# Characterization of $\beta_1$ - and $\beta_3$ -adrenoceptors in intact brown adipocytes of the rat

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1 The binding properties of  $\beta_1$ -,  $\beta_2$ - and  $\beta_3$ -adrenoceptors were determined in isolated brown adipocytes of the rat rather than in membrane preparations from tissue homogenates, because typical brown adipocytes represent only about 40% of the various cells present in brown adipose tissue. Binding characteristics were assessed with the hydrophilic  $\beta$ -adrenoceptor radioligand, (-)-[<sup>3</sup>H]-CGP 12177. The potent  $\beta$ -antagonist, bupranolol (100  $\mu$ M) was used to determine nonspecific binding. Characterization was essentially performed by saturation and competition studies.

2 The saturation curve of (-)-[<sup>3</sup>H]-CGP 12177 was clearly biphasic (Hill coefficient, nH = 0.57 ± 0.11, P < 0.01) indicating the presence of two different β-adrenoceptor populations of high ( $K_D = 0.24 \pm 0.04$  nM) and low ( $K_D = 80 \pm 7$  nM) affinity. The low affinity sites were more numerous ( $B_{max} = 121000 \pm 30000$  sites/cell) than the high affinity sites ( $B_{max} = 12000 \pm 1000$  sites/cell).

3 (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) was displaced by adrenaline (Ad), noradrenaline (NA), isoprenaline (Iso), phenylephrine (Phe) and by the new  $\beta_3$  agonist, CL 316 243 (CL) in a biphasic pattern. The order of potency for (-)-[<sup>3</sup>H]-CGP 12177 displacement from the small population of high affinity sites (Iso  $\gg$  NA>Ad  $\gg$  CL  $\gg$  Phe was in agreement with a  $\beta_1/\beta_2$ -classification. In contrast, the potencies of the same agonists for displacing the radioligand from the low affinity binding sites (CL  $\gg$  Iso> NA>Ad  $\gg$  Phe) revealed the presence of a distinct population of adrenoceptors obeying a  $\beta_3$ -classification. 5-HT did not displace (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) when used at concentrations as high as 0.1 mM.

4 The  $\beta$ -adrenoceptor antagonist, (-)-bupranolol, was more effective than (-)-propranolol for displacing (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) from the high ( $K_i = 0.029 \pm 0.011$  and  $0.19 \pm 0.07$  nM, respectively and low ( $K_i = 0.27 \pm 0.04 \,\mu$ M and  $1.6 \pm 0.2 \,\mu$ M, respectively) affinity binding sites. The selective  $\beta_1$ antagonist CGP 20712A efficiently displaced the radioligand from a small population ( $K_i = 65 \pm 19 \,\mu$ M) of binding sites, confirming the presence of  $\beta_1$ -adrenoceptors.

5 To evaluate whether  $\beta_2$ -adrenoceptors could be identified in the population of high affinity binding sites, displacement studies were performed at a low concentration of (-)-[<sup>3</sup>H]-CGP 12177 (4 nM) that mainly labelled  $\beta_1/\beta_2$ -adrenoceptors. ICI 118 551 (a selective  $\beta_2$ -antagonist) and procaterol (a selective  $\beta_2$ -agonist) displaced (-)-[<sup>3</sup>H]-CGP 12177 from its binding sites with very low affinity ( $K_i = 0.17 \pm 0.02 \ \mu M$  and  $K_i = 11 \pm 2 \ \mu M$  respectively).

6 From these observations, we conclude that: (1) two kinds of binding sites with low and high affinities for (-)-[<sup>3</sup>H]-CGP 12177 can be detected in intact brown adipocytes, (2) there are 10 times more low than high affinity  $\beta$ -adrenoceptors, as determined by saturation or competition curve analysis, (3) the high affinity binding sites mainly correspond to  $\beta_1$ -adrenoceptors, whereas the low affinity sites represent  $\beta_3$ -adrenoceptors, and (4)  $\beta_2$ -adrenoceptors are undetectable.

7 It is suggested that the low affinity  $\beta_3$ -adrenoceptors represent the physiological receptors for noradrenaline secreted from sympathetic nerve endings when the concentration of the neurohormone in the synaptic cleft is very high and/or when the high affinity  $\beta_1$ -adrenoceptors are desensitized by prolonged sympathetic stimulation such as chronic cold exposure.

Keywords:  $\beta_1$ -,  $\beta_2$ -,  $\beta_3$ -adrenoceptors; brown adipose tissue; (-)-[<sup>3</sup>H]-CGP 12177; CL 316 243; propranolol; bupranolol; catecholamines; CGP 20712A; adipocyte

#### Introduction

During the last decade, numerous pharmacological studies revealed the presence of atypical or  $\beta_3$ -adrenoceptors in a variety of tissues, and particularly in brown adipose tissue (BAT) (Arch *et al.*, 1984; Arch, 1989; Kaumann, 1989; Lafontan & Berlan, 1993). At present, there is little doubt that  $\beta_1$ -,  $\beta_2$ -, and  $\beta_3$ -adrenoceptors coexist in BAT. As a matter of fact, adrenoceptor mRNAs for  $\beta_1$ -,  $\beta_2$ -, and  $\beta_3$ adrenoceptors have been identified in BAT (Revelli *et al.*, 1991; Granneman, 1992; Granneman & Lahners, 1992). Studies performed with rat isolated brown adipocytes have demonstrated that  $\beta_3$ -adrenoceptor agonists are as effective as noradrenaline for maximally stimulating thermogenesis (Bukowiecki *et al.*, 1980; 1981; Atgié *et al.*, 1991). However, the physiological function of the three  $\beta$ -adrenoceptor subtypes in mediating the metabolic effects of noradrenaline *in vivo*, still remains to be defined.

The principal goal of the present studies was to characterize the properties of  $\beta_1$ -,  $\beta_2$ -, and  $\beta_3$ -adrenoceptors in intact brown adipocytes. Although the presence of  $\beta_3$ -adrenoceptors has been detected in crude membrane preparations obtained from BAT homogenates (Muzzin *et al.*, 1992), the properties of  $\beta_3$ -adrenoceptors have not yet been determined in intact adipocytes or purified plasma membranes. It is known that typical brown adipocytes represent about 40% of the total cell population in BAT, the other cellular types being

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endothelial cells forming the numerous capillaries (50%), pericytes, interstitial stem cells, preadipocytes, protoadipocytes, mast cells etc. (remaining 10%) (Bukowiecki *et al.*, 1986; Géloën *et al.*, 1988; 1990; Goglia *et al.*, 1992). To avoid contamination by other cellular types, it was decided to assess the properties of  $\beta$ -adrenoceptors in intact brown adipocytes using the hydrophilic  $\beta$ -adrenoceptor radioligand, (-)-[<sup>3</sup>H]-CGP 12177 (Staehelin *et al.*, 1983; Lacasa *et al.*, 1985; 1986; Levin & Sullivan, 1986; Mohell & Dicker, 1989).

#### Methods

#### Animals

Female Sprague-Dawley rats weighing 250-300 g were kept at 27°C for at least 2 weeks with a photoperiod of 12L:12D and fed Purina Chow ad libitum. Brown adipocytes were isolated, essentially as previously described (Bukowiecki et al., 1981), from pooled interscapular BAT from 3 rats killed at 09 h 00 min. Briefly, cleaned pieces of tissue (about 1 g) were incubated for 15 min in a 2.5 ml Krebs-Ringerbicarbonate buffer (KRB) (pH 7.4, gassed for 30 min with a 95% O<sub>2</sub>:5% CO<sub>2</sub>) containing bovine serum albumin (1%), glucose (2.7 mM), HEPES (20 mM) and collagenase (10 mg), with a shaking frequency of 160 cycles per min. At the end of the digestion period, the cells were filtered through a nylon filter (500 µm), diluted in 10 ml of buffer and centrifuged (80 g) at room temperature for 5 min. The floating cells were filtered again through a filter (200 µm) and centrifuged following the same procedure. The isolated adipocytes were finally washed twice with 3 ml of KRB and counted in a haemacytometer after trypan blue staining.

#### Saturation binding experiments

(-)-[<sup>3</sup>H]-CGP 12177 was chosen for our binding assays because we found, in preliminary experiments, that it had a very low octanolic/aqueous partition coefficient  $(0.29 \pm 0.01)$ compared to the classical  $\beta$ -adrenoceptor radioligand, [<sup>125</sup>I]iodocyanopindolol (24.63  $\pm$  1.30), confirming previous observations (Lafontan et al., 1987). In addition, binding at 25°C was rapid, saturable, proportional to cell concentration, and was not displaced by 0.1 mM phenylephrine (an a-agonist) or 5-hydroxytryptamine (5-HT), confirming previous observations (Levin & Sullivan, 1986; Staehelin et al., 1983; Lacasa et al., 1985; Mauriège et al., 1988). The isolated fat cells were preincubated at 37°C for 15 min in a KRB buffer containing  $(1^{-1})$ : glucose 1 g, bovine serum albumin 5.5 g, chloroquine 10 mg (to inhibit ligand uptake and internalization), ascorbic acid 0.1, pargyline 10 mg, catechol 34 mg (to minimize the degradation of catecholamines) and GTP 60 mg (to convert all the  $\beta$ -adrenoceptors into a low affinity state), pH 7.4 (Lafontan et al., 1987; Levitzki, 1986). The cells were then washed with the binding buffer and about  $1-1.5 \times 10^5$  cells were incubated 30 min with different concentrations of (-)-[<sup>3</sup>H]-CGP 12177 ranging from 0.1 to 130 nM in a final volume of 160 µl, essentially as described by Marette et al. (1993). However, in this study, we used the potent  $\beta$ adrenoceptor antagonist, bupranolol ( $100 \mu M$ ) (rather than propranolol) to assess nonspecific binding (see below). Incubation was stopped by adding 2 ml of ice-cold NaCl (0.9%) solution and followed by rapid vacuum filtration of the suspension through Whatmann GF/C filters placed on a Millipore manifold. The filters were then washed twice with 10 ml portions of an ice-cold NaCl solution. Radioactivity retained on filters was counted in 4 ml of scintillation liquid (Ecolite, ICN) with a beta counter at 35% efficiency.

#### Competition binding experiments

Cells  $(1-1.5 \times 10^5)$  were incubated at 25°C for 30 min with (-)-[<sup>3</sup>H]-CGP 12177 (4 or 25 nM) in the presence of various

agonists and antagonists. The radioligand was used either at a concentration of 4 nM to label preferentially the high affinity binding sites or at a concentration of 25 nM to recruit both the high and low affinity sites. At these concentrations, nonspecific binding assessed with 100  $\mu$ M bupranolol represented about 13% and 32% of total binding, respectively. The values of nonspecific binding determined by Ligand programme analysis, when nonspecific binding was allowed to float, were similar to those determined with 100  $\mu$ M bupranolol.

#### Data analysis

The EBDA programme was used to determine the Hill coefficient (n<sub>H</sub>) and to generate a first approximation of the dissociation constant  $(K_D)$  (saturation analysis), the inhibition constant  $(K_i)$  (competition analysis) and the maximum number of binding sites  $(B_{\text{max}})$ . Then, the data were analysed by the non-linear curve fitting Ligand programme (Munson & Rodbard, 1980) to determine the final  $K_D$ ,  $K_i$  and  $B_{max}$ values. The statistical method based on the 'extra sum of squares' principle (Munson & Rodbard, 1980) given by the Ligand programme was used to determine whether the curves were best fitted by a one- or two-site model. In saturation experiments, the nonspecific binding determined with bupranolol (100 µM) was fixed and all other constants were allowed to float. In competition studies, the  $K_D$  of the radioligand for high and low affinity sites were fixed as well as nonspecific binding determined with 100 µM bupranolol. Other constants were allowed to float. The dissociation constant of the different displacing drugs  $(K_i)$  were directly given by the Ligand programme. In all tables and figures, values represent means  $\pm$  s.e. of 3-5 individual experiments per-formed on separate occasions. The horizontal dotted line in the figures represents the mean value of the nonspecific binding determined with 100 µM bupranolol and the shaded areas correspond to the s.e. (n = 5).

#### Drugs and chemicals

(-)-Noradrenaline bitartrate, (-)-adrenaline bitartrate, 5-HT, phenylephrine, bovine serum albumin (fraction IV) and collagenase (type II) were obtained from Sigma Chemicals Co. (St-Louis, MO, U.S.A.). GTP was purchased from Boehringer Mannheim (Laval, Québec, Canada) and (-)-[<sup>3</sup>H]-CGP 12177 ((-)-4-(3-t-butylamino-2-hydroxypropoxy)- $[5,7-^{3}H]$  benzimidazol-2-1)) (specific activity = 43 Ci mmol<sup>-1</sup>) was obtained from Amersham (Oakville, Ontario, Canada). (-)-Propranolol and (-)-isoprenaline were purchased from RBI Biochemicals Inc. (Natick, MA, U.S.A.); CL 316 243 (disodium (R,R)-5-[2-[[2-(3-chlorophenyl)-2-hydroxyethyl]-amino]propyl]-1,3-benzodioxole-2,2-dicarboxylate) and (-)-bupranolol were kindly provided by Dr T.H. Claus (American Cyanamid Company, Lederle Laboratories, Pearl River, NY, U.S.A.) (Bloom et al., 1992) and by Dr M. Lafontan (Université Paul Sabatier, Toulouse, France), respectively. The following compounds were provided as generous gifts: ICI 118 551 (erythro-(±)-1-(7-methyllindane-4-yloxy)-3-isopropylaminobutane-2-olhydrochloride) from ICI Pharmaceuticals (Mississauga, Canada) and CGP 20712A  $((\pm)-(2-(3-carbomoy)-4-trifluormethy)-2-imidazoly)-phenoxy)-$ 2-propanolmethanesulphonate) from Ciba-Geigy (Mississauga, Canada). Procaterol (OPC-2009) (5-(1-hydroxy-2isopropylaminobutyl)-8-hydrocarbostyril hydrochloride hemihydrate) (Yabuuchi et al., 1977) was kindly provided by Otsuka Pharmaceuticals (Tokushima, Japan).

#### Results

#### Saturation binding studies

Saturation binding experiments with increasing concentrations of (-)-[<sup>3</sup>H]-CGP 12177 ranging from 0.1 to 130 nM

revealed that the saturation curve was clearly biphasic (Figure 1). The first saturation appeared around 3 nM (see inset of Figure 1). Scatchard plots of the data in Figure 1 were curvilinear indicating that  $(-)-[^{3}H]$ -CGP 12177 bound to at least two classes of receptors (Figure 2). EBDA/Ligand analysis clearly indicated that the two-site model was more appropriate than the one-site model (P < 0.01). Moreover, the Hill coefficient ( $n_{\rm H} = 0.57 \pm 0.11$ ) confirmed the presence of two different binding sites (Table 1). The low affinity adrenoceptors ( $K_{\rm D} = 80$  nM) were approximately 10 times more numerous than the high affinity adrenoceptors ( $K_{\rm D} = 0.24$  nM).

#### Competition binding studies with adrenoceptor agonists

Displacement curves were performed with concentrations of (-)-[<sup>3</sup>H]-CGP 12177 fixed at 25 nM in order to label the high and low affinity binding sites. The capacity of isoprenaline, noradrenaline and adrenaline for displacing (-)-[<sup>3</sup>H]-CGP 12177 from its binding sites was compared with that of a new selective  $\beta_3$ -agonist, CL 316 243 (Figure 3). All displacement curves of (-)-[<sup>3</sup>H]-CGP 12177 were best fitted to a two-site



Figure 1 Saturation curve of (-)-[<sup>3</sup>H]-CGP 12177 specific binding to intact brown adipocytes. Binding assays were performed as described in Methods. The inset amplifies the first saturation of high affinity sites from 0.10 to 2.5 nM of (-)-[<sup>3</sup>H]-CGP 12177. The graph is from one representative experiment. The Hill coefficient  $(n_H)$ , the dissociation constants  $(K_D)$  of the low and high affinity binding sites and the corresponding number of binding sites  $(B_{max})$  calculated from 5 individual experiments are given in Table 1.



Figure 2 Scatchard analysis of the saturation curve presented in Figure 1. The biphasic plot (P < 0.01) confirms the presence of at least two distinct populations of high ( $0.24 \pm 0.04$  nM) and low ( $80 \pm 7$  nM) affinity binding sites (n = 5).

model ( $P \le 0.01$ ) with Hill coefficients smaller than 1 (Tables 2 and 3, Figures 3 and 4). Low concentrations of CL 316 243 (0.1-20 nM) displaced (-)-[<sup>3</sup>H]-CGP 12177 with high efficiency from a predominant population of binding sites, whereas low concentrations of isoprenaline, noradrenaline or adrenaline displaced the radioligand from a minor population of sites. The results indicated that the major population of  $\beta_3$ -adrenoceptors had a much higher affinity for CL 316 243 than for catecholamines (a difference of 3-4 orders of magnitude), whereas the contrary was observed for the minor population of adrenoceptors. Phenylephrine, an  $\alpha$ -adrenoceptor agonist and 5-HT did not displace (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) even when used at concentrations as high as 0.1 mM (data not shown).

### Competition binding studies with an adrenoceptor antagonist

In order to characterize better the high affinity binding sites, competition experiments were performed with the selective  $\beta_1$ -antagonist, CGP 20712A. The displacement curve was biphasic with high (65 ± 19 pM) and low (3.8 ± 0.9  $\mu$ M)  $K_{is}$ ,

 Table 1
 Pharmacological characteristics of (-)-[<sup>3</sup>H]-CGP

 12177
 binding sites in intact rat brown adipocytes

	Dissociation constant K <sub>D</sub> (пм)	Number of sites B <sub>max</sub> (× 10 <sup>3</sup> sites/cell)
High affinity sites	$0.24 \pm 0.04$	12 ± 1
Low affinity sites	$80 \pm 7$	121 ± 30

Saturation experiments were performed with intact brown adipocytes in a range of concentrations of  $(-)-[^3H]$ -CGP 12177 from 0.1 to 130 nm. The data were analysed by Scatchard transformation of the saturation curves by the EBDA/Ligand programme to determine the dissociation constant  $(K_D)$  and maximal number of binding sites  $(B_{max})$ . Values represent the mean  $\pm$  s.e. of 5 individual experiments. The Hill coefficient  $(n_H)$  was  $0.57 \pm 0.11$  (P < 0.01).



Figure 3 Displacement curves of (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) by isoprenaline (O) or by the selective  $\beta_3$ -agonist CL 316 243 ( $\textcircled{\bullet}$ ). EBDA/Ligand analysis showed that biphasicity of both curves was statistically significant (P < 0.01). The Hill coefficient  $(n_{\rm H})$  of the displacement curves, the inhibition constants ( $K_1$ ) and the corresponding number of binding sites ( $B_{\rm max}$ ) are given in Tables 2 and 3. The values represent the mean  $\pm$  s.e. of 3-5 individual experiments. Symbols without s.e. bars indicate that the s.e. is smaller than the diameter of the circle.

**Table 2** Binding characteristics of different  $\beta$ -adrenoceptor drugs for  $\beta_1$ -adrenoceptors in rat intact brown adipocytes

		haracteristics		
Drugs	Hill coefficients n <sub>H</sub>	Inhibition constant K <sub>i</sub> (nM)	Inhibition constant pK <sub>i</sub>	Number of sites $B_{max}$ (× 10 <sup>3</sup> sites per cell)
Agonists				
Isoprenaline	$0.41 \pm 0.10$ (P<0.01)	$0.044 \pm 0.008$	10.4	$8.7 \pm 2.1$
Noradrenaline	$0.33 \pm 0.10$ (P<0.01)	$0.47\pm0.16$	9.3	$12 \pm 3$
Adrenaline	$0.41 \pm 0.13$ (P<0.01)	$2.0 \pm 0.8$	8.6	$9.5 \pm 1.3$
CL 316 243	$0.73 \pm 0.06$ (P<0.01)	3600 ± 1300	5.4	$10 \pm 1$
Antagonists				
CGP 20712A	$0.37 \pm 0.04$ (P < 0.01)	$0.065 \pm 0.019$	10.2	$13 \pm 3$
Bupranolol	$0.42 \pm 0.11$ (P < 0.01)	$0.029 \pm 0.011$	10.5	13 ± 1
Propranolol	$0.46 \pm 0.01$ (P<0.01)	$0.19\pm0.07$	9.7	$10 \pm 1$

Competition studies were performed with intact brown adipocytes using a (-)-[<sup>3</sup>H]-CGP 12177 concentration of 25 nM. Inhibition constants ( $K_i$ ) and Hill coefficients ( $n_H$ ) were evaluated by the EBDA/Ligand programme as described under Methods. Values represent the mean  $\pm$  s.e. of 3-5 individual experiments.

Table	3	Binding	character	istio	cs of d	iffer	ent $\beta$ -ac	irenocept	or
drugs	for	β <sub>3</sub> -adren	oceptors	in	intact	rat	brown	adipocyt	es

Drugs	Inhibition constant К <sub>i</sub> (µм)	Inhibition constant pK <sub>i</sub>	Number of sites $B_{max}$ (× 10 <sup>3</sup> sites per cell)
Agonists			
CL 316 243	$0.015 \pm 0.004$	7.8	$71 \pm 12$
Isoprenaline	$29 \pm 10$	4.5	131 ± 5
Noradrenaline	56 ± 3	4.2	$157 \pm 14$
Adrenaline	91 ± 10	4.0	$225 \pm 14$
Antagonists			
Bupranolol	$0.27 \pm 0.04$	6.5	$51 \pm 11$
Propranolol	$1.6 \pm 0.2$	5.7	49 ± 5
CGP 20712A	3.8 ± 0.9	5.4	$119 \pm 21$

The experimental conditions and the Hill coefficients were the same as in Table 2.

attesting that the high affinity binding sites correspond to  $\beta_1$ -adrenoceptors (Figure 5, Tables 2 and 3).

Although several selective  $\beta_3$ -agonists are now available, selective  $\beta_3$ -antagonists are still lacking, at least for the moment. However, it has been reported that bupranolol is more efficient than propranolol for inhibiting the lipolytic effects of noradrenaline in brown and white adipocytes and it has been suggested that this drug may act as a  $\beta_3$ -antagonist (Lafontan & Berlan, 1993; Simard et al., 1994). Therefore, we compared the potency of bupranolol and propranolol for displacing (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) from its low and high affinity binding sites. Displacement curves, in both cases, were complex with Hill coefficients smaller than 1, indicating a multiple receptor interaction. The presence of two populations of binding sites was confirmed by EBDA-Ligand analysis (Figure 6, Tables 2 and 3). Bupranolol was more efficient than propranolol for displacing (-)-[<sup>3</sup>H]-CGP 12177 from its high affinity binding sites ( $K_i = 0.029 \pm 0.011$ nM and  $0.19 \pm 0.07$  nM, P < 0.01, unpaired t test). The affinities of bupranolol and propranolol for the second population of adrenoceptors were much lower but bupranolol was still more efficient than propranolol for displacing the radioligand  $(K_i = 0.27 \pm 0.04 \,\mu\text{M} \text{ and } 1.6 \pm 0.2 \,\mu\text{M},$  $P \le 0.01$ , unpaired t test). Thus, CGP 20712A, bupranolol and propranolol all displaced with high affinity  $(-)-[^{3}H]$ -



Figure 4 Displacement curves of (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) by noradrenaline (O) or by adrenaline ( $\oplus$ ). EBDA/Ligand analysis showed that biphasicity of both curves was statistically significant (P < 0.01). The Hill coefficient ( $n_{\rm H}$ ) of the displacement curves, the inhibition constants ( $K_i$ ) and the corresponding number of binding sites ( $B_{\rm max}$ ) are given in Tables 2 and 3. For other details see Figure 3.

CGP 12177 from the small population of binding sites. However, propranolol and bupranolol generated displacement curves without an apparent transition between the high and low affinity binding sites (Figure 6), whereas the displacement curve obtained with CGP 20712A was clearly biphasic. The higher affinity of CGP 20712A for  $\beta_1$ -adrenoceptors could explain that difference.

#### Competition studies with selective $\beta_2$ -adrenoceptor agents

To assess whether  $\beta_2$ -adrenoceptors could be detected in the population of high affinity binding sites, the capacity of two selective  $\beta_2$ -agents, ICI 118 551 (an antagonist) and procaterol (an agonist), for displacing  $(-)-[^3H]$ -CGP 12177 was evaluated (Figure 7). A reduced concentration of  $(-)-[^3H]$ -CGP 12177 (4 nM) was used to label preferentially the high



Figure 5 Displacement curve of (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) by the selective  $\beta_1$ -antagonist, CGP 20712A. EBDA/Ligand analysis showed that the curve was best fitted to a two-site model (P < 0.01). The Hill coefficient (n<sub>H</sub>) of the displacement curves, the inhibition constants ( $K_i$ ) and the corresponding number of binding sites ( $B_{max}$ ) are given in Tables 2 and 3. For other details see Figure 3.



Figure 6 Displacement curve of (-)-[<sup>3</sup>H]-CGP 12177 (25 nM) by the nonselective  $\beta$ -antagonists propranolol (O) and bupranolol ( $\bigcirc$ ). EBDA/Ligand analysis showed that biphasicity of both curves was statistically significant (P < 0.01). The Hill coefficient ( $n_{\rm H}$ ) of the displacement curves, the inhibition constants ( $K_i$ ) and the corresponding number of binding sites ( $B_{\rm max}$ ) are given in Tables 2 and 3. For other details see Figure 3.

affinity binding sites (see inset of Figure 1). ICI 118 551 and procaterol displaced (-)-[<sup>3</sup>H]-CGP 12177 only at very high concentrations with elevated  $K_i$  values  $(0.17 \pm 0.02 \,\mu\text{M}$  and  $11 \pm 2 \,\mu\text{M}$ , respectively). Radioligand binding analysis revealed that the displacement curves for both ICI 118 551 and procaterol were best fitted to a one-site model (P < 0.01). The  $B_{\text{max}}$  values (12 000  $\pm 2$  000 and 22 000  $\pm 4$  000 sites per cell for procaterol and ICI 118 551) were within the same range of values as the high affinity  $B_{\text{max}}$  obtained from saturation studies with (-)-[<sup>3</sup>H]-CGP 12177 (Figures 1, 2 and Table 1). Thus,  $\beta_2$ -adrenoceptors were not detectable.

#### Discussion

The main objective of the present studies was to characterize the properties of  $\beta$ -adrenoceptors in intact brown adipocytes.



**Figure 7** Displacement curve of (-)-[<sup>3</sup>H]-CGP 12177 (4 nM) by the selective  $\beta_2$ -antagonist, ICI 118 551 ( $\bigoplus$ ) and the selective  $\beta_2$ -agonist procaterol (O). EBDA/Ligand analysis showed that the data best fitted to a one-site model (P < 0.01). The Hill coefficient ( $n_H$ ) of the displacement curves, the inhibition constants ( $K_i$ ) and the corresponding number of binding sites ( $B_{max}$ ) are given in Table 4.

Histological cellular frequency studies have demonstrated that typical brown adipocytes represent about 40% of the total cell population in BAT (Géloën *et al.*, 1988). Endothelial cells forming the numerous capillaries surrounding brown adipocytes occupy another 50%, the remaining 10% being distributed between interstitial stem cells, protoadipocytes, preadipocytes, mast cells etc. It is likely that the distribution of  $\beta$ -adrenoceptors differs among these cellular types and that it changes during BAT growth, cold acclimatization, etc. Vascular tissue contains both  $\beta_1$ - and  $\beta_2$ -adrenoceptors (Aikawa & Akatsuka, 1990; Zink *et al.*, 1993) and may represent a major contaminant in membrane preparations obtained from whole tissue homogenates.

Previous studies, performed with membrane preparations obtained from tissue homogenates, have used radioligands such as  $(-)-[^{3}H]$ -dihydroalprenolol or  $(-)-[^{125}I]$ -cyanopindolol to determine the properties of *β*-adrenoceptor-binding sites (Bukowiecki et al., 1978; Dax & Partilla, 1982; Senault et al., 1984; Raasmaja, 1990; Langin et al., 1991; Galitzky et al., 1993b). However, these two radioligands were inadequate for quantifying  $\beta$ -adrenoceptors in intact cells due to their high lipophilicity. Therefore, we chose the highly hydrophilic radioligand (-)-[<sup>3</sup>H]-CGP 12177 (octanolic/aqueous partition coefficient =  $0.29 \pm 0.01$ ) to analyses the properties of  $\beta$ adrenoceptors in intact brown adipocytes. (-)-[<sup>3</sup>H]-CGP 12177 has been used successfully for quantifying  $\beta_1$ - and  $\beta_2$ -adrenoceptors in intact rat and human adipocytes (Lacasa et al., 1985; 1986; Lafontan et al., 1987; Levin & Sullivan, 1986; Mauriège et al., 1988; Mohell & Dicker, 1989; Marette et al., 1993), but it is the first time that it has been used for characterizing the properties of  $\beta_3$ -adrenoceptors in isolated brown adipocytes. In addition, nonspecific binding was determined with the potent  $\beta$ -antagonist bupranolol (Kaumann, 1989). Bupranolol is 10 times more potent than propranolol for inhibiting the lipolytic effects of  $\beta_3$ -agonists in white (Lafontan & Berlan, 1993) and brown (Simard et al., 1994) adipocytes.

Both saturation (Figures 1 and 2) and competition (Figures 3-7) studies revealed that the low affinity  $\beta_3$ -adrenoceptors predominate over the high affinity  $\beta_1$ -adrenoceptors in brown adipocytes and that  $\beta_2$ -adrenoceptors are undetectable. Adrenoceptor agonists displaced (-)-[<sup>3</sup>H]-CGP 12177 from its high affinity sites with a potency order typical of  $\beta_1$ -adrenoceptors: isoprenaline $\gg$  noradrenaline>

adrenaline  $\gg$  CL 316 243  $\gg$  phenylephrine (Table 2 and Figures 3-6) (Mohell & Nedergaard, 1989). Likewise, the same agents displaced the radioligand from the low affinity sites with a potency order corresponding to  $\beta_3$ -adrenoceptors: CL 316 243  $\gg$  isoprenaline > noradrenaline > adrenaline  $\gg$ phenylephrine (Table 3 and Figures 3 and 4) (Fève *et al.*, 1991). Furthermore, the  $K_D$  values of the high affinity  $\beta_1$ adrenoceptors (0.24 nM) and low affinity  $\beta_3$ -adrenoceptors (80 nM) for (-)-[<sup>3</sup>H]-CGP 12177 (Table 1) were in the same range of values as the corresponding  $K_D$  observed in CHO cells expressing the rat  $\beta_3$ -adrenoceptor (Muzzin *et al.*, 1992), in 3T3-F442A adipocytes (Fève *et al.*, 1991), in BAT homogenates (Muzzin *et al.*, 1992), and in garden dormouse white adipocytes (Carpéné *et al.*, 1994).

It may be argued that the  $K_i$  values for catecholamines (Table 2) are higher than those previously reported for  $\beta_1$ -adrenoceptors (Levin & Sullivan, 1986; Mohell & Nedergaard, 1989; Raasmaja, 1990). However, most of the past studies have been performed on membranes (and not on cells) and generally used concentrations of displacing drugs ranging from  $10^{-9}$  to  $10^{-4}$  M (and not  $10^{-12}$  to  $10^{-4}$ ) in the presence of concentrations of radioligand that bound  $\beta_1$ -,  $\beta_2$ - and probably  $\beta_3$ -adrenoceptors. Under these conditions, the  $K_i$  values represent a mean of the  $K_i$ s for the three  $\beta$ -adrenoceptor subtypes. In fact, we also found, in preliminary experiments, that the  $K_i$  value for noradrenaline is in the  $10^{-7}$  M range using membranes and [ $^{125}$ I]-cyanopindolol (200 pM), but we believe that this is an overestimation for the above reasons.

Noradrenaline displaced (-)-[<sup>3</sup>H]-CGP 12177 from  $\beta_3$ adrenoceptors with low affinity ( $K_i = 56 \,\mu$ M), suggesting that it may stimulate thermogenesis in BAT via both the high ( $\beta_1$ ) and low affinity ( $\beta_3$ ) receptors. It is clear that the  $\beta_3$ adrenoceptors will be recruited only at very high noradrenaline concentrations because noradrenaline affinity for  $\beta_1$ -adrenoceptors is several fold greater than for  $\beta_3$ adrenoceptors (Tables 2 and 3). This marked difference in binding affinities agrees with the difference in noradrenaline capacity for stimulating adenylate cyclase activity, lipolysis or respiration via the high and low affinity receptors (Granneman, 1990; Atgié *et al.*, 1991; 1994; Simard *et al.*, 1994).

It has been reported in functional studies that bupranolol is 10 times more potent than propranolol for inhibiting the lipolytic effects of  $\beta_3$ -agonists (Lafontan & Berlan, 1993; Simard *et al.*, 1994). The displacement curves described in Figure 6 also showed that bupranolol is a better  $\beta$ -antagonist than propranolol. The  $K_i$  values of burpanolol and propranolol are comparable to the  $K_i$  or pA<sub>2</sub> values reported in literature (Muzzin *et al.*, 1992; Galitzky *et al.*, 1993a).

In order to evaluate further the proportion of  $\beta_1$ - over  $\beta_2$ -adrenoceptors, competition studies were carried out with a  $\beta_2$ -antagonist (ICI 118 551) and a  $\beta_2$ -agonist (procaterol). These experiments revealed that the high affinity  $\beta$ -adrenoceptor binding sites for  $(-)-[{}^3H]$ -CGP 12177 mainly represented  $\beta_1$ -adrenoceptors because  $\beta_2$ -selective drugs were not effective in displacing the radioligand from its binding sites (Figure 7 and Table 4). The presence of  $\beta_2$ -

adrenoceptors (30-50% of total  $\beta$ -adrenoceptors) was detected in previous studies performed with membranes obtained from whole tissue homogenates (Rothwell *et al.*, 1985; Sillence *et al.*, 1993). However, in the whole tissue homogenate preparations, brown adipocyte plasma membranes were mixed with membranes from endothelial cells and other cellular types present in BAT (Géloën *et al.*, 1988). This may represent a problem for the quantification of  $\beta_2$ adrenoceptors in brown adipocytes because it is known that vascular tissue contains both  $\beta_1$ - and  $\beta_2$ -adrenoceptors (Aikawa & Akatsuka, 1990; Zink *et al.*, 1993).

Two other observations suggest that  $\beta_2$ -adrenoceptors play a minor role in mediating thermogenesis in brown adipocytes. First, very high concentrations  $(10^{-5}-10^{-4} \text{ M})$  of the selective  $\beta_2$ -agonist procaterol are required to stimulate thermogenesis in isolated brown adipocytes (Atgié et al., 1994). These concentrations are  $10^2 - 10^3$  times higher than those required to stimulate thermogenesis maximally in isolated brown adipocytes by noradrenaline  $(10^{-7} \text{ M})$  or by the selective  $\beta_3$ -agonist BRL 37344 (10<sup>-8</sup> M) (Bukowiecki et al., 1980; 1981; Atgié et al., 1991; 1994). Second, the  $\beta_2$ -adrenoceptor antagonist, ICI 118 551, is only a weak inhibitor of the lipolytic or respiratory effects of noradrenaline. Thus, the present binding data as well as our recent respiratory studies suggest that  $\beta_2$ -adrenoceptors are much less important than  $\beta_1$ - or  $\beta_2$ adrenoceptors for mediating the respiratory effects of noradrenaline in rat brown adipocytes.

The observation that the low affinity  $\beta_3$ -adrenoceptors predominate over the high affinity  $\beta_1$ -adrenoceptors also agrees with previous binding studies performed with unfractionated membranes (Muzzin *et al.*, 1992; Sillence *et al.*, 1993). The relative proportion of  $\beta_3$ -adrenoceptors over  $\beta_1$ adrenoceptors is slightly higher in the present studies conducted with intact brown adipocytes (Tables 2 and 3). However, as discussed above, membranes prepared from tissue homogenates may contain  $\beta_1/\beta_2$ -adrenoceptors from vascular origin that would decrease the apparent value of the ratio  $\beta_3$ - over  $\beta_1/\beta_2$ -adrenoceptors.

An important question that remains to be solved concerns the physiological concentrations of noradrenaline required to elicit metabolic responses in BAT. Cold exposure increases plasma noradrenaline levels from approximately 1 nM (basal values in conscious undisturbed rats at room temperature) to 3-10 nM, depending on the temperature of exposure (Depocas & Behrens, 1978; Liu et al., 1994). However, it is likely that much higher concentrations of noradrenaline occur between the sympathetic nerve varicosities and brown adipocyte plasma membrane, particularly after intensive stress. Unlike white adipose tissue, BAT is densely innervated with sympathetic nerves that run, not only along the capillaries, but also between the individual adipocytes (Cottle et al., 1985). Indirect evidence suggests that concentrations of noradrenaline as high as 100 nm may occur in the synaptic cleft (Depocas et al., 1978). One hundred nanomolar is approximately the noradrenaline concentration that is required to stimulate thermogenesis maximally in isolated brown adipocytes (Bukowiecki et al., 1980; 1981). On the

**Table 4** Binding characteristics of different  $\beta_2$ -adrenoceptor agents for high affinity  $(-)-[^3H]$ -CGP 12177 binding sites in rat intact brown adipocytes

		Binding characteristics				
Drugs	Hill coefficients n <sub>H</sub>	Inhibition constant K <sub>i</sub> (μΜ)	Inhibition constant pK <sub>i</sub>	Number of sites $B_{max}$ (× 10 <sup>3</sup> sites per cell)		
ICI 118 551	$0.99 \pm 0.11$ (P < 0.01)	$0.17\pm0.02$	6.7	$22 \pm 2$		
Procaterol	$0.85 \pm 0.28$ (P<0.01)	11 ± 2	4.9	$12 \pm 2$		

Competition studies were performed with intact brown adipocytes using a  $(-)-[^{3}H]$ -CGP 12177 concentration of 4 nm. Other experimental conditions were the same as in Table 2.

other hand, it is known that  $\beta_1$ -adrenoceptors may be desensitized (internalized or down-regulated) by chronic cold exposure (Bukowiecki et al., 1978) or prolonged exposure to  $\beta$ -agonists (Granneman, 1992). In contrast,  $\beta_3$ -adrenoceptors are particularly resistant to catecholamine-induced desensitization (Granneman, 1992; Carpéné et al., 1993). It should also be pointed out that the affinity of  $\beta_3$ -adrenoceptors for noradrenaline is of the same order of magnitude as the affinity of receptors for neurotransmitters such as acetylcholine (10-100 µM) (Changeux, 1987). All these observations suggest that  $\beta_3$ -adrenoceptors represent the physiological receptors for noradrenaline secreted from sympathetic nerve endings, i.e. when the concentration of the

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neurohormone in the synaptic cleft is high and/or when the high affinity  $\beta_1$ -adrenoceptors are desensitized by prolonged sympathetic stimulation. In this context, the main role of the high affinity  $\beta_1$ -adrenoceptors would be to mediate the effects of circulating noradrenaline (at low nanomolar levels). Further studies are required to test these hypotheses directly.

This study was supported by a research grant from the Medical Research Council of Canada, a post-doctoral fellowship (C.A.) and two summer fellowships (F.D'A. and P.-M.S.) from the 'Association du Diabète du Québec'. The valuable technical assistance of Fleurette Pérusse is gratefully acknowledged.

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(Received June 13, 1994 Revised August 22, 1994 Accepted September 15, 1994)