



Alterations of insulin secretion from mouse islets treated with sulphonylureas: perturbations of Ca^{2+} regulation prevail over changes in insulin content

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1 To determine how pretreatment with sulphonylureas alters the β cell function, mouse islets were cultured (18–20 h) without (controls) or with (test) 0.01 μM glibenclamide. Acute responses to glucose were then determined in the absence of glibenclamide.

2 Test islets were insensitive to drugs (sulphonylureas and diazoxide) acting on K^+ -ATP channels, and their $[\text{Ca}^{2+}]_i$ was already elevated in the absence of stimulation.

3 Insulin secretion was increased in the absence of glucose, and mainly stimulated between 0–10 instead of 7–20 mM glucose in controls. The maximum response was halved, but this difference disappeared after correction for the 45% decrease in the islet insulin content.

4 The first phase of glucose-induced insulin secretion was abrogated because of a paradoxical decrease of the high basal $[\text{Ca}^{2+}]_i$ in β cells. The second phase was preserved but occurred with little rise of $[\text{Ca}^{2+}]_i$. These abnormalities did not result from alterations of glucose metabolism (NADPH fluorescence).

5 In islets cultured with 50 μM tolbutamide, glucose induced biphasic increases in $[\text{Ca}^{2+}]_i$ and insulin secretion. The decrease in the secretory response was matched by the decrease in insulin content (45%) except at maximal glucose concentrations. Islets pretreated with tolbutamide, however, behaved like those cultured with glibenclamide if tolbutamide was also present during the acute functional tests.

6 In conclusion, treatment with a low glibenclamide concentration causes long-lasting blockade of K^+ -ATP channels and rise of $[\text{Ca}^{2+}]_i$ in β cells. Glucose-induced insulin secretion occurs at lower concentrations, is delayed and is largely mediated by a modulation of Ca^{2+} action on exocytosis. It is suggested that glucose regulation of insulin secretion mainly depends on a K^+ -ATP channel-independent pathway during *in vivo* sulphonylurea treatment.

Keywords: Pancreatic islets; sulphonylureas; tolbutamide; glibenclamide; insulin secretion; β cell exhaustion; therapeutic failure; cytoplasmic Ca^{2+} ; K^+ -ATP channels

Abbreviations: $[\text{Ca}^{2+}]_i$, cytoplasmic Ca^{2+} concentration; K^+ -ATP channels, ATP-sensitive K^+ channels

Introduction

Sulphonylureas remain a cornerstone of the treatment of type 2 diabetes (Groop, 1992; UK Prospective Diabetes Study Group, 1998). The mechanism by which they acutely increase insulin secretion is now well understood. They close ATP-sensitive K^+ (K^+ -ATP) channels in β cells by binding to the sulphonylurea receptor SUR-1, which is a subunit of the channel itself (Aguilar-Bryan *et al.*, 1998; Ashcroft & Gribble, 1998). This results in membrane depolarization, opening of voltage-dependent Ca^{2+} channels, Ca^{2+} influx, and rise in the cytoplasmic Ca^{2+} concentration ($[\text{Ca}^{2+}]_i$), which then triggers insulin secretion (Henquin, 1990; 1998; Satin, 1996; Panten *et al.*, 1996). A similar sequence of events underlies glucose stimulation, with the major difference that it is initiated by the interaction of metabolic signals (presumably adenine nucleotides) with both SUR-1 and Kir 6.2, the pore-forming subunit of the channel (Dunne & Petersen, 1991; Mislser *et al.*, 1992; Henquin, 1994; Prentki, 1996; Ashcroft & Gribble, 1998). Glucose also increases insulin secretion by a second mechanism, known as the K^+ -ATP channel-independent pathway, which serves to increase the efficacy of Ca^{2+} on

exocytosis (Gembal *et al.*, 1992; 1993; Sato *et al.*, 1992; Sato & Henquin, 1998).

Treatment of diabetic patients with sulphonylureas often causes secondary failure for reasons that could be linked to either the natural evolution of the disease or untoward effects of the drugs (Pontiroli *et al.*, 1994; Matthews *et al.*, 1998). Stimulation of insulin secretion by sulphonylureas is not compensated for by a stimulation of insulin biosynthesis and may lead to a progressive decrease of insulin stores (Borg & Andersson, 1980; Wilke *et al.*, 1980; Gold *et al.*, 1986; Hosokawa & Leahy, 1997). Depletion of insulin reserves by β cell-overworking is thought to impair the secretory process (Sako & Grill, 1990; Leahy, 1996). It has also been suggested that perturbations of glucose-induced insulin secretion provoked by sulphonylureas (Borg & Andersson, 1980; Wilke *et al.*, 1980; Filipponi *et al.*, 1983; Rabuazzo *et al.*, 1992) might result from a dysfunction of K^+ -ATP channels (Rabuazzo *et al.*, 1992), a target that the drugs share with glucose.

In the present study, normal mouse islets were cultured overnight with therapeutically relevant concentrations of glibenclamide or tolbutamide before their acute responsiveness to glucose was evaluated. The secretory response was studied under static and dynamic conditions and its changes were assessed as a function of the islet insulin content. It was also compared to the changes in β cell cytoplasmic Ca^{2+}

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concentration ($[Ca^{2+}]_i$) to evaluate how pretreatment with blockers of K^+ -ATP channels interferes with the action of glucose through the K^+ -ATP channel-dependent pathway.

Methods

Solutions and drugs

The medium used for islet isolation was a bicarbonate-buffered solution that contained (mM): NaCl 120, KCl 4.8, $CaCl_2$ 2.5, $MgCl_2$ 1.2 and $NaHCO_3$ 24. It was gassed with $O_2:CO_2$ (94:6) to maintain pH 7.4 and was supplemented with bovine serum albumin (1 mg ml^{-1}). A similar medium was used for all experiments after culture. Tolbutamide and glibenclamide (Sigma, St Louis, MO, U.S.A.), meglitinide also known as compound HB 699 (a gift from Hoechst, Frankfurt/Main, Germany), and diazoxide (a gift from Schering-Plough, Avondale, Rathdrum, Ireland) were added to the medium from freshly prepared stock solutions in NaOH. Nimodipine (a gift from Bayer, Wuppertal, Germany) and forskolin

(Calbiochem-Behring, San Diego, CA, U.S.A.) were added from stock solutions in DMSO. Adrenaline was from Parke-Davis (Detroit, MI, U.S.A.).

Preparation

Islets were isolated by collagenase digestion of the pancreas of fed male NMRI mice, followed by hand picking (Jonas *et al.*, 1998). They were then cultured for 18–20 h at 37°C in a 95% air:5% CO_2 atmosphere. Groups of about 15 islets were placed in 35 mm petri dishes containing 3 ml RPMI 1640 medium (Gibco BRL, Paisley, Scotland, U.K.) containing 10 mM glucose, 10% heat-inactivated foetal calf serum, 100 IU ml^{-1} penicillin, and $100\text{ }\mu\text{g ml}^{-1}$ streptomycin. The culture medium was supplemented or not with $0.01\text{ }\mu\text{M}$ glibenclamide or $50\text{ }\mu\text{M}$ tolbutamide.

Measurements of insulin secretion and islet insulin content

After culture, the islets were preincubated for 60 min at 37°C in a bicarbonate-buffered medium containing 10 mM glucose alone or with $0.01\text{ }\mu\text{M}$ glibenclamide or $50\text{ }\mu\text{M}$ tolbutamide, as during the culture period. Two techniques were then used to measure insulin secretion. In the first type of experiment (static incubations), the islets were distributed in batches of 3 in 1 ml of medium containing the appropriate concentrations of glucose and test substances. After 60 min at 37°C , a portion of the medium was withdrawn for insulin assay. In the second type of experiment (dynamic perfusions), batches of 25 islets were placed in parallel perfusion chambers and perfused at a flow rate of 1 ml min^{-1} (Henquin, 1978). Effluent samples were collected every 0.5 or 2 min. Between the end of the preincubation period and the application of high glucose, the islets were exposed to a sulphonylurea-free medium. This period lasted about 40–60 min for both static (washing and distribution into incubation tubes) and dynamic experiments

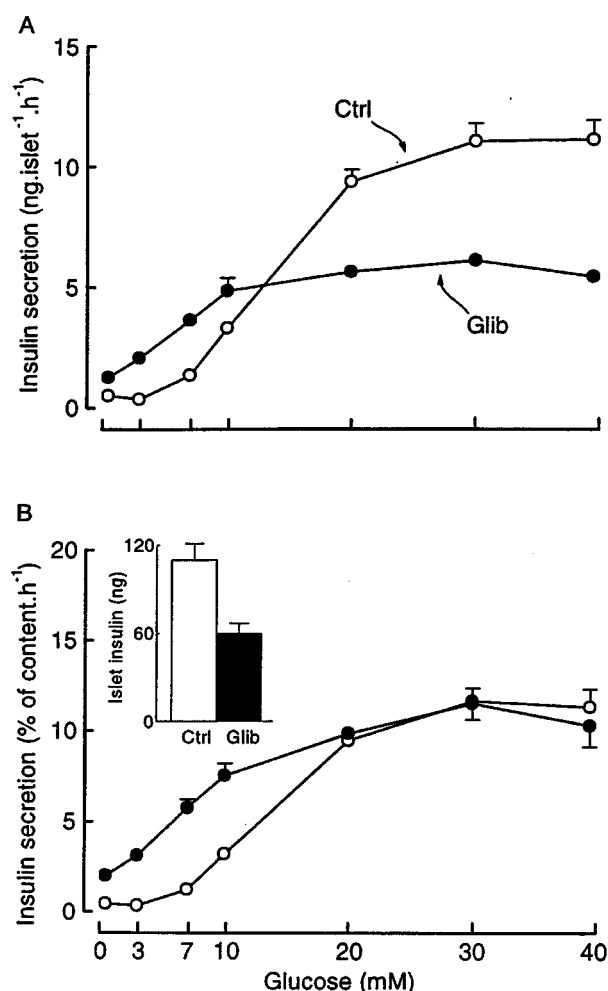


Figure 1 Influence of glibenclamide pretreatment of mouse islets on the concentration-dependence of glucose-induced insulin secretion. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing $0.01\text{ }\mu\text{M}$ glibenclamide (Glib). After preincubation without glibenclamide (Ctrl) or with glibenclamide (Glib), batches of three islets were incubated in the presence of different glucose concentrations without glibenclamide. Results are presented as absolute values (A) or as a percentage of the islet insulin content (B), which is shown in the inset. Values are means \pm s.e. mean for 25 batches of islets from five separate experiments.

Table 1 Influence of glibenclamide pretreatment of mouse islets on insulin secretion induced by various agents ($\text{ng insulin islet}^{-1}\text{ h}^{-1}$)

Agent tested during incubation	Culture conditions	
	Controls	Glibenclamide ($0.01\text{ }\mu\text{M}$)
Glucose 10 mM	2.72 ± 0.18	$3.92 \pm 0.25^\dagger$
+ Tolbutamide $50\text{ }\mu\text{M}$	$8.33 \pm 0.67^*$	$3.28 \pm 0.30^\dagger$
+ Glibenclamide $0.01\text{ }\mu\text{M}$	$7.18 \pm 0.52^*$	$4.37 \pm 0.36^\dagger$
+ Glibenclamide $1\text{ }\mu\text{M}$	$9.24 \pm 0.55^*$	$4.08 \pm 0.25^\dagger$
+ Meglitinide $100\text{ }\mu\text{M}$	$11.0 \pm 0.85^*$	$3.96 \pm 0.18^\dagger$
+ Diazoxide $250\text{ }\mu\text{M}$	$0.29 \pm 0.03^*$	$3.49 \pm 0.25^\dagger$
+ Nimodipine $1\text{ }\mu\text{M}$	$0.62 \pm 0.06^*$	$0.77 \pm 0.06^*$
+ Adrenaline $1\text{ }\mu\text{M}$	$0.19 \pm 0.03^*$	$0.33 \pm 0.03^*$
+ Forskolin $1\text{ }\mu\text{M}$	$16.6 \pm 1.15^*$	$16.0 \pm 1.17^*$

The islets were cultured for 18–20 h with or without $0.01\text{ }\mu\text{M}$ glibenclamide. They were then preincubated for 60 min with or without glibenclamide before being incubated for 60 min in a medium containing 10 mM glucose alone or with the indicated test agent. As the insulin content of the islets was $95 \pm 8\text{ ng islet}^{-1}$ for controls and $59 \pm 5\text{ ng islet}^{-1}$ for islets cultured with glibenclamide, multiplication of the presented values by 1 (controls) and by 1.7 (glibenclamide) gives a good approximation of insulin release as a percentage of content. Values are means \pm s.e. mean for 14–59 batches of islets from 3–12 separate experiments. *Significant effect ($P < 0.001$) of the test agent vs 10 mM glucose alone, within each column; † Significant difference ($P < 0.01$ or less) between control and glibenclamide-pretreated islets, on the same line (ANOVA).

(washing, distribution into chambers and initial 25 min of perfusion). In all experiments, islets were recovered from incubation tubes and perfusion chambers, and their insulin content was determined after extraction in acid ethanol (Detimary *et al.*, 1995). Insulin was measured by a double antibody radioimmunoassay with rat insulin as the standard (Novo Research Institute, Bagsvaerd, Denmark).

Measurements of $[Ca^{2+}]_i$ and NAD(P)H

After culture with or without glibenclamide or tolbutamide, the islets were preincubated for 90 min, again with or without sulphonylurea, in bicarbonate-buffered medium alone (NADPH measurements) or supplemented with the Ca^{2+} -indicator fura PE3/AM ($2 \mu M$; Teflabs, Austin, TX, U.S.A.). After washing they were transferred into a perfusion chamber placed on the stage of a microscope, for recording of NAD(P)H or $[Ca^{2+}]_i$ as described (Gilon & Henquin, 1992).

Statistical analysis

Results are presented as means \pm s.e.mean for the indicated number of islets or batches of islets, from the indicated number

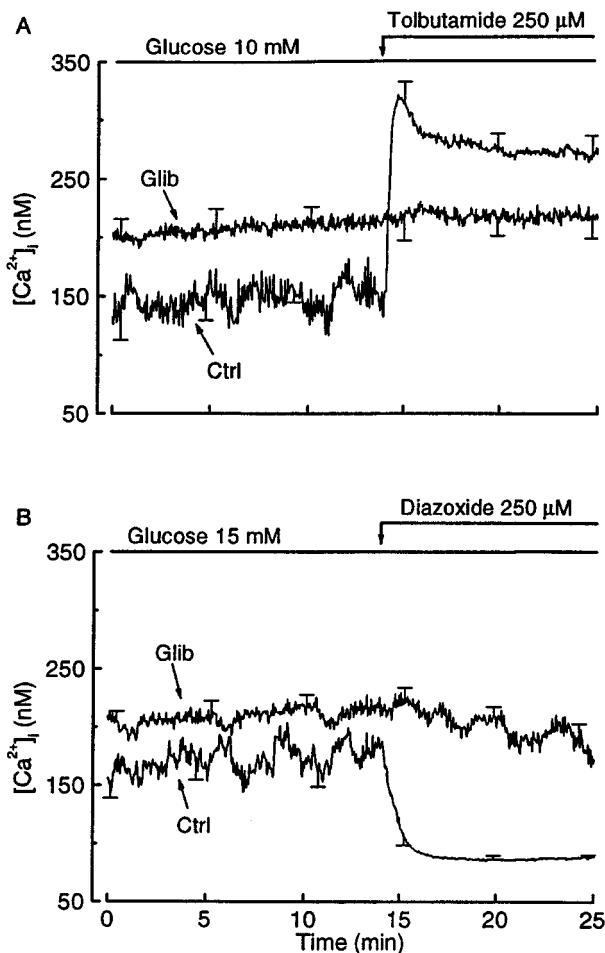


Figure 2 Influence of glibenclamide pretreatment of mouse islets on the changes in cytoplasmic $[Ca^{2+}]_i$ produced by tolbutamide and diazoxide. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing $0.01 \mu M$ glibenclamide (Glib). After preincubation without or with glibenclamide, the islets were then perfused with a medium that did not contain glibenclamide. Tolbutamide (A) and diazoxide (B) were added to a medium containing 10 and 15 mM glucose respectively. The traces correspond to means \pm s.e.mean for 11–12 islets from three separate experiments.

of different experiments. The statistical significance of differences between means was assessed by Student's *t*-test for unpaired data or by analysis of variance followed by Newman-Keuls test when more than two groups were compared. Differences were considered significant at $P < 0.05$.

Results

Influence of glibenclamide pretreatment

In control islets, the concentration dependency of glucose-induced insulin secretion displayed a classical sigmoidal shape (Figure 1A). After 18–20 h of culture in the presence of $0.01 \mu M$ glibenclamide, insulin secretion in the absence of glucose was increased 2.5 fold (1.27 ± 0.12 vs 0.50 ± 0.09 ng islet $^{-1}$ h $^{-1}$), the dose-response curve was shifted to the left (EC₅₀ values of ~ 8 vs 14 mM glucose), and the maximum response was decreased by almost 45% (6.11 ± 0.35 vs 11.1 ± 0.81 ng islet $^{-1}$ h $^{-1}$). Because culture in the presence of glibenclamide lowered the islet insulin content by 45% as

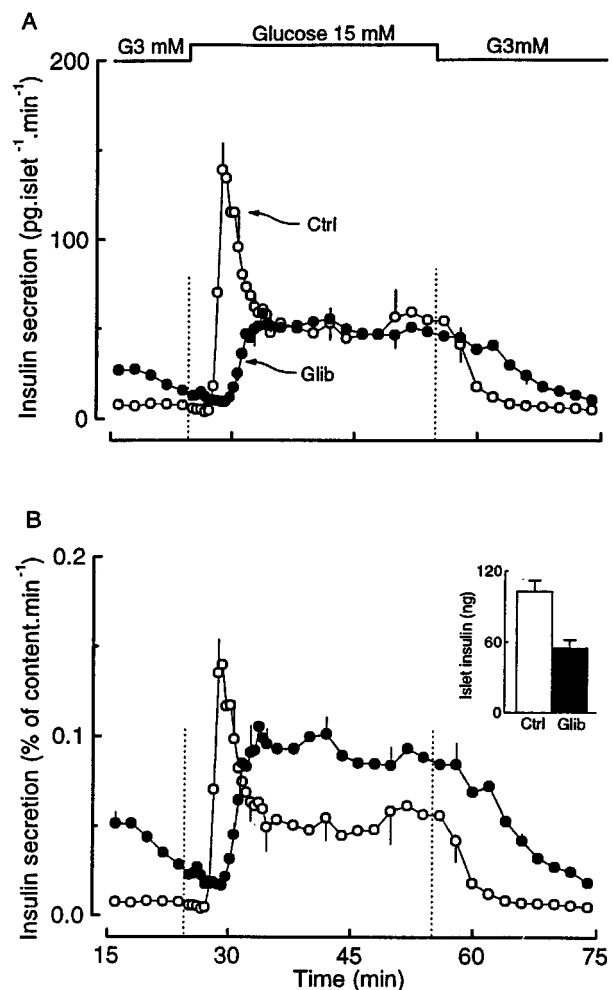


Figure 3 Influence of glibenclamide pretreatment of mouse islets on the kinetics of glucose-induced insulin secretion. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing $0.01 \mu M$ glibenclamide (Glib). After preincubation without or with glibenclamide, batches of 25 islets were then perfused with a medium that did not contain glibenclamide. The glucose concentration was increased from 3 to 15 mM as indicated. Results are presented as absolute rates of secretion (A) or as a percentage of the islet insulin content (B), which is shown in the inset. Values are means \pm s.e.mean for five separate experiments.

compared to controls (Figure 1B inset), insulin secretion was also expressed as a percentage of content. This exacerbated the differences in the response to 0–10 mM glucose and abrogated the differences in the maximal response (Figure 1B). Islets pretreated overnight with glibenclamide thus show an increased sensitivity to glucose, even when they are studied in the absence of the sulphonylurea.

To elucidate the underlying mechanisms, control and glibenclamide-pretreated islets were incubated in the presence of 10 mM glucose and different test agents (Table 1). In control islets, tolbutamide, glibenclamide at two concentrations, and meglitinide, the non-sulphonylurea moiety of glibenclamide, three blockers of K^+ -ATP channels (Sturgess *et al.*, 1998; Zünkler *et al.*, 1988), increased insulin secretion, whereas diazoxide, an opener of K^+ -ATP channels (Sturgess *et al.*, 1988; Zünkler *et al.*, 1988), inhibited it by 90%. In contrast, the high rate of insulin secretion from glibenclamide-pretreated islets was unaffected by either of these four agents. The inability of sulphonylureas and meglitinide to further increase insulin secretion was not due to an already maximum rate of release because

forskolin was very effective (Table 1). The lack of effect of diazoxide did not reflect any damage of the islets because blockade of Ca^{2+} channels by nimodipine and activation of α_2 -adrenoceptors by adrenaline inhibited insulin secretion by 80–90%. Glibenclamide-pretreated islets are thus unresponsive to drugs that normally close or open K^+ -ATP channels in β cells.

In control islets perfused with 10 or 15 mM glucose, $[Ca^{2+}]_i$ displayed oscillations that are masked by averaging of the traces in Figure 2. As expected (Gilon *et al.*, 1992), addition of tolbutamide caused a prompt increase in $[Ca^{2+}]_i$ (Figure 2A), whereas addition of diazoxide caused a rapid return to basal values (Figure 2B). In glibenclamide-pretreated islets, $[Ca^{2+}]_i$ was higher and more stable than in control islets. Tolbutamide was ineffective and diazoxide only had a marginal effect. The inability of the two drugs to influence insulin secretion can thus be explained by their inability to alter the already elevated $[Ca^{2+}]_i$ islets. This interpretation is borne out by the observation that high K^+ increased both $[Ca^{2+}]_i$ and insulin secretion in glibenclamide-pretreated islets perfused with a medium containing 3 mM glucose. Thus, raising KCl from 4.8

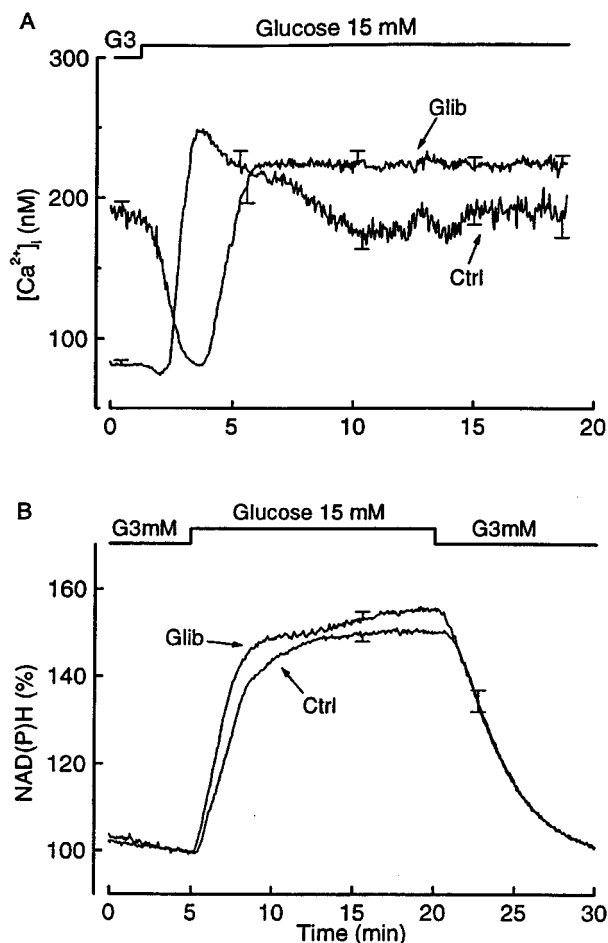


Figure 4 Influence of glibenclamide pretreatment of mouse islets on the changes in cytoplasmic $[Ca^{2+}]_i$ (A) and NAD(P)H fluorescence (B) produced by glucose. The islets were cultured for 18–20 h in a control medium or in a medium containing $0.01 \mu\text{M}$ glibenclamide. After preincubation without or with glibenclamide, the islets were then perfused with a medium that did not contain glibenclamide. The glucose concentration was increased from 3 to 15 mM as indicated. The traces correspond to means \pm s.e. mean for 18–19 islets from four separate experiments. In (B) the changes in NAD(P)H fluorescence are expressed as a percentage of the signal recorded in the presence of 3 mM glucose. This basal fluorescence was similar in the two groups of islets.

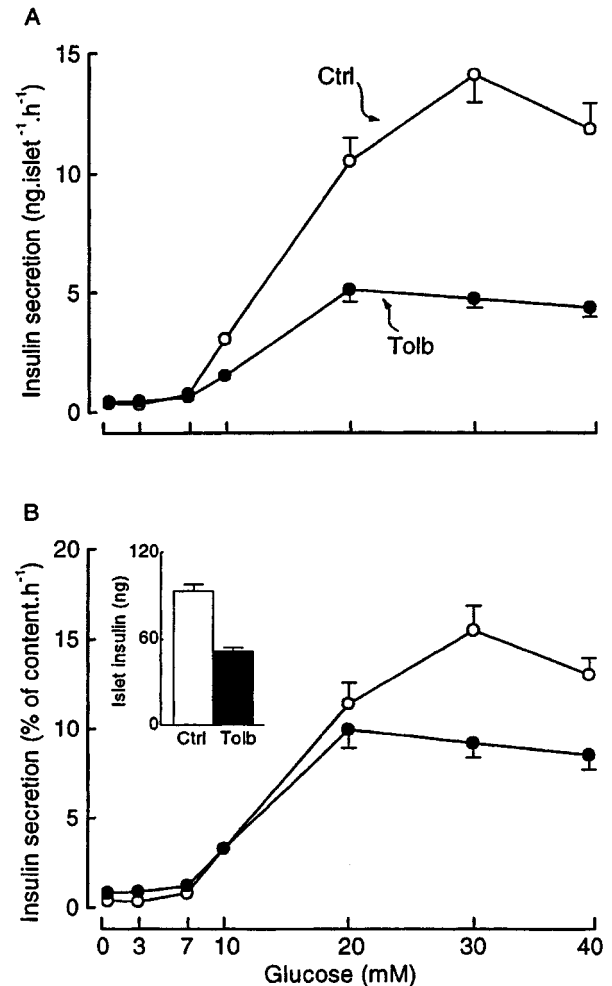


Figure 5 Influence of tolbutamide pretreatment of mouse islets on the concentration-dependence of glucose-induced insulin secretion. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing $50 \mu\text{M}$ tolbutamide (Tolb). After preincubation without or with tolbutamide, batches of three islets were then incubated in the presence of different glucose concentrations without tolbutamide. Results are presented as absolute values (A) or as a percentage of the islet insulin content (B), which is shown in the inset. Values are means \pm s.e. mean for 20 batches of islets from four different cultures.

to 15 and then 25 mM, increased the already elevated $[Ca^{2+}]_i$ from 190 ± 7 to 257 ± 10 and 310 ± 14 nM ($n=12$), and the already elevated insulin secretion rate from 25 ± 3 to 53 ± 7 and 76 ± 5 pg islet $^{-1}$ min $^{-1}$ ($n=4$).

We next investigated the kinetics of glucose-induced insulin secretion from perfused islets. In controls, basal secretion in the presence of 3 mM glucose was low and stable, and 15 mM glucose triggered a biphasic response characterized by a large initial peak followed by a sustained second phase (Figure 3A). In glibenclamide-pretreated islets, insulin secretion was already elevated in the presence of 3 mM glucose, and 15 mM glucose produced a delayed, monophasic response that was of similar amplitude to that of the second phase observed in control islets (Figure 3A). When the rate of insulin secretion was expressed relative to the insulin content of the islets, the pattern of the response was not modified, but the sustained phase of release became larger in test than control islets (Figure 3A), in agreement with the results obtained with the incubation experiments (Figure 1B).

To understand why the secretory response to glucose is delayed in glibenclamide-pretreated islets, the dynamics of the $[Ca^{2+}]_i$ and metabolic changes was then studied (Figure 4). Raising the concentration of glucose from 3 to 15 mM caused a triphasic change in $[Ca^{2+}]_i$ in control islets: the low basal $[Ca^{2+}]_i$ first decreased slightly and transiently before increasing to a peak and eventually stabilizing at a steadily elevated level (Figure 4A). Note, however, that $[Ca^{2+}]_i$

oscillations induced by glucose in individual islets (Gilon *et al.*, 1992) are masked by averaging. In glibenclamide-pretreated islets, $[Ca^{2+}]_i$ was already elevated in the presence of 3 mM glucose, and showed a biphasic change in response to 15 mM glucose. A marked and prolonged (~ 2.5 min) drop initially occurred, and was followed by an increase to stable values (224 ± 8 nM) that were slightly higher ($P < 0.01$) than those measured in glibenclamide-pretreated islets perfused at 3 mM glucose (188 ± 10 nM) and in control islets perfused at 15 mM glucose (184 ± 8 nM). No oscillations of $[Ca^{2+}]_i$ were present in individual islets pretreated with glibenclamide (not shown). This marked delay in the $[Ca^{2+}]_i$ rise evoked by glucose may explain the lack of the first phase of insulin secretion.

The increase in NAD(P)H fluorescence brought about by a stimulation with 15 mM glucose had similar kinetics and magnitude in control and glibenclamide-pretreated islets (Figure 4B). The alterations of $[Ca^{2+}]_i$ and insulin secretion are thus unlikely to result from a major perturbation of glucose metabolism.

Influence of tolbutamide pretreatment

After 18–20 h of culture in the presence of $50 \mu\text{M}$ tolbutamide, the insulin content of the islets was decreased by 45% as compared with controls (Figure 5B – inset). Although this decrease was similar to that measured in glibenclamide-pretreated islets, the concentration dependency of glucose-

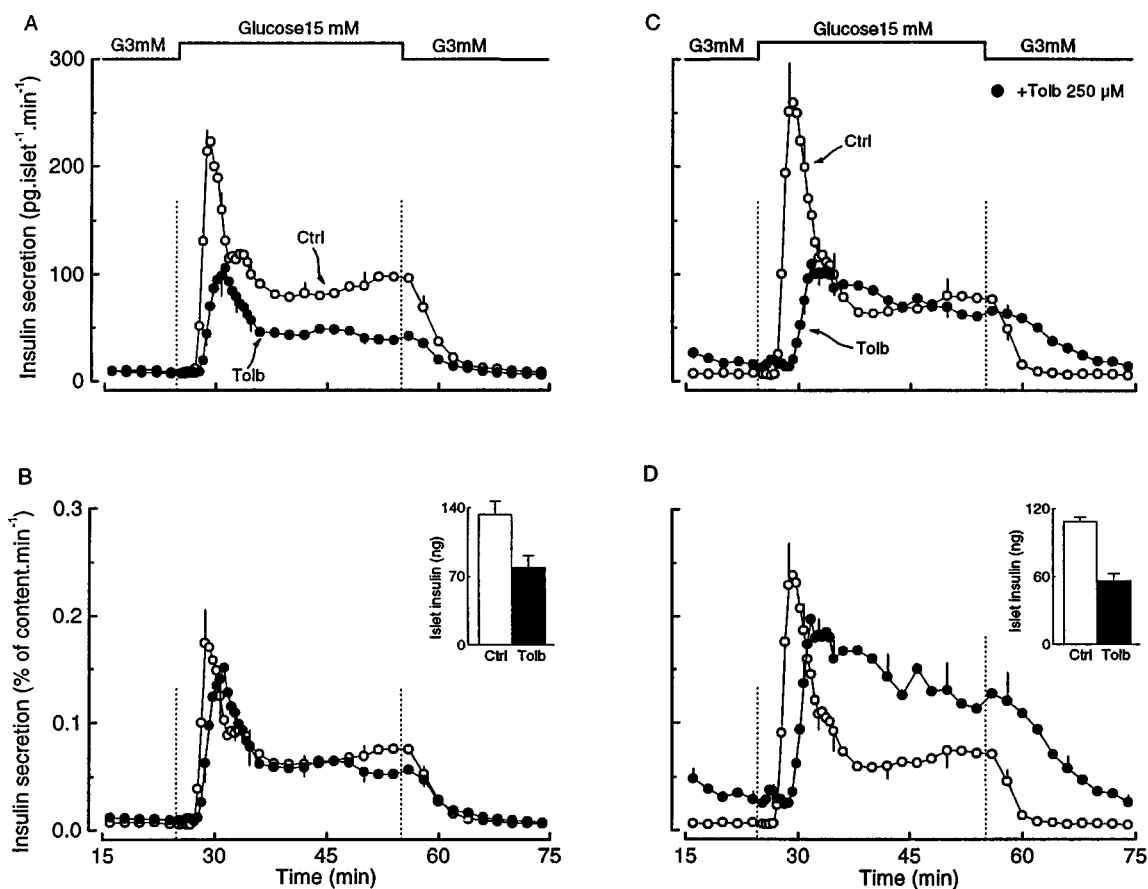


Figure 6 Influence of tolbutamide pretreatment of mouse islets on the kinetics of glucose-induced insulin secretion. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing $50 \mu\text{M}$ tolbutamide (Tolb). After preincubation without or with tolbutamide, batches of 25 islets were then perfused with a medium that did not contain tolbutamide except for one series of tolbutamide-pretreated islets (C and D) which were perfused with $250 \mu\text{M}$ tolbutamide (\bullet). The glucose concentration was increased from 3 to 15 mM as indicated. Results are presented as absolute rates of secretion (A and C) or as a percentage of the islet insulin content (B and D), which is shown in the insets. Values are means \pm s.e.mean for five separate experiments.

induced insulin secretion was different (Figure 5). Insulin secretion was similar in control and tolbutamide-pretreated islets after incubation at 0, 3 and 7 mM glucose. At all higher concentrations it was smaller in tolbutamide-pretreated islets (Figure 5A). The EC_{50} was similar (~ 14 – 15 mM) in both groups, but the maximum response was decreased by 65% in test islets. This difference was larger than the fall in insulin content, so that the maximum secretory response remained smaller ($P < 0.001$ at 30 and 40 mM glucose) even when the results were expressed as a percentage of insulin content (Figure 5B).

When tolbutamide-pretreated islets were perfused, basal insulin secretion, at 3 mM glucose, was low as in controls (Figure 6A). Subsequent stimulation with 15 mM glucose evoked a biphasic response with markedly attenuated first and second phases. The rate of rise in insulin secretion during the first phase was clearly less than in control islets, but the start of the rise was not delayed as it was after glibenclamide pretreatment (compare Figures 6A and 3A). When insulin secretion was expressed relative to the islet insulin content, the responses of control and tolbutamide-pretreated islets were almost superimposable (Figure 6B). The characteristics of this secretory response of tolbutamide-pretreated islets can be

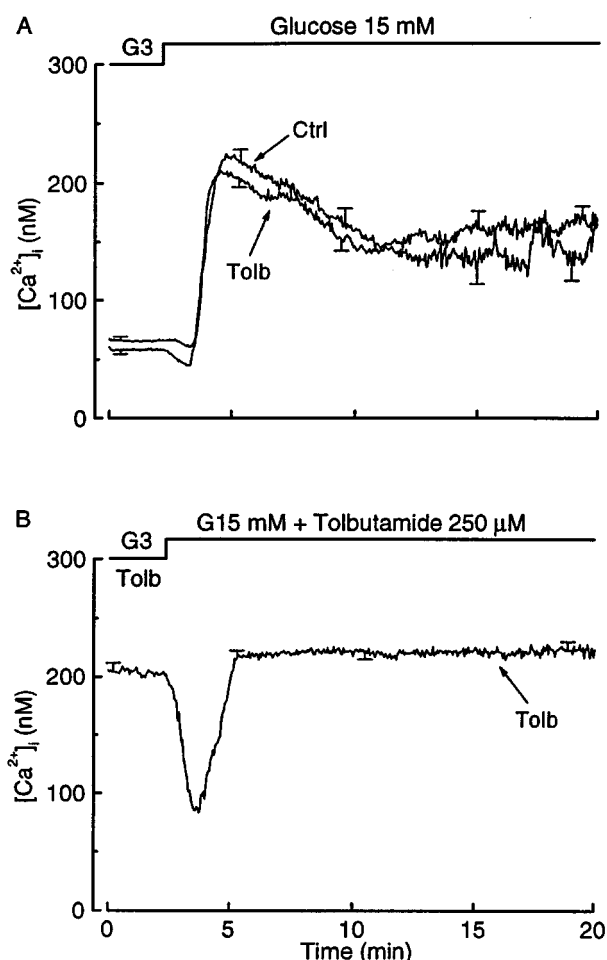


Figure 7 Influence of tolbutamide pretreatment of mouse islets on the changes in cytoplasmic $[Ca^{2+}]_i$ produced by glucose. The islets were cultured for 18–20 h in a control medium (Ctrl) or in a medium containing 50 μ M tolbutamide (Tolb). After preincubation without or with tolbutamide, the islets were then perfused with a medium which contained either no tolbutamide (A) or 250 μ M tolbutamide (B), and in which the concentration of glucose was increased from 3 to 15 mM as indicated. The traces correspond to means \pm s.e. mean for 11–12 islets from three separate experiments.

explained by the changes in $[Ca^{2+}]_i$ (Figure 7A). Neither basal $[Ca^{2+}]_i$ nor the rapidity and magnitude of the increase evoked by glucose was different between the test and control islets. The differences in insulin secretion between control and tolbutamide-pretreated islets can thus be ascribed to the differences in insulin stores.

The different behaviour of tolbutamide- and glibenclamide-pretreated islets could be explained by a longer persistence of the latter in β cells. If the hypothesis is correct, islets pretreated with tolbutamide should behave like glibenclamide-pretreated islets when tolbutamide is also present during the acute functional tests. In a first series of experiments, 50 μ M tolbutamide was thus added to the perfusion medium. In 3 mM glucose this resulted in a $[Ca^{2+}]_i$ rise from 58 ± 4 to 102 ± 6 nM. Tolbutamide-pretreated islets thus remain stimutable by an agent that blocks K^+ -ATP channels. Subsequent stimulation with 15 mM glucose was followed by a prompt rise in $[Ca^{2+}]_i$ and biphasic secretion of insulin (data not shown). Because the $[Ca^{2+}]_i$ rise produced by 50 μ M tolbutamide remained smaller than that measured in islets cultured with glibenclamide (102 ± 6 vs 188 ± 10 nM), a second series of experiments was performed with 250 μ M tolbutamide. With this concentration of the drug in the medium used to perfuse tolbutamide-pretreated islets, $[Ca^{2+}]_i$ and insulin secretion were elevated even in the presence of 3 mM glucose (Figures 7B and 6C). Upon stimulation with 15 mM glucose, $[Ca^{2+}]_i$ initially decreased before increasing again to a stable level that was slightly higher than in the presence of 3 mM glucose (228 ± 8 vs 211 ± 8 nM, $P < 0.01$ by paired *t*-test) (Figure 7B). The insulin secretion rate increased with a delay but was not different from that in control islets during sustained stimulation. Because of the lower insulin content of these tolbutamide-pretreated islets, this corresponded to a higher fractional release of insulin than in controls (Figure 6D). These characteristics are superimposable on those of the $[Ca^{2+}]_i$ and insulin responses recorded in glibenclamide-pretreated islets (Figures 4A and 3B).

Discussion

Under hyperglycaemic conditions, the increase in plasma insulin levels induced by glibenclamide occurs over a narrow range of drug concentrations (0.05–0.1 μ M) (Groop, 1992). In most patients treated with glibenclamide, plasma concentrations of the drug are below 0.4 μ M (Heptner *et al.*, 1984; Jaber *et al.*, 1994). However, many *in vitro* studies of glibenclamide effects on β cell function have used the drug at substantially higher concentrations, and neglected its strong binding to albumin, that is present in lower concentrations in culture or incubation media than in plasma. In the present study glibenclamide was used at the concentration of 0.01 μ M which, in the presence of 10% serum in the culture medium, should give a free drug concentration in the range of those found *in vivo* (Panten *et al.*, 1989).

Culture of normal mouse islets for 20 h in the presence of 0.01 μ M glibenclamide profoundly altered several aspects of glucose-induced insulin secretion in spite of the removal of the drug during the tests. Perturbations of $[Ca^{2+}]_i$ regulation in β cells can account for several of these alterations. First, insulin secretion was increased even at low glucose concentrations (< 7 mM) that are ineffective in control islets. This can be attributed to an elevation of basal $[Ca^{2+}]_i$ resulting from a persistent closure of K^+ -ATP channels. Thus, glibenclamide-pretreated islets were unresponsive to

pharmacological openers or inhibitors of K^+ -ATP channels, but still inhibitable by blockers of voltage-dependent Ca^{2+} channels. It has also been reported that neither glucose nor glibenclamide is able to decrease K^+ (^{86}Rb) efflux from islets cultured for 24 h with glibenclamide (Rabuzzo *et al.*, 1992). Second, no first phase insulin secretion occurred in response to 15 mM glucose. This cannot be attributed to a delay or major impairment in the acceleration of glucose metabolism but can be explained by the lack of a rapid rise in $[Ca^{2+}]_i$. Instead, glucose caused a marked drop of the already elevated $[Ca^{2+}]_i$, followed by a monophasic climb slightly above initial values. This paradoxical drop in $[Ca^{2+}]_i$ probably reflects sequestration of the ion within cellular organelles (Hellman *et al.*, 1990; Roe *et al.*, 1994).

To determine whether these perturbations of β cell function are specific effects of glibenclamide, islets were also cultured in the presence of 50 μ M tolbutamide. This concentration was selected to achieve a similar stimulation of secretion and decrease (45%) in islet insulin stores as those produced by glibenclamide. It is, even when protein binding is taken into account (Panten *et al.*, 1989), within the range of tolbutamide plasma levels in patients under chronic treatment (Cattaneo *et al.*, 1990; Sartor *et al.*, 1980). The behaviour of tolbutamide-pretreated islets strikingly differed from that of glibenclamide-pretreated islets in several respects. $[Ca^{2+}]_i$ was low in the basal state, and it normally increased in response to glucose, which explains that basal insulin secretion was low and that stimulated secretion displayed a biphasic pattern. It is thus clear that treatment of the islets with a sulphonylurea for 20 h does not automatically put K^+ -ATP channels out of action. This conclusion is borne out by our observations that tolbutamide-pretreated islets still responded by $[Ca^{2+}]_i$ and insulin secretion changes to acute stimulation with tolbutamide. Others have reported that a high concentration of tolbutamide (1 mM) caused a normal inhibition of K^+ (^{86}Rb) efflux from islets cultured for 24 h with tolbutamide (Rabuzzo *et al.*, 1992). However, when the effects of glucose on $[Ca^{2+}]_i$ and insulin secretion were evaluated in the presence of tolbutamide, tolbutamide-pretreated islets displayed the abnormalities characteristic of glibenclamide-pretreated islets. The behaviour of the latter can thus be explained by the persistence of the drug in β cells even after its removal from the medium. It is known that, unlike other sulphonylureas, glibenclamide accumulates within β cells (Hellman *et al.*, 1984).

The overworked- β cell hypothesis suggests that chronic hyperstimulation leads to β cell secretory dysfunction because of a decrease in insulin stores (Leahy, 1996). Islets cultured with tolbutamide, but not those cultured with glibenclamide, are a good model to evaluate the consequences of β cell-overworking. The secretory response to glucose was quantitatively smaller than that of control islets, but the decrease matched the $\sim 50\%$ lowering of insulin stores except for glucose concentrations exceeding 20 mM. The kinetics of glucose-induced insulin secretion and $[Ca^{2+}]_i$ rise were unaltered, which suggests that the characteristics of the $[Ca^{2+}]_i$ changes are more important than the size of insulin stores in determining the biphasic pattern of secretion. The sensitivity to glucose of the insulin release process was unchanged after tolbutamide pretreatment. This indicates that, when an

increased sensitivity to glucose is observed after *in vitro* or *in vivo* islet-overworking (Leahy, 1996), it results from changes other than the decrease in insulin stores, probably from nutrient-mediated metabolic changes.

Glucose-induced insulin secretion normally depends on a rise in β cell $[Ca^{2+}]_i$, mediated by closure of K^+ -ATP channels and membrane depolarization (the K^+ -ATP channel-dependent pathway) (Dunne & Petersen, 1991; Misler *et al.*, 1992; Henquin, 1994; Prentki, 1996). When islets, that have not been pretreated with sulphonylureas during culture, are acutely depolarized by a high concentration of K^+ or a maximally effective concentration of sulphonylurea, they remain able to secrete more insulin in response to glucose (Panten *et al.*, 1988; Best *et al.*, 1992; Gembal *et al.*, 1992). This K^+ -ATP channel-independent pathway involves potentiation of the action of Ca^{2+} on exocytosis (Gembal *et al.*, 1993; Eliasson *et al.*, 1997; Sato *et al.*, 1999). It is illustrated here by the following comparison: although $[Ca^{2+}]_i$ was almost identical in glibenclamide-pretreated islets maintained at 3 mM glucose and in control islets stimulated by 15 mM glucose alone, insulin secretion was greater in the latter. This pathway also largely contributes to the stimulation of secretion by glucose in glibenclamide-pretreated islets and in tolbutamide pretreated islets tested in the presence of tolbutamide. Thus, the large increase in secretion occurred with a minimal change in $[Ca^{2+}]_i$. As these observations were made after pretreatment of the islets with therapeutic concentrations of the drugs, a similar situation is likely to prevail *in vivo*. During continuous sulphonylurea treatment, glucose regulation of insulin secretion may thus depend more on the K^+ -ATP channel-independent pathway than on changes in the β cell membrane potential *via* the K^+ -ATP channel-dependent pathway. As the former pathway has a higher sensitivity to glucose than the latter (Gembal *et al.*, 1993), secretion may be stimulated at low glucose concentrations as shown here *in vitro*. The same mechanism may explain the inappropriate secretion of insulin at low blood glucose levels *in vivo* and the hypoglycaemic episodes sometimes complicating sulphonylurea treatment. One should, however, remain cautious in these extrapolations and bear in mind that the β cells of those patients receiving sulphonylureas have intrinsically abnormal glucose responsiveness. For the same reasons and because no available experimental studies in normal subjects can be strictly compared to our *in vitro* experiments, it is very difficult to predict that chronic sulphonylurea treatment will exert consistent effects on the first phase insulin secretion (Groop, 1992). The K^+ -ATP channel-independent pathway may also be the major mechanism by which glucose influences insulin secretion in infants suffering from persistent hyperinsulinaemic hypoglycaemia because of a loss of functional K^+ -ATP channels in their β cells (Kane *et al.*, 1996).

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