# Nitric oxide, and not vasoactive intestinal peptide, as the main neurotransmitter of vagally induced relaxation of the guinea pig stomach

'\*K.M. Desai, tT.D. Warner, tA.E. Bishop, tJ.M. Polak & tJ.R. Vane

\*Department of Pharmacology, Boyer Center for Molecular Medicine, Yale University, Box 9812, <sup>295</sup> Congress Avenue, New Haven, CT 06536-0812, U.S.A; tWilliam Harvey Research Institute, St. Bartholomew's Hospital Medical College, Charterhouse Square, London ECIM 6BQ and tDepartment of Histochemistry, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 ONN

<sup>1</sup> Nitric oxide synthase (NOS) was localized in the guinea pig stomach by immunocytochemistry. In vitro experiments were carried out on the isolated stomach of the guinea pig to study any possible links between nitric oxide (NO) and vasoactive intestinal peptide (VIP) in mediating relaxations induced by vagal stimulation.

<sup>2</sup> NOS was localized to nerve cell bodies and nerve fibre varicosities of the myenteric plexus in wholemounts of the longitudinal muscle-myenteric plexus of the stomach fundus. The NOS-positive cells had a Dogiel type <sup>I</sup> morphology characteristic of motor neurones.

3 The cross-sections of the stomach wall showed NOS-positive neurones mainly in the myenteric plexus ganglia and NOS-positive nerve fibre varicosities in the circular muscle layer.

4 Relaxations induced by vagal stimulation were almost completely prevented by L-NAME with an IC<sub>50</sub> value of  $5.5 \times 10^{-6}$ M. This inhibition was reversed by L-arginine (2 mM).

5 VIP (100nM) induced reproducible relaxations of the stomach. These were unaffected by tetrodotoxin (2 $\mu$ M) or N<sup>w</sup>-nitro-L-arginine methyl ester (L-NAME, 100 $\mu$ M).

6 Desensitization to the relaxant effect of VIP partially reduced relaxations induced by vagal stimulation, glyceryl trinitrate or sodium nitroprusside but not noradrenaline.

<sup>7</sup> These results show that NO has <sup>a</sup> neuronal origin in the guinea pig stomach, and support NO, and not VIP, as the major neurotranmitter of vagally induced gastric relaxation in the guinea pig.

Keywords: Nitric oxide; vasoactive intestinal peptide; myenteric plexus; NANC mediator; guinea pig stomach

## Introduction

Nitric oxide (NO) is an inhibitory non-adrenergic, noncholinergic (NANG) mediator at various sites in the gastrointestinal (GI) tract and is widely believed to be released from neurones (Gillespie et al., 1989; Gibson et al., 1990; Li & Rand, 1990; Desai et al., 1991a,b; Boeckxstaens et al., 1992; Meulemans *et al.*, 1993). This has been confirmed in a number of studies by immunocytochemical localization of nitric oxide synthase (NOS), the enzyme catalysing the formation of NO from endogenous L-arginine, to neurones of the myenteric plexus in the guinea pig and rat ileum, rat stomach, duodenum, canine proximal colon and the human gut (Bredt et al., 1990; Schmidt et al., 1992; Springall et al., 1992; Ward et al., 1992; Forster & Southam, 1993). In the guinea pig ileum, NOS-immunoreactive neurones in the myenteric plexus synapse with other neurones and innervate the circular muscle (Llewellyn-Smith et al., 1992). In the rat duodenum and canine proximal colon the NOS-positive neurones have a Dogiel type <sup>I</sup> morphology and axons going towards the muscle, which is characteristic of motor neurones (Ward et al., 1992; Aimi et al., 1993). In addition, NOS has been localized to the vagal efferent fibres innervating the rat stomach (Forster & Southam, 1993). Histochemistry also suggests that NO is <sup>a</sup> neurotransmitter with paraneuronal actions in the brain (Schmidt et al., 1992), and recently NO release has been shown from isolated ganglia of the myenteric plexus of the guinea pig ileum (Grider & Jin, 1993). Thus, NO is now established as <sup>a</sup> neurotransmitter in the brain and the periphery. Vasoactive intestinal peptide

(VIP) has also been proposed as a mediator of gastric relaxation in the guinea pig, rat, cat and ferret (Grider et al., 1985; De Beurme & Lefebvre, 1988; D'Amato et al., 1988, 1992; Kamata et al., 1988; Grundy et al., 1993). For instance, electrical field stimulation of muscle strips from the guineapig and rat gastric fundus causes release of VIP-like immunoreactivity (Grider & Makhlouf, 1987; D'Amato et al., 1992). It has also been suggested that VIP and NO are co-transmitters of gastric relaxation in the guinea pig, rat and ferret (Li & Rand, 1990; Boeckxstaens et al., 1992; Grider et al., 1992; Said, 1992; Grider & Jin, 1993; Grundy et al., 1993) and internal anal sphincter in the opossum (Chakder & Rattan, 1993). One possibility is that VIP acts partly through stimulation of NO formation, as has been suggested in the smooth muscle cells of the guinea pig stomach (Grider et al., 1992). To examine this possibility we have localized NOS by immunocytochemistry to confirm that it is present in neurones and determined if there is any involvement of VIP in mediating vagally induced relaxation of the guinea pig stomach.

Some of the results of this study were reported earlier to the British Pharmacological Society as an abstract (Desai et al., 1993).

#### Methods

#### Immunocytochemical studies

These studies were carried out on wholemount preparations of the longitudinal muscle-myenteric plexus (LM-MP) and

Author for correspondence.

on cross-sections of the stomach fundus of the guinea pig. Male Hartley guinea pigs (300-350 g) were killed by cervical dislocation and exsanguination. The stomach was removed, cut open along the lesser curvature and the contents washed out with Krebs' solution NaCl, <sup>118</sup> mM; KC1, 4.7 mM; NaHCO<sub>3</sub>, 25 mM; KH<sub>2</sub>PO<sub>4</sub>, 1.17 mM; MgSO<sub>4</sub>, 2.5 mM; CaCl<sub>2</sub>, 2.5 mM; glucose, 5.6 mM; pH 7.4). For wholemounts (Costa et al., 1980) the fundal portion was cut as a flat sheet and pinned, slightly stretched, on to a thin board with the mucosal surface facing down. It was then fixed by immersion for 16-18 h in Zamboni's solution (2% paraformaldehyde in 0.1 M phosphate buffer, pH 7.2, plus saturated picric acid solution in a ratio of 85:15). The tissue was removed from the board and washed in 80% ethanol. It was dehydrated through 95% and 100% ethanol, cleared in xylol and rehydrated through 100%, 80% and 50% ethanol (30min each) and stored in phosphate-buffered saline (PBS, 0.1 M, pH 7.2) at 4°C until use. The LM-MP was separated as a sheet by separating the mucosal and circular muscle layers with watchmakers' forceps under <sup>a</sup> dissecting microscope, and incubated for 16-18 h at room temperature with rabbit antibody to NOS, diluted 1:5000 and 1:10,000 in 0.01 M PBS (pH 7.2) with 0.1% bovine serum albumin (BSA) and 0.01% sodium azide. It was then washed in PBS  $(3 \times 5 \text{ min})$  and incubated with fluorescein isothiocyanate (FITC)-conjugated goat anti-rabbit serum diluted 1:40 for <sup>1</sup> h at room temperature and washed in PBS  $(3 \times 5 \text{ min})$ . The preparation was then mounted in PBS-glycerine  $(1:9, v/v)$  and examined under a confocal microscope. Photographs were taken using FP4 black and white film (speed <sup>100</sup> ASA) (Ilford).

For cross-sections of the stomach wall, the stomach fundus was fixed as before and washed in PBS containing 15% sucrose and 0.01% sodium azide. Cryostat blocks were prepared from small pieces of tissue  $(2 \times 1 \text{ cm})$  and  $7-8 \mu \text{m}$ sections were cut at  $-20^{\circ}$ C, transferred to poly-L-lysinecoated slides and allowed to dry for <sup>1</sup> h. They were immunostained for NOS using the indirect avidin-biotin complex (ABC) immunoperoxidase method (Polak, 1988). The sections were immersed in 0.03% (v/v) hydrogen peroxide in PBS for 30 min to remove the endogenous peroxidase activity. Possible background staining was reduced by incubation for 30 min at room temperature with normal goat serum, diluted 1:30. The sections were then incubated with the primary rabbit antibody to NOS, diluted 1:5000 and 1:10,000, for 16-18 h at room temperature in a humid chamber. For the second layer, biotinylated goat anti-rabbit antibody, diluted 1:100, was applied for <sup>30</sup> min at room temperature. The final layer consisted of Elite Vector reagents A and B  $(5 \mu)$  each of A and B diluted in 90 $\mu$ l of diluent) incubated for <sup>1</sup> h at room temperature. The reaction was visualized by the nickel-enhanced diaminobenzidine method (Graham & Karnovsky, 1976). When developed, the sections were counterstained with neutral red, dehydrated with absolute alcohol and Inhibisol and mounted. The sections were observed under a transmitted light microscope (Reichert-Jung).

The rabbit polyclonal antibody against the rat brain constitutive NOS had been characterized for specificity (Springall et al., 1992). For negative controls only the diluent was used for first-layer incubation. Antibody against the general neuronal marker protein gene product 9.5 (PGP 9.5, human, 1:4000) (Gulbenkian et  $al$ , 1987) was used to confirm neuronal staining with NOS antibody.

# In vitro functional studies on the isolated stomach

The isolated stomach of the guinea pig was prepared as described previously (Desai et al., 1991b). Briefly, the guinea pig stomach with the vagus nerves was isolated and immersed in oxygenated (95%  $O_2$ , 5%  $CO_2$ ) Krebs' solution and the pyloric end was cannulated. The oesophagus was ligated and the contents of the stomach were flushed out. It was then placed in an isolated organ bath in 100 ml of gassed

(95%  $O_2 + 5\%$  CO<sub>2</sub>) Krebs' (37°C) solution containing atropine (3  $\mu$ M) and guanethidine (5  $\mu$ M) to study the nonadrenergic, non-cholinergic (NANC) inhibitory effects of vagal stimulation. Bacitracin  $(3 \mu g \text{ ml}^{-1})$ , thiorphan  $(1 \mu M)$  and captopril  $(1 \mu M)$  were also added to the Krebs' solution to inhibit the endogenous peptidases and angiotensinconverting enzyme and prevent metabolism of VIP. The pyloric cannula was connected to a reservoir (2 1) containing 1I1 of Krebs' solution. The reservoir was placed on a movable rack so that it could be moved up or down to increase or decrease the pressure of fluid entering the stomach (Paton & Vane, 1963). Intragastric pressure was measured with a Statham pressure transducer. The reservoir was sealed and connected to a float recorder to measure intragastric volume changes with a Harvard isotonic transducer. The volume and pressure changes were recorded on <sup>a</sup> Graphtec WR <sup>3310</sup> recorder. The vagus was stimulated with a pair of ring electrodes connected to a Grass S 88 stimulator. Experiments were started after a 45-60 min equilibration period. The threshold pressure for <sup>a</sup> NANC adaptive response (Paton & Vane, 1963; Desai et al., 1991a) was determined first and the intragastric pressure was elevated to  $1-2 \text{ cm}H_2O$  below it, usually to  $3 \text{ cm}H_2O$ , to give an elevated intragastric volume from which to measure subsequent relaxant responses to drugs or vagal stimulation (supramaximal voltage,  $10-16$  Hz,  $1 \text{ ms}$ ,  $50-60 \text{ s}$ ). After a response the fluid in the stomach was emptied via a side cannula and the next response was recorded after 10 min. Under these conditions the vagally induced responses were reproducible. Since the electrodes were immersed in Krebs' solution surrounding the vagus nerves, supramaximal voltage was used to eliminate variations in the electrical current reaching the nerves for stimulation. In previous experiments, <sup>a</sup> stimulation frequency of 10-16 Hz gave optimal reproducible monophasic relaxant responses in the presence of atropine  $(3 \mu M)$  and guanethidine ( $5 \mu$ M), and these frequencies were used here for stimulation. Stimulation frequencies between 0.1 and <sup>8</sup> and between 32 and 256 Hz gave monophasic relaxation responses smaller than with 10 and 16 Hz. In those experiments vagal responses at all frequencies from 0.1 to 256 Hz were completely prevented by inhibition of NOS.

To study the effects of tetrodotoxin (TTX),  $N^{\omega}$ -nitro-Larginine methyl ester (L-NAME) or L-arginine (L-Arg) on the relaxant responses, the stomach was incubated, both intraand extraluminally, with the drug(s) for the required time before eliciting a response.

#### Statistical analysis

The volume changes due to relaxation induced by vagal/drug stimulation are expressed as a percentage of the total gastric volume. All results are expressed as the mean  $\pm$  s.e. mean of  $n$  observations. The data were analysed for statistical significance by analysis of variance and post-hoc Bonferroni test or Student's unpaired two-tailed t-test, with a P-value <0.05 taken as significant.

#### Drugs used

Noradrenaline bitartrate, atropine sulphate, bacitracin, bovine serum albumin, captopril, glucose oxidase (type III), guanethidine sulphate, L-arginine hydrochloride, Nw-nitro-Larginine methyl ester, sodium nitroprusside (sodium ferricyanide), dI-thiorphan and vasoactive intestinal peptide (VIP) were purchased from Sigma Chemical Co. Glyceryl trinitrate (GTN) (Nitronal) was purchased from Lipha Pharmaceuticals, U.K. The NOS antibody was kindly provided by The Wellcome Research Laboratories, Beckenham, Kent, U.K. All other reagents used were of the highest commercially available purity and were purchased from either BDH or Sigma. The drug solutions were made in distilled water. The stock solution of VIP was made in 0.1% BSA in distilled water and stored at  $-20^{\circ}$ C until used.

## **Results**

## Immunohistochemical localization of NOS in wholemounts of LM-MP

Wholemounts of the LM-MP of the stomach fundus showed NOS localized to neuronal cell bodies (confirmed by PGP 9.5 staining) of the myenteric plexus and to nerve fibre varicosities of internodal strands and fibres going to the muscle. The NOS-positive cells were grouped towards the periphery of the ganglia (Figure 1) and had a Dogiel type <sup>I</sup> morphology (Figure 2) with multistellate shape, 4-5 short broad lamellar processes and a long axon, which is characteristic of motor neurones innervating the muscle. There was no staining of the muscle fibres.

# Cross-sections of the stomach fundus wall

The cross-sections of the stomach fundus showed NOS localized mainly to nerve cell bodies in the myenteric plexus ganglia with occasional NOS-positive nerve cells in the submucosa. NOS-positive nerve fibres were seen running parallel to circular smooth muscle fibres and very few fibres in the longitudinal muscle layer. There was no immunostaining of smooth muscle cells or mucosal cells.

#### Tetrodotoxin prevents vagus-but not VIP-induced gastric relaxation

Vagal stimulation induced reproducible monophasic gastric relaxations. Exogenous VIP in lower concentrations (1, 3, 10 and 30 nM, 4-5 min) failed to induce consistent and reproducible relaxations. However, VIP in a concentration of 100 nM (3-4 min) induced at least three reproducible relaxations (VIP first exposure,  $24.2 \pm 6\%$ ; second exposure,  $21.3 \pm 1.3\%$ ; third exposure,  $22.9 \pm 2.2\%$ ;  $n = 3$ ,  $P > 0.05$ between each group). A higher concentration of <sup>200</sup> nM VIP (3-4 min) did not increase the magnitude of relaxation and was subsequently not used to avoid desensitization. Incubation of the stomach with tetrodotoxin (TTX,  $2 \mu M$ ,  $20 \text{ min}$ ) completely prevented gastric relaxation induced by vagal stimulation (control,  $36.1 \pm 3.3\%$ ; + TTX,  $0.1 \pm 0\%$ ;  $n = 3$ ,  $P \le 0.001$ ), but did not affect that induced by VIP (100 nM; control,  $32.7 \pm 5.0\%$ ;  $+ TTX$ ,  $33.4 \pm 3.5\%$ ;  $n = 3$ ,  $P > 0.05$ ); or by GTN  $(2 \mu M, 1 - 1.5 \text{ min}; \text{control}, 41.6 \pm 4.0\%; + TTX,$  $34.5 \pm 6.1\%$ ;  $n = 3$ ,  $P > 0.05$ ).

#### L-NAME inhibits relaxations of the stomach induced by vagal stimulation

A dose-response curve (Figure 3) was obtained for the inhibitory effect of L-NAME  $(0.1, 1, 3, 10, 30, 100 \,\mu M,$ 20 min each,  $n = 4$ ) on gastric relaxations induced by vagal stimulation in the presence of atropine  $(3 \mu)$  and guanethidine (5  $\mu$ M). After control reproducible responses to vagal stimulation the lowest concentration of L-NAME was incubated, intra- and extraluminally simultaneously, for the specified time. After recording a response to vagal stimulation the stomach was emptied and washed. The next higher concentration of L-NAME was then incubated for the same time and a response was recorded. This sequence was repeated. L-NAME had an  $IC_{50}$  value of 5.5  $\times$  10<sup>-6</sup> M. In subsequent experiments gastric relaxation induced by vagal stimulation was almost completely inhibited by L-NAME (100  $\mu$ M, 20 min). This inhibition was partially reversed after washout of L-NAME and incubation with L-arginine (L-Arg, 2 mM, 30 min; Figure 4) (control,  $46.4 \pm 1.4\%$ ; + L-NAME, 5.7  $\pm$  1.0%; + L-Arg, 36.8  $\pm$  3.5%; n = 4, P < 0.001). Washout of L-NAME with L-Arg was attempted since coincubation of L-NAME (100  $\mu$ M) with L-Arg (0.5-2 mM) does not reverse the inhibitory effect of L-NAME (Desai et al., 1991a), which could be because L-NAME is an irreversible inhibitor of NOS (Dwyer et al., 1991).



Figure 1 Immunocytochemical localization of nitric oxide synthase (NOS) in a wholemount of the longitudinal muscle-myenteric plexus of the guinea pig stomach fundus. Immunostaining for NOS was by the indirect immunofluorescence method. This figure shows a myenteric plexus ganglion with NOS-positive nerve cells (arrowheads) grouped towards the periphery and surface of the ganglion. NOS-positive nerve fibre varicosities can also be seen (arrow) in internodal fibres and tertiary fibres going to muscle cells. Scale  $bar = 50 \mu m$ .



Figure <sup>2</sup> A wholemount preparation of the myenteric plexus of the guinea pig stomach fundus immunostained for nitric oxide synthase (NOS) using the indirect immunofluorescence method. NOS-positive nerve cells in a ganglion can be seen. The cells show a Dogiel type <sup>I</sup> morphology with a multistellate shape, short broad lamellar processes (arrowhead) and a single long axon (arrow), which is charac-teristic of motor neurones. Scale bar = <sup>25</sup> gm.

# L-NAME does not affect relaxation of the stomach induced by exogenous VIP

VIP (100 nM, 3-4 min) induced relaxation of the stomach which was not affected by incubation with L-NAME (100  $\mu$ M, 20 min) or L-Arg (2 mM, 30 min) (Figure 4) (control,  $30.5 \pm 1.9\%$ ; + L-NAME,  $31.0 \pm 1.7\%$ ; + L-Arg,  $27.9 \pm 1.7\%$ 3.2%;  $n = 6$ ,  $P > 0.05$ ).

# Desensitization to the relaxant effect of VIP reduces gastric relaxations induced by vagal stimulation, glyceryl trinitrate or sodium nitroprusside

Desensitization to the relaxant effect of VIP was induced by repeatedly  $(4-5 \text{ times})$  exposing the stomach to VIP  $(100 \text{ nm})$ for 90-150 min. Desensitization was evident as a reduced response to VIP (100 nM) (VIP first exposure,  $41.9 \pm 3.5\%$ ; VIP after desensitization,  $23.6 \pm 3.1\%$ ;  $n = 9$ ,  $P \le 0.01$ ). This desensitization (D) also reduced the relaxations induced by vagal stimulation (VS; control,  $39.3 \pm 1.1\%$ ; after D,



Figure 3 Dose-response relationship of the inhibitory effect of L-NAME. This graph shows the inhibitory effect of increasing concentrations of L-NAME on vagally induced relaxations of the isolated stomach of the guinea pig in the presence of atropine  $(3 \mu M)$ and guanethidine ( $5 \mu$ M). Values are mean  $\pm$  s.e. mean from four experiments.

23.5 ± 1.9%;  $n = 9$ ,  $P \le 0.001$ ), glyceryl trinitrate (GTN, 2  $\mu$ M, 60-90 s; control, 46.7  $\pm$  3.4%; after D, 31.1  $\pm$  1.6%;  $n = 6$ ,  $P \le 0.01$ ), or sodium nitroprusside (SNP, 0.5  $\mu$ M, 2-3 min; control,  $34.5 \pm 4.3\%$ ; after D,  $21.5 \pm 2.4\%$ ;  $n = 4$ ,  $P$ <0.05) but not those induced by noradrenaline (NA, 2  $\mu$ M, 60-90 s; control,  $30.7 \pm 4.6\%$ ; after D,  $29.2 \pm 3.2\%$ ;  $n = 7$ ,  $P > 0.05$ ).

#### **Discussion**

Nitric oxide is the major transmitter of vagally induced gastric relaxation in the guinea pig (Desai et al., 1991b; Meulemans et al., 1993). Here we have localized NOS, using immunocytochemistry, to nerve cell bodies in the myenteric plexus and nerve fibre varicosities in the circular muscle layer. This strongly supports our view that NO is released from efferent neurones upon vagal stimulation and that NO is responsible for adaptive and receptive relaxation. No NOS was detected in muscle cells by this antibody. Thus any NOS present in muscle cells must be different from neuronal NOS.

VIP has also been proposed as the main NANC neurotransmitter of gastric relaxation in the guinea pig (Grider et al., 1985; 1992). However, in our functional studies we found that vagal stimulation induced a rapid relaxation that faded rapidly when stimulation was stopped (Figure 5). This is consistent with the short half-life of NO (Palmer et al., 1987). Glyceryl trinitrate and sodium nitroprusside, both of which induce relaxation through liberation of NO (Noack & Feelisch, 1991), produced similar responses. VIP, on the other hand, induced a different pattern of relaxation which developed slowly and also faded very slowly (Figure 5). Lefebvre et al. (1992) also observed a more sustained relaxation that developed slowly in response to VIP  $(10^{-9}$  to  $10^{-7}$  M) in circular muscle strips of guinea pig gastric fundus.

Experiments using L-NAME also support NO as being the main neurotransmitter mediating these gastric relaxations. Vagally induced relaxation was prevented by L-NAME, an inhibitor of NO formation and reversed by L-arginine, the substrate for NO formation, whereas the relaxation induced by VIP was unaffected by L-NAME or L-arginine. In



Figure 4 L-NAME inhibits gastric relaxation induced by vagal stimulation but not by VIP. The intragastric pressure was elevated to <sup>3</sup> cmH20 and the vagus was stimulated (VS, <sup>I</sup> min) (upper panel) or VIP (100 nm lower panel) given to induce relaxation. Incubation with L-NAME (100  $\mu$ m, 20 min) prevented the relaxation to VS but did not affect that to VIP. Washout of L-NAME with L-Arg (2 mM, 30 min)- reversed the inhibition of vagally induced relaxation, whereas VIP-induced relaxation remained unaffected. E denotes emptying of the stomach. This figure is representative of at least five experiments.



Figure 5 Comparison of the relaxant effects of vagal stimulation (VS), glyceryl trinitrate (GTN) and VIP on the isolated stomach. The intragastric pressure was elevated to 3 cmH<sub>2</sub>O and then the relaxant responses to either VS, GTN  $(2 \mu M)$  or VIP  $(100 \text{ nm})$  were recorded. VS induced a relaxation which developed rapidly to a peak in about 45 s, when stimulation was stopped, and faded rapidly to the baseline within 4-5 min. GTN induced <sup>a</sup> response which developed rapidly to a peak within 90 s, at which time the stomach was emptied (E). The relaxation induced by VIP developed slowly, reaching a peak in about 3-4 min, and was sustained for 20-30 min. This figure is representative of responses seen in at least four experiments.

previous studies L-NAME inhibited relaxations induced by vagal stimulation even at high frequencies between 32 and 256 Hz (unpublished). Meulemans et al. (1993) also obtained a maximal amplitude of relaxation at 20 Hz vagal stimulation in the guinea pig stomach. They reported a virtually complete abolition of this relaxation by  $N^0$ -nitro-L-arginine (10<sup>-4</sup> M). Similarly, Lefebvre *et al.* (1992) showed that in circular muscle strips of guinea pig gastric fundus  $N<sup>G</sup>$ -nitro-L-arginine  $(10^{-5}$  and  $10^{-4}$  M) inhibited relaxations elicited with shortlasting frequency-dependent as well as continuous electrical stimulation with cumulative increase in frequency from 0.125 to 16 Hz, but did not affect relaxations induced by VIP  $(10^{-9}$ 

to  $10^{-7}$  M). This is in contrast to other reports which have shown that inhibition of NOS only partially prevents gastric relaxation in the rat and ferret (Li & Rand, 1990; Boeckxstaens et al., 1992; Grundy et al., 1993), findings that could be due variations in the relative importance of NO and VIP as inhibitory transmitters in different species and tissues. For instance, even though NO and VIP have been reported to be co-transmitters in the guinea pig trachea (Tucker et al., 1990; Li & Rand, 1991), NO is the main transmitter in feline and human trachea (Belvisi et al., 1992; Fisher et al., 1993). The lack of effect of tetrodotoxin on relaxations induced by VIP confirms a direct action and shows that the latter is not activating neurones causing release of <sup>a</sup> mediator such as NO for its relaxant effect. This is because we have localized NOS to neurones and not to smooth muscle cells. The most important evidence that VIP does not act through NO is that L-NAME prevented relaxations induced by vagal stimulation but did not affect those induced by VIP. Thus, even if VIP is released by vagal stimulation, it does not act through stimulation of NO production from neurones or smooth muscle cells, as has been suggested (Grider et al., 1992). This would hold even if these tissues contain isoforms of NOS not detected by our antibody staining.

When densensitization was induced to the relaxant effect of VIP it also reduced the relaxant effects of vagal stimulation,

#### References

- AIMI, Y., KIMURA, H., KINOSHITA, T., MINAMI, Y., FUJIMURA, M. & VINCENT, S.R. (1993). Histochemical localization of nitric oxide synthase in rat enteric nervous system. Neuroscience, 53, 553-560.
- ARNOLD, P.W., MITTAL, C.K., KATSUKI, S. & MURAD, F. (1977). Nitric oxide activates guanylate cyclase and increases gaunosine <sup>3</sup>':5'-cyclic monophosphate levels in various tissue preparations. Proc. Natl. Acad. Sci. USA, 74, 3203-3207.
- BELVISI, M.G., STRETTON, C.D., YACOUB, M. & BARNES, P.J. (1992). Nitric oxide is the endogenous neurotransmitter of brochodilator nerves in humans. Eur. J. Pharmacol., 210,  $221 - 222$ .
- BITAR, K.N. & MAKHLOUF, G.M. (1982). Relaxation of isolated smooth muscle cells by vasoactive intestinal peptide. Science, 216, 531-533.
- BOECKXSTAENS, G.E., PELCKMANS, P.A., DE MAN, J.G., BULT, H., HERMAN, A.G. & VAN MAERCKE, Y.M. (1992). Evidence for a differential release of nitric oxide and vasoactive intestinal polypeptide by nonadrenergic noncholinergic nerves in the rat gastric fundus. Arch. Intern. Pharmacodyn. Ther., 318, 107- 115.
- BREDT, D.S., HWANG, P.M. & SNYDER, S.H. (1990). Localization of nitric oxide synthase indicating a neural role for nitric oxide. Nature, 347, 768-770.
- CHAKDER, S. & RATTAN, S. (1993). Involvement of cAMP and cGMP in relaxation of internal anal sphincter by neural stimulation, VIP, and NO. Am. J. Physiol., 264, G702-G707.
- COSTA, M., BUFFA, R., FURNESS, J.B. & SOLCIA, E. (1980). Immunohistochemical localization of polypeptides in peripheral autonomic nerves using wholemount preparations. Histochemistry, 65, 157-165.
- D'AMATO, M., DE BEURME, F.A. & LEFEBVRE, R.A. (1988). Comparison of the effect of vasoactive intestinal polypeptide and non-adrenergic non-cholinergic neurone stimulation in the cat gastric fundus. Eur. J. Pharmacol., 152, 71-82.
- D'AMATO, M., CURRO, D., MONTUSCHI, P., CIABATTONI, G., RAGAZZONI, E. & LEFEBVRE, R.A. (1992). Release of vasoactive intestinal polypeptide from the rat gastric fundus. Br. J. Pharmacol., 105, 691-695.
- DE BEURME, F.A. & LEFEBVRE, R.A. (1988). Vasoactive intestinal polypeptide as possible mediator of relaxation in the rat gastric fundus. J. Pharm. Pharmacol., 40, 711-715.
- DESAI, K.M., SESSA, W.C. & VANE, J.R. (1991a). Involvement of nitric oxide in the reflex relaxation of the stomach to accomodate food and fluid. Nature, 351, 477-479.
- DESAI, K.M., ZEMBOWICZ, A., SESSA, W.C. & VANE, J.R. (1991b). Nitroxergic nerves mediate vagally induced relaxation in the isolated stomach of the guinea pig. Proc. Natl. Acad. Sci. USA, 88, 11490-11494.

glyceryl trinitrate and sodium nitroprusside, but not that of noradrenaline. Since glyceryl trinitrate and sodium nitroprusside cause release of NO (Noack & Feelisch, 1991), which directly induces relaxation, this suggests that desensitization to the relaxant effect of VIP interferes with the action of NO. Thus, this interference could be at the level of second messengers cGMP and cAMP, which mediate relaxations induced by NO (Arnold et al., 1977) and VIP (Bitar & Makhlouf, 1982) respectively. Interactions between cAMP and cGMP and the protein kinases activated by them have been reported (see Jiang et al., 1992). However, it could be argued that NO is causing relaxation through the release of VIP, but this seems unlikely since the vagally induced relaxation is mimicked by glyceryl trinitrate and sodium nitroprusside but not by VIP. Thus, the effect of desensitization to VIP on NO-induced relaxation requires further study, especially at the second-messenger level.

In conclusion, NO seems to be the major neurotransmitter of gastric relaxation induced by vagal stimulation in the guinea pig, and the role of VIP in this response, if any, seems minor.

We wish to thank Drs S. Moncada and V. Riveros-Moreno, who developed the antibodies in conjunction with Professor Polak. This work was supported by Glaxo Group Research Ltd, U.K.

- DESAI, K.M., WARNER, T.D., BISHOP, A.E., POLAK, J.M. & VANE, J.R. (1993). In vitro and immunohistochemical studies suggest that nitric oxide, and not VIP, mediates vagally-induced gastric relaxation in the guinea-pig. Br. J. Pharmacol., 110 (Suppl.), 50P.
- DWYER, M.A., BREDT, D.S. & SNYDER, S.H. (1991). Nitric oxide synthase: irreversible inhibition by L-N<sup>G</sup>-nitroarginine in brain in vitro and in vivo. Biochem. Biophys. Res. Commun., 176, 1136-1141.
- FISHER, J.T., ANDERSON, J.W. & WALDRON, M.A. (1993). Nonadrenergic noncholinergic neurotransmitter of feline trachealis: VIP or NO? J. Appl. Physiol., 74, 31-39.
- FORSTER, E.R. & SOUTHAM, E. (1993). The intrinsic and vagal extrinsic innervation of the rat stomach contains nitric oxide synthase. Neuroreport, 4, 275-278.
- GIBSON, A., MIRZAZADEH, S., HOBBS, A.J. & MOORE, P.K. (1990). L-N<sup>G</sup>-monomethylarginine and  $L$ -N<sup>G</sup>-nitroarginine inhibit nonadrenergic, non-cholinergic relaxation of the mouse anococcygeus muscle. Br. J. Pharmacol., 99, 602-606.
- GILLESPIE, J.S., LIU, X.R. & MARTIN, W. (1989). The effects of L-arginine and  $N<sub>o</sub>$ -monomethyl L-arginine on the response of rat anococcygeus muscle to NANC nerve stimulation. Br. J. Pharmacol., 98, 1080-1082.
- GRAHAM, R.C. & KARNOVSKY, M.J. (1976). The early stages of absorption of injected horse-radish peroxidase in the proximal tubules in the mouse kidney. J. Histochem. Cytochem., 14,  $291 - 302$ .
- GRIDER, J.R. & JIN, J.-G. (1993). Vasoactive intestinal peptide release and L-citrulline production from isolated ganglia of the myenteric plexus: evidence for regulation of vasoactive intestinal peptide release by nitric oxide. Neuroscience, 54, 521-526.
- GRIDER, J.R. & MAKHLOUF, G.M. (1987). Prejunctional inhibition of vasoactive intestinal peptide release. Am. J. Physiol., 253, G7-G12.
- GRIDER, J.R., CABLE, M.B., SAID, S.I. & MAKHLOUF, M. (1985). Vasoactive intestinal peptide as a neural mediator of gastric relaxation. Am. J. Physiol., 2A8, G73-G78.
- GRIDER, J.R., MURTHY, K.S., JIN, J.-G. & MAKHLOUF, G.M. (1992). Stimulation of nitric oxide from muscle cells by VIP: prejunctional enhancement of VIP release. Am. J. Physiol., 262, G774-G778.
- GRUNDY, D., GHARIB-NASERI, M.K. & HUTSON, D. (1993). Role of nitric oxide and vasoactive intestinal polypeptide in vagally mediated relaxation of the gastric corpus in the anaesthetized ferret. J. Auton. Nerv. Sys., 43, 241-246.
- GULBENKIAN, S., WHARTON, J. & POLAK, J.M. (1987). The visualization of cardiovascular innervation in the guinea-pig using an antiserum to protein gene product 9.5 (PGP 9.5). J. Auton. Nerv. Syst., 18, 235-247.
- JIANG, H., SHABB, J.B. & CORBIN, J.D. (1992). Cross activation: overriding cAMP/cGMP selectivities of protein kinases in tissues. Biochem. Cell Biol., 70, 1283-1289.
- KAMATA, K., SAKAMOTO, A. & KASUYA, Y. (1988). Similarities between the relaxations induced by vasoactive intestinal peptide and by stimulation of the non-adrenergic non-cholinergic neurons in the rat stomach. Naunyn-Schmiedeberg's Arch. Pharmacol., 338, 401-406.
- LEFEBVRE, R.A., BAERT, E. & BARBIER, A.J. (1992). Influence of N0-nitro-L-arginine on non-adrenergic non-cholinergic relaxation in the guinea-pig gastric fundus. Br. J. Pharmacol., 106, 173- 179.
- LI, C.G. & RAND, M.J. (1990). Nitric oxide and vasoactive intestinal polypeptide mediate non-adrenergic, non-cholinergic inhibitory transmission to smooth muscle of the rat gastric fundus. Eur. J. Pharmacol., 191, 303-309.
- LI, C.G. & RAND, M.J. (1991). Evidence that part of the NANC relaxant response of guinea-pig trachea to electrical field stimulation is mediated by nitric oxide. Br. J. Pharmacol., 102, 91-94.
- LLEWELYN-SMITH, I.J., SONG, Z.-M., COSTA, M., BREDT, D.S. & SNYDER, S.H. (1992). Ultrastructural localization of nitric oxide synthase immunoreactivity in guinea-pig enteric neurones. Brain Res., 577, 337-342.
- MEULEMANS, A.L., HELSEN, L.F. & SCHUURKES, J.A.J. (1993). Role of NO in vagally-mediated relaxations of guinea-pig stomach. Naunyn-Schmiedeberg's Arch. Pharmacol., 347, 225-230.
- NOACK, E. & FEELISCH, M. (1991). Molecular mechanisms of nitrovasodilator bioactivation. Basic Res. Cardiol., 86 (Suppl. 2),  $37 - 50$ .
- PALMER, R.M.J., FERRIGE, A.G. & MONCADA, S. (1987). Nitric oxide release accounts for the biological activity of endotheliumderived relaxing factor. Nature, 327, 524-526.
- PATON, W.D.M. & VANE, J.R. (1963). An analysis of the responses of the isolated stomach to electrical stimulation and to drugs. J. Physiol., 165, 10-46.
- POLAK, J.M. (1988). Appendix: technical notes. In An Introduction to Immunocytochemistry: Current Techniques and Problems, ed. Polak, J.M. & Van Noorden, S. pp. 45-48. Oxford: Oxford University Press.
- SAID, S.I. (1992). Nitric oxide and vasoactive intestinal peptide: cotransmitters of smooth muscle relaxation. News Physiol. Sci., 7, 181- 183.
- SCHMIDT, H.H.H.W., GAGNE, G.D., NAKANE, M., POLLOCK, J.S., MILLER, M.F. & MURAD, F. (1992). Mapping of neural nitric oxide synthase in the rat suggests frequent co-localization with NADPH diaphorase but not with soluble guanylyl cyclase, and novel paraneural functions for nitrinergic signal transduction. J. Histochem. Cytochem., 40, 1439-1456.
- SPRINGALL, D.R., RIVEROS-MORENO, V., BUTTERY, L., SUBURO, A., BISHOP, A.E.,,MERRETT, M., MONCADA, S. & POLAK, J.M. (1992). Immunological detection of nitric oxide synthase(s) in human tissues using heterologous antibodies suggesting different isoforms. Histochemistry, 98 (4), 259-266.
- TUCKER, J.F., BRAVE, S.R., CHARALAMBOUS, L., HOBBS, A.J. & GIBSON, A. (1990). L-N<sup>G</sup>-nitroarginine inhibits non-adrenergic non-cholinergic relaxations of guinea-pig isolated tracheal smooth muscle. Br. J. Pharmacol., 100, 663-664.
- WARD, S.M., XUE, C., SHUTTLEWORTH, C.W., BREDT, D.S., SNYDER, S.H. & SANDERS, K.M. (1992). NADPH diaphorase and nitric oxide synthase colocalization in enteric neurones of the canine proximal colon. Am. J. Physiol., 263, G277-G284.

(Received September 30, 1993 Revised July 1, 1994 Accepted August 1, 1994)