Changes in Pulmonary Function and Parasite Burden in Rats Infected with *Strongyloides venezuelensis* Concomitant with Induction of Allergic Airway Inflammation

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The prevalence of allergic diseases such as asthma has increased markedly over the past few decades. To evaluate the possible mutual influence of helminth infection and allergy, the combined effects of experimental allergic airway inflammation and infection with *Strongyloides venezuelensis* **on various parasitological and inflammatory indices were evaluated in the rat. A challenge of immunized rats with aerosolized ovalbumin (OVA) resulted in eosinophilic inflammation that peaked 48 h after the challenge and was accompanied by airway hyperresponsiveness (AHR) to an intravenous acetylcholine challenge.** *S***.** *venezuelensis* **infection concomitant with an OVA challenge of immunized rats resulted in prolonged pulmonary inflammation with increased eosinophil infiltration in bronchoalveolar lavage fluid but not in the lung tissue. These rats also showed a significant parasite burden reduction, especially during parasite migration through the lungs. However, the fecundity rates of worms that reached the intestine were similar in allergic and nonallergic animals. Despite airway inflammation, the increased responsiveness of the airways in the experimental asthma model was suppressed during parasite migration through the lungs (2 days). In contrast, parasite-induced AHR was unchanged 5 days after infection in immunized and challenged rats. In conclusion, infection with** *S***.** *venezuelensis* **interfered with the onset of AHR following an antigen challenge of immunized rats. The ability of parasites to switch off functional airway responses is therapeutically relevant because we may learn from parasites how to modulate lung function and, hence, the AHR characteristic of asthmatic patients.**

The global prevalence of allergic diseases such as asthma, the best-documented kind of allergic disease, has increased markedly over the past few decades (4, 15, 29). The overall increased frequency of asthma has been followed by an alarming increase in fatal and severe cases of the disease, especially in children (3). As a consequence, estimates in the United States have indicated billions of dollars lost in health care costs and reduced overall productivity due to asthma (32).

Although asthma has a genetic predisposition component (34), the fast increase in the incidence of asthma indicates that environmental factors are responsible for the epidemic behavior of the disease. Low educational and social levels, changes in certain types of air pollution (particulate, for example) and indoor exposure to allergens have been associated with asthma development (10, 33). Interestingly, the prevalence of asthma has risen especially in the developed parts of the world, where the overall air quality and socioeconomic level of the population have improved in recent years (4, 16). Therefore, the hygiene hypothesis initially proposed by Strachan (28) has attracted the most attention. The hygiene hypothesis argues that the diminished incidence of childhood infection observed in industrialized countries over the past century impairs the development of Th1 responses, thus increasing the tendency to allergic diseases (8). Experimental support for this hypothesis

came from epidemiological studies showing an inverse correlation between levels of antibodies to orofecal microbes, such as hepatitis A virus and *Toxoplasma gondii*, and atopy (20). A similar correlation was also found between the rise in the incidence of allergies and the decline in cellular reactivity to mycobacteria in Japanese children (25). However, it was not all of the Th1-inducing stimuli that had an the immunomodulatory effect on atopy (27). Moreover, an increasing number of studies have shown that human populations with a high prevalence of helminth infection, the most potent natural Th2 response stimulant, generally have a low prevalence of atopy and allergic diseases (2, 17). Again, the inverse association between atopy and helminth infection was not always found (18, 19), suggesting that immunoregulation of allergies by parasite infection is more complex than just a matter of Th1-Th2 balance and is influenced by many factors, including the intensity and continuity of the infection and the infection site (36, 38).

The development of experimental models with which to understand the mechanism by which helminth infections modulate the development of allergic responses might result in new strategies by which to control allergic diseases. At the same time, this knowledge may also help in the evaluation of the relevance of allergic inflammation to worm elimination. We have recently described lung alterations induced by the nematode *Strongyloides venezuelensis* in the rat, its natural host. The obligatory migration of the parasite larvae through the lung induced eosinophilic inflammation, mucus production, increased local concentrations of total and specific immunoglobulin E (IgE), and airway hyperresponsiveness (AHR) (26).

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FIG. 1. Scheme of parasite infection combined with OVA immunization and challenge.

To evaluate the possible mutual influence of infection and allergy in our model, we have evaluated the combined effects of experimental allergic airway inflammation and infection with *S*. *venezuelensis* on various parasitological and inflammatory indices in the rat.

MATERIALS AND METHODS

Rats and parasite. Male Wistar rats weighing 180 to 200 g and bred at the bioscience unit at Instituto Gonçalo Moniz (Fundação Oswaldo Cruz, Salvador, Brazil) were used in the experiments. During the investigation, rats were maintained at the animal facilities of the Federal University of Minas Gerais, fed with laboratory chow (Nuvilab; Colombo, Paraná, Brazil), and given tap water to drink ad libitum. The experimental procedures used received prior approval from the local animal ethics committee.

S. *venezuelensis*, a nematode parasite that obligatorily migrates through the host lungs before establishment in the duodenal mucosa, was used in the experiments. The nematode was isolated from *Rattus norvegicus* (5) and has been maintained in the Department of Parasitology, Federal University of Minas Gerais, by serial passage in Wistar rats.

Parasite infection model. For the experiments described herein, *S*. *venezuelensis* infective filiform (L3) larvae were obtained from a charcoal culture of infected-rat feces and the infective larvae collected were counted and adjusted to 5,000 L3 larvae/ml of phosphate-buffered saline (PBS [NaCl at 136 mM, KCl at 2 mM, $Na₂HPO₄$ at 8 mM, $KH₂PO₄$ at 10 mM, pH 7.4]) for infection as previously described by Silveira et al. (26). For each infection, rats were inoculated subcutaneously with $1,500$ infective larvae in 300μ l of PBS in the abdominal region and infectivity parameters were evaluated at 2, 5, 7, and 12 days after inoculation.

Experimental asthma model—immunization and challenge with OVA. A protocol of immunization with ovalbumin (OVA) was developed to induce lung eosinophil inflammation and AHR in rats. The protocol, modified from that of Pereira de Siqueira et al. (21), consisted of immunization with a solidified egg white implant and a challenge with aerosolized OVA. Briefly, pasteurized and lyophilized hen's egg white was prepared at 10% in PBS and 45-µl samples were placed into 96-well plates and microwaved for 90 s. The solidified egg white was dehydrated in ethanol for 48 h, kept at 4°C, and hydrated in PBS for 2 h before implantation. Heat-coagulated hen's egg white was implanted into the subcutaneous tissue of the dorsal region of anesthetized Wistar rats (one 45-µl solidified sample/rat). A nasal antigen challenge was administrated once (14 days after OVA implantation) or twice (14 and 21 days after implantation) by exposure of rats to 2% aerosolized OVA for 30 min (OVA/OVA group). The aerosol was delivered into an adapted chamber by an ultrasonic nebulizer (Harvard Apparatus, Holliston, Mass.). Surgically treated, nonsensitized, PBS-aerosolized rats (PBS/PBS group); surgically treated, nonsensitized, and OVA-challenged rats (PBS/OVA group); and surgically implanted, OVA-sensitized, and PBS challenged rats (OVA/PBS) were used as controls. The animals were evaluated at 24, 48, and 72 h after the challenge.

Experimental asthma combined with parasite infection. To verify the effect of natural nematode infections on the OVA-immunized lung, rats were subcutaneously infected with 1,500 *S*. *venezuelensis* larvae at the time of the second nasal OVA challenge (OVA/OVA infected group). The lung function of these rats was estimated at 2 and 5 days after parasite infection, time points of maximal allergen- and parasite-induced AHR, respectively (26). Lung cellular infiltration was analyzed at 2, 7, and 12 days after parasite infection, while the parasite burdens in the lung and small intestine were quantified at 2 and 7 days after parasite infection, respectively (Fig. 1). Surgically treated, nonsensitized, PBS-aerosolized, and parasite-infected rats (PBS/PBS infected group); surgically treated, nonsensitized, OVA-challenged, and parasite-infected rats (PBS/OVA infected

group); and OVA-implanted and challenged but not infected rats (OVA/OVA not infected group) were also evaluated.

Parasite burden. Infectivity rates were determined by assessing fecal egg counts, numbers of larvae recovered from the lung, and numbers of worms recovered from the small intestine at 2 and 7 days after parasite infection in PBS/PBS infected and OVA/OVA infected mice. For worm recovery from the small intestine, the upper half of the small intestine was removed after sacrifice, washed, cut open longitudinally, and incubated in PBS at 37°C for 4 h. For recovery of larvae from the lung, the organ was removed, fragmented in PBS, and incubated for 2 h at 37°C. Worms that emerged from each organ were quantified by stereomicroscopy. Eggs eliminated with the host feces were diluted in a sugar-saturated solution (Sheater solution) and quantified in McMaster chambers (26). *S*. *venezuelensis*-infected hosts have only female worms in the small intestine; therefore, the number of eggs eliminated divided by the number of worms recovered from the intestine was used to calculate parasite fecundity at that time.

Lung function evaluation. Changes in lung function were estimated by assessment of the responsiveness of the airways to increasing doses of intravenously injected acetylcholine. At defined time points after OVA immunization, parasite infection, or the combined protocol, rats—five rats from each experimental group—were anesthetized with thiopental sodium (40 mg/kg; Abbott Laboratories, São Paulo, Brazil) and the femoral artery, femoral vein, and trachea were cannulated. A three-way connector was attached to the tracheotomy tube; two ports were connected to the ventilator (with 10 ml of air/kg of animal at a rate of 90 breaths/min; Harvard Apparatus), and one was attached to a pressure transducer (Physiological Pressure Transducer; Ohmeda). Acetylcholine (10 to 300 µg/kg in 100 µl of sterile PBS, pH 7.4; Sigma Chemical Co., Poole, Dorset, United Kingdom) was injected through a cannula inserted into the femoral vein, and the variation in intratracheal pressure was used as an indirect measurement of lung resistance, as detailed by Silveira et al. (26). Data are expressed as percent increases in intratracheal pressure in comparison with the baseline. There were no differences in baseline pressure among any of the groups analyzed (data not shown).

Collection of blood, BAL fluid, and bone marrow. After measurement of lung function parameters, anesthetized rats were bled via the abdominal aorta and blood samples were used to estimate the circulating-cell composition. Bronchoalveolar lavage (BAL) was performed by intratracheal instillation of 5 ml of PBS containing 0.3% bovine serum albumin (PBS-BSA; Sigma) and a protease inhibitor cocktail (one tablet in 50 ml; Boehringer Mannheim, Mannheim, Germany). The BAL fluid was centrifuged (200 \times g for 7 min), and aliquots of the supernatant were kept at -70° C until further analysis. The cell pellet from the BAL fluid was resuspended in 1 ml of PBS-BSA.

Bone marrow cells were flushed from the right femur of each rat by injecting 5 ml of PBS containing heparin (50 IU/ml). The recovered solution was vortexed gently and centrifuged at $200 \times g$ for 7 min. The cell pellet was resuspended in 1 ml of PBS-BSA, and the total numbers of leukocytes and mature eosinophils were determined.

Total numbers of leukocytes in blood, BAL fluid, and bone marrow lavage fluid were estimated in a Neubauer chamber. Cytospin slides prepared from BAL fluid and bone marrow samples and blood smears were stained with May-Grünwald-Giemsa stain. Standard morphological criteria were used to differentiate at least 200 cells/slide by light microscopy.

EPO assay. The eosinophil peroxidase (EPO) assay was used to estimate the eosinophil numbers in lung tissue and BAL fluid (7). After flushing of the pulmonary artery with 20 ml of PBS, the left lung was weighed, chopped, and homogenized in PBS (5% [wt/vol]) with a tissue homogenizer (Power Gen 125; Fisher Scientific, Pittsburgh, Pa.). The homogenate was centrifuged $(3,000 \times g)$ for 10 min), the red blood cells in the pellet were lysed, and cells were resuspended in PBS (pH 7.4) containing 0.5% hexadecyltrimethylammonium bromide (Sigma). The cell solution was homogenized again, and the homogenates were then freeze-thawed three times in liquid nitrogen and stored at -20° C until they were assayed. For the assay, samples of BAL fluid and lung tissue were spun and the supernatant was diluted 1:3 in PBS-hexadecyltrimethylammonium bromide. The assay was carried out with 96-well plates (Nalge Nunc International Co., Naperville, Ill.). Each sample was tested in triplicate by adding $75 \mu l$ of the sample/well and 75 μ l of OPD substrate (1.5 mM *o*-phenylenediamine [Sigma] and 6.6 mM hydrogen peroxide in 75 mM Tris-HCl, pH 8.0)/well. The reaction was carried out at 20°C for 30 min and stopped with a 4 M sulfuric acid solution. Plates were read at 492 nm on a microplate reader (Emax; Molecular Devices), and results are shown as absorbance units.

Statistical analysis. Data are reported as the mean \pm the standard error of the mean (SEM) and were analyzed by one-way analysis of variance. In the latter

TABLE 1. Numbers of total leukocytes and eosinophils recovered from bone marrow and blood of control (PBS/PBS) and allergic (OVA/OVA) rats at 48 h after the last DNA challenge

Cell source and type (no.)	Mean no. of cells \pm SEM ^a	
	PBS/PBS	OVA/OVA
Bone marrow		
	31.4 ± 4.9	26.9 ± 3.3
Leukocytes (10^6) Eosinophils (10^5)	$3.1 + 1.4$	11.1 ± 3.5
Blood		
Leukocytes (10^6 ml)	4.3 ± 0.2	9.1 ± 1.0
Eosinophils (10^5 ml)	0.1 ± 0.01	3.0 ± 0.9

^a Results are for five animals in each group. Values in bold are significantly different $(P < 0.05)$ from those of control (PBS/PBS) rats.

analysis, *P* values were assigned by using the Student-Neumann-Keuls test. Differences with P values of ≤ 0.05 were considered significant.

RESULTS

Eosinophilic airway inflammation and AHR in a rat model of allergic asthma. Immunization with a solidified egg white implant, followed by a single challenge with aerosolized OVA, induced total leukocyte and eosinophil increases in BAL fluid that peaked 48 h after the challenge (data not shown). However, pulmonary eosinophilia, as assessed by EPO levels in the tissue homogenate and visualized by histopathologic analysis, was discrete and there were only small variations in intratracheal pressure after injection of acetylcholine (data not shown). The inflammatory and functional responses were more intense when immunized rats were challenged twice with aerosolized OVA (at 14 and 21 days after the egg white implant). Therefore, this protocol was used throughout the experiments described below. Forty-eight hours after the second OVA aerosolization, there was a significant increase in the total numbers of leukocytes and eosinophils in blood and an increase in the number of eosinophils, but not in the number of total leukocytes, recovered from the bone marrow of OVA/ OVA immunized rats (Table 1). In the lungs, a significant increase in the total numbers of leukocytes (Fig. 2A) and eosinophils (Fig. 2B) in the BAL fluid was also observed in OVA/OVA immunized animals. The presence of eosinophils in the lungs of OVA/OVA immunized rats was mirrored by a significant increase in the levels of EPO in tissue homogenate (Fig. 2C). AHR accompanied the eosinophilic airway inflammation observed in OVA/OVA immunized rats. The latter group of animals showed a significant leftward shift of the acetylcholine dose-response curve at 48 h after the last OVA challenge (Fig. 3). In PBS/OVA and OVA/PBS control animals, the variation in intratracheal pressure after acetylcholine was similar to that observed in nonimmunized rats (Fig. 3).

Lung inflammation after parasite infection combined with experimental asthma. A transient eosinophilic airway inflammation accompanied by AHR has already been described after *S*. *venezuelensis* infection of rats (26). To study the relationship between allergic airway inflammation and the immune responses to nematode infection, experimental asthma immunization was combined with *S*. *venezuelensis* infection in such a way that parasite larvae were migrating through the lung tissue at the same time that the maximum response to OVA was

measured (48 h after the second challenge; Fig. 1). Rats that received an OVA immunization and a challenge combined with a nematode infection (OVA/OVA infection) showed numbers of leukocytes in BAL fluid collected at 2 and 7 days postinfection similar to those of infected controls (PBS/PBS infection) (Fig. 4A). However, a significantly higher number of leukocytes was observed in BAL fluid collected from OVA/ OVA infected rats 12 days postinfection than in that from PBS/PBS infected rats (Fig. 4A). OVA immunization and a challenge resulted in a significantly higher number of eosinophils in the BAL fluid of infected rats, especially at 2 days postinfection (Fig. 4B). Nevertheless, EPO levels in lung tissue were not different in OVA/OVA and PBS/PBS infected rats (Fig. 4C). There was also an increase in the number of eosinophils in the blood and bone marrow of OVA/OVA infected rats from days 2 to 12 after infection (data not shown). These increases were similar to that seen in the blood and bone marrow of uninfected, OVA-immunized, and challenged rats (Table 1).

Parasite infection combined with experimental asthma immunization leads to a diminished parasite burden. In rats that were immunized and challenged with OVA (OVA/OVA infected group), the number of migrating *S*. *venezuelensis* larvae recovered from lung tissue at 48 h after an OVA challenge and parasite infection was significantly lower (35 \pm 9 larvae/lung) than the number of larvae recovered from any other infected group (94 to 105 larvae/lung; Fig. 5A). Similarly, the number of worms in the small intestine (117 \pm 30 worms/intestine) and the number of parasite eggs in the feces (7,223 \pm 722 eggs/g of feces) were lower in OVA/OVA infected rats at 7 days postinfection than in the other infected groups, in which an average of 460 worms were recovered from the small intestine and 17,000 to 22,000 eggs/g of feces were counted (Fig. 5B and C). Interestingly, even though egg elimination in the feces diminished in the OVA/OVA infected rats, the reduction was not a consequence of worm fecundity because the remaining females produced a similar number of eggs per adult female (Fig. 5C).

*S***.** *venezuelensis* **infection affects AHR induced by experimental asthma.** The significant variation in intratracheal pressure observed at 48 h after the last OVA challenge in the OVA/ OVA immunized group (OVA/OVA uninfected) was drastically reduced in rats in which the experimental asthma protocol was combined with *S*. *venezuelensis* infection (OVA/OVA infected) (Fig. 6). It is important to note that, at this time (48 h postinfection), larvae were migrating through the lung tissue but either the infection combined with the sham immunization (PBS/PBS infected) or sham immunization alone (PBS/PBS uninfected) did not induce AHR (Fig. 6).

We have previously reported a significant increase in AHR 5 days after *S*. *venezuelensis* infection (26). Similarly, infection of nonimmunized rats (PBS/PBS infected) induced a significant leftward shift of the acetylcholine dose-response curve (Fig. 7). In the experimental asthma model (OVA/OVA uninfected), no AHR was present 5 days after an antigen challenge (Fig. 7). Moreover, the OVA immunization-challenge procedure had no significant effect on the AHR observed 5 days after the nematode infection (Fig. 7, OVA/OVA infected group).

FIG. 2. Kinetics of leukocyte infiltration in the lungs of rats in an experimental model of allergic asthma. Animals were immunized with a solidified egg white implant and challenged 14 and 21 days later with aerosolized OVA. The numbers of total infiltrating leukocytes (A) and eosinophils (B) in BAL fluid were evaluated at 24, 48, and 72 h after the challenge. An EPO assay (C) was used to estimate the number of eosinophils in lung tissue. Each value represents the mean \pm the SEM of six rats in each group. N_{p} P $<$ 0.05 compared to control (PBSimmunized and PBS-challenged) rats.

FIG. 3. Changes in airway responsiveness to acetylcholine in an experimental rat model of allergic asthma. Animals were immunized with a solidified egg white implant (OVA) or underwent a sham operation (PBS). Fourteen and 21 days later, the animals received an aerosol challenge of OVA or PBS. A group of animals (control) was neither immunized nor challenged. Forty-eight hours after the last antigen challenge, changes in lung function were estimated by assessment of the responsiveness of the airways to increasing doses of intravenously injected acetylcholine. Each value represents the mean \pm the SEM of six rats in each group. $\overline{\cdot}$, $P < 0.05$ compared to all other groups of animals.

DISCUSSION

Helminth infections (9) and so-called allergic diseases, such as asthma (23, 35), are associated with a predominant induction of a Th2 type of immune response, which regulates eosinophilia, mastocytosis, and the increased level of IgE observed in both phenomena. Because of these immunopathologic similarities, it has been hypothesized that an ongoing response against a helminth infection could influence the allergic response and vice versa (11, 22). However, studies of human populations have provided contradictory results—there are data suggesting that a strong Th2 response induced by the parasitic infection would predispose to an allergic reaction (18, 19), while others have suggested that a high prevalence of helminth infection in humans has a protective effect against allergic reactions (2, 17, 30, 37). To evaluate this issue in further detail, we developed an experimental rat model with which to study the association between allergic reactions and helminthic infections by combining a protocol by which to produce experimental asthma with a helminth infection with *S*. *venezuelensis* in the rat, a natural host for the parasite.

Our previous studies have shown that infection of rats with *S*. *venezuelensis* induced a predominant local Th2 response that resulted in lung eosinophilic inflammation, local IgE concentration increases, and marked mucus production (26). These pathological and immune alterations were accompanied by pulmonary functional changes detected via an increase in airway responsiveness to a bronchoconstricting agent between 5 and 7 days after the infection. As the *S*. *venezuelensis* infection model in rats was characterized by pathological and immune alterations typically seen in animal models of allergic asthma, we thought it would be a valuable model with which to inves-

tigate the association between helminth infection and allergic airway in flammation. It is worth noting that *S* . *venezuelensis* larvae undergo an obligatory phase of migration through the rat lung before they establish themselves in the intestine. Passage through the lungs is similarly observed after infection of humans with *Ascaris lumbricoides*, hookworm, and *S* . *stercoralis*.

Initial experiments were aimed at characterization of a model of allergic airway in flammation in rats that was accompanied by AHR. To this end, a protocol of immunization with a solidi fied egg white implant, followed by a challenge with aerosolized OVA, was used that is similar to what has been described for mice (21). In rats, two aerosolizations with antigen 1 week apart were necessary to enhance pulmonary in flammation and to induce significant changes in airway responsiveness to acetylcholine. Maximal changes in airway pathology and function were observed 48 h after the second aerosol challenge. Although the amount of eosinophils in the BAL fluid rarely reached 10 to 20% of the total migrating leukocytes, these cells were much more frequent around the trachea and smaller airways (data not shown). This was clearly demonstrated when tissue eosinophils were evaluated by measuring the tissue EPO content. Moreover, these findings are consistent with other rat models of experimental asthma (e.g., see reference 13).

The development of an asthmatic reaction concomitantly with the migration of *S* . *venezuelensis* larvae through the rat lung resulted in a signi ficant reduction of the parasite burden, as assessed by the numbers of larvae in the lung, worms in the intestine, and eggs per gram of feces of the infected rats. There was a 65% reduction in the number of living larvae recovered from the lungs of OVA/OVA infected rats compared to the number of larvae recovered from PBS/PBS infected rats. After the migration stage, there was no further decrease in the number of adult worms recovered from the intestine (75% reduction) or in the total egg output (60% reduction). Indeed, the fecundity rates of existing females were similar in the allergic and nonallergic groups. Overall, these results suggest that most of the parasite attrition was compartmentalized in the lung and are in agreement with the increase in lung eosinophilic in flammation induced by an antigen challenge in immunized rats.

At the time of larval migration through the lungs, there was a signi ficant increase in the number of eosinophils in the BAL fluid and bone marrow of the allergic and infected rats com-

FIG. 4. Kinetics of leukocyte infiltration in the lungs of rats infected with *S*. *venezuelensis* concomitant with induction of allergic airway in flammation. BAL fluid (A and B) and lung tissue (C) were obtained before (uninfected) and at 2, 7, and 12 days after a single *S* . *venezuelensis* infection (one subcutaneous inoculation of 1,500 L3 larvae). Animals were immunized with a solidified egg white implant and challenged 14 and 21 days later with aerosolized OVA (OVA/OVA) or subjected to a sham operation and challenged with saline (PBS/PBS). The last aerosol challenge coincided with *S* . *venezuelensis* infection. The total numbers of in filtrating leukocytes (A) and eosinophils (B) were evaluated in BAL fluid, and an EPO assay (C) was used to estimate the number of eosinophils in lung tissue. Each value represents the mean \pm the SEM of 8 to 10 rats in each group. * , $P < 0.05$ compared to uninfected rats; $#$, P < 0.05 for PBS/PBS versus OVA/ OVA rats.

FIG. 5. Parasite burdens of rats infected with *S*. *venezuelensis* concomitant with induction of allergic airway inflammation. Animals were immunized with a solidified egg white implant and challenged 14 and 21 days later with aerosolized OVA (OVA/OVA) or subjected to a sham operation and challenged with saline (PBS/PBS) or OVA (PBS/ OVA). Rats were infected with *S*. *venezuelensis* (one subcutaneous inoculation of 1,500 L3 larvae) at the time of the second challenge. The total numbers of larvae in the lung (A), adult worms in the intestine (B), and eggs in the feces (C) were evaluated. The number of eggs per adult worm (fecundity) was determined (C). Each value represents the mean \pm the SEM of 8 to 10 rats in each group. *, $P < 0.05$ compared to uninfected rats; $#$, P < 0.05 for PBS/PBS or PBS/OVA versus OVA/OVA rats.

FIG. 6. Infection with *S*. *venezuelensis* reduces airway hyperactivity in a model of allergic airway inflammation. Changes in airway function were measured 48 h after an aerosol challenge of immunized rats (OVA/OVA) or a saline challenge of rats subjected to a sham operation (PBS/PBS). Concomitantly with the aerosol challenge, animals were infected with 1,500 *S*. *venezuelensis* L3 larvae or not infected. Each value represents the mean \pm the SEM of six to eight rats in each group. \ast , $P < 0.05$ compared to all other groups of animals.

pared with rats that were only infected. In contrast to BAL fluid, we failed to find a significant difference in tissue eosinophilia, as assessed by EPO levels, between allergic and nonallergic infected rats. The association of tissue and blood eosinophilia and helminth infection is very frequent, but the relevance of eosinophils to a protective response of the host is still a matter of great controversy. Experiments have failed to

FIG. 7. Antigen challenge of immunized rats does not affect the airway hyperactivity observed 5 days after infection with *S*. *venezuelensis*. Changes in airway function were measured 5 days after an aerosol challenge of immunized rats (OVA/OVA) or a saline challenge of rats subjected to a sham operation (PBS/PBS). Concomitantly with the aerosol challenge, animals were infected with 1,500 *S*. *venezuelensis* L3 larvae or not infected. Each value represents the mean \pm the SEM of six to eight rats in each group. \overline{P} < 0.05 compared to uninfected groups.

show a role for eosinophils in protection against *Schistosoma* sp. or *Trichinella spiralis* infection in mice but have demonstrated a protective effect against *Angiostrongylus cantonensis*, *Strongyloides ratti*, or *S*. *venezuelensis* infection (reviewed in reference 6). A role for eosinophils has also been shown in the clearance of *S*. *stercoralis* larvae from muscles in primary infection (12) and after the protective immune response observed in immunized mice (1). In the first model, eosinophils were directly involved in larval killing during innate immunity, a process that was dependent on interleukin-5 (IL-5) and eosinophil levels but independent of IgM production (14). Hostadapted *S*. *stercoralis* L3 larvae were killed in vitro by two human eosinophil granule proteins: the major basic protein and the cationic protein (24). The results above suggest that *Strongyloides* larvae are susceptible to destruction by eosinophils in murine models. As in our system, the significant reduction of *S*. *venezuelensis* larvae coincided with the peak of allergy-induced eosinophilic inflammation. It is thus possible that eosinophils play a role in parasite attrition in our model, but this possibility awaits further experimentation once rat eosinophil-specific tools (e.g., anti-rat IL-5) become available.

Despite having enhanced accumulation of eosinophils in BAL fluid, allergic rats showed a significant reduction in AHR when infected concomitantly with *S*. *venezuelensis*. It is worth noting that the inhibition of allergy-induced AHR coincided with the migration of *S*. *venezuelensis* larvae through the lungs. We have previously shown that *S*. *venezuelensis* infection induces a late (5 days after infection) increase in AHR (26). Here, AHR was also observed 5 days after infection but there was no significant difference between the allergic and nonallergic groups. Thus, infection of rats with *S*. *venezuelensis* concomitantly with an allergic reaction induced prolonged airway eosinophilic inflammation in the BAL fluid, reduced the number of viable parasites, and inhibited allergy-induced changes in lung function. Inhibition of AHR occurred only during the phase of parasite migration through the lungs, suggesting that the parasites and/or products released in response to the parasite suppress AHR.

Previous reports have described a reduction of allergic manifestations, as assessed by skin prick tests, in heavily helminthinfected populations (2, 17, 30). The protective effect of helminth infection against allergic reactivity has frequently been attributed to a possible blocking effect of helminth-induced polyclonal IgE production on mast cell degranulation (17); i.e., nonspecific IgE saturates FcεRI on mast cells, blocking the binding of allergen-specific IgE, inhibiting the cross-linkage of bound IgE by the allergens and, consequently, mast cell degranulation and the immediate hypersensitivity response to allergens. Wang et al. (31) demonstrated that mice infected with *S*. *stercoralis* prior to immunization and an intratracheal challenge with OVA showed increases in IL-4- and IL-5-producing cells in the BAL fluid but a significant decrease in the OVA-specific IgE response and eotaxin level in the BAL fluid. The authors suggested that a reduction of OVA-specific IgE level, but not of the total IgE level, induced by previous infection with the helminth would have an important role in alleviating the response to allergens. The possibility that parasiteinduced IgE interfered with the allergic response evaluated here is unlikely; our previous work showed that the increase in the total and parasite-specific IgE levels in lung tissue occurred

only 5 days after a single infection (26). Therefore, an increase in polyclonal IgE does not explain the inhibitory effect of *S*. *venezuelensis* infection on OVA-induced AHR.

Recently, a study of chronically *Schistosoma haematobium*infected patients failed to confirm the relevance of the polyclonal IgE-blocking mechanism for modulation of the allergic reaction (30). In the latter study, the IL-10 production by peripheral blood mononuclear cells upon a challenge with schistosome antigen was correlated with a lowered risk of development of skin reactivity to mite antigens (30). An inhibitory effect of exogenously administered or endogenously produced IL-10 on airway inflammation was also demonstrated by Zuany-Amorim et al. (39) in mice treated with a suspension of killed *Mycobacterium vaccae* (SRP299). SRP299 treatment induced allergen-specific $CD4^+$ CD45RB^{Lo} regulatory T cells, which inhibited the OVA-induced eosinophilic inflammation and bronchial hyperresponsiveness in an IL-10- and transforming growth factor β -dependent manner (39). The mechanisms underlying the inhibition of AHR in our model were not investigated in greater detail here. However, our previous studies have shown enhanced production of IL-10 during the migratory phase of *S*. *venezuelensis* in rats (26), suggesting that this cytokine plays a role in inhibiting AHR in our system.

In conclusion, our results show that infection of rats with *S*. *venezuelensis* interfered with the onset of AHR following an antigen challenge in immunized animals. It is worth noting that this interference was acute; i.e., there was no need for chronic helminth infection for inhibition of AHR to occur, and transient AHR was present on day 5 after infection. Moreover, inhibition occurred during the effector phase of the pulmonary allergic response, not during sensitization. The ability of parasites to switch off functional airway responses is therapeutically relevant because we may learn from parasites how to modulate lung function and, hence, the AHR characteristic of asthmatic patients.

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