

# Cardioprotective efficacy of zoniporide, a potent and selective inhibitor of Na<sup>+</sup>/H<sup>+</sup> exchanger isoform 1, in an experimental model of cardiopulmonary bypass

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**1** We determined (1) the inhibitory potency of zoniporide against the native Na<sup>+</sup>/H<sup>+</sup> exchanger isoform 1 (NHE1) that is expressed in adult rat ventricular myocytes and platelets, and (2) the cardioprotective efficacy of zoniporide in isolated, blood-perfused adult rat hearts subjected to cardioplegic arrest, hypothermic ischaemia (150 min at 25°C) and normothermic reperfusion (60 min at 37°C).

**2** In isolated myocytes, in which NHE1 activity was determined directly by measurement of H<sup>+</sup> efflux rate following intracellular acidification, zoniporide produced a dose-dependent inhibition of such activity (IC<sub>50</sub> 73 nM at 25°C). A comparable NHE1-inhibitory potency was retained at 37°C.

**3** In platelets, in which the rate of cell swelling was used as a surrogate index of NHE1 activity, this was again inhibited by zoniporide (IC<sub>50</sub> 67 nM at 25°C).

**4** In the isolated heart model, administration of zoniporide (loading bolus of 1 mg kg<sup>-1</sup> i.v. plus continuous infusion at 1.98 mg kg<sup>-1</sup> h<sup>-1</sup> i.v.) to the support animal achieved a free plasma drug concentration of ≥ 1 μM. At this dose, zoniporide afforded significant cardioprotective benefit relative to vehicle treatment, with improved preservation of left ventricular end-diastolic and developed pressures and coronary perfusion pressure during reperfusion. Myocardial myeloperoxidase activity was also attenuated by zoniporide treatment, indicating reduced neutrophil accumulation.

**5** These data show that zoniporide (1) is a potent inhibitor of native NHE1 activity in ventricular myocytes and platelets, and (2) affords significant cardioprotective benefit during ischaemia and reperfusion in an experimental model that mimics several distinctive features of human cardioplegic arrest with cardiopulmonary bypass.

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**Keywords:** Na<sup>+</sup>/H<sup>+</sup> exchanger; zoniporide; ischaemia; cardioplegia; cardiopulmonary bypass

**Abbreviations:** CABG, coronary artery bypass graft; CPP, coronary perfusion pressure; cSNARF-1, carboxy-seminaphthorhodafuor-1; EDTA, ethylenediaminetetraacetic acid; GUARDIAN, Guard in Ischemia Against Necrosis; HEPES, N-2-hydroxyethylpiperazine-N'-2-ethanesulphonic acid; HETAB, hexadecyltrimethylammonium bromide; LV, left ventricular; LVDP, left ventricular developed pressure; LVEDP, left ventricular end-diastolic pressure; LVP, left ventricular pressure; LVSP, left ventricular systolic pressure; MPO, myeloperoxidase; NHE, Na<sup>+</sup>/H<sup>+</sup> exchanger; PRP, platelet-rich plasma

## Introduction

There is substantial preclinical evidence that activity of the cardiac sarcolemmal Na<sup>+</sup>/H<sup>+</sup> exchanger (NHE), a membrane glycoprotein that is encoded by the NHE1 gene (Fliegel & Dyck, 1995), contributes significantly to myocardial injury and dysfunction during ischaemia and reperfusion (Avkiran, 1999; Karmazyn *et al.*, 1999). This evidence has led to the clinical development of highly selective pharmacological inhibitors of NHE1, as potential therapeutic agents for cardioprotection in ischaemic heart disease. The results from clinical trials to date have been largely disappointing, probably due, at least in part,

to an inadequate reflection of the preclinical knowledge base in clinical trial design (Avkiran & Marber, 2002). Nevertheless, some encouraging findings have emerged from the Guard in Ischemia Against Necrosis (GUARDIAN) trial (Theroux *et al.*, 2000). Retrospective analysis of data from this trial has revealed that, in a subgroup of high-risk patients who underwent coronary artery bypass graft (CABG) surgery, intravenous treatment with cariporide, a benzoylguanidine NHE1-selective inhibitor, significantly reduced the incidence of death and myocardial infarction (Boyce *et al.*, 2003). Since no significant benefit of treatment was observed in the other patient cohorts included in the GUARDIAN study (Theroux *et al.*, 2000), the reasons behind the apparently selective protection afforded by cariporide in the CABG surgery setting are unclear. Important contributory factors are likely to

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include the unique opportunity in CABG surgery to achieve preischemic treatment with cariporide and to institute timely reperfusion (Avkiran & Marber, 2002), both of which have been demonstrated to be prerequisites to achieve maximum cardioprotective efficacy with NHE1 inhibitors in preclinical studies (Avkiran, 1999; 2001). Other distinctive characteristics of myocardial ischaemia in the surgical setting include the concomitant use of established cardioprotective interventions (such as hypothermia and cardioplegia) and the application of cardiopulmonary bypass, with the attendant inflammatory response that arises from blood contact with synthetic surfaces. Indeed, in the GUARDIAN study, the large majority of the patients who underwent CABG surgery received cardioplegia, mostly under hypothermic conditions, and these patients were maintained on cardiopulmonary bypass for an average duration of around 100 min (Klatte *et al.*, 2001; Boyce *et al.*, 2003).

Zoniporide is a newer pyrazolylguanidine NHE inhibitor; relative to cariporide, it possesses (1) greater potency in inhibiting human NHE1, when expressed exogenously in transfected hamster fibroblasts; and (2) greater selectivity for NHE1 over the NHE2 and NHE3 isoforms (Marala *et al.*, 2002). However, while the potency of cariporide as an inhibitor of the native sarcolemmal NHE that is expressed in myocardial cells has been established under both normothermic and hypothermic conditions (Hoshino & Avkiran, 2001), comparable information is not available for zoniporide. Furthermore, although zoniporide has been shown to protect the myocardium during normothermic ischaemia and reperfusion in several experimental settings (Knight *et al.*, 2001; Tracey *et al.*, 2003), its efficacy in surgically relevant animal models has not been established.

On the basis that myocardial protection during cardiac surgery may provide a viable clinical application for NHE1 inhibitors, we performed the present study with the following principal objectives: (1) To determine the potency of zoniporide as an inhibitor of native sarcolemmal NHE activity in rat ventricular myocytes, under both hypothermic and normothermic conditions. (2) To examine the cardioprotective efficacy of zoniporide in isolated, blood-perfused rat hearts, an experimental model that incorporates several key characteristics of human cardiac surgery with cardiopulmonary bypass, such as extracorporeal circulation, cardioplegic arrest, hypothermic ischaemia, and timely and documented reperfusion.

## Methods

This investigation was performed in accordance with the Home Office Guidance on the Operation of the Animals (Scientific Procedures) Act 1986, published by Her Majesty's Stationery Office, London, and conforms with the Guide for the Care and Use of Laboratory Animals, published by the United States National Institutes of Health (NIH Publication No. 85-23, revised 1996). Zoniporide (CP-597,396; [1-(quinolin-5-yl)-5-cyclopropyl-1*H*-pyrazole-4-carbonyl] guanidine) was provided by Pfizer Inc. and was dissolved in Tyrode's solution (isolated myocyte studies) or saline (isolated heart studies) to obtain the desired concentrations.

## Isolated myocyte studies

Sarcolemmal NHE activity and its inhibition by zoniporide were assessed in ventricular myocytes, essentially as we have described in previous studies (Yasutake *et al.*, 1996; Yokoyama *et al.*, 1998; Gunasegaram *et al.*, 1999; Avkiran & Yokoyama, 2000; Hoshino & Avkiran, 2001; Haworth *et al.*, 2003).

**Isolation of ventricular myocytes** Adult male Wistar rats (Bantin & Kingman Universal Ltd, 200–250 g) were anaesthetised with sodium pentobarbitone (60 mg kg<sup>-1</sup> i.p.) and injected with heparin (1000 IU kg<sup>-1</sup> i.v.), and their hearts were excised for the isolation of ventricular myocytes by enzymatic digestion, as we have described in detail previously (Yasutake *et al.*, 1996).

**Determination of sarcolemmal NHE activity** Intracellular pH (pH<sub>i</sub>) was monitored in single myocytes loaded with the pH-sensitive fluoroprobe carboxy-seminaphthorhodafluor-1 (cSNARF-1), using an established microepifluorescence technique. The myocytes were superfused with bicarbonate-free Tyrode's solution (in mM: NaCl 137, KCl 5.4, CaCl<sub>2</sub> 1.8, MgCl<sub>2</sub> 0.5, *N*-2-hydroxyethylpiperazine-*N'*-2-ethanesulphonic acid (HEPES) 10, and glucose 10; adjusted to pH 7.4 at 25 or 37°C) throughout each experiment, thus enabling the rate of acid efflux ( $J_H$ ), which was calculated from the equation  $J_H = \beta_i dpH_i/dt$  (where  $dpH_i/dt$  is the rate of recovery of pH<sub>i</sub> and  $\beta_i$  is the intrinsic buffering power), to be used as the indicator of sarcolemmal NHE activity.

**Experimental protocol** Myocytes ( $n = 8–10$  per group) were maintained at 25 or 37°C throughout and were subjected to intracellular acidosis by transient (6 min at 25°C and 3 min at 37°C) exposure to 20 mM NH<sub>4</sub>Cl and its subsequent washout for 8 min. The longer exposure to NH<sub>4</sub>Cl at 25°C was necessitated by the higher resting pH<sub>i</sub> and attenuated intracellular acidification that is observed at this temperature (Hoshino & Avkiran, 2001).  $J_H$  values were determined during the first 120 s of recovery from intracellular acidosis. When used, zoniporide (0.001, 0.003, 0.01, 0.03, 0.1, 0.3, or 1.0 μM) was present throughout NH<sub>4</sub>Cl washout.

## Isolated heart studies

The effects of hypothermic cardioplegic arrest and subsequent normothermic reperfusion on myocardial viability and function were assessed, in the absence or presence of zoniporide treatment, using an isolated blood-perfused heart preparation, which we have described in detail previously (Hearse *et al.*, 1999; Sutherland & Hearse, 2000; Clements-Jewery *et al.*, 2002).

**Support rat preparation** Adult male Wistar rats (Bantin & Kingman Universal Ltd, 340–430 g) were anaesthetised with sodium pentobarbitone (60 mg kg<sup>-1</sup> i.p.), and given heparin (1000 IU kg<sup>-1</sup> i.v.). The left femoral artery and right femoral vein were exposed by blunt dissection and cannulated, to enable supply of arterial blood to the perfused donor heart and its return back into the support animal's venous circulation, respectively. An extracorporeal circuit was established, primed with 12 ml of the plasma substitute Gelofusine<sup>®</sup> (B. Braun

Medical Ltd), and maintained for 10 min prior to aortic cannulation of the donor heart. Blood from the arterial limb was passed through a peristaltic pump (Gilson Minipuls 3) and flow was increased gradually over 10 min to a value of  $2.4 \text{ ml min}^{-1}$ . Blood was passed through a steel cannula (for connection of the donor heart) and returned, by gravity, *via* a reservoir and gauze filter to the venous inflow line of the support rat. The support animal was placed supine on a thermostatically controlled surface to maintain a body temperature of  $36\text{--}37^\circ\text{C}$  (monitored by a rectal thermometer), and was allowed to breathe a mixture of 95%  $\text{O}_2/5\%$   $\text{CO}_2$  through a face-mask. Anaesthesia was maintained with sodium pentobarbitone ( $0.6\text{--}3 \text{ mg}$ ) administered every 15 min into the venous reservoir. Gelofusine<sup>®</sup> was added to the extracorporeal circuit to replace fluid loss, when required; this was necessary to maintain venous return and thus minimize changes to the cardiac output and blood pressure of the support animal. The support animal's blood pressure was monitored by means of a pressure transducer attached to the arterial line.

**Isolated heart perfusion** A second male Wistar rat (237–310 g) was then anaesthetised with sodium pentobarbitone ( $60 \text{ mg kg}^{-1}$  i.p.), given heparin ( $1000 \text{ IU kg}^{-1}$  i.v.) and the heart excised for blood perfusion. The aorta was cannulated and perfused in the Langendorff mode with arterial blood at  $37^\circ\text{C}$  at a coronary flow rate of  $2.4 \text{ ml min}^{-1}$ , which maintains stable electrical and mechanical function of the isolated heart (Hearse *et al.*, 1999; Sutherland & Hearse, 2000; Clements-Jewery *et al.*, 2002). After left atrial excision, a collapsed compliant balloon was inserted through the mitral valve into the left ventricle, for the measurement of intraventricular pressure. The balloon was inflated with water to achieve a left ventricular end diastolic pressure (LVEDP) of 4–8 mmHg at baseline, and this balloon volume was maintained thereafter. Hearts were paced *via* the right atrium at  $360 \text{ beats min}^{-1}$  and coronary perfusion pressure (CPP) was monitored *via* a pressure transducer connected to a side arm of the aortic cannula.

**Experimental protocols** In preliminary dose-ranging experiments, support animals received zoniporide as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v. followed by continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. ( $n = 3$ ) or a loading bolus of  $2 \text{ mg kg}^{-1}$  i.v. followed by continuous infusion at  $3.96 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. ( $n = 5$ ). Administration of zoniporide was initiated 10 min after the start of blood circulation through the extracorporeal circuit and blood samples were obtained immediately before and 20 and 80 min after the start of drug administration (the latter two time-points correspond to the onset and 60 min after the onset of ischaemia, respectively, in subsequent experiments), for the following assays: (1) analysis of plasma concentrations of zoniporide and its active metabolite CP-703,160, for which blood was collected into lithium heparin-containing tubes (Becton-Dickinson), centrifuged at  $10,000g$  for 10 min, and the supernatant stored at  $-20^\circ\text{C}$  until subsequent analysis by liquid chromatography and tandem mass spectrometry. (2) Determination of the NHE1-inhibitory efficacy of the relevant concentrations by application of the platelet swelling assay (see below), for which blood was collected into potassium ethylenediaminetetraacetic acid (EDTA)-containing tubes (Becton-Dickinson) and used within 4 h.

In subsequent ischaemia/reperfusion experiments, isolated hearts were perfused with arterial blood for an initial 10 min period, during which atrial pacing and the baseline LVEDP were established. Hearts were then randomized, in a blinded manner, to one of two groups ( $n = 10$  per group). In the drug treatment group, zoniporide was administered as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v. followed by continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. thereafter. In the control group, an equivalent volume of saline ( $0.9\%$   $\text{NaCl w v}^{-1}$ ) was given as a bolus followed by continuous infusion. In both groups, 20 min after the start of drug/vehicle administration, the arterial inflow was diverted away from the aortic cannula to bypass the isolated heart, which was then perfused with St Thomas' Hospital No. 2 cardioplegic solution (in mM:  $\text{NaCl}$  110,  $\text{KCl}$  16,  $\text{MgCl}_2$  16,  $\text{CaCl}_2$  1.2 and  $\text{NaHCO}_3$  10; pH 7.8 at  $25^\circ\text{C}$ ) for 2 min, at a perfusion pressure of 45 mmHg. During cardioplegia infusion, the coronary effluent was collected and its volume was noted. The heart was then immersed in a chamber filled with the cardioplegic solution ( $25^\circ\text{C}$ ) and global ischaemia maintained for 150 min. At the end of the ischaemic period, coronary reperfusion with arterial blood at  $37^\circ\text{C}$  was initiated and maintained for a further 60 min. Left ventricular pressure (LVP) and CPP were monitored throughout the protocol, at the end of which the heart was snap-frozen in liquid  $\text{N}_2$  for subsequent measurement of tissue myeloperoxidase (MPO) activity.

In all experiments, blood samples were collected from the arterial limb of the extracorporeal circuit prior to connection of the donor heart to the circuit, at the onset of ischaemia, 60 min after the onset of ischaemia and at the end of reperfusion, for analysis of  $P_{\text{O}_2}$ ,  $P_{\text{CO}_2}$ , pH, haematocrit and electrolyte levels, using a Stat Profile 9 Blood Gas Analyser (Nova Biomedical). Additionally, blood samples collected at the onset and 60 min after the onset of ischaemia were again used for determination of the plasma concentrations of zoniporide and its active metabolite CP-703,160.

#### MPO Assay

MPO (MPO) activity in myocardial tissue samples was measured, as an index of neutrophil accumulation, using methodology that we have described in detail previously (Clements-Jewery *et al.*, 2002). In brief, the tissue samples were homogenized in 0.5% hexadecyltrimethylammonium bromide (HETAB) in 50 mM potassium phosphate buffer (pH 6), in the ratio 1 ml HETAB/100 mg tissue. The homogenate was then centrifuged at  $13,000g$  for 20 min at  $4^\circ\text{C}$  and the protein concentration in the supernatant was determined using the bicinchoninic acid method. To measure supernatant MPO activity,  $50 \mu\text{l}$  of each sample was added to  $50 \mu\text{l}$  of *o*-dianisidine dihydrochloride (0.025% in phosphate buffer with 0.5% HETAB) in a 96-well plate. The reaction was started by addition of  $50 \mu\text{l}$  of 0.01% hydrogen peroxide and the increase in optical density at 510 nm was measured over 3 min, using a microplate reader (Molecular Devices). MPO activity was quantified by reference to a standard curve, established using serial dilutions of a commercially available preparation of human neutrophil MPO (Sigma), and expressed as mU/mg protein.

### Platelet swelling assay

We determined the effect of zoniporide (added *in vitro* or administered to the support animal, as described above) on platelet swelling, essentially as described previously (Knight *et al.*, 2001). Whole blood in potassium EDTA-containing tubes was centrifuged at 150 *g* for 10 min at room temperature, and platelet-rich plasma (PRP) that comprised the upper two-thirds of the plasma layer was used for the assessment of platelet swelling. Propionate medium (in mM: sodium propionate 140, HEPES 20, glucose 10, KCl 5, MgCl<sub>2</sub> 1 and CaCl<sub>2</sub> 1; pH 6.7) was placed in the wells of a 96-well plate, to which samples of PRP were subsequently added. The reduction in optical density at 680 nm was measured over 5 min using a microplate reader (Molecular Devices) and the rate constant calculated from the initial slope was used as the surrogate index for platelet NHE1 activity. When added *in vitro*, zoniporide was present in the propionate medium at concentrations ranging from 0.001 to 1  $\mu$ M.

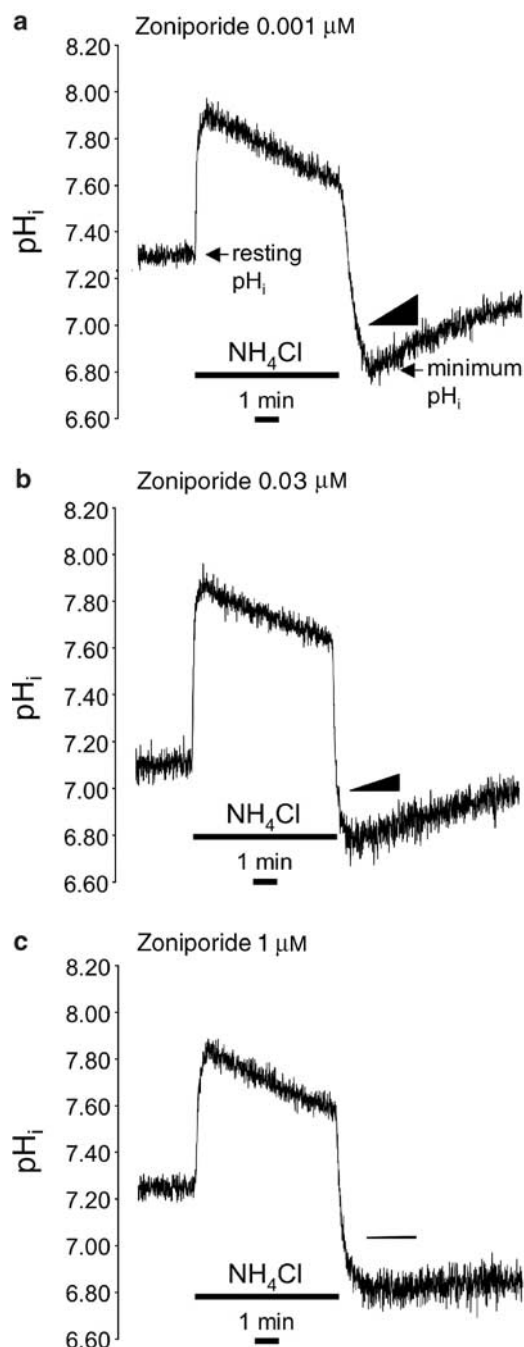
### Statistical analysis

Data are expressed as mean  $\pm$  s.e.m. Experiments in isolated myocytes were carried out in a randomized manner, such that a random selection of zoniporide concentrations were studied on any given day. Experiments in the blood-perfused heart model (including the determination of plasma drug concentrations) were carried out in a randomized and blinded manner, such that the operator was unaware of the nature of treatment (zoniporide or vehicle). For multigroup comparisons of data, analysis of variance followed by Dunnett's test (for comparisons of treatment groups with a control group) or the Bonferroni *t*-test (for comparisons of each group with every other) was used. For comparisons between a treatment group and a control group, the unpaired *t*-test was used.  $P < 0.05$  was considered significant. Dose–response curves and IC<sub>50</sub> values were obtained by nonlinear regression analysis, using GraphPad Prism 4 software.

## Results

### NHE1 inhibitory potency of zoniporide

We determined the potency of zoniporide as an inhibitor of the native NHE1 expressed in two different adult rat cell types, namely ventricular myocytes (believed to be the main target of NHE1 inhibitors in producing their cardioprotective effects) and platelets. Figure 1 shows representative recordings of pHi in three individual ventricular myocytes maintained at 25°C and subjected to intracellular acidosis by transient exposure to NH<sub>4</sub>Cl, in the presence of different concentrations of zoniporide during NH<sub>4</sub>Cl washout. There was no significant difference between groups in resting pHi (7.27  $\pm$  0.06, 7.27  $\pm$  0.05, 7.28  $\pm$  0.05, 7.21  $\pm$  0.05, 7.27  $\pm$  0.05, 7.21  $\pm$  0.05 and 7.27  $\pm$  0.04, in the groups that received 0.001, 0.003, 0.01, 0.03, 0.1, 0.3 or 1.0  $\mu$ M zoniporide, respectively) or the extent of intracellular acidosis (minimum pHi) achieved upon NH<sub>4</sub>Cl washout (6.85  $\pm$  0.04, 6.90  $\pm$  0.03, 6.84  $\pm$  0.04, 6.80  $\pm$  0.05, 6.77  $\pm$  0.04, 6.78  $\pm$  0.03 and 6.81  $\pm$  0.04, in the groups that received 0.001, 0.003, 0.01, 0.03, 0.1, 0.3 or 1.0  $\mu$ M zoniporide, respectively). As is apparent in the



**Figure 1** Representative recordings of intracellular pH (pHi) in single adult rat ventricular myocytes subjected to intracellular acidosis by transient (6 min) exposure to 20 mM NH<sub>4</sub>Cl at 25°C. The recordings are from myocytes that were exposed to zoniporide at (a) 0.001  $\mu$ M, (b) 0.03  $\mu$ M or (c) 1  $\mu$ M, during NH<sub>4</sub>Cl washout. In (a), the points at which resting pHi and minimum pHi were measured are also indicated. The slopes of the triangles in each panel illustrate the initial rates of pHi recovery (dpHi/dt).

recordings shown in Figure 1, zoniporide produced a dose-dependent reduction in the rate of pHi recovery from intracellular acidosis in ventricular myocytes. Figure 2a illustrates  $J_H$ , a direct indicator of sarcolemmal NHE activity in the bicarbonate-free conditions employed in the present study (Yasutake *et al.*, 1996), in seven groups of myocytes ( $n = 8$ –10 per group) that were exposed to 0.001–1  $\mu$ M

zoniporide during recovery from intracellular acidosis. Zoniporide produced a dose-dependent inhibition of sarcolemmal NHE activity at 25°C, with an  $IC_{50}$  of 73 nM. To confirm that zoniporide inhibits sarcolemmal NHE activity with similar potency under normothermic conditions, in additional experiments we determined the effects of a limited range of concentrations (0.01, 0.1 and 1  $\mu$ M) on  $J_H$  in ventricular myocytes ( $n = 10$  per group) that were maintained at 37°C. As predicted from our previous work (Hoshino & Avkiran, 2001),  $J_H$  values were greater at the normothermic temperature; once again,  $J_H$  was not significantly inhibited by 0.01  $\mu$ M zoniporide ( $4.73 \pm 0.85$  mM min<sup>-1</sup>) but was reduced by around 57% (to  $2.04 \pm 0.49$  mM min<sup>-1</sup>) by 0.1  $\mu$ M zoniporide and by around 82% (to  $0.84 \pm 0.21$  mM min<sup>-1</sup>) by 1  $\mu$ M zoniporide. Figure 2b illustrates the effects of zoniporide on the rate constant of platelet swelling in propionate medium, an established

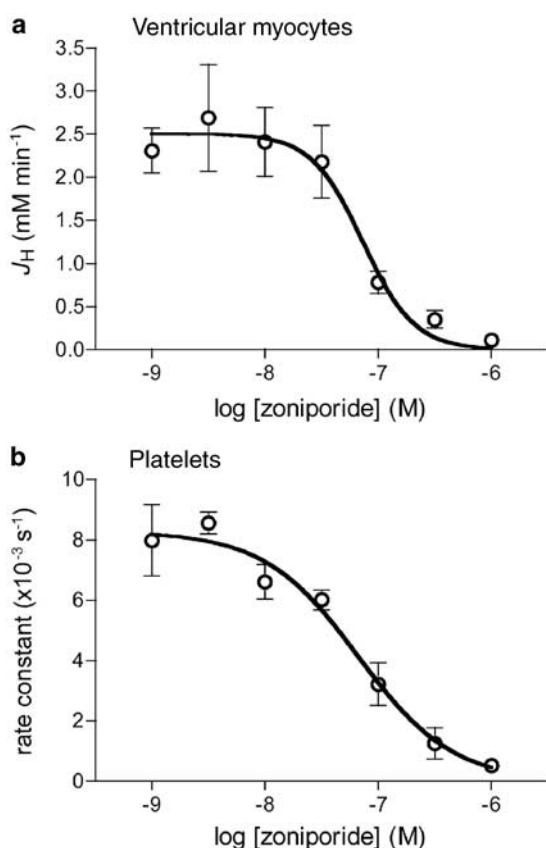
surrogate index of NHE1 activity in this cell type (Roskopf *et al.*, 1991); in this assay also, zoniporide exerted a dose-dependent inhibitory effect, with an  $IC_{50}$  of 67 nM. These findings confirm that zoniporide is a potent inhibitor of native NHE1 activity in rat ventricular myocytes (at both hypothermic and normothermic temperatures) and platelets, and indicate that a free plasma concentration of  $\geq 1$   $\mu$ M should be targeted in subsequent experiments, in order to achieve effective inhibition of NHE1 activity in both the perfused myocardium and circulatory cells.

#### Preliminary dose-ranging study in cardiopulmonary bypass model

In order to determine the optimal dosing schedule to achieve an effective plasma drug concentration, in initial experiments we administered zoniporide as either a loading bolus of 1 mg kg<sup>-1</sup> i.v. followed by continuous infusion at 1.98 mg kg<sup>-1</sup> h<sup>-1</sup> i.v. ( $n = 3$ ) or a loading bolus of 2 mg kg<sup>-1</sup> i.v. followed by continuous infusion at 3.96 mg kg<sup>-1</sup> h<sup>-1</sup> i.v. ( $n = 5$ ). Table 1 shows the plasma concentrations of zoniporide and its active metabolite CP-703,160 at 20 and 80 min after the start of drug administration. With the lower dose, the total plasma concentration of active drug (i.e. zoniporide plus CP-703,160) was approximately 2.2  $\mu$ M after 20 min and 2.6  $\mu$ M after 80 min. Similarly, with the higher dose, the total plasma concentration of active drug was approximately 3.0  $\mu$ M after 20 min and 4.0  $\mu$ M after 80 min. Since plasma protein binding in the rat amounts to 54% (Tracey *et al.*, 2003), with the lower dose, the above values translate into free active drug concentrations of approximately 1.0 and 1.2  $\mu$ M, respectively, at 20 and 80 min after the start of administration of zoniporide. Such concentrations should be sufficient to afford effective inhibition of NHE1 activity, as indicated by our studies in rat ventricular myocytes and platelets with *in vitro* addition of zoniporide (see above). Indeed, the platelet swelling assay, carried out using blood obtained before and 20 and 80 min after the start of zoniporide administration, revealed a significant reduction in the rate constant (Figure 3), which is consistent with an effective NHE1-inhibitory concentration being achieved in the circulation with either dosing schedule. On the basis of these studies, we selected the dose of 1 mg kg<sup>-1</sup> i.v. loading bolus followed by continuous infusion at 1.98 mg kg<sup>-1</sup> h<sup>-1</sup> i.v. for use in our efficacy study, which was designed to assess the cardioprotective efficacy of zoniporide.

#### Cardioprotective efficacy of zoniporide

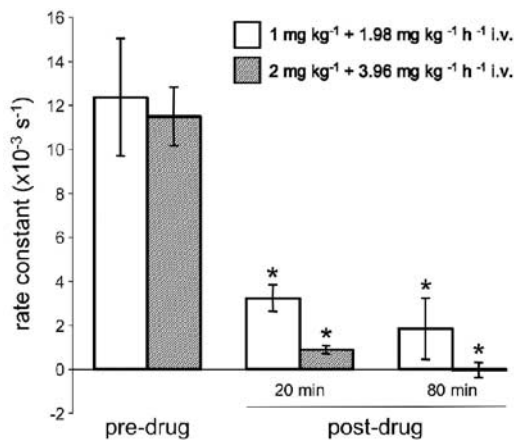
Table 2 shows basal values for functional parameters in the isolated heart, haemodynamic parameters in the support rat and biochemical parameters in arterial blood. There was no significant difference between the two groups in any of these parameters. Indeed, the values for parameters related to support rat haemodynamics and blood biochemistry did not



**Figure 2** Dose-response curves for the inhibition by zoniporide of native NHE1 activity in (a) adult rat ventricular myocytes ( $n = 8-10$  cells per concentration) and (b) adult rat platelets ( $n = 3$  separate assays). In myocytes, the rate of  $H^+$  efflux ( $J_H$ ) following intracellular acidification was used as a direct index of NHE1 activity. In platelets, the rate of cell swelling in propionate medium was used as a surrogate index of NHE1 activity. The  $IC_{50}$  values were 73 nM in (a) and 67 nM in (b).

**Table 1** Plasma concentrations of zoniporide and CP-703,160 in the dose-ranging study

Dosing protocol	n	Zoniporide ( $\mu$ M)		CP-703,160 ( $\mu$ M)	
		20 min	80 min	20 min	80 min
1 mg kg <sup>-1</sup> + 1.98 mg kg <sup>-1</sup> h <sup>-1</sup> i.v.	3	2.01 $\pm$ 0.06	2.13 $\pm$ 0.11	0.21 $\pm$ 0.03	0.46 $\pm$ 0.04
2 mg kg <sup>-1</sup> + 3.96 mg kg <sup>-1</sup> h <sup>-1</sup> i.v.	5	2.63 $\pm$ 0.30	3.20 $\pm$ 0.16	0.37 $\pm$ 0.04	0.72 $\pm$ 0.08



**Figure 3** The rate of swelling in propionate medium, used as a surrogate index of NHE1 activity, in platelet samples obtained before (pre-drug) and 20 and 80 min after (post-drug) the start of zoniporide administration to the support animal, as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v. plus continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. ( $n=3$ ) or as a loading bolus of  $2 \text{ mg kg}^{-1}$  i.v. plus continuous infusion at  $3.96 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. ( $n=5$ ). \* $P < 0.05$  versus pre-drug.

**Table 2** Basal values for functional, haemodynamic and biochemical parameters in the isolated heart, support rat and arterial blood

Parameter	Experimental group	
	Control ( $n=10$ )	Zoniporide ( $n=10$ )
<i>Isolated heart</i>		
CPP (mmHg)	$89 \pm 4$	$95 \pm 6$
LVEDP (mmHg)	$5 \pm 0$	$5 \pm 0$
LVSP (mmHg)	$149 \pm 5$	$149 \pm 4$
LVDP (mmHg)	$144 \pm 4$	$145 \pm 4$
<i>Support animal</i>		
Arterial systolic BP (mmHg)	$104 \pm 3$	$109 \pm 4$
Arterial diastolic BP (mmHg)	$84 \pm 3$	$86 \pm 4$
Heart rate (beats $\text{min}^{-1}$ )	$385 \pm 9$	$398 \pm 7$
<i>Arterial blood</i>		
pH	$7.37 \pm 0.02$	$7.39 \pm 0.03$
$P_{\text{O}_2}$ (mmHg)	$204 \pm 15$	$204 \pm 11$
$P_{\text{CO}_2}$ (mmHg)	$48 \pm 3$	$47 \pm 2$
$[\text{K}^+]$ (mM)	$4.2 \pm 0.1$	$4.3 \pm 0.1$
$[\text{Na}^+]$ (mM)	$145 \pm 1$	$146 \pm 1$
Haematocrit (%)	$32 \pm 1$	$30 \pm 1$

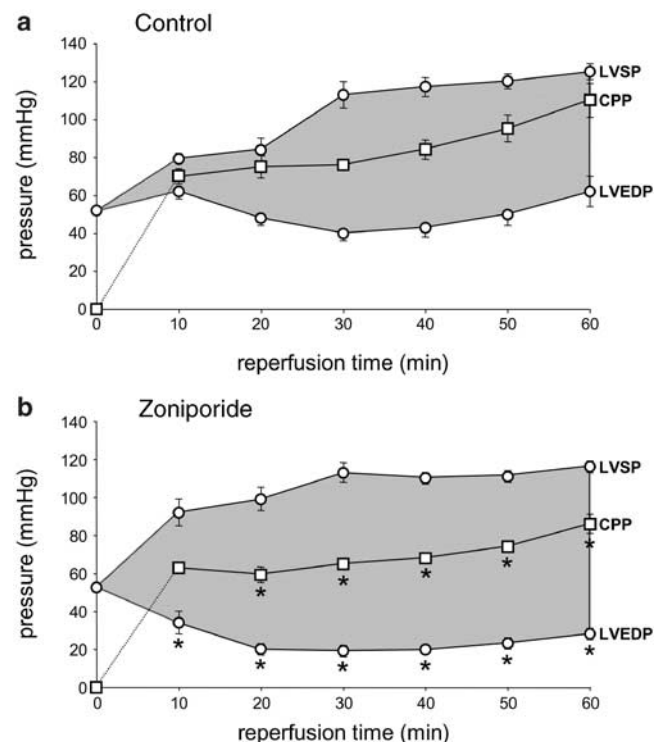
The values for basal parameters were noted either immediately before (isolated heart function; support rat haemodynamics) or immediately after (blood biochemistry) cardioplegic arrest of the isolated heart.

differ significantly between the groups throughout the experimental protocol.

During perfusion with hypothermic ( $25^\circ\text{C}$ ) cardioplegic solution (2 min at a perfusion pressure of 45 mmHg), an identical volume ( $14 \pm 1 \text{ ml}$ ) was delivered to hearts in the control group and those in the zoniporide group. Cardioplegia produced a rapid arrest of mechanical activity in both groups. During the subsequent 150 min period of hypothermic ( $25^\circ\text{C}$ ) zero-flow global ischaemia, both groups of hearts developed ischaemic contracture. There was no significant difference

between the groups in the time-to-peak contracture ( $114 \pm 8$  min in the control group;  $128 \pm 8$  min in the zoniporide group) or the magnitude of the peak contracture ( $55 \pm 2$  mmHg in both groups). LV pressure remained comparable in the two groups at the end of the ischaemic period (0 min time-point in Figure 4).

Figure 4 also profiles the changes in LV pressure (LVEDP and LVSP) and CPP that occurred during normothermic reperfusion, in the control group (Figure 4a) and the zoniporide group (Figure 4b). The most striking difference between the groups was in LVEDP, which was significantly lower in the zoniporide group throughout reperfusion. Interestingly, LVEDP tended to increase during the latter part (40–60 min) of the reperfusion period in both groups, albeit to a markedly smaller extent in the zoniporide group. There was no significant difference between the groups in LVSP during reperfusion and, after the first 20 min of reperfusion, LVSP was maintained at a relatively stable and comparable level in both groups. CPP was maintained at a significantly lower level throughout most of the reperfusion period in the zoniporide group, but tended to increase in both groups during the latter part (40–60 min) of reperfusion. This increase was smaller in the zoniporide group, such that, between 10 and 60 min of reperfusion, CPP increased by  $23 \pm 4$  mmHg in this group but by  $40 \pm 6$  mmHg in the control group ( $P < 0.05$ ).

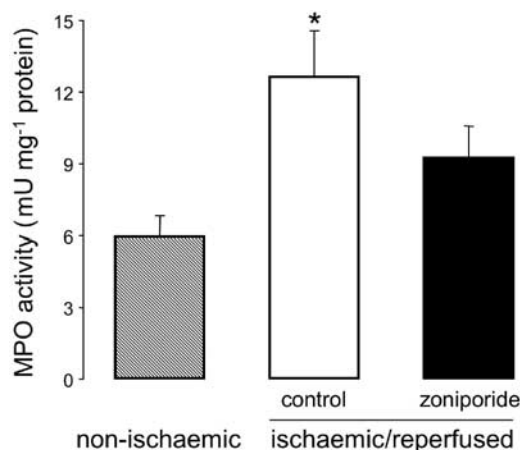


**Figure 4** The temporal profiles of LVEDP, LVSP and CPP, during 60 min of reperfusion of isolated rat hearts subjected to cardioplegic arrest and hypothermic ischaemia (150 min at  $25^\circ\text{C}$ ). The shaded area indicates left ventricular developed pressure. The data are from (a) the control group ( $n=10$  hearts), in which the support animals received vehicle (saline), and (b) the zoniporide group ( $n=10$  hearts), in which the support animals received zoniporide as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v. plus continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. \* $P < 0.05$  versus control at corresponding time-point.

Table 3 Plasma concentrations of zoniporide and CP-703,160 in the efficacy study

Group	n	Zoniporide ( $\mu\text{M}$ )		CP-703,160 ( $\mu\text{M}$ )	
		20 min	80 min	20 min	80 min
Control	10	<LLOQ	<LLOQ	<LLOQ	<LLOQ
Zoniporide	10	$1.67 \pm 0.17$	$2.06 \pm 0.14$	$0.29 \pm 0.04$	$0.66 \pm 0.08$

In the zoniporide group, the drug was administered as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v., followed by continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v.; in the control group, an equivalent volume of vehicle (saline) was administered. <LLOQ: less than the lower limit of quantitation ( $0.03 \mu\text{M}$ ).



**Figure 5** Myocardial MPO activity in nonischaemic hearts and in hearts subjected to cardioplegic arrest, hypothermic ischaemia (150 min at  $25^\circ\text{C}$ ) and normothermic reperfusion (60 min at  $37^\circ\text{C}$ ), with the administration of vehicle (control) or zoniporide (zoniporide) to the support animal. When used, zoniporide was administered as a loading bolus of  $1 \text{ mg kg}^{-1}$  i.v., followed by continuous infusion at  $1.98 \text{ mg kg}^{-1} \text{ h}^{-1}$  i.v. \* $P < 0.05$  versus nonischaemic ( $n = 6$ –10 hearts per group).

The shaded area in Figure 4 illustrates left ventricular developed pressure (LVDP) (i.e. the difference between LVSP and LVEDP); this recovered faster in the zoniporide group, such that at 10 min of reperfusion the recovery of LVDP (relative to its preischaemic value) measured  $40 \pm 9\%$  in the zoniporide group but only  $12 \pm 3\%$  in the control group ( $P < 0.05$ ). The extent of the recovery of LVDP was also enhanced in the zoniporide group, such that at the end of the reperfusion period this measured  $61 \pm 3\%$  in the zoniporide group but only  $43 \pm 5\%$  in the control group ( $P < 0.05$ ).

Consistent with the functional benefits observed with zoniporide treatment, analysis of plasma samples obtained 20 and 80 min after the start of treatment (i.e. at the onset and 60 min after the onset of ischaemia) confirmed that the targeted free drug concentrations had indeed been achieved in the circulation (Table 3). As expected, neither zoniporide nor CP-703,160 could be detected in the plasma samples obtained from the control group at identical time-points (Table 3).

Figure 5 illustrates MPO activity in myocardial samples obtained at the end of the reperfusion period from the control and zoniporide groups; for comparison, MPO activity in nonischaemic myocardial samples (which were obtained from additional rats) is also shown. Relative to the nonischaemic

samples, MPO activity was elevated in both groups of hearts subjected to *in vitro* blood perfusion and the ischaemia/reperfusion protocol, and there was no significant difference in MPO activity between these two groups. However, the difference from the non-ischaemic group was statistically significant only for the control group, indicating that treatment with zoniporide partially attenuated the increase in myocardial MPO activity that occurred during the experimental protocol.

## Discussion

The present study has shown, for the first time, that zoniporide is a potent inhibitor of sarcolemmal NHE activity in isolated rat ventricular myocytes, under both hypothermic and normothermic conditions. These findings are consistent with our previous data with cariporide, which was found to inhibit the sarcolemmal NHE with comparable potency at both  $25$  and  $37^\circ\text{C}$  (Hoshino & Avkiran, 2001). Comparison of the  $\text{IC}_{50}$  values obtained in the present study and in our previous work with cariporide (Hoshino & Avkiran, 2001) under similar assay conditions reveals that zoniporide ( $\text{IC}_{50}$   $73 \text{ nM}$  at  $25^\circ\text{C}$ ) is more potent than cariporide ( $\text{IC}_{50}$   $130 \text{ nM}$  at  $25^\circ\text{C}$ ) as an inhibitor of native sarcolemmal NHE activity in rat ventricular myocytes. Notably, the  $\text{IC}_{50}$  value for zoniporide that we have obtained in the present study is markedly greater than the  $\text{IC}_{50}$  value of  $14 \text{ nM}$  previously reported for the inhibition of human NHE1, expressed exogenously in transfected hamster fibroblasts (Marala *et al.*, 2002). This difference is likely to have arisen from differences in assay conditions, in particular the extracellular  $\text{Na}^+$  concentration, rather than a species difference in the affinity of zoniporide for NHE1. In this context, it is worth noting that (1) the rate of  $^{22}\text{Na}^+$  uptake, the index of NHE activity in the fibroblast assay, is commonly measured in the presence of a trace amount of extracellular  $\text{Na}^+$  (Marala *et al.*, 2002), and (2) extracellular  $\text{Na}^+$  is known to antagonize competitively the binding of benzoylguanidine inhibitors, such as HOE-694, cariporide and eniporide, to NHE1 (Baumgarth *et al.*, 1998). Indeed, in guinea pig ventricular myocytes, the  $\text{IC}_{50}$  for HOE-694 has been estimated to be approximately 16-fold greater in the presence of an extracellular  $\text{Na}^+$  concentration of  $150 \text{ mM}$ , relative to the value obtained in the virtual absence of extracellular  $\text{Na}^+$  (Loh *et al.*, 1996).

We have additionally determined the potency of zoniporide in rat platelets, by determining their rate of swelling in propionate medium, which is an established surrogate index of NHE1 activity in this cell type (Roszkopf *et al.*, 1991). The  $\text{IC}_{50}$  value that we obtained ( $67 \text{ nM}$ ) is very similar to the  $\text{IC}_{50}$  value reported previously in human platelets ( $59 \text{ nM}$ ), using an identical assay (Marala *et al.*, 2002). This observation suggests that zoniporide does indeed inhibit NHE1 activity with similar potency in rats and humans.

Having established the inhibitory potency of zoniporide against the native NHE1 that is expressed in rat ventricular myocytes and platelets, we next determined the cardioprotective efficacy of this agent in isolated, blood-perfused rat hearts, using a dose that was selected rationally, on the basis of preliminary dose-ranging experiments with analysis of plasma drug concentrations. In this work, zoniporide was found to afford significant cardioprotective benefit, with improved

preservation of diastolic and systolic left ventricular function, as reflected by the recoveries of LVEDP and LVDP, respectively, during reperfusion. Zoniporide treatment also improved the preservation of vascular function, with a significantly lower CPP during most of the reperfusion period. Although our findings clearly establish the cardioprotective efficacy of zoniporide treatment in this model of cardiopulmonary bypass, they do not allow delineation of the relative contributions of reduced stunning *versus* reduced infarction to the observed functional benefit. In this context, previous work in other models of ischaemia and reperfusion has shown that zoniporide treatment can attenuate myocardial stunning as well as limiting infarct size (Tracey *et al.*, 2003).

In the vast majority of previous preclinical studies that have investigated the cardioprotective efficacy of NHE1 inhibitors, hearts have been subjected to ischaemia and reperfusion under normothermic conditions, to mimic the situation during acute coronary occlusion and nonsurgical revascularization in patients with coronary artery disease. In a recent study, however, Muraki *et al.* (2003) have investigated the effects of cariporide, used as a cardioplegia supplement, in a model of surgical reperfusion after acute coronary occlusion, in which global hypothermic ischaemia was superimposed on antecedent regional normothermic ischaemia. Additionally, a limited number of studies (Myers & Karmazyn, 1996; Shipolini *et al.*, 1997; Yamauchi *et al.*, 1997; Cox *et al.*, 2002) have employed global hypothermic ischaemia alone, as encountered more commonly during nonemergency cardiac surgery, and have used NHE1 inhibitors as an adjunct or additive to established surgical cardioprotection techniques such as hyperkalaemic hypothermic cardioplegia. For example, our laboratory was the first to show that, in isolated rat hearts perfused with crystalloid solution, cariporide (used as an additive or adjunct to cardioplegia) provided additional cardioprotective benefit under the conditions of moderate hypothermia that are encountered during routine cardiac surgery (Shipolini *et al.*, 1997). The present study is the first examination of the cardioprotective efficacy of zoniporide in a surgically relevant model and extends the findings of our previous work with cariporide, by showing that zoniporide provides significant cardioprotective benefit in blood-perfused hearts that are subjected to cardioplegic arrest and hypothermic ischaemia. Notably, in the present study, zoniporide was administered intravenously to the support animal, which mimics the mode of administration that has been used in the clinical examination of the cardioprotective efficacy of cariporide in patients undergoing CABG surgery (Boyce *et al.*, 2003). The significant protection afforded by zoniporide in our model suggests that it may be possible to test the cardioprotective efficacy of intravenous administration of zoniporide in patients undergoing cardiac surgery, without any formulation concerns that may arise if this agent were to be used as an additive to the myriad of cardioplegic solutions that are currently in surgical use.

In relation to the potential application of NHE1 inhibitors for surgical myocardial protection, the maintained cardioprotective efficacy of zoniporide and cariporide under hypothermic conditions distinguishes these agents from other ion transport inhibitors, such as L-type calcium channel blockers. In this context, unlike zoniporide (present study) and cariporide (Shipolini *et al.*, 1997), verapamil (Hearse *et al.*, 1984) and nifedipine (Fukunami & Hearse, 1985) have been

shown to provide no significant cardioprotective benefit over and above that afforded by hyperkalaemic cardioplegia in isolated rat hearts under conditions of moderate hypothermia, although both calcium channel blockers were effective at temperatures  $>30^{\circ}\text{C}$ .

The principal mechanism by which NHE1 inhibitors are thought to afford protection during myocardial ischaemia and reperfusion is through the attenuation of intracellular  $\text{Na}^+$  and  $\text{Ca}^{2+}$  overload in cardiac myocytes (Avkiran, 2001). Nevertheless, the potential contribution of additional mechanisms, such as an altered neutrophil–endothelium interaction, cannot be precluded. Indeed, cariporide has been shown to inhibit the endothelial expression of intracellular adhesion molecule-1 during hypoxia and reoxygenation *in vitro* (Hattori *et al.*, 2001) and to attenuate the myocardial accumulation of neutrophils during ischaemia and reperfusion *in vivo* (Gumina *et al.*, 2000; Castella *et al.*, 2002; Muraki *et al.*, 2003). By design, the experimental model that we have used in the present study mimics the inflammatory response to extracorporeal blood circulation that is characteristic of cardiopulmonary bypass (Asimakopoulos & Taylor, 1998) and is associated with marked myocardial neutrophil accumulation (Clements-Jewery *et al.*, 2002). We have found that the increase in myocardial MPO activity, measured at the end of the reperfusion period, was partially attenuated in the zoniporide group, indicating reduced myocardial neutrophil accumulation during the experimental protocol. Myocardial neutrophil accumulation has previously been associated with marked increases in coronary vascular resistance and LVEDP during reperfusion of isolated rat hearts subjected to normothermic ischaemia, with a marked functional benefit afforded by a monoclonal antibody against the neutrophil adhesion molecule CD-18 (Lefer *et al.*, 1993). It is possible therefore that, in the present study, myocardial neutrophil accumulation contributed to vascular and contractile dysfunction (in particular, the increases in CPP and LVEDP during reperfusion) and that the attenuation of such accumulation was mechanistically involved in the cardioprotective benefit observed with zoniporide treatment. The concordant effects of zoniporide (present study) and cariporide (Gumina *et al.*, 2000; Castella *et al.*, 2002; Muraki *et al.*, 2003) on myocardial neutrophil accumulation following ischaemia and reperfusion suggest that these effects arose from NHE1 inhibition, rather than from a non-specific effect of either drug. It is not clear, however, whether the zoniporide-induced reduction in myocardial neutrophil accumulation arose from the inhibition of NHE1 activity in cellular components within the ischaemic/perfused myocardium (e.g. myocytes, endothelial cells) or those in the circulation (e.g. neutrophils). Furthermore, the possibility that reduced neutrophil accumulation occurred as a consequence of improved myocardial preservation (Baxter, 2002) cannot be excluded.

It is becoming increasingly apparent that myocardial injury arising from ischaemia and reperfusion during CABG surgery remains an important contributor to morbidity and mortality, and that therapies targeted at the attenuation of such injury are likely to improve clinical outcome (Klatte *et al.*, 2001; Gavard *et al.*, 2003; Mentzer, 2003). The recent Exchange Inhibition to Prevent Coronary Events in Acute Cardiac Conditions (EXPEDITION) trial with cariporide, whose results were presented at the American Heart Association Scientific Sessions in November 2003, has reconfirmed the



indication from the GUARDIAN trial that NHE1 activity contributes significantly to myocardial injury during CABG surgery. However, serious adverse effects (increased incidence of cerebrovascular events and mortality) preclude the clinical application of the treatment modality used in the EXPEDITION trial. Our data indicate that zoniporide, a potent and selective inhibitor of NHE1 activity whose chemical structure is distinct from cariporide, affords significant cardioprotective benefit in an experimental model that reproduces many of the characteristics of myocardial ischaemia and reperfusion during CABG surgery with cardiopulmonary bypass. The safety and cardioprotective efficacy of zoniporide in CABG surgery await confirmation by further investigation.

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