

SYMPOSIUM REPORT

Spontaneous activity of lower urinary tract smooth muscles: correlation between ion channels and tissue function

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Smooth muscles from the urethra and bladder display characteristic patterns of spontaneous contractile activity in the filling phase of the micturition cycle. Tonic contractions are seen in the urethral smooth muscles, and phasic contractions occur in the detrusor. Overactivity in the detrusor is a common clinical problem. The ion channels in the smooth muscle membranes play an important role in determining the functional properties, and are obvious targets for treatment of the overactive bladder. Recent evidence suggests that interstitial cells may also play a role in determining the pattern of spontaneous activity, although their precise role is less well established in the urinary tract than in the gut. The ion channels involved in these cells are also of interest. This review discusses what is known of ion channels in these tissues, and their implications for function.

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In this brief review, the intention is to discuss the relationship between the types and properties of the ion channels that are present in the lower urinary tract smooth muscles, and the overall functions of the organs in which the smooth muscles occur. Particular attention will be paid to the activity in the filling phase of the micturition cycle. Any attempt to link mechanisms and function will need to take into account differences between the species that are used for the experimental work.

The common function of the bladder in mammals is to store and expel urine; there should therefore be underlying similarities in the properties of the detrusor in all species. However, there will be an important functional difference in those mammals that use urine as a territorial scent marker, since this requires a mechanism to produce small spurts of urine in addition to a mechanism that will empty the bladder. Evidence suggests that the purinergic and cholinergic functions of the parasympathetic innervation have evolved to achieve this distinction. Thus one might expect the properties of the unstimulated detrusor to be similar in the different species.

In contrast the properties of the urethral smooth muscles may be quite different. Although the underlying functions of all urethras are to prevent leakage of urine during filling by generating a urethral closure pressure, and to allow voiding at micturition, the physical constraints will vary between the species. Variable factors will be the size, the geometry of the lower urinary tract, the pressures that are likely to arise in the bladder during filling and how these are transferred to the urethra (including gravitational forces), and the role of the striated muscles that are also involved in controlling the urethral pressures. In small mammals the resting urethral pressures are quite low, and in large mammals and man they can be high. The involvement of the autonomic innervation and the contribution of the urethral striated muscles to urethral closure pressure varies widely, and spontaneous oscillations in urethral pressure occur in some species during micturition and appear to play a role in expelling urine. Significant differences may thus be expected between the species.

Spontaneous activity

Smooth muscles in both bladder (trigone and detrusor) and urethra show spontaneous contractile activity during the filling phase. In the human urethra, tonic spontaneous

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contractile activity in the smooth muscles generates a significant proportion of the closure pressure which allows urine to remain in the bladder against the forces of gravity. Additional force applied to the bladder wall by abdominal pressure generated during normal human activity, is counteracted by reflexes enhancing smooth muscle contractile activity through the sympathetic nervous system, and enlisting urethral striated muscle activation through the somatic nerves. L-type Ca^{2+} channels are required to maintain the smooth muscle tone which falls with Ca^{2+} channel blockers. Relaxation of the urethral smooth muscle to allow micturition requires activation of inhibitory nitrergic nerves to cause a rapid drop in urethral pressure. It is not clear how this is achieved, but the myocytes respond to nitric oxide with a rise in cGMP (Smet *et al.* 1996).

The type of spontaneous mechanical activity in the detrusor is more unusual, and fairly unique for a smooth muscle. Isolated detrusor strips often generate phasic contractions, with frequencies that are species specific, but usually of the order of tens of contractions each minute (Sibley, 1984; Fig. 1). The contractions are small compared with the contraction that can be evoked by stimuli; they rise and fall from a low resting tone, and do not normally show the type of tetanic fusion that is seen in other electrically excitable smooth muscles. This spontaneous activity can be seen in the whole bladder as relatively isolated contractions of parts of the bladder wall. These contractions have been called 'micromotions' (Coolsaet, 1985; Coolsaet *et al.* 1993) and have been studied in isolated guinea-pig and mouse bladders (Drake *et al.* 2003; Gillespie, 2004) where they may, in the full bladder, occupy sufficient of the detrusor to be associated with very small changes in intravesical pressure. In larger bladders the detrusor is so compliant that small contractions of part of the wall are unlikely to raise the pressure significantly.

The role of the spontaneous activity seems to be to allow the individual muscle bundles to adjust their length in response to filling. It would be impractical for the bladder simply to remain relaxed and floppy

during filling, since contraction at micturition can only raise intravesical pressure once the bladder has taken a shape with the minimum surface area available to it. The normal bladder appears to maintain this shape throughout filling, allowing micturition to be started rapidly whenever it is convenient for the bladder to be emptied. Synchronization of contraction is achieved through the dense parasympathetic innervation (Daniel *et al.* 1983; Gabella, 1995), and nerve-evoked contraction is achieved largely through intracellular mechanisms (inositol 1,4,5-trisphosphate (IP_3) production and Ca^{2+} sensitization) (Iacovou *et al.* 1990; Fry *et al.* 2004; Takahashi *et al.* 2004).

The fact that small areas of the detrusor contract in isolation is unusual for smooth muscles and suggests that the overall coupling between the myocytes is relatively poor. Detailed studies of coupling using microelectrodes and current injection indeed show that, although current spreads well in a muscle bundle in the axial direction, coupling in the transverse direction is poor (Fig. 2) (Bramich & Brading, 1996; Hashitani & Brading, 2003a). Indeed Tomita has shown, using extracellular polarization, that bladder is less well coupled than most other smooth muscles (Tomita, 1990; Parekh *et al.* 1990). Intuitively this seems a sensible property for the bladder – if activity were well coupled, spontaneous pressure changes would be expected, and this is undesirable for the storage of urine. However, in strips of detrusor obtained from overactive bladders, tetanic contractions more typical of well-coupled smooth muscles are often seen (Fig. 3) and give rise to the undesirable symptoms of the overactive bladder syndrome.

Ion channels and spontaneous activity in the urethra

Species studied. Probably because of the small size of the urethras in rats, guinea-pigs and mice, there are no current reports of the ionic channels present and their function in the urethral smooth muscles of these species, although microelectrode recordings in guinea-pig

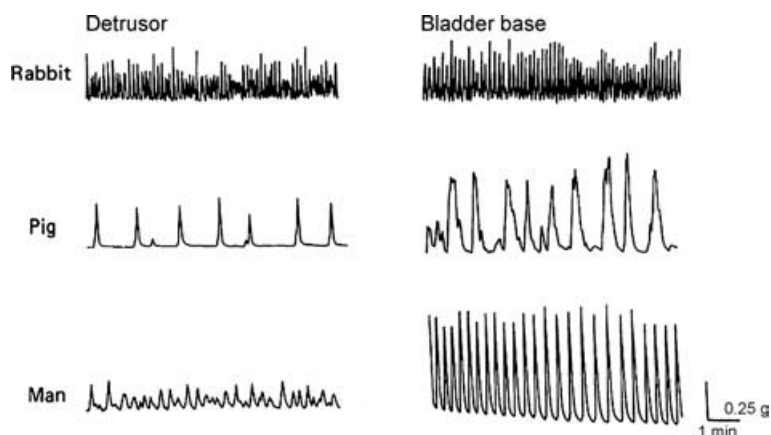
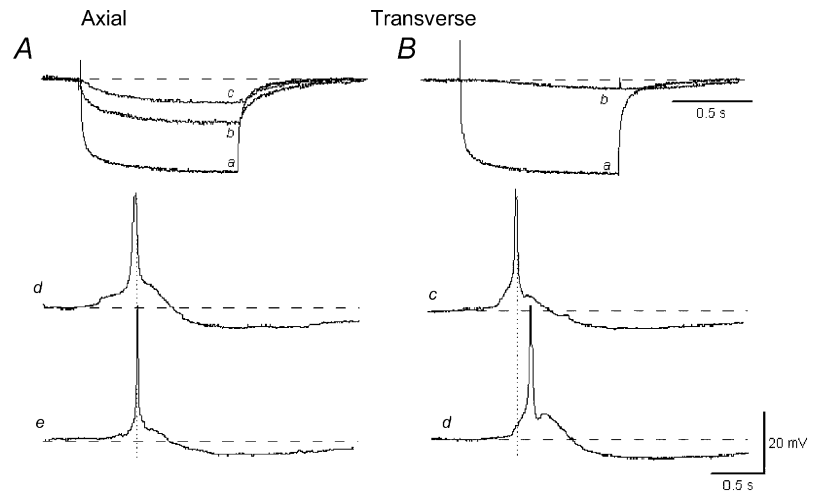


Figure 1. Examples of spontaneous mechanical activity in strips dissected from the bladders of rabbit, pig and man
From Sibley (1984).

Figure 2. Electrical coupling between cells in a muscle bundle of pig detrusor

A, axial direction. Intracellular current injected through the microelectrode hyperpolarized the cell (a). Simultaneous recording of the electrotonic potential change in a cell 200 μm (b) and 400 μm away (c) in the axial direction. Action potentials recorded simultaneously in two cells separated by 400 μm occur at the same time (d and e).

B, transverse direction. Intracellular current injected through the microelectrode hyperpolarized the cell (a). Simultaneous recording of the electrotonic potential change in a cell 50 μm away (b). Action potentials recorded simultaneously in two cells separated by 100 μm occur with a delay (c and d). The resting potential was -40 mV. Adapted from Hashitani & Brading (2003a).



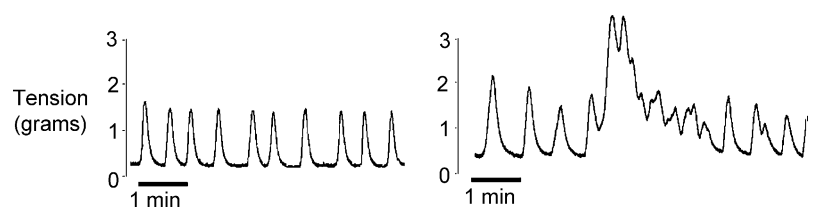
urethral smooth muscle has shown the presence of slow waves (Hashitani & Edwards, 1999). Structural and histological data are available for some of these small mammals, a few measurements of the urethral pressure have been published and some studies have attempted to assess the role of the smooth muscles in urethral function. It is, however, easier to obtain urethral smooth muscles for electrophysiological and functional evaluation from larger mammals, and most studies using strips or isolated myocytes have been carried out on urethral smooth muscles from rabbits and pigs. In the pig, which is thought to be the most suitable animal model for the human (Crowe & Burnstock, 1989; Greenland *et al.* 1996), detailed studies are available on smooth muscle structure, contractile activity and innervation (e.g. Bridgewater *et al.* 1993, 1995). On the electrophysiological side, however, membrane potential and ion channels have only been studied to any extent on isolated urethral myocytes using patch clamp techniques (Brading *et al.* 1996; Teramoto & Brading, 1996), and although the myocytes seem to be electrically inexcitable, there is no information available about the spontaneous electrical properties of strips of pig urethral smooth muscle. In the rabbit, several studies on the properties of strips are available (e.g. Mattiasson *et al.* 1990; Andersson *et al.* 1991; Hashitani *et al.* 1996), and it is clear that slow waves are present and the strips electrically excitable, but almost nothing is known about the functional characteristics of the urethra *in vivo*, and relatively little about individual ion channels in the smooth

muscles. This is a great pity because there seem to be considerable differences between the two species, and the excellent studies by the Belfast group (e.g. Sergeant *et al.* 2000; Hollywood *et al.* 2003a; Johnston *et al.* 2005) into one of the most exciting areas currently under investigation, that is the role of the interstitial cells in these tissues, began and has continued in rabbit urethra. However, it may not be possible to extrapolate from the rabbit to the pig and human – more studies on these three species are badly needed.

Potassium channels in the urethra. Extensive patch clamp experiments examining K^+ channel properties in isolated pig urethral myocytes have been undertaken by Teramoto (e.g. Brading *et al.* 1996; Teramoto & Brading, 1996). Under current clamp conditions with relatively low intracellular Ca^{2+} buffering, the myocytes do not show any excitable behaviour, but spontaneous transient hyperpolarizations are seen that are blocked by iberiotoxin (Fig. 4). The use of various K^+ channel blockers leads to the conclusion that the myocytes have predominantly three types of K^+ channel: small and large Ca^{2+} -activated K^+ channels, and K_{ATP} channels. Isolated strips generate continuous spontaneous tone (Fig. 5) which is dependent on Ca^{2+} entry and is reduced by L-type Ca^{2+} channel blockers (which also slightly depolarize the cells) and also by NO donors and K_{ATP} openers. Whereas depolarizing voltage steps in most myocytes initiate sustained outward currents, a few cells show an initial transient component

Figure 3. Spontaneous mechanical activity recorded from strips of human detrusor

Left: from a normal bladder. Right: from the bladder of a patient with overactive bladder syndrome, showing tetanic contractions. Figure courtesy of I. Mills.



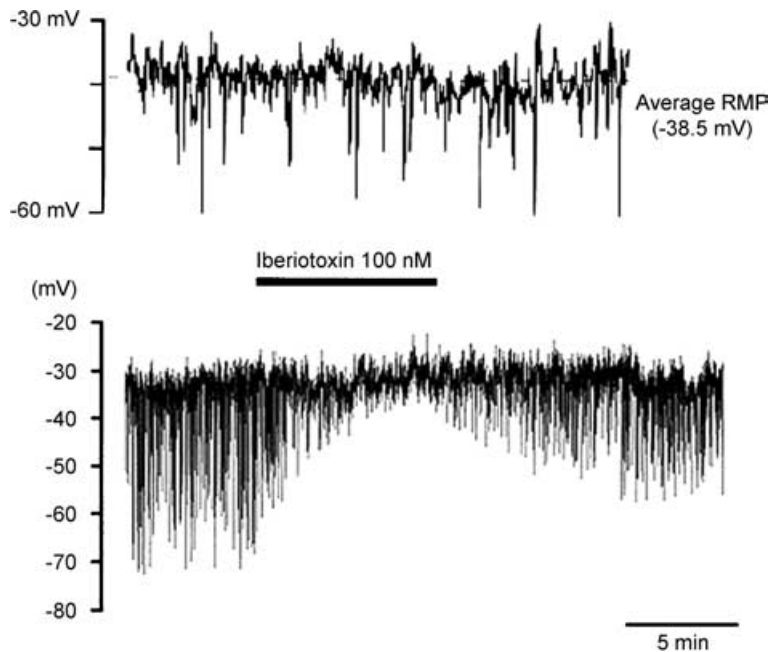


Figure 4. Membrane potential of pig urethral myocytes under current clamp conditions

Whole cell recordings with a pipette solution containing 140 mM KCl, 2 mM Mg^{2+} , 2 mM ATP and 50 μM EGTA. Bath solution contained 140 mM NaCl, 2 mM Ca^{2+} , 5 mM KCl and 1.2 mM Mg^{2+} . Upper trace, under normal depolarizations. Lower trace more compressed, showing that the maxi-K channel blocker iberiotoxin blocks the large spontaneous hyperpolarizations. Figure courtesy of N. Teramoto.

suggesting that some A-type K^+ currents may also be present.

Calcium channels in the urethra. Although the isolated myocytes of the pig urethra are not electrically excitable, the ability of L-type Ca^{2+} channels blockers to relax spontaneous tone shows that these channels are clearly present and open in the normal unstimulated strips. When the K^+ channels are blocked with Cs^+ in the pipette, small transient inward currents can be evoked with a window current in a range that would encompass the normal resting potential of the cells (unpublished observations). In the rabbit and human urethra the

myocytes have been shown to possess both L- and T-type Ca^{2+} channels (Hollywood *et al.* 2003b; Bradley *et al.* 2004).

Interstitial cells in the urethra. The rabbit isolated urethral strips do not develop spontaneous tone, but microelectrode studies (Hashitani *et al.* 1996) show that the tissue develops regular slow waves and presumably under the right conditions, these slow waves may give rise to action potentials and phasic contractions. Similar slow waves have been recorded in guinea-pig urethra (Hashitani & Edwards, 1999). In 2000, the Belfast group (Sergeant *et al.* 2000) published striking evidence that the

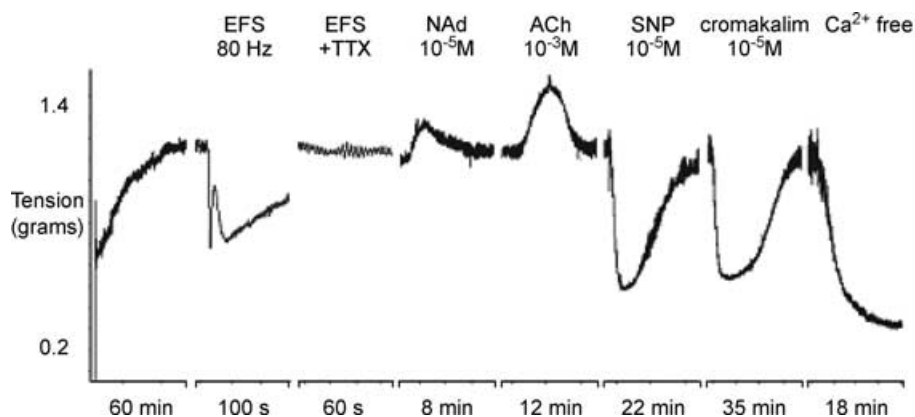


Figure 5. Contractile activity in a strip of smooth muscle dissected from a pig urethra

The tissue develops spontaneous tone after an initial tensioning to 1 g. It responds to stimulation of its intrinsic nerves (EFS) with a biphasic relaxation which is blocked by TTX. Applications of noradrenaline (NAd) and acetylcholine (ACh) contract the tissue further, but the nitric oxide donor sodium nitroprusside (SNP) and the K_{ATP} channel opener cromakalim both relax the tissue, as does removal of extracellular calcium. Adapted from Greenland *et al.* (1996).

rabbit urethra possessed interstitial cells with structural and morphological properties similar to those found in the interstitial cells of Cajal in the gut. They isolated and recorded from these cells and showed that they generated slow waves very similar to the slow waves recorded in the urethral smooth muscles with microelectrodes (Hashitani *et al.* 1996). Ca^{2+} imaging demonstrated that the majority of these interstitial cells show spontaneous oscillations in $[\text{Ca}^{2+}]_i$. Evidence now strongly suggests that these slow waves are in fact generated by interstitial cells through a combination of Ca^{2+} release from the internal stores and the opening of Ca^{2+} -activated Cl^- channels (Hollywood *et al.* 2003a). Depolarizing current is then injected into the neighbouring smooth muscle cells to produce slow waves. The interstitial cells respond to transmitters, and the complex excitatory and inhibitory innervation that is found in the urethra may have input onto both cell types.

The presence of pacemaker cells in the urethra introduces another order of complexity into relating ion channels to function, and makes it difficult to investigate their role in determining the contractile activity of strips of tissue and of whole organs. The two types of cell have several mechanisms in common, and in particular Ca^{2+} release from the stores through IP_3 and ryanodine receptors may occur in both types, but have different functions. L-type Ca^{2+} channels do not seem to be important in the interstitial cells, but Ca^{2+} entry is necessary, since slow waves cease rapidly in Ca^{2+} -free solutions (Johnston *et al.* 2005). The interstitial cells and smooth muscle cells may also overlap in the other types of ion channels they possess, and also in their innervation by autonomic nerves. It thus seems that the situation in the urethra will turn out to be rather similar to that of the gastrointestinal tract, although the evidence to support this assumption is, at present, still being accumulated.

Relationship between ion channels and function in the urethra. L-type Ca^{2+} channels are important for the tone of the urethral smooth muscles during the filling stage of the micturition cycle. Overlapping activity of Ca^{2+} -activated K^+ channels probably prevents net inward currents and regenerative activity during sustained tone, but in species in which slow waves are generated by interstitial cells, oscillating membrane potentials and Ca^{2+} currents may allow the membranes to become excitable. Quite how this is linked with function is not known. The enhancement and switch-off of tone through the autonomic innervation may also function both directly on the smooth muscle and indirectly through input to the interstitial cells, and in both cases involve modulation of K^+ channel function.

Ion channels and spontaneous activity in the detrusor

Detrusor myocytes are electrically excitable but do not show slow wave activity even when intact strip preparations are used. Microelectrode recordings of detrusor in various species show similar activity, and that the overall frequency of the action potentials is normally much higher than the spontaneous contractions seen in mechanical recordings from muscle strips. Careful examination of the spontaneous activity in detrusor preparations containing only one or a few muscle bundles has been undertaken by Hashitani (Hashitani *et al.* 2000, 2001, 2004a,b; Hashitani & Brading, 2003a,b), who

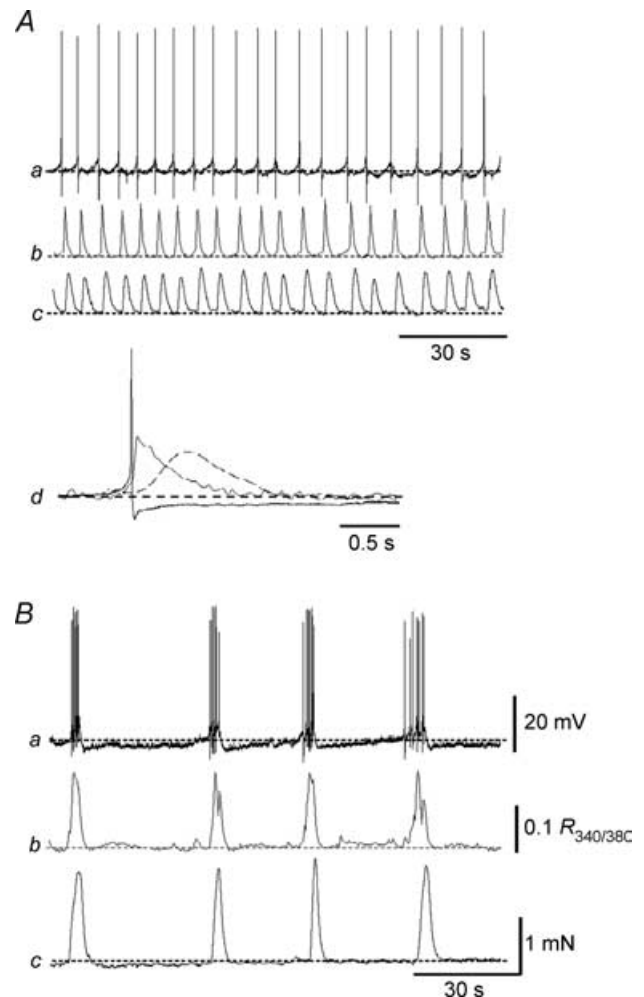


Figure 6. Correlation between electrical and mechanical activity and intracellular calcium simultaneously recorded from two strips of guinea-pig detrusor

In *A* spontaneous action potentials were generated individually, and in *B* the action potentials occurred in bursts. *Aa* and *Ba*, membrane potential. *Ab* and *Bb*, calcium transient. *Ac* and *Bc*, tension. *Ad*, on a faster time scale the three signals are superimposed. The action potential and calcium transient were followed by the contraction. From Hashitani *et al.* (2004a).

used simultaneous recording of membrane potential and tension, and also fluorescent Ca^{2+} imaging to characterize the activity. In all species so far studied, two patterns of spike activity are seen – either continuous repetitive firing of single action potentials, or bursting activity. In small strips showing continuous firing, it is clear that rises in $[\text{Ca}^{2+}]_i$ and contraction are correlated with individual action potentials. In those showing bursting activity the contractions and rises in $[\text{Ca}^{2+}]_i$ occur synchronously with the bursts of action potentials (Fig. 6). The poor electrical coupling between bundles and the likelihood that they are contracting independently probably accounts for the relatively small and low frequency contractions seen in the size of strips (a few milligrams) normally used for tension recording.

There is considerable interest in the ion channels involved in generating the spontaneous activity in the detrusor. Much of this interest is driven by the need to develop drugs to treat the symptoms of bladder overactivity, which include urgency and urge incontinence. It is known that in humans with overactive bladders and in animal models generating bladder overactivity, there is an increase in the spontaneous activity and also a change in the pattern of contractions suggesting that the smooth muscles are better synchronized in this condition (Brading, 1997; Turner & Brading, 1997). The overactive bladder syndrome (Abrams, 2000) is very widespread in the population, with a prevalence of about 16%, and there is a potentially enormous market for drugs to control the condition, since the current treatment, anti-muscarinic therapy, is less than ideal. Hence the interest in the potential benefit of modifying the ion channels involved.

Potassium channels in the detrusor. Initial studies on isolated cells using patch clamp techniques (Klockner & Isenberg, 1985*a,b*) suggested that the upstroke of the

action potential was carried by Ca^{2+} and the repolarization involved activation of a voltage-sensitive K^+ channel. Further work has been carried out using microelectrodes to determine the involvement of K^+ channels in action potential generation (Fujii *et al.* 1990; Heppner *et al.* 1997; Hashitani & Brading, 2003*a,b*). It seems clear that detrusor myocytes possess several types of K^+ channel, including large and small Ca^{2+} -activated channels as well as voltage-sensitive K^+ and K_{ATP} channels. The frequency of the action potentials is also very voltage sensitive: small changes in potential cause large changes in frequency (Fig. 7). In early work action potentials were recorded in hypertonic solution to suppress spontaneous mechanical activity, and slightly different effects are seen under isotonic conditions. This suggests that the spatial arrangement of the sarcoplasmic reticulum and plasma membrane, which are likely to be abnormal in the hypertonic medium, may be important. Results with various K^+ channel blockers suggest that the resting membrane potential may have a contribution from voltage-sensitive K^+ channels and small conductance Ca^{2+} -activated K^+ channels, and be sensitive to the global $[\text{Ca}^{2+}]_i$. Hence 4AP and apamin, which show selective blockade of these channels, respectively, have little effect on action potential shape, but slightly depolarize and increase spike frequency (Fig. 8). In contrast altering the Ca^{2+} -activated Ca^{2+} release or blocking the maxi- K channels with iberiotoxin or charybdotoxin (Fig. 9) have major effects on the repolarization of the spikes. K_{ATP} channel openers hyperpolarize the membrane and block spike production.

As expected, drugs that block K^+ channels tend to increase the spontaneous mechanical activity of detrusor strips. Also, mice genetically modified to not express the maxi- K channels have overactive bladders (Meredith *et al.* 2004). K_{ATP} channel openers abolish spontaneous

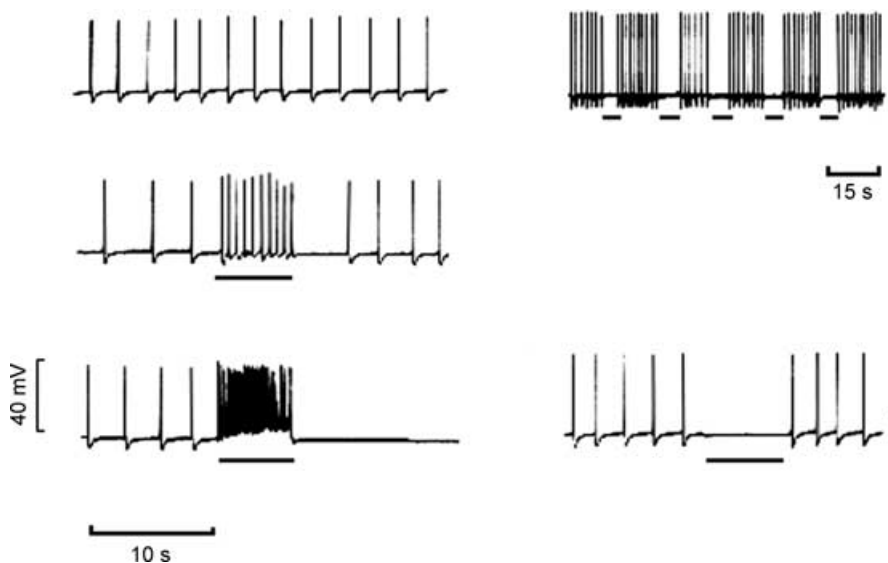


Figure 7. Microelectrode recordings from guinea-pig detrusor: effects of depolarizing and hyperpolarizing current injection on action potential frequency

Horizontal bars indicate extracellular polarization applied through partition electrodes. Figure courtesy of J. Mostwin.

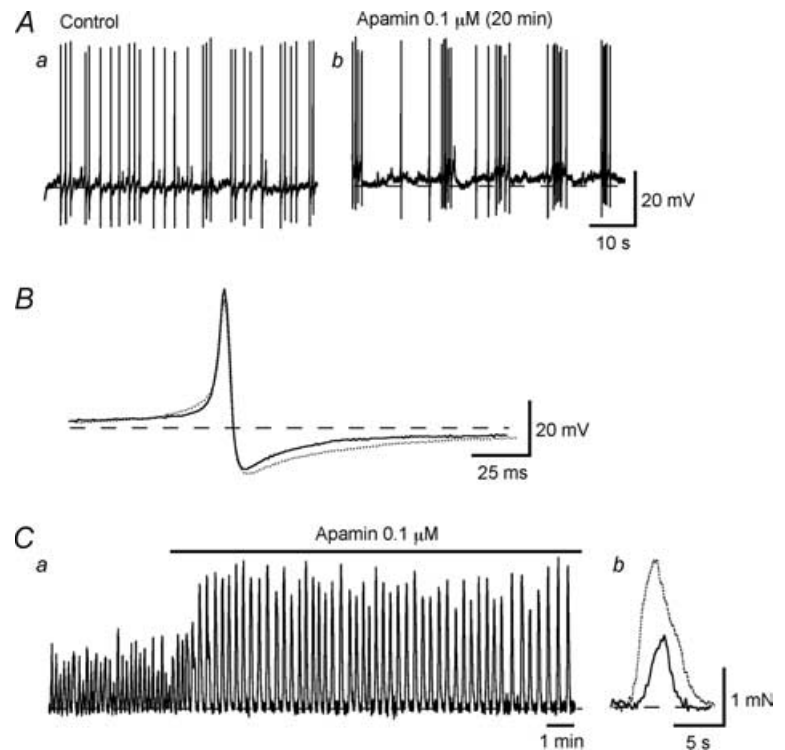


Figure 8. Effects of apamin on action potentials recorded from strips of guinea-pig detrusor

A, action potentials before (*a*) and after apamin (*b*). *B*, superimposed action potentials from the two conditions. *Ca*, spontaneous contractile activity from a strip and the effects of apamin. *Cb*, expanded view of a single contraction before and after apamin. From Hashitani & Brading (2003*b*).

mechanical activity and eliminate unstable contractions in a pig model (Foster *et al.* 1989; Buckner *et al.* 2002). Unfortunately they tend to have widespread effects and also markedly reduce blood pressure, which render them too non-selective for clinical use (Fabiyyi *et al.* 2003). The potential for modulating the other K^+ channels or the L-type Ca^{2+} channels is being explored (Gopalakrishnan & Shieh, 2004).

Of considerable interest is the effect of drugs on the pattern of the electrical activity. In tissues in which continuous action potentials are occurring, apamin, which blocks small conductance calcium-activated K^+ channels, generates bursts of action potentials (Fig. 8), and 4AP, which blocks the voltage-sensitive K^+ channels, in some tissues also may generate short bursts (Hashitani & Brading, 2003*b*). Both drugs increase the size of the spontaneous contractions (Fujii *et al.* 1990; Herrera *et al.* 2000; Hashitani & Brading, 2003*a,b*). Mice in which the expression of the SK3 gene has been manipulated (over-expressed or inhibited) show characteristic changes in bladder activity *in vivo* and *in vitro*, particularly by the presence of non-voiding contractions, but normal micturition was not affected (Herrera *et al.* 2003), again suggesting a role for small conductance K^+ channels in modulating spontaneous activity.

Calcium channels in the detrusor. The L-type channels present in the detrusor are important for mediating the upstroke of the actions potentials, but the cells also express T-type channels. The L-type channels

in guinea-pig detrusor display interesting behaviour in that they can switch into a long channel open mode in response to large depolarization (Nakayama & Brading, 1993*a,b*, 1995). They also trigger release of Ca^{2+} from adjacent sarcoplasmic reticulum by activation of ryanodine receptors (Herrera *et al.* 2000). Ca^{2+} can both inactivate the L-type channels, and also open Ca^{2+} -activated K^+ channels (Herrera & Nelson, 2002), thus causing rapid repolarization and the action potential after-hyperpolarization. Ryanodine (50 μM) and

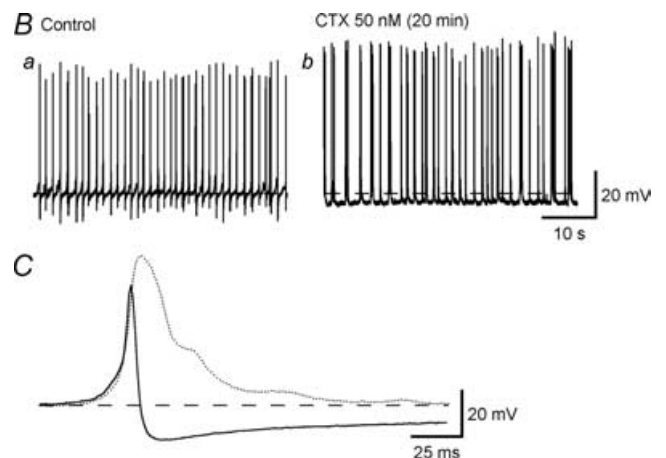


Figure 9. Effects of Ca^{2+} -activated K^+ channel blocker charybdotoxin on action potentials in guinea-pig detrusor

The lower trace is an overlay of an action potential before and after charybdotoxin. From Hashitani & Brading (2003*b*).

cyclopiazonic acid increase the amplitude of the action potentials and abolish the after-hyperpolarization as expected (Hashitani & Brading, 2003b). The effects of ryanodine on the spontaneous contractions in the guinea-pig seem to depend on the dose given – it can enhance the amplitude and reduce the frequency ($50 \mu\text{M}$) and can cause a transient increase in frequency followed by a decrease in frequency with little change in amplitude ($10 \mu\text{M}$; Herrera *et al.* 2000). The T-type channels activate at more negative potentials and may well play a role in generating the spontaneous activity (Sui *et al.* 2001, 2003; Chow *et al.* 2003), and Ni^{2+} , which selectively blocks these channels attenuates the spontaneous mechanical activity to a greater extent than evoked activity.

Interstitial cells in the detrusor. In spite of this knowledge of the role of ion channels, it is still not clear what exactly underlies the bursting activity in the bladder strips. Single myocytes can generate action potentials, but tend not to do so spontaneously. Calcium imaging in single muscle bundles (Hashitani *et al.* 2001) shows that Ca^{2+} waves, presumably associated with action potentials, can arise in the centre of muscle bundles, but more often arise at the edges of a bundle and spread across it. Single muscle bundles show burst-type action potential activity relatively rarely, and although when this occurs the bursts of activity occur in all muscle fibres recorded from, the action potentials themselves are not well correlated when recorded from two sites simultaneously.

The detrusor also contains interstitial cells (McCloskey & Gurney, 2002; Davidson & McCloskey, 2005) and it is possible that these cells play some role. In the guinea-pig bladder these cells in the smooth muscle layers are mainly located at the edges of muscle bundles. Ca^{2+} imaging has demonstrated that unlike in the rabbit urethra, only a small percentage of the interstitial cells show spontaneous Ca^{2+} transients (McCloskey & Gurney, 2002), and the frequency and duration of these transients is quite different to the Ca^{2+} transients generated by the smooth muscle cells (Hashitani *et al.* 2004b). Slow waves are not seen in the smooth muscles cells in intact strips, and it has been proposed that the interstitial cells may be more important in mediating the propagation of action potentials along the bundles than in actually generating them. The finding in human bladder that the Kit-positive cells are increased in number in samples of bladder taken from patients with overactive bladders (Fry *et al.* 2005), may support this suggestion, since in these tissues the contractions appear better co-ordinated across the strips.

Conclusions

It seems clear that ion channels do play an important role in determining the properties of the spontaneous

contractile activity in the urethra and detrusor, and that altering their function can have profound effects on this activity. However, there are still many areas of uncertainty. It would seem particularly important for those studying the ion channels in a particular species to extend their studies to correlate channel properties with function, and there are still far too few basic studies on human material. Two particular areas of uncertainty are what causes the clustering of the action potentials in the detrusor, and what exactly is the role of the interstitial cells both in the detrusor and urethra. A better understanding of this would help drug companies develop therapeutic treatments which could help a huge number of people currently suffering from bladder overactivity.

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