

# Red wine polyphenols induce EDHF-mediated relaxations in porcine coronary arteries through the redox-sensitive activation of the PI3-kinase/Akt pathway

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**1** Red wine polyphenolic compounds (RWPCs) are potent inducers of endothelium-dependent relaxations of coronary arteries, which involve both nitric oxide and endothelium-derived hyperpolarizing factor (EDHF). The EDHF-mediated relaxation to RWPCs is critically dependent on the formation of reactive oxygen species by a flavin-dependent enzyme. The aim of the present study was to determine the role of redox-sensitive protein kinases including p38 MAPK, ERK1/2 and PI3-kinase/Akt in RWPCs-induced EDHF-mediated relaxation.

**2** Porcine coronary artery rings were suspended in organ chambers for measurement of changes in isometric tension. Confluent cultures of porcine coronary artery endothelial cells were used to determine the phosphorylation level of p38 MAPK, ERK1/2 and Akt by Western blot analysis. All experiments were performed in the presence of indomethacin and *N*<sup>ω</sup>-nitro-L-arginine.

**3** RWPCs caused pronounced endothelium-dependent relaxations, which were significantly reduced by wortmannin and LY294002, two inhibitors of PI3-kinase, and not affected by PD98059 (an inhibitor of ERK1/2 kinase kinase) and SB203580 (an inhibitor of p38 MAPK). In contrast, wortmannin did not affect relaxations to bradykinin or levcromakalim.

**4** RWPCs elicited within minutes a sustained and concentration-dependent phosphorylation of p38 MAPK, ERK1/2 and Akt in endothelial cells. The phosphorylation of Akt in response to RWPCs was abolished by wortmannin and LY294002, and by the membrane-permeant analogue of superoxide dismutase Mn(III)tetrakis(1-methyl-4-pyridyl)porphyrin.

**5** The present findings demonstrate that RWPCs cause EDHF-mediated relaxations of coronary arteries; these responses are critically dependent on the redox-sensitive activation of the PI3-kinase/Akt pathway in endothelial cells.

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**Keywords:** Red wine polyphenolic compounds; endothelium-dependent relaxation; endothelial cells; EDHF; PI3-kinase/Akt; coronary artery

**Abbreviations:** EDHF, endothelium-derived hyperpolarizing factor; ERK1/2, extracellular signal-regulated kinase 1/2; L-NA, *N*<sup>ω</sup>-nitro-L-arginine; MnTMPyP, mimetic Mn(III)tetrakis(1-methyl-4-pyridyl)porphyrin; p38 MAPK, p38 mitogen-activated protein kinase; PI3-kinase, phosphoinositide-3-kinase; RWPCs, red wine polyphenolic compounds

## Introduction

Numerous epidemiological studies have indicated that regular consumption of moderate amounts of wine, in particular red wine, is associated with a lower incidence of coronary heart diseases (Renaud & Gueguen, 1998; Gronbaek *et al.*, 2000). The protective effect of red wine has been attributable at least partly to red wine polyphenolic compounds (RWPCs). Although the exact nature of the beneficial effect of red wine polyphenols on the cardiovascular system remains unclear, it might be related to their ability to prevent oxidation of LDL and activation of platelets (Frankel *et al.*, 1993; Demrow *et al.*, 1995; Wang *et al.*, 2002). It may also be due to their direct

protective effect on blood vessels. Red wine polyphenols are able to inhibit the migration and proliferation of endothelial cells and smooth muscle cells (Iijima *et al.*, 2000; Brakenhielm *et al.*, 2001; Igura *et al.*, 2001). They also prevent the expression of proatherosclerotic and prothrombotic molecules such as monocyte chemoattractant protein-1, tissue factor and vascular endothelial growth factor in vascular cells (Feng *et al.*, 1999; Hsieh *et al.*, 1999; Pendurthi *et al.*, 1999; Iijima *et al.*, 2000; 2002; Igura *et al.*, 2001; Oak *et al.*, 2003). Moreover, red wine polyphenols are potent endothelium-dependent vasodilators (Ndiaye *et al.*, 2003a). In coronary arteries, red wine polyphenols induce both nitric oxide (NO)- and endothelium-derived hyperpolarizing factor (EDHF)-mediated relaxations (Fitzpatrick *et al.*, 1993; Andriambeloson *et al.*, 1997; Cisek *et al.*, 1997; Flesch *et al.*, 1998; Soares De Moura *et al.*, 2002; Ndiaye *et al.*, 2003a). Although red wine polyphenols have intrinsic antioxidant properties, the EDHF-mediated relaxa-

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tion in porcine coronary arteries is abolished by membrane-permeant analogues of superoxide dismutase and markedly reduced by diphenylene iodonium, an inhibitor of flavin-dependent enzymes such as the NAD(P)H oxidase (Ndiaye *et al.*, 2003a). In addition, an increased formation of superoxide in cultured endothelial cells has been observed in response to red wine polyphenols (Ndiaye *et al.*, 2003a). Thus, the intracellular formation of superoxide presumably by a flavin-dependent enzyme in endothelial cells plays a key role in the signal transduction of red wine polyphenols, leading to EDHF-mediated relaxations. Since ROS have an important signaling function in vascular cells (Ullrich & Bachschmid, 2000), the aim of the present study was to examine whether redox-sensitive protein kinases including p38 MAPK, ERK1/2 and PI3-kinase are involved in red wine polyphenols-induced EDHF-mediated relaxations.

## Methods

### Preparation of RWPCs

RWPCs dry powder was obtained from French red wine (Corbières A.O.C.) and provided by Dr M. Moutounet (Institut National de la Recherche Agronomique, Montpellier, France) and analyzed by Dr P.-L. Teissedre (Département d'Oenologie, Université de Montpellier, France). The preparation and analysis of RWPCs have been described previously (Andriambelison *et al.*, 1997; Oak *et al.*, 2003; Ndiaye *et al.*, 2003a).

### Chemicals

Wortmannin, LY294002, PD98059, SB203580 and MnTMPyP were obtained from Alexis Chemicals, Lausen, Switzerland. Indomethacin, L-NA and H<sub>2</sub>O<sub>2</sub> were from Sigma, Saint Quentin Fallavier, France. Antibodies directed against phosphorylated p38 MAPK, ERK1/2 and Akt were obtained from Cell Signaling Technology, Beverly, MA, U.S.A.

### Vascular reactivity studies

Left anterior descending coronary arteries (obtained from the local slaughterhouse) were cleaned of connective tissue and cut into rings (4–5 mm in length). Rings were suspended in organ baths containing oxygenated (95% O<sub>2</sub>; 5% CO<sub>2</sub>) Krebs bicarbonate solution (mM: NaCl 119, KCl 4.7, KH<sub>2</sub>PO<sub>4</sub> 1.18, MgSO<sub>4</sub> 1.18, CaCl<sub>2</sub> 1.25, NaHCO<sub>3</sub> 25 and D-glucose 11, pH 7.4, 37°C), the cyclooxygenase inhibitor indomethacin (10 µM) and the NO synthase inhibitor L-NA (100 µM), for the determination of changes in isometric tension. Following equilibration for 90 min under a resting tension of 5 g, rings were twice contracted with KCl (80 mM). Thereafter, the rings were precontracted with the thromboxane mimetic U46619 (1–60 nM) to about 80% of the maximal contraction, and the relaxation to bradykinin (0.3 µM) was determined. After washout and a 30-min equilibration period, rings were again contracted with U46619, before a concentration–relaxation curve to RWPCs, bradykinin or levcromakalim was constructed. In some experiments, rings were exposed to an inhibitor for 30 min before the addition of U46619.

### Culture of porcine coronary endothelial cells

Porcine coronary artery segments were flushed with PBS without calcium to remove the remaining blood. Thereafter, endothelial cells were isolated by collagenase treatment (type I, Worthington, 1 mg ml<sup>-1</sup> for 12 min at 37°C) and cultured in Petri dishes coated with collagen (type I prepared from rat tail; 60 ng ml<sup>-1</sup>). The culture medium was RPMI1640/M199 (v v<sup>-1</sup>) and 15% fetal calf serum supplemented with penicillin (100 U ml<sup>-1</sup>), streptomycin (100 U ml<sup>-1</sup>), fungizone (250 µg ml<sup>-1</sup>) and L-glutamine (2 mM). All experiments were performed with confluent cultures of cells used at the first or second passage in the presence of indomethacin (10 µM) and L-NA (100 µM). Cells were exposed to serum-free culture medium in the presence of 0.1% bovine serum albumin for 6 h prior to treatment.

### Western blot analysis

Total proteins (20 µg) were subjected to SDS-PAGE (12%) and blotted on PVDF membrane. Immunodetection was carried out using antibodies directed against phosphorylated Akt, p38 MAPK and ERK1/2. Immunoreactive bands were detected by enhanced chemiluminescence (Amersham). Ponceau staining was performed to verify the quality of the transfer and equal amounts of proteins in each lane.

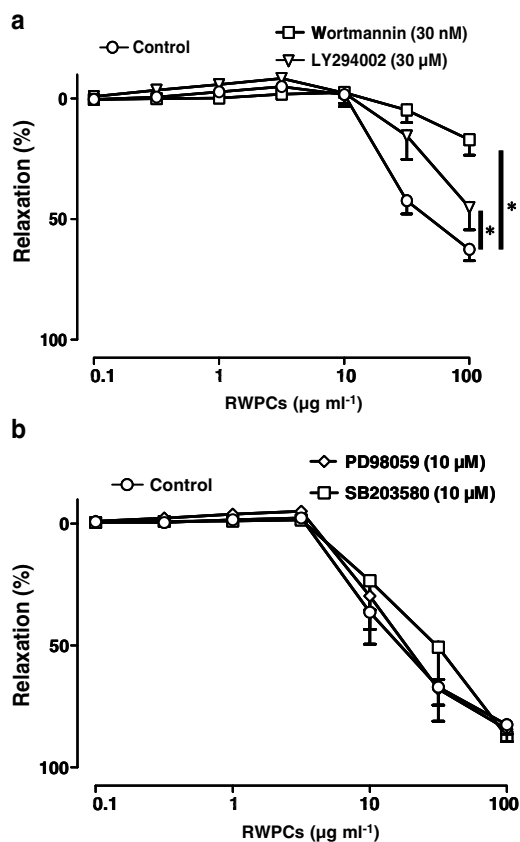
### Statistical analysis

Values are expressed as mean ± s.e.m. Statistical evaluation was performed with Student's *t*-test for paired data or ANOVA, followed by Fischer's protected least significant difference test where appropriate. *P* < 0.05 was considered statistically significant.

## Results

### Role of the p38 MAPK, ERK1/2 and the PI3-kinase/Akt pathway in the RWPCs-induced EDHF-mediated relaxation

Previous findings have indicated that the RWPCs induce EDHF-mediated relaxations in coronary arteries, which are critically dependent on an intracellular redox-sensitive mechanism involving predominantly superoxide (Ndiaye *et al.*, 2003a). Therefore, the role of redox-sensitive protein kinases in EDHF-mediated relaxations to RWPCs was assessed. In the presence of indomethacin and L-NA, RWPCs caused concentration-dependent relaxations of coronary arteries with endothelium (Figure 1). Relaxations to RWPCs were significantly inhibited by the PI3-kinase inhibitors wortmannin and LY294002, and not affected by inhibitors of p38 MAPK (SB203580) and neither ERK1/2 kinase kinase (PD98059, Figures 1a and b). In contrast, wortmannin did affect neither EDHF-mediated relaxations to bradykinin nor those to levcromakalim (an activator of ATP-sensitive potassium channels, Figures 2a and b). Altogether, these findings indicate that EDHF-mediated relaxations to RWPCs involve a PI3-kinase-dependent mechanism.



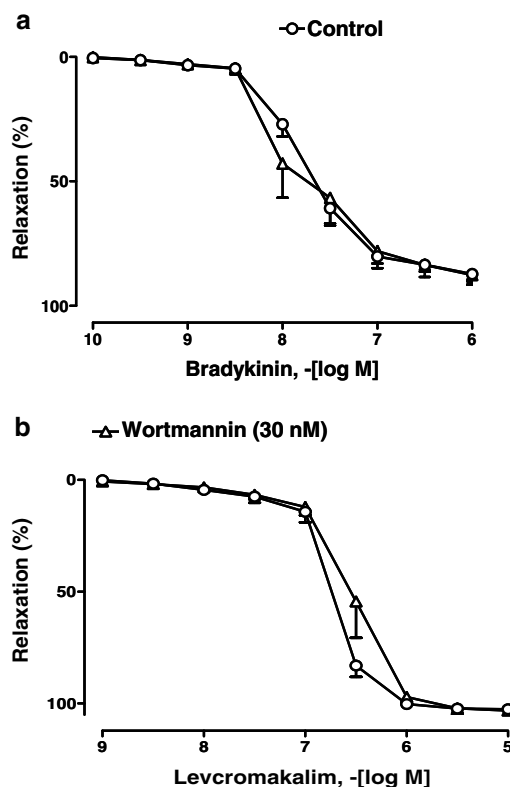
**Figure 1** Effect of PI3-kinase inhibitors (a) and inhibitors of ERK1/2 kinase kinase (PD98059, b) and p38 MAPK (SB203580, b) on RWPC-induced EDHF-mediated relaxations in porcine coronary artery rings with endothelium. All experiments were performed in the presence of indomethacin (10  $\mu\text{M}$ ) and L-NA (100  $\mu\text{M}$ ). Results are shown as the mean  $\pm$  s.e.m. of six to seven different experiments. \* indicates a significant inhibitory effect.

#### *RWPCs induce Akt, p38 MAPK and ERK1/2 phosphorylation in endothelial cells*

To obtain further evidence that RWPCs can activate the PI3-kinase/Akt pathway in endothelial cells, the phosphorylation level of Akt was assessed in confluent cultures of porcine coronary artery endothelial cells by Western blot analysis. Exposure of endothelial cells to RWPCs caused the appearance of a marked immunoreactive band for p-Akt within 3 min (Figure 3a). Increased levels of p-Akt persisted for at least 30 min (Figure 3a). In addition, RWPCs also caused the phosphorylation of ERK1/2 and p38 MAPK with a similar time course as that of Akt (Figure 3a). The stimulatory effect of RWPCs on the phosphorylation of Akt was concentration-dependent (Figure 3b).

#### *RWPCs cause the redox-sensitive activation of the PI3-kinase/Akt pathway in endothelial cells*

Previous studies have indicated that RWPCs stimulate the formation of superoxide in endothelial cells (Ndiaye *et al.*, 2003a) and that ROS are potent activators of the PI3-kinase/Akt pathway in endothelial cells (Thomas *et al.*, 2002; Cai *et al.*, 2003). Therefore, the role of superoxide in the RWPCs-induced phosphorylation of Akt was assessed using the

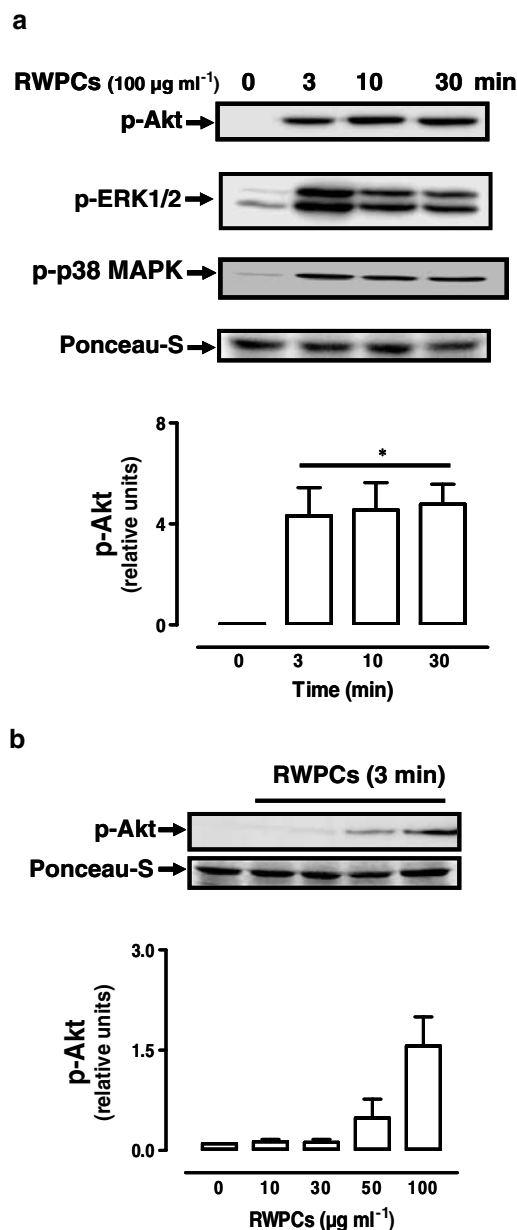


**Figure 2** Effect of wortmannin on bradykinin (a) and levcromakalim (b)-induced relaxations in porcine coronary artery rings with endothelium. All experiments were performed in the presence of indomethacin (10  $\mu\text{M}$ ) and L-NA (100  $\mu\text{M}$ ). Results are shown as the mean  $\pm$  s.e.m. of six different experiments.

membrane-permeant analogue of superoxide dismutase MnTMPyP. Exposure of endothelial cells to MnTMPyP for 30 min before addition of RWPCs (100  $\mu\text{g ml}^{-1}$ ) abolished the phosphorylation of Akt (Figure 4a). Similar inhibitory effects were also obtained with the PI3-kinase inhibitors (wortmannin, LY294002, Figure 4a). In addition, exposure of endothelial cells to exogenous  $\text{H}_2\text{O}_2$  strongly induced the phosphorylation of Akt (Figure 4b). Altogether, these findings suggest that RWPCs cause activation of the PI3-kinase pathway leading to phosphorylation of Akt, and that this event is dependent on the formation of superoxide.

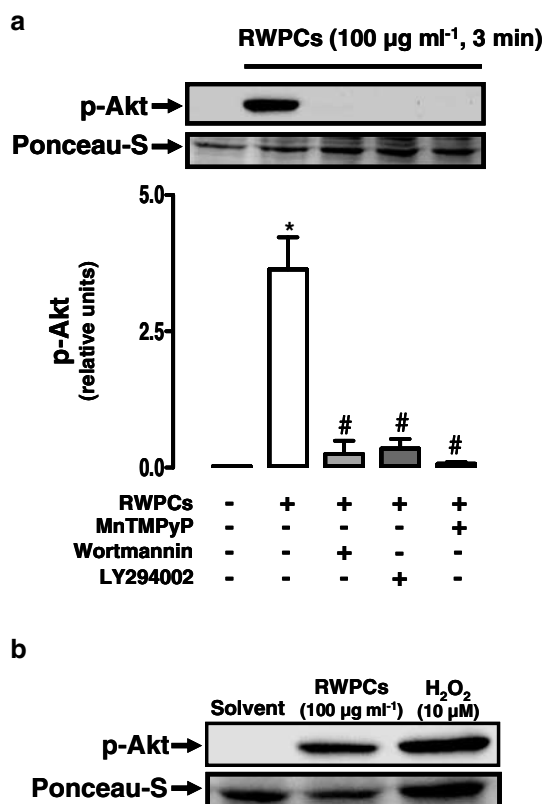
## Discussion and conclusions

Numerous investigations have indicated that red wines, grape juices, red wine polyphenolic extracts and grape skin extracts are potent endothelium-dependent vasodilators of isolated arteries such as the rat and rabbit aortas, the porcine and human coronary arteries and also the perfused rat mesenteric bed (Fitzpatrick *et al.*, 1993; Andriambeloso *et al.*, 1997; Flesch *et al.*, 1998; Soares De Moura *et al.*, 2002; Ndiaye *et al.*, 2003a). Endothelium-dependent relaxations in isolated aortas were associated with an increased tissue content of cyclic GMP and both responses were abolished by inhibitors of NO synthase, indicating that they are mediated by NO (Fitzpatrick *et al.*, 1993; Andriambeloso *et al.*, 1997; Cishek *et al.*, 1997; Flesch *et al.*, 1998). However, inhibition of NO synthase reduced red wine polyphenol-induced relaxations in porcine coronary artery



**Figure 3** RWPCs cause a time- (a) and concentration (b)-dependent phosphorylation of Akt, ERK1/2 and p38 MAPK in cultured porcine coronary artery endothelial cells. Endothelial cells were treated with RWPCs for the indicated times at  $37^\circ\text{C}$ . Thereafter, the level of p-Akt, p-ERK1/2 and p-p38 MAPK was determined by Western blot analysis. Upper panels show representative immunoblots and lower panels the corresponding cumulative data. All experiments were performed in the presence of indomethacin ( $10 \mu\text{M}$ ) and L-NA ( $100 \mu\text{M}$ ). Results are shown as the mean  $\pm$  s.e.m. of four to seven different experiments. \* indicates a significant stimulatory effect.

only to some extent (Ndiaye *et al.*, 2003a). Since these L-NA-resistant relaxations were associated with hyperpolarizations and both responses were inhibited by the combination of charybdotoxin plus apamin (two inhibitors of EDHF-mediated responses), they have been attributed to EDHF (Ndiaye *et al.*, 2003a). The characterization of the EDHF-mediated relaxation to red wine polyphenols has indicated the involvement of an intracellular redox-sensitive mechanism, since the relaxation was abolished by membrane-permeant forms of superoxide dismu-



**Figure 4** Effect of PI3-kinase inhibitors and the membrane-permeant superoxide dismutase mimetic MnTMPyP on the phosphorylation of Akt induced by RWPCs. (a) Endothelial cells were incubated for 30 min with either solvent, MnTMPyP ( $100 \mu\text{M}$ ), LY294002 ( $30 \mu\text{M}$ ) or wortmannin ( $30 \text{ nM}$ ) for 30 min prior to addition of RWPCs ( $100 \mu\text{g ml}^{-1}$ ) for 3 min. (b) In addition to RWPCs,  $\text{H}_2\text{O}_2$  also caused phosphorylation of Akt in endothelial cells. Endothelial cells were exposed to either RWPCs ( $100 \mu\text{g ml}^{-1}$ ) or  $\text{H}_2\text{O}_2$  ( $10 \mu\text{M}$ ) for 3 min. Thereafter, the level of p-Akt was determined by Western blot analysis. Upper panels show representative immunoblots, and the lower panel cumulative data. All experiments were performed in the presence of indomethacin ( $10 \mu\text{M}$ ) and L-NA ( $100 \mu\text{M}$ ). (a) Results are shown as the mean  $\pm$  s.e.m. of three different experiments. (b) Similar observations were made in two additional experiments. \* indicates a significant stimulatory effect and # a significant inhibitory effect.

tase but not by superoxide dismutase and also not by a membrane-permeant form of catalase or catalase (Ndiaye *et al.*, 2003a). In contrast, reactive oxygen species (ROS) were not involved in bradykinin-induced EDHF-mediated relaxation (Pomposiello *et al.*, 1999; Ndiaye *et al.*, 2003a). Further evidence for the intracellular formation of superoxide in response to red wine polyphenols was obtained with cultured coronary artery endothelial cells using the oxidative fluorescent dye hydroethidine (Ndiaye *et al.*, 2003a). Altogether, these findings have indicated that red wine polyphenols activate a novel intracellular redox-sensitive pathway involving superoxide, leading to EDHF-mediated relaxation.

Recent findings have indicated that ROS have an important signaling function in vascular cells (Ullrich & Bachschmid, 2000). Therefore, the potential role of redox-sensitive protein kinases including PI3-kinase/Akt (Thomas *et al.*, 2002; Cai *et al.*, 2003), p38 MAPK (Viedt *et al.*, 2000) and ERK1/2 (Baas & Berk, 1995) in the signal transduction pathway leading to EDHF-mediated relaxation in response to red wine poly-

phenols was investigated using pharmacological inhibitors. Inhibition of the PI3-kinase/Akt pathway by wortmannin or LY294002 significantly reduced the relaxation to red wine polyphenols, whereas no such effect was obtained by inhibition of the p38 MAPK pathway or the ERK1/2 pathway. These findings, in conjunction with those showing that wortmannin did not affect EDHF-mediated relaxation to bradykinin or those to levcromakalim, indicate a key role of the PI3-kinase pathway in the red wine polyphenol-induced EDHF-mediated relaxation.

Activated PI3-kinase converts the plasma membrane lipid phosphatidylinositol-4,5-bisphosphate to phosphatidylinositol-3,4,5-triphosphate (Cantley, 2002). Thereafter, signaling molecules with pleckstrin-homology domains, such as the serine/threonine protein kinases, Akt and phosphoinositide-dependent kinase-1 (PDK-1), accumulate at sites of PI3-kinase activation. Association with phosphatidylinositol-3,4,5-triphosphate at the membrane brings these proteins into proximity and facilitates phosphorylation of Akt by PDK-1. Therefore, the possibility that red wine polyphenols cause the PI3-kinase-dependent activation of Akt was assessed in cultured coronary artery endothelial cells. Western blot analysis indicated that the level of phosphorylated Akt was either low or below the detection level in control endothelial cells. Exposure of endothelial cells to red wine polyphenols rapidly caused a time- and concentration-dependent phosphorylation of Akt. This response was abolished by inhibitors of PI3-kinase. In addition to Akt, red wine polyphenols also caused a time-dependent phosphorylation of p38 MAPK and ERK1/2. Since inhibition of p38 MAPK and ERK1/2 pathways did not affect EDHF-mediated relaxations to red wine polyphenols, the functional role of these two signaling pathways in response to red wine polyphenols remains to be clarified.

In endothelial cells, Akt can be activated by a wide variety of growth stimuli, including vascular endothelial growth factor (Gerber *et al.*, 1998), insulin-like growth factor-I (Michell *et al.*, 1999), hepatocyte growth factor (Nakagami *et al.*, 2001), fluid shear stress (Dimmeler *et al.*, 1998), estrogen (Simoncini *et al.*, 2000) and corticosteroids (Hafezi-Moghadam *et al.*, 2002). Recent findings have also indicated that ROS and, in particular, H<sub>2</sub>O<sub>2</sub> can cause the PI3-kinase-dependent activation of Akt in cultured endothelial cells within minutes (Thomas *et al.*, 2002; Cai *et al.*, 2003, present findings). These findings in conjunction with those showing that red wine polyphenols are able to stimulate the formation of ROS in endothelial cells (Ndiaye *et al.*, 2003a) prompt investigations to clarify whether ROS act upstream of the PI3-kinase/Akt pathway. This concept is supported by the fact that exposure of endothelial cells to the membrane-permeant analogue of

SOD MnTMPyP abolished the phosphorylation of Akt in response to red wine polyphenols. Altogether, the present findings indicate that red wine polyphenols cause the ROS-sensitive activation of the PI3-kinase/Akt pathway in endothelial cells, and that this response plays a determinant role in EDHF-mediated relaxation. They further indicate that the signaling pathway *via* the PI3-kinase/Akt pathway leading to EDHF-mediated relaxation is specific to red wine polyphenols, but not other inducers of EDHF-mediated relaxation such as bradykinin.

Currently, relatively little is known about the downstream mediators of the PI3-kinase/Akt-dependent EDHF-mediated relaxation. The possibility that this pathway directly affects the activity of potassium channels in endothelial cells is an attractive hypothesis, which however has not yet been addressed. Alternatively, the PI3-kinase/Akt pathway may contribute to increase intracellular Ca<sup>2+</sup> levels in endothelial cells, which in turn increases the activity of Ca<sup>2+</sup>-dependent potassium channels involved in EDHF-mediated hyperpolarization (Franceschi *et al.*, 1990; Martin *et al.*, 2002). The PI3-kinase pathway has been involved in H<sub>2</sub>O<sub>2</sub>-induced increases in intracellular calcium level in vascular smooth muscle cells (Yang *et al.*, 1999) and also in endothelin-1-induced activation of Ca<sup>2+</sup>-permeable nonselective cation channels (Kawanabe *et al.*, 2003).

Finally, the present study also prompts investigations on the potential role of the PI3-kinase/Akt pathway in the endothelial formation of NO in response to red wine polyphenols. Indeed, the activation of this signaling pathway has been associated with the phosphorylation of endothelial NO synthase, with subsequent increased formation of NO in response to a variety of stimuli including vascular endothelial growth factor, estrogens, shear stress and corticosteroids (Dimmeler *et al.*, 1998; 1999; Fulton *et al.*, 1999; Simoncini *et al.*, 2000; Hafezi-Moghadam *et al.*, 2002). Our recent findings support such a concept since the red wine polyphenol-induced endothelium-dependent NO-mediated relaxation was prevented by inhibitors of PI3-kinase and associated with the phosphorylation of both Akt and endothelial NO synthase (Ndiaye *et al.*, 2003b).

In conclusion, red wine polyphenols are potent endothelium-dependent relaxing agonists by increasing the formation of both EDHF and NO. The EDHF-mediated relaxation is critically dependent on the redox-sensitive activation of the PI3-kinase/Akt pathway in endothelial cells.

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