

# Cytoprotection against neutrophil derived hypochlorous acid: a potential mechanism for the therapeutic action of 5-aminosalicylic acid in ulcerative colitis

F Dallegrì, L Ottonello, A Ballestrero, F Bogliolo, F Ferrando, F Patrone

## Abstract

The aim of the present study was to investigate the effects of 5-aminosalicylic acid (5-ASA) on the cell injury mediated by activated neutrophils. We used a system constituted of neutrophils, triggered with phorbol myristate acetate, and <sup>51</sup>Cr-labelled Daudi cells as targets. The results show that 5-ASA is capable of efficiently preventing neutrophil-mediated lysis. 5-ASA was up to 10-fold more effective than taurine, which acts as an hypochlorous acid scavenger. Moreover, 5-ASA was found to compete with taurine for the neutrophil derived hypochlorous acid. The results are consistent with the conclusion that 5-ASA is capable of limiting the neutrophil mediated cell damage by scavenging the generated hypochlorous acid. This may represent a potential mechanism for the therapeutic action of 5-ASA in ulcerative colitis.

The therapeutic benefit of 5-aminosalicylic acid (5-ASA) in ulcerative colitis is well established.<sup>1,2</sup> It appears to act directly on the inflamed mucosa possibly by blocking cyclooxygenase and lipoxygenase metabolite mediated inflammation<sup>3</sup> and/or by reducing the local generation of highly reactive oxygen species.<sup>4,5</sup> This latter possibility is particularly attractive because of the neutrophil infiltration of the colonic mucosa, coupled with the well known ability of neutrophils to produce reactive oxygen species.<sup>6</sup> Nevertheless, to our knowledge, the actual capacity of 5-ASA to interfere with the oxidative cell damage mediated by neutrophils has not been directly proved. In the present paper, using a cytotoxicity model generally accepted to study the neutrophil mediated cellular damage (phorbol myristate acetate - triggered neutrophils plus Daudi target cells),<sup>7,8</sup> we provide evidence that 5-ASA is highly effective in limiting the neutrophil cytolytic potential.

## Methods

### MEDIA AND REAGENTS

Hanks' balanced saline solution with 1 mg/ml glucose and without phenol red (HBSS, Flow Lab, Ltd, Irvine, Scotland) was used as incubation medium. RPMI 1640 and fetal calf serum were purchased from Flow Lab. Taurine (TauNH<sub>2</sub>), 5-aminosalicylic acid (5-ASA) and Triton X-100 were purchased from Sigma Chemical Co, St Louis, MO. The drug 5-ASA

(~99% pure, as assayed by Sigma; lot 15 F-0803) was dissolved at the concentration of 5 mmol/l in 0.9% NaCl (37°C) immediately before each experiment. The solution of the drug was maintained in the dark to avoid 5-ASA oxidation by light. (The assays were carried out in the dark as well.) Heparin (Liquemin) was from Roche, Milan, Italy, and Ficoll-Hypaque from Nyegaard Co, Oslo, Norway. Na<sub>2</sub> (<sup>51</sup>Cr) O<sub>4</sub> was from the Radiochemical Centre, Amersham, England. Phorbol-12-myristate-13-acetate (PMA, Sigma), stored at -20°C as stock solution of 2 mg/ml in dimethylsulphoxide (C Erba, Milan, Italy) was diluted in medium and used at the final concentration of 10 ng/ml. 5-thio-2-nitrobenzoic acid (Nbs) was prepared by reducing 5-5'-dithiobis (2-nitrobenzoic) acid (Sigma), as described by Aune and Thomas.<sup>9</sup> Hypochlorous acid was generated by adding sodium hypochlorite (NaOCl, BDH Ltd, Pool, UK) into solution buffered at pH 7.4.<sup>10</sup>

### NEUTROPHILS

Heparinised (heparin 10 U/ml) venous blood was obtained from healthy male volunteers. Neutrophils were isolated by dextran sedimentation and subsequent centrifugation on a Ficoll-Hypaque density gradient, as previously described.<sup>10</sup> Contaminating erythrocytes were removed by hypotonic lysis.<sup>10</sup> Neutrophils were then washed three times with HBSS and resuspended in HBSS. Final cell suspensions contained 97% or more neutrophils and more than 98% viable cells, as evaluated by the ethidium bromide fluorescein diacetate test.<sup>10</sup>

### DAUDI CELLS

The Daudi cell line (B lymphoblasts, kindly supplied by Prof G Damiani, Department of Biochemistry, University of Genova, Italy) was grown in suspension (RPMI-FCS) and subcultured every four to five days.<sup>11</sup> The cells were washed three times with HBSS and resuspended in HBSS before use. Daudi cells were labelled with 100-200 µCi sodium <sup>51</sup>Cr-chromate by incubating for one hour at 37°C.<sup>11</sup> After being washed, the cells were resuspended in HBSS.

### CYTOLYTIC ASSAY

Daudi cell lysis by neutrophils in the presence of phorbol myristate acetate was measured using a <sup>51</sup>Cr release method.<sup>10</sup> The experiments were carried out in duplicate using 2 × 10<sup>6</sup> neutrophils,

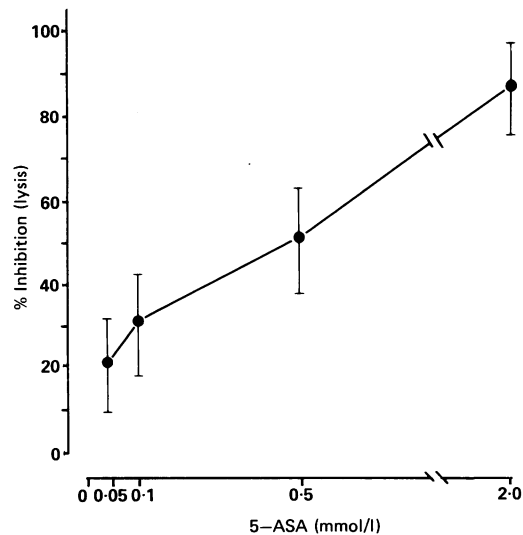
First Medical Clinic,  
University of Genova  
Medical School, Genova,  
Italy

F Dallegrì  
L Ottonello  
A Ballestrero  
F Bogliolo  
F Ferrando  
F Patrone

Correspondence to: Dr Franco  
Dallegrì, ISMI - Clinica  
Medica I, Viale Benedetto XV,  
no 6, I-16132 Genova, Italy

Accepted for publication  
26 April 1989

**Figure 1:** Inhibition of the neutrophil cytolytic activity (ordinate) by 5-ASA. Results are expressed as mean (1) SD of at least three experiments. The %  $^{51}\text{Cr}$  release from labelled Daudi cells, incubated with phorbol myristate acetate triggered neutrophils in the absence of 5-ASA, was 27.6 (4.3) ( $\times(1)$  SD,  $n=4$ ). The compound 5-ASA had no effect on the  $^{51}\text{Cr}$  release from Daudi cells incubated in absence of neutrophils.



$5 \times 10^5$  Daudi cells, and 10 ng/ml phorbol myristate acetate in a final volume of 1 ml. Tests were done in Falcon Plastic tubes ( $17 \times 100$  mm, Falcon Plastic, Oxnard, Calif) and in a shaking water bath (100 rpm) at  $37^\circ\text{C}$ . After incubation for two hours, the  $^{51}\text{Cr}$  release from labelled target cells was determined in the cell free supernatants. The percentage of cytolysis (%  $^{51}\text{Cr}$  release) was calculated according to the formula  $(E - S)/(T - S) \times 100$ , where E is the cpm released in the presence of effectors, T is the cpm released after lysing target cells with 5% Triton X-100, S is the cpm spontaneously released by target cells in the absence of effectors (in each case  $\leq 10\%$ ).

#### HYPOCHLOROUS ACID ASSAY

The generation of hypochlorous acid by neutrophils in the presence of phorbol myristate acetate was measured by the taurine (TauNH<sub>2</sub>) trapping technique,<sup>12</sup> as previously described.<sup>10</sup> Briefly,  $1 \times 10^6$  neutrophils and phorbol myristate acetate 10 ng/ml were incubated ( $37^\circ\text{C}$ , one hour) in a final volume of 1 ml in the presence of 20 mmol/l TauNH<sub>2</sub> ( $17 \times 100$  mm Falcon Plastic tubes, shaking water bath at 100 rpm). After incubation, the amount of TauNHCl, generated by the reaction between hypochlorous acid and

TauNH<sub>2</sub>, (TauNH<sub>2</sub> + hypochlorous acid  $\rightarrow$  TauNHCl + H<sub>2</sub>O) was determined in the cell free supernatants by measuring spectrophotometrically (OD=412 nm,  $\epsilon = 1.36 \times 10^4$  mol/l/cm) the TauNHCl mediated oxidation of 5-thio-2-nitrobenzoic acid.<sup>12</sup> A series of experiments was also planned to detect the ability of 5-ASA to limit the formation of Tau NHCl from reagent hypochlorous acid and TauNH<sub>2</sub>. These experiments were carried out by adding reagent hypochlorous acid (40  $\mu\text{mol/l}$ ) to a mixture of TauNH<sub>2</sub> (20 mmol/l) and 5-ASA in doses ranging from 0.05 to 1.0 mmol/l (final volume of the reaction=1 ml). After incubation for 10 minutes at  $37^\circ\text{C}$ , the amount of the generated TauNHCl was measured as described above.

#### OXYGEN CONSUMPTION ASSAY

The oxygen consumption by neutrophils was measured polarographically using a Clark electrode (Oxygen Monitor, Yellow Springs Instrument Co, Yellow Spring, Ohio) and using the technique described by Metcalf and coworkers.<sup>13</sup> Cell suspensions of  $8 \times 10^6$  neutrophils in 2 ml HBSS were agitated continuously at  $37^\circ\text{C}$ . Oxygen consumption was measured after stimulation with phorbol myristate acetate (10 ng/ml) and the results expressed as nanomoles of oxygen consumed by  $4 \times 10^6$  neutrophils per minute.

#### MYELOPEROXIDASE ASSAY

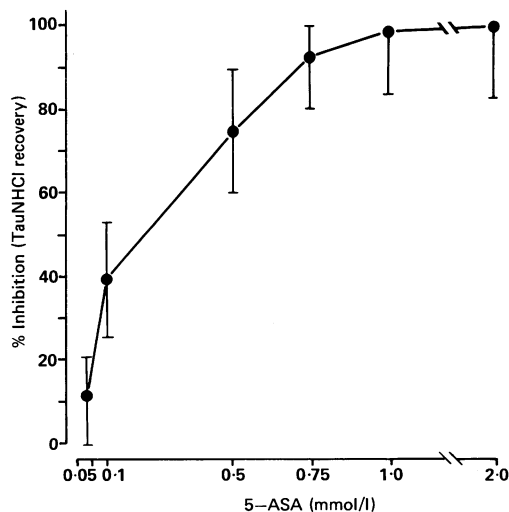
The myeloperoxidase activity released by neutrophils ( $10^6$  cells/ml), incubated (one hour,  $37^\circ\text{C}$ ) with 10 ng/ml phorbol myristate acetate, was determined in cell free supernatants as previously described.<sup>10</sup> Briefly, the myeloperoxidase assay was done by using 0.167 mg/ml o-dianisidine (Sigma) and 0.1 mmol/l H<sub>2</sub>O<sub>2</sub> in 50 mmol/l phosphate buffer (pH=6). One unit of enzyme activity was defined as that oxidising 1  $\mu\text{mol}$  o-dianisidine/min/ $25^\circ\text{C}$  (od=550,  $\epsilon = 11.3$  mmol/l/cm).

#### Results

As shown in Figure 1, 5-ASA inhibited the neutrophil lytic activity in a dose dependent manner. Moreover, such a neutrophil function was almost completely inhibited by 20 mmol/l taurine (TauNH<sub>2</sub>) which traps the neutrophil derived hypochlorous acid yielding TauNHCl<sup>12</sup> (%  $^{51}\text{Cr}$  release from labelled Daudi cells incubated with phorbol myristate acetate triggered neutrophils: 3.5 (2.7) and 28.8 (3.2) in the presence and absence of 20 mmol/l TauNH<sub>2</sub> respectively,  $\times(1\text{SD})$ ,  $n=3$ ).

As depicted in Figure 2, 5-ASA lowered the recovery of TauNHCl from phorbol myristate acetate-triggered neutrophils incubated in the presence of TauNH<sub>2</sub> (20 mmol/l). This suggests that 5-ASA is likely to compete with TauNH<sub>2</sub> for the hypochlorous acid generated by neutrophils. Consistent with such a possibility, 5-ASA limited the formation of TauNHCl from reagent hypochlorous acid and TauNH<sub>2</sub> in a dose dependent manner (Fig 3). Thus, it appears that 5-ASA inhibits the neutrophil cytolysis

**Figure 2:** Inhibition of the hypochlorous acid recovery (measured as TauNHCl) from phorbol myristate acetate triggered neutrophils by 5-ASA. Results are expressed as mean (1) SD of at least three experiments. The TauNHCl recovery from neutrophils in the absence of 5-ASA was: 56.88 (4.6) nmol/ $10^6$  neutrophils/1 h ( $\times(1)$  SD,  $n=4$ ).



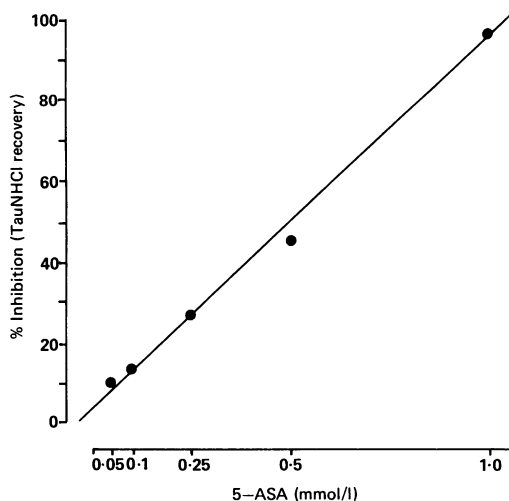


Figure 3: Effect of various doses of 5-ASA on the TauNHCl recovery from a system constituted of reagent hypochlorous acid (40  $\mu\text{mol/l}$ ) and TauNH<sub>2</sub> (20 mmol/l). Tests were performed in a final volume of 1 ml.

primarily by trapping the generated hypochlorous acid.

The compound 5-ASA gave only slight inhibition of the neutrophil oxygen uptake and myeloperoxidase positive primary granule exocytosis. When used at the concentration of 1 mmol/l, 5-ASA inhibited the neutrophil oxygen consumption by 15–8%. Concentrations of 5-ASA lower than 1 mmol/l were completely ineffective (oxygen consumption by phorbol myristate acetate triggered neutrophils in the absence of the drug: 8.74 (0.70) nmol oxygen per  $4 \times 10^6$  cells per minute,  $\times$ (1SD),  $n=3$ ). Finally, a slight inhibition (18–6%) of the myeloperoxidase release from neutrophils was only observed using relatively high doses (1 mmol/l) of 5-ASA (myeloperoxidase release from phorbol myristate acetate triggered neutrophils in the absence of the drug: 2.86 (0.32) mU/10<sup>6</sup> cells/1h,  $\times$ (1SD)  $n=3$ ).

### Discussion

Our results suggest that 5-ASA is capable of inhibiting the neutrophil cytolytic efficiency by scavenging the generated hypochlorous acid (HOCl). In agreement with reports from other authors,<sup>7,14</sup> the generation of hypochlorous acid by the neutrophil myeloperoxidase pathway ( $\text{H}_2\text{O}_2 + \text{Cl}^- \xrightarrow{\text{MPO}} \text{HOCl} + \text{H}_2\text{O}$ ) is crucial in promoting the neutrophil-dependent cell damage. In fact, TauNH<sub>2</sub>, capable of efficiently trapping the generated hypochlorous acid to yield TauNHCl,<sup>12</sup> inhibited the lysis. When compared on a molar basis, 5-ASA was much as 10-fold more effective than TauNH<sub>2</sub> in reducing the neutrophil lytic activity. Also, 5-ASA was found to efficiently compete with TauNH<sub>2</sub> for reagent or neutrophil derived hypochlorous acid, lowering the production of TauNHCl. Thus, it appears that the reaction between 5-ASA and hypochlorous acid is efficient enough to protect the target cells from the neutrophil delivered hypochlorous acid dependent attack. Consistent with such a conclusion, 5-ASA was found to reduce the lysis of fibroblasts by a neutrophil free myeloperoxidase-H<sub>2</sub>O<sub>2</sub>-Cl-system,<sup>15</sup> presumably able to produce hypochlorous acid.<sup>14</sup>

The ability of 5-ASA reported here to limit the neutrophillytic efficiency observed at 5-ASA

doses well within those detectable in the distal part of the intestinal lumen,<sup>16</sup> raises the possibility that this effect of the drug may contribute to its therapeutic activity in ulcerative colitis. This does not contradict the view that 5-ASA may also act by suppressing the production of prostaglandins or leucotrienes or both,<sup>5,16</sup> although the interference with the arachidonic acid metabolism has been reported to occur at doses of 5-ASA clearly higher than those used in the present set.

Moreover, owing to the wide range of biologic activities exerted by hypochlorous acid,<sup>14</sup> the cytoprotection against neutrophil attack is likely to be only one of the consequence of the hypochlorous acid-5-ASA interaction. In fact, the hypochlorous acid capacity of activating the neutrophil latent collagenase and inactivating proteinase inhibitors<sup>14</sup> suggests that the ability of 5-ASA to scavenge neutrophil derived hypochlorous acid may limit the degradation of connective tissue components other than the tissue cell damage. Consistent with this view, 5-ASA has been recently shown to limit the inactivation of  $\alpha_1$ -antiproteinase by reagent hypochlorous acid.<sup>17</sup>

This work was supported by Italian CNR grants n 88.00801.44/115.11547 (Finalised Project 'Oncology') and n 87.01499.04/115.02235).

- Habal FM, Greenberg GR. Treatment of ulcerative colitis with oral 5-aminosalicylic acid including patients with adverse reactions to sulfasalazine. *Am J Gastroenterol* 1988; **83**: 15–9.
- Meyers S. The place of oral 5-aminosalicylic acid in the therapy of ulcerative colitis. *Am J Gastroenterol* 1988; **83**: 64–7.
- Craven PA, Pfanstiel J, Saito R, De Rubertis FR. Action of sulfasalazine and 5-aminosalicylic acid as reactive oxygen scavengers in the suppression of bile acid-induced increases in colonic epithelial cell loss and proliferative activity. *Gastroenterology* 1987; **92**: 1996–2008.
- Del Soldato P, Campieri M, Brignola C, et al. A possible mechanism of action of sulfasalazine and 5-aminosalicylic acid in inflammatory bowel diseases: interaction with oxygen free radicals. *Gastroenterology* 1985; **89**: 1215–6.
- Nielsen OH, Bukhave K, Elmgreen J, Ahnfelt-Ronne I. Inhibition of 5-lipoxygenase pathway of arachidonic acid metabolism in human neutrophils by sulfasalazine and 5-aminosalicylic acid. *Dig Dis Sci* 1987; **32**: 577–82.
- Henson PM, Johnston RB Jr. Tissue injury in inflammation. Oxidants, proteinases and cationic proteins. *J Clin Invest* 1987; **79**: 669–74.
- Clark RA. Extracellular effects of the myeloperoxidase-hydrogen peroxide-halide system. In: Weissmann G, ed. *Advances in inflammation research*, Vol 5. New York: Raven Press, 1983: 107–46.
- Becker EL. The cytotoxic action of neutrophils on mammalian cells in vitro. *Prog Allergy* 1988; **60**: 183–208.
- Aune TM, Thomas EL. Accumulation of hypothiocyanite ion during peroxidase-catalyzed oxidation of thiocyanate ion. *Eur J Biochem* 1977; **80**: 209–14.
- Dallegrì F, Patrone F, Ballestrero A, Frumento G, Sacchetti C. Inhibition of neutrophil cytolysin production by target cells. *Blood* 1986; **67**: 1265–72.
- Dallegrì F, Patrone F, Frumento G, Ballestrero A, Sacchetti C. Down-regulation of K cell activity by neutrophils. *Blood* 1985; **65**: 571–7.
- Weiss SJ, Klei R, Slivka A, Wei M. Chlorination of taurine by human neutrophils. Evidence for hypochlorous acid generation. *J Clin Invest* 1982; **70**: 588–607.
- Metcalfe JA, Gallin JI, Nauseef WM, Root RK. *Laboratory manual of neutrophil function*. New York: Raven Press, 1986: 98–100.
- Test ST, Weiss SJ. The generation and utilization of chlorinated oxidants by human neutrophils. *Adv Free Radical Biol Med* 1986; **2**: 91–116.
- Molin L, Stendahl O. The effect of sulfasalazine and its active components on human polymorphonuclear leukocyte function in relation to ulcerative colitis. *Acta Med Scand* 1979; **206**: 451–7.
- Hoult JRS. Pharmacological and biochemical actions of sulphasalazine. *Drugs* 1986; **32** [suppl 1]: 18–26.
- Aruoma OI, Wasil M, Halliwell B, Hoey BM, Butler J. The scavenging of oxidants by sulphasalazine and its metabolites. A possible contribution to their anti-inflammatory effects? *Biochem Pharmacol* 1987; **21**: 3739–42.