

# Theory of the deuterium NMR of sterol–phospholipid membranes

Harden McConnell\*<sup>†</sup> and Arun Radhakrishnan\*<sup>‡</sup>

\*Department of Chemistry, Stanford University, Stanford, CA 94305; and <sup>‡</sup>Department of Molecular Genetics, University of Texas Southwestern Medical Center, Dallas, TX 75390

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**A general theoretical model is described for the NMR spectra of mixtures of sterols and deuterium-labeled phospholipids. In the case of homogeneous membranes, the average quadrupole splittings are determined by equilibria between lipids in cholesterol–phospholipid complexes and lipids not in complexes. Chemical exchange of lipids between those in the free state and those in the complex state affects the deuterium resonance line shapes. The lifetime of a phospholipid molecule in an ergosterol–dipalmitoylphosphatidylcholine complex is estimated to be of the order of  $10^{-5}$  s on the basis of the observed line broadenings. In the vicinity of a critical point of a cholesterol–phospholipid mixture, fluctuations in the concentration of complexes also can contribute to the deuterium nuclear resonance line broadening. At the critical point, the temperature derivative of the concentration of complexes is discontinuous. There is a corresponding jump in the calculated heat capacity as well as in the temperature derivative of the deuterium NMR first moment.**

condensed complexes | critical point fluctuations | order parameters | phase diagrams | reaction kinetics

In a number of studies, it has been proposed that several physical chemical effects of cholesterol (C) on bilayer membranes can be understood in terms of the formation of complexes between C and some classes of phospholipids (1–12). Of particular significance here is the proposal of Phillips and coworkers (5, 6), who suggested that clusters of complexes give bilayers that are heterogeneous along their plane. We have introduced the term “condensed complex” to recognize the well known effect of C in suppressing gauche conformations of the fatty acid chains of phospholipids in the liquid state of bilayers (11, 12). A thermodynamic model was developed to describe this complex formation, using as quantitative guides the phase diagrams that have been determined for C–phospholipid mixtures in monolayers and bilayers (11, 12). In the present work, we show that specific features of the NMR of deuterium-labeled lipids can be accounted for in terms of the kinetic properties of these complexes.

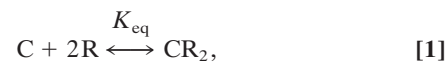
The early deuterium NMR study of Vist and Davis (13) used binary mixtures of C and dipalmitoylphosphatidylcholine (DPPC). The DPPC had perdeuterated fatty acid chains. Their spectra showed an increasing deuterium quadrupole splitting with increasing C concentration, corresponding to the C-mediated ordering of the fatty acid chains of the phospholipid. In addition, the spectra showed enhanced NMR linewidths at intermediate sterol concentrations. A similar and even more pronounced line broadening at intermediate C concentrations was reported recently for DPPC mixtures with ergosterol (E) (14). Both groups of investigators interpreted this line broadening in terms of a phase separation in these membranes, whereby at intermediate sterol concentrations two liquid phases are present. The enhanced linewidth was attributed to a diffusion-limited exchange of phospholipids between domains of the coexisting liquid phases. This interpretation required that these domains be small (20–80 nm). (For additional NMR work with this view, see ref. 15.) In accord with this interpretation,

fluorescence microscopy observations have failed to detect phase separation on the micrometer scale (16).

Ternary mixtures of dioleoylphosphatidylcholine (DOPC), C, and DPPC form micrometer-scale immiscible liquid domains easily observed with fluorescence microscopy (16). As described here and in earlier work (12, 17), this immiscibility can be modeled in terms of an intermolecular attractive interaction and a repulsive interaction. The attractive interaction is between C and DPPC, leading to complex formation. The (mean field) repulsive interaction is between the complex and DOPC, leading to immiscibility. The model provides a semiquantitative description of the C, DPPC, DOPC phase diagram and involves no phase separation of C–DPPC, or other binary pairs. In the present work, we show that the chemical kinetics of complex formation and dissociation can account for the deuterium resonance line broadening previously attributed to a phase separation on a submicrometer distance scale (13, 14).

## Background Theory and Results

**Thermodynamic Model.** The general thermodynamic model used here is the same as that used previously to describe C–phospholipid mixtures in monolayers and bilayers, except for the choice of specific parameters (11, 12, 17). We consider a liquid bilayer mixture of C, reactive phospholipid (R), and unreactive phospholipid (U). The condensed complex ( $CR_2$ ) is formed in a reversible reaction



where  $K_{eq}$  is the equilibrium constant. The 1:2 stoichiometry is chosen to fit the experimental data as simply as possible (see below). The regular solution free energy of the equilibrium mixture of C, R, U, and  $CR_2$  is

$$G = \sum_i x_i(\mu_i^0 + k_B T \ln x_i) + 2k_B \sum_{i<j} x_i x_j T_{ij}^0, \quad [2]$$

where  $\mu_i^0$  is the standard chemical potential of pure component  $i$ ,  $x_i$  is its equilibrium mole fraction, and  $k_B$  is Boltzmann's constant. The  $T_{ij}^0$  are the critical temperatures of the six binary pairs in the four-component mixture. These temperatures are measures of the mean-field repulsions between the various components. In this model, all of the standard chemical potentials are constant and can be set equal to zero except for the chemical potential of the complex,  $-k_B T \ln K_{eq}$ . All of the critical temperatures are assumed to be well below 298 K ( $T_c$ ), except the critical temperature of the binary U– $CR_2$  pair hereafter denoted

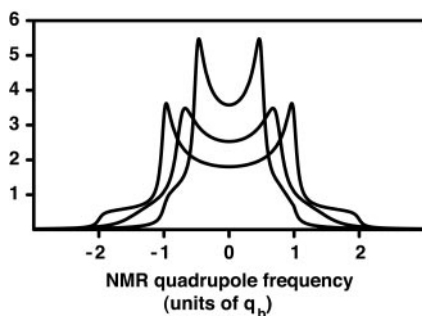
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Abbreviations: R, reactive phospholipid; U, unreactive phospholipid; C, cholesterol; E, ergosterol; DPPC, dipalmitoylphosphatidylcholine; DOPC, dioleoylphosphatidylcholine.

<sup>†</sup>To whom correspondence may be addressed. E-mail: harden@stanford.edu or arun314@yahoo.com.

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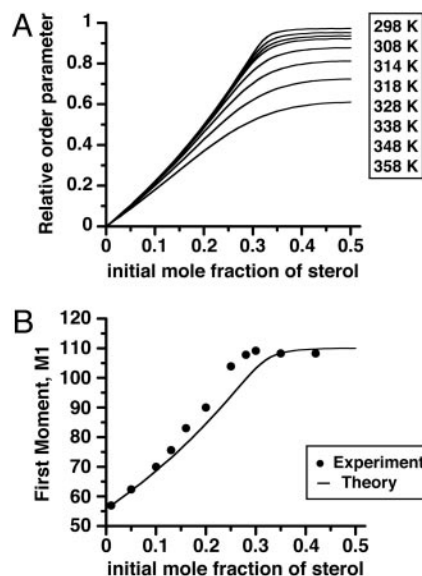


**Fig. 2.** Calculated deuterium NMR spectra of a hypothetical phospholipid molecule deuterated at a single position on a fatty acid chain. The spectra arise from isotropic distributions of bilayer orientations. Inner, pure phospholipid bilayer ( $f = 0$ ), quadrupole splitting constant  $q_b = 0.5$ . Middle, membrane composed of 50% 1:2 complex and 50% phospholipid ( $f = 0.5$ ). Outer, membrane composed of only 1:2 complex, quadrupole splitting  $q_b = 1.0$ . The spectrum in the middle results from chemical exchange of phospholipids between the bound and free states, given by the rate parameter  $p = 0.636$ . For the E-DPPC mixture, this value of  $p$  corresponds to a kinetic off-rate constant of  $10^5 \text{ s}^{-1}$ . (For the E-DPPC mixture,  $q_b$  is  $\approx 25 \text{ kHz}$ ). The middle spectrum corresponds to rapid exchange, but a residual broadening is apparent because of the finite exchange rate.

for a deuterium-labeled phospholipid in a bilayer containing no C, whereas the middle and outer spectra are for bilayers with increasing C concentrations. As already noted, in previous work on C-DPPC mixtures (13) and on E-DPPC mixtures (14), such spectra have been interpreted in terms of the coexistence of two liquid phases, a phase where the fatty acid chains are relatively disordered, and a C-rich phase where the chains are relatively ordered. It is postulated that the two liquid domains are very small, submicrometer, and that rapid diffusive exchange of phospholipids between the domains leads to exchange narrowed spectra, such as those illustrated in Fig. 2.

Here, we propose, on the contrary, that in bilayers these sterol-DPPC liquid mixtures form a single thermodynamic phase. The ordering of the fatty acid chains as shown by an increase in the deuterium quadrupole splittings is due to the formation of sterol-DPPC complexes, with high relative order. Phospholipid molecules not in complexes have low relative order. The relative-order parameters are numerically equal to the fraction of reactive phospholipid molecules in complexes,  $f$ . We calculate  $f$  from the equilibrium constant  $K_{eq}$  for complex formation. This equilibrium constant is determined by the simulation of the ternary phase diagram shown in Fig. 1. We use the 1:2 stoichiometry of one C and two phospholipids, for which  $K_{eq} = 1,270$  at 298 K. The 1:2 stoichiometry is the simplest one that is consistent with the data and also has been inferred in a number of studies on monolayers (11).

Fig. 3A gives a plot of calculated phospholipid order parameters ( $f$ ) vs. C concentration for the binary C-DPPC mixture. These plots have a striking similarity to the experimental plots of deuterium NMR first moments vs. sterol concentration in E-DPPC (14) and C-DPPC (20) mixtures. The breaks in the curves (especially at the lower temperatures) were interpreted as representing a liquid-liquid phase boundary (14), whereas we interpret these breaks as representing the completion of the C-phospholipid reaction of complex formation. To illustrate this point, Fig. 3B gives a plot of the first moment M1 of the deuterium NMR as a function of E concentration at 41°C (data points taken from ref. 14). The theoretical curve assumes M1 is a linear function of  $f$  using parameters derived from the C-DPPC-DOPC ternary phase diagram (see Fig. 1 for details) and uses the E-DPPC M1 values at 0.00 and 0.35 mol fraction sterol for calibration. The calculations also use the fast exchange limit,



**Fig. 3.** Ordering in sterol-phospholipid binary mixtures. (A) The fraction of phospholipid (DPPC) in complex form (order parameter  $f$ ) in a binary mixture, calculated using the equilibrium constant derived from the phase diagram for the ternary mixture in Fig. 1. (B) First moments for deuterium NMR spectra of sterol-DPPC mixtures. The data points for E-DPPC mixtures are taken from ref. 14. The curve is calculated assuming that the first moment is a linear function of  $f$ , using the experimental values of  $M_1$  at 0.0 and 0.35 mol fraction E for calibration (see text). Note that the data points refer to E-DPPC binary mixtures, whereas the curve is calculated for a C-DPPC binary mixture.

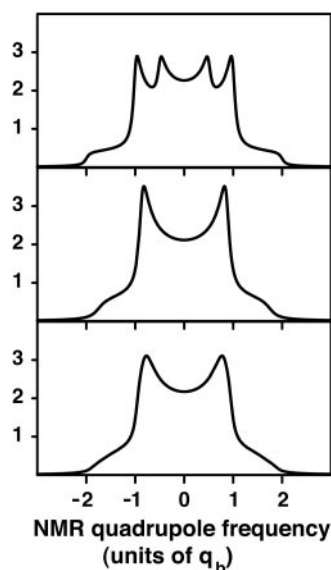
where quadrupole splittings are proportional to the order parameter  $f$ . Calculated first moments show that this approximation is quite accurate for the kinetic parameter used (see below). The fall-off in order parameters at the higher temperatures in Fig. 3A is due to the thermal dissociation of the complex.

### Dissociation Kinetics

Hsueh *et al.* (14) studied the resonance signals for the C15 deuterons of phospholipids using “de-Paked” deuterium NMR spectra. These de-Paked resonance signals are relatively well resolved and separate from the signals of the other deuterons on the perdeuterated fatty acid chains. In contrast, we consider only the outermost signals with the largest splittings. These signals have the disadvantage of overlap with other signals but the advantage of having the largest splittings and therefore the highest sensitivity to motion. Also the de-Paking step is not required to detect the broadenings at intermediate concentrations. The analysis of the experimental NMR spectra in terms of a two-state model is independent of assumptions about the microscopic molecular mechanism. The calculated spectra depend only on the rate constants for exchange and the fractional occupation of two states. Our analysis of the spectra in terms of two-state kinetics is substantially the same as that given earlier (14). The significant difference arises in the interpretation of these NMR parameters in terms of molecular properties.

An important feature noted in the deuterium NMR of sterol-DPPC mixtures is an enhanced line broadening at sterol concentrations intermediate between zero and the higher concentrations. This broadening was interpreted as arising from chemical exchange of deuterated lipids between very small domains (13, 14). Hsueh *et al.* (14) used an interdomain rate constant of approximately  $10^5 \text{ s}^{-1}$  in their analysis of the deuterium NMR linewidths. This rate constant corresponds to fast exchange of the C15 deuteron spectra.





**Fig. 5.** Calculated deuterium NMR spectra at the critical point of the ternary C-DPPC-DOPC mixture. (*Top*) No chemical exchange or composition fluctuations, showing peaks due to complexed and free forms of the phospholipid. (*Middle*) Calculated spectra with chemical exchange,  $k_{\text{off}} = 10^5 \text{ s}^{-1}$ . (*Bottom*) Calculated spectra including chemical exchange and composition fluctuations at the critical point. At the critical composition the initial mole fraction of C is 0.27, the initial mole fraction of phospholipid is 0.54, and the fraction of phospholipid in complex form (order parameter) is  $f = 0.74$ .

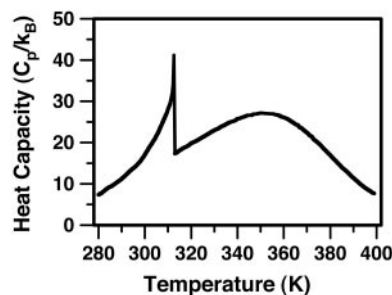
Here  $\alpha = 51.437k_{\text{B}}T_r$ ,  $\beta = 82.153k_{\text{B}}T_r$ . At the critical point the integral in Eq. 6 was estimated by summing discrete spectra over the allowed range of the order parameter. This estimated critical point spectrum is shown in Fig. 5 *Bottom*. For comparison, Fig. 5 also gives spectra obtained in the absence of fluctuations (*Middle*) and in the absence of both fluctuations and chemical exchange (*Top*). The line broadening due to these fluctuations should be experimentally detectable.

At temperatures well above the critical temperature, the fluctuations can be estimated by expanding the free energy  $G(c)$  about  $c_0$  and retaining only quadratic terms. This expansion yields the mean square fluctuation amplitude

$$\langle (c - c_0)^2 \rangle = \frac{1 - c_0}{N(\partial^2 \mu / \partial c^2)|_{c_0}}. \quad [8]$$

When this equation is used to estimate line broadening, it is found that at  $10^\circ$  above the critical temperature the broadening is comparable with our assumed intrinsic linewidth. Thus, at this temperature the broadening would be barely detectable. However, between this temperature and the critical temperature, the broadening may be observable if the fluctuation lifetimes are long enough. Because the broadening we are discussing is due to a fluctuation in the concentration of complexes at a given temperature, there can be a maximum in this broadening at compositions where the concentration of complexes is intermediate ( $0 < f < 1$ ).

As the temperature is lowered just below the critical temperature, the amplitude of the fluctuations must become larger, leading to larger line broadening. However, in this range of incipient phase separation, energy terms in the composition gradient are potentially important, making estimates of composition fluctuations even more uncertain. At still lower temperatures, domains of optical size are observed experimentally, and the NMR spectra are superpositions of resolved spectra arising from distinct domains of macroscopic size (25).



**Fig. 6.** Calculated heat capacity of the ternary mixture at the critical composition. The heat capacity of the ternary C-DPPC-DOPC mixture was obtained by using Eq. 9 together with  $\Delta H = -19.2 \text{ kcal/mol}$  ( $-32.4 k_{\text{B}}T_r$ ), the heat of reaction used in calculating the phase diagram in Fig. 1. At the critical temperature, there is a jump in the temperature derivative of the concentration of complexes and a corresponding jump in the heat capacity. A jump in the temperature derivative of the first moment of the deuterium NMR is also calculated at the ternary critical point.

The conclusion we reach from the above admittedly very rough calculations is that there may be composition-dependent line broadening due to fluctuations at temperatures within  $10^\circ$  above the critical temperature for the C-DPPC-DOPC ternary mixture, especially near the critical composition. By extrapolation, binary mixtures should also show line broadening under similar conditions. This line broadening would require that the C-DPPC and E-DPPC mixtures have a (possibly unobservable) low temperature miscibility critical point within  $10^\circ$  of the experimental temperature, if this effect were to play a role in the observed broadening (13, 14).

**Heat Capacity.** The heat capacity of the membrane originating from the thermal dissociation of complexes at the critical point can be calculated from the temperature derivative of the fraction of molecules in complex form (averaged over two phases when necessary).

$$C_p = (\Delta H / (1 + 2z)^2) dz / dT \quad [9]$$

Here  $z$  is the equilibrium mol fraction of complex. The heat capacity plot in Fig. 6 uses  $\Delta H = -32.4k_{\text{B}}T_r$  ( $-19.2 \text{ kcal/mol}$ ), the heat of reaction used earlier to calculate the ternary phase diagram in Fig. 1 (A correction to  $\Delta H$  of the order of  $k_{\text{B}}T_c^0$  has been neglected in Eq. 9.). The jump in heat capacity occurs at the critical temperature and is due to a jump in the temperature dependence of the concentration of complexes. The integral of the jump over background is  $0.40 k_{\text{B}}T_r$  ( $0.240 \text{ kcal/mol}$ ). The broad heat absorption at the higher temperatures is due to thermal dissociation of the complexes as discussed in ref. 26. Composition fluctuations could broaden the sharp jump in Fig. 6. A jump in  $dz/dT$  also implies a jump in the temperature derivative of the first moment of the deuterium NMR spectra.

## Discussion

In the present work we have shown that composition-dependent enhanced NMR line broadening seen in binary mixtures of C-DPPC and E-DPPC may be due to the kinetics of complex formation between these sterols and the DPPC. The rate constant for the dissociation of a DPPC molecule from the 1:2 E-DPPC complex is estimated to be of the order of  $10^5 \text{ s}^{-1}$ , corresponding to a lifetime of  $10^{-5} \text{ s}$ . This source of line broadening is robust in the sense that it holds both below and above a critical temperature and disappears only at the highest temperatures where the complex is dissociated. In general, resonance line broadening due to concentration fluctuations related to proximity to a critical point are superimposed on the

