at 12 dyne/cm² for the indicated times. (*A*) Total lipids were extracted from static BAECs or those exposed to laminar flow in the absence of FBS. EETs were quantified by LC/MS/MS. The amounts of EETs were normalized to the mass of the cell pellets (in grams). (*B*) BAECs in 12-well plates were cotransfected with MH100×4-TK-Luc, GAL-mPPAR γ -LBD, and CMV-*Renilla*-Luc. The transfected cells were then incubated with the condition media collected from the flow experiments in *A* for 8 h and lysed for luciferase activity assays. The results represent the relative luciferase activity defined as the normalized luciferase activity of various experiments in reference to that of static medium controls as 1. (*C*) Total RNA was isolated from HUVECs, and the level of sEH mRNA was determined by quantitative RT-PCR with β -actin used as an internal control. (*D*) BAECs were lysed for immunoblotting with the use of polyclonal anti-sEH Ab. (*E*) Cytosolic supernatants obtained from BAECs were incubated with *trans*-[³H]stilbene oxide for sEH activity assays. *, $P < 0.05$, compared with static controls.

another major pathway involved in arachidonic acid metabolism, can also bind and activate PPAR γ . The binding of EETs to PPAR γ with K_d in the low micromolar range (Fig. 1*B*) is comparable with that of other PPAR ligands. For example, 15d-PGJ₂ and 8(*S*)-hydroxyeicosatetraenoic acid bind to PPAR γ and PPAR α with a K_d of 2.5 and 1 μ M, respectively (15, 27). With

K_d in the micromolar range, EETs may not be potent PPAR γ ligands. Such a weak binding raises the question of whether laminar flow would generate a sufficient amount of EETs to activate PPAR γ . The concentrations of EETs in ECs are $\approx 10^{-6}$ to 10^{-7} M. This estimation is based on ECs' having a volume of $4 \times 10^3 \mu\text{m}^3$ (C.-C. Wu and S. Chien, personal communication),

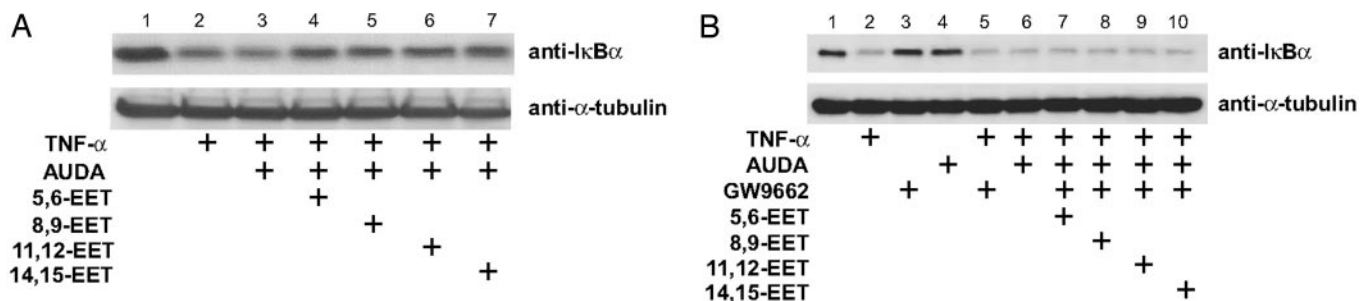


Fig. 5. PPAR γ mediates the antiinflammatory effect of EETs. BAECs were pretreated with AUDA (1 μ M) for 2 h and then incubated with various EETs (1 μ M) for 8 h. (*B*) Cells were cultured as in *A*, except that GW9662 (1 μ M) was included in the indicated experiments during the 8-h incubation. All cells were then stimulated with TNF- α (10 ng/ml) for 30 min. The collected cell lysates were immunoblotted with anti-I κ B α antibody. α -Tubulin was used as a loading control.

and 5×10^7 cells result in 1 g of cell pellets. Although the plasma level of EETs is ≈ 30 nM (28), our estimation of cellular concentrations of EETs is supported by results of a previous study showing that ECs can uptake 14,15-EET up to $5 \mu\text{M}$ (29). Results from competition assays indicate that EETs can replace 50% of the bound rosiglitazone at concentrations between 50 and $100 \mu\text{M}$. However, 15d-PGJ₂ at a similar concentration can displace 90% of the PPAR γ -bound rosiglitazone (15). Such a discrepancy suggests that the binding site(s) may vary among EETs, rosiglitazone, and 15d-PGJ₂. Thus, EETs may cause PPAR γ conformational changes different from those of other ligands, signifying a distinct biological consequence.

In addition to their role in vessel dilation, EETs have been shown to exert antiinflammatory effects in ECs. Incubating ECs with 11,12-EET at nanomolar concentrations or overexpression of CYP2J₂, an endothelial-abundant CYP family member, prevented the cytokine- or LPS-induced vascular cell adhesion molecule 1 and E-selectin expression through NF- κ B inhibition (12). The inhibition of PPAR γ by GW9662 abolished the EET-mediated antiinflammatory effect, namely, by preventing I κ B degradation (Fig. 5). These results indicate that the antiinflammatory effect of EETs is, at least in part, through PPAR γ . In contrast to the finding that 11,12-EET has the best antiinflammatory capability (12), our data do not show regioisomeric specificity among EETs (Fig. 5). This discrepancy may be due to the longer time courses between the studies and the inclusion of AUDA in our experiments.

The temporal changes of cellular contents of EETs (Fig. 4A) are possibly regulated by different mechanisms. Being a key enzyme to hydrolyze membrane phospholipids, phospholipase A₂ in ECs has been shown to be activated by flow to increase the cellular level of arachidonic acid (23). Human ECs express CYP family members 2C and 2J, which are epoxygenases producing EETs from arachidonic acid. The rapid production of EETs by laminar flow (0–15 min in Fig. 4A) suggests that the flow-generated increase in EETs mainly results from the increase of arachidonic acid as the available substrate for CYP450s but not the change of CYP450 enzyme levels. We confirmed this assumption by use of regular RT-PCR to show that laminar flow does not change the mRNA encoding 2C8, 2C9, or 2J2 in ECs subjected to flow for 4 h (data not shown). Compared with that

at 15 min, the flow-produced EETs are reduced greatly at 1 h. Such a reduction is postulated to be mediated by the activity of sEH, the primary enzyme for the conversion of EETs to DHETs. At 6 h, the levels of EETs were similar to those at 1 h. The involved mechanism was probably the inhibition of sEH expression at both mRNA and protein levels, as suggested in Fig. 4C–E. The reduced sEH expression by flow thereby maintained the EET level in ECs. Thus, the increased activity of EETs likely results from the flow-activated phospholipase A₂, synergistic with down-regulated sEH, pertaining to a basal level of CYPs.

Even in the presence of AUDA, EET did not induce GAL-mPPAR γ -LBD to the same level as that by laminar flow (Fig. 2A vs. Fig. 3). Several possibilities may account for this scenario. First, laminar flow exerted a greater inhibition of sEH than AUDA did (data not shown), which suggests that laminar flow may maintain a higher level of EETs in ECs. Moreover, laminar flow may increase the level of EETs in ECs in a sustained manner, whereas EETs added to culture media may be degraded by remaining sEH that was not inhibited by AUDA. Second, we found that DHETs could inhibit rosiglitazone-induced GAL-mPPAR γ -LBD (Fig. 2C), which indicates that DHETs may act as PPAR γ antagonists. Thus, the activation of PPAR γ by laminar flow is possibly enhanced by the up-regulated agonists (i.e., EETs) in conjunction with the down-regulated antagonists (i.e., DHETs). Third, laminar flow may generate other PPAR γ ligands that contribute to the higher induction in cells under flow.

In summary, the current study shows not only the putative effector (i.e., PPAR γ) of EETs in their antiinflammatory effect but also that suppressing sEH expression is crucial for the EET-mediated antiinflammatory effect. Considering the role of EETs in vessel dilation (27) and antiinflammation (12), the suppressed expression of sEH may explain, in part, the beneficial effect of shear stress on vascular beds.

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