

# Prospective Randomized Trial of Carotid Endarterectomy With Polytetrafluoroethylene Versus Collagen-Impregnated Dacron (Hemashield) Patching: Late Follow-Up

Ali F. AbuRahma, MD, Eric S. Hopkins, MD, Patrick A. Robinson, MD, John T. Deel, MD, and Samir Agarwal, MD

*Department of Surgery, Robert C. Byrd Health Sciences Center of West Virginia University, Charleston, West Virginia*

## Objective

To compare the late clinical outcome and incidence of recurrent stenosis after carotid endarterectomy (CEA) with polytetrafluoroethylene (PTFE) versus Hemashield patching.

## Summary Background Data

Several randomized trials have confirmed the advantages of patching over primary closure when performing CEA.

## Methods

Two hundred CEAs (180 patients) were randomized into 100 with PTFE patching and 100 with Hemashield. All patients underwent postoperative color duplex ultrasounds at 1, 6, and 12 months, and every year thereafter. The mean follow-up was 26 months. Kaplan-Meier analysis was used to estimate the risk of re-stenosis, stroke, and stroke-free survival. A multivariate analysis of various risk factors was also done.

## Results

Demographic and clinical characteristics were similar in both groups. The incidence of all ipsilateral strokes (early and late)

was 8% (7% perioperative) for Hemashield versus 0% for PTFE patching. Both groups had similar mortality rates. The cumulative stroke-free rates at 6, 12, 24, and 36 months were 93%, 93%, 93%, and 89% for Hemashield versus 100%, 100%, 100%, and 100% for PTFE patching. The cumulative stroke-free survival rates at 6, 12, 24, and 36 months were 90%, 89%, 87%, and 79% for Hemashield versus 98%, 98%, 92%, and 92% for PTFE patching. Kaplan-Meier analysis also showed that freedom from 50% or greater re-stenosis at 6, 12, 24, and 36 months was 89%, 81%, 73%, and 66% for Hemashield versus 100%, 100%, 100%, and 92% for PTFE. Similarly, the freedom from 70% or greater re-stenosis at 6, 12, 24, and 36 months was 93%, 91%, 86%, and 78% for Hemashield versus 100%, 100%, 100%, and 100% for PTFE. Univariate and multivariate analyses of demographic and preoperative risk factors showed that only Hemashield was significantly associated with a higher incidence of 70% or greater recurrent stenosis.

## Conclusions

PTFE patching was superior to Hemashield in lowering the incidence of postoperative ipsilateral strokes and late recurrent stenosis.

Carotid endarterectomy (CEA) has become one of the most common vascular procedures performed today.<sup>1</sup> Concerns regarding the morbidity and mortality of the procedure and lasting benefits compared to medical therapy alone

have been discounted by prospective randomized trials that have validated the value of CEA in preventing cerebrovascular events in appropriately selected patients.<sup>2–4</sup> Initial procedures usually employ the concept of primary closure of the endarterectomized artery, but several authors have demonstrated reduction in the risk of perioperative stroke and late re-stenosis in arteries closed with patch angioplasty.<sup>5–11</sup> Available patch options include autologous vein or synthetic material. Two commonly used synthetic materials are polytetrafluoroethylene (PTFE; Gore-tex, W. L. Gore & Associates, Flagstaff, AZ) and collagen-impreg-

Presented at the 114th Annual Session of the Southern Surgical Association, December 1–4, 2002, Palm Beach, Florida.

Correspondence: Ali F. AbuRahma, MD, 3100 MacCorkle Ave., SE, Suite 603, Charleston, WV 25304.

E-mail: ali.aburahma@came.org

Accepted for publication December 2002.

**Table 1. UNIVARIATE ANALYSIS OF RISK FACTORS FOR  $\geq 70\%$  RE-STENOSIS IN THE WHOLE SERIES**

Risk Factors	No		P Value
	Re-stenosis	Re-stenosis	
Sex			
Female	86 (92%)	8 (8%)	.809
Male	99 (93%)	7 (7%)	
Hypertension			
No	49 (93%)	4 (7%)	.773
Yes	136 (93%)	11 (7%)	
Diabetes mellitus			
No	130 (92%)	12 (8%)	.615
Yes	55 (95%)	3 (5%)	
Smoking			
No	96 (91%)	10 (9%)	.404
Yes	89 (95%)	5 (5%)	
Coronary artery disease			
No	101 (90%)	11 (10%)	.256
Yes	84 (96%)	4 (4%)	
Preoperative antiplatelet therapy			
No	55 (92%)	5 (8%)	1.000
Yes	130 (93%)	10 (7%)	
Mean age	68.2	68.4	.954
Mean cholesterol level	192.7	200.6	.508
Mean triglyceride level	222.8	262.7	.375
Mean ICA diameter (mm)	5.8	5.4	.129
Indications for CEA			
Symptomatic	100	9	.828
Asymptomatic	85	6	

**Table 2. EFFECT OF RISK FACTORS ON DEATHS AND STROKES (PERIOPERATIVELY AND LATE)**

Risk Factors	No Death/ Stroke		P Value
	Death/Stroke	Death/Stroke	
Sex			
Female	84 (89%)	10 (11%)	.734
Male	92 (87%)	14 (13%)	
Hypertension			
No	45 (85%)	8 (15%)	.574
Yes	131 (89%)	16 (11%)	
Diabetes Mellitus			
No	127 (89%)	15 (11%)	.460
Yes	49 (85%)	9 (15%)	
Smoking			
No	91 (86%)	15 (14%)	.438
Yes	85 (90%)	9 (10%)	
Coronary artery disease			
No	101 (90%)	11 (10%)	.395
Yes	75 (85%)	13 (15%)	
Preoperative antiplatelet therapy			
No	56 (93%)	4 (7%)	.199
Yes	120 (86%)	20 (14%)	
Mean age	67.7	72.2	.027
Mean cholesterol level	193	187	.551
Mean triglyceride level	223	245	.551
Mean ICA diameter (mm)	5.8	5.8	.962
Indications for CEA			
Symptomatic	95	14	.189
Asymptomatic	81	10	

nated knitted Dacron (Hemashield, Boston Scientific, Oakland, NJ). Multiple studies have shown the comparability of both PTFE<sup>5,6,8,12</sup> and Dacron<sup>13-16</sup> to autologous veins. With assumed effectiveness of all synthetic patches, Dacron has been advocated by some to avoid the prolonged hemostasis time associated with PTFE.<sup>6,17</sup> Dacron with collagen impregnation has been useful in large vessel replacement procedures.<sup>18-20</sup> In an earlier nonrandomized study, we demonstrated increased re-stenosis and perioperative stroke rates in CEA using Hemashield patching.<sup>21</sup> This was confirmed by the early results of this prospective randomized trial of PTFE versus Hemashield, which showed a significant increase in perioperative stroke and carotid thrombosis in the Hemashield group.<sup>22</sup> This present study compares the long-term clinical outcome and incidence of late re-stenosis after CEA with PTFE versus Hemashield patching.

## METHODS

### Patient Population

Two hundred CEAs (180 patients; 20 had bilateral CEAs) were randomized between July 1998 and March 2000 into 100 CEAs with PTFE patching and 100 CEAs with collagen-impregnated Dacron patching (Hemashield). Details of

the randomization were described in our previously published study.<sup>22</sup> During the study period, the following patients were excluded from the trial: repeat CEAs (23 cases), CEAs with concomitant coronary artery bypass grafting (14 cases), and patients with an internal carotid artery diameter of less than 4 mm (none during this study). This study was approved by the Institutional Review Board of Charleston Area Medical Center/Robert C. Byrd Health Sciences Center of West Virginia University.

Before surgery, all patients underwent carotid color duplex ultrasound scanning and/or magnetic resonance angiography (MRA) to determine preoperative stenoses. Baseline blood cholesterol and triglyceride levels were also obtained. Various preoperative risk factors were determined, including smoking, hypertension, diabetes mellitus,

**Table 3. LATE RE-STENOSIS/TYPE OF PATCHING**

Late Re-stenosis	Hemashield Patch	PTFE Patch	P Value
$\geq 50\%$ re-stenosis	30/100 (30%)	3/100 (3%)	.0000
$\geq 70\%$ re-stenosis	15/100 (15%)	0	.0002
Occluded	6/100 (6 %)	0	.0382

**Table 4. KAPLAN-MEIER LIFE TABLE ANALYSIS OF FREEDOM FROM  $\geq 50\%$  RE-STENOSIS**

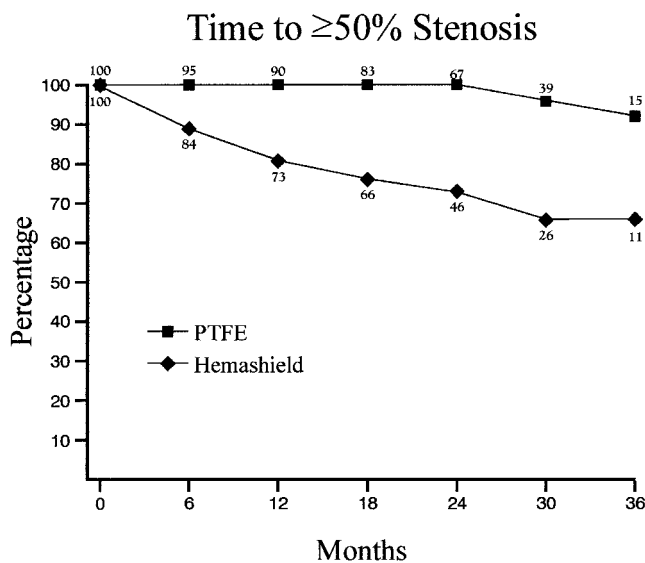
Time Interval (mos.)	No. at Risk at Start	No. Failed	No. Withdrawn (Censored)	Cumulative Patency (%)	Standard Error (%)
Hemashield					
0	100	0	0	100	0
6	84	11	5	89	3.23
12	73	7	4	81	4.12
18	66	5	2	76	4.60
24	46	2	18	73	5.60
30	26	3	17	66	7.55
36	11	0	15	66	11.60
PTFE					
0	100	0	0	100	0
6	95	0	6	100	0
12	90	0	5	100	0
18	83	0	7	100	0
24	67	0	16	100	0
30	39	2	26	96	3.01
36	15	1	23	92	6.85

coronary artery disease, and the preoperative use of anti-platelet therapy. The indications for CEA were categorized into hemispheric transient ischemic attack (TIA) symptoms, amaurosis fugax, hemispheric strokes, nonhemispheric TIAs, and asymptomatic carotid stenoses.

**Operative Technique**

All procedures were performed under general anesthesia with systemic heparin and routine shunting. No protamine was given at the end of the procedure. During surgery, the normal internal carotid artery distal to the lesion was mea-

sured in millimeters with calipers. Endarterectomies were extended proximally and distally beyond grossly diseased intima. PTFE cardiovascular patches (8 mm wide and 0.4 mm thick) were used and sutured with PTFE sutures (TT-9 needles, CV-6 sutures). Hemashield patches (8 mm wide) were sutured with 6-0 polypropylene sutures (Prolene, Ethicon, Somerville, NJ). Thrombin-soaked oxidized cellulose and digital pressure were applied to stop any bleeding points before closure in patients with PTFE patches. Completion postoperative duplex ultrasound scanning was performed on all patients. All patients were started on a regimen of aspirin (325 mg daily) within 24 hours of surgery.



**Figure 1.** Kaplan-Meier life table analysis of freedom from 50% or greater restenosis.

**Surveillance Protocol**

All patients had clinical/neurologic examinations postoperatively and underwent immediate postoperative color duplex ultrasound scanning that was repeated at 30 days, 6 months, and every 6 months thereafter using an ATL HDI 5000 system (Advanced Technology Laboratory, Bellevue, WA). Reportable complications were determined in accordance with the Society of Vascular Surgery/American Association of Vascular Surgery Ad Hoc Committee Suggested Standards for Reports Dealing with Cerebrovascular Disease.<sup>23</sup> Peak systolic velocities of more than 140 cm per second on duplex examination with spectral broadening throughout systole and an increased diastolic frequency were consistent with hemodynamically significant stenoses ( $\geq 50\%$  reduction).<sup>24</sup> Patients who had duplex findings that were consistent with severe stenoses of 70% or greater underwent MRA, conventional arteriogram, or carotid exploration (for patients with perioperative carotid thrombosis and neurologic deficits) to confirm their diagnosis.

**Table 5. KAPLAN-MEIER LIFE TABLE ANALYSIS FOR FREEDOM FROM ≥70% STENOSIS**

Time Interval (mos.)	No. at Risk at Start	No. Failed	No. Withdrawn (Censored)	Cumulative Patency (%)	Standard Error (%)
Hemashield					
0	100	0	0	100	0
6	86	7	7	93	2.66
12	74	2	10	91	3.22
18	69	2	3	88	3.65
24	49	1	19	87	4.54
30	29	0	20	87	5.90
36	12	2	15	78	10.52
PTFE					
0	100	0	0	100	0
6	95	0	6	100	0
12	90	0	5	100	0
18	83	0	7	100	0
24	67	0	16	100	0
30	39	0	28	100	0
36	15	0	24	100	0

**Statistical Methods**

The details of the statistical analysis were described in our previous study.<sup>22</sup> Morbidity rates and other noncontinuous variables were compared with either the chi-square test or Fisher exact test. Kaplan-Meier primary analysis was used to calculate the occurrence of late events (time to ≥50% re-stenosis or ≥70% re-stenosis or stroke). Multivariate analyses of various risk factors were performed as a means of determining independent predictors of perioperative stroke, carotid occlusion, and late re-stenosis. Possible risk factors were chosen based on an univariate analysis with one or two-tailed *P* of .1. Models were then refined by

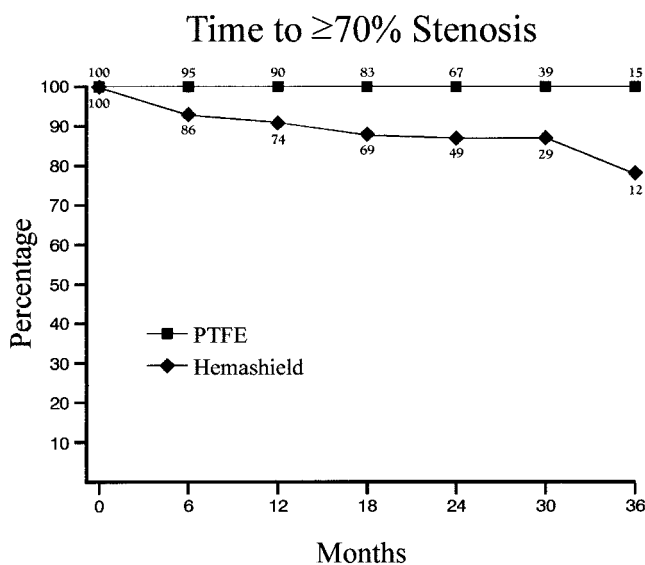
multiple runs (forward and backward), eliminating factors unlikely to be associated with outcome (i.e., high *P* value in these models).

**RESULTS**

As reported in our previous study,<sup>22</sup> there were no statistically significant differences in the demographic and clinical data for both groups. The 30-day perioperative complications were also reported earlier.<sup>22</sup> The mean follow-up was 25.5 months (range 1–40 months).

The incidence of all ipsilateral strokes (early and late) was 8% (7% perioperatively) for Hemashield patching versus 0% for PTFE patching (*P* = .012). Both groups had similar mortality rates. Table 1 summarizes the univariate analysis of various risk factors and the incidence of 70% or greater re-stenosis in the whole series. None of these risk factors was statistically significant. Table 2 summarizes the effect of various risk factors on all deaths and strokes (perioperative and late events). None of these factors was statistically significant except for age: the mean age for patients with stroke and death was 72.2 versus 67.7 for patients with no stroke or death (*P* = .027).

As noted in Table 3, 30% of patients with Hemashield patching had 50% or greater re-stenosis versus 3% for PTFE patching (*P* = .0000). Similarly, the incidence of 70% or greater re-stenosis was 15% for Hemashield patching versus 0% for PTFE (*P* = .0002). Carotid artery occlusion was noted in 6% of patients with Hemashield versus 0% for PTFE (*P* = .0382). All patients with 50% to 70% re-stenosis were asymptomatic except for one patient in the Hemashield patching group, who presented with TIA. Three patients with 70% to 99% re-stenosis were associated with TIAs, and one was associated with stroke. Five of six



**Figure 2.** Kaplan-Meier life table analysis for freedom from 70% or greater stenosis.

Table 6. KAPLAN-MEIER LIFE TABLE ANALYSIS OF STROKE-FREE RATES

Time Interval (mos.)	No. at Risk at Start	No. Failed	No. Withdrawn (Censored)	Cumulative Stroke-Free Rates (%)	Standard Error (%)
Hemashield					
0	100	0	0	100	0
6	89	7	4	93	2.61
12	85	0	5	93	2.67
18	82	0	2	93	2.72
24	57	0	25	93	3.26
30	35	0	22	93	4.16
36	15	1	19	89	7.63
PTFE					
0	100	0	0	100	0
6	96	0	5	100	0
12	92	0	3	100	0
18	85	0	8	100	0
24	66	0	19	100	0
30	39	0	27	100	0
36	15	0	24	100	0

patients with carotid occlusion in the Hemashield group were noted perioperatively.<sup>22</sup>

Univariate and multivariate analyses of demographic and preoperative risk factors showed that only the type of patching (Hemashield patching) was significantly associated with a higher incidence of recurrent stenosis of at least 70% ( $P = .0000$ ).

Kaplan-Meier analysis showed that freedom from 50% or greater re-stenosis at 6, 12, 24, and 36 months was 89%, 81%, 72%, and 66% for Hemashield patching versus 100%, 100%, 100%, and 92% for PTFE patching ( $P < .01$ , Table 4, Fig. 1). Similarly, the freedom from 70% or greater re-stenosis at 6, 12, 24, and 36 months was 93%, 91%, 86%, and 78% for Hemashield patching versus 100%, 100%, 100%, and 100% for PTFE patching ( $P < .01$ , Table 5, Fig. 2).

The cumulative stroke-free rates at 6, 12, 24, and 36 months were 93%, 93%, 93%, and 89% for Hemashield patching versus 100%, 100%, 100%, and 100% for PTFE patching ( $P < .01$ , Table 6, Fig. 3). The cumulative stroke-free survival rates at 6, 12, 24, and 36 months were 90%, 89%, 87%, and 79% for Hemashield patching versus 98%, 98%, 92%, and 92% for PTFE patching ( $P < .01$ , Table 7, Fig. 4). The outcome of stroke-free survival was highly associated with preoperative symptoms of stroke (vs. no symptoms or TIA), as noted in Table 8.

A multivariate analysis also showed that older patients ( $P = .0317$ ) and preoperative indications of stroke ( $P = .0067$ ) were the only factors associated with an increased incidence of subsequent stroke or death.

## DISCUSSION

The practice of patch angioplasty with CEA has been shown by several authors to be more effective than primary closure with respect to results of perioperative stroke and re-stenosis.<sup>5-13</sup> The ideal patch has yet to be identified, with proponents for both autologous vein and synthetic grafts reaching no general consensus. Multiple studies have shown the comparability of both PTFE<sup>5,6,8,13,25-28</sup> and Dacron<sup>13-16</sup> to autologous vein patching. The advantages of synthetic patches include availability, decreased incidence of aneurysmal dilation or patch rupture, avoiding harvest site complications, and decreased operative times. Proponents of autologous tissue cite decreased infectious complications, less thrombogenic surface, and a decreased incidence of postoperative bleeding. Some researchers have demonstrated a prolonged hemostasis time,<sup>6,8</sup> as well as excessive bleeding from needle holes<sup>17,29</sup> in PTFE patches, while others have documented no significant bleeding with PTFE.<sup>13,30</sup>

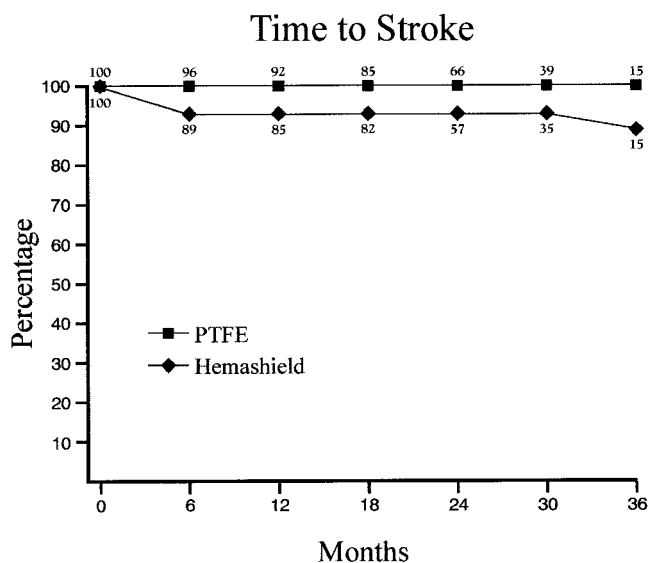


Figure 3. Kaplan-Meier life table analysis of stroke-free rates.

**Table 7. KAPLAN-MEIER LIFE TABLE ANALYSIS FOR TIME TO STROKE OR DEATH-FREE RATES**

Time Interval (mos.)	No. at Risk at Start	No. Failed	No. Withdrawn (Censored)	Cumulative Stroke/Death-Free Rates (%)	Standard Error (%)
Hemashield					
0	100	0	0	100	0
6	89	10	1	90	3.02
12	85	1	4	89	3.21
18	82	0	2	89	3.26
24	57	2	23	87	4.18
30	35	2	20	83	5.83
36	15	1	19	79	9.36
PTFE					
0	100	0	0	100	0
6	96	2	3	98	1.42
12	92	0	3	98	1.45
18	85	3	5	95	2.36
24	66	2	17	92	3.17
30	39	0	27	92	4.13
36	15	0	24	92	6.65

Reduction of blood loss with PTFE patching has been found to be associated with a needle/suture diameter ratio of 1:1.<sup>30,31</sup> In our patients, the use of PTFE suture (CV-6) and needles (TT-9) minimized the hemostasis time; however, the mean hemostasis time for the PTFE patches used in this study was still significantly higher than for Hemashield patching. Over the past 3 years, W. L. Gore & Associates, Inc., has introduced a new PTFE patch, Accuseal, that has a better hemostasis time than conventional PTFE patching.

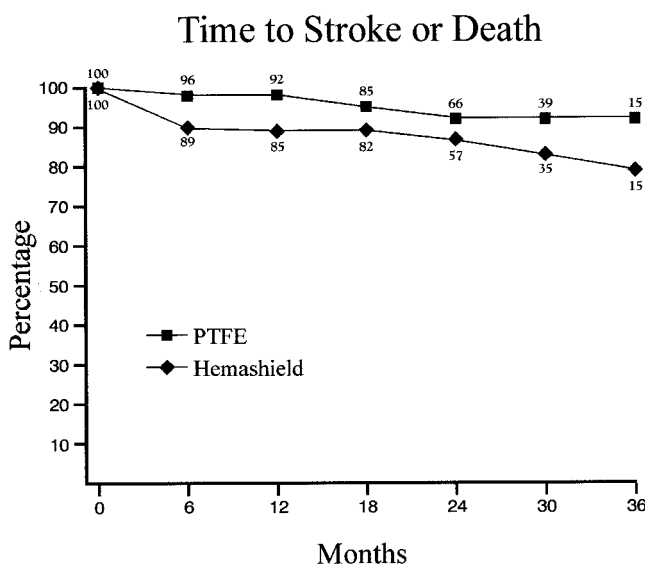
Given this concern of excessive bleeding, the use of collagen-impregnated knitted Dacron patches has been advocated by some, without strong clinical evidence compar-

ing the two synthetic patches. Before the early results of this study,<sup>22</sup> no prospective randomized trials were available evaluating these two patches.

In a previous prospective nonrandomized controlled study by our group,<sup>21</sup> a perioperative stroke rate of 4% was reported for patients closed using Hemashield patching, with a late re-stenosis rate of 21%. The re-stenosis rate was 22% for women and 14% for men.

The early results of this prospective randomized study reflected similar findings, with a higher incidence of perioperative strokes and carotid thrombosis in the Hemashield arm, suggesting that, in fact, these two synthetic materials are not equal.<sup>22</sup> The incidence of early re-stenosis was also significantly higher in the Hemashield group: 12% (this includes perioperative thrombosis) versus 2% for PTFE patching. This trend toward higher re-stenosis rates in the Hemashield group held true in the long-term follow-up.

Kaplan-Meier analysis showed that freedom from 70% or



**Figure 4.** Kaplan-Meier life table analysis for time to stroke or death-free rates.

**Table 8. OUTCOME OF STROKE-FREE SURVIVAL AND PREOPERATIVE SYMPTOMS**

Preop. Indications	No Stroke/Death	Stroke/Death	Total
Stroke	17 (71%)	7 (29%)	24 (100%)
Transient ischemic attacks	92 (93%)	7 (7%)	99 (100%)
Asymptomatic	67 (87%)	10 (13%)	77 (100%)
<i>P</i> = .011			
Strokes	17 (71%)	7 (29%)	24 (100%)
No strokes	159 (90%)	17 (10%)	176 (100%)
<i>P</i> = .015			



greater re-stenosis at 6, 12, 24, and 36 months was 93%, 91%, 86%, and 78% for Hemashield patching versus 100%, 100%, 100%, and 100% for PTFE patching ( $P < .01$ ). Similarly, the cumulative stroke-free survival rates were superior for PTFE patching at 36 months (92% vs. 79%,  $P < .01$ ).

The perioperative stroke rate in the Hemashield group was somewhat higher than we anticipated. However, in our previously published prospective controlled study of CEA with Hemashield patching (all performed by one surgeon, A.F.A.), the incidence of ipsilateral stroke was 5% (4% perioperatively), with a combined TIA and stroke rate of 12%.<sup>21</sup> The stroke rates in both studies were similar for the same surgeon (5.6% vs. 4%). Other studies comparing plain Dacron and vein patching have shown similar results.<sup>14,15</sup> Earlier studies have reported on the use of conventional Dacron patches in CEAs (i.e., non-collagen-impregnated Dacron patches), with postoperative stroke rates of approximately 3%.<sup>9,10,14,15</sup> In a retrospective study of vein versus Dacron patching, Goldman et al. revealed a re-stenosis rate of 8.4% with a mean follow-up of 13.7 months in the Dacron group.<sup>14</sup> Archie reported on the results of a nonrandomized series of 1,360 CEAs over 15 years, comparing three types of patches (saphenous vein, Dacron, and PTFE), and concluded that CEAs patched with saphenous veins were superior to CEAs patched with synthetic materials, particularly Dacron, for stroke and re-stenosis rates.<sup>9</sup> He also reported the results of a meta-analysis of three studies that contained both saphenous vein and Dacron patch reconstruction during CEA, and three other studies that contained both saphenous vein and PTFE patch reconstruction. The perioperative stroke rate for Dacron patching was 3% (598 CEA) versus 1% for vein patching (675 CEAs,  $P = .025$ ). Similarly, the perioperative stroke rate for PTFE patching was 2.1% (331 CEAs) versus 0.3% for vein patching (363 CEAs,  $P = .056$ ). Recently, Archie<sup>32</sup> analyzed 33 bilateral CEAs that were performed within 1 year in patients with paired vein and Dacron patch reconstruction, using a greater saphenous vein patch on one side and a knitted Dacron patch on the other side. Over a mean follow-up of 43 months, 10 (30%) Dacron-patched and 1 (3%) vein-patched CEA developed 25% or greater re-stenosis ( $P = .001$ ), 7 (21%) Dacron-patched and no vein-patched CEA developed 50% or greater re-stenosis ( $P = .01$ ), and 4 (12%) Dacron-patched and no vein-patched CEA developed 70% or greater re-stenosis ( $P = .11$ ). He also reported that the cumulative 50% or greater re-stenosis rates for Dacron- and vein-patched CEAs were 16% and 0% at 2 years and 34% and 0% at 5 years, respectively ( $P = .003$ ). The cumulative 70% or greater re-stenosis rates for Dacron- and vein-patched CEA were 8% and 0% at 2 years and 20% and 0% at 5 years, respectively ( $P = .02$ ). He concluded that Dacron-patched CEAs have a significantly higher incidence of mild, moderate, and severe re-stenosis than do saphenous vein-patched CEAs, independent of systemic risk factors.

Ricco et al.<sup>33</sup> reported the results of using the ultra-thin collagen-impregnated knitted polyester patches (Hema-

shield patch, Ultrathin, Intravascular) in 221 CEAs, with a 1.8% ipsilateral occlusion rate, a 1.4% ipsilateral stroke rate, and a 1.4% ipsilateral TIA rate. They also reported that the percentage of women free from 50% or greater re-stenosis was 82% at 3 years, compared with 90% for men for the same period ( $P = .035$ ). Because of these results, they felt that the use of these patches should be restricted to men.

The data from this trial in both 30-day<sup>22</sup> and long-term follow-up raise the question of whether this Hemashield patch is thrombogenic in the endarterectomized carotid artery. Previously, collagen-impregnated Dacron has been praised for its handling characteristics, as well as hemostasis. Implantation of various grafts in dogs showed that medium-porosity knitted Dacron patches have better endothelial coverage, perigraft attachment, and thrombus-free surface than collagen-impregnated knitted Dacron patches.<sup>34</sup> Several reports on animal models have shown different characteristics of Dacron when used in the thoracic and abdominal aorta,<sup>35</sup> as well as in the carotid and femoral sites.<sup>36</sup> The local environment is different in the high-flow large-diameter aorta, compared to the endarterectomized carotid with exposed collagen and denuded adventitia. This local milieu may be responsible for the acute thrombogenicity as well as the development of both early and late re-stenosis. Studies have shown increased platelet deposition on both PTFE and knitted Dacron, with a greater deposition on knitted Dacron.<sup>37</sup>

In conclusion, PTFE patching is superior to Hemashield patching in lowering the incidence of postoperative ipsilateral strokes and late recurrent stenosis.

## References

1. Cronenwett JL, Birkmeyer JD, eds. *The Dartmouth Atlas of Vascular Health Care*. Chicago: AHA Press, 2000:41–52.
2. North American Symptomatic Carotid Endarterectomy Trial Collaborators. Beneficial effect of carotid endarterectomy in symptomatic patients with high-grade carotid stenosis. *N Engl J Med*. 1991;325:445–453.
3. Barnett HJ, Taylor DW, Eliasziw M, et al. Benefit of carotid endarterectomy in patients with symptomatic moderate to severe stenosis. *N Engl J Med*. 1998;339:1415–1425.
4. Executive Committee of the Asymptomatic Carotid Atherosclerosis Study. Endarterectomy for asymptomatic carotid artery stenosis. *JAMA*. 1995;273:1421–1428.
5. AbuRahma AF, Khan JH, Robinson PA, et al. Prospective randomized trial of carotid endarterectomy with primary closure and patch angioplasty with saphenous vein, jugular vein, and polytetrafluoroethylene: Perioperative (30-day) results. *J Vasc Surg*. 1996;24:998–1007.
6. AbuRahma AF, Robinson PA, Saiedy S, et al. Prospective randomized trial of carotid endarterectomy with primary closure and patch angioplasty with saphenous vein, jugular vein, and polytetrafluoroethylene: long-term follow-up. *J Vasc Surg*. 1998;27:222–234.
7. Clagett GP, Patterson CB, Fisher DF Jr, et al. Vein patch versus primary closure for carotid endarterectomy: a randomized prospective study in a selected group of patients. *J Vasc Surg*. 1989;9:213–223.
8. Allen PG, Jackson MR, O'Donnell SD, et al. Saphenous vein versus polytetrafluoroethylene carotid patch angioplasty. *Am J Surg*. 1997;174:155–157.

9. Archie JP Jr. Patching with carotid endarterectomy: When to do it and what to use. *Semin Vasc Surg.* 1998;11:24–29.
10. Archie JP Jr. A fifteen-year experience with carotid endarterectomy after a formal operative protocol requiring highly frequent patch angioplasty. *J Vasc Surg.* 2000;31:724–735.
11. Counsell CE, Salinas R, Naylor R, et al. A systematic review of the randomized trials of carotid patch angioplasty in carotid endarterectomy. *Eur J Endovasc Surg.* 1997;13:345–354.
12. Gonzalez-Fajardo JA, Perez JL, Mateo AM. Saphenous vein patch versus polytetrafluoroethylene patch after carotid endarterectomy. *J Cardiovasc Surg.* 1994;35:523–528.
13. Rosenthal D, Archie JP Jr, Garcia-Rinaldi R, et al. Carotid patch angioplasty: Immediate and long-term results. *J Vasc Surg.* 1990;12:326–333.
14. Goldman KA, Su WT, Riles TS, et al. A comparative study of saphenous vein, internal jugular vein, and knitted Dacron patches for carotid endarterectomy. *Ann Vasc Surg.* 1995;9:171–179.
15. Katz SG, Kohl RD. Does the choice of material influence early morbidity in patients undergoing carotid patch angioplasty? *Surgery.* 1996;119:297–301.
16. Hayes PD, Allroggen H, Steel S, et al. Randomized trial of vein versus Dacron patching during carotid endarterectomy: Influence of patch type on postoperative embolization. *J Vasc Surg.* 2001;33:994–1000.
17. McCready RA, Siderys H, Pittman JN, et al. Delayed postoperative bleeding from polytetrafluoroethylene carotid artery patches. *J Vasc Surg.* 1992;15:661–663.
18. Reigel MM, Hollier LH, Pairolero PC, et al. Early experience with a new collagen-impregnated aortic graft. *Am Surg.* 1988;54:134–136.
19. Westaby S, Parry A, Giannopoulos N, et al. Replacement of the thoracic aorta with collagen-impregnated woven Dacron grafts: Early results. *J Thorac Cardiovasc Surg.* 1993;106:427–433.
20. Stegmann TH, Haverich A, Borst HG. Clinical experience with a new collagen-coated Dacron double-velour prosthesis. *Thorac Cardiovasc Surg.* 1986;34:54–56.
21. AbuRahma AF, Robinson PA, Hannay RS, et al. Prospective controlled study of carotid endarterectomy with Hemashield patch: Is it thrombogenic? *Vasc Surg.* 2001;35:167–174.
22. AbuRahma AF, Hannay RS, Khan JH, et al. Prospective randomized study of carotid endarterectomy with polytetrafluoroethylene versus collagen-impregnated Dacron (Hemashield) patching: Perioperative (30-day) results. *J Vasc Surg.* 2002;35:125–130.
23. Baker JD, Rutherford RB, Bernstein EF, et al. Suggested standards for reports dealing with cerebrovascular disease. *J Vasc Surg.* 1988;8:721–729.
24. AbuRahma AF, Richmond BK, Robinson PA, et al. Effect of contralateral severe stenosis or carotid occlusion on duplex criteria of ipsilateral stenoses: Comparative study of various duplex parameters. *J Vasc Surg.* 1995;22:751–762.
25. Counsell C, Warlow C, Naylor R. Patches of different types for carotid patch angioplasty. *Cochrane Database Syst Rev.* 2000;2:CD000071.
26. Treiman RL, Foran RF, Wagner WH, et al. Does routine patch angioplasty after carotid endarterectomy lessen the risk of perioperative stroke? *Ann Vasc Surg.* 1992;4:317–319.
27. Jacobowitz GR, Kalish JA, Lee AM, et al. Long-term follow-up of saphenous vein, internal jugular vein, and knitted Dacron patches for carotid artery endarterectomy. *Ann Vasc Surg.* 2001;15:281–287.
28. Archie JP. Carotid endarterectomy outcome with vein or Dacron graft patch angioplasty and internal carotid artery shortening. *J Vasc Surg.* 1999; 29:654–664.
29. LeGrand DR, Linchan RL. The suitability of expanded PTFE for carotid patch angioplasty. *Ann Vasc Surg.* 1990;4:209–12.
30. Rhodes VJ. Expanded polytetrafluoroethylene patch in carotid endarterectomy. *J Vasc Surg.* 1995;22:724–731.
31. Miller CM, Sangioli P, Jacobson JH II. Reduced anastomotic bleeding using new sutures with a needle-suture diameter of one. *Surgery.* 1987;101:156–160.
32. Archie JP Jr. Restenosis after carotid endarterectomy in patients with paired vein and Dacron patch reconstruction. *Vasc Surg.* 2001;35:419–427.
33. Ricco JB, Bouin-Pineau MH, Demarque C, et al. The role of polyester patch angioplasty in carotid endarterectomy: a multicenter study. *Ann Vasc Surg.* 2000;14:324–33.
34. Patel M, Arnell RE, Sauvage LR, et al. Experimental evaluation of ten clinically used arterial prostheses. *Ann Vasc Surg.* 1992;6:244–51.
35. Hayashida N, Han MT, Wu MH, et al. Differential effect of the retropleural and retroperitoneal environment on healing of the inner wall of porous fabric prostheses in the thoracic and abdominal aorta of the same dog. *Ann Vasc Surg.* 1995;9:369–377.
36. Durante KR, Wu HD, Sauvage LR, et al. Implant site: A determinant of completeness of arterial prosthesis healing in the dog and possibly in humans. *Ann Vasc Surg.* 1990;4:171–178.
37. Wakefield TW, Shulkin BL, Fellows EP, et al. Platelet activity in human aortic grafts: a prospective, randomized midterm study of platelet adherence and release products in Dacron and polytetrafluoroethylene. *J Vasc Surg.* 1989;9:234–243.

## Discussion

DR. ROBERT B. SMITH, III (Atlanta, GA): Dr. AbuRahma and his colleagues in Charleston have an enviable record of conducting well-designed, randomized clinical trials and then following their patients carefully to obtain meaningful follow-up data. In this comparison of two commonly used carotid prosthetic patches, they have addressed an important, highly practical question: Which patch is better, Dacron or PTFE? Their data would tend to support the latter, but their manuscript leaves me still somewhat unconvinced, perhaps because I have used mostly Dacron for the past 20 years with very satisfactory results.

I have a number of questions related to technical issues that may have influenced their results. First, the 5% early occlusion rate in Dacron patch patients seems rather high and may reflect luxuriant platelet aggregation perioperatively. Did all patients receive preoperative aspirin or Plavix, and did you use intraoperative Dextran to reduce platelet adhesiveness further? Were the prosthetic patches applied to the entire length of the arteriotomy, or were some used only in the upper portion to assure adequate circumference of the internal carotid orifice? Did any patients undergo adjunctive steps to eliminate severe tortuosity of the vessel that might have predisposed to early postoperative kinking and occlusion? Finally, the marked difference in re-stenosis rate in Dacron versus PTFE patients is quite striking and suggests that thick myointimal hyperplasia is much more likely in the presence of Dacron, or perhaps its attached collagen coating. Are the authors aware that this observation has been made by other investigators, and what is the mechanism for this finding?

Dr. AbuRahma, as in any good study, you may have produced more questions than answers. I have every confidence, however, that you will return to West Virginia and undertake another well-designed trial that will further our knowledge in this area. We look forward to hearing more from you in the future.

DR. R. PHILLIP BURNS (Chattanooga, TN): I enjoyed this paper, and it does raise the dilemma that many of us have had in regard to utilization of these two materials in patching the carotid. I am curious as to what technique you used to stop the oozing and bleeding in your PTFE patches. I think a lot of us changed from PTFE years ago to the Hemashield patch because we had less problems with bleeding. So I would like to know, what are your secrets to stopping the bleeding after you release the clamps with the PTFE patch? I think it is a nicely done study.

DR. WARD O. GRIFFEN, JR. (Frankfort, MI): I would like to just ask a methodological question. In your slides, I believe you showed that you used two different types of sutures in the two patches you studied. I wonder if it is the two different sutures rather than a difference in patches that made for the results.



DR. ALI F. ABURAHMA (Charleston, WV): I want to thank Dr. Smith for his nice comments, and I am honored to have him discuss this paper. In regard to his questions, it's true that the 5% perioperative carotid occlusion rate was high in our series; in fact, it was surprisingly higher than we anticipated. However, I need to remind the audience that the past studies that reported a perioperative carotid occlusion rate that was lower than 5% used the conventional Dacron patch, not the collagen-impregnated Hemashield patch that we used in this study. Incidentally, this patch is also different from another collagen-impregnated Hemashield patch that is called the Ultrathin or Finess patch.

As we indicated in the manuscript, we are speculating that the presence of collagen in a very raw surface, such as the carotid endarterectomy surface, may be somewhat thrombogenic. However, our study was not designed to prove or disprove this speculation.

In regards to the length of the patch, the patch was not confined to the internal carotid artery; it was along the entire carotid endarterectomy incision.

In terms of using other antiplatelet agents, specifically dextran, none of our patients were treated with perioperative dextran therapy. However, all patients were given one aspirin daily. Perhaps using dextran may be a good option for those who prefer to use this patch.

In regards to any kinking that may explain the adverse outcome, there were no specific technical differences between patients who underwent PTFE and those who underwent Hemashield patching.

In regards to the second discussant and the issue of excessive bleeding using PTFE, I agree with the discussant. The conventional PTFE patches are known to be associated with an excessive hemostasis time; however, using thrombin and Gelfoam in our study minimized the hemostasis time to a mean of approximately 12 minutes. The hemostasis time can be shortened by using the new PTFE patch, Accuseal, that was introduced 3 years ago.

In regards to Dr. Griffen's question regarding whether the difference in outcome may be related to the different suture materials used for PTFE versus the Hemashield patch, this study was not designed to answer that question. We simply used the sutures recommended by the PTFE Gore-tex company in suturing these patches; however, I doubt if this explains the difference in outcome.

I want to thank the Southern Surgical Association for the honor of presenting this paper. Thank you.