

# Making the gradient: Thyroid hormone regulates cone opsin expression in the developing mouse retina

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Most mammals have two types of cone photoreceptors, which contain either medium wavelength (M) or short wavelength (S) opsin. The number and spatial organization of cone types varies dramatically among species, presumably to fine-tune the retina for different visual environments. In the mouse, S- and M-opsin are expressed in an opposing dorsal–ventral gradient. We previously reported that cone opsin patterning requires thyroid hormone  $\beta 2$ , a nuclear hormone receptor that regulates transcription in conjunction with its ligand, thyroid hormone (TH). Here we show that exogenous TH inhibits S-opsin expression, but activates M-opsin expression. Binding of endogenous TH to TR $\beta 2$  is required to inhibit S-opsin and to activate M-opsin. TH is symmetrically distributed in the retina at birth as S-opsin expression begins, but becomes elevated in the dorsal retina at the time of M-opsin onset (postnatal day 10). Our results show that TH is a critical regulator of both S-opsin and M-opsin, and suggest that a TH gradient may play a role in establishing the gradient of M-opsin. These results also suggest that the ratio and patterning of cone types may be determined by TH availability during retinal development.

photoreceptor | retinal development | nuclear hormone receptor

Thyroid hormone (TH) is secreted mostly as thyroxine (T<sub>4</sub>) from the thyroid gland and converted locally to a transcriptionally active form, 3,5,3'-triiodothyronine (T<sub>3</sub>), by iodothyronine deiodinating enzymes (1). T<sub>3</sub> receptors bind to DNA regulatory elements, often as heterodimers with retinoid X receptors (RXRs), to activate or repress transcription of target genes (for review, see refs. 2 and 3). T<sub>3</sub> regulates diverse developmental processes in multiple regions of the central nervous system including the hippocampus, cerebral cortex, inner ear, and cerebellum (4–8). Numerous developmental processes are TH-dependent, including cell differentiation, migration, and dendritic growth (2, 3, 9–11). Perturbations in maternal or fetal TH in humans can lead to clinical syndromes ranging from severe mental retardation and hearing loss to mild or moderate deficits in motor skills, language, memory, and attention (12–14).

In the retina, the TH  $\beta 2$  receptor isoform (TR $\beta 2$ ) is restricted to cone photoreceptors (15, 16), and we previously showed that it is a critical regulator of late-stage cone differentiation. In the first stage of cone differentiation, cones exit the cell cycle and begin to express specific transcription factors, including cone rod homeobox (CRX), TR $\beta 2$ , and RXR $\gamma$  (16–20). In the second stage of differentiation, cones express opsin and form specific synaptic connections. Most mammalian cones express short wavelength (S-opsin) or medium wavelength (M-opsin) opsin. However, the spatial arrangement of cone types varies considerably among species. In mice, S-opsin expression begins just before birth and is expressed predominantly in ventral cones. By contrast, M-opsin expression begins at the end of the first postnatal week and is expressed predominantly in dorsal cones (21, 22).

Previous analysis of TR $\beta 2$ -null mice showed that TR $\beta 2$  is required to activate M-opsin and to inhibit S-opsin (23). RXR $\gamma$ , another nuclear receptor, is also required to inhibit S-opsin, possibly as a heterodimer with TR $\beta 2$  (16). Nuclear hormone receptors modulate transcription both in the presence and absence of ligands. Our previous analyses did not reveal whether ligands are involved in the regulation of opsin expression, but we speculated that developmental changes in concentration or regional distribution of ligands could modulate both the ratio of S-opsin- to M-opsin-expressing cones and the spatial patterning of cones. The present study confirms the presence of TH in the developing retina. We use *in vitro* and *in vivo* approaches to demonstrate that TH is required to inhibit S-opsin and activate M-opsin expression. Furthermore, TH becomes graded around the time of M-opsin onset, which is consistent with a role for TH in establishing the M-opsin gradient. Together, these results suggest that TH can modulate the M-opsin/S-opsin ratio in the developing retina and that it may play a role in species-specific cone patterning.

## Results

**Exogenous T<sub>3</sub> Inhibits S-Opsin Expression in Developing Cone Photoreceptors.** To assess the effects of TH on cone opsin development, we first used an *in vitro* approach (24). Retinas from E17 embryos can be cultured as explants and develop normal lamination and cell-type specific marker expression (25, 26). Although photoreceptor outer segments do not form in culture, S-opsin could be detected in cell bodies and processes in the outer nuclear layer after 5 days *in vitro*, and the S-opsin-expressing cone photoreceptors develop in their normal graded pattern (Fig. 1A). As previously documented by others, we could not detect M-opsin by immunohistochemistry in mouse explant cultures (27, 28). We treated explants with increasing concentrations of T<sub>3</sub> for 10 days *in vitro*. We found a dose-dependent reduction in the number of S-opsin immunolabeled cones in T<sub>3</sub>-treated retinas (Fig. 1B). Concentrations as low as 500 pM were sufficient to cause a small, but statistically significant, reduction in S-opsin-expressing cones, and 1 nM caused a 75% reduction in the number of S-opsin-expressing cones. At T<sub>3</sub> concentrations above 5 nM, few cones expressed S-opsin. T<sub>3</sub> did not repress S-opsin in TR $\beta 2$ -deficient retinal explants, indicating that repression of S-opsin by T<sub>3</sub> is mediated specifically by the TR $\beta 2$  receptor (data not shown).

To confirm that T<sub>3</sub> can inhibit S-opsin in the intact developing retina, we experimentally increased T<sub>3</sub> by injecting mouse pups

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Abbreviations: TH, thyroid hormone; RXR, retinoid X receptor; TR $\beta 2$ , TH  $\beta 2$  receptor isoform; S-opsin, short wavelength opsin; M-opsin, medium wavelength opsin; Pn, postnatal day n.

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developing rat caudate (34), and a T3 gradient in the *Xenopus* eye mediates dorsal-ventral growth during metamorphosis (35). This gradient in *Xenopus* is established during metamorphosis by increased expression of the T3-inactivating enzyme, type 3 deiodinase (D3), in the dorsal retina (35). D3 is abundant in the developing mouse retina, whereas type 1 and type 2 enzymes are at or below the detection limit (M.S. and D.F., unpublished data). Unlike in *Xenopus*, we did not see an obvious gradient of D3 in mouse. Thus, in contrast to the *Xenopus* retina, the T3 gradient in mouse retina may be due to asymmetric distribution of TH binding proteins or transporters rather than asymmetric distribution of deiodinases.

**Multiple Factors Regulate S-Opsin Expression.** Opsin gradients have been observed in many species, including the house mouse, insectivores, and the hyena (36–38). In all of these species, S-opsin is enriched in the ventral retina, suggesting that a conserved factor either promotes S-opsin expression in the ventral retina or inhibits it in the dorsal retina. Although our data demonstrates that T3 is necessary to inhibit S-opsin in dorsal cones, T3 is not graded at the time of S-opsin onset, indicating that another factor is required to establish the S-opsin gradient. Likely candidates are ligands for RXRs or retinoic acid receptors (RARs). The RAR ligand, *all-trans* retinoic acid (ATRA), is an attractive candidate because it has a well characterized gradient in the developing retina (39). A recent study of zebrafish cone development showed that ATRA represses UV opsin, which is the fish cone opsin most closely related to S-opsin in mice (40, 41). It is also possible that the gradient of S-opsin is controlled by a transcription factor, and not by a diffusible factor. A candidate is COUP-TFII, which is known to repress signaling mediated by TR, RXR, and RAR (42, 43). COUP-TFII is more abundant in the dorsal retina at the time of S-opsin onset (44), and could play a role in repressing S-opsin.

**Functional Significance.** Transgenic reporter mice for human S-opsin and L/M opsin show mouse-specific reporter gradients (45, 46), suggesting that the same factors that control opsin expression in mice likely affect cone opsin expression in humans. In contrast to the mouse cone pattern, humans have a central to peripheral cone gradient, with an area of S-cone exclusion in the central fovea (47). It will be interesting to determine whether TH signaling is involved in establishing this gradient in humans. Disruptions in TH signaling caused by diet, genetics, or exposure to environmental chemicals, such as polychlorinated biphenyls (PCBs), in pregnant mothers and newborns could potentially affect diverse developmental processes in the CNS, including color vision (48, 49). A recent report shows that hypothyroid infants or infants born to hypothyroid mothers develop reduced contrast sensitivity, suggesting that TH may also be required for proper cone opsin expression in humans (50). Additionally, the children of women who were exposed to high levels organic solvents during pregnancy showed decreased visual acuity, deficits in red/green color discrimination, and an increased risk of red/green color blindness (51). Elucidating the molecular mechanisms of thyroid hormone signaling during neural development may help to prevent or treat these mental and visual deficiencies caused by environmental or genetic alterations in the thyroid signaling pathway.

## Methods

**Animals and *in Vivo* Treatments.** All animal experiments followed approved protocols of the host institutions. Transgenic TR $\beta^{PV}$  mice were a gift from Sheue-yann Cheng (National Cancer Institute, Frederick, MD) (29). For *in vivo* studies, newborn (P0) or P7 pups were injected s.c. with 1.5  $\mu$ g of T3 or saline vehicle every 24 h for 4 days. Pups were killed 2 h after the last injection

and were either frozen for RNA extraction or fixed for  $\beta$ -galactosidase assay and whole-mount opsin immunohistochemistry.

**Explant Cultures.** Whole retinas were cultured on a nitrocellulose membrane for up to 2 weeks *in vitro*, in a method modified from ref. 24. Briefly, retinas from embryonic day 17 (E17) mice were dissected free from the lens, pigmented epithelium, and extraocular tissue, four small incisions were made in the peripheral retina to allow flattening, and retinas were placed photoreceptor side down on a Millicell-CM 0.4  $\mu$ m filter insert (catalog no. PICM03050). Filters were placed into a six-well plate containing 1 ml of explant media [DMEM:F12 (GIBCO catalog no. 895108EA), 0.6% glucose, 5 nM HEPES, 0.11% NaHCO<sub>3</sub>, 25  $\mu$ g/ml insulin, 100  $\mu$ g/ml transferrin, 60  $\mu$ M putrescine, 30 nM selenium, 20 nM progesterone, 800 nM L-glutamine, penicillin and streptomycin (GIBCO), N2 supplement (GIBCO), and 10% dialyzed FBS (GIBCO)]. Explants were cultured at the gas-liquid interface at 37°C, 5% CO<sub>2</sub>, and media were replaced every other day. T3 (10 nM; Sigma) was added to culture medium of some wells for the duration of the experiments.

**S-Opsin Transgene.** The S-opsin 562 transgenic construct includes the promoter and 562-bp 5' flanking region of the mouse S-opsin gene (*Opn1sw*) fused in frame with a lacZ cassette at the ATG translational start codon of the first exon of the *Opn1sw* gene (52) as described in detail elsewhere (M.S. and D.F., unpublished data). Transgenic founders were derived on the B6D2/F1J strain at the Mount Sinai transgenic facility and were identified by Southern blot analysis using a lacZ probe. Carriers were backcrossed with wild-type B6D2/F1J mice. Of the seven founders, three showed expression. S-opsin 562 transgene/TR $\beta$ -null mice were generated by crossing with TR $\beta^{-/-}$  mice (53).

**RNA Analysis.** Total RNA was prepared from pools of at least eight eyes. For Northern blot analysis, 15  $\mu$ g of total RNA was loaded per lane and filters were probed for S-opsin, as described (23). As a loading control, the same filters were subsequently hybridized with a GAPDH probe.

**Quantitative PCR.** cDNA was prepared from retinas cultured for 11 days with or without T3, and the relative levels of cone arrestin transcripts were measured by quantitative PCR as described (54) and normalized to  $\beta$ -actin. Primer sequences are available upon request.

**$\beta$ -Galactosidase Staining.** Eyes were fixed in 2% paraformaldehyde in PBS for 2 h at 4°C, followed by cryoprotection in 30% sucrose in PBS at 4°C for 1 h and embedded in optimal cutting temperature medium (O.C.T.; VWR, West Chester, PA). Cryosections (10  $\mu$ m thick) were stained for  $\beta$ -galactosidase activity by incubating in 5-bromo-4-chloro-3-indolyl- $\beta$ -D-galactopyranoside (X-Gal) substrate.

**Immunohistochemistry and Quantification of Cone Gradients.** Whole retinas from at least three animals from each genotype (TR $\beta^{+/+}$ , TR $\beta^{PV/+}$ , and TR $\beta^{PV/PV}$ ) were immunolabeled with opsin antibodies and quantified as described (16).

**Radioimmunoassays.** Retinas from P0, P4, or P10 mice were dissected free of the pigment epithelium, lens, and choroid in cold PBS and quick-frozen in an Eppendorf tube in dry ice. At least 50 mg of tissue was pooled for each sample (>15 retinas at P0 and eight retinas at P10). Measurements of T4 and T3 for at least three samples at each age were determined by highly sensitive and specific radioimmunoassays after extensive extraction and purification of the iodothyronines from tissues, modified from procedures described elsewhere (55, 56). To increase recovery of the very small amounts of the iodothyronines that

were expected in the very small tissue samples, we excluded the initial methanol/chloroform extraction and back-extraction into an aqueous phase, and purified the initial methanol extract of the retinas directly on the resin columns. To confirm that the small amounts of TH that we detected were not artifacts, we tested separate pools of sample extracts at three to five successive 2-fold dilutions and showed that the extracts behaved in the RIA in the same manner as the T3 and T4 standard solutions (see Fig. 8, which is published as supporting information on the PNAS web site).

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