# Somatostatin-receptor 2 ( $sst_2$ )-mediated effects of endogenous somatostatin on exocrine and endocrine secretion of the rat stomach

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1 Somatostatin is a potent inhibitor of gastric acid secretion. Its effects are mediated through five specific receptor subtypes ( $sst_{1-s}$ ), of which  $sst_2$  is dominant on the enterochromaffin-like (ECL) cell and the parietal cell. To study the paracrine mechanisms of somatostatin, the  $sst_2$ -specific antagonist PRL-2903 was used.

2 Effects of PRL-2903 on acid secretion and release of histamine were studied in the totally isolated, vascularly perfused rat stomach. Further, the release of histamine and gastrin after bombesin, alone and in combination with PRL-2903, were studied. Results are presented as mean $\pm$ standard error of the mean (s.e.m.).

**3** PRL-2903 concentration-dependently increased the venous histamine concentration from basal  $55.6\pm7.5$  to  $367\pm114$  nM at  $50\,\mu$ M PRL-2903. With  $10\,\mu$ M PRL-2903, venous histamine output increased from baseline  $6.2\pm0.5$  to  $20.9\pm4.9$  nmol h<sup>-1</sup>; P=0.008. The combination of 520 pM gastrin and  $10\,\mu$ M PRL-2903 increased venous histamine output from  $41.7\pm7.3$  nmol h<sup>-1</sup> with gastrin alone to  $95.2\pm9.8$  nmol h<sup>-1</sup>; P=0.016. Further,  $10\,\mu$ M PRL-2903 increased acid output from baseline  $8.5\pm1.8$  to  $37.4\pm11\,\mu$ mol h<sup>-1</sup>; P=0.017. When combined with  $10\,\mu$ M ranitidine, PRL-2903 did not significantly stimulate acid secretion. Bombesin/PRL-2903 increased venous histamine concentration from  $50.4\pm14.8$  to  $292\pm64.2$  nM; P=0.008, and gastrin concentration from  $38.6\pm13.1$  to  $95.8\pm20.3$  pM; P=0.037.

**4** Endogenous somatostatin exerts a continuous restraint on histamine and gastrin release from the gastric mucosa and significantly reduces baseline acid secretion. *British Journal of Pharmacology* (2005) **144**, 416–421. doi:10.1038/sj.bjp.0706094 Published online 10 January 2005

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Abbreviations: ANOVA, analysis of variance; Cys, cysteine; ECL, enterochromaffine-like; Fpa, 4-fluorophenylalanine; G-17, human amidated gastrin 1-17; GRP, gastrin-releasing peptide; IBMX, 3-isobutyl-1-methylxanthine; Lys, lysine; Nal, 3-(2-naphtyl) alanine; Pal, 3-pyridylalanine; RIA, radioimmunoassay; sst receptor, somatostatin receptor subtype; Tlc, tert-leucine; Trp, tryptophan

## Introduction

Somatostatin was first isolated and identified as an inhibitor of growth hormone release from anterior pituitary cells (Brazeau *et al.*, 1973). Its inhibitory effects on pancreatic release of glucagon and insulin, and gastric release of gastrin, are well known. In the stomach, somatostatin is produced by the D cells, which are closely associated with the histamine-producing enterochromaffin-like (ECL) cells in the oxyntic mucosa and with the gastrin-producing G cells in the antrum (Larsson *et al.*, 1979). The D cells constitute about 26%, and the ECL cells 35% of the neuroendocrine cells in the human oxyntic mucosa, compared to 10 and 65%, respectively, in the rat (Simonsson *et al.*, 1988; Sundler & Håkanson, 1991). Somatostatin is a potent inhibitor of gastric acid secretion (Makhlouf & Schubert, 1990; Varga *et al.*, 1997). This effect of somatostatin is probably mediated by several mechanisms,

both directly on the parietal cell as evidenced by the inhibition of histamine-stimulated acid secretion (Hummelt et al., 1977), and indirectly by attenuating histamine release from the oxyntic mucosa (Sandvik & Waldum, 1988; Sandvik et al., 1989; 1997). Moreover, another mechanism of action of somatostatin may be inhibition of the release of the acid secretagogue hormone gastrin (Bloom et al., 1974). The effects of somatostatin are mediated through specific somatostatin receptors (ssts). Five different sst subtypes, designated  $sst_{1-5}$ , have been identified by molecular cloning techniques and pharmacologically characterized (Patel et al., 1994). Studies of sst messenger RNA in the rat demonstrated a widespread expression of all five subtypes throughout the gastrointestinal tract (Krempels et al., 1997). It has been shown that both the ECL cells and the parietal cells express sst<sub>2</sub> receptors (Prinz et al., 1994; Allen et al., 2002). Several studies show that the sst<sub>2</sub> receptor has a central role in mediating the effects of somatostatin on acid secretion. Experiments with sst<sub>2</sub> agonists

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indicate that this receptor mediates a direct inhibitory effect of somatostatin on the parietal cell (Wyatt *et al.*, 1996). Moreover, somatostatin has been found to inhibit both gastric acid secretion and histamine release in rats, mediated through the  $ss_2$  receptor (Aurang *et al.*, 1997). In studies on  $ss_2$  receptor knockout mice, a high basal gastric acid secretion was found (Martinez *et al.*, 1998) and a bombesin-induced inhibition of gastric acid secretion was found to be  $ss_2$  receptor-mediated (Piqueras *et al.*, 2003).

The availability of somatostatin receptor agonists and antagonists with high specificity has contributed significantly to the understanding of the role of somatostatin in the regulation of gastric secretion. The first somatostatin receptor antagonists were synthesized in 1996 (Bass et al., 1996). A large number of linear octapeptides, some of these containing a cyclic hexapeptide core, has been synthesized and biologically characterized (Hocart et al., 1998). Many of these compounds are characterized by a phenylalanine analogue at the Nterminus and a large hydrophobic amino acid, most often Nal, at the C-terminus. The analogue PRL-2903 (also known as DC-41-33) with the sequence Fpa-c[D-Cys-Pal-D-Trp-Tle-Cys]-Nal-NH<sub>2</sub> and a molecular weight of 1160.5 Da was the first antagonist to show selectivity for sst<sub>2</sub> (Hocart *et al.*, 1999). The action of PRL-2903 on the sst<sub>2</sub> receptor has been extensively studied in several species. In the rat gastric mucosa, the inhibition of atrial natriuretic peptide release by both endogenous and exogenous somatostatin was abolished by PRL-2903 (Gower et al., 2003). Further, in hamster pancreatic islet cell suspensions PRL-2903 abolished the effect of somatostatin on intracellular Ca<sup>2+</sup> influx and insulin secretion in the presence of arginine vasopressin (Cheng et al., 2002). By studying binding affinities of PRL-2903 on transfected cells, a highly preferential binding to hsst<sub>2</sub> was found, and in vivo experiments, using chronic gastric fistula equipped rats, showed that PRL-2903 dose-dependently reversed the inhibitory effect of somatostatin on pentagastrin-stimulated gastric acid secretion (Rossowski et al., 1998). Moreover, PRL-2903 reversed urethane-induced somatostatin-mediated inhibition of gastric acid secretion and gastrin release (Kawakubo et al., 1999).

The present study was carried out to examine whether endogenous somatostatin, acting by a paracrine mechanism on  $sst_2$  receptors, has a significant effect on acid secretion itself and on the release of the gastric acid secretagogues gastrin and histamine. PRL-2903 was used to characterize  $sst_2$  receptormediated effects on these factors. The acid-secreting, isolated vascularly perfused rat stomach is very well suited for these experiments. The model maintains full control over humoral factors since the vascular perfusate is not recirculated, and secretagogues or inhibitors can be added to the perfusate in exact concentrations. Moreover, all paracrine mechanisms are intact and the release of endogenous substances may be measured in the venous effluent immediately after the gastric vascular bed.

# Methods

## Animals

Male Wistar rats, mean body weight 232 g (range 192–271), were purchased from Møllegaard (Skensved, Denmark). The rats were housed in wire-mesh cages at 24°C with constant

humidity and a 12:12 h light–dark cycle, and fed *ad libitum* with a commercial rat diet and tap water. The animal experiments were approved by the Animal Welfare Committee of the University Hospital of Trondheim.

### Totally isolated vascularly perfused rat stomach

After a 36 h fast, the rats were anesthetized with 0.25–0.30 ml per 100 g body weight of a combination of (per ml) 2.5 mg fluanison, 0.05 mg fentanyl, and 1.25 mg midazolam. Totally isolated vascularly perfused rat stomachs were prepared as previously described (Kleveland et al., 1986a). The preparations were transferred to an organ bath filled with Krebs-Ringer buffer, and perfused vascularly with a Krebs-Ringer buffer with ionized calcium at a concentration of 1.12 mmol l<sup>-1</sup> (pH 7.25),  $40 \text{ g} \text{l}^{-1}$  dextran T70, 5 mmol  $\text{l}^{-1}$  glucose, 5 mmol  $\text{l}^{-1}$ pyruvate, and gassed with 96% O2 and 4% CO2 using a membrane oxygenator. In the study recording acid secretion 10% washed ovine erythrocytes was added to the vascular perfusate. Vascular perfusion rate was  $2 \, \text{ml} \, \text{min}^{-1}$  and the perfusate was not recirculated. The gastric lumen was perfused 1 ml min<sup>-1</sup> with distilled water at pH 7.0 and gassed with 100%  $O_2$ . All perfusates and the organ bath were kept at  $37^{\circ}C$ . Luminal effluents were collected in 10-min portions for subsequent measurement of acid output. Venous effluents were collected on ice, immediately centrifuged and kept at  $-20^{\circ}$ C until analysis for histamine and gastrin.

#### Experimental protocols

Five or six stomach preparations were included in each group (basal, single drug or drug combination) and for each drug concentration. Drugs were administered intravascularly through the arterial catheter.

First, the effect of PRL-2903 on baseline venous histamine release was examined, designed as a dose–response study. The purpose of this experiment was to find the maximally effective PRL-2903 concentration and to use this for further secretion studies. After a stabilization period of 40 min, the histamine response to different concentrations of the drug (0.1,1.0, 5.0, 10.0 and 50.0  $\mu$ M, respectively) was studied by collecting the venous effluent in 1-min portions after drug administration and measuring the peak histamine concentration within 4 min.

Maximal histamine releasing effect was obtained with the 50  $\mu$ M PRL-2903 concentration. However, when administering PRL-2903 in this concentration for the prolonged period necessary to do acid secretion studies, edema ensued and the preparations lost the acid secretion capability. The 10  $\mu$ M PRL-2903 concentration, on the other hand, had no such effect and was thus used in the further studies on acid secretion and histamine release.

For acid secretion studies, 3-isobutyl-1-methylxanthine (IBMX) was added to enhance the effect of the different secretagogues. Thus, after an initial 20 min stabilization period, IBMX 50  $\mu$ M was administered (Kleveland *et al.*, 1986b), and for 40 min the stomach preparations were stimulated with 10  $\mu$ M PRL-2903 or 520 pM human amidated gastrin 1–17 (G-17) alone, or a combination of both. To study the effect of endogenous somatostatin directly on the parietal cell, 10  $\mu$ M PRL-2903 was administered simultaneously with the histamine-2 receptor antagonist ranitidine in a concentra-

tion of  $10 \,\mu\text{M}$ . The luminal and venous effluents were collected in 10-min fractions throughout the 100-min perfusion period.

In a separate series of experiments, the effect on venous histamine and gastrin release of bombesin 1 nM, alone or in combination with  $10 \,\mu\text{M}$  PRL-2903, was studied. The experimental design was similar to that described for the initial dose–response study of the PRL-2903 effect on venous histamine concentration.

## Acid, histamine and gastrin analysis

Acid output was measured by titration to pH 7.0 with 1 mM NaOH using a pH meter (Radiometer, Copenhagen, Denmark). Histamine was measured in the venous effluent by a radioimmunoassay (RIA)-method (Sandvik *et al.*, 1987) using kits purchased from Beckman Coulter (Marseille, France) with a detection limit of 1 nM histamine, and an interassay variability of 6.1%. There was no crossreactivity to any of the substances added to the perfusate. Gastrin was measured with a RIA-method described previously (Kleveland *et al.*, 1985). Gastric acid output was expressed as  $\mu$ molh<sup>-1</sup> and histamine and gastrin as nM and pM, respectively, except for the acid secretion studies where histamine release was expressed as accumulated 1-h output of histamine.

#### Drugs

G-17 and IBMX were purchased from Sigma (St Louis, MO, U.S.A.), Dextran T70 from Pharmacia (Uppsala, Sweden) and bombesin from Bachem (Bubendorf, Switzerland). PRL-2903 was synthetized at the Peptide Research Laboratories, Tulane University Health Sciences Center (New Orleans, LA, U.S.A.). Ranitidine (Zantac) was purchased from GlaxoSmithKline (Brentford, Middlesex, U.K.).

#### **Statistics**

The results are presented as mean  $\pm$  standard error of the mean (s.e.m.). For comparison of two groups the two-tailed Mann–Whitney *U*-test was used. Differences between multiple groups were evaluated using the one-way nonparametric analysis of variance (ANOVA) with Kruskall–Wallis test and Dunn's test for multiple comparisons. A *P*-value <0.05 was considered statistically significant.

# Results

## Histamine release

PRL-2903 induced a concentration-dependent change in venous histamine concentration from baseline  $55.6\pm7.5$  nM (mean ± s.e.m.) to a maximum of  $367\pm114$  nM at  $50 \mu$ M PRL-2903 (P < 0.05). Although not significant at the P < 0.05 level, there was a trend towards increase in venous histamine concentration also with the PRL-2903 concentrations 5.0 and  $10.0 \mu$ M (Figure 1). On the other hand, for the 0.1 and  $1.0 \mu$ M PRL-2903 concentrations, a slight decrease in venous histamine concentration from  $55.6\pm7.5$  to  $31.2\pm4.0$  nM, and  $33.6\pm3.8$  nM, respectively, was found (Figure 1). This decrease in venous histamine with the lower PRL-2903 concentrations was not significant.



Figure 1 Venous histamine concentrations in isolated rat stomachs in response to increasing concentrations of PRL-2903. Results are given as mean  $\pm$  s.e.m., n = 5-6. Significance of difference from basal is indicated by \*P < 0.05.



**Figure 2** Venous histamine output from isolated rat stomachs in response to  $10 \,\mu\text{M}$  PRL-2903, 520 pM gastrin (G-17) and combination of both. Results are expressed as mean $\pm$ s.e.m., n=5. Significant differences are indicated by \*P<0.05 and \*\*P<0.01.

PRL-2903 in 10  $\mu$ M concentration was used for the acid secretion studies. This increased the accumulated 1-h venous histamine output significantly from baseline  $6.2\pm0.5$  nmol h<sup>-1</sup> (mean±s.e.m.) to  $20.9\pm4.9$  nmol h<sup>-1</sup>; P=0.008. Combined with 520 pM G-17, 10  $\mu$ M PRL-2903 also gave a significant increase in histamine output from  $41.7\pm7.3$  nmol h<sup>-1</sup> with gastrin alone, to  $95.2\pm9.8$  nmol h<sup>-1</sup>; P=0.016, with the combination (Figure 2).

In this study, with 1 nM bombesin alone histamine release was only marginally lowered from basal. The combination of 1 nM bombesin and  $10 \,\mu$ M PRL-2903, on the other hand, gave an increase in venous histamine concentration from  $50.4 \pm 14.8$  nM (mean  $\pm$  s.e.m.), with bombesin alone, to  $292 \pm 64.2$  nM; P = 0.008, with the combination.

#### Acid output

Infusion of  $10 \,\mu\text{M}$  PRL-2903 increased acid output significantly from baseline  $8.5 \pm 1.8 \,\mu\text{mol}\,\text{h}^{-1}$  (mean  $\pm \text{s.e.m.}$ ) to



**Figure 3** Acid secretion in isolated rat stomachs in response to  $10 \,\mu\text{M}$  PRL-2903 alone,  $10 \,\mu\text{M}$  PRL-2903 combined with  $10 \,\mu\text{M}$  ranitidine, 520 pM gastrin (G-17) and the combination of gastrin and PRL-2903. Results are given as mean  $\pm$  s.e.m., n = 5–6. Significance of difference from basal is indicated by \*P<0.05 and nonsignificant difference by n.s.

37.4 $\pm$ 11 µmol h<sup>-1</sup>; P = 0.017 (Figure 3). The combination of 520 pM G-17 and 10 µM PRL-2903 gave a minor and nonsignificant increase in acid output from  $83.7\pm11.4 \,\mu\text{mol h}^{-1}$  with gastrin alone, to  $92.2\pm15.2 \,\mu\text{mol h}^{-1}$  with the combination. The acid output with  $10 \,\mu\text{M}$  PRL-2903 and  $10 \,\mu\text{M}$  ranitidine given in combination was  $13.6\pm4.1 \,\mu\text{mol h}^{-1}$ , not significantly different from basal (Figure 3).

#### Gastrin release

Bombesin alone increased venous gastrin concentration from basal  $11.2\pm3.1 \text{ pM}$  (mean $\pm$ s.e.m.) to a peak concentration of  $55.2\pm17.5 \text{ pM}$ ; P < 0.05. The combination of 1 nM bombesin and  $10 \,\mu\text{M}$  PRL-2903 at 40–41 min resulted in a significant increase in venous gastrin concentration from  $38.6\pm13.1 \text{ pM}$  with bombesin alone to  $95.8\pm20.3 \text{ pM}$  with the combination; P = 0.037 (Figure 4). Throughout the rest of the stimulation period, a close to significant (P = 0.056) difference in venous gastrin concentration and in gastrin output was maintained between the bombesin alone and the bombesin/PRL-2903 group. Gastrin output during the stimulation period was  $0.3\pm0.1 \text{ pmol}$  (mean $\pm$ s.e.m.) for the bombesin group and  $0.6\pm0.1 \text{ pmol}$  for the bombesin/PRL-2903 group (P = 0.056).

# Discussion

Administration of PRL-2903 to the isolated, vascularly perfused, rat stomach induced a significant increase in acid secretion compared with basal. In this model, all paracrine mechanisms are preserved while there is no influence from humoral substances (like gastrin) other than those added to the perfusate. Thus, this effect on acid secretion is mediated either by an interaction with  $sst_2$  receptors on the parietal cell, on cells involved in paracrine functions that influence the local oxyntic mechanisms regulating acid secretion like, for instance,



**Figure 4** Venous gastrin concentration in isolated rat stomachs in response to 1 nM bombesin, alone and in combination with  $10 \,\mu$ M PRL-2903. Results are given as mean ± s.e.m., n = 5. Significant difference indicated by \*P < 0.05 was achieved at 40 min, during the rest of the stimulation period the difference was close to significant; P = 0.056.

the release of ECL cell histamine, or on several of these mechanisms simultaneously. Previous studies have shown that  $sst_2$  receptors are present both on the ECL and the parietal cells (Allen *et al.*, 2002), and  $sst_2$  receptor-specific agonists have been shown to inhibit acid secretion induced by gastric acid secretagogues acting directly on the parietal cell like the H<sub>2</sub> receptor agonist dimaprit (Wyatt *et al.*, 1996). In the present experiments, PRL-2903 had a slight but not significant stimulatory effect on acid secretion when given together with ranitidine. This suggests that, if any, the direct effect of endogenous somatostatin directly on the parietal cell is less important than that mediated *via* modulation of histamine release.

We found no significant additional effect on acid secretion when combining a maximally effective dose of gastrin with PRL-2903 even if the substance augmented histamine release. There are several possible explanations for this. Even if there was no apparent deterioration of the stomach preparations during the combined stimulation, histamine release with gastrin and 10 µM PRL-2903 in combination was massive and an effect similar, but less potent, than that of 50  $\mu$ M PRL-2903 alone could have been present. Also, in this model gastrin-stimulated acid secretion exhibits a rather large interstomach variability, which could have obscured a lowgrade effect of  $10\,\mu\text{M}$  PRL-2903 when given together with gastrin. Finally, since the histamine--acid output doseresponse curve is sigmoidal (Kleveland et al., 1987) an augmented histamine release will not necessarily produce a comparable increase in acid output.

To further clarify the effect of PRL-2903 on acid secretion, histamine was measured in the venous effluent. Numerous studies from our group and others have shown that ECL cell histamine has a pivotal role in gastrin-induced acid secretion. The results from the present study show a clear concentration– response relationship between PRL-2903 and venous histamine concentration, strongly suggesting that endogenous somatostatin exerts a continuous restraint on histamine release from the ECL cell. This is in accordance with previous results from our group using a somatostatin-neutralizing antibody. The simultaneous effect on acid secretion is a novel observation, suggesting that this restraint on histamine release may be part of an integrated acid regulatory mechanism operating at least in the fasting state.

In the intact organism, circulating gastrin is an important meal-induced acid secretagogue. In our studies on the effect of antral somatostatin on gastrin release, we chose to induce gastrin release with the gastrin-releasing peptide (GRP) analogue bombesin. GRP, originating from neurons in the antral and oxyntic parts of the stomach, is probably an important factor in the physiological regulation of gastrin release. In the present study, we found that bombesin-induced release of gastrin was potentiated by PRL-2903, suggesting that the G cells posess sst<sub>2</sub> receptors and further indicating a sst<sub>2</sub> receptor-mediated inhibition of gastrin release. This finding is in accordance with results from a previous study in intact animals, comparing peptide analogues relatively selective for sst<sub>2</sub>, sst<sub>3</sub> and sst<sub>5</sub> (Lloyd *et al.*, 1997).

Thus, somatostatin through  $sst_2$  receptors seems to exert a restraint on the acid secretory process on several points in the stimulatory chain; that is, gastrin release from the antrum, histamine release from the oxyntic mucosa, and as inferred from other studies possibly directly on the parietal cell. In the present study, acid output was significantly augmented by the  $sst_2$  receptor antagonist PRL-2903. However, in this model,

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endogenous gastrin has no effect on acid secretion since gastrin acts on acid secretion solely as an humoral secretagogue, and all humoral effects are excluded by not recirculating the venous effluent. In an intact animal where the gastrin mechanism is functional, the effect of PRL-2903 on acid secretion would probably be further accentuated.

In this study a slight (although non-significant) decrease in histamine release with the 0.1 and  $1.0 \,\mu\text{M}$  concentrations of PRL-2903 was observed. However, the compound was found to be devoid of any agonist activity when tested alone at concentrations up to  $10 \,\mu\text{M}$  (Hocart *et al.*, 1999).

# Conclusion

Endogenous somatostatin, acting through the sst<sub>2</sub> receptor, exerts a significant chronic restraint on gastric acid secretion. The present study shows that this effect on acid secretion is mediated through inhibition of histamine and gastrin release. Furthermore, a direct effect of endogenous somatostatin on the parietal cell may be present.

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