



Enhanced relaxation of porcine coronary arteries after acute exposure to a physiological level of 17 β -estradiol involves non-genomic mechanisms and the cyclic AMP cascade

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1 The present study extends our previous finding that the endothelium-independent relaxation in porcine coronary artery rings is enhanced after short-term (20 min) exposure to a physiological concentration (1 nM) of 17 β -estradiol and demonstrates that this effect may be attributable to activation of the cyclic AMP pathway.

2 Isometric tension was recorded in isolated rings of porcine coronary arteries.

3 Relaxation by levcromakalim and sodium nitroprusside, but not bradykinin and calcium ionophore A23187, were significantly potentiated following 20 min treatment with 1 nM 17 β -estradiol. This enhancing effect was insensitive to the transcriptional and translational inhibitors, actinomycin D and cycloheximide respectively and absent following repeated washing of the rings prior to construction of relaxation-response curves.

4 The potentiating actions of 1 nM 17 β -estradiol on endothelium-independent relaxation were mimicked by the cyclic AMP analogue 8-Bromo-cyclic AMP and the protein kinase A activator Sp-cyclic AMPS but not by the cyclic GMP analogue 8-Bromo-cyclic GMP. The modulatory effect of 17 β -estradiol was increased in the presence of the phosphodiesterase inhibitor 3-isobutyl-1-methylxanthine.

5 The cyclic AMP-dependent protein kinase A inhibitor Rp-cyclic AMPS, but not the cyclic GMP antagonist Rp-8-Bromo-cyclic GMPS, effectively inhibited the enhancing effects 1 nM 17 β -estradiol had on the relaxation responses of levcromakalim and sodium nitroprusside.

6 These data support our earlier findings that physiologically relevant concentrations of 17 β -estradiol can acutely modify vasorelaxation *in vitro*. Furthermore, we report that this short-term effect of 17 β -estradiol on vasorelaxation appears to be mediated *via* non-genomic pathways and involves the cyclic AMP cascade.

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Abbreviations: CAD, coronary artery disease; cyclic AMP, adenosine 3', 5'-cyclic monophosphate; cyclic GMP, guanosine 3',5'-cyclic monophosphate; IBMX, 3-isobutyl-1-methylxanthine; KHS, Krebs-Henseleit solution; SNP, sodium nitroprusside

Introduction

The observation that premenopausal women are less susceptible to coronary artery disease (CAD) than age-matched men and post-menopausal women has led to the postulation that the circulating levels of estrogens in premenopausal women curtail some of the established CAD risk factors (Barrett-Connor, 1997). Indeed, post-menopausal women who undergo estrogen replacement therapy not only demonstrate decreases in CAD morbidity (Dallongeville *et al.*, 1995; Stampfer *et al.*, 1991) but also reduction in CAD mortality (Ettinger *et al.*, 1996; Stampfer *et al.*, 1991).

Although the exact mechanism(s) behind the cardioprotective nature of estrogen is unresolved, the current consensus is that part of these benefits stem from its favourable modulation of serum lipid profiles (Ettinger *et al.*, 1996; Dallongeville *et al.*, 1995) and its antioxidant activities (Shwaery *et al.*, 1997; Keaney *et al.*, 1994). However, the modulation of lipoprotein levels can only account for 25–50% of the advantageous estrogenic effects (Bush *et al.*, 1987; Lobo, 1991) while the

contributory extent of the antioxidant events remains unknown.

Besides being able to influence the body's biochemical status, estrogen also acts directly on the physiology of the vasculature and this latter characteristic is now believed to also contribute significantly to the favourable influences of estrogen. Clinical studies indicate that acute arterial infusion of estrogen augments endothelium-dependent vasodilatation (Gilligan *et al.*, 1994a,b). *In vitro* (Teoh *et al.*, 1999; le Tran *et al.*, 1997; Jiang *et al.*, 1991) and *in vivo* (Sudhir *et al.*, 1997; Williams *et al.*, 1992) experiments have confirmed that such rapid vasoactive responses to 17 β -estradiol are also apparent in the laboratory setting.

The promptness with which these vasodilatory responses were enhanced following exposure to estrogen suggests that the mechanisms responsible for *de novo* protein synthesis may not be involved in these events. This conflicts with the traditional concept that gene transcription and translation are mandatory for facilitating estrogen-induced activities. Recently, however, increasing numbers of studies have provided evidence for the existence of a neuronal membrane-bound estrogen receptor that swiftly mediates estrogen-evoked events. Some investigators

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have further implicated a role for the cyclic AMP cascade in these rapid estrogen effects (e.g. Gu & Moss, 1996; Minami *et al.*, 1990). Previously, we reported that short-term exposure to physiological levels of 17 β -estradiol enhanced endothelium-independent relaxation in isolated porcine coronary artery rings (Teoh *et al.*, 1999). In the present study, we tried to determine if the acute phenomenon we recorded then involves gene-based mechanisms and if like the putative membrane-bound estrogen receptor, it is caused by activation of the cyclic AMP cascade.

Methods

Tissue samples

Pigs were culled according to the regulations laid down by the Urban Services Department, The Government of the Hong Kong SAR. Hearts from pigs of either sex were collected from the local abattoir and rinsed in cold, oxygenated (95% O₂; 5% CO₂) Krebs-Henseleit solution (KHS; composition in mM: NaCl 120, KCl 4.76, NaHCO₃ 25, NaH₂PO₄·H₂O 1.18, CaCl₂ 1.25, MgSO₄·7H₂O 1.18, glucose 5.5) before the left anterior descending and right coronary arteries were isolated. After removal of the surrounding connective tissues, artery rings (3 mm) were suspended between stainless steel stirrups and stationary support rods positioned in 5 ml jacketed organ baths filled with oxygenated KHS maintained at 37°C. Rings were placed under a 2.0 g tension for at least 100 min during which bath KHS was changed periodically. Isometric tension was measured by force transducers (FT03, Grass Instrument Co., Quincy, U.S.A.) coupled to an amplifier and a personal computer for data collection (PICO Data Logger, Pico Technology Ltd., Cambridge, U.K.).

Functional Studies

The viability of each porcine coronary artery ring was determined by contracting with 30 nM U46619 in the presence of 10 μ M indomethacin before relaxing with 1 μ M bradykinin. Rings that failed to produce ≥ 4.0 g contraction to U46619 and $\geq 80\%$ relaxation to bradykinin were excluded from the study. Indomethacin, U46619 and bradykinin were then removed by repeated changes of bath KHS. After baseline tensions were re-established, rings were incubated again with KHS containing 10 μ M indomethacin for 20 min and then for 20 min with 17 β -estradiol (final bath concentration 1 nM) or estradiol vehicle before contraction to 30 nM U46619 was elicited. The use of a 20 min incubation time was based on initial studies on the acute effect of 17 β -estradiol where 20–30 min incubation produced similar enhancement of relaxation when compared to 4 h incubation. Upon achievement of a stable contraction, cumulative relaxation-response curves were constructed to bradykinin (0.1 nM–1 μ M), calcium ionophore A23187 (0.1 nM–1 μ M), levcromakalim (1 nM–100 μ M) or sodium nitroprusside (SNP; 1 nM–100 μ M). Relaxation-response curves of U46619-contracted rings to 8-Bromo-cyclic AMP, Sp-cyclic AMPS, 8-Bromo-cyclic GMP and 3-isobutyl-1-methylxanthine (all in the range of 1 nM–100 μ M) were also determined.

In experiments requiring endothelium-disrupted rings, porcine coronary arteries were perfused at a rate of 1 ml min⁻¹ for 30 s with either 0.5% Triton X-100 or KHS before being cut into 3 mm ring segments. Porcine coronary artery rings were considered to have disrupted endothelium after perfusion with Triton X-100 if they exhibited less than 20% relaxation in response to 1 μ M bradykinin.

In some experiments, half the number of rings were 'washed' every 15 min for 45 min after the 20 min vehicle/17 β -estradiol incubation period ended. Rings that did not undergo this 'washing' procedure were termed 'unwashed' while those that did were referred to as 'washed'. At the end of the 45 min 'washing' session, rings were once again exposed to 10 μ M indomethacin for 20 min before being contracted with 30 nM U46619. Relaxation-response curves to levcromakalim or SNP were then recorded.

The participation of genomic events in the acute enhancing effect of 1 nM 17 β -estradiol was investigated by introducing actinomycin D or cycloheximide (both at final concentrations of 10 μ M) into the baths together with indomethacin (20 min incubation before testing). To examine the involvement of cyclic nucleotides in this response, 8-Bromo-cyclic AMP, Sp-cyclic AMPS, 8-Bromo-cyclic GMP or 3-isobutyl-1-methylxanthine were added after rings had been incubated with 10 μ M indomethacin for 20 min. In parallel experiments, Rp-cyclic AMPS or Rp-8-Bromo-cyclic GMPS were concomitantly administered with indomethacin. With the exception of the 'wash-out' studies, all drugs remained in the baths for the duration of the experiment.

Data and statistical analyses

Data are reported as means \pm s.e.mean with *n* indicating the number of porcine hearts from which the arteries were obtained. Relaxation responses were expressed as a percentage of U46619-induced contraction. *p*D₂ values were determined using a curve-fitting program (SigmaPlot, Jandel Scientific Software, CA, U.S.A.). Analysis of variance (ANOVA) followed by Bonferroni's correction were applied where appropriate to determine individual differences between multiple groups of data using a computer statistical package (SPSS, SPSS Inc., Chicago, IL, U.S.A.). A *P* value of <0.05 was considered to be significant.

Drugs

U46619 (9,11-dideoxy-9 α , 11 α -methanoepoxy prostaglandin F_{2 α}) was obtained from Biomol, PA, U.S.A. Levcromakalim was a gift from SmithKline Beecham, Harlow, Essex, U.K. 8-Bromo-cyclic AMP, Sp-cyclic AMPS, 8-Bromo-cyclic GMP, Rp-cyclic AMPS and Rp-8-Bromo-cyclic GMPS were purchased from BioLog Life Science Institute, Breman, Germany. 3-isobutyl-1-methylxanthine and the remaining chemicals were from Sigma, St. Louis, MO, U.S.A. Stocks of 17 β -estradiol, U46619 and levcromakalim were made up in ethanol. The final concentration of ethanol in each bath was always $\leq 0.2\%$. Calcium ionophore A23187 was dissolved in dimethyl sulphoxide (final bath concentration was 0.1%) and indomethacin was made up in a 1 mM Na₂CO₃ solution. Stock solutions of the remaining drugs were dissolved in deionized water. All working solutions were obtained by dilutions in KHS.

Results

Effects of actinomycin D and cycloheximide on the acute enhancing effects of 1 nM 17 β -estradiol

Under control conditions (addition of vehicle), rings contracted 6.33 \pm 0.18 g to 30 nM U46619 (*n* = 28). Baseline tensions as well as the contractile efforts of the thromboxane analogue were not appreciably affected by 20 min incubation with 1 nM 17 β -estradiol. In agreement with Teoh *et al.* (1999),

the presence of 1 nM 17 β -estradiol in the bathing medium did not alter bradykinin- and calcium ionophore A23187-mediated endothelium-dependent relaxation (data not shown). However, this 20 min treatment with 17 β -estradiol did potentiate endothelium-independent relaxation elicited by levromakalim and SNP (Figure 1).

Actinomycin D (10 μ M) and cycloheximide (10 μ M), on their own, had no effect on the resting tension and the U46619-induced contractions. Similarly, the enhancing effects that 1 nM 17 β -estradiol had on drug-induced endothelium-independent relaxation were still evident in the presence of the transcription and translation inhibitors (Figure 1).

Effect of 'washing out' on the acute enhancing effects of 1 nM 17 β -estradiol

Contractions elicited by 30 nM U46619 in 'washed' and 'unwashed' rings were 6.54 ± 0.20 g ($n=14$) and 6.63 ± 0.24 g

($n=14$) respectively. There was no significant difference between the contraction responses attained by both groups of coronary artery rings ($P>0.05$). As shown in Figure 2, the enhancing effect of 1 nM 17 β -estradiol was no longer apparent following the 'washing out' procedure. The pD_2 values for levromakalim and SNP for this series of experiments are tabulated in Table 1.

Involvement of cyclic nucleotides in the acute enhancing effects of 1 nM 17 β -estradiol

Relaxation-response curves to the cyclic nucleotide analogues and IBMX were recorded in U46619-contracted coronary artery rings. Within the concentration range studied, the rank order vasodilatory effectiveness was IBMX>8-Bromo-cyclic GMP>Sp-cyclic AMPS>8-Bromo-cyclic AMP (Figure 3). For each of the above drugs, subsequent experiments were performed with a concentration that did not itself have any

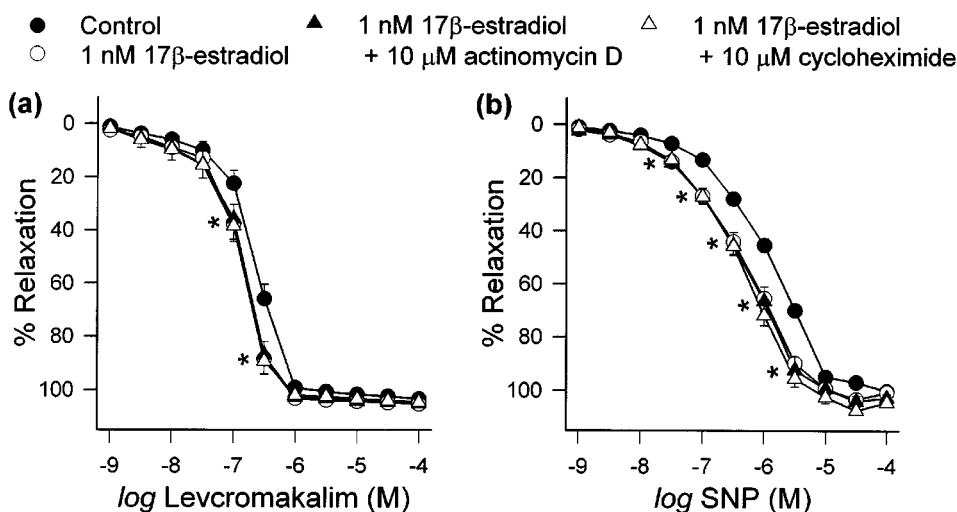


Figure 1 Effects of actinomycin D and cycloheximide on the acute (20 min) enhancing effect 1 nM 17 β -estradiol had on the concentration-response curves for (a) levromakalim and (b) SNP. Data are means \pm s.e. mean with $n=8$ in each case. The response curves of all three treatment groups were significantly different to that of the vehicle-treated control group ($*P<0.05$).

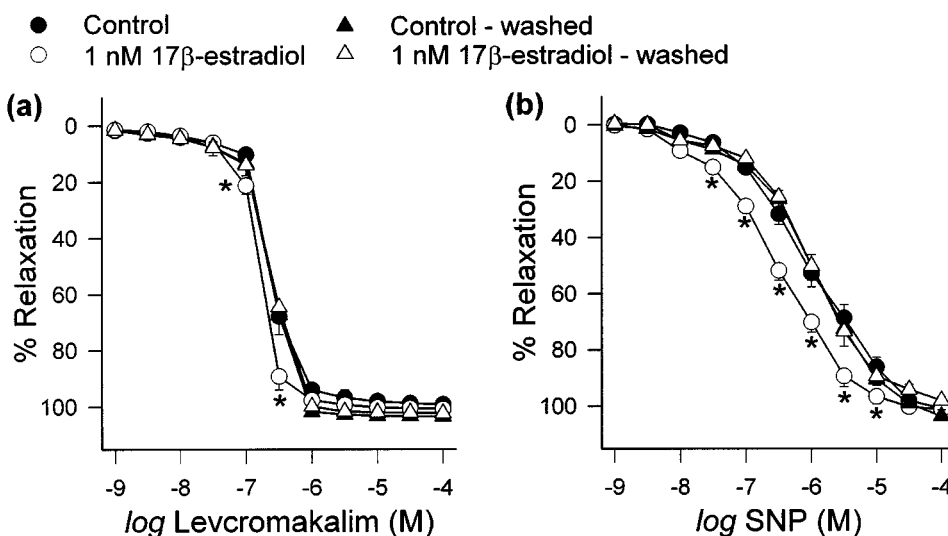


Figure 2 Effect of 'washing out' on the acute (20 min) enhancing effect 1 nM 17 β -estradiol had on (a) levromakalim- and (b) SNP-mediated relaxation responses. Data are means \pm s.e. mean with $n=8$ in each case. $*P<0.05$ when compared to respective 'unwashed' group.

Table 1 pD_2 values for levcromakalim and SNP after porcine coronary artery rings treated with vehicle or 1 nM 17 β -estradiol were 'washed' or left 'unwashed'

| Relaxing agent | Treatment | pD_2 (M) | EC_{50} (nM) |
|----------------|------------|----------------------------|---------------------|
| Levcromakalim | 'Unwashed' | Vehicle-Control | 6.62 \pm 0.01(8) |
| | | 1 nM 17 β -estradiol | 6.79 \pm 0.01(8)* |
| | 'Washed' | Vehicle-Control | 6.60 \pm 0.01(8) |
| | | 1 nM 17 β -estradiol | 6.59 \pm 0.01(8) |
| SNP | 'Unwashed' | Vehicle-Control | 5.96 \pm 0.04(8) |
| | | 1 nM 17 β -estradiol | 6.49 \pm 0.03(8)* |
| | 'Washed' | Vehicle-Control | 5.90 \pm 0.03(8) |
| | | 1 nM 17 β -estradiol | 6.00 \pm 0.04(8) |

Data are expressed means \pm s.e.mean with n denoted in brackets. *denotes significant difference compared to the respective vehicle-control group.

Table 2 pD_2 values for different relaxing agents after treatment with vehicle, 17 β -estradiol, 8-Bromo-cyclic AMP, Sp-cyclic AMPS or 8-Bromo-cyclic GMP

| Relaxing agent | Treatment | pD_2 (M) | EC_{50} (nM) |
|--------------------------|-------------------------------|---------------------|----------------|
| Bradykinin | Vehicle-Control | 7.92 \pm 0.03(8) | 12.16 |
| | 1 nM 17 β -estradiol | 7.91 \pm 0.02(8) | 12.30 |
| | 10 μ M 8-Bromo-cyclic-AMP | 7.92 \pm 0.03(8) | 12.08 |
| | 3 μ M Sp-Cyclic AMPS | 7.91 \pm 0.02(8) | 12.27 |
| | 3 μ M 8-Bromo-cyclic GMP | 7.94 \pm 0.02(8) | 11.38 |
| Calcium Ionophore A23187 | Vehicle-Control | 7.31 \pm 0.04(7) | 49.43 |
| | 1 nM 17 β -estradiol | 7.30 \pm 0.04(7) | 49.89 |
| | 10 μ M 8-Bromo-cyclic AMP | 7.36 \pm 0.05(7) | 44.16 |
| | 3 μ M Sp-cyclic AMPS | 7.37 \pm 0.04(7) | 42.46 |
| | 3 μ M 8-Bromo-cyclic GMP | 7.22 \pm 0.04(7) | 60.53 |
| Levcromakalim | Vehicle-Control | 6.50 \pm 0.01(6) | 316 |
| | 1 nM 17 β -estradiol | 6.68 \pm 0.03(6)* | 208 |
| | 10 μ M 8-Bromo-cyclic AMP | 6.63 \pm 0.02(6)* | 233 |
| | 3 μ M Sp-cyclic AMPS | 6.65 \pm 0.02(6)* | 226 |
| | 3 μ M 8-Bromo-cyclic GMP | 6.49 \pm 0.01(6) | 325 |
| SNP | Vehicle-Control | 5.81 \pm 0.06(8) | 1548 |
| | 1 nM 17 β -estradiol | 6.51 \pm 0.03(8)* | 313 |
| | 10 μ M 8-Bromo-cyclic AMP | 6.76 \pm 0.03(8)* | 173 |
| | 3 μ M Sp-cyclic AMPS | 6.37 \pm 0.04(8)* | 423 |
| | 3 μ M 8-Bromo-cyclic GMP | 5.90 \pm 0.04(8) | 1253 |

Data are expressed as means \pm s.e.mean with n denoted in brackets. *denotes significant difference compared to the respective vehicle-treated control group.

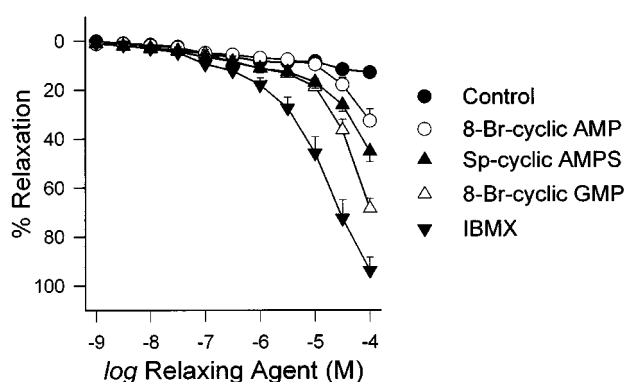


Figure 3 Relaxing effects of cyclic nucleotide analogues and IBMX. Rings were contracted with 30 nM U46619 before 8-Bromo-cyclic AMP, Sp-cyclic AMPS, 8-Bromo-cyclic GMP and IBMX were cumulatively added. Control data indicates curve obtained in the absence of any drug addition. Data are means \pm s.e.mean with $n=6-7$ in each case.

significant effect on U46619-induced contractions. The concentrations chosen for 8-Bromo-cyclic AMP, Sp-cyclic AMPS, 8-Bromo-cyclic GMP and IBMX were 10, 3, 3 μ M and

300 nM respectively. This definition was necessitated by our attempt to carry out comparisons between the potentiating effect of 1 nM 17 β -estradiol which on its own did not produce any significant vasorelaxation and those of cyclic nucleotides that should also have no significant vasorelaxing effect.

In our hands, 1 nM 17 β -estradiol, 10 μ M 8-Bromo-cyclic AMP, 3 μ M Sp-cyclic AMPS and 3 μ M 8-Bromo-cyclic GMP had no effect on relaxation responses elicited by bradykinin and calcium ionophore A23187 (data not shown). The effects on pD_2 were summarized in Table 2. As illustrated in Figure 4, both levcromakalim- and SNP-evoked relaxation were enhanced following 20 min exposure to 1 nM 17 β -estradiol, 10 μ M 8-Bromo-cyclic AMP and 3 μ M Sp-cyclic AMPS. Further comparisons indicated that these three agents also diminished the pD_2 values for levcromakalim and SNP (Table 2). In contrast, the relaxation curves recorded for levcromakalim and SNP demonstrated little difference under control conditions and in the presence of 3 μ M 8-bromo-cyclic GMP (Figure 4) as did their pD_2 values (Table 2).

Neither Rp-cyclic AMPS (50 μ M) nor Rp-8-Bromo-cyclic GMPS (10 μ M) affected the baseline tensions or contraction responses to 30 nM U46619. Figure 5 shows the effects the cyclic AMP-dependent protein kinase A inhibitor and cyclic GMP antagonists had on the short-term enhancing actions of

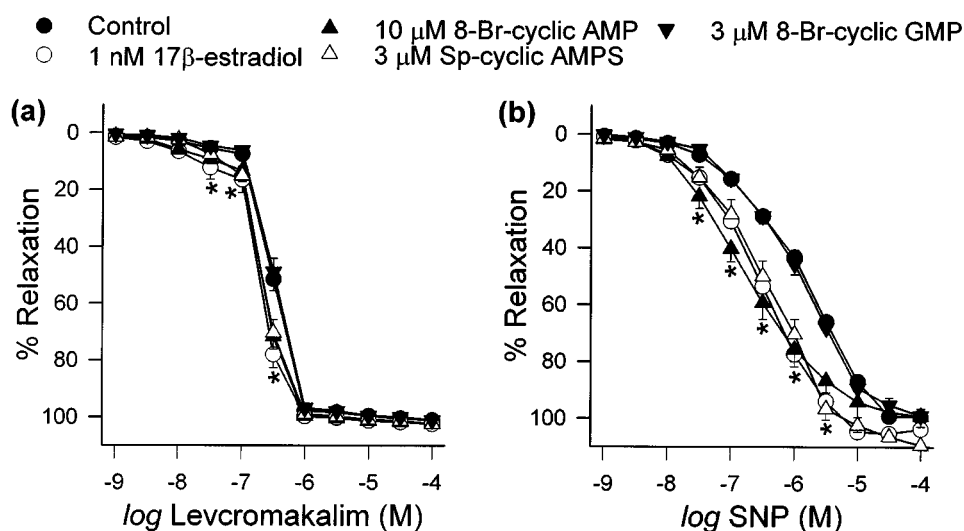


Figure 4 Effects of 20 min exposure to vehicle, 17 β -estradiol, 8-Bromo-cyclic AMP, Sp-cyclic AMPS and 8-Bromo-cyclic GMP on relaxation responses to (a) levcromakalim and (b) SNP. Data are means \pm s.e.mean with $n=6-8$ in each case. Concentration-response curves obtained in the presence of 17 β -estradiol, 8-Bromo-cyclic AMP and Sp-cyclic AMPS were significantly different to the vehicle-control curve ($*P<0.05$).

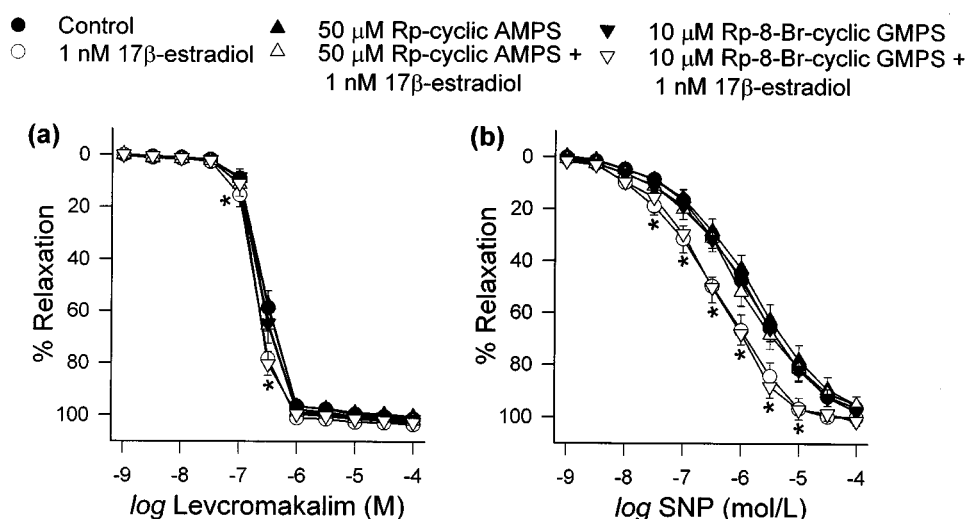


Figure 5 Effects of Rp-cyclic AMPS and Rp-8-Bromo-cyclic GMPS, alone and together with 1 nM 17 β -estradiol, on relaxation responses produced by (a) levcromakalim and (b) SNP. Data are means \pm s.e.mean with $n=6-8$ in each case. Concentration-response curves obtained in the presence of 17 β -estradiol (with and without Rp-8-Bromo-cyclic GMPS) were significantly different to the vehicle-control curve ($*P<0.05$).

Table 3 pD_2 values for levcromakalim and SNP after treatment of porcine coronary artery rings with 17 β -estradiol under different conditions

| Relaxing agent | Treatment | pD_2 (M) | EC_{50} (nM) |
|----------------|--|---------------------------|----------------|
| Levcromakalim | Vehicle-Control | $6.56 \pm 0.03(6)$ | 274 |
| | 1 nM 17 β -estradiol | $6.70 \pm 0.01(6)^*$ | 201 |
| | 1 nM 17 β -estradiol + 50 μ M Rp-cyclic AMPS | $6.60 \pm 0.01(6)^{\#}$ | 253 |
| | 1 nM 17 β -estradiol + 10 μ M Rp-8-Bromo-cyclic GMPS | $6.69 \pm 0.01(6)^{\phi}$ | 204 |
| SNP | Vehicle-Control | $5.91 \pm 0.02(8)$ | 1236 |
| | 1 nM 17 β -estradiol | $6.45 \pm 0.05(8)^*$ | 357 |
| | 1 nM 17 β -estradiol + 50 μ M Rp-cyclic AMPS | $5.84 \pm 0.04(8)^{\#}$ | 1432 |
| | 1 nM 17 β -estradiol + 10 μ M Rp-8-Bromo-cyclic GMPS | $6.44 \pm 0.04(8)^{\phi}$ | 366 |

Porcine coronary artery rings were treated with 17 β -estradiol in the absence and presence of protein kinase A inhibitor Rp-cyclic AMPS or the cyclic GMP antagonist Rp-8-Bromo-cyclic GMPS before dose response curves to levcromakalim and SNP were determined. Data are expressed means \pm s.e.mean with n denoted in brackets. $*P<0.05$ when compared to respective vehicle-treated control group; $\#P<0.05$ when compared to respective 17 β -estradiol-treated group; $\phi P<0.05$ when compared to respective Rp-cyclic AMPS-treated group.

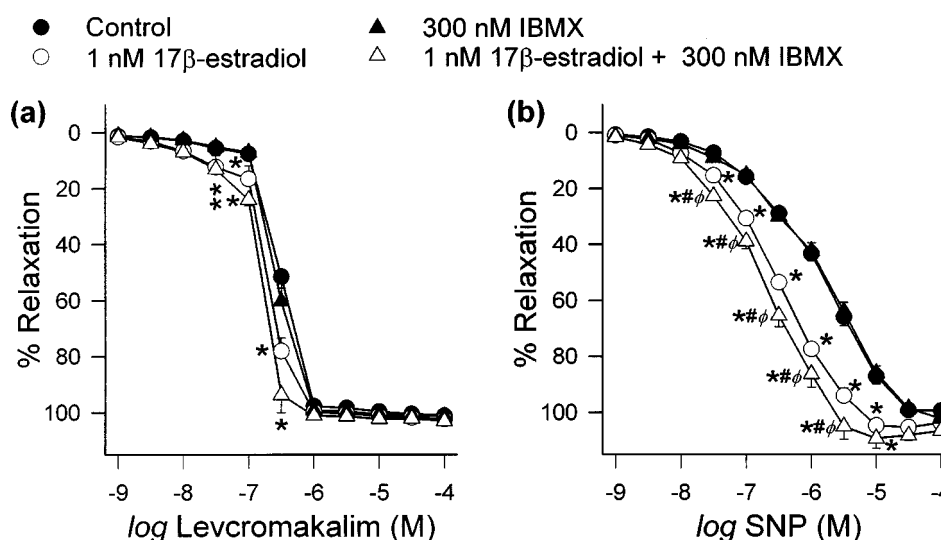


Figure 6 Effect of 300 nM IBMX, alone and with 1 nM 17 β -estradiol, on (a) levromakalim- and (b) SNP-evoked relaxation. Data are means \pm s.e. mean with $n=7-8$ in each case. * $P<0.05$ when compared to respective vehicle-treated control group; # $P<0.05$ when compared to respective 17 β -estradiol-treated group; $\phi P<0.05$ when compared to respective IBMX-treated group.

Table 4 pD_2 values for different relaxing agents after treatment of porcine coronary artery rings with 1 nM 17 β -estradiol and/or 300 nM IBMX

| Relaxing agent | Treatment | pD_2 (M) | EC_{50} (nM) |
|--------------------------|--|-------------------------------|----------------|
| Bradykinin | Vehicle-Control | $7.92 \pm 0.03(8)$ | 12.16 |
| | 1 nM 17 β -estradiol | $7.91 \pm 0.03(8)$ | 12.30 |
| | 300 nM IBMX | $7.97 \pm 0.02(8)$ | 10.64 |
| | 1 nM 17 β -estradiol + 300 nM IBMX | $7.96 \pm 0.04(8)$ | 10.91 |
| Calcium Ionophore A23187 | Vehicle-Control | $7.31 \pm 0.04(7)$ | 49.43 |
| | 1 nM 17 β -estradiol | $7.31 \pm 0.04(7)$ | 49.89 |
| | 300 nM IBMX | $7.35 \pm 0.06(7)$ | 44.57 |
| | 1 nM 17 β -estradiol + 300 nM IBMX | $7.25 \pm 0.03(7)$ | 56.75 |
| Levromakalim | Vehicle-Control | $6.50 \pm 0.01(7)$ | 316 |
| | 1 nM 17 β -estradiol | $6.68 \pm 0.03(7)^*$ | 208 |
| | 300 nM IBMX | $6.55 \pm 0.01(7)^{\#}$ | 280 |
| | 1 nM 17 β -estradiol + 300 nM IBMX | $6.81 \pm 0.03(7)^*_{\#}\phi$ | 156 |
| SNP | Vehicle-Control | $5.81 \pm 0.06(8)$ | 1548 |
| | 1 nM 17 β -estradiol | $6.51 \pm 0.03(8)^*$ | 313 |
| | 300 nM IBMX | $5.72 \pm 0.06(8)^{\#}$ | 1923 |
| | 1 nM 17 β -estradiol + 300 nM IBMX | $6.69 \pm 0.04(8)^*_{\#}\phi$ | 203 |

Data are expressed means \pm s.e. mean with n denoted in brackets. * $P<0.05$ when compared to respective vehicle-treated control group; # $P<0.05$ when compared to respective 17 β -estradiol-treated control group; $\phi P<0.05$ when compared to respective IBMX-treated group.

1 nM 17 β -estradiol in this model. Whilst the potentiating effects of 17 β -estradiol on endothelium-independent relaxation were no longer evident in the presence of Rp-cyclic AMPS, they were retained in rings exposed to Rp-8-Bromo-cyclic GMPS. The pD_2 values for levromakalim and SNP under this set of conditions are tabulated in Table 3.

IBMX (300 nM), on its own or in the presence of 1 nM 17 β -estradiol, did not affect endothelium-dependent relaxation by bradykinin and calcium ionophore A23187 (data not shown). On the other hand, whilst this concentration of IBMX did not itself affect endothelium-independent relaxation by levromakalim and SNP, there were evident leftward shifts in the relaxation-response curves of levromakalim and SNP after artery rings had been co-incubated with 1 nM 17 β -estradiol and 300 nM IBMX (Figure 6). Interestingly, these shifts were greater than those observed in the presence of 1 nM 17 β -estradiol alone and thus resulted in significant reduction of pD_2 values (Table 4).

In order to further examine if in this model, the actions of 17 β -estradiol were mediated *via* the cyclic AMP cascade, 17 β -estradiol was concomitantly added to the baths with either 8-Bromo-cyclic AMP or Sp-cyclic AMPS. As illustrated in Figures 7 and 8, the responses observed when 17 β -estradiol was incubated together with either 8-Bromo-cyclic AMP or Sp-cyclic AMPS were similar to those in the presence of only one of these agents.

Discussion

In our earlier study, we found that endothelium-independent relaxation in isolated porcine coronary artery rings was potentiated following 20 min incubation with a physiologically relevant concentration of 17 β -estradiol (Teoh *et al.*, 1999). Here, using the same model, we have demonstrated that this

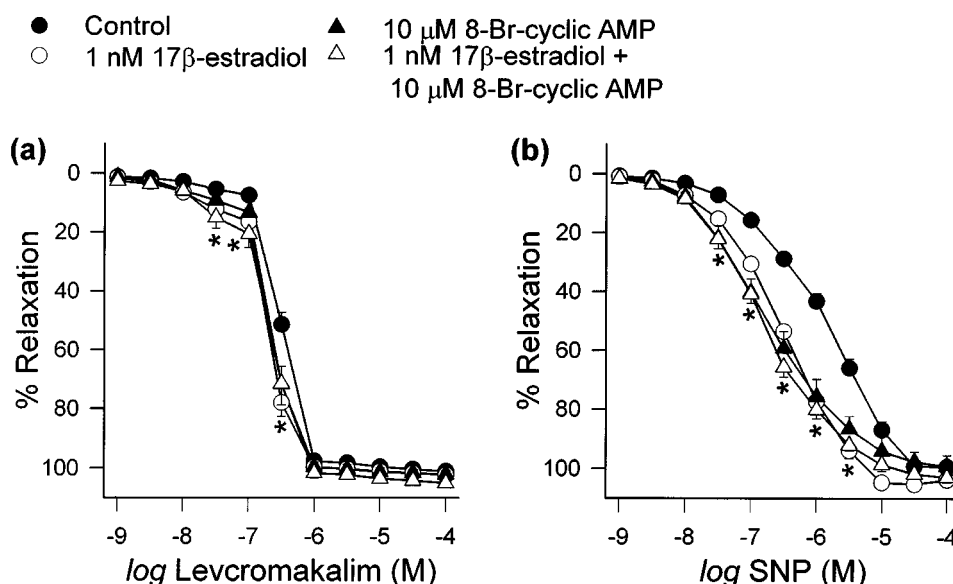


Figure 7 Effects of 8-Bromo-cyclic AMP, alone and together with 1 nM 17 β -estradiol, on (a) levcromakalim- and (b) SNP-elicited relaxation. Data are means \pm s.e.mean with $n=6-8$ in each case. The response curves of all three treatment groups were significantly different to that of the vehicle-treated control group (* $P<0.05$).

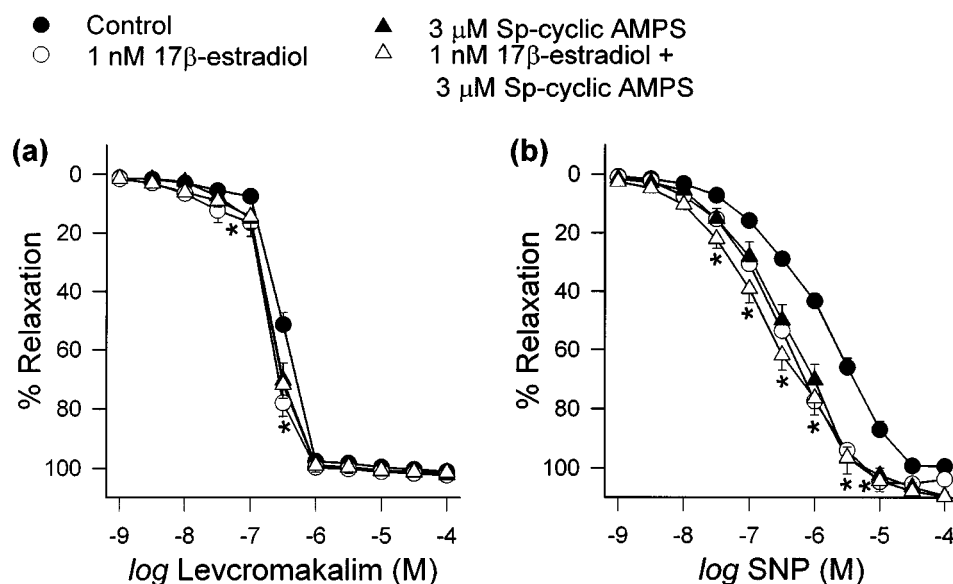


Figure 8 Effects of Sp-cyclic AMPS, alone and together with 1 nM 17 β -estradiol, on (a) levcromakalim- and (b) SNP-elicited relaxation. Data are means \pm s.e.mean with $n=6-8$ in each case. The response curves of all three treatment groups were significantly different to that of the vehicle-treated control group (* $P<0.05$).

rapid steroid-mediated effect is independent of genome-based pathways and the mechanism of this action involves activation of the cyclic AMP cascade.

A striking feature of this study is the concentration of the steroid required to present a prominent and quick response. Earlier work indicated that only micromolar concentrations of 17 β -estradiol could produce rapid vasorelaxing effects *in vitro* (Teoh *et al.*, 1999; Han *et al.*, 1995; Jiang *et al.*, 1991). In contrast, we have also noted that 20 min exposure to circulating concentrations (low nanomolar) of 17 β -estradiol is sufficient to augment levcromakalim- and SNP-mediated relaxation in isolated coronary artery rings and that this modulation occurs in an all-or-nothing manner (Teoh *et al.*, 1999). Interestingly, the potentiating effect was specific to 17 β -estradiol as the same concentration of 17 α -estradiol (Teoh *et al.*,

et al., 1999), testosterone (Quan *et al.*, 1999) and progesterone (Teoh & Man, 1999) had either no or opposite effects. This indicates that the response we recorded with 1 nM 17 β -estradiol was not due to non-specific steroid-mediated activities.

That the transcription and translation inhibitors, actinomycin D and cycloheximide respectively could not limit the enhancing actions of 17 β -estradiol implied that the nuclear estrogen receptor is not involved in this phenomenon. Furthermore, this effect was reproducible in the presence of the estrogen receptor antagonists tamoxifen and ICI 182,780 (Teoh *et al.*, 1999). To the best of our knowledge, there is not yet any evidence for a vascular estrogen membrane binding site. Intriguingly, estrogen membrane receptors are speculated to exist in non-vascular tissues (see references in Farhat *et al.*,

1996) with the strongest evidence thus far originating from electrophysiological studies on neuronal cells. The amplitude of kainate-induced currents was increased in hypothalamic neurons by 3 min application of 100 nM 17 β -estradiol Gu & Moss (1996) whilst L-type currents in neostriatal neurons were diminished seconds after administration of 100 pM 17 β -estradiol (Mermelstein *et al.*, 1996). In addition, alterations in membrane potential shortly (≤ 20 min) after application of low nanomolar concentrations of 17 β -estradiol have been demonstrated in medial amygdala (Nabekura *et al.*, 1986) and ventromedial hypothalamic neurons (Minami *et al.*, 1990). The efficient low levels of 17 β -estradiol together with the rate and stereospecific manner at which the membrane electrical properties were altered have hence led many to postulate the existence of a membrane-bound estrogen receptor on neuronal cells.

To date, several lines of evidence have further implicated cyclic AMP as a mediator of the fast-acting actions of 17 β -estradiol in neuronal tissues. Minami *et al.* (1990) and Gu & Moss (1996) showed that the influence 17 β -estradiol (nM concentrations) had on neuronal membrane electrical activity was mimicked by the cyclic AMP analogue 8-Bromo-cyclic AMP, enhanced by the phosphodiesterase inhibitor IBMX and not reproduced by the cyclic GMP analogue 8-Bromo-cyclic GMP. Similarly, in guinea-pig hypothalamic neurones, the potency of the μ agonist DAMGO was reduced by the protein kinase A activator Sp-cyclic AMPS in the same manner as by 20 nM 17 β -estradiol while the cyclic AMP-dependent protein kinase A inhibitor Rp-cyclic AMPS reversed the steroid-induced effect (Lagrange *et al.*, 1997). In vascular tissues, Rodriguez *et al.*, 1996 also showed that the effect of high concentrations of estrogens involved cyclic AMP. Furthermore, a role for the cyclic AMP cascade in the regulation of gene transcription was demonstrated with physiological levels of 17 β -estradiol (Aronica *et al.*, 1994).

In our hands, both 8-Bromo-cyclic AMP and Sp-cyclic AMPS caused the levromakalim and SNP concentration-response curves to be displaced to the left. This shift was similar in terms of both magnitude and latency to that produced by 1 nM 17 β -estradiol. Interestingly, when 17 β -estradiol was co-administered with either 8-Bromo-cyclic AMP or Sp-cyclic AMPS, the outcome was not significantly different from those obtained with each of these drugs alone. We

postulate that the potentiating effect was not further increased because all three compounds act through the same mechanistic pathway. Conversely, the concentration of 8-Bromo-cyclic GMP we chose did not alter contraction to U46619 or affect relaxation by levromakalim and SNP. These observations suggest that cyclic AMP but not cyclic GMP might be involved in the rapid response to 17 β -estradiol seen in our preparation. We subsequently found that the phosphodiesterase inhibitor IBMX could potentiate the 17 β -estradiol enhancing action. Finally, with Rp-cyclic AMPS and the cyclic GMP antagonist Rp-8-Bromo-cyclic GMPS, we demonstrated that only the former was capable of reversing the modulatory effects 17 β -estradiol had on endothelium-independent relaxation. Taken together, these data indicate that the cyclic AMP cascade mediates the acute potentiating activity of 17 β -estradiol.

Inasmuch as the enhancing response recorded in our model has similar pharmacodynamic and pharmacological properties as the putative fast-acting estrogen receptor reported in brain cells, it seems possible that the same or a similar receptor might be responsible for the phenomenon we observed. However, as to whether these membrane estrogen receptors exist in vascular tissues and are responsible for the rapid responses we describe with low nanomolar concentrations of 17 β -estradiol remain unknown. Evidently, further investigations are warranted to clarify this question.

To conclude, we report that the enhancement of endothelium-independent relaxation in isolated porcine coronary artery rings following short-term exposure to a low concentration of 17 β -estradiol (1 nM) appears to not require the activation of genomic signalling pathways and may involve an as yet unidentified vascular membrane estrogen receptor. In addition, our current findings suggest that part of the potentiating effect that is caused by 17 β -estradiol may be attributed to activation of the cyclic AMP cascade.

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