## Special Article

# Excipients in topical corticosteroid preparations in Canada

Gordon E. Searles, OD, MD Jean-Pierre DesGroseilliers, MD, MSc, FRCPC

Topical corticosteroids are widely used for the treatment of dermatoses in Canada. The effects of the various nontherapeutic components of these formulations are less well known than those of the active ingredients and may cause adverse reactions. Information on the components is fragmentary and is scattered throughout the literature. We have attempted to consolidate this information into one source. Recent provincial legislation requiring the generic substitution of interchangeable products and the nondisclosure of all ingredients in product labelling hinder the search for an excipient that has caused an adverse reaction. Practitioner participation in the Cutaneous Adverse Reaction Registry of the Canadian Dermatology Association will identify sensitizing excipients and will support efforts by the profession to obtain more effective and safer products.

On prescrit beaucoup au Canada les préparations topiques de glucocorticordes dans le traitement des dermatoses. Mais on sait peu de chose des effets de leurs excipients, qui sont susceptibles de causer des réactions indésirables. L'in-

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Reprint requests to: Dr. Gorden E. Searles, Rm. 422, Newton Research Building, Department of Dermatology and Cutaneous Sciences, University of Alberta, Edmonton, Alta. T6G 2C2 formation concernant ces excipients est fragmentaire et se trouve dispersée dans la littérature, d'où nous avons tâché de la colliger. Les lois provinciales récentes portant substitution de produits considérés comme génériquement semblables et occultation de l'étiquette d'origine ont rendu fort difficile la découverte d'un excipient qui a pu causer une réaction indésirable. La participation des praticiens au registre des réactions cutanées de l'Association canadienne de dermatologie va conduire à la reconnaissance des excipients sensibilisateurs et épauler les efforts que fait la profession afin d'obtenir des produits plus efficaces et plus sûrs.

he use of topical corticosteroids in the middle of the 20th century did much to revolutionize the treatment of dermatologic conditions. The therapeutic effect of corticosteroids can only be fully realized if the drug is delivered to the appropriate site. Ingestion guarantees the drug's delivery, but the systemic side effects limit its usefulness. Much research has gone into the development of an effective topical vehicle that would maximize delivery to the affected area and minimize the systemic side effects commonly associated with oral preparations.

Manufacturers have produced an increasing array of potent corticosteroids in the hope that more of the steroid will reach the site and exert its action topically. This has led to an explosion of products on the market: there are over 113 preparations made by 36 manufacturers using more than 18 corticosteroids as active ingredients and thousands of substances as thickening agents, emulsifiers, buffers, antioxidants and preservatives. However, the actual percutaneous absorption is only about 1% to 2% of the applied dose. In addition, the efficacy of preparations containing identical concentrations of active ingredient have varied widely. 2

Pharmaceutical research has done much to improve the quality of topical corticosteroids. Research could be directed at improving the vehicles and enhancing percutaneous absorption, and it could explore the subtle effects of nonactive ingredients on steroid delivery to explain the diverse therapeutic effects of agents containing the same active ingredient. To this end the use of improved vehicles will greatly advance the bioavailability of corticosteroids and allow the use of less potent and safer compounds.

Another important aspect is the sensitizing potential of the excipients. There have been reports of adverse cutaneous reactions to such nonactive components as lanolin, methylparaben and propylparaben.<sup>3</sup> The response is idiosyncratic and may occur after a long period of exposure. The search for the offending ingredient is tedious, but the results would guide selection of safer products.

Investigation of sensitizing agents has been greatly hindered in Canada for two reasons. First, some provinces have legislation that requires pharmacists to substitute products on the basis of the lowest available price. If a cutaneous reaction develops, the physician, the patient or the pharmacist may have difficulty in easily identifying the product or the excipient. The physician must contact the manufacturer directly to obtain the list of inactive ingredients so that patch testing can be performed.

Second, a drug manufacturer is not required to list all of the ingredients on the label or in the monograph. Information is supplied if the practitioner contacts the manufacturer or the Pharmaceutical Evaluation Division, Health Protection Branch, Department of National Health and Welfare. Currently, no single source exists in Canada that catalogues the active and inactive ingredients of all available preparations of topical corticosteroids.

Attempts have been made to help resolve these problems. The Canadian Dermatological Association (CDA) established the Cutaneous Adverse Reaction Registry. Since many drugs are licensed before enough experience has been obtained, postmarketing surveillance and reporting of adverse reactions are the only methods to identify potentially harmful substances. If a particular product or agent is found to be responsible for a substantial number of reactions the CDA will approach the manufacturer and the federal government to have the product modified or removed. In addition, the registry will serve as a resource when the federal government's full product disclosure regulations come into force. (The Health Protection Branch is currently negotiating with drug manufacturers to provide disclosure of all ingredients in their preparations.) Report forms for the registry are available from the CDA by writing either Johanne Brousseau, product manager, Lederle-Cyanamid Canada Inc., 88 McNabb St., Markham, Ont. L3R 6E6, or Dr. Gerald Sibbald, Ste. 10, 23-1077 North Service Rd., Mississauga, Ont. L4Y 1A6.

Because of the potential benefit of a compendium in investigating adverse reactions to topical corticosteroids all available information from pharmacopoeias, product monographs and pharmaceutical bulletins was compiled (Tables I and II). The preparations are grouped according to their active ingredient. Table II also provides the inactive ingredients. It is hoped that these lists will be of value to practising physicians, who may then select products that do not contain an identified sensitizer or will be aided in identifying, through systematic evaluation, potential sensitizers in a patient with an adverse reaction to a product. Although this compendium is as current as possible, inactive ingredients may change over time owing to alterations in the manufacturing process.

Beclomethasone dipropionate	Clobetasol 17-propionate	HC-Atropine Ophthalmic Ointmen
Beconase (Allen & Hanburys)	Dermovate (Glaxo)	(Allen & Hanburys)
Beconase-Aq (Allen & Hanburys)	Clobetasone 17-butyrate	Hycort (ICN)
Propaderm (Allen & Hanburys)	Eumovate (Glaxo)	Novohydrocort (Novopharm)
Propaderm-C (Allen & Hanburys)	Desoximetasone	Otizol-HC (Nadeau)
Betamethasone sodium phosphate	Topicort (Hoechst)	Proctosone (Technilab)
Betnesol (Glaxo)	Flumethasone pivalate	Rectocort (Welcker-Lyster)
Betamethasone valerate	Locacorten (CIBA)	Sopamycetin/HC (Charton)
Betacort Scalp Lotion (ICN)	Fluocinolone acetonide	Unicort (Allen & Hanburys)
Betnovate (Glaxo)	Fluolar (Riva)	Uremol-HC (Trans Canaderm)
Celestoderm (Schering)	Fluonide (Technilab)	Vioform Hydrocortisone (CIBA)
Celestone-S Eye Drops (Schering)	Trisyn (Syntex)	Methylprednisolone acetate
Ectosone Mild (Technilab)	Fluorometholone	Neo-Medrol (Upjohn)
Ectosone Regular (Technilab)	FML Forte (Allergan)	Prednisolone
Ectosone Scalp Lotion (Technilab)	Hydrocortisone	Mydrapred (Alcon)
Metaderm (Riva)	Actinac (Roussel)	Triamcinolone acetonide
Novobetamet (Novopharm)	Calmurid HC (Pharmacia)	Triamalone Pixcream
Valisone-G (Schering)	Cortate (Schering)	(Trans Canaderm)
Valisone Scalp Lotion (Schering)	Cortisporin (Burroughs Wellcome)	Trianide (Technilab)

Active ingredient	Trade name	Vehicle	Excipients
Amcinonide	Cyclocort (Lederle)	Cream and lotion	Emulsifying wax, isopropyl palmitate, glycerin, sorbitol solution, lactic acid, benzyl alcohol, water
		Ointment	Emulsifying wax, benzyl alcohol, tennox II, white petrolatum
Betamethasone Garasone Eye-Ear (Schering)	Garasone	Ointment	White petrolatum, thimerosal
	•	Solution	Sodium biphosphate, sodium chloride, sodium citrate dihydrate, sodium borate, sodium phosphate, disodium edetate, benzalkonium chloride
Betamethasone benzoate	Beben (Parke-Davis)	Gel	Carbopol 934, propylene glycol, diisopropanolamine, disodium edetate, alcohol, water
Betamethasone dipropionate	Diprogen (Schering)	Cream	White petrolatum, mineral oil, cetomacrogol 1000, cetostearyl alcohol, sodium biphosphate, phosphoric acid, chlorocresol
		Ointment	White petrolatum, mineral oil
	Diprolene (Schering)	Cream Ointment	Propylene glycol Propylene glycol, propylene glycol monostearate, white wax, white
Di	Diprosalic	Lotion	petrolatum Isopropyl alcohol
	(Schering)	Ointment	White petrolatum, mineral oil
	Diprosone	Lotion	Isopropyl alcohol, carbopolymethylene, water
	(Schering)	Ointment	Petrolatum, mineral oil
Betamethasone valerate	Betaderm (Taro)	Cream	Mineral oil, white petrolatum, polyethylene glycol 1000, polyoxyethylene stearyl-cetyl ether, cetyl-stearyl alcohol, propylene glycol, chlorocreso
D	Table 19	Ointment	Petrolatum, fractionated coconut oil, chlorocresol
Desonide	Tridesilon (Miles)	Cream	Glycerin, methylparaben, sodium lauryl sulfate, aluminum acetate, cetyl-stearyl alcohol, synthetic beeswax, white petrolatum, mineral oil water
		Ointment	White petrolatum
Dexamethasone	Ak-Dex (Akorn)	Liquid	Benzalkonium chloride, sodium edetate, hydroxyethyl cellulose
	Decadron Eye-Ear	Liquid	Creatinine, sodium citrate, sodium borate, polysorbate 80, disodium edetate, hydrochloric acid, sodium bisulfite, phenylethanol,
	(Merck Sharp & Dohme)		benzalkonium chloride, water
	Maxidex	Ointment	Lanolin, methylparaben, propylparaben, white petrolatum
	(Alcon)	Suspension	Hydroxypropyl methylcellulose, benzalkonium chloride, disodium edetate
	Maxitrol (Alcon)	Ointment	Lanolin, methylparaben, propylparaben, white petrolatum
(Mer & Do Sofraco	Neo-Decadron (Merck Sharp & Dohme)	Liquid	Creatinine, sodium citrate, sodium borate, polysorbate 80, disodium edetate, hydrochloric acid, benzalkonium chloride, sodium bisulfite, water
	Sofracort (Roussel)	Ointment	Plastibase 30W
Diflucortolone Nerison	Nerisone (Stiefel)	Cream	White petrolatum, paraffin, polyoxyl 40 stearate, stearyl alcohol, carbopo 934, disodium edetate, methylparaben, propylparaben
		Oily cream	White petrolatum, paraffin, white wax, dehumulus E
		Ointment	White petrolatum, paraffin, ceresine, hydrogenated castor oil
Diflorasone diacetate	Florone (Upjohn)	Cream	Propylene glycol, stearic acid, polysorbate 60, sorbitan monostearate, sorbitan mono-oleate, sorbic acid, citric acid, water
		Ointment	Arlamol E, stearic acid, Amerchol CAB, white petrolatum
	Flutone (Rorer)	Cream	Propylene glycol, stearic acid, polyoxyethylene 20 sorbitan monostearate sorbitan monostearate, sorbitan mono-oleate, sorbic acid, citric acid, water
		Ointment	Arlamol E, stearic acid, Amerchol CAB, white petrolatum
	Locasalen (CIBA)	Ointment	Propylene glycol, wool fat, white soft paraffin
Flunisolide	Rhinalar (Syntex)	Solution	Propylene glycol, polyethylene glycol, citric acid, sodium citrate, benzalkonium chloride
Fluocinolone acetonide	Fluoderm (Taro)	Cream	Cetostearyl alcohol, propylene glycol, isopropyl myristate, eumulgin B-1, anoxid, citric acid, methylparaben, propylparaben
	Lyderm (Taro)	Ointment Cream '	White petrolatum, fractionated coconut oil, methylparaben, propylparabe Stearyl alcohol, polyethylene glycol 6000, propylene glycol,
	Synalar (Syntex)	Cream	1,2,6-hexanetriol, glycerin, citric acid Propylene glycol, stearyl alcohol, cetyl alcohol, polyoxyl 20 cetostearyl ether, methylparaben, propylparaben
		Lotion	Propylene glycol
		Ointment	White petrolatum

ingredient	Trade name	Vehicle	Excipients
Lidex (Syntex		Cream	Propylene glycol, mineral oil, stearyl alcohol, cetyl alcohol, sorbitan monostearate, polysorbate 60, citric acid
	Lidemol (Syntex)	Cream	Propylene glycol, mineral oil, stearyl alcohol, cetyl alcohol, sorbitan monostearate, polysorbate 60, citric acid
	Lidex (Syntex)	Cream	Stearyl alcohol, polyethylene glycol 6000, propylene glycol, 1,2,6-hexanetriol, citric acid
	Topsyn (Syntex)	Ointment Gel	Amerchol CAB, white petrolatum, propylene carbonate, propylene glycol Propylene glycol, propyl gallate, disodium edetate, carbopol 940, sodium hydroxide, hydrochloric acid
Fluorometholone	FML Liquifilm (Allergan)	Liquid	Polyvinyl alcohol, benzalkonium chloride, disodium edetate, sodium chloride, monohydrate monobasic sodium phosphate, anhydrous dibasic sodium phosphate, polysorbate 80, sodium hydroxide
Flurandrenolide Dreniso	Drenison (Lilly)	Cream	Stearic acid, cetyl alcohol, mineral oil, polyoxyl 40 stearate, propylene glycol, water
		Ointment	White beeswax, cetyl alcohol, sorbitan sesquioleate, white petrolatum
	Drenison Tape (Lilly)	Tape	Acrylate ester, acrylic acid
(Se	Halcicomb (Squibb)	Cream	White petrolatum, propylene glycol, promulgen, sorbitol solution, silicone fluid DC 200, sodium hydroxide, titanium dioxide, sodium citrate, citri acid, ethylenediamine, water
	11-1 (0 - 11-)	Ointment	Plastibase
	Halog (Squibb)	Cream	Glyceryl monostearate, cetyl alcohol, cetyl esters wax, isopropyl palmitate, polysorbate 60, propylene glycol, water
		LOUION	Polyethylene glycol 300, disodium edetate dihydrate, butylated hydroxytoluene, water
		Ointment	Plastibase, polyethylene glycol, polysorbate 65, butylated hydroxytoluen
Hydrocortisone	Anugesic-HC (Parke-Davis)	Ointment	Zinc sulfate monohydrate, petrolatum, methylparaben, propylparaben
	Anusol-HC (Parke-Davis)	Ointment	Zinc sulfate monohydrate, petrolatum, methylparaben, propylparaben
	Barriere-HC (Allen & Hanburys)	Cream	Dimethylpolysiloxane 20%, methylparaben, propylparaben
	Cortacet (Ayerst)	Cream	Cetostearyl alcohol, fragrance, methylparaben, propylparaben, mineral oi sodium lauryl sulfate, water
	Cortamed (Berlex)	Ointment	Paraffin
	Cortef (Upjohn)	Ointment	Wool fat, white petrolatum, mineral oil
	Cortenema (Interfalk)	Suspension	Carboxypolyethylene, polysorbate 80, methylparaben
	Corticreme (Rougier)	Cream	Stearyl alcohol, soft petrolatum, propylene glycol
	Cortifoam (Reed & Carnrick)	Foam	Propylene glycol, ethoxylated stearyl alcohol, polyoxyethylene-10 stearyl ether, cetyl alcohol, methylparaben, propylparaben, triethanolamine, dichlorodifluoromethane, dichlorotetrafluoroethane, water
	Cortiment (Nordic)	Ointment	Polyethylene glycol
	Cortoderm (Taro)	Ointment	Petrolatum, fractionated coconut oil, methylparaben, propylparaben
	Emo-cort (Trans Canaderm)	Cream Lotion	Mineral oil, cetyl alcohol, polyoxyl 40 stearate, propylene glycol, water White beeswax, cetyl alcohol, sorbitan sesquioleate, white petrolatum
	Hemocort HC (Technilab)	Ointment	Zinc sulfate, petrolatum
	Hyderm (Taro)	Cream	Cetostearyl alcohol, sodium lauryl sulfate, propylene glycol, white petrolatum
	Neo-Cortef (Upjohn)	Ointment	Butylparaben, methylparaben, white petrolatum, microcrystalline wax, mineral oil, cholesterol
	Ophthocort (Parke-Davis)	Ointment	Petrolatum
	Protofoam-HC (Reed & Carnrick)	Foam	Propylene glycol, ethoxylated stearyl alcohol, polyoxyethylene 10 stearyl ether, cetyl alcohol, methylparaben, propylparaben, triethanolamine, water, propellants
	Proctosedyl (Roussel)	Ointment	Anhydrous Ianolin
	Vasocidin (Iolab)	Liquid	Methylparaben, propylparaben, sodium thiosulfate, polysorbate 80

ingredient	Trade name	Vehicle	Excipients
Medrysone	HMS Liquifilm (Allergan)	Liquid	Polyvinyl alcohol, benzalkonium chloride, disodium edetate, sodium chloride, potassium chloride, monohydrate monobasic sodium phosphate, anhydrous dibasic sodium phosphate, methylcellulose, water, sodium hydroxide, hydrochloric acid
Methylpred- nisolone acetate	Medrol Acne Lotion (Upjohn)	Lotion	Aluminum chlorhydroxide, butylparaben, methylparaben
Prednisolone Ak-cide (Ako Ak-Tate (Ako Blephamide (Allergan) Inflamase (Id Isopto Cetar (Alcon) Metimyd (Schering)	Ak-cide (Akorn)	Liquid	Benzalkonium chloride, Tween 80, hydroxyethyl cellulose, sodium thiosulfate
	Ak-Tate (Akorn)	Liquid	Benzalkonium chloride, sodium chloride, sodium citrate, boric acid, hydroxyethyl cellulose, polysorbate 80, sodium bisulfite, disodium edetate
	Blephamide (Allergan)	Liquid	Polyvinyl alcohol, phenylmercuric nitrate, polysorbate 80, antipyrine, disodium edetate, monohydrate monobasic sodium phosphate, anhydrous dibasic sodium phosphate, sodium thiosulfate, water, hydrochloric acid
	Inflamase (Iolab)	Solution	Disodium edetate, sodium phosphate, disodium phosphate, sodium chloride, benzalkonium chloride
	Isopto Cetapred (Alcon)	Liquid	Hydroxypropyl methylcellulose, benzalkonium chloride, methylparaben, propylparaben
	(Schering)	Suspension	Phenylethyl alcohol, benzalkonium chloride
		Liquid	Benzalkonium chloride, polysorbate 80, boric acid, sodium citrate, sodium bisulfite, sodium chloride, disodium edetate, hydroxypropyl methylcellulose, water
	Eye-Ear Solution	Liquid	Methylparaben, propylparaben, sodium thiosulfate, polysorbate 80
Triamcinolone acetonide	Aristocort (Lederle)	Cream	Ethoxylated stearyl alcohol, isopropyl palmitate, glycerin, sorbitol solution lactic acid, benzyl alcohol
		Ointment	White petrolatum
	Aristoform (Lederle)	Cream	Polawax, squalane, glycerin, sorbitol solution, methylparaben, propylparaben, potassium sorbate
	Aureocort (Lederle)	Ointment	Anhydrous wool fat, white soft paraffin, methylparaben, propylparaben
(Sqi Kenalo	Kenacomb (Squibb)	Cream	Polysorbate 60, alcohol, aluminum hydroxide wet gel, titanium dioxide, silicone fluid, propylene glycol, ethylenediamine, hydrochloric acid, white petrolatum, polyoxyethylene fatty alcohol ether, methylparaben, propylparaben, sorbitol solution
		Ointment	Plastibase
	Kenalog (Squibb)	Aerosol Cream	Nonvolatile vehicle Propylene glycol, polyoxyethylene fatty alcohol ether, white petrolatum,
		Ointment	sorbitol, water Plastibase
Т	Triaderm (Taro)	Cream	Cetyl alcohol, propylene glycol, glyceryl monostearate, isopropyl palmitate, spermaceti monostearate, polyoxyethylene sorbitan
			monostearate
		Ointment	Petrolatum, fractionated coconut oil, methylparaben, propylparaben
	Viaderm-KC (Taro)	Cream	Polysorbate 60, aluminum hydroxide wet gel, titanium dioxide, silicone fluid, propylene glycol, ethylene diamine, hydrochloric acid, white petrolatum, polyoxyethylene fatty alcohol ether, methylparaben, propylparaben, sorbic acids, sorbitol solution, glyceryl monostearate, polyethylene glycol-400 monostearate
		Ointment	Petrolatum, mineral oil gel
		Omanient	r eu olatum, mineral oli gel

Therefore, if there is concern about a product, physicians should contact the manufacturer directly to verify the components (Appendix I).

Patch testing can be accurately performed given the proper tools and methods of examination.<sup>3,7,8</sup>

In the meantime, open communication between manufacturers, government and practitioners is necessary to provide the best available care for patients with the safest and most effective products.

#### References

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#### Appendix I — Names and addresses of manufacturers of topical corticosteroids

Akorn Pharmaceuticals Canada Inc. 826 Main St. E Hamilton, Ont. L8M 1L6; (416) 547-9377

Alcon Canada Inc. 6500 Kitimat Rd. Mississauga, Ont. L5N 2B8; (416) 826-6700

Allen & Hanburys 1025 The Queensway Toronto, Ont. M8Z 5S6; (416) 252-2281

Allergan Inc. 441W-2255 Sheppard Ave. E Willowdale, Ont. M2J 4Y3; (416) 494-6730

Ayerst Laboratories 1025, boul. Laurentien Montreal, PQ H4R 1J6; (514) 744-6771

Berlex Canada Inc. 2260–32e Ave. Lachine, PQ H8T 3H4; (514) 631-7400

Burroughs Wellcome Inc. 16751, rte. Transcanadienne Kirkland, PQ H9H 4J4; (514) 694-8220

Charton Laboratories 9393, boul. Louis-H.-Lafontaine Montreal, PQ H1J 1Y8; (514) 353-8950

CIBA Pharmaceuticals 6860 Century Ave. Mississauga, Ont. L5N 2W5; (416) 821-4420

Glaxo Laboratories 1025 The Queensway Toronto, Ont. M8Z 5S6; (416) 252-2281

Hoechst Canada Inc. 4045, ch. Côte Vertu Montreal, PQ H4R 1R6; (514) 333-3500 ICN Canada Ltd. 1956, rue Bourdon Montreal, PQ H4M 1V1; (514) 744-6792

Interfalk Canada Inc. 587, Place Choquette Mont St-Hilaire, PQ J3H 3Z6; (514) 467-5138

Iolab Pharmaceuticals 100–1210 Sheppard Ave. Willowdale, Ont. M2K 2S6; (416) 491-3300

Lederle–Cyanamid Canada Inc. 88 McNabb St. Markham, Ont. L3R 6E6; (416) 293-8181

Eli Lilly Canada Inc. 3650 Danforth Ave. Scarborough, Ont. M1N 2E8; (416) 694-3221

Merck Sharp & Dohme Canada PO Box 1005 Pointe-Claire-Dorval, PQ H9R 4P8; (514) 695-7550

Miles Pharmaceuticals 77 Belfield Rd. Etobicoke, Ont. M9W 1G6; (416) 248-0771

Nadeau Laboratory Limited 8480, boul. Saint-Laurent Montreal, PQ H2P 2M6; (514) 381-5631

Nordic Scientific 16700, rte. Transcanadienne Kirkland, PQ H9H 4M7; (514) 694-9690

Novopharm Limited 1290 Ellesmere Rd. Scarborough, Ont. M1P 2Y1; (416) 291-8876

Parke-Davis Canada Inc. PO Box 2200, Stn. A Scarborough, Ont. M1K 5C9; (416) 288-2200 Pharmacia (Canada) Inc. 2044, boul. Saint-Régis Dorval, PQ H9P 1H6; (514) 684-8881

Reed & Carnrick 36 Northline Rd. Toronto, Ont. M4B 3E3; (416) 755-1080

Regal Pharmaceutical and Surgical Supply Company Limited 900 Harrington Court Burlington, Ont. L7N 3N4; (416) 827-3781

Riva Ltée, Laboratoires 2241, rue de la Métropole Longueuil, PQ J4G 1S5; (514) 522-2307

Rorer Canada Inc. 130 East Dr. Bramalea, Ont. L6T 1C3; (416) 792-1212

Rougier Inc. 8480, boul. Saint-Laurent Montreal, PQ H2P 2M6; (514) 381-5631

Roussel Canada Inc. 4045, ch. Côte Vertu Montreal, PQ H4R 2E8; (514) 333-2900

Schering Canada Inc. 3535, rte. Transcanadienne Pointe-Claire, PQ H9R 1B4; (514) 695-1320

Squibb Canada Inc. 2365, ch. Côte-de-Liesse Montreal, PQ H4N 2M7; (514) 331-7423

Stiefel Canada Inc. 6635, boul. Henri-Bourassa ouest Montreal, PQ H4R 1E1; (514) 332-3800

Syntex Inc. 2100 Syntex Court Mississauga, Ont. L5N 3X4; (416) 821-4000 Taro Pharmaceuticals Inc. 305 Supertest Rd. Downsview, Ont. M3J 2M4; (416) 661-0044 Trans Canaderm Inc. 5353, boul. Thimens Saint-Laurent, PQ H4R 2H4; (514) 334-3830 Welcker-Lyster Ltd. 8480, boul. Saint-Laurent Montreal, PQ H2P 2M6; (514) 381-5631

Technilab Inc. 1490, rue Beaulac Ville Saint-Laurent, PQ H4R 1R7; (514) 337-6030 The Upjohn Company of Canada 865 York Mills Rd. Don Mills, Ont. M3B 1Y6; (416) 441-9600 Westwood Pharmaceuticals 200 College St. E Belleville, Ont. K8N 5E9; (613) 966-4501

### Upcoming Meetings continued from page 392

Oct. 12-14, 1989: Urologic Oncology, Today and Tomorrow (in cooperation with the University of Toronto, Toronto Hospital and the US National Institutes of Health)

Metro Toronto Convention Centre

Credits: 19 hours, category 1, American Urological Association

Jeanie McGoldrick, Stratagem Communication, 604-2 Sheppard Ave. E, Willowdale, Ont. M2N 5Y7; (416) 229-2331, FAX (416) 229-6443

Oct. 13-14, 1989: Arthritis Health Professions
Association Annual Conference: War Games Versus
Teamwork — a Positive Approach to Problem
Solving

Glenway Country Club, Newmarket, Ont. Dr. J. Carter Thorne or Ieva Fraser, York County Hospital, 596 Davis Dr., Newmarket, Ont. L3Y 2P9; (416) 895-4521, ext. 2299

Oct. 14, 1989: "Hands-On" ENT for the Family Physician

Le Meridien Hotel, Vancouver Continuing Medical Education, 105-2194 Health Sciences Mall, University of British Columbia, Vancouver, BC V6T 1W5; (604) 228-2626

Oct. 16-17, 1989: Cardiopulmonary Monitoring of the Critically Ill Patient

Royal York Hotel, Toronto Conference and Seminar Se

Conference and Seminar Services, Humber College Professional Services, 205 Humber College Blvd., Etobicoke, Ont. M9W 5L7; (416) 675-5077, FAX (416) 675-0135

Oct. 16-17, 1989: Focus on Patient Assessment Hotel Beausejour, Moncton, NB

Maggie Swithenbank, program manager, Conference and Seminar Services, Humber College Professional Services, 205 Humber College Blvd., Etobicoke, Ont. M9W 5L7, (416) 675-5077, FAX (416) 675-0135; or Gwen Villamere, chairperson, Continuing Education in Nursing, (416) 249-8301

Oct. 18-20, 1989: Quality Assurance in Health Care World Trade and Convention Centre, Halifax Ingrid Norrish, director, Conference and Seminar Services, Humber College Professional Services, 205 Humber College Blvd., Etobicoke, Ont. M9W 5L7; (416) 675-5077, FAX (416) 675-0135 Oct. 19-20, 1989: Psychiatric Occupational Therapy: Preparing for the '90s

Clarke Institute of Psychiatry, Toronto

Patti Pettit or Marge Murphy, Education Office, Clarke Institute of Psychiatry, 250 College St., Toronto, Ont. M5T 1R8; (416) 979-6845

Oct. 19-21, 1989: Learning Disabilities Association of Canada 7th National Conference: Lighting the Way Hotel Newfoundland, St. John's Judy Davis, conference coordinator, 12 Colville St., St. John's, Nfld. A1E 3J8; (709) 739-0611 or (709) 579-7273

Oct. 19-21, 1989: Practical Orthopaedics for the Primary Care Physician

Sheraton Cavalier and Theatre in the Mall, University Hospital, Saskatoon

Continuing Medical Education Office, University Hospital, Saskatoon, Sask. S7N 0X0

Oct. 20, 1989: La Leche League Manitoba Conference: Controversies in Breastfeeding

St. Boniface Hospital Research Centre, Winnipeg Credits: 5 hours, CFPC

Leslie Sanders, 321 Marlton Cr., Winnipeg, Man. R3R 1A6; (204) 832-4180

Oct. 20, 1989: University of Western Ontario's Research Day IV in Family Medicine Sheraton Armouries Hotel, London, Ont. Mrs. Toula Gerace or Dr. John Sangster, Byron Family Medical Centre, 1228 Commissioners Rd. W, London,

Ont. N6K 1C7; (519) 472-9670

Oct. 21, 1989: Dermatology Update 1989 for Family

University Hospital, Shaughnessy Site, Vancouver Continuing Medical Education, 105–2194 Health Sciences Mall, University of British Columbia, Vancouver, BC V6T 1W5; (604) 228-2626

Oct. 22-24, 1989: Canadian Medical Society on Alcohol and Other Drugs 1st Annual Meeting (in association with the University of Calgary and the Alberta Alcohol and Drug Abuse Commission)

Delta Bow Valley Hotel, Calgary

Madeleine Aldridge, assistant manager, Conference Office, University of Calgary Faculty of Continuing Education, Education Tower, 102–2500 University Dr. NW, Calgary, Alta. T2N 1N4; (403) 220-5051, FAX (403) 282-7298

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