



Anti-atherosclerotic effects of an angiotensin converting enzyme inhibitor and an angiotensin II antagonist in *Cynomolgus* monkeys fed a high-cholesterol diet

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1 We investigated the relationship between angiotensin II formation and the development of atherosclerotic lesions in the aorta of monkeys (*Macaca fascicularis*) fed a high-cholesterol (4% cholesterol and 6% corn oil) diet for 6 months, and studied the effects of an angiotensin converting enzyme (ACE) inhibitor, trandolapril (10 mg kg⁻¹ per day, p.o.), and an angiotensin II type I receptor antagonist, 2-butyl-4-(methylthio)-1-[[2[[[(propylamino)carbonyl]amino]sulfonyl](1,1'-biphenyl)-4-yl]methyl]-1H-imidazole-5-carboxylate (HR 720; 20 mg kg⁻¹ per day, p.o.).

2 The level of low-density lipoprotein was significantly increased by the cholesterol diet, whereas that of high-density lipoprotein was significantly decreased. The relative areas of the atherosclerotic lesions in the thoracic aorta in the normal and cholesterol-diet groups were 1.3 ± 0.3 and 64 ± 10%, respectively.

3 Plasma renin and ACE activities showed no differences between the normal and cholesterol-diet groups. ACE activity and the concentration of angiotensin II were significantly increased in the aorta of the cholesterol-fed monkeys.

4 Trandolapril and HR 720 decreased significantly the area of the atherosclerotic lesions in the thoracic aorta of cholesterol-fed monkeys, but not the mean blood pressure and the levels of low-density and high-density lipoproteins.

5 In plasma and aorta, trandolapril, but not HR 720, decreased significantly the ACE activities in the cholesterol-fed monkeys, while both of these drugs decreased significantly the angiotensin II levels.

6 In conclusion, blockade of angiotensin II function in vascular tissues by trandolapril or HR 720 may play an important role in preventing the development of atherosclerotic lesions.

Keywords: Angiotensin II; inhibitor; antagonist; atherosclerosis; monkey

Abbreviations: ACE, angiotensin converting enzyme; HDL, high density lipoprotein; HHL, hippuryl-His-Leu; LDL, low-density lipoprotein; NO, nitric oxide; WHHL, Watanabe heritable hyperlipidemic

Introduction

It is well known that hypertension is a risk factor for atherosclerosis, but a reduction in blood pressure does not necessarily result in blocking lesion development in animal models of atherosclerosis (Spence *et al.*, 1977; Blumlein *et al.*, 1984), suggesting that additional mechanisms contribute to it. Angiotensin II has been shown to be a potent vasoconstrictor, and it also promotes the growth of vascular smooth muscle cells *via* the activation of several growth factors such as platelet-derived growth factor and fibroblast growth factor (Itoh *et al.*, 1993). Angiotensin II is generated from angiotensin I by angiotensin converting enzyme (ACE) in plasma, whereas biochemical and molecular biological techniques have demonstrated that the major components of the system are also detectable in cardiovascular tissues (Lindpaintner *et al.*, 1989). In immunohistochemical studies, ACE is found in endothelium, as is well known (Bruneval *et al.*, 1986; Laliberte *et al.*, 1987).

Mitani *et al.* (1996) demonstrated that ACE activity in atherosclerotic lesions in hyperlipidemic rabbits was increased significantly compared with that in the normal rabbit aorta. Previous reports showed that an ACE inhibitor, captopril, reduced the progression of atherosclerosis in Watanabe

heritable hyperlipidemic (WHHL) rabbits (Chobanian *et al.*, 1990) and in high-cholesterol-fed monkeys (Aberg & Ferrer, 1990). Captopril is a sulphhydryl ACE inhibitor, and the atherosclerotic activity was attributed to its antioxidant effects or to the reduction of blood pressure. However, some reports have indicated that non-sulphhydryl ACE inhibitors also decreased the development of atherosclerosis in rabbit and monkey (Chobanian *et al.*, 1992; Schuh *et al.*, 1993; Song *et al.*, 1998), suggesting that the anti-atherosclerotic effect of ACE inhibitors is not dependent on the presence of a sulphhydryl group. On the other hand, ACE is also called kininase II (Yang *et al.*, 1971), which degrades bradykinin to inactive fragments, and it is thought that the inhibitory effects of ACE inhibitor on atherosclerosis may be due to the enhancement of nitric oxide (NO) and prostacyclin *via* the accumulation of bradykinin (Finta *et al.*, 1993; Riezebos *et al.*, 1994a,b). However, the decrease of angiotensin II or the increase of bradykinin by an ACE inhibitor has not yet been demonstrated in vascular tissues.

To clarify the relationship between atherosclerosis and angiotensin II formation in vascular tissue, we investigated the angiotensin II system including the levels of renin, ACE and angiotensin II, and studied the effects of an ACE inhibitor, trandolapril (Brown *et al.*, 1988), and an angiotensin II type I (AT1) receptor antagonist, HR 720 (Jin *et al.*, 1997).

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Methods

Animals

Twenty-three monkeys (*Macaca fascicularis*) of either sex were purchased from Keari Co. (Osaka, Japan). The body weight of these monkeys ranged between 3.5 and 5.1 kg. All monkeys were housed at room temperature (23–26°C) with a 12-h light–dark cycle and had free access to food and water. To measure lipid levels and ACE activity, blood samples were taken from the saphenous vein. At the end of the 6-month treatment period, the monkeys were anaesthetized with ketamine hydrochloride (10 mg kg⁻¹, i.m.) and sacrificed by bleeding from the carotid artery. The experimental procedures for animals were in accordance with the Guide for the Care and Use of Laboratory Animals (Animal Research Laboratory, Osaka Medical College).

Experimental protocol

Six monkeys (four males, two females) were fed a normal diet for 6 months, and these monkeys were called the normal-diet group. The remaining 16 monkeys fed a high-cholesterol diet for 6 months were grouped as follows: the high-cholesterol-diet group (four males, two females), the group administered orally with trandolapril (10 mg kg⁻¹ per day, three males, two females) and the group administered orally with HR 720 (20 mg kg⁻¹ per day, three males, two females). The normal diet and the high cholesterol diet, which contains 4% cholesterol and 6% corn oil, were purchased from Oriental Yeast Co. (Osaka, Japan).

Under anaesthesia with ketamine hydrochloride (10 mg kg⁻¹, i.m.), the mean blood pressure and heart rate were monitored directly *via* a Surflo catheter (Termo, Tokyo, Japan) with a transducer (MP-4, Nihon Kohden, Tokyo, Japan) at 3 and 6 months. Body weight was measured at 3 and 6 months. The plasma and serum were separated by centrifugation at 3000 r.p.m. for 15 min at 4°C.

Cholesterol and lipoproteins

The level of total cholesterol was measured with the use of cholesterol oxidase (Richmond, 1976). The level of low-density lipoprotein (LDL) was determined with the use of heparin and calcium (Noma *et al.*, 1978) and that of high density lipoprotein (HDL)-cholesterol was determined by precipitation with sodium phosphotungstate and magnesium chloride (Seigler & Wu, 1981).

ACE and renin activity

Tissue extracts for measurement of ACE activity were prepared as described previously (Miyazaki *et al.*, 1984). Tissues were minced and homogenized in 5 volumes (w v⁻¹) of 20 mM Tris-HCl buffer, pH 8.3, containing (mM): Mg(CH₃COO)₂ 5, KCl 30, sucrose 250 and 0.5% NP-40. The homogenate was centrifuged at 20,000 × *g* for 30 min at 4°C. The supernatant was used for the measurement of ACE activity and protein concentration.

The ACE activity in plasma or tissue extract was measured using a synthetic substrate, hippuryl-His-Leu (HHL), specifically designed for ACE (Peptide Institute, Inc., Osaka, Japan). Fifty microliters of tissue extract or plasma were incubated for

30 min at 37°C with 5 mM HHL in 250 μl of 10 mM phosphate buffer, pH 8.3, containing 0.6 M NaCl. The reaction was terminated by addition of 750 μl of 3% metaphosphoric acid, and then the mixture was centrifuged at 20,000 × *g* for 5 min at 4°C. The supernatant was analysed using a reversed phase column (RP-18, 4 mm i.d. × 250 mm, IRICA Instrument, Kyoto, Japan).

The plasma renin activity was measured by radioimmunoassay of [¹²⁵I]-angiotensin I using a SRL kit (TFB, Tokyo, Japan) at 3 and 6 months.

Angiotensin II and protein concentrations

The angiotensin II concentration in vascular tissues was measured using the procedure of Kim *et al.* (1992). The tissues were immediately heated to 100°C in 10 volumes (w v⁻¹) of boiled distilled water for 10 min and then cooled in ice water. They were subsequently homogenized using a glass homogenizer. The homogenate was centrifuged at 20,000 × *g* for 30 min at 4°C and the supernatant was applied to a Sep-pak C18 cartridge (Millipore Waters, Bedford, MA, U.S.A.) which was washed with methanol and then equilibrated with 0.1% trifluoroacetic acid. The cartridge was washed with methanol/water/trifluoroacetic acid (10:89.9:0.1 v v v⁻¹) and eluted with methanol/water/trifluoroacetic acid (80:19.9:0.1 v v v⁻¹). The eluted medium was dried and dissolved in 10 mM phosphoric acid (pH 3.4) and applied to an ODS-80Tm column (4.6 × 250 mm I.D., Tosoh, Yamaguchi, Japan). The column was eluted with a linear gradient (30–75%) of methanol in 10 mM phosphoric acid (pH 3.4) at a flow rate of 1.0 ml min⁻¹. Each fraction was subjected to specific radioimmunoassay of angiotensin II.

The protein concentration of the extract was measured by bicinchoninic acid protein assay reagent (Pierce Chemical, Rockford, IL, U.S.A.) using bovine serum albumin as a standard.

Pathological study

The areas of the atherosclerotic lesions of the thoracic aortas were measured as described previously (Catalano & Lillie, 1975). The thoracic aorta was fixed with neutral buffered formalin. The fixed tissue was stained with oil red O for visualization of the presence of lipid deposits. The atheromatous area was calculated as the ratio of the oil-red stained area to all of the intima area with an image analyzer (VM-30, Olympus Co. Ltd., Tokyo, Japan).

Table 1 Time course of body weight, mean arterial pressure and heart rate in monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril or HR 720

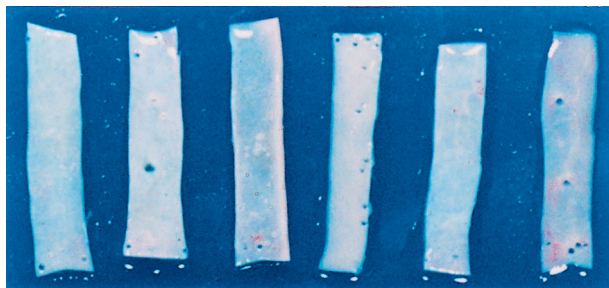
	Time in months	High cholesterol			
		Normal	Vehicle	Trandolapril	HR 720
Body weight (kg)	Pre	4.7 ± 0.2	4.3 ± 0.2	4.5 ± 0.2	4.1 ± 0.2
	3	5.2 ± 0.1	4.9 ± 0.3	5.0 ± 0.4	4.2 ± 0.2
	6	5.6 ± 0.1	5.1 ± 0.4	5.0 ± 0.3	4.3 ± 0.2
Blood pressure (mmHg)	Pre	113 ± 5	114 ± 5	109 ± 6	113 ± 6
	3	122 ± 4	123 ± 5	116 ± 3	119 ± 4
	6	120 ± 5	122 ± 5	122 ± 6	118 ± 3
Heart rate (beats min ⁻¹)	Pre	244 ± 7	245 ± 5	248 ± 7	243 ± 6
	3	230 ± 10	252 ± 8	249 ± 7	249 ± 4
	6	240 ± 7	242 ± 8	241 ± 9	250 ± 4

Statistical analysis

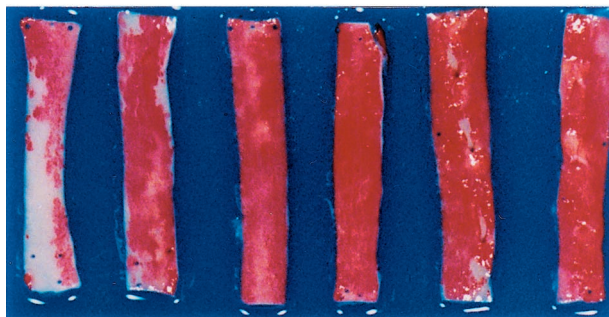
All values were expressed as means \pm s.e.mean. Data were analysed by a multiple comparison test (Dunnet's method) and differences were considered to be significant at $P < 0.05$.

Drugs

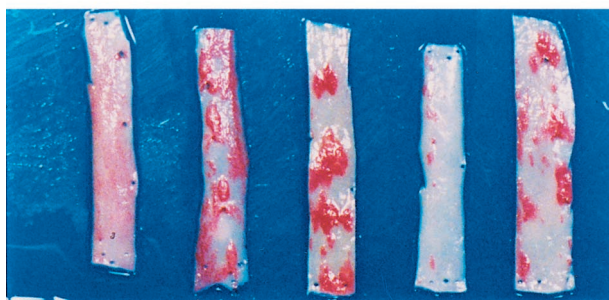
An ACE inhibitor, trandolapril (Brown *et al.*, 1988), and an angiotensin II type 1 receptor antagonist, HR 720 (Jin *et al.*, 1997), were provided by Nippon Rousell (Tokyo, Japan).



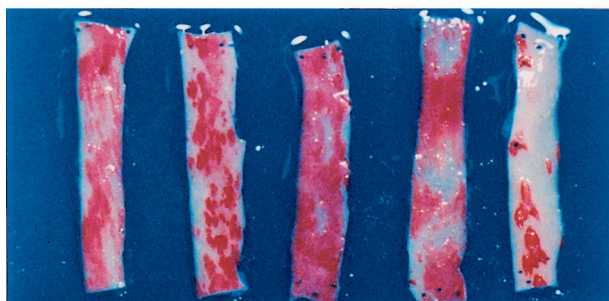
Normal Diet



High-cholesterol diet



High-cholesterol diet + Tra



High-cholesterol diet + HR

Figure 1 Segments of the aorta stained with oil red O from monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR).

Angiotensin I and angiotensin II were purchased from Peptide Institute (Minoh, Japan).

Results

Animal model

All monkeys appeared to be healthy, and no differences in the body weight, mean blood pressure and heart rate were found among the animals of the normal-diet group and the those of the high-cholesterol-diet group throughout the experimental period (Table 1). The areas of the atherosclerotic lesions in the thoracic aortas in the normal-diet and high-cholesterol-diet groups were 1.3 ± 0.3 and $64 \pm 10\%$, respectively (Figures 1 and 2). After a period of 1–6 months in the monkeys fed a normal-diet and a high-cholesterol diet, the levels of total cholesterol and LDL in the high-cholesterol-diet group were significantly increased compared with these levels in the normal-diet group, whereas the level of HDL-cholesterol in the high-cholesterol-diet group was significantly decreased (Figure 3). Plasma renin activity in the high-cholesterol-diet group was not changed compared with that in the normal-diet group (Figure 4). Plasma ACE activity was not affected by a high-cholesterol diet, while the aorta ACE activity in the high-cholesterol-diet group was significantly increased compared to that in the normal-diet group (Figure 5). The levels of angiotensin II in the thoracic aorta in monkeys fed a normal diet or a high-cholesterol diet were 24 ± 3 or 33 ± 3 pg g^{-1} tissue, respectively, and this difference was statistically significant (Figure 6).

Effects of ACE inhibitor and angiotensin II antagonist

In the high-cholesterol-diet groups treated with trandolapril ($10 \text{ mg kg}^{-1} \text{ day}^{-1}$) and HR 720 ($20 \text{ mg kg}^{-1} \text{ day}^{-1}$), the mean blood pressure and heart rate were not affected by the drugs (Table 1). The atherosclerotic lesions in the groups treated with trandolapril and HR 720 were significantly reduced to 39 and 45%, respectively, compared with those in the drug-free high-cholesterol-diet group (Figures 1 and 2).

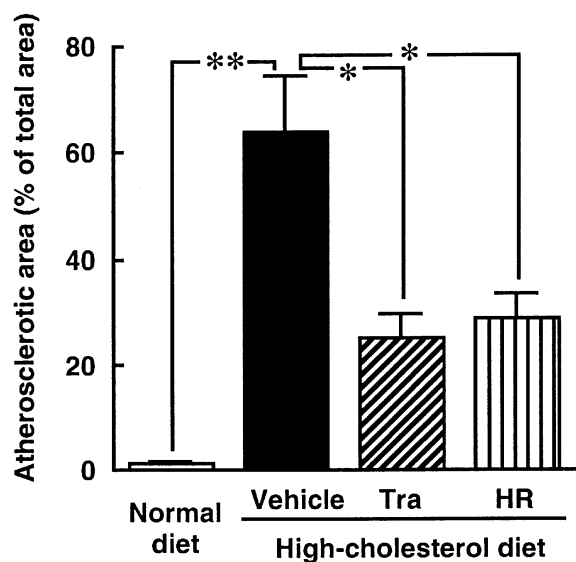


Figure 2 The calculated atherosclerotic lesion in monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR). * $P < 0.05$ and ** $P < 0.01$ vs the high-cholesterol-diet group.

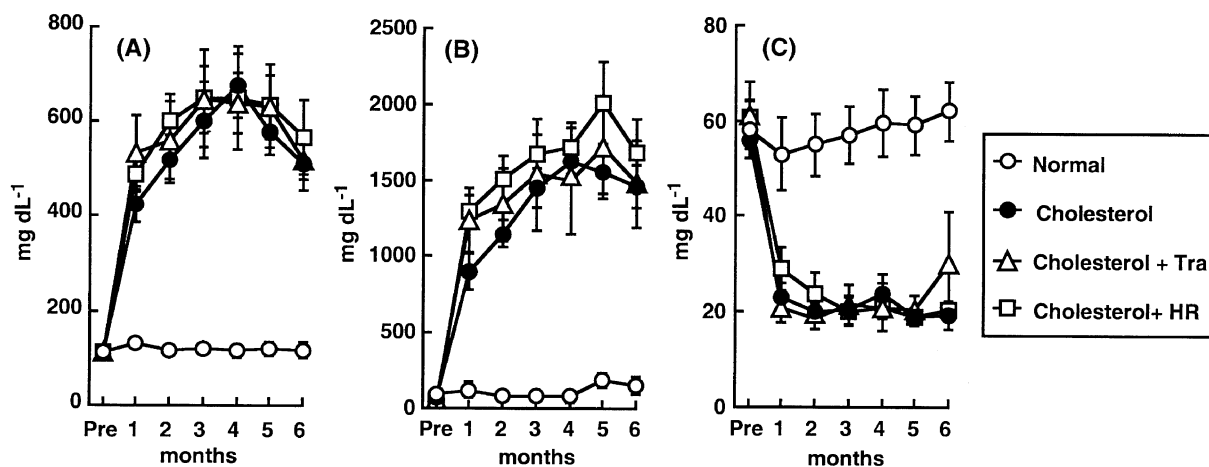


Figure 3 Time course of total cholesterol (A), LDL (B) and HDL-cholesterol (C) in monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR).

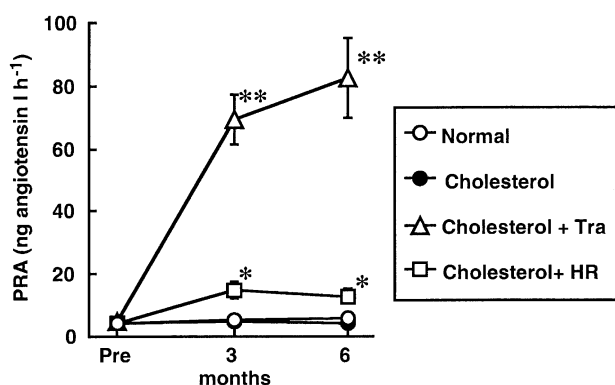


Figure 4 Time course of PRA in monkeys a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR). * $P < 0.05$ and ** $P < 0.01$ vs the high-cholesterol-diet group.

The doses of trandolapril and HR 720 did not influence the concentrations of total cholesterol, LDL and HDL-cholesterol in the high-cholesterol-diet group (Figure 3). The renin activities were significantly increased 20.6 and 3.2 fold, respectively, by treatment with trandolapril and HR 720 compared with that in the drug-free high-cholesterol-diet group (Figure 4). The ACE activities in the plasma and aorta were significantly reduced by trandolapril, but not by HR 720 (Figure 5). The levels of angiotensin II concentration in the animals of the high-cholesterol-diet group were significantly reduced to 42.5 and 74.4% by trandolapril and HR 720, respectively (Figure 6).

Discussion

In the present study, there were no differences in the blood pressure and heart rate of the monkeys fed a normal-diet or a high-cholesterol-diet. Although hypertension is an important risk factor in the development of atherosclerosis (Middeke & Holzgreve, 1988; Sasaki *et al.*, 1994), the findings of the present study are not related to hypertension. The plasma levels of total cholesterol and LDL in the high-cholesterol-diet monkeys were significantly increased compared with those in the normal-diet monkeys, whereas the levels of HDL-cholesterol were significantly reduced. It is well known that LDL levels are increased and that the HDL levels are reduced

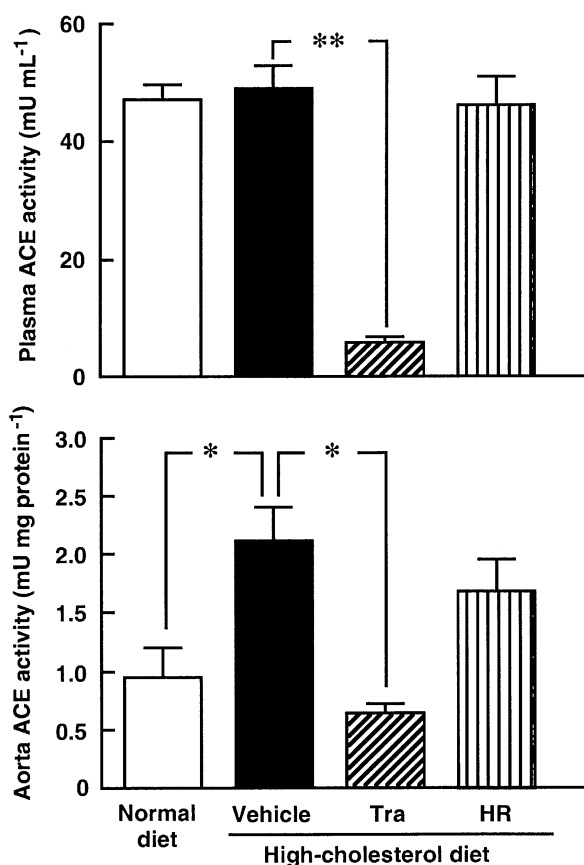


Figure 5 ACE activities in plasma and aorta in monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR) after 6 months. * $P < 0.05$ and ** $P < 0.01$ vs the high-cholesterol-diet group.

in patients with atherosclerosis (Miller, 1982). The role of LDL on the development of atherosclerosis has been reported previously (Steinberg *et al.*, 1989; Witztum, 1994), while that of HDL has not been clearly elucidated. On the other hand, in the present study, ACE and renin activities in plasma were not affected in monkeys fed a high-cholesterol diet, while ACE activity in the aorta is significantly increased. Moreover, the angiotensin II level in the atherosclerotic aorta is increased when compared with that the normal aorta. This finding suggests that angiotensin II generation is increased in

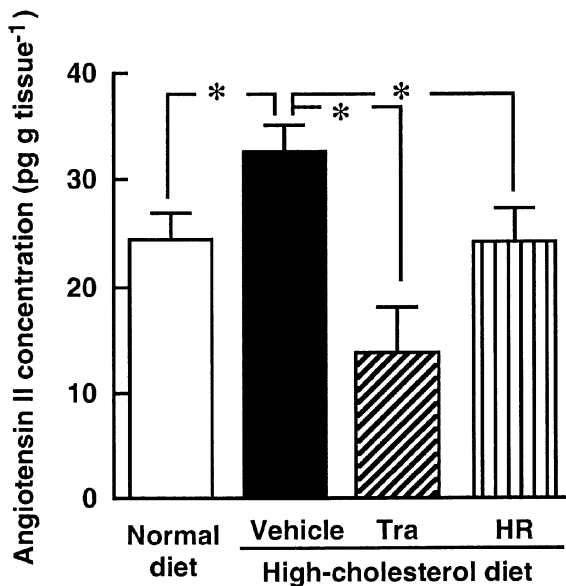


Figure 6 Angiotensin II concentration in aorta in monkeys fed a normal diet, a high-cholesterol diet, or a high-cholesterol diet plus treatment with trandolapril (Tra) or HR 720 (HR) after 6 months. * $P < 0.05$ vs the high-cholesterol-diet group.

atherosclerotic lesions due to the activation of ACE activity in vascular tissue, but not in plasma. In this model, the development of atherosclerosis was thought to be induced by the increase of total cholesterol and LDL in plasma and angiotensin II generation due to the activation of vascular ACE.

In studying the effects of an ACE inhibitor and an angiotensin II receptor antagonist on atherosclerosis, it was found that trandolapril ($10 \text{ mg kg}^{-1} \text{ day}^{-1}$) and HR 720 ($20 \text{ mg kg}^{-1} \text{ day}^{-1}$) decreased significantly the atherosclerotic area in the aorta of monkeys fed a high-cholesterol diet. The doses of trandolapril and HR 720 did not reduce blood pressure in monkeys fed a high-cholesterol diet. However, both drugs significantly increased plasma renin activity, which is up-regulated under the blockade of angiotensin II function (Belz *et al.*, 1988; Giannattasio *et al.*, 1992). The differences in the effects of angiotensin II antagonists relative to the reduction of blood pressure and to the blockade of angiotensin II function in vascular tissue were suggested by some reports. For the blockade of angiotensin II-induced pressor responses, the dose of angiotensin II antagonist needed is more than 10–100 times that for angiotensin II-induced contraction in isolated vessels (Shibouta *et al.*, 1993; Jin *et al.*, 1997). The blood pressure of monkeys used in this study was normal; therefore the doses of these drugs might reduce the renin-angiotensin system in tissue without reducing the blood pressure. Previous reports have indicated that captopril decreases the development of atherosclerosis in rabbit and monkey along with a reduction of blood pressure (Chobanian *et al.*, 1990; Aberg & Ferrer, 1990). Chobanian *et al.* (1995) reported that a high dose of trandolapril reduced the atherosclerotic area in WHHL rabbits with a reduction in blood pressure, but that a low dose of the drug neither decreased atherosclerosis nor blood pressure. However, in the present study, trandolapril and HR 720 significantly decreased the development of atherosclerosis without a reduction in blood pressure. Although blood pressure is a risk factor for development of atherosclerosis, the present model suggests that the anti-atherosclerotic activity of ACE inhibitors is not necessarily dependent on their anti-hypertensive effects.

Increases of cholesterol and LDL have been observed in patients with atherosclerosis (Miller, 1982), and cholesterol-lowering drugs may prevent the development of atherosclerosis (Watanabe *et al.*, 1988; La Ville *et al.*, 1989). However, trandolapril and HR 720 did not reduce the levels of cholesterol and LDL in plasma, while both of these drugs prevented the development of atherosclerosis. Previous reports also demonstrated that ACE inhibitors suppressed the development of atherosclerosis in minipig and monkey without changing plasma lipids (Jacobsson *et al.*, 1994; Song *et al.*, 1998).

The anti-atherosclerotic effect of ACE inhibitors may thus occur in the absence of reductions in plasma cholesterol, LDL or blood pressure. Angiotensin II directly stimulates cell proliferation *via* the activation of various growth factors (Naftilan *et al.*, 1990; Gibbons *et al.*, 1992). In previous reports, ACE activity was found to be increased in atherosclerotic lesions in hyperlipidemic rabbits and monkeys (Mitani *et al.*, 1996; Song *et al.*, 1998), and the present study demonstrated that the angiotensin II concentration in atherosclerotic lesions is increased as well. Trandolapril reduced ACE activity and the angiotensin II concentration in the aorta of monkeys fed a high-cholesterol diet, thus suggesting that the angiotensin II formation might be dependent on vascular ACE. The finding that HR 720 also reduced the angiotensin II concentration in the aorta of monkeys fed a high-cholesterol diet, was to some extent unexpected. Keidar (1998) reported that angiotensin II enhances scavenger receptor affinity to oxidized LDL *via* activation of AT1 receptors on the macrophage surface. Activated macrophages express ACE mRNA and protein (Kowala *et al.* 1998). Therefore, when HR 720 blocks AT1 receptors in the macrophage, the macrophage activation may be reduced, resulting in a decreased induction of ACE. In fact, HR 720 reduced ACE activity in monkeys fed a high-cholesterol diet, and this may result in a reduction of angiotensin II levels in the vascular tissues.

ACE is a bradykinin-degrading enzyme, and bradykinin may be increased in atherosclerotic lesions after treatment with an ACE inhibitor. In the rabbit model, the bradykinin antagonist icatibant (Hoe 140) abrogated the anti-atherosclerotic activity of the ACE inhibitor ramipril (Linz *et al.*, 1993, 1995), suggesting that the increase of bradykinin upon ACE inhibition plays a role in the suppression of atherosclerosis. In the cholesterol fed rabbit, the cyclic GMP level, which assesses NO, was decreased in the atherosclerotic lesion, whereas ACE inhibitor treatment increased the cyclic GMP level, suggesting an increase of NO caused by accumulation of bradykinin due to ACE inhibition (Riezebos *et al.*, 1994a,b). ACE inhibition has been shown to increase NO formation *via* accumulation of bradykinin in endothelial cells (Wiemer *et al.*, 1991). In the rabbit model, doses of AT1 receptor antagonist which blocked most pressor effects of infused angiotensin II could not affect the development of atherosclerosis (Schuh *et al.*, 1993), and the accumulation of bradykinin has been proposed to mediate the anti-atherosclerotic activity of ACE inhibition. However, in the present study, an AT1 receptor antagonist, HR 720, just like an ACE inhibitor, decreased the atherosclerotic area, suggesting that the inhibition of atherosclerotic lesions is dependent on the blockade of angiotensin II function in the monkey model.

ACE is known to convert angiotensin I to angiotensin II in vascular tissues, whereas we purified non-ACE angiotensin II-forming enzyme from human and monkey arteries and identified it as chymase (Takai *et al.*, 1997a,b). Recently, we reported that dogs have a chymase in vascular tissues, and

chymase activities were significantly increased in injured vessels and that an AT1 receptor antagonist was effective in preventing neointimal formation after balloon injury of vessels in dog, whereas an ACE inhibitor was ineffective (Miyazaki *et al.*, 1999). These findings suggest that the chymase-dependent angiotensin II formation in vascular tissue may be closely related to promoting growth. In monkeys fed a high-cholesterol diet, chymase mRNA was increased significantly in atherosclerotic lesions of the aorta (Takai *et al.*, 1997a). In the rat atherosclerotic model, the concentration of serum chymase was positively correlated with the intimal thickness (Nishizono *et al.*, 1999). Moreover, in monkeys, the expression of AT1 receptors increased in atherosclerotic lesions and transforming growth factor β , which is induced by angiotensin II, was raised as well (Song *et al.*, 1998). Based on these results, we expected that the AT1 receptor antagonist was more useful for preventing the development of atherosclerosis than the ACE inhibitor, because the AT1 receptor antagonist, unlike ACE inhibitors, would inhibit the effect of chymase-dependent angiotensin II formation. However, in the present study, both the AT1 receptor antagonist and the ACE inhibitor prevented atherosclerosis, to a similar extent. The functional significance

for chymase in the development of atherosclerosis might be revealed in further studies with the use of specific chymase inhibitors.

In conclusion, in monkeys fed a high-cholesterol diet, atherosclerosis is induced along with increases of local angiotensin II concentration by vascular ACE; both an ACE inhibitor, trandolapril, and an AT1 receptor antagonist, HR 720, were effective in preventing the development of atherosclerosis with a reduction of angiotensin II, but without a reduction of blood pressure, cholesterol or LDL. These findings suggest that the therapeutic mechanism by an ACE inhibitor and an AT1 receptor antagonist depends on the blockade of angiotensin II function and angiotensin II may play an important role in the development of atherosclerosis.

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