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*Objectives*. This study estimated the number of uninsured children in 1993 who were eligible for Medicaid.

*Methods*. Data from the March 1990 and 1994 Current Population Surveys were analyzed.

*Results*. At least 2.3 million Medicaid-eligible children were uninsured in 1993. These children were more likely to have a working parent than children on Medicaid. Higher proportions of uninsured children less than 6 years of age, children who lived in femaleheaded single-parent families, and African-American and Hispanic children were eligible for Medicaid.

*Conclusions*. Many eligible children do not enroll in Medicaid, and they differ in specific ways from enrolled children. (*Am J Public Health*. 1998;88:445–447)

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# The Demographic Characteristics of Medicaid-Eligible Uninsured Children

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### Introduction

Children without health insurance or with gaps in coverage are less likely to have a regular source of health care<sup>1</sup> or routine doctor visits.<sup>2</sup> Uninsured children are less likely to receive care for injuries<sup>3</sup> and to see a physician if they are chronically ill; also, they are less likely to obtain dental care<sup>4</sup> and appropriate immunizations.<sup>5–7</sup>

In 1993, 9.3 million children in the United States (13.5% of all US children) lacked health insurance coverage.<sup>8</sup> Beginning in 1986, states had the option of expanding children's eligibility for Medicaid. By 1993, states were required to cover children less than 6 years of age with family incomes at or below 133% of the federal poverty level, as well as poor children 6 years of age and older born after September 30, 1983. As a result, the number of children less than 18 years old on Medicaid increased substantially between 1989 and 1993, from 8.9 million (13.6% of US children) to 13.7 million (19.9%).

In this analysis, we estimate the number and examine the characteristics of children who were eligible for Medicaid in 1993 but were uninsured. We also estimate what segment of uninsured children with specific characteristics (e.g., living in a single-parent family) is eligible for Medicaid. Understanding characteristics of uninsured children who do not access Medicaid may be helpful in identifying programs or policies that promote insurance coverage for children.

### **Methods**

To determine the number and demographic characteristics of children on Medicaid, "Medicaid-eligible" but uninsured children, and all uninsured children, we analyzed data from the Bureau of the Census' March 1990 and March 1994 Current Population Surveys, which contain questions about health insurance coverage during the previous year. When no source of health insurance is reported, the person is assumed

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Note. This paper is an expansion on part of an analysis published by the US General Accounting Office (GAO), Health Insurance for Children: Many Remain Uninsured Despite Medicaid Expansion (1995). Although some of this research was done under the auspices of GAO, the views and opinions expressed herein are those of the authors and do not reflect the position of GAO.

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#### TABLE 1—Health Insurance Status of Medicaid-Eligible Children, 1989 and 1993

Health Insurance of Child	1989 (n = 11 952 184), % (95% Cl)	1993 (n = 13 786 372), % (95 % Cl)	Percentage Point Difference	Difference, %
Private coverage <sup>a</sup>	27.4 (23.5, 31.4)	21.0 (17.4, 24.6)	-6.4	-23
Employment based	21.6 (17.4, 24.6)	17.3 (14.0, 20.7)	-4.3	-20
Private/individually purchased	5.8 (3.8, 7.9)	3.7 (2.0, 5.4)	-2.2	-37
Medicaid <sup>b</sup>	48.1 (43.7, 52.6)	60.8 (56.5, 65.2)	12.7	+26
Medicaid–AFDC	32.9 (28.7, 37.1)	35.5 (31.3, 39.8)	2.6	+8
Medicaid-non-AFDC	15.2 (12.0, 18.4)	25.3 (21.5, 29.2)	10.1	+66
CHAMPUS	1.5 (0.4, 2.6)	1.2 (0.2, 2.2)	0.3	-20
Uninsured	22.9 (19.2, 26.7)	16.9 (13.6, 20.2)	6.0	26
Total	100.0	100.0		

*Note.* CI = confidence interval; AFDC = Aid to Families with Dependent Children; CHAMPUS = Civilian Health and Medical Program of the Uniformed Services.

<sup>a</sup>Includes both employment-based coverage and individually purchased coverage.

<sup>b</sup>Includes both children who received Medicaid and AFDC and those who received Medicaid but did not receive AFDC.

to be uninsured for the entire year, although some analysts have suggested that the Current Population Survey appears to represent more of a point in time estimate and thus overestimates lack of coverage for the year.

We linked information on children and their parents by pairing children 0 to 17 years of age with their adult parent 18 to 64 years of age and then pairing that parent with a spouse, if any. We based our parental work status variable on whichever parent was working closest to full time. We assigned children with multiple sources of insurance to a single, primary source based on the following hierarchy: employmentbased insurance, Medicaid, Civilian Health and Medical Program of the Uniformed Services, private/individually purchased, or uninsured. Children who did not link to an adult 18 to 64 years of age (about 1.6% in 1993) were excluded from the analysis.

We defined Medicaid-eligible children as those eligible for Medicaid in 1993 after mandated federal expansions. These expansions include (1) children 0 to 5 years old with family incomes at or below 133% of the federal poverty level and (2) children 6 to 10 years old with family incomes at or below 100% of the federal poverty level. Although not perfect, our criteria established a reasonable "core" group of Medicaid-eligible children for our analysis.

## **Results**

#### Insurance Status of Medicaid-Eligible Children

We estimate that at least 13.8 million children under 11 years old were Medicaid eligible in 1993, about 20% of all US children. These children were on Medicaid (61%), were privately insured (22%), or were uninsured (17%). As Table 1 shows, Medicaid coverage for this group rose from 48% in 1989 to 61% in 1993. Despite this, 2.3 million Medicaid-eligible children were uninsured in 1993. These children represented one quarter of the 9.3 million uninsured children in the United States and about 45% of uninsured children in their age range.

## Medicaid-Eligible Uninsured Children vs Children on Medicaid

Medicaid-eligible uninsured children differed from children on Medicaid (see Table 2). In 1993, Medicaid-eligible uninsured children were twice as likely as those on Medicaid (43% vs 20%) to have a parent working full time (the work status most likely to involve employment-based health insurance as a benefit). The majority of Medicaid-eligible uninsured children lived in two-parent families, while most children on Medicaid lived in female-headed singleparent families. Children on Medicaid and Medicaid-eligible uninsured children were disproportionately African American or Hispanic. However, a higher proportion of Medicaid-eligible children were Hispanic, and a lower proportion were African American, than were children on Medicaid.

## Medicaid-Eligible Uninsured Children as a Proportion of All Uninsured Children

By our definition, the Medicaideligible group was among the poorer segment of uninsured children and included no teens. It represented a larger percentage of uninsured children less than 6 years of age (53%) than of uninsured children 6 to 10 years of age (36%). In comparison with the parents of other uninsured children, a greater proportion of the parents of Medicaideligible uninsured children were working less than full time. A greater proportion of uninsured Hispanics (35%) and African Americans (33%) than of White non-Hispanics (18%) and others (18%) were eligible for Medicaid. A higher percentage of uninsured children of single female parents (34%) than of uninsured children in two-parent families (22%) were Medicaid eligible.

## Discussion

Many families with uninsured children are not enrolling their children in Medicaid. Low-income families may not know that their children could be eligible for Medicaid,<sup>9</sup> may avoid Medicaid, or may find enrolling difficult.<sup>10</sup> Contact through daycare centers and schools may be one way to better reach such families.<sup>11</sup> The Clinton administration's 1999 budget proposed expanding use of a \$500 million Medicaid outreach fund and, in order to enroll more children, expanding the type of organization that can determine children's presumptive eligibility.

The recently passed welfare reform law sought to protect children by continuing to mandate Medicaid eligibility for them. But children may lose coverage if states do not implement procedures to recertify them as their families' assistance status changes. As parents begin working, they may not gain access to affordable private health insurance for themselves or their children. Therefore, Medicaid will probably continue to be important for lowincome children in working families.

Through Medicaid waivers, some states (e.g., Hawaii and Tennessee) have

#### TABLE 2—Children on Medicaid, Medicaid-Eligible Uninsured Children, Uninsured Children, and Medicaid-Eligible Uninsured Children as a Percentage of All Uninsured Children, by Selected Characteristics, 1993

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	Medicaid (n = 13 656 027), % ( 95% CI)	Medicaid-Eligible Uninsured (n = 2 329 465), % (95% CI)	Uninsured (n = 9 266 892), % (95% Cl)	Medicaid-Eligible Uninsure as Percentage of Uninsured (95% Cl)	
Region		2.22.20			
Northeast	18.4 (16.4, 20.4)	12.6 (8.4, 16.7)	14.1 (11.0, 17.2)	22 (15, 29)	
Midwest	22.7 (20.5, 24.8)	12.6 (8.5, 16.8)	16.1 (12.8, 19.3)	20 (14, 26)	
South	35.1 (32.7, 37.6)	43.4 (37.2, 49.7)	42.8 (38.4, 47.1)	26 (22, 30)	
West	23.8 (21.6, 26.0)	31.4 (25.6, 37.2)	27.1 (23.1, 31.0)	29 (24, 35)	
Work status					
Full time/full year	20.1 (18.1, 22.2)	42.5 (36.3, 48.7)	61.4 (57.1, 65.7)	17 (14, 20)	
Less than full time/full year	33.0 (30.6, 35.4)	37.0 (30.9, 43.0)	27.1 (23.2, 31.1)	34 (29, 40)	
Not working	46.9(44.3, 49.5)	20.5 (15.5, 25.6)	11.5 (8.7, 14.3)	45 (36, 54)	
Family type					
Two parent	35.5 (33.1, 38.0)	57.6 (51.4, 63.8)	67.1 (62.9, 71.3)	22 (18, 25)	
Male-headed single parent	4.3 (3.2, 5.3)	5.6 (2.7, 8.4)	6.0 (3.9, 8.1)	23 (13, 34)	
Female-headed single parent	60.2 (57.6, 62.7)	36.8 (30.8, 42.8)	26.9 (23.0, 30.8)	34 (29, 40)	
Race/ethnicity					
White, non-Hispanic	40.2 (37.6, 42.7)	37.8 (31.8, 43.9)	51.7 (47.2, 56.1)	18 (15, 22)	
African American, non-Hispanic	32.4 (30.0, 34.8)	22.9 (17.7, 28.2)	17.7 (14.3, 21.0)	33 (26, 40)	
Hispanic	23.6 (21.4, 25.8)	35.8 (29.8, 41.8)	25.8 (22.0, 29.7)	35 (29, 41)	
Other	3.9(2.9, 4.8)	3.5 (1.2, 5.8)	4.8 (2.9, 6.7)	18 (7, 29)	
Age, y					
0-5	47.2 (44.6, 49.8)	62.2 (56.1, 68.2)	29.4 (27.4, 31.4)	53 (47, 59)	
6–10	26.8 (24.5, 29.1)	37.8 (31.8, 43.9)	26.2 (24.2, 28.2)	36 (30, 42)	
11–17	26.0 (23.7, 28.3)	0 (0, 0)	44.3 (42.3, 46.3)	0 (0, 0)	

*Note*. CI = confidence interval.

expanded subsidized health insurance to uninsured children or families not otherwise eligible for Medicaid while requiring families to pay part of the premium cost. Such approaches may provide a bridge to expanding health insurance coverage in the future.  $\Box$ 

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