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# Inhibition of  $\mathrm{Na^+}/\mathrm{H^+}$ -exchanger with sabiporide attenuates the downregulation and uncoupling of the myocardial  $\beta$ -adrenoceptor system in failing rabbit hearts

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1 Chronic heart failure (HF) is characterized by left ventricular (LV) structural remodeling, impaired function, increased circulating noradrenaline (NA) levels and impaired responsiveness of the myocardial  $\beta$ -adrenoceptor ( $\beta$ AR)-adenylyl cyclase (AC) system. In failing hearts, inhibition of the sodium/proton-exchanger (NHE)-1 attenuates LV remodeling and improves LV function. The mechanism(s) involved in these cardioprotective effects remain(s) unclear, but might involve effects on the impaired  $\beta$ AR-AC system.

2 Therefore, we investigated whether NHE-1 inhibition with sabiporide (SABI;  $30 \text{ mg kg}^{-1}$  day<sup>-1</sup> p.o.) might affect myocardial  $\beta$ AR density and AC activity in relation to changes in LV end-diastolic diameter (LVEDD) and LV systolic fractional shortening (LVS-FS) after 3 weeks of rapid LV pacing in rabbits.

3 After 3 weeks of rapid LV pacing LVEDD was significantly increased (Shams  $17 \pm 0.2$  mm,  $n = 9$ ) vs 3wksHF  $20+0.5$  mm,  $n = 8$ ;  $P < 0.05$ ) and LVS-FS decreased (Shams  $31+1\%$ ,  $n = 9$  vs 3wksHF  $10+1\%$ ,  $n = 8$ ;  $P < 0.05$ ). SABI treatment significantly improved LV function independent of whether rabbits were treated after 1 week of pacing  $(3wksHF + 2wksSABI (n = 7): LVEDD 18 \pm 1 mm;$ LVS-FS 16 $\pm$ 4%) or before pacing (3wksHF + 3wksSABI (n = 9): LVEDD 18 $\pm$ 1 mm; LVS-FS  $18\pm6\%$ ). After 3 weeks of rapid LV pacing, SABI treatment significantly attenuated increases in serum NA content (Shams  $0.83 \pm 0.19$ , 3wksHF  $2.68 \pm 0.38$ , 3wksHF  $+ 2$ wksSABI 1.22 $\pm 0.32$ ,  $3wksHF + 3wksSABI$  1.38  $\pm$  0.33 ng ml<sup>-1</sup>). Moreover,  $\beta AR$  density (Shams 64 $\pm$ 5, 3wksHF 38 $\pm$ 3,  $3wksHF + 2wksSABI$   $48\pm4$ ,  $3wksHF + 3wksABI$   $55\pm3$  fmol mg<sup>-1</sup> protein) and responsiveness (isoprenaline-stimulated AC activity. (Shams  $57.6 \pm 4.9$ , 3wksHF  $36.3 \pm 6.0$ , 3wksHF  $+ 2$ wksSABI 56.9 $\pm$ 6.0, 3wksHF + 3wksSABI 54.5 $\pm$ 4.8 pmol cyclic AMP mg<sup>-1</sup> protein<sup>-1</sup> min<sup>-1</sup>) were significantly improved in SABI-treated rabbits.

4 From the present data we cannot address whether the improved  $\beta$ AR-AC system permitted improved LV function and/or whether the improved LV function resulted in less activation of the sympathetic nervous system and by this in a reduced stimulation of the  $\beta$ AR-AC system. Accordingly, additional studies are needed to fully establish the cause-and-effect relationship between NHE-1 inhibition and the restoration of the myocardial  $\beta AR$  system.

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Abbreviations: AR, adrenoceptor; BW, body weight; cAMP, cyclic AMP; CM, cardiomyocyte; CSA, cross-sectional area; Forsk, forskolin; HF, heart failure; HR, heart rate; ICYP, (-)-[<sup>125</sup>I]Iodocyanopindolol; ISO, isoprenaline; LV, left ventricle; LVEDD, LV end-diastolic diameter; LVS-FS, LV systolic fractional shortening; NA, noradrenaline; NHE, sodium/proton-exchanger; RyR2, ryanodine receptor; SABI, sabiporide; TUNEL, TdT-mediated dUTP nick end labeling

# Introduction

One key factor that contributes to the progression of heart failure (HF), especially in mediating (mal-)adaptive ventricular remodeling and dysfunction, is the activation of the sodium/ proton-exchanger isoform 1 (NHE-1) in response to pressure and volume overload (Takewaki et al., 1995; Chen et al., 2001; Baartscheer et al., 2003; 2005; Marano et al., 2004), hypertension (Camilion De Hurtado et al., 2002; Cingolani et al., 2003), ischemia and reperfusion (for reviews see Avkiran, 1999;

Karmazyn et al., 1999) and, as we have recently demonstrated, in response to nonischemic rapid left ventricular (LV) pacing (Aker et al., 2004).

Conversely, we and others could demonstrate that selective NHE-1 inhibitors possess potent antiapoptotic, antihypertrophic and antifibrotic effects, attenuate the associated ventricular remodeling and preserve systolic function (Otani et al., 2000; Spitznagel et al., 2000; Yoshida & Karmazyn, 2000; Chen et al., 2001; Kusumoto et al., 2001; Engelhardt et al., 2002; Baartscheer et al., 2003; 2005; Aker et al., 2004;

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NHE-1 represents a downstream effector of a wide variety of hypertrophic stimuli, including mechanical load and oxidative stress (Yamazaki et al., 1998; Snabaitis et al., 2002) as well as  $\beta$ -adrenoceptor ( $\beta$ AR)- and  $\alpha_1$ AR agonists (Wallert & Fröhlich, 1992; Snabaitis et al., 2000; Engelhardt et al., 2002; Schäfer et al., 2002), endothelin (Kramer et al., 1991) and angiotensin II (Gunasegaram et al., 1999).

In addition to its role in intracellular pH regulation, activation of NHE-1 results in the accumulation of intracellular sodium that, in turn, is responsible for an increase in intracellular calcium  $[Ca^{2+}]_i$  levels through  $Na^{+}/Ca^{2+}$ exchange (Despa et al., 2002; Baartscheer et al., 2003). Increased  $[Ca^{2+}]_i$ , in turn, contributes to the development of cardiac hypertrophy (Wilkins & Molkentin, 2004) and it was suggested that part of the improved systolic function following inhibition of NHE-1 relates to improved calcium handling (Baartscheer et al., 2003; 2005).

Whether or not NHE-1 inhibition has direct effects on the expression or function of  $[Ca^{2+}]$ <sub>i</sub> regulatory proteins, such as SERCA 2a, phospholamban and/or the ryanodine receptor (RyR2), which are altered in HF (Hasenfuss et al., 1997), is unknown. Likewise, it could recently be demonstrated that  $\beta_1$ AR stimulation leads to an upregulation of both NHE-1 mRNA and protein while NHE-1 inhibition exerted an inhibitory effect on  $\beta_1$ AR-induced cardiac hypertrophy (Engelhardt et al., 2002). However, it remains unknown whether NHE-1 inhibition possibly also affects the upstream myocardial  $\beta$ AR-signaling pathway, that is also impaired in HF (Brodde & Michel, 1999).

The aim of the present study was therefore to investigate the effects of NHE-1 inhibition on the myocardial  $\beta$ AR-signaling pathway during HF induced by rapid LV pacing, which is characterized by progressive LV remodeling and dysfunction (Ruffolo & Feuerstein, 1998; Moe & Amstrong, 1999; Aker et al., 2003; 2004; Schulz et al., 2003) and by pronounced alterations in the  $\beta$ AR-adenylyl cyclase (AC) system (Kawai et al., 2000; Port & Bristow, 2001).

For that purpose, we first analysed the myocardial  $\beta$ AR-AC system after 1, 2 and 3 weeks of rapid LV pacing to gain insight into the development and progression of LV dysfunction. Subsequently, we investigated the  $\beta$ AR-AC system after 3 weeks of LV pacing in rabbits treated with sabiporide (SABI,  $30 \text{ mg} \text{ kg}^{-1} \text{ day}^{-1} \text{ p.o.}$ ), a specific NHE-1 inhibitor (Aker et al., 2004); treatment was started after first signs of LV dysfunction had developed (after 1 week of pacing) or before initiation of pacing.

We determined  $\beta AR$  density and  $\beta AR$ -dependent and receptor-independent activation of AC activity in relation to LV structural (fibrosis, apoptosis and hypertrophy) and functional (LV systolic fractional shortening (LVS-FS) and LV end-diastolic diameter (LVEDD) changes.

# **Methods**

#### Experimental model and protocol

This study was approved by the bioethical committee of the district of Düsseldorf, Germany, and the investigation conforms with the Guide for the Care and Use of Laboratory Animals published by the US National Institute of Health (NIH publication no. 85-23, revised 1996).

Instrumentation of 30 Chinchilla rabbits (Charles River, Kisslegg, Germany) weighing  $3.3 \pm 0.1$  kg body weight (BW) was performed as described in detail elsewhere (Aker *et al.*, 2003; Schulz et al., 2003). HF was induced in 21 rabbits by LV pacing (400 b.p.m.) for one (1wkHF,  $n = 6$ ), two (2wksHF,  $n = 7$ ) and 3 weeks (3wksHF,  $n = 8$ ). Nine Sham-operated rabbits (Shams) served as controls. Heart failure was evident from clinical signs, such as ascites (1wkHF: 3/6 rabbits; 2wksHF: 6/6 rabbits; 3wksHF: 8/8 rabbits) and cachexia  $(1wkShams/lwkHF: 3.5\pm0.1/3.4\pm0.1 kg BW; 2wksShams/$ 2wksHF:  $3.6 + 0.1/3.4 + 0.1$  kg BW; 3wksShams/3wksHF:  $3.6\pm0.1/3.2\pm0.1$  kg BW), and echocardiographic parameters, such as a reduction of LVS-FS and an increase in LVEDD. After euthanasia of the rabbits, four to six samples (50 mg each) were taken from the LV free wall, two to three samples were frozen in liquid nitrogen and stored at  $-70^{\circ}$ C until further use or were fixed in formalin and embedded in paraffin.

#### SABI-treated animals

We were able to reanalyse from our recently published study (Aker et al., 2004) serum NA content and LV samples from seven Shams and 16 HF rabbits which had been rapidly paced for 3 weeks. Seven HF rabbits were treated with SABI  $(30 \text{ mg} \text{ kg}^{-1} \text{ day}^{-1} \text{ p.o.})$  after 1 week of pacing when first signs of LV dysfunction had developed, while Shams and nine HF rabbits were treated with SABI before initiation of pacing for 3 weeks.

#### Echocardiography

Heart rate (HR) and LV function were measured (Supervision 7000, Toshiba, Neuss, Germany) as described in detail elsewhere (Aker et al., 2003; Schulz et al., 2003). LVS-FS was assessed by measurement of the LVEDD and end-systolic diameter ((LVEDD – end-systolic diameter)/LVEDD  $\times$  100) (Aker et al., 2003; 2004; Schulz et al., 2003).

#### Histology

Apoptosis was determined using the TdT-mediated dUTP nick end labeling (TUNEL) technique (In Situ Cell Death Detection Kit, La Roche Diagnostics, Mannheim, Germany) as described recently (Aker et al., 2003; 2004; Schulz et al., 2003). TUNEL-positive cardiomyocyte (CM) nuclei were counted using fluorescence microscopy (Leica DMLB, Bensheim, Germany).

The extent of myocardial fibrosis was determined using Masson-Goldner trichrome staining and expressed as percentage of the field of view (three fields of  $0.075 \text{ mm}^2$  each), and CM cross-sectional area (CSA) was measured in hematoxylin and eosin-stained tissue sections (three fields of  $0.075 \text{ mm}^2$ ) each) as described in detail elsewhere (Aker et al., 2003; 2004; Schulz et al., 2003).

#### Determination of serum noradrenaline  $(NA)$  content

For determination of the serum NA content peripheral arterial blood was drawn through a catheter into ice-cold tubes before euthanasia. Samples were centrifuged with  $2500 \times g$  for 10 min at  $4^{\circ}$ C, serum was removed, quickly frozen in liquid nitrogen and stored at  $-80^{\circ}$ C until further use.

Serum samples were thawed on ice and  $1 \text{ ng ml}^{-1}$  3,4dihydroxybenzylamine was added as an internal standard. The samples were deproteinized (trichloroacetic acid,  $0.3 \text{ mol}1^{-1}$ final concentration), and the serum catecholamines were adsorbed to purified alumina at pH 8.6 (2.5 M tris(hydroxymethyl)aminomethane-HCl buffer containing  $10 \text{ mmol}1^{-1}$ mercaptoethanol). The alumina-bound catecholamines were washed three times with  $0.8 \text{ mol}^{-1}$  acetate buffer, pH 7.5, and once with water. Then the catecholamines were dissolved in  $200 \mu$ l 1.0 N acetic acid. An aliquot of this solution was used for high-performance liquid chromatography. Separation was achieved on a column (Nova-Pak-C18;  $3.9 \times 150$  mm; Waters, Eschborn, Germany), the mobile phase consisting of 150 mmol phosphoric acid,  $0.1$  mmol  $l^{-1}$  EDTA  $\cdot$  Na<sub>2</sub>,  $12$  mmol  $l^{-1}$  1octanesulfonic acid sodium salt, 2% (vol) methanol, pH 3.5 (adjusted with NaOH), with a flow of  $1.0 \text{ m}$ l min<sup>-1</sup> (pump: M510, Waters; pulse dampener: LP-21, Scientific Systems, State College, PA, U.S.A.). A glassy carbon electrode set to 650 mV against Ag–AgCl was used for electrochemical detection (model 400 EC Detector; EG & G Princeton Applied Research, Princeton, NJ, U.S.A.).

#### bAR density

Frozen tissue was thawed on ice in ice-cold  $1$  mmol  $1^{-1}$  KHCO<sub>3</sub> and minced with scissors and gradually homogenized with an Ultra-Turrax (Ultra-Turrax T25; Janke & Kunkel IKA<sup>®</sup> Labortechnik; Germany) at 24,000 r.p.m. for 10 s and twice at 17,500 r.p.m. for 20 s with 1 min intervals on ice. The homogenate, brought up to 15–20 ml with  $1 \text{ mmol } 1^{-1}$  KHCO<sub>3</sub>, was centrifuged for 15 min at  $1000 \times g$  at 4°C. The pellet was resuspended in 1 ml 1 mmol  $1^{-1}$  KHCO<sub>3</sub>, immediately frozen in liquid nitrogen an stored at  $-80^{\circ}$ C until further use (see determination of AC activity). The supernatant was filtered through four layers of cheesecloth and centrifuged for 20 min at  $20,000 \times g$  and  $4^{\circ}$ C. The resulting pellet was resuspended in  $10 \text{ ml } 1 \text{ mmol } l^{-1}$  KHCO<sub>3</sub> and recentrifuged again (see above). The resulting pellet was resuspended in 1 ml incubation buffer (mmol 1<sup>-1</sup>: 10 Tris-HCl, pH 7.4; 154 NaCl 0.01% ascorbic acid) and protein content was determined according to Bradford (1976) using bovine  $\gamma$ -globulin as standard.

(-)-[125I]Iodocyanopindolol (ICYP; specific activity 2200 Cimmol<sup>-1</sup>; NEN<sup>™</sup>, Dreieich, Germany) saturation analysis was performed as recently described (Leineweber et al., 2003) by incubating  $20 \mu$ g protein/assay with six concentrations of ICYP ranging from 5 to 200 pmol $1<sup>-1</sup>$  in a final volume of 250  $\mu$ l for 90 min at 37°C. Nonspecific binding of ICYP was defined as binding to membranes, which was not displaced by a high concentration of the nonselective  $\beta AR$  antagonist  $(\pm)$ -CGP 12177 (1 µmol l<sup>-1</sup>). Specific binding of ICYP was defined as total binding minus nonspecific binding (usually 70–80% at 50 pmol  $l^{-1}$  of ICYP).

#### AC activity

Crude LV membranes (see above) were thawed on ice and recentrifuged with  $2000 \times g$  for 15 min at 4°C. The pellet was resuspended in 5 ml ice-cold homogenisation buffer  $(mmol)^{-1}$ : 5 Tris-HCl, pH 7.4; 1 MgCl<sub>2</sub>, 250 sucrose) and rehomogenized with an Ultra-Turrax (Ultra-Turrax T25; Janke & Kunkel

IKA<sup>®</sup> Labortechnik; Germany) twice at  $17,500$  r.p.m. for  $20 \text{ s}$ with 1 min intervals on ice. The homogenate was recentrifuged for 15 min at  $2000 \times g$  at 4°C, the supernatant was discharged and the resulting pellet was resuspended in 1 ml ice-cold TEN buffer (mmol l<sup>-1</sup>: Tris-HCl, pH 7.4; 1 Na-ethylendiaminetetraacetic acid (Na-EDTA), 25 NaCl) and protein content was determined according to Bradford (1976) using bovine  $\gamma$ globulin as standard. AC activity was assessed as described by Salomon et al. (1974) with minor modifications. Two different incubation conditions were employed. For determination of basal AC activity, membranes  $(30-40 \mu g)$  protein) were incubated for 10 min at 30 $^{\circ}$ C in incubation buffer A (mmol  $1^{-1}$ : 40 HEPES, pH 7.4; 5 MgCl<sub>2</sub>, 1 Na-EDTA, 0.5 [a-<sup>32</sup>P]ATP (specific activity 30 Cimmol<sup>-1</sup>; NEN<sup>™</sup>, Dreieich, Germany), 0.1 cyclic AMP) and an ATP regenerating system  $(5 \text{ mmol } 1^{-1})$ phosphocreatine and  $50 \text{ U m}$ <sup>1</sup> creatine phosphokinase) in a final volume of  $100 \mu l$ . For determination of GTP-, 100 μmol l<sup>-1</sup> isoprenaline (ISO)-stimulated and  $100 \mu$ mol l<sup>-1</sup> forskolin-(Forsk)-stimulated AC activity, membranes were incubated in incubation buffer A with  $10 \mu$ mol l<sup>-1</sup> GTP. The reaction was stopped by adding  $800 \mu l$  of 50 mmol  $l^{-1}$  Tris-HCl buffer (pH 7.4 at  $25^{\circ}$ C) containing 40 mmol l<sup>-1</sup> ATP and  $1.4$  mmol  $1^{-1}$  cyclic AMP adjusted with [<sup>3</sup>H]cyclic AMP (5000–  $10,000 \text{ c.p.m.},$  specific activity  $44.5 \text{ Ci mmol}^{-1}$ ; NEN<sup>TM</sup>, Dreieich, Germany) to monitor the recovery of  $[32P]$ cyclic AMP (Salomon et al., 1974).

#### Statistics

Experimental data given in text and figures are expressed as mean values $+s.e.m.$  The equilibrium dissociation constant  $(K_{\rm D})$  and the maximal number of binding sites  $(B_{\rm max})$  for ICYP binding were calculated by nonlinear regression analysis (hyperbolic function:  $y = B_{\text{max}} \times x/(K_{\text{D}} + x)$ ) using the iterative curve-fitting Prism 2.0 program (Graph-Pad Software, San Diego, CA, U.S.A.). Linear regression analysis of data was performed by the least-squares method (model:  $\beta AR$ density =  $a \times sNA + b$ ) with 95% confidence. Pearson-correlation was calculated assuming that data were sampled from a Gaussian population with 95% confidence. The significance of differences was estimated by one-way or two-way ANOVA, where appropriate. All statistical calculations were performed using the Prism program. A *P*-value  $< 0.05$  was considered to be significant.

#### **Results**

#### $Myocardial \ \beta AR$  density and serum NA content

In untreated HF rabbits,  $\beta$ AR density significantly decreased in comparison to Shams  $(64 \pm 5 \text{ fmol mg}^{-1} \text{ protein})$  already after 1 week of pacing (1wkHF:  $46 \pm 2$  fmol mg<sup>-1</sup> protein;  $P<0.05$  vs Shams; Figure 1a, left).  $\beta AR$  density persisted at this reduced level when pacing was prolonged for 2 weeks (2wksHF:  $47 \pm 2$  fmol mg<sup>-1</sup> protein;  $P < 0.05$  vs Shams) but further declined after 3 weeks of pacing (3wksHF:  $38 \pm 3$  fmol mg<sup>-1</sup> protein;  $P < 0.05$  vs Shams, 1wk and 2wksHF). Serum NA content increased in comparison to Shams from  $0.83 \pm 0.19$  ng ml<sup>-1</sup> to  $1.78 \pm 0.18$  ng ml<sup>-1</sup>,  $2.72 \pm 0.20$  ng ml<sup>-1</sup> and  $2.68 \pm 0.38$  ng ml<sup>-1</sup> (all  $P < 0.05$  vs Shams) after 1, 2 and 3 weeks of pacing, respectively



Figure 1 Myocardial  $\beta$ AR density in relation to serum NA content:  $\beta$ AR density (left), serum NA (middle) and correlation between  $\beta$ AR density and serum NA (a) with progression of pacing-induced HF and (b) in SABI-treated rabbits after 3 weeks of pacing. Values are means  $\pm$  s.e.m. with \*P < 0.05 vs Shams and  $\#P$  < 0.05 vs 3wksHF not treated with SABI (left and middle), r represents Pearson-correlation coefficient, P represents P-value (right).

(Figure 1a, middle). Serum NA content was inversely correlated with  $\beta$ AR density (Figure 1a, right).

SABI treatment did not affect  $\beta$ AR density in Shams  $(Shams + SABI: 58 \pm 4 \text{ fmol mg}^{-1}$  protein; Figure 1b, left). In 3wksHF rabbits, SABI treatment significantly attenuated the decrease in  $\beta$ AR density in comparison to untreated 3wksHF rabbits, independent of whether the treatment started after first signs of LV dysfunction had developed  $(3wksHF + 2wksSABI: 48 \pm 4 \text{ fmol mg}^{-1} \text{ protein}; P < 0.05 \text{ vs }$  $3wksHF$ ) or before initiation of pacing  $(3wksHF + 3wksSABI)$ :  $55 \pm 3$  fmol mg<sup>-1</sup> protein;  $P < 0.05$  vs 3wksHF; Figure 1b, left). In addition, while SABI treatment did not affect serum NA content in Shams (Shams + SABI:  $0.87 \pm 0.21$  ng ml<sup>-1</sup>; Figure 1b, middle), in 3wksHF rabbits, SABI treatment significantly attenuated the increase in serum NA content measured in untreated 3wksHF rabbits, independent whether the treatment started after first signs of LV dysfunction had developed  $(3wksHF + 2wks SABI: 1.22 \pm 0.32 \text{ ng ml}^{-1})$ ;  $P<0.05$  vs 3wksHF; Figure 1b, middle) or before initiation of pacing  $(3wksHF + 3wksSABI: 1.38 \pm 0.33 \text{ ng} \text{m}^{-1}; P < 0.05$ vs 3wksHF; Figure 1b, middle). Also in SABI-treated rabbits, serum NA content was inversely correlated with  $\beta$ AR density (Figure 1b, right).

## Myocardial AC activity

After 1 week of pacing, while basal, GTP- and Forskstimulated AC activities were not altered, ISO-stimulated AC activity was significantly reduced  $(28 \pm 6 \text{ pmol}$  cyclic AMP  $(cAMP)$  mg<sup>-1</sup> protein min<sup>-1</sup>) in comparison to Shams  $(58 \pm 5 \text{ pmol cAMP mg}^{-1} \text{ protein min}^{-1}; \text{ Figure } 2a)$ . After 2 weeks of pacing basal, GTP-, ISO- and Forsk-stimulated AC activities were significantly reduced (basal  $10+2$ , GTP  $13+3$ ,

ISO 38  $\pm$  6, Forsk 183  $\pm$  31 pmol cAMP mg<sup>-1</sup> protein min<sup>-1</sup>; Figure 2a) in comparison to Shams and almost persisted on these levels even when pacing was prolonged for 3 weeks (basal  $9\pm 3$ , GTP  $13\pm 3$ , ISO  $36\pm 6$ , Forsk  $188\pm 27$  pmol  $cAMPmg^{-1}$  protein min<sup>-1</sup>; Figure 2a).

In SABI-treated 3wksHF rabbits, AC activity (independently from the mode of activation) was significantly improved in comparison to untreated 3wksHF rabbits. Again, the functional improvement was independent of whether the treatment started after first signs of LV dysfunction had developed (3wksHF + 2wksSABI: basal  $16\pm1$ , GTP  $23\pm5$ , ISO  $57 \pm 6$ , Forsk  $296 \pm 20$  pmol cAMP mg<sup>-1</sup> protein min<sup>-1</sup>; Figure 2b) or before initiation of pacing  $(3wksHF + 3wksSA -$ BI: basal  $18+4$ , GTP  $28+4$ , ISO  $54+5$ , Forsk  $264+20$ pmol cAMP mg<sup>-1</sup> protein min<sup>-1</sup>; Figure 2b). However, also in Shams SABI treatment significantly affected basal, GTPand ISO-stimulated AC activity (basal  $32\pm5$ , GTP  $47\pm7$ , ISO  $89 \pm 17$  pmol cAMP mg<sup>-1</sup> protein min<sup>-1</sup>; Figure 2b) and tended to enhance Forsk-stimulated AC activity  $(410 \pm 64 \text{ cAMP} \text{ mg}^{-1} \text{ protein min}^{-1}; n = 7, \text{ Figure 2b}) \text{ in com-}$ parison to untreated Shams.

#### **Hemodynamics**

HR tended to increase with progression of HF reaching statistical significance, however, only in 2wksHF rabbits (Shams  $230 \pm 6$  b.p.m., 1wkHF  $261 \pm 13$  b.p.m., 2wksHF  $282 \pm 10$  b.p.m., 3wksHF  $260 \pm 15$  b.p.m.). HR was not different between SABI-treated Shams  $(Shams + SABI)$ :  $241 + 28$  b.p.m.) and 3wksHF rabbits, independent of whether the treatment started after first signs of LV dysfunction had developed  $(3wksHF + 2wksSABI: 250 + 13 b.p.m.)$  or before initiation of pacing  $(3wksHF + 3wksSABI: 268 + 14 b.p.m.).$ 



Figure 2 Myocardial  $\beta$ AR-dependent and -independent stimulation of AC activity: (a) with progression of pacing-induced HF and (b) in SABI-treated rabbits after 3 weeks of pacing: basal, GTP 5 stimulated,  $10 \mu \text{mol}^{-1}$  GTP  $5 + 100 \mu \text{mol}^{-1}$  ISO-stimulated,  $10 \mu$ mol l<sup>-1</sup> GTP + 100  $\mu$ mol l<sup>-1</sup> Forsk-stimulated AC activity. Values are means  $\pm$  s.e.m. in (a) with  $^{#}P$  < 0.05 vs Sham and  $^{*}P$  < 0.01 vs Sham; in (b) with  ${}^{8}P<0.05$  vs Shams not treated with SABI,  $*P<0.01$  vs Shams not treated with SABI,  $*P<0.05$  vs untreated 3wksHF rabbits.

With progression of HF, LVEDD significantly increased from baseline to 3wksHF (Shams:  $17 \pm 0.2$  mm, 1wkHF:  $18 + 0.3$  mm, 2wksHF:  $19 + 0.3$  mm, 3wksHF:  $20 + 0.5$  mm, all HF with  $P < 0.05$  vs Shams) but remained significantly lower in SABI-treated 3wksHF rabbits, independent of whether the treatment started after first signs of LV dysfunction had developed  $(3wksHF + 2wksSABI 18 + 0.6 mm with P<0.05$ vs untreated 3wksHF) or before initiation of pacing (3wksHF + 3wksSABI  $18 \pm 0.6$  mm with  $P < 0.05$  vs untreated 3wksHF). SABI treatment alone did not affect LVEDD in Shams (Shams + 3wksSABI:  $16 \pm 1.0$  mm). With progression of HF, LVEDD was inversely correlated with  $\beta$ AR density  $(r = -0.6810, P < 0.0001)$ , ISO-  $(r = -0.4947, P = 0.0054)$  and Forsk-stimulated AC-activity ( $r = -0.5714$ ,  $P = 0.001$ ), while in SABI-treated rabbits a significant inverse correlation was only found between LVEDD and receptor-independent Forskstimulated AC activity ( $r = -0.6272$ ,  $P = 0.0018$ ).

During the development of HF, LVS-FS significantly decreased from baseline to 3wksHF (Shams:  $31 \pm 1\%$ , 1wkHF:  $19+1\%$ , 2wksHF:  $17+1\%$ , 3wksHF:  $10+1\%$ , all HF with  $P<0.05$  vs Shams) but remained significantly higher in SABItreated 3wksHF rabbits, independent of whether the treatment started after first signs of LV dysfunction had developed

(3wksHF + 2wksSABI:  $16+4%$  with P < 0.05 vs untreated  $3wksHF$ ) or before initiation of pacing  $(3wksHF + 3wksSABI$ :  $18+6\%$  with  $P<0.05$  vs untreated 3wksHF) SABI treatment alone did not affect LVS-FS in Shams  $(Shams + SABI)$ :  $30\pm4\%$ ). With progression of HF, LVF-FS was inversely correlated with  $\beta$ AR density (Figure 3a, left), receptordependent (ISO-stimulated; Figure 3b, left) and -independent (Forsk-stimulated, Figure 3c, left) stimulation of AC activity; such correlations were lost following SABI-treatment (Figure 3a–c, right).

#### Histology during the progression of HF

With progression of HF, the number of TUNEL-positive CMs, the CSA of the remaining viable CMs and the extent of myocardial fibrosis tended to increase with progression of pacing-induced HF, reaching statistical significance after 3 weeks of pacing (Table 1).

In comparison to untreated 3wksHF rabbits, SABI-treatment attenuated these increases in TUNEL-positive CMs, CSA of the remaining viable CMs and the extent of fibrosis (Table 1).

In addition, during progression of HF the number of TUNEL-positive CMs, the CSA of the remaining viable CMs and the extent of myocardial fibrosis were negatively correlated with  $\beta$ AR density, whereas in rabbits treated with SABI these relations were no longer evident (Table 2). Furthermore, with progression of HF the number of TUNEL-positive CMs and CSA of the remaining viable CMs were negatively correlated with ISO- and Forskstimulated AC activity, whereas again in SABI-treated rabbits these relations were no longer evident (Table 2).

## **Discussion**

In the present study, the progression of nonischemic rapid pacing-induced HF (LVEDD increased while LVS-FS decreased) was associated with increases in the extent of apoptosis, hypertrophy and fibrosis. These structural and functional alterations were associated with and correlated to increases in serum NA content and decreases in myocardial  $\beta$ AR densities and AC activities (independent by the mode of activation). SABI treatment significantly attenuated these LV structural and functional alterations. Moreover, SABI treatment also significantly attenuated increases in circulating NA and improved  $\beta$ AR density and AC activity.

Chronic HF, in humans as well as in experimental animal models, is characterized by impaired myocardial  $\beta$ AR responsiveness mainly caused by a decrease in  $\beta$ AR density (mainly  $\beta_1$ AR) and a functional uncoupling of the remaining receptors from the  $G_{\alpha s}$ -protein AC pathway (Bristow *et al.*, 1982; Brodde & Michel, 1999). In agreement with other studies, we could demonstrate that the reduction in  $\beta AR$  density and function was directly related to the severity of HF and associated with an elevated activity of the sympathetic nervous system, as indicated by increased circulating NA (Delehanty et al., 1994; Kawai et al., 2000; Leineweber et al., 2002; 2005).

Within 1 week of rapid pacing LV dysfunction developed and the sympathetic nervous system was stimulated (two-fold increase in circulating NA), possibly due to an early and preferential activation of cardiac sympathetic nerves (Kawai



Figure 3 LVS-FS in relation to (a)  $\beta$ AR density and to (b) ISO- and (c) Forsk-stimulated AC activity: Left side with progression of pacing-induced heart failure and right side in SABI-treated rabbits after 3 weeks of pacing.  $\beta$ AR density in fmol mg<sup>-</sup> protein, AC activity in pmol cAMP mg<sup>-1</sup> protein min<sup>-1</sup>, LVS-FS in %; r represents Pearson-correlation coefficient, P represents P-value.

et al., 2000). The latter results in an increased NA 'spillover' into the synaptic cleft that is sufficient to strongly activate myocardial  $\beta$ ARs; subsequently, G-protein-coupled receptor kinases phosphorylate and by this desensitise and/or downregulate the  $\beta$ ARs in chronic HF (Ping & Hammond, 1994; Ping et al., 1997; Leineweber et al., 2002; 2005). Accordingly, we found in the present study a significant decrease in myocardial  $\beta$ AR density by about 30% and an isolated decrease in ISO-stimulated AC activity by about 50%, related, at least in part, to the uncoupling of the remaining  $\beta ARs$  from the G-protein AC system. With progression of rapid pacinginduced HF and in association with a three-fold increase in circulating NA (after 2 and 3 weeks) myocardial  $\beta$ ARs decreased further, accompanied by reduced AC responsiveness to ISO, GTP and GTP/Forsk and suggesting an additional defect in the G-protein AC system. This finding is in good agreement with several other studies demonstrating that prolonged rapid ventricular pacing could either result in a defect in the catalytic unit of the AC and/or a decreased AC mRNA expression and/or a decrease in the  $G_{\alpha s}$ - or increase in the  $G_{ai}$ -protein (Calderon *et al.*, 1991; Marzo *et al.*, 1991; Kiuchi et al., 1993; Larosa et al., 1993; Roth et al., 1993; Ishikawa et al., 1994; Spinale et al., 1994; Ping et al., 1997; Kawai et al., 2000). However, it should be noted, that in all studies so far  $\beta$ AR density and AC activity were determined in crude membrane preparations that are composed not only of



Table 1 Left ventricular structure in HF-rabbits after 1, 2 and 3 weeks of rapid left ventricular pacing and HF-rabbits after 3 weeks of rapid left ventricular pacing, treated for 2 or 3 weeks with sabiporide, and Shams, treated for 3 weeks with sabiporide

 $Area = total$  analyzed surface area;  $CM =$  cardiomyocyte;  $CSA =$  cross-sectional area;  $HF =$  heart failure;  $SABI =$  sabiporide. Values are Means  $\pm$  s.e.m. with \*P<0.05 vs Shams and  $^{#}P$ <0.05 vs 3wksHF.





 $AC =$ adenylyl cyclase-activity in pmol c $AMPmg^{-1}$ protein min<sup>-1</sup>;  $\beta AR = \beta$ -adrenoceptor in fmol mg<sup>-1</sup> protein; CM = cardiomyocyte;  $ISO = isoprenaline; Forsk = forskolin.$ 

r represents Pearson-correlation coefficient, P represents P-value.

CMs but contain various nonmyocyte cells including fibroblasts and endothelial cells. These cells contain predominantly  $\beta_2$ ARs and have significantly lower AC Type V and VI mRNA levels than CMs (Ishikawa et al., 1992; Ping & Hammond, 1994; Ping et al., 1997; Leineweber et al., 2003). Therefore, an alternative explanation for the pronounced reduction in  $\beta AR$ density and AC activity after 3 weeks of pacing could be the loss of viable CMs due to apoptosis and an interstitial replacement fibrosis.

In human chronic or end-stage HF (Narula et al., 1996; Olivetti et al., 1996; 1997) and in experimental animal models of myocardial hypertrophy or HF (Sharov et al., 1996; Li et al., 1997; Aker et al., 2003; 2004; Schulz et al., 2003), apoptosis contributes, at least in part, to cardiac remodeling, myocardial dysfunction and the alterations in the  $\beta$ AR-AC system, as also observed in the present study. Recent studies in isolated rat CMs or transgenic mice indicated that

overstimulation and/or overexpression of the  $\beta AR$  system itself might contribute to promotion of apoptosis, myocardial hypertrophy and interstitial replacement fibrosis (Communal et al., 1999; Engelhardt et al., 1999; Morisco et al., 2001), possibly *via*  $\beta_1$ AR-mediated cardiotoxic Ca<sup>2+</sup> overload (Mann et al., 1992, Communal et al., 1998; Iwai-Kanai & Hasegawa, 2004). Indeed, treatment of patients with chronic HF with selective  $\beta_1$ R-antagonists not only reversed the downregulation of  $\beta_1$ ARs and the uncoupling of the remaining receptors but also reversed existing and prevented further remodeling and improved LV systolic function by the restoration of maladaptive defects in myocardial  $Ca^{2+}$ signaling (Bristow, 1997; Brodde & Michel, 1999; Reiken et al., 2001; 2003).

Recently, it became evident, that NHE-1 is one of the downstream effectors of the  $\beta AR$  system, that is activated secondary to  $\beta$ AR overexpression or  $\beta$ AR overstimulation

(Schlüter et al., 1998; Engelhardt et al., 2002; Schäfer et al., 2002). Increased NHE-1 activity was also associated with an increase in the extent of apoptosis, fibrosis (Otani *et al.*, 2000, Engelhardt et al., 2002; Cingolani et al., 2003, Aker et al., 2004) and hypertrophy of CMs in HF linked to increases in [Na<sup>+</sup>]<sub>i</sub> and end-diastolic  $[Ca^{2+}]$ <sub>i</sub> and a deranged sarcoplasmatic  $Ca^{2+}$  handling (Baartscheer *et al.*, 2003). Conversely, inhibition of NHE-1 by specific inhibitors, for example cariporide, has been suggested to confer structural and functional cardioprotective effects in HF (for a review see Karmazyn et al., 1999) and it was suggested that part of the improved systolic function following inhibition of NHE-1 relates to improved calcium handling (Baartscheer et al., 2003; 2005).

In good agreement with the studies mentioned above, we recently demonstrated that SABI treatment significantly attenuated the extent of apoptosis, hypertrophy and fibrosis and the increases in LVEDD and decreases in LVS-FS associated with rapid LV pacing. These structural and functional alterations were associated with an improvement in myocardial  $\beta$ AR density and AC activity (independent of the mode of activation), independent of whether the treatment started after first signs of HF had developed or prior to initiation of pacing. Whether NHE-1 inhibition had a direct effect on the expression or function of the  $\beta AR$  system is unknown, however, it should be mentioned that after 3 weeks of pacing SABI treatment significantly attenuated, in comparison to untreated 2 and 3wksHF rabbits, the increases in circulating NA by about 50%. Interestingly, most deleterious structural and functional effects of rapid LV pacing observed in the present study during progression of HF in untreated

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rabbits were attenuated under SABI treatment to values that we again found in the early stage of HF.

Moreover, it should be mentioned that NHE-1 is ubiquitously expressed and is activated during myocardial ischemia not only in CMs but also in sympathetic nerve endings, where it increases intraneuronal  $[Na^+]$  and thus activates the Na<sup>+</sup>dependent NA transporter uptake<sub>1</sub> (Reid *et al.*, 2004). Normally uptake<sub>1</sub> is responsible for NA reuptake into sympathetic nerve endings; under ischemic conditions, however, it reverses in an outward direction (carrier-mediated release), releasing pathological amounts of NA into the synaptic cleft (Schömig  $\&$  Richardt, 1990). Whether this reversed NA transport hold also true in HF is unknown. The present data, however, suggest that NHE-1 inhibition may not only restore myocardial  $[Ca^{2+}]$ <sub>i</sub> but also the inward direction of uptake<sub>1</sub>, by restoring neuronal  $[Na<sup>+</sup>]$ <sub>i</sub>, thus leading to a reduction in NA concentrations within the synaptic cleft and by this to a reduction of the agonist-mediated deleterious effects on the myocardial  $\beta$ AR system.

However, from the present data we cannot address whether the improved  $\beta$ AR-AC system permitted improved LV function and/or whether the improved LV function resulted in less activation of the sympathetic nervous system and by this to a reduced stimulation of the  $\beta$ AR-AC system. Accordingly, additional studies are needed to fully establish the cause-andeffect relationship between NHE-1 inhibition and the restoration of the myocardial  $\beta$ AR system.

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