



Nitric oxide synthase expression, enzyme activity and NO production during angiogenesis in the chick chorioallantoic membrane

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1 In order to elucidate further the role of nitric oxide (NO) as an endogenous antiangiogenic mediator, mRNA expression of inducible nitric oxide synthase (iNOS), enzyme activity and production of NO were determined in the chick chorioallantoic membrane (CAM), an *in vivo* model of angiogenesis. In this model, maximum angiogenesis is reached between days 9–12 of chick embryo development. After that period, vascular density remains constant.

2 Inducible NO synthase (iNOS) mRNA expression, determined by reverse transcriptase polymerase chain reaction (RT–PCR), increased from the 8th day reaching a maximum (70% increase) at days 10–11.

3 NO synthase activity, determined as citrulline formation in the presence of calcium, also increased from day 8 reaching a maximum around day 10 (100% increase). Similar results were obtained in the absence of calcium suggesting that the NOS determined was the inducible form.

4 Nitric oxide production, determined as nitrites, increased from day 8 reaching a maximum around day 10 (64% increase) and remaining stable at day 13.

5 Finally, the bacterial lipopolysaccharide LPS (which activates transcriptionally iNOS), inhibited dose dependently angiogenesis in the CAM. These results in connection with previous findings from this laboratory, showing that NO inhibits angiogenesis in the CAM, suggest that increases in iNOS expression, enzyme activity and NO production closely parallel the progression of angiogenesis in the CAM, thus providing an endogenous brake to control this process.

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Abbreviations: CAM, chick chorioallantoic membrane; D-NAME, N^G-nitro-D-arginine methyl ester; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; iNOS, inducible nitric oxide synthase; L-Arg, L-arginine; L-NAME, N^G-nitro-L-arginine methyl ester; LPS, lipopolysaccharide; NO, nitric oxide; VEGF, vascular endothelial growth factor

Introduction

Nitric oxide (NO) in addition to its multiple roles in pathophysiology, has recently been added to the list of endogenous mediators of angiogenesis (Pipili-Synetos *et al.*, 1994). Angiogenesis is a highly regulated process implicated in many pathological circumstances including tumour growth and involving a great number of mediators such as growth factors, thrombin, thrombospondin and angiostatin (Maragoudakis, 1993; O'Reilly *et al.*, 1994). NO however, unlike most of the above substances, has been shown to possess both pro- and anti-angiogenic properties. For instance, it has been shown that in the rabbit cornea, NO mediates stimulated angiogenesis (Gallo *et al.*, 1998; Ziche *et al.*, 1994; 1997). In addition, NO promotes proliferation of the coronary endothelium in culture (Parenti *et al.*, 1998; Ziche *et al.*, 1993; 1997; Morbidelli *et al.*, 1996) and appears to mediate vascular endothelial growth factor (VEGF)-induced proliferation in human endothelial cells (Papapetropoulos *et al.*, 1997; Hood & Granger, 1998). All the above effects involve NO produced through the constitutive NO synthase (cNOS) and are cyclic GMP-dependent.

There is, on the other hand, a considerable body of evidence supporting the antiangiogenic role of NO. Work from this laboratory has shown that, in the chick chorioallantoic membrane (CAM), NO donors inhibit basal and stimulated angiogenesis (Pipili-Synetos *et al.*, 1993; 1994; 1995; Sakkoula *et al.*, 1997). Moreover, we and a number of laboratories have shown that NO either has no effect or inhibits proliferation of a variety of endothelial cell types (Pipili-Synetos *et al.*, 1994; Babaei *et al.*, 1998; RayChaudhury *et al.*, 1996; Yang *et al.*, 1994). The type of NO involved in some of these effects appears to be that produced through activation of the inducible NO synthase (iNOS) (Sakkoula *et al.*, 1997; RayChaudhury *et al.*, 1996). It is therefore possible that the production of high amounts of NO *via* iNOS might inhibit angiogenesis, while small amounts produced *via* cNOS might be proangiogenic. If this were the case, iNOS should be the main type involved in the antiangiogenic effects of NO in the CAM.

In order to test this hypothesis, the expression of iNOS mRNA, the type and the activity of the translation product (NOS) and the enzyme product (NO) were determined in the CAM from day 8 to day 13 of embryo development. This time frame was chosen because in this model, maximum angiogenesis is reached between days 9 and 12 of chick embryo development. After that period, vascular density remains constant (Maragoudakis *et al.*, 1988).

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Methods

RNA isolation

Total cellular RNA isolation was performed by the acid guanidinium isothiocyanate-phenol-chloroform method (Chomczynski & Sacchi, 1987). For each sample, 4–5 CAMs from days 8–13 were taken, washed with ice-cold PBS, drained to remove excess fluid and homogenized in solution D (4 M guanidinium chloride, 25 mM sodium citrate, 0.5% sarcosyl, 0.2 M mercaptoethanol) by passing several times through a 18-gauge syringe needle. The homogenates were kept at -80°C . Total cellular RNA was extracted from collected frozen homogenates and the integrity of RNA was tested by running an aliquot on a 2.2 M formaldehyde 1% agarose gel.

RT-PCR

A 530 bp fragment of chick iNOS cDNA was amplified by RT-PCR in a thermal cycler PTC-200, Peltier (MJ Research). Primers were designed according to the published cDNA sequence of chick iNOS (Lin *et al.*, 1996) and were: 5'-CCAGAGAGATTCATCTGACCG-3' (sense) and 5'-GGTCCCTACAACGAGTCTGAA-3' (antisense). The reporter gene was the chicken glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and the primers: 5'-ACG-GATTTGGCCGTATTGGC-3' (sense) and 5'-GCAG-GATGCGAAACTGAGCG-3' (antisense) were designed according to the published sequence (Stone *et al.*, 1985) to yield a fragment of 1223 bp. The RT-PCR reactions were performed in a single step using the Access RT-PCR system (Promega) according to the following conditions: The Reverse Transcriptase reaction was performed by AMV-RT for 1 h at 48°C . After an initial denaturation step for 2 min at 94°C , 30 cycles of amplification (94°C for 1 min, 57°C for 40 s and 68°C for 1.5 min) were performed and ended with a final annealing step at 57°C for 1 min, followed by a final DNA synthesis step at 68°C for 7 min. DNA contamination was excluded by performing PCR reactions in the absence of the Reverse Transcription step. To further establish that the 530 bp PCR fragment represents iNOS cDNA, we performed a nested PCR reaction using the initial antisense primer (5'-GGTCCCTACAACGAGTCTGAA-3') and a new sense primer (5'-GATATTACTGTTTGGCTGCCG-3'), internal to the 530 bp fragment. This reaction yielded the expected 253 bp fragment, thus confirming that the 530 bp PCR product corresponds to the iNOS cDNA (Figure 1).

The RT-PCR products were subjected to electrophoresis on 1.5% agarose gels containing ethidium bromide and photographed. The resulting photographs were scanned and the PCR bands were measured (width and intensity) using ImagePC. The ratio of iNOS/GAPDH electrophoretic band values represents the expression of iNOS gene for the days 8–13 of chicken embryo development.

The chick chorioallantoic membrane (CAM)

The *in vivo* CAM angiogenesis model, initially described by Folkman (Folkman, 1985) and modified as previously reported (Maragoudakis *et al.*, 1988), was used. Biochemical evaluation of angiogenesis was performed by determining the extent of collagenous protein biosynthesis in the CAM lying directly under the disc applied at day 9 of chick embryo development. After 48 h, the tissue containing radioactivity was subjected to collagenase digestion. The

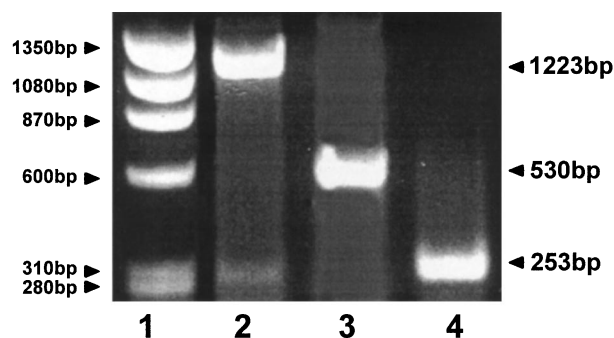


Figure 1 Reverse transcriptase-polymerase chain (RT-PCR) reactions for chicken GAPDH and iNOS mRNA. Lane 1: $\phi \times 174$ marker. Lane 2: The product of RT-PCR for GAPDH mRNA that showed the expected band of 1223 bp and a double non-specific band of 200 bp. Lane 3: The product of RT-PCR for the mRNA of chicken iNOS that yielded the expected band of 530 bp. Lane 4: The product of nested PCR for iNOS cDNA that yielded a 253 bp band from the 530 bp band that represents chicken iNOS.

resulting radiolabelled tripeptides, corresponding to basement membrane collagen and other collagenous material synthesized by the CAM from ($U-^{14}\text{C}$)-proline, were counted and expressed as c.p.m. mg^{-1} protein. For each egg, collagenous protein biosynthesis under the disc containing the test material was then expressed as % of that under the control disc in the same egg (n signifies the number of eggs for each treatment).

Determination of NOS activity

NOS was determined in tissue homogenates as the conversion of [^{14}C]-L-arginine to [^{14}C]-L-citrulline, as described elsewhere (Rachel *et al.*, 1998). Briefly, 4–5 CAMs from day 8–13 were dissected and washed three times with PBS pH 7.3 and were then homogenized (1:5 w v^{-1} in 20 mM Tris-HCl buffer, pH 7.4 containing 2 mM EDTA). The tissue homogenates were centrifuged at $10\,000 \times g$ for 10 min and the supernatants stored at -80°C until assayed for NOS activity.

Combined NOS activity was determined in incubations (15 min at 37°C ; total volume 100 μl) containing supernatants from CAMs (82 μl), [^{14}C]-L-arginine (0.2 μCi , 670 nM), NADPH (0.5 mM), CaCl_2 (0.75 mM), tetra-hydrobiopterin (BH_4 , 0.03 mM) and L-arginine (0.01 mM), in the presence or absence of N^G -nitro-L-arginine methyl ester (L-NAME) (100 mM). Specific NOS activity was calculated as the activity in the absence minus the activity in the presence of L-NAME. To determine iNOS activity, CaCl_2 was omitted and replaced by homogenization buffer (P. Moore, personal communication). The reaction was terminated by addition of 3 ml HEPES buffer (20 mM pH 5.5) containing 2 mM EDTA and reaction mixtures were applied to 1.0 ml columns of Dowex AG50WX-8 (Na^+) followed by 0.5 ml distilled water. [^{14}C]-L-citrulline was quantified by liquid scintillation spectroscopy (Beckman 1801 LS) of 0.6 ml of the combined flow-through. Protein concentration of the tissue homogenates was determined using the Bradford reagent (Bradford, 1976). Results are expressed as pmol citrulline $\text{min}^{-1} \text{mg}^{-1}$ protein.

Determination of nitrites

For the determination of the nitrites formed by the CAM, 4–5 CAMs from day 8–13, were dissected, washed three times with PBS, pH 7.3, and cut into small pieces. They

were then placed in 24-well plates so that each well contained approximately 0.5–1.0 mg protein and incubated at 37°C for 6 h in Krebs salt solution. At the end of the incubation period, the samples were centrifuged at $420 \times g$ for 4 min in an Eppendorf microfuge. Nitrites were subsequently measured in the supernatant with the use of the Griess reagent as previously described by Szabo *et al.* (1994) and protein was measured in the precipitate as described above. Results are expressed as nmoles mg^{-1} protein.

Materials

Fertilized eggs were obtained locally (Ioannina, Greece). PCR primers were obtained from Minotech Inc., Crete, Greece. $U\text{-}^{14}\text{C}$ -proline and ^{14}C -L-arginine were from ICN. Guanidinium chloride, sodium citrate, sarcosyl, mercaptoethanol, Tris, EDTA, NADPH, L-NAME and HEPES were from Sigma. BH_4 was a generous gift from Dr J. Catravas, University of Atlanta, Georgia, U.S.A.

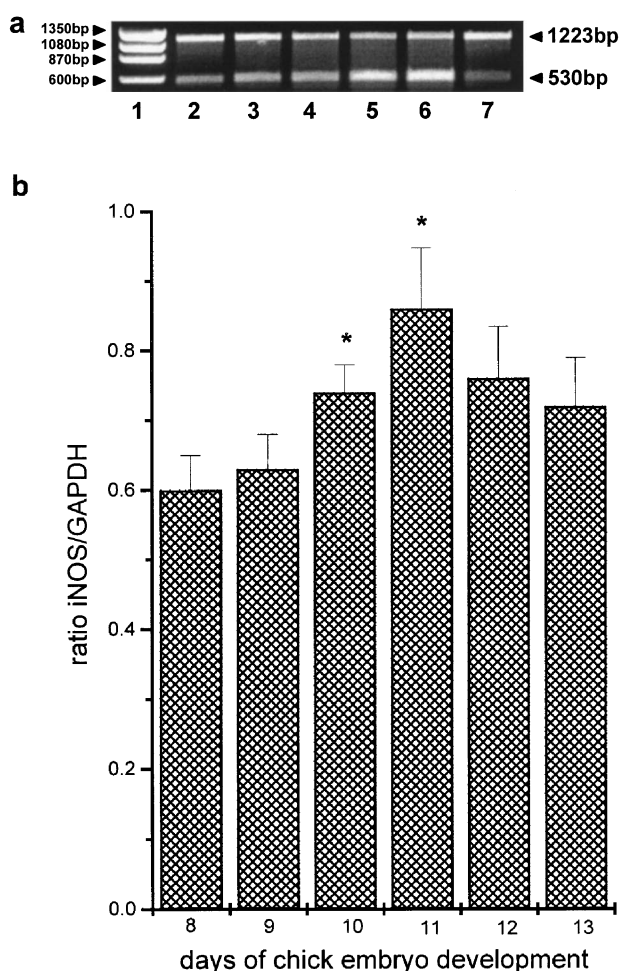


Figure 2 Expression of iNOS mRNA in the chick chorioallantoic membrane between days 8 and 13 of embryo development. (a) Reverse transcriptase-polymerase chain (RT-PCR) reactions for chicken GAPDH and iNOS mRNA. Lane 1: $\phi \times 174$ marker. Lanes 2–7: Semicompetitive RT-PCR reactions for the days 8–13 of chicken embryo development, with primers of chicken iNOS cDNA (530 bp band) and the chicken GAPDH cDNA (1200 bp band). (b) The ratio of iNOS/GAPDH electrophoretic band values for the days 8–13 of chicken embryo development. Asterisks denote a statistically significant difference (unpaired *t*-test) from the ratio at day 8 of chicken embryo development. * $P < 0.05$.

Results

The expression of iNOS in the CAM was studied from day 8 to day 13 of chicken embryo development. RT-PCR reactions were performed for three different series of chicken embryos. For each series, the reactions were repeated twice.

RT-PCR for the mRNA of chicken iNOS yielded the expected band of 530 bp (Figure 1). This band, representing chicken iNOS, showed an increasing intensity from day 8 to day 12 and fell to a lower level at day 13 (Figure 2). In addition, the reference gene (GAPDH) produced the expected band of 1223 bp (Figure 1) and a double non-specific band of 200 bp. This band was of comparable intensity between lanes 2–7 (Figure 2a). The calculated ratios of iNOS/GAPDH (Figure 2b) similarly to the results of the representative experiment in Figure 2a, showed that iNOS expression increased significantly from 0.58 ± 0.038 , $n = 6$, at day 8 to 0.79 ± 0.07 , $n = 6$, at day 10, $P < 0.02$ and 0.98 ± 0.14 , $n = 6$, at day 11, $P < 0.02$. It then declined at day 13 to a value (0.64 ± 0.10 , $n = 6$, n.s.) which was not statistically different from that seen at day 8.

Experiments performed in the presence and absence of calcium, showed that all NOS activity in the CAM was calcium independent (Figure 3). NOS activity, in the presence of calcium, increased significantly from day 8 to day 11 reaching a maximum at day 10 (0.9 ± 0.2 , $\text{pmol min}^{-1} \text{mg}^{-1}$ protein, $n = 6$ at day 8 to 1.84 ± 0.2 , $\text{pmol min}^{-1} \text{mg}^{-1}$ protein, $n = 6$, $P < 0.001$). From day 11 onwards NOS activity declined to a value of 1.5 ± 0.2 , $\text{pmol min}^{-1} \text{mg}^{-1}$ protein, $n = 6$ at day 13.

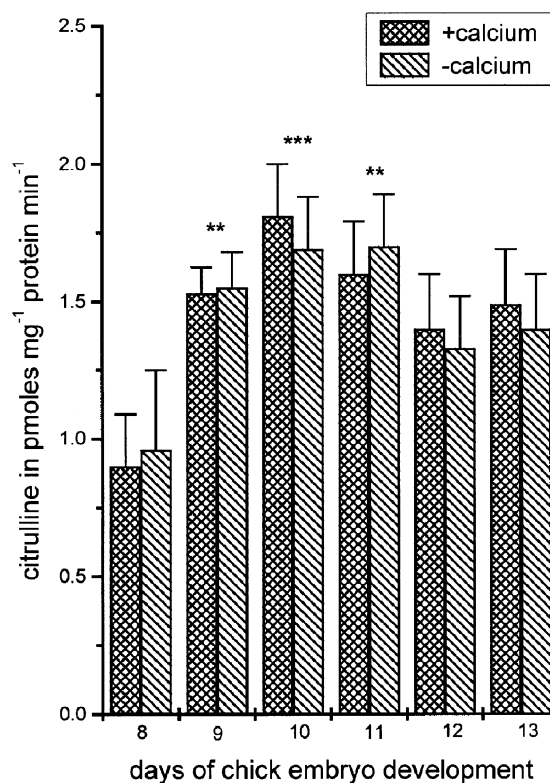


Figure 3 Nitric oxide synthase (NOS) activity in the chick chorioallantoic membrane (CAM) between days 8 and 13 of embryo development, in the presence or absence of EGTA (2 mM). Results show pmoles of citrulline mg^{-1} protein min^{-1} and are the mean \pm s.e.mean, $n = 6$. Asterisks denote a statistically significant difference (unpaired *t*-test) from NOS activity at day 8 of chicken embryo development. ** $P < 0.01$, *** $P < 0.001$.

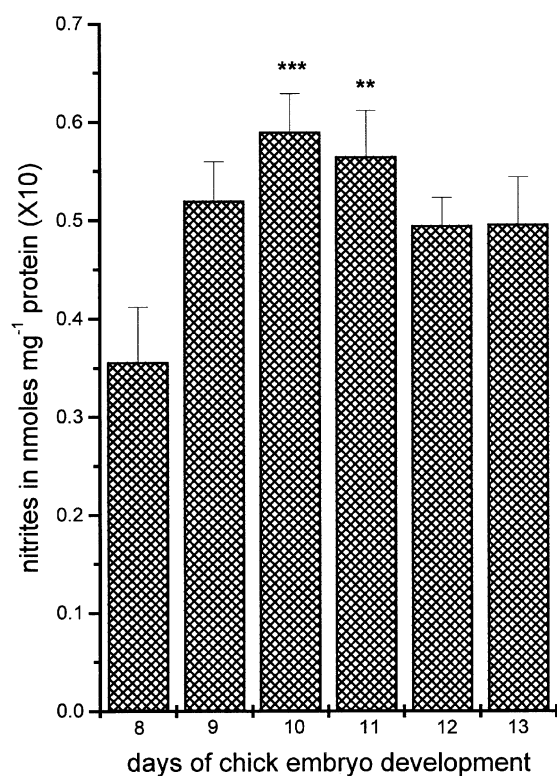


Figure 4 Nitrite production in the chick chorioallantoic membrane (CAM) between days 8 and 13 of embryo development. Results show nmoles of nitrite mg^{-1} protein and are the mean \pm s.e.mean, $n=6$. Asterisks denote a statistically significant difference (unpaired *t*-test) from nitrite production at day 8 of chicken embryo development. ** $P<0.01$, *** $P<0.001$.

Similar values were observed in the absence of calcium (Figure 3).

Likewise NOS activity, nitrite concentration increased significantly from day 8 to day 11 (Figure 4) reaching a maximum at days 10 and 11 (from 0.036 ± 0.006 , $n=6$ nmoles mg^{-1} protein at day 8 to 0.059 ± 0.004 , $n=6$, $P<0.001$ at day 10 and 0.057 ± 0.005 , $n=6$ nmoles mg^{-1} protein, $P<0.01$ at day 11). From day 11 onwards, nitrite levels slightly declined to values not significantly different from those obtained at day 8 (Figure 4).

Since increase in iNOS expression, NOS activity and nitrite production paralleled the increase in angiogenesis, we considered it of importance to investigate whether these increases affected the progress of angiogenesis. LPS is a well known transcriptional activator of iNOS in various biological systems, as well as in the CAM, where it promotes iNOS expression, NOS activity and NO production (Figure 5 and Sakkoula *et al.*, 1997). The effect of LPS on angiogenesis was therefore examined. LPS, applied at day 9 of chick embryo development, from 3.3 to 330 ng disc^{-1} inhibited angiogenesis in the CAM (expressed as collagenous protein biosynthesis, CPB) dose dependently (Figure 6). Under these conditions, CPB showed a decrease which ranged from $0.5 \pm 3.8\%$, $n=11$ to $31 \pm 5.3\%$, $n=11$, compared to controls (0%). To show that this decrease was related to NOS activity, L-NAME (100 nmoles disc^{-1}) was combined with two doses of LPS which gave responses lying in the straight part of the curve, namely 10 and 33 ng disc^{-1} . LPS in combination with L-NAME did no longer inhibit angiogenesis in the CAM (Figure 7a). In the presence of L-NAME, 10 ng disc^{-1} LPS caused a $38.2 \pm 15\%$ increase, $n=11$ and 33 ng disc^{-1} LPS caused a

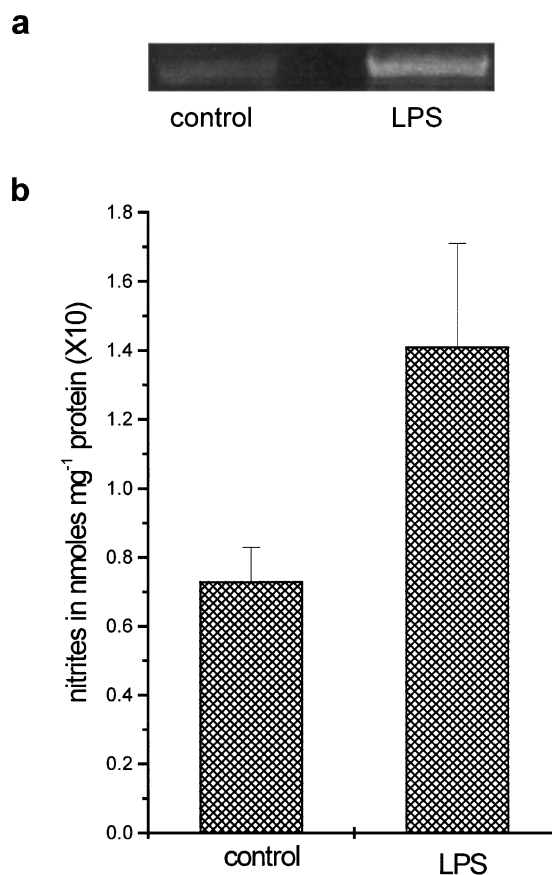


Figure 5 (a) Effect of 33 ng disc^{-1} of LPS on the expression of iNOS mRNA in the chick chorioallantoic membrane (CAM). LPS was applied on the CAM at day 9 of embryo development for 6 h. The figure shows the RT-PCR reactions for chicken iNOS mRNA. (b) Effect of 33 ng LPS on nitrite production in the CAM at day 9 of embryo development. Results show nmoles of nitrite mg^{-1} protein and are the mean \pm s.e.mean, $n=6$.

$22.6 \pm 13\%$ increase in angiogenesis, $n=7$ compared to controls (0%). Both these values were statistically different from those seen with LPS alone ($11 \pm 6.3\%$ decrease, $n=9$, $P<0.01$ and $28.4 \pm 5.7\%$ decrease, $n=7$, $P<0.01$). D-NAME (100 nmoles disc^{-1}) or the combination of L-NAME (100 nmoles disc^{-1}) with L-arginine (L-Arg, 150 nmoles disc^{-1}) did not affect the inhibitory effect of LPS (Figure 7b). In the presence of D-NAME, 33 ng disc^{-1} LPS caused a $23.3 \pm 7\%$ decrease, $n=7$ and in the presence of the combination of L-NAME with L-Arg it caused a $23.4 \pm 5\%$ decrease, $n=7$, compared to controls (0%).

Discussion

In the present study it was shown that (a) expression of iNOS mRNA, iNOS activity and NO production, closely follow the progression of angiogenesis in the CAM and (b) a transcriptional activator of iNOS, LPS, inhibits angiogenesis in the same tissue.

In the CAM, NO donors have been shown to inhibit basal angiogenesis and NOS inhibitors to promote it (Pipili-Synetos *et al.*, 1994; 1995). Furthermore, NO mediates the antiangiogenic effect of IL-2 in the CAM and reverses the angiogenic effect of angiogenic substances such as thrombin and PMA (Pipili-Synetos *et al.*, 1994; Sakkoula *et al.*, 1997). It is therefore reasonable to suggest that the increased iNOS expression, iNOS activity and NO production are a means of

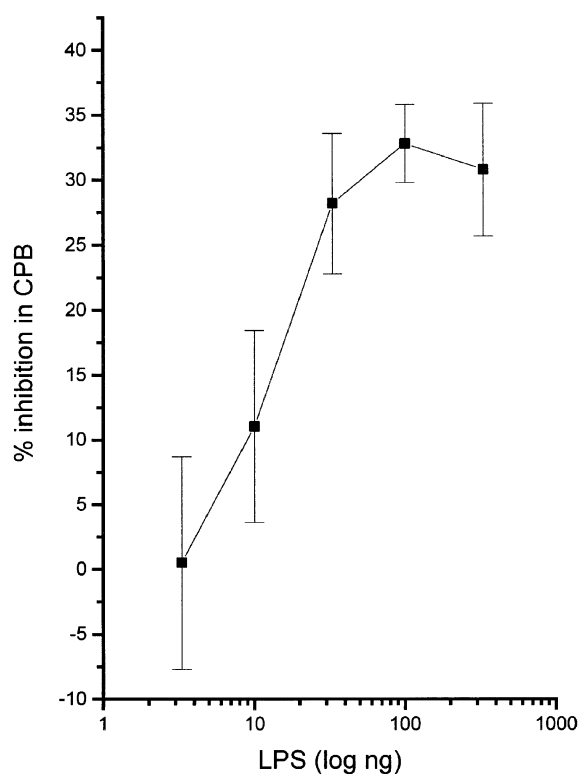


Figure 6 Effect of increasing concentrations of lipopolysaccharide (LPS) on angiogenesis in the chick chorioallantoic membrane *in vivo*, expressed as collagenous protein biosynthesis (CPB). All results are expressed as mean (\pm s.e.mean)% of control ($n=7-11$), $**P<0.01$.

providing an endogenous brake on the angiogenic process, further supporting the antiangiogenic nature of NO.

The NOS isoform involved in the results presented here is the inducible one. The mRNA expression of the cNOS (the endothelial form) in the CAM was not examined, because at the time when these experiments were performed, there was no information in the literature on the chicken endothelial NOS gene. Since however in the present study the entire enzyme activity in the CAM was calcium-independent, it appears that the constitutive/endothelial form, if any, is not relevant in this tissue. The considerable amounts of nitrites formed by the CAM (μ M quantities when expressed in molarity in the incubating vessel) are comparable to the NO released by smooth muscle cells after stimulation with LPS (Fukuo *et al.*, 1995; Goureau *et al.*, 1992), which further suggests that they are the product of iNOS rather than cNOS.

The chicken iNOS, similarly to other species, has been shown to contain transcription factor binding sites including the NF- κ B that, as in the mammalian gene, is involved in the induction of chicken iNOS by LPS (Lin *et al.*, 1996). Thus, it is possible that inhibition of angiogenesis caused by LPS is at least in part due to the induction of iNOS. This conclusion is supported by the observation that the antiangiogenic effect of LPS was inhibited by L-NAME in a stereoselective and L-Arg-reversible manner. Moreover, LPS caused increases in iNOS mRNA and NO production in the CAM (Figure 5).

Chicken macrophages and myoblasts can express iNOS (Lin *et al.*, 1996; Shimizu *et al.*, 1998). Thus, because both of these cellular components are contained in the CAM, they may be the source of iNOS in this tissue. In addition, it is now known that endothelial cells which were believed to contain mainly the constitutive NOS isoform, are capable of expressing the inducible form of the enzyme (Kroll & Waltenberger,

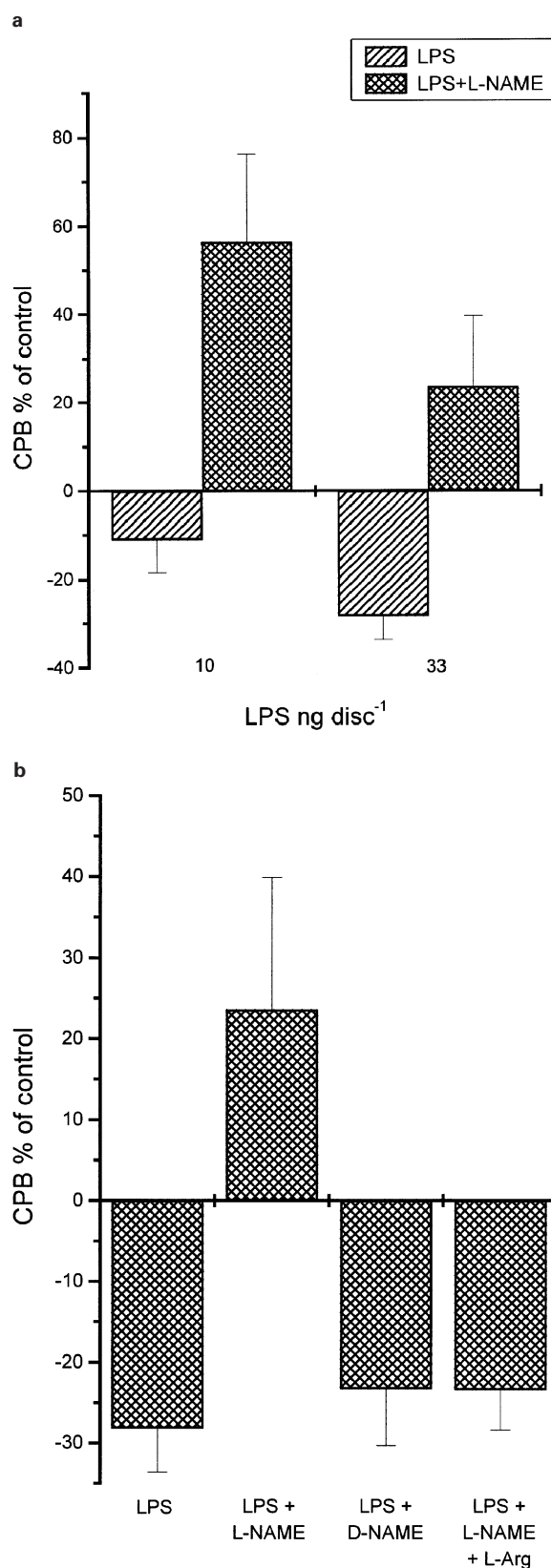


Figure 7 (a) Inhibition of the antiangiogenic effect of LPS by N^G-nitro-L-arginine methyl ester (L-NAME) (100 nmoles disc⁻¹) in the chick chorioallantoic membrane *in vivo*. (b) Effect of L-NAME (100 nmoles disc⁻¹), D-NAME (100 nmoles disc⁻¹) and the combination of L-NAME (100 nmoles disc⁻¹) with L-Arg (150 nmoles disc⁻¹) on the antiangiogenic effect of LPS (33 ng disc⁻¹) in the chick chorioallantoic membrane *in vivo*. All results are expressed as mean (\pm s.e.mean)% of control ($n=7-11$).

1998). However, future experiments are needed to identify the exact tissue elements expressing iNOS in the CAM.

As mentioned above, our present and past data indicate that NO may play the role of an endogenous negative mediator of the angiogenic process being produced at sites and times of increased angiogenesis. Nitric oxide may also serve a negative feedback function in tumours where NOS expression has often been found to correlate with tumour size (Lala & Orucevic, 1998). Negative feedback systems are very common in biology. For example, angiostatin, which itself is a powerful antiangiogenic substance (O'Reilly *et al.*, 1998), is also produced by the tumour along with proangiogenic substances, which will sustain its growth and metastasis.

There is on the other hand a considerable body of evidence suggesting that NO is a proangiogenic mediator (Gallo *et al.*, 1998; Morbidelli *et al.*, 1996; Ziche *et al.*, 1993; 1994; 1997). Most of this work is based upon data showing that growth factors such as the vascular endothelial growth factor upregulate the expression and activity of NOS (Hood *et al.*, 1998; Morbidelli *et al.*, 1996). It is however becoming increasingly evident that although VEGF may indeed increase NO production, the NO produced is mainly shown to negatively regulate expression of VEGF-related parameters and functions (Liu *et al.*, 1998; Shen *et al.*, 1998; Ahmed *et al.*, 1997; Tuder *et al.*, 1995; Tsurumi *et al.*, 1997). The CAM expresses VEGF receptors (Oh *et al.*, 1997). It is therefore

possible that, in addition to NO-related events initiated by other angiogenic cytokines, the coupling of VEGF with its receptor may lead to upregulation of iNOS in endothelial cells. This results in NO release which serves as a feedback control mechanism of the angiogenic effects of VEGF during the development of the CAM. The notion of NO being an antiangiogenic substance is supported by the fact that with very few exceptions (Ziche *et al.*, 1993; 1994; Gallo *et al.*, 1998), it inhibits endothelial cell proliferation (Babaei *et al.*, 1998; RayChaudhury *et al.*, 1996; Yang *et al.*, 1994).

In conclusion, the results of the present study show a correlation between angiogenic development and expression of iNOS mRNA, enzyme activity and NO release in the CAM. These findings, coupled to the antiangiogenic activity of LPS and our previous observations showing that NO inhibits angiogenesis (Pipili-Synetos *et al.*, 1994), suggest that NO plays the role of an endogenous brake in neovascularization. NO may therefore be considered as a useful tool in the development of antiangiogenic-antitumour strategies.

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