

# Nitric oxide inhibits exocytosis of cytolytic granules from lymphokine-activated killer cells

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**NO inhibits cytotoxic T lymphocyte killing of target cells, although the precise mechanism is unknown. We hypothesized that NO decreases exocytosis of cytotoxic granules from activated lymphocytes. We now show that NO inhibits lymphokine-activated killer cell killing of K562 target cells. Exogenous and endogenous NO decreases the release of granzyme B, granzyme A, and perforin: all contents of cytotoxic granules. NO inhibits the signal transduction cascade initiated by cross-linking of the T cell receptor that leads to granule exocytosis. In particular, we found that NO decreases the expression of Ras, a critical signaling component within the exocytic pathway. Ectopic expression of Ras prevents NO inhibition of exocytosis. Our data suggest that Ras mediates NO inhibition of lymphocyte cytotoxicity and emphasize that alterations in the cellular redox state may regulate the exocytic signaling pathway.**

granzyme | inflammation | lymphocyte | mitogen-activated protein kinases | Ras

**N**O plays a complex set of roles in the immune system (1–4). NO is generated from L-arginine by one of three isoforms of NO synthase (NOS): neuronal NOS (NOS1), endothelial NOS (NOS3), and inducible NOS (iNOS or NOS2) (5, 6). NO can act as an innate immune effector, inhibiting the replication of diverse pathogens such as *Mycobacterium tuberculosis*, *Leishmania*, and coxsackievirus (7–12). However, NO and the reactive nitrogen intermediates produced by oxidation of NO can be harmful to the host. For example, NO plays a role in LPS-induced hypotension, LPS-induced lung damage, autoimmune vasculitis, autoimmune encephalomyelitis, autoimmune nephritis, and acute allograft rejection (13–21). Furthermore, NO can suppress inflammation and decrease cell injury. For example, NO inhibits vascular inflammation in part by decreasing endothelial exocytosis of factors that would otherwise promote leukocyte adherence to the vessel wall (22). NO also modulates the immune response, inhibiting T lymphocyte proliferation and differentiation, B lymphocyte proliferation and antibody production, and immune cell production of cytokines (12).

NO may also be able to modulate inflammation in part by regulating immune cell killing of target cells. Cytotoxic T lymphocytes (CTLs) and natural killer (NK) cells kill infected cells or tumor cells by several distinct pathways, including activation of the Fas/Fas ligand pathway and exocytosis of cytolytic granules. These cytolytic granules contain perforin, serine proteases (including granzymes), and other effector molecules that promote death of target cells. When a T cell or NK cell recognizes its target, an immunological synapse is formed, a cluster of signaling, adhesion, and cytoskeletal proteins that includes the T cell receptor or a NK cell receptor, tyrosine kinases such as Lck and ZAP-70, and adaptor proteins such as LAT (linker of T cell activation) and Grb2 (23–25). This cluster of signaling molecules activates downstream pathways, including Ras, Raf, MAPK/ERK kinase (MEK), and ERK. The microtubule organizing center directs the cytotoxic granules toward the synapse. Intracellular calcium levels rise, triggering exocytosis of cytolytic granules.

Prior studies suggest that NO may regulate cytotoxic cells. Some studies suggest that NO blocks activation of NK and CTL cells; other studies suggest NO has no effect (26–30). NO can also

regulate lymphokine-activated killer (LAK) cell killing of target cells, but the precise effect of NO is controversial. Various studies have suggested that NO increases (31–37), decreases (26, 38), or has no effect (27, 28) on LAK cell cytotoxicity. Possible explanations for discrepancies in these studies are the different pharmacological and genetic models used to alter NO production and the different *ex vivo* and *in vivo* models used. Finally, the molecular targets of NO are not well defined.

We hypothesized that NO regulates LAK cell cytotoxicity by inhibiting the exocytosis of cytolytic granules. We find that NO inhibits LAK cell exocytosis in part by its effects on Ras, a critical component of the exocytic signaling cascade. NO inhibition of cytolytic granule exocytosis is a mechanism by which NO might decrease inflammation in autoimmune diseases or transplant rejection.

## Results

**Exogenous NO Inhibits LAK Cell Killing.** We first explored the effect of exogenous NO on the ability of LAK cells to kill target cells. We prepared LAK cells by isolating leukocytes from human donors and then stimulating them with IL-2 for 7 d. To confirm that these LAK cells can activate apoptosis in target cells, we cocultured the LAK cells with B cell lymphoma K562 cells and then measured poly-(ADP-ribose) polymerase (PARP) cleavage by immunoblotting as a marker of apoptosis. Minimal PARP cleavage is detected in cells cocultured for 0 h together. However, LAK cells induce PARP cleavage after 2–6 h of coculture with K562 cells (Fig. 1A). The caspase inhibitors DEVD (Asp-Glu-Val-Asp) or IETD inhibit LAK cell-induced PARP cleavage.

We next tested the effect of NO on LAK cell killing. We pretreated LAK cells with increasing concentrations of the NO donor DETA-NONOate [(Z)-1-[2-(2-aminoethyl)-N-(2-ammonioethyl)amino]diazene-1-ium-1,2-diolate] for 18 h. After washing, the LAK cells were incubated with K562 cells for 3 h, and PARP cleavage was measured. DETA-NONOate treatment decreases PARP cleavage in a dose-dependent manner (Fig. 1B). To explore the length of time necessary for NO to inhibit cell killing, we pretreated LAK cells with DETA-NONOate for increasing periods of time and then incubated them with K562 cells for 3 h. Inhibition of PARP cleavage occurs between 6 and 18 h of exposure to NO (Fig. 1C).

We confirmed that DETA-NONOate inhibits LAK cell killing with another assay, FACS analysis of annexin V and propidium iodine staining. We set the gates of the FACS so that we analyzed only K562 cells and excluded LAK cells (Fig. 1D Upper). We then

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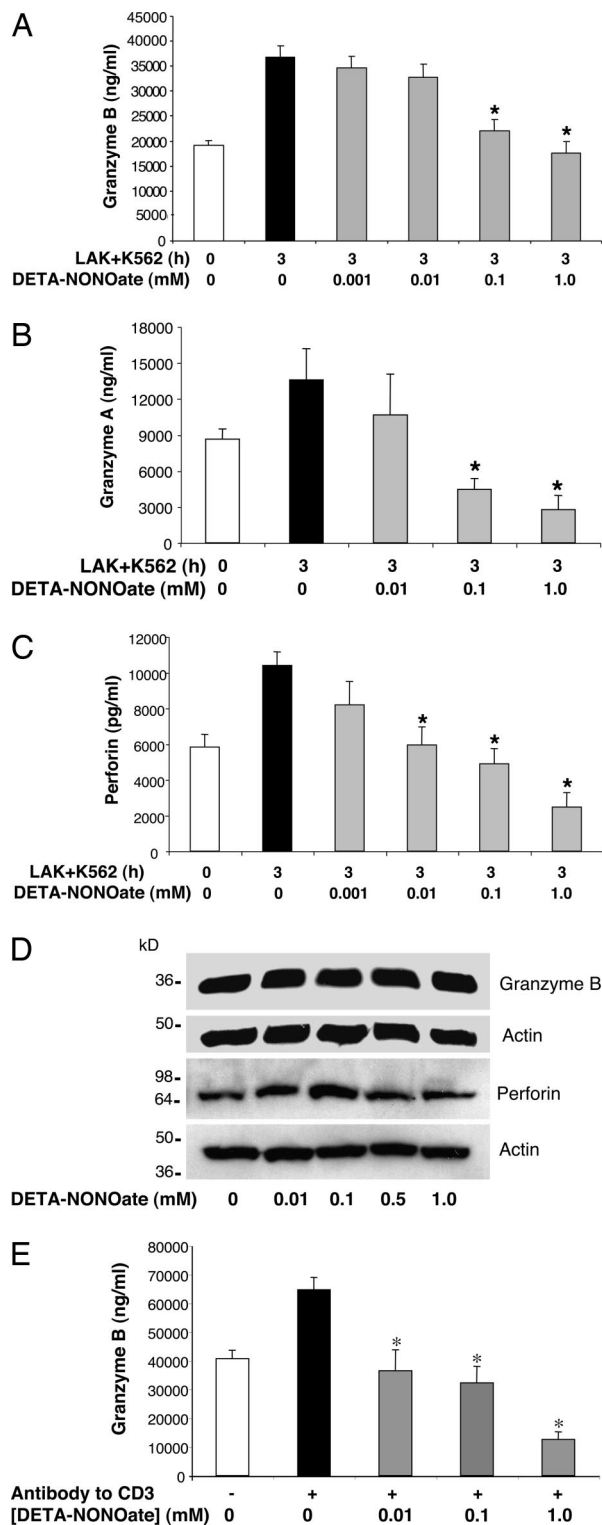
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Abbreviations: CTL, cytotoxic T lymphocyte; LAK, lymphokine-activated killer; NOS, NO synthase; iNOS, inducible NOS; MEK, MAPK/ERK kinase; PARP, poly(ADP-ribose) polymerase; DETA-NONOate, (Z)-1-[2-(2-aminoethyl)-N-(2-ammonioethyl)amino]diazene-1-ium-1,2-diolate.

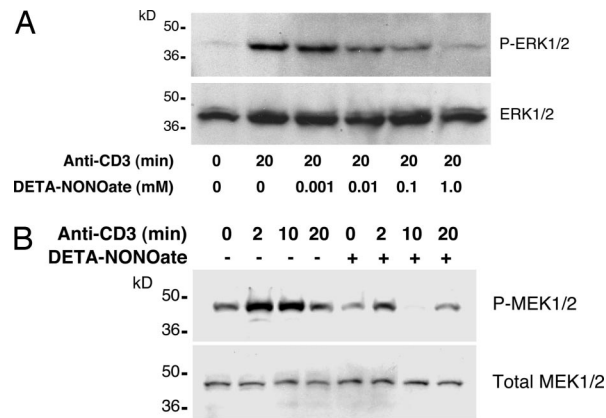
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**Fig. 3.** Exogenous NO inhibits LAK cell exocytosis. (A) NO inhibits granzyme B release from LAK cells stimulated by K562 cells. LAK cells were pretreated with DETA-NONOate for 18 h and added to K562 cells for 3 h, and the amount of granzyme B released into the media was measured by an ELISA ( $n = 4 \pm SD$ ; \*,  $P < 0.01$  vs. 3 h without DETA-NONOate). (B) NO inhibits granzyme A release from LAK cells stimulated by K562 cells. LAK cells and K562 cells were prepared as above, and the amount of granzyme A released into the media was measured by an ELISA ( $n = 3 \pm SD$ ; \*,  $P < 0.01$  vs. 3 h without DETA-NONOate). (C) NO inhibits perforin release from LAK cells stimulated by K562 cells. LAK cells and K562 cells were prepared as above, and the release of perforin into the media was assessed by an ELISA ( $n = 3 \pm SD$ ; \*,  $P < 0.01$  vs. 3 h without



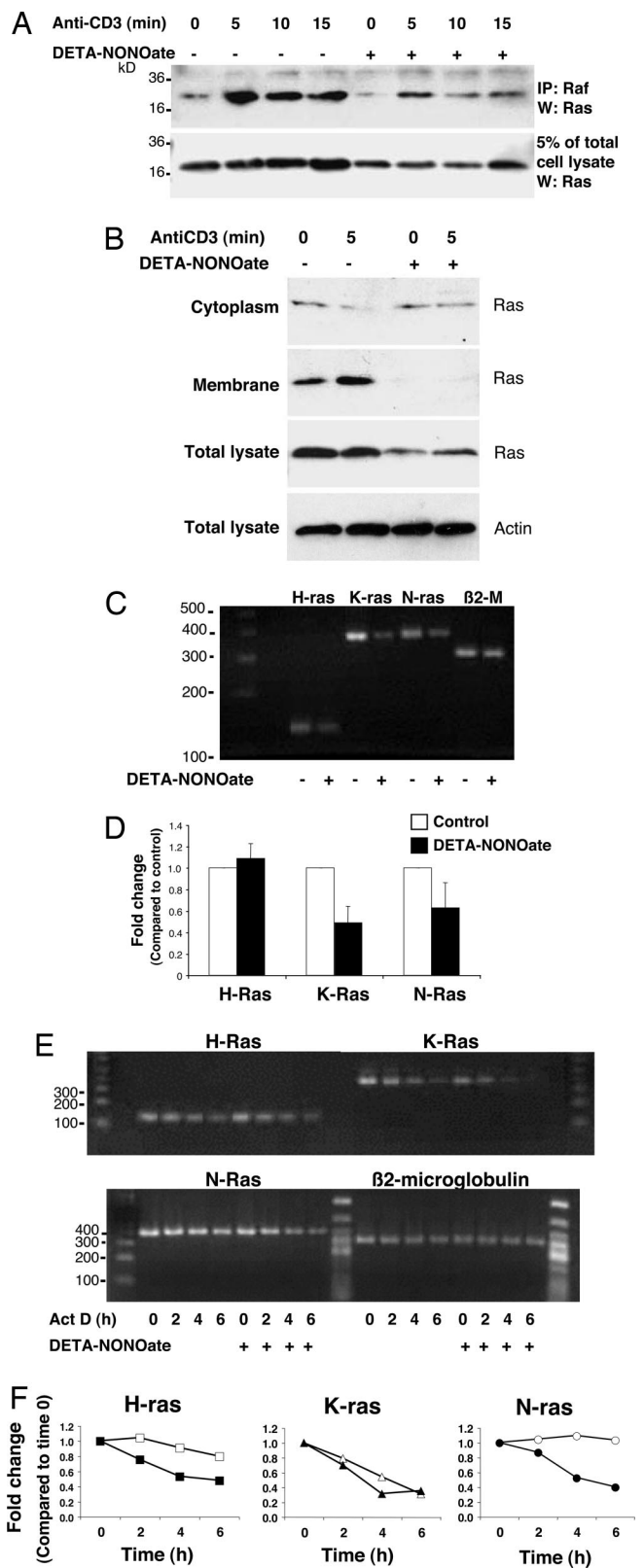
**Fig. 4.** Exogenous NO inhibits the MAPK pathway in LAK cells. (A) NO inhibits CD3 activation of ERK1/2 in a dose-dependent manner. LAK cells were pretreated with control or DETA-NONOate for 18 h and then stimulated with antibody to CD3, and cell lysates were immunoblotted for ERK1/2 and phospho-ERK1/2. (B) NO inhibits CD3 activation of MEK over time. LAK cells were pretreated with control or DETA-NONOate for 18 h and then stimulated with antibody to CD3, and cell lysates were immunoblotted for MEK and phospho-MEK.

**NO Inhibits LAK Cell Exocytosis.** LAK cells activate target cell apoptosis by the exocytosis of granules containing compounds that mediate target cell death, including perforin and granzyme B. We next explored the effect of NO on LAK cell exocytosis of granzyme B. LAK cells were pretreated with DETA-NONOate for 18 h, washed, and incubated with K562 cells for 3 h, and the release of granzyme B into the cell media was measured by an ELISA. Exposure of LAK cells to K562 cells increases the release of granzyme B (Fig. 3A). DETA-NONOate decreases granzyme B release in a dose-dependent manner (Fig. 3A). DETA-NONOate also inhibits K562-triggered release of granzyme A and perforin, other components of LAK cell granules (Fig. 3B and C). To confirm that NO does not affect the expression of granzyme B and perforin, we immunoblotted lysates of LAK cells exposed to DETA-NONOate. NO does not affect intracellular levels of granzyme B or perforin (Fig. 3D).

Exocytosis of cytotoxic granules for LAK cells can also be induced by antibody to CD3. Accordingly, we pretreated LAK cells with DETA-NONOate and then added antibody to CD3. DETA-NONOate also inhibits granzyme B release induced by antibody to CD3 (Fig. 3E). Taken together, these data suggest that NO inhibits exocytosis of LAK cells.

**NO Inhibits Intracellular Signaling at the Level of Ras.** Stimulation of the T cell antigen receptor leads to the formation of an immunological synapse, activating tyrosine kinases and adaptor proteins, which in turn triggers downstream pathways, including Ras, Raf, MEK, and ERK, ultimately culminating in exocytosis of lytic granules. To see whether ERK1/2 is a target of NO, we pretreated LAK cells with DETA-NONOate and then activated LAK cell exocytosis with antibody to CD3. NO inhibits ERK1/2 phosphorylation in a dose-dependent manner (Fig. 4A). NO also inhibits phosphorylation of MEK1/2, a kinase that is upstream of

DETA-NONOate). (D) NO does not affect the LAK cell content of granzyme B and perforin. LAK cells were treated with DETA-NONOate for 18 h, and cell lysates were immunoblotted with antibody to granzyme B or perforin. (E) NO inhibits LAK cell exocytosis triggered by antibody to CD3. LAK cells were pretreated with NO donors or left untreated and then stimulated with antibody to CD3, and exocytosis was monitored with an ELISA for granzyme B ( $n = 3 \pm SD$ ; \*,  $P < 0.01$  vs. CD3 with 0 mM DETA-NONOate).



**Fig. 5.** Exogenous NO inhibits Ras expression in LAK cells. (A) NO decreases Ras expression. LAK cells were pretreated with DETA-NONOate for 18 h and then stimulated with antibody to CD3. Cell lysates were precipitated with antibody to Raf, and precipitants were immunoblotted with antibody to Ras. Pretreatment with DETA-NONOate decreases Ras expression, but Ras can still interact with Raf. (B) NO inhibits Ras membrane localization. LAK cells were pretreated with DETA-NONOate for 18 h and then stimulated with antibody

ERK (Fig. 4B). These data suggest that NO inhibits exocytosis by regulating a pathway upstream of MEK and ERK.

We next examined the effect of NO on Ras signaling. DETA-NONOate depresses Ras expression in LAK cells (Fig. 5A, lower blot). However, Ras can still be activated, as assessed by its ability to interact with Raf (Fig. 5A, upper blot). The NO donor not only decreases total Ras (Fig. 5B, third blot from top) but also appears to disrupt the membrane localization of Ras (Fig. 5B, second blot from top).

To further explore how NO decreases Ras protein, we analyzed the effect of DETA-NONOate on steady-state RNA levels of Ras. LAK cells were pretreated with control or DETA-NONOate, and Ras isoform RNA were measured by RT-PCR. DETA-NONOate decreases steady-state RNA levels of Ras isoforms (Fig. 5C and D). Does NO alter the stability of Ras RNA? We pretreated LAK cells with DETA-NONOate for 16 h, added actinomycin D, and then harvested RNA at various times after the addition of actinomycin D and analyzed Ras isoform RNA by RT-PCR. DETA-NONOate decreases the stability of H-Ras and N-Ras isoform RNA over time (Fig. 5E and F).

These data show that NO decreases Ras expression.

**Overexpression of Ras Rescues LAK Cells from NO Inhibition.** If NO inhibits exocytosis by targeting Ras, then overexpression of Ras should restore T cell exocytosis, despite treatment with NO. To test this hypothesis, we expressed Ras in LAK cells by transfecting cells with a vector that expresses the red fluorescent protein dsRED alone or a vector that expresses dsRED and N-Ras. Expression of dsRED was confirmed by FACS analysis (Fig. 6A). DETA-NONOate decreases Ras expression in cells transfected with dsRED alone. In contrast, DETA-NONOate does not decrease Ras expression in cells expressing ectopic Ras (Fig. 6B).

To evaluate the role of Ras as a target of NO, we treated the transfected cells with DETA-NONOate, activated the cells with antibody to CD3, and then measured exocytosis by granzyme B release. Overexpression of Ras has a minimal effect on exocytosis (Fig. 6C). As before, we found that DETA-NONOate inhibits exocytosis in cells transfected with dsRED alone. However, cells overexpressing Ras are protected from DETA-NONOate inhibition (Fig. 6C). (As negative controls, we also transfected cells with vectors expressing GFP or Rac1 and GFP, and we found that overexpression of Rac1 has no effect on NO inhibition of exocytosis, in contrast to Ras.). These data suggest that NO inhibits LAK cell exocytosis in part by decreasing Ras expression.

## Discussion

**Summary.** The major result of our study is that NO inhibits LAK cell cytotoxicity. Exposure of LAK cells to endogenous NO for 6 h suppresses LAK cell killing of target cells (Fig. 2). NO decreases Ras expression, a key component of the signaling pathway that leads to exocytosis of cytolytic granules (Fig. 5). Ectopic expression of Ras restores exocytosis to LAK cells (Fig. 6). Thus, NO inhibits LAK cell killing in part by targeting Ras.

to CD3. Cell lysates were separated into cytoplasmic and membrane fractions and immunoblotted with antibody to Ras. Pretreatment with DETA-NONOate decreases Ras localization to membranes. (C) NO decreases steady-state Ras RNA levels. LAK cells were pretreated with DETA-NONOate for 18 h, and total RNA was analyzed by RT-PCR for Ras isoform mRNA or  $\beta$ 2-microglobulin as a control. (D) NO decreases steady-state Ras RNA levels; quantification of the RT-PCR performed above is shown. (E) NO decreases stability of Ras RNA levels. LAK cells were pretreated with DETA-NONOate for 18 h, mRNA synthesis was inhibited by actinomycin D, and total RNA was analyzed by RT-PCR for Ras isoform mRNA. (F) Quantitation of NO's effect on Ras RNA stability after actinomycin D treatment. The RT-PCR signal was measured by densitometry, normalized to the signal intensity at time 0, and then normalized to  $\beta$ 2-microglobulin band intensity. NO pretreatment (filled symbols) decreases the mRNA stability of some isoforms of Ras compared with control (open symbols).



Perhaps the production of NO suppresses inflammation in part by decreasing cell death that is due to cytolytic killing.

These data suggest that manipulation of NO synthesis may be a useful therapeutic strategy in selected inflammatory diseases in which an excess of cytolytic killing contributes to inflammation.

## Materials and Methods

**Reagents.** IL-2 was from Chiron (Emeryville, CA). The NO donor DETA-NONOate was from Cayman Chemical (Ann Arbor, MI). Ficoll-paque-PLUS was from Amersham Pharmacia Biosciences (Piscataway, NJ). The antibodies to CD3, PARP, and granzyme B were from BD Biosciences (San Jose, CA). Rabbit antibodies to phospho-Raf (Ser-259), c-Raf, phospho-ERK1/2, ERK1/2, phospho MEK, and MEK were all purchased from Cell Signaling Technology (Beverly, MA). ELISA kits (PeliKine Compact) for detection of granzyme A and B were from Sanquin Research (Flanders, NJ), and the ELISA kit for perforin was from Cell Sciences (Canton, MA). The Ras activation kit was from Upstate USA (Chicago, IL). For annexin V and propidium iodide staining, the Vybrant Apoptosis Assay Kit was used (Molecular Probes, Carlsbad, CA).

**Assay for LAK Cell Exocytosis of Granzyme A and B and Perforin.** Exocytosis of granzyme A and B was measured by stimulating LAK cells with K562 cells or with antibody to CD3 in a 96-well plate coated with anti-CD3 (10  $\mu$ g/ml). Granzyme A or B or perforin was detected by using ELISA kits, following the manufacturer's instructions but with the addition of a blocking step using 7.5% milk.

**RNA Extraction and RT-PCR.** RT-PCR was performed with the SuperScript First-Strand Synthesis System according to the manufacturer's instructions (Invitrogen, Carlsbad, CA) by using primers as follows. N-Ras: sense, 5'-GATACAAAACAAGCCCAC-GAAGT-3'; antisense, 5'-TCAGACAGCCAAGTGAGGAGG-

TAG-3' (403). K-Ras: sense, 5'-GACACAAAACAGGCTCAG-GACTTAG-3'; antisense, 5'-CTCTGGGAATACTGGCAC-TTCG-3' (389). H-Ras: sense, 5'-AAGCAGGTGGTCATTGAT-GGG-3'; antisense, 5'-GACTTGGTGTGTGTTGATGGCA-AAC-3' (143).  $\beta$ 2-Microglobulin: sense, 5'-TGAGTATGCCTGC-CGTGTGAAC-3'; antisense, 5'-TCTCTGCTCCCCACCTCTA-AGTTG-3' (327).

Denaturing was carried out at 94°C for 35 s, annealing was carried out at 57°C for 40 s, and extension was carried out at 72°C for 40 s.

**FACS Analysis.** We measured apoptosis of K562 cells with the Vybrant Apoptosis Assay Kit. LAK cells were pretreated with DETA-NONOate for 18 h, washed, and incubated with K562 for 3 h. Cells were washed and stained with Alexa Fluor 488 annexin V and propidium iodide (PI) and immediately analyzed by FACS with CellQuest analysis software at 530 nm and 575 nm. Gated K562 cells were measured for annexin V and PI staining.

**Data Analysis.** Statistical significance was determined by one-way ANOVA with Fischer's post hoc correction.  $P < 0.05$  was considered significant.

For additional information, see *Supporting Materials and Methods*, which is published as supporting information on the PNAS web site.

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