



Thyrotropin regulates adenosine A₁ receptor expression in rat thyroid FRTL-5 cells

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1 The effect of thyrotropin (TSH), on adenosine A₁ receptor expression in thyroid FRTL-5 cells was examined by [³H]-1,3-dipropyl-,8-cyclopentyl xanthine ([³H]-DPCPX) binding on cells in suspension and on membrane preparation, and by *in situ* mRNA labelling.

2 The estimated K_D for intact cells was 0.19 nM and about 47,000 binding sites per cell were found in cells constantly grown in the presence of TSH.

3 Three days deprivation of TSH decreased the number of [³H]-DPCPX binding sites without any significant effect of K_D . Reintroduction of TSH to the cells returned the higher level of A₁ receptors both in suspension binding studies on whole cells and on membrane preparations.

4 *In situ* hybridization revealed that TSH evoked an increase in the number of cells densely labelled with a probe against A₁ receptor mRNA.

5 The potency of the A₁ receptor agonist N⁶-cyclohexyladenosine (CHA) as an inhibitor of cyclic AMP formation induced by forskolin was increased in TSH-treated cells, with a shift in the IC₅₀ from 2.05 nM in TSH-deprived cells to 0.14 nM in TSH-treated cells.

6 Since the activation of A₁ receptors inhibits TSH-mediated cyclic AMP signalling, our results suggest a regulatory feedback mechanism between signalling *via* adenosine A₁ receptors and TSH receptors.

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Abbreviations: CHA, N⁶-cyclohexyladenosine; DPCPX, 1,3-dipropyl-,8-cyclopentyl xanthine; FRTL-5, Fisher rat thyroid cells; Ro 20-1724, 4-(3-Butoxy-4-methoxybenzyl)-2-imidazolidinone

Introduction

Thyroid FRTL-5 cells, derived from the rat thyroid, grow continuously in the presence of thyrotropin (TSH) and maintain many functional properties of thyroid cells *in situ*, such as iodide uptake and thyroglobulin synthesis (Ambesi-Impiombato *et al.*, 1980). FRTL-5 cells are therefore widely used to study the mechanisms of action of hormones and neuronal transmitters. Thyrotropin is the main regulator of thyroid cells, and the cyclic AMP signalling pathway has been related to most of the TSH-induced thyroid cell functions (Dere & Rapaport, 1986; Jin *et al.*, 1986; Tramontano *et al.*, 1988). Previously, the cyclic AMP-mediated TSH signalling has been shown to increase the expression of α_{1B} -adrenergic receptors in FRTL-5 thyroid cells (Kanasaki *et al.*, 1994).

Adenosine is released from thyroid cells as an autocrine factor (Okajima *et al.*, 1994; Sho *et al.*, 1991). Activation of adenosine A₁ receptor by adenosine regulates TSH-mediated cyclic AMP signals *via* inhibition of adenylyl cyclase, thus modifying the physiological responses to TSH (Moses *et al.*, 1989; Sho *et al.*, 1991; 1999; Tramontano *et al.*, 1988). The A₁ adenosine receptor was first cloned from dog thyroid (Libert *et al.*, 1989; 1991) and the FRTL-5 cell line has also been shown to express functional A₁ receptors. Adenosine A₁ receptors have previously been characterized in FRTL-5 cells by binding assays using cell membrane preparations (Okajima *et al.*, 1994) or in intact cells grown in monolayer cultures (Frauman &

Moses, 1989; Kosugi *et al.*, 1989; Nayfeh *et al.*, 1989; Okajima *et al.*, 1989). In the present study a receptor binding assay utilizing trypsinized FRTL-5 cells in suspension was validated. Although the effects of adenosine on FRTL-5 cells and especially on the regulation of TSH function is well documented, the control mechanisms of A₁ receptor expression in thyroid cells have not been studied before. Therefore we have investigated the possible regulatory effect of TSH on adenosine A₁ receptors in rat thyroid FRTL-5 cells.

Methods

Materials

Culture medium and hormones needed for the cell culture were purchased from Sigma (St Louis, MO, U.S.A.). Serum was from Biological Industries (Beth Haemek, Israel). Culture dishes were from Falcon Plastics (Oxnard, CA, U.S.A.). Thyrotropin (TSH) was a generous gift from the National Hormone and Pituitary Program (Bethesda, MD, U.S.A.). Tritium labelled 1,3-dipropyl-,8-cyclopentyl xanthine ([³H]-DPCPX, 120 Ci mmol⁻¹) and adenosine 3',5'-cyclic phosphate ([³H]-cyclic AMP, 25 Ci mmol⁻¹) were from New England Nuclear Corp. (Boston, MA, U.S.A.). N⁶-cyclohexyladenosine (CHA) was from Research Biochemicals Inc. (Natick, MA, U.S.A.). Adenosine deaminase was from Boehringer Mannheim (Germany). 4-(3-Butoxy-4-methoxybenzyl)-2-imidazolidinone (Ro 20-1724) was purchased from Calbiochem (La Jolla, CA, U.S.A.). Bio Rad protein assay was from Bio

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Rad Laboratories (Richmond, CA, U.S.A.). MultiScreen[®]-FB plates were from Millipore (Espoo, Finland). OptiPhase HiSafe III and SuperMix scintillation fluids were from Wallac (Turku, Finland).

Cell culture

FRTL-5 cells were initially obtained from the Interthyr Research Foundation. The cells were cultured in Coon's modified Ham's F-12 medium supplemented with 5% newborn calf serum and six hormones including TSH (TSH 0.3 mu ml⁻¹, insulin 1 µg ml⁻¹, transferrin 5 µg ml⁻¹, somatostatin 10 ng ml⁻¹, hydrocortisone 10 nM, the tripeptide Gly-L-His-L-Lys 10 ng ml⁻¹). In TSH-depletion studies cells were grown for 3 days in medium without TSH prior to the stimulation with 1 mu ml⁻¹ TSH for 24 h. Fresh medium was always added in the beginning of each stimulation.

Binding of [³H]-DPCPX to intact cells in suspension

Cells grown on 10 cm culture dishes were harvested with a 0.2% trypsin solution and washed three times with phosphate buffered saline (PBS). The cells were gently resuspended in serum- and hormone-free Coon's F-12 medium buffered with 20 mM HEPES (pH 7.4) and supplemented with 0.1% bovine serum albumin (BSA), at a density of 3 × 10⁶ cells ml⁻¹. In some experiments adenosine deaminase (1 u ml⁻¹) was added into the incubation buffer. The viability of cells after trypsinization was 94 ± 2% and was not significantly decreased after a 2 h incubation period. The total cell number and the viability were determined by Trypan blue staining and cell counting. Aliquots (0.1 ml, 0.3 × 10⁶ cells) were added to test tubes containing [³H]-DPCPX with or without cold ligand. In the saturation experiments the range of [³H]-DPCPX concentrations was 0.03 nM–6 nM. The incubations were carried out in a final volume of 1 ml. Non-specific binding was defined as that occurring in the presence of 40 µM CHA. Except in the association and dissociation experiments, the incubation time was 2 h at room temperature. In TSH-depletion studies the cells were grown to confluence in the presence of TSH and then further incubated without TSH for 3 days. In some experiments adenosine deaminase (3 u ml⁻¹) was added to the medium 72 h prior to the withdrawal of TSH. Assays were terminated by rapid filtration through glass fibre C filters (Whatman) on a 12-well harvester system (Millipore, Espoo, Finland), and the filters were rapidly washed three times with 3 ml of ice-cold PBS. The filters were then dried and transferred to scintillation vials and, after the addition of 4 ml HiSafe III scintillation fluid, counted in a β-counter. The results are expressed as the amount of bound ligand per 10⁶ cells.

Binding of [³H]-DPCPX to membranes

The cells were grown on 10 cm culture dishes to confluence and then grown without TSH for 3 days prior to incubation with TSH. After 24 h of incubation with or without TSH (1 mu ml⁻¹) the cells were washed twice with cold PBS and scraped from the plates with a cell scraper, and washed once more with PBS. The cells were suspended in 1 ml of homogenization buffer (50 mM Tris-HCl, pH 7.4, 5 mM MgCl₂, 5 mM EDTA) and disrupted by sonication (B. Braun, Labsonic U). Unbroken cells and nuclei were sedimented by centrifugation at 1000 × g for 10 min at 4°C and discarded. Plasma membranes and the cytosolic fraction were then separated by centrifugation at 30,000 × g for 60 min at 4°C.

The membrane pellet was resuspended in assay buffer (50 mM Tris-HCl, pH 7.4, 2 mM MgCl₂) at 0.5 mg protein ml⁻¹ and preincubated with 5 u ml⁻¹ adenosine deaminase for 60 min at room temperature to remove endogenous adenosine. Aliquots (0.1 ml, 50 µg of protein) were added to test tubes containing 0.03–6 nM of [³H]-DPCPX with or without CHA (40 µM) in a final volume of 1 ml. Membranes were incubated for 90 min at room temperature before filtration through Whatman glass fibre C filters. The filters were washed three times with 3 ml cold assay buffer and counted for radioactivity. Protein determinations were performed with Bio-Rad protein assay for microtiter plate.

Analysis of adenosine

The culture medium from cells incubated with or without 1 mu ml⁻¹ TSH for 24 h was collected and proteins were precipitated by 0.4 M perchloric acid. The samples were neutralized by 4 M KOH, concentration by lyophilization, and the amount of adenosine was determined by HPLC as described previously (Fredholm & Sollevi, 1981). Blank values were obtained by treating medium not incubated with cells in the same way as samples.

In situ hybridization

Cells were plated in Lab-Tech glass chamber slides (Nunc) and were allowed to grow to confluence in TSH-containing culture medium. Thereafter, the cells were washed and grown for an additional 3 days in TSH-deprived medium. After treatment with TSH for 24 h the glasses were fixed for 30 min with 4% paraformaldehyde in PBS. Hybridization was performed in a cocktail containing 50% deionized formamide (Fluka, Buchs, Switzerland), 4 × saline sodium citrate (SSC; NaCl 3 M, trisodium citrate 0.3 M), 1 × Denhart's solution, 1% sarcosyl, 0.02 M Na₂HPO₄ (pH 7.0), 10% dextran sulphate, 0.5 mg ml⁻¹ yeast tRNA (Sigma, Labkemi, Stockholm, Sweden), 0.06 M dithiothreitol, 0.1 mg ml⁻¹ sheared salmon sperm DNA and 10⁷ c.p.m. ml⁻¹ of the oligodeoxynucleotide probe. After hybridization for 16 h at 42°C, the glasses were washed four times, for 15 min each, in 1 × SSC at 56°C, dipped briefly in water, 70, 95 and finally in 99.5% ethanol and air-dried. The glasses were then dipped in NTB-3 emulsion (Kodak, Järfälla, Sweden) and exposed for 4–10 weeks. After the emulsion had been developed, cells were lightly counter-stained in Cresyl Violet (0.5%). Grain counting was performed using a Microcomputer Imaging Device (Imaging Research) and the results were divided by the number of nuclei seen in a counted area. Non-specific background was subtracted from the results.

Oligonucleotide probe

The 48-mer A₁ receptor probe (Scandinavian Gene Synthesis AB, Köping, Sweden) was complementary to the nucleotides 985-1032 of the rat A₁ receptor (Mahan *et al.*, 1991). The oligodeoxynucleotide probe was radiolabelled using terminal deoxynucleotidyl transferase (LKB/Pharmacia) and α-[³⁵S]-dATP (DuPont New England Nuclear, Stockholm, Sweden) to a specific activity of approximately 10⁹ c.p.m. µg⁻¹.

Measurement of total cyclic AMP

Cells, grown 3 days in TSH-deprived medium or in normal culture medium containing 0.3 mu ml⁻¹ TSH, were harvested with a 0.2% trypsin solution and washed three times with

HEPES-buffered salt solution (in millimolar concentrations: NaCl 118; KCl, 4.6; glucose, 10; CaCl₂, 0.4; HEPES, 20; pH 7.2). The cells were gently resuspended in HEPES-buffered salt solution containing 1 u ml⁻¹ adenosine deaminase and 0.1% BSA. Aliquots (0.35 ml, 0.5 × 10⁶ cells) were added to test tubes and incubated 20 min at 37°C. Forskolin (final concentration 1 μM) with or without CHA (final concentration 0.01–1000 nM) was added to the test tubes together with Ro 20-1724 (final concentration of 100 μM). The cells were incubated with test reagents for 20 min. The incubation was stopped with 50 μl perchloric acid to a final concentration of 0.1 M. The samples were neutralized by KOH and the cyclic AMP content in the supernatants was determined by a protein binding method (Nordstedt & Fredholm, 1990). Briefly, the samples and standards (0–160 nM cyclic AMP) were incubated with protein extract (40 μg) from bovine adrenal cortex containing cyclic AMP binding protein and with [³H]-cyclic AMP (10,000 c.p.m. per tube) for 2.5 h at 4°C. The bound cyclic AMP was separated from free cyclic AMP by rapid filtration on MAFB Millipore MultiScreen filtration plates and the wells were washed three times with 250 μl HEPES-buffered salt solution. The plates were dried and 50 μl SuperMix scintillation fluid was added to the wells. The plate was counted using a MicroBeta scintillation counter (Wallac, Finland).

Statistics

Data from receptor binding studies were analysed by non-linear regression for receptor binding, using GraphPad Prism ligand binding software for MacIntosh computer (GraphPad Software, Inc., San Diego, CA, U.S.A.). Data are given as the means ± s.e.mean from at least three experiments. Association and dissociation rate constants were calculated as previously described (Jenkinson, 1996). Values of grains per cell for *in situ* hybridization experiments were calculated from seven different 4-chamber glass slides having control and treated cells on the same slide. At least 100 cells were calculated per treatment. The results are pooled from two different sets of experiments. Student's *t*-test was used for obtaining the *P*-values. Values were considered significant if *P* < 0.05. The difference in IC₅₀- and *K_D*- values was compared using logarithmic values.

Results

Characterization of [³H]-DPCPX binding on whole cells

The characterization of [³H]-DPCPX binding was performed on cells constantly grown in normal growing medium containing 0.3 μM TSH. In these experiments adenosine deaminase was not added into the assay buffer. Incubation of trypsinized FRTL-5 cells in suspension with increasing concentrations of [³H]-DPCPX revealed a saturable specific binding (Figure 1). The calculated *K_D* from saturation experiments was 0.19 ± 0.04 nM with a maximal binding (*B_{max}*) of 77 ± 1 fmol per 10⁶ cells (*n* = 6), corresponding to approximately 47,000 binding sites per cell. Non-specific binding was less than 10% of the total binding up to a concentration of 1 nM, i.e. a concentration five times the estimated *K_D*. It was important to determine whether the [³H]-DPCPX associated with the cells could be displaced by a competing receptor ligand. As seen in Figure 2a, addition of 10 μM CHA displaced almost all of the specifically bound radioligand over a 2 h period. Dissociation occurred with a half-time of 20 min. Half-maximal binding in association

studies (Figure 2b) occurred after 4 min. The *K_D* estimated from these kinetic experiments (approximately 0.27 nM) is in good agreement with the equilibrium binding data.

Effects of TSH on [³H]-DPCPX binding

Depletion of TSH from the normal culture medium by 3 days of incubation without TSH decreased the maximal [³H]-DPCPX binding. *B_{max}* decreased by approximately 63%, from 77 ± 1 fmol per 10⁶ cells to 28 ± 4 fmol per 10⁶ cells (*n* = 4, *P* < 0.05), as determined by saturation experiments (results not shown). The *K_D* values were 0.11 ± 0.02 nM in TSH-depleted cells and 0.19 ± 0.04 nM in cells grown in TSH-containing medium.

To investigate the effect of TSH on TSH-depleted cells, i.e. cells grown without TSH for 3 days, the cells were treated with 1 μM TSH for 24 h. After 24 h of incubation with 1 μM TSH the *B_{max}* value for intact cells was 62 ± 9 fmol per 10⁶ cells and the *K_D* was 0.19 ± 0.04 nM (*n* = 4, Figure 3a). The stimulatory effect of TSH on A₁ receptor expression was seen also when [³H]-DPCPX binding was studied in cell membrane preparations (data not shown). The values for *B_{max}* in membranes prepared from TSH-depleted and TSH-treated cells (1 μM TSH for 24 h) were 330 ± 41 fmol mg⁻¹ and 450 ± 76 fmol mg⁻¹, respectively (*n* = 9, *P* < 0.05). In membranes prepared from TSH-depleted cells the *K_D* value was 0.28 ± 0.05 nM and in membranes prepared from TSH-treated cells 0.30 ± 0.04 nM.

The TSH-evoked increase in *B_{max}* was smaller in cell membranes compared to intact cells. In membrane binding studies adenosine deaminase was constantly present in the assay to degrade adenosine generated from ATP released from broken cells. When whole cells were treated with adenosine deaminase (1 u ml⁻¹) in the binding assay (Figure 3b), the *B_{max}* of TSH-depleted cells increased from 28 ± 4 fmol per 10⁶ cells to 45 ± 3 fmol per 10⁶ cells (*n* = 5, *P* < 0.05). The *B_{max}* for TSH-treated cells in the presence of adenosine deaminase (56 ± 4 fmol per 10⁶ cells, *n* = 5) corresponds to that measured in the absence of adenosine deaminase. The TSH-induced increase in [³H]-DPCPX binding (from 45 to 56 fmol per 10⁶ cells, *P* < 0.05) in the presence of adenosine deaminase in the assay is of almost identical magnitude (24%) to that observed in the

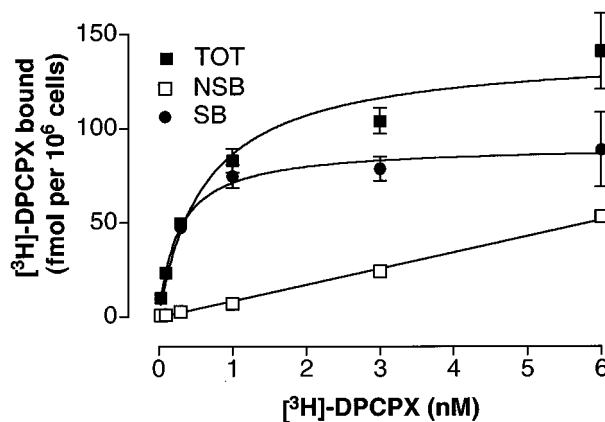


Figure 1 Saturation analysis of [³H]-DPCPX binding to intact FRTL-5 cells in suspension. The experiments were carried out at room temperature for 2 h as described in Methods. The presence and absence of 40 μM CHA was used to determine non-specific (NSB) and total binding (TOT), respectively. Specific binding (SB) was the difference between total and non-specific binding. Data are mean ± s.e.mean from six separate experiments.

membrane preparation (36%). The K_D -values in the presence of adenosine deaminase in the assay were 0.26 ± 0.02 nM in control cells and 0.18 ± 0.02 nM in TSH-treated cells.

If a high concentration of adenosine deaminase (3 u ml^{-1}) was added to the growth medium 72 h before depletion of TSH, and maintained during the experiment (Figure 3c), B_{max} -values (30 ± 2 fmol per 10^6 cells for control and 58 ± 4 fmol per 10^6 cells for TSH-treated cells, $n=3$) were almost identical with the B_{max} -values obtained without adenosine deaminase. On the other hand, the K_D -values were lower; 0.05 ± 0.02 nM in control cells and 0.09 ± 0.03 nM in TSH-treated cells.

The amount of adenosine in the culture medium

Adenosine was found in the culture medium of FRTL-5 cells. The medium obtained from TSH-deprived cells contained significantly higher amounts of adenosine (52 ± 2 nM, $n=3$) compared to medium obtained from TSH-treated cells (16 ± 2 nM, $n=3$). Adenosine deaminase (1 u ml^{-1} for 24 h) effectively removed adenosine from the medium (6 ± 1 nM in

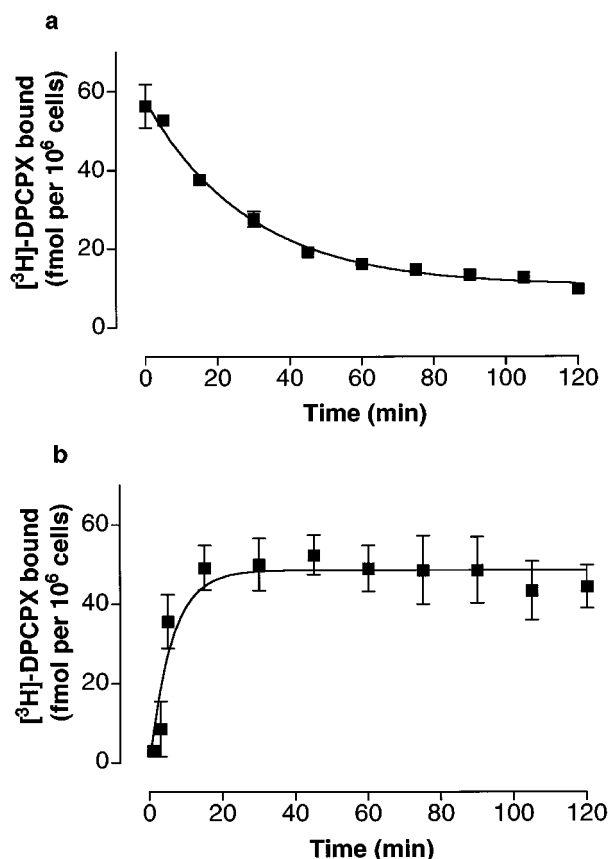


Figure 2 Kinetics of $[^3\text{H}]\text{-DPCPX}$ binding to FRTL-5 cells in suspension. (a) Shows the rate of dissociation of $[^3\text{H}]\text{-DPCPX}$ (1 nM) in FRTL-5 cells in suspension. Dissociation was initiated by addition of $10 \mu\text{M}$ CHA to cells that previously had been incubated with 1 nM $[^3\text{H}]\text{-DPCPX}$ for 2 h. The calculated k_{off} from these experiments was 0.035 min^{-1} . (b) Shows the rate of the specific binding of $[^3\text{H}]\text{-DPCPX}$ (1 nM) in FRTL-5 cells in suspension. The calculated k_{obs} from these experiments was 0.164 min^{-1} with association constant rate (k_{on}) of $0.129 \text{ nM}^{-1} \text{ min}^{-1}$. Using the ratio $k_{\text{off}}/k_{\text{on}}$, the kinetic K_D was calculated to be 0.27 nM. The cells in both experiments were grown to confluence in TSH-containing medium and harvested with trypsin solution. The experiments on the cells in suspension were carried out at room temperature.

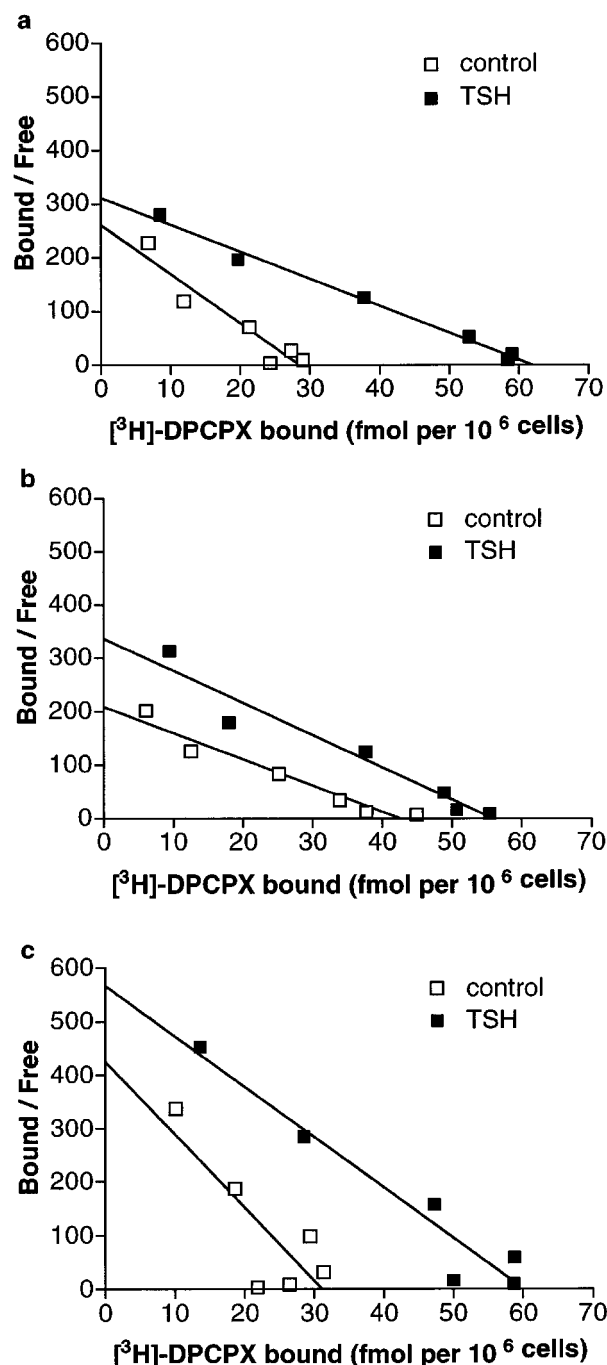


Figure 3 The effect of TSH on $[^3\text{H}]\text{-DPCPX}$ binding in TSH-deprived FRTL-5 cells. The cells were grown without TSH for 3 days and treated with or without 1 u ml^{-1} TSH for 24 h. (a) Binding performed in suspension without adenosine deaminase. Saturation analysis for TSH-treated cells gave a B_{max} value of 62 ± 9 fmol per 10^6 cells compared with 28 ± 4 fmol per 10^6 cells in TSH-depleted control cells ($P < 0.05$). The K_D values did not change (0.19 nM in TSH-treated cells and 0.11 nM in control cells). Data are means from four separate experiments. (b) Binding performed in the presence of 1 u ml^{-1} adenosine deaminase. The values for B_{max} in TSH-depleted control cells and TSH-treated cells were 45 ± 3 fmol per 10^6 cells and 56 ± 4 fmol per 10^6 cells, respectively ($P < 0.05$). The K_D values were 0.26 ± 0.02 nM for control cells and 0.18 ± 0.02 nM for TSH-treated cells. Data are means from five separate experiments. (c) Binding performed on cells grown 7 days in the presence of 3 u ml^{-1} adenosine deaminase. For details, see Methods. The values for B_{max} in TSH-depleted control cells and TSH-treated cells were 30 ± 2 fmol per 10^6 cells and 58 ± 4 fmol per 10^6 cells, respectively ($P < 0.05$). The K_D values were 0.05 ± 0.02 nM for control cells and 0.09 ± 0.03 nM for TSH-treated cells. Data are means from three separate experiments.

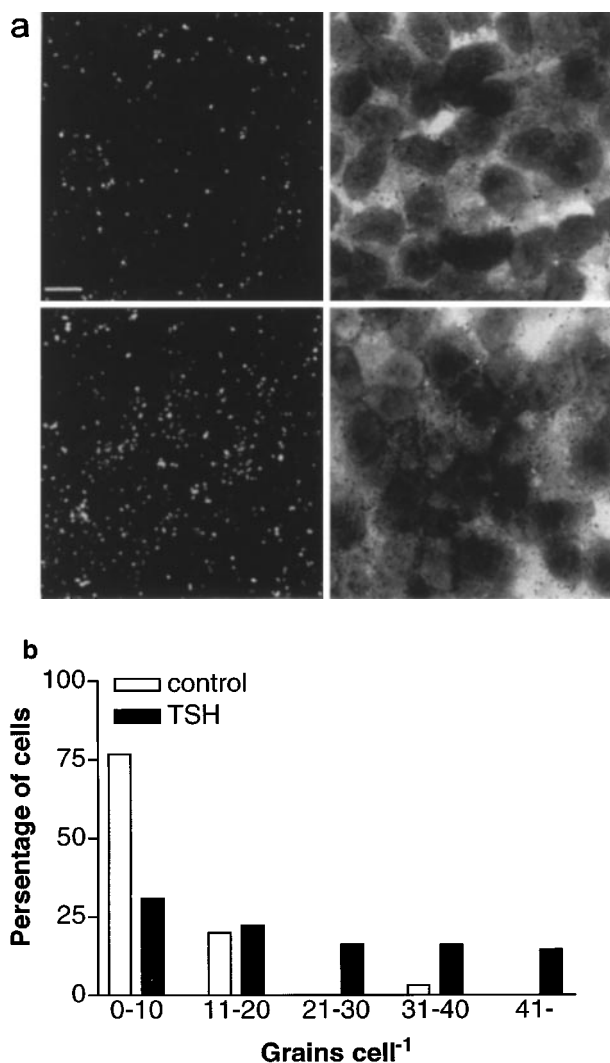


Figure 4 Treatment with TSH ($1 \mu\text{m l}^{-1}$) for 24 h increases the percentage of cells expressing A₁ receptor mRNA. (a). Emulsion autoradiograms showing grains corresponding to A₁ receptor mRNA. Dark field and light field micrographs of control cells (upper row) and TSH-treated cells (lower row). Scale bar corresponds to $10 \mu\text{m}$. (b). The distribution of the number of grains present per cell in TSH-deprived control cells and in TSH-treated cells. The grains were counted in seven different 4-chamber glass slides having control and treated cells on the same slide. Background levels were measured and subtracted in each case. At least 100 cells were counted per treatment. The results are pooled from two different sets of experiments.

adenosine deaminase-treated medium compared to $52 \pm 2 \text{ nM}$ in control, TSH-depleted cells, $n=4$).

Effect of TSH on the A₁-receptor mRNA level

To analyse if the increased [³H]-DPCPX binding after TSH-treatment correlate with the A₁-receptor mRNA level we used *in situ* mRNA hybridization. Micrographs of control (TSH-depleted cells) and TSH-treated cells ($1 \mu\text{m l}^{-1}$ of TSH for 24 h) showed that TSH increased A₁ receptor mRNA labelling (Figure 4a). This was also evident when the number of grains per cell was counted. The TSH-treatment decreased the percentage of cells with low labelling (<10 grains per cell) and increased the percentage of cells with higher grain density (Figure 4b). Background levels were measured and subtracted in each case.

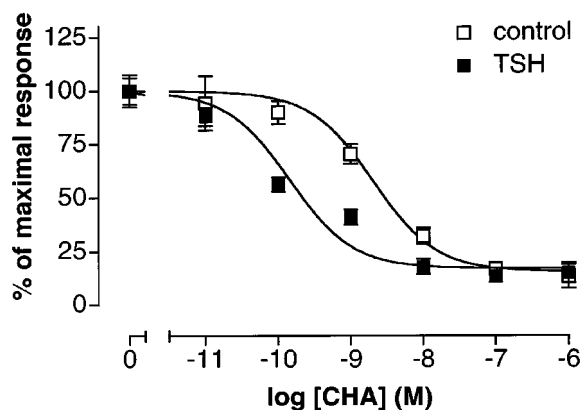


Figure 5 CHA-mediated inhibition of cyclic AMP formation. The figure shows the ability of CHA to inhibit the formation of cyclic AMP induced by $1 \mu\text{M}$ forskolin in TSH-deprived control cells with an IC_{50} of 2.05 nM and in cells constantly grown with $0.3 \mu\text{m l}^{-1}$ TSH with an IC_{50} of 0.14 nM . Forskolin induced a 525% increase in cellular cyclic AMP in TSH-deprived cells and a 425% increase in cells constantly grown with TSH. The basal values were $6.4 \text{ pmol per } 10^6 \text{ cells}$ and $7.7 \text{ pmol per } 10^6 \text{ cells}$, respectively. Data are mean \pm s.e.mean from five separate experiments.

The effect of A₁ receptor number on inhibition of adenylyl cyclase

Adenylyl cyclase was activated by $1 \mu\text{M}$ forskolin both in TSH deprived cells and cells constantly grown in TSH-containing medium. The adenosine A₁ receptor agonist CHA ($10 \text{ pM} - 1 \mu\text{M}$) was used to inhibit the action of forskolin. In cells grown in TSH-containing medium the potency of CHA to inhibit the forskolin-induced cyclic AMP accumulation was increased (Figure 5). The IC_{50} for CHA changed from 2.05 nM ($1.26 - 3.33 \text{ nM}$ 95% confidence interval, $n=5$) in TSH-deprived cells to 0.14 nM ($0.08 - 0.26 \text{ nM}$ 95% confidence interval, $n=5$) in cells grown with TSH ($P < 0.05$). The basal levels of cyclic AMP were; $7.7 \pm 1 \text{ pmol per } 10^6 \text{ cells}$ in cells grown in TSH-containing medium and $6.4 \pm 0.8 \text{ pmol per } 10^6 \text{ cells}$ in cells grown without TSH. In both preparations the maximal $1 \mu\text{M}$ forskolin-induced increase in total cyclic AMP was similar; $40.4 \pm 4 \text{ pmol per } 10^6 \text{ cells}$ in cells grown with TSH and $40.0 \pm 8 \text{ pmol per } 10^6 \text{ cells}$ in cells grown without TSH.

Discussion and conclusions

In order to study the regulation of adenosine A₁ receptors in intact thyroid FRTL-5 cells we have characterized and quantified the receptors using the selective A₁ receptor ligand [³H]-DPCPX (Lohse *et al.*, 1987). We have mostly studied [³H]-DPCPX binding to trypsinized FRTL-5 cells in suspension in the presence or absence of adenosine deaminase and confirmed the key results on membrane preparations. The binding of [³H]-DPCPX to cells in suspension was saturable, reversible and of high affinity. The B_{max} value for cells grown in the presence of TSH corresponds to approximately 47,000 binding sites per cell. This number is lower than the number of A₁ receptors obtained in the DDT₁ MF-2 smooth muscle cell line (110,000 sites per cell) (Gerwins *et al.*, 1990), but roughly of the same magnitude as that reported in cultured rat heart cells (14,000–40,000 sites per cell) (El-Ani *et al.*, 1994; Martens *et al.*, 1988). The previous studies on adenosine A₁ receptors in FRTL-5 cells on monolayer cultures (Frauman & Moses, 1989; Kosugi *et al.*, 1989; Nayfeh *et al.*, 1989; Okajima *et al.*, 1989)

are not strictly comparable to our results due to differences in binding assays.

The present study showed that withdrawal of TSH from the culture medium decreased the number of [³H]-DPCPX binding sites in FRTL-5 cells. Acute stimulation with TSH (1 µM for 24 h) after TSH-depletion increased the receptor number close to that detected in cells constantly grown in the presence of TSH. The effect of acute TSH stimulation was confirmed in membrane preparations isolated from TSH-depleted cells and cells treated with 1 µM TSH for 24 h. The *in situ* labelling of A₁ receptor mRNA showed that TSH was able to increase the level of A₁ receptor mRNA in FRTL-5 cells. These results are in agreement with [³H]-DPCPX binding studies using cells in suspension and membrane preparations, suggesting that new adenosine A₁ receptors were indeed synthesized after TSH stimulation.

Thyrotropin had a smaller effect on A₁ receptor number in the membrane binding assay compared with that in the whole cell assay. When adenosine deaminase (present in membrane binding assay) was added to the whole cell assay buffer, the results were very similar in both assays. This finding, and the adenosine deaminase-evoked increase in B_{max} in the control cells, suggests that part of the TSH-induced increase seen when intact cells were studied could be due to changes in the amount of adenosine competing with [³H]-DPCPX during the binding assay. Indeed, TSH treatment does reduce the levels of adenosine in the medium. However, changes in the levels of adenosine is not the entire explanation for the present findings, since part of the TSH-induced increase occurred also with adenosine deaminase present during the binding assay. Adenosine deaminase is not generally added into the A₁ receptor binding assays on intact FRTL-5 cells (Frauman & Moses, 1989; Kosugi *et al.*, 1989; Okajima *et al.*, 1989). However, in the light of our results endogenous adenosine might interfere with the interpretation of binding data. Thus, the use of adenosine deaminase should be considered also in binding assays made on whole cell preparations.

It may be argued that the effect of TSH is related to a decreased down-regulation of A₁ receptors. A prolonged agonist treatment is known to down-regulate A₁ receptors (Ciruela *et al.*, 1997; Green, 1987; Palmer & Stiles, 1997) and higher concentration of adenosine was found in the culture medium of TSH-depleted cells compared to that found in the culture medium of TSH-treated cells. To avoid the long-term effect of endogenous adenosine on receptor number we treated

the cells with 3 µM adenosine deaminase starting 72 h prior to TSH depletion. Surprisingly, the B_{max}-values were comparable with those obtained without adenosine deaminase. Hence, it can be concluded that changes in medium adenosine does not explain the adaptive changes in A₁ receptor number that are caused by TSH treatment. Instead TSH treatment appears to regulate A₁ receptor expression secondarily to changes in transcription. By contrast, the endogenous agonist can affect receptor number without any changes in receptor mRNA (Johansson *et al.*, 1993).

Our results indicate that TSH up-regulated the number of adenosine A₁ receptors. Activation of adenosine A₁ receptors regulate TSH-mediated cyclic AMP signals *via* inhibition of adenylyl cyclase, thus modifying TSH-mediated responses (Dere & Rapaport, 1986; Moses *et al.*, 1989; Tramontano *et al.*, 1988). We showed that the potency of the A₁ receptor agonist CHA to inhibit cyclic AMP formation induced by forskolin was increased in TSH-treated cells. The leftward shift of the dose response curve to an adenosine analogue as a consequence of an increase in A₁ receptor number is similar to, but larger than, that reported earlier for DDT₁ MF-2 cells treated with a glucocorticoid (Gerwins & Fredholm, 1991). Together these findings show that the functional consequences of the actions of endogenous adenosine acting at A₁ receptors can be strongly affected by changes in receptor number following alterations in the hormonal status.

In summary, we have studied the regulation of A₁ receptors by TSH in FRTL-5 rat thyroid cells. Thyrotropin increased [³H]-DPCPX binding in intact cells, and in membranes prepared from TSH-treated cells. In addition, TSH-treatment increased A₁ receptor mRNA in these cells. As activation of A₁ receptors inhibits TSH-mediated cyclic AMP signalling our results suggest a regulatory feedback mechanism between signalling *via* TSH receptors and adenosine A₁ receptors.

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