Principles of Reconstructive Procedures for Chronic Femoro-popliteal Occlusions:

Report on 546 Operations

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THE HUMAN femoral artery is the most frequent site of obliterative vascular disease. After 20 years of surgical endeavor, the discussion is still in progress between the respective advocates of "patching," "grafting" and "stripping," concerning operative methods in this field. The following paper, based on experiences with 546 reconstructive procedures, attempts to present a survey of the indications, technics and results of this segment of vascular surgery.

I. Etiology and Morphology

Table 1 shows that obliterative arteriosclerosis ranks first amongst etiologic factors followed by endangiitis obliterans. Cystic degeneration of the adventitia, affecting mainly the first segment of the popliteal artery, is an extreme rarity.^{16, 22, 29}

Morphologically we distinguish 3 types of occlusion (Fig. 1).

- 1) Segmental occlusion (incidence: $20\%\,)$
- 2) Lengthy occlusion (incidence: 60%)
- 3) Transitional type (incidence: 20%)

Segmental occlusions are most commonly found in the distal part of the superficial femoral artery as it traverses Hunter's canal.

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Unfortunately many occlusions that appear arteriographically well localized show extensive proximal and distal intimal degeneration at operation. These belong of course to the transitional group. Warren 38 has shown that the disease tends to progress in a centripetal direction until the final stage of a lengthy superficial femoral occlusion is reached. The occlusion almost invariably halts at the origin of the deep femoral artery, which functions as the most vital collateral vessel and may double its caliber. The fact that some 30 to 40% of femoro-popliteal occlusions are accompanied by similar lesions in the calf 36 carries great significance for the surgical indications.

Age and Sex Incidence

In our experience the average age of patients is 53 years; the youngest was 16, the eldest 73 years of age. The predominance of the male sex is evident: 512 men as against nine women.

II. Prognosis

The prognosis quoad vitam is primarily dependent on concomitant disease (coronary, cerebral or renal arterial insufficiency, hypertension and diabetes). Large statistical studies show that 10 years after the onset of symptoms, about 50% of patients are still alive.^{2, 5, 18} The more peripheral the occlusion, the greater is the threat to the

Table 1. Results of Histological Examination of 479 Operated Femoro-popliteal Occlusions*

Type of Occlusion	No.	%
Arteriosclerosis	374	78.0
Endangiitis obliterans	98	20.5
Traumatic thrombosis	6	1.3
Cystic adventitial degeneration	1	0.2
Total	479	100

^{*} The histological examinations were performed by the Institute of Pathology, Heidelberg University. (Director: Prof. Dr. W. Doerr.)

TABLE 2. Triple-point-program for Operative Indications

Clinical indication

Objective symptoms and signs of arterial insufficiency.
Stage I no indication
Stage II (intermittent claudication) relative indication
Stage III and IV (rest-pain and distal necroses)
absolute indication

Angiographic indication

Local operability depends on localization and extent of the arterial occlusion; patency of the proximal and distal vascular segments (free run-in and run-off).

General operability

Exclusion of multiple risk factors (hypertension, coronary, arterial disease; diabetes; excessive adiposity).

Exclusion of other debilitating diseases.

Table 3. Complications of Semi-closed Thromboendarterectomy of the Femoro-popliteal Segment (399 Operations)

Technical failure	31	(7.7%)
(stripping proved impossible) Perforation	11	(2.7%)

limb and the less is the life of the patient in danger.

The prognosis quoad extremitatem is difficult to determine for the single case. In the natural course of the disease segmental occlusions may remain stationary for decades, but in about a third of patients superimposed arterial thrombosis may lead to a sudden exacerbation.¹⁷ On the average 7% of patients lose the affected limb within 5 years after the onset of symptoms, 10 to 15% suffer amputations within 10 years.⁴⁰

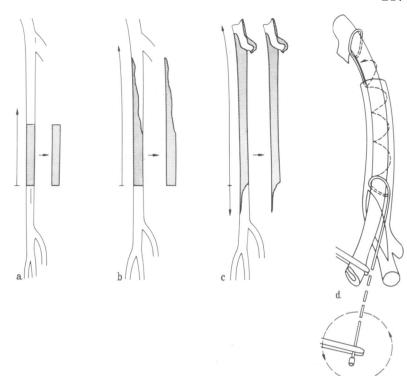
III. Indications for Operation

The indications for reconstructive operations on the femoro-popliteal vessels depend on certain local and general conditions summarized by a triple-point-program (Table 2). From the clinical point of view the indication for operation is dependent on the presence of symptoms and signs of arterial insufficiency. Most vascular surgeons agree that stage III and IV of the disease rank as absolute indications: the limb is immediately threatened by amputation and reconstruction of the arterial passage is considerably more effective than any indirect measure (lumbar sympathectomy; intraarterial infusions). In the case of stage II (intermittent claudication) we advise operation only if the patient's professional and personal activity is considerably curtailed, i.e., if the pain-free walking distance amounts to less than 600 yards. In the femoro-popliteal segment there is no place for prophylactic operations on wellcompensated occlusions (stage I) since the natural course of the disease cannot be improved significantly in this group by operation.

The angiographic indication covers the evaluation of the arterial tree proximal and distal to the occlusive lesion. Optimal conditions with free run-in and run-off are seldom fulfilled. On the other hand the rule that local operability depends on the presence of at least 2 patent arteries below the knee, must be interpreted with flexibility. In stages III and IV an attempt at reconstruction is justifiable, especially if the limb has a high functional value (e.g., following amputation of the contralateral leg). In 38 such inoperable situations we were able to reconstruct the femoro-popliteal segment (often combining this with lumbar sympathectomy) with long-term favorable results in 55% of cases (return from stage III or IV into stages I and II). These angiographically inoperable cases are not included in the present series.

Number 2

Fig. 1. Morphological types of femoro-popliteal arterial occlusions the principle of their treatment by means of semi-closed thromboendarterectomy. a) and b) Segmental and transitional occlusions and their correction by retrograde spiral dissection from a single distal arteriotomy, c) Lengthy occlusion and its removal from a distal and proximal arteriotomy, d) The technic of semi-closed thromboendarterectomy: rotation of the blunt oblique dissecting ring occurs with spiral dissection of the occlusive cvlinder.



Turning to the criteria of general operability it should be remembered that reconstructive procedures on this segment carry a relatively low operative risk (primary operative lethality less than 1%). Thus contraindications due to concomitant renal, cerebral or coronary arterial disease are not as significant as with the larger operations on the aorto-iliac vessels.

IV. Choice of Operative Procedure

The method of arterial reconstruction depends on the type and localization of the occlusion and all too often on the prejudice and personal experience of the vascular surgeon. The latter should however be flexible and familiar with the complete repertoire, since the final decision frequently cannot be made before the vessels are exposed and opened. The rate of recurrence is particularly high in the femoropopliteal segment partly due to the small caliber of the vessels and frequently due to a poor run-off. It is therefore well not to

burn one's bridges at the first operation, but rather to leave an opening for possible second and third procedures.

1. Thromboendarterectomy

The method preferred for most types of occlusion is a semi-closed thromboendarterectomy. Certain technical improvements have made this procedure safe and effective (Figs. 1-3): a) the use of blunt, oblique rings, b) choice of a suitable plane of dissection (along the external or internal elastic lamina), and c) the principle of spiral dissection (by rotating the advancing oblique rings). In this way calcified plaques—often insuperable obstacles for transverse rings—can usually be threaded on to the ring and removed together with the intimal cylinder. Semi-circular blades, cutting-rings and spiral dissectors 8, 20 tend to increase the danger of vessel perforation and should be avoided. The patency and smoothness of the remaining lumen is tested by introduction of another suitable

Table 4. Review of 546 Reconstructive Procedures on 521 Patients with Femoro-popliteal Occlusions (1/1/59-12/31/66)

Type of Operation	No. of Op.	No. of Deaths	No. of Follow-ups	Patent	Failures
Thromboendarterectomy	399	4[6]	389	333 + 27 $(93%)$	56 A:2/R:27
Alloplastic bypass (Dacron)	98	1[7]	90	30 + 10 $(44%)$	60 A:16/R:10
Autoplastic bypass (vein)	49	_	49	$47 + 2 \\ (100\%)$	2 A:0/R:2
Total	546	5[13]	528	449(85%)	118(23%)

[] = late deaths, R = successful reoperations, A = amputation

sized ringstripper, followed by flushing with a balloon syringe. Furthermore the removed intimal cylinder should be inspected for "completeness." In selected patients the results of thromboendarterectomy can be controlled by means of an intraoperative arteriogram or possibly by means of a flexible endoscope. This semi-closed method not only brings the technical advantage of simplicity and speed but also the biological one of leaving the artery intact within the surrounding tissues and blood-supply. Thus postoperative intimal regeneration is facilitated. Long-term anti-

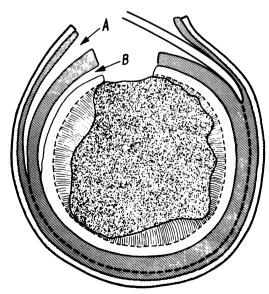


Fig. 2. Dissection planes of thromboendarterectomy. A. Along the external elastic lamina. B. Along the internal elastic lamina.

coagulant prophylaxis (Dicoumarin; Quicktime: 15-25%) is begun on the third post-operative day.

a. Correction of Segmental Occlusions

The artery is exposed through a medial incision superior to the knee at the level of the distal end of the occlusion. The occlusive cylinder is dissected circumferentially through a longitudinal arteriotomy and then threaded onto a ring stripper. The latter is passed up in a retrograde direction along the preformed plane of dissection. The intimal cylinder breaks off at its junction with normal intima. The cylinder is removed in one piece and inspected for completeness. The stump of the distal and more normal intima is smoothed. "Blind" stripping in the orthograde direction is dangerous. If necessary pathologically thickened intima should be completely removed with the aid of a second more distal arteriotomy. The arteriotomy is closed by direct atraumatic suture or, if the arterial lumen is too narrow, by means of an autologous vein patch. The latter is taken from one of the branches of the saphenous vein-not from the main vessel itself.

b. Correction of Lengthy and Transitional Occlusions

Here thromboendarterectomy should be carried out in a retrograde fashion between a distal and proximal arteriotomy. The latter is placed in the common femoral artery and can always be closed by direct suture. Open thromboendarterectomy 10, 11, 28 of the superficial femoral artery carries the disadvantages of tedious and time-consuming exposure of the artery from the inguinal ligament to the knee joint; disturbances of wound healing are proportionately more frequent and, since the artery is separated from its adventitial blood supply, intimal regeneration is delayed. Furthermore a large segment of the saphenous vein has to be sacrificed thus barring the way for possible recurrent operations, esp. in bilateral cases. The only advantage of this method lies in optimal visual control of the arterial lumen. Because of the hazards of open thromboendarterectomy we much prefer an autologous venous bypass in all cases, where the semi-closed method fails.

Several additional methods of disobliteration have been propagated in recent years: In the "squeeze"-procedure of Paessler ²³ the intimal cylinder is extruded by externally applied arterial clamps. Sobel et al. ²⁵ and Blaisdell et al. ¹ advocate the extrusion of the occluding cylinder by means of gas or liquid under pressure. We see no clear advantage in these procedures. We do believe however, that attempts to dilate the occluded segment by means of blindly introduced catheters are dangerous

Table 5. Severity of Arterial Insufficiency and Rate of amputation in 546 Operated Femoro-populated
Occlusions
(1/1/59-12/31/66)

Stage	No. of Op.	Amputations
II	446 (82%)	101 (2.2%)
III	36 (6%)	1 (2.8%)
IV	64 (12%)	7 (10.9%)
Total	546 (100%)	18 (3.3%)

 ^{1 = 8 ×} following occlusion of a Dacron prosthesis;
 2 × following thromboendarterectomy.

(Dotter and Judkins ⁹). These "closed" palliative procedures are not only useless in most cases, they can lead to embolization of plaques, secondary arterial thrombosis and arterial perforations.

2. Autologous Vein Bypass

Arterial reconstruction by means of vein bypass comes into its own if the simpler procedure of semi-closed thromboendarterectomy is technically not feasible. This was the case in 7% of our patients due to heavy calcification of the media or destruction of the elastic lamina in some cases of endangiitis obliterans (Table 3). A vein bypass is also eminently suitable when a recurrent occlusion occurs after previous thromboendarterectomy or alloplastic bypass. The method of choice is the free transplantation of the saphenous vein in a reciprocal fashion by means of end-to-side

Table 6. Farly and Late Results of 546 Reconstructive Operations on 521 Patients with Femoro-popliteal Occlusions (1/1/59-12/31/66)

									D	urati	on of	Follo	w-up						
	Nta	No. of	Still Patient		onths	1	Yr.	2	Yr.	3	Yr.	4	Yr.	5	Yr.	6	Yr.	7	Yr.
Type of Operation	No. of Ops.	low- ups	To- day		% Open	No.	% Open	No.	% Open	No.	% Open	No.	% Open	No.	% Open	No.	% Open	No.	% Open
Thromboendarterectom	y 3 99	389	333	46	100	64	97	133	85	69	80	54	76	23	70	_			
Alloplastic bypass, or resection and allo- plastic interposition Autoplastic bypass, or resection and inter-	98	90	30	2	100	1	100	2	50	7	57	12	58	27	22	30	23	9	22
position of a vein	49	49	47	15	100	6	83	26	96	2	100			_		-			
Total	546	528	410																

rectomy.



Fig. 3. Segmental occlusion of popliteal artery. Left: preoperative angiogram; right: angiogram following semi-closed retrograde thromboendarte-

anastomosis with the popliteal artery (Fig. 4). In our experience the "in-situ-bypass" ¹³ brings several disadvantages (longer operating-time; uncertainty as to the destruction of all venous valves; potential arteriovenous fistulae) and is justified only in those rare cases, where the bypass has to be carried to the middle third of the calf.

V. Analysis of Results

This analysis comprises 546 reconstructive procedures performed for femoropopliteal occlusions on 521 patients in the Surgical Clinic of Heildelberg University between 1/1/59 and 12/31/66 (Table 4). The indication for operation was furnished in 82% by intermittent claudication (stage

II) and in 18% by the presence of restpain or distal necrosis (stages III and IV) (Table 5). Up to the end of 1962 surgical reconstruction was almost exclusively performed by means of alloplastic bypass (woven or knitted Dacron). Thereafter autoplastic procedures (semi-closed thromboendarterectomy in 81% and vein bypass in 17%) were preferred. Ninety per cent of these patients were seen at regular 6–12 monthly follow-up examinations. Written questionnaires were answered by almost all of the remainder.

Results of Treatment

Three hundred and fifty out of 389 thromboendarterectomies, i.e., 93%, resulted in patent vessels and freedom from symptoms; this figure includes 27 correc-

TABLE 7. Causes of Death in 18 Patients with Femoropopuliteal Reconstructive Operations

	No.	(in	Late Death (foll. disch)
Complication of the underlying disease	7		
Myocardial infarct Cerebrovascular accident		2 1	2 2
Local vascular complication Sepsis following gas gangrene Sepsis following infection of prosthesis	3	_	2
Gastro-intestinal complications Dicoumarin-bleeding Adhesion ileus following gut resection Peritonitis (occlusion of inf. mes. art.)	3	 11	1
Other causes Uremia Accident Carcinoma Pulmonary embolism Sepsis following blood transfusion	5	_ _ _ _ 1	1 1 1 1
Total	18	5	13

^{1 =} with simultaneous aorto-femoral bypass.

tions of recurrent occlusion. Forty-nine vein bypasses were followed by 2 recurrences, which were subsequently corrected successfully (Table 4). The results are far less favorable for the alloplastic bypass with only 44% patent transplants (a figure that includes 10 successfully reconstructed recurrent occlusions). Analysis of the three methods over the years clearly shows their relative efficacy (Table 6). After 5 years 70% of thromboendarterectomized arteries remain open as against only 22% of alloplastic transplants. A similar group of vein bypasses is not yet available. However, after 2 to 3 years some 96 to 100% of the transplants remain patent.

Operative Lethality

Five of the 521 patients died in the hospital following operation (operative lethality: 0.9%). A further 13 patients died in the subsequent years usually of causes related to the primary disease (Table 7).

Postoperative Complications (Table 8)

By far the commonest complication was that of recurrent occlusion. Immediate occlusions (within 48 hours of operation) are usually the result of some unrecognized mechanical obstructions (intimal dissection; faulty suture technic with narrowing of the lumen; kinked transplant, etc.). Immediate operative revision was successful in all 13 patients.

Early occlusions (within 12 months of operation) are also caused in most instances by some mechanical stenosis in the run-in- or run-off vascular segment.

Late occlusions (beyond the first postoperative year) are usually due to progression of the underlying atherosclerosis. It is our impression that here also the autoplastic procedures run a more favorable course. Whereas late occlusion of an alloplastic transplant is a sudden event followed by immediate and catastrophic ischemia, the re-occlusion of thromboendarterectomized vessels occur more gradually,

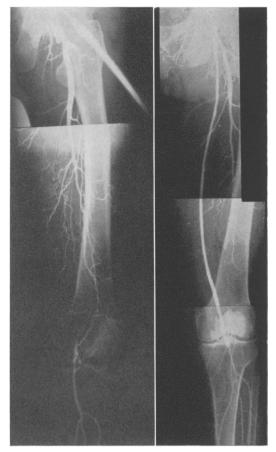


Fig. 4. Lengthy occlusion of superficial femoral artery down to the middle third of the popliteal artery. Semi-closed thromboendarterectomy proved technically impossible. Left: pre-operative angiogram; right: angiogram following reconstruction by means of an autoplastic vein bypass.

so that there is time for collateral vessels to develop. In the past 3 years all late occlusions were operated upon as soon as possible, usually by means of a vein bypass.

Infection of a transplant or suture line constitutes the most serious postoperative complication (0.7%). Three of the four infections concerned Dacron prostheses. In one patient even massive antibiotic treatment could not prevent a fatal septicemia. An infected vein patch in the common femoral artery was successfully treated by means of an ilio-femoral obturator bypass.

Hemorrhage from non-infected wounds (5 cases) was due in 3 patients to technical

Table 8. Local Complications Following 546 Femoro-popliteal Reconstructions

Type of Complication	No.	Re- op.	Suc- cess- ful Re- op.	Am puta- tion	<u> </u> =
Immediate occlusion (within 48-hr.)	13	13	13		_
Early occlusion (within 1 yr.)	77	23	23	12	
Late occlusion (after 1 yr.)	42	15	15	5	1
Infection	4	1	12		1
Anastomotic aneurysm	131	11	10	1	2
Hemorrhage	5	5	5	—	
3					

 $^{^{1} = 1 \}times \text{following}$ vein interposition (popliteal artery)

12 ★ following Dacron bypass.

errors (loosening of a knot; slipping of ligatures from arterial branches) and twice due to a clotting disturbance (consumption coagulopathy).

Anastomotic aneurysms are a rarity since alloplastic transplants have been discarded. Twelve of the 13 aneurysms occurred at the sites of anastomoses with Dacron prostheses.

Amputation-Rate

Eighteen of the 546 operated limbs (i.e., 3.3%) were subsequently lost by crural or femoral amputation. Obviously the amputation rate was higher in stage IV cases (10.9%) than in stage II (2.2%) (Table 5): 8 of 10 amputations in the latter group were necessitated by occlusion of Dacron prostheses. With the exclusive application of autoplastic procedures and immediate reoperation of all recurrent occlusions, the last 400 patients were free from such "iatrogenic" amputations. On the other hand, 83 of 100 limbs (in stages III and IV) imminently threatened by amputation could be fully revascularized.

VI. Summary

Analysis of 546 reconstructive vascular operations on 521 patients shows that the prognosis as to preservation of limbs is improved by 50% as compared to the spontaneous course of occlusive arterial disease. In our view there is no place for alloplastic bypass procedures below the inguinal ligament (failure rate of 78% after 5 years). Semi-closed thromboendarterectomy on the other hand leaves 70% patent vessels after 5 years. The results after autologous vein bypass are at least equally good (96 to 100% patent vessels after 2 to 3 years).

Success in this field of vascular surgery depends on several factors: 1) a critical 3-point-program of operative indications; 2) the correct choice of operative measures. In view of the possibility of recurrent occlusions the first operation should be a simple, semi-closed thromboendarterectomy, leaving the way open for a later vein bypass if necessary; 3) an aggressive approach to all recurrent occlusions before amputation is even considered. In every one of 51 such reoperations the arterial flow was restored successfully.

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² = following thromboendarterectomy of femoral bifurcation with vein patch; treated by obturator by-

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