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Peripheral and Central Administration of a Selective Neuropeptide Y Y1 Receptor Antagonist Suppresses Ethanol Intake by C57BL/ 6J Mice

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Abstract

Background—Neuropeptide Y (NPY) is a 36–amino acid neuromodulator that is expressed throughout the central nervous system. Recent genetic and pharmacological evidence suggests that the NPY Y₁ receptor modulates ethanol intake. To further characterize the role of the Y₁ receptor, we examined voluntary ethanol consumption by mice after administration of [(-)-2-[1-(3-chloro-5-isopropyloxycarbonylaminophenyl)ethylamino]-6-[2-(5-ethyl-4-methyl-1,3-tiazol-2-yl)ethyl]-4-morpholinopyridine] (compound A), a novel and selective Y₁ receptor antagonist (Y1RA) that acts centrally on brain receptors when administered peripherally.

Methods— C57BL/6J mice were habituated to drinking a 10% (v/v) ethanol solution by using a two-bottle-choice procedure and were then given an intraperitoneal (ip) injection (5 ml/kg) of the Y1RA (0, 25, 50, or 75 mg/kg). In a second study, mice were given intracerebroventricular infusion of the Y1RA (0, 30, or 100 μ g). Finally, we determined whether the Y1RA alters open-field locomotor activity, ethanol-induced sedation (3.8 g/kg, ip), or blood ethanol levels.

Results—Relative to control treatment, ip injection (50 and 75 mg/kg) and intracerebroventricular infusion (100 μ g) of the Y1RA significantly reduced ethanol consumption and food intake without altering water drinking. However, the Y1RA did not alter open-field locomotor activity, ethanol-induced sedation, or blood ethanol levels.

Conclusions— These data indicate that acute blockade of the NPY Y_1 receptor with a systemically bioavailable NPY Y1RA reduces voluntary ethanol consumption by C57BL/6J mice. These results are consistent with observations that hypothalamic infusion of NPY increases ethanol drinking by rats.

Keywords

Neuropeptide Y; Y1 Receptors; Alcohol; Voluntary Consumption; Sedation

NEUROPEPTIDE Y (NPY) is a 36–amino acid neuromodulator belonging to the PP-fold family of peptides (Berglund et al., 2003; Colmer and Wahlestedt, 1993; Dumont et al., 1992) and is expressed throughout the central nervous system (Gray and Morley, 1986). NPY is involved with a diverse set of biological functions and has been implicated in the control of

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food intake (Clark et al., 1984; Levine and Morley, 1984), neuronal development (Hansel et al., 2001a,b), seizure activity (Woldbye et al., 1996,1997), cardiovascular homeostasis (Pedrazzini et al., 1998), the integration of emotional behavior (Heilig et al., 1993; Heilig and Widerlov, 1995), thermogenesis (Lopez-Valpuesta et al., 1996), circadian rhythms (Biello et al., 1997; Golombek et al., 1996; Gribkoff et al., 1998; Harrington and Schak, 2000), pain modulation (Shi et al., 1999, 2001), and reproduction (Kalra et al., 1998; Kasuya et al., 1998). In the mouse, NPY acts through at least five receptor subtypes—the Y_1 , Y_2 , Y_4 , Y_5 , and Y_6 receptors—all of which couple to G proteins that inhibit production of cyclic adenosine monophosphate (Palmiter et al., 1998).

In recent years, evidence has emerged that shows that NPY is also involved with neurobiological responses to ethanol and drugs of abuse (Pandey et al., 2003a; Thiele and Badia-Elder, 2003; Thiele et al., 2003a). Administration of ethanol and ethanol withdrawal alter central NPY expression in rodents (Bison and Crews, 2003; Clark et al., 1998; Ehlers et al., 1998; Kinoshita et al., 2000; Roy and Pandey, 2002; Thiele et al., 2000a), and intracerebroventricular (icv) infusion of NPY significantly attenuates ethanol withdrawal responses in Wistar rats (Woldbye et al., 2002). NPY also modulates neurobiological responses to ethanol. Voluntary ethanol consumption and resistance to the intoxicating effects of ethanol are inversely related to NPY levels in knockout and transgenic mice (Thiele et al., 1998), and a lack of NPY is associated with increased sensitivity to the locomotor stimulant effects of ethanol (Thiele et al., 2000b). However, ethanol-associated phenotypes are not consistently observed in NPY knockout mice and are dependent on the genetic background (Thiele et al., 2000b). A genetic linkage analysis conducted in F_2 inter-cross progenies of selectively bred alcohol-preferring (P) and -nonpreferring (NP) rat lines identified a chromosomal region that includes the gene for the NPY precursor (Bice et al., 1998; Carr et al., 1998; but see Foroud et al., 2000). It was later found that P rats, as well as high-alcohol-drinking (HAD) rats, have low levels of NPY in the amygdala when compared with controls (Ehlers et al., 1998; Hwang et al., 1999). It is interesting to note that icv administration of NPY reduces ethanol drinking in P and HAD rats, but not in NP rats, low-alcohol-drinking (LAD) rats, or outbred Wistar rats (Badia-Elder et al., 2001, 2003; Gilpin et al., 2003; Katner et al., 2002a,b; Slawecki et al., 2000).

Evidence has implicated the NPY Y_1 receptor in the modulation of ethanol consumption. The Y_1 receptor is located postsynaptically and is found in brain regions that are involved with neurobiological responses to ethanol, including the hippocampus, the hypothalamus, and the amygdala (Naveilhan et al., 1998). Y_1 receptor knock-out mice $(Y_1^{-/-})$ show increased consumption of solutions containing 3, 6, and 10% (v/v) ethanol and are less sensitive to the sedative effects of ethanol (3.5 and 4.0 g/kg), as measured by more rapid recovery from ethanol-induced sleep (Thiele et al., 2002). Recent pharmacological studies have also confirmed a role for the Y_1 receptor in ethanol consumption (Kelley et al., 2001; Schroeder et al., 2003b).

The purpose of this study was to further characterize the role of the Y_1 receptor in neurobiological responses to ethanol. To this end, we examined voluntary consumption of ethanol and ethanol-induced sedation in C57BL/6J mice after icv and intraperitoneal (ip) injection of [(-)-2-[1-(3-chloro-5-isopropyloxycarbonylaminophenyl)ethylamino]-6-[2-(5ethyl-4-methyl-1,3-tiazol-2-yl)ethyl]-4-morpholinopyridine] (compound A), a novel and selective Y_1 receptor antagonist (Y1RA) that acts centrally on brain receptors when administered peripherally (Kanatani et al., 2001).

MATERIALS AND METHODS

Subjects

Subjects were C57BL/6J (Jackson Laboratory, Bar Harbor, ME) mice, each weighing between 25 and 30 g at the beginning of the experiment. All mice were individually housed in plastic mouse cages with free access to standard rodent chow (Teklad, Madison WI) and water except where noted. Mice were approximately 16 weeks old at the start of the experiment. The colony room was maintained at approximately 22°C with a 12-hr/12-hr light/dark cycle. All procedures were in compliance with NIH guidelines, and the protocols were approved by the University of North Carolina Animal Care and Use Committee.

Drug Preparation

Compound A was donated by Merck & Co., Inc. (Rahway, NJ), and Banyu Pharmaceutical Co., Ltd (Tsukuba, Japan). On the basis of binding affinity data, compound A is more than 7000-fold selective for the human Y_1 receptor over the human Y_2 receptor and more than 4000-fold selective for the human Y_1 receptor over the human Y_5 receptor. Furthermore, compound A is without effect in $Y_1^{-/-}$ mice (Kanatani et al., 2001). Hereafter, we also refer to compound A as the Y1RA. For studies involving ip injection of drug, the Y1RA was prepared in a vehicle of 0.5% carboxymethylcellulose (CMC) in sterile water as described elsewhere (Kanatani et al., 1999). For icv infusion, the Y1RA was prepared in a vehicle of 50% propylene glycol (PG) in sterile water (Kanatani et al., 2001).

Voluntary Ethanol Consumption After ip Injection of the Y1RA

Thirty-nine naive mice were acclimated to drinking from two bottles for approximately 2 weeks (continuous 24-hr access). One bottle contained water, and the other contained an ethanol solution (3% v/v for 4 days, 6% for 4 days, and 10% for 6 days). Bottle positions were changed every 2 days to control for position preference. Food was available ad libitum throughout the experiment except where noted, and body weights were recorded weekly. On the test day, mice were distributed into one of four groups based on their consumption of the 10% ethanol solution. Two hours before the beginning of the dark cycle, food, water, and ethanol were removed from the cages, and mice were weighed. Approximately 1 hr before the dark phase, mice were given an ip injection of CMC (n = 10) or a 25 mg/kg (n = 10), 50 mg/kg (n = 9), or 75 mg/kg (n = 10) dose of the Y1RA. All doses were injected in a volume of 5 ml/kg body weight. Just before the dark cycle, food, water, and 10% ethanol consumed were collected every 2 hr up to 8 hr.

Voluntary Ethanol Consumption After icv Infusion of the Y1RA

Thirty-three naive mice were anesthetized with a solution containing ketamine (117 mg/kg) and xylazine (7.92 mg/kg) and surgically implanted with a 26-gauge cannula (Plastics One, Roanoke, VA) aimed at the left lateral ventricle by using the following stereotaxic coordinates: 0.2 mm posterior to the bregma, 1.0 mm lateral to the midline, and 2.3 mm ventral to the skull surface. After surgery, mice were allowed to recover for approximately 2 weeks. After experimental procedures, cannula placement was verified histologically. Mice were habituated to the two-bottle-choice procedure described previously and distributed into three groups equated for consumption of the 10% ethanol solution. Two hours before the beginning of the dark cycle, food, water, and ethanol were removed from the cages, and mice were weighed. One hour later, mice were given icv injection of PG (n = 10), 30 µg of Y1RA (n = 11), or 100 µg of Y1RA (n = 12). Intracerebroventricular infusions were given in a 1.0-µl volume with a 5.0-µl Hamilton syringe and infused over 1 min with a Harvard Apparatus PHD 2000 microinfusion pump (Holliston, MA). Just before the dark cycle, food, water, and 10% ethanol

solution were put back in the cages. Measurements of food consumed, water consumed, and 10% ethanol consumed were collected every 2 hr for up to 8 hr.

Open-Field Locomotor Activity After ip Injection of the Y1RA

To determine whether the Y1RA could promote motor activity impairment, we measured openfield locomotor activity after ip administration of compound A. Thirty-eight mice were distributed into one of three groups equated for body weight. Mice were removed from their cages and given an ip injection of a 25 or 50 mg/kg dose of Y1RA (n = 13 per group) or an equal volume of CMC (n = 12). Twenty-five minutes after infusion, mice were individually tested for 5 min in an open-field apparatus that automatically recorded locomotor activity (Harvard Apparatus). Testing was conducted 25 min after icv infusion because the Y1RA reaches maximal brain levels within approximately 30 min after ip administration (Kanatani et al., 2001). Locomotor activity was expressed as centimeters traveled during the 5-min session.

Ethanol-Induced Sedation After ip Injection of the Y1RA

Immediately after testing in the open-field activity chamber (30 min after injection of the Y1RA), all mice used in the previous procedure were given ip injection of ethanol (3.8 g/kg; 19% w/v mixed in isotonic saline), a dose that is within a range effective for inducing sedation in C57BL/6 mice (Thiele et al., 2002, 2003b). At the onset of sedation, each mouse was placed on its back in a plastic U-shaped trough. The time (minutes) that elapsed between the ethanol injection and when the mouse could right itself onto all four paws three times within a 30-sec interval was used as the index of time to regain the righting reflex.

Blood Ethanol Concentrations After ip Injection of the Y1RA

To determine whether the Y1RA alters clearance of ethanol from blood, blood samples were collected from the mice described previously immediately after they regained their righting reflex. Mouse tails were cleaned, and sterile single-blade razors were used to make small tail-tip nicks for blood collection. Blood ethanol samples were analyzed with gas chromatographic methods described elsewhere (Knapp et al., 1993). Tail blood (6 μ l) and standards (6 μ l; 0 – 300 mg/100 ml) were mixed with 375 μ l of distilled water and 0.5 g of NaCl in 12 × 75-mm borosilicate glass culture tubes. The tubes were capped and then heated at 55°C for 10 min in a water bath, at which point 1.5 ml of headspace gas was removed with a plastic 3.0-ml syringe and injected directly into an SRI 8610C gas chromatograph (Torrance, CA) equipped with an external syringe adapter and a 1.0-ml external loading loop. The oven temperature was isothermal at 140°C and contained a Hayesep D column and a flame ionization detector. Hydrogen gas, carrier gas (also hydrogen), and internal air generator flow rates were 13.3, 25, and 250 ml/min, respectively. Peak retention time was 2 min, and the areas under the curve were analyzed with SRI PeakSimple software for Windows running on a Dell (Austin, TX) Inspiron 3500 laptop computer.

Data Analyses

All data in this report are presented as mean \pm SEM. We used ANOVA for statistical examination of all data with SPSS for Windows, version 11.5 (SPSS Inc., Chicago, IL); *t* tests were used for planned comparisons (Winer et al., 1991). Significance was accepted at *p* < 0.05 (two tailed).

RESULTS

Voluntary Ethanol Consumption After ip Injection of the Y1RA

Relative to mice given ip injection of the vehicle CMC, ip injection of the selective Y1RA significantly reduced ethanol consumption up to 8 hr [F(3,35) = 6.34; p = 0.002; Fig. 1A]. Planned comparisons revealed that the 50 and 75 mg/kg doses of the Y1RA significantly reduced ethanol consumption but that the 25 mg/kg dose failed to alter ethanol drinking. None of the doses of the Y1RA tested significantly altered water drinking [F(3,35) = 2.34; p = 0.09; Fig. 1B]. Relative to CMC treatment (96.88 ± 4.62 g/kg), the 25 mg/kg (74.15 ± 5.41 g/kg), 50 mg/kg (72.15 ± 4.55 g/kg), and 75 mg/kg (76.58 ± 6.65 g/kg) doses of the Y1RA significantly reduced food intake for up to 6 hr [F(3,35) = 4.48; p = 0.009] but not at the 8-hr measurements [F(3,35) = 2.32; p = 0.09; Fig. 1C].

Voluntary Ethanol Consumption After icv Infusion of the Y1RA

As seen in Fig. 2A, icv infusion of the 100-µg dose of the Y1RA significantly reduced 8-hr ethanol consumption relative to mice given icv infusion of PG [F(2,30) = 3.89; p = 0.03]. Planned comparisons confirmed that the 100-µg, but not the 30-µg, dose of the Y1RA significantly reduced ethanol consumption. It should be noted that the absolute level of ethanol consumption by control treated mice in this study was lower than consumption by controls in the previous ip injection study. Consumption differences between studies may be related to the different routes of administration or the different vehicles used. It is important to note that water consumption was not significantly altered by the icv treatment [F(2,30) = 1.74; p = 0.19; Fig. 2B]. Finally, icv administration of a 100-µg dose of the Y1RA significantly decreased 8-hr food consumption [F(2,30) = 4.23; p = 0.024], and planned comparisons confirmed this conclusion (Fig. 2C).

Open-Field Locomotor Activity, Ethanol-Induced Sedation, and Blood Ethanol Levels After ip Injection of the Y1RA

Relative to CMC, neither the 25 mg/kg nor the 50 mg/kg dose of the Y1RA significantly altered 5-min open-field locomotor activity when tested 25 min after ip injection [F(2,35) = 0.35; p = 0.71; Fig. 3A]. Similarly, neither dose of the Y1RA significantly altered ethanol-induced sedation after a 3.8 g/kg dose [F(2,31) = 0.64; p = 0.53; Fig. 3B]. Finally, blood ethanol levels taken immediately upon recovery of the righting reflex did not differ significantly between mice injected with CMC or either dose of the Y1RA [F(2,35) = 0.49; p = 0.64; Fig. 3C].

DISCUSSION

Here we provide pharmacological evidence that the NPY Y_1 receptor modulates ethanol consumption in mice. The ip injection of the Y1RA (50 and 75 mg/kg) selectively reduces 8-hr ethanol consumption without altering water drinking. Similarly, when given in an icv infusion, a 100-µg dose of the Y1RA significantly reduces ethanol, but not water, drinking for up to 8 hr. These results strengthen the argument that the Y1RA modulates ethanol consumption by acting centrally. Reduction of ethanol drinking caused by the Y1RA does not seem to be related to alteration of locomotor behavior or augmentation of ethanol's sedative effects, because ip injection of this compound does not alter open-field locomotor activity or ethanol-induced sedation. Furthermore, Y1RA-induced reduction of ethanol drinking is not likely related to a shift in the rate of ethanol metabolism, because this antagonist does not cause significant changes in plasma ethanol levels. Together, these data add to a growing body of evidence that ethanol self-administration is modulated by NPY Y1 receptors (Kelley et al., 2001; Schroeder et al., 2003b; Thiele et al., 2002). Additionally, in agreement with previous data (Kanatani et al., 2001), we showed that both ip injection (25, 50, and 75 mg/kg) and icv infusion (100 µg) of the Y1RA significantly reduced short-term food intake by C57BL/6J mice.

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 $Y_1^{-/-}$ mice show increased consumption of solutions containing 3, 6, and 10% (v/v) ethanol (Thiele et al., 2002). Thus, the present pharmacological data and genetic evidence support a role for the NPY Y_1 receptor in the maintenance of ethanol consumption. However, there is an obvious inconsistency between paradigms; deletion of the Y_1 receptor promotes increased ethanol consumption, whereas pharmacological blockade of the Y_1 receptor causes a reduction of ethanol intake. Procedures used in this study are similar to those used with $Y_1^{-/-}$ mice (Thiele et al., 2002). For example, mice were on a C57BL/6 background, a two-bottle-choice procedure with 10% ethanol was used, and mice had ad libitum access to food. Although developmental compensation by $Y_1^{-/-}$ mice cannot be ruled out, there are other explanations for these divergent results.

First, deletion of the Y_1 receptor gene in $Y_1^{-/-}$ mice is a chronic lifelong treatment, whereas pharmacological blockade of the Y1 receptor is an acute short-term manipulation. Thus, it will be important to determine whether long-term exposure to the Y1RA can increase ethanol consumption. A second explanation is that the Y1RA reduces ethanol intake by acting at the paraventricular nucleus of the hypothalamus (PVN). It is interesting to note that PVN infusion of NPY increases ethanol drinking by Long-Evans rats, an effect that is blocked by pretreatment with the selective Y1RA BIBP-3226 (Kelley et al., 2001). More recently, PVN infusion of NPY was shown to increase ethanol drinking by selectively bred HAD rats (Gilpin et al., 2004). Because icv infusion of NPY reduces ethanol drinking in HAD rats (Badia-Elder et al., 2003), NPY must act on receptors in brain regions other than the PVN to attenuate ethanol consumption. Additional evidence that NPY signaling within the hypothalamus controls ethanol drinking is the observation that ip administration of a Y₅ receptor antagonist delays the onset of ethanol-reinforced responding in mice (Schroeder et al., 2003a). The Y₅ receptor is expressed mainly in the hypothalamus (Berglund et al., 2003). On the basis of these observations, we suggest that the Y1RA used in our study likely reduces ethanol drinking by acting on hypothalamic structures such as the PVN. However, disruption of NPY signaling in regions outside of the hypothalamus, such as in the nucleus accumbens (NAc) or the amygdala, likely accounts for the increased ethanol intake by $Y_1^{-/-}$ mice (Thiele et al., 2002). In fact, Y1 receptors are expressed in the NAc (Pickel et al., 1998), high-ethanol-drinking C57BL/6J mice have significantly lower levels of NPY in the shell of the NAc when compared with lowethanol-drinking DBA/2J mice (Misra and Pandey, 2003), and NPY modulates dopamine release in this region (Ault et al., 1998).

There is evidence that blunted NPY signaling in the amygdala increases ethanol drinking (but see Schroeder et al., 2003b). A recent report showed that amygdalar infusion of a protein kinase A inhibitor caused local reduction of NPY levels and increased ethanol drinking. Increased ethanol drinking was reduced by amygdalar coadministration of NPY (Pandey et al., 2003b). It is interesting to note that NPY does not effect ethanol consumption by rats not treated with the protein kinase A inhibitor and which have normal amygdalar NPY levels (Pandey et al., 2003b). Furthermore, P and HAD rats have low levels of NPY in the amygdala when compared with NP and LAD rats (Ehlers et al., 1998; Hwang et al., 1999), and icv administration of NPY reduces ethanol drinking in P and HAD rats but does not influence ethanol consumption in NP or LAD rats (Badia-Elder et al., 2001, 2003; Gilpin et al., 2003). Low NPY signaling in the amygdala may cause selectively bred rats to be anxious (Stewart et al., 1993), which in turn predisposes them to high ethanol drinking. Because NPY has anxiolytic properties (Heilig et al., 1989), central infusion of NPY could rescue the high ethanol drinking in selectively bred rats by reducing anxiety levels. Inconsistent with this suggestion, however, are the observations that HAD rats and high-ethanol-drinking Alko alcohol rats show normal or low anxiety-like behaviors, respectively (Badia-Elder et al., 2003; Moller et al., 1997).

One must consider the possibility that the Y1RA reduces ethanol drinking due to possible nonspecific consequences, including visceral illness, motor impairment, or anxiogenic effects

(Kask et al., 1996, 1999). The effects of visceral illness or malaise seem unlikely because the Y1RA antagonist continues to significantly reduce ethanol drinking after food intake has returned to normal levels. Furthermore, water drinking is not reduced and is in fact slightly increased by ip injection of the Y1RA. Because the ethanol solution contains water and because mice treated with the Y1RA drink less ethanol, increased drinking from the water bottle by these mice likely reflects the need to maintain fluid balance. Motor impairment as an explanation for reduced ethanol drinking seems unlikely because the Y1RA does not alter locomotor activity, nor does it interact with the sedative properties of ethanol. Although possible anxiogenic effects of the Y1RA cannot be completely ruled out, one would predict that increased anxiety should uniformly attenuate all behavior, yet mice treated with the antagonist drink normal amounts of water and show normal open-field activity. Finally, it should be noted that although in vitro studies indicate that the Y1RA is highly selective (Kanatani et al., 2001), there is the possibility the Y1RA acts on other NPY receptors in vivo at high doses.

Both pharmacological and genetic data support a role for NPY and the Y_1 receptor in the modulation of the sedative effects of drugs. Pretreatment with NPY augments sodium pentobarbital–, ketamine-, and ethanol-induced sedation (Naveilhan et al., 2001a,b; Thiele et al., 2003b; Yamada et al., 1996). Furthermore, $Y_1^{-/-}$ mice are resistant to the sedative effects of ethanol and sodium pentobarbital (Naveilhan et al., 2001a; Thiele et al., 2002). Inconsistent with these previously published observations, ip injection of the Y1RA, compound A, does not alter ethanol-induced sedation. Because NPY-induced enhancement of ethanol's sedative effects requires central administration of this peptide, it is possible that peripheral injection of the Y1RA does not gain access to the central Y_1 receptors that are critical for modulating sedation. It is also possible that exogenous stimulation of NPY receptors can modulate the sedative effects of drugs, but blockade of endogenous NPY receptor signaling is not effective. At odds with the latter suggestion is the observation the $Y_1^{-/-}$ mice, which pre-sumably have chronic blockade of normal Y_1 receptor signaling, show reduced sensitivity to the sedative effects of ethanol (Thiele et al., 2002).

In summary, this study demonstrates that ip injection of the systemically bioavailable and selective Y1RA compound A reduces voluntary consumption of ethanol by C57BL/6J mice without altering water drinking or modifying the sedative effects produced by ethanol. These results are consistent with observations that hypothalamic infusion of NPY increases ethanol drinking by rats. Further experimentation is necessary to delineate the discrepancy between genetic and pharmacological research with respect to the role of Y_1 receptor signaling in neurobiological responses to ethanol.

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Fig. 1.

Consumption of 10% (v/v) ethanol (A), water (B), and food (C) over an 8-hr test after ip injection of the NPY Y₁ receptor antagonist (Y1RA) compound A (0, 25, 50, or 75 mg/kg). All values are means \pm SEM; **p* < 0.05 relative to the control group.

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Fig. 2.

Consumption of 10% (v/v) ethanol (A), water (B), and food (C) over an 8-hr test after icv infusion of the NPY Y₁ receptor antagonist (Y1RA) compound A (0, 30, or 100 μ g). All values are means \pm SEM; **p* < 0.05 relative to the control group.

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Fig. 3.

Open-field locomotor activity (A), latency to regain the righting reflex after ethanol injection (3.8 g/kg ip) as a measurement of sensitivity to ethanol's sedative effects (B), and blood ethanol levels at the time the righting reflex was established (C) in mice after ip injection of the NPY Y_1 receptor antagonist (Y1RA) compound A (0, 25, or 50 mg/kg). All values are means \pm SEM.