



Regulation of induction of nitric oxide synthase and the inhibitory actions of dexamethasone in the human intestinal epithelial cell line, Caco-2: influence of cell differentiation

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1 The inducible isoform of nitric oxide synthase (iNOS) may be involved in the pathogenesis of inflammatory bowel disease. Using the human intestinal epithelial cell line, Caco-2, iNOS expression, regulation and sensitivity to the glucocorticoid, dexamethasone after cytokine exposure and its relationship to the degree of differentiation has been studied.

2 NOS activity, assessed by NO₂⁻ and NO₃⁻ release, was time-dependently increased after exposure to interferon γ alone or in combination with interleukin-1 β and tumour necrosis factor α .

3 Cytokine-induced iNOS activity was increased with days in culture over 20 days and number of passages, suggesting iNOS up-regulation during enterocyte-like differentiation. This activity was inhibited by the selective iNOS inhibitor 1400 W (0.1–100 μ M). In addition, iNOS protein induction was confirmed by Western blot.

4 Actinomycin D (5 μ g ml⁻¹) inhibited cytokine-induced iNOS activity, protein expression and mRNA level. Pyrrolidine dithiocarbamate (PDTC: 10–200 μ M) and 3,4 dichloroisocoumarin (0.1–100 μ M) reduced cytokine-induced iNOS activity and protein expression at both day 10 and 15 after confluence. PDTC also decreased iNOS mRNA levels, suggesting NF- κ B involvement in its transcription at these times.

5 The tyrphostins A25 and B42 reduced cytokine-induced iNOS activity at both day 10 and 15 after confluence, indicating the JAK-2 kinase is also involved at these times. The tyrphostins also reduced the iNOS protein expression.

6 Dexamethasone (0.1–10 μ M, for 24 h) reduced cytokine-induced iNOS activity at day 15 and 20 after cell confluence, but not at day 5 or 10.

7 Dexamethasone (5 μ M) decreased cytokine-induced iNOS protein expression at day 10 as well as at day 15 after confluence.

8 These findings indicate that iNOS induction and its inhibition by dexamethasone in this human intestinal epithelial cell line is dependent on the degree of differentiation.

Keywords: Inducible nitric oxide synthase; iNOS; colonic epithelial cell line; Caco-2; differentiation; NF- κ B; JAK-2; glucocorticoids; 1400 W

Abbreviations: DCI, 3,4 dichloroisocoumarin; IFN γ , interferon γ ; IL-1 β , interleukin-1 β ; iNOS, inducible nitric oxide synthase; JAK-2, Janus kinase-2; NF- κ B, nuclear factor κ B; NO, nitric oxide; PBS, phosphate buffered saline; PDTC, pyrrolidine dithiocarbamate; SDS, sodium dodecyl sulphate; TNF α , tumour necrosis factor α

Introduction

The inducible isoform of nitric oxide synthase (iNOS) (EC 1.14.13.39) is found in many different cell types. It is functionally calcium-independent and can be induced by cytokines and bacterial lipopolysaccharides. Once expressed, iNOS can produce sustained and substantial amounts of nitric oxide (NO), which is thought to be cytotoxic and to mediate deleterious effects (for reviews, see Knowles & Moncada, 1994; Förstermann *et al.*, 1995). Since the first demonstration of increased calcium-independent iNOS activity in colonic tissue from patients with ulcerative colitis (Boughton-Smith *et al.*, 1993), other studies have confirmed the increase in iNOS activity or nitric oxide (NO) release (Rachmilewitz *et al.*, 1995), in iNOS protein (Singer *et al.*, 1996), and in iNOS mRNA level (McLaughlin *et al.*, 1997), in patients with inflammatory bowel disease (IBD). Studies using animal

models of IBD have also shown iNOS involvement (for review see Whittle, 1997).

Macrophages and polymorphonuclear cells were initially thought to be the main source of NO during inflammatory processes. It is now clear that intestinal and colonic epithelial cells are a major site of iNOS expression, both in animal models of gut inflammation and in human IBD (Tepperman *et al.*, 1993, 1994; Singer *et al.*, 1996; Morin *et al.*, 1998). The expression of iNOS has been reported in human intestinal epithelial cell lines (Radomski *et al.*, 1991; Jenkins *et al.*, 1994; Salzman *et al.*, 1996; Kolios *et al.*, 1995). In the extensively studied DLD-1 intestinal epithelial cells, the iNOS gene has been cloned, showing cDNA and amino acid sequences that are very similar to cloned human iNOS from other sources (Sherman *et al.*, 1993). In this cell line, iNOS induction, by cytokines with or without bacterial products, is transcriptionally controlled, and involves NF- κ B (Nunokawa *et al.*, 1996; Salzman *et al.*, 1996) and a tyrosine protein kinase (Kleinert *et al.*, 1998a).

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It is noteworthy that most of the human intestinal cell lines studied are poorly differentiated under standard growing conditions. However, because of the likely NO involvement in carcinogenic process, especially in colon or intestinal epithelial cell line (Jenkins *et al.*, 1995; Ambs *et al.*, 1998) and the known impairment of regulatory processes in these cells, including NF- κ B/I κ B pathway (Jobin *et al.*, 1997), the current studies utilize the spontaneously well differentiated human intestinal epithelial cell line Caco-2. This cell line is considered to resemble normal intestinal epithelial cells (Zweibaum *et al.*, 1991) and is known to process normally the NF- κ B/I κ B complex (Jobin *et al.*, 1997). Previous reports have shown iNOS protein expression and RNA transcription without any cytokine stimulation (Vecchini *et al.*, 1997) in Caco-2 and in a sub-clone of this cell line (Unno *et al.*, 1995; Salzman *et al.*, 1998) although the mechanisms of iNOS induction and control have not been characterized. The influence of the degree of differentiation on iNOS induction by cytokines in these cells, and the actions of NF- κ B inhibitors have therefore been evaluated.

Glucocorticoids are one of the main and most effective treatments in IBD, although resistance to their actions is not uncommon during the course of these diseases (Hanauer, 1996). However, in contrast to many other cell types including inflammatory cells (Moncada & Higgs, 1993), glucocorticoids do not inhibit iNOS activity in the undifferentiated DLD-1 cells (Salzman *et al.*, 1996). To assess whether such insensitivity could be related to the cell differentiation status, the effects of the potent glucocorticoid, dexamethasone on iNOS expression induced by cytokines were evaluated at different stages of differentiation in the Caco-2 cell line.

Methods

Cell culture

Caco-2 cells were obtained from The European Collection of Cell Culture (Salisbury, U.K.) (No 86010202) and were used between passages 31 and 41. Cells were grown in Dulbecco's modified Eagle's medium (DMEM) with 4 mM L-glutamine, 20% heat-inactivated foetal calf serum (FCS) and 1% non-essential amino-acids. Cells were cultured at 37°C in a water-

Table 1 NO_x production after 24 h exposure to cytokines in Caco-2 cells and action of inhibitors of *de novo* translation (cycloheximide) and *de novo* transcription (actinomycin D)

Treatment	NO _x ($\mu\text{M } 10^6 \text{ cells}^{-1}$)
Control	17.7 \pm 1.6
TNF α	18.1 \pm 5.0
IL-1 β	18.1 \pm 6.3
IFN γ	31.0 \pm 8.3*
TNF α /IL-1 β	20.9 \pm 6.4
TNF α /IFN γ	38.1 \pm 6.1**
IL-1 β /IFN γ	36.9 \pm 5.9**
TNF α /IL-1 β /IFN γ (cytomix)	68.7 \pm 5.9***
Cytomix + cycloheximide (5 $\mu\text{g ml}^{-1}$)	27.8 \pm 4.0‡‡
Cytomix + actinomycin (5 $\mu\text{g ml}^{-1}$)	24.4 \pm 7.0‡‡

TNF α , IL-1 β and IFN γ were used at a concentration of 100 ng ml⁻¹, 5 ng ml⁻¹ and 200 u ml⁻¹, respectively. Caco-2 cells were used between passage numbers 32 and 39. Results are expressed as mean \pm s.e.mean from three different experiments. Statistical significance was assessed by Student's *t*-test. **P* < 0.05, ***P* < 0.01, ****P* < 0.001 compared with control. ‡‡*P* < 0.01, compared with cytomix.

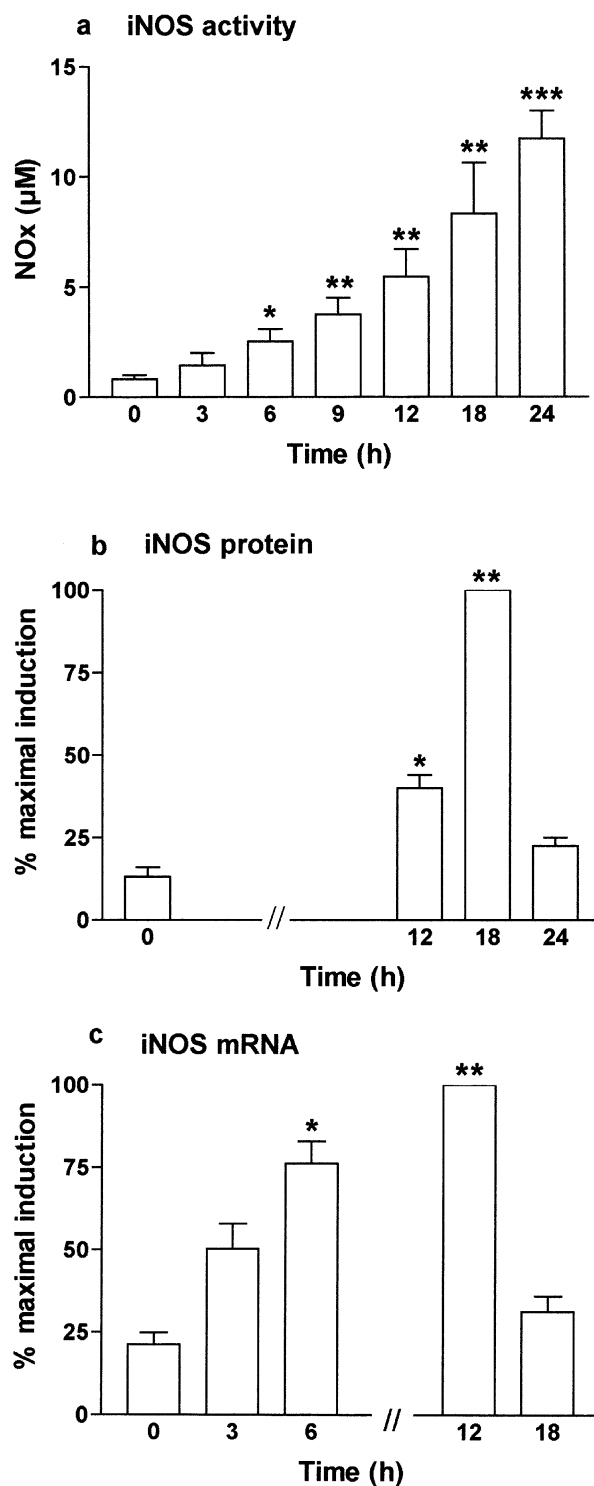


Figure 1 Time dependence of iNOS activity (a), iNOS protein expression (b) and iNOS mRNA steady-state level (c) after exposure to cytomix in Caco-2 cells. Caco-2 cells were used 10 days after confluence and incubated in serum free medium with cytomix (TNF α ; 100 ng ml⁻¹, IL-1 β ; 5 ng ml⁻¹, IFN γ ; 200 u ml⁻¹) for the indicated period of time. (a) NO_x level was determined as an index of iNOS activity in the supernatant by nitrate reduction and the Griess reaction. Results are expressed as means (\pm s.e.mean) from at least three different experiments, each done in triplicate. **P* < 0.05, ***P* < 0.01, ****P* < 0.001 compared with value at 0 h. (b) iNOS protein expression was determined by Western blot. (c) iNOS mRNA level was determined by Northern blot. In (b and c) results represent means (\pm s.e.mean) of three different densitometry analyses and are expressed as the percentage of maximal induction.

saturated atmosphere of 95% air and 5% CO₂, refed every 2 days and passaged weekly. Caco-2 cells were used between 5 and 20 days after confluence as indicated, to permit differentiation.

For a comparative study, the murine intestinal epithelial cell line, IEC-6, were grown in DMEM with 4 mM L-glutamine and 5% FCS and used at confluence.

Cell viability assessment

Mitochondrial respiration, an indicator of cell viability, was assessed by the mitochondrial-dependent reduction of MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] to formazan. Cells grown in 96-well plates were incubated at 37°C for 1 h with 0.4 mM MTT. Cells were solubilized in 100 μ l dimethyl sulphoxide and absorbance was read at $\lambda = 550$ nm. Results were expressed as percentage of control non-treated cells.

Cell counting and protein concentration

Cells were harvested and dissociated in a solution of 0.25% trypsin and 3 mM ethylene diamine tetraacetic acid (EDTA) in phosphate buffered saline (PBS) pH 7.4 (without calcium and magnesium). After 5 min, cells were counted with a haemocytometer after adding trypan blue. Only cells that excluded dye were counted as viable cells. Results were expressed as number of viable cells per ml. The protein concentration was determined using a modification of Bradford method (Biorad kit) and serum albumin bovine as a standard. Results were expressed as mg of protein per ml.

Cell induction

Cells were grown as indicated above. After medium removal and cell monolayer wash with PBS (pH 7.4), cytokines or other agents were added to fresh medium without serum. This medium was further supplemented with 0.5 mM L-arginine.

Table 2 Effects of cytomix (TNF α : 100 ng ml⁻¹, IL-1 β : 5 ng ml⁻¹, INF γ : 200 u ml⁻¹) exposure for 24 h on viability of Caco-2 cells

	Control	Cytomix
Cell number (10 ⁶ ml ⁻¹)	0.165 \pm 0.009	0.163 \pm 0.011
Protein (μ g ml ⁻¹)	110.3 \pm 10.5	102.8 \pm 14.9
MTT (%)	100	100.3 \pm 1.4
Trypan blue exclusion	>95%	>95%

Caco-2 cells were used between passage numbers 32 and 39. Results are expressed as mean \pm s.e.mean from three different experiments. There were no statistical significance (Student's *t*-test) between the cell viability in the control and cytomix groups.

Table 3 Evolution of alkaline phosphate and sucrose-isomaltase activities in Caco-2 cells with time in culture

Days after confluence	Alkaline phosphate (mU mg ⁻¹ protein)	Sucrose-isomaltase (mU mg ⁻¹ protein)
10	8.8 \pm 0.7	7.8 \pm 2.1
15	15.9 \pm 1.1	18.6 \pm 2.7
20	15.7 \pm 0.6	25.7 \pm 3

Caco-2 cells were used between passage numbers 32 and 39. Results are expressed as mean \pm s.e.mean of enzyme activities (mU mg⁻¹ protein) from three different experiments.

Cytokine concentrations used for induction were interferon- γ (IFN- γ) (200 u ml⁻¹), interleukin-1 β (IL-1 β) (5 ng ml⁻¹), and tumour necrosis factor α (TNF α) (100 ng ml⁻¹).

NOS activity assessment

Cells were stimulated in 96-well plates as indicated above. After the indicated time exposure, culture medium was removed for the determination of nitrite/nitrate production, as an index of NOS activity. To reduce nitrate (NO₃⁻) to nitrite NO₂⁻, 50 μ l of medium was transferred in a 96-well plate and incubated for 15 min at 37°C with flavin adenine dinucleotide (50 μ M), β -nicotinamide adenine dinucleotide phosphate, reduced form (500 μ M) and nitrate reductase from *aspergillus* species (1 u ml⁻¹) and then 5 min further with lactic dehydrogenase (100 u ml⁻¹) and sodium pyruvate (100 mM). Then, 50 μ l of Griess reagent (0.25 M phosphoric acid, 30 mM sulphanilamide, 2 mM naphthylethylene diamine) was added to each well. The resultant colour change was quantified by spectrophotometry ($\lambda = 550 - 650$ nm). Nitrate levels were determined using a sodium nitrate standard curve

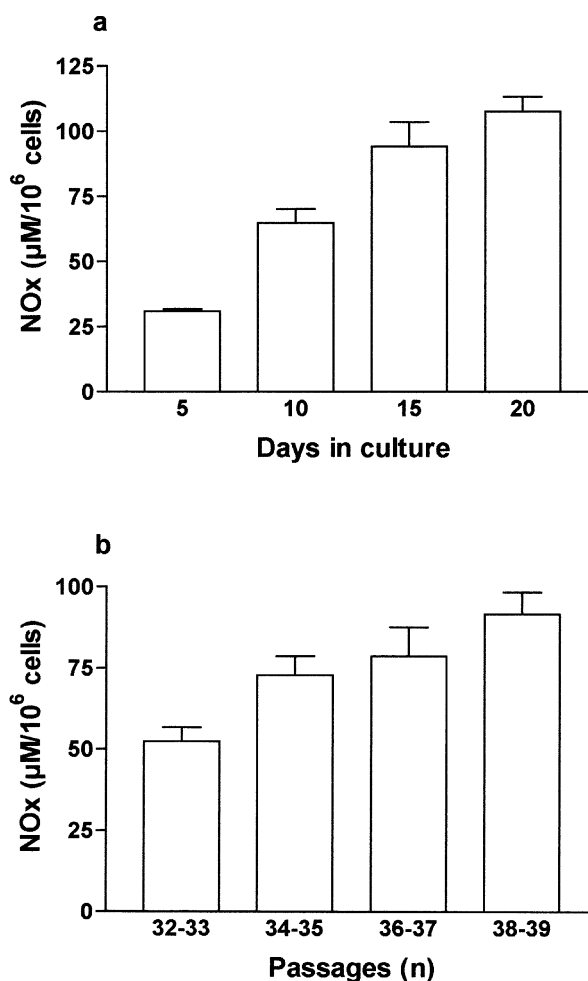


Figure 2 NOx production after cytomix exposure was increased with days in culture (a) and with passages (b) in Caco-2 cells. (a) Caco-2 cells (passages 34 to 37) were used between 5 and 20 days after confluence as indicated and incubated for 24 h with cytomix. (b) Caco-2 cells were used 10 days after confluence in each set of passages and incubated for 24 h with cytomix. In (a and b) NOx level was determined in the supernatant by nitrate reduction and the Griess reaction. Results are expressed as means (\pm s.e.mean) from at least three different experiments, each done in triplicate.

and are expressed as $\mu\text{M } 10^6 \text{ cells}^{-1}$ according to the cell number in each well.

Brush-border enzyme activity assessment

Alkaline phosphatase and sucrase-isomaltase were assessed in whole cell homogenates obtained as for Western blotting (see below). Alkaline phosphatase: Samples from cell homogenates were incubated at 37°C in dark with 0.75 mM p-nitrophenyl phosphate (pNPP) for 15 min, leading to the formation of p-nitrophenol (pNP). The reaction was stopped with 1 M NaOH. Absorbance was then measured at $\lambda = 405 \text{ nm}$. Results are expressed as mU mg^{-1} protein, one unit corresponding to the formation of $1 \mu\text{mol}$ pNP per min at 37°C . pNP levels were assessed according to a standard curve prepared in 0.2 M Tris buffer. Sucrase-isomaltase: Homogenates samples were incubated at 37°C for 30 min with 0.140 M sucrose in 0.1 M NaH_2PO_4 , pH 6.0. Then the reaction was stopped by tris-glucose oxidase buffer (0.5 M tris, 0.01 u ml^{-1} glucose oxidase type V, 1.6 u ml^{-1} peroxidase type II, 0.3 mM orthodiansidine diHCl), which permits glucose oxidation. Then samples and glucose standards were incubated for further 30 min at 37°C and the reaction stopped with 5 N HCl. The resultant colour change was quantified spectrophotometrically at $\lambda = 520 \text{ nm}$.

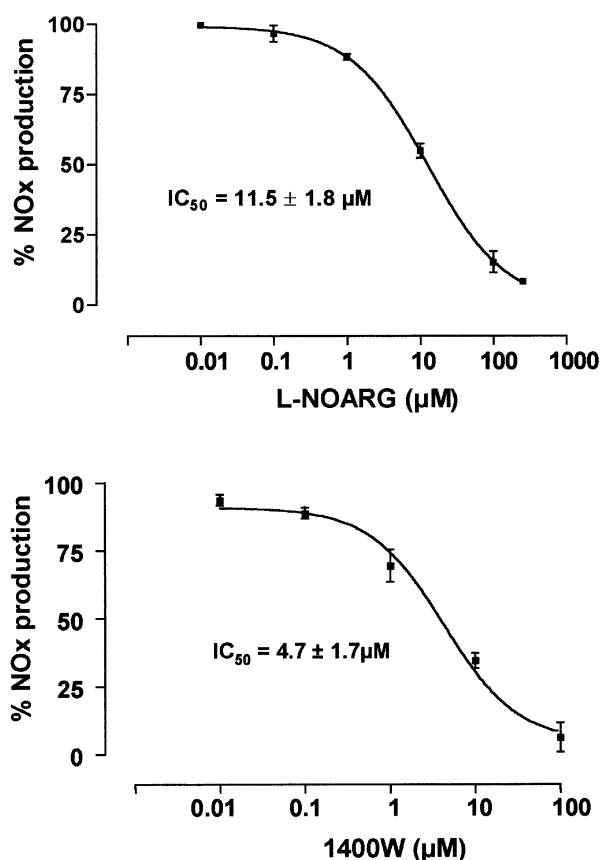


Figure 3 Dose dependent inhibition of cytomix-induced NOx production by NOS inhibitors in Caco-2 cells. Caco-2 cells (passages 32 to 39) were used 10 days after confluence. They were treated in serum free medium for 24 h with cytomix alone or with increasing concentrations of the non-selective NOS inhibitor L- N^G -nitroarginine (L-NOARG) (a) and of the highly selective iNOS inhibitor 1400 W (b). NOx level was determined in the supernatant by nitrate reduction and the Griess reaction. Results are expressed as percentage of maximal induction (without NOS inhibitor). Each point represents the mean (\pm s.e.mean) from at least three different experiments, each done in triplicate. IC_{50} are given as mean \pm s.e.mean.

Results are expressed as mU mg^{-1} protein, one unit corresponding to the formation of $1 \mu\text{mol}$ glucose per min at 37°C .

Western blotting

Cells were washed with ice-cold PBS (pH 7.4) and homogenized in Tris-mannitol buffer (2 mM Tris 7–9, 50 mM mannitol, $100 \mu\text{M}$ phenyl methyl sulphonyl fluoride, $2 \mu\text{M}$ leupeptin, $0.5 \mu\text{M}$ aprotinin, 0.5% Triton X-100). Homogenates were sonicated twice for 10 s on ice and spun for 15 min at $21,000 \times g$ at 4°C . Aliquots of $100 \mu\text{g}$ of total cellular protein were denatured by mixing and boiling $v v^{-1}$ with 20 mM Tris 7–9, 2 mM EDTA, 2% sodium dodecyl sulphate (SDS), 10% β -mercaptoethanol, 20% glycerol. The samples

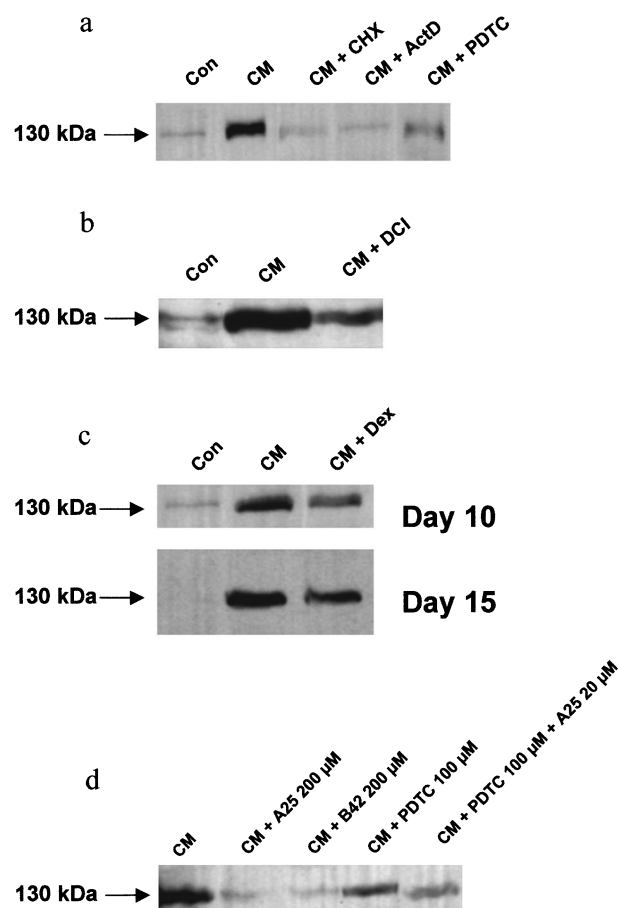


Figure 4 Inducible NOS protein expression in Caco-2 cells assessed by Western blot. The inducible NOS protein expression was determined by Western blot using a polyclonal iNOS antibody. Each panel is a representative of three different experiments. (a) Caco-2 cells (passages 32 to 39) were used 10 days after confluence. Cells were treated for 18 h with vehicle alone (Con), cytomix (CM), cytomix and cycloheximide (CHX) ($5 \mu\text{g ml}^{-1}$, added concurrently), cytomix and actinomycin D (ActD) ($5 \mu\text{g ml}^{-1}$, added concurrently), or cytomix and pyrrolidine dithiocarbamate (PDTC) ($200 \mu\text{M}$, 2 h pre-treatment). (b) Caco-2 cells were used 10 days after confluence. Cells were treated for 18 h with vehicle alone (Con), cytomix (CM) or cytomix and dichloroisocoumarin (DCI) ($200 \mu\text{M}$, 2 h pre-treatment). (c) Caco-2 cells were used 10 or 15 days after confluence as indicated. Cells were treated for 18 h with vehicle alone (Con), cytomix (CM), or cytomix and dexamethasone (Dex) ($5 \mu\text{M}$). (d) Caco-2 cells were used 10 days after confluence. Cells were treated for 18 h with vehicle alone (Con), cytomix (CM), or cytomix and tyrphostin A25 ($200 \mu\text{M}$), cytomix and tyrphostin B42 ($200 \mu\text{M}$), cytomix and PDTTC ($100 \mu\text{M}$, 2 h pre-treatment), or cytomix, PDTTC ($100 \mu\text{M}$) and A25 ($20 \mu\text{M}$).

were electrophoresed on 7.5% SDS-polyacrylamide gel, and transferred to nitro-cellulose membrane (Amersham, Little Chalfont, U.K.). After blocking with PBS (pH 7.4), 0.25% tween 20 ($v v^{-1}$) and 5% non-fat dried milk, membrane was probed with anti-iNOS polyclonal antibody (1/500) (Autogen Bioclear, Calne, U.K.) for 1 h at room temperature, washed with PBS-tween 20 and then incubated with horseradish peroxidase-conjugated second antibody (1/4000) for 1 h at room temperature. Membranes were developed, using an enhanced chemiluminescence system (Amersham) and exposed to Hyperfilm (Amersham). Films were analysed using the Molecular Analyst Software (BioRad Laboratories, Hercules, CA, U.S.A.) after scanning on a densitometer (GS-700 Imaging Densitometer, BioRad Laboratories).

Northern blotting

The iNOS cDNA probe was obtained by polymerase chain reaction (PCR) amplification of iNOS RNA from cytokine-induced DLD-1 cells. The following primers were used to

amplify the 3590- to 3848-bp region of human iNOS cDNA according to the published sequence (GenBank accession number: L09210), leading to a 259 bp fragment: 5'-CGG TGC TGT ATT TCC TTA CGA GGC GAA GAA GG and 5'-GGT GCT GCT TGT TAG GAG GTC AAG TAA AGG GC. Then, the positive band was excised from the agarose gel and cDNA purified using a commercially available kit (GeneClean kit, Bio 101 Inc. La Jolla, CA, U.S.A.). Total RNA from cell monolayers was extracted using Trizol (Gibco BRL, Paisley, U.K.). The amount of RNA was calculated from optical density measurements at $\lambda = 260$ nm. Ten μg of total RNA were loaded on a 1% denaturing agarose gel, containing 2 M formaldehyde and 6 mM 3(N-morpholino)propanesulphonic acid. RNA was transferred onto an uncharged nylon membrane followed by hybridization (QuikHyb hybridization solution, Stratagene, Cambridge, U.K.). The iNOS cDNA was radiolabelled with [^{32}P]-dCTP by the random primer method (Multiprime DNA labelling system, Amer-

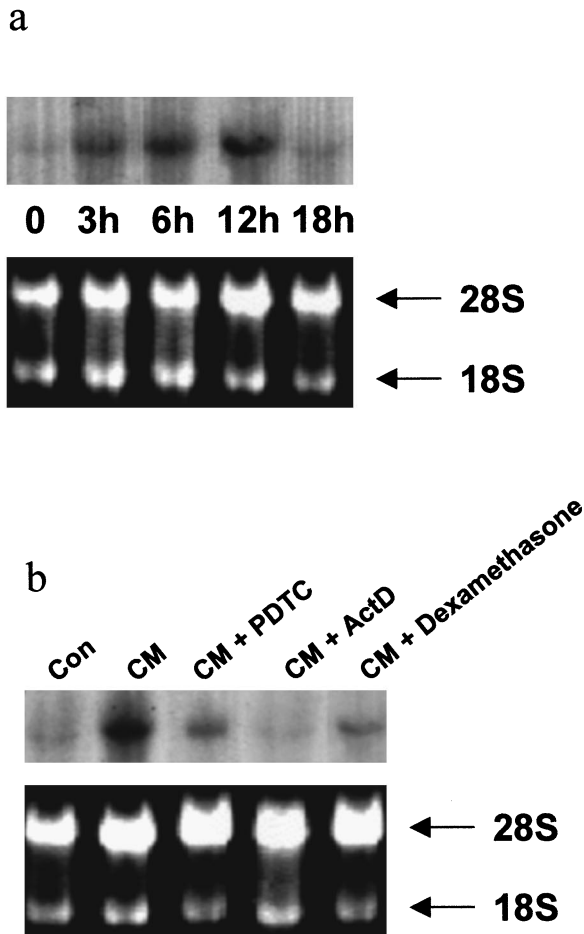


Figure 5 Time dependence of iNOS mRNA level after treatment with cytomix in Caco-2 cells (a) and the inhibition of its expression by pyrrolidine dithiocarbamate, actinomycin D, and dexamethasone (b). (a) Caco-2 cells (passages 32 to 39) were used 10 days after confluence and treated for the indicated time with cytomix. iNOS mRNA expression was assessed by Northern blot after standard RNA extraction. The upper panel is the Northern blot and the lower panel is the ethidium bromide staining of 28S and 18S RNA bands indicating equal loading of the lanes. This is a representative of three experiments. (b) Caco-2 cells were used 10 days after confluence and treated for 12 h with vehicle (Con), cytomix (CM), cytomix and PDTDC (100 μM , 2 h pre-treatment), cytomix and actinomycin D (5 $\mu\text{g ml}^{-1}$, added concurrently), or cytomix and dexamethasone (5 μM , 2 h pre-treatment).

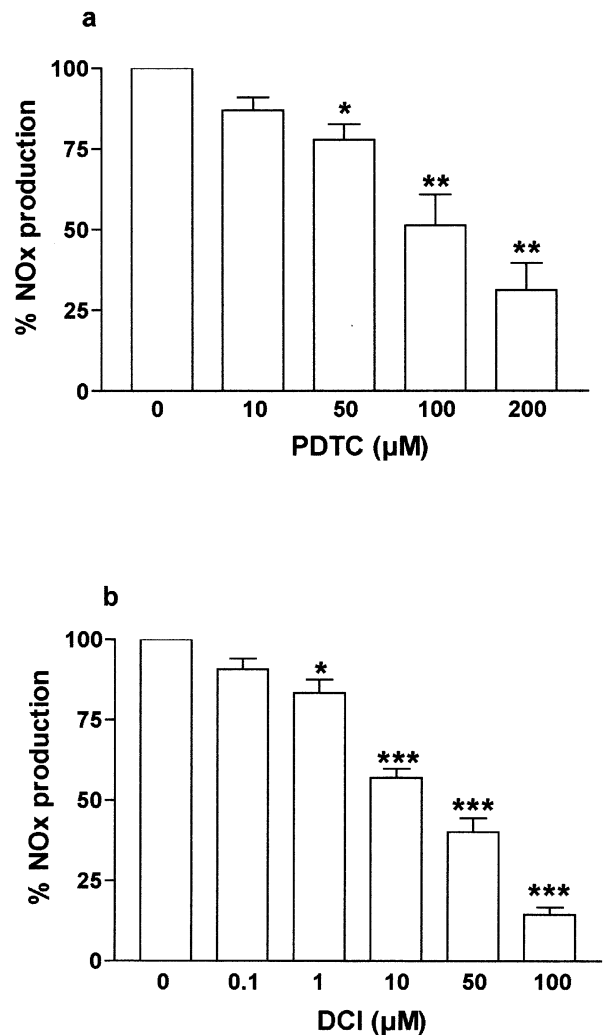


Figure 6 Dose dependent inhibition of cytomix-induced NOx production by NF- κ B inhibitors in Caco-2 cells. Caco-2 cells (passages 32 to 39) were used 10 days after confluence. They were treated in serum free medium for 24 h with cytomix alone or with increasing concentrations of pyrrolidine dithiocarbamate (PDTDC) (a) and 3,4 dichloroisocoumarin (DCI) (b). NOx level was determined in the supernatant by nitrate reduction and the Griess reaction. Results are expressed as percentage of maximal induction (cytomix alone) and represent means (\pm s.e.mean) from at least three different experiments, each done in triplicate. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ compared with value obtained with no inhibitor.

sham). A photograph of agarose gel stained with ethidium bromide was taken as control of equivalent loading between lanes. Films were analysed as described for Western blot.

Statistical analysis

Data are shown as means \pm s.e.mean from at least three independent experiments, each conducted in triplicate. Northern blot and Western blot are shown as representative photographs of three independent experiments. Statistical significance was assessed by Student's *t*-test where $P < 0.05$ was taken as significant.

Chemicals

The iNOS antibody was from Santa Cruz Biotechnology (Autogen Bioclear, Calne, U.K.). Human TNF α was from R&D Systems, Abingdon, U.K. Nitrate reductase was from Boehringer Mannheim, Lewes, U.K. Methanol and ethanol were from BDH Laboratories Supplies, Lutterworth, U.K. Bis-acrylamide solution and protein assay kit were from Bio-Rad Laboratories, Hertfordshire, U.K. DMEM, non-essential amino acids, Trizol and primers were obtained from Gibco BRL, Paisley, U.K. Tyrphostins A25 [α -cyano-(3,4,5-trihydroxy)cinnamionitrile] and B42 (N-Benzyl-3,4-dihydroxybenzylidenecyanoacetamide) were from Calbiochem, Nottingham, U.K. 1400 W (N-(3-(aminomethyl)benzyl)acetamide) was a kind gift from Dr R. Knowles, GlaxoWellcome Research, Stevenage, U.K. All other compounds and chemicals were purchased from Sigma, Poole, U.K.

Results

NOS activity after cytokine exposure in Caco-2 cells

A low level of NO $_x$ (NO $_2^-$ and NO $_3^-$) was detectable in control cells exposed for 24 h to vehicle alone (PBS, pH 7.4) at $17.7 \pm 1.6 \mu\text{M} 10^6 \text{ cells}^{-1}$ when the Caco-2 cells were used 10 days after confluence. IFN γ was the only cytokine, when used alone, to significantly increase the NO $_x$ level (to $31.1 \pm 8.3 \mu\text{M} 10^6 \text{ cells}^{-1}$). This effect was enhanced by addition of IL-1 β or TNF α . The highest stimulation of NO $_x$ production was obtained with the three cytokines (cytomix), which reached $68.7 \pm 5.9 \mu\text{M} 10^6 \text{ cells}^{-1}$. These results are summarized in Table 1. This latter mixture was then used to stimulate the cells in the remainder of this study. NO $_3^-$ accounted for approximately 80% of the total NO $_x$ production. When the cells were treated with cytomix, there was an increase in NO $_x$ with time over the first 24 h (Figure 1a). Cytomix was not cytotoxic in Caco-2 cells as shown by the number of viable cells, the protein concentration, the trypan blue dye and the MTT assay (Table 2).

Cytomix-induced NOS activity and enterocytic-like differentiation in Caco-2 cells

The activity of two of the brush-border hydrolases, sucrase isomaltase and alkaline phosphatase, increased with time over the 20 days period. At day 15 and 20 the levels of these enzymes were significantly greater than those at day 10, indicative of a more differentiated phenotype at these times (Table 3).

There was an increase in NO $_x$ production by these cells with the number of days in culture after confluence. Indeed,

cytomix-induced NO $_x$ production increased from $30.9 \pm 1 \mu\text{M} 10^6 \text{ cells}^{-1}$ at day 5 after confluence to $107.5 \pm 5.7 \mu\text{M} 10^6 \text{ cells}^{-1}$ at day 20 after confluence (Figure 2a). Moreover, NO $_x$ production increased with passages (Figure 2b). There was no significant change in the NO $_x$ level in control non-stimulated cells with days in culture ($18 \pm 7.8 \mu\text{M} 10^6 \text{ cells}^{-1}$ at day 5 vs $11.9 \pm 3.0 \mu\text{M} 10^6 \text{ cells}^{-1}$ at day 15, $P > 0.05$) or passages ($17.35 \pm 2.2 \mu\text{M} 10^6 \text{ cells}^{-1}$ at passages 32–33, day 10 vs $20.05 \pm 2.4 \mu\text{M} 10^6 \text{ cells}^{-1}$ at day 10, passages 38–39, $P > 0.05$).

Characterization of iNOS in Caco-2 cells

The calcium inhibitor, EGTA (ethylene glycol-bisaminoethyl ether) (0.1–1 mM, range) had no action against cytomix-induced NO $_x$ production ($96 \pm 6\%$ and $99 \pm 6\%$ of the control value with 0.1 mM and 1 mM EGTA, respectively). Likewise, EGTA had no effect on non-induced NO $_x$ production ($84.1 \pm 8\%$ and $88 \pm 8\%$ of the control value with 0.1 mM and 1 mM EGTA, respectively).

NO $_x$ production induced by cytomix was concentration-dependently inhibited by the isoform non-selective NOS

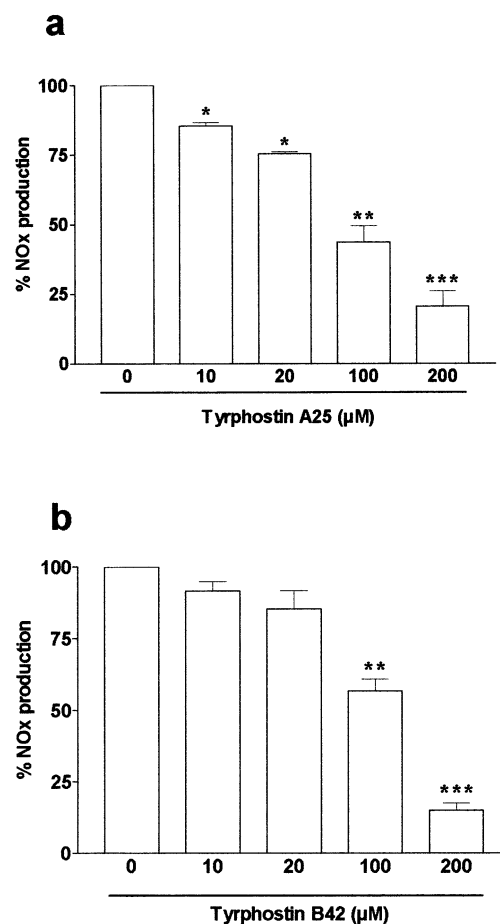


Figure 7 Inhibition of cytomix-induced NO $_x$ production by the tyrosine kinase inhibitor, tyrphostin A25 (a) and the JAK-2 inhibitor, tyrphostin B42 (b) in Caco-2 cells. Caco-2 cells (passages 23 to 39) used 10 days after confluence were treated in serum free medium for 24 h with cytomix and increasing concentrations of A25 (0–200 μM , added concurrently) (a) or B42 (0–200 μM , added concurrently) (b). NO $_x$ level was determined in the supernatant by nitrate reduction and the Griess reaction. Results are expressed as percentage of maximal induction (without tyrphostin) and represent means (s.e.mean) from at least three different experiments, each done in triplicate. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ compared with value obtained with no inhibitor.

inhibitor L-N^G-nitroarginine (L-NOARG) Figure 3a) and by the highly selective iNOS inhibitor, 1400 W (Figure 3b), with IC₅₀ value of 11.5 ± 1.8 μM and 4.7 ± 1.7 μM, respectively. With 1400 W (100 μM) the cytomix-induced NOx was inhibited by 99 ± 1% (*P* < 0.001).

1400 W also inhibited in a concentration-dependent manner, the resting NOx level in the control cells to reach 6.78 ± 1.87 μM 10⁶ cells⁻¹ with 1400 W (100 μM) representing an inhibition of 62 ± 9% (*P* < 0.01, compared with untreated cells) of the unstimulated NOx production.

The expression of iNOS protein was confirmed by Western blot after treatment with cytomix for 18 h with a strong increase of the faint band observed in non-treated cells (Figure 4a). The iNOS protein was transiently expressed with a maximal expression at 18 h and decreased at 24 h to reach basal level (Figure 1b). Cycloheximide (5 μg ml⁻¹), a translation inhibitor, reduced NOx production (Table 1) and iNOS protein expression (Figure 4a) to levels close to that observed in control cells.

iNOS transcriptional induction and NF-κB inhibitors

In Caco-2 cells used 10 days after confluence, Northern blot analyses showed a very low level of iNOS mRNA in control cells with a substantial increase in cytomix-treated cells, reflecting increased transcription of the iNOS gene. The time course study revealed that iNOS mRNA was moderately increased 3 h after cytomix challenge, peaked at 12 h and returned after 18 h to a value close to that observed in non-stimulated cells (Figures 5a and 1c). The steady-state level of

iNOS mRNA was not changed by exposure to IL-1β alone, but slightly increased after IFNγ alone and after IFNγ/IL-1β treatment (data not shown). Incubation with actinomycin (5 μg ml⁻¹) reduced NOx production (Table 1), iNOS protein expression (Figure 4a) and RNA level (Figure 5b) to the basal values.

The role of NF-κB activation in the induction of iNOS was assessed by using two different putative NF-κB inhibitors, pyrrolidine dithiocarbamate (PDTC; 10–200 μM), and 3,4 dichloroisocoumarin (DCI; 0.1–100 μM). In cells used 10 days after confluence, the two inhibitors dose-dependently inhibited cytomix-induced NOx production (Figure 6). Thus, PDTC (200 μM) and DCI (100 μM) reduced cytomix-induced NOx production by 70 ± 9% and 86 ± 2%, respectively. PDTC (200 μM), but not DCI, also decreased the NOx production observed in control cells by 58.3 ± 6% to reach 7.4 ± 2.3 μM 10⁶ cells⁻¹ (*P* < 0.05, compared with untreated cells).

PDTC (200 μM) and DCI (100 μM) also decreased cytomix-induced iNOS protein expression, showing 40 to 75% (range from three experiments) reduction in the intensity of the signal with PDTC (200 μM) as shown in Figure 4a,b. Likewise, the steady-state level of iNOS mRNA at 12 h was strongly decreased after PDTC treatment (15% of the cytomix-induced iNOS RNA level) as shown in Figure 5b.

PDTC and DCI had similar effectiveness in reducing NOx production at day 15 after confluence. Indeed, at this time, PDTC (200 μM) and DCI (100 μM) decreased cytomix-induced NOx production by 77 ± 3% and 91 ± 1%, respectively. PDTC and DCI also reduced iNOS protein expression at day 15 after confluence (data not shown).

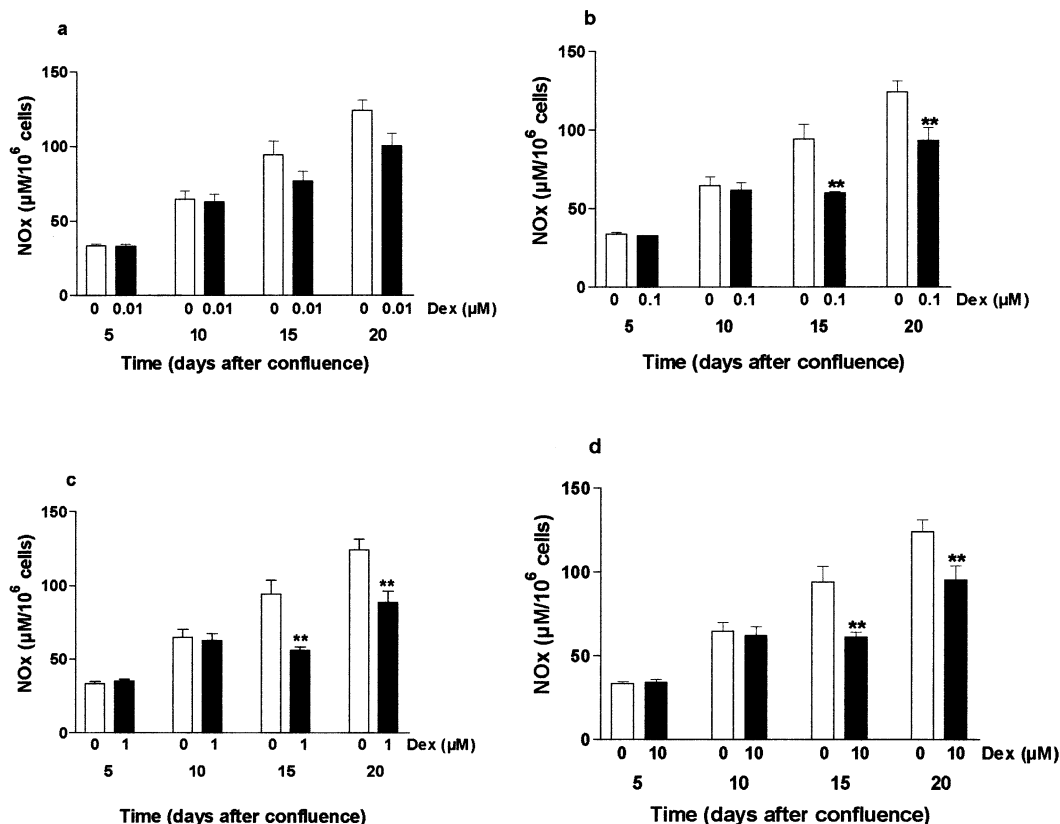


Figure 8 Actions of dexamethasone (0.01–10 μM) on cytomix-induced NOx production in Caco-2 cells increased with days in culture. Caco-2 cells (passage 32 to 39) were used between 5 and 20 days after confluence as indicated. NOx levels were determined by nitrate reduction followed by Griess reaction in the supernatant of the cells exposed for 24 h to cytomix (open bars) or cytomix and dexamethasone (0.01–10 μM, 2 h pre-treatment) (solid bars). Results are expressed as means (±s.e.mean) from at least three different experiments, each done in triplicate. ***P* < 0.01, ****P* < 0.001 compared with value in the cells treated by cytomix alone.

Effects of the tyrphostins A25 and B42 on iNOS induction

The tyrosine kinase inhibitor, tyrphostin A25 (10–200 μM) and the specific JAK-2 inhibitor, tyrphostin B42 (10–200 μM) had no significant effect on NO_x production in unstimulated control cells. In Caco-2 cells used 10 days after confluence, the tyrphostins A25 and B42 inhibited the NO_x production caused by cytomix in a concentration-dependent manner with IC₅₀ values of $98 \pm 35 \mu\text{M}$ and $125 \pm 29 \mu\text{M}$ with A25 and B42, respectively (Figure 7). The tyrphostins A25 (200 μM) and B42 (200 μM) also substantially reduced the iNOS protein expression induced by cytomix as shown by Western blot (Figure 4d).

The tyrphostins A25 and B42 had a similar inhibitory effect on cytomix-induced iNOS activity in Caco-2 cells studied 15 days after confluence with IC₅₀ values of $78 \pm 25 \mu\text{M}$ and $134 \pm 14 \mu\text{M}$ with A25 and B42, respectively (full data not shown).

Effects of dexamethasone on cytokine-induced iNOS expression and activity

Dexamethasone (0.01–10 μM) did not inhibit cytomix-induced NO_x production in Caco-2 cells used 5 and 10 days after confluence. In contrast, dexamethasone (0.01–10 μM) significantly decreased the cytomix-induced NO_x production in cells used 15 and 20 days after confluence (Figure 8). Dexamethasone (1 μM) led to $40 \pm 3\%$ inhibition (compared with untreated stimulated cells) at day 15 after confluence ($P < 0.01$) and $29 \pm 9\%$ inhibition at day 20 after confluence ($P < 0.01$). Similarly, dexamethasone at a lower concentration (0.1 μM) led to $33.2 \pm 3.1\%$ inhibition (compared with untreated stimulated cells) at day 15 after confluence ($P < 0.01$) and $25 \pm 6.8\%$ inhibition at day 20 after confluence ($P < 0.01$).

Northern blot analysis showed that the cytomix-induced iNOS mRNA steady-state level was substantially reduced by dexamethasone (5 μM) in Caco-2 cells used 10 days after confluence (Figure 5b). Western blot analyses indicated that dexamethasone (5 μM) also decreased the expression of the iNOS protein at day 10 after confluence by $52 \pm 9\%$ (Figure 4c). In addition, the cytomix-induced iNOS protein expression was inhibited at day 15 after confluence by $61 \pm 12\%$ as determined by Western blot (Figure 4c).

In a comparative study on the nature of the concentration-response relationship using murine cells, dexamethasone inhibited iNOS activity in the intestinal epithelial cells, IEC-6. In this cell line, a combination of IFN γ (200 U ml⁻¹) and IL-1 β (5 ng ml⁻¹) significantly induced NO_x production from $3.68 \pm 0.7 \mu\text{M}$ in resting cells to $14.8 \pm 2.3 \mu\text{M}$ in cells treated with these cytokines for 24 h. Dexamethasone (0.1 μM) significantly inhibited this cytokine-induced NOS activity to $5.9 \pm 1.2 \mu\text{M}$ ($P < 0.01$), corresponding to $60 \pm 8\%$ inhibition. A similar inhibition was observed at dexamethasone concentrations of 1 and 10 μM with NO_x levels being reduced to $5.36 \pm 1 \mu\text{M}$ and $5.16 \pm 1.2 \mu\text{M}$, respectively ($n = 3$; $P < 0.01$).

Discussion

Many intestinal epithelial cell lines previously used to study iNOS expression are poorly differentiated under standard growing conditions. In contrast, Caco-2 cells undergo a typical enterocytic differentiation, occurring at confluence and being complete within 20 days (Zweibaum *et al.*, 1991). Therefore,

they are considered a useful model of normal intestinal or foetal colonic epithelial cells and could furthermore be regarded as a relevant model of the differentiation process occurring *in vivo* along the crypt-villus axis. This cell line is known to express more differentiation features upon successive passages (Zweibaum *et al.*, 1991; Briske-Anderson *et al.*, 1997). Moreover, Caco-2 cells normally process the NF- κ B complex, involved in iNOS transcription, whereas other human intestinal epithelial cell lines such as HT-29, SW-480 and T84 incompletely degrade I κ B (Jobin *et al.*, 1997). Indeed, the degradation of I κ B, which is provoked by its phosphorylation, is a key step permitting the cytoplasmic factor NF- κ B to translocate into the nucleus and to bind relevant DNA recognition sites (for review, see Bauerle, 1998). In the present study, Caco-2 cells produced increasing levels of sucrose-isomaltase and alkaline phosphatase over 20 days, similar to those recently published (Briske-Anderson *et al.*, 1997), confirming their time-dependent degree of differentiation.

In the current work, we have characterized iNOS in Caco-2 cells as shown by its calcium-independence and its inhibition by the highly selective iNOS inhibitor, 1400 W. Moreover, iNOS activity was up-regulated during Caco-2 cell differentiation. Thus, the elevation in iNOS activity in these cells increased with days in culture over the 20 days period and passage number. In contrast to these current findings, it has been previously reported that iNOS (RNA, protein and activity) was decreased with differentiation of Caco-2 cells (Vecchini *et al.*, 1997). However, that study was performed without any stimulation and may reflect a down-regulation of 'constitutive' expression of iNOS. Indeed, our results also show a low level of iNOS mRNA and protein, as well as NO_x production that could be inhibited, at least partially by 1400 W, in the resting differentiated Caco-2 cells, suggesting a basal expression of iNOS-like activity in this cell line under these conditions. However, this activity did not change over the period of differentiation in the current work.

As shown by Northern blot analyses and the effects of actinomycin D on iNOS activity, protein and mRNA, the present studies indicate that iNOS is regulated mainly at the transcriptional level in Caco-2 cells. These findings are in agreement with previous results obtained in other human intestinal epithelial cell lines, in which iNOS induction has been demonstrated (Kolios *et al.*, 1995; Sherman *et al.*, 1993; Salzman *et al.*, 1996; Linn *et al.*, 1997). DLD-1, a heterogeneous and multiclonal intestinal epithelial cell line (Dexter *et al.*, 1981), is a well-studied cell line as a result of its ability to express iNOS and high levels of NO under cytokine stimulation. In that cell line, cytokine-induced iNOS expression is regulated at the transcriptional level and reported to involve the transcriptional factor NF- κ B (Nunokawa *et al.*, 1996; Salzman *et al.*, 1996; Linn *et al.*, 1997).

In the present study, two putative NF- κ B inhibitors, PDTC and DCI, with distinct mechanisms of action, decreased cytokine-induced iNOS activity. This reduction in iNOS activity was similar at day 10 and 15 after confluence. Likewise, these agents reduced iNOS protein expression. Moreover, PDTC substantially decreased iNOS mRNA level after cytokine induction. High concentrations of PDTC, but not DCI, also reduced the iNOS-like activity in resting Caco-2 cells but the reason for this difference is not clear and could warrant further investigation. PDTC, a metal chelator and an anti-oxidant, is thought to inhibit the release of the I κ B unit, leaving the DNA-binding activity of other transcription factors unaffected (Schrek *et al.*, 1992). PDTC may also inhibit the AP-1 transcription factor, which is thought to participate in iNOS gene transcription (Müller *et al.*, 1997;

Kleinert *et al.*, 1998b). DCI, an anti-oxidant and a potent serine protease inhibitor, stabilizes I κ B, but could also inhibit iNOS gene expression by preventing IRF-1 activation (Hecker *et al.*, 1996). However, the similar effect of the two structurally and mechanistically dissimilar inhibitors argues for NF- κ B involvement on iNOS expression in Caco-2 cells after cytokine stimulation at both day 10 and 15 after confluence. These findings thus contrast with a recent report that suggests that NF- κ B is not involved in iNOS transcription in the undifferentiated DLD-1 cells (Kleinert *et al.*, 1998b).

The IFN γ -activated kinase JAK-2 is known to tyrosine-phosphorylate STAT1 α , which is subsequently translocated into the nucleus to bind specific DNA sites (Weber-Nordt *et al.*, 1998). It has been recently proposed that the JAK-STAT pathway could play an important role in iNOS induction in DLD-1 cells (Kleinert *et al.*, 1998b). Our findings in Caco-2 cells likewise demonstrate that the cytokine-stimulated iNOS activity and the iNOS protein expression were potently inhibited by the tyrosine kinase inhibitor, A25 and also by B42, known to be a specific JAK-2 inhibitor (Meydan *et al.*, 1996). These agents had no action on the resting iNOS-like activity in unstimulated cells. As with the putative NF- κ B inhibitors PDTC and DCI, both A25 and B42 had comparable activity on NO $_x$ production at day 10 and 15 after confluence. Thus, these present observations suggest that in this cell line, both NF- κ B and JAK-2 kinase pathways may be involved in cytokine-stimulated iNOS expression at these stages of differentiation.

In this current study, dexamethasone did not decrease the NO production in Caco-2 cells used 5 or 10 days after confluence. Such findings agree with studies using DLD-1 cells in which dexamethasone at 100 μ M did not reduce iNOS activity, although a 22% reduction in iNOS RNA was noted (Salzman *et al.*, 1996). In contrast, in the present investigation, dexamethasone did inhibit NO production when incubated for 24 h with the Caco-2 cells, studied at day 15 and 20 after confluence. The inhibitory effect of dexamethasone on iNOS activity, although moderate, exhibited a flat concentration-response relationship, and significant inhibition was achieved with a concentration of 0.1 μ M. This concentration of dexamethasone is comparable or lower to that causing iNOS inhibition in most other cell systems such as hepatocytes or fibroblasts (Geller *et al.*, 1993; Kleinert *et al.*, 1996a). In a comparative study on murine cells, dexamethasone inhibited cytokine-induced iNOS activity in the intestinal epithelial cells, IEC-6, which resemble crypt intestinal cells (Quaroni *et al.*, 1979). The dose-relationship and potency of the inhibitory actions of dexamethasone on NO $_x$ production was similar to that observed in Caco-2 cells. The inhibitory effect of dexamethasone on iNOS expression at day 15 and 20 after confluence in the human cell line thus suggests a possible relationship with enterocytic-like differentiation occurring during cell growth.

Our results on iNOS add to the previously reported effectiveness of glucocorticoids in differentiated Caco-2 cells in modulating other genes or pathways such as those for monocyte-chemoattractant protein 1 (MCP-1) or leukotriene

B $_4$ synthesis (Dias *et al.*, 1994; Reinecker *et al.*, 1995). Such findings indicate that the glucocorticoid receptor and transduction pathways involving this receptor can function in these cells, including under cytokine stimulation (Reinecker *et al.*, 1995; O'Flaherty *et al.*, 1997).

No glucocorticoid responsive element has been described in human iNOS gene, but glucocorticoids can inhibit iNOS through multiple mechanisms in a number of cell systems. At the transcriptional level, they can reduce the activation of NF- κ B (Kunz *et al.*, 1996) and induce the expression of the I κ B protein (Saura *et al.*, 1998). Activation of the glucocorticoid receptor can also counteract the action of transcription factors, such as AP-1 and NF- κ B (Pfahl, 1993; Kleinert *et al.*, 1996b). Our results with PDTC and DCI on NO production from cytokine-induced iNOS, suggest that the NF- κ B pathway is fully functional from day 10 to day 15 after confluence in Caco-2 cells. Therefore, the lack of inhibitory effect of dexamethasone on iNOS activity at day 10 is unlikely to be due to an impairment or an immaturity of the NF- κ B pathway, but could possibly reflect some defect of the glucocorticoid inhibitory process at this time.

In contrast to NO production, however, iNOS protein expression determined by Western blot, was decreased by dexamethasone incubation both at day 10 and day 15. This unexpected finding suggests that dexamethasone can act at different levels to bring about inhibition of iNOS and that the extent of reduction of iNOS protein levels seen at day 10 is insufficient to substantially attenuate NO production in these human intestinal cells. It is feasible that post-translational actions of dexamethasone could modulate iNOS activity and such events might be more important in the control of iNOS activity in these cells than previously thought. Indeed, glucocorticoids are known to increase iNOS protein degradation in rat mesangial cells (Kunz *et al.*, 1996). Moreover, NO production can be modulated not only by altering the expression of the enzyme but also by changing the enzymatic activity through direct modification, through affecting its cofactors or its substrate. Glucocorticoids have thus been demonstrated to limit the availability of important iNOS cofactors, such as tetrahydrobiopterin and L-arginine, the formation of which are increased under cytokine exposure (Nüssler *et al.*, 1996; Simmons *et al.*, 1996). The effects of glucocorticoids could also involve interactions of other genes or proteins with the iNOS system, such as COX-2 (for review, see Wu, 1995) and lipocortin 1 (Bryant *et al.*, 1998).

The current findings in Caco-2 cells indicate that the induction of iNOS activity in this human intestinal epithelial cell line and its inhibition by dexamethasone is closely related to the cell differentiation status.

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